



GHS Sports Freeze Frame MacKenzie Collins (left) controls the puck in the corner and Charlotte Smith heads up the ice vs. Biddeford December 7 at the USM Arena.

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CELEBRATING 17 YEARS—A FREE, VOLUNTEER-RUN, BIWEEKLY COMMUNITY NEWSPAPER

Applied Energy Program at USM Acquires Dream Home

Krista Nadeau

Through a grant partially funded from the National Science Foundation, the University of Southern Maine, Gorham recently acquired a “dream home” located at 19 College Avenue. The home will be used as an educational tool for students and community members regarding energy conservation.

The goal of the home is to offer a realistic and accurate payback analysis about products that help with energy conservation. The house is an actual, energy inefficient Maine house, rather than a controlled laboratory located outside of New England.

Travis Wagner, associate professor of Environmental Science & Policy, said the house is representative of many older Maine homes. He also indicated that the intent is to keep the home as a model of inefficiency, which will allow research and testing of new products and energy-saving technologies. While they are still researching the history of the home, they believe it was built in the late 1800’s. Wagner said, “It features poor insulation, a fieldstone foundation, and an old, oil-fired burner.”

According to Daniel Martinez, assistant research professor in the Department of Environmental Science, plans for the house include the installation of real-time sensors, probes, and cameras to test and monitor the performance of improvements. Wagner indicated that this will be done using a dashboard, which will monitor electricity consumption, water usage, the boiler, and circuits; cameras will be used to monitor moisture, temperature, energy loss/consumption, and mold, among other things. He said, “It is important to look at the house as a whole unit.”

Wagner said it isn’t just the inside of the home that matters; the outside does as well. A weather system will be installed that will measure solar gains, humidity, wind speed and direction, temperature, and precipitation, which will address the ecological perspective and the role the environment plays with regard to energy.

More information about this project will be made available through a “Residential Energy House” website through the University of Southern Maine.

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www.gorhamtimes.com

Woman Robs Big Apple

Sheri Faber

At about 6:20 p.m. on January 24, a woman entered the Big Apple store at 90 Main Street and handed the clerk a note demanding money. She told the clerk she had a gun, although she did not display it. The clerk gave the woman some money and she fled on foot. She was described as a white female between 5’2” and 5’5” tall with dark eyes. She was wearing a blue hoodie, a knit hat and had a scarf covering most of her face. She was also wearing gloves.

Gorham Police Department contacted Maine State Police as they were the only ones who had a tracking dog available at that time. Maine State Police sent extra units. While the dog did the tracking, officers were close behind with their guns drawn in case the dog found the suspect. This was to protect the officer doing the tracking.

According to Detective Sergeant Dana Thompson, many convenience stores have policies that require clerks to store money in a vault once they have a certain amount of cash in the register.

Thompson adds that today’s criminals are very mobile and will often commit crimes in multiple communities. For example, Christopher Dimastrantonio, who was recently arrested for a number of armed robberies including three in Gorham, did not own a car but was able to get people to drive him to and from some of the crime scenes. Thompson believes that people looking for drug money commit most of these crimes. He is



Photo courtesy of the Gorham Police Department

This unidentified woman, who handed the clerk a note demanding money, recently robbed The Big Apple on Main Street.

optimistic that this crime will be solved, but it will take time.

Anyone with information about this crime is asked to call Det. Brian Key at 839-5046.

ecomaine – Waste-to-Energy

Krista Nadeau

The last issue of the Gorham Times discussed one facet of ecomaine – the single-sort recycling facility. There are two other pieces to ecomaine, the first is the waste-to-energy (WTE) plant and the second is the land/ashfill site. Both are outlined below.

There are three key aspects of the WTE plant: 90 percent reduction of trash volume, power generation, and pollution control. According to ecomaine, “the plant uses non-recyclable waste as fuel to produce steam-generated electricity, and in the process, reduces the waste bulk by more than 90 percent. To summarize the process, trash gets weighed, unloaded into the tipping hall, and mixed in the storage bunker where an operator uses a large mechanical claw to mix the waste. The waste is then pulled down by gravity onto a downward escalator into two identical boilers (averaging 2,000 degrees Fahrenheit). Highly trained staff monitor all aspects of the operation around the clock from the control room. Finally the ash is moved onto conveyor belts where metal is removed using magnets and set aside for recycling, and the remainder is delivered to ecomaine’s landfill. Additionally, per ecomaine’s brochure, the WTE plant makes steam from each boiler that holds 15,000 gallons of water. The steam created from the intense heat goes into the turbine generator to produce electricity, some of which is used to power ecomaine while the rest (85 percent) is sold.

The WTE plant operates 24 hours a day and pro-

duces approximately 100,000 to 110,000 megawatt hours of electricity annually – enough to power 10,000-15,000 homes. This and more information can be found on ecomaine’s website at www.ecomaine.org

Prior to the waste-to-energy plant built in 1988, ecomaine bailed trash and buried it on their 240-acre land/ashfill site – the final component to ecomaine – located in South Portland and Scarborough. Extra steps were taken to safeguard the ecosystem at their landfill site: underground drainage systems (pipes, wicks, stone-lined out-flow beds, a series of five ponds that clean surface waters by using a more natural method that includes planting cattails to absorb iron. There are 200 monitoring points throughout the landfill. In addition, they have a synthetically lined holding-pond.

“In 2006 ecomaine completed construction on an ecologically protective, state-of-the-art ash cell at the cost of \$6.84 million dollars.” In the course of a typical year, approximately 42,000 tons of ash are buried at the site. ecomaine has started mining metal from the older ash cell and recycling it; the revenue from this helps the member towns including Gorham.

To find out more about ecomaine, the processes of each plant, emissions control, and other information on recycling please visit the website. To arrange a tour of ecomaine’s WTE plant, recycling facility, or landfill please call 773-1738.

Proper Disposal of Used Medical Sharps

Rep. Jane Knapp

The Legislature's Environment and Natural Resources Committee recently reviewed L.D. 1412, "An Act To Promote the Proper Disposal of Used Medical Sharps." The bill proposed to require manufacturers of medical sharps to participate in a program, individually or in conjunction with other manufacturers, for the collection, handling, transportation, treatment and disposal of unwanted medical sharps. Sharps are defined as syringes, pen and pump needles, lancets and infusion sets.

L.D. 1412 held a very personal interest of mine. Thirty years ago, I learned that my daughter - four years old at the time - was diabetic. As she needed to receive daily shots of insulin to manage the disease, we made use of sharp clippers, which cut the needle off the syringe after the injection. The needle would remain contained in the clipper and we would use a special box to dispose of the syringe. A medical organization would routinely take the filled container and properly dispose of the used syringes and needles. Both the clipper and the box we purchased from BD (Becton, Dickinson and Company), a medical technology company that manufactured those products then and still does today.

According to SafeNeedleDisposal.org, 13.5 million Americans administer nearly eight billion injections outside healthcare facilities. This statistic should catch everyone's attention because used needles are a major safety concern. Improper management of discarded needles and other sharps can pose a health risk to the public, especially to waste workers. For example, discarded needles may injure waste workers when containers break open inside garbage trucks or needles are mistakenly sent to recycling facilities. This puts the worker at serious risk of

infection. Loose sharps should never be thrown in the trash or toilet, put in a recycling bin or left where they could injure someone.

BD submitted testimony to our committee that discussed a pilot program they developed in New Hampshire that provided a select group of diabetic patients with tools to facilitate disposal of their sharps waste. They proposed to create a similar program in Maine. I am also aware that Johnson & Johnson has a mail back program for needles and that several manufacturers offer products that allow you to destroy used needles at home.

One such product I heard about during a public hearing our committee held on a similar bill was Demolizer. I learned that Demolizer is a system for low to medium volume medical waste that disposes of both sharps and other medical waste. Demolizer uses dry heat technology to render waste sterile and sharps unrecognizable. The treated waste is labeled and properly disposed. I would anticipate that products such as this will become more commonly used over time.

I think it is very worthwhile to raise awareness about ways to properly dispose of medical waste. Consumer choices are out there and I hope people take advantage of them.

Some of the information in this article was found at:

<http://www.epa.gov/osw/nonhaz/industrial/medical/disposal.htm>



Rep. Jane Knapp
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(800) 423-2900
repjane.knapp@legislature.maine.gov

Letters to the Editor

Letters must be less than 300 words, signed with a first and last name, typed or e-mailed and include a phone number. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times and are subject to editing.

