

Gorham Times

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CELEBRATING 16 YEARS—A FREE, VOLUNTEER-RUN, BIWEEKLY COMMUNITY NEWSPAPER

# **5K Race Memorizes 9/11** and One of **Gorham's Own**

Compiled from information provided by Stephen Ward's family

o commemorate 9/11 and remember Stephen Ward (GHS '86), who perished in the North Tower of the World Trade Center, Ward's family organized a 9/11 Memorial 5K Run/Walk and Kids Fun Run that took place on September 11. With more than 300 combined runners and walkers, the race began and ended at the Gorham Recreation Department and served as a fundraiser for the Stephen Gordon Ward Memorial Scholarship Fund. Ward's mother Victoria Randall, and his sisters Susan Ward Moore and Katie Ward Hazel, led the effort in coordinating the race activities.

Stephen Ward was born in 1968 in Portland and was the second of four children born to Gordon Ward and Victoria Randall. He was co-captain of the GHS boys' basketball team, which won the 1986

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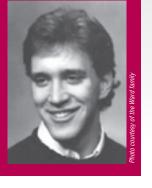
Martha Harris, who attended the Stephen Ward 9/11 Memorial 5K race, said: "So much of our Gorham community came out to support the Ward family and the tragic events of 9/11. We were all carrying varying degrees of pain, sadness and grief from 9/11, but here we were finally able to do something to recognize and express our grief and care for the Ward family and those who were affected by 9/11. We ran. We walked. We competed. We volunteered. We cried. We showed up. We came together. We sang the National Anthem. And we honored Stephen by raising money for scholarships in his memory. That's all we could do, and we did it."

Below: Some of Stephen Ward's GHS '86 classmates gathered together to run and walk in remembrance of 9/11 and the loss of a special friend. Pictured below, front row: Karen Stevens Gaudette, Sharen Stevens Deering, Deborah Pratt, and Kris Mevers Bishop, Back row: Bruce Hepler, Jan Willis MacLeod, Julie Barstow, Liana Aceto Austin.



## The Gorham **Times** Remembers

Stephen Ward and the others who perished in 9/11 will never be forgotten.



# **New Transportation Policy** Frustrates Community Sarah Gavett-Nielsen

n June 2010, the School Committee voted to make changes to the district's transportation policy. The implementation of this change resulted in centralized bus stops for students who were previously picked up in front of or near their homes. New bus routes were also introduced this year as a result of the change in attendance zones accompanying the three K-5 schools. With all of these factors added together, the start of the new school year has been an unusually stressful time for both parents and the Transportation Department. The Department has been inundated with phone calls from parents who were concerned for the safety of their children, or who were upset with the duration of time their children were spending on the bus. In a letter to parents dated September 3, 2011, Superintendent

Ted Sharp assured parents that "the Gorham School Department is dedicated to the safety and security of your children."

Superintendent Sharp and Director of Transportation Norm Justice have been responding to calls from parents, as well as visiting centralized bus stops that parents did not deem safe. Several of the bus stops have been changed in an effort to ensure safety, and the School Department has been working to rectify the issues regarding long bus rides. When asked what factors were contributing to the reported issues with the Transportation Department, Superintendent Sharp stated, "What drove all of this was a new transportation policy. And the second thing that drove it was changing our schools to three K-5 schools, and the decision that

CONTINUED ON PAGE 3

# **Kendal Nicely Sets World Records**

# Wins Events in China and Poland Sherrie Benner

his past August, competing in back-to-back world archery tournaments, Kendal Nicely (GHS '09) was hopeful about her chances, knowing she was prepared to do her very best in representing the United States. With five world records, a championship title, three silver medals and a gold, she certainly succeeded.

Nicely's first tournament was the World University Games held in Shen Zhen, China. As a member of USA's collegiate team (Nicely attends the University of New England), she earned silver in the individual competition, ultimately beating an archer from Russia. The two competitors had been tied for first, and the medal placement came down to a single arrow shoot-off.

That medal was followed with another silver medal for Nicely in a close match in the mixed compound team competition against South Korea. Being with other students her age, all doing what they love, Nicely met many new friends and had an amazing time. For this seasoned traveler, it was her first

After China, Nicely went directly to Legnica, Poland where she was joined by her father and

Kendal Nicely shows the results of her marksmanship after a world archery event in Poland. During August trips to China and Poland, Nicely set five world archery records and won two tournaments while also finishing second in three other events.

CONTINUED ON PAGE 3



Track athletes shine at the **Maine Youth Track & Field** Championships. See page 9 for more information.

# inside the Times

14 Blotter

**5** Living

15 Calendar

4 Municipal

15 Classified **12** Community

6 School 8 Sports







www.gorhamtimes.com

# Safe Disposal of **Prescription Drugs**

Rep. Jane S. Knapp

o you know how to safely dispose of your medications? At a recent conference, I learned about SMAR<sub>v</sub>T Disposal, a partnership between the U.S. Fish and Wildlife Service, the American Pharmacists Association and the Pharmaceutical Research and Manufacturers of America. The goal of the partnership is to educate consumers to dispose of medicines in a safe and environmentally protective way. I was pleased to see an example of business and government working together in such a positive manner and wanted to learn more about this topic.

Medicines play an important role in treating certain conditions and diseases, but too often we simply pour down the drain or flush away our expired or unwanted prescriptions. I learned from SMAR<sub>x</sub>T Disposal that, if stored properly, medications can remain biologically active for months or even years after the expiration date. This means that drugs keep working long after we have poured or flushed them out of sight. They can stay active in our wastewater treatment plants and in our waterways. Pharmaceuticals detected in surface waters can also come from human excrement. Small amounts of medicines can pass through the human body without being metabolized completely and make their way to surface waters through the municipal wastewater treatment system.

According to SMAR<sub>x</sub>T Disposal, studies conducted suggest it is unlikely that the quantities of pharmaceuticals detected in the environment are harmful to human health; however, proper disposal of unused medications is one small step we can take to help protect our waterways. Here are the recommended procedures for safely disposing of prescriptions: (1) Pour medication into a sealable plastic bag (if medication is a solid pill, crush it or add water to dissolve it); (2) to the bag add kitty litter, sawdust, coffee grounds or any material that mixes with the medication and makes it less appealing for pets and children to eat; (3) remove and destroy all identifying

# around town

The deadline for submitting nomination papers for School Committee or Town Council is September 23 at 1 p.m. There are three open seats on School Committee and two on Town Council.

The BioDiversity Research Institute received a \$4.5 million grant from the Department of Energy to study risks to sea birds, sea turtles and marine mammals from offshore wind-power development.

Fort Hill Lobster recently opened at 542 Fort Hill Road. The lobster comes from Casco and Saco Bavs and will be cooked for at extra charge. See ad on page 12.

personal information from all medication containers; and (4) seal the plastic bag and dispose of it in the trash.

Another option for safely disposing of your prescriptions is to participate in a National Prescription Drug Take Back Day. In April of this year, Gorham participated in a Take Back Day. The Gorham Police Department told me that Maine collected 11,920 pounds of expired and unwanted prescription drugs. This impressive result ranked Maine number one in the nation for greatest amount of prescription drugs collected per capita on this day. Another Take Back Day will be held on October 29 and Gorham will once again be participating. I encourage you to gather your expired or unwanted prescription drugs and visit a collection site to safely dispose of them.

By properly disposing of medications yourself or by participating in a Take Back Day you are helping to protect our health and the health of our environment. It is simple, efficient and

Some information in this column was found at: www.smarxtdisposal. net/index.html



Rep. Jane Knapp (207) 839-3880 (800) 423-2900 repjane.knapp@ legislature.maine.gov

# **Infamous New England** Summer **Storms** Sheri Faber

ost of us realize how lucky we were to have escaped the potential for major devastation from Hurricane Irene. It has been 20 years since Hurricane Bob struck the Maine coastline in August 1991. Like Irene. Bob. was downgraded to a tropical storm by the time it hit Maine but three people died and damages just in Maine totaled over \$212,000,000. 2.1 million people lost power. Almost eight inches of rain fell in Portland during the storm. In Gorham, rising waters from streams and rivers washed out five bridges. The press described it as the worst hurricane in New England in 50 years.

Records show that the Hurricane of 1938 dropped substantial rains for four days before the hurricane hit Maine and many dams were broken and bridges and railroad tracks were washed out. Maine was the only New England state with no deaths, but the storm destroyed 4,500 homes, 26,000 cars and 2,600

CONTINUED ON PAGE 13

# **letters** to the Editor

Letters must be less than 300 words, signed with a first and last name, typed or e-mailed and include a phone number. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times and are subject to editing.

#### Dear Gorbam Times,

The Gorham Food Pantry would like to express its thanks and appreciation to the many local gardeners who contributed fresh produce during the summer's growing season, including the harvest from the Gorham Middle School garden. In only five weeks, over 400 pounds of fresh fruits and vegetables were contributed, including lettuce, peas, corn, cucumbers, squash, tomatoes, eggplant, raspberries, strawberries, and so much more. Our clients were so appreciative of the wide variety of fresh garden offerings that we'd like to encourage additional donations of fall harvest from anyone with an abundant supply. The Pantry is open each Thursday morning from 9 to 11 a.m. at 299B Main Street (in the St. Anne's Church parking lot). Fresh produce can be dropped off at the Pantry on Wednesday evenings from 6 to 7 p.m. through October 12. Thanks again, Gorham, for all your support!

Diane O'Neill, President, GFP

#### Dear Gorbam Times,

Our municipal officers must use diligence in order to protect the town and their constituents from expensive lawsuits, and also do their best to protect citizens from injury. However, during the time of storm emergencies, there are times that it may seem like overkill in some situations. I realize that no one should ever attempt to remove trees and other obstructions from electric wires since there is no safe way to be certain they are not or could not become energized.

It would seem that during extensive outages and downed lines and trees that several local contractors with the equipment capable for removing downed trees could be trained and certified to clear the area - with prior approval from CMP that the lines were dead, and even perhaps supervised by a CMP line person. This would, I believe, enhance the work of CMP in putting the lines back up as their crews become available.

If this cannot be done because of some exclusive contract with a specific tree company then something is definitely wrong with the system and I am sure those out of power because the tree company has not cleared the area would not be terribly happy with the situation.

