

Gorham Times

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TOWN OF
Gorham, Maine
—FOUNDED 1736—

OCTOBER 24, 2013

CELEBRATING 18 YEARS—A FREE, VOLUNTEER-RUN, BIWEEKLY COMMUNITY NEWSPAPER



Presumpscot Valley HazMat Team Plans Drill for Nov. 6

BY SHERI FABER
Staff Writer

Gorham first responders, along with Westbrook, Windham, Scarborough, Gray and Standish, all members of the Presumpscot Valley Hazardous Materials (HazMat) Team, and other HazMat teams throughout the state, are taking part in a Vigilant Guard drill at Maine Medical Center (MMC) on November 6. The drill will include 30 volunteer “patients” who must be “decontaminated” after simulated exposure to anthrax before they are admitted to MMC.

National Guard members, HazMat teams and law enforcement teams across the state will hold similar drills but with exposure to a variety of items that would require HazMat intervention. For example, Brunswick Air Force Base will simulate an ice arena collapse for their drill. Presumpscot Valley Haz Mat Coordinator Michael Nault acknowledged a few instances in Maine that required a HazMat response, but noted the various teams across the state do these drills throughout the year in order to maintain their skills and to be able to respond effectively to potentially harmful items to which people may be exposed.

Most states have similar programs as well as HazMat teams in place. Should something occur, their communities will be able to respond promptly and effectively.

Moose on the Loose



This moose visited the backyard of Phil and Lori Rumery of Mosher Road. After it briefly explored Route 237, they encouraged him to head back into the woods.

Don't Forget to Vote! Election Day is Tuesday, November 5

BY KAREN DiDONATO
Editor

The polls for the upcoming election will be open from 7 a.m. to 8 p.m. on Tuesday, November 5. Gorham is comprised of two wards that are divided by physical address. If you do not know in which ward you are located, visit www.gorham-me.org and click “Voting Information.”

The Municipal Election will include voting for three Town Council and two School Committee Members. Town Council: Forrest B. Genthner, Benjamin E. Hartwell, James D. Means, Matthew J. Robinson (incumbent) and Bruce A. Roullard. School Committee: Kyle R. Bailey, Kyle P. Carrier (incumbent), John H. Doyle, and Pamela A. Irish. Note that Pamela Irish has withdrawn from the race due to health issues, but the ballots had already been printed with her name.

To read statements about each candidate, see the October 10 issue of the Gorham Times, available at www.gorhamtimes.com.

Statewide, there are five bond issues to be considered:

? 1: Bond Issue

Do you favor a \$14,000,000 bond issue to provide funds for the State's

share of maintenance, repair, capital improvement, modernization and energy efficiency projects for Maine Army National Guard readiness centers and support facilities and the purchase of land for training and to draw down federal matching funds? Total estimated lifetime cost is \$17,080,000 representing \$14,000,000 in principal and \$3,080,000 in interest (assuming interest at 4% over 10 years).

? 2: Bond Issue

Do you favor a \$15,500,000 bond issue to enhance education and employment opportunities for Maine citizens and students by updating and improving existing laboratory and classroom facilities of the University of Maine System statewide? Total estimated lifetime cost is \$18,910,000 representing \$15,500,000 in principal and \$3,410,000 in interest (assuming interest at 4% over 10 years).

? 3: Bond Issue

Do you favor a \$100,000,000 bond issue for reconstruction and rehabilitation of highways and bridges and for facilities or equipment related to ports, harbors, marine transportation, freight and passenger railroads, aviation and transit, to be used to match an estimated

\$154,000,000 in federal and other funds? Total estimated lifetime cost is \$122,000,000 representing \$100,000,000 in principal and \$22,000,000 in interest (assuming interest at 4% over 10 years).

? 4: Bond Issue

Do you favor a \$4,500,000 bond issue to provide funds for a public-private partnership for a building project for a new science facility at the Maine Maritime Academy to be matched by other funds? Total estimated lifetime cost is \$5,490,000 representing \$4,500,000 in principal and \$990,000 interest (assuming interest at 4% over 10 years).

? 5: Bond Issue

Do you favor a \$15,500,000 bond issue to upgrade buildings, classrooms and laboratories on the 7 campuses of the Maine Community College System in order to increase capacity to serve more students through expanded programs in health care, precision machining, information technology, criminal justice and other key programs? Total estimated lifetime cost is \$18,910,000 representing \$15,500,000 in principal and \$3,410,000 in interest (assuming interest at 4% over 10 years).

New Year Gorham Annual Auction

WHAT: New Year Gorham Annual Auction
WHO: FREE Admission for Everyone
WHEN: Saturday, November 2
7:00-9:30 p.m.
WHERE: Odd Fellows Building on the corner of College Ave. and Rt. 114

BY JOSHUA WOLFE
Executive Director,
New Year Gorham

On Saturday, November 2, the New Year Gorham committee will hold its fourth annual auction. Once again the auction will feature a silent and live auction as well as food and live entertainment.

“We are excited about this year’s auction as we have some extraordinary items for sale,” said Kristin Uhlig, co-chair of this year’s sale. “Among the items are gift certificates from many local restaurants and area businesses, beauty products, jewelry, fudge, pottery, fabulous cheese cake, new books, and much, much more. Our live auction led by Duane Dreger (who entertained us last year with his fabulous wit and humor) will tempt folks with some really good deals including a 10 foot garden gazebo, a bagpiper to perform at a special occasion, two great tickets for an upcoming Bruins game in Boston, complete car detailing from Bill Dodge Auto Group, six-month membership to USM Health Club and much more.

Bruce Roullard, also co-chair, added: “Admission to the event is free and we

We are excited about this year's auction as we have some extraordinary items for sale.

Co-Chair, KRISTIN UHLIG

will serve some great food and provide live entertainment while you browse and bid on the items for sale. We hope folks who have come in the past, will return and bring lots of friends. It's a really wonderful way to support an excellent cause.”

The event will run from 7 until 9:30 p.m. on Saturday, November 2 in the Odd Fellows Building on the corner of College Ave. and Route 114. For an updated list of items to be auctioned, visit www.newyeargorham.org.

Local company awarded \$6.5 million grant.

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Investing Through Education

BY SEN. JIM BOYLE

Mainers recognize the important role education plays in economic prosperity. We are stronger as a state when every child has the opportunity to fulfill his or her potential. One of the central responsibilities of state government is to ensure that our children have the resources they need to succeed. With the new school year having started, I have found myself recently reflecting on the good work done by the 126th Legislature to strengthen education here in Maine.

In January, legislative leadership created the Joint Select Committee on Maine's Workforce and Economic Future. The committee spent months traveling the state, consulting with leaders in education, workforce experts, economists, and successful Maine businesses. The result of the committee's hard work was a first-of-its-kind workforce measure that was overwhelmingly approved by the Legislature.

I am proud to note the workforce legislation incorporated an idea from one of my bills to create a scholarship for Mainers who started, but never completed, their college degree. In our ever-changing world, college degrees are becoming increasingly important. Maine

jobs requiring postsecondary degrees are expected to grow seven times faster in the next five years than jobs that do not require such qualifications.

The Legislature also passed a bond package that will enable the University of Maine System, Maine Community College System, and Maine Maritime Academy to upgrade existing facilities. These upgraded facilities will house new science and nursing labs and other classrooms for students concentrating in STEM (science, technology, engineering, and math). These are the jobs of the future and it is crucial that we prepare our students to compete in these high-demand, high-wage fields.

Perhaps one of the most significant challenges the Legislature faced was Governor LePage's proposed two-year budget, which included \$44 million in cuts to education. Lawmakers on the Education and Appropriations committees drafted an alternative proposal that restored funding to education, including funding for Head Start, and provided an additional \$35 million in K-12 school funding. A pathway was also created to fulfill the state's mandate of funding K-12 education at 55%. Despite the Governor's obstructionist tactics, Democrats and

Republicans in the legislature produced a budget that reflected our shared values.

