

SINCE 1995—A FREE, VOLUNTEER-RUN, BIWEEKLY COMMUNITY NEWSPAPER

## Local Referendum Questions Part 1 of 2

By Roger Marchand Staff Writer

There will be three local referendum questions on the November 4th ballot including a grant, the term "moral turpitude" and funding the public safety building.

One of the three referendum questions asks voters to determine what constitutes a crime of moral turpitude. The question on what constitutes moral turpitude goes back to two years ago when Town Councilor Suzanne Phillips pleaded guilty to operating under the influence, at which time the Council did not pursue having her resign for violating the moral turpitude provision. Ben Hartwell's arrest for drunken driving this past July led to renewed discussion on the Town Council as to what crimes would require a councilor to resign under the town charter. The town charter specifies that councilors must vacate their seats if convicted of a crime of moral turpitude yet the term moral turpitude is not a clearly defined legal concept. Town Councilor Matthew

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### Gorham in Forefront in Dealing with Domestic Violence

By Sheri Faber Staff Writer

Gorham Police Sergeant Dan Young and Jennifer Annis, a liaison for EPIC (Enhanced Police Intervention and Collaboration), were among the presenters at the National Victims of Violent Crime Conference in Miami, Florida. This was the first time anyone from the State of Maine had been asked to present at a national conference on domestic violence. In the past, advocates for victims of domestic violence and law enforcement had been reluctant to share information. For the last two years, Young has been the liaison to EPIC, part of Family Crisis Services covering Cumberland County, an outreach program that uses a victimbased approach as opposed to focusing on the perpetrator as was traditionally done in the past. Victim advocates are involved in domestic violence cases as

## Jøtul Expanding Production in Gorham

By NOAH MINER Staff Writer

Jotul, one of the oldest manufacturers of cast iron stoves, inserts, and fireplaces, is expanding production at its Gorham Industrial Park location. Approximately 17,000 units will be built in Gorham, almost double the output of previous years. Jotul plans to phase in an additional 7 to 8 workers to the 75 already working at the 130,000 square foot facility.

According to company president Bret Watson, "It's more profitable to build here in Gorham." Lower labor rates in the US, coupled with a faster response to changes in to the North American market enabled this move to build stoves in the US.

The Gorham plant receives the cast iron parts from its foundry in Norway. These parts are assembled in Gorham into heating appliances and shipped throughout North America. In 1998, Jotul relocated its

Research and Development to the



US in an effort to capture an emerging gas stove market. This move also enabled a faster response to consumer demand and regulatory changes in the North American market. Jotul has between 25-30% of the US market share for cast iron stoves. Watson commented, "This is a great US manufacturing story and a trend throughout the US." He added that "lower logistic and energy costs will create jobs in the US," but cautioned that "corporate income tax reform is needed to be competitive with the rest of the world"

### **Gorham Conservation Commission Awarded \$14,000 Grant to Restore Trail System**

By JANET MACLEOD Gorbam Conservation Commission

The Gorham Conservation Commission (GCC) was recently awarded \$14,000 Federal grant to be used toward the Town of Gorham Tornado Restoration Project, a grant which will allow the GCC to complete reconstruction of a trail system damaged by a recent tornado.

The GCC manages and improves many acres of conservation land in the town of Gorham. Much of the trail system runs through property owned by the Town of Gorham and land donated by Gorham Savings Bank. Many of the trails connect to each other through land use agreements or conservation agreements via generous private landowners. The tornado that blew through town in 2010 cut a swath from Fort Hill to Mosher's Corner. Both the Claire Drew and Tannery Brook Trails were in the direct path of the tornado, which destroyed trails and severely damaged forested areas. The purpose of the federal grant is to create a multi-use trail network by repairing neglected and damaged pathways, improving existing trails to allow for



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Photo courtesy of Gorham Conservation Commission

safe use, and constructing and linking new trails to existing ones.

The GCC consists of seven volunteers appointed by the town. The committee's goals are to focus on land conservation, responsible and sustainable land use, establishment of new trails, and maintenance of existing trails.

Tom Poirier, Gorham's town planner and liaison to the GCC, notified the Committee of the opportunity to

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GORHAM BUSINESS EXCHANGE MEMBER SPOTLIGHT ARTICLE AND PHOTO ON PAGE 14

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#### **NEWS FROM AUGUSTA**

The Gorham Times asked our three state legislators from Senate District Six, House District 129 and House District 130 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest to and have an impact on Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

## Your Vote Counts. Make a Positive Difference and Participate

#### BY REP. LINDA SANBORN

Election Day is just around the corner–Nov. 4 to be exact. Are you prepared to vote? Making sure you are properly registered and have a game plan to get to the ballot booth is essential to participating in our democracy and having your voice heard.

Voting is at the core of democracy. We can't expect our policies to work for us and by us unless we do our part to shape it. While we have only one vote, that does not mean we cannot make a difference. Each election cycle voters make a difference. They take action and cast their ballots to influence the changes and improvements in their state and their nation.

Below, I will discuss the multiple ways you can register to vote, different ways to vote and some helpful information on establishing an Election Day plan to get to the voting booth.

First, to register in Maine you must be at least 17 years old and your primary residence must be in the state; however, to vote you must be 18 by the day of the election. Registering is simple and easy. Just stop by your local town office, Motor Vehicle branch office, or most state and federal social service agencies and fill out a registration card. You'll be asked to provide your residence and mailing address, and indicate which party you choose to affiliate with, unless you wish to remain unenrolled.

There is no deadline to register in person, however, if you wish to register by mail, the cutoff date is Oct. 14 for the Nov. 4 election.

On Election Day, make sure you know where the designated voting places will be. Because of redistricting, your polling place may have changed. Call your town office to find out, or visit the Secretary of State's Voter Information Lookup webpage.

The polls will open up between 6 and 10 a.m. depending on the population of the town. All voting places close at 8 p.m. on Election Day. In Gorham, they are open between 7 a.m. and 8 p.m.

You may also elect to vote ahead of time by casting an absentee ballot instead of voting in person. Early voting via absentee for the Nov. 4 election is underway now. You can get an absentee ballot through the mail or in person. Contact your town office for more information or visit the Secretary of State's website.

This election there will be a few bond questions on to consider. Equally as important as electing your representatives will be deciding on these bonds. They range from investments in agriculture and resource-based industries to upgrades for our research and biotech facilities, to name a few. I encourage you to familiarize yourself with the language of these questions. It can often be complex. For a full list of the bond questions, please visit the upcoming election section of the Secretary of State's website.

Please encourage your family, friends and neighbors to register and vote as well. The more people participating in the voting process, the more representative our democracy will be of all Mainers.



(207) 939-2879, (800) 423-2900, replinda.sanborn@ legislature.maine.gov

## GorhamTimes

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\$15/year in Gorham; \$20/year elsewhere \$10/year for college subscription

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#### Advertising and Copy Deadlines

Ad deadline is the Wednesday of the week prior to issue date. Go to www.gorhamtimes.com and click on the advertising link for schedule.

#### EDITORIAL POLICY

The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

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**letter** to the Editor

Letters must be less than 300 words, signed with a first and last name, typed or e-mailed and include a phone number. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times and are subject to editing.

#### Dear Gorbam Times Editor:

On Sept 4th at 7:10 a.m. my dog, Patches, was hit on Dow Road. The driver stopped, my new neighbor (Brittney) came to help the dog and a cyclist stopped to direct traffic. We all thought the dog had to be put down given the extent of his injuries. They had already called the Gorham Police, however I wanted to get him for treatment as soon as possible. I didn't know how he would fit into my Prius. Just then a man stopped and said he wanted to help us. He offered to bring the dog in his truck to the emergency vet on Warren Ave. He put my

dog wrapped in a blanket-but very bloody-into the cab of his truck. He then carried the dog into Edgewood Animal Hospital, which wasn't open, but Dr. Johnson accepted Patches and agreed to help him. I was told Patches was as far-gone as any dog they had seen, but with their excellent care Patches has recovered after two surgeries, many stitches, and drains. This letter is to thank not only the wonderful staff at Edgewood Animal Hospital, but also a sincere thank you for the driver who stopped, my nice new neighbor, a cyclist who cared and to "Dan" who stopped on his way to

work to help a dog in distress. He carried a bloody dog and got himself all dirty on his way to work. He stopped that night at Edgewood to ask about Patches. All I know about him is that he lives in Buxton, drives a big black truck, has 2 boxers, has kids and was on his way to work. I want to thank him for helping to save Patches! It's nice to know we live in a community with people who do sincerely care! Mary Emerson, Gorham

Dear *Gorham Times* Editor: My wife Kristin and I recently held a team dinner for the Gorham

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Neu-Du Salon with its new owner, Heidi Wallace, has moved around the corner to 8 School Street.