It is far beyond being ridiculous when we need the municipal services to protect us from ourselves, and prevent us from doing things for ourselves during such emergencies to the point where it really scares me to wonder what would happen when a real emergency happens especially during the winter, and someone determines that we cannot even allow someone with capable equipment help open the roads.

John Labrecque, North Gorham

# Gorham Times

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**School News** sallinen1@myfairpoint.net

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## **Advertising and Copy Deadlines**

Ad deadline is the Wednesday of the week prior to issue date. Go to www.gorhamtimes.com and click on the advertising link for schedule.

#### **EDITORIAL POLICY**

The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. Photos will be returned if provided with a stamped, self-addressed envelope. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

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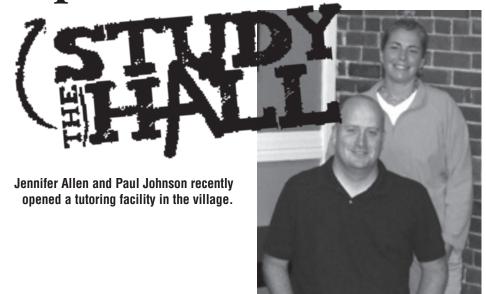
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# profile

# Tutoring Center Expands to Gorham Sherrie Benner



he Study Hall, a locally owned and operated tutoring center, recently expanded operations to Gorham. With other locations in Scarborough and Rockport, the new center at 2 School Street is within walking distance from area schools and the University of Southern Maine. An influx of Gorham students at the Scarborough center signaled a need that prompted this expan-

In 2003, owners Jennifer Allen and Paul Johnson operated Portland Pupils and Maine Tutors, respectively, before joining resources in 2008 and becoming The Study Hall. Mirroring each other's mission of helping students of all ages reach their educational goals, the union was a good fit. Since 2003, Allen and Johnson, both Maine-raised and educated, have helped over 2,000 students achieve their goals. Allen's background includes several years of teaching in the Scarborough School System and Johnson recently retired from teaching math at Southern Maine Community College. The centers have varied tutor resources and each tutor is well versed and educated in their specific subject matter.

The Study Hall offers one-on-one tutoring mostly in the areas of math, science, reading, writing and study skills/organization. Foreign languages are requested areas of study. Tutoring is curriculum-based and as Johnson is quick to elaborate that all tutoring is customized to fit the individual students' academic needs. They make it a point to

familiarize themselves with area teachers and their teaching styles and expectations. Because each class at every school is different, each student is approached differently to ensure they have their own academic needs addressed. The result is confidence in the classroom and improved grades.

Standard test preparation covering the SAT, ACT, SSAT, GRE, GMAT and Accuplacer is another area in which the center works with students in one-onone or in small review groups. College counseling programs help simplify the college admissions process especially with the mandatory student essay. Additional services include credit recovery, speech and language therapy, college placement counseling and support for home-school courses and programs.

Whether it is the start of a new school year, entering a new school, or you are an older student returning for classes in preparation for a new career, The Study Hall will be able to make you feel comfortable and prepared for your classes. Students of all ages, let the Study Hall help you reach your educational goals.

The Study Hall 2 School Street, Second Floor Gorham, ME 04038 www.thestudyhallofmaine.com gorham@thestudyhall.com Open Sunday through Thursday, late mornings to 8:00 p.m. or by appointment

# Transportation FROM PAGE 1

we would continue to deliver children to their daycares even if they're out of their attendance zone." Sharp also stated that "the original plan of the School Committee and the administration was that your child could only be delivered to a daycare if it was in their new attendance zone," but expressed that morally, this would not be the right action to take.

The reason for the change in the transportation policy was driven by our current financial climate, with Sharp stating, "Given that we were changing our schools to K-5 elementary schools, we decided that it would be a good time to really review our bus stops, our pick up

and discharge, and the primary objective that would guide that, which always guides our work, would be the safety of each child. And the second objective would be greater efficiency in running our bus fleet, specifically the expenditure of fuel costs and maintenance costs." Sharp stated that he anticipated the transportation issues to be rectified within eight to 10 school days and added: "These issues have come from a school department that is not trying to put children at risk. I believe that our job is to serve the public's interests and I believe that's the intent of this policy, and the intent of our actions."

# Kendall Nicely FROM PAGE 1

coach, Matt Nicely for her sixth and last Junior World Archery Championship. With 96 countries participating, this was a serious competition of the best world archers. Nicely and her partner from the men's team won silver in the mixedteam match and also set a world record.

But the true excitement of the tournament took place in the shooting for the compound junior women's gold medal. Nicely was evenly matched with her opponent from the Netherlands. and both archers had previously taken youth championship titles. Breaking and setting her own world record with a score of 148 out of 150, Nicely won the individual gold medal and her second consecutive Youth World Championship

"Kendal's run in Poland just topped the 2004 Red Sox as the most amazing thing I have ever witnessed," commented her proud father. "With the last arrow that she will ever shoot as a junior competitor and on the biggest stage possible, she clinched the gold medal and set a new world record. It is impossible to go out with a bigger bang than that."

After shooting for 20 days straight and with an unrelenting pain in her shoulder, that last shot of a perfect 10 just came naturally to Nicely. "Basically, I was on automatic pilot as I shot those last three arrows, but I knew what I had to do and I did it," said Nicely.

Normally reserved with just a smile to acknowledge a win, after breaking her own world record and winning gold, Nicely raised her bow above her head and flashed a big grin to the crowd that enthusiastically was chanting her name.

This was Nicely's last year at the competition as she is already completing on the senior circuit. Already ranked as a world class archer, this was not an end, but the beginning of a busy professional career, Nicely has also resumed her nursing studies at UNE and continues her daily practicing at the archery range at her parent's home in Gorham.



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# municipal

# **Town Council Report**

September 6, 2011 Robin Somes

cting Chairman Christina Caldwell opened the September Town Council Meeting.

Representative Jane Knapp reported that residents who paid property taxes or rent in 2010 may qualify for the Circuit Breaker Program to receive a tax refund. For information, visit www.maine.gov/revenue/taxrelief/tnr.htm. She also mentioned that residents can register online for the Obsolete Pesticide Collection program, which allows proper disposal of old pesticides. Register through the Maine Board of Pesticide Control at www.think-firstspraylast.org.

Susie Phillips of the 275th Commemorative Committee announced the imminent printing of the 275th Commemorative Book, which will be available this fall for \$10 at the Town Office, Baxter Library and the Historical Society. For information, email GorhamBook275@gmail.com.

Councilor Pressey announced committee appointments, which were unanimously approved by the Council. They are: Melinda Sheehan, Planning Committee; Keith McBride, Parks and Conservation Commission; and Jennifer Rush, Fair Hearing Board. Parties interested in open positions on the Recycling Committee or the Zoning Board of Appeals may pick up an application at Town Clerk's office or online at www. gorham-me.org.

Town Manager Cole mentioned the November 8 election and said deadline to nominate candidates for the Town Council and School Committee openings will be September 23 at 1:00 p.m. Registered voters interested in running for these offices must submit nomination papers with 25 to 100 signatures from Gorham registered voters. For information, contact the Town Clerk's Office at 222-1670

Ecomaine will host their Annual Open House on September 24 from 8:30 to 11:30 a.m. Attendees can tour the recycling facility and waste-to-energy plant, and partake in other events and activities. For details, visit ecomaine.org.

School Committee Chairman Dennis Libby reported that he, the building contractor, and architect signed the paperwork for the "substantial completion" of the Great Falls Elementary School and officially took ownership on August 26. This was delayed due to concerns about the security system, which have been resolved.

On the opening day, the Transportation Department was overwhelmed with phone calls and emails regarding the time it took students to get home, and concerns about central bus stops and pickups. According to Libby, contributing factors included the 48 new students enrolled just the week prior to the first day of school that impeded bussing, and the decision to accommodate students to their daycare facilities. Extensive efforts toward maximizing efficiency greatly reduced the time. These will continue, with a goal of 45 minutes or less for getting students to their destinations. Parents with bus stop safety concerns should call the Transportation Department at 893-2547, who will review the safety of the stop. For more information, see page one.

In New Business, the Council voted 5-1 (Miner) to approve amendments to Gorham's Firearms Ordinance. The amendments included muzzle-loading firearms and areas where firearms are prohibited.

The Council voted 6-0 to accept a grant to design a cross-town pedestrian trail from New Portland Road to Hutcherson Drive.

For a request to the Finance Committee to research preservation of the Founder's Monument at the intersection of Church and School streets, the Council voted 6-0 and anticipated a recommendation reflecting the Finance Committee's findings.

### **@YOUR LIBRARY**

# **Literacy Kits**

Pamela Turner, Director, Baxter Memorial Library

urrent research on early literacy and brain development indicates that it is never too early to prepare children for success as readers. Parents of newborns, toddlers and preschoolers have the critical role as their children's first teacher.

Young children need a variety of skills to become successful readers. Reading experts have determined that six specific early literacy skills – vocabulary, print motivation, print awareness, narrative skills, letter knowledge and phonological awareness – become the building blocks for later reading and writing. Research indicates that children who enter school with more of these skills are better able to benefit from the reading instruction they receive when they arrive at school.

At Baxter Memorial Library, we want to help you help your child by providing literacy kits to help develop these six early literacy skills. These kits may be checked out with a valid library card:

Getting Ready to Read: These kits contain many early literacy hands-on activities to address all learning styles and the six critical skills. We have a total of eight of this type.

Gorham, Maine Local History Literacy Kit: This kit contains very brief notes on Gorham history suitable for families to trace some of the events that helped shape our town. **Baxter Memorial Literacy Kit Microscope:** This kit contains a primary microscope with instruction booklet, ten

plastic slides with specimens, and disposable slides for examination of your own specimen(s) and several books about microscopes.

Baxter Memorial Literacy Kits Science Literacy Kit Magnets: This kit contains magnets and accompanying books and activities.

Coming Soon – Lit Kits for Babies: These kits will be full of developmentally appropriate books and manipulatives.

For more information on early literacy skills and Baxter Memorial Library Literacy Kits, please contact Youth Services Librarian Kathy Stevens at 839-5031 or kstevens@msln.net.



Pam Turner holds an MLS from Simmons College and is active in statewide library activities including the Maine Library Association and the Minerva Library Consortium. She may be reached at the

library at 839-5031 or pturner@msln.net.



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# living

## COVERING GROUND

# Spring into Fall! Jeff O'Donal

t is a big misconception that for successful planting in Maine, you can only plant in the spring. While there were reasons for this to have been true decades ago, it is no longer the case because of advancements in plant production. In fact, for a successful lawn installation or renovation, there is no better time than September for seeding.

