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Standoff Ends Peacefully

Sheri Faber

On December 28, 2009 police responded to Robert Doherty's home on Maple Drive in Gorham, after his mother, with whom he lives, had come to the police station saying Doherty was threatening to harm himself. She brought one loaded weapon with her but told officers Doherty had other weapons in the house. Sgt. Mike Nault talked with Doherty for about 45 minutes to no avail. A call was made to Cumberland County Sheriff's Office and their Emergency Services Unit responded and worked with Nault to get Doherty to come out of his house.

A similar situation occurred in 2006 when police responded to the home of Doherty as he was threatening to harm himself. Doherty had no known firearms at that time but did have knives. After talking at length with officers, Doherty briefly turned away and an officer was able to subdue him with a Taser. He was taken to Maine Medical Center for evaluation.

According to Police Chief Ronald Shepard, it is important to keep the lines of communication open as this will often stop a situation from escalating. After about three hours, Doherty came out and was taken into custody. He agreed to go to Maine Medical Center for an evaluation. Police recovered two weapons in the house.

Chief Shepard noted that the holidays are a time of year when police receive more calls about people planning to injure themselves with drugs and/or weapons and more calls about domestic issues. This year the economy may also be an aggravating factor.



Photos Martha T. Harris

New Year Gorham 2009—A New Direction for 2010

STORY ON PAGE 14

Gorham residents welcomed in the New Year with music, dancing, story telling, puppets, yoyos, a wallaby, and more.

Lefebvre Named Fire Chief of the Year

Sheri Faber

Gorham Fire Chief Bob Lefebvre was recently honored as Fire Chief of the Year by the Cumberland County Fire Chiefs Association. Lefebvre joined the Gorham Fire Department as a part-time Chief 26 years ago. He began his fire service career with the Westbrook Rescue Call Company in 1968.

In a letter to Chief Lefebvre recognizing this award, Town Manager David Cole noted that Lefebvre has "served Gorham with distinction for many years and has initiated many

innovative programs including the Student Live-In Program which is now widely copied around the State." Cole also cited Lefebvre's efforts to work cooperatively with Fire Departments in neighboring communities ... to provide better service, to save tax payers money through joint bidding/purchasing of fire apparatus, joint grant applications, joint hiring of a mechanic with Windham and joint sharing of fire stations with the Towns of Windham, Standish and Scarborough.

Lefebvre was pleased to have been

given this award by his peers, saying "for me, it is probably one of the greatest awards any Chief can get as it comes from my peers". He noted that "a leader is only as good as the people who work for him. I am truly fortunate to have dedicated people working for me in the Gorham Fire Department, adding that he has been a success "because of the people who work for me and the support of my wife and family."

Holiday Homecoming Surprise

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Photos Martha T. Harris

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ENERGY MATTERS
Asparagus in January

Bruce Webb

It seems normal to others but I continue to marvel at all the fresh fruit and produce available during the winter months. It was not always this way. When I was growing up in the 50's, we ate a lot of canned fruit and frozen vegetables in the winter months. My favorite was fruit cocktail swimming in sweet syrup with bright red cherries and a variety of other tasty fruits. Canned peas were awful, I couldn't bring myself to eat them, but I loved the frozen variety.

Winter food is different now. We see fresh asparagus from Peru, glossy and colorful New Zealand apples in eight varieties, huge strawberries from Mexico, or multihued fresh peppers from the Netherlands. We marvel at the color, freshness, and the variety of produce from all over the world.

What is not apparent is the great costs associated with these luxuries - costs that are largely hidden from view. Perhaps we are so dazzled by the selections that greet us in the produce section that we choose to ignore the high cost of energy required to grow, preserve and transport these products to our home towns.

The asparagus from Peru are probably raised in conditions that require the use of large amounts of oil-based fertilizers and pesticides. The costs of

flying the vegetable on a large airplane are enormous and add considerably to the price. Then there is the cost of transporting the vegetables from the distribution site, the cost of climate controls to keep them from spoiling en route, and finally the energy to keep them moist, cool, attractive and fresh once they are in the store.

These high energy costs are certainly one factor in the burgeoning local food movement which encourages us to eat locally so that we don't have to pay such high costs and suffer the environmental consequences of raising and shipping foods such long distances.

Fortunately, Maine is on the forefront of the local food movement and many local farms are raising tasty food products for us. One grower in central Maine has a series of greenhouses that produce tomatoes at reasonable prices, tasting far better than the typical cellophane plastic tomatoes that are common in Maine in the winter.

We can all do more to conserve energy by eating local foods or, at the least, buying foods that don't incur large energy costs. We can learn to get along without Peruvian asparagus in January, and we can buy local Maine potatoes and apples. We can shop at farmer's markets, grow some of our own food, buy at cooperatives, and eat

quick clicks

Around Town

Good Carma Werkshop, a foreign auto service shop, is now open at 346 South Street, 222-2490. Hours are M-F 8 a.m.-6 p.m. FMI www.gdcarma.com. See ad on page 13.

Neu Du, a full service hair salon located at the corner of Routes 25 and 114 is now open. Hours are Monday 9-4, Tuesday-Thursday 9-7, Friday 9-5 and Saturday 9-4. Call 222- 2808 for an appointment.

WINTER BOXSCORE

7 storm events
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local foods in season.

As responsible consumers, we should ask supermarkets to display the origin of their products, buy locally when possible, switch to more sustainable food, eat less processed food, support CSAs, and cut back on meat. We can grow a gardens, can our own food, buy frozen food, and preserve foods when in season. We will eat a healthier diet, support sustainable agricultural practices in Maine, and the food will taste better. We will also help contribute to energy independence and conservation.



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Speech and Language Development

Guidelines for parents and caregivers

Ellen H. DeCotiis, M.S. CCC-Sp., *Guest Writer*

As parents, we concern ourselves closely with the overall development of our children. Developmental milestones are kept in mind as we watch our children grow from infancy onwards, and our close bonds with them allow us to be the first ones, frequently, to notice problems and pose questions to caregivers. Questions may range from very general ones to very specific ones: Is my child speaking as well as a 2 year old should? Does my child become very frustrated because I don't understand what is being said to me? Does my child have trouble moving food in his/her mouth and becoming a very picky eater? Does my child play the TV very loud and does he hear me calling him?

Research into speech-language development has shown professionals that children start learning about hearing and language while in utero. From infancy through school years children develop vocabulary and sentence construction skills, as well as comprehension skills and academic skills such as reading and writing. As your child passes through these stages there are specific skills you would want to watch for. Consider some:

- At one month old, are your baby's activities stopped by loud sounds? Does he/she make pleasure sounds? At three months, does your baby look in the direction of the speaker when they've only heard you? Does your baby smile at you?
- At six months, does your baby respond to "no"? Is your baby cooing?
- At 12 months, does your youngster use gestures to respond to your verbal requests? Are more and more words being produced?