Dear Gorham Times,

I'm writing in response to a recent letter to the editor that discussed my affirmative vote on L.D. 1326, "An Act To Allow School Administrative Units To Seek Less Expensive Health Insurance Alternatives." I voted for L.D. 1326 because it affords school districts the opportunity to self-insure or get competitive bids for health insurance somewhere other than through the Maine Education Association (MEA). If a cheaper option exists for a school district in purchasing health insurance, I believe the district should have the opportunity to elect that option. I've always stood as a strong supporter of our educational systems and am proud to note that L.D. 1326 was enacted with bipartisan support in the House of Representatives.

In regard to the scorecard distributed by the MEA, this is a small snapshot of the work done in Augusta. Out of over 200 bills voted on by the Legislature, the scorecard is made up of only seven bills (L.D.s 309, 447, 516, 1326, 1333, 1376 and 1553). Some of the seven did not even directly relate to education, such as L.D. 1376, voting rights, and L.D. 44, minimum wage.

There are partisan organizations that use this scorecard technique to give their members a very limited, tunnel vision of legislative votes in Augusta. This is evident by the fact that the MEA scored almost all Republican legislators 20 percent or below, and almost all Democratic legislators 80 percent or above.

I want to be clear that as a retired high school biology teacher and as a past member of the Gorham School Board (having served 3 terms), I have stood behind our public school systems and will continue to do so. I support the work our educators do, and I always keep their views in mind when considering legislation.

Jane S. Knapp, State Representative

Gorham Times

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The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. Photos will be returned if provided with a stamped, self-addressed envelope. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

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profile

MEET GORHAM'S BUSINESSES

A Profile on Two Industrial Park Businesses

Sherrie Benner

The Gorham Town Council recently held a joint workshop with the Gorham Economic Development Corporation (GEDC) to discuss expanding the town's economic development. Since its creation in 1991, the GEDC's primary goal has been business attraction, retention, tax base diversification and job creation. Playing an important role in the success of achieving these goals has been the development of industrial parks where industrial and commercial activities can effectively take place. These include New Portland Parkway, Olde Canal Business Park and the Gorham Industrial Park. GEDC Director Tom Ellsworth states, "The goal of the town is to see these parks developed with taxable valued improvements, which will also create jobs." He also notes the impressive list of current business occupants that represent a diverse and technologically advanced group of companies. Since these businesses do not have a traditional storefront presence, they are largely unknown to residents. As a new strategic plan is now being drafted to aggressively pursue new business, it is timely to introduce those companies already doing business in Gorham through a series of Business Profiles beginning with Helical Solutions LLC and Jotul North America.

Helical Solutions LLC

Located at 29 Sanford Drive, Helical Solutions LLC designs and manufactures carbide high performance cutting and application-specific tools. The company is proud to manufacture their products in Gorham — they do not resell products purchased from overseas. They are

a niche market providing tooling to aircraft and medical industries with distributors throughout North America. David McCulloch and his daughter, Laurie Hooker, run the family-owned business. Helical Solutions started in 2001 in Saco with four employees and relocated to Gorham in 2003. The business now has 43 employees all residing in the greater Gorham area and continued growth has brought an additional five to seven people yearly to its workforce. In 2010, the company expanded, doubling the size of their building.

Jotul North America

Jotul North America is a global company located at 55 Hutcherson Drive that manufactures and markets alternative heating, offering a wide range of traditional and contemporary stoves, inserts and fireplaces to 900 dealers throughout North America. The business relocated to Gorham in 2005 after outgrowing their space in Portland. Their move to the old Sebago Shoe building has allowed for a steady and continuous expansion. The business now fills the full floor plan of the site. In 2008, Jotul earned first place in the "Best Place to Work in Maine" in the small to mid-sized company category. In 2009 Jotul was one of six companies to receive Maine's Governor's Award for Business Excellence for its excellence in manufacturing and dedication to its employees and community. Company president Bret Watson says of his company, "We are dedicated to having a company that is a premier place to work and a good neighbor to the community."

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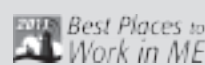
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Town Council Report

January 3, 2012 Robin Somes

In his Town Manger report, David Cole introduced the new Finance Director Sharon LeFlamme, who replaced Maureen Finger, who left the position in October to move to New York. Cole also reported that service pins were issued to Public Works employees Derrick Littlefield for five years, and Gina Roberts for 15 years, and HR Director and Town Manager Assistant Jeri Sheldon for 20 years. Cole then introduced Tom Ellsworth, president of the Gorham Economic Development Corporation (GEDC), who delivered the annual Activity Report for the 2011 calendar year.

Ellsworth stated the primary objective of the corporation is to attract and retain business to Gorham. Ellsworth noted, "Small and medium sized businesses are the backbone of our local economy providing goods, services, jobs and tax revenue." Though 2011 marked a challenging year for Gorham economically, Ellsworth highlighted some notable successes.

- Prime Electric Motors relocated from Westbrook to Gorham Industrial Park.
- Helical Solutions, also located in the Industrial Park, completed a building expansion of 10,000 square feet, and added 15 new manufacturing jobs. They have an alliance with USM through their co-op program to place people in these jobs.
- First Choice Title Company moved into the former Gorham Savings Bank building at 80 Main Street.
- New England Communications received site plan approval for a new building not yet under construction in the New Portland Parkway.
- Shaw Brothers built and occupied their new building on Route 237.
- Noonan Transportation will be taking occupancy in the former Shaw office buildings on Route 25.
- Artistry in Flowers opened in August in the former Masonic building. This new business opened with the help

of a loan from GEDC's Revolving Loan Program.

GEDC has had some level of involvement in each of these efforts, but as Ellsworth elaborated "we're not just about business development, we're also about community development." GEDC's involvement with the Cumberland County Community Development Block Grant Program resulted in the completion of the sidewalk improvements in the village center. In 2012, streetscape and lighting improvements around the Little Falls area will be realized as a joint program with the town of Windham.

Finishing touches on a plan are underway by the GEDC to map out the future economic development strategy. The plan will be presented to the Town Council in the next couple of weeks.

In other actions, the Town Council voted:

- To refinance the remaining General Obligation Bonds issued for the Middle School Project and expansion of Baxter Memorial Library in order to take advantage of lower interest rates. The remaining amount of the original \$21,225,000 from 2002 is \$11,525,000. Savings to Gorham are estimated at \$260,000. (7-0)
- To authorize the Town Manager and Finance Director to solicit sealed bids for the parcel of land located off Fort Hill Road known as the old Wescott School lot. A minimum bid of \$5,000 with a 10% deposit is required with the balance due within 45 days of the town's acceptance. (7-0)
- To approve a renewal liquor license to Thatcher's Restaurant and Sports. (7-0)
- To approve a renewal liquor license to PineCrest Bed & Breakfast. (6-0, Mattingly abstained)
- For the development of 5 contract zones for properties on County Road with minor amendments to the contracts. (7-0)

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Girl's Point of View

Pamela Turner, Director, Baxter Memorial Library

A Girl's Point of View Book Club offers girls of all reading levels and intellectual abilities a chance to delve into contemporary fiction that focuses on issues they face today. With the courageous female characters and age-appropriate storylines, the books provide role models of strength and a starting point for discussing the challenges inherent in growing up female in the 21st century. The all-girl environment, frequent meetings and focus on contemporary, relevant literature help create a space in which girls can feel comfortable sharing their thoughts and insights, asking their questions, speaking their minds and developing their voices while creating important connections with club facilitators and each other.

Our first organizational meeting will be February 6 at 6 p.m. At that time we will look at book titles and decide which books we will read and choose a regular meeting day and time.

Mainly Girls, a state-wide, non-profit organization, was founded in 1996 with a two-part mission: to work with rural communities to assist them in focusing on girls' needs in a positive, preventative, and proactive manner; and to work on the

state level to bring about positive change for girls.

A Girl's Point of View Book Club is made possible by the generous support of the Maine Humanities Council, the Stephen and Tabitha King Foundation, United Mid-Coast Charities, and many state and national authors. More information may be found at <http://www.mainelygirls.org>.

For information on the Baxter Memorial Library's new "Girl's Point of View" book club, please contact Youth Services Librarian Kathy Stevens at 222-1190 or kstevens@msln.net.



Pam Turner holds an MLS from Simmons College and is active in statewide library activities including the Maine Library Association and the Minerva Library Consortium. She may be reached at the library at 839-5031 or pturner@msln.net.

Clerk's Corner

Connie Loughran

Beginning February 1 dogs can no longer be licensed online because there is a state-set late fee that must be assessed for each re-licensed dog. January was a grace period for licensing dogs.

If you are interested in working during an election, please contact my office at 222-1670.

