

SINCE 1995—A FREE, VOLUNTEER-RUN, BIWEEKLY COMMUNITY NEWSPAPER

Join Eyesore Demo, June 13

NOAH MINER Staff Writer

For the last ten years, the Gorham community has been awaiting the demolition of the old Mobil station in front of Hannaford on Main Street. The time has come, thanks to Jon and Cindy Smith of Great Falls Construction.

On June 13 there will be a demolition and community fundraising event at the site starting at 1 p.m. with an after-party at 5:30 p.m. at Spire 29.

Event sponsors will use creative ways to "take a whack" at the building. Funds raised at the event will benefit 15 local nonprofits including Gorham Education Foundation, Gorham Food Pantry, Presumpscot Regional Land Trust. Gorham Historical Society. the Gorham Times, Gorham Athletic Boosters, Gorham Arts Alliance, Reed-Allen Foundation, Gorham Sports Center, White Rock Friendship Club, Project Graduation, Gorham Business Exchange, the Heating Oil Fund, Baxter Memorial Library and North Gorham Library. Anyone is welcome to sponsor the event. To learn more about sponsorship, contact Whitney at Spire 29 at whitney@spire29.com or (207) 222-2068.

The afterparty, dubbed "Uptown Junk" will begin at 5:30 p.m. with music by DJ Carin Collins, and food sponsored by Subway. Sebago Brewing Company's locally designed "EyeSore Ale" will be featured.

Smith's plan for the site of the old gas station is to create a 6,000 square foot commercial building. Aroma Joe's and Subway are currently committed tenants, with an additional 3,000 square feet available.

Smith and his wife Cindy are the president and vice president of Great Falls Construction. They have oper-

Gorham Honors Vets on Memorial Day



The honor guard leads the Memorial Day parade from South Street onto Main Street.

Photo credit Roger Marchand

MEGAN BENNETT GHS Student Intern

Around the country, people gathered to honor and remember the men and women who gave their lives for our country. As flags were flown halfmast this Memorial Day, Gorham did not fail to honor the fallen.

Although the sky was overcast, Memorial Day was a great day to have a parade in Gorham. The temperature felt much warmer than what the thermometer read, providing perfect weather for an even bigger crowd than last year. The parade stretched from Baxter Memorial Library to Evergreen Cemetery.

American flags waved up and down the streets as the parade began, led by the Gorham Police Department Color Guard. There was a pause in the parade to honor the soldiers' monument in Phinney Park across from Robie Gym, followed by the laying of a wreath. Once resumed, they marched toward Evergreen Cemetery where a ceremony was held at the end of the parade. People cheered as military veterans drove by in vintage cars, floats, and tractors. Children waved to their classmates in Cub Scouts, Brownies, Girl Scouts, and Boy Scouts as they handed out candy and flags. Gorham businesses also participated in the parade, handing out pamphlets as they marched down the street.

Participating groups included: Gorham Recreation youth baseball and softball teams, Cal Ripken Baseball and Babe Ruth Softball teams, The St. Andrew's Pipe and Drum Band, Gorham High School Band, Gorham Middle School Band, Century 21 Auto Race Car, White Rock Outboard, Pit Stop Fuels, Sally Hatch and the 77 Car from Beech Ridge Motor Speedway, a miniature horse pulled-wagon, the Gorham House 25th anniversary float, Gorham Public Works plow truck, a variety of fire trucks, Gorham Co-Op Preschool, Life Church and their Enterprise Space Shuttle replica complete with "smoke" from the afterburners, and many more.

Once gathered at Evergreen cemetery, recently retired Gorham resident Bob Caswell welcomed those gathered and introduced the Gorhan High School Band for the playing of our National Anthem. After a few kind remarks regarding Memorial Day and the significance of remembering our nation's fallen veterans, he introduced Dan Howard of the local VFW Post who read the roll call of Gorham veterans who passed away this year. Members of the VFW post presented a rifle salute, Betty Rines played "Taps," and, to end the ceremony, Caswell introduced the St. Andrews Pipe and Drum Band which played "Amazing Grace."



The Gorham Republican Party rolled through town remembering our fallen veterans.



ated Great Falls Construction for over 25 years and are both lifelong residents of Gorham. Jon and Cindy met in seventh grade while attending Shaw Jr. High School, which is now the Gorham Municipal Center. They live in North Gorham and have five children: Courtney, 24; Julie, 23; Jacob, 21; and 19-year-old twins, Joseph and Colby.

The Smiths are no strangers to commercial properties in Gorham. They have bought a number of properties including 29 School Street, now home to Spire 29, Thatcher's and the Blue Pig; 2 Main Street, formerly home to Tinsel Bright; 17 Railroad Avenue, home to My-Fit-24 and the Gorham School of Music,

Continued on Page 2

Photo credit Stacy Sallinen

The Boy Scouts display patriotism through the flags.

DON'T FORGET TO VOTE ON SCHOOL BUDGET, TUESDAY, JUNE 9. FOR POLLING INFORMATION, SEE PAGE 3.

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NEWS FROM AUGUSTA STEM Professionals Integral to Maine

SEN. AMY VOLK

In today's world, the STEM subjects (science, technology, engineering, and mathematics) are increasingly important to success. As a member, and the current Chair, of the Legislature's Labor, Commerce, Research, and Economic Development Committee, I have heard over and over again about the importance of STEM for students, employers, and Maine's overall economic health, and considered many avenues by which we can increase the number of STEM graduates in Maine.

That is why this year I have submitted LD 1360, "An Act To Increase the Number of Science, Technology, Engineering and Mathematics Professionals in Maine."

The measure creates the Maine Science, Technology, Engineering and Mathematics Loan Program administered by the Finance Authority of Maine (FAME). Under the bill, loans with varying interest rates will be provided to participating students depending on their future employment: loans with zero percent interest rates will be available to students who remain in or return to Maine and work in the fields of science, computer science, technology, engineering and mathematics upon graduation; loans bearing an interest rate of five percent will be available to students who remain in or return

to Maine upon graduation but are not employed in the fields of science, computer science, technology, engineering and mathematics; and loans bearing an interest rate of eight percent annually will be available for students who live and work outside Maine upon graduation.