Hunger or malnutrition can pose as one of the largest obstacles to success. In Maine, nearly 20 percent of our children live in poverty. While half of our students receive subsidized school lunches during the school year, this is not the case during the summer months. That is why this session we expanded access to the summer food program, which provides healthy meals to children during the summer. Instead of having to wait until school is in session, thousands of Maine children will be able to eat healthy meals during the summer.

Although Democrats and Republicans may sometimes disagree over the means, we all want Maine kids to succeed. Together, we were able to make some key investments in our students. I look forward to continuing our work next session to strengthen education, and in turn our state.



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legislature.maine.gov

Letters to the Editor

Letters must be less than 300 words, signed with a first and last name, typed or e-mailed and include a phone number. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times and are subject to editing.

Dear Gorham Times:

I just wanted to express my appreciation to the Recreation Department. I have started taking my dog to the soccer fields at Little Falls at lunchtime for some exercise and I noticed what I considered a safety hazard. I called when I returned to work and they were very thankful that I called and made them aware of the problem. The next day when I returned to the soccer field the hazards had been removed. I am very grateful that they took my concerns seriously and corrected the problem. They did a great job.

Thanks, Debra L. Houle

Dear Gorham Times:

GORHAM STRONG! I believe that Jim Means's significant business background and experience coupled with his interest in securing sound economic development opportunities for Gorham will be a major asset to the town council and the town of Gorham. His interests and involvement in town affairs is positive and commendable.

Richard Carter

Dear Gorham Times:

As a teacher with close to thirty years of experience in the Gorham schools, I am thrilled to be supporting Kyle Bailey for Gorham School Committee. I entered the teaching profession because I know how important education is to our future and what a difference it can make in the lives of children. Gorham is fortunate to have a community that cares about its children and its schools. Parents are welcome partners in the education of their children. These are some of the things I shared with Kyle last May when we chatted about our educational community. Since then, Kyle has talked with hundreds of teachers, parents, students and neighbors about their experiences with our schools, what they think we do well, and where we can continue to make improvements. I know that Kyle has used what he learned to set the right priorities: creating a transparent and responsible budget, setting policy that develops skills in every student so they have the tools to succeed in our global economy,

and investing in innovative classrooms that help students thrive. Having had several conversations with Kyle about his campaign for School Committee, I know he is a thoughtful, dedicated Gorham community member who listens to people and cares about our kids' future. I hope you will join me in supporting Kyle Bailey for Gorham School Committee on November 5.

Susan Sedenka, Literacy Specialist, Adjunct Instructor, University of Southern Maine

Dear Gorham Times:

Maine Children's Cancer Program held their annual walk on Saturday, Sept. 21. Gorham based Lauren's Team walked for their 12th year. Lauren's Team started in 2002 when Gorham 6th grader, Lauren Hawkes was being treated for a rare form of leukemia. Lauren was able to walk the first year but tragically passed away in July of 2003. Since then, the players and families of GYSA and the High School Girls soccer teams have been an integral part of Lauren's Team. This year, GYSA

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BRINGING THE NEWS TO ALL OF GORHAM
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The Gorham Times is a free volunteer-run community newspaper distributed every other Thursday to more than 100 pick-up sites throughout Gorham.

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\$10/year for college subscription

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Ad deadline is the Wednesday of the week prior to issue date. Go to www.gorhamtimes.com and click on the advertising link for schedule.

EDITORIAL POLICY

The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers. Printing services by Alliance Press, Brunswick, ME

Gorham Times

UPCOMING DEADLINES:

Ad Deadline	Publication
Oct 30	Nov 7
Nov 13	Nov 21

around town

Town Manager David Cole issued a 10-Year Service Pin to Police Officer Dean Hannon and a 20-Year Service Pin to Angela Fall who works in the Code Enforcement Office.

The town now has two new fire engines. They are currently being lettered and having additional equipment mounted. They will be put into service shortly. The two old fire engines were put up for bid, but no bids were received at the October 4 bid opening. The town is looking into selling them for scrap.

Town sold the \$1.4 million bond issue for a favorable combined interest rate of 3.14874.



Elect
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Gorham Grind Introduces the "Anywhere Coffee Bar"

By DEDE PERKINS

The Anywhere Coffee Bar is the new mobile catering arm of the Gorham Grind. Owner Carson Lynch has affectionately named the company's first catering vehicle "Flo", which made its debut at September's Great North Music and Arts Festival in Norridgewock, Maine.

"In the past, when we worked an event like Great North, we would bring tents, tables, and rented equipment. Now we arrive with our own generator, a water supply, and a working space that

comfortably accommodates three staff members," Lynch said.

Currently, the Anywhere Coffee Bar is available by appointment and offers hot and iced drip coffee; hot and iced tea; pastry items; bottle drinks; and of course, "Rocket Fuel," Gorham Grind's signature drink. Eventually, Lynch plans to expand the food and beverage menu to include an espresso bar, panini sandwiches, and alcoholic beverages.

In addition to being available for events, Lynch plans to have "Flo" fully operational as a food truck in greater



Portland by next spring. Ideally, the Anywhere Coffee Bar will serve at a single stationary in-town location during the day from Monday through Thursday and at events and as a roving food truck during the evenings and on weekends.

"I'm excited about the opportunities that are presenting themselves. The City of Portland has given the okay for the clustering of trucks in parking lots and public parks. Five to six trucks will get together to serve lunch which makes it a fun destination for customers," Lynch said. "Boston, New York, Boulder, Denver and cities in Southern California all have a vibrant food truck culture. Portland, which is already famous its

great restaurants and sophisticated food culture, is catching up."

Lynch has been thinking about a mobile coffee service since 2008 when he ran the coffee concession at the Up North Music Festival in Cornish. Earlier this year, when he found the perfect truck for the Anywhere Coffee Bar, his dream became a reality.

"I'm excited to bring the Anywhere Coffee Bar to walks, runs, civic events, wherever it fits," he said.

For Gorham Grind's loyal fans, Lynch promises the Anywhere Coffee Bar is not cause for worry. "The shop and truck complement each other, and I'm keeping both. That's for sure."

Letter to the Editor CONTINUED FROM PAGE 2

had over 400 walkers, some coming back from college to walk! This has become an annual community event for both GYSA and the girls' soccer teams. With their incredible fundraising commitment, Lauren's Team has raised over \$192,000.00 for the MCCP in the last 12 years.

This community has a lot to be proud of - we are a caring and committed town - to GYSA, Girls Soccer and all the family and friends that continue to support this cause and to keep Lauren's memory alive, I thank you.

Nancy Hawkes



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Schedule:

4:00 pm You Are Beautiful and Loved
for victims and survivors of abuse

6:00 pm Breaking the Holy Hush
Awakening churches to the reality of abuse within congregations

7:00 pm Who Am I?
Identifying abuse and how to help the abused

For more information contact:
our church office at 839-6985
Pastor Tom 837-1838



Costanza Syndrome and the Shoulder Anchor

By DR. ROB LAVOIE

I'm no thief but every week I get a chance to grab a women's purse. Men also hand over their wallets. Of course the wallet and purse are returned unaltered but with one very important piece of advice. Women, lighten up your purse. Men, stop wearing your wallet in your back pocket. Your spine and overall wellbeing will thank you.

The Shoulder Anchor

Women love a good bag: a stylish purse with a reservoir the size of the Grand Canyon for anything they might need at any moment's notice. Let's start with the must haves: makeup bag, wallet and cell phone. Now let's add some accessories like jewelry, mirror, pens, charger, water bottle, glasses, sun glasses, maybe even an iPad. I'll admit it is the ultimate gear tote, but it also has negative effects on the body.

The scale in the corner of my treatment room is not for patients but for their purses, most of which weigh between five to 10 pounds, with the record at 14 pounds. Most women would say that it's just fine—they can handle the weight. The picture I see is much different.

