



Photo credit Rich Obrey

Gorham Times

A FREE BIWEEKLY NEWSPAPER

VOLUME 15 NUMBER 19

TOWN OF
Gorham, Maine
FOUNDED 1736

OCTOBER 2, 2009

NONPROFIT
U.S. POSTAGE PAID
GORHAM, ME
PERMIT NO. 10

Question Two: What Does it Mean to Gorham?

Sue Dunn

On Nov. 3 voters will have the opportunity to vote on several important issues. Recently the Gorham Town Council voted to recommend that citizens oppose Question 2 which will read, "Do you want to cut the rate of municipal excise tax by an average of 55% on motor vehicles less than six years old and exempt hybrid and other alternative-energy and highly fuel-efficient motor vehicles from sales tax and three years of excise tax?" The *Gorham Times* interviewed Gorham Town Manager, David Cole, to ask him what impact this proposal would have on Gorham.

Gorham Times (GT): To start off, could you explain what the proposal would do?

Town Manager Cole (TM): Sure. First, it would reduce the excise tax people pay on their motor vehicles for the first five years. From the sixth year and on there would be no reduction in the excise tax. It would also exempt vehicles that are classified as alternate fuel vehicles from paying sales tax and paying all excise tax for the first three years.

Harvest Lunch a Hit at Local Schools



Photo credit Kathy Stager

White Rock students enjoyed a delicious Maine Harvest Lunch on September 23 thanks to a team effort! Kirsten Erickson, White Rock cook, was very busy all morning preparing the annual event. Parent volunteers set the tables with fancy tablecloths and autumn centerpieces that staff had brought in and then assisted the children at the colorful salad bar and dessert table. Each school participated in the Harvest Lunch, a yearly event that features food came from local farms.

GT: Does this mean the State would lose a lot of tax money?

TM: No. Gorham would lose the tax money, not the state! Every single dollar of excise tax paid in Gorham, stays in Gorham to help pay for local Town services that would otherwise have to be paid for with property taxes. So, if excises taxes are cut, we either have to increase property taxes or cut services to make up the differences. The State would only lose the sales

tax on alternate fuel vehicles like hybrids.

GT: How much money would Gorham lose if this proposal is approved?

TM: The Town of Gorham would lose about \$887,000 dollars. Collectively, Maine towns are expected to lose about \$82 million if this referendum should pass.

CONTINUED ON PAGE 6

Candidates Submit Nomination Papers

Sue Dunn

Candidates for both Town Council and School Board positions, which will be vacated at the end of the year, turned in nomination papers Sept. 18 to the Town Clerk. On the Nov. 3 ballot, there will be a total of five candidates vying for four open spots

There are three candidates running for the two open Town Council positions:

D. Brenda Caldwell, * 839-3076, TClerk@maine.rr.com
Matthew L. Mattingly, 839-5843, matt@pinecrestmaine.com
Shonn Moulton, * 318-4423, shonnmoulton@live.com

Two candidates running for the two open School Committee positions include:

James J. Hager, Jr., * 839-2338, jimh@gorhamschools.org
Rose Marie South, * 892-6284, maries@gorhamschools.org

* incumbent

The *Gorham Times* and Baxter Memorial Library will hold an informal gathering for the public to meet and talk with the candidates on Saturday, Oct. 17, 9-11 a.m. outside the Activities Room at the Gorham Municipal Center. The candidates' event will run in conjunction with the last day of the Friends of Baxter Memorial Library Book Sale.

Code of Conduct For Fraternities

Sheri Faber

At the most recent meeting between USM, fraternity members and neighbors,

Brian Boyd, of Sigma Nu, presented a list of policies developed by the Intrafraternity Council (IFC) to address the issues of excessive noise, vandalism and underage drinking that have presented ongoing problems for neighbors.

The proposal was modified to have music turned off at 10 p.m. Sunday

through Thursday and at 1 a.m. on Friday and Saturday nights. Fraternities are to post two sober individuals outside their house to enforce the time and noise constraints. Each fraternity will check state and school ID's if alcohol is being served. The IFC called for each house to notify the neighbors, USM PD and Gorham PD at least a day in advance of any planned event and to notify the police half an hour before the end of any event.

Tim Allard, a resident of Preble Street, said that the noise level from the music coming from the fraternities had improved but the overall issues remain.

The policy also called for fraternity members to be involved in alcohol prevention programs on campus and to be involved in community service projects. The issues of intoxicated students walking back to campus along Preble, Elm, Water, Church and School

Streets at 2 a.m., screaming and using profanity continues to be a problem.

Many of the students causing the problems are not fraternity members. Because the fraternities are off campus and not under the jurisdiction of USM, there are few consequences that can be applied. There was general recognition that the basic problem is alcohol. The fraternities are not able to keep people who are of legal age

CONTINUED ON PAGE 11



Photo credit Martha T. Harris

Workers from C.M.P. and the Hallamore Moving and Rigging Corp. prepare to remove a 267-ton transformer from a railroad flatcar in Westbrook on Saturday, September 26. The transformer will be installed at C.M.P.'s facility on Straw Rd. in South Gorham. It has a capacity of 345,000 volts and will help support the power grid serving Greater Portland.

inside Times

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Printing services by Journal Tribune, Biddeford, ME

NEWS FROM AUGUSTA



The Ratewatcher Guide

Sen. Phil Bartlett

As we move further into the 21st Century, we are relying more than ever on efficient telecommunications. Maine's Office of the Public Advocate is tasked with representing consumers reliant on these utilities, and with ensuring that Mainers are well-served.

Throughout the years, increased competition has served many consumers well when it came to a variety of products. Monopolies have a tendency to stifle competition and innovation, and to drive up costs for all of us. This principle applies here.

One of the ways the Office of the Public Advocate promotes competition and advocates for consumers is by publishing the Ratewatcher Telecom Guide. This guide provides a wealth of information to help you navigate the complicated world of telecommunications and find ways to make these services work best. Some examples of items found in the guide include:

- Tips for lowering your landline telephone bill
- Comparative phone and Internet rates
- Information on a Web site that makes it easier to reach a human being when you call a customer service line
- Information for low-income consumers

Information is power, and this guide helps put the power back in your hands by pointing out all the options that are out there to you. Sometimes, people are amazed to find out how many options are really out there (and dismayed to find out how much money they could have saved!). Because of this, my legislative colleagues and I have been informing our constituents about it as much as possible.

If you would like to download the Ratewatcher Guide, you may do so by visiting www.maine.gov/meopa/ratewatcher/index.htm. If you know anyone without access to Internet service, or a printer, they may request a black and white copy be mailed to them by calling 287-2445 and providing their name and mailing information.