Currently, Maine has some of the highest amounts of student debt in the nation--about \$30,000 per graduate. Providing an incentive for students to study the majors that result in some of the highest paying jobs will help to lower the loan burden for our students while establishing a well-educated, skilled workforce. This bill encourages students to study the STEM fields, as well as to put what they have learned to use in Maine following graduation.

The Maine Department of Labor estimates the number of STEM jobs will rise nearly three times the rate for all occupations in the ten-year period from 2012-2022, or 6.5 percent. The expected increase in STEM jobs is projected to be 6,800 and will account for 46 percent of expected net job growth. A Georgetown University study found that 63 percent of workers with associate degrees in STEM fields earn more than those with bachelor's degrees in other areas. Approximately 65 percent of those with bachelor's in STEM fields earn more than those with master's degrees in other subjects,

re and 47 percent earn more than those with a Ph.D. in non-STEM fields. logy, We need to take action to

encourage our students to enter STEM fields. It will benefit them, and the state as a whole, for generations to come. We can ease the loan burden for future generations, and keep talented students in Maine all in one fell swoop with this bill.

Companies will be drawn to Maine for the skilled workforce, spurring our economy to grow. Students who are not held back by onerous debt and with high-paying jobs will have more money and be able to buy a home, car, and save money.

I am pleased to report that LD 1360 has already received unanimous support from the Legislature's Education Committee. The next step for the bill is votes in the Maine Senate and House.

As always, if you have thoughts about this legislation or any other matter before the Legislature, please get in touch with me at amy.volk@legislature.maine.gov or 229-5091.



(207) 229-5091, (800) 423-6900, amy.volk@legislature.maine.gov

Demolition of Eye Sore CONTINUED FROM PAGE 1

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16 Mechanic Street, now home to National Attachments, 20 Mechanic Street now home to the Smith's Great Falls Construction; 34 School Street now home to the Gorham Arts Alliance; 39 School Street now home to Children's Adventure Daycare. The Smiths also purchased the former White Rock School and converted it into apartments for people 55+. This is only a partial list of the properties they have purchased, but the pending demolition of their most recent acquisition, the long defunct Mobil Station on Main Street, has made citizens of Gorham very happy.

The Smiths are modest about their investments in Gorham commenting, "We feel as though we don't own them, we just act as the current stewards of the properties for a short time in the overall lifetime of the building."

Gorham Times

BRINGING THE NEWS TO ALL OF GORHAM PO Box 401, 77 South Street Gorham, Maine 04038 Phone and Fax: (207) 839-8390 gorhamtimes@gmail.com www.gorhamtimes.com The Gorham Times is a free volunteer-run community newspaper distributed every other Thursday to more than 100 pick-up sites throughout Gorham.

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Advertising and Copy Deadlines

Ad deadline is the Wednesday of the week prior to issue date. Go to www.gorhamtimes.com and click on the advertising link for schedule.

EDITORIAL POLICY

The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

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14th Annual Golf Scramble & Barbecue "Fore"



REGISTRATION IS NOW OPEN! Please join us on Friday, June 19, 2015 at the Gorham Country Club The Gorham Business Exchange and the Gorham Athletic Boosters are combining efforts to raise money and support scholarships and the Booster Program. Deadline to register: June 5, 2015 1 p.m. shotgun start

If you have any questions, please call David Willis at 839-3390 or visit our website at www.gorhambusiness.org.

around town

Jane Esty, principal at Great Falls Elementary School, will be stepping down at the end of this school year.

To raise money to build a firefighter memorial, the Gorham Fire Department will hold a spaghetti dinner on Saturday, June 13 from 4:30 to 7 p.m. at the Rec. Department. \$7 adult/\$5 children. FMI, Sharen Deering, 839-3941.

RHAM

NESS EXCHANGE

UPCOMING DEADLINES:

Ad Deadline	Publication	
June 10	June 18	
June 24	July 2	
July Break	Break	
July 22	July 30	
Aug 5	Aug 13	

WHERE ARE THEY NOW?

More Gorham Teachers and Support Staff

CHRIS CRAWFORD Staff Writer

Several people were inadvertently not included in the first installment highlighting teachers and staff who are currently working in the district who are also graduates of the Gorham School system. Here are a few more.

Dennis Crowe (GHS 1976) has been the technology director for the Town and Schools of Gorham since 2008. He is also an assistant coach for the GHS softball team. He received a Bachelor of Science in Elementary Education in 1981. He taught math at Arundel Middle School for four years, then taught middle school computer classes at Bonny Eagle for 13 years before becoming the technology director there.

Crowe, who lives in the Southwoods neighborhood in Gorham, is married and has two children. He said, "Gorham has changed a lot. Charlotte Millett School, where I went to grades kindergarten through three, doesn't exist anymore. Village School is a lot bigger. And Shaw School, where I went to seventh and eighth grade, is where my office now is."

Ann (Minard) Mallory (GHS 1978) is an education technician working in the Learning Lab at Great Falls school.

After working at Unum for 14 years, she started volunteering in Gorham Schools when her children were in kindergarten. She began subbing for Gorham schools in 2000 and took on a long-term sub special ed position at White Rock, which turned into full-time in 2001.

Mallory said, "I still live in Gorham with my husband, Darren Mallory [GHS 1980], and family. We live in the house I grew up in. I take care of my special needs brother, who is also a lifelong Gorham resident."

She added, "Gorham is a great town to grow up in. I am so pleased that my children have had a chance to grow up here as well. One of my girls currently lives in North Carolina, but she will always be a "Mainer" as her license plate states, and Gorham is truly where her heart is." According to Mallory, "The running joke in my family is that I went to White Rock School from kindergarten through sixth grade, I worked there as an adult and I just might have to live there at the beautiful new Perennial Place, before I find my final resting spot across the street at the White Rock Cemetery! I guess I'm one of those apples that doesn't fall too far from the tree."

Lisa (Dresser) Shiers (GHS 1985) has been an education technician in the autism program for the past five years and has also coached field hockey, girls' lacrosse, and the Special Olympics for Gorham for the past 11 years. She attended the University of Maine at Orono and then University of Southern Maine. Shiers said, "I have lived in Gorham since I was five years old and I still reside in Gorham, along with my husband, Darren [GHS 1979], and our four kids. Two of them have already graduated from Gorham: Jordan (2010), Cole (2013), Delaney (2015), and Hallie (2019) will follow."