Typically a woman carries her purse over her shoulder. The weight will cause her shoulder to drop on the purse side. This in turn tilts the head to the same side, but, instead of walking around with a tilted head, our bodies compensate by counter-tilting in the opposite direction. This causes curves in the spine and imbalanced muscle activity that are not natural. Over time this may lead to muscle strain, knots, neck pain, back pain, shoulder pain and even headaches. There is also risk of vascular or nerve compression due to the strap digging into the shoulder and the elbow when the purse is carried in a tea cup fashion.

Here are some solutions to this problem: Lighten the load. Leave heavier items in the car or at home during extended periods carrying the purse. On shorter trips take only your wallet. Choose a purse with a broad and cushioned shoulder strap to avoid digging into the shoulder. Switch shoulders often to avoid prolonged compression. Opt for a backpack

and be sure to wear both shoulder straps.

The Costanza Syndrome

Seinfeld fans most certainly will know what this is all about. I personally took the liberty to name this condition caused by having a very thick wallet in your back pocket. In one very funny Seinfeld episode, Jerry's friend, George Costanza, is mocked by Jerry for having a wallet that is overstuffed not with money but with items like receipts and coupons. George ignores Jerry's banter but eventually succumbs to back pain and a wallet that can't fold.

Now I must say that men are doing better with this one but it is still common to see a bulging wallet in a back pocket and also that all too familiar denim silhouette wear mark of a wallet placement.

Thick and even slim wallets in the back pocket can pose a problem for men when they sit. It tilts your pelvis and that causes the entire spine to compensate and counter-tilt, all the way up to the neck. If you don't believe me, try putting your wallet on the opposite side, then sit. Most probably it feels uncomfortable and outright strange. This is what your body is feeling every day but because it's become a habit your body has shut off receptors that allow you to feel it. Trust me, it's there. This is especially true with men who sit for a living, those with desk jobs, pilots, truck drivers, etc.

Sitting on a tilted pelvis can cause several health issues such as back pain, muscle imbalance, sciatica, and piriformis syndrome to name a few.

There is a simple fix: take the wallet out while in the car or at the desk, or switch to a smaller money clip type wallet and put it in a front pocket. Slim down the wallet by removing unneeded items. Remember we are creatures of habit so remembering the new placement will take time.

The purse and wallet are two everyday personal items that may be affecting your health and posture. Try these simple techniques to feel better today.



Robert Lavoie D.C. is the owner of Chiropractic & Massage Clinic of Gorham.



Chief Shepard Reports

The October Grand Jury returned the following indictments:

Craig Bradbury, 41, of Windham was indicted for operating after license revocation on charges brought by Gorham Police Department.

Marc Dremsa, 41, of Arundel was indicted for theft (priors).

Shawn Jordan, 31, of Westbrook was indicted for burglary, attempted theft and aggravated criminal mischief on charges brought by Gorham Police Department.

Brian Rowe, 31, of Gray was indicted for burglary, theft of firearms, theft and criminal mischief on charges brought by Gorham Police Department.

Tricia Rowe, 41, of Gorham was indicted for burglary, theft of firearms, theft and criminal mischief on charges brought by Gorham Police Department.

Michael Stanley, 45 of Scarborough was indicted for operating after revocation on charges brought by Gorham Police Department.

OCTOBER 7, 2013

Planning Board Results

By KAREN DiDONATO
Editor

The last Planning Board meeting included six public hearings, one subdivision amendment, and two private way reviews.

- Amendments to the Land Use and Development code regarding adding definitions for ATVs, All-Terrain Vehicle and Motocross Track and, to another section of permitted uses, the phrase "or commercial." The Board recommended the Town Council adopt the changes. (Approved, 6 to 1; Shain)

- East Coast Communications, LLC requested approval for a 3,000 square foot building expansion and revision of the existing Site Location Development Permit to create an additional 10,890 square feet of impervious surface to 29 Cyr Drive. Moved to consent agenda, October 21 Planning Board Meeting (Approved, 7 to 0).

- Anthony Kourinos requested a Contract Zone to allow specific commercial uses to vacant land on County Road. (Motion failed approval, 3 to 4; Fox, Shain, Sunnell, Theriault).

- Martin's Point Health Care requested approval of a 12,600 square foot medical office building with parking and site improvements for the property adjacent to Beal's Ice Cream at the intersection of Routes

25 and 237. Moved to consent agenda, October 21 Planning Board Meeting. (Approved, 7 to 0).

- Shaw Brothers requested approval of a major site plan amendment to modify conditions of approval (signage and buffer) of the 2008 asphalt plant approval located at 341 Mosher Road. (Approved, 6 to 1, Shain)

- ODAT Realty Holdings, Inc. requested approval of a 13,600 square foot building expansion to 20 Sanford Drive. Moved to consent agenda, October 21 Planning Board Meeting. (Approved, 7 to 0)

- East Coast Communications, LLC and Shaw Earthworks requested approval of a Subdivision Amendment to the New Portland Parkway Subdivision off Portland Road and Libby Avenue.

- Jacob and Alyse Wallace requested approval of a 150-foot private way (Allen Way) to serve one lot off Spiller Rd. (Approved, 7 to 0)

- Justin and Kelly Dearborn requested approval of a 561-foot private way (Cameron Way) off Davis Annex to serve between two and six lots. (Approved, 7 to 0)

- Ken and Lisa Spiller requested approval of a 400-foot private way (Travis Way) to serve between two and six lots off Buck Street. (Tabled at applicant's request, 7 to 0)

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OCTOBER 1, 2013

Town Council Report

BY ROBIN SOMES
Staff Writer

An item whose action was postponed at last month's meeting in regards to amendments to Hans Hansen's contract zone, was once again on the agenda. The proposed amendments concern allowing a Cumberland Farms convenience store and gas station to be constructed at 74 County Road in South Gorham. At this month's meeting, three people spoke against the amendments while five spoke in favor of them. Numerous Gorham residents had all voiced their concerns to the Council against the proposed amendment at last month's meeting, particularly South Gorham residents concerned about the future of the area. The contract zone amendment states changes to "only dimensional and performance standards" and specifies the permitted development of "convenience stores, either with or without associated gasoline sales, provided that the hours of operation shall be limited to between 5 a.m. and midnight" and for "no construction ... on the property between the hours of 7 p.m. and 7 a.m." The amended contract zone was approved by the Town Council 5-2 (Chair Philip Gagnon, Councilor Suzanne Phillips). The proposal to construct the new Cumberland Farms next goes to the Planning Board.

The Council unanimously approved the renewal of the following Automobile Graveyard/Junkyard permits for 2014:

- Darryl Weston, LKQ Corp./Gorham Auto, 176 Narragansett St.
- Ralph Cartonio, South St. Auto Body, 346 South St.
- Dave McCullough, M&D Rental, 393 Ossipee Trl.
- Gary Nelson, Chet's Auto Sales, 475 Ossipee Trl.
- Donald Hopkins, Hopkins Salvage, 230 North Gorham Rd.
- Bruce Young, Young's Auto Salvage, 721 Fort Hill Rd.

- Gordon Reichert, Reichert's Auto Body, 112 Shaws Mill Rd.
- Shawn Moody, Moodys/Ins Auto Auction, 200 Narragansett St.
- John Dumbrocyo, Dumbo Enterprise, 86 Longfellow Rd.

In response to the application of a Special Amusement Permit by YourSpace Sports and Recreation Complex, the Council voted 5-2 (Pressey, Gagnon) to amend the permit with an additional condition specifying that "any outdoor events can take place if and when the Town Council approves a subsequent Special Amusement Ordinance which allows outdoor events." The amended order was subsequently approved 5-2 (Pressey, Gagnon).