- At 18 months, can your child point to pictures in a book when they are named? Are two-word combinations being produced?
- At 24 months, can your child follow 2 step directions such as "Get the ball and put it on the table?" Does your child use 2-3 word "sentences" to talk about and ask for things?
- At 36 months, does your child answer "who", "what", "where" and "why" questions? Does your child say almost all sounds correctly so that people outside your home understand her?
- At 48 months, does your child pay attention to a story and answer simple questions about it? Does he use sentences that give many details? (e.g. "I have two red balls at home.")

If you have questions about your child's speech and language development, the earlier you seek assistance the better it is. A speech-language evaluation can help answer questions and determine whether a problem is developmental in nature and may "work itself out" or, whether therapy services are warranted. The American Speech-Language Hearing Association recently revealed studies which showed that late-talking toddlers did not "grow out" of their language delay by 3 years of age. A 'wait and see' attitude may not be the best for your child and early action may prevent the need for special services later.

Ellen H. Decotiis is a speech-language pathologist in private practice in Gorham, Maine. She can be reached at (207) 839-4007.



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CHIEF SHEPARD REPORTS Grand Jury Indictments

The December Grand Jury returned the following indictments:

- Brandon Davis, 19, of Gorham was indicted for arson, failure to control or report a fire on charges brought by the Fire Marshall's Office.

- Samantha Files, 27, of Gorham was indicted for trafficking in prison contraband and possession of schedule Z drugs on charges brought by the Cumberland County Sheriff's Office.
- Rosemary Geisinger, 38, of Gorham was indicted for theft (priors) by the Falmouth PD.

Alfred Man Killed in Accident on Bypass

Sheri Faber

William Will, 75, of Alfred was killed on December 17. Will was driving north on the Bernard P. Rines Bypass in his 1999 Chevy Blazer when his vehicle drifted into the south bound lane. Two vehicles driving south swerved to avoid Will but Brenda Moss, 45, of Jackson

NH, was unable to avoid a collision with Will. Will struck Moss head on in the southbound lane and he was pronounced dead at the scene. Moss and a passenger in her vehicle were transported to MMC with non-life threatening injuries.

A Walk through Gorham's History

New interpretive signs for historic Oriental Powder Mills

Tania Neuschafer, PRLT Manager

The Presumpscot Regional Land Trust (PRLT) recently unveiled new interpretive signs about the Oriental Powder Mills located on the banks of the Presumpscot River at the Gambo Dam. The property includes granite foundations from the long gone Oriental Powder Mills (also called Gambo Powder Mills and Gorham-Windham Powder Mills) developed in 1824 and sections of the original Cumberland & Oxford Canal Towpath.

Formerly owned by the Shaw Brothers, the parcel was gifted to the PRLT in 1995, and includes five acres that are open to the public. The PRLT has restored numerous sections of the property, including renovations to some of the powder mill foundations and a section of the towpath, and developed a walking path at the site of the Mills and the Canal. The 3/4 mile long walking loop path starts on what used to be part of the wooden boardwalk connecting the gun powder mills, then it connects with the towpath for the Cumberland & Oxford Canal. Interpretive signs and original stone structures of the Oriental Powder Mills provide a real walk through history.

"The first gunpowder mill in Maine was built here, in Gorham at Gambo Falls in 1823-24. It was the largest "powder" mill in Maine and for many years the fourth or fifth largest in the United States. Approximately 25% of all gunpowder used by the Union Forces in the Civil War came from this mill. The Gambo Mill was in operation longer than any other mill in Maine until it closed in 1905. The Presumpscot Regional Land Trust is to be commended for preserving this historic site which serves as a memorial to the men who labored here and to those who died in the explosions," states Maurice M. Whitten, PhD, author of *The Gunpowder Mills of Maine* and local historian.

Oriental Powder Mills manufactured a product that had a far reaching and important impact on the course of events in the mid 19th century. The black gunpowder produced at this site was frequently shipped to major European markets and was used, most notably, by the Russians during the Crimean War, which lasted from 1854 until 1856 and the Russo-Turkish War, 1877-1878. When the American Civil War broke out in 1861, the Oriental Powder Mills played a significant role in the production of gunpowder for the Union forces. By 1864, it was one of the largest producers of gunpowder, with a daily capacity of 6500 lbs.

The PRLT Gambo Property is located over the walking bridge at the end of Gambo Road (coming from Windham), and can also be accessed from Shaw Park via the Presumpscot River Trail. Interpretive signs for the Gambo Property were funded in part by the Casco Bay Estuary Partnership (CBEP) through the Presumpscot River Watershed Coalition (PRWC) and through grant funding from the Margaret E. Burnham Charitable Trust.

The mission of the PRLT is to conserve and protect natural lands and historic landscapes for posterity in the Presumpscot River watershed and western shore area of Sebago Lake, using easements or ownership, and stewardship, to preserve wild habitat, agricultural lands, undeveloped places, public access, and recreation. PRLT's growing legacy currently includes 16 properties in Gorham, Standish, Gray, Sebago, and Windham—more than 530 acres forever protected.

FMI, prlandtrust@yahoo.com or Richard Curtis at (207) 892-8605 or visit www.prlt.org. For further details about the history of the Oriental Powder Mills, refer to the book *The Gunpowder Mills of Maine*, by Maurice Whitten.

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LETTUCE BE HEALTHY

A New Year and Decade

Barbara T. Schneider

It's hard to believe it's 2010. Not just a new year, but a new decade has begun, full of daily challenges as we look for ways to be more efficient and economical. This is especially true when trying to prepare nutritious family meals and at the same time save a buck or two. The one dependable, surefire selection in winter is a good hearty soup—and we can all be creative when it comes to a yummy soup.

These unusual recipes are cost conscious, colorful and nutritious and offer distinctive taste. They are chock full of protein and vitamins. Both soups can be used as a base for whatever leftovers you may have in the fridge, whether it be meat (sausage, chicken, beef) or vegetables....and that means any veggie!

The Lebanon Triangles appetizer is a family favorite from my Mom (and her Mom before that), who always prepared this for our holiday spread. These bite-size treats are full of flavor and are easy to make and transport.

My best to all this New Year. Here's to a year filled with good health, plenty of joy, love and oodles of laughter. Enjoy!