Rhonda (Sampson) Perkins (GHS 1988) is administrative assistant at Great Falls Elementary. She graduated from USM in 1992 with a Bachelor of Science in Elementary Education. She taught for 10 years in MSAD 6, and then was a stay at home mom to her three boys. When her youngest started kindergarten, she was hired at Village School as an administrative secretary where she also substituted. When Great Falls opened, she was moved there. Perkins said, "I love my job and the students. Some days I miss being in the classroom but I still get to interact with parents, staff and students on a daily basis."

She and her husband Randy (GHS 1985) live in Gorham. Their oldest son, Riley (GHS 2013), is attending American University studying international relations. Their middle son, Taylor, is a junior at GHS, and their youngest son, Jordan, is in eighth grade at GMS. "The boys keep us busy, we have lots of lacrosse games to support, as well as musical performances and martial arts tournaments. We love to go on vacations. I also enjoy biking, reading, and spending time with family and friends," said Perkins.

If a teacher or employee in Gorbam Schools has been missed, please contact us at the email addresses below and we will be glad to include you in a later issue. Or if you or your son or daughter is a GHS grad, let us bear from you. Contact coshea2@maine. rr.com or ckck5@maine.rr.com

Free Clinic Gets Folks Moving



oto courtesy of Patsy Thompson Leavitt

Patsy Thompson Leavitt educates a patient on techniques for her "Exercise Prescription."

PATSY THOMPSON LEAVITT, DNP, FNP Volunteer Executive Director and Nurse Practitioner

"I don't know if I can do it." "I really want to exercise, but I don't know where to begin." "I don't have time!" "I can't afford to go to the gym."

Do any of these sound familiar? For most folks, getting out and exercising is a challenge. It is no different for the folks who come to Leavitt's Mill Free Health Center (LMFHC), but a new quality initiative has helped give them a "kick start" to improving their health.

The volunteer healthcare team at LMFHC is dedicated to helping patients with no medical insurance achieve a higher state of health. We know the evidence: regular physical activity improves heart health, slows the development of diabetes and other chronic diseases, reduces pain, and helps improve mood and brain function. Despite this knowledge, health care providers worldwide do not often "prescribe" exercise specifics to patients.

To tackle this gap, the health center has adopted the "Exercise Prescription." Volunteers are educated in specific exercise prescribing elements based on recommendations by the American College of Sports Medicine. An actual paper prescription is handed to the patient along with a helpful illustrated handbook and DVD (available free from the National Institute on Aging). The approach is low-tech since many patients have limited Internet connections and few have smartphones with apps. cific guidance can be given to help the patient achieve his or her own goals. We start with asking: "What would they like to do? Lose weight? Improve strength? Improve balance or endurance?" Then, specific ideas are mutually developed to come up with the prescription.

The prescription starts with "F" for Frequency. National guidelines (Healthy People 2020) call for adults to get two hours and 30 minutes of aerobic activity (walking, running, bicycling, swimming, etc.) per week. However, recent research has concluded that short sessions (as little as 10 minutes) of aerobic activity throughout the day are just as beneficial as longer sessions. Most people believe they can exercise for 10 minutes, so the "prescription" becomes adding 10 minutes of aerobic activity into the day, and gradually adding more sessions per day each week.

In coming issues, we will share ideas about the remaining FITT-PRO elements, recommendations from the experts, and ideas learned from the best teachers, the patients at LMFHC.

LMFHC, located in Bar Mills (Buxton), provides free medical and nursing care, prescription assistance, physical therapy, and dental care. Off-site services include pro-bono referrals for optometry, chiropractic care, and acupuncture. LMFHC is an educational site for nursing, social work and dental hygiene students. 40 volunteers provide health care and office support.

Want to increase your own activity while helping a good cause? Join us for our Annual Golf Classic, Thursday, August 20 at the Dutch Elm Golf Course in Arundel.

Fresh Produce • Seedlings Meats • Flowers & Herbs Breads & Pastries Specialty Foods Fiber Products • Soaps Cheese & Butter • Eggs Maple Syrup • Honey The exercise prescription uses a handy mnemonic, "FITT-PRO," to help guide the prescriber and the patient. "FITT-PRO" stands for: Frequency; Intensity; Type; Timing; and PROgression. In this way, spe-

Leavitt's Mill Free Health Center 63 Main St. Bar Mills, ME 04093 (207) 929-6455 www.leavittsmill.org or like us on Facebook

Gorham will vote June 9 on the school budget. Polling places will be open from 7 a.m. to 8 p.m. Gorham is comprised of two wards that are divided by physical address. If you do not know in which ward you are located, visit www. gorham-me.org and click "Voting Information" or call the Town Clerk's office at 222-1670.

Paging Dr. Google

DR. ROB LAVOIE

We have all done it. You type a symptom or two into the search bar and click. Dr. Google has the diagnosis you have been looking for. What is that rash? Why does my heel hurt? Why am I getting headaches? We live in a world of information and we want it now, especially when it comes to our health.

The amount of health and wellness information available on the Internet has expanded rapidly over the past few decades. I don't consider myself to be old but when I was in chiropractic school, we still relied on textbooks for answers. In today's world, with a few clicks, I can review just about any study or research article all without leaving my treatment room. So long, textbooks!

The same is true for today's patient who wants a quick diagnosis, a quick treatment and a quick return to their hectic life. A trip to the emergency room or local walk-in clinic can be frustrating, with at least a 15 minute wait, and many forms to complete. Wait, what year did I sprain my ankle? Do I still have my tonsils?

So what is left for the modern patient to do? Google! Patients want to be informed. We are in the middle of a paradigm shift where the lines between doctor and patient have been blurred. Because of the Internet, patients have a better understanding of health and how to achieve it. The Internet is full of information based on science, logic and centuries of

Only search trusted websites that

bave information from respected

experts in their fields of health.

clinical data. The problem is that the Internet is also full of misinformation based on nonscientific health studies, personal opinions

and outright falsehoods. Navigating through all this information and misinformation has become more of a challenge with blog websites and social media. Anybody with a keyboard and an opinion can say that the abdominal pain you have been feeling is cancer. Or maybe it is just indigestion. How do you know if the person giving free health advice is actually qualified to do so? Here are a few suggestions to help you navigate the web for health information.

