

## Gorham Schools are Gearing Up for Flu Season

Sue Dunn

**G**orham schools are gearing up for another school year and another flu season. This year there is a new

### Prevention is the Key

Follow these few steps to help yourself and others remain flu free:

- Cover your mouth with a tissue when you cough and sneeze. If you don't have time to grab a tissue, cough/sneeze into your elbow, not your hand.
- Wash your hands after coughing or sneezing, after being around someone who is sick, after using the restroom, before you touch your eyes, nose and mouth, and before you eat a meal. Scrub for a full 20 seconds with soap before rinsing. Alcohol based cleaners can be used when water is not available.
- Clean common surfaces such as phones, keyboards, doorknobs, desks, etc... regularly.
- Stay home when you are sick or think you are becoming ill. Keep your child at home when he/she is sick.
- A fever should be gone for 24 hours without fever reducing medication before returning to school or work.

twist with H1N1 influenza reappearing, potentially with more people affected than when we first saw this virus in April 2009. The Center for Disease Control (CDC) is learning more about this novel virus daily and as more information is learned, recommendations are updated and posted on their web site at CDC.gov. The seasonal flu is something most of us are familiar with and we can use the same prevention techniques to help protect us from getting H1N1.

Gorham School Department administrators, nurses, and staff are working together towards the common goal of keeping everyone healthy and schools open. Teresa Merrill, RN, is coordinating these efforts. She reminds all parents and students, "The best way to help yourself is with a healthy lifestyle; proper nutrition, plenty of rest, and routine exercise. Thorough and frequent hand washing is your body's best defense against illness and proper sneeze/cough etiquette will go a long way in prevention efforts." (See sidebar for more details).

Currently the district is working toward possibly offering seasonal influenza immunization clinics at school for all students based on the recent guidance from ACIP (Advisory Committee on Immunization Practices) to vaccinate all children 6 months thru age 18 years for seasonal flu. Working with an outside agency, clinics will be

## A Blast from the Past



Photo Credit Martha T. Harris

Each Monday night in August, a wide variety of classic cars cruised into the Sebago Brewing Company parking lot. Sebago sponsored the Classic Car Night allowing anyone who owned a classic car to participate. The cars (and their owners) arrived polished and ready to be admired by the public. During these events, a 50/50 raffle was held with the proceeds totaling \$1000 donated to Gorham Food Pantry. Shown above are Paul Willis, President of the Gorham Food Pantry, and Tim Haines, Proprietor of Sebago Brewing Company.

held by early October if details can be worked out. Parents would then decide with guidance from their health care provider if a student will be vaccinated. While the state of Maine is providing funding for the vaccine, many volunteers will be needed to help clinics operate efficiently.

Since the H1N1 vaccination is still in the development stage, there are no plans finalized about clinics in Gorham

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## Bodies Found in Burning Car

Sheri Faber

In the early morning hours of August 19, a man on his way to his job in So. Portland noticed smoke coming from Shaw Brother's B Pit, the former site of LaChance Brick. The vehicle was parked in an open area about half a mile off Route 237. Firefighters put out the vehicle fire by about 5:15 a.m. and only then were they able to determine that there were two bodies in the vehicle. The vehicle was towed to the Maine State Police lab in Augusta for autopsies to be performed.

Initially, the vehicle was so badly damaged that police could not read the license plate or vehicle identification numbers at the site. The 2006 Toyota SUV was subsequently found to be registered to the Devine family of Windham. Following further tests, the bodies were determined to be Karen Devine, 46, and her 12 year-old son Michael. Police continue to believe that there was no third party involved in this event.

The Medical Examiner has determined that the deaths occurred from smoke inhalation as a result of the fire but is still working on the case to fully establish the manner of death. Maine State Fire Marshall's Office is continuing to investigate the case attempting to determine the cause of the fire.

## Turnpike Spur Progresses—Slowly

Bill Ambrose

A "comprehensive study of land use and transportation needs in the corridor that stretches from the Maine Turnpike to Gorham" is now underway. The study, conducted under the auspices of the Maine Turnpike Authority, is about five months into its estimated 18-month duration. The engineering firm HNTB will assess traffic congestion in the area, as well as protecting the quality of the environment.

The study will consider a full range of options from doing nothing, to the

construction of a connection from the turnpike (195) to the vicinity of the Gorham Bypass in South Gorham. Other possible alternative solutions could include bus service, passenger and freight rail, biking and walking.

Two committees constitute the public process that is needed to oversee the project. The Gorham Corridor Steering Committee consists of representatives of the involved municipalities, which also include Scarborough, Westbrook, and South Portland. The Gorham Corridor Advisory Committee

is the larger of the two. Its membership is made up of stakeholders, public and private, from the greater Portland region.

The steering committee will receive input from the advisory committee in the development of a "Purpose and Need Statement." A public meeting has been tentatively scheduled for October 8 to bring the citizenry up to date on the progress so far.

Town Manager David Cole and

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## Fall Sports Preview

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# Letters to the Editor

Letters to the editor must be signed with a first and last name, typed or e-mailed and include a phone number. Submissions should be original to the *Gorham Times* and less than 300 words. Letters are solely the opinion of the writer and not of the *Gorham Times*. They are published at the discretion of the *Gorham Times* and are subject to editing.

Dear *Gorham Times*,

I am writing this letter regarding the recent article in the *Gorham Times* about the Wagner Farms Development by Risbara Brothers off Libby Avenue. This is my perspective as an abutter.

We followed this project carefully through the Planning Board Meetings. Our concerns initially were with the plan to have a connection through our street (Timber Ridge) and out through Gateway Common to Route 25. Safety and traffic issues were our primary concerns.

The project was approved and site work started weeks ago. We understood drilling and blasting was needed. The noise is constant with multiple excavators, front end loaders, drilling rigs, rock crushers, dump trucks. The associated noise starts up at 6:30-7 a.m. until as late

a 6:30 p.m., five days a week, occasionally six days. Blasting has occurred 12-15 times a week on average.

On July 13, I arrived home to find our houses on Timber Ridge were coated with a thick layer of "rock dust" from the project. Calls were made to Risbara Brothers.

Bill Risbara responded promptly by visiting our neighborhood the next morning with the supervisors of all sub-contractors. His excuse was that rains for several weeks had kept the dust down, he admitted to have had a problem with the dust mitigation systems and those would be improved. Apologies were made for the damage and he promised and carried through with pressure washing our homes

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## NEWS FROM AUGUSTA

# Maine Wild Blueberries

Jane Kanpp

The wild blueberry is the official berry of Maine and one of my favorite summer crops. I enjoy baking wild blueberry pie, muffins and gingerbread upside down cake topped with this delicious fruit. Maine is the largest producer of wild blueberries in the world, generating 15 percent of all blueberries in North America, making it one of Maine's most prominent natural resources.

Wild blueberries are smaller than cultivated blueberries and used mainly as an ingredient in products like muffins, pancakes and yogurt. The majority of cultivated blueberries are sold as fresh fruit. Most wild blueberries are processed as frozen berries in Maine so that the added value of approximately \$75 million dollars contributes to the economy in rural Washington and Hancock counties.

To learn more about this industry I and 17 other members of the Legislature spent two days on an educational tour of some of the wild blueberry facilities in Washington County. As we drove across the Airline (Route 9) we were informed about the growing process for wild blueberries. The soil in this region is sandy, causing water to drain through it, so many growers now use irrigation to water their crops. Because there is a focus

on bringing salmon back to the rivers, wells and impoundments (ponds) are the most common source for water. These methods are more expensive than using a river as a source, which adds expense to the growing process.

During the growing season, flowers need to be pollinated by bees. As the number of bees necessary for proper pollination cannot be met in Maine, growers rely on importing 50,000 or more honeybee hives into the state, making sustainable pollination a grower priority.