Broccoli & Cauliflower Soup

1 pound broccoli chopped fine
1 pound cauliflower chopped fine
7 cups chicken or vegetable broth
3 tablespoons finely chopped onion
1 cup fennel, chopped (can include fronds)
1 teaspoon lemon juice
Salt & pepper to taste
Shaved Parmesan for serving

Bring broth to boil, add vegetables, including onion and simmer for 30 minutes; let cool. With hand blender (or food processor), puree mixture to desired 'chunkiness'. Salt & pepper to taste, add any other veggies you may have on hand for added texture if you like. Bring mixture back to almost boiling; serve in soup bowls with shaved Parmesan on top, add garlic toast or bread.

Lebanon Triangles

1/2 pound Lebanon bologna, sliced moderately thick
8 oz. cream cheese
1 tablespoon prepared horseradish
Dash of Tabasco sauce & smoked paprika

Soften cream cheese. Add horseradish, smoked paprika and Tabasco sauce, blend well. Lay out one piece of bologna, spread cream cheese mixture on top (make it thick or thin- it is up to you!), and layer another piece of Lebanon bologna, repeat again. Make another 'Lebanon' pie, wrap separately with wax paper, stack and refrigerate. Before serving, unwrap and cut into triangles with a sharp knife. Simple preparation yet tasty.

White Bean & Greens Soup

3 cans white beans, drained
5 cups vegetable or chicken broth
1 cup chopped carrots
1 cup chopped celery & fennel
1/2 cup chopped onion
3 or 4 cloves garlic, chopped
1 or 2 bags/boxes (depending in your taste) frozen kale or collard greens or large bunch of fresh, rough chopped
1/2 cup fresh basil finely cut
1/2 teaspoon red pepper flakes
Couple teaspoons olive oil
1/2 pound lean smoked ham or turkey bacon
Salt & pepper to taste

Heat 1 teaspoon oil in large Dutch oven; sweat onion, celery, carrots and ham/bacon over medium heat. Add broth and white wine along with beans; cook for 30 minutes. In another pan, heat rest of olive oil, add garlic, red pepper flakes and basil until basil wilts. Salt & pepper broth mixture to taste, simmer for a few more minutes; serve with basil mixture sprinkled on top (you can also puree soup mixture if a smooth texture is desired). Serve. Yummy!

Questions about the recipes can be e-mailed to Barbara Schneider at bts@maine.rr.com.

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SMCC Offers Classes in Gorham

MaryJo O'Connor, *SMCC Outreach*

SMCC, in cooperation with the Gorham Community and Adult Education programs, is pleased to offer Gorham residents a convenient way to pursue their college education. Whether you want to try out a college class or complete your Associate Degree, SMCC hopes to make it easier for you. Save travel time, gas money, or just eliminate the stress and the rush. With evening classes in as many as ten communities, SMCC is never far away.

Classes scheduled for Gorham for the spring semester, beginning January 11 are:

- Introduction to Business
- Introduction to Teaching
- Introduction to Human Services
- Financial Accounting

All classes will be held at Gorham High School. Contact the numbers below for more information or to register for classes:

- Enrollment Services at the main campus in South Portland, 741-5800
- Gorham Adult Education, 222- 1095
- Bath campus, 386-0013—oversees all SMCC satellite locations

The Spirit of Giving

Lauré McKeen, *First Grade Teacher*

Narragansett School first grade students certainly have the Spirit of Giving! In November, they learned about communities and read about helping animals. As they talked about the upcoming holidays, they thought it would be appropriate to combine these concepts and help some animals in their own community.

The first grade team learned that horses living at the Maine State Society for the Protection of Animals (MSSPA) in Windham were in need of funds to purchase bales of hay. MSSPA is an agency that is not funded by the State of Maine but depends on donations from private organizations and individuals. Local news channels had recently shown a segment about the MSSPA as they were struggling to provide hay to the many horses that had been adopted due to harsh economic conditions. The wet weather conditions of the past summer severely damaged the amount of hay that was available for harvest resulting in higher prices and a short supply of high quality hay.

Seven first grade classrooms worked together to collect returnable bottles and donate the money to the "Buy A Bale" campaign. Each bale of hay costs \$5.00 and all money donated to "Buy A Bale" goes directly into the feed program of the Society. The students set a goal to buy 100 bales of hay. Parents, students, and teachers all worked



Narragansett first graders present a check to Meris Bickford of MSSPA. Front row (l to r) Morgan Roast and Grace Bradshaw. Back row (l to r) Tori Frager, Griffin Banks, Shawn Stevens, Amalia Ionta, Nevin Libby and Michael Darasz.

together to collect, sort, and return bottles and cans November 9 through December 16.

On December 18 a representative from the MSSPA came to Narragansett School to speak with students about

the horses and collect a check to purchase 114 bales of hay. The students not only met their goal but exceeded it! They worked hard and are very proud of their efforts.

GMS Wins Award at Robotics Championship

Diane Knott, *Robotics Coach*

Gorham Middle School sent a team to compete in the 10th Annual Maine FIRST LEGO League Championship (FLL) on December 12 in Augusta. The team, known as Lego Jedi, included Joseph Martin, Gareth Packard, Elliott Twilley, Coleman Dowdle and Colin Gotschlich. This event was hosted by Maine Robotics and included 360 team members, aged 9 to 14, competing on 50 teams from all over Maine.

Winning the first place technical award for Quality Robot Design, Gorham's team built and programmed their LEGO Robot to compete on a playing field, navigate around a course, and complete various missions. This award is presented to the team whose understanding and application of sound mechanical principles produced the

most extraordinary robot.

FLL is a non-profit organization with a mission to inspire interest in science and engineering among today's youth. The 2009 competition theme, called Smart Moves, required students to learn about transportation issues in their communities and around the world. Gorham's team explored the issue of pollution caused by current car engine exhaust. Their solution included the creation and use of engine models that offer cleaner, safer, and more efficient power for vehicles. This FLL team would like to express their thanks to Village Hearing Care for its generous donation and to community members for their support.



Lego Jedi team members (l to r) Colin Gotschlich, Coleman Dowdle, Gareth Packard, Joseph Martin and Elliott Twilley recently won the first place Quality Robot Design Award.

Gorham Educational Foundation Announces Grant Recipients

Janet Williams, GEF Secretary

Gorham Educational Foundation (GEF) recently awarded two grants totaling \$2,320 to benefit music and science programs in the Gorham schools.

- Chuck Peters and Aaron Landry at Gorham High School received \$1,120 to purchase equipment to complete and implement a microscopic digital photography project that will allow students to make detailed observations of and digitally document microorganisms in student-constructed Living Machines.
- Ray Mathieu and Matt Murray at Gorham High School received \$1,200 to bring composer Samuel Hazo to GHS as Composer in Residence for Instrumental and Vocal Music, who will work with students in performance technique and composition, and to rehearse an original piece that was performed for the public on December 20.