Around Town

Safe Choice Security recently analyzed 2012 FBI crime statistics in cities with populations over 5,000 with low violent and property crime rates. Gorham was rated third in Maine behind Kennebunk and Topsham. Gorham, which is also the fastest growing town in Maine, had 1.58 violent crimes per 1,000 residents and 15.64 property crimes per 1,000 residents. Gorham is safer than 52% of US cities. To ensure the accuracy of their ratings, Safe Choice Security compared crime statistics from more than 300 cities and towns in Maine.

Baxter Memorial Library received a \$150,000 grant from the Next Generation Foundation to support the Library's Centennial Endowment Fund, which was established by the Town Council in 2008 to honor the 100th anniversary of the library.

Plowshares Community Farm on Sebago Lake Road was awarded a USDA Local Food Promotion Program grant, which will provide \$97,000 to contribute toward costs of infrastructure, publicity, promotion and public events over a 24-month period.



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### UPCOMING DEADLINES:

Ad Deadline	Publication
Oct 15	Oct 23
Oct 29	Nov 6
Nov 12	Nov 20
Nov 26	Dec 4
<b>Dec 10</b>	<b>Dec 18</b>
Break	Break

#### MAKING A DIFFERENCE

## **Gorham Resident Met with Leaders on Capital Hill**

Jan Ronan of Sleepy Hollow Drive was one of four Mainers who recently traveled to Washington, DC for the American Cancer Society Cancer Action Network's (ACS CAN) Leadership Summit and Lobby Day. The conference included a trip to Capitol Hill where they met with members of Maine's congressional delegation to discuss the need to support an increase in federal funding for cancer research and prevention. Ronan also asked lawmakers to co-sponsor legislation that supports patients' quality of life, and to support legislation that would close a loophole in Medicare that often results in surprise costs for seniors when a polyp is found during a routine colonoscopy.

ACS CAN is the non-profit, nonpartisan advocacy affiliate organization of the American Cancer Society, which is dedicated to eliminating cancer as a major health problem. ACS CAN gives ordinary people extraordinary power to fight cancer. For more information, visit www. acscan.org.



Photo courtesy of Jan Ronan

Gorham resident Jan Ronan, along with three other Mainers (Jeff Bennett, Melissa Cushman and Janet Miles), stand before Capital Hill on their recent trip to advocate for cancer research and prevention.

#### WHERE ARE THEY NOW?

## From Gorham to Broadway!

#### BY JANE ESTY

Sara Esty (GHS '04) is heading to Broadway! After a successful tenyear run as soloist with Miami City Ballet, Sara has joined the cast of "An American in Paris," a remake of the 1950s movie starring Gene Kelly and Leslie Caron. It hits the Palace Theater in NYC in spring of 2015. After almost two years of an audition process, Sara was chosen to be the "swing lead' which means she will sometimes play the lead female role in the show. She will have an ongoing role as an ensemble member once the show opens on Broadway.

Along with her twin sister, Leigh-Ann, Sara's dance training began at age three. She danced throughout her childhood and became a company member of Maine State Ballet. Starting at age twelve, Sara attended several years of summer intensive with School of American Ballet in New York City. Directly after graduating from Gorham High School, Sara moved to Florida to begin her tenure with Miami City Ballet. Leigh-Ann continues to dance with Miami City Ballet. Their mother, Jane Esty, is the principal at Great Falls Elementary School.

While Esty remains close to her ballet roots, she will be adding singing and acting to her repertoire. "This is the closest thing to heaven I've ever experienced. I am where I was meant to be-I know it in my heart. I am challenged and inspired everyday. I am sur-



to credit Leigh-Ann Esty

rounded by amazing actors, extremely talented writers, producers, choreographers, and coaches. It can all be a bit overwhelming, but my cast-mates are extremely supportive and I am learning to take one day at a time," reports Esty.

An "American in Paris" will actually open in Paris in November of 2014 before coming to New York City. "Working and living in Paris for two months, then in New York City...I pinch myself all the time just to make sure I'm not dreaming."

For more about the show and its cast, visit broadway.com

## **One Thousand Pairs of Shoes**

#### BY AVERY ARENA **GHS** Intern

When May Schumacher first took a team to Honduras in June of this year, she had no idea it would grow as it did. After she returned, David Warren, a former Gorham resident who works for Wolverine Worldwide, called to offer a donation-one thousand pairs of shoes. After receiving them on the 30th following their shipment from Michigan to Maine, the team is beginning to distribute them in Portland as well as through the Reformed Evangelical Church of Honduras. Schumacher said the project had never occurred to her until she got the call, and the opportunity fell into her lap. Several people from Gorham are working with her, including Warren's sister Kathy Walker, Pete Walker, Dianne Nason, and Jeff Clark. Now the group is looking for people to sponsor shoes at three dollars a pair



Photo courtesy of May Schuma

to cover the shipping costs, as well as people interested in going on the next trip to Honduras in May to distribute three hundred pairs of shoes and to build houses. If you are interested, contact May Schumacher at fschumacher@roadrunner.com.



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## Car Care

#### BY DOUG CARTER

The kids are getting settled into the routine of school and the USM students are back in town. It's fall again in Gorham. The condition of the cars in which some parents will send their kids away to school never ceases to amaze me. Usually these cars have been in the family for the last five to ten years. The parents give their old cars to the kids to drive their senior year in high school, then off they go to college. It has always been a good car so why should anything go wrong when its 250 miles away?

Should we keep this car or trade it in? This question is a difficult one for all car owners. It is not easy to find an answer because there are a series of questions that need to be asked first. Are there any outstanding loans on the vehicle? Does the vehicle still fulfill the primary driver's needs?

If there are still outstanding loans on the vehicle, it is better to keep it going long enough to at least pay it off. The worse thing to do is roll an existing loan onto another vehicle. Believe me, a car dealer will not have any problem burying you in debt. If the vehicle is owned outright, the decision is easier.

Next we have to look at what is needed to keep the vehicle safely on the road. Sometimes it will take a couple of thousand dollars to get everything fixed up. This may be more than half the value of the vehicle. The difference between spending money on this car or trading it and using the cash to purchase another vehicle is mostly a financial one.

Even though I am in the business of repairing cars, I don't believe it is always the right answer. Some cars just need to be put out to pasture or shipped off to China to be melted down and sent back to us as an electric stove. The vehicle has some value either \$250 for scrap metal or \$2,500 for a trade in.

Will your budget allow the expense of a car loan? It is not easy to find a decent vehicle for less than \$10,000. Most vehicles under this price range need some work. If you get lucky and find something that looks like a great deal, make sure you get a third party to look at it. Most repair shops will do a "pre-purchase inspection," but the cost does vary. Even if you have three or four vehicles looked at, the money you spend on inspections could save you thousands down the road or an unexpected break down.

Just because a vehicle has a new Maine State inspection sticker does not mean everything is okay. Sometimes people miss things and other times there are outright deceitful people who have no morals. The inspection program is a loosely run program that relies on the integrity of the shops and the licensed technicians. That is a discussion for the next article.

Remember, no one has a crystal ball. A used car is a used car, whether it is called pre-owned or pre-loved, it is still a bunch of parts assembled by humans and beat up and down our beautiful roads. A good inspection will assist in finding things that are failed at that point in time, but no one can predict what may fail in the future, and a lot of components cannot be inspectedespecially electronic parts.

But what about keeping your old car going? Rust is the biggest factor in this part of the country. Not only do bodies and frames rust out, the bolts that hold components together get rusted and seized. An alignment may turn into a \$250 repair if the adjusting bolts are seized in the control arms. Anything can be repaired; the financial aspect is always the determining factor. Sometimes parts will be obsolete and nearly impossible to find used, but generally that is on vehicles 15 years or older.

Regular maintenance is essential for all cars, in spite of their age. Cleaning, lubricating and inspecting components are the only ways to prevent unexpected breakdowns. Vehicles are lasting longer with less needed maintenance than in the past, but there were still three cars towed into the shop over the last year that had blown engines due to lack of maintenance. Keeping the oil changed, tires rotated, and air filter clean are probably the most important items, but each manufacturer has their own recommendations for transmission fluid, coolant and the rest of the fluids in the vehicle.

Vehicles may be the second largest expense in your life, next to your house, but they are the worst investment from a financial point of view. Remember, never get emotionally attached to a vehicle... your heart will be broken every time.



Doug Carter is the owner of Carter's Auto Service, Inc. He's been in the auto service business since graduating from Gorham High School in 1981.

#### Domestic Violence

early as possible and they look for ways to support the victims. There is also a domestic violence review team that talks about patterns of behavior, high risk cases and sends out bulletins to share with other officers about current cases. Other towns are now developing their own review teams.

Jen Sibley, director of Portland Outreach, which sponsors EPIC, is working on legislation to share information about domestic violence through memos of understanding. Sibley said she was "excited to be recognized nationally for the collaboration between law enforcement agencies and victim services." She went on to say, "Sgt. Young was an excellent representative of this program for law enforcement."

Chief Shepard commented, "I commend Sgt. Young for being so involved in this initiative. The EPIC program provides valuable resources to victims of domestic violence by partnering police and victim advocates to provide early intervention in domestic violence incidents."

