

Downtown Makeover Likely

Gorham Times Staff

Gorham has cleared an important hurdle toward a project that will bring a fresh face to the heart of Gorham, the intersection of routes 114 and 25. The town's application for a grant to replace the sidewalks and curbs at the intersection has been approved, and awaits only the endorsement of the Cumberland County Commissioners.

The project would involve the removal and resetting of the curbing at the intersection, along with the replacement of approximately 1,000 feet of uneven and disjointed sidewalk, on all four corners. There will be additions to the existing drainage system, and the foundations of buildings along the right-of-way will be reinforced.

"I'm very excited and looking forward to project," said Robert Burns, Gorham's Director of Public Works.

One focus of the project will be to bring the sidewalks and corners into compliance with the Americans with Disabilities Act, with the placement of ADA-compliant ramps at all four corners and other improvements.

"There's a lot of work to do in that area," said Burns.

The grant application was the product of a collaboration between Burns, Town Manager David Cole, Zoning Administrator Sandra Mowery, and

Economic Development Director Tom Ellsworth.

The funds for the grant are part of a Cumberland County Community Development Block Grant. The Community Development Block Grant program provides federal funds enabling communities to plan and implement critical community development, housing and social service programs and projects.

The grant will fund \$150,000 toward the work on three of the corners. The fourth corner will be completed by the Public Works Department with funds from the town's Capital Improvements Account.

"This is solving a number of problems," said Ellsworth. "This \$150,000 will go a long way towards fixing this."

This is the second such grant that the town has received from this program. The first was to relocate the Gorham Food Pantry.

The project will have a minimal impact on traffic at the intersection, said Burns, and the Public Works Department will work with local business owners to make sure that the work will have as little effect on commerce as possible.

The project is expected to begin this summer.

A New Home for Some Old Stones



Photo Credit Martha T. Harris

In a ceremony on Apr. 5, members of the Gorham Lions Club unveiled historic millstones in their new location at the Gorham Municipal Center. The millstones, which

stood at Mosher's Corner until the intersection was redesigned, were owned by the Clements family in the early 19th century and were donated to the town on the occasion of its bicentennial in 1936. As part of the Gorham Lions Restoration Project, the stones were moved from Public Works on Huston Road where they had been in storage to their new location, and a brass plaque describing their history was affixed to the stones. Standing on the left side of the picture are Jim Burnham and King Lion, Norman Wedge. Kneeling, from left to right are Lions Gary Olsen, Al Milasauskis and Bruce Hill. Standing to the right side of the stone are Town Council Chairman Michael Phinney, and Town Councilor Brenda Caldwell.

Planning Board Debates Chick Property Project

Gorham Times Staff

Connecting Main Street and Gray Road with a road was the topic of debate at the meeting of the Gorham Planning Board on Apr. 5. The road would be built on the Chick Property, the 85-acre site where the Public Safety building is located.

Phase one of the Chick Property project includes the proposed road, two parking areas with 103 parking spaces and a storm water management pond. The road, which would

be effectively replace the driveway for the Public Safety Building, would allow emergency vehicles access to Gray Road (Route 202), speeding response times.

Phase one is part of a long-term master plan for the property, which will include the development of more athletic fields and other facilities on the property.

At the meeting, nearby residents voiced their concerns about the con-

struction of the road, especially its proximity to nearby homes.

Board members echoed those concerns, and requested further information on the road and its potential traffic.

"I don't see how you can know whether you've got a wide enough road without some kind of traffic information," said Planning Board Chairwoman Susan Robie.

The 1,800-foot road, if constructed,

would result in the relocation of the football field used by the Gorham Grizzlies.

The Planning Board has set a site walk for the property for Apr. 15 at 5 p.m.

This was the last Board meeting for Chairwoman Robie, and Board members Mark Stelmack and Doug Boyce. Their terms have expired, and they did not seek reappointment. Michael Parker, another member, has resigned his position, effective Mar. 31.

Obama Mania: You might not have gotten tickets, but some Gorham residents were lucky enough to get in to see the President live. Share their experience in their words. PAGE 3



Photo credit Cathryn Falwell



Photo credit Marissa Alison Owens

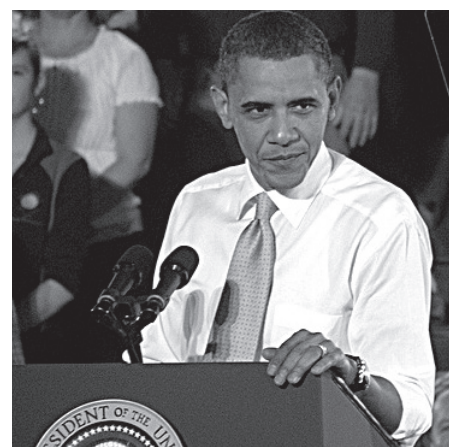


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Dear Gorham Times,

I would like to thank the following businesses, family and friends for their generous donations, which allowed me to build a utility shed for Gorham Recreation Department at Shaw Park for my Eagle Scout Project:
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Chris Nystrom

NEWS FROM AUGUSTA



State Budget Approved by the Maine Legislature

Senator Phil Bartlett

This legislative session has been a challenging one. Since January, there has been an 800-pound gorilla (or more appropriately, a 438-pound one) lurking around the State House. The gorilla being that of a \$438 million shortfall in the state's budget.

In Maine, our State Constitution requires a balanced budget, unlike the federal government. So when the Legislature started its session with lower than expected state revenues due to the national economic recession, a budget hole was created to the tune of \$438 million.

As a result, the Governor proposed bringing the state budget into balance by reducing state spending. The Appropriations Committee, which has authority over all state spending,

immediately began its work on the Governor's proposal and the entire state budget shortfall. Throughout the process, the committee held public hearings, listened to public comments, worked with stakeholders, considered its options, and reviewed all spending and programs in state government.

During the budget process, there was a slight rebound in projected revenues and increased federal participation in the Medicaid health care program. Because of this, the Legislature was able to avoid about \$128 million in proposed cuts to human services, nursing facilities, services for children, the mentally ill and elders. Additionally, we were able to restore \$26 million to K-12 education, \$8 million to higher education, \$500,000

Gorham Has Heart

They're the folks who make our lives brighter: The hospital volunteer who always has a smile, the Little League Coach who works a 60-hour week and still manages to find time for his team, the teacher who works extra hard to bring the joy of learning into her students' lives.