Looking forward, June 12, 2012 will be the Primary Election. The following information is from the Secretary of State's website:

"Primary Elections determine each party's nomination of candidates for US Senate and Representative to Congress, and qualified State and County offices. (The Office of President is not included in Primary Elections in Maine; each party's nomination of a presidential candidate is done at party conventions held during the Presidential Election year.) Party candidates who are elected at the Primary qualify to appear on the General Election ballot the following November. In Maine, the Primary Election is held on the second Tuesday in June of each even-numbered year.

"Maine currently has three qualified parties: Democratic, Green Independent, and Republican. (Note: although some unenrolled candidates choose to designate themselves as "Independent," there is no

"Independent" party in Maine now.)

"In order to qualify for the Primary Election ballot, party candidates must submit nomination petitions to the Secretary of State's Office by March 15.

"Offices included in the 2012 Primary Election are United States Senator, Representative to Congress (both districts), all 35 State Senate districts, all 151 State Representative districts, and the following county offices, which vary depending on the county: Judge of Probate, Register of Probate, County Treasurer, Register of Deeds, Sheriff, District Attorney and County Commissioner."

As always the Clerk's Office is here to assist the citizens of Gorham. Questions, whatever they are about, are always welcome. If we don't know the answer we will find it for you or direct you to the proper source.



Town Clerk Connie Loughran can be reached by e-mail at cloughran@gorham.me.us or by phone at 222-1670.



The Gorham School Department plans to destroy special education records of former students who were born between January 1, 1985 and December 31, 1985

Parents, guardians and/or former students may obtain their records on or before June 1, 2012. Proper identification will be required in order to obtain the records.

For more information, please feel free to contact the Gorham Special Services office at 222-1002.

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FINANCIAL FOCUS

When Should You Start Taking Social Security?

Ed Doyle

If you are of a certain age, the new year means you are that much closer to a day you may have anticipated with a combination of humor and resignation — specifically, the day you are eligible for Social Security. But just because you can take Social Security doesn't mean you must take it. So, should you?

The basic rules governing Social Security payments dictate that you can typically start collecting benefits at age 62, but you'll get only about 75% of what you would have received if you waited until your "full" retirement age, which varies according to your birth year but is most likely 66. You will get even bigger monthly checks if you delay collecting them until you are past 66. Benefits "max out" once you reach 70.

The question boils down to this: Collect Social Security early — thereby receiving smaller, but more numerous, checks — or later with bigger but fewer checks?

If you really need the money once you reach 62, you already have your answer. But if you can afford to wait, we recommend you view your decision through a "LENS:"

L—Your projected **life** span: You cannot predict the future, but given your family history and general health, you can make an educated guess about your projected longevity. If you are fairly confident that, once you reach 66, you will still have another two or more decades in front of you, you may want to consider delaying taking Social Security past age 62.

E—Your **employment** status: If you are under full retirement age — between 62 and 66 — then for every two dollars you earn over \$14,640 (in 2012), you will lose one dollar in Social Security benefits. In the months before you reach your full retirement age, for every three dollars you earn over \$38,880 (again, for 2012), you will lose one dollar in benefits. But starting in the month you reach your full retirement age, you can earn as much as you want without losing any benefits.

N—Your **need**, including your other sources of retirement income: If you have a pension, or you have built substantial resources in your IRA, your 401(k) or other employer-sponsored retirement plan, and you can support your income needs with modest withdrawals from these accounts, you might decide it is worthwhile to delay taking Social Security to maximize your benefits. Remember that you typically would have to pay a 10 percent early withdrawal penalty if you started taking withdrawals from these retirement accounts before you reach age 59 1/2.

S—Your **spouse**/marital status: If you are single, you only need to consider yourself when making this decision; it is a different story if you are married.

If you die first, your spouse can keep receiving his or her own Social Security benefit or receive yours — whichever is larger. Consequently, you and your spouse will want to coordinate when you take Social Security benefits in order to maximize the benefit for the spouse likeliest to live longer.

The choice of when to start taking Social Security can affect your lifestyle throughout your retirement years, so weigh all the factors and make the choice that is right for you.



Ed Doyle operates the Gorham branch office of Edward Jones. He is experienced in all aspects of financial planning, retirement income planning, tax-advantaged education savings plans. Printed with permission from Edward Jones.

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School Committee Report

January 11, 2011 Robin Somes

Among topics comprising Superintendent Ted Sharp's monthly report, several under-scored current budget conditions – a prevailing theme. While work continues on the FY13 budget, the discretionary part of the budget has been frozen, a tactic other schools throughout Maine have been using due to financial pressures. Another consequence of current financial realities for the school district is the decision to forego implementing all-day kindergarten for September 2012. Please refer to article on right, "All-Day Kindergarten Unlikely for Fall."

In more optimistic news, Sharp reported that Gorham-based business leaders are presently working with school administration to foster relationships between Gorham schools and the business community. This endeavor involves just eight businesses, a number intended to be small to facilitate progress. As Sharp noted, "Athens was an efficient democracy because it was small, so we want to keep this small to move agendas and help our kids."

Gorham and Falmouth school districts have been engaged with science personnel at USM in two National Science Foundation grant proposals that would provide opportunities for teach-

ers and students to become well versed with STEM (Science, Technology, Engineering, and Mathematics). This would involve relevant summer institutes, and year round faculty and student workshops.

School administration will work with the Southern Maine Writing Project, led by Director Kate Kennedy, with the objective of advancing writing throughout the school district. Aimed at students, school administration and teachers, it is based on the National Writing Project that stems from UC Berkeley's Bay Area Writing Project, whose programs are designed to develop writing skills, professional development and leadership.

Athletic Director Tim Spear reported on athletic programs at the middle and high schools. He highlighted successes including All Conference recognition, soccer and golf team championships, and the coveted Sportsmanship Banner. Spear also noted items of concern, including financial backing for lacrosse and the GHS sports field. For more a detailed report of Spear's update, see "GHS Sports Update from Athletic Director Tim Spear" on page 11.

All-Day Kindergarten Unlikely for Fall

Stacy Sallinen

Superintendent Ted Sharp delivered a tough message during January's School Committee meeting: all-day kindergarten is unlikely to be implemented in Gorham schools starting in September 2012.

Members of the school committee and administrative team considered adding an all-day kindergarten program but ultimately decided against it, citing financial reasons. Sharp said the district is anticipating a loss of at least \$240,000—or possibly more—in state aid for next year as a result of a new law designed to shift funds to northern and eastern school districts, leaving many schools in York and Cumberland counties with less aid. Additionally, the financial resources needed to support a program of this magnitude are not available with the loss of Federal American Recovery and Reinvestment Act (ARRA) funds, two curtailments in state aid over the past three years, and three occurrences of freezing discretionary budgets.

With budget discussions under way, fiscal year 2013 (FY13) will present serious financial challenges to Gorham schools. The school committee and administrators are working to keep next year's budget increase minimal even though they are anticipating \$2.5 million more in expenses for FY13 over the FY12 budget. Of this amount, \$500,000 would be the result of implementing an all-day kindergarten program. "At this juncture our first priority is to protect educational programs that are already in existence," said Sharp.

If the entire \$2.5 million were to be incorporated, next year's budget would increase by almost 15%. Sharp said no public school committee or district in Maine could make that big a financial demand on a town given the current financial climate.

An extended-day kindergarten program is available for students who would benefit from additional sessions of numeracy, literacy and citizenship—the focus of the current half-day program. There are three school districts in Cumberland County that offer half-day kindergarten—Gorham, Cape Elizabeth and Yarmouth. Falmouth switched to a full-day program for the 2011-2012 school year.

A focus group determined that an all-day kindergarten program would be right for Gorham, mainly due to the time-crunch teachers can face in a two-and-a-half hour day. Additionally, many students now entering kindergarten are already accustomed to full-day programs. An all-day program would also meet the increasing demand to serve the needs of working parents.

The Gorham school district remains committed to offering an all-day kindergarten program with the earliest possible date of implementation being September 2013, possibly later depending on the financial climate.

"The fact that we have reduced 55 positions during the past four years is a sober reminder that this is not the time to be implementing high cost programs as they would cause us to reduce many more positions," said Sharp.

school notes

Drugs 101: What Parents Need to Know. This PARENTS-ONLY session educates parents about signs, symptoms and current trends of alcohol, tobacco, inhalants, marijuana and other drugs adolescents may use. A mock teenager's bedroom will be set up for parents to observe and identify the obvious and not-so-obvious drug related paraphernalia. Throughout the presentation, more than fifty drug and alcohol indicators will be unveiled to show how some adolescents hide drug and alcohol use from their parents. The session will be held on Monday, February 13 at Gorham Middle School; mock bedroom preview is from 6-6:30 p.m. and the presentation by Claudine Emerson, LCSW, LADC, is from 6:30-8 p.m. For more information, please contact Emerson, substance abuse counselor at Gorham High School, at 222-1193. Approved and supported by the Gorham School Administration.