#### **Trail System** CONTINUED FROM PAGE 1

apply for a grant that could be used to repair the tornado-damaged trails. The Recreational Trails Program (RTP) is a federal assistance program to help states provide and maintain recreational trails for public access. With Poirier's assistance, the GCC applied for and was awarded the grant with final approval given in late summer of this year.

The grant money will be used to purchase gravel, lumber for bridges and boardwalks, signs and trail markers and equipment for trail construction. What the grant does not supply, however, is labor costs. The GCC is asking interested Gorham families, residents and business owners to join the GCC on its very first Volunteer Trail Day to be held on Sunday, October 26th. This trail day will be focused on constructing and rebuilding the Tannery Brook Preserve trail system, located just off 10 Wentworth Drive (Gorham Savings Bank administrative offices).

Like us on Facebook at www.facebook. com/GorhamConservationCommission and learn more details about the upcoming trail day.



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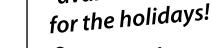
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## **Town Council Candidate Profiles**

Name: Michael J. Phinney Address: Apple Lane

Education: Massachusetts Institute of Technology

Personal: I grew up in Gorham and have lived here my entire life, attending the Gorham School System. I have five sons. Two younger sons in the Gorham School System. One son who served in the USAF is now in the New Hampshire Air National Guard and is attending USM. One son, who graduated from UCONN, is currently serving in the USAF at Space Command in Colorado Springs. One son is a junior at the University of Maine and has served as his class vice president for his first two years.

Employment: Vice President, Phinney Lumber

Political and community experience: I served on the Gorham Planning Board from 1991 to 1996. I have served on the Gorham Town Council for the last eighteen years, including serving as the chairman a number of times. I was selected as the Gorham Business Person of the Year in 2011. I am currently serving as the chairman of the Northern New England ENAP regional pool group. I am a corporator for Gorham Savings Bank. I have also completed the Leadership Maine course. What do you see as your maior challenge and what do you bring to the table? Gorham is one of the fastest growing communities in the state of Maine. This brings a lot of challenges to the town's

elected officials. We have to be able to work to accommodate the new pressures on our services and infrastructure, while trying to get the right kind of growth in town. The Council has to work to make Gorham a business friendly town, while working to minimize any impacts those new and existing businesses will bring to the community. I grew up in Gorham. I run a business in Gorham. I have served on both the Planning Board and the Town Council here in town. I have worked for the last two decades to make Gorham a great place to live and work. My experiences as a lifelong resident, business owner, and long time councilor help to make me very well qualified to lead Gorham into the future. I hope you think I have done a good job in the past and will vote to allow me to continue into the future.

#### Meet the Candidates

Join Baxter Memorial Library Monday, October 20th from 6 to 7:30 p.m. for the biennial Candidates' Night event. Candidates' Night is an informal event giving candidates the opportunity to mingle with voters and discuss their position on the issues.

This is not an occasion for formal speeches but rather a simple meet-andgreet where you can ask the candidates about their platforms and gather more information before the election.

For more information, call the library at 222-1190.

Name: Ronald W. Shepard Address: 6 Field Crest Drive Education: Associate degree S.M.C.C., Bachelors Degree U.S.M.

Personal: Married

with three adult children

Employment: Gorham Police Chief (Retiring November 2014)

Political and community experience: I am a lifelong Gorham resident, I have been a Gorham Police Officer for more than 42 years, 19 years as Police Chief. I am currently the vice president of the Gorham Historical Society.

What do you see as your major challenge and what do you bring to the table? Gorham is the fastest growing community in the state. Along with the residential growth we must make sure we encourage a strong business growth within the community. We must continue to work with our current businesses to make sure we are helping them to succeed and we must continue to bring new responsible businesses to Gorham. I feel I bring the ability to listen to others without being judgmental. I am a team player and will work with the other members of the council to make sure we are working

together to ensure that Gorham is moving

## **Clerk's Corner**

By Jennifer Elliott Town Clerk

Starting October 15th you can begin licensing your dogs. The dog registration runs from January 1st until December 31st. We receive the tags mid-October, therefore we can offer the early registration for 2015. Please place this on your calendar; dog late fees can be costly. Make sure you bring in your current rabies paperwork. If you are not sure your dogs' rabies vaccinations are up to date, call the Clerk's Office and we will check what we have on file. You can also register online at www. gorham- me.org/Public\_Documents/ GorhamME\_webdocs/online.

Voting districts/locations have changed for some of the voters in the town. Mailings went out in early spring to notify voters.

Absentee ballots should be available very soon. Call or come in to get yours or apply online at Maine.gov.

If you have any questions, call the Town Clerk's Office at 222-1670.



Town Clerk Jennifer Elliott can be reached by e-mail at jelliott@ gorham.me.us or by phone at 222-1674.

## **School Committee Candidate Profiles**

Name: Forrest B Genthner Address: 40 Clay Road Education: Saint Joseph's College of Maine Personal: Studying to be a public high school History teacher

h Foto credit Cathy

**Employment:** Church Pianist Political and community experience: I have worked on many local, state, and national campaigns including the Presidential Campaign in 2012. Due to my hard work, I became a delegate at the Presidential Inauguration. In 2013, I ran for Town Council. In December 2013, I was elected as the secretary of the Cumberland County Democrats. In March 2014, I was elected as chair of the Gorham Democrats. Both positions I currently hold. I am a member of New Year Gorham and worked on CommUNITY Gorham in 2013. I also served on the School Council at GHS for four years being the co-chair for two years. What do you see as your major challenge and what do you bring to the table? The major challenge affecting me is that of picking a new superintendent. Superintendent Sharp has set the bar and to find someone who can work well with the administration, parents, teachers, and students will be hard, but necessary to do. We need to make sure the next superintendent is able to maintain and enhance the quality of education in Gorham. We have one of the best school systems in the state and we need to have a superintendent who Name: Dennis C. Libby Address: 9 Queen Street

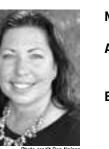
> Education: Attended Bentley College Personal: 3 kids, oldest at Colby-Sawyer College, sophomore, and sixth grader

**Employment:** Woodfords Family Services Political and community experience: | have been on the School Committee for 9 years and served as chair for 4 of those years. I have also served on the Finance Committee and have served on the Personnel Committee and Vocation Education Representative. I have served on several district level committees, including: both All Day Kindergarten committees, the 21st Century Committee, the K-5 Transition Committee, Pre-School Committee, and served as the School Committee rep on 7 Union contract negotiation teams. Before the School Committee, I was a PIE member of Narragansett, I helped organize and construct the Narragansett playgrounds and many other school events. What do you see as your major challenge and what do you bring to the table? Hiring a superintendent is the most important task for a School Committee. Superintendent Sharp has done a great job for our district and finding a successor to fill his shoes will be crucial to keeping us heading in the right direction. Having served on the School Committee for nine years, and being Chair for four of those years, I have had the opportunity to see first Name: Sara M Nelson Address: Black Brook Road Education: BS in Psychology, San Diego State University; MBA, UMass, Boston Employment: Stylist

in a positive direction.

with Stella & Dot, Owner of The Dreamy Dragonfly, Fundraising Consultant

Political and community experience: I am currently serving my third year of my first term on the School Committee. I am the chair of the Personnel Committee and member of the Policy Committee. I am also on the Wellness Committee, Substance Abuse Committee and a member of the contract negotiation team. I am an active school volunteer and local sports volunteer. What do you see as your major challenge and what do you bring to the table?



Name: Suzanne E. Phillips Address: 108 Harding Bridge Road Education: B.A. in Art Education from University of Southern Maine Personal: Christian



(Stroudwater Christian Church) Employment: Preschool teacher, director of large childcare center, art teacher, nanny Political and community experience: One term on the Gorham Town Council: Finance Committee (3 years, 1 year as chair), Personnel Committee (2 years), Economic Development/Capital Improvements Committee (1 year). Other Memberships or Committees: Gorham Historical Society Member, Gorham Founders Festival Committee Member, YoungLife Sebago Board Member, Gorham SnoGoers Member, and Chair of Gorham Taste Walk. Other notable: Co-Authored "25 years of Gorham 1986-2011" as part of Gorham's 275th celebration of its founding (submitted to the Library of Congress). What do you see as your maior challenge and what do you bring to the table? As an active participant and observer of the last three Town and School budgets, as well as being chair of the Town Council's Finance Committee, it has been my focus to ensure proper fiscal restraints while ensuring clear and observable reporting requirements. In the past, I have been met with resistance in ensuring clear and observable reporting requirements and the placement of fiscal restraints, while on the



Continued on Page 6

Our major challenge is developing and managing a fiscally responsible budget. We must take into account both managing our tax rate and providing our children with a robust, engaging education that will build a strong foundation for life long learning. As state funding continues to be in limbo from vear to vear, demands on teaching change and Gorham continues to grow, we must find the right balance of expense allocation to support a well rounded, strong education for our kids. I have 3 years of experience on the School Committee. I have a vested interest in our schools with two children attending school here. I believe an education is your door to opportunity, to be bigger than you thought you could be, to grow. My

Continued on Page 6

CONTINUED ON PAGE 6

October 9, 2014 | gorhamtimes@gmail.com | Gorham Times | 5

Continued on Page 6

#### School Council Candidate Profiles CONTINUED FROM PAGE 5

#### Genthner

can lead. I would support a superintendent who does more to link the school system to USM to help the transition from high school to college be smoother. This will help encourage students to graduate and make it more likely that they attend and graduate from college. I am a life-long Gorham resident and was educated in the Gorham School system. Because of this, I know many of the system's attributes as well as the areas for improvement.