Well, we at the *Gorham Times* would like to hear about those special people. We're starting a new occasional series, called "Gorham Has Heart," to profile all the people who go the extra mile to make Gorham such a great place to live, and we'd like your help in finding them.

You can e-mail us at gorham-hasheart@gorhamtimes.com, or you can call us at our office at 839-8390. Let us know who they are, what they do, and please don't forget to give a phone number or e-mail, so we can get back to you.

to adult education, \$11 million to Municipal Revenue Sharing (which is helpful for cities and towns to keep property taxes down), and \$5.6 million to the Circuit Breaker Program.

In the end, the Legislature voted in a bipartisan manner to approve a supplemental state budget that trimmed \$310 million in state spending. This effort follows last year's budget that reduced spending by nearly \$500 million. The budget approved for the Fiscal Year 2008 - Fiscal Year 2009 amounted to \$6.1 billion and after this round of budget cuts the state budget for Fiscal Year 2010 - Fiscal Year 2011 will fall to \$5.5 billion.

These budget reductions will still create difficulties and hardships for many Maine people, this we are well aware of. Unfortunately, our choices were limited. People at home are making the difficult decisions every day and we did the same at the State House.

Looking ahead, the Legislature understands the importance of recovering from this economic slump. We need to remain focused on encouraging long-term investments in energy sustainability, maintaining our public infrastructure, supporting education, and investing in research and development. We must protect these interests and at the same time ensure the well-being of our most vulnerable citizens.

I am confident in the Legislature's continuing commitment to responsibly managing the state's finances. We have once again made the difficult choices to bring our budget into balance and we did so in a way that did not raise taxes and preserved the effectiveness of the state's most essential services. For now, it appears as though the 800-pound gorilla has left the room.

Sen. Phil Bartlett
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Obama Visits Maine: Gorham Voices



Photo credit Marissa Alison Owens

Some media called it the “Maine Event,” and—bad puns aside—President Obama’s recent visit to Portland was an occasion that put our state firmly in the spotlight at a historic moment. Tickets were hard to come by, but a few lucky Gorham residents managed to get in. We’d like you to hear about the experience in their own words:

Waiting a long time in a long line provides interesting opportunities to talk to people you might otherwise never meet. For two days in a row, I waited in lines with thousands of others to enter the Portland Expo. A mixed collection of people, we shared the common bond of wanting to see our President.

Standing in the long soggy ticket line on Wednesday, I was particularly impressed by the few small children who waited with their parents. No crying, no complaints about hunger, no plaintive cries of “When can we go?”

Although too young to fully comprehend why they were there, they seemed to have some sense of the importance of this occasion that would weave into their personal histories.

Wedged into an umbrella-protected sling-type stroller and sporting green galoshes, a four-year old boy remained amazingly serene for the well over two-hour wait in the drizzle.

The next day, in a line again, I met nine-year Sean who told me, with a sparkle in his eye, that his teacher let him have the day off from school. “I’ve never seen a president before,” he explained.

Mixed into the very long line were other school-aged children, many dressed in party clothes for this special day. “I hope I get to shake his hand!” a young girl said.

These kids didn’t care about politics. They weren’t concerned about the deficit, didn’t understand how health care will help their families, and had no idea what DODT stands for. What they did understand is that Barack Obama, the President of the United States, the most important person in America, THEIR President, was coming to Maine and that they would get to see him.

CONTINUED ON PAGE 4



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 Please make checks payable to Gorham Youth Baseball/Softball

Obama Visit FROM PAGE 3

It would be worth the wait.
Cathryn Falwell

President Obama's visit to Portland provided a wonderful opportunity to celebrate the recently enacted health care reform legislation, a measure that will expand access to affordable health insurance for all Americans. I was struck by the tone that President Obama struck, insightful and uplifting but also infused with good humor. Rarely do we have a chance to hear directly from the President in person, and the historic timing of this visit made it all the more special.
Sen. Phil Bartlett

No matter what your politics are, attending a presidential visit is quite an experience. I only scored tickets because my daughter waited in line for 10 hours (five in the cold and rain on Wednesday and five in the sun and heat on Thursday). By the time I joined her in line on Thursday at noon, the crowd and excitement were in full swing. Protestors were in place across the street from the Expo Center, and the "blue" and "white" ticket holder lines were wrapped around the corner, past King Middle School. I felt lucky to get in the building, since some ticket holders were denied access.

Once inside, we were ushered in to stand in front of the stage as if we were at a rock concert, and that's what it felt like, except for some people who were dressed business casual. The buzz was electrifying and even the mike-tes-

ter got a round of applause. One highlight for me was the elderly Veteran who "schooled" the audience on proper etiquette when saying the pledge of allegiance: "take off your hats, face the flag, and put your hand on your heart before reciting the pledge."

When Obama came on stage, the crowd erupted in a roar, and the excitement was amazing. He is a charismatic speech-giver, and clearly has a sense of humor—totally at ease in front of a crowd. While most people were pro-Obama inside the Expo, there were a few hecklers: One yelled "you lie" just like at the State of the Union speech in January. His second-largest roar was when he announced his changes in access to, affordability of, and payment plans of higher education. It seemed to be an issue everyone could agree on.

It really struck me how mobbed a president gets anywhere he goes and I wondered about how different his life must be from the normal American's life. The motorcade that escorted him back to the airport must have been 30 cars long, quite a scene driving away—traffic blocked off, sirens blaring, flashing lights, whisking him away to the next locale.

I'm thrilled I was there, it was probably a chance of a lifetime.

Jeannine Owens



When you've made the right decision, you know.

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Massage is the Message

Linda Morris

If you have never had a massage but would like to try one, you may have questions about adding it to your health regime. Massage has been practiced as a healing art for thousands of years, in many different cultures, for good reason. There are numerous scientifically validated benefits of massage.