Once a water source is in place and pollination is taken care of, blueberry growers must also deal with issues of pest control, referred to as Integrated Pest Management (IPM). The marketing of the wild blueberry depends on the quality that is being shipped. A chief pest is the blueberry maggot fly. If two or more maggots are found in a 50,000 pound lot of wild blueberries, the quality is not acceptable. The blueberry maggot fly is attracted to the color yellow and the smell of ammo-



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## quick clicks



Photo credit Martha T. Harris

### HOT OFF THE PRESS

Jessica Cushman of Buxton reads the *Gorham Times* while at Art's Nails. She is very interested in learning about Gorham and is hooked on the *Times*!

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**School News** lesliedupuis@gmail.com

#### OFFICE HOURS

Tuesday 10-12 or call for an appointment.  
Please call ahead 839-8390.

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Ad deadline is the Wednesday of the week prior to issue date. Go to [www.gorhamtimes.com](http://www.gorhamtimes.com) and click on the advertising link for schedule.

#### EDITORIAL POLICY

The *Gorham Times* takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The *Gorham Times* will print corrections if notified within 48 hours. Photos will be returned if provided with a stamped, self-addressed envelope. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the *Gorham Times* do not necessarily reflect those of the staff or publishers.

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## COMMUNITY PROFILE

# USM Focuses on Student Success and Fiscal Sustainability

Judie Alessi O'Malley



USM President Selma Botman welcomed faculty and staff at the annual breakfast held in Gorham. This year, residence halls, all located in Gorham, will be home to over 1,450 students, who will be doing their shopping, job hunting and eating out in Gorham.

Photo courtesy of USM

Faculty and staff met with USM President Selma Botman on August 28 for the annual breakfast at which she presented goals for the coming year. Botman, who completed her first year as USM's president in June, guided the University in balancing its budget and implementing a five-year strategic plan which focuses on student success and fiscal sustainability. At the breakfast, she spoke about the continuing challenge of decreasing revenues and steadily rising expenses, outlining a process to restructure USM so it continues to deliver a quality education, becomes sustainable and helps create Maine's future. "USM must," she said, "embrace the need to restructure in order to revitalize our academic enterprise."

The most notable change in Gorham as a result of refocusing financial resources to better serve the needs of all USM students was the elimination of the USM Child & Family Center. PROP's Child Care and Head Start program will continue to use the building located on Husky Drive.

Recently, Botman wrote about the role higher education and USM's mission play as the only public, regional comprehensive university in the state, saying, "... comprehensive universities prepare students for local employment because those students are often bound to their communities for financial, professional or personal reasons." USM contributes to the region's "financial health and civic well-being" by educating Maine's future workforce as well as providing cultural and educational opportunities to the public at large.

While Botman works on the big picture of leading a three-campus university into the 21st century, USM staff and members of the fraternities and sororities are working at keeping town relations cordial. They met with neighbors at a September 2 meeting in Gorham's Recreation Center. This was the first in a series of meetings that will span the school year and are designed for students who participate in Greek life to better know the communities in which they will live this year.



All university towns enjoy the advantages of being the home to creative faculty and students, and Gorham is no exception. Check out the new "USM Today" Web site at [www.usm.maine.edu/news](http://www.usm.maine.edu/news) for current information about USM, including a newly designed Web calendar.

The following list of September events in Gorham will give you an idea what USM offers the public year round.

- **Art Gallery exhibition** by Jennillie Brewster and Honour Mack, "HORIZON: Poetics of the Post-Heroic Landscape." Thursday, September 24, 1 p.m. Sponsored by Cook's Hardware. Free. FMI call 780-5008.
- **Concert by violinist Robert Lehman**, "Brahms and His Three Muses" Friday, September 25, 8 p.m., Corthell Concert Hall. Tickets can be purchased by calling 780-5555.
- **Free Old-Fashioned Outdoor Band Concert**, Saturday, September 26, 1 p.m. on the steps of Corthell Concert Hall. Bring your lawn chairs. FMI, call 780-5555.
- **The Huskies love their fans!** Go to <http://usm.maine.edu/athletics/> to check out your favorite team.
- **USM hosts the College Fair** that brings representatives from over 100 colleges to Gorham from 2-4:30 p.m., on Sunday, September 27, in the Costello Sports Complex. FMI, see [www.neacac.org](http://www.neacac.org)
- **One-act plays by Anton Chekhov**, directed by Thomas Power in Russell Hall, October 1-4. Tickets can be purchased by calling 780-5151. Ask about the season pass.



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# municipal

## @YOUR LIBRARY

### Summer Youth Services Programs

Mary Collins, *Baxter Friends of the Library*

When asked the purpose of her program, Kathy Stevens, Youth Services Librarian, replied, "To instill a love of reading and learning." She later added, "Everything we do is to foster literacy." As she described the Baxter Library programs, it became clear the goal is to provide a variety of activities to meet different learning styles, ages and interests.

Over 700 children, from pre-readers to 6th graders, signed up for the summer reading program. The children set their own goals as to the amount of reading they wanted to do. At the end of the program, all participants received a free book, had a chance to win prizes in a raffle and were entertained at an ice cream social. In addition, more than 250 adults signed up for the adult program.

Weekly activities were regularly attended by two or three dozen children. Some of the children came with their families, some from the "Summer Rec." program and some with child care providers. The programs attracted different ages. For example, 5th and 6th graders came for programs such as "Theater Thursday's" which was a workshop that explored acting techniques and stage movement; a presentation on

fossils by a local paleontologist, Walter Selens, who left a display of them for the library; or "Scrap and Pack", an opportunity to make scrapbooks.

For the younger children, activities included: "Popsicles" and "Bubble Day" on the patio and "Camp Baxter," which included stories, songs and toasted marshmallows. Other programs included "Lucy the Therapy Dog" and a "Teddy Bear Picnic." For all ages, there was painting and picnicking in the park. Every two weeks a new activity was set up in the discovery corner which children could visit any time the library was open. This included sea shells, a "whale walk" so children, could experience the sheer size of whales, optical illusions and the construction of objects.

A fascinating new project involved the development of "literacy kits." The kits, which are based on local history, range widely for different reading levels. They involve reading, researching locations and actively exploring the various places identified in the kit. Stevens was enthusiastic about another kit (still in the planning stage) which will be based on science and cover such things as magnets or microscopes.

Stevens points out that each of these activities was carefully planned around fostering literacy, creating a love of learning and expanding worlds in appropriate ways for different ages and interests.

Giving credit to the Friends of Baxter Memorial Library, Stevens says, "Much of this would not have been possible without the library's membership in Ruth Recyclables which the Friends pay for." As a member, librarians can get free paper supplies, bubble wrap, markers and lots of other useful things.

You too can help by joining the Friends of Baxter Memorial Library. FMI go to the library Web site [www.baxterlibrary.org/friends](http://www.baxterlibrary.org/friends) or call 839-5031.



## CHIEF SHEPARD REPORTS

### Fatality on Ossipee Trail

Deborah Willette, 54, was heading home from her job at the Barron Center when swerved to avoid hitting a tree that had fallen in the road on Ossipee Trail in Gorham. Her car then hit a utility pole. Willette was not wearing a seat belt and was ejected from the vehicle which rolled over on top of her, resulting in her death.



## CLERK'S CORNER

### Town Council and School Board Positions Open

Christina Silberman

Are you interested in running for the Gorham Town Council or the Gorham School Board? There will be two positions available for Town Council as well as two positions for the School Board to be elected at the November 3 Annual Municipal Election. Each position has a three year term. If you would like to have your name listed on the ballot, you will need to complete nomination papers which are available at the Town Clerk's office. Prospective candidates are required to obtain at least 25 and not more than 100 signatures from registered Gorham voters before returning the completed nomination papers to the Town Clerk's office no later than September 18 to have their name listed on the official ballot.