Connecting Local Preschool Providers with Kindergarten, hosted by the Gorham School District, will be held on Tuesday, February 7, 6-7:30 p.m. in the library at Great Falls Elementary School. This informational event is open to all preschool and daycare providers in Gorham. Melissa Michaud, K-5 literacy coordinator, will speak about expectations and provide helpful hints and websites for preparing children for kindergarten. Kathy Baker and Cindra Simpson, both kindergarten teachers, will be available to answer questions and provide a first hand perspective on kindergarten. Light refreshments will be provided. Please RSVP by Friday, February 3 to Heidi McGouldrick at 222-1117.

Auditions for the Second Annual Gorham's Got Talent competition will be held on Wednesday, February 8 from 2:30-7:30 p.m. in the Gorham Middle School auditorium. Any singer, dancer, band, comedian or performance artist in the greater Gorham area is welcome to audition. Please keep in mind this is a family show. The actual competition will take place on Saturday, March 17. To sign up for auditions, please contact Jeff Carpenter at jeffreyc@gorhamschools.org or 749-2837.

Join us for Great Falls Elementary School Night at the Red Claws on Friday, April 6 at 7 p.m. and help us present the Living Flag on the basketball court! Tickets are \$10 and will be on sale on Wednesday, February 29 from 2-4 p.m. in the lobby at Great Falls. Anyone is welcome to purchase tickets. A portion of the proceeds will benefit Great Falls. Don't miss a special guest appearance by Crusher!

For more information on the following Gorham Adult Education courses, please visit www.gorham.maineadulted.org or call 222-1095.

So Your Life Should Be a Book? Saturday, 2/4, 9-4 p.m., GMS, \$45

Apple Computers (MacOSX), Tuesday, 2/7, 6-9 p.m., GMS, \$21

Couponing 101 with Computer Lab, Wednesday, 2/8, 6-8 p.m., GMS, \$20

What is the Cloud Thing? Topics: Cloud Storage, Google Docs, Office 365; 2 classes — Tuesday, 2/28 and Wednesday, 2/29, 6-9 p.m., GMS, \$41

Northern Force Kicks off Robotics Competition

Rachel Eaton, Student

In early January, FIRST Robotics Team 172 began its sixteenth season with an hour-long webcast at Fairchild Semiconductor in South Portland. Each year, FIRST (For Inspiration and Recognition of Science and Technology), an international organization involving nearly 300 thousand students, releases a game challenge to teams across the world. This year, FIRST's challenge somewhat resembles two-minute rounds of basketball, with six washing-machine sized robots competing simultaneously on two alliances. The teams have six weeks to design, build, and test a robot that will play the

game.

Team 172 heads to a three-day competition in Manchester from March 1-3 where they participate in qualification matches during the first two days. Elimination matches, which are generally double elimination, take place on the third day. The top eight seeded teams choose two partners for playoffs.

FIRST Team 172, also known as "The Northern Force," draws high-school students from the Gorham and Falmouth communities. For more information or to follow their progress, please visit www.northernforce.org.

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Grade 12 – High Honors
Jae Yeon Jeon

Grade 11 – High Honors
Timothy Daigler

Grade 12 – Honors
Chelsea Muller

Students Come Together to Serve and Honor MLK, Jr.

Dorothy Stickney, GMS Student; Lizzie Kane and Ashley Sills, GHS Students



Photo credit Julie Alexandrin

Students from Gorham's Civil Rights Team took a moment to reflect on their dreams for the future after hanging peace doves on the Martin Luther King, Jr. bulletin board at GMS. Pictured are (back row): Kirsten Perry, Lizzie Kane, Ashley Sills, Emma Pierce, Camry Bralt, Carrie Hanson, Jenny Staples, Anne Kelly, Mia Kaufman, and Zac Meyers; (front row) Dorothy Stickney and Elsa Alexandrin.

In celebration of Martin Luther King, Jr. Day, the Civil Rights Club at Gorham Middle School (GMS) participated in its Fourth Annual Day of Service. On this day, the Civil Rights Team gathered together to do a service project for the school. This year, they employed students to create paper peace doves, adorned with their dreams for the future for the school or for themselves. The members of the Civil Rights Team then hung the doves around the school, and decorated a bulletin board for MLK, Jr. Day. Last year, they put a Dream Tree up where all of the students wrote their dreams for the school.

The MLK, Jr. Day of Service is a day when people across the country do community service. Instead of having a day off, as is traditional for MLK, Jr. Day, people use this opportunity to help people. Hundreds of thousands of people participate in this day yearly, in response to this famous MLK, Jr. quote,

"Life's most persistent and urgent question is: 'What are you doing for others?'" While addressing an audience at a recent MLK, Jr. event in Waterville, Governor Paul LePage also acknowledged this idea of using MLK, Jr. Day as a day of service.

The Gorham Civil Rights Team consists of mostly middle school and some high school students. It is based at GMS and meets each week on Tuesday. Students brainstorm ideas and projects to help make their school a better place and a bully-free zone. Last year, the school hosted a Diversity Day where students signed a giant banner that acknowledged students' differences. The banner was hung recently in honor of Dr. King. Thanks to the Civil Rights Team and the cooperation of the students and teachers, GMS is mostly bully-free, but bullying is still out there and the Team will continue to address it.

Getting to Know Gorham's Assistant Principals

Compiled by Stacy Sallinen

Over the last several issues, the Gorham Times has profiled each of Gorham's assistant principals. This is the last of five profiles.

Charlie Tryder

In his fifth year as assistant principal at Gorham High School, Charlie Tryder is continually motivated by stories of his students' success. One of the many rewards of his job is to see a student who has been struggling eventually learn to take responsibility for his or her actions and find direction both in school and in life.

Tryder enjoys working with the many teachers and staff at GHS who care about young people. Gorham Schools provide tremendous flexibility when working with students who struggle in a school setting. Tryder said it can be challenging to find a solution for a student who refuses to hear the people who offer guidance and direction.


Prior to his current role, Tryder taught for two years at GHS and spent three years teaching English at Massabesic High School. Additionally,



Photo Credit Stacy Sallinen

Tryder was an athletic administrator and taught for eighteen years at Fryeburg Academy.

Tyder completed his undergraduate work at the University of Maine at Orono and graduate level work at the University of Southern Maine. In his free time, he enjoys playing guitar and writing.



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And the Geography Bee Winner Is...

Gorham's annual National Geographic Geography Bee was held on January 19 at Gorham Middle School. Thirty-six of the top geography students competed for a chance to advance to the state finals on March 30. Jordanne Mercier, an eighth grade student who is also representing Gorham in the state spelling bee, was crowned geography champion. Thomas Mathews came in second place. Congratulations to all the participants! Special thanks to the host, Jeffrey Carpenter, and judges Susie Hanley, Donna Pastore and Jason Lambert for making the night a great success.



Photo credit Pamela Mercier

Ready, Set, Kindergarten!

Melissa Michaud, Literacy Coordinator

Learning new words is essential for preschool children as they get ready to enter kindergarten. Timing is very important when teaching vocabulary, and new words and concepts need to be introduced in a meaningful context. When your child is focused on an event or object, provide an on-going description of the activity. For example, "Wow! That is a huge tower! When you stack the square blocks on top of each other, it gets taller and taller. Soon, it will be a skyscraper!" Here are some other suggestions for building vocabulary:

- Replace overused words. Instead of saying, "That tastes good" say, "That tastes delicious."
- Be more specific. Instead of saying "Nice picture" say, "That picture is so colorful and bright."
- Define words verbally. For example, say, "Enormous means that something is very, very big."
- Give examples or comparisons. For instance, say, "Complicated means very difficult, like when we tried to put that big puzzle together."
- Use words to express relationships and categories, such as "This zucchini is a vegetable. So are carrots. What else is a vegetable?"
- Demonstrate concepts with appropriate words and props. For example, say "This is a whisk. You use it to mix ingredients together for a recipe like this," and demonstrate the action.

This information was adapted from "Improving Language Teaching Practices in Preschool Classrooms" through the Infant Child Research Programs at Arizona State University,

with contributions from M.J. Wilcox, K.M. Murphy, C.K. Bacon and S. Thomas. FMI, <http://icrp.asu.edu>.

The following books may introduce some new words for your child in a fun way: "Look out Bird" by Marilyn Janovitz; "No More Jumping on the Bed" by Tedd Arnold; "The Amazing Bone" by Willaim Steig; and "Shy Charles" by Rosemary Wells.