"The day with Sam Hazo was intense and exciting, rehearsals leading up to the concert were done with great anticipation, and the performance was superb. The entire process was certainly one that our students will always remember as part of the outstanding and balanced education they received at GHS," said GHS teacher Ray Mathieu, the co-recipient of a \$1,200 grant.

In its three years of existence, GEF has awarded 20 grants totaling nearly \$18,000 to programs in the Gorham schools, supporting the arts, literacy, technology, science and civic learning in grades K-12. GEF is a growing organization and is actively recruiting volunteers to help achieve its mission. If you are interested in joining the board of directors, serving on a committee or volunteering for GEF, please visit www.gorhamgef.org or send an email to gorhamgef@maine.rr.com, or call Janet Williams at 207-233-1919.



GEF President Kristin Wentworth is shown with visiting composer Samuel Hazo and GHS grant recipients Matt Murray (far left) and Ray Mathieu (far right).

Holiday Homecoming Surprise

Gorham Times Staff



Photo Credit Martha T. Harris

Payton Thorpe received the best Christmas present imaginable when she was surprised by her brother, Army PVT Tyler Thorpe, who was able to come home for the holidays. Thorpe unexpectedly interrupted his sister Payton during Art class at Village School. She had no idea he would be home for Christmas. Once Payton caught a glimpse of her brother, she dropped everything and went running, moving so fast that her image was blurred in a few photos.

Thorpe is the son of Patricia and Ken Thorpe of Gorham and has been stationed at Fort Leonard Wood, Missouri for basic training. Before joining the Army, Thorpe served as a volunteer firefighter in Gorham. He will be going to Afghanistan after completing basic training.

Cyberbullying: What It Is and What to Do About It

Sarah Prescott, GHS Tech Integrator

Nasty messages sent via text messages, embarrassing photos posted on Facebook, rude comments shared via instant messaging. These are examples of cyberbullying - a new form of harassment which takes place using technology. Cyberbullying differs from traditional bullying in that the bully can be anonymous and that hurtful information posted on the Internet can be extremely difficult to remove.

What can be done about Cyberbullying?

Be Aware. As a part of normal development, middle and high school students try to manage their social issues more and more on their own as they get older. In addition, most cyberbullying happens when adults aren't around, so parents and teachers often see only the depression or anxiety that results from being hurt or bullied. Let your kids know you know. Take a few minutes to visit the web resources listed below and learn about online harassment. Ask your children if they've seen it, done it, or know someone who has. When listening, do not judge the severity of the incident, the most minor experiences are still harassment.

Responding to Cyberbullying

If your child shares a situation such as, "Jon was calling me all sorts of names online on his Facebook page, so I told everyone bad stuff about him on mine," help your child realize that responding inappropriately can elevate the problem, as well as make it difficult to hold the person perpetrating the bullying accountable. Appropriate steps include talking with parents, school counselors, and admin-

istrators. Gather as much information as you can about the online incident. Take a screen shot, download or print the chat log. Anything you can collect about the incident may help to address the issue.

Kids Will Resist

Children define themselves by that perfect username or email address, so if your child's attitude is "I know I should block them, ban them, or change my email address, but I don't want to," when dealing with unwanted messages, help them understand that they must take action to solve the problem. It will help to restore their self-esteem.

Cyberbullying Resources

For more information and advice please visit the following resources:

Gorham High School's Technology Wiki

<http://ghstechhelp.wikispaces.com> (click on Parent Info)

Common Sense Media

A national non-profit organization dedicated to improving the impact of media on kids and families. www.common SenseMedia.org (Parent Advice)

Act Against Bullying

www.actagainstbullying.org

NetSmartz

www.netSmartz.org



Photo Martha T. Harris

Burt Kenty Remembered Joey Gallant, grandson of Burt Kenty, holds the brass plaque that was placed in the bell tower of the Cressey Road United Methodist Church to honor his grandfather's efforts in the successful construction of the new church. The plaque was installed high up in the bell tower in an almost inaccessible spot because of the inspiration of church member Dennis Morton, who once came upon the names of long-gone workers written on the walls of the steeple in the old church on School Street.

sports

Early Season Basketball Action at GHS The Gorham girls' varsity basketball team gave a chilly reception to the visiting Portland Bulldogs before the holiday break. Junior Mia Rapolla (5) was much-too-much for the Bulldogs to handle, making 12 of her 14 foul shot opportunities on her way to a game-high 31 points. Senior Kristi Brown (10) added eight for the Rams, with junior Natalie Egbert (20) and sophomore Sarah Perkins (13) each scoring six points in the 57-46 win.



Photos Rich Obrey

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Early Season Basketball Action at GHS Despite a strong first half, the Gorham boys' varsity basketball team lost to South Portland, 61-38, just before the holiday break. Shown in action are junior Zach Speirs (32), who led the Rams with 12 points. Also pictured are senior Mason Roy (20), who scored 11 points, and senior Alex Graves (23), who scored seven points.



GHS Weekend Varsity Sports Line-Up

Friday, January 8

5:00 p.m. Boys' Skiing vs. Cheverus @ Shawnee Peak
 5:00 p.m. Girls' Skiing vs. Cheverus @ Shawnee Peak

Saturday, January 9

1:45 p.m. Boys' Indoor Track vs. Cheverus @ Portland Expo
 3:05 p.m. Girls' Indoor Track vs. Catherine McAuley @ Portland Expo
 6:30 p.m. Girls' Basketball vs. Windham @ GHS Gym
 8:00 p.m. Boys' Basketball vs. Windham @ GHS Gym
 8:00 p.m. Girls' Hockey vs. Scarborough @ USM Arena

All games subject to change. For up-to-date schedules and details of all GHS sports, visit www.digitalsports.com

Photos Rich Obrey

CORRECTION

The November 27 issue of the *Gorham Times* mistakenly reported that the 2009 GHS boys' cross country team was the first team from Gorham to participate in the New England Championships. We have since found out that Gorham also competed in the New England cross country meet in 1969, 1970 and 1971. We are continuing to investigate whether other GHS boys' cross country teams might also have participated in the New England Championships.

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in the Zone

Three GHS athletes were selected to the Maine Sunday Telegram All-State team for the fall sports season. Pictured below (l to r): senior **Kristi Zarrilli** earned a spot on the girls' soccer team for the third straight year while fellow seniors **Colin Lubelczyk** and **Cody Stover** were selected to the boys' soccer and football squads respectively. Lubelczyk led his team to a 13-1 record and second-place regular-season ranking in Western Maine Class A with eight goals and four assists. Stover received the Gerry Raymond Award as the best lineman in the Southwestern Maine Activities Association.