#### Libby

hand what it takes to run a district. If reelected, I hope to be heavily involved with the search process, and the transition to our new Superintendent. There are always other challenges to face, including such things as charter schools, common core, proficiency based diplomas, budgeting, and things not even on the horizon yet, but having a well rounded School Committee positions Gorham well to address these. With my experience on the School Committee I have been able to give some historical perspective when considering these issues. I have always been dedicated to providing the opportunities our students need to be successful in school and to prepare them for whatever they choose to pursue in life. I hope the voters of Gorham support me in continuing to help provide that.

#### Meet the Candidates

GOCAT will hold a School Board Candidates' Night on October 14th at 7 p.m. in Council Chambers. GOCAT will also hold a State Offices Candidates' Night on October 23rd beginning at 6:30 p.m. in Council Chambers.

#### Referendum CONTINUED FROM PAGE 1

Robinson sponsored a proposal to ask the voters to decide whether to define the term moral turpitude as being convicted of any Class A, B, C, or D crime, which would include drunken driving. This item will appear on the November ballot.

The other referendum question asks for approval to accept a Federal Grant for \$601,056 in federal/state funds, plus \$31,634 in local funds for a total of \$632,690. The grant is for replacing 70 ageing breathing apparatuses (SCBA AirPaks), and funding thermal imagining cameras. The SCBA AirPaks are a primary tool to protect fire fighters while working in contaminated areas. The Fire Department presently has 30 air pack units that are 16 years old, 20 units that are 21 years old, and 18 units that are 26 years old. The grant is presently waiting for approval, and if approved, would need to be voted on in referendum because it is over the \$250,000 threshold stated in the Town Charter. If the grant application is successful, the local match funds of \$31,634 would come from money budgeted for that purpose under the Capital Part 2 budget, which was already approved. The question about funding a new public safety building at the present Main Street location will be reviewed in the next edition of the Gorham Times.

#### Nelson

background in managing non profit budgets, donor expectations and client expectations has taught me to listen, discuss and respect all views when making a decision and to be responsible and thoughtful when managing a budget while still supporting organizations who are doing great things. As a business owner, I know that innovation, collaboration, and strong management skills are needed to move forward. It is no different than moving education forward for our children - making sure our district is supported to be innovative, engaging, responsible and a safe environment to support life long learning while making decisions that take into account all of Gorham's residents. I will dedicate the time and energy into this position as I have for the last 3 years.

#### Phillips

Town Council. I know the majority of the existing School Committee prides themselves on excelling in this matter, to which I hope to contribute. I have always held the belief that community should be the central focus of our Municipal Government, with importance placed on our children. The programs and curriculum adopted by our school system should reflect the ideals and heritage that represents Gorham. With my experience as a policy maker, it is important that we properly vet and review any and all changes prior to adoption. It has been a long-standing challenge for me, on the Town Council, where the emphasis on early adoption and amendments are the normal course of business. Lastly, as part of the Town Council's Personnel Committee, I have been an active participant in the selection process of various appointed positions, as well as the appointment of a new Town Clerk. This is most significant, as the School Committee will be selecting a new School Superintendent, which will have a lasting impact on our school system.

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#### SPORTS

## **Undefeated Starts for Three GHS Teams**

By JEFF PIKE Sports Editor

Three GHS sports teams cruised undefeated through the early part of their schedules. Boys' cross country won its first eight multi-team meets while field hockey and boys' soccer did not lose any of their first nine games.

"I knew we had great potential," says Becky Manson, head coach of the field hockey team. "We set a strong tone at the beginning of the season, and team has demonstrated they are willing to work hard and do what they have to do to win."

The field hockey team is led by ten seniors, including five who have been playing varsity since they were sophomores. Leading the way on offense has been Andrea Stemm with nine goals and two assists while Charlotte Smith, Darcie Brown, Reagan Emerson and Kayli Leavitt have all turned in consistent offensive performances throughout the season. Defensively, the team gave up only six goals through the first nine games led by goalkeeper Megan Baker as well as defenders Karen Stemm and Maggie Shields.

"Our bench has contributed too when we've had injuries," Manson adds. "Every player has stepped in and shown confidence she can get the job done. We have great depth, and our seniors have served as great leaders."

For the boys' soccer team, head coach Tim King is working with a young team. "We are sometimes inconsistent, but we are also starting to play our best more often," King says. "We are gaining consistency as our younger players adjust to the varsity level. The junior varsity players from last year have really stepped up."

The Rams have three sophomores, five juniors and three seniors in their starting line-up. Defensively, the team had given up only two goals through nine games. A new formation employed by King this year has contributed to the stingy defense, but the Rams are also scoring plenty of goals.

Leading the way on defense are goal keeper Trenton Basingthwaite as well as defenders Matt Hooker, Cole Houghton, Jackson Tayler, Emerson Fox and Garrick Brown. Offensively, Cody Elliot and Jackson Fotter have led the scoring supported by Ethan Orach, Tyler Richman and Nate Roberts.

The boys' cross country head coach, Jason Tanguay, says the team has been led thus far by Jesse Southard and Ben Foster. "They are among the top runners in the state and have consistently finished as our first and second runners respectively all season," Tanguay says.

Southard and Foster have been supported by a host of Rams sharing the next five slots, a combination of Drew York, Spencer Linscott, Collin Jones, Sean Pratt, Cam Tracy and Tyler Bernier. "We don't have many seniors, but several solid juniors returned from last season," Tanguay says. "The team is steadily improving, and we can go far if all our runners continue to step up."

At press time, the boys' soccer team record stood at 7-0-2 with a first-place ranking in Western Maine Class A. The Rams battled two-time defending state champion Scarborough to a 1-1 tie on October 2nd.

Field hockey is 9-1 and ranked fourth in Western Maine Class A at press time after suffering its first loss of the season, 1-0, against Marshwood October 2nd. The winning goal by Marshwood occurred with just 10 second left in the game.

Boys' Cross Country, with a season record of 8-0, is scheduled to participate in the Festival of Champions meet on October 4th.



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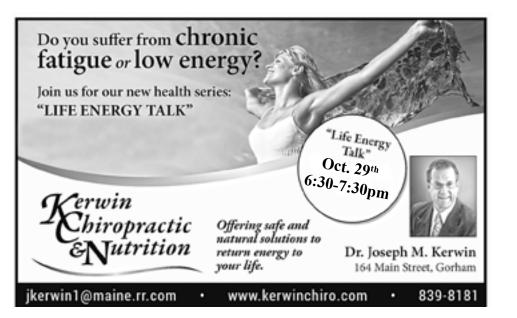
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## In the Zone

Gorham Golfers Make Some Noise: GHS golfers Sydney Caron and McKenze Coyne have both qualified for the Girls State Golf Championship. Caron shot an 88 to finish fifth and Coyne shot a 90 for sixth place in the qualifier that took place September 29 at Willowdale Golf Club in Scarborough. Caron also achieved a rare feat by winning two points as the GHS golf team defeated Bonny Eagle (12-1) on September 23 at Gorham Country Club. Participating against boys, Caron shot a 42 over nine holes to win one point for stroke total and another point in match play.

Impressive Finish at Festival of Champions: GHS girls' cross country runner Anna Slager won the freshmen division of Festival of Champions 5K meet that took place October 4th in Belfast and featured runners from 79 schools throughout Maine as well as out-of-state teams. Slager turned in a time of 19:15, which also placed her seventh overall among all varsity runners. In the boys' race, Jesse Southard was the top finisher for GHS with a time of 16:32, good for 17th place. More than 700 runners competed in the girls' race while more than 850 competed in the boys' race.

Gorham Anglers Perform Well in Eastern Regional Tournament: Gorham's Alex Williamson and Daniel Rodgers both competed as the junior representatives for the State of Maine in the B.A.S.S. Eastern Divisional Championships September 24-26 on the St. Lawrence River in New York. They surpassed the weight of fish caught turned in by several adults even though junior participants competed only for two days while the adults competed for three. The overall Maine team finished tenth while Williamson and Rodgers finished ninth in the high school team competition.