Melissa Michaud, Literacy Coordinator K-5, writes this column as a part of a project between the Gorham Elementary Schools and Gorham Adult Education. For more information, contact Michaud at 222-1263 or Family Literacy Coordinator Heidi McGouldrick at 222-1045.

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Great Falls Learns About Pests



Photo credit Becky Fortier

Kathy Murray, an entomologist from the Maine Department of Agriculture, talked to students at Great Falls Elementary School about Integrated Pest Management (IPM), a holistic approach to managing unwanted pests, including insects, weeds, animals and microbes. IPM's overall focus is to manage pest problems in an environmentally responsible way to reduce risk to people, property and to the environment. Showing that she is not afraid of a hissing cockroach is Tyler Rosario.

Students Perform "The Festival of Birds"



Photo credit Cathryn Falwell

Gorham students in grades three through five, under the direction of music teacher Janelle Mosey (conducting), perform the world premier of "The Festival of Birds," a new collection of original songs on avian themes, written by Gorham songwriter Mike Nobel (at piano).

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Boys' Track Positioned to Excel at Conference and State Meets

Jeff Pike



Photo credit Jason Tanguay

The GHS boys' indoor track and field team finished the regular season with a 21-2 record with many athletes setting school and league records. Competing for the team and pictured above, front row from left to right: Andrew McCarthy, Nate Gervais, Matt Southard, Joe DeRoy, Nate Bucknell, Jesse Orach, Brandon Cushman, Ryan Baillargeon, Mark Ridgeway and Derek Truong. Second row: Dan Thompson, Tommy Pequinot, Collin Bowie, Julian Nijkamp, Alex Thuotte, John Beety, Cam Willette, Travis Grant, Austin Bell and Parker Lane. Third row: Drew York, Doug Beahm, Jon Gray, Ben Foster, Caleb Dolloff, Damon Wallace, Matt McKenney, Sam Johnson, Ryan Gilbert and Alex Johnson. Back row: DJ Lewry, Mitch Rossignol, Adam Bucknell, Connor Dunn, Christian Auspland, Alek Kutchmarick, Dylan Truong, Frankie Pappalardo and Adam Chapman.

With a conference record of 21-2 in multi-team SMAA meets, the GHS boy's indoor track and field team is in prime position to do well in the post-season. The Rams will compete in the SMAA Conference Championship February 4 and the Class A State Meet February 20. Both events take place at USM.

Head coach Jason Tanguay, in his second season at the helm, points to team depth in both the senior division (seniors and juniors) and junior division (sophomores and freshmen) as well as superior leadership. The team has eight captains leading the way, including four seniors and four juniors, as well as other seniors who are proving to be great role models for the underclassmen.

The four senior captains are Jesse Orach, Joe DeRoy, Nate Bucknell and Nate Gervais while seniors Ryan Baillargeon and Brandon Cushman have also proven to be good leaders. The junior captains include Cam Willette, Alex Johnson, Julian Nijkamp, and Matt McKenney.

"This year's team has the largest number of cohesive veterans that I have ever seen," said Tanguay, who was an assistant under John Wilkinson for many years before assuming the head-coaching role last season. "Our success this year has been keyed by strong showings in the field events to go along with the running events that we have traditionally been strong in. The junior division athletes are also stronger this year."

Senior co-captain Bucknell added, "We have been helped a lot by Coach Tanguay, who gives us the right work-outs to help us succeed, and he has as much passion for being successful and winning on the sideline as we do on the track. "He puts kids in events in

which they might not think they will be successful, but they end up being really good or just loving the event."

Bucknell and the other captains have taken a proactive approach to helping Tanguay with team leadership. "The senior captains have assumed the responsibility of motivating the team," said fellow co-captain Orach. "It is our last season, and we are making sure that we do everything we can do to help the team. The captains as a unit make sure every single person on the team does the best they can do for the good of the team."

DeRoy, another senior captain, added, "Having junior captains has definitely been a good experience. It helps to have a captain for each event and junior captains fill in those spots. Even more important, though, is the experience the younger captains are gaining—being in a position that gives them a leadership role while still giving them some more experienced athletes to turn to when they need help themselves."

Tanguay notes that many athletes have played a key role in the team's success and that many school and league records have been set this season. In the senior division, key athletes include Baillargeon (sprints/relays), Bucknell (middle distances/relays), Cushman (middle distances/relays), DeRoy (sprints/middle distances/relays), Gervais (long distances), Alex Johnson (pole vault), Troy Lambert (pole vault), McKenney (sprints), Nijkamp (hurdles), and Orach (long distances).

In the junior division, Doug Beahm (middle distances), Austin Bell (sprints/middle distances/relays), Travis Grant (hurdles/long jump/relays), Jon Gray (middle distances/relays), and Mitch Rosignol (sprints/relays) have all had strong seasons.

As for team goals heading into the

in the Zone

Back-to-Back Ski Victories: GHS girls' ski team junior **Marissa Roberts** finished first in two recent races at Shawnee Peak, including a January 20 slalom competition against teams from the SMAA and Western Maine Conference, and a January 25 giant slalom competition against SMAA teams.

Among the League Leaders: At press time GHS girls' basketball junior **Kristen Ross** was among the conference leaders in three categories including first in rebounds (10.5 per game), second in blocks (3.0), and third in points (15.0). Senior **Kiersten Turner** was fifth in assists at 3.6 per game.

First Shut-Out of the Season: Goalie **Justin Brody** earned his first shutout of the season with 14 saves for the GHS boys' hockey team in a January 14 5-0 win over Westbrook. **Spence Cowand** led the way on offense with a goal and two assists.

Cheerleader Squad Heads Into Regional Tournament: The GHS cheerleading squad competed in regional competition January 28 after finishing near the top in two previous competitions. On January 7 in Lewiston at a tournament hosted by the Maine Cheering Coaches Association, the Rams placed fifth out of 20 teams. On January 14, the Rams finished fourth among 16 teams at the SMAA competition at Marshwood High School. The squad is led by captains **Abbey Brown, Annie Brewer, Rachel Webster, Emily Thompson, Brittany Grant, Samantha Dahlborg, and Ashley Gaudette.**

Swimming State Qualifiers: Several GHS swimmers have qualified for the state meets that take place February 20 (girls) and February 21 (boys) at UMaine-Orono. Girls' team swimmers who have qualified include **Blanca Monsen, Meagan Thomsen, Lindsey Thomsen and Ashley**

Clark while boys' team swimmers include **Timmer Sposato, Tim Smith, Max Storer, and Caleb Goodall.** Both the boys' and girls' teams compete at the SMAA championships February 10 (boys) and February 11 (girls) at Cape Elizabeth.

Player of the Week Honorable Mention: GHS senior **Carter Bowers** received honorable mention player-of-the-week honors from the Portland Press Herald for scoring 17 points, including nine in the fourth quarter when the Rams pulled away on a 17-2 run to defeat Westbrook, 51-32, January 16. The win was the second of the season for Gorham.

Girls' Track Record and State Qualifier: **Sarah Perkins** set a new league and school record in the 200 meters (26.04 seconds) during a January 21 multi-team meet at USM. She is now among the top 200-meter runners in all of New England. At the same meet, **Kristin Benson** qualified for the state meet the 55 and 200 meters while **Leanna Dalfonso** qualified for 800 meters.

Boys' Track Sets Multiple Records: At a January 21 multi-team meet at USM, members of the boys' track team set several records. Senior **Nate Bucknell** set a league record in the Senior 400 meters (52.72). Bucknell was also part of the Open 4x200 meter relay team – along with seniors **Ryan Baillargeon and Brandon Cushman** and sophomore **Austin Bell** – that set a league record of 1:35.22, which is also the fastest time in the entire state this year. School records were set by Bell (52.68 in the Junior 400 meters and the fastest sophomore time in New England); sophomore **Travis Grant** (38' 2.75" in the Junior triple jump); Cushman, (1:18.13 in the Open 600 yards); and freshman **Jon Gray** (2:12.19 in the Junior 800 meters).

sports Etc.

Get Your Car Detailed to Help GHS Softball: Saturday, February 18 from 8:00 a.m. to 1:00 p.m. at Great Falls Elementary School. \$25 for complete interior detailing. FMI, contact Dennis Crowe, GHS softball coach, at 222-1005. Tickets sold by GHS softball parents and on location.