In the fall, some weed seeds will not sprout when planting grass seed. This gives the grass seed a chance to sprout and establish roots before spring brings weed seed germination. If it has a chance to establish first, healthy grass will crowd out advancing weeds.

Years ago, if you wished to plant a tree or shrub, the plant would have had to be dug from field soil while the plant was dormant in the spring. Once a tree began its spring growth, it was considered no longer safe to transplant. This is where the saying "must plant in spring" originated. In truth, the best and safest time to plant is immediately after digging. However, with the advent of container plant production, this has changed dramatically.

When a tree or shrub is dug from the soil, as much as 75 percent of its root system remains in the field. Conversely, when a container-grown plant is planted, 100 percent of its root system remains with the plant. This has increased not only the timeframe of successful planting, but the

survival rate of those plantings as well. In truth, a tree or shrub can be planted at any time moisture is available to keep it moist after planting if it has been dug and maintained well enough to develop a new root system, or if it is a container-grown plant with well-established roots.

There is one major exception. Fall planting of evergreens is possible, but should be avoided late in the fall if the area is exposed to severe winds. Winter winds will dry out the needles that stay on evergreens, especially if the area is exposed to salt-laden winds. While Gorham is not exactly on the coast, salt is used on our roads in winter, and this salt can be picked up with winter exposure. Plant evergreens in early fall, which will allow the establishment of a new root system to help counter salt buildup. Deciduous trees that lose their foliage completely in fall have less exposure to wind and salt, and can be successfully planted right up until the ground is frozen.

Also keep in mind that fall is the very best time to plant spring-flowering bulbs such as daffodil, tulip and crocus. Happy growing.

Jeff O'Donal is a Maine Certified Nursery Professional and owner of O'Donal's Nursery in Gorham with over 40 year of experience in the plant industry.







in Ephesus, Turkey.

# **World History Teachers Spend** Time Abroad Stacy Sallinen



**Shauna Dunn is pictured in front of the Celsus Library**, built around AD 117,



James Welsch's travels took him to many of the cultural and historical sites in China, including the Great Wall, Summer Palace, Temple of Heaven and Tiananmen Square. Welsch is pictured in front of the Meridian Gate of the Forbidden City in Beijing.

wo world history teachers from Gorham High School (GHS) spent the summer getting first-hand experience in some of the lessons they teach to their students.

James Welsch spent just over three weeks in China participating in a Chinese Workshop for Chinese Language Teachers on the campus of Capital Normal University. The workshop was primarily funded through the Beijing International Education Exchange program and with some district funds for professional development.

Welsch's interest in China grew during college while working toward a degree in history. After fulfilling course requirements in Asian studies, he discovered he most enjoyed learning about the demands for China to modernize, both socially and economically, and the desire to maintain a rich history of tradition and philosophy.

Welsch stayed mostly at Capital Normal University in Beijing's Haidian District, home to many prestigious universities. Since the area doesn't spe-

cifically cater to tourists, Welsch experienced some of the true culture through markets, cuisine, hospitality, hutongs, or a traditional Chinese alley, and even visited a peach farm in the country.

As a world history teacher, Welsch spends time teaching about China as an ancient civilization and how written language plays an important role in its development. While in China, Welsch learned about the origins and evolution of the written language. Based on ideograms, many of the characters are hybrids or combinations of different characters, which come from pictographic writings from the ancient Chinese. Welsch plans to incorporate some of this information into his lessons to help draw connections between ancient and modern cultures.

Currently, introductory Mandarin is offered at GHS through a for-credit Rosetta Stone language computer program. Students complete the work outside of their regularly scheduled classes with support from Welsch, who is looking into programs to further his own

# **Esty Becomes First** Principal at Great Falls

Stacy Sallinen

ith the start of a new school year and the opening of a new school, Jane Esty is ready for her new role. In July, Esty officially became the first principal of Great Falls Elementary School.

However, Esty isn't new to Gorham. She received a B.A. in Elementary Education and a Masters Degree in Educational Leadership from the University of Southern Maine and completed her student teaching at the Charlotte Millette School in 1980. She remained in Gorham teaching fourth, combined fourth and fifth, and sixth grades. Additionally, Esty worked for two years as the liaison for the ATLAS School Restructuring Initiative, a K-12 lead teacher, and most recently served as assistant principal at Village School from 1999-2011.

Previously Esty worked as a front office manager for Hilton Hotels, along with being part of a team that opened a multi-million dollar hotel outside of New York City. She learned to mediate concerns of guests and faced similar challenges in getting a new building to become functional and efficient. These roles prepared her well for the opening of Great Falls.

For Esty, the most rewarding part of her job comes from seeing the success of students. Esty said: "The positive feedback received from parents, teachers and the children themselves help to monitor that [success]. I also want to stay aware of my own internal barometer that we are making progress toward what is right and good. When children are safe, happy and learning, I feel like I am doing my job well. If I can set the stage for that to be the norm at Great Falls, I will be satisfied.'

Another highlight for Esty is walking



through the school in solitude during the early morning hours, and then again at the start of the instructional day when classrooms are full of life. During her walks she wears sneakers, which were labeled by a kindergarten student as her "get-around shoes."

As for the challenges that lie ahead, Esty will roll up her sleeves and work hard to meet the expected requirements. A big source of frustration comes from demands where she has no control, including unfunded mandates from state or federal agencies or legislation that asks for change but does not necessarily make sense. She remains focused on the best interests of the children.

Since her own children went through Gorham schools, Esty feels a sense of loyalty to the community and feels this role is a way of giving back. With help from students, parents, staff and the entire community, Esty plans to establish a 21st century learning community built on traditional values. Esty feels lucky to have Assistant Principal Becky Fortier by her side. "She's smart, dedicated and full of energy. I have been blessed with smart, caring individuals in my staff."

fluency and comprehension. The spoken language is complex, and intonation can change the meaning of a word.

In the next few years, GHS hopes to offer a more comprehensive course in Chinese history, culture and language elective, taught by Welsch.

Shauna Dunn spent two weeks in Turkey as part of a study tour designed to enhance classroom curriculum for teachers. The trip was funded primarily through the Turkish Cultural Foundation (TCF), which supports public education, outreach, cultural promotions and preservation through cultural exchanges

Dunn was eligible to apply for the study tour after attending a one-day workshop on Turkey, which was sponsored through the World Affairs Council of America (WACA). WACA strives to educate, inspire and engage Americans in international affairs and the critical global issues of our times.

While in Turkey, Dunn traveled to Istanbul, Gallipoli peninsula, Troy, Bursa, Kusadasi, Pamukkale, Konya, Cappadocia, and Ankara. She visited

many museums, national parks, including Gallipoli National Park, Catalhoyuk, a 7500 BC Neolithic site located in central Turkey, and Ataturk's mausoleum.

As a world history teacher for freshmen and juniors, Dunn decided to take advantage of the study tour since Turkey is an important part of the curriculum. Its location is central to world history, spanning thousands of years and includes Neolithic settlements, Greco-Roman heritage, the Byzantine period, Ottoman Empire and the Turkish republic. Dunn plans to incorporate various photos and experiences into her lessons related to the curriculum.

Dunn cautions that her trip to Turkey only allowed her to see a snapshot of the country. However, given her experience of living in Central Asia for two years while in the Peace Corps, she is confident in her experience and knowledge of the region. Her experience in Turkey only illuminated many aspects of what she teaches in the classroom.

# **Maine Artist and Author Holds Book Signing Event**



Dahlov Ipcar, a renowned artist and author of more than 30 books for children and young adults, held a book-signing event in Georgetown, Maine. One of Ipcar's art pieces, a mural depicting ocean, farmland and forest animals of Maine, can be seen in the lobby at Narragansett Elementary School. Pictured at the book signing in Georgetown where Ipcar resides are (back row) Adele Nadeau; Jadis Quiles, a child visiting the Nadeau family through the Fresh Air Fund; Grant Nadeau; (front row) Wyatt Nadeau and Ipcar.

# **GHS Senior Jump Starts** Military Career Sarah Gavett-Nielsen



Dominic DeLuca stands with his mother, Laurie DeLuca, and his father, Timothy DeLuca, in front of the National Infantry Museum in Georgia after Dominic's graduation from basic training.

hile his classmates were wrapping up the 2010-2011 academic year, Dominic DeLuca packed his bags to travel to Fort Benning, Georgia where he spent his summer vacation going through basic training for the Army. DeLuca sacrificed his summer vacation to pursue his training. He also had to miss his first week of football practice this year, but was still named captain thanks to his leadership skills. After meeting with a recruiter in November 2010, shortly after his seventeenth birthday, he was told that he was eligible for the Army but he would have to lose some weight. DeLuca gave up his favorite foods and lost an astounding 112 pounds. DeLuca saw his weight loss as just one more hurdle to overcome in making his dream come true, stating, "I've wanted to be in the Army my whole life. It's a way to give back." He credits his parents with instilling the respect he has for this country.

DeLuca states the best part of basic

training was "the camaraderie and meeting new people." He also said he was in a platoon with sixty other males, working together and becoming a family unit. "I'm still in touch with all of them so it's definitely great." He also admits that he now has a greater sense of discipline and respect as a result of his training.

DeLuca has plans to be in the Army for a long time, stating, "I'd like to be enlisted then go through ROTC, which is Reserve Officers' Training Corp, and become an officer and make a career out of it." He admits he was nervous going into basic training but that he gained some valuable lessons from the experience. DeLuca said: "When all odds are against you, you give it one hundred percent. You never know what the outcome is going to be, that's what I learned from basic. I went in there nervous and afraid that I wouldn't be able to make it through but I came out suc-

# **Project Graduation** Underway Sue Dunn

lans are underway for 2012 Project Graduation. An all-night chemicalfree party, Project Graduation is an annual event that immediately follows the high school graduation. The event began in 1980 in response to a graduation season in which 12 Maine teens were killed in alcohol related accidents.

Project Graduation takes hours of planning and fundraising for the 200 or so students who attend. Donating returnable bottles is an easy way to help this effort. Clynk bags are available; ask any senior for a bag or two.

Also during October, Harvest Gold Calendars will be sold for \$10 from senior class members and their families. The calendars outline prize drawings, which will be held throughout

November. These are a fun way to win various gift cards and prizes from local businesses.