Soccer Player of the Week: Bowdoin College junior Kiersten Turner (GHS '12) was the leading scorer on the women's soccer team at press time with four goals and two assists. Turner has led the team to a 7-1 record and an 18th-place ranking in the NCAA Division III polls. Turner was also named the New England Small College Athletic Conference Women's Soccer Player of the Week on September 22 for scoring a pair of game-winning goals. Named a Third Team All-American following the 2013 season, Turner has tallied 21 career goals at Bowdoin.

Field Hockey Player of the Week: Endicott College senior Alyssa Clark (GHS '11), a center back on the field hockey team, was named defensive player of the week by the Commonwealth Coast Conference on September 29. Clark recorded four defensive saves on the week while leading a strong defensive unit that allowed just five goals in three games.

GHS Teacher Wins Golf Tournament: Rocky Myers, a teacher at GHS and the former varsity baseball and golf coach, won the St. John Valley Open at Aroostook Valley Country Club August 30-31 with a 36-hole total of 143.

# ECAC DIII Co-Golfer of the Month

The Eastern Collegiate Athletic Conference (ECAC) named and Saint Joseph's College of Maine sophomore Mike Caron (GHS '13) as the NCAA DIII Co-Golfer of the Month. Caron is the first player in the history of the Saint Joseph's College golf program to earn the ECAC monthly award. In seven events this fall, Caron has not placed lower than seventh with four medalist honors. He opened the season with a third-place finish in the USM Dual at Gorham Country Club, won the Maine-Farmington Invitational (75) at Sunday River Golf Club, and placed fourth in the Maine Intercollegiate Championship (71-76) at Bangor Municipal Golf Course. Caron closed out the month with top finishes in the Thomas College Classic (71) at Waterville Country Club, the John Queenan Memorial (72) at Point Sebago Golf Resort and the UNE Invitational (70) at Cape Arundel Golf Club. He was also selected as the Great Northeast Athletic Conference Golfer of the Week honor in each of the first four reporting periods of the 2014 season.



Photo credit David Bates, www.fotografixstudio.com

## Jen Rush Tops Gorham in the Coop Loop 5K

Jen Rush was the top runner from Gorham and second overall in the second-annual Coop Loop 5K that took place in Gorham on September 28. 121 runners and walkers participated, including 70 from Gorham. Runners from Gorham who won their gender-age group included Evelyn Rush (females 12-andunder), Gabe Harrington (males 12-andunder), Michele Higgins (females 30-39), Elizabeth Holland (females 40-49), Jason Foster (males 40-49), Anton Gulovson (males 50-59), Diane Bell (females 60-69) and Norm Frizzell (males 60-69). Following are the Gorham runners who finished in the top 25.

Place	Name	Time
2	Jen Rush	20:55.9
4	Anton Gulovson	21:38.2
5	Jason Foster	21:50.2
6	Andy Higgins	23:32.3
7	Ted McHenry	23:55.6
9	Brian Hamann	24:06.6
10	Thom Courtney	24:07.0
11	Chris Conley	24:08.6
13	Justin McCrillis	24:49.9
14	Curt Peffer	24:51.5
16	Michele Higgins	25:39.7
17	Elizabeth Holland	25:49.5
19	Dawn Palme	26:05.9
23	Kate Karlonas	26:51.5
24	Diane Bell	26:55.0

## GYSA Remembers Lauren Hawkes in the Fight Against Cancer



The Gorham Youth Soccer Association (GYSA) gathers in Scarborough on September 20th to

Photo by Deb Callahar

participate in the Maine Children's Cancer Walk and help raise funds to cure childhood cancer. Approximately 200 soccer players and their family participated. GYSA raised \$5,000 this year and has raised \$200,000 over the past nine years in memory of Lauren Hawkes, a Gorham Middle School student who passed away in 2003 from Acute Myelogenous Leukemia.



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## SPORTS **Hall of Fame Inductees**

Two Gorham residents. Laughn Berthiaume, left, (also a teacher at GHS) and Daren Meader, right, were inducted into the University of Maine at Farmington Athletics Hall of Fame during a ceremony that took place September 20. Berthiaume (UMF Class of '98) finished his career as the UMF all-time men's soccer leader in goals (56), assists (34), and points (146). A two-time National Soccer Coaches Association of America (NSCAA) All-American, Berthiaume was a three-time NAIA Scholar-Athlete and received all-conference and all-region honors during his men's soccer career. Meader (UMF Class of '00) ranks second among the UMF men's basketball scoring leaders, after finishing his career with 1,819 points. A third-team All-American in 2000 and honorable mention selection in 1999, Meader also ranks second in career steals (183) and fifth in career assists (472)



while earning All-Maine, all-conference, and Maine Athletic Conference Player of the Year honors over the course of his career.

## **Team Inspiration!**



The GHS field hockey team recently received a strong jolt of inspiration when former GHS standout Hannah Prince (GHS '10 and fifth from the right in the back row in the picture above), a current member of the US National Field Hockey Team, paid the team a visit during one of its practices. The team also wears Prince's number on their headbands during home games. Pictured above, from left to right, sitting: Anna Grant and Kayli Leavitt. Kneeling: Delaney Shiers, Darcie Brown, Mary Adams, Charlotte Smith, Izzie Grant, Andrea Stemm and Grace Petty. Standing: Coach Becky Manson, Karen Stemm, Megan Baker, Erin Esty, Maggie Shields, Reagan Emerson, Sarah Jordan, Hannah Prince, Hallie Thomas, Nicole Walls, Emmy Viernes and Heather Woodbury.



#### SCHOOL

## **SEPTEMBER 10, 2014 School Committee Meeting**

#### BY ROBIN SOMES

A comprehensive review on English Language Learner (ELL), an English language support program available to students whose native language is not English, was presented by Heather Flanders, the ELL teacher at Gorham Middle School, and Cecily Conrad, who teaches ELL at Gorham's three elementary schools. Being an aspect of Gorham's educational realm that is not very well known, Flanders and Conrad presented some compelling information. Non-English languages spoken by Gorham students and their families include Afrikaans, Arabic, Khmer, Mandarin, Pashto, Ukrainian and Urdu. Some students speak more than one of these languages.

There has been significant growth in the number of ELL students in recent years. In 2010, there were 11 students involved with the ELL program within the elementary schools and 11 at the middle school while for the current year, there are 34 within the elementary schools and 30 at GMS. International diversity is on the rise not only in Gorham, but throughout Maine where overall enrollment has been on a decline over the last several years, in contrast to the sharp increase in overall ELL student enrollments. As Flanders pointed out, "We have students who are on the low end of the English language proficiency spectrum, so that's more support they require in order to succeed in the environment.'

A customized plan gets developed for each ELL student that starts at the registration process, which includes a survey to identify non-English languages spoken by the family. Further screening that encompasses reading, writing, listening and speaking will clarify the degree of assistance with English that may be required. Meetings with family members, teachers, both ELL and non-ELL, and the student will subsequently be scheduled leading to the development of an individualized

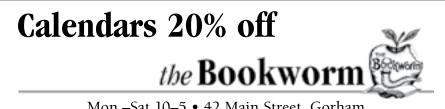
plan. As the student is monitored and tested, the plan gets reviewed and updated as needed. Once students are considered proficient with their peers, they are officially dismissed from ELL but continue to be monitored for another 2 years.

The ELL teachers work with classroom teachers to help students adjust socially and emotionally, which may mean materials get modified in order for ELL student to keep up with the other students. ELL teachers act as cultural ambassadors to help students and their families understand and be part of Gorham's local traditions including Thanksgiving and Valentine's Day, and to provide information for the school community to understand and be respectful of nonlocal cultural practices.

ELL students may be involved in a "pull-out" or "push-in" routine to help them better acclimate to the scholastic environment. With "pull-out," a student or small group of students is taken out of the classroom in order to do individualized work with the ELL teacher. "Push-in" involves the ELL teacher going into the classroom to support the teacher and ELL students.

The family of an ELL student is also involved. ELL staff provides a consistent and familiar contact person who knows the needs and status of the student. That staff member will be the point person throughout the student's time in elementary school as well as the middle and high school years. Assistance is provided with meeting some of the needs for school readiness, which might include immunizations, college visits and applications, transportation and conflict mediation due to cultural issues.

Along with the educational offering for students whose native language is English, ELL is yet another example of a program offered in Gorham schools that helps pave the way toward success after the students' school years in Gorham.



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## **GMS is "True to Their School"**

BY PAM TORDOFF Ed Tech, GMS

On Gorham's first early release day, Sept. 24, students and staff at Gorham Middle School participated in Macy's "Be True to Your School" lip dub competition. A lip dub is a type of video that combines lipsyncing, interesting visuals, and audio dubbing to create a one-shottake music video. Two years ago, the school filmed a fun, enjoyable and spirited lip dub to "Good Feeling" and decided they would like to do it again for a chance to win this year's Macy's challenge.