Photo Rich Obrey



Photo Rich Obrey

Heading into the winter vacation break, the boys' hockey team had posted a 4-2 record in regular-season games led by senior **Sean Grandmaison**, who had eight goals and five assists. He scored the overtime game-winning goal in a 4-3 win over Portland December 10.

Senior **Alex Graves** led the GHS boys' basketball team in both of its December regular-season wins. In a 48-28 victory over Kennebunk December 21, Graves hit five three-point shots and scored 24 points. He also led the team in a 64-59 win over Marshwood December 8 by scoring 29 points. Junior **Zack Speirs** was second in rebounding for Western Maine Class A through December 24 with a 9.8 average. He also scored 20 points in a December 10 loss to Thornton Academy. Gorham took the undefeated Trojans into overtime before losing 80-73.

Junior **Mia Rapolla** scored a combined 57 points with five three-point shots in back-to-back wins for the GHS girls' basketball team, notching 31 points in a 57-46 win over Portland December 18 and 26 points in a 59-30 win over Kennebunk December 22. Rapolla has been hot overall in the scoring department thus far in the season—she also scored 22 points in a December 8 loss to Marshwood. Senior **Kristi Brown** scored the winning basket with six seconds

remaining December 12 in 38-37 victory over South Portland, one of the stronger teams in Western Maine Class A. Heading into the regular season holiday vacation break, the Rams had won three of their last four games while improving to 3-4 on the season.

Three Gorham athletes won their events in the December 26 New Year's Relays track-and-field event at USM. In the boys' competition, senior **Mark Walrath** won the pole vault at 10' 6" while senior **Jake Willis** won the 55 meter sprint with a time of 6.74. In the girls' competition, junior **Jenny Thuotte** won the race walk with a time of 8:07.62, which was more than a minute better than the next closest competitor.

The Maine Track and Cross Country Coaches Association selected junior **Mia Rapolla** to its All-State girls' team for the fall season while senior **Rachel Wilkinson** received honorable mention. On the boys' side, juniors **Jeremy Earl** and **Logan Marshall** received honorable mention.

Western Maine Soccer All-Stars: The Maine Soccer Coaches named GHS seniors **Lindsay Wilson** and **Kristi Zarrilli** to the girls' Western Maine State Team and senior **Colin Lubelczyk** to the boys' Western Maine State Team.

GHS Winter Sports Preview—Part II

Jeff Pike

The GHS boys' and girls' indoor track teams as well as the boys' and girls' ski teams and the cheerleading squad are now beginning to swing into action for the winter season. Previews for the track teams as well as cheerleading appear below. Look for the ski team previews in the next issue of the *Gorham Times*. Previews for the basketball and hockey teams, which began action in November and December, appeared in the previous issue.

Girls Indoor Track

Head Coach: John Caterina, entering his 10th year as head coach.

Last year's results: Finished the regular season with a 7-5 record followed by a fourth-place finish in the Western Maine Class A meet and an 11th-place finish in the Class A State Meet.

Key Returning Athletes: Seniors Solange Carpenter (middle distance), Kelsey Rex (distance), Emily Southard (sprints and jumps) and Rachel Wilkinson (distance); Juniors Jenny Thuotte (distance) and Sarah Henderson (sprints); Sophomores Katie Flanders (distance) and Deirann Stillson (sprints).

Key New Athletes: Senior Marissa Owens (throws); Juniors Sabrina Rowell (pole vault), Clara Stickney (pole vault), Nicole Speed (throws), Brittany Saunders (throws) and Alex Kutchmarick (throws); Sophomore Rebekkah Wise (sprints and jumps); Freshmen Celeste Carpenter (throws), Lindsay Chapman (sprints and jumps), Abby Hodgkins (sprints), Quincy Shaw (sprints and jumps) and Amber Hollivan (hurdles and sprints).

Captains: Kelsey Rex, Emily Southard and Rachel Wilkinson

Coach Comments: "The team's strength lies in the distance races with Wilkinson and Rex returning as state-meet scorers," said head coach John Caterina. "The junior division also looks greatly improved with a talented group of freshman. An anticipated strength for the state meet should be the pole vault—with Southard, Rowell and Stickney capable of qualifying and hopefully scoring. As the season goes on, we will look to improve in the sprints and hurdles. We will once again be competitive in the conference but lack of numbers will make it difficult to compete with perennial powers—Scarborough, Thornton Academy, Deering and Bonny Eagle. We should have the talent and quality, however, to be very competitive at the league and state championship meets."

Boys' Indoor Track

Head Coach: John Wilkinson, entering his 26th year as head coach.

Last year's results: Finished sixth in Western Maine Class A meet and fourth in the Class A State Meet.

Key Returning Athletes: Seniors Cam Stevens (200 through 800 meters), Adam Hawkes (distance), John Phinney

(shot put) and Jake Willis (sprints); Junior Kam Alexander (hurdles and sprints); Sophomores Jesse Orach (distance) and Joey DeRoy, (middle distance).

Key New Athletes: Of the 40 athletes that have come out for the team, there are several new-comers who show a lot of potential.

Captains: Cam Stevens, Adam Hawkes and John Phinney

Coach Comments: "The running events will be the strength of the team," said head coach John Wilkinson. "In the field events we need to improve but have potential in the pole vault with two seniors, the Walrath brothers Mark and Matt, who both have outdoor track experience and should be strong indoors as well. We are led by a good group of seniors that want to win the state title in their last year, and we have a legitimate shot. We're not the favorites, but we will be heard from. We have a good number of new-comers, mostly freshmen but also upper-class athletes that we are still seeing where they will fit, but they should provide the depth we need."

Cheerleading

Head Coach: Julie Dvilinsky, entering her first year as head coach.

Key returning cheerleaders: Seniors Shanice Mitchell, Jordan Shiers, Sarah Day, Ashley Williams, and Brittany Sinnett; Juniors Liz Rockett and Molly Aube; Sophomore Abbey Brown.

New cheerleaders: Junior Cameron Cupps; Freshmen Kara Stahl, Amanda Foster, Jenny Pinkleman, McKenzie Close and Kassie Burnham.

Captains: Shanice Mitchell, Jordan Shiers, Sarah Day, Brittany Sinnett, and Ashley Williams

Coach Comments: "Being a 1986 Gorham Alum, it's a great opportunity to come back and coach at my alma mater," said head coach Julie Dvilinsky. "Our team strengths include dance and stunting skills—the stunts in our routine will truly show-off the strength and flexibility of our fliers. The dance at the end of our routine will show-off our confident attitude and sassy dance moves. We look to improve our tumbling, which is an area I would like to see the team continue to work-on even after the season is over. We are very excited to begin competing and are going with a new-and-improved look that is fun and full of energy. This team will put on quite show come competition season. The team also has heart and enthusiasm and is always willing to learn new skills. It's been a great privilege to work with these amazing cheer athletes."