Future ideas include a silent auction and comedy show, but many more ideas, as well as volunteers, are needed. The committee meets the third Tuesday of each month at 6:30 in the multipurpose room at the Gorham Recreation facility at 75 South Street. Committees include fundraising, entertainment and food. Whether you can participate just a little or a lot, all parents of 2012 seniors are welcome and encouraged to attend.

For more information, contact Brenda Orach 892-2891, Becky Doughty 233-2535 and Darcy Bourgault or ask to be added to the email distribution list.

# school notes

Mike Fortier has joined the staff at

Narragansett Elementary School as a physical education teacher. He received a B.A. in Physical Education from Saint Joseph's College.

Save the date! A dedication for Great Falls Elementary School will held on Sunday, October 16 at 2 p.m. Public is welcome to attend. More information to follow.

# **Saco & Biddeford Savings Hosts Free Shredding Event**



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**GHS FALL SPORTS** 

# Coaches, Captains and the Outlook for the Season

Compiled by Jeff Pike

#### **BOYS' CROSS-COUNTRY**

**Head Coach:** Jason Tanguay, entering second year as head coach

Captains: Cortlandt Dunn and Joe DeRoy Coach Comments: "Our strengths include our work ethic and team camaraderie, but we are also a young team, and many of our runners need to improve their base mileage. We graduated the top four runners from last season so we will be looking for many underclassmen to step it up this season. The team goal is to qualify for the State Meet. This will be a challenge, but with some hard work this season it is possible."

#### **FOOTBALL**

**Head Coach:** Dave Kilborn, entering 13th year as head coach

**Captains:** Dom Deluca, Dylan Whitaker, Brad Turnbaugh

Coach Comments: "These guys play as a team - not individuals. They also have a desire to win and their work ethic will allow this to happen. We have a bunch of seniors who are very good leaders and who we have put our faith in, and we hope that they will help our team improve every week. We have worked hard on the basics of blocking and tackling, and going back to our roots, we have had to break these skills down. As the season progresses, we will see these guys improve on every level. We aim to be in contention for a play-off berth, and the change in our schedule has given us more opportunities to be successful on a weekly basis. We still play eight great teams during the regular season, but we have the potential to compete weekly. Our seniors are a great bunch of leaders and have raised the bar by increasing the level of intensity during our practices. We will all benefit from this leadership; the product that they put on the field will be much improved over the past couple of years."

#### GOLF

**Head Coach:** Rick Altham, entering third year as head coach.

**Captains:** Ryan Baillargeon, Nathan Roop, Mike Caron

Coach Comments: "We have a lot of depth, and the golf program has seen an increase in participation. All the players are working hard to improve their game, and there are a lot of players competing to earn a varsity spot. This competition is healthy and will prepare our players for matches and hopefully the states. But we will need to fill the leadership void left by graduating seniors Mike Arsenault and Sullivan Conley—the upperclassmen are going to have to step up and help lead our team both on and off the course. One of our goals is to improve our record when we compete at away matches. The team understands the importance of winning on the road and is focused on improving our away record. I like the

way our team is developing and think we will be competitive within our division. We are going to have to work very hard to reach our goals of winning our division and qualifying for the states since we have a very difficult regular season schedule and will need to be focused to win matches. The players have worked hard and are looking forward to the season."

#### **BOYS' SOCCER**

**Head Coach:** Tim King, entering 12th year as head coach

**Captains:** Drew Hopkins, Kevin Lubelczyk, and Carter Bowers

Coach Comments: "Eight starters return from last season's squad, so the team has playoff experience to go with some very talented players. This team has the speed, size, strength and skill to compete with anyone in Class A. Consistent play and building team depth will be a key to the season. A tough early schedule will test us right away, but I expect the team to continually improve and make a deep run in the tournament."

#### **GIRLS SOCCER**

**Head Coach:** Jeanne Zarrilli, entering 9th year as head coach

**Captains:** Kiersten Turner, Audrey Adkison, Lindsey Smith

Coach Comments: "We pass the ball well and work well together as a team, and the players are versatile so that they can play more than one position. But we need to work on finishing and communicating. We expect to compete with all the teams in our league, and there is a great deal of parity among the top teams including Scarborough, Greely and Thornton Academy. The games should be very close and exciting, which will help push us all to play at the next level."

## FIELD HOCKEY

**Head Coach:** Beck Manson-Rioux, entering third year as head coach

**Captains:** Kelsey Pequinot, Deireann Stillson and Brandi Emerson

**Coach Comments:** "Communication, work ethic, the ability to adapt, team unity and being highly motivated are our team strengths while we are working hard to score more goals. Our team goals for the season are to improve dodges, enhance team unity, improve leadership, make the top five in the conference and earn a playoff spot."

#### GIRLS' CROSS-COUNTRY

**Head Coach:** Kurt Schwanda, entering fourth year as head coach **Captains:** Katie Flanders and Leanna

**Coach Comments:** "We have good leadership and some talented individual runners, but we are a very small team and are hoping to pick up a few more

athletes. Other than that, we need to get and stay healthy while trying to get everybody to lower their times. Working on our base mileage and our mental toughness should help. We hope to make it to the Class A State Championship Meet again this year. Although we have graduated some very talented runners in recent years, we're hoping that with some hard work we can earn a trip to the state meet."

#### **VOLLEYBALL**

**Head Coach:** Lisa Curley, entering fourth vear as head coach

Captains: Vicki Parker and Taylor Hansen Coach Comments: "We will have strong serving this year along with a group of highly-driven athletes. I expect to be tough on defense as well, but we are also still improving our passing skills and our offense. The girls have put in a tremendous effort in the offseason and are emotionally prepared to have a successful season. Our starting setter, Kaitlyn Seehusen, has injured her ankle, but senior Grace Eaton and sophomore Charlene Landry have stepped up to run our offense."

# Upcoming Sports Events at the USM Gorham Campus

Saturday, September 17

12:00 p.m.

Women's Tennis vs. Western Conn. St.

12:00 p.m.

Women's Soccer vs. Western Conn. St.

All games subject to change. For up-to-date schedules of all USM sports teams, visit www.southernmainehuskies.com

# in**the** Zone

**Knocks Off Defending State Champs:** 

The GHS girls' soccer team defeated Scarborough, the defending Class A state champions, 1-0 on September 10. Junior **Kali St. Germain** scored the lone goal on an assist from senior **Kiersten Turner**. Senior goal keeper **Sarah Perkins** earned the shutout. At press time the Rams were 2-0 on the season.

#### Aces Lead to First Win: Samantha

**Robinson** served 10 aces to lead the GHS volleyball team to its first win of the season, 3-0, over Yarmouth on September 8th. Lindsay Chapman and Grace Eaton also contributed with seven and five kills respectively.

**Double-Double Goal Scorers:** Juniors **Connor Regan** and **Kyle Curley** both scored two goals as the GHS boys' soccer team defeated Westbrook, 10-0, on September 2.

Hat Trick: Junior Kali St. Germain scored three goals to lead the GHS girls' soccer team to an opening-day 8-1 win over Westbrook on September 2.

Superior Ground Attack: The GHS football team rushing attack dominated Kennebunk as the Rams won their opening game, 29-6 on September 2 by amassing 465 yards. Leading the way was junior Matt McKinney with 152 yards rushing while senior Nick Kilborn chipped in with 104 yards. Also turning in impressive performances were senior Brad Turnbaugh with 89 yards and sophomore Nick Greatorex, who capped the game's scoring with a 74-yard touchdown run on his only carry of the game.

Back-to-Back Shutouts: GHS boys' soccer goal keeper Carter Bowers, a senior, posted back-to-back shutouts in the team's first two games, a 10-0 win over Westbrook on September 2 and a 2-0 win over Windham on September 6. Key defenders assisting with the shutouts included senior defenders Steve Albanese and Nate Bucknell; juniors Kyle Curley, Mike Sullivan and Chris Hardy; and sophomore Tyler Eldridge.

# **Upcoming GHS Varsity Sports Line-Up**

Thursday, September 15

5:30 p.m. Boys' Soccer vs. Portland @ Fitzpatrick Stadium

Friday, September 16

3:30 p.m. Field Hockey @ South Portland

4:00 p.m. Girls' Cross-Country vs. South Portland @ Narragansett School 4:00 p.m. Boys' Cross-Country vs. South Portland @ Narragansett School

6:00 p.m. Volleyball @ Cape Elizabeth

7:00 p.m. Football vs. Portland High School @ Fitzpatrick Stadium

Saturday, September 17

6:00 p.m. Girls' Soccer vs. Portland @ GHS

All games subject to change. For up-to-date schedules of all GHS sports teams, visit www.highschoolsports.net

# **Track Athletes Shine at State Meet**



Photo credit Todd Bickford

Nine Gorham youth track athletes participated in the Maine Youth Track & Field Championship Meet in Windham with first-place finishers including Alex Morin in the 9/10-year-old race walk with a time of 5:25.62; Noelle Dibiase, in 11/12-year-old javelin with a distance of 90-3 and who also participated in the triple jump; and Amalia lonta, who won the 8-and-under javelin with a distance of 46-1. Ionta also placed third in the long jump with a distance 7-9.25. Other Gorham participants included Branden Kuusela in the 13/14 age group 3000 meters, long jump and javelin; Alex Smith in the 13/14 age group discus and javelin; Hayley Bickford in the 11/12 age group 800 meter race walk and triple jump; Olivia Ionta in the 11/12 age group javelin; Sam Waggoner in the 9/10 age group javelin; and Andrew MacFeat in the 8-and-under age group 100 meters. The athletes are pictured above with some of their fans and coaches. Front row, from left to right: Hayley Bickford, Anna Smith, Olivia Ionta, Andrew MacFeat, Sam Waggoner and Noelle Dibiase. Middle row: Assistant Coach Natalya Gorsky, Brandon Kuusela and Alex Smith, Back row: Amalia Ionta, Allie MacFeat, Isabella Ionta, and javelin coach Chris MacFeat. Absent from the photo are Alex Morin, Head Coach Todd Bickford, Assistant Coach Elijah Ionta, and Assistant Coach Katie Flanders.

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# 9/11 Race FROM PAGE 1

Western Maine Championship. Ward also received the Student-Athlete Award at his graduation. Sports were enduring interest for Ward, and as a kid, he spent countless hours playing Wiffle ball, soccer, football and basketball with his brother, Ken. Stephen was always organizing family and neighborhood games.