The entire school body lined up along the hallways and aisles of the middle school and proudly displayed their school spirit. Each advisory decided in advance on a theme that showed enthusiasm, creativity and

energy. Many groups were dressed in Gorham's school colors, maroon and white, while others brandished silly string, balloons, confetti, thunder sticks, and zany hats. Teachers also got into the spirit of the day and participated fully with the students.

The video was shot in sync with the Beach Boy's song, "Be True to Your School," and everything had to be perfectly timed in order to meet Macy's qualifications. After four practice runs, the video was successfully completed and ended with the student body outside cheering for their school.

The national competition ends mid-October and the grand prize for the best video depicting the most school spirit is \$25,000. The winning video will be announced on Oct. 30. The video will be posted on social media. Gorham's school spirit will be coming through loud and clear.

## **School Notes**

Cheverus sophomore Katherine Sullivan of Gorham was selected to be a member of the Portland Youth Wind Ensemble at the University of Southern Maine. Only four music students were chosen for this honor. Sullivan qualified on the French horn. The Portland Youth Symphony Orchestra also selected three other Cheverus students and Sullivan was selected to play horn.

Join Gorham Adult Education for a free Introductory Belly Dancing class on Thursday, Oct. 30 from 6 to 7 p.m. in Room D109 at Gorham Middle School. Contact Gorham Adult Education at 222-1095 to reserve a spot. If interested, a six-week session starts Thursday, Nov. 6.

## **Gorham Senior Named National Merit Semifinalist**

COMPILED BY ANDREA MORRELL School News Coordinator

Abraham Eaton, a homeschooled Gorham senior, has been named a National Merit Scholarship Corp. semifinalist. Eaton can compete for some 7,600 scholarships worth about \$33 million that will be offered next spring. To become a finalist, Eaton will have to submit a detailed scholarship application, have an outstanding academic record throughout high school, be endorsed and recommended by a high school official, write an essay, and earn SAT scores that confirm his earlier performance on the qualifying test. Finalists will be notified in February.

Eaton represents Gorham High School

as a partnership wrestler with Westbrook

High School. He placed fourth at the New

England Qualifier last season. He was the

Civil Air Patrol Commander for Squadron

58 at the Portland Jetport. He has been

Photo credit Esther Eator

elected co-captain of the GHS Boys Lacrosse Team for 2015 and co-captain of the Gorham/Falmouth High School Robotics Team 172. He was SMAA All Conference for wrestling and lacrosse.

## **Class of 2015 Project Grad Fundraising Efforts Underway**

#### BY KATI KING

As the class of 2015 begins their final year together before graduation, parents, along with the Gorham community, have come together to plan Project Graduation, the annual, all-night chemical-free celebration for graduates. Fundraising efforts are now underway by the committee to raise roughly \$30,000 to throw an unforgettable party and give each graduate a parting gift.

There are many ways the community can be involved:

• Buy a Harvest of Gold Calendar during the month of October at athletic and other high school events or contact Luci Bowers: 207-318-3566 or luci.bowers@ gorhamschools.org. A prizewinner will be selected every day in November.

• Pick up Clynk bags at high school events throughout the year; fill and return to Hannaford to make a contribution.

• Dine-Out events: run September through May.

• Texas Roadhouse: On Oct. 20 mention GHS Project Graduation and 10% of your bill will be donated.

• Pizzeria Uno: On Nov. 19 mention GHS Project Graduation and 10% of your bill will be donated.

• Christmas Tree Pick-Up: Make a donation to Project Graduation and have your Christmas tree picked up and disposed of.

• Scrapbooking event on April 11, 2015 at St. Ann's Church, \$30.

Join the efforts of the Project Graduation committee by attending the next meeting on Thursday, Oct. 16 at 6:30 p.m. in the multi-purpose room at Gorham Recreation Department. Meetings are the third Thursday of every month. For more information, contact co-chairs Jennifer Boylen, boylen6@ yahoo.com, or Michele Christakis, achristakis@maine.rr.com.

## **Dream Factory**

On Sept. 30, the Gorham High School Dream Factory Club was the recipient of a \$500 check from Artel made out to the Dream Factory. Club members made a presentation this summer to Artel, a Westbrook-based quality assurance company, as they were considering local charities to which their employees would give back. The employees raised \$250 by paying to wear jeans to work, etc. The owners of the company matched the employees' donations. Pictured from left to right are sophomore Emma Smith and senior Kate Hopkins.

## **Local Foods in Gorham Schools**



Photo credit Amanda Landry Photography



hoto courtesv of Arte

On October 1, students in Gorham schools enjoyed fresh, local foods at their annual Maine Harvest Lunch Day. Featured items on the menu included: Green Thumb Farm baked potato with Cabot cheese and local broccoli; Bisson's Farm beef hamburgers on a roll; local corn on the cob, cucumbers, and tomatoes with fresh basil and olive oil; and fresh apples from Brackett's Orchard. As a special treat, students enjoyed pumpkin chocolate chip cookies with fresh Maine milk. Pictured is Ava Bryant from Village School.

### Rich Obrey Photography

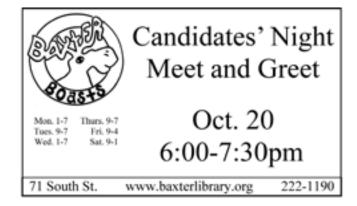
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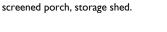
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#### Letters to the Editor CONTINUED FROM PAGE 2

golf team. Our son Max is one of four senior captains. After practice the team descended upon our home for a lasagna and spaghetti feast. What a fine group of young men and women they were. Polite, kind, courteous, grateful, and yes, hungry. It was extremely gratifying to witness their innate camaraderie and playful interaction with each other and we especially appreciated their tolerance for our young children during the evening, even allowing them onto the lawn with various neighborhood youngsters during a spirited post dining touch football game. This conduct is a reflection of their parents, golf coach Rick Altham, assistant coach Wayne "Pooch" Drown, athletic director Tim Spear, and Gorham High teachers and administration. So thank you to all associated with the Gorham High School golf team. Now you know what we know: there are many upstanding young men and women in this town. Thank you.

Sam Johnson, Gorham

#### Dear Gorham Times Editor:

I would like to see some of our ardent politicians who are sponsoring phone calls for various candidates, and the various polls asking if we are going to vote and for whom to explain just how important this information is, and how much is being spent in this manner. I am sure the money could be spent in many more charitable ways.

They are all aggravating to me, however especially so are those at dinnertime and in the evening after I have settled down in my chair.

Even though some callers may leave a number on the caller ID of my phone, there is no answer when called, or "somehow" their mailbox is already filled. Surprise, surprise.

It is more than a month until elections, and this continues. One caller gave me the option of pushing number 9 on my phone to be added to the "do not call list." I pushed it. Within ten minutes the same number was shown as calling me back. Another said I could leave my phone number and someone would call me back, that mailbox was, not surprisingly, also full.

It seems like a major invasion of our privacy, and whenever, if I ever could find out where the call came from, that candidate can be assured they do not have my vote.

If they need my vote bad enough, come and see me at my door so I may ask them to answer some questions rather than my having to continuously read the innuendos in the paper of them saying just what they think we want to hear, and in the end, mostly complaining about all the dirty things their opponents have done, or intend to do.

John Labrecque, Gorham

#### Dear Gorham Times Editor:

Since Election Day is fast approaching, I want to explain my reasons for supporting Jim Boyle for state Senate.

Jim has been standing up for Maine's municipalities, environment and women. He deserves to be reelected.

He went to bat for revenue sharing, which is so important for essential services, like fire, police and education. By supporting revenue sharing, he realizes the importance of the relationship between state and local governments. And that the attitude between them should be as cooperative as possible. And not needlessly antagonistic.

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Jim strongly supports Maine's environment. He is a friend to the lakes of Maine; as he supported a bill that strengthened their protection. He did so in a bipartisan way.

Composting, recycling and solid waste disposal are important to him. He believes Maine can do better on these issues, as we move more deeply into the 21st century.

More than half of the population of Maine is female. Jim believes that, in terms of decisions about health care, the relationship between a doctor and a woman is incredibly important. Politicians should not get in the way of that relationship.

Jim supports investigating and addressing welfare fraud.

Besides issues, willingness to compromise is important for political effectiveness. Jim believes that consensus-building is critical to moving forward in Augusta.

I am proud to support him for our state Senator.

Karl Trautman, Gorham



#### Thank you to everyone who visited the Open House at Perennial Place at White Rock

Missed the Open House? Tours are still available by appointment.

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## Young Artist Captures Image of Ron Shepard Among Others



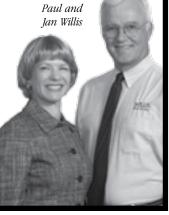
A Young Artist Reception was held at the Baxter Memorial Library on October 4th highlighting the work of Libby Knudsen, a 13-year-old Gorham student. Her graphite and charcoal portraits were featured, including one of retiring Police Chief Ron Shepard.