USM Baseball Pitching, Hitting and Defense Clinics: The USM baseball staff will hold its 20th Annual Pitching, Hitting

& Defense Clinic February 19 and February 25 in the Costello Field House on the USM Gorham campus. The pitching and defense clinics run from 9 a.m. to noon, and the hitting clinics run from 1 to 4 p.m. Cost of each session is \$30 or the full day at \$50. Players ages 8-18 are welcome. All proceeds help fund the annual USM baseball team spring trip. For more information contact Coach Flaherty at 780-5474.

post-season meets, the team's fourth senior captain, Gervais, said, "We aim to win both the SMAA and the Class A State Meet. We all feel that we have a great chance to win the SMAA Southwestern meet. Scarborough is definitely our biggest competition, and they were the only team to beat us in the regular season. But in the big meet, we hope to see everyone set personal records in all their events. States will be

a much harder meet to win. Mt. Ararat is going to be a tough opponent. Both of the meets are going to be fun to watch and compete in."

Coach Tanguay added, "This season has been very enjoyable because of the way the veteran leaders have really stepped up this year and helped turn many individual on the team into very good competitors. We should do well in the post season."

GHS Sports Update from Athletic Director Tim Spear

Compiled by Jeff Pike and Robin Somes

At the January 11 School Committee meeting, GHS Athletic Director Tim Spear reported on various programs and developments at GHS during the past year. He highlighted many successes including All-Conference and All-Academic recognition, soccer and golf team championships, and the coveted sportsmanship banner won by GHS.

GHS student athletes were awarded the 2011 Sportsmanship Banner last March at the SMAA Sportsmanship Summit, where 10 GHS student-athletes that demonstrated leadership potential were invited to attend. Attending athletes from all SMAA schools voted for who they felt deserved the Sportsmanship Award and the chose GHS to receive the esteemed banner, which now hangs on the wall of the GHS gymnasium.

Spear also reported that over the past year, recognition was imparted to 65 GHS student athletes who achieved All-Conference status, and to 40 seniors recognized as All Academic All-Stars – an achievement attained by maintaining a cumulative grade point average (GPA) of 93 or higher. In addition, every GHS student athlete maintained the necessary GPA levels to comply with the Academic Eligibility Policy. During the fall season, the girls' soccer and golf teams both won the Southwestern Maine Athletic Association (SMAA) regular-season cham-

pionships after finishing the regular season undefeated.

Spear also noted items of concern, including financial backing for lacrosse and the GHS sports field. Unlike other sports programs, whose tenure has solidified their financial support, lacrosse—in existence for 10 years and a significant sport in Gorham schools—will not exist without full school funding. Spear encouraged consideration for developing a plan for lacrosse since it has been in place for quite some time and has proved that it is a viable program generating significant interest from the community.

In noting the need for repairs to the main sports field at GHS, Spear encouraged that options be explored and included as part of the high school expansion project. Spear also promoted installation of a synthetic turf field as a practical option due to its availability affording a longer sports season, reduced maintenance costs, and durability that will accommodate physical education classes and multiple sports.

Spear concluded by stating, "Our student athletes are representing Gorham schools with enthusiasm, great character and tremendous class." He also recognized the coaches who "use the playing fields as an extension of the classroom to teach leadership and good citizenship."

Free Throw Winners



Photo credit Anthony Alfiero

The Gorham Knights of Columbus held its Fifth Annual Free Throw Shooting Contest January 14 at GHS. Pictured above are the winners who will all advance to the district competition February 12 at Windham High School. From left to right, listed with age group: Anna Gikas, Girls 12; Stefan Gikas, Boys 14; Abby Hamilton, Girls 14; Drew Meader, Boys 11; Nikolas Strout, Boys 10; Michelle Rowe, Girls 11; Sarah Stevens, Girls 10; Brandon Desjardin, Boys 13; and Jason Komulainen, Boys 12.

Cheerleaders Qualify for State Finals

The GHS cheerleading squad is heading to the Class A State finals after finishing fifth at the Western Maine Class A Championship January 28 at the Augusta Civic Center. The Rams totaled 137 points in the competition, which was won by Biddeford with 155.9 points. The State competition takes place February 11, also at the Augusta Civic Center.



Gorham Lacrosse Registration
February 2nd 6:00-8:00 PM &
February 16th 6:00-7:30 PM
@ Gorham Middle School Cafeteria



Come on out and learn how to play the fastest growing sport in the country!!

All players' grades 3-12 must register!

Youth Fee (grade 3-6) = \$65 plus uniform fee
Boys \$35/Girls \$35

(Youth players who have a uniform they'd like to use again must register the number with the Youth Coordinator at registration night or a new uniform may need to be purchased)

High School Fee = \$160 (uniform included)

Middle School Fee = \$160 (uniform included)

A parent or guardian MUST be present to register the player and provide insurance information.

*****DEADLINE TO REGISTER IS MARCH 15!*****

Online Registration Available
www.gorhamlacrosse.org

Check out our official Gorham Lacrosse Merchandise online, including some new items!



Kimberly Francis (GHS '01), a financial analyst for Duff & Phelps, LLC in Boston, was recently engaged to Michael Rejniak, Men's Head Basketball Coach at the State University of New York-New Paltz. Kim is the daughter of Gain and Jackie Francis. Michael is the son of John and Susan Rejniak of Southampton, MA. An August 2012 wedding is planned.



Dancers Natalie Brackett of Westbrook and Maddie Poulin of Gorham were chosen from over 500 dancers as recipients of the New England Summer Dance Camps Awards at the recently held Excel in Motion Convention in Massachusetts. Pictured with the dancers is "tWitch," a former headliner from the hit show "So You Think You Can Dance."



Maine Game Warden, Michael Pierre, visited with Boy Scout Troop 73 helping some of the scouts with information on how to earn their Fishing and Fly-Fishing Merit Badges. The scouts gained an appreciation of how Maine Game Wardens protect and rescue people, and for the preservation of Maine's valued fish, wildlife and other resources. (L-R) Back: Bailey Daigle, Matt Southard, Riley Campbell, Michael Pierre, Dan Bahun, Jesse Southard. Front: Adam Petrin, Mark McShane, Kyle Grass, Jacob Yahm, Grant Hawkes, Adam Harrington, Ben Bellantoni.

DEAN'S LIST

The following students were named to the Dean's List for the 2011 fall semester:
Whitney Alfiero (GHS '08), Bay Path College;
Solange Carpenter, Fashion Design and Production, Lasell College;
Elizabeth Demski, Keene State College;
Rachel Fogarty, Communication Science and Disorders, University of Vermont;
Brendan Ham, Entrepreneurship, Lasell College;
Kristen Hamilton, Political Science, University of Vermont;
Mary Kusturin, Fashion Design and Production, Lasell College;
Julie Smith (GHS '10), Criminal Justice major, Saint Anselm College;
Taylor Sullivan, Athletic Training, Springfield College;
Janek Swiatek (GHS '11), Pre-Pharmacy, University of New England;
William Tebbetts (GHS '10), McPherson College;
Ryan Weed (GHS '11), Communications & New Media, SMCC;
Casey Weed (GHS '10), Journalism, USM Orono;
Kyle Exchange, Kendal Nicely, Marissa Patten-Harris, Kelsey Pelynio and Jan Swiatek: University of New England;
Chelsea Black, Lauren Chouinard, Megan Cutter, Alexander Dahms, Jonathan Dahms, Shannon Davis, Emily Hamblen, Adam Hawkes, Paul Morse, Benjamin Smart, Allison Speed, Deanna Taylor, Michelle Walls and Elizabeth Wise: St. Joseph's College.



Die-Hard Fan Meets the Green Monster
 Jackie Francis, a life-long fan of the Boston Red Sox, had her picture taken with Wally the Green Monster and the 2004 World Series Championship Trophy at L.L. Bean in Freeport. The event was part of L.L. Bean's 100th year anniversary celebration. The 2004 World Series win was the first for the Red Sox since 1918 and was followed up with another World Series win in 2007.

Decorated combat veteran and USM Army ROTC Cadet **James Williford** attended the 12th Annual Army All-American Bowl in San Antonio, TX, in January, where he was honored as a "Soldier Hero." Williford, an Oakland, Maine native, is a sophomore history major at USM and will graduate and receive his commission as an Army lieutenant in 2014. Williford lives in Gorham with his wife Shannon and three children.

Chelsea Muller (NYA'12) was selected to participate in the 2012 Maine Music Educators Association's All State Music Festival. Muller was selected by audition to play the alto saxophone in band.

Jae Jeon (NYA'12) was selected to participate in the 2012 Maine Music Educators Association's All State Music Festival where he will sing in the alto section of the chorus. Jeon was also selected to perform in the high school mixed choir at the District 2 Honors Vocal and Instrumental Concerts.

The Lakes Region Senior Center, 40 Acorn St., will host a Blood Pressure Clinic on Wednesday, Feb. 15 at 11 a.m. sponsored by the Gorham Health Council. A Pot Luck lunch followed by a Valentine/Birthday party will begin at noon. On Thursday, Feb. 16, a Heart



Gideon Bok, *Night Triptych*, Oil on Linen, 2010, 35" x 96" (3 panels 35" x 32" ea.)