After graduating with honors in 1991 from the University of Maine while majoring in finance and then completing postgraduate work in advanced accounting at the University of Maryland, Ward received his license as a certified public accountant. In August of 2001, he started a new job for Cantor Fitzgerald, an international bond and equity-trading firm at the World Trade Center. Cantor Fitzgerald's offices were on the 101st to 105th floors of the North Tower of the World Trade Center.

Before his death, Ward had recently sent family members his new business cards covered in Post-It notes reminding them to "hold on to these, they'll be worth something someday." His family said that taking care of his loved ones was his highest priority, and in the last

communication he had with his family, he instructed his little sister to check up on their mother for him.

Kurt Schwanda of Gorham, who also teaches at GHS, finished first overall with a time of 16:18 followed by Peter Downing, also of Gorham, with a time of 16:41. Coming all the way from Tennessee to compete was Ward's high school basketball coach at GHS, Kevin Jenkins, and his wife Kathy. Kevin finished fifth overall and first in the male 50-64 division with a time of 18:16. Their daughter, Emily Jenkins, was among the Gorham residents finishing first in her division (female 20-34) with a time of 19:08. Shane Zerillo was the other division category winner from Gorham (female 35-49) with a time of 21:17.

Following are the results of the nearly 150 runners from Gorham who competed in Ward's memory as well as the memory of all the victims of 9/11. Also among the competitors was Ward's mother, Victoria Randall.

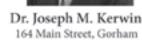
(Some competitors ran the course while others walked)