In a 6-1 (Phillips) vote, the Council approved the appropriation of \$32,120 from the Recreation Impact Fees to amend the Department of Environmental Protection Site Location permit for the Chick property for future projects that would conform to the Chick Property Master Plan that the Council had approved September 2008. The plan includes projects to develop a 90-foot baseball field, a basketball court, an ice rink, parking lot, and two multi-purpose athletic fields. The proposal from Sebago Technics to prepare the application to the Department of Environmental Protection was included in the approval by the Council.

The Council voted 7-0 to appropriate \$30,000 from Recreation Impact Fees to begin implementation of the Little Falls Recreation Area Master Plan, approved by the Town Council on August earlier this year. Initial efforts will entail excavating the large hill and relocating the material. Again, a proposal from Sebago Technics was accepted to provide engineering and related support for the project. The Public Works Department will perform the work.

Complete minutes are available on the Town's website at www.gorham-me.org.

TOWN OF GORHAM REGISTRAR STATE REFERENDUM/LOCAL ANNUAL ELECTION November 5, 2013

Pursuant to MRSA, Title 21A, §101, you are hereby notified that the Registrar for the Town of Gorham, Maine will hold office hours on Tuesday, October 29, 2013 and Wednesday, October 30, 2013 between the hours of 8:00 a.m. to 4:00 p.m.; Thursday, October 31, 2013 between the hours of 8:00 a.m. and 7:00 p.m.; Friday, November 1, 2013 between the hours of 8:00 a.m. and 1:00 p.m.; and Monday, November 4, 2013 between the hours of 8:00 a.m. and 4:00 p.m. for the purpose of registering citizens to vote and correcting the voter list.

Jennifer Elliott, Registrar



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Clerk's Corner

BY JENNIFER ELLIOTT
Acting Town Clerk

I am very excited to be taking on the role of Acting Town Clerk. I have been working for the Town of Gorham for 14 years in the Clerk's office as Registrar of Voter (I am still the Registrar), assistant Town Clerk and Deputy Clerk.

This is a very busy time of year on our office. There is an upcoming State Referendum/Municipal Election on November 5 and taxes will be coming due on November 15. If you are interested in voting by absentee ballot, stop by our office to pick up applications. The voter themselves can call us and we can take the information over the phone for an application as well.

Starting October 1, state sales tax increased from 5% to 5.5%. This will apply to the sale of cars, trailers, boats, ATVs, snowmobiles, motorcycles and campers/motorhomes. If the sales tax was collected at a dealer, no sales tax is due at time of registration, but if it was a private sale or an out-of-state sale, sales tax will be collected at the time of registration.

Dog licenses are now available for 2014. Please register your dog before the end of the year to avoid the costly late fee and possible fines. Register at the Clerk's Office or at http://www.gorham-me.org/Public_Documents/GorhamME_Clerk/Doglicenses.

I look forward to working with the Gorham citizens in my new capacity. Stop by and say hello.

@YOUR LIBRARY

Honoring Our Veterans

BY PAMELA TURNER
Director, Baxter Memorial Library

I have the distinct honor of working with Georgia Humphrey, James Rathbun, and Ron Shepard on the Gorham Veterans Day Ceremony. Martha Harris spearheaded this event in recent years and we are proud to continue it in her memory.

The Veterans Day Ceremony will be held at the Gorham Municipal Center at 10 a.m. on November 11. A musical prelude by the Centennial Brass Band will begin at 9:45am. It will be followed by a reception with refreshments donated by the Friends of Baxter Memorial Library and served by local Girl Scouts.

The program will honor veterans and military service in a variety of ways. The keynote speakers will be Carl and Marcena Phillips who will do a presentation on their participation in Wreaths Across America. Chief Shepard and Georgia Humphrey are developing a short historical video called "The Civil War - Gorham Connections."

Musical selections of the Civil War era will be provided by the Centennial Brass Band using authentic instruments of that time. There will be a musical salute to all veterans of all branches of service.

In conjunction with the ceremony, the library is developing a database of veterans from Gorham or with Gorham ties. If you are a veteran or the loved one of a veteran and would like to be included in the database, two short surveys are available on the library's website at www.baxterlibrary.org.

For more information on this ceremony or library programs in general, please contact the library at 222-1190.



Pam Turner holds an MLS from Simmons College and is active in statewide library activities including the Maine Library Association and the Minerva Library Consortium. She may be reached at the library at 222-1190 or pturner@msln.net.

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GHS Sports Highlights

COMPILED BY JEFF PIKE
Gorham Times Sports Editor

Field Hockey: The Rams defeated Bonny Eagle, 2-0, in the preliminary round of the Western Maine Class A playoffs October 19th led by goals from **Charlotte Smith** and **Reagan Emerson** along with a shutout by goalkeeper **Megan Baker**, who had 10 saves. The Rams were scheduled to play top-ranked Scarborough in the tournament semifinals October 23rd. The team finished the regular season with a record of 7-6-1 with a late-season highlight coming from a three-goal game by Hannah Southard during a 5-1 win over Portland on October 10th. For the season, the team was led on offense by Smith with 5 goals/4 assists, Southard (5/2) and Emerson (6/1). On defense, Baker along with defenders Sarah Norton and Maddy Hamblen led the team to five shutouts.

Golf: Gorham can claim 5 of the 18 boys' golfers who qualified for the Class A State individual golf final: **Kenny Tuttle**, **Matt Melton**, **Tim O'Neil**, **Max Johnson** and **Tucker Buteau**. For the girls' championship, **McKenzie Coyne** and **Sydney Caron** qualified. Tuttle placed highest, tying for ninth with a 79 at the October 19th tournament. At the boys' Western Maine Class A team championship on October 12th, the Rams finished third with a team total of 324.

Boys' Soccer: With the last regular-season game scheduled for October 22nd, the Rams were ranked sixth in Western Maine Class A with a record of 9-3-1 record. Leading scorers at press time were **Cody Elliott** (9 goals/7 assists), **Austin Bell** (8/7 assists), and Tyler Richman (7 goals). Goalies **Matt Bennett** and **Trenton Bassingthwaite** along with the defense led by **Tyler Eldridge**, **Cole Houghton**, **Morgan Hager-Perry**, and **Matt Hooker** had recorded five shutouts.

Football: Through the first four games of the season, **Gage Pratt** led the defense with 20 tackles and 24 assists followed by **Stephen Burns** 10/15 and **Zac Lee** 11/11.

Offensively, **Zach Mills** had rushed for 209 yards while Burns had rushed for 164. Burns also accumulated 115 all-purpose yards October 18 vs. Oceanside.

Cross Country: During an October 11 boys' four-team meet, **Jesse Southard** led Gorham to a team win while finishing second among individual runners with a time of 15:56. **Ben Foster** finished seventh at 16:52. During an October 17 four-team meet, Southard was the overall individual winner (17:20 over 3.06 miles) as Gorham finished second as a team. Foster finished seventh (18:13). For the girls' team, **Jackie Turner** and **Laura Turner** finished 10th and 12th in the October 17th meet with times of 23:03 and 23:14.

Volleyball: At press time, the team was battling for one of the final state playoff spots—with the last regular-season game scheduled for October 21st. The varsity and junior varsity teams raised \$1,935 in the fight against Amyotrophic Lateral Sclerosis during a September tournament at which the junior varsity won its division. The varsity turned in a strong performance against top-ranked and undefeated Scarborough October 17th before losing—18-25, 16-25, 26-24, 21-25. On defense, **Charlene Landry**, **Sam Robinson** and **Maddie Bennett** combined for 47 digs while on attack, **Kate Curley**, **Mackenzie Bowers** and **Chatham Mills** combined for 18 kills. **Hallye Anderson**, **Cassidy Landry**, **Charlene Landry** and Robinson combined for eight aces and 39 serving points.