Guides like this are a wonderful resource for all of us. Transparency and consumers' rights remain a priority of mine, and I am continuing to work towards that goal with all aspects of public policy.

Sen. Phil Bartlett

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ENERGY MATTERS

Getting Ready

Bruce Webb, Contributing Writer

As we enjoy the beginning of fall, it's time to think about the upcoming heating season. We all need to prepare for the seasonal change in our energy usage. There are several steps to take now:

Heating system check. The first step is a thorough checkup of your heating system. Technicians are very busy in late fall, so schedule now. A gas heating system check is fairly simple while an oil system requires a more detailed cleaning, filter change, and maintenance. The goal is to make sure that your system is functioning properly to lessen the likelihood of a breakdown during the coldest time of the year when you are most dependent on the equipment. The cost is \$100 to \$200—not cheap, but better than an emergency call, when the temperature is 20 below zero and the technicians are out straight.

Fill the oil tank. Top off your tank before the price of heating oil and kerosene starts to rise—a common dynamic as the heating season approaches. Pre-purchasing oil doesn't always prove to be a great idea because who knows which direction the price of oil is headed—as we saw last year when prices dropped. With oil in the \$2 to \$3 now, it might be prudent to fill up in anticipation of rising prices.

Increase the level of insulation. The addition of a few inches of attic insulation can be a wise decision with a quick payback. The big discount stores often let you use a machine to blow in cellulose insulation when you buy a

minimum amount of their product. The addition of 3-6 inches of cellulose to your existing fiberglass insulation could help reduce heat loss from the attic. Make sure that the attic has adequate airflow over the insulation to prevent moisture build up.

Weatherizing the attic access door. Heat rises and can escape through a poorly insulated attic access hatch or door. The installation of rigid foam extruded polystyrene over the door can help to mitigate heat loss and moisture migration through the opening. This material, purchased in various lengths and thicknesses, is easily attached to the door. The door should also be weather stripped to seal the edges against heat and moisture migration.

Sealing and weatherizing your windows and doors. Doors and windows are often a major source of heat loss; anything to prevent air migration can help with heating bills and increase comfort. Check around your doors and windows on a windy day to see if you feel any breeze coming through and mark those spots with blue masking tape. Once you have identified the major areas of heat loss, use a caulking gun with clear silicon caulk to seal these areas. You can also use weather stripping to seal doors and windows with large gaps. Don't forget to install foam gaskets over your electrical outlets and light switches.

These simple steps can offer a good return on investment, save money in heating costs, and increase the comfort of your home.

quick clicks

Around Town

The Town's application for grant funds to renovate the Little Falls School into a Fire Station and construct a new Fire Station in West Gorham was unsuccessful. This would have been a great opportunity to cooperatively address infrastructure needs with our neighboring communities of Buxton and Windham. Staff knew that the application process would be very competitive and it is their understanding that no applications from Maine were successful.

Hannaford kicked off its Hannaford Helps Schools Program on September 6.

Earn money for Gorham schools when you purchase participating products between now and December 6. The school that earns the most "school dollars" will be awarded a \$1000 grant.

Visit www.hannaford.com/hhs for a list of participating products. If you don't have children in school, you can still donate the "school dollars" at Hannaford.

COMMUNITY PROFILE

Jon Smith Takes Pride in Work and Community

Jackie Francis

My first impression of Jon Smith, owner of Great Falls Construction in Gorham, is of an unassuming, affable gentleman who takes great pride in his work and community. Well, you know what they say about first impressions, they are lasting and in this particular case, spot on. Not one to boast about his own accomplishments, besides being a reputable commercial general contractor, Smith has plenty to crow about though he chooses to showcase the accomplishments of others, particularly the businesses that help make Gorham unique.

Four years ago, after converting his office space at home into much needed living space, Smith bought the building at 20 Mechanic Street, next door to the post office, and moved his company there. His tenants include numerous Gorham businesses: Curves, Eye Care & Eyewear of Maine, Kerry E. Kimball, Ed.D., Deborah Devine, Psy.D., Skin Therapy owned by Andrea Cowand, Gorham Massage & Wellness owned by Linda Morris, Maid for You, and Sarah A. McDaniel, Attorney & Counselor at Law. Smith also owns the building at 17 Railroad Avenue and is proud to promote the businesses there because, "It's beneficial to all who live and work in Gorham," he said. Better Homes and Gardens Real Estate/The Masiello Group and Wood Pro of Maine, a distributor of wood flooring products are tenants of this address, along with the newly relocated Gorham Fitness Studio. Nonesuch Forest Products continues to lease warehouse space, and Sebago Brewing Company now leases additional and much needed parking space across from the restaurant.

Smith's most recent business endeavor is Gorham Copy Center, also located at 20 Mechanic Street. Managed by Don Cross, this new business fills the community need created when Working Words and Graphics closed by providing copying, binding, faxing, and other business services to local individuals and companies.

A lifelong resident of Gorham, Smith grew up in North Gorham, as he sees it, "about as far away from the village that you could possibly be and still be considered a resident." He attended Gorham schools through 8th grade, graduated from Cheverus High School and Southern Maine Vocational Technical Institute (SMVTI). While at SMVTI, Smith launched his construction company. He fondly recalled his first job remodeling Gorham Auto Parts for Shawn Moody. "We worked our way up and down Gorham," he said with a smile. He and his wife Cindy (who he credits for all his success) have five children - one in college, two in high school and twins in middle school. That alone should be reason enough to keep him plenty busy, but Smith regularly finds time to give back to his community. In addition to having coached most every sport offered at Gorham Recreation,



Photo Credit: Martha T. Harris

Gorham native Jon Smith is not just a successful Gorham businessman, but a true community member.

Smith completed three years on the Gorham School Committee and served as President of the Gorham Educational Foundation as well as on the boards of countless other community organizations that he is reluctant to mention for fear of singing his own praises.

Three years ago, Smith collaborated with merchants and businesses in the Mechanic Street/Railroad Avenue block for what was initially intended to be an open house of local businesses in that area. Today, The Gorham Block Party has grown to include all companies and businesses in Gorham's village. Smith explains that the event is a way to invite Gorham residents to a fun day of activities and to show them that Gorham is 'walkable,' with convenient, local establishments available right here in town.

The Town of Gorham is particularly grateful for his involvement with Gorham's Sports and Recreational Complex, more familiarly known as YourSpace. Up for auction four years ago, Smith and his wife had the foresight to buy the facility on Route 202, because as he explained, "YourSpace was a great asset to the Gorham community and we didn't want to see it lost." He leased it to Southern Maine Community Recreational Center (SMCRC), a non-profit all-volunteer organization with "local community members on the board of trustees who had a vested interest in keeping the Gorham community aspect alive."