The State Referendum Election will be held November 3. There will be several items the State Ballot. For information regarding the State Referendum Election, please visit their web site at <http://maine.gov/sos/cec/elec/upcoming.html>. Absentee ballots will be available October 3. You can obtain an application for an absentee ballot from the Town Clerk's office or download one from the State of Maine's Web site, <http://www.maine.gov/cgi-bin/online/AbsenteeBallot/index.pl>.

The Town Clerk's office is a U. S. Passport application acceptance agency. Passport applications are accepted between the hours of 8:30 am and 3:30 pm. We now take passport photos at our office for a fee of \$10.00 per person.

The Maine Residents Property Tax and Rent Refund Program applications

are now available online through the State of Maine's Web site at [www.maine.gov/revenue/forms/homepage.html](http://www.maine.gov/revenue/forms/homepage.html). To save on costs, the State did not supply paper applications to municipalities this year. If you do not wish to obtain an application online, you may call 207-624-7894 and ask that an application be mailed to you. You will need to use the amount of your property taxes that were committed on April 1, 2008. This is the amount of your last property tax bill that was due in two installments in November 2008 and May 2009. This property tax bill is available on our Web site. Please visit [www.gorhamme.org](http://www.gorhamme.org) and click on "Town Departments" in the left column of the home page, then click on "Assessing Department" and scroll down until you see "Copies of Real Estate Tax Bills" and click on it. You will then choose the tax year for the bill you are looking for and then click on the file that has the first letter of the committed property owner's last name; this is the owner of the property on April 1, 2008. This may take some time to open on your computer depending on the size of the file. If you want to print a copy of your tax bill from here, make sure to choose the "print current page" option on your print menu or you will get all of the tax bills located in the file.

As always, please feel free to call us at 222-1670 or stop in to see us if you have any questions.



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# Dump Pesticides Free and Legally

Maine Board of Pesticides

The Maine Board of Pesticides Control (BPC), a state regulatory agency, is sponsoring a program to dispose of banned pesticides or pesticides that have become caked, frozen, or otherwise rendered unusable this fall. There is no cost to homeowners.

"We urge people holding these chemicals to contact us immediately to register," says Paul Schlein, BPC Public Information Officer. "There will be four sites throughout the state where folks will be able to bring their obsolete pesticides."

The collected chemicals go to out-of-state disposal facilities licensed by the US EPA where they are incinerated or reprocessed. "While offering free obsolete pesticide disposal is expensive for us," notes Schlein, "it's a bargain, compared to the cost of cleaning up contaminated soil or water. However, it's worth noting that future funding is not guaranteed, so be sure to take advantage of this year's collection while you can."

**Preregistration is required by September 25, 2009.** To register, find out collection dates and locations, and learn important information about the temporary storage and transportation of obsolete pesticides, go to the BPC Web site at [www.thinkfirstspraylast.org](http://www.thinkfirstspraylast.org). Or, call the BPC at 287-2731.

*The Maine Board of Pesticides Control (BPC) is the lead state agency for pesticide regulation. It is an administrative unit of the Maine Department of Agriculture, Food and Rural Resources with policy decisions made by a seven-member, public board. The BPC is creator of "YardScaping," a statewide program that recognizes the connection between backyards and watersheds, and calls for Maine citizens to make lawn care choices that don't compromise the environment or the beauty of their lawn.*

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**LETTERS** FROM PAGE 2

exteriors. Risbara has been approachable throughout but problems continue.

The dust problem seemed to be fixed until August 19. Heavy dust has again begun coating our homes and yards. My house outside/inside, gardens, patio furniture, automobiles are covered with filth.

The noise onslaught is at such a constant level it has made living in our neighborhood extremely unpleasant. The dust and grime coats everything, we do not spend time in our yards due to the noise and dust.

Keep my comments in mind when the next project is coming before your Gorham Town Officials. Be concerned, ask questions, once the ball is rolling it will run right over you.

**David Wehmeyer**

**Dear Gorham Times,**

I am Bev Lessard's mother and would like to tell you that over the last few weeks, I've had many people call to tell me how much they appreciated reading Bev's columns. The one about Dr. Love seemed to really bring back many memories to people. I thought as I read it that there must be many people living in Gorham now who have never heard of Dr. Love.

Thank you for giving Gorham people a chance to read about how life was back in

"the good old days." We are just sorry to see it end.

**Sincerely,  
Doris R. Whitten**

*Editor's Note: The Gorham Times received a few notes from readers expressing how much they had enjoyed reminiscing through Bev Mann Lessard's articles. We will ask Bev to write again from time to time, when space allows. If anyone else would like to share your Gorham memories with our readers, we would love to hear from you. You don't need to be a writer; just be willing to share your experiences and memories of the way life used to be.*

**Dear Gorham Times,**

In the August 7 issue of the Gorham Times, I wrote a letter to those who knew Virginia Dorr as not only the teacher of two generations of Gorham's children at her School of Dance over a period of 30 years, but as a dedicated 'disc jockey' and friend of teenagers on Saturday nights at Robie Gym record hops as well.

Ginny passed away on July 12 at the age of 93.

I promised to let you know when her memorial service would be. It has just recently been scheduled for Saturday, September 12 at 11 a.m. at the West Gorham Union Church.

**Barbara Willey**

**MAINE WILD BLUEBERRIES** FROM PAGE 2

nia, so pieces of yellow sticky paper are often placed in the fields to attract and trap them. This makes it possible for the grower to judge when the concentration of flies is up to determine whether or not it is appropriate to spray, although many growers do not spray the year of the harvest.

On our tour we were shown two ways to bring in the crop: raking by hand and machine harvesting. Now approximately 60% of wild blueberries are machine harvested. One machine is estimated to be able to do the work of 20 people raking.

The term sustainability was repeated throughout the tour. Research efforts at the University of Maine have provided information and educational outreach to growers; which has enabled them to more than triple the crop in the past 20 years, from 20 million to over 75 million pounds. University researchers have also contributed to the knowledge base on the health benefits of the blueberry, which has a very high antioxidant level. Wild blueberries have twice the level of anthocyanins than cultivated blueberries. Studies are also showing that blueberries may help protect against

cancer and diseases such as Alzheimer's.

The tour of the blueberry barrens in Washington County really gave me a new appreciation for the wild blueberry and its importance to the economy and culture of Maine. I encourage you to indulge in this sweet, healthy treat as often as possible during the dwindling days of summer.

*Some of the information used in this article came from the following web sites: University of Maine Cooperative Extension <http://wildblueberries.maine.edu/factsheets/Production/220.html>*

*University of Maine-College of Natural Sciences, Forestry, and Agriculture White Papers: [www.wildblueberries.maine.edu/PDF/wildblueberryinME.pdf](http://www.wildblueberries.maine.edu/PDF/wildblueberryinME.pdf)*

**Sen. Phil Bartlett**  
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# living

LETTUCE BE HEALTHY

## Are You Sharing Your Garden?

Barbara T. Schneider



Summer—so short—but oh so sweet! We all deserve to savor the beautiful late summer warmth as we get ready for turtleneck and sweater weather.

This summer I joined a Community Supported Agriculture (CSA) program with a local farm that allows me to purchase a half or full share of their produce from summer into fall. It has been a delight reaping the rewards of fresh veggies and new recipes. I have also learned about the trials and tribulations of farming and going with the flow of good ol' Mother Nature. Our farm of choice also offers fresh organic meats, chicken and cheese provided by other surrounding farms. It is a wonderful opportunity to support local farmers and enjoy truly fresh local fare. You can visit the Maine Organic Farmer & Gardner Web site at <http://www.mofga.org/> to find a farm near you.

The recipes I've gathered are noteworthy. The brisket recipe is so good I asked my friend, Betty Olson, if she would share it. Stuffed avocado is a knockout and can be made ahead and baked right before serving. A fresh beet salad, combined with a simple mustard vinaigrette hits the spot with all beet lovers. I encourage all to take advantage of local fare and the simple preparation of these recipes. Enjoy!