Girls' Soccer: The team was 9-4 at press time and ranked eighth in Western Maine Class A with the final regular-season game scheduled for October 22nd. Two players netted hat tricks in recent games as **Morgan Cushing** scored three goals in a 7-1 win over Noble October 11th and **Abbie Laporte** did the same October 18th in a 3-2 win over Massabesic.

in the Zone

Conference Leader in Goals Scored: At press time, Bowdoin College sophomore **Kiersten Turner** (GHS '12) led the team in goals (eight) and assists (four) while helping the team to an 8-2-1 record. She was also tied for first in goals scored in the New England Small College Athletic Conference (NESCAC) and was named conference Player of the Week October 7th, in large part for scoring the first goal and adding an assist on the second as Bowdoin knocked off previously-unbeaten Trinity, 3-0, on October 5th.

Stellar Freshman Golf Season: Playing golf for St. Joseph's College of Maine, **Mike Caron** (GHS '13) has twice been named the Great Northeast Athletic Conference Rookie of the Week. He also finished as the runner-up in the two-day USM Fall Classic at Gorham Country Club.



Kiersten Turner



Mike Caron

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-Nate Greene

sports Etc.

The Gorham Boosters will next meet on November 4th at 6:30 p.m. at the GHS

Library. Parents of GHS and GMS athletes are urged to attend. Anyone wishing to help can contact Lenny Holmes at gorhamboosters@gmail.com.

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Flying High



#14 Erik Andreassen flies high to make a pass to #9 Tyler Eldridge during an October 17th win by the GHS boys' soccer team over Massabesic. To the left is #8 Nate Roberts. The Rams won, 2-1, on the strength of goals by Austin Bell and Cole Houghton.

Hannaford 5K Benefits United Way

14 Gorham residents finished among the top 40 runner at the September 22nd Find Your Way 5K Run/Walk sponsored by the Hannaford Bros. Gorham supermarket. Seth Bilquin finished first among all Gorham runners and second

overall while Gorham's Maddie DeWitt finished first among all female runners. The proceeds from the event benefit The United Way of Greater Portland. Following are the results of all Gorham runners—some ran while others walked:

Place	Name	Time	Place	Name	Time
2	Seth Bilquin	18:56	21	Jen Banks	26:58
6	Peter DeWitt	19:52	25	Diane Bell	27:14
7	Maddie DeWitt	21:26	26	Audrey Laskey	27:24
10	Alex Thuotte	23:04	32	Melissa Deering	32:20
13	Ben Theriault	24:13	33	Toni Chabot	32:54
14	Mike Chabot	24:59	35	Kathleen Walsh	44:27
15	Elisabeth Lewis	25:00	36	Nicole Theriault	44:27

Two Gorham Runners Complete Maine Marathon; 44 Finish Half Marathon

Gorham runners who competed in the October 6th Maine Marathon sponsored by Gorham Savings Bank and which took place in Portland included Dick Graves (182nd place) with a time of 3:37:24 and Katrina Day (587th place) with a time of 4:32:32. Nearly 1,000 runners participated.

In the half marathon, 44 Gorham runners were among the nearly 2,000 that competed—with Jennifer Rush finishing first among Gorham runners and second among women age 35-39. Betty Rines finished third among women age 55-59. Following are all the Gorham residents who competed:

Place	Name	Time	Place	Name	Time
118	Jennifer Rush	1:36:41	986	Renee Begonia	2:04:14
134	Timothy Zerillo	1:37:48	1010	Leah Sturm	2:05:04
183	John Hebert	1:40:58	1033	Daria McNamara	2:05:29
197	Kevin Mahoney	1:41:52	1057	Heather Kowalski	2:05:51
203	Megan Hamilton	1:41:26	1106	Jerry Johnson Jr	2:06:55
228	Jessica Fefer	1:43:13	1124	Rachel Baillargeon	2:08:31
345	Shane Zerillo	1:47:27	1149	Eric Anderson	2:07:34
451	Kelley Scott	1:50:55	1151	Naomi Schucker	2:07:34
465	Patrick Shaw	1:51:10	1191	Melinda Shain	2:09:37
496	Joe Allen	1:50:09	1193	Amy Pelletier	2:09:49
514	John Nathans	1:52:55	1197	Linda Whitten	2:10:24
528	Dennis O'Brien	1:52:30	1209	Tony Michaud	2:09:18
594	Samantha Morton	1:54:17	1210	Michelle Michaud	2:09:18
597	Michael Atkinson	1:54:22	1258	Victoria Reynolds	2:10:37
641	Rebecca Vance	1:55:51	1264	Kelli Deveaux	2:10:45
662	Kristal Jean	1:56:33	1380	Shannon Williford	2:14:24
665	Jillian Powers	1:55:13	1478	Sarah Burek	2:18:57
680	Maria McInnis	1:56:15	1551	Caroline Pinkham	2:21:37
697	Deborah Callahan	1:56:48	1567	Kathy Edelman	2:23:16
698	Tracey Bassingthwaite	1:56:48	1568	Jean Bergquist-Rappleyea	2:24:02
724	Kate Mason	1:55:54	1795	Laura Rancourt	2:38:55
889	Betty Rines	2:01:57	1845	Shaylene Ahlquist	2:53:03

Upcoming GHS Varsity Sports Events

Friday, October 25

7:00 p.m. Football vs. Fryeburg Academy @ GHS

Saturday, October 26

2:30 p.m. Girls' Cross Country Regional @ Twin Brooks Field, Cumberland
3:05 p.m. Boys' Cross Country Regional @ Twin Brooks Field, Cumberland

All games subject to change. For up-to-date schedules of all GHS sports teams, visit www.digitalsports.com

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Project Graduation 2014 Plans Underway

By AMY STORY

For many of the parents of the Class of 2014, it is hard to believe they have children who will be graduating in June. With thoughts of graduation come plans for Project Graduation 2014, an all-night chemical-free graduation party hosted by parents.

Plans and fundraising efforts have begun, and there are several ways to contribute. During the month of October, Harvest of Gold Calendars can be purchased for \$10. A winner will be selected each day in November to win a cash amount or a gift card. Calendars can be purchased from any Gorham High School junior or senior, or by contacting Amy Story at 839-4383.

A scrapbooking event to benefit Project Graduation will be held on November 9, from 8 a.m. to 5 p.m. at Saint Anne's Church. The cost for the day is \$30, which includes snacks, lunch, water and coffee.

There will also be raffle items, a 50/50 raffle and eight vendors. For more information or to register call Kim Ashby at 637-2189.

In addition, a Clynk account has been set up at Hannaford to collect returnables. If you would like Clynk bags, please contact a GHS senior.

Plans are under way for a Motor Booty Dance and Silent Auction that will be held on March 1, 2014 at the Gold Room. Save the date and tell your friends!

For all the work we have to do, we are in need of more volunteers. We welcome new parents of seniors at any time. Meetings are held at 6:30 p.m. on the second Tuesday of each month in the multi-purpose room at Gorham Rec. Department. Our next meeting is Tuesday, November 12.

The Gorham community has always been very generous in their support of Project Graduation. Thank you for your continued support!

OCTOBER 9, 2013

School Committee Report

By ROBIN SOMES
Staff Writer

With the term of Roger Marchand coming to an end, Chair Kyle Currier reported on Marchand's nine years of service on the School Committee. According to Currier's discourse, Marchand chaired the Gorham Middle School Ad Hoc Advisory Committee, chaired the Naming of the Facilities Committee, was a member of the White Rock/Great Falls Building Committee, and a member of the Stipend Review Committee. Marchand also chaired the Policy Committee for eight years, and has served as Committee Vice-Chair throughout his service. He has also served as School Committee Delegate at the Maine School Board Association conferences for six years. Currier also noted his ardent support for Adult Education, Special Education, arts programs, performing arts and music programs.

"We thank you very much for all your service and hope that you will be a part of our schools in some way—maybe not the School Committee, but we have many projects that we would love you to be involved in," she said to Marchand before presenting him with a crystal apple, the School Committee's commemorative honor to individuals for outstanding dedication and service. Marchand responded, "This Committee, no matter what the makeup was, has always attempted to work together, to help each other, to listen and come up with a positive ending that would benefit the schools and the children of Gorham. This has been consistent over my 9 years, and I thank you all and all those who served before you."