Experts estimate that as much as 80% of illnesses are stress related. Massage is a terrific stress reducer. It increases circulation, bringing more oxygenated blood to all tissues, including the skin, the body's largest organ. Improved circulation decreases tension and pain, improves immune system functioning, and increases range of motion in muscles and joints. Muscle pain from strain, overuse or injury can be also relieved with therapeutic touch. Other benefits include improved sleep, increased relaxation, and lower blood pressure. Massage can also enhance your mood by releasing feel-good endorphins into your system.

So you've decided to get a massage, now it's time to learn about some of the different types. The most common, called Swedish massage, is delivered with light, moderate and/or deep pressure depending on your preference. It includes long flowing strokes, kneading muscles, jostling limbs, and compression of tissues.

Another type, called deep tissue massage, is not just deep Swedish massage. Deep tissue incorporates more precise and deeper pressure applied to specific parts of the muscle structure, including the muscle belly and the parts of the muscles that attach to our bones.

Chair or seated massage is popular because of its convenience. It is typically received in a shorter time period. The client remains fully clothed and no oils are used. This kind of massage

focuses on the neck and shoulders. There are many other types of therapeutic massage techniques.

When choosing a good massage therapist, it is a good idea to call and speak with them in person. Ask them to explain what types of massage they practice. Also ask about their educational training and years of experience. A minimum of 500 hours of massage training is required to be licensed in Maine and therapists in many towns, including Gorham, must also register with the town.

Massage prices may vary. If a massage therapist works out of their home, they may charge a bit less than the average for this area, which is \$60 to \$70 for an hour massage. If they work at a spa or doctors office, they may charge slightly more than average. Massage therapists with additional training and years of experience tend to charge on the higher end of the scale, while newly educated therapists often charge less while they gain experience.

In the era of a pill for every ailment, massage offers a drug-free, personal approach to wellness by stimulating the body's natural ability to heal itself. With all these benefits to your health and wellness, it makes sense to include massage as part of your health maintenance and prevention routine.

For more information about massage and bodywork, visit the University of Miami's Touch Research Institute at www.miami.edu/research and Associated Bodywork and Massage Professionals at www.abmp.com.

Linda Morris, owner of Gorham Massage and Wellness, is a licensed massage therapist with 10 years experience. She can be reached at (www.gorhammassageandwellness.com) or at lmorris520@yahoo.com.

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school

GMS History Team Wins Best Documentary Award

Leslie Dupuis



Photo credit Leslie Dupuis

(L to R) Patrick Lynch, Travis Manzir and John Ennis were awarded a first-place medal for their recent entry at the History Day Team state competition.

The Gorham Middle School History Day Team competed at the state competition on March 24 with two separate entries. The exhibit entry, "The Innovation of Guns in American History", was designed and researched by seventh graders Daniel Rust, Tim O'Neill and Andrew Johnson. The documentary entry, created by seventh graders John Ennis, Patrick Lynch and Travis Manzir, "From Abacus to iPad: The Innovation of Computers", won the award for best documentary.

When asked about their topic selection, John Ennis commented, "We picked it because the school handed out new laptops and we wanted to explore more about the history of computers. It became the obvious choice."

The team now has the opportunity to participate in the National Finals

at the University of Maryland in June. To prepare for their trip, they will be sponsoring a fundraiser on May 20, called "Gorham's Got Talent: A Night Celebrating the Performing and Visual Arts." The event will include a talent show featuring the school district's best student and staff talents as well as a silent auction. Donations are also being accepted to offset the team's expenses and can be mailed or dropped off at the GMS office.

Jeffrey Carpenter, History Day Team coach, said, "I judged the High School category at the national level and found that our kids' movie was better than the ones I judged last year. I have high hopes for them this year."

This is the third time in four years that the team has been honored with a trip to the Nationals.

FMI jeffreyc@gorhamschools.org.

Pasta With a Purpose



Photo credit Martha T. Harris

The Spickel family filled up at Narragansett School's annual spaghetti supper on March 11. More than 500 attended the event, now in its 15th year. With a portion of each ticket going to charity, the school was able to donate \$300 to the American Red Cross for disaster relief.

Village Students Become Scientists for the Day

Gulf of Maine Research Institute Staff



Photo credit GMRI

(L to R) Village students in Mrs. Mullin's fifth-grade class Kristina Butenko, Meredith Dvilinsky, Athena Pappalardo and Abby Flint examine a live lobster's habitat.

Students from Village Elementary School went on a Lobster LabVenture! at the Gulf of Maine Research Institute (GMRI) in Portland in March. During their LabVenture!, students investigated "Lobster: Untold Tales," a mystery about the ecology and management issues surrounding Maine's most iconic marine species. Assuming the roles of scientists, they had a unique opportunity to conduct hands-on investigations using authentic research tools and techniques.

Students handled live lobsters to examine adaptations for defense and migration. They learned about lobster habitat and behavior by exploring the lobster's underwater world and capturing videos of lobster, sea ravens, sea stars and a sculpin in a live exhibit. Students used digital microscopes to identify the tiny organisms that make up the diet of larval lobsters. In addition, they took a virtual lobstering trip, calculating the number of traps needed to maximize their profits after expenses.

Students now have access to a personalized website where they can retrieve and edit a digital lab book of

photos, videos and microscope images from their research, and share them with their families.

"We envision a future where every Maine child feels a personal connection to the ocean and knows that the doors of science are wide open for them," says Don Perkins, president of the Gulf of Maine Research Institute. "We believe Maine can and should emerge as one of the nation's most science-literate states. That's why we're working to equip our next generation with the knowledge and skills to engage with environmental and technology challenges, think critically about new ideas, make effective policy decisions and compete successfully in a global economy."

Thanks to the generosity of many local sponsors, the Gulf of Maine Research Institute provides LabVenture! at no cost to schools or families, including transportation on the marine-themed bus that features a 30-foot lobster. Since 2006, more than 42,000 fifth and sixth grade students from every county in Maine have participated.

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Don't Let The Spotlight Fade! "Fame" for Haiti

Luke Tanguay and Casey Weed

On the night of Mar. 26, Gorham High School's cast of "Fame: The Musical" put on a show that will truly "live forever" in the hearts and minds of the community. The cast, crew, and pit band volunteered to perform an additional show whose proceeds would benefit Haiti relief efforts and raise awareness.