Only search trusted websites that have information from respected experts in their fields of health.

Avoid lifestyle-type sites that only give the unqualified author's opin-

ion. These may include references and sources but information can be skewed and misleading. It is always best to go straight to the source.

Absolutely avoid blogs, forums, chat pages and social media websites. Remember, anyone with a

> keyboard can call it cancer or indigestion. These sites may provide comfort knowing others suffer from the same symptoms but often the infor-

mation has an emotional component that can lead to misinformation.

Search only for the information you are seeking. Be as specific as possible. Avoid spending too much time on the subject or continuing on to other maladies and diseases. Searching symptoms can cause more stress and anxiety, causing more harm to your health.

Consult your licensed health care provider. Among others, medical doctors, osteopaths and chiropractors have spent countless classroom hours studying not just the body's anatomy and physiology, but how all the different systems work together and how they respond to certain emotional, biochemical and physical factors. That annoying form you fill out in the waiting room actually serves a purpose. It helps the doctor understand your current and past health history so they may diagnosis and treat you the best way, specifically for you. You may find you are not having a heart problem rather it is just due to increased stress at home.

Above all, remember that your health and wellness is in a state of constant flux. Health can be achieved and destroyed, often at the same time. The emotional component of health is about a third of our total health. Being in a state of constant worry from Googling diseases that we think we might have, only serves to make matters worse. In my practice, patients constantly come to me with their own diagnosis, courtesy of "Dr. Google." While some may have diagnosed themselves correctly, others have been drastically misinformed. This can lead to prolonging care or seeking immediate care when the necessity is not there. Both scenarios tax the health care system and are not good for the patient's well being.



Robert Lavoie D.C. is the owner of Chiropractic & Massage Clinic of Gorham.



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MUNICIPAL

MAY 5, 2015 Town Council Report

JACOB ADAMS Staff Writer

The following items were presented or discussed at the May 5 Town Council meeting.

• David Cole reported that he presented Lori Thompson, a paramedic with the Gorham Fire Department, with a 10-year service pin.

• When the State adopts a new version of the Life Safety Code, the Town automatically adopts the same version that the State adopts. (7 yeas.)

• It was ordered, that the town approve the renewal of a liquor license for Aramark Educational Services located at USM, 37 College Ave. (7 yeas.)

• Town Council did not accept a bid to purchase the Town property at 10 Preble Street. (3 yeas, 4 nays; Roullard, Shepard, Phinney, Benner)

• The council endorsed the concept of developing the Ecomaine parcel of land on lower Main Street, which includes providing access to the Presumptscot River with parking, constructing public walking trails, revitalizing hay fields, reserving road frontage on Rt. 25 for a local farmers market and associated commercial uses that would pay local property taxes. (7 yeas.)

• Ordered that the Town Council appropriate \$1,425 from the Gorham Village Parking Improvements Reserve Fund to provide funds for road marking in Gorham Village as soon as possible. (7 yeas.) • Dick Carter resigned from the Board of Directors of the Gorham Economic Development Corporation. The Town Council expressed its sincere appreciation for the years of service provided by Dick Carter to the Town of Gorham. (7 yeas.)

• Ordered, that the Town Council accept an easement from Martins Point Health Care, Inc. on a 14.65-acre parcel of land behind their new medical building on lower Main Street for low impact outdoor recreation, like hiking, nature observation, picnicking, and education purposes. (7 yeas.)

• Ordered, that the Town Council ask the Ordinance Committee to review Gorham's Solid Waste Flow Control Ordinance to update, where appropriate and to add language that commercial dumpsters must be clearly marked with the name and phone number of the contractor who owns it. (7 yeas.)

• Town Council decided not to remove two recycling containers located behind the Public Safety Building and two recycling containers located at Public Works. The item was on the agenda due to the mess created by illegal dumping and blown material that requires constant maintenance, creating an expense for Gorham taxpayers. (7 nays; Roullard, Moulton, Shepard, Phinney, Benner, Robinson, Hartwell)

Complete minutes are available on the town's website at www.gorhamme.org.



O'Donal's has it all!

W I IO II I III I

Garden

Gorham Officer Graduates with Honors from Criminal Justice Academy



Photo courtesy of the Gorham Police Departmen

Nathan Therriault joined the Gorham Police Department in June of 2014. After successfully completing Gorham's Field Training Program, he attended the Maine Criminal Justice Academy 18-week training program and is now a fully certified law enforcement officer for the State of Maine. Therriault was elected class vice president and received three awards from the Academy: Combined Skills Proficiency Award, Professionalism Proficiency Award and Firearms Proficiency Award. Pictured at the graduation are Detective Steven Rappolld, Interim Chief Christopher Sanborn, Officer Nathan Therriault, Officer Ted Hatch, and Officer Stephen Hinkley.

Real Estate Transfers January 2015

Location 166 South Street 73 State Street 102 Dow Road 3 Lacey's Way 6 Stage Coach Lane 21 Van Vliet Drive 163 Libby Avenue 13 Brydon Lane 1 Ledge Hill Buyer Spera, Emily Duguay, Danielle Tobin, Michael McDowell, Andrew CR Peffer Gen. Contractor Shaw, Patsy Baker, Lauren Humiston, Steven Eldridge, James Jr.

Price Seller Bramblewood, LLC \$255,000 Ernest, Emily \$175,000 Hamilton, Victoria \$225.000 D. A. Brackett, & Co. Inc \$258,000 Little River Properties, LLC \$95,000 Mercier, Norman & Carol \$23,000 Humiston, Steven \$219,000 Morrill, Deven & Johnson, Melissa \$209,900 Finlay, Maureen \$380,500

PUBLIC NOTICE OF INTENT TO FILE

Please take notice that **Gorham Sand & Gravel, Inc., 939 Parker Farm Road, Buxton, Maine (207) 839-2442** is intending to file an application with the Maine Department of Environmental Protection (DEP) on or about **5-28-2015** (estimated submittal date) pursuant to the provisions of 38 M.R.S.A., Section 1301 et seq. and 06-096 CMR Chapter 400 et seq.