In his report, Superintendent Ted Sharp noted the upcoming Partners In Education (PIE) meetings which are intended to provide an opportunity for parents, administrators

and educators to interface and discuss school related topics. The first meeting will be November 12 at Gorham High School, then on November 21 at Gorham Middle School, December 3 at Village Elementary School, December 10 at Great Falls Elementary School, and on January 7 at Narragansett Elementary School. All meetings begin at 6 p.m.

Sharp spoke of the work that has been underway for over six years on the Crisis Management program, which has been a collaborative effort between schools, the Police Department, Fire Department, EMTs and Cumberland County. Sharp noted the recently updated handbook is now available at www.gorhamschools.org through the "GSD Parent Info Crisis Plan—updated September 2013" link at the top of each school's webpage. He encouraged parents to review it and pointed out that it is intended to provide information regarding what to do in the event of a crisis, where one would locate their children and other basic and essential information. Sharp said he could be contacted should there be questions or concerns, as well as Facilities Management and Transportation Director Norm Justice, or Police Sergeant Mike Nault, who leads this effort for Gorham.

In other action, the School Committee:

Voted 5-1 (Dennis Libby) to approve the Sebago Education Alliance Interlocal Agreement

Voted 6-0 to endorse the Gorham High School 21st Century Learning Expectations & the GHS Core Values and Beliefs

Reviewed the following updated policies: Referral/Pre-Referral (IHBAA), Child Find (IHBAC), Use of Physical Restraint and Seclusion (JKAA)

School notes

Gorham Middle School students were invited to participate in the First Annual Madison Writing for Excellence contest. Submissions will be reviewed and prizes will be awarded. Look to a future issue of the Gorham Times for the full story.

2nd Annual Gorham House CRAFT FAIR



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Civil Rights Team has Strong Presence at GHS



Megan Bitariho, Carmen Ndayisaba and Muhammad Khan shared their personal stories with the Civil Rights Team at Gorham High School.

BY KIARA DAY
GHS Senior

Gorham High School now has a State of Maine affiliated and certified Civil Rights Team forty members strong. The team's mission is to increase the safety of high school students by reducing bias-motivated behaviors and harassment, and to raise awareness about bias and discrimination pertaining to race, color, religion, sex, ancestry, national origin, physical or mental disability, or sexual orientation.

The team began last year under the guidance of Rachael Grady, a social studies teacher, and Amanda Vickerson, a behavior specialist, and was prompted by Sarah Rubin and Dr. Julie Alexandrin, advisors of Gorham Middle School's Civil Rights team. Currently advised by Ms. Grady and Paula Suttle, a substitute teacher, the Civil Rights Team has started full speed ahead with efforts to actively participate in local events like the 9/11 Stephen Ward Memorial Race/Walk in September. Team members proudly showed off t-shirts and advocated for peace early in the morning, since they say fear, itself, is a terrorist. Their main goals revolve around reducing fear and bias by collecting data on the use of hate speech at school; advocating for a restorative justice policy towards "bullying;" conducting a community dinner forum; helping with and attending the middle school Diversity Day; participating in the statewide Civil Rights Team

Project training; putting on the annual Spring Talent Show; attending debates, lectures, human rights presentations; and spreading the word about the team's mission to generate a whole town community of discussion.

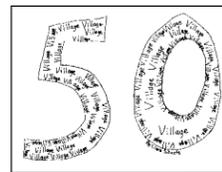
At their Oct. 7 meeting, the team discussed race and religion with students who have moved to the United States from Pakistan and Burundi. These three brave friends, Humza Khan, Megan Bitariho and Carmen Ndayisaba, shared their personal stories and feelings about having a bicultural experience and how they are perceived here in our country and our school. When one student was asked what it is like to be one of the only students at GHS with different colored skin, the student provided a heart-tugging comment, "scary, I can see it in the eyes." This shows just how fast judgements are made and prejudices are upheld just by the way someone looks. This meeting sparked new perspectives and renewed our determination to address negative biases and bias-based behaviors.

October is national Anti-Bullying/Unity Month. At GHS, students are creating a unity chain made of orange paper links, and have an opportunity to describe what unity means to them. This shows how much one link, or person, can make a difference in creating a positive and safe environment with the hope that everyone will join in trying to make Gorham High School and the community a safe place where bias-based behavior is not tolerated.



Compassion for Animals at Great Falls

Great Falls Elementary School showed compassion for animals by collecting items to donate to the Animal Refuge League (ARL) of Greater Portland. The school community kicked off the collection by having a full school assembly featuring Sparks Ark and Jenna Roth, volunteer coordinator, of the ARL. Compassion is an important part of the school's Code of Conduct, and students understand that showing empathy and caring for others in need is important. Pictured is John Sparks with a crowd-favorite – the owl.



Village Elementary turns 50!

Community Celebration ~ Thursday, November 7

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Logo designed by Clara Shvets, Grade 4, Village School.

PAID ADVERTISEMENT

Talking about Alzheimer's

Statistically, we all know someone who is facing the reality of memory loss, be it as a caregiver, a spouse, neighbor or other loved one. De-stigmatizing the condition of Alzheimer's and other related memory impairments is crucial. Alzheimer's disease is one of the top three fastest growing medical conditions in this country.

Intergenerational living is what many families have done for centuries. Today, there are many Senior Living Communities, like Gorham House, who continue to embrace the benefits of having youngsters and seniors interacting on a daily basis. The "Grand-Friends Program" allows both seniors and children to bridge the age gap in a supportive and loving environment – just as our grandparents did, living under one roof.

Being around an adult who sometimes does peculiar things, like repeating themselves or dressing inappropriately can be scary. So when a small child asks about what's wrong with their grandparent or loved one, it is best to be direct. A good reply to such a question might include: "Uncle David can't remember everything anymore" or "Grandma's being funny" to

calm a youngsters fears relating to a beloved adult.

It is best to teach a young child how to interact with their loved one. Ask them to hold their hand or look at a magazine or photo album together. As the child interacts with them, observe them. Be ready to answer any questions they may have or provide them with simple explanations to alleviate any of their fears.

If you have a pre-teen, who is witnessing the changes that Alzheimer's can cause to a loved one then a more in-depth answer is best: "Grandma has a disease called Alzheimer's that changes his brain and causes her to forget things and get mixed up, but she's still the same person inside." It may surprise readers to learn that many teens secretly harbor resentment at the time this disease takes away from their parents and can get impatient, so a reminder is often warranted, such as: "Alzheimer's isn't the kind of disease that you can catch. But it makes your personality change, so when you see strange behaviors, that is the disease doing it, not Mr. Davis -- don't take it personally."

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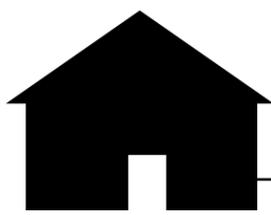
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Loon Conservation: Restoring the Call

BY SARAH GAVETT-NIELSEN

Biodiversity Research Institute is working on a five-year loon conservation initiative named Restore the Call funded by a 6.5 million dollar grant from the Ricketts Conservation Foundation. Lead Scientist for Restore the Call, David Evers, outlines the goals of the initiative stating that their "two objectives are to strengthen existing populations of loons across the U.S. and to help restore loons to their former range." Evers explains that the century spanning from 1870 to 1970 saw a retraction of the loons' range as the birds settled further north. Within the past forty years, loons have slowly worked their way back into areas they once inhabited but the species still needs some help.

Scientists have concentrated their studies in three areas across

the country - lakes in Wyoming, Montana, and Idaho; the Great Lakes in Minnesota; and Massachusetts, Maine, and New Hampshire. Field teams deployed to these areas are responsible for conducting studies to understand the range of the loons, gaining a greater understanding of habitat qualities of the lakes, and for completing community outreach to educate the public about the loons' needs. Scientists especially study the lakes that the loons do not inhabit to determine why they are not migrating to these locations.