### Marinated Brisket on the Grill

*(Graciously shared by Betty Olson)*

1-2 lbs of brisket  
5 oz. Soy Sauce  
4 cloves chopped garlic  
1/2 cup sugar  
1/2 tsp ginger  
1 jigger bourbon, vodka or gin

Mix all ingredients together and add to brisket in a zip lock bag. Let marinate for at least one hour before placing on the grill. I have tweaked the recipe in the following way: I use low sodium soy sauce, double the amount of garlic, cut back the sugar a bit. I must admit I have been heavy handed with the bourbon (almost 2 jiggers). It's easy to double the recipe to accommodate a larger cut of brisket. I also marinate the brisket overnight before grilling. This recipe is delicious.

### Baked Stuffed Avocado

*(recipe from Family Cookbook Treasury)*

2 avocados, halved with seed removed  
1 tsp. margarine/butter  
1 small onion, finely chopped  
7 oz. crab meat  
2 Tbs. seasoned bread crumbs or panko  
2 Tbs. milk or cream  
Salt & pepper  
Paprika  
1/4 cup Emmenthal or Cheddar cheese, finely grated  
3 Tbs. parsley, finely chopped for garnish  
Preheat oven to 400 degrees

Melt butter and sauté onion until soft. Add crab meat, cook for approximately 3 or 4 minutes. Stir in bread crumbs, milk and seasonings (except parsley). Place halved avocados in baking dish and generously stuff with mixture. Top with cheese (use any remainder as a yummy dip with veggies and crackers). Bake for 15-20 minutes. Serve hot, garnish with parsley. Yum!

### Salad with a Twist

Fresh Baby Leaf Spinach (can use large bag)  
1 cup julienned fresh red beets  
1 cup julienned jicama  
1/2 cup sliced red radishes  
1 pack sliced button mushrooms

### Mustard Basil Vinaigrette

1 cup shredded fresh basil  
1/4 cup white wine vinegar or seasoned rice vinegar  
1 Tbs. Dijon mustard  
1 Tbs. shallots, finely chopped  
Salt & Pepper to taste  
1 cup Extra Virgin Olive Oil

Whisk together all ingredients except olive oil. Once mixed, slowly whisk in oil. Dress salad and add salt & pepper if needed. Add some toasted walnuts to really pump up the volume in this heart healthy salad and dressing.

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# school

## Middle School Fields Are Ready

Bill Ambrose

The newly constructed multi-purpose field at Gorham Middle School was turned over to the Town in July and is ready for use. The adjacent softball field has water issues and is in the process of having its drainage system improved.

Cindy Hazelton, Director of Gorham's Rec. Department, said that the multi-purpose field will "definitely become active the week that school starts." It will provide another soccer field for the middle school teams, and will accommodate teams from the Gorham Youth Soccer program and the recreation soccer teams. In addition, use of the middle school field will free up more space for the Gorham Grizzlies football team to practice at the Narragansett School field. One problem Hazelton foresees is the lack of extra soccer, football, and lacrosse goals at the new field.

Next spring, the new softball field will be ready for action. It will become the home field for the middle school softball team and its use will reduce scheduling difficulties for the recreation's youth and adult softball leagues.

Impact fees that the Town collected from builders of new residential properties paid for the fields, built at a cost of approximately \$700,000. The two large fields, constructed in summer and fall 2008, were off limits to everyone due to a condition in which the turf had not properly taken root. The contractor, A.H. Grover of North Yarmouth, successfully used a technique known as "deep tine aeration" to break up the compacted subsoil and permit the grass roots to penetrate.

## Village Open House



Photo credit Kristin Wentworth

Village School welcomed incoming third graders and their families on August 27 for an Open House and Ice Cream Social. The children were able to visit their new classrooms, meet their teachers and participate in a scavenger hunt around the school. Everyone was rewarded with ice cream after finding their way to the cafeteria. (L to r): Caelyn Smith, Brittany Desjardin and Erin Wentworth were all smiles while touring their new school.

## First Day of School



Photo Credit Martha T. Harris

Students and their parents were greeted by Assistant Principal Polly Brann on the first day of school at Narragansett School. Kindergarten students attended their first day of school with a parent. Pictured are Andre and Jane Farr, Polly Brann and Kyle Landry.

## Free band concert for local community residents!

Mary Snell

The USM School of Music will present the Seventh Annual Old-fashioned Outdoor Band Concert on Saturday, September 26, sponsored by USM Music Advisory Board.

The USM Concert Band, under the direction of Peter Martin, will perform on the lawn in front of Corthell Hall on the USM Gorham campus beginning at 1 p.m. Bring the kids and your lawn chairs

or a blanket!

Parking is free nights and weekends in faculty/staff lots. Bring a picnic—or purchase a barbecue lunch (at old-fashioned prices!) beginning at noon from the campus dining services, ARAMARK.

Music on the program includes: selections from the popular musical, "The Sound of Music"; "New Colonial March" from Maine's own band composer, R.B.

Hall; a jazz suite by Dimitri Shostakovich; "America The Beautiful"—and much more. Music student Jason Giacomazzo of Augusta will guest conduct one number.

If it rains or the temperatures plummet, activities will move to the Brooks Dining Center. Signs will lead the way. FMI - Box Office, 780-5555.

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# sports

## GHS Fall Sports Preview



### FALL SPORTS SEASON BEGINS

GHS started the fall sports season with practices that began on August 17, just when the temperatures started to rise. Last year's fall teams compiled a regular season record of 71-31 as all eight teams qualified for post season play. This year's teams feature two first year coaches—Rick Altham for the golf team and Becky Manson-Rioux for the field hockey team. On the other end of the experience spectrum, boys cross-country coach John Wilkinson is entering his 26th year as head coach.

Photos by Rich Obrey; collage by Jeannine Owens

Compiled by Jeff Pike

### Football

**Head Coach:** Dave Kilborn, entering 11th year as head coach.

**Last year's regular season record:** 4-4, ranked 8th in Western Maine Class A.

**Post-season results:** Lost to Deering in quarterfinals.

**Captains:** Seniors Cody Stover, Abe Kilborn, John Phinney, Jon Day

**Returning starters:** Seniors Abe Kilborn-TE, Adam Hawkes-G/LB, Cody Stover-G/DL, John Phinney-C, Connor Walker-RB/DB, Ryan Luxton-LB, Jon Day-RB/DB, Kyle Butterfield-DB; Junior Kyle Nielsen-TE/LB.

**Other Impact Players:** Seniors Mark Walrath-RB/DB, Matt Walrath-RB/DB, Alex Graves-DB, Bill Tebbetts-OL/DL, Craig Leconte-OL/DL, Paul Gonneville-OL/DL; Junior Nate Faulkner-OL/DL.

**Coach's Comments:** "We have strong team chemistry, and the players are willing to work hard to achieve their goals," said head coach Dave Kilborn. "We come into the season with inexperience at some key positions, and we need to develop our depth. With a schedule against the State's best teams, we must bring out our best every week. We look forward to having a competitive game every Friday night, and as long as we stay healthy, we should stay very competitive. We have some great athletes, and allowing them to perform will be a critical goal."

### Boys Soccer

**Head Coach:** Tim King, entering 10th year as head coach.

**Last year's regular season record:** 8-6, ranked 9th in Western Maine Class A.

**Post-season results:** Defeated Cheverus in preliminary round, lost to eventual State champion Scarborough in quarterfinals.

**Captains:** Not announced yet at press time.

**Returning starters:** Seniors Colin Lubelczyk-midfielder, Greg Gagne-defender, Eric Plourde-defender, Jake Willis-midfielder, Tim Hardy-goalskeeper; Juniors Seth Wing-defender, Levi Lurvey-defender, Connor Bell-midfielder.