Understanding the inconvenience that construction poses on commercial and residential projects, Smith describes his philosophy of good business quite succinctly, "Schedules and budgets...there's no need for a general contractor or project manager if you can't stay within budget or stay on schedule." Adhering to that company philosophy equals success for Jon Smith.



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CHIEF SHEPARD REPORTS



Grand Jury Indictments

The September Grand Jury returned the following indictments: Samantha Files, 27, of Gorham was indicted for failure to report after a stay of execution on charges brought by the Cumberland County Sheriff's Office. Christa McNally, 28, of Windham was indicted for theft and forgery on charges brought by the Gorham PD.

Ronald Meserve, 63, of Gorham was indicted on four counts of possession of sexually explicit materials (Class C) and four counts of possession of sexually explicit materials (Class D) by the Maine State Police.

Hassan Salah, 31, of Portland was indicted for gross sexual assault and two counts of sexual assault on charges brought by Gorham PD.

Baxter Holds Blood Drive

Pam Turner, Director, Baxter Memorial Library

In conjunction with the first public day of the Friends of the Baxter Memorial Library Book Sale, there

will be a blood drive in honor of Anita Lewis. Facilitated by the American Red Cross, the blood drive will be held at Shaw Gym from 1-6 p.m., Oct 16. For an appointment, please contact the American Red Cross at 1-800-Give-Life or www.givelife.org. Walk-ins are also welcome. A valid ID is required to give blood.

Anita Lewis, a long time resident of Gorham and a staff member of both the Baxter Memorial Library and the USM-Gorham Library has been fighting cancer for several years. Thankfully, Anita is in remission now. Her treatments often involved blood and platelet transfusions. Donations to the Red Cross ensure Anita, and others like her, receive the blood products they so desperately need in their fight against cancer.

For more information, please contact Pam Turner at 839-5031 or pturner@msln.net

GoCat Launches Series

Check out "Sessions in the Shed" for Arts and Culture

Gorham Times Staff

Gorham Community Access Television has launched a new series of programs that features performances, demonstrations and discussions with area artists. Taped in the studio, the stage is set for artists of all types to stop by and share their skills. Most people have a desire to find a little piece of real estate where they can have a few moments to think. Artists have often taken haven in a garage, or a basement, or a shed. Well, they have the shed and it's in the studio!

Three episodes have already been taped. GoCAT is playing the programs on Channel 2. A highlight version of the sessions is being posted on youtube.com/gorhamtimes. GoCat welcomes suggestions from the public for future episodes and also encourages anyone interested in being a guest host to contact us at gocat@gorham.me.us.



Other Features to Watch for on GoCat

"School Talk" Returns to the Air for a Second Season Superintendent Ted Sharp has developed another sequence of programs to inform the public about events and policies concerning the Gorham School System. The first episode is currently airing on Channel 2 and Channel 3. The topic is "H1N1 & the Schools." Valuable information is provided regarding immunizations and policies for the upcoming flu season. Other proposed topics include "Report of the 21st Century Committee" and "Technology and Children." Stay Tuned!

Election Day is Nov. 3 and a "Meet the Candidates" for Town Council and School Committee is being planned to bring candidate information to the citizens of Gorham.

Football Games Gorham Community Access television will be recording, for re-broadcast at a later date, three home football games: Sept. 25, Oct 2, and Oct. 23.

GoCat is looking for local artists to feature, as well as hosts, for their new series "Sessions in the Shed." Check channel 2 and YouTube to view already recorded sessions.

Ask the Banker
Kevin P. Savage
President/CEO

Q: Are All Bank Fees the Same?

A: In a word, "No". Just as banks have different mission statements and philosophies, so are the differences in the fees that they charge their customers. Most financial institutions do charge fees for some of their products and services, but the amount of these fees can vary dramatically. For instance, banks charge a variety of fees on checking accounts – monthly account fees, fees for each check written, minimum balance fees, etc. Some banks charge for overdrafts or "bounced checks" on a per check basis, while others only charge a flat daily fee. Some banks will also assess a charge every day that your account balance is negative. Some banks will even charge you for having a teller process your deposit. Over the course of a month, all of these fees can really add up. So what should you do? At SBSI, we encourage you to review your monthly bank statements and review your bank's fee schedule, and compare to what other banks charge. You might be able to save yourself a lot of money.

For more information about this or any other banking topic, please call or visit us at one of our convenient locations, or contact us via email at askthebanker@sbsavings.com.



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SENIOR CARE



Too Close for Comfort?

Intergenerational Living Presents Special Challenges Bill Jenks

It's happening in the White House, in homes throughout Maine, and around the nation. When President Obama's mother-in-law, Marian Robinson, settled in with her daughter's family in Washington earlier this year, the first family became part of a growing national trend.

The increasing number of seniors now living under the same roof with at least one other generation is more than just political news. According to a recent survey conducted for Home Instead Senior Care, 43 percent of adult caregivers in the U.S. ages 35 to 62 reside with the parent, stepparent, or older relative for whom they or someone else in their household provides care. The Census Bureau confirms this growing trend: In 2000, 2.3 million older parents were living with their adult children; by contrast, in 2007, that number jumped to 3.6 million - a 55 percent increase.

Several factors are driving this trend. Families are coming together to share family caregiving duties for economic reasons and emotional support. Sometimes the seniors need care, but in other instances the older adults could be providing care to their own grandchildren. Seniors may feel increased need for the emotional support of an extended family and, in these difficult economic times, financial assistance. Regardless of the reasons, combining households is a big decision; one that needs to be carefully thought through and planned. Too frequently, though, this decision is made during the emotional upheaval of an unexpected crisis. When that's the case, the likelihood of success is greatly reduced.

So what are the things that need to be considered in order to maximize the

chances of success? Three broad categories must be addressed: family relationships/interactions, financial arrangements/responsibilities, and the physical environment. Having consensus and clear understandings in each of these areas will lay the groundwork for a harmonious arrangement. It's too much information to fit into this column, but Home Instead Senior Care has partnered with nationally respected experts to put together a handbook called "Too Close for Comfort?" that offers practical facts and advice for those considering such a move. The booklet includes things like:

- 10 questions seniors should ask their adult children before moving in
- The emotional challenges and rewards inherent in such an intergenerational home
- Intergenerational living tips
- Home alterations that may need to be made for a senior's safety
- Negotiating the financial maze

A Web site, www.makewayformom.com, provides additional support and information, including a calculator that will help families compute and compare whether living together or maintaining separate residences is the best financial option. In addition, the Web site features a virtual tour of an intergenerational home where visitors can hear from a real family and see first-hand how they've adapted their home.