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community

Marijane Fall of Gorham was recently inducted on to the USM Wall of Achievement at Bailey Hall, Gorham Campus. One of seven alumni honored from the USM College of Education and Human Development, Fall received her bachelor's degree from Nasson College in 1963, her master's degree from USM in 1986 and her doctorate from the University of Maine in 1991. After a distinguished 15-year career at the University of Southern Maine as a professor of human resource development, Fall retired with the honor of Professor Emerita from the University of Southern Maine.

Midshipman Philip Hodgkins (GHS '09), was recently sworn in as a member of the Maine Maritime Academy Regiment of Midshipmen. Hodgkins is majoring in Marine Engineering Operations.

Benjamin Justice (GHS '09), recently earned his certificate in Culinary Arts from The Culinary Institute of America (CIA) at Greystone in St. Helena, CA. The CIA's Accelerated Culinary Arts Certificate Program is for students who have previously earned a bachelor's degree in food science, nutrition, hospitality, or a closely related field.

Gorham resident Matt Duplisea was recently hired as Manager of Engineering for Yarmouth-based instrumentation manufacturer, Fluid Imaging Technologies, Inc.



The Maids has volunteered to donate cleaning services to cancer patients in the Portland area including Gorham. FMI Sally & Dan Libby at 772-6212.

Hula Hooping isn't just for kids! Join Gorham Adult Education for a fun way to burn calories and strengthen core muscles. Eight classes from 1/26-3/23 from 6-7 p.m. \$55. Includes hula hoop! FMI, visit www.gorham.maineadulted.org

The Gorham Woman's Club will meet Thursday, Jan. 14 in Fellowship Hall at First Parish Church. Following refreshments at 12:30 p.m., Officer Wayne Down will speak on "Abuse in our Schools and Community." All women interested in our community are welcome. FMI, 839-6375.

Father John Bacevicius, O.F.M., will offer a Mass followed by a Healing Service at St. Anne's Catholic Parish in Gorham on Sunday, Jan. 10 at 2 p.m. All are welcome to attend. Father John highly recommends that attendees go to Confession (Sacrament of Reconciliation) prior to the day of the service. Cancellations due to weather will be posted at www.stannegorham.com.



Lelyned Bowley, GHS '07, has been promoted to Petty Officer 3rd Class in the United States Navy. MM3 Bowley is stationed aboard the aircraft carrier USS John C. Stennis CVN-74 and recently returned to Bremerton, WA after a six-month deployment to the Western Pacific. After spending the first two weeks of 2010 on leave in Gorham, Lelyned will return to the Stennis to complete his tour of duty with the American Navy.

Students of the Music School of Maine in Gorham took their lush harmonies to the streets of Gorham Square over the holidays. Led by Mary Bastoni, the new voice teacher at the Music School of Maine, the students performed a mix of traditional carols. Music School of Maine is located at 6 School Street in Gorham. FMI, call 839-6161 or visit www.dances-tudioofmaine.com.



Three Gorham students were selected as students of the month at Westbrook Regional Vocational Center. Nick Arsenault, a senior, received the honor in the automotive program. Davis Daniels, a junior, received the Culinary Arts award. And Chris Woods, a senior, was named the Commercial Driver program student of the month. Congratulations to these three hard-working students, who were honored on Friday, December 11 at a breakfast ceremony.

The Gorham Middle School National Geography Bee Finals will be held on January 21 at 6:30 p.m. in the Middle School auditorium. The winner will qualify to compete at the state finals in April



VSA Arts of Maine is proud to present the final showing of **A Matter of Perception 2009**, a juried exhibition showcasing the work and creativity of Maine artists with disabilities. Gorham artist Frank Valliere will be among the artists featured. The exhibit runs through Feb. 27 at The Gallery, 11 Pleasant St., Brunswick. FMI, 607-4016.



The James Eddy Homestead located at 62 Barstow Road in Gorham, a non-profit organization now operated by the Gorham Historical Society, has a new tenting/camping area thanks to the efforts of Eagle Scout Candidate Ben Lord of Gorham. The site includes several tenting areas, fire pit and benches. Lord solicited several area businesses for the materials to complete this project, including Cook's Hardware, Home Depot, Hammond Lumber, Gorham Sand and Gravel, Grondin and Shaw Brothers Construction. The site is available for use by local organizations with a special focus on organizations promoting outdoor learning experiences. For more information of the James Eddy Estate contact Board Chairman, Dave McCullough at 839-4205. Pictured are (L-R) Chris Nystrom (Life Scout) Ben Lord (Eagle Candidate) and Chris Lord (committee chair)

The girls from Troop #1302 of Gorham generously donated \$100 of their Cookie Sale earnings to both the Gorham Food Pantry and the Animal Welfare Society in Westbrook. Back Row: Emily O'Donnell, Lauren Poirier, Stella Rojecki, Arianna Sapuan; Third Row: Jordan Currier, Mary Adams, Hannah LeBlanc, Kathryn Christianson; Second Row: Logan Swift, Isis Adams, Katie O'Donnell, Ashley Parvin; and Front Row: Briannah Badgett, Mercy Dunn, and Ella LeBlanc.



Brownie Troop #1313, which is made up of second grade girls from Narragansett School and White Rock School, collected over 3000 can tabs for the Ronald McDonald House in Portland. Back Row (l to r): Brittney Landry, Abigail O'Brien, Quinn Young, Elyssa Johnson, Marin Perry, Celia Begonia, Emma Owens; Front Row (l to r): Julie Cooper, Madisen Sweatt, Hannah Dimick, Haley Lowell, Madison Firmin, Lauren Green.



what's happening

FRIDAY, JAN. 8

- Gorham/Westbrook TRIAD Meeting, 9-10 a.m. Gorham Municipal Center. FMI, 854-2531.

MONDAY, JAN. 11

- Gorham Historical Society Meeting, 7 p.m., Gorham Savings Bank Operations Center, Route 202 (Gray Road), Gorham.
- The Maine Orchid Society Meeting, 7 p.m., St. Anne's Church, Gorham. FMI Suzanne 883-2771 or www.maineorchidsociety.org

TUESDAY, JAN. 12

- Pre-School Story Time, 9:30 a.m., Baxter Library. FMI, 839-5031.
- Gorham Lions Dinner and Meeting, 6 p.m. \$7pp. All are welcome. FMI, 839-6569.

WEDNESDAY, JAN. 13

- Family Story Time, 1:30 p.m., Baxter Library. FMI, 839-5031.
- School Committee Meeting, 7 p.m., Municipal Center, 75 South St. Gorham.