Two weeks prior to the benefit performance, a committee of roughly 10 students met every day after school in hopes of pulling together an event that would have otherwise taken more than three months to plan. The committee kept busy, making phone calls to numerous community political figures, going to businesses in search of monetary donations and collecting silent auction items. The community truly stepped up in supporting the cast through their efforts of raising both funds and needed relief awareness.

Norway Savings bank generously donated the money needed to underwrite the royalties in order to put on

the show. Various other community businesses made food, monetary and merchandise donations as well.

Students spent early Friday transforming the lobby and cafeteria into a formal event venue to accommodate the evening's events. A slideshow made up of student interviews and pictures of Haiti was presented before the performance, along with a guest speaker from Haiti.

All of the cast and crew wore red support ribbons during the show to help keep Haiti in the spotlight throughout the entire the night. Their efforts have raised more than \$5,000.

"We can make a difference," sang the cast during their final number. "It's not too late..."

To make a donation: make checks payable to Gorham High School with "Fame for Haiti" in the memo, and send to GHS, 41 Morrill Ave., Gorham, ME 04038.



Photo credit Martha T. Harris

Students in the FAME for Haiti performance raised more than \$5,000 for disaster relief for the earthquake-ravaged nation.

Ready, Set, K

Gorham Adult Education and Family Literacy Program

Do you have conversations with your child? Our children learn spoken language patterns by listening to people around them. Have real conversations with your child each day. Your child may have questions about certain things; this is a perfect way to engage them in a real conversation. Don't give them one word answers and try to expand upon these subjects. For example, "What's for dinner," can be turned into a conversation about where food comes from, the importance of nutrition, and what their favorite food is. By talking with your child regularly, you will expose them to necessary language skills that he or she will need in starting the reading and writing process. Language is all around us!

Here are a few book titles to share with your child: "How Are You Peeling? Foods with Moods" by Saxton

Freymann and Joost Elffers: "From Head to Toe" by Eric Carle; and "Click, Clack, Moo: Cows That Type" by Doreen Cronin.

Kindergarten Registration and Screening Dates

NARRAGANSETT SCHOOL

Kindergarten Screening
Screening dates are Apr. 28, 29 and 30. You will need to schedule a screening appointment for your child on one of these days during school hours. Immunization records and original birth certificates are requested at screening.

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Wednesday May 5 and Thursday May 6. Call school at 222-1050 to make an appointment.

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Gorham Lions Club 5K Road Race Results

More than 100 runners, including 15 from Gorham and a notable former resident, participated in the Gorham Lions Club 5K Road Race on Apr. 3. Jesse Orach, a 15-year-old runner, was the top finisher from Gorham coming in fourth with a time of 16:57. Other Gorham runners who finished first in their gender-age group besides Orach included Aimee

Gobel in the 30-39 female group, and Diane Bell in the 50-59 female group. Kevin Jenkins, a former resident of Gorham who taught and coached at Gorham High School but now lives in Tennessee, finished first in the 50-59 male group. First place went to Robert Gomez of Westbrook, who finished with a time of 15:02. Below are the results of all Gorham participants:

Place	Name	Time	Place	Name	Time
4	Jesse Orach	16:57	37	Jeremy Clough	22:52
14	Kevin Jenkins	19:29	39	Daniel Hunter	23:15
15	Nate Gervais	19:46	50	Diane Bell	24:37
22	Neil Raymond	20:56	73	Donna Boudreau	29:34
25	Aimee Gobel	21:30	74	Kristal Jean	29:35
26	Timothy Zerillo	21:38	78	Jennifer Wilcox	31:04
30	Matthew Caldwell	22:08	85	Laura Clough	33:05
35	Mike Towle	22:39	99	Beth Hawkes	50:56

GHS Spring Sports Preview Part I Jeff Pike

The GHS spring sports season officially started Apr. 15 when the boys' lacrosse team visited Kennebunk, but full-time action does not begin until the week of Apr. 26 following April vacation. Below are

previews of the baseball and softball teams, as well as boys' and girls' lacrosse. Look for previews on both tennis teams along with the track & field teams in the next issue of the *Gorham Times*.

BASEBALL

Head Coach: Chuck Nadeau, entering his second year as head coach.

Last Year's Results: Finished the regular season 4-12; did not qualify for post-season play.

Captains: Not elected yet at press time.

Key Returning Players: Seniors Sean Grandmaison, first base; Jon Foster, pitcher; Ryan Luxton, pitcher; Kyle Butterfield, outfield; Nick Owens, pitcher. Juniors Brendon Joyce, catcher; Steve Broy SS.

New Players Expected To Have An Impact:

Senior Abe Kilborn, pitcher; Juniors Mike Arsenault, pitcher; James Lewis, outfield; Zack Speirs, outfield; Connor Bell, pitcher; Seth Wing, infield; Sophomore Sean Kaplinger, infield; Freshman Damon Wallace, pitcher.

Coach Comments: "Defense will need to be a strength for us this season," said head coach Chuck Nadeau. "We have experienced players back at key positions in the infield, but a key priority will be finding a centerfielder to replace an all-defensive first-team selection lost to graduation. Offensively, I expect to be much improved over a year ago. We will consistently put eight positional players on the field that will put the ball in play and use their athletic ability to pressure the opponent's defense. Last year, we finished near the bottom of the league in team hitting, pitching and defense so we are focusing on fundamentals, confidence and athleticism while trying not to complicate the process. We have great kids who are good athletes, and the kids are committed to making the improvements we need to make to re-establish our program as a factor in the league. As always, pitching will be a big key to how much we can improve. We will have a staff that is potentially deep but lacking in experience, and we will be looking for players ready to establish themselves as consistent pitchers in our league."

BOYS' LACROSSE

Head Coach: TJ Bell, entering his third year as head coach.

Last Year's Results: Finished the regular season 3-9; did not qualify for post-season play.

Captains: Not elected yet at press time.