To order a copy of the free Too Close for Comfort handbook, call 839-0441 or log on to www.makewayformom.com.

For more information about Home Instead Senior Care, contact Bill Jenks at 839-0441 or visit www.homeinstead.com.



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QUESTION TWO FROM PAGE 1

GT: So, most everyone would get a reduction in their excise taxes but pay more in property taxes or get less in Town services?

TM: No, actually 68.1% of all motor vehicles in Gorham are six years or older and would receive no benefit. Remember, the tax reductions are only for vehicles that are less than 6 years old, so the reduction is for newer vehicles only. The State Bureau of Motor Vehicles states that 68 % of all motor vehicles in Maine are 6 years old or older. I thought that in Gorham a higher percentage of vehicles would be newer, but we

have 12,301 registered vehicles and it turns out that 8,375 or 68.1% of Gorham's vehicles are 6 years old or older. Of all the cars registered in Gorham, only 3.7 percent are brand new. So, people who own those 8,375 vehicles won't receive any benefit and will probably pay more in the long run.

GT: Why would people pay more in the long run?

TM: If you own a vehicle that is 6 years old or older, you get no reduction in excise tax. On the other hand, I think over time it is likely there will

be some increase in property taxes to make up for lost revenue. A likely scenario is reduced excise taxes for some but eventually everyone would pay more in property taxes.

GT: What you are saying is that about 32 percent of residents will benefit and all the rest will pay more?

TM: I don't know the exact ownership of all those motor vehicles, but I think it is a reasonable conclusion.

GT: Where in the Town budget would the \$887,000 come from?

TM: As you might expect, that is complicated. First, \$887,000 is about 8.5% of the Town's budget, excluding the School budget and Cumberland County taxes. That money would have to be made up by cutting services or raising property taxes.

GT: Do you know where you would make cuts?

TM: That would be up to the Town Council to decide where and how much to cut and how much to adjust property taxes. If this proposal is approved on Nov. 3 it could become effective by mid-December, which is about halfway through the current fiscal year, so we could not raise additional funds to offset any revenue loss or cut the School Budget or County taxes. That means we would have to cut about \$542,000 out of the remaining six months of the Town budget.

GT: \$542,000 is a lot, but that is more than half of the \$887,000

estimated for the entire year. If the law went into effect with 6 months remaining in your budget year why would the loss of revenue be more than half of the \$887,000?

TM: Good question. Historically in Gorham we collect more excise tax money from January to June than July to December. So if it goes into effect in December we would lose a larger amount.

GT: There is a widely held view that government spending is out of control and that is what fuels this kind of referendum question. How do you respond to that concern?

TM: The Maine Heritage Policy Center, who sponsored the Excise Tax ballot question, issued a report dated November 12, 2008 called Fiscal Sanity. The report was an article called "Maine Spends Too Much...But Where?" The report concluded that Maine local Government is relatively frugal. Out of the 50 states, Maine ranked in the lowest half of all states at 41 in local government spending burden. In the report's conclusion it says that state spending is the primary culprit for Maine's excessive spending. I think Maine people have a lot more opportunity to determine what happens for spending and taxes in the Towns where they live than they do at the State level. Unfortunately, the Excise Tax referendum doesn't address State spending, it only impacts local towns like Gorham.



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School



GMS Receives Grant to Combat Childhood Obesity

Gorham Times Staff

ING recently announced Gorham Middle School as one of 50 recipients of a grant to help students combat childhood obesity. Through its ING Run For Something Better School Awards Program, financial services leader ING, in partnership with the National Association for Sport and Physical Education (NASPE), is helping to introduce the benefits of running to fifth-through eighth-grade students across the country through school-based running programs.

GMS will receive \$2,000 in funding to support its new ING Run For Something Better program, offering students a minimum of an eight-week running program that will conclude with a running event in celebration of the students' achievements. "We are pleased to offer schools a grant that encourages healthy lifestyles changes, personal development, goal-setting and group participation," said Rhonda Mims, President of the ING Foundation and

Senior Vice President, Office of Corporate Responsibility and Multicultural Affairs. "ING is committed to making it easier for schools to not only close the gap in student achievement, but also advance student physical well being."

Nearly one-third of U.S. children and teens are now overweight or obese. Inactive and obese children risk multiple consequences including reduced bone strength, Type 2 diabetes, cardiovascular disease, high cholesterol levels and asthma. If addressed at an early age, many of these conditions can be avoided. NASPE Executive Director, Charlene Burgeson, said "NASPE is appreciative to ING Run For Something Better for helping our efforts to promote the importance of children's physical fitness and provide teachers and coaches with resources they need to create fun and practical running programs for their students."

Project for Peace

Leslie Dupuis



Photo credit: Martha T. Harris

Mrs. Flanders brought her students out to view the myriad of pinwheels on display at Village School. Front Row (l to r): Drew Meader, Sophia Street, Hallie Shiers, Georgia Banks, Kate Larkin, Katie Nason, Isabel Courtney. Back Row (l to r): Autumn Heil, Helen Keeney, Gretchen Muehle, Nathan Burchill, Rich Graham, Heather Flanders (Teacher), Brenna Donovan, Kevin Mollison.

In celebration of International Day of Peace, Village School recently participated in Pinwheels for Peace - an art installation project started in 2005 by two Florida art teachers as a way for their students to express their feelings about what's going on in the world and in their lives. The project was quickly embraced by their students and the entire school community and by millions of art teachers, teachers, parents, children and adults who desire peace in our world.

At Village, the project was spearheaded by interim art teacher, Kristine Biegel, and supported by social worker, Thom Courtney. Each classroom constructed and decorated pinwheels following discussions about making Village School a peaceful place. At the completion of the project, the school created more than 600 pinwheels. Early in the morning on September 21, the pinwheels were set up on the inner lawn for all students to see upon their arrival at school.

Immunization Clinics at Gorham Schools

Gorham Times Staff

The Gorham School Department will be holding voluntary SEASONAL flu immunization clinics October 5 and 6. The clinics take place during both the school day and after school hours.

Parents are welcome to attend with their child but adult vaccinations will not be available. While consent forms were originally due Sept. 23, students who have not yet turned in paperwork will not be turned away as long as they bring in the proper paperwork, which must be both filled out and signed, when they attend a clinic. The H1N1 vaccine will be offered later this fall once it becomes available. For more information about the Seasonal Flu and H1N1, please log on to www.gorhamschools.org

Many volunteers will be needed to assist with the clinics. Please go to www.gorhamschools.org for copies of the consent form and volunteer sign-up information.