Twenty-two faculty artists will show their work in the USM Art Faculty Exhibition that runs through Feb. 17 at the Art Gallery, Gorham campus. FMI, 780-500 or visit www.usm.maine.edu/gallery. Pictured above is a portion of "Night Triptych," by Gideon Bok.

Health Clinic for Men and Women will begin at 9:30 a.m. Cindy Honess, MSN, ACNS-BC, a Cardiac Clinical Nurse Specialist, will provide information on Gender Differences in Heart Attack symptoms. Open to the public and refreshments will be served. LRSC is open Monday-Thursday 9 a.m. to 3 p.m.

Pam Turner, BML director, will talk about the WWII Oral History Project of Gorham Veterans at the North Gorham Public Library on Wednesday, Feb. 8 at 7 p.m. Excerpts from the interviews will be shown. FMI, 892-4290.

Nominations for Maine's Outstanding Senior Volunteer are being accepted through Mar. 15. Fifty state winners and one national winner will be introduced during Older Americans Month in May when \$5,000 will be donated to the national winner's charity of choice. FMI, www.SalutetoSeniorService.com

The Gorham Founders Festival Committee will be meeting on Thursday, Feb. 16 at 6 p.m. in the activity room of the Gorham Rec. Dept. to discuss the May 25/26 festival. The public is invited to attend. FMI, write to Suzie Phillips at sphillips@gorham.me.us or visit www.gorhamfoundersfestival.com.

A Chicken Pie Supper with all the fixins' will be served at the First Parish Congregational Church, in Gorham on Saturday, Feb. 4 at 5 p.m. \$9/\$5 under 12. All are welcome!

The GHS Project Graduation Committee will host a Motor Booty Concert at the Gold Room at Joker's, 512 Warren Ave., Westbrook, on Saturday, Feb. 11 at 8 p.m. Proceeds support Project Graduation 2012. Tickets \$20. To reserve tickets call 839-8355 or 839-3693.

The Gorham/Westbrook TRIAD is now able to offer snow shoveling for senior citizens in the towns of Westbrook and Gorham. USM Delta Chi Fraternity will shovel paths, steps and mailboxes. Gorham residents may call Ethel Delcourt at 839-3363, and Westbrook residents may call Fred Collins at 854-8327.

The Gorham Woman's Club will meet on Thursday, Feb. 9 at 12:30 p.m. in Fellowship Hall of the First Parish Church for refreshments. A speaker from the Presumpscot Regional Land Trust will discuss "Land Conservation - The Calling of Our Times." Business meeting will follow. FMI, 839-6375.

The Baxter Memorial Library will host an Anime Art Class on Tuesday, Feb. 7 from 3 - 4 p.m. Join C. S. Night for a four-month adventure in Anime. Recommended for students from beginning to intermediate levels in grades 4 - 8. Lemonade will be served.

Registration is open for Gorham Business Exchange's 15th Annual Marketplace to be held on Saturday, Mar. 31 at USM's Costello Field House. Register early; save money on

CONTINUED ON NEXT PAGE



OF INTEREST

Gorham resident and member of Portland Urologic Associates since 1980, **Samuel Broaddus, MD**, has been named a Hometown Hero by the American Urological Association. In his 30-year career, Dr. Broaddus has brought medical expertise to St. Lucia, Egypt, Sri Lanka, Thailand, Pakistan, and Vietnam. Most notably, he is the surgical team leader of Konbit Sante, a Maine-based volunteer group that aids the people of Haiti.

Saluting Senior Service

Searching for Senior Volunteers Compiled by Karen DiDonato

Home Instead Senior Care announced a program to honor senior volunteers for the contributions they make to their community. The Salute to Senior Service program will include a search for the most outstanding senior volunteer in each state. The winner will be announced in May.

According to research conducted by the Home Instead Senior Care network, 52 percent of seniors volunteer their time through unpaid community service. Nearly 20 percent (one in five) of seniors surveyed started volunteering when they reached retirement age. 20 percent of seniors who volunteer say their community service is the most important thing they do.

"Helping others defines life for many local retired seniors," says Bill Jenks, Gorham resident and owner of

the Home Instead Senior Care office in Gorham. "And what a difference we have observed in seniors' health, attitude and outlook among those who choose to stay active as they age."

State Senior Hero winners will receive plaques, and their stories will be posted on SalutetoSeniorService.com. In addition, \$5,000 will be donated to the national winner's nonprofit charity of choice.

Nominees must be 65 years of age or older and volunteer at least 15 hours a month. Nominations will be accepted at SalutetoSeniorService.com through March 15. Nomination forms also can be requested at ckoehler@homeinsteadinc.com.

For more information, call 839-0441 or visit salutetoseniorservice.com or homeinsteadinc.com.

What The Hay?



Photo credit: Stacy Sallinen

This eye-catching hay sculpture frequently makes an appearance in Gorham. Its creator, Michael Shaughnessy, an artist from Portland and professor of sculpture at the University of Southern Maine, said it's something out of the ordinary that makes people wonder, and invokes smiles, laughter and conversation. All are welcome to stop, view and photograph the sculpture. FMI, please visit the Hay Ball Facebook page.

Of Interest FROM PREVIOUS PAGE

reduced booth fees and be included in pre-show publicity. FMI, 892-5515 or visit www.gorhambusiness.org.

USM NOTES

The USM Theater Dept. presents "Eurydice" – a 21st century re-visioning of the ancient Greek myth of Orpheus and Eurydice in the Russell Hall Auditorium, Gorham campus, Feb. 2 – 5. \$15/\$11/\$8. FMI, 780-5151.

Violinist Ronald Lantz and pianist Laura Kargul will celebrate the Valentine season with a program of French romantic music on Sunday, Feb. 12, at 3 p.m. in Corthell Concert Hall, Gorham campus. \$15/\$10/\$5. FMI, 780-5555 or visit maine.edu/music/boxoffice

The Southern Maine Symphony Orchestra will perform three winning compositions from the first-ever USM School of Music's Composition Competition on Saturday, Feb. 11 at 8 p.m. at Gorham Middle School, 106 Weeks Road. \$6/\$3. Snow date 2/15. FMI, 780-4800 or www.usm.maine.edu/music.

CLOSE TO HOME

Courtney Smith, daughter of Jonathan and Cynthia Smith, will be singing with St. Michael's College Liturgical Ensemble at

Masses on Feb. 3 at Cheverus High School, 9 a.m.; Feb 3 at McAuley High School, 1 p.m.; Feb. 4 at St. Patrick Church, 4 p.m.; Feb. 5 at St. Hyacinth Church, 9 a.m.

Schoolhouse Arts Center will hold auditions for "Steel Magnolias" on Feb. 8 & 9 at 6 p.m. at the Standish Congregational Church (25 Oak Hill Road, Standish). Show dates are in April. FMI, 642-3743 or www.schoolhousearts.org.

Saint Joseph's College kicks off its 100th Anniversary with a Winter Carnival & Centennial Extravaganza on Feb. 3 & 4. The event features public sledding, skating, sleigh rides, snow sculpture contests, snowshoe tours, open pool swim, all capped off by a Chocolate Lounge and Ice Bar on Saturday night. Everyone is welcome to join in the fun, and all events are free unless noted. FMI, centennial@sjcme.edu.

Acorn Productions' Fairy Tale Players, an ensemble of children, teens and adults, will perform in Director Michael Levine's adaptation of "Puss 'n Boots" through Feb. 12 at the Acorn Studio in Westbrook. \$8/\$6. FMI, 854-0065 or visit www.acorn-productions.org.



Gorham 839-2500	● Scarborough 883-0404	● Biddeford 284-2500
Portland 842-2500	● Sanford 324-2500	● Lewiston 344-2500



LEE — **Gwen Dahl Sawtelle** passed away on Jan. 22, 2012, in Norwell, Mass., at the age of 99.

Gwen was born in Somers, Mont., on Aug. 3, 1912, daughter of Gustav and Anna Dahl. She spent her childhood in Minneapolis, Minn. and in Spring Valley, Wis.

Gwen received her BS degree from the University of Minnesota and was awarded the MA degree from Vanderbilt University. She moved to Gorham, Maine in 1940 and on May 1, 1942 married Kenneth White Sawtelle, who passed away in 1980. Gwen was Associate Professor of Art, Emerita, at the University of Southern Maine, retiring after teaching Art Education and Art History for more than 28 years at Gorham Normal School, later known as Gorham State Teachers College and as the Gorham Campus of the University of Southern Maine.