Key Returning Players: Seniors Luc Robitaille, attack; Justin Bahr, midfield; Greg Gagne, midfield. Juniors Aaron LaPorte, attack; Kyle Nielsen, midfield;

College Sports Commitments

The *Gorham Times* has already reported on four GHS athletes who have committed to playing a sport in college, and here are three more who recently made the commitment. Watch for more announcements in future issues.



photo credit Tina Ruel

Kathryn Whitehead
Field Hockey
Saint Mary's University
Halifax, Nova Scotia



photo credit Demers Photography

Thomas Stirling
Golf
Southern Maine Community College



Photo credit Martha T. Harris

Colin Lubelczyk
Soccer
Haverford College
Haverford, PA



13-15 GORHAM BABE RUTH BASEBALL
13 year old prep team(s)
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Or request a registration form by email or phone
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PHONE: 776-4237

Fifth-Grade Basketball



Photo credit Tammy Desjardin

The Gorham Fifth-Grade Boys' Travel Basketball team finished the regular season with a 9-1 record in the Freeport Travel Basketball League and then went on to win the league's end-of-year double-elimination tournament, which included 14 area teams. With one tournament loss going into the last day, Gorham had to defeat Greely twice and prevailed by scores of 48-40 and 48-47. Playing for the team were, front row from left to right: Jackson Fotter, Brady Rioux, Dylan Weeks, Will Hepler, Bennett Gasowski and Jordan Sherwood. Back row: Coach David Willis, Alex York, Brandon Desjardin, Jason Komulainen, RJ St. Cyr, Logan Drouin, Cameron Holmes and Coach Lenny Holmes.



Photo credit Bonny Esty

The Gorham Fifth-Grade Girls' Travel Basketball team finished the season with a record of 16-3 while winning the Scarborough Holiday Basketball Tournament and earning the championship of the Freeport Travel League. Playing for the team were, front row from left to right: Kaylea Lundin, Heather Woodbury, Jenna Cowan, Erin Esty, Caroline Smith and Athena Pappalardo. Middle row: Noelle Dibiase, Meghan Perrin, Olivia Wilson, Narissa Libby, Emily Esposito, Kristen Curley and Marina Pappalardo. Back row: Coaches Chris Smith, Mike Esty and John Curley.

in the Zone



New England Champion: Zach Nightingale Nadeau, a Gorham Middle School eighth-grader who wrestles for the Westbrook Middle School team, won three matches to take first place in the

215-pound weight class at the New England Championships Apr. 3 at the Cumberland County Civic Center. The tournament included more than 2,500 competitors ranging from kindergarten through eighth grade.

Two Gorham Wrestlers Earn Cheverus Awards:

Gorham's **Iain Whitis**, a freshman at Cheverus High School, received the team's Most Valuable Wrestler Award. He was also named as a Southwestern Maine Activities Association (Western Maine Class A) All-Star wrestler and placed third in the 103-pound Maine Class A Championship meet. **Ian Lawson**, also a freshman wrestler from Gorham, received a Coach's Award. He wrestled as a 119-pounder.

Gorham Skaters Help Team Win Boston Competition:

Gorham youth figure skaters **Beth Kusturin**, **Katie Kusturin**, and **Cecilia Kusturin** were members of the North Atlantic Figure Skating Club's Pre-Juvenile Synchronized Skating Team that earned a gold medal at the Boston Synchronized Skating Classic, Mar. 27 in Boston.

Youth Hockey Champions: Gorham eighth-graders **Colin Harvey** and **Shawn Sullivan**, along with freshman **Blake Babineau**, who all play for the Huskies Bantam travel hockey team, were part of the winning effort as the team captured division of the Seacoast Hockey League Mar. 21 at the Dover (New Hampshire) Ice Arena by defeating Lewiston 3-2 in the championship game. Gorham resident **Kevin Babineau** is an assistant coach for the team, which is based in Gorham and consists of players from area towns.

First-Place Gymnasts: Three Gorham gymnasts scored first place, all-around finishes at the USA Gymnastics-Maine Sectional meet Mar. 21 at the Maine Academy of Gymnastics in Westbrook. **Nina Greenwood**, an 11-year-old fifth-grader, placed first in the child's division for Level 6. Fifth-grader **Isabelle Muehle** (age 10) and third-grader **Gretchen Muehle** (age 9) placed first in their respective age divisions for Level 5. The girls are all students at Village School and members of the American Flyers Gymnastics team at the Maine Academy of Gymnastics.

Gorham Hockey Players Take-On Bruin Alumni:

GHS senior hockey players **Sean Grandmaison** (Forward), **Justin Bahr** (Defense), **Spencer Violette** (Forward/Defense) and **Mike Bowring** (Goalie) were selected to play for the Maine High School All-Stars vs. the Boston Bruins Alumni team Apr. 9 at the Cumberland County Civic Center.



Women Football Players With Gorham Connections:

The Maine Rebels women's football team includes Gorham residents **Alicia Paige**, a wide receiver who is entering her fifth year on the team, and **Sue Delrossi**, a guard who is making her team debut this season. Also on the team is **Jessikah Lopez**, a fullback, who graduated from GHS and was the first female to play football for the Rams. The team kicked off the season Apr. 3 and plays eight games against teams from New England, New York, New Jersey and Montreal.



Photos: Broadreach Public Relations

sports Etc.

Gorham's Premier Soccer Coach: Gorham resident **Paul Baber** has been named as the general manager for the Maine Premier Soccer Portland Phoenix soccer club. He is also the head coach of the men's team. A native of England, Baber moved to the United States in 1995 and is also a staff member of the New England Olympic Development Program.

Special Olympics Soccer Event: Special Olympics Maine and Anthem are hosting a free soccer fun-and-fitness clinic Apr. 24 at YourSpace from 9:45 a.m. to 12:30 p.m. Special Olympics athletes and their siblings are invited, and prizes will be given to all participants. To register or for more information, call 879-0489 or e-mail markcapanosome@aol.com.

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Spring Sports Preview FROM PAGE 8

Conner Smith, midfield; Sophomore Nate Holloran, defense/goalie.

New Players Expected To Have An Impact: Seniors Corey Poitras, defense; Ryan Davis, defense; Kirk Irish, defense; Forest Gagne, midfield; Alex Graves, midfield; Rob Russell, goalie; Juniors Sully Conley, defense; Mike Seehusen, midfield; Sophomores Eliot Gagne, attack; Brad Turnbaugh, midfield; Joe DeRoy, defense.