The schedule of clinics is as follows:

- October 5 at GHS for students in grades 9-12 only, 8:00-11:00 a.m.
- October 5 at GMS for students in grades 6-8 only, noon-2:00 p.m.
- October 5 at GMS for students in grades K-12 last name letters A-L, 3:00-5:00 p.m.*
- October 5 at GMS for students in grades K-12 last name letters M-Z, 5:00-7:00 p.m.*
- October 6 at White Rock for K-2 students at White Rock, 9:00 a.m.
- October 6 at Narragansett for K-2 students at Narragansett, 10:00 a.m.
- October 6 at Village for grades 3-5 Village students, 11:00 a.m.

* Parents: if you choose to attend with your child please try to go to the after school clinic times if possible.






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sports

GHS Field Hockey Breaks Fast

Jeff Pike



Photo credit Janis Weed

The GHS field hockey team sported an 9-0 record at press time with a number-one ranking in Western Maine Class A. Playing for the team and pictured above, front row from left to right: Abby Bailey, Melissa Deering, Kayleigh Ballantyne, Hannah Prince, Melanie Hebert, Kat Whitehead, Carly Perkins and Casey Weed. Back Row: Ashley Gaudette, Kelly Devoe, Chelsea Black, Sarah Vail, Elena Barnes, Alyssa Clark, Head Coach Becky Manson-Rioux, Maureen Clements, Carson Harvey, Alexis Hamlin, Kayla Frost, Kelsey Pequinot and Emily Southard.

The GHS field hockey team is off to a great start this season with an 9-0 record at press time and a number-one ranking in Western Maine Class A. "We had high expectations going into this season, and we have met them thus far, so we're not really surprised where we're at right now," said head coach Becky Manson-Rioux. "The girls have worked very hard and set goals such as striving to work together and communicating well on the field."

Manson-Rioux adds the team is constantly working at building on where they're at and not settling for what they have achieved. "The players have desire to win, and to win they know they will have to unite. Game-by-game and practice-by-practice we have been able to do this."

Areas of improvement that Manson-

Rioux is looking for include executing well on block tackling, dribbling, and dodging to get by defenders. She feels the team needs to focus on these basics every time in every game, which will lead to more goals.

Players who have led the way this year include senior goalie Emily Southard. "She has made unbelievable saves," Manson-Rioux said. "She played junior varsity the past three years but has worked hard this year to play well at the varsity level. She has stepped it up and has had a huge impact on the team."

Southard's achievements include five shutouts and approximately 35 saves in the eight games. Leading the way on offense through the first eight games have been senior Kat Whitehead with seven goals and junior Chelsea Black

CONTINUED ON PAGE 10

in the Zone

Senior Track Star Shines In Three Events: Gorham resident **CINDY SMITH** won three events at the Maine Senior Track & Field Championship September 12 at Fitzpatrick Stadium in Portland. The event featured athletes from across the U.S. Smith competed in the 60+ age bracket and won the shot put (22'-5"), discuss (56'-1") and javelin (67'-9").

Aces Wild in Volleyball: Senior **HANNAH SHORTY** had 34 serves with 11 aces and senior **STEVIE MICHAUD** had 16 serves with 5 aces to lead the GHS volleyball team to a 3-1 win over Kennebunk on September 17.

Two Hat Tricks and High Rankings for Girls and Boys Soccer: GHS sophomore **KIERSTEN TURNER** scored three goals twice to lead the Rams to a 6-0 win over Catherine McAuley H.S. on September 22 and 7-0 over Portland on September 24. At press time, the team was ranked first in Western Maine Class A with a record of 6-1-1. The GHS boys soccer team was ranked second at press time with a record of 6-1 on the strength of wins over the third, fourth and fifth-ranked teams—Windham, Westbrook and Cheverus.

Top Gorham Runner in 5K Race: **DAVID SJOSTEDT** finished the Cumberland County Sheriff's 5K Fugitive Run with a time of 20:01 on August 29 for tenth-place overall and first among Gorham residents. He was just nine seconds behind Daniel Levigne of Dayton, who won the race. Results of other Gorham runners appeared in the previous issue of the *Gorham Times*.

Cross-Country Teams Dominate Three-Team Meet: The GHS girls' cross-country team placed seven runners among the top ten during a three-team race against Deering and Sanford on September 17 at Narragansett School. Junior **MIA RAPOLLA** won the 3.1-mile

race with a time of 19:45 followed by senior **RACHEL WILKINSON** with a time of 19:59. Other top-ten finishers included senior **KELSEY REX** (4), freshman **JACKSON MASHALL** (6), sophomore **KATIE FLANDERS** (7), junior **JENNIFER THUOTTE** (8) and senior **SOLANGE CARPENTER** (10). In the boys' race, Gorham also won by placing six runners in the top ten including the top three – junior **JEREMY EARL**, junior **LOGAN MARSHALL** and senior **ADAM HAWKES**, who turned in times of 17:10, 17:14 and 17:27 respectively. Other top-10 runners included junior **ANDREW TURNER** (7), senior **JON FOSTER** (9) and sophomore **JOE DERROY** (10).

Game Winner: USM freshman midfielder **BETHANY SCHLEH** (GHS 2009) scored the game-winning goal to help the Huskies to a 2-1 win over UMaine Farmington on September 16.



Photo courtesy of USM

sportsEtcetera

Making the Grade In College: **JULIA PARMAKIAN** (GHS '09) earned a spot on the Wheaton (Massachusetts) College women's tennis team. Parmakian was a starting singles player for the GHS girls team last spring that finished second in Western Maine Class A.

CAITLIN CALDWELL (GHS '09) has earned a spot on the Castleton (Vermont) State College women's soccer team. Caldwell played for three Class A state champions as a defender on the GHS girls' soccer team.

USM sophomore **DAN CHADWICK** (GHS '08) has earned a spot on the mens golf team.

GHS Sport Community Services: The GHS volleyball program volunteered to help the Cressey Road United Methodist Church of Gorham provide a meal for about 80 people on September 24. The junior varsity and varsity teams provided salad to go along with the Shepard's Pie prepared by the church. The teams also donated cookies for dessert. The GHS boys soccer program is helping out in the community. Junior varsity players are assisting with first-grade Gorham Recreation soccer and varsity players are assisting with second-graders.

Maine Hunting Info: Information on the Maine Hunting season can be found at www.maine.gov/ifw. The site includes information such as the first and last day that each type of animal can be hunted as well as the basic limits on the hunting of each animal.