THURSDAY, JAN. 14

- Baby & Me for ages 0-18 mos., 9:30 a.m. Baxter Library. FMI, 839-5031.
- Toddler Time for ages 18-36 mos., 10 a.m. Baxter Library. FMI, 839-5031.
- Sewing Club for all ages, 2:30-4:30 p.m. Baxter Library. FMI, 839-5031.

FRIDAY, JAN. 15

- Craft and Chat Group, 9:30-11am, Baxter Memorial Library. Bring your sewing, knitting, scrapbooking, etc. Make new friends. FMI, 222-2532.

The Gorham Ecumenical Food Pantry is open every Thurs. at St. Anne's Church from 9-11 a.m. and the second Wednesday of each month from 5:30-7 p.m. Open to anyone in need of food from Gorham. Located in the building behind St. Anne's Church.

SATURDAY, JAN. 16

- Authentic Bean-Hole Bean Supper, United Church of Christ at North Gorham, 4:30-6 pm. \$8adults/\$4under 10. FMI, 892-9532.

MONDAY, JAN. 18

- Martin Luther King Day. No School for grades K-12.

TUESDAY, JAN. 19

- Pre-School Story Time, 9:30 a.m., Baxter Library. FMI, 839-5031.
- Keep Me Safe Car Seat Fitting Program, Gorham Fire Station, Main St. 2-6 p.m. FMI, 939-8175.

WEDNESDAY, JAN. 20

- Family Story Time, 1:30 p.m., Baxter Library. FMI, 839-5031.

THURSDAY, JAN. 21

- Baby & Me for ages 0-18 mos., 9:30 a.m. Baxter Library. FMI, 839-5031.
- Toddler Time for ages 18-36 mos., 10 a.m. Baxter Library. FMI, 839-5031.
- Sewing Club for all ages, 2:30-4:30 P.M. Baxter Library. FMI, 839-5031.
- GHS Project Graduation 2010 Committee Meeting, 6:30 p.m., Gorham Rec. Building.
- Kiwanis Club Luncheon Meeting, Pinecrest Bed & Breakfast, 12 noon-1 p.m. FMI, 839-8944.

COMMUNITY FROM PREVIOUS PAGE

and will receive a medal, an atlas and a \$100 savings bond.

close to home

Public Baked Bean Supper on Saturday, Jan. 9 from 5-6 p.m. at the Westbrook-Warren Congregational Church, 810 Main St. \$7/\$3. FMI, 854-9157.

Men's Fellowship Breakfast, January 9, American Legion Hall, 17 Dunn Street, Westbrook at 8:30 a.m. Guest Speaker is the Rev. JAMES SPAN.

The 2010 Bonny Eagle HS Alumni Show features alumni, many of whom have gone on to professional performing careers, reprising their starring roles from the past 30 years. January 9, 7:30 p.m. at the Bonny Eagle HS Auditorium. Tickets are by donation (suggested donation \$10 for adults and \$3 for students and seniors) and will support a BEHS student trip to the International Thespian Festival in June.

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NEW YEAR GORHAM

A New Direction for 2010

Virginia Wilder Cross

Gorham people know how to party! And party they did...kids saw what a wallaby looks like up close, heard stories, learned some science tricks, enjoyed a puppet show, and how to use a yo-yo to "walk the dog." Other revelers listened to a wide variety of top-notch choral music, tapped their feet to all kinds of musical performances, and danced and danced and danced—all in preparation for a fabulous midnight grand finale!

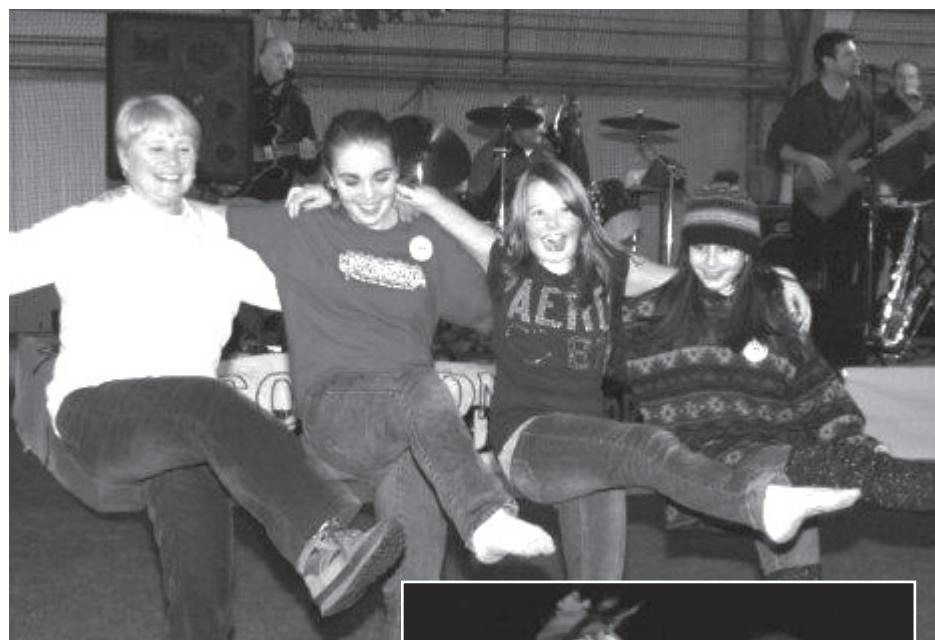
Nine-year old Autumn Heil (with the able help of her parents, Bill Heil and Amy Valentine) designed and built the extraordinary countdown compass, which Autumn hoped would provide "a new direction for 2010."

Autumn helped Dave Eid count down the final ten seconds of 2009, as hundreds of people of all ages watched in awe as the compass rose to the sky with the backdrop of a truly spectacular fireworks display.

New Year Gorham was made possible through generous financial and in-kind contributions from local companies and individuals, as well as the hard work of a dedicated committee, the Gorham Rec. Department, and Gorham Public Safety personnel.

For those who missed this wonderful event, we hope you will mark your calendar for December 31, 2010—the committee has already begun its work for next year.

Happy New Year Gorham!



Ring in 2010—Gorham style: revelers dancing at YourSpace, counting down to midnight, Clamflat Five warms up before their gig at First Parish church.



Photos Martha T. Harris

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YA-HOO!

Laurel Pines Drive caller reported that someone was **'hacking' into their Yahoo e-mail** and requested to speak with an officer about it.

Tow Path Road caller requested that State Police and not Gorham PD investigate a suspicious vehicle at their relative's residence. Vehicle was towed.

Burnham Road caller believed someone was in their house.