Coach Comments: "We will have a lot of experienced players at the offensive end of the field," said head coach TJ Bell. "The top two scorers and seven of the top 10 return from last season. Our midfield unit is athletic, which should give us favorable match-ups on offense and defense and help us clear the ball. We also lost last year's entire starting defensive unit to graduation, and though all of our defensive personnel are relatively inexperienced at the varsity level, they have shown so

far in pre-season that they are willing to work hard. We're confident their maturity will make-up for their lack of experience. We should be a high-scoring team, but ultimately we will go as far as our defense takes us. Our goal is to earn one of the six playoff spots in Western Maine Class A. During the early practices, the guys have shown that they are focused and ready to put in the work necessary to get the job done."

SOFTBALL

Head Coach: Pete Walker, entering his 15th year as head coach.

Last Year's Results: Finished the regular season 13-5 and ranked sixth in Western Maine Class A; defeated Deering in the preliminary round and lost to South Portland in quarterfinals of the tournament.

Captains: Seniors Lauren Chouinard, Annie

Mitchell, Liz LaMontagne and Molly Lortie.

Key Returning Players: Seniors Lauren Chouinard, third base; Annie Mitchell, second base/center field; Molly Lortie, catcher. Sophomore Kiersten Turner, shortstop.

New Players Expected To Have An

Impact: Senior Liz LaMontagne, outfield; Juniors Alex Tracy, pitcher; Sarah Vail, pitcher; Moira Keahon, first base; Caroline Fogarty, outfield; Alyssa Clark, outfield. Sophomore Taylor Hansen, pitcher.

Coach Comments: "Our team strength will be the defense," said head coach Pete Walker. "We have a solid infield, a veteran catcher in Molly Lortie, and strong arms in the outfield. The offense will have strong hitters in the middle of the line-up with good speed at the top and bottom of the batting order. Our young pitching staff will need to step up early in the season as we play top teams in the first two to three weeks. We are also headed to Disney World during April vacation for eight games before the start of the season. This will give pitchers a chance to work against solid competition."

GIRLS' LACROSSE

Head Coach: Ashley Dyer, entering her third year as head coach.

Last Year's Results: Finished the regular season 12-0 and ranked first in Western Maine Class A; defeated Portland in quarterfinals and then lost to Kennebunk in semifinals of the tournament.

Captains: Seniors Katie Smith and Kristi Zarilli; Juniors Kelly Devoe and Mia Rapolla.

Key Returning Players: Seniors Katie Smith, defense; Kristi Zarrilli, midfield. Juniors Mia Rapolla, center; Kelly Devoe, defense; Chelsea Black, attack; Shannon

Wilcox, midfield. Sophomore Lindsey Smith, midfield.

New Players Expected To Have An Impact: Juniors Cait Robinson, defense; Mo Clements, goalie. Freshmen Shannon Folan, defense/midfield; Kali St. Germain, attack.

Coach Comments: "This year's team will be successful because not only do they all have good skills and can run with any other team, but they are also close," said head coach Ashley Dyer. "They all share the same goals and are dedicated to achieving them. We lost a lot of powerhouse players from last year, but that isn't stopping this year's team from knowing they will continue to be successful. They all love the game of lacrosse and are working hard during practice to get better and prepare for the up and coming season. We need to be in good shape because we have lower numbers this year. That means a lot of girls will have to play the whole game. We are going to need our legs to be able to go 100 percent for 50 minutes. We need to also improve using our weak hands for catching and passing. This year we are going to have a tougher schedule, but that doesn't mean we are not capable of having a successful season. It all comes down to heart and desire when it comes to winning games, and this team definitely has both. We are going to win some and lose some, but I think at the end of the day we are going to grow into a stronger team/program than we have ever been before. A lot of learning will be going on this year."

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it truly reflects the value of "comparables" in their area.

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community



Lyndsey Katherine Caufield (GHS '00) and **Leslie Robert Himelick** were married on New Year's Eve, at the Dunegrass Country Club in Old Orchard Beach. The bride is the daughter of Tom and Marsha Caufield of Gorham and the groom is the son of Gary and Mona Himelick of Marion, Indiana. The couple will reside in Georgia.



Sarah Doughty (GHS '12), won second place for the state of Maine in the Southern Maine Writing Project at USM, in association with The Alliance for Young Artists and Scholastic Writing Contest held in February. This program is known as one of the most prestigious recognition and scholarship programs for teenage artists and writers in the US.

of interest

Katie VanDerburgh (GHS '07), a junior majoring in psychology at the University of Maine in Farmington, has been named to the UMF Undergraduate Research Council for her work in examining The Mozart Effect, the use of background music as a tool for increasing efficiency and academic success in the classroom.

Kat Powers has been named marketing/sales director for Custom Coach & Limousine of Gorham. Powers owned her own interior design business for 20 years. **Jeff Fitzwilliam** of Gorham has been named operations safety & training director at Custom Coach & Limousine. Fitzwilliam was previously a human resource manager of Lowes in Auburn.



Lynn Hall and **Charlie** and **Sandra Bradford** have been awarded the 2009 Performance Award from the Gorham Better Homes and Gardens Masiello Group Real Estate.

A Chicken Pot Pie Dinner will be held on Saturday, May 1 from 5 to 6:30 p.m. at the First Parish Church on Route 114 in Gorham. \$9/\$5. FMI, 839-6514.

O'Donal's Nursery in Gorham will hold their fourth annual "Organic Workshop" on Saturday, Apr. 24 and Sunday, Apr. 25 both starting at 10 a.m. These FREE

Organic Workshops will inform you about composting, planting and growing organically, natural pest and weed control, and benevolent bugs for your garden. For a complete schedule of events and speakers visit www.odonaldsnurseries.com or call 839-4262.

Here's a chance to be honored as a **Blood Donor of the Game at Fenway Park!** Moody's Collision Center on Route 202 in Gorham will hold a Blood Drive on Saturday, Apr. 17 from 8 a.m. to 1 p.m. All donors will have a chance to win two Free Boston Red Sox Tickets and be honored at Fenway Park. FMI, call Jen at 883-0404, or visit redcrossblood.org.

Gorham High School Class of 1990 will hold a 20th Class Reunion on Friday, Aug. 6, from 7 to 11 p.m. at the Mariner's Church Banquet Center in Portland. \$30 pp. FMI, call 838-1366.