**Other Impact Players:** Senior Sean Grandmaison-midfielder; Sophomore Kevin Lubelczyk-midfielder, Drew Hopkins-striker, Jesse Orach-midfielder; Freshman Connor Regan-striker

**Coach's Comments:** "All of our starting defenders return as well as four other starters or key contributors," said head coach Tim King. "Our strengths will be our team speed as well as the versatility and experience of our players. We're looking to improve upon our depth, consistency, and physical strength. We also hope to make the tournament and make a deep run at a regional or State championship."

### Girls Soccer

**Head Coach:** Jeanne Zarrilli, entering 7th year as head coach.

**Last year's regular season record:** 14-0, ranked first in Western Maine Class A.

**Post-season results:** Defeated Windham, Greely and Marshwood to win Western Maine Class A championship – the program's fifth straight Western Maine title; lost to Waterville in Class A State Final.

**Captains:** Seniors Kristi Zarrilli, Lauren Chouinard, Lindsay Wilson, Abbie Adkison.

**Returning starters:** Seniors Kristi Zarrilli-midfielder, Lauren Chouinard-midfielder, Lindsay Wilson-midfielder/forward, Abbie Adkison-defender; Juniors Shelby Guimond-defender, Kylie Perrin-midfielder/defender, Sam

## Gorham Country Club Crowns Junior Champions

Jeff Pike

Gorham Country Club recently held its 2nd Annual Gorham Junior Open with Tommy Stirling of Gorham winning the Boys Championship Flight and Sarah Fogg of Gorham winning the Girls Championship Flight. Below are the results of all players from Gorham.

Tommy Stirling (left) and Mike Arsenault (right), both of Gorham, finished first and third respectively in the Gorham Country Club 2nd Annual Gorham Junior Open August 12. Stirling shot a 72 while Arsenault finished with a 76. Also pictured is Kyle Bourasso of Westbrook, who shot a 75 to finish second.



Photo credit: Casey Almquist

### Championship Flight—Boys

Place	Name	Score
1	Tommy Stirling	72
3	Mike Arsenault	76
4	Evan Amell	79
6	Hunter Sackville	91
7	Nathan Roop	92
7	Corey Harmon	92
9	Sullivan Conley	93
10	Ian Barber	96
12	Brian Rex	97
14	Nate Gervais	99
16	Matt Melton	102
17	TJ Daigler	103
21	Brandon Labrecque	107
22	Dylan Turner	110
24	Trenton Bassingthwaite	114
27	Connor Dunn	121
28	Erik Andreasen	122
29	Nathan Lareau	124

### Championship Flight—Girls

Place	Name	Score
1	Sarah Fogg	110
2	Molly Miller	119
3	Libby Andreasen	138

### A Flight Boys (9 holes)

Place	Name	Score
2	Thomas Susi	51
7	John Ennis	56
8	Cam Stevens	59
9	Michael Susi	60
14	RJ Grandstaff	62
14	Connor Sweatt	62
17	Adam Harrington	63



Peters-midfielder; Sophomore Kiersten Turner-midfielder.

**Other Impact Players:** Seniors Letitia Lockeforward/midfielder, Liz LaMontagne-midfielder; Juniors Kelly Donaldson-defender/midfielder, Meghan Taylor-defender; Sophomores Audrey Adkison-midfielder, Sierra Peters-defender/midfielder, Allie Lurvey-defender/midfielder, Sarah Perkins-goalskeeper.

**Coach's Comments:** "Ball movement, our level of skill, experience and the versatility of many players to change positions should be strengths," said head coach Jeanne Zarrilli. "We have the ability to make adjustments, and many players play more than one position. I expect to see scoring from a lot of different players, and many can provide support in the backfield. We hope to keep improving on finishing (goal scoring) and making the final attacking runs. We are still getting used to playing together and are considering using a new formation with one striker, five midfielders and four defenders. We want to be competitive and can be in every game. The seniors would like to finish strong."

#### Volleyball

**Head Coach:** Lisa Curley, entering 2nd year as head coach.

**Last year's regular season record:** 8-6, ranked fourth in Western Maine.

**Post-season results:** Defeated Scarborough in quarterfinals and then lost to eventual State champion Greely in Western Maine semifinals.

**Captains:** Seniors Hallie Balcomb and Casey Galipeau.

**Returning starters:** Seniors Hallie Balcomb-outside hitter, Hannah Shorty-outside hitter, Molly Lortie-outside hitter.

**Other Impact Players:** Seniors Casey Galipeau-setter, Annie Mitchell-middle hitter, Daisy Portlock-defensive specialist; Junior Caite Robinson-middle hitter; Sophomore Vicki Parker-outside hitter; Freshman Lexi Merrifield-middle hitter;

**Coach's Comments:** "This team has amazing chemistry and a positive 'can-do' attitude," said head coach Lisa Curley. "Serving will be a strength. We also have more size this year and strong defensive ability. We will need to polish up our serve receiving to control the tough serves that come our way. Our hitting also has to become more of a weapon. After seeing the team compete at the Greely tourney recently, I could not be more happy with the enthusiasm and commitment these girls have towards our program. We have strong numbers and some really capable freshman show up for tryouts this year. If everything falls in place, we will be a factor come playoff time."

#### Field Hockey

**Head Coach:** Becky Manson-Rioux, entering 1st year as head coach.

**Last year's regular season record:** 12-2, ranked third in Western Maine Class A.

**Post-season results:** Defeated Thornton-Academy in the quarterfinals, lost to Scarborough in the semifinals.

**Captains:** Seniors Hannah Prince, Kayleigh Ballantyne and Melanie Hebert.

**Returning starters:** Seniors Hannah Prince-center/midfielder, Kayleigh Ballantyne-forward, Melanie Hebert-midfielder, Kat Whitehead-forward, Carly Perkins-forward, Emily Southard-goalie.

**Coach's Comments:** "In addition to the six returning starters from last year, all of our other varsity players should have a positive impact on the season," said head coach Becky Manson-Rioux. "Our strengths include strong leadership and the desire to win. The team's communication skills are coming along nicely, which will make a huge impact on the success of our season. We expect to have yet another successful season, and we are not only looking to make playoffs, but also to also improve on a personal level."

#### Girls Cross-Country

**Head Coach:** Kurt Schwanda, entering 2nd season as head coach.

**Last year's regular season record:** 10-6.

**Post-season results:** Finished 5th in Western Maine Class A; 7th at Class A State Championship Meet.

**Captains:** Seniors Solange Carpenter, Kelsey Rex and Rachel Wilkinson.

**Returning Top Runners:** Seniors Rachel Wilkinson, Kelsey Rex; Junior Jenny Thuotte.

**Other Impact Runners:** Junior Mia Rapolla; Freshman Jackson Marshall.

**Coach's Comments:** "The strong senior leadership will be a big asset," said head coach Kurt Schwanda. "We have a very close team, and the captains are great at including as well as encouraging the younger runners. We feel very good about our top three or four runners, but we need to have a runner two make a strong bid for a place in our top five. We will face some very good teams in the conference but expect to make the State meet. The goal for the girls is to qualify the team for the New England meet."

#### Boys Cross Country

**Head Coach:** John Wilkinson, entering 26th season as head coach.

**Last year's regular season record:** 10-5.

**Post-season results:** Finished 7th in Western Maine Class A Meet; 14th in Class A State Meet.

**Captains:** Seniors Jon Foster, Adam Hawkes; Junior Jeremy Earl.

**Top Returning Runners:** Seniors Jon Foster, Adam Hawkes; Juniors Jeremy Earl, Logan Marshall, Andy Turner.

**Other Impact Runners:** Sophomore Joe DeRoy; Freshman Alex Thuotte.

**Coach's Comments:** "We have several runners that we expect to place well in the big meets," said head coach John Wilkinson. "The runners are a close-knit and competitive team, and they want to make up for a disappointing end of the season last year. They should push one another in practices and in meets. While we know which runners are likely to be our top runners at the end of the season, the team is fairly deep, and we have many runners that have a legitimate chance of making it into our top seven. The team will face stiff competition but expect to make the State meet and would like to qualify for the New England meet."