In addition to the field objectives, Biodiversity Research Institute helps governmental agencies that are trustees of migratory birds like loons. If you would like more information regarding the Restore the Call initiative, please visit <http://www.briloon.org/looncenter/>

restore. The website offers details about the project, and includes both brochures and videos to assist the public in understanding how scientists aim to restore the call.

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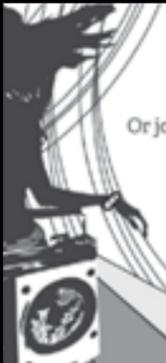
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COMMUNITY

OF INTEREST

Kate Fasulo (GHS '00) has accepted the position of Head of Production at Good Films where she will oversee the production of six films, including *The Postcard Killers*, based on the novel by James Patterson and Liza Marklund. Kate will continue to reside in London. She is the daughter of Kim Meggison.

Martin's Point Health Care is pleased to welcome **Dr. Sarah Gallo**, pictured at right, a family medicine physician, as the newest addition to their Gorham Health Care Center at 510 Main St. Dr. Gallo received her medical degree from the Boston University School of Medicine and completed her residency at Maine Medical Center.



Gorham High School Class of 1963 celebrated their **50th Class Reunion** at Friend's Corner this past July with 35 classmates attending along with their spouses and partners. The reunion began with a get re-acquainted hour, a tour of Treworgy Gardens, dinner, and recorded music of the 60's that allowed for good conversation.



Girls on the Run in Maine, a local nonprofit that uses the power of running to inspire pre-teen girls to be joyful, healthy and confident, today announced that **Emily Clark** of Gorham has joined the organization as the Council Director with expertise in fundraising, marketing, promotions and events.



West Gorham Union Church, 190 Ossipee Trail, Gorham will hold a **Church Supper** on Saturday, Nov. 2 at 5 p.m. Beans, casseroles, pies, salads and more. \$7.50/\$3 under 12.

Joshua Sparks of **Spark's Ark Animal Emergency Services** presented a wildlife program at Baxter Memorial Library including a barn owl, hedgehog, sugar glider and bearded dragon. The program was funded by the Maine Chapter of Safari Club International.



Maine mystery author Kate Flora will speak at the North Gorham Public Library, 2 Standish Neck Road, on Thursday, Oct. 24 at 7 p.m. Author of the crime story, *Finding Amy*, Flora will discuss her experiences as a writer and editor. FMI, 892-2575.

The **Greater Gorham Farmer's Market** located next door to Baxter Memorial Library will include closing day festivities for this year's growing season on Saturday, Oct. 26 from 8:30 a.m. to 12:30 p.m. Adults can take in the last of the harvest while kids trick-or-treat with the vendors. Prizes for best costume – so tell the kids they can play dress up!

The **Gorham Garden Club** will meet on Tuesday, Oct. 29, 7 p.m. at the First Parish Church in Gorham. Bruce Webb will speak on Sustainable Gardening. Public welcome. FMI, 839-3630.

Helping Paws Maine, an animal rescue organization in Gorham, will hold the **1st Annual Helping Paws Around Shaw Charity Dog Walk** on Sunday, Nov. 3 from 11 a.m. to 1 p.m. at Shaw Park, 55 Partridge Lane, Gorham. \$10 to walk your dog and free t-shirts for kids who raise \$30 or more. Helping Paws (formerly known as Canine Commitment Maine) is a volunteer organization whose mission is dedicated to saving lives and finding permanent homes for stray, abandoned, and surrendered puppies and dogs. "Kids are included in everything we do," says volunteer Jennifer Beaumont. "They ride transport to get the dogs, go to vet appointments, grooming lessons and even foster dogs while they



are waiting for their "fur-ever" home." For more information on volunteering, adopting a rescue or becoming a foster parent visit Helping Paws Maine Facebook page or www.helpingpawsme.org or thebeaumonts@yahoo.com.

Join **Cressey Road United Methodist Church for Praise and Bagels Service**. Friends, worship, rejoice, refreshment of the body and soul, music and sharing. First Sunday of every month, 9-10 a.m., 81 Cressey Road. FMI, 839-3111.

Gorham Business Exchange Meeting, Gorham Career Advantage--Bringing Together Local Entrepreneurs, Business Executives and Students, Nov. 13, 7:30-9:00 a.m., Moody's Collision Centers, 200 Narragansett St., Gorham. FMI or to register: www.gorhambusiness.org.

ON-GOING EVENTS

The **Lakes Region Senior Drop-In Center** temporarily located at Sunset Ridge Golf Links, 771 Cumberland St, Westbrook, (formerly at 40 Acorn St., Gorham) offers a variety of daily activities and drop-in classes for seniors on Mondays, Tuesdays, Wednesdays and Fridays at 9 a.m. Stop in for morning coffee or play pickleball, poker, bingo, miniature golf, shuffleboard or cribbage. Join in on exercise, watch a movie or learn to knit. FMI, 892-5604 or email bwa31@maine.rr.com.

The **Southern Maine Agency on Aging** will hold office hours every Thursday from 9 a.m. to 1:30 p.m. at St. Anne's Catholic Church in Gorham to help seniors with questions regarding Medicare benefits, prescription drug programs, property tax and rent rebates and more. FMI, call SMAA at 396-6500.

CONTINUED ON PAGE 14

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USM NOTES

USM School of Music Presents the Maine Premiere of "Carrie the Musical," directed by Ed Reichert and musically directed by USM student Kellie Moody. This cult prom-queen musical will be performed Nov. 1, 2 & 3 at Corthell Concert Hall, Gorham campus. \$15/\$10/\$5. FMI, 780-5555.

The USM School of Music will present a Master Class with jazz artist, Scott Reeves, on Friday, Oct. 25 at 2 p.m., Corthell Concert Hall, Gorham campus. Free and open to public. FMI, 780-5555 or usm.maine.edu/music.

The USM School of Music presents An Evening of Brahms, Kodály and Others, on Friday, Oct. 25 at 8 p.m. with Portland Symphony Orchestra master cellist Bill Rounds and award-winning pianist Sayuri Miyamoto. Corthell Concert Hall, Gorham campus. \$15, \$10, \$5. FMI, 780-5555.

The USM School of Music presents A Concert of Indian and World Music on Saturday, Oct. 26 at 8 p.m., Corthell Concert Hall, Gorham campus. Free and open to the public.

CLOSE TO HOME

Schoolhouse Arts Center in Standish presents Vandini's Magic and Illusion Family Stage Show fundraiser on Saturday, Nov. 2 at 1 p.m. FMI, 642-3743 or schoolhouseartscenter.org.

The Dorcas Society will hold a Harvest Supper Celebration of chili and chicken corn chowder on Saturday, Oct. 26 from 5 – 7 p.m. at the Parish House, Rt. 4A, Bar Mills. \$8/\$5. FMI, 929-6495.

Saint Joseph's College will offer an Adult, Child and Infant CPR and First Aid Course on Saturday, Oct. 26 from 9 a.m. – 3 p.m. at the Harold Alford Center, Standish. \$80/\$60. FMI, 893-6615 or www.sjcme.edu/alfond/redcross/cpr.

CHRISTMAS FAIRS

Christmas Fair at Longfellow Place, Saturday Nov. 2 from 8 a.m. to 2 p.m. Baked and hand crafted goods and white elephant tables. 80 Longfellow St., Westbrook. Haddock chowder or hot dog lunch. FMI, 856-6110.

Wrapping Up Seasonal Farmer's Market

BY NICOLE FRENCH

Saturday, October 26 will mark the final day of the Greater Gorham Farmer's Market for the 2013 season. For many residents of Gorham and surrounding towns, this weekly market has provided a wonderful sense of community and easy access to local vendors since May of 2012. It's hard to believe the second season is nearly over, but closing day is sure to offer great fun that will carry us until next May when the 2014 season begins.