The Gorham Business & Civic Exchange Annual Meeting will be held on Tuesday, Apr. 27 from 11:30 a.m. to 1 p.m. at Gorham Savings Bank, 10 Wentworth Drive, Gorham. Charles S. Colgan, Professor of Public Policy & Management in the Edmund S. Muskie School of Public Service at USM, will discuss the 2010 Economic Forecast for the state of Maine. Lunch will be catered. \$15 GBCE Members/\$25 Guests. Advance registration requested, but not required. FMI, dede@gorhambusiness.org or 207-892-5515.

The Cressey Road United Methodist Church in Gorham will host a two-day Rummage and Perennial Plant Sale on Friday, Apr. 30 from 9 a.m. to 4 p.m. and Saturday, May 1 from 9 a.m. to 1 p.m. FMI, call Ruth 839-3666.

The following Gorham Middle School and High School students will perform with the **USM Youth Ensembles** on Friday, Apr. 16 at 7:30 p.m. in the Merrill Auditorium at Portland City Hall: Shea Ahearn, Thomas Bennett, Stanislav Butenko, Grace Eaton, Samuel Emerson, Karina Fox, Ian Hawkes, Arthur Lockman, Nathaniel Marcet, Bethany Marshburn-Ersek, Sara Martin, Justin Reyes, Alex Saunders, Anastasia St. Ours, Clara Stickney, Dorothy Stickney, Emily Stickney, Michael Sullivan, Jr., Amy Sutherland, and Jolie Thomas. Tickets are \$6/\$3. FMI, 780-5555.

The USM Theater Department presents "Inook and the Sun," by Henry Beissel, Apr. 23 to May 2 at Russell Hall Theater, Gorham Campus. Tickets \$14/\$10/\$7. Special \$5 show will be held on Apr. 28 at 5 p.m. FMI, 780-5151.

A one-day History of Baseball class will be offered at the Gorham Middle School on May 22 from 9:30 to noon. The history of baseball and its influ-

ence on the nation, region and local area will be explored in this discussion and experience-based course, followed by an afternoon Portland Sea Dogs Game, all for \$15! FMI, 222-1095 or kima@gorhamschools.org.

Want to learn to fly fish? A two-session course offers the fundamentals with instruction from Patrick O'Shea, a registered Maine Fishing Guide. Tuesdays, Apr. 27 and May 4, 6:30 to 8 p.m. \$29. FMI, 222-1095.

Den Morton of Gorham is interested in starting a **Cancer Prayer and Support Group** in Gorham starting with two meetings a month. If you are interested in taking part of this powerful mission, please call Den at 222-2566.

The Greater Portland Mothers of Multiples Club will be hosting its Annual Used Kid's Clothing and Equipment Sale on Saturday, May 1 from 9 a.m. to noon at St. Anne's Church, 299 Main Street. in Gorham. All are welcome. FMI, www.gpmmc.org.

The Portland Sea Dogs will host the **Third Annual College Fair** on Tuesday, May 4 from 3 to 5 p.m. at Hadlock Field. Representatives from over 50 private, state, and community colleges in New England will attend. After the fair students are invited to watch the Sea Dogs game, where a \$500 scholarship will be awarded to one student during the middle of the fifth inning. Must be present to win. FMI, call the GHS Guidance dept.

Drummer Les Harris Jr. leads an evening featuring him and members of the **USM Jazz faculty** performing the Hard Bop arrangements made famous by jazz drummer Art Blakely. Friday, Apr. 30, 8 p.m. \$15/\$10/\$5. FMI, 780-5555.

Gorham Garden Club will hold a meeting on Apr. 27 from 7 to 9 p.m. at the First Parish Church. Diane George Chaplin will speak on Medicinal Herbs. Public is welcome.

close to home

The Leavitt's Mill Free Health Center and The Saco River Grange Hall invite you to their **Fourth Annual Benefit concert**, "An Evening of Pops," on Saturday, May 15 at 7:30 p.m. Desserts during Intermission. \$15/\$13/under 12 free. FMI, 929-6472.

The Schoolhouse Arts Center at Sebago Lake will present "Alice in Wonderland Junior" from Apr. 16 to 18. FMI, 642-3743.

The **Westbrook-Warren Congregational Church** will hold a Community Meal on Thursday, Apr. 22 and Thursday, Apr. 29 starting at noon. \$4 pp. All are welcome. FMI, 854-9157.



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what's happening

SATURDAY, APR. 17

- Red Cross Blood Drive, 8 a.m. to 1 p.m., Moody's Collision Center, Route 202, Gorham. FMI, 883-0404.
- Southern Maine Symphony Orchestra, conducted by Robert Lehmann, 2 p.m., Gorham Middle School Auditorium. \$6/\$3. FMI, 780-5555.
- USM Chorale, directed by Robert Russell. 5 p.m., Corthell Concert Hall, USM Gorham campus. \$6/\$3. FMI, 780-5555.

SUNDAY, APR. 18

- USM Concert Band, conducted by Peter Martin, 2 p.m., McCormack Performing Arts Center, Gorham High School. \$6/\$3. FMI, 780-5555.

MONDAY, APR. 19

- Tri-Town Extension Meeting, 7 p.m., Public Works meeting room, off Huston Road. Speaker Cathy Corbett on cemetery stones. FMI, 892-8204.

TUESDAY, APR. 20

- Fabulous Fun, Fashion and Fur, 1 p.m., Baxter Memorial Library. Bring your favorite stuffed animal and stop by our grooming station. Parade and snacks to follow. Collection box for pet food. FMI, 839-5031.

WEDNESDAY, APR. 21

- Afternoon of Games, 2 to 6 p.m., Baxter Memorial Library. FMI, 839-5031.

THURSDAY, APR. 22

- Make you own Pet Rock, 10 a.m. to noon, Baxter Memorial Library. Special furry guest. Collection box for pet food. FMI, 839-5031.

FRIDAY, APR. 23

- Chemistry Demonstration, 1 to 2 p.m., Baxter Memorial Library. Members of the chemistry department at USM with

a really big show. FMI, 839-5031.

- Opera Workshop Concert, under the direction of Ellen Chickering, 8 p.m. An evening of works that deal with the Falstaff story, Corthell Concert Hall, USM Gorham campus. \$6/\$3. FMI, 780-5555.