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37         Todd Walker         22:25         139         Maria Remington         29:17         240         Jackson Banks         4           38         Andre Labrie         22:31         140         Sharen Deering         29:30         247         Mckenna Roberts         4           44         Kimberly Douglass         22:56         143         Karen DiDonato         29:46         248         Jim Roberts         4           45         Christy Arnett         22:57         144         Cory Perreault         29:47         251         Jul Book Deerts         4           46         Bartley Parker         22:58         154         Robert Staab         31:02         252         Benjamin Roberts         4           55         Jill Sorrentino         23:18         155         Julia Gaudette         31:06         255         Peggy Douglass         4           55         Dale Rines         23:26         157         Toni Chabot         31:09         261         Cindy Jean         4           56         Rachel Baillargeon         23:33         158         Ryan O'Toole         31:12         264         Mary Ellen Moon         4         265         David Moon         4         266         Jim Allen						239	Griffin Banks	45:51
Andre Labrie 22:31 140 Sharen Deering 29:30 247 Mckenna Roberts 4 Kimberly Douglass 22:56 143 Karen DiDonato 29:46 Christy Arnett 22:57 144 Cory Perreault 29:47 250 Jacob Roberts 4 Bartley Parker 22:58 154 Robert Staab 31:02 251 Benjamin Roberts 4 Bartley Parker 22:58 154 Robert Staab 31:02 252 Benjamin Roberts 4 Bartley Parker 22:58 154 Robert Staab 31:04 255 Benjamin Roberts 4 Bartley Parker 22:58 154 Robert Staab 31:04 256 Peggy Douglass 4 Bartley Rarker 23:20 156 William Hepler 31:06 257 Emmaline Douglass 4 Bachel Rines 23:26 157 Toni Chabot 31:09 261 Cindy Jean 4 Bachel Baillargeon 23:33 158 Ryan O'Toole 31:12 264 Mary Ellen Moon 4 Bristal Jean 23:38 159 Tyler Fitz 31:22 265 David Moon 4 Bachel Lawrence 23:40 163 Kerry O'Toole 31:49 266 Javid Moon 4 Bristal Jean 23:53 168 Andrea Gooch 32:18 263 Laurie Macdonald 5 Brenda Caron 32:26 267 Karin Allen 5 Brenda Caron 32:26 267 Karin Allen 5 Brenda Caron 32:26 277 Sophia Minchev 5 Bristal Mason 24:23 180 Nicholas Patrizio 33:57 276 Samuel Minchev 5 Buinda Whitten 24:24 184 Becky Metivier 34:18 278 Bruce Hepler 5 Buinda Whitten 24:24 184 Becky Metivier 34:18 278 Bruce Hepler 5 Buinda Whitten 24:24 184 Becky Metivier 34:18 278 Bruce Hepler 5 Buinda Whitten 25:02 195 Deborah Pratt 35:14 285 Xander St. Cyr 5 Buinda Whorrell 25:02 195 Deborah Pratt 35:14 285 Xander St. Cyr 5 Buinda Whitten 25:04 196 Jackie Farwell 35:14 285 Xander St. Cyr 5 Buinda Whitten 25:07 198 Jillaine Geary 35:34 288 Catharine Fox 5 Buinda Whitten 25:08 204 Bob Leavitt 36:00 293 Elizabeth Douglass 5 Buinda Bingham 25:33 205 Hunter Poitras 36:01 297 Kelli Goff 5 Buinda Whitten 25:38 206 Joe Hepler 36:03 300 Jamie Douglass 5 Butch Lefebvre 1:0 Buinda Minchev 25:37 210 Alan Curtis 37:09 306 Butch Lefebvre 1:0	•					240	Jackson Banks	46:08
444         Kimberly Douglass         22:56         143         Karen DiDonato         29:46         248         Jim Roberts         4           455         Christy Arnett         22:57         144         Cory Perreault         29:47         251         Jacob Roberts         4           46         Bartley Parker         22:58         154         Robert Staab         31:02         252         Benjamin Roberts         4           550         Jill Sorrentino         23:18         155         Julia Gaudette         31:04         252         Benjamin Roberts         4           552         Katie Graham         23:20         156         William Hepler         31:06         257         Emmaline Douglass         4           555         Dale Rines         23:33         158         Ryan O'Toole         31:12         264         Mary Ellen Moon         4           567         Kristal Jean         23:33         158         Ryan O'Toole         31:49         266         Jim Allen         4           568         Rachel Lawrence         23:40         163         Kerry O'Toole         31:49         266         Jim Allen         4           661         Devin Mchatten         23:51         167 <td< td=""><td></td><td></td><td></td><td>•</td><td></td><td>247</td><td>Mckenna Roberts</td><td>47:25</td></td<>				•		247	Mckenna Roberts	47:25
45 Christy Arnett 46 Bartley Parker 47 22:58 48 Bartley Parker 48 Bartley Parker 48 Bartley Parker 49 22:58 40 Jill Sorrentino 40 23:18 41 55 Julia Gaudette 41 31:04 42 252 Benjamin Roberts 42 Benjamin Roberts 43 Benjamin Roberts 44 Bartley Parker 45 Julia Gaudette 45 Julia Gaudette 46 Bartley Parker 47 Sepegy Douglass 48 Benjamin Roberts 49 Benjamin Roberts 40 Benjamin Roberts 40 Sepegy Douglass 40 Sepegy Douglass 41 Sepegy Douglass 42 Sepegy Douglass 43 Sepenjamin Roberts 44 Benjamin Roberts 44 Benjamin Roberts 45 Benjamin Roberts 46 Benjamin Roberts 46 Sepegy Douglass 47 Sepegy Douglass 48 Benjamin Roberts 48 Benjamin Roberts 49 Benjamin Roberts 49 Benjamin Roberts 40 Sepegy Douglass 49 Benjamin Roberts 40 Sepegy Douglass 40 Sepegy Douglass 40 Sepegy Douglass 41 Sepenjamin Roberts 40 Sepegy Douglass 41 Sepenjamin Roberts 40 Sepegy Douglass 41 Sepenjamin Roberts 42 Sepenjamin Roberts 44 Sepenjamin Roberts 44 Sepenjamin Roberts 45 Sepenjamin Roberts 45 Sepenjamin Roberts 46 Sepenjamin Roberts 45 Sepenjamin Roberts 46 Sepenjamin Roberts 47 Sepenjamin Roberts 48 Sepenjamin Roberts 49 Sepengamin Roberts 40 Sepengamin Roberts 42 Sepenjamin Roberts 42				•		248	Jim Roberts	47:25
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50         Jill Sorrentino         23:18         155         Julia Gaudette         31:04         252         Benjamin Roberts         4           52         Katie Graham         23:20         156         William Hepler         31:06         256         Peggy Douglass         4           55         Dale Rines         23:26         157         Toni Chabot         31:09         261         Cindy Jean         4           56         Rachel Baillargeon         23:33         158         Ryan O'Toole         31:12         264         Mary Ellen Moon         4           57         Kristal Jean         23:38         159         Tyler Fitz         31:22         265         David Moon         4           58         Rachel Lawrence         23:40         163         Kerry O'Toole         31:49         266         Mary Ellen Moon         4           60         Chris Moody         23:51         167         Ron Smith         32:05         267         Karin Allen         5           61         Devin Mchatten         24:10         169         Brenda Caron         32:26         272         Nelita Stevenson         5           64         Kenneth Curtis         24:13         172         Alex Smith	•			•		251	Dylan Roberts	47:41
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56         Rachel Baillargeon         23:33         158         Ryan O'Toole         31:12         264         Mary Ellen Moon         4           57         Kristal Jean         23:38         159         Tyler Fitz         31:22         265         David Moon         4           58         Rachel Lawrence         23:40         163         Kerry O'Toole         31:49         266         Jim Allen         4           60         Chris Moody         23:51         167         Ron Smith         32:05         267         Karin Allen         5           61         Devin Mchatten         23:53         168         Andrea Gooch         32:18         268         Laurie Macdonald         5           64         Kenneth Curtis         24:10         169         Brenda Caron         32:26         272         Nelita Stevenson         5           65         Megan Mchatten         24:13         172         Alex Smith         33:01         275         Sophia Minchev         5           66         Mike Chabot         24:16         179         Pam Mercier         33:57         276         Samuel Minchev         9           68         Linda Whitten         24:23         188         Courtney Burns							-	49:22
57         Kristal Jean         23:38         159         Tyler Fitz         31:22         265         David Moon         4           58         Rachel Lawrence         23:40         163         Kerry O'Toole         31:49         266         Jim Allen         4           60         Chris Moody         23:51         167         Ron Smith         32:05         267         Karin Allen         5           61         Devin Mchatten         23:53         168         Andrea Gooch         32:18         268         Laurie Macdonald         5           64         Kenneth Curtis         24:10         169         Brenda Caron         32:26         272         Nelita Stevenson         5           65         Megan Mchatten         24:13         172         Alex Smith         33:01         275         Sophia Minchev         5           66         Mike Chabot         24:16         179         Pam Mercier         33:57         276         Samuel Minchev         9           68         Katie Mason         24:23         180         Nicholas Patrizio         33:58         277         Tonja Toderico         5           68         Linda Whitten         24:24         184         Becky Metivier	•			•			•	49:30
58         Rachel Lawrence         23:40         163         Kerry O'Toole         31:49         266         Jim Allen         4           60         Chris Moody         23:51         167         Ron Smith         32:05         267         Karin Allen         5           61         Devin Mchatten         23:53         168         Andrea Gooch         32:18         268         Laurie Macdonald         5           64         Kenneth Curtis         24:10         169         Brenda Caron         32:26         272         Nelita Stevenson         5           65         Megan Mchatten         24:13         172         Alex Smith         33:01         275         Sophia Minchev         5           66         Mike Chabot         24:16         179         Pam Mercier         33:57         276         Samuel Minchev         9           68         Katie Mason         24:23         180         Nicholas Patrizio         33:58         277         Tonja Toderico         5           69         Linda Whitten         24:24         184         Becky Metivier         34:18         278         Bruce Hepler         5           73         Colleen Ward         24:39         188         Courtney Burns							•	49:52
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64         Kenneth Curtis         24:10         169         Brenda Caron         32:26         272         Nelita Stevenson         5           65         Megan Mchatten         24:13         172         Alex Smith         33:01         275         Sophia Minchev         5           66         Mike Chabot         24:16         179         Pam Mercier         33:57         276         Samuel Minchev         9           68         Katie Mason         24:23         180         Nicholas Patrizio         33:58         277         Tonja Toderico         5           69         Linda Whitten         24:24         184         Becky Metivier         34:18         278         Bruce Hepler         5           73         Colleen Ward         24:39         188         Courtney Burns         34:36         282         Kathryn Morrill         5           75         Amy Smith         24:46         189         Lisa Burns         34:38         283         Mark Morrill         5           78         Dan Mceachin         25:01         190         Andrea Nault         34:46         284         Jeanne Sullivan         5           79         Sarah Morrell         25:02         195         Deborah Pratt	61 Devin Mchatten	23:53	168	Andrea Gooch	32:18			50:06
65         Megan Mchatten         24:13         172         Alex Smith         33:01         275         Sophia Minchev         5           66         Mike Chabot         24:16         179         Pam Mercier         33:57         276         Samuel Minchev         9           68         Katie Mason         24:23         180         Nicholas Patrizio         33:58         277         Tonja Toderico         5           69         Linda Whitten         24:24         184         Becky Metivier         34:18         278         Bruce Hepler         5           73         Colleen Ward         24:39         188         Courtney Burns         34:36         282         Kathryn Morrill         5           75         Amy Smith         24:46         189         Lisa Burns         34:38         283         Mark Morrill         5           78         Dan Mceachin         25:01         190         Andrea Nault         34:46         284         Jeanne Sullivan         5           79         Sarah Morrell         25:02         195         Deborah Pratt         35:14         285         Xander St. Cyr         5           80         Chris Hopper         25:04         196         Jackie Farwell	64 Kenneth Curtis	24:10	169	Brenda Caron	32:26			51:50
66         Mike Chabot         24:16         179         Pam Mercier         33:57         276         Samuel Minchev         9           68         Katie Mason         24:23         180         Nicholas Patrizio         33:58         277         Tonja Toderico         5           69         Linda Whitten         24:24         184         Becky Metivier         34:18         278         Bruce Hepler         5           73         Colleen Ward         24:39         188         Courtney Burns         34:36         282         Kathryn Morrill         5           75         Amy Smith         24:46         189         Lisa Burns         34:38         283         Mark Morrill         5           78         Dan Mceachin         25:01         190         Andrea Nault         34:46         284         Jeanne Sullivan         5           79         Sarah Morrell         25:02         195         Deborah Pratt         35:14         285         Xander St. Cyr         5           80         Chris Hopper         25:04         196         Jackie Farwell         35:15         286         Bonnie St. Cyr         5           81         Lisa Brent         25:07         198         Jillaine Geary	65 Megan Mchatten	24:13	172	Alex Smith	33:01			52:25
68         Katie Mason         24:23         180         Nicholas Patrizio         33:58         277         Tonja Toderico         5           69         Linda Whitten         24:24         184         Becky Metivier         34:18         278         Bruce Hepler         5           73         Colleen Ward         24:39         188         Courtney Burns         34:36         282         Kathryn Morrill         5           75         Amy Smith         24:46         189         Lisa Burns         34:38         283         Mark Morrill         5           78         Dan Mceachin         25:01         190         Andrea Nault         34:46         284         Jeanne Sullivan         5           79         Sarah Morrell         25:02         195         Deborah Pratt         35:14         285         Xander St. Cyr         5           80         Chris Hopper         25:04         196         Jackie Farwell         35:15         286         Bonnie St. Cyr         5           81         Lisa Brent         25:07         198         Jillaine Geary         35:34         288         Catharine Fox         5           82         Andrea Jordan         25:16         201         Robert Moser	66 Mike Chabot	24:16	179	Pam Mercier	33:57			52:25
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73 Colleen Ward 24:39 188 Courtney Burns 34:36 282 Kathryn Morrill 5 75 Amy Smith 24:46 189 Lisa Burns 34:38 283 Mark Morrill 5 76 Dan Mceachin 25:01 190 Andrea Nault 34:46 284 Jeanne Sullivan 5 77 Sarah Morrell 25:02 195 Deborah Pratt 35:14 285 Xander St. Cyr 5 78 Chris Hopper 25:04 196 Jackie Farwell 35:15 286 Bonnie St. Cyr 5 78 Lisa Brent 25:07 198 Jillaine Geary 35:34 288 Catharine Fox 5 78 Andrea Jordan 25:16 201 Robert Moser 35:45 289 Gene St. Cyr 5 78 Andrea Jordan 25:26 202 Laura Smith 34:47 290 Shane St. Cyr 5 78 Stephanie Bingham 25:33 205 Hunter Poitras 36:01 293 Elizabeth Douglass 5 78 Stephanie Bingham 25:38 206 Joe Hepler 36:03 298 Karen Andreasen 5 79 Karen Gaudette 25:44 207 Carson Battaglia 36:43 304 Jennifer Minchev 1:0 79 Christine Hepler 25:57 210 Alan Curtis 37:09 306 Butch Lefebvre 1:0	69 Linda Whitten	24:24	184	Becky Metivier	34:18			54:38
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78         Dan Mceachin         25:01         190         Andrea Nault         34:46         284         Jeanne Sullivan         5           79         Sarah Morrell         25:02         195         Deborah Pratt         35:14         285         Xander St. Cyr         5           80         Chris Hopper         25:04         196         Jackie Farwell         35:15         286         Bonnie St. Cyr         5           81         Lisa Brent         25:07         198         Jillaine Geary         35:34         288         Catharine Fox         5           82         Andrea Jordan         25:16         201         Robert Moser         35:45         289         Gene St. Cyr         5           83         Terry Deering         25:26         202         Laura Smith         34:47         290         Shane St. Cyr         5           84         John Douglass         25:28         204         Bob Leavitt         36:00         293         Elizabeth Douglass         5           87         Stephanie Bingham         25:33         205         Hunter Poitras         36:01         297         Kelli Goff         5           90         Luke Hulit         25:38         206         Joe Hepler	75 Amy Smith	24:46			34:38		•	54:38
79         Sarah Morrell         25:02         195         Deborah Pratt         35:14         285         Xander St. Cyr         5           80         Chris Hopper         25:04         196         Jackie Farwell         35:15         286         Bonnie St. Cyr         5           81         Lisa Brent         25:07         198         Jillaine Geary         35:34         288         Catharine Fox         5           82         Andrea Jordan         25:16         201         Robert Moser         35:45         289         Gene St. Cyr         5           83         Terry Deering         25:26         202         Laura Smith         34:47         290         Shane St. Cyr         5           84         John Douglass         25:28         204         Bob Leavitt         36:00         293         Elizabeth Douglass         5           87         Stephanie Bingham         25:33         205         Hunter Poitras         36:01         297         Kelli Goff         5           90         Luke Hulit         25:38         206         Joe Hepler         36:03         298         Karen Andreasen         5           91         Karen Gaudette         25:44         207         Carson Battaglia </td <td>•</td> <td></td> <td>190</td> <td>Andrea Nault</td> <td></td> <td></td> <td></td> <td>55:10</td>	•		190	Andrea Nault				55:10
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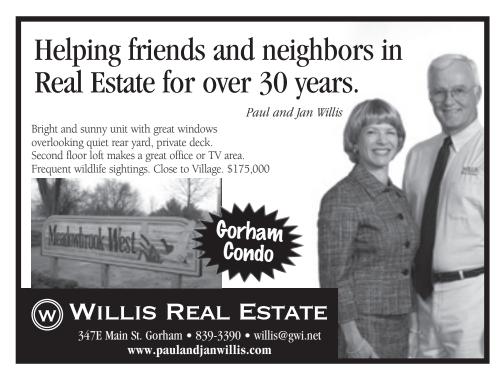
Heartburn? Can't lose weight? Constipation? Not Sleeping well? Fibromyalgia?

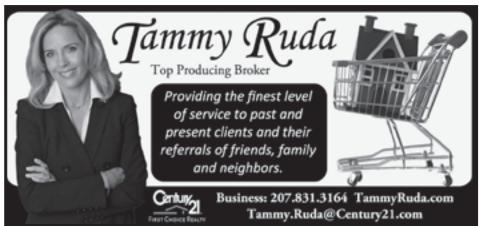




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# community

# **Hats Off for Hope**



hoto credit Danielle Peterson photograph

**Meredith T. Bradley-Bickford**, Gorham resident and assistant athletic director for Student Development at USM, organized the first annual "Hats off for Hope" to support education and awareness for Domestic Violence and Family Crisis Center of Maine. The event was held at The Landing in Pine Point and was attended over 90 women, including several from Gorham. Several thousand dollars were raised for the cause.

#### **GRADUATIONS**

Jamie LaMontagne (GHS '07) graduated from Princeton University with a Bachelor of Arts degree in Public and International Affairs, as well as certificates in Near Eastern Studies and Arabic Language and Culture. Jamie is the son of Fred and Terry LaMontagne.