During her teaching career Gwen served as the Chairman of the Department of Art, President of the Maine Art Education Association, and National Vice-President of the Education Sorority Kappa Delta Epsilon. A resident of Gorham for 50 years, Gwen was a member of the First Parish Congregational Church, Gorham Arts Council, Gorham Historical Society, Gorham Women's Club, Gorham Garden Club, and Gorham Land Trust.

Gwen loved to travel. After retiring from teaching she served as a staff member on a number of cruise ships, including the Queen Elizabeth II, giving on-board art history seminars about destination points and ports of call around the world. She visited 49 states (missing Texas!), much of Canada, Norway, Sweden, Denmark, Finland, the British Isles, Germany, Austria, Switzerland, Australia, New Zealand, the Philippines, Bermuda, Panama, Mexico, and several islands in the Caribbean. In 2006, at the age of 94, Gwen wrote and published her first book "Create!!" dedicated "to those who love to Create, and to those who wish they could!"

Throughout her life Gwen especially enjoyed designing, making, and sharing her handicrafts. Most recently, between 2008 and 2010, Gwen made over 3,000 decorative gift boxes, filled with candies or scented silk flowers, which she donated to several senior citizen groups and Meals on Wheels organizations in New Hampshire and Massachusetts.

In 1990, Gwen moved to Lee, where she was known to many as "Nana." In 2006 the town of Lee presented her with the Boston Post Cane in a special ceremony recognizing her as the oldest citizen of Lee. She lived her life with a fiercely independent spirit and an unwavering optimistic attitude believing that life is what you make it.

Gwen is survived by her son, Erick Dahl Sawtelle; daughter-in-law, Tina Fottler Sawtelle, and three grandchildren Dahlia, Dayne, and Devin Sawtelle of Lee and her daughter Barbara Sawtelle of Hanover, Mass.

Visit www.fosters.com/obits for an online guest book.

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the blotter

Courtesy of the Gorham Police Department

Cigarettes: Suspicious and Bad for Health

Caller reported suspicious activity in the Main Street area. Operator was an employee on a cigarette break.

Line Road caller reported that there was a male subject sitting on the side of the road cutting up a deer.

School Street caller requested to speak with an officer regarding someone posting inappropriate pictures of them online.

Fort Hill Road caller requested to speak with an officer regarding a box full of mail from 2010 that was left in caller's garage.

Narragansett Street man was arrested for domestic violence assault and domestic violence terrorizing.

Ossipee Trail caller reported that someone shot their window with a paintball gun and broke the window.

Main Street caller reported a disturbance involving a female who was mad because the bank wouldn't cash a check for her.

Gray Road caller reported that a worker who had been paid to do work on caller's house had shown up under the influence of drugs. Caller told worker to return the check and leave, but the check had been cashed and work was never done.

Maple Ridge Road caller reported that a known individual showed up at their residence displaying some type of weapon.

Gateway Commons Drive caller reported two suspicious unoccupied vehicles parked in the area.

Evergreen Drive caller reported that there were guests at caller's home who were refusing to leave.

North Gorham Road caller reported that someone ran into their stonewall and did considerable damage to it.

State Street man was arrested for OUI, possessing marijuana and sale and use of drug paraphernalia.

Fort Hill Road man was arrested for OUI.

Ossipee Trail woman was arrested for domestic violence assault.

Gray Road man was arrested for domestic violence assault.

Ossipee Trail woman was arrested for OUI.

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calendar

THURSDAY, FEB. 2

- Snowshoeing at the Lakes Region Senior Center, 40 Acorn St., 10 a.m. Snowshoes provided. FMI, bbrocket350@aol.com
- Baby and Me, 9:30 a.m., Baxter Memorial Library.
- Toddler Time, 10 a.m., Baxter Memorial Library.
- Baxter Sewing Group, 2:30-4:30 p.m. Baxter Memorial Library.
- Story Hour for 3-5 year olds, 10-11 a.m., No. Gorham Public Library. Stories, songs & crafts. FMI, 892-2575.
- Gorham Food Pantry, 9-11 a.m., St. Anne's Catholic Church parking lot.

FRIDAY, FEB. 3

- Gorham Republican Caucus, noon-2 p.m., Gorham Town Hall, Council Chambers.
- Gorham Clothes Closet, 40 Acorn St., open 10 a.m.-1 p.m. FMI, 839-3104 or rhondasawyer@maine.rr.com
- Baked Bean Supper, 4:30-6 p.m., White Rock Community Club, Wilson Rd., Off Rte 237 Gorham. \$7/\$3. FMI, 892-4342.

MONDAY, FEB. 6

- Coffee Café at the Lakes Region Senior Center, 40 Acorn St., \$1.50. FMI, bbrocket350@aol.com
- Cribbage, all levels, 9:30 a.m. Lakes Region Senior Center, 40 Acorn St. FMI, bbrocket350@aol.com
- Planning Board Meeting, 7 p.m., Gorham Municipal Center, 75 South Street.

TUESDAY, FEB. 7

- Exercise Video Class, 9:30 a.m. Lake Region Senior Center, 40 Acorn St. FMI, bbrocket350@aol.com
- Learn to knit, crochet or do needlework, 10 a.m. Lake Region Senior Center, 40 Acorn St.
- Pre-School Storytime, 9:30 a.m. Baxter Memorial Library.
- Anime Art Class for grades 4-8, from 3-4 p.m., Baxter Memorial Library.
- Gorham Cancer Prayer and Support Group, 6 p.m., Cressey Road United Methodist Church. FMI, 839-311.
- Gorham Town Council Meeting, 7 p.m., Gorham Municipal Center, 75 South Street.

WEDNESDAY, FEB. 8

- Scrapbooking, 1 p.m. Lake Region Senior Center, 40 Acorn St. FMI, bbrocket350@aol.com
- Gorham Clothes Closet, 40 Acorn St., Open 6-8 p.m. FMI, 839-3104 or rhonda-

sawyer@maine.rr.com

- Toddlers in the Library, 10-10:30 a.m., No. Gorham Public Library. FMI, 892-2575.
- Prayer Shawl Knitting Group, 1-2:30 p.m., St. Anne's Catholic Church. All are welcome. FMI, 839-4857.
- Senior Community Meal, 11 a.m.-1 p.m., St. Anne's Catholic Church, \$3.50. FMI, 839-4857.
- Gorham Food Pantry, 6 - 7:30 p.m., St. Anne's Catholic Church parking lot.

THURSDAY, FEB. 9

- Snowshoeing at the Lakes Regional Senior Center, 40 Acorn St. 10 a.m. Snowshoes provided. FMI, bbrocket350@aol.com
- Movie – Mamma Mia, 1 p.m. Lakes Region Senior Center, 40 Acorn St.
- Baby and Me, 9:30 a.m., Baxter Memorial Library.
- Toddler Time, 10 a.m., Baxter Memorial Library.
- Baxter Sewing Group, 2:30 – 4:30 p.m. Baxter Memorial Library.
- Story Hour for 3-5 yr olds, 10-11 a.m., No. Gorham Public Library. Stories, songs & crafts. FMI, 892-2575.
- Gorham Food Pantry, 9-11 a.m., St. Anne's Catholic Church parking lot.
- Gorham SnoGoers Club Meeting, 7 p.m., 209 Mighty Street (Union Hall) in Gorham. Looking for new members. FMI www.gorhamsnogoers.org.

FRIDAY, FEB. 10

- Gorham/Westbrook TRIAD meeting, Gorham Town Hall, 8:45 a.m. FMI, 839-5407 or 839-2948.

SATURDAY, FEB. 11

- Pancake breakfast, Shaw Gym, Multipurpose Room, 7:30-11:30 a.m., \$4. Benefits Odyssey of the Mind and Gorham Arts Alliance.

TUESDAY, FEB. 14

- Happy Valentine's Day.
- Pre-School Storytime, 9:30 a.m. Baxter Memorial Library.

WEDNESDAY, FEB. 15

- Toddlers in the Library, 10-10:30 a.m., No. Gorham Public Library. FMI, 892-2575.
- Prayer Shawl Knitting Group, 1-2:30 p.m., St. Anne's Catholic Church. All are welcome. FMI, 839-4857.
- Senior Community Meal, 11 a.m.-1 p.m., St. Anne's Catholic Church, \$3.50. FMI, 839-4857.

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The Gorham Ecumenical Food Pantry is open every Thursday from 9 to 11 a.m., the second Wednesday of the month from 6 to 7 p.m., and the third Monday of the month from 6 to 7 p.m. Open to anyone in need of food. The Pantry is located at 299 B Main Street in the Saint Anne's Church parking lot (across from Narragansett Elementary School).



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