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# **Community Business Directory**





#### COMMUNITY

#### **OF INTEREST**

Eight year-old **Annabelle Fearon** of Gorham is this year's **North Gorham Library Summer Chapter Book Challenge winner**. She is a student at Standish Baptist Academy and the daughter of Kay and PJ Fearon.

A **retirement party for Chief Ronald Shepard** will take place on **Saturday, Nov. 8** at the Italian Heritage Center, 40 Westland Ave., Portland starting at 5 p.m. \$37.50 pp (includes gratuity and gift). RSVP by October 31 to Julie Flanigan, 222-1660 ext 1.



on Friday, Oct. 10 at 9 a.m. at the Gorham Municipal Center. Ricker Hamilton, DHHS Deputy Commissioner, will speak on Elder Abuse. Public is always welcome. FMI, 229-9050.

**Clean-O-Rama**, a family owned and operated janitorial supply company located in Gorham, celebrated their **50th year in business** on Friday, Sept. 26 with an open house for all of their clients which included representatives from MMC, UNH, and Oxford Casino.

The Gorham Woman's Club will meet on Thursday, Oct. 16 at 12 p.m. for a Potluck Luncheon at the First Parish Congregational Church in Gorham. All members new and old are welcome.

ArtoberFest (formerly known as the Gorham Art Fair) will be held on Friday, Oct. 24 and Saturday, Oct 25 at the Shaw Gym in Gorham (behind Baxter Library). Artists, artisans and fine craftsmen will display quality art and unique crafts. FMI, gorhamartsalliance.org/ artoberfest-fall-2014.html

**Gorham Savings Bank** recently named **Daniel Hancock** Regional Vice President, Cash management & Business Development officer. Hancock, who has more than 15 years of experience in the financial services industry, is a graduate of Colby Sawyer College and the New England School of Financial Studies. Hancock currently serves on the board of the Windham Economic Development Corporation and is the past president of the Sebago Lakes Region Chamber of Commerce.



A two-day Rummage Sale will be held at the Cressey Road United Methodist Church in Gorham on Friday, Oct. 17 from 9

a.m. - 4 p.m. and Saturday, Oct. 18 from 9 a.m. to 1 p.m. Clothes, dishes, books, furniture, toys, puzzles, house plants, knic-knacs, holiday decorations, small appliances and more.

Three year-old **Harper McManus**, a student at the **Gorham Cooperative Preschool**, crosses the finish line at the **2nd Annual Co-op Loop** that was held on Sunday, Sept. 28 at Robie Park in Gorham.

The Gorham High School Class Reunion Committee will hold a Pasta Dinner and Dessert Auction on Saturday, Oct. 11 starting at 5 p.m. at St. Anne's Catholic Church, Gorham. The proceeds will benefit scholarships for graduating seniors. \$8/\$4 under 12/under 5 free. Please bring a nonperishable food item to donate to the Gorham Ecumenical Christmas Baskets.

A **Spaghetti Dinner** sponsored by the **Knight's of Columbus** will be held on **Friday**, **Oct. 24** at St. Anne's Church in Gorham from 5 to 6:30 p.m. All proceeds to benefit "Operation Tribute" which provides toys and books to the children of Maine's military families. FMI, 221-0296.



Seven year-old **Emily Fadrigon**, a member of **Girl Scout Troop #1307** in Gorham, holds up a pillowcase she helped sew for the **Cricket Comforts Sew-A-Thon** held in Gorham Sept. 19 and 20. Cricket Comforts, a volunteer community service organization creating pillowcases for children receiving medical care, finished their first Sew-A-Thon to benefit the Barbara Bush Children's Hospital and other local pediatric facilities. Over 300 pillowcases were made at this weekend's Sew-A-Thon in Gorham. Their next gathering will be Oct. 25, at Old Robie School, 668 Gray Rd. from 11 a.m. to 4 p.m.

The Gorham Lions Club will host an Open House on Sunday, Oct. 26 from 1 to 4 p.m. at the Gorham Lions Den, 414 South Street, Gorham. The open house is for anyone who would like to learn more about the club and its work. FMI, call Norm Wedge at 839-6569 or nwedge@maine.rr.com.



*"Questioning the Common Core"* will be the topic of discussion with speakers from the **Department of Education** and a retired Maine school superintendent on **Monday, Oct. 20 at 7 p.m.** at the Gorham Municipal Center Council Chambers. The public is welcome to join this event coordinated by the Gorham Republican Party.

The Parson Farm at 320 Buck Street, Gorham is host to the "Annual Antique Tractor Plow Days" on Saturday, Oct. 11 from 8 a.m. – 4 p.m. and Sunday, Oct. 12 from 8 a.m. – 3 p.m. Bring an antique tractor and plow or just be a spectator! The Parson Family will prepare breakfast and lunch. All are welcome to visit. FMI, 839-4205 or dmccull1@maine.rr.com.

The **Gorham Conservation Commission** invites Gorham families and business owners to join them at their very first "**Volunteer Trail Day**," **Sunday, Oct. 26**. This trail day will be focused on constructing and rebuilding the Tannery Brook Preserve trail system, located just off 10 Wentworth Drive (Gorham Savings Bank administrative offices). FMI, facebook. com/GorhamConservationCommission

#### **ON-GOING EVENTS**

The **Gorham Food Pantry**, located at 299-B Main St. (parking lot of St. Anne's Catholic Church), is open every Thursday morning from 9 to 11 a.m. and the 2nd and 4th Wednesday of every month from 6 to 7 p.m. Free for Gorham residents in need. FMI, 222-4351 or visit www.gorhamfoodpantry.org.

The Lakes Region Senior Center, White Rock Grange at 33 Wilson Road (off Rt. 237), is a great place for daily socializing, independent activities and good conversation. Mahjong lessons on Monday; poker, crafting and card games on Tuesday; Chair Yoga with a Nutrition and Weight Support Group on Wednesday; and Bingo on Thursday. FMI, call Cheryl 892-9879 or Blanche 892-5604.

The **Gorham Medical Closet** located at the Municipal Center, 75 South St., is free and available to Gorham residents in need of portable wheelchairs, hospital beds, shower seats, commodes, walkers, canes and more. FMI, call 839-4579, 839-3630 or 839-3936.

#### **USM NOTES**

The **Student Performing Artists at the University of Southern Maine** will present *Beyond Belief* by Ben Acker and Ben Blacker on **Oct. 10, 11 & 12** at the Russell Hall Theatre, Gorham campus. Gorham alumna Sarah Kennedy directs. \$8/\$5. FMI, sarah.m.kennedy@maine.edu.

The **USM School of Music** will present **Open Master Classes** this fall that are free and open to the public. On Wednesday, Oct. 22, Paul Dresher will conduct a Contemporary Music Career Workshop from 10 a.m. to 12 p.m. at Corthell Concert Hall, Gorham campus. FMI, usm.maine.edu/music/paul-dresher-master-class.

A piano concert featuring USM Professor of Music Laura Kargul will take place on Friday, Oct. 17 at 8 p.m. at Corthell Concert Hall, Gorham campus. The concert celebrates Kargul's

**Dan MacKenzie** (GHS '08), a stop-motion animator, was a major contributor to the animation feature film, Boxtrolls. MacKenzie also contributed to the feature film, ParaNorman. MacKenzie is currently in production in Burbank, CA with Starburns Industries.

The First Parish Congregational Church in Gorham will hold a Chicken Pie Supper on Saturday, Oct. 18 from 5 to 6:30 p.m. \$10/\$5 under 12.



Photo courtesy of Laika Studio

25 Years at USM. \$15/\$10/\$5. FMI, 780-5555.

#### **CLOSE TO HOME**

FA (Food Addicts in Recovery) will meet on Thursday, Oct. 16 from 6:30 to 8 p.m. at the Westbrook Community Center, 426 Bridge St., Westbrook. FMI, 775-2132.

A Public Baked Bean Supper will be held on Saturday, Oct. 11 from 5 to 6 p.m. at the Westbrook-Warren Congregational Church, 810 Main St., Westbrook. \$8/\$3. FMI, 854-9157.

A Roast Turkey Dinner will be held on Saturday, Oct. 11 from 4:45 to 6 p.m. at the Highland Lake Grange #87 located at the corner of Hardy Rd. and Rt. 302, Westbrook. \$8/\$4. FMI, 854-2379.

A **Public Bean Supper** will be held at the **North Congregational Church**, 22 Church Hill Road, Buxton, on Saturday, Oct. 18 from 5 to 6 p.m. \$8pp. Take out available.

The *Rhythm Future Quartet* returns to the Saco River Theatre on Friday, Oct. 17 at 7:30 p.m. \$25 or pay-what-you-can. For reservations, call 929-6472 or sacorivertheatre.org/events



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#### GORHAM BUSINESS EXCHANGE MEMBER SPOTLIGHT

## **Back in Motion** — **Celebrating 20 years in Gorham!**



Photo credit Amanda Landry

Mary Kroth-Brunet, owner of Back in Motion, stands in the foreground while physical therapist Michele Davis, DPT works with patient Jake Parsons.