#### Golf

**Head Coach:** Rich Altham, entering 1st year as head coach.

**Last year's regular season record:** 8-2.

**Post-season results:** Qualified for and finished fourth in Class A State team tournament.

**Captains:** Senior Tommy Stirling; Junior Mike Arsenault.

**Returning Top Golfers:** Senior Tommy Stirling; Junior Mike Arsenault

**Other Impact Golfers:** Junior Sullivan Conley; Freshmen Nathan Roop, Brian Rex, Mike Caron.

**Coach's Comments:** "The strength of the team is their work ethic," said head coach Rich Altham, who is also the club pro at Gorham Country Club. "The players that will be starting have put in the necessary time needed to compete at a high level. We have a very young team that does not have a lot of tournament experience, but I am very excited to be coaching a group of young golfers that are very dedicated to the game of golf. We have two very solid players at the one and two position, and the younger players will get better as the season progresses."

## in the Zone

### CROSS-COUNTRY KICKS OFF FALL SEASON

GHS Junior MIA RAPOLLA and senior RACHEL WILKINSON finished second and fourth with times of 20:21 and 20:33 respectively to lead the girls cross-country team in the 10th Annual Jack Wilkinson Memorial Meet, August 27, at Saint Joseph's College. Teams from Bonny Eagle and Cheverus competed on the 3.1 mile course. As a team, the Gorham girls finished second. In the boys race, junior JEREMY EARL led the way with a time of 17:47 and a third-place individual finish as the boys team also finished second.

## GHS this Weekend Varsity Sports Line-Up

### Friday, September 4

3:30 p.m. – Field Hockey vs. Bonny Eagle at GHS

7:00 p.m. – Boys Soccer at Cheverus

7:00 p.m. – Football vs. Cheverus at GHS

### Saturday, September 5

10:00 a.m. – Girls Soccer at Cheverus

For up-to-date schedules and details of all GHS sports, visit [www.digitalsports.com](http://www.digitalsports.com)

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**TURNPIKE SPUR** FROM PAGE 1

Town Councilor Burleigh Loveitt are members of both committees. Together they have attended two advisory committee meetings and six steering committee meetings since February. Loveitt has had a long-standing involvement in transportation issues concerning Gorham, and was instrumental in the eventual construction of the bypass, as well as serving as the impetus for this latest initiative.

Cole said that these kinds of public projects, by their nature, proceed slowly, but overall, this one is "going well."

Following the completion of the study, its conclusions will be considered by the MTA and Maine's Department of Transportation in public forums. If the option of a Turnpike Spur is recommended and approved, a new study will be implemented to determine its possible routing and its impact on the environment.

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**Regional Recreational Trail Project** Tania Neuschafe, Presumpscott Regional Land Trust

Sebago to the Sea Trail (STST) will hold a public meeting to discuss the Gorham/Windham/Standish section of the envisioned trail on September 9, 5:30 p.m., at the Standish Town Hall, 175 Northeast Road (Route 35).

The STST vision is to connect existing trails to form a contiguous trail beginning at Sebago Lake, following the Presumpscot River, to end at Casco Bay connecting Standish, Windham, Gorham, Westbrook, Portland and Falmouth. Approximately 18 of the 27.5 miles of trail are already in place along the Mountain Division Rail Corridor and part of Portland Trails' 32-mile network. The Standish end of the trail is planned to be at the Portland Water District's Sebago Lake Land Reserve.

Depending on terrain, existing conditions and preferences, some of the trail will be rugged, while other segments are wider or paved. Some sections will require hiking in a mile or two from a parking lot, while others are more centrally located. Much will be accessible for off-road mountain bikes, and some of it will be accessible for commuters on bicycle and people of all abilities. The Sebago to the Sea Coalition is working hand in hand with trail groups and towns to utilize existing trails and fill in the gaps.

Once connected, the Trail will

enhance natural and recreational resources and will help link the city of Portland to the shores of Sebago Lake. The project will also help promote greater land conservation and public access; enhance watershed protection efforts along the Presumpscot River; connect a network of green spaces and trails in southern Maine; increase opportunities for healthy outdoor exercise; raise awareness of the cultural heritage of the area including the Cumberland and Oxford Canal, the Mountain Division Rail Line and the native Abenaki people; provide public awareness of existing trails and strengthen partnerships within the Presumpscot River Watershed to enhance future efforts benefiting the region.

First initiated as part of a visioning session of the Presumpscot River Watershed Coalition (PRWC), the project is now facilitated by the Presumpscot Regional Land Trust (PRLT) and managed by the STST Coalition. The project is a fully collaborative initiative, strengthened by its many partners and advisors. Members include a variety of towns and both private and governmental agencies.

Learn more at [www.sebagotothesea.org](http://www.sebagotothesea.org) or contact [prlandtrust@yahoo.com](mailto:prlandtrust@yahoo.com).

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**THE BEST OF TIMES**  
 The present may well be the best of times for first-time homebuyers. Not only are home prices as low as they have been in years, but mortgage rates are at historic lows. In addition, the government is offering first-time homebuyers a tax credit worth \$8000 or 10% of their home's value (whichever is less). First-time buyers, for the purpose of the tax credit, are those who have not owned a home in three years. According to the IRS, the credit does not have to be paid back if the home remains the buyer's primary residence for at least 36 months after the purchase date. The credit phases out for those whose adjusted gross income exceeds \$75,000 (\$150,000 for joint filers).  
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**FLU SEASON** FROM PAGE 1

Public Schools until more information is available from the State of Maine Immunization Program. Parents are encouraged to talk with their child's physician if they have a child with asthma, diabetes, weakened immune system, or have some other chronic health condition, for advice about immunization, what to do about isolation from others who are ill, or any specific questions about the H1N1 flu.

There will also be follow up with students who are sick; asking what symptoms they have when initially called in sick and ensuring they are well before returning to school. "The surveillance piece is going to be critical and we need parents to help us with this," explained Merrill. "Statistics will need to be monitored so we know what we are dealing with." Parents can help by reporting specific symptoms when they call in a sick child rather than just stating their child has the flu. Monitoring fevers and symptoms will help the school nurses track common

illness outbreaks.

Just like we plan for storm days in Maine, each household should plan for an influenza outbreak. "Who will take care of the child, how to keep this individual away from the rest of the family and how long can I take off work" are a few questions that should be pondered. The CDC recommends keeping at least a six-foot distance from anyone with influenza symptoms and that person should have only one care taker so the entire household doesn't become ill.

The bottom line is for us all to do our best to work together to minimize the impact of H1N1 within our family, schools, and community. While we can't be complacent, we also can't panic. So, keep yourself healthy and take preventative measures. Rest assured that Merrill and school administrators are keeping on top of the situation as best as possible; they ask parents to promote healthy behaviors and keep children at home when they are sick.

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# community



Mr. and Mrs. Stephen Morin of Gorham are pleased to announce the engagement of their daughter, **Darah Morin** (GHS '06) to **Jake Snider**, son of Jim and Cindy Snider of Decatur, Indiana. Morin is a Digital Media Animation Major at Huntington University and Snider is a Youth Ministry Major and currently interning at Willow Creek Community Church in Chicago. A May 2010 wedding is planned.