The application is for Beneficial use dredge material from bridge project. The material is a sandy till meeting all Maine DEP testing requirements. Material will be used to stabilize gravel pit slopes to increase site safety in conjunction with Maine DEP best management practices.

Project location: 159 Mighty Street, Gorham, ME

Owned by: Jack Gordon

Operated by: Gorham Sand & Gravel

According to Department regulations, interested parties must be publicly notified, written comments invited, and if justified, an opportunity for public hearing given. A request for a public hearing, or that the Board of Environmental Protection assume jurisdiction of the application, must be received by the Department, in writing, no later than 20 days after the application is accepted by the Department as complete for processing.

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6 County Road Gorham, Maine 207-839-4262 www.odonalsnurseries.com The application and supporting documentation are available for review at the Bureau of Remediation and Waste Management (BRWM) at the appropriate DEP regional office, during normal working hours. A copy of the application and supporting documentation may also be seen at the municipal office in Gorham, Maine.

Send all correspondence to: Maine Department of Environmental Protection, Bureau of Remediation and Waste Management, 17 State House Station, Augusta, Maine 04333-0017 (207-287-2651 or 1-800-452-1942), or to the appropriate regional office, if known.

Senior Scholarship Night - May 26, 2015

CLASS OFFICERS:

Muhammad Khan - President Megan Bennett - Vice President Kiana Plumer - Secretary Emily Lewis - Treasurer

VALEDICTORIAN & SUMMA CUM LAUDE: Douglas Beahm

SALUTATORIAN & Magna cum laude: Ashley Woodbury

MAGNA CUM LAUDE: Jessalyn Bergeron

Christian "Bailey" Daigle Margaret Donohue John Ennis Gregory Farrington Caitlyn Hawxwell Elizabeth Kane Emily Lewis Thomas Susi Andrew York

CUM LAUDE:

Megan Bennett Kristin Benson Ryan Bertin Isabelle Grant Cole Houghton Sean Luce Jeffrey McNally Brendan Mercier Blanca Monsen **Emily Peterson** Julie Pike Margaret Shields Abigail Sladen Timothy Sposato Andrea Stemm Katherine Stickney

NATIONAL HONOR SOCIETY-

OFFICERS: John Ennis - President Emily Lewis – Vice President Jeffrey McNally – Treasurer Kiana Plumer - Secretary

NATIONAL HONOR SOCIETY:

Ashley Aceto Megan Bennett Kristin Benson Ryan Bertin Krista Boylen Darcie Brown GraceAnn Burns Emma Christakis

Christian "Bailey" Daigle Margaret Donohue Isabelle Grant Abigail Hamilton Meghan Hanley Beniamin Hincher Cole Houghton Andrew Johnson Maxwell Johnson Elizabeth Kane Muhammad Khan Jessica Labrecque Zoe Mattingly Brendan Mercier Zachary Mills Blanca Monsen Thomas Pequinot Emily Peterson Sarah Plourde Mikayla Richman Nathan Roberts Spencer Ruda Margaret Shields Charlotte Smith Julia Smith Andrea Stemm Katherine Stickney Michael Susi Thomas Susi Kenneth Tuttle Jordan Ward Michaela Williams Ashley Woodbury Andrew York

SPANISH HONOR SOCIETY:

Douglas Beahm Kristin Benson Nathan Harvey Caitlyn Hawxwell Benjamin Hincher Katherine Hopkins Cole Houghton Andrew Johnson Emilv Lewis Sean Luce Brendan Mercier Blanca Monsen Nathan Roberts Margaret Shields Julia Smith Kenneth Tuttle

STUDENT COUNCIL CORDS:

Megan Bennett Meghan Hanley Benjamin Hincher Matthew Hooker Katherine Hopkins Muhammad Khan Jessica Labrecque Emily Peterson Katherine Stoddard Kenneth Tuttle

STUDENT COUNCIL SCHOLARSHIP: Margaret Donohue Beniamin Hincher

Muhammad Khan Emily Peterson Mikayla Richman Thomas Susi

KEY CLUB: Megan Baker Krista Boylen Katherine Hopkins Muhammad Khan

Brooke Leeman Emily Lewis Joseph Maloy Savannah Petrin Spencer Ruda Eden Runyon-Baruch Michael Susi Thomas Susi Abraham Wiblin

KEY CLUB SCHOLARSHIP: Emily Lewis Eden Runyon-Baruch

KIWANIS CLUB OF PORTLAND SCHOLARSHIP: Krista Boylen

INTERNATIONAL THESPIAN SCHOLAR MEMBERS: GraceAnn Burns Christian "Bailey" Daigle Brendan Kellv Jeffrey McNally Allison Sinnett Katherine Stickney Andrew York

DREAM FACTORY CORDS: MacKenzie Bowers Margaret Donohue Katherine Hopkins Emily Lewis Blanca Monsen Mikavla Richman Eden Runyon-Baruch

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BERTHA BRIDGES WILLIS & RALPH "RUSTY" WILLIS SCHOLARSHIP: Daniel Thompson

ANN MASON-OSANN MEMORIAL SCHOLARSHIP: Katherine Stickney

STEPHEN GORDON WARD MEMORIAL SCHOLARSHIP: Abigail Hamiltor

DANA ALLEN MEMORIAL SCHOLARSHIP: Tyler Bernaiche

MADOLYN H. QUINLAN MEMORIAL SCHOLARSHIP: Olivia Owens

GORHAM WOMAN'S CLUB IN MEMORY OF: Frances Meserve Cotton: Ashlev Aceto Elizabeth Fox: Julia Gaudette Lena Day: Daniel Thompson

EDWARD A. TABER MEMORIAL SCHOLARSHIP: **Emily Peterson**

GWENDOLEN FLANAGAN SCHOLARSHIP: Elizabeth Kane Abigail Sladen

DAWN YORK MEMORIAL SCHOLARSHIP: Andrew York

TIMOTHY STICKNEY MEMORIAL SCHOLARSHIP: Charlotte Smith

SCHOLARSHIP: Alexis Mille

SCHOLARSHIP: Darcie Brown Kenneth Tuttle

GORHAM SAVINGS BANK SCHOLARSHIP IN MEMORY OF CARROLL WENTWORTH: Ashlev Woodburv

D. BRENDA CALDWELL/GORHAM SAVINGS BANK SCHOLARSHIP: John Ennis

JOHN D. PHINNEY/GORHAM SAVINGS BANK SCHOLARSHIP: Douglas Beahm

WESTBROOK-GORHAM ROTARY CLUB MOST IMPROVED: Erika Dvilinskv

GORHAM BUSINESS & CIVIC EXCHANGE VIRGINIA WILDER CROSS BUSINESS AWARD: Cole Houghton

GORHAM BUSINESS & CIVIC EXCHANGE VIRGINIA WILDER CROSS CIVIC AWARD: Muhammad Khan

WILLIS REAL ESTATE-DIRIGO AWARD: Zachary Mills

GORHAM TIMES SCHOLARSHIP: Megan Bennett Emily Lewis

GORHAM TIMES - MARTHA T.