#### BY LEIGH-PAIGE SMITH Gorham Business Exchange

What a wonderful profession: helping people feel better and improving their quality of life. That's exactly what Back in Motion has been doing for 20 years. Michel and Mary Brunet opened their physical therapy practice in the lower level of the Old Richardson building in 1994 and have grown to three locations with more than 40 employees. To commemorate this milestone, they recently held Patient Appreciation Open Houses at each of their locations-Gorham, South Portland and Portland-to celebrate with the people who matter most to them, their current and past patients.

Back in Motion Physical Therapy is very passionate about what they do and believe what sets them apart from many others is their hands-on approach to treatment and ability to identify the root of the problem so it will not return.

We empower each patient with the knowledge to change their everyday activities, which they may not realize are adding to the problem." said co-owner Mary Kroth-Brunet.

Back in Motion uses a variety of hands on techniques aimed at improving the flexibility of joints, muscles, soft tissues and even nerves. Patients start each session in a private room with their physical therapist to work one-on-one. The goal is to gain increased mobility and stop excessive motion that often causes pain. They also educate the patient to move differently so the problem will not return. Patients are then guided through an individualized exercise program to maximize their daily mobility gains.

staff to the billing specialist, is invested in making each patient feel welcome, comfortable, and well informed about their treatment plan. Michel and Mary very strongly believe that it is not about the quick fix.

"We build long-term relationships with our patients because they trust us to give the best care possible. That trust and insistence that their family and friends come to us for treatment, is what has allowed us to continue to flourish as a business."

Back in Motion welcomes more than 300 patients a week among their three locations and Kroth-Brunet estimates more than 20,000 have been helped over the last 20 years. Their goal is to help people live pain-free lives and set them on the right path to doing so.

Kroth-Brunet loves teaching. She continually offers her staff training that builds on the clinical strengths of each therapist at Back in Motion. She also travels around the country training other physical therapists. She and Michel do not subscribe to one particular method, but work with their staff to nurture the passions and specialties they each possess.

Kelly LaBrecque was hired in April 2014 as the director of Public Relations to raise awareness of the benefits of physical therapy in the medical community.

"It's exciting to be a part of a familyowned business that is continuing to grow," said LaBrecque. "With things constantly evolving in the healthcare and insurance industry, it's necessary to develop new ways to educate people and show them that physical therapy can help." Twenty years later, their patient-centered model seems to be working well as they educate and change the quality of life of their many patients.

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"We really create an individual relationship with each patient that allows us to work as a team to achieve their goals in coming to physical therapy," said Kroth-Brunet.

Each employee, from the receptionist to the physical therapist, the gym



Back in Motion 94 Main Street, Gorham (207) 839-5860 mainephysicaltherapy.com



## Throwback to the 2004 Blotter

Cattle were reported loose on Wood Road.

Officer drove past building and noticed door propped open. It seemed odd so he checked in and learned door was open to help paint dry.

Caller reported a pizza truck was weaving all over Fort Hill Rd and was driving about 20 mph under the speed limit.

Cummings Road man was given a summons for animal trespass after Animal Control Officer rounded up all the animals that had gotten loose. Animals soon got loose again and had to be rounded up a second time.

Cows were reported on Rust Road.

Caller reported someone in a truck with Idaho plates selling tools and equipment out of the back of a truck on Day Road.

Shelby Drive caller reported that she was being harassed by the telephone.

Caller reported that while stopped for a traffic light in the village, he was mooned by a passenger in a vehicle headed toward Sebago Lake

Many calls were received from both Public Works and private citizens about snow being plowed into the road.

Hodgdon Road caller reported a raccoon was trying to break into her house. She called back about 20 minutes later to say the raccoon had left.

North Gorham Road caller reported someone had left a bunch of chickens on his front lawn.

Elliott Road called advised a goat was wondering around his yard and he had it closed in the garage. He was looking for a possible owner. Dispatch had no listing for a goat owner anywhere close by.

#### What's on Gorham Cable Access Television (GOCAT)?



Visit the Stay in Touch section of **www.gorham-me.org for program** guides for Gorham Government Education TV (Channel 2 on Time Warner Cable) and Public Access (Channel 3 on Time Warner Cable). Live streaming and video on demand is available.



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#### CALENDAR

#### THURSDAY, OCT. 9

- Baby and Me Story Time, birth-18 mos., 9:30 a.m., Baxter Memorial Library.
- Toddler Time, 18-36 mos., 10 a.m., Baxter Memorial Library.

#### FRIDAY, OCT. 10

• Gorham/Westbrook TRIAD meeting, 9 a.m., Gorham Municipal Center.

#### SATURDAY, OCT. 11

- Lego Club at Baxter Memorial Library, 10 a.m.-12 p.m.
- Pasta Dinner fundraiser for GHS class reunion committee, St. Anne's Church, Gorham, 5 p.m. \$8/\$4/under 5 free.
- Greater Gorham Farmers Market, 8:30 a.m.-12:30 p.m., South St. next to Baxter Memorial Library.

#### SUNDAY, OCT. 12

• Centre of Movement Monster Mash Harvest Ball, First Parish Church Fellowship Hall, 2-4 p.m. Family fun for all ages. \$5pp/\$20 family. Costumes are encouraged. FMI, www.cmdans.org/donation

#### MONDAY, OCT. 13

- Columbus Day. No School for grades K-12.
- Baxter Memorial Library Closed for Columbus Day.

#### TUESDAY, OCT. 14

• Pre-School Story Time with Police Officer Visit, 9:30 a.m., Baxter Memorial Library.

#### WEDNESDAY, OCT. 15

• Town of Gorham Senior Lunch Program, St. Anne's Church, Gorham. 12-1:30 p.m. \$4. FMI, 839-4857.

#### THURSDAY, OCT. 16

- Baby and Me Story Time, birth-18 mos., 9:30 a.m., Baxter Memorial Library.
- Toddler Time, 18-36 mos., 10 a.m., Baxter Memorial Library.

#### FRIDAY, OCT. 17

• Rummage Sale at Cressey Road United Methodist Church, 9 a.m.-4 p.m.

#### SATURDAY, OCT. 18

- Rummage Sale at Cressey Road United Methodist Church, 9 a.m.-1 p.m.
- Chicken Pie Supper, First Parish Church in Gorham, 5-6:30 p.m. \$10/\$5 under 12.
- Greater Gorham Farmers Market, 8:30 a.m.-12:30 p.m., South St. next to Baxter Memorial Library.

#### MONDAY, OCT. 20

- "Questioning the Common Core," 7 p.m., Gorham Municipal Center Council Chambers, Sponsored by Gorham Republican Party. All are welcome.
- Meet the candidates, Baxter Memorial Library, 6-7:30 p.m. For more information, see page \_.

#### TUESDAY, OCT. 21

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• Pre-School Story Time with Pumpkin Patch theme, 9:30 a.m., Baxter Memorial Library.

#### WEDNESDAY, OCT. 22

- Early Release Event: Jewelry Making, all ages, 12 p.m.-3 p.m., Baxter Memorial Library.
- Senior Luncheon at St. Anne's Church, 12 p.m. Open to all. \$4.

#### THURSDAY, OCT. 24

- Author Brian Daniels will speak about his book "Thoughts of an Average Joe." 6:30 p.m.,
- Baxter Memorial Library. FMI, 222-1190.

Cressey Road United Methodist Church, 81 Cressey Rd.

First Parish Church, 1 Church St.

Gorham Municipal Center, 75 South St.

Greater Gorham Farmers Market, South St. next to Baxter Memorial Library

St. Anne's Church, 299 Main St.

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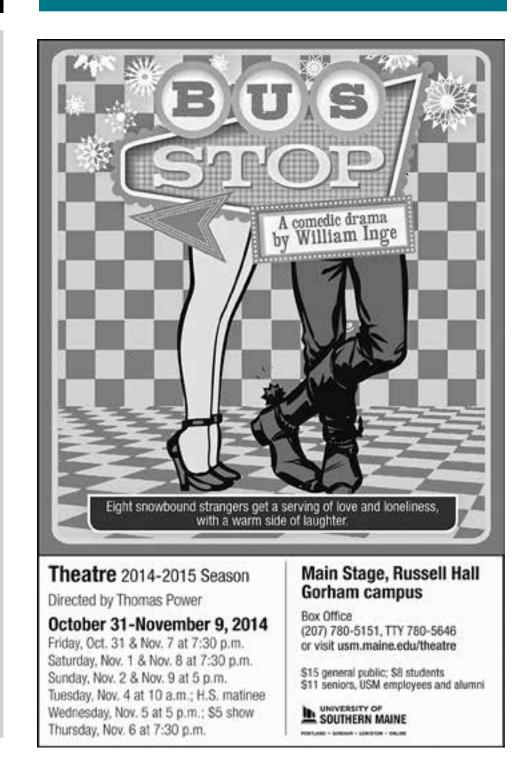
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