If you typically shop at larger markets in other towns, please try the Gorham market next year. We may be small, but our vendors are thrilled to be a part of this community and to have the opportunity to interact with you. They are well informed and prepared to answer your questions and assist you in your shopping needs. In addition, a variety of events are offered

throughout the season, such as tips for beekeeping, food preservation, and vermicomposting as well as musical performances in the gazebo. Check our Facebook page for the most current updates or contact the Market Manager, Pam Randall of Christmas Farm Alpacas at christmasfarmalpacas@hotmail.com or 400-9206.

Please join us Saturday, October 26, for our closing day festivities, complete with an encore performance by the Violin Movers. Adults can take in the last of the harvest while kids trick-or-treat with the vendors. There will also be prizes for best costume – so tell the kids they can play dress up!

The Greater Gorham Farmer's Market is located on South Street in Gorham, beside Baxter Public Library on the lawn. Market hours are Saturdays from May through October, 8:30 a.m. to 12:30 p.m., rain or shine.

If You Build It, They Will Come

Portland Water District Hosts Inaugural Trail Day on the Sebago Lake Land Reserve

BY CARINA BROWN
Environmental Educator;
Portland Water District

Located in Gorham and Standish, the Portland Water District's Sebago Lake Land Reserve (SLLR) is a managed forest intended to protect Sebago Lake, our local drinking water supply. The SLLR has been open to the public since 2005 for recreation, such as hiking, snowshoeing, and horseback riding. Its trail network connects to well-known trail systems, including Sebago to the Sea and the Mountain Division trails.

Recently, Portland Water District (PWD) concluded a three-year project

on the SLLR trails to improve access and usability. Trails were cleared, defined, and identified using GPS technology, a trail map was created, and signs were installed.

To celebrate, PWD hosted an inaugural Trail Day on September 21. Approximately 70 people attended the following free, guided events: mountain bike ride, trail run, adult nature walk, family nature walk, and preschool pond explorer activity. Nature lovers emerged from various trails in the late morning for the "Trail Mixer," where they refueled with trail snacks and water.

Adults received aluminum water bottles made from 100 percent recycled



Mold: Dangerous enough for Police Intervention

Fort Hill Road caller requested to see an officer or two regarding mold on a board on which they use to dry their clothes.

Tink Drive caller reported a neighbor was at caller's residence making threats and creating a disturbance.

Hemlock Drive caller reported that they were pushed by someone and the same person also smashed things in the house.

McLellan Road caller reported there was a dog on chain that hadn't been fed and had a history of seizures. Caller stated the owner couldn't afford to take care of the dog. The Animal Control Officer made contact. The dog had food and water and was perfectly healthy and had plenty of shelter.

Hemlock Drive caller requested to speak to an officer with regard to having a trespass order retracted against their boyfriend.

Wagner Farm Road caller reported two teenage guys peeking in the window. Male subject reported the teenagers took off.

Mahlon Avenue caller wanted to know if there had been any big wild cat sightings in the area.

Officer stopped to help a female who was having a panic attack by her car on Partridge Lane.

A 12-year-old female called requesting to have a police officer talk to her because her mother would not let her see her father.

Maple Drive caller requested to speak with an officer regarding a female who brings her children to the bus stop every morning and the children are not secured in the car.

Preble Street caller reported that the kids at the frat house were out screaming and yelling.

Dingley Springs Road caller reported their pigs escaped again.

Laurel Pines Drive caller three houses over could hear a very loud domestic disturbance.

Officer spoke with an individual on Longfellow Road who was having a rough evening.

Caller reported that a small roller was stolen from Shaw Brothers three weeks ago.

Weeks Road caller believed three middle school aged juveniles were being mischievous in the area.

Waterhouse Road caller reported that their neighbor's dog was always loose and always in the road or chasing caller's family.

Caller reported they broke up with their partner and subject grabbed caller by the shirt and ripped their shirt.

Willow Circle caller reported they had a skunk that kept coming at them and chewing on their shoe.

Standish Neck Road caller requested to speak with an officer regarding a neighbor's chickens.

White Birch Lane man was arrested for domestic violence assault.

Leaha Lane man was arrested for OUI (prior).

Woodland Road man was arrested for domestic violence assault.

County Road man was arrested for OUI.

materials—the only metal bottle on the market made in the US. Children received t-shirts produced by a local vendor with an Albert Einstein quote on the back: "Look deep into nature and then you will understand everything better."

Trail Day enabled residents to enjoy and appreciate a valuable local resource. Many had never been to the SLLR, and commented they'd be back and share their new knowledge with friends and family. Cara Childs of Standish commented, "Thank you for the wonderful hike on Saturday morning. We will be

hiking those lovely trails throughout autumn, I am sure!"

Matt Lane from Windham attended the family nature walk with his nine-year-old daughter: "We had a great time. Emily talked about it the rest of the weekend and was super excited to wear her shirt to school today. Love the water bottle too!"

For more information on upcoming events, like us on Facebook or email sebagolake@pwd.org. The SLLR is open year-round. For more information, visit <http://www.pwd.org/environment/sebago/sebagolake-landreserve.php>.

CALENDAR

FRIDAY, OCT. 25

- Toddler Time, 18-36 mos., Baxter Library, 10 a.m.
- Conferences for grades K-12. No school.

SATURDAY, OCT. 26

- Final day for Greater Gorham Farmer's Market, 8:30 a.m.-12:30 p.m., Next to Baxter Memorial Library.

MONDAY, OCT. 28

- Evening Story Time, for all who love stories, 6-6:40 p.m., Baxter Library,

TUESDAY, OCT. 29

- Pre-School Story Time, ages 3-5 years, 9:30 a.m., Baxter Library. Ginger Proulx will demonstrate how to make goat milk soap.

WEDNESDAY, OCT. 30

- Senior Lunch at St. Anne's Church, 12 p.m. \$3.50. Sponsored by the Town of Gorham.
- Story Time for Babies and Toddlers, 10-10:30 a.m., North Gorham Library. FMI, 892-2575.

THURSDAY, OCT. 31

- Baby and Me Story Time, ages 0-18 mos., 9:30 a.m., Baxter Library.
- Toddler Time, 18-36 mos., 10 a.m., Baxter Library.
- Sewing Group, ages 7 and older, 2:25 p.m., Baxter Library. Come when you can.
- Gorham Food Pantry Open, 9-11 a.m., 299-B Main St., Gorham. (St. Anne's Catholic Church parking lot).

MONDAY, NOV. 4

- Girl's Reading Group, 5-5:45 p.m., for girls in grades 5-7. Baxter Library.

TUESDAY, NOV. 5

- Pre-School Story Time, ages 3-5, 9:30 a.m., Baxter Library.

WEDNESDAY, NOV. 6

- Senior Lunch at St. Anne's Church, 12 p.m. \$3.50. Sponsored by the Town of Gorham.
- Story Time for Babies and Toddlers, 10-10:30 a.m., North Gorham Library. FMI, 892-2575.

THURSDAY, NOV. 7

- Baby and Me Story Time, ages 0-18 mos., 9:30 a.m., Baxter Library.
- Toddler Time, 18-36 mos., 10 a.m., Baxter Library.
- Gorham Food Pantry Open, 9-11 a.m., 299-B Main St., Gorham. (St. Anne's Catholic Church parking lot).
- Gorham Arts Alliance Meeting, 4 p.m., Windham Public Library. All are welcome to attend.

Baxter Memorial Library, 71 South St.
 Gorham Food Pantry, 299-B Main St. (St. Anne's Catholic Church parking lot).
 Greater Gorham Farmer's Market, Next to Baxter Memorial Library
 North Gorham Library, 2 Standish Neck Rd.
 St. Anne's Church, 299 Main St.
 Windham Public Library, 217 Windham Center Rd., Windham

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