GORHAM HIGH SCHOOL ALUMNI ASSOCIATION SCHOLARSHIP: Kavli-Susan Leavitt

GORHAM PUBLIC SAFETY-GUNS & HOSES SCHOLARSHIP: Whitney Emerson Anna Grant Alyssa Theriault

ERNIE HAWKES MEMORIAL SCHOLARSHIP: Maxwell Johnson

DENNIS HAWKES MEMORIAL SCHOLARSHIP: Daniel Thompson

WILEY P. CHANDLER MEMORIAL SCHOLARSHIP: Julia Gaudette

JOHN N. REED MEMORIAL SCHOLARSHIP: Christian "Bailey" Daigle

GORHAM HISTORICAL SOCIETY: essica Labrecque

GORHAM TEACHERS ASSOCIATION: Matthew Bennett MacKenzie Bowers Whitney Emerson Gregory Farrington Zachary Mills Alvssa Theriault Lexis Trafton Andrew York

GORHAM HIGH SCHOOL THEATRE SCHOLARSHIP: GraceAnn Burns

GORHAM HOUSE SCHOLARSHIP: Savanna Petrin John Ennis

WHITE ROCK FRIENDSHIP CLUB: Anna Grant

CASCO FEDERAL CREDIT UNION SCHOLARSHIP: Gabrielle Burke

GORHAM LIONS CLUB ED JOHNSON MEMORIAL: Julie Pike

HARRY SHEVIS MEMORIAL SCHOLARSHIP: Rvan Bertin

CHARLES C. SHAW SCHOLARSHIP: Anna Bari

FRANCES H. BOOTHBY SCHOLARSHIP: Andrew Johnson

WATSON FAMILY TRUST: Isabelle Grant

EARLY COLLEGE FOR ME SCHOLARSHIP: McKenze Coyne Megan Walls

MALCOLM SMITH MEMORIAL SCHOLARSHIP: Michael Susi

BECKY HARDY PHILBRICK SCHOLARSHIP: Darcie Brown Nathan Roberts

BOB GRANT MEMORIAL SCHOLARSHIP: Anna Grant

MOODY'S COLLISION CENTERS SCHOLARSHIP: David Nagy

GORHAM HOUSE OF PIZZA SCHOLARSHIP - IN MEMORY OF AL EDWARDS: Emma Christakis

GORHAM HOUSE OF PIZZA SCHOLARSHIP - IN MEMORY OF DANA ALLEN, JOHN REED, MARTHA

GHS RAM SCHOLARSHIP: Sarah Buotte Amanda Butler Jacob Clark Kaitlyn Curley Griffin Germond Meghan Hanley Caitlyn Hawxwell Erika Heddesheimer Sydney Hobart Katherine Hopkins Evan Johnson Aliza Jordan Sean Luce Zoe Mattingly Jeffrey McNally Timothy O'Neill Sarah Plourde Kiana Plumer Cody Rioux Alicia Robinson Spencer Ruda Andrew Schmidt Margaret Shields Delaney Shiers Andrea Stemm Jacob Sturgis Nicholas Thibeault Beniamin Thompson Jordan Ward

SIGMA IOTA SIGMA SCHOLARSHIP: Darcie Browr

SOKOKIS RIDERS SNOWMOBILE CLUB SCHOLARSHIP: Megan Baker

SOUTHWESTERN MAINE SWIM **OFFICIALS SCHOLARSHIP:** Timothy Sposato

DAR GOOD CITIZEN AWARD SCHOLARSHIP: Andrew York

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U.S. MARINE CORP – SEMPER FIDELIS AWARD FOR MUSICAL EXCELLENCE: Katherine Stickney Gregory Farrington

WESTBROOK REGIONAL VOCATIONAL **CENTER AWARDS:**

WRVC-Outstanding Student by Sending School: Emily Peterson

WRVC-Outstanding Student by Program: William Bessette – Automotives Jordan Buzzell – Building Trades David Nagy - Heavy Equipment Operation

WRVC-Westbrook-Gorham Rotary Scholarship: Alexis Mille

WRVC-Westbrook-Gorham Rotary Toolship: Jordan Buzzell

IDEXX Scholarship: Emily Peterson

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GHS Academic Awards

SPECIAL AWARDS

Sydney Stultz, Smith College Book Award Joseph Moutinho, Harvard College Book Award Jordanne Mercier, Wellesley Book Award Kayleigh Bettencourt, Yale Book Award Robert Campbell, Williams College Book Award Ciara Stillson, Society of Women Engineers Benjamin Bradshaw, Phi Beta Kappa Assn of Maine Anna Smith, RIT Computing Medal Coleman Dowdle, RIT Computing Medal Molly vanLuling, RIT Creativity & Innovation Award Taylor Perkins, RIT Creativity & Innovation Award Calvin Riiska, Rensselaer Medal Award

SPECIAL RECOGNITION (SPEC ED / ELL) Hugo Santos, Outstanding ELL Student

Jonathon Gray, Triumph Award Mercedes Sacco, Triumph Award Frederikke Mumm. Presentation of American Flag Silas Pedersen, Presentation of American Flag Ziyue (Claire) Zhu, Presentation of American Flag Alvan Ong, Presentation of American Flag