Photo courtesy of Wheaton College



Hilarious fun!
All team members and audience members must be over the age of 21.

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Gorham educational Foundation is a non-profit community organization providing funding for education enhancement here in our Gorham school system. All donations to GEF are tax-deductible!



GHS Sports Freeze Frame



Photo credit: Rich Obrey

GHS senior quarterback Kyle Butterfield scrambles and throws a pass September 18 vs. Windham.

Gorham Triathletes

Ten residents from Gorham participated in the Pumpkinman Sprint Triathlon September 12 in South Berwick that consisted of a 1/3-mile swim, a 14-mile bike, and a 3-mile run with a field size of 450 participants. Nine of the Gorham residents live in the Heartwood neighborhood and prepared for the event with a pre-race pasta dinner the night before. Pictured above in the front row, from left to right: Kathleen Dimick, Tammy Sweatt, Leslie Dupuis and Dino Desanctis. Back row: Scott Dimick, Brian Hamann, Curt Nichols, Ron Lowell and Bob Kutzer.



Photo credit: Kristen Kutzer

Pictured above in the front row, from left to right: Kathleen Dimick, Tammy Sweatt, Leslie Dupuis and Dino Desanctis. Back row: Scott Dimick, Brian Hamann, Curt Nichols, Ron Lowell and Bob Kutzer.



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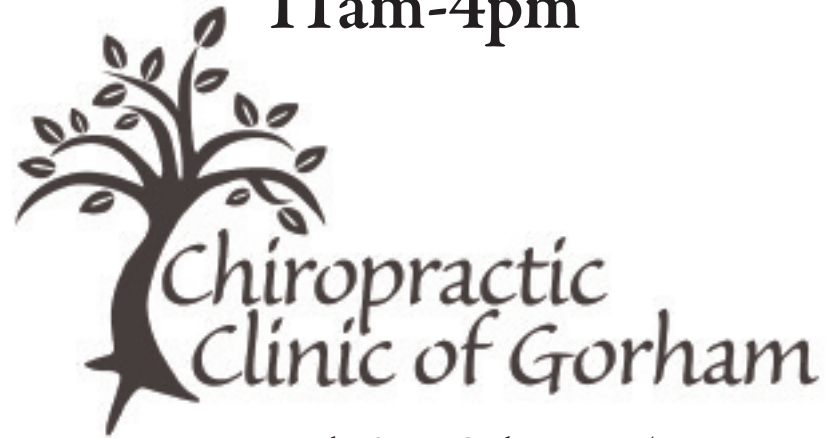
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Gorham East-West Corridor Study Public Meeting

The Gorham East-West Corridor Study is a major transportation and land use study of the Gorham, Westbrook, Scarborough and South Portland area. This area has historically been the fastest-growing residential region in Maine and as such, is subject to increasing traffic congestion, resulting in decreasing traffic safety and other negative impacts on local communities.

The study's goal is to find the right package of land use and transportation solutions that will accommodate future growth scenarios and protect community quality of life over the long term.

Area residents and business owners are invited to a public meeting to receive an update on the study, ask questions and learn how to get involved:

Thursday, October 8, 6-8 pm

**Gorham Town Council Chamber
Gorham Municipal Building
75 South Street, Gorham**

AGENDA

- Study Background and Overview
- Study Purpose
- Economic Outlook
- Linking Land Use and Transportation Planning
- Study Findings To-Date
- Upcoming Events: How to get involved

The public is encouraged to attend and participate.



For more information on the study or questions about the meeting, go to www.gorhamcorridor.org



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Photo Courtesy of Maine Professional Drivers Association

Truck Driving Champion
 Donald Mitsmenn, a Scarborough resident who grew-up in Gorham, won the Maine State Truck Driving Championship in the 5 Axle Tank Class for the second year in a row. He also won the title in 1992, 1994 and 1999. The event is sponsored by the Maine Motor Transport Association and Maine Professional Drivers Association. This year's win allowed Mitsmenn to advance to the national competition that took place in Pittsburgh, August 18-22, where he finished 11th out of 48 drivers who had taken first place in their respective states. Mitsmenn has been a truck driver for Cumberland Farms since 1984 and has driven more than three million miles without a chargeable accident. He delivers gasoline to Cumberland Farms stores in Maine, New Hampshire and Vermont.

with six goals. Senior Kayleigh Ballantyne is leading the team in assists with 10.

This is Manson-Rioux's first year as head coach after seven years as an assistant to Amber Hatch. Manson-Rioux has continued many of the traditions started under Hatch's leadership but has also instituted a new training program involving field-hockey specific exercises under the tutelage of a professional trainer. This program has helped unite the team and keep the players healthy without any major injuries.

Looking ahead, Gorham has big games against Cheverus on September 28 and Scarborough on October 10, both of which were also undefeated at press time. The team realizes it needs to take every opponent seriously and focus on one game at a time. "To keep winning, we will need to play together, and our bench players will need to be ready to go just in case," Manson-Rioux said. "We're in this together or we're not going to be in it at all."

GHS this Weekend Varsity Sports Line-Up

Friday, October 2

- 4:00 p.m. – Field Hockey vs. Marshwood at GHS
- 4:00 p.m. – Boys Cross Country multi-team meet at Thornton Academy
- 4:00 p.m. – Girls Cross Country multi-team meet at Thornton Academy
- 7:00 p.m. – Football vs. Scarborough at GHS

Saturday, October 3

- 12:30 p.m. – Girls Soccer vs. Thornton Academy at GHS
- 3:00 p.m. – Boys Soccer vs. Kennebunk at GHS


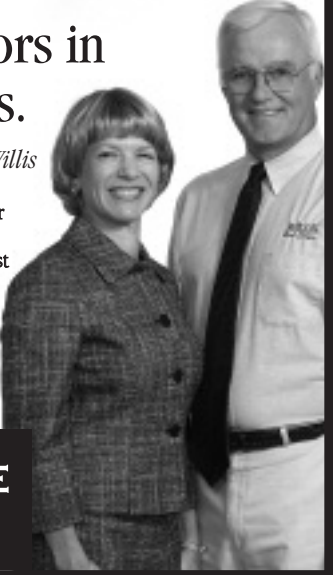
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In effect, home sellers are also buyers in that they are in the market for a real estate professional who can best promote and sell their homes. Sellers should give as much thought to selecting an agent as buyers give to purchasing a home. However, despite the fact that industry experts generally recommend that sellers compile a list of three to five agents and interview each, research consistently shows that about three-quarters of sellers hire the first agent they meet. Sellers are likely to be better served by consulting with a few prospective choices and making a decision after comparing their analyses; strategies; and experience related to setting a price, marketing the house, and negotiating a deal.