Dingley Spring Road caller requested to speak with an officer regarding issues caller was having with the neighbor's dog which had gotten into a fight with caller's dog.

Middle Jam Road caller wanted to speak to an officer about pressing charges against someone who had assaulted caller in October.

Security officer from Wentworth Drive reported that one of the employees telephoned caller regarding a male subject who had come up to employee's vehicle telling employee he was out hiking in the woods and he lost his friend.

Main Street caller reported that his wife had taken the title to caller's vehicle and would not give it back.

Main Street business reported they had a male subject in custody that they had caught stealing from them.

Main Street caller reported that a male was trying to get a female into a car and female was kicking and screaming.

County Road caller requested that an officer make contact with her spouse who had been arrested for domestic violence and had since then drained their bank account.

Evergreen Drive caller reported that they had been receiving calls from someone claiming to be a deceased relative.

Dingley Spring Road caller reported they had almost hit dogs in the road and had lost their brakes while trying to stop.

Caller reported seeing a male subject wearing military fatigues walking thru the parking lot near a silver car. Rambo was not located.

Preble Street caller reported that there had been a party next to their house and there was damage to their property as a result.

State Street caller advised that someone had broken into their house and taken an item.

Mallard Drive caller reported that trees at their neighbor's summer home have been cut down without the neighbor's knowledge.

Weeks Road caller reported that juveniles were throwing snowballs at vehicles.

Spiller Road caller reported having received a call from a friend where the background noise was unsettling and then the telephone went dead. Friend texted caller to say they were fine.

Caller reported that there were three cows standing in the middle of North Gorham Road.

Finn Parker Road caller reported that they locked themselves out of their house and the baby was inside alone.

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Harding Bridge Road caller was concerned that a cow was left out all winter with no shelter.

Main Street caller reported that a male was standing on her porch in the dark. Female had recently gotten divorced and it made her nervous.

Spiller Road caller advised that someone had broken into their residence. Their TV's were gone and the doors were open.

Hannah Drive caller reported that a juvenile, whom caller watches, received information that friends were locked out of their house and were supposedly held in a neighbor's house against their will. Grandmother of the children retrieved them from the neighbor's house and explained the consequences of giving false information.

Mighty Street caller reported there was a strange vehicle in front of their house while caller was out front on a walker. The car stopped, shut the lights off, and scared the caller.

Caller requested to speak with an officer regarding a subject who was selling drugs to subjects in their late teens and early 20's.

North Gorham Road caller reported that when they went to their parent's vacant house, they found guns missing from the property as someone had broken into the gun cabinet.

Finn Parker Road caller requested to speak with an officer regarding a fall that had occurred the previous day at a local business and how to get their insurance information to have the medical bills taken care of.

Home visits for Denture repair & relines on Friday or Saturday's.

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*References upon request

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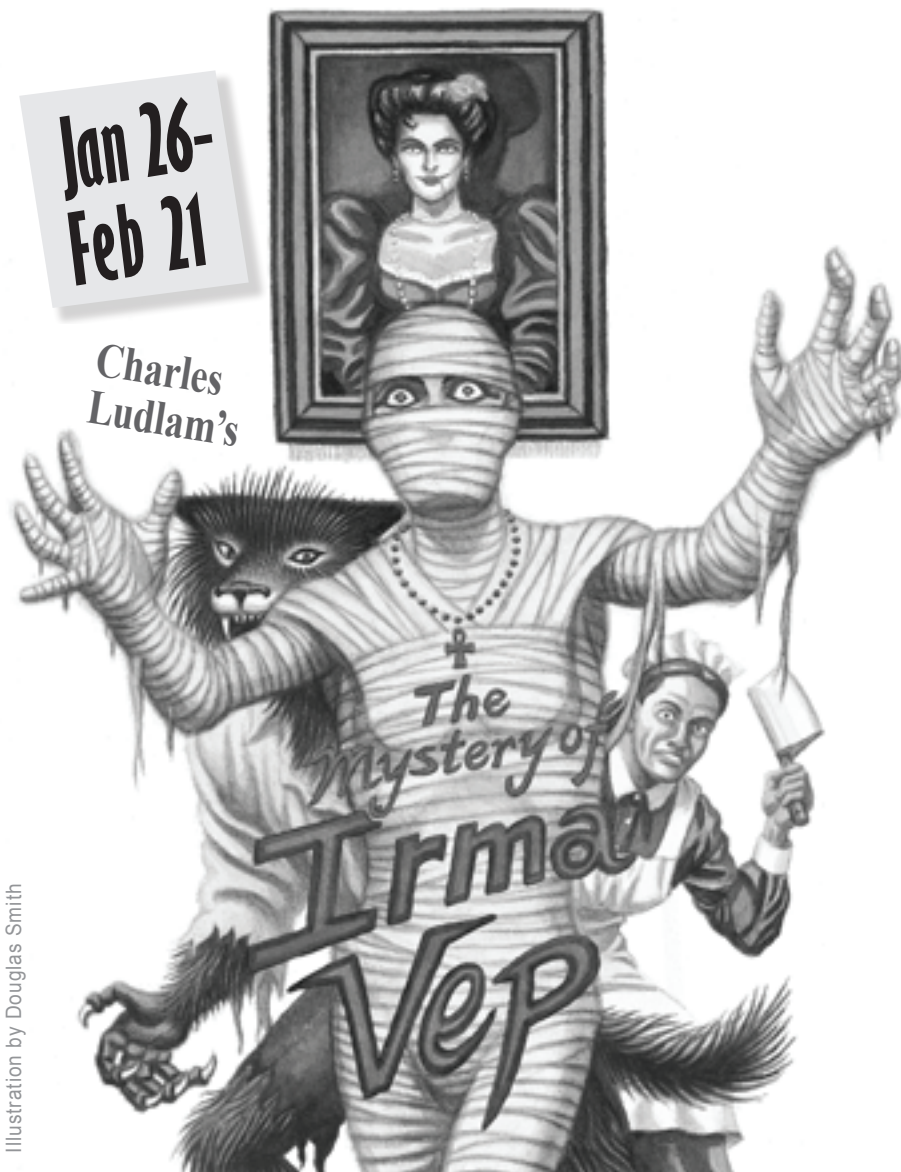


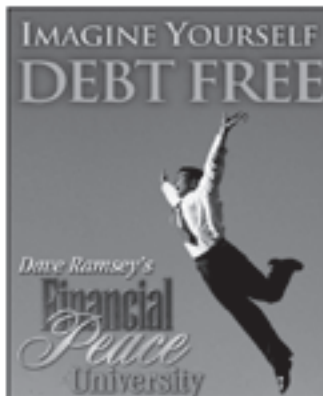
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