PERFECT ATTENDANCE

Travis Emerson, Perfect Attendance 2014-15 Lucas Gowen, Perfect Attendance 2014-15 Brooke Greatorex, Perfect Attendance 2014-15 Mia Guimond, Perfect Attendance 2013-15 Branden Kuusela, Perfect Attendance 2014-15 Jeffrey McNally, Perfect Attendance 2009-15 Jordanne Mercier, Perfect Attendance 2014-15 Taylor Perkins, Perfect Attendance 2014-15 Alexander Pierce, Perfect Attendance 2013-15 Alexandra Stresser, Perfect Attendance 2014-15 Benjamin Thompson, Perfect Attendance 2013-15 Molly vanLuling, Perfect Attendance 2013-15 Simeon Willey, Perfect Attendance 2014-15

PHYS ED

Travis Emerson, Excellence in Physical Education Abigail vanLuling, Excellence in Physical Education

HEALTH

Allison Bunker, Excellence in Health Julia Roy, Excellence in Health

ENGLISH

Joshua Rowe, Book Presented Nathaniel Hotham, Book Presented Marie Walton, Book Presented Codie Deering, Book Presented Kenneth Richard, Book Presented Georgia Baber, Book Presented

Elizabeth Lemieux, Book Presented Kayla St. Amand, Book Presented Nicole Couillard, Book Presented Molly vanLuling, Book Presented Nicholas Miller, Book Presented Alicia Robinson, Book Presented Elizabeth Kane, Book Presented Douglas Beahm, Book Presented Mallory Campbell, Book Presented Muhammad Khan, Book Presented Rosemary Wood, Maine Humanities Council "Letters About Literature" Award

SOCIAL STUDIES

Sierra Lumbert. Book Presented Julia Plante, Book Presented Thomas Macomber, Book Presented Coleman Dowdle, Book Presented Hannah LeBlanc, Book Presented Brendan Mercier, Book Presented Krista Boylen, Book Presented Margaret Donohue, Book Presented Nathan Harvey, Book Presented Benjamin Hincher, Book Presented Muhammad Khan, Book Presented

MUSIC

Elsa Alexandrin, MMEA All-State Music Festival 2015 Anna Barr, MMEA All-State Music Festival 2015 GraceAnn Burns, MMEA All-State Music Festival 2015 Noelle DiBiase, MMEA All-State Music Festival 2015 Esther Eaton, MMEA All-State Music Festival 2015 Eleanor Feinberg, MMEA All-State Music Festival 2015 Madeline Joyal-Myers, MMEA All-State Music Festival 2015 Miles Obrey, MMEA All-State Music Festival 2015 Alexander Pierce, MMEA All-State Music Festival 2015 Dorothy Stickney, MMEA All-State Music Festival 2015 Katherine Stickney, MMEA All-State Music Festival 2015 Jessica Labrecque, John Philip Sousa Award 2015 Gregory Farrington, Louis Armstrong Jazz Award 2015 Katherine Stickney, National School Choral Award 2015 GraceAnn Burns, Fred Waring Director's Award for Chorus 2015

Anna Barr, Fred Waring Director's Award for Chorus 2015

SCIENCE

Aaron Farr. Excellence in Earth Space Science Claire Valentine, Excellence in Earth Space Science Alexander Ousback, Excellence in Earth Space Science Sean Glasgow, Excellence in Biology Thomas Matthews, Excellence in Advanced Biology Douglas Beahm, Excellence in AP Biology Jordanne Mercier, Excellence in Chemistry

Anna Smith, Excellence in Advanced Chemistry Douglas Beahm, Excellence in AP Chemistry Sarah Plourde, Excellence in Physics Ryan Bertin, Excellence in Advanced Physics Calvin Riiska, Excellence in AP Physics Cady Houghton, Excellence in AP Environmental Science Ashley Woodbury, Excellence in Anatomy and Physiology Douglas Beahm, 4-Year Outstanding Achievement in Science

WORLD LANGUAGES

Abigail vanLuling, Book Presented Samuel Roussel, Book Presented Benjamin Bradshaw, Book Presented Elizabeth Kane, Book Presented Tanja Kasjanov, Book Presented Rebekah Hall, Book Presented Tyler Bernier, Book Presented Margaret Donohue, Book Presented Aaron Farr, Book Presented Ethan Orach, Book Presented Molly vanLuling, Book Presented Douglas Beahm, Book Presented Alexander Ousback, Book Presented

MATH

Breana Verrill, Excellence in Algebra 1 Eduard Klyuchka, Excellence in Algebra 1 Advanced Sarah Lorello, Excellence in Geometry Aaron Farr, Excellence in Geometry Advanced Haley Tetreault-Kellett, Excellence in Algebra 2 Mary Adams, Excellence in Algebra 2 Advanced Sean Luce, Excellence in Pre-Calculus Samuel Roussel, Excellence in Pre-Calculus Advanced Samuel Kilborn, Excellence in Financial Algebra Gregory Farrington, Excellence in Financial Algebra Advanced Catherine Becker, Excellence in Calculus Coleman Dowdle, Excellence in AP Calculus Sarah Plourde, Excellence in Statistics Abigail Sladen, Excellence in AP Statistics

Douglas Beahm, 4-Year Award in Mathematics Coleman Dowdle, Math Team Top Scorer

TECHNOLOGY

Jason Nagy, Excellence in Pre-Engineering Ryan Firmin, Excellence in Architectural Drawing Molly vanLuling, Excellence in Technology Abigail vanLuling, Excellence in Technology Alexander Ousback, Excellence in Graphic Communications

Lindsey Caron, Excellence in "Back to Basics"

SCHOOL COMMITTEE REPORT

MAY 3, 2015

Reclassification for Basketball puts Gorham in **Class AA**

KATHY CORBETT Staff Writer

The School Committee met on May 13 with all members except Tim Burns in attendance.

Superintendent Ted Sharp announced that U.S. News and World Report cited Gorham High School as one of the 17 best high schools in Maine.

He commended Rosie Wood, a GHS student, for being the first place winner in the state of Maine high school division of the Letters About Literature contest

GHS students, led by Darcie Brown and Charlotte Smith, participated in the Portland MS Walk and raised over \$1,400 for the MS Society.