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CODE OF CONDUCT FROM PAGE 1

from drinking.

While suggestions were made that the fraternities might deny entry to students who appear to be intoxicated, limit the amount of alcohol students can bring into the parties and not let in people they don't know, it seemed unlikely that these steps would actually be implemented. The Gorham PD has increased patrols in the area and sometimes has a cruiser parked on Preble Street but the problems continue.

Steve Nelson, Director of the Office

of Community Standards at USM, is responsible for administering USM's Conduct Code. Individual students can be sanctioned and face penalties as a result of incidents on or off campus, as long as Nelson has verifiable details of the incidents.

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community

of interest

ELIZABETH DAMON (GHS '01), is enrolled in the Master of Arts Degree in Dance/Movement Therapy at Antioch University New England. She earned her BA at the University of Maine, Orono.



LYNDSY SEIFERTH (above, GHS '05), graduated from Wentworth Institute of Technology, earning her Bachelor's Degree in Construction Management. Siefert is in the Project Management Training Program for Gilbane Building Co. in Boston.

YourSpace Sports and Recreation Facility, 215 Narragansett St, Gorham, will host a "Night in White" Fundraiser Event on Saturday, Oct. 3 from 7 p.m.-midnight. Dancing with Motor Booty Affair, hors d'oeuvres, silent auction and cash bar. Must be 21 years or older. \$30 pp/\$60 couple. FMI, 839-6767 or www.yourspacemaine.com

The USM Art Gallery in Gorham will display the works of Jennilie Brewster and Honour Mack in an exhibit titled Horizon—Poetics of the Post-Heroic Landscape, Sept. 24-Nov. 8. All events are free and open to the public. FMI, 780-5008 or www.usm.maine.edu/gallery.

Kevin C. Mills, an award-winning sports journalist, has published his first novel, a work of historical fiction entitled *Sons and Daughters of the Ocean*. Mills, who was born and raised in Gorham and graduated from Gorham High School in 1984, now lives in both Lewiston and Owls Head. Mills ancestors were shipbuilders, merchant mariners and lighthouse keepers. FMI, go to www.kevinmills.com or email Lightkeeper1890@aol.com.



Photo Credit Martha T. Harris

A Family Affair The Grondin Company, located at the Gorham Industrial Park, recently celebrated their 50th anniversary with a reception at their facility for all of their employees. Front row (l to r): Anthony Grondin, Chris Grondin, Jeff Grondin, Ken Grondin, Larry Grondin. Back row (l to r): Diana Grondin, Phil Grondin Jr., Bette Grondin, Phil Grondin Sr., Bob Grondin III, Bob Grondin Jr., Sue Grondin, Tom Hey, Bess Hey. If you haven't figured it out yet, they are all related!

Jazz musicians from several Latin American countries will join guitarist Gary Wittner in a multicultural exploration of Afro-Cuban and Latin American Jazz music on Friday, Oct. 16, 8 pm at Corthell Hall, USM campus. \$15/\$10/\$5. FMI, 780-5555.

Baxter Library is hosting Family Storytime, starting Oct 14 at 1:30 p.m. This activity is recommended for all who love stories. The enjoyment of storytelling early in life is an incentive for children to learn to read for themselves.

Baxter Library will be holding a Basket Making Workshop on Thursday November 12, 2:30-4 p.m. Join them for a three-week basket making workshop with Janet Williams. This activity is recommended for students in grade 6-8. All materials and supplies will be provided. Space is limited so pre-registration is required. Call 839-5031 to register and for more information.

Friends of Baxter Memorial Library Fall Book Sale at the Gorham Recreation Department Activities Room. Thursday, October 15, 2009 5-7 p.m. Friends' Member Night. Not a member? You may join at the door or buy a guest pass for \$5 per person at the door. Public Book Sale October 16, 9 a.m.-7 p.m. and October 17, 2009 9 a.m.-1 p.m. Books

The 2nd Annual Chili and Chowder Cook-Off, hosted by the Gorham Business & Civic Exchange, was held on September 24, 2009. Trish and Bella Moulton (right, above) from The Dance Studio of Maine won Gorham Business Top Chef 2009, chili, while Bruce Hodgkin from Thatcher's Restaurant and Sports Pub won Gorham Business Top Chef 2009, Chowder.



Photos credit Martha T. Harris

are not carried over between sales so all items are fresh donations.

The Gorham Garden Club and the Friends of Baxter Memorial Library hosted the Second Annual Pies Plants and Produce Event recently. Many thanks to all who donated plants, baked goods, jams, relishes and other items for this wonderful fundraiser.

All You Can Eat Baked Bean Supper, Sat. Oct 3, 2009 4:30-6 p.m. White Rock Community Club, Wilson Rd., off Rte. 237 in Gorham. Beans, Hot dogs, Salads, Homemade pies and desserts. Adults:\$7 Kids: \$3

GHS Project Graduation 2010 is selling Harvest of Gold calendars for \$10. Winners will be drawn each day throughout the month of November. Calendars can be purchased from the high school office, GHOP, Mr. Bagel, at high school sporting events, and by contacting Robin at 776-1667 or robinadine64@yahoo.com. All proceeds benefit the Class of 2010 Project Graduation.

West Gorham Union Church public supper. Sat 10/3, 5-6pm. Tickets \$7 adults; children under 12 \$3. FMI 839-4208.

Gorham Women's Club will meet on Oct. 15 in the Fellowship Hall of the First Parish Church. Potluck luncheon at 12.30 p.m. and the Town Manager will be the speaker.

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what's happening

FRIDAY, OCT. 2

- Craft and Chat Group, 9:30-11a.m., Baxter Memorial Library. Bring your sewing, knitting, scrapbooking, etc. Make new friends. FMI, 222-2532.
- The Bear & The Proposal, hilarious one-act plays by Anton Chekhov, 7:30 pm, Russell Hall, USM Gorham campus. \$14/\$10/\$7. FMI, 780-5151.

SATURDAY, OCT. 3

- Night in White Fundraiser Event with Motor Booty Affair, YourSpace Facility, 7 p.m.-midnight. \$30 pp/\$60 couple. FMI, 839-6767 or www.yourspace-maine.com
- The Bear & The Proposal, hilarious one-act plays by Anton Chekhov, 7:30 p.m., Russell Hall, USM Gorham campus. \$14/\$10/\$7. FMI, 780-5151.

SUNDAY, OCT. 4

- The Bear & The Proposal, hilarious one-act plays by Anton Chekhov, 2 p.m., Russell Hall, USM Gorham campus. \$14/\$10/\$7. FMI, 780-5151.