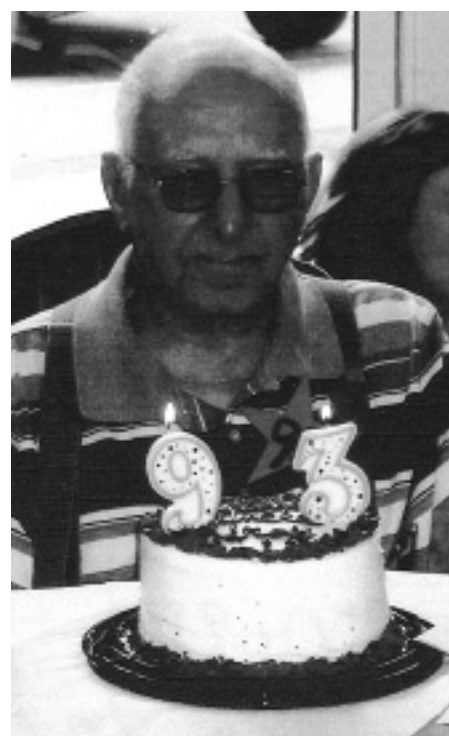


Photo credit: Jacky Meggison

**Leroy Knight** celebrated his 93rd birthday at the Gorham House on July 23, 2009. A small group of family brought picnic lunches and then cake and ice cream was served. Mary Jean Duntley, niece of Leroy, organized the event. Those attending were David Meggison, Richard and Mary Jean Duntley, Bill Meggison, Kim Meggison-Dyer, Sadie Dyer, Millie Grant, Jacky Meggison, Mike and Sheryle Towle and their three grand daughters—Jordan, Laney and Lucy Towle.

## birth announcements

**LAYLA MARIE BROWN**, born Aug. 18, 2009 to Cara McEnaney and Nicholas Brown of Daytona Beach, Fl. (formerly of Gorham), weighing in at 7 lbs 2 oz and 18.5 inches.

## of interest

**The State of Maine Keep Me Safe Program** will provide a car seat check-up fitting station at the Gorham Fire Station on Main Street in Gorham every 3rd Tuesday of the month from 2-6 pm. Free and no appointment necessary. FMI, 939-8175.

**The Zumba® Gold Fitness** program designed for the active older adult not used to exercising will be offered on each Wednesday morning in October at 10:15 am at the Gorham Recreation Department. Come enjoy the Latin styles of dance including the Merengue, Salsa, Cha-Cha, Rock & Roll (including Twist and Charleston), Belly Dance, Flamenco, and Tango. \$5 fee per class. FMI, [www.gorhamrec.com](http://www.gorhamrec.com) or [recreation@gorham.me.us](mailto:recreation@gorham.me.us)

**State Representative Jane Knapp** reminds Gorham residents who qualify for the Maine Residents Property Tax and Rent Refund "Circuit Breaker Program" to visit [www.maine.gov/REVENUE/forms/homepage.html](http://www.maine.gov/REVENUE/forms/homepage.html) or call 207-624-7894.

**The Gorham Garden Club and the Friends and Trustees of Baxter Memorial Library** will hold the Second Annual "Pies, Produce & Plants" Sale on Saturday, Sept. 19 from 9 -12 pm on the lawn of the Baxter Memorial Library. There will be tasty pies, jams and pickles, along with freshly picked vegetables from the garden, sturdy perennials from member's gardens, and an interesting variety of houseplants. FMI, Call Sherrie at 839-8398 or e-mail [sherrie.fontaine@yahoo.com](mailto:sherrie.fontaine@yahoo.com)

**Religious Education classes at Saint Anne's Catholic Church in Gorham** will resume Sunday School classes for elementary children beginning Sunday, Sept. 13 at 9 am followed by a pancake breakfast. Kindergarten and preschool meet during the 8 am Mass starting Sept.13. Call the Church if you have not received registration materials. Adult Bible Study of St. Paul will begin Wednesday evenings at 7 pm beginning on Sept.16 with Maggie Quint facilitating. FMI, 839-4857.

**Gorham Business & Civic Exchange** will host a Chili and Chowder Cook-Off on Thursday, Sept. 24 at 6 pm at the Old Robie School, Rt. 202 near the Rt. 237 Rotary. Sample the entries and vote for GBCE Top Chef! Free and open to the public. FMI: 892-5515 or [www.gorham-business.org](http://www.gorham-business.org).

**A September Supper featuring CHCKEN PIE**, vegetables, cranberry sauce, rolls



**Gorham Food Pantry** volunteers **Wendy Landry** and **John Labrecque** accept a basket of green beans and cucumbers, as well as generous amounts of produce, donated by the community garden. The garden was sponsored by the Rec. Department.

## Community Garden Donates to Food Pantry

Gail Platts, Gorham Rec Department

The Gorham Recreation Department offered a Community Gardening Project as a recreational activity this summer. Realizing that gardening offers relaxation, exercise and a connection to the outdoors, staff member and master food preserver, Gail Platts, has been working with University of Maine Cooperative Extension Program to offer classes on gardening and food preservation to the Gorham community. Gorham Recreation staff members Cindy Hazelton, Brian White, Julio Santiago, Alan Grady and Gail Platts, built six garden boxes and Shaw Brothers donated the loam to fill them. Money for the project was raised from gardening classes held at the Recreation Department and Luke Merrifield donated the funds he had left over after constructing benches

in Robie Park as his Eagle Project.

Gorham Recreation tends two gardens and has donated over four gallons of green beans and cucumbers to the Gorham Food Pantry. Some of the green beans and herbs from the garden were used in a pickling class offered at the Gorham Rec. Dept. The other garden boxes are being used by the USM Residential Directors and Advisors, Gorham Co-op Preschool, Girl Scout Troop 1184 and the Gorham Municipal Wellness Committee.

The Gorham Food Pantry, which is open to all residents, is located in the white building in the St. Anne's Church parking lot. Donations of fresh produce may be dropped off on Thursdays between 8:30 - 9 a.m.

and beverages along with homemade pies for dessert will be served in Fellowship Hall at the First Parish Congregational Church, 1 Church Street on Saturday, Sept. 12 at 5 pm. \$8 adults/\$5 under twelve. All are welcome!

**The West Union Church** will have a public supper on Saturday, Sept 5 from 5-6 pm. Ticket sales start at 4pm. Adults \$7, children under 12 \$3. FMI, 839-4208.

**Moody's Collision Center in Gorham** will hold an American Red Cross Blood Drive on Saturday, Sept. 12 from 8- 1 pm. FMI, 883-0404 or 1-800-GIVE-LIFE to make an appointment.

**Gorham/Westbrook TRIAD**, a community collaboration between area seniors, law enforcement and community agencies will meet the second Friday of each month from 9-10 am. Meetings will alternate between the municipal centers of Gorham and Westbrook. Next meeting is 9/11 at the Gorham Municipal Center. FMI call:

Officer Ted Hatch 839-5581 or Officer Christine LaBranche 854-2531.

**Mark your calendar for an ID Theft presentation provided by the Gorham/Westbrook TRIAD** for Gorham/Westbrook area seniors September 23, 10 am to noon, in the Fellowship Hall at First Parish Church, 1 Church Street (near Gorham Center).

## close to home

**The 8th Annual Good Old Fashioned Variety Show** will be held at the Windham Assembly of God on Saturday, Sept. 12 at 7 pm. Proceeds to benefit meal program. Free but donations accepted. FMI, 892-3763

**The Animal Refuge League** in Westbrook is always looking for donations of dry and wet pet food, old sheets, blankets, towels,



# Modern Woodmen Members Plant Trees

Jill Holley, *Modern Woodmen*



Photo courtesy of Modern Woodmen of America

Members of the local Modern Woodmen plant trees at Robie and Shaw parks.

On August 14, local Modern Woodmen of America members gave a lasting gift to the community. Members of the Gorham Camp gathered at Robie and Shaw parks to plant two ornamental pear trees.

The project was part of the nationwide "Plant a Tree" Program, introduced in 2004. "This program ties Modern Woodmen members to the roots of our organization," says Tim Graham, local Modern Woodmen Managing Partner and member of the Gorham Camp.

"The name Modern Woodmen honors the pioneer woodmen that cleared the forests to build homes and secure

futures for their families. Modern Woodmen offers financial services to help clear away members' financial burdens. Planting trees today is an important way to create a secure future for families, communities and the environment," Graham says.