SATURDAY, APR. 24

- Graduate Showcase Recital, 8 p.m., Corthell Concert Hall, USM Gorham campus. Free! FMI, 780-5555.
- Bean Supper at the Bungalow, 5 to 6 p.m., Route 22 and Broadturn Road. \$5/under 3 free! FMI, 839-6972.

SUNDAY, APR. 25

- USM Wind Ensemble, conducted by Peter Martin, and the Southern Maine Chamber Orchestra, conducted by Craig Ouellette, 2 p.m., Corthell Concert Hall, USM Gorham campus. \$6/3. FMI, 780-5555.

TUESDAY, APR. 27

- Pre-School Story Time for ages 3 to 5 yrs., 9:30 a.m., Baxter Memorial Library. FMI, 839-5031.
- USM Jazz Ensembles, Corthell Concert Hall, USM Gorham campus, conducted by Doug Owens and Chris Oberholtzer, featuring guests, the USM Vocal Jazz ensemble. \$6/\$3

THURSDAY, APR. 29,

- Baby and Me Lap Time for ages 0 to 18 mos., 9:30 a.m., Baxter Memorial Library. FMI, 839-5031.
- Toddler Yoga Time for ages 18 to 36 mos., 10 a.m., Baxter Memorial Library. FMI, 839-5031.
- Vocal Jazz Ensembles, conducted by Michelle Snow, 7:30 p.m., Corthell Concert Hall, USM Gorham campus. \$6/3. FMI, 780-5555.

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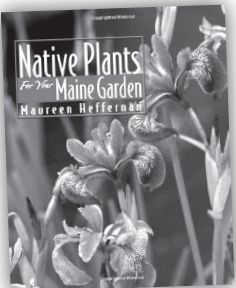


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Gorham Marketplace 2010 Highlights Local Businesses

Dede Perkins

Where did many Gorham residents play "The Price Is Right," buy Girl Scout cookies, see the newest computers, get massages, watch dance, martial arts, exercise and music performances and for a few lucky visitors, win \$100 cash prizes? Gorham Marketplace 2010, of course!

The 2010 Gorham Marketplace took place on March 27 in the Costello Field House on the University of Southern Maine's Gorham campus. As it has done for 13 years, this year's event highlighted many of the products and services available in Gorham and supported the "buy local" trend that is sweeping the country.

The Gorham Business and Civic Exchange is a group of 175 local businesses and organizations dedicated to building a strong local economy and promoting living, eating, and buying locally whenever feasible. Nearly half of the membership participated in Gorham Marketplace 2010 with over 80 businesses displaying their "store-fronts for a day."

Gorham Marketplace was the brainchild of Virginia Wilder Cross, GBCE's founder and original executive director. The first Marketplace was called "The Gorham Trade Show" and was the result of conversation at an early board meeting.

"The goal of the first trade show was to encourage people in town to 'Shop Gorham' before they went out of town for goods and services," said Cross.

"The reaction from people who came to the first show was that they had no idea Gorham had so many businesses."

Finding out what products and services are locally available is still the primary reason many visitors attend this annual event. A second reason is that Gorham Marketplace brings friends and neighbors together to reconnect and welcome spring at an event that has a little something for everyone. One look at all the smiling faces milling around Gorham Marketplace 2010 proved that even after 13 years, Gorham Marketplace is a popular event.



Photos credit Martha T. Harris






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“Grand Theft Drumstick”

Line Road caller requested to speak with an officer, as a group of their chickens were missing.

Sebago Lake Road caller reported that four occupants of a vehicle with duct tape on the door locks were asking residents if they wanted their trees trimmed.

Shaw’s Mill Road caller requested to speak with an officer regarding a call from a former neighbor who reported that the door to the caller’s foreclosed home was open and a pickup truck was driving back and forth.

Sebago Lake Road caller reported that an adult male approached her vehicle at the intersection of North Gorham Road and Route 237. Caller did not stop and continued on to work.

State Street caller reported what they thought was a man walking on State Street with a rifle over his shoulder.

Daniel Street caller requested to speak with an officer regarding the repercussions for juveniles who were sharing internet porn.

William Henry Drive caller reported that sometime over the weekend jewelry had been taken from their residence.

Plowman Road caller could hear females screaming at the end of the road and did not know what the problem was.

Gray Road caller requested to speak to an officer regarding a domestic situation that occurred last year.

Running Springs Road caller reported their estranged spouse was trying to break into the house and was “whaling” on a glass door.

Hodgdon Road caller reported a male punched their mailbox after a confrontation with a motorist.

Officer reported suspicious activity when a vehicle parked up by the tree line on Huston Road turned their headlights off as the cruiser was starting to pass by.

Waterhouse Road caller reported there was a four-foot hole in the chain-link fence at the bypass. Caller was concerned that the deer would get through the fence and cross the road.

Davis Annex caller reported that their neighbor had been harassing them by intentionally running their dog up and down the road in front of the caller’s house, making their dogs bark.

School Street man was arrested for OUI.

Caller reported there appeared to be a gun lying in the middle of the road on the bypass. Caller then reported someone else pulled over and it was just a toy gun.

Mosher Road caller reported that someone pulled into their driveway, and looked at the trailer that was for sale. Caller thought this was suspicious.

Main St. caller reported underage drinking in a neighboring apartment, where subjects were creating a lot of noise.

Mountview Drive caller reported three male adults were in the woods behind their house and had run off when caller spotted them. Caller also reported there was a beat-up car parked at the end of their driveway with some males sitting in the vehicle. The caller requested that an officer check on it.

Ossipee trail caller requested to speak to an officer about an employee who had admitted having stolen money from the business.

Pleble St. caller reported that a group of about 12 kids were unhappy and yelling obscenities because they had been turned away from a frat house.

Pleble St. caller reported a disturbance involving a male they wanted removed from the property.

Fort Hill Road caller requested to speak an officer because someone had taken out a Protection From Abuse Order on them and they wanted to know how this could have been done, since they didn’t do anything to the person.

Main Street caller reported that a large group of intoxicated kids left Burger King where they tried to break a window, were being belligerent and were headed toward the Citgo station.

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