MONDAY, OCT. 5

- Planning Board Meeting, Gorham Municipal Center, 75 South St. 7 p.m. FMI, 222-1630.

TUESDAY, OCT. 6

- Town Council Meeting, Gorham Municipal Center, 75 South St., 7 p.m. FMI, 222-1630.
- Pre-School Story Time, ages 3-5 years. 9:30 a.m. Baxter Memorial Library. FMI, 839-5031.

THURSDAY, OCT. 8

- Baby & Me, songs, games & lap time fun, ages 0-18 mos. 9:30 a.m. Baxter Memorial Library. FMI, 839-5031.
- Toddler Time, stories and fun activities, ages 18-36 mos. 10 a.m. Baxter Memorial Library. FMI, 839-5031

FRIDAY, OCT. 9

- Craft and Chat Group, 9:30-11am, Baxter Memorial Library. Bring your sewing, knitting, scrapbooking, etc. Make new friends. FMI, 222-2532.
- Gorham/Westbrook TRIAD Meeting, 9-10 a.m. Westbrook Municipal Center. FMI, Officer Ted Hatch 839-5581 or Officer Christine LaBranche 854-2531.
- No School.

SATURDAY, OCT. 10

- VIPS Bean Supper, Steep Falls Fire Barn, 4:30 p.m. \$7/Children under 10 eat free.

The Gorham Ecumenical Food Pantry is open every Thurs. at St. Anne's Church from 9-11 a.m. and the second Wednesday of each month from 5:30-7 p.m. Open to anyone in need of food from Gorham. Located in the building behind St. Anne's Church.

MONDAY, OCT. 12

- Columbus Day Holiday. Municipal Offices/Library Closed.
- No School.
- Maine Orchid Society Meeting, 7 p.m., St Anne's Church, Gorham. FMI Suzanne 883-2771 or www.maine-orchidsociety.org

TUESDAY, OCT. 13

- Pre-School Story Time, ages 3-5 years. 9:30 a.m. Baxter Memorial Library. FMI, 839-5031.

WEDNESDAY, OCT. 14

- School Committee Meeting, Gorham Municipal Center, 75 South St., 7 p.m. FMI, 222-1630.
- Family Story Time, a brand new event for those who love stories, 1:30 p.m., Baxter Memorial Library. FMI, 839-5031.

THURSDAY, OCT. 15

- Kiwanis Club Lunch Meeting, Pinecrest Bed & Breakfast, Noon-1 p.m. FMI, 839-8944.
- Baby & Me, songs, games & lap time fun, ages 0-18 mos. 9:30 am. Baxter Memorial Library. FMI, 839-5031.
- Toddler Time, stories and fun activities, ages 18-36 mos. 10 a.m. Baxter Memorial Library. FMI, 839-5031.
- Friends of Baxter Memorial Library Fall Friends Only Book Sale at the Gorham Recreation Department Activities Room. 5-7 p.m.

FRIDAY, OCT. 16

- Craft and Chat Group, 9:30-11am, Baxter Memorial Library. Bring your sewing, knitting, scrapbooking, etc. Make new friends. FMI, 222-2532.
- Afro-Cuban music, "Un Mondo," Corthell Concert Hall, USM Gorham Campus. \$15/\$10/\$5. FMI, 780-5555.
- Friends of Baxter Memorial Library Fall Public Book Sale at the Gorham Recreation Department Activities Room, 9 a.m.-7 p.m. Blood Drive 1-6 p.m.

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- Hand wash, disinfect floors

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PUBLIC NOTICE

SAPPI FINE PAPER NORTH AMERICA

The following was information given by Sappi Fine Paper North America dated October 2, 2009.

Sappi Fine Paper North America announced today that this fall the level of Sebago Lake will be lowered in accordance with the Sebago Lake Level Management Plan. Sappi operates the Eel Weir Dam which controls the outlet of Sebago Lake.

The Sebago Lake Level Management Plan requires that the lake occasionally reach a level of at least one and one half feet below the normal fall levels to promote restoration of beaches. This year Sappi will target a low level approximately two and one half feet from the current level. Sappi will begin lowering the lake level in October and plans to reach this target by the end of November.

Sappi asks boaters who utilize Sebago Lake marinas to contact their marina to ensure their boats will be removed prior to the low level being reached. If boat owners do not take action, it is possible that some larger boats will be stranded on the lake.

The Sebago Lake Level Management Plan is a compromise between State of Maine agencies (IF&W, DEP, and DOC), stakeholder groups (including the Friends of Sebago Lake, Sebago Lake Landowners and Users Coalition and others), Portland Water District, and Sappi, and is part of the Eel Weir Dam's operating license from the Federal Energy Regulatory Commission.

the
blotter

Loose Goats, Lost Chickens

Barstow Road caller reported that their neighbor's **goats were loose** and had been getting into their trash. Meanwhile, a Hodgdon Road caller reported that **they had lost 10 chickens**, which had been missing for over a week.

South Street caller reported being harassed by an ex-girlfriend via telephone, e-mail and in person.

Dingley Spring Road caller reported a group of females holding down a subject. Females reported they were staff from a group home, but caller requested they be checked on anyway.

Dunton Lane caller reported a motorcycle had been parked for at least an hour near their residence, and the driver had kept staring at caller's apartment.

South Street caller returned home and found their house had been broken into.

Lawn Avenue caller reported their ex-spouse had keyed their car.

Hurricane Road caller reported that their apartment had been broken into.

Ridgeway Avenue caller reported they had witnessed a truck try to hit a turkey on Day Road. Subjects involved tried pulling caller out of their vehicle.

Preble Street caller reported that someone took his credit card and used it several times. Caller thought they knew who the suspect was.

Main Street caller requested to speak with an officer regarding a doctor/patient issue.

Phinney Street caller reported that their neighbor walks their dog without a leash, and the dog has charged at others who have their dogs on a leash.

Mighty Street caller reported that their sibling threatened to beat them.

County Road caller reported suspicious activity in the area. Subject was a delivery man.

Caller was outside the public safety building and had a 5 year-old child who kept removing his seatbelt and was being unruly. Caller wanted an officer to speak to the child.

Chestnut Circle caller requested to speak with an officer regarding a known subject who was posting stuff on My Space about the caller.

Gray Road caller wanted to speak to an officer regarding a teenager who kept going by their window and hollering "fag."

Gray Road caller reported a female had come to the caller's door carrying a small bag of bottles. Female was crying, and asked for money to feed her kids.

Whipple Road caller reported that people going to the North Gorham Pond were parking in front of their residence. They were concerned that emergency vehicles would not be able to get through if needed.

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