Through the Plant a Tree Program and the help of its members, Modern Woodmen will plant thousands of trees across the U.S. this year. FMI contact Tim Graham, 207-883-3967. Founded in 1883 as a fraternal benefit society, Modern Woodmen offers financial services and fraternal member benefits to individuals and families through the U.S.

## Boys Scouts Sign-Up Meeting

Gorham Times Staff

Gorham's Pack 85 Cub Scouts will hold fall registration on Sept. 10 from 6:30 - 7:30 p.m. at the Old Robie School, formerly the PTA building in Little Falls. Parents and boys, grades 1-5 are invited to attend. Pack 85 serves the Little Falls, White Rock and North Gorham area.

The evening includes an informational meeting for the parents and a chance for the boys to meet other Cub scouts and see what scouting is all about. This is a great opportunity for the young boys to learn valuable lessons and skills, as well as venture on hikes, field trips, camping

and do crafts while making new friends.

The Pack holds monthly meeting to present awards, update parents, perform skits and play games or work on projects. The Dens meet once or twice a month. There different levels are: Tigers, Wolves, Bears, Webelos I and Webelos II and in grade five they cross over to Boy Scouts. There are many outings including the Pinewood Derby, as well as the summer programs such as Fun Pack weekend and Cub Scout Day Camp. For more info please contact Pack 85 Cub master Mr. James Lockman at 892-9342.

## OF INTEREST FROM PREVIOUS PAGE

bowls, toys and leashes.

With over 200 cats in house and 200 more in foster care, the ARL is also waiving the adoption fee if you can provide a good home for a cat. Lori Dorr, an ARL volunteer, is participating in the Paws in the Park walk on Sept. 20 at Deering Oaks in Portland and is seeking sponsors to help exceed her goal of \$360 which she raised last year. FMI, visit [www.arlcp.org](http://www.arlcp.org)

Violist Johanna Seale, formerly of Gorham, in recital with pianist Jesse Feinberg, Friday, September 11, 7 p.m., at the Allen Avenue Unitarian Universalist Church, 524 Allen Ave., Portland. Music of Brahms, Rebecca Clarke, and J.S. Bach. Donations will be accepted to help defray expenses.

# what's happening

## FRIDAY, SEPT. 4

- No School

## SATURDAY, SEPT. 5

- Presumpscot Regional Land Trust walk at Little River at 10 a.m. Park on 202 just past the Little River Road beside the trail head.

## MONDAY, SEPT. 7

- Labor Day—Library and Town Offices closed.
- No School

## TUESDAY, SEPT. 8

- Pre-School Story Time for ages 3-5 yrs., 9:30 am. BML. FMI, 839-5031.

## WEDNESDAY, SEPT. 9

- School Committee Meeting, 7 pm. Gorham Municipal Center

## THURSDAY SEPT. 10

- Baby and Me, Songs & lap time for ages 0-18 mos. 9:30 am. BML. FMI, 839-5031.
- Toddler Time, Stories & activities for ages 18-36 mos. 10 am. BML. FMI, 839-5031.
- Cub Scout Pack 85 sign up and info meeting, 6:30 p.m. at Old Robie School.

## FRIDAY, SEPT. 11

- Gorham Westbrook TRIAD meeting, 9:00 a.m. Gorham Municipal Center conference room A.

The Gorham Ecumenical Food Pantry is open every Thurs. at St. Anne's Church from 9-11 a.m. and the second Wednesday of each month from 5:30-7 p.m. Open to anyone in need of food from Gorham. Located in the building behind St. Anne's Church.

## SATURDAY, SEPT. 12

- Singles Golf Outing, Gorham Country Club, contact Jeff Pike at [jpke39@gmail.com](mailto:jpke39@gmail.com)

## MONDAY, SEPT. 14

- Planning Board Meeting at 7:00 p.m. Council Chambers

## TUESDAY, SEPT. 15

- Pre-School Story Time for ages 3-5 yrs., 9:30 am. BML. FMI, 839-5031.

## THURSDAY, SEPT. 17

- Baby and Me, Songs & lap time for ages 0-18 mos. 9:30 am. BML. FMI, 839-5031.
- Toddler Time, Stories & activities for ages 18-36 mos. 10 am. BML. FMI, 839-5031.

## A New Way for Singles to Meet in Gorham

Gorham Times Staff

As someone who has tried online dating and gone on several first-time dates, Jeff Pike realizes the pressure men and women face getting to know each other via e-mail, phone and during dates—if things get that far. "Whenever a single person uses a dating service, he or she feels they must keep making decisions at every step," Pike said. "And even when you meet someone outside of a service, there's always pressure during that first date."

Pike adds that at each step, many singles feel they need to make a decision on whether to continue. "We worry about ending things too soon, but we also worry about wasting our time or the other person's time."

To solve this challenge, he thought of a way to bring singles together in a non-pressure/non-date environment. It involves events such as golf, bowling, hiking and tennis where singles participate and meet afterwards for social mixing. Each person enjoys an activity they

regularly participate in while participating with other single men and women.

"It's an opportunity to meet people without the pressure of a date," Pike said. "It's also a great way to make new friends of both genders since you share a common interest."

Pike will test his idea with a 9-hole golf outing for singles of all ages at Gorham Country Club September 12. Two men and two women within similar age ranges will be grouped together and play in scramble format where players hit from the best previous shot. "A scramble means no one needs to worry about how good they are," Pike said. "Everyone can just relax and have fun. We'll also have a social mixer afterwards."

Any single men or women interested in participating in the golf outing on September 12 can contact Jeff Pike at [jpke39@gmail.com](mailto:jpke39@gmail.com).



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# the blotter

## Wild Cockatiel and Dog Theft

**Caller reported** that there was a live bird in the road that was walking alright but wouldn't fly. **Buck Street caller reported** that there was a white cockatiel sitting on their car. They were just making dispatch aware of it in case someone reported it missing. **A second Buck Street caller** also reported they had a cockatiel perched on their roof and didn't know what to do with it.

**Straw Road caller reported** that their two dogs were stolen from their home sometime during the day.

**Gray Road caller stated** that a dog had been trapped in the dog trap set up on Gray Road, but it was not the dog that they were trying to trap. Dog was still in the trap.

**Maple Drive caller reported** that someone kept coming to the door and knocking, but when they answered the door, no one was there.

**Caller was concerned** about a male staggering down the street as man had already fallen twice.

**Ash Drive caller requested** to speak with an officer regarding nude pictures a teenage female was sending of herself to boys via email.

**Jennifer Way caller reported** that someone spray painted their carport and slashed their trailer tires.

**Maple Drive caller reported** that someone had broken into their car and trashed it.

**Starlit Way caller wanted** to talk to an officer about an individual who was following them.

**Crockett Road caller reported** that they thought they heard two men talking in back of their house the previous night.

**Caller reported** that their grandchildren called them and reported that a male was going door to door on Veranda Drive rattling doors to see if they were locked.

**North Gorham Road caller** reported the theft of a vehicle. The vehicle had not been stolen, but was located at repair shop as it was having work done on it.

**Old Orchard Road caller** stated that there was a strange vehicle on the dead end road. They didn't know what kind of vehicle it was or how many people there were, but felt that they shouldn't have

been down there.

**New Portland Road caller** reported their job trailer had been broken into overnight and several items had been taken.

**Gray Road caller reported** their 13 year-old child was out of control and had thrown a knife at a sibling's back.

**Sunset Lane caller reported** seeing a juvenile walking with a rifle. Caller said it appeared juvenile was trying to hide it from passing traffic.

**School Street caller reported** an intoxicated male jumping in traffic and yelling. The driver of a nearby vehicle appeared sober and was trying to get male back into vehicle.

**Buck Street caller reported** a loud party where it sounded as if a dog fight was in progress with partygoers egging the dogs on.

**School Street caller reported** there was a vehicle parked by the telephone pole near the entrance to their apartment and they believed that someone may have been watching them.

**Robie Street caller advised** there was an unexploded acid bomb in a milk carton on the baseball field at Robie School.



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