Benjamin Mosher (GHS '06) graduated from Rochester Institute of Technology with a degree in New Media Interactive Development. He completed his internship at Crowdstar in Burlingame, CA, where he is employed as a computer programmer for their Facebook games. Mosher is the son of Mark and Rosalie Mosher, and grandson of Albert E. Mosher.

#### **PROMOTIONS**

Navy Petty Officer 1st Class Robert Brunell was promoted to his current rank while serving at Naval Medical Center, Portsmouth, VA. Brunell, a 1994 graduate of GHS, joined the Navy in October 2000. He is the son of Linda and Dale Brunell.

## **OF INTEREST**

**Calling All Seniors!** The new Senior Center will hold an open house on September 22 from 1 to 3 p.m. in the Little Falls School. Ice cream and other refreshments will be served. Everyone is welcome.

**GHS Alumni Association** will hold their annual meeting and banquet on September 24. For more information or to RSVP, contact Martha T. Harris at 839-3431.

A representative from Thomas College in Waterville will meet with students at Gorham High School on Friday, Sept. 16 at 8 a.m. to discuss academic and sports programs, and residential life opportunities. FMI, www.thomas.edu.

**USM will again host the NEACAC College Fair** on Sunday, September 25 from 1:00 to 3:00 p.m. For an up-to-date listing of all participating colleges, please refer to http://www.neacac.org/cf\_fall.cfm

The USM Art Gallery's first exhibition of the season, Engaging Insects: Artists and Scientists from September 22 – November 10, will show the myriad ways in which artists and scientists work with insects. FMI, http://www.usm.maine.edu/gallery.

The USM Concert Band, conducted by Peter Martin, will step back in time for an outdoor show on Saturday, September 24 at noon. A barbecue lunch at old-fashioned prices will precede a free band concert starting at 1 p.m. Rain or shine. Bring the family and a lawn chair or blanket to Corthell Hall, USM, Gorham Campus. FMI, visit www.usm.maine.edu/music.

The 2011 Fall Fair Inaugural Pie Bake Sale and Auction will be held on Friday, Sept. 16 at noon at 426 Bridge Street in Westbrook, benefitting the Gorham/ Westbrook TRIAD. The TRIAD is a partnership of public safety agencies, community services and senior citizens, which serves to enhance the safety of our seniors. FMI, 856-1212.

Joe Harrington will present a program on the history of rock n' roll and its impact on American culture on Wednesday, September 21 at 7 p.m. at the North Gorham Public Library. Author of "Sonic Cool: The Life and Death of Rock n' Roll," Harrington teaches at Portland Adult Education and has written extensively on rock music. For more information call 892-2575.

St. Anne's Catholic Church in Gorham

will begin fall Religious Education Classes on September 18. Call church office if you do not receive registration materials by email. Parents and children of grades K-5 will meet in church at 9:40 a.m. A pancake breakfast will follow in the church hall. FMI, 839-4857.

The Presumpscot Regional Land Trust will hold its Annual Meeting at Randall Orchards, Rt. 25 in Standish, on Saturday, September 17 from 9 a.m. to 12:30 p.m. Refreshments will be served followed by the annual business meeting and presentations on PRLT's work in the last year and its current efforts to conserve Randall Orchards. At 11 a.m. there will be a guided walk on the pieces of Randall Orchards property. The public is invited to attend either segments, or just the walk. FMI, prlandtrust@yahoo.com.

Mr. Bagel in Gorham will sponsor their 2nd Annual Free to the Public Thanksgiving Dinner on Thursday, November 24, Thanksgiving Day.
Transportation will be available upon request. Reserved seating (no one will be turned anyone away). A homemade, traditional Thanksgiving dinner with all the fixings. There is no fee; donations will go to the Gorham Food Pantry. FMI, TMOODY6@ maine.rr.com.

The First Parish Congregational Church at 1 Church Street in Gorham will host a Community Dinner on Monday, September 26 at 5:30 p.m. in the Fellowship Hall. The Roasted Turkey Dinner is free and sponsored by the Gorham Ecumenical Council. All are welcome.

**Cub Scout Pack 85** is inviting boys in grades 1 – 4 to an open house/ice cream social on Wednesday, September 28 at 6:30 p.m. at the Cressey Road United Methodist Church. FMI, call Trey 252-8034 or tbachner@mac.com.

**Girl Scouts of Maine** will host a Parent Information and Registration Meeting at Narragansett School Gym on Monday, September 26 at 6.30 p.m. Girls and adults are invited to attend the meeting to learn the many ways today's girls are participating in Girl Scouting and how the programs and activities inspire them to reach their personal best. Participants will also learn about the flexible options and benefits of becoming a Girl Scout volunteer. FMI, 888-922-4763 or www.girlscoutsofmaine.org.

The Fourth Annual Chili and Chowder Cook-Off sponsored by the Gorham Business Exchange will be held on September 22 from 5:30 to 7:00 p.m. at the Gorham Middle School cafeteria. To enter or to become a member of the Business Exchange, call 892-5515 or email dede@gorhambusiness.org.

#### **CLOSE TO HOME**

**Acorn Productions** will offer a Free Kids Acting Workshops on Monday, Sept. 19 and Thursday, September 22 from 4-5 p.m. at the Dana Warp Mill, 90 Bridge Street in Westbrook. FMI, 854-0065 or www.acorn-productions.org.

**St. Joseph's College** in Standish will offer a Red Cross Certification Course for professional rescuers and health care providers on Saturday, September 24, 9 a.m. – 5 p.m. \$65/\$55. FMI, 893-6615 or rdaigle@sjcme.edu

**St. Joseph's College** in Standish will offer a two-day Wilderness and Remote First Aid Certification course on Saturday, Sept. 24 and Sunday, Sept. 25 from 9 a.m. to 5 p.m. \$110/\$100. FMI, 893-6615 or www. sjcme.edu/alfond/redcross.

**Ecomaine** will hold their Annual Open House and Recycling Festival on Saturday, September 24 from 8:30 to 11:30 a.m. on Blueberry Road in Portland. FMI, 773-1738 or ecomaine.org.

The hit comedy, "Unnecessary Farce!!," will be performed at the Schoolhouse Arts Center, Sept. 16 – 25. FMI, 642-3743 or www.schoolhousearts.org.

# **Meet the Gorham Times' Staff**

#### Sarah Gavett-Nielsen, Reporter

arah Gavett-Nielsen has been a reporter for the Gorham Times since February 2010. Gavett-Nielsen is a lifelong Gorham resident, and an alumna of GHS. She is currently employed at Unum as a Billing Representative, and is a part-time student at USM, pursuing a degree in English. She is married to Andrew Nielsen, also a GHS alumnus and current member of the coaching staff for the high school football team. Gavett-Nielsen and her husband recently purchased a new home in West Gorham where they reside with their dog, Cookie, and two cats, Elmo and Grover.

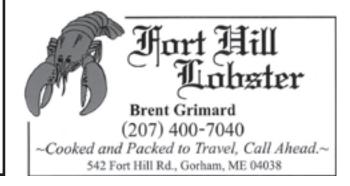


Photo credit Andrew Nielser



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# New Trail to Connect Hawkes Towpath with Great Falls Elementary School Tania Neuschafer

he 42-acre Hawkes Towpath
Property, with frontage on the
scenic Presumpscot River, will
be undergoing improvements to further enhance community enjoyment.
Thanks to a grant from the Harold
Dudley Charitable Fund through the
Maine Community Foundation, the
Presumpscot Regional Land Trust (PRLT)
will establish a loop trail connecting
the property to the new Great Falls
Elementary School in Gorham.

A kiosk will mark the new parking and property entrance area located at the school and interpretive signage will be developed with the help of students and teachers. The opening of the new loop trail and new parking area is tentatively scheduled for May 2012. For now, trail users can park at the Windham Rod & Gun Club on Towpath Road in Gorham.

The Hawkes Property conservation land, owned by the PRLT, has long been a popular recreational area. It features numerous walking trails, including a section of the old Cumberland & Oxford Canal & Towpath, and dense hemlock forest along the scenic river.

Community support and participation have always been key aspects of this property. Its purchase by the PRLT in 1998 was made possible by donations from community individuals, businesses, and private foundations. Windham Middle School students have built bridges on the property and recently the Gorham Girl Scout Troop #1173 built and installed several birdhouses.

The Hawkes Property is managed by PRLT for responsible public recreational access and is protected in perpetuity from development. Restrictions on the property exist in order to protect the natural landscape for current and future generations to enjoy. The Hawkes Property is available for hiking, mountain biking, snowshoeing, cross-county

skiing, and snowmobiling. All motorized vehicles are prohibited and no fires, overnight camping, hunting, structures, cutting or littering are allowed.

Recently, the property was damaged from unauthorized ATV and truck use, which caused erosion to the primary trail. If this prohibited use continues, long-term erosion may threaten the integrity of the historic Cumberland & Oxford Canal and produce excess sediment flow into the river. PRLT Stewardship Committee members are looking at ways to abate this unlawful use. The Gorham Police Department is helping to monitor the property and neighbors have been notified for community support. Trail closures or the installation of a gate are being considered. Community participation is encouraged to help ensure appropriate public use in order to protect this property for future generations and the current community and school children to enjoy.

Thanks to a cooperative and collaborative relationship with landowners, town officials and developers, PRLT properties currently include more than 530 acres forever protected on 16 properties in Gorham, Standish, Gray, Sebago, and Windham. Included in these parcels are the historic Gambo property with original powder mill foundations and the Little River and Rivers Crossing Property consisting of a 28-acre wildlife area and two miles of trails along the Little River.

In partnership with Maine Farmland Trust, PRLT is currently at work on a project to help protect the 482-acre Randall Orchards and surrounding acreage in Standish & Gorham. This effort is dependent on state and federal funds and community support. To learn more about the PRLT or the Randall Orchard Protection Campaign, go to www.prlt. org

# Hunger Action Month Cherry Finck

id you know that nearly 200,000 Mainers struggle with hunger? Fifteen percent of families and twenty-one percent of children are food insecure.

September has been selected by Feeding America for a national campaign to generate awareness around issues of hunger. The need is apparent right here in our own community, where 240 families depend on the Gorham Food Pantry to help with their monthly groceries. You can take action by supporting the Food Pantry with donations of money and food.

The current pantry needs are: soup, spaghetti sauce, canned vegetables, rice (preferably instant white), tuna and jelly. These can be brought to the Gorham

Food Pantry building (in St. Anne's parking lot) and left in the large chest on the porch. The Key Club will also be organizing a food drive at the high school. GHS students may bring donated items to their homerooms at any time during the week of September 19.

The center of Hunger Action Month will be "Skip a Meal – Feed a Neighbor," where people are asked to forgo one meal on September 28 in recognition of the issue of hunger in Maine. Participants are encouraged to donate what they would have spent on this meal to the Gorham Food Pantry. Donations can be mailed to Gorham Food Pantry, P.O. Box 547, Gorham, ME 04038.

# Summer Storms FROM PAGE 2

boats. The last hurricane considered this serious occurred in 1815.

Hurricane Carol in 1954 followed a path similar to Irene but it did not do much damage in Maine. Hurricane Donna in 1960 blew into Maine as a category three hurricane with wind gusts of 130 mph and caused more than \$500 million in damages, mainly along the coast. Additionally, more than 350 people were killed. By the time it arrived in Maine, Hurricane Gloria in 1985 was also downgraded to a tropical storm. It was the first hurricane to hit Maine since Donna in 1960, which hit Western Maine and left 250,000 people without power for up to two weeks.

While Gorham was fortunate to have been spared major destruction from Tropical Storm Irene, it is difficult to forget the 19 inches of rain that fell in one day in October 1996, the ice storm of January 1998 where some people were without power for upwards of two weeks, the microburst later that year that devastated Robie Park and other areas of town, nor the one in July of 2008 that took down hundreds of trees on Plummer, Dunlap and Kemp Roads as well as at Shaw Park and the USM campus.

Public Works Director Bob Burns was in the Public Works' garage when the 2008 microburst hit. "I though the roof was coming off. The winds were so severe that they blew a pickup truck and attached trailer on their sides at Findview Farm on Mighty Street."

The tornado on July 21, 2010 cut a

swath through Gorham from the Finn Parker Road area, taking down Norman Justice's barn on Wood Road and barreling down through the woods behind Gorham Savings Bank's Operation Center, though the Lawn/Garden/Sunset Street area, through Hidden Pines and Gateway Commons subdivisions and past Beal's, leaving innumerable downed trees and damaged houses in its wake. Jay Libby of Hillview Road reported: "I was standing in my living room looking out my picture window on a cell phone with a friend who was telling me it was right next to my house. I watched it go right by while my wife and the cats huddled in our bomb shelter. You couldn't see more than 10 yards past the tornado wall, it was so thick with debris and water."

Sue Dunn who lives near the golf course remembers the impact of the 1998 microburst. "We didn't have power for six days and lost three logging truckloads of trees just off our three acres. 90 percent of the electric poles in our neighborhood snapped and we had lines laying everywhere. After that microburst, Cindy and Pat O'Shea, who live on Meadow Crossing Drive, found their yard covered with hundreds of crayfish."

As Bill Holmes, communications director for Cumberland County Regional Communications Center (Dispatch), has been known to say: "We know from past experience that if the weather gets bad, it is likely to happen in Gorham."

# Join the Team!

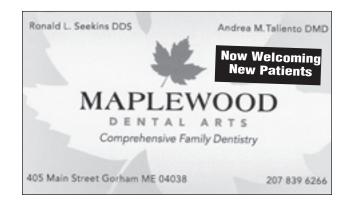
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The practice has focused in adoption, surrogacy and family law. Chris has joined the firm after practicing business law, construction, tax and contract law for eight years in North Carolina. The practice has expanded to provide these additional services.

Welcome back to Maine, Chris!

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# How Much Wood Can a Woodchuck Chuck?

Burnham Road caller requested to speak with an officer regarding the law pertaining to shooting a woodchuck that was in and around their garden.

Elliott Road caller reported that someone stole their child's battery operated ride-on car.

Cressey Road caller requested to speak with an officer regarding a possible real estate scam involving them and another subject.

Hodgdon Road caller requested to speak with an officer, as they were concerned about a dog belonging to one of caller's tenants that had been in a cage for two days without food, water, or any bathroom area.

South Street caller reported that a vehicle tried to run them off the road a couple days ago. They were told to call in if they saw the vehicle again, which they did.

Caller requested to speak with an officer about a member of their gym who was letting people who were not members in after hours.

Carolyn Drive caller requested to speak with an officer regarding a fraudulent ad that they found on Craigslist.com listing their house for rent.

**Dundee Road caller** reported seeing a couple in a canoe with an infant who was not wearing a life jacket. Caller was concerned for the safety of the infant.

Tow Path Road caller reported that someone threw eggs at their house and vehicle.

Green Street caller reported that the staff at a medical facility was refusing to let caller review caller's medical file.

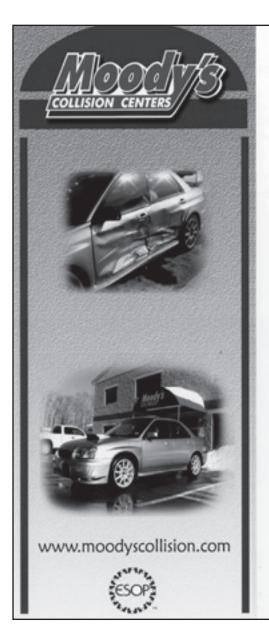
**Meadow Crossing Drive caller** requested to speak with an officer regarding harassment by telemarketers.

**Buck Street caller** requested to speak with an officer as the neighbor's dog had been barking for about 24 straight hours.

B reported seeing the shadow of a suspect walking in the backyard. Caller then found a ladder, which was not there before, at an open window on their house. Caller waited for police in a locked vehicle.

Preble Street caller reported a lot of loud noise and yelling coming from the bank parking lot or that vicinity. Caller thought people were fighting.

Winterberry Drive caller reported two dogs inside their chicken coop killing and eating the chickens.



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# what's happening

#### **THURSDAY SEPT. 15**

- Westbrook-Warren Congregational Church Thursday Community Meal, 810 Main St., Westbrook, 12 p.m., \$4. Chicken with Stuffing. FMI, 854-9157.
- Gorham Food Pantry, 9 11 a.m., located in St. Anne's Catholic Church parking lot.

#### **SATURDAY, SEPT.17**

- Presumpscot Regional Land Trust Annual Meeting & Outdoor Family Walk, 9 – 11 a.m.
- Guided walk begins at 11:15 a.m. Randall Orchards, Standish.

#### MONDAY, SEPT. 19

• Gorham Food Pantry, 6 – 7 p.m., located in St. Anne's Catholic Church parking lot.

#### **TUESDAY, SEPT. 20**

- Pre-School Story Time, ages 3 5 yrs, 9:30 a.m., Baxter Library. FMI, 839-
- · Project Graduation 2012 will meet at 6:30 p.m. at the Multipurpose Room in the Rec Center. Parents are welcome and encouraged to attend.

#### WEDNESDAY, SEPT. 21

- Senior Community Meal, 11 a.m. 1 p.m., St. Anne's Catholic Church, \$3.50. FMI, 839-4857.
- Prayer Shawl Knitting Group, 1 − 2:30 p.m., St. Anne's Catholic Church. All are welcome. FMI, 839-4857.
- Joe Harrington presents the history of rock n' roll and its impact on American culture at 7 p.m. at the North Gorham Public Library. FMI, 892-2575.

#### THURSDAY, SEPT. 22

- Baby and Me, ages birth 18 months, 9:30 a.m., Baxter Library. FMI, 839-
- Toddler Time, ages 18 36 months, 10 a.m., Baxter Library. FMI, 839-5031.
- Book Discussion Group Meeting, 10 -11:30 a.m. Becoming Teddy Roosevelt by Andrew Vietze. All are invited.

#### · Westbrook-Warren Congregational Church Thursday Community Meal, 810 Main St., Westbrook, 12 p.m., \$4. Ham and Mashed Potatoes. FMI, 854-9157.

- Gorham Food Pantry, 9 11 a.m., located in St. Anne's Catholic Church parking lot.
- · The fourth annual Chili and Chowder Cook-Off, 5:30 - 7:00 p.m. at the Gorham Middle School Cafeteria. FMI: dede@gorhambusiness.org or 892-5515.

#### SATURDAY, SEPT. 24

· Ecomaine Annual Open House and Recycling Festival, 8:30 – 11:30 a.m. on Blueberry Road in Portland. FMI, 773-1738 or ecomaine.org.

#### **MONDAY, SEPT. 26**

• Free Roasted Turkey Community Meal, First Parish Congregational Church, 1 Church Street, Gorham. 5:30 p.m. Sponsored by the Ecumenical Council. All are welcome.

#### TUESDAY, SEPT. 27

• Pre-School Story Time, ages 3 – 5 yrs, 9:30 a.m., Baxter Library. FMI, 839-

#### **WEDNESDAY, SEPT. 28**

- Senior Community Meal, 11 a.m. 1 p.m., St. Anne's Catholic Church, \$3.50. FMI, 839-4857.
- Prayer Shawl Knitting Group, 1 2:30 p.m., St. Anne's Catholic Church. All are welcome. FMI, 839-4857.

#### THURSDAY, SEPT. 29

- Baby and Me, ages birth 18 months, 9:30 a.m., Baxter Library. FMI, 839-5031.
- Toddler Time, ages 18 36 months, 10 a.m., Baxter Library. FMI, 839-5031.
- Westbrook-Warren Congregational Church Thursday Community Meal, 810 Main St., Westbrook, 12 p.m., \$4. Chicken Pie. FMI, 854-9157.

# classified ads

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Classified ads are \$5 for 15 words, plus an additional \$1 for each extra 5 words. Ads can be boxed for additional \$2. E-mail classifieds to gtimes@maine.rr.com.

The Gorham Ecumenical Food Pantry is open at St. Anne's Church every Thurs. from 9-11 a.m.; the second Wednesday of the month from 6-7 p.m.; and the third Monday of the month from 6-7 p.m. Open to anyone in Gorham in need of food. Located in the building behind St. Anne's Church, Main St.

Now accepting garden fresh fruits and vegetables. Refrigeration is available. Call Pantry Director Fran Doucette at 839-2593 for further information.



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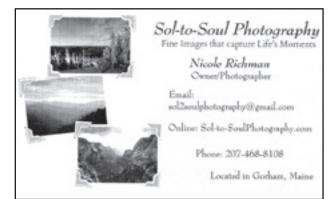
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