Darryl Wright reported on the successful eighth grade trip to Washington

CONTINUED ON PAGE 11

Gorham Times Scholarship Winners

Julie Pike was the recipient of the Gorham **Times Martha** T. Harris Memorial Scholarship. Pike began volunteering with the Times in 2012. She gra-

Photo credit Tim Plume

Julie Pike

ciously took on many roles, including distributing the paper, interviewing community members, writing numerous articles, and photographing several events. Harris helped start the Gorham Times in 1995 and was the senior photographer for 18 years. She passed away suddenly in 2013.

Megan Bennett and Emily Lewis were named the recipients of the Gorham Times Scholarship. Both Bennett and Lewis began interning with

> the Times as sophomores in the fall of 2013. They accepted assignments with smiles and a cando attitude.

endeavors!

The Gorham Times wishes these graduates much success in their future



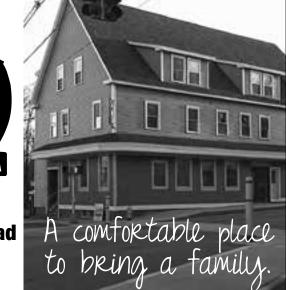
Megan Bennett

Photograph



Photo credit Elisabeth Lewis Emily Lewis





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SCHOOL

GHS Holds Inaugural Unity and Diversity Day



Amna Bashir (left) and Meagan Bitarho (right) present during a session on National Origin, Ethnicity, Race and Religion as part of Unity and Diversity Day at GHS.

KATHY CORBETT Staff Writer

Gorham High School (GHS) ninth and tenth graders spent the morning of May 13 exploring diversity in themselves and in their school community at the first program of its kind – Unity and Diversity Day.

"We can't pretend everyone is the same," said Brandon Baldwin, who works with 150 Maine schools as head of the state Civil Rights Team Project. "We want to be together, but not the same."

To provide an opportunity for greater understanding and appreciation of diversity, the GHS Civil Rights Team and their advisor, social studies teacher Rachel Grady, asked classmates, teachers, and outside experts to engage students in discussions of difference, ranging from gender identity to ethnicity.

From members of LBGT organizations, students learned that gender

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Robotics Team Participates in Missouri Championship

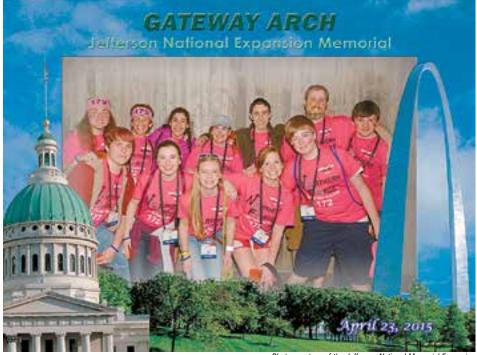


Photo courtesy of the Jefferson National Memorial Expansion

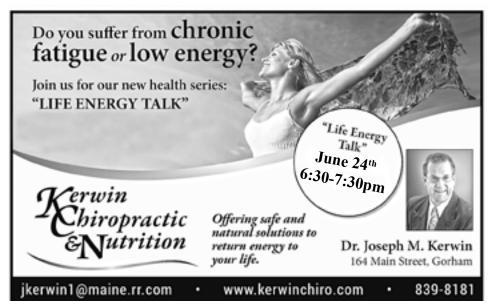
The FIRST (acronym for Inspiration and Recognition of Science and Technology) Northern Force Robotics Team 172 (Gorham and Falmouth) participated in the FIRST Championship in St. Louis, MO in April with their robot Falgor. There were 39 countries involved, with 900 teams present, and the FalGor team advanced to the semi-finals with the eighth ranked robot "alliance" within their division. FIRST is a unique Varsity Sport for the Mind[™] designed to help high-school-aged students discover how interesting and rewarding the lives of engineers and scientists can be. Over 16 mentors assist the students during a six-week build period. Pictured in the front row (left to right) are: Max Neff, Amelia Ring, Bridget Luce, Morgan Allen, and Nick Land. Back row: Lucas Bryant, Tavish McDaniel, Juliana Baranowski, Nicole Sturgis (mentor), Simeon Willey, Ron Willey (mentor), and Julian Wiley.

Supermarket Helps High School

For the fourth year in a row, the Gorham Hannaford Supermarket recently presented Gorham High School with a \$1,000 check through the Hannaford Helps Schools Program. Under this program, customers received three "school dollars" (equivalent to cash) for every four participating products purchased. This year's program involved more than 25 brands and 750 products. GHS raised the most money in the community and received the \$1,000 on top of the \$336 initially made by customers turning in 112 three-dollar coupons. The school plans to use this money to enhance the climate of GHS. In the past, the money has been used to help buy RAM Pride t-shirts, pay for citizenship celebrations, offer popsicles to students when the building gets over 90 degrees, and fund a variety of other events. Pictured is Tim Perry, store manager of the Gorham Hannaford, and one of the High School's assistant principals, Kim Slipp.



Photo credit Debbie Stirling



First Annual Julie P. Burnheimer Memorial Golf Tournament

JEFF PIKE, Sports Editor

The family of Julie Burnheimer, who passed away in August 2014 after a year-long fight with cancer, is honoring her memory by hosting a golf tournament July 18 at the Gorham Country Club. The proceeds will help fight cancer via the Boston Marathon Jimmy Fund Walk. The Burnheimer family is also considering a possible scholarship for GHS students.

A long-time resident of Gorham, Julie loved the Gorham community and was a strong supporter of GHS sports teams while also helping the Gorham Times as a member of the distribution team. "We first thought of hosting the tournament last September after our family participated in the Jimmy Fund Walk in memory of Julie," says Scott Burnheimer, Julie's husband. "We were part of a team that also included close to 30 people from Gorham. Where Julie loved sports and the community, we felt a golf tournament was a great way to bring everyone together again."

Julie and Scott's son, John, had participated in the Jimmy Fund Walk previously with Jason Kroot in memory of his parents. Kroot, who grew up in Yarmouth, met John while they attended Bentley College. The rest of the Burnheimer children--Eric, Ryan and Sara--joined in last September in memory of Julie. The "Burnheimer Strong" team raised \$8,000 and was part of a larger team walking in memory of loved ones that raised \$80,000.

"The Jimmy Fund holds many tournaments in Massachusetts, but we are among the first to host one in Maine," Scott says. "We hope to keep our efforts in both the walk and the



Julie Burnheimer

golf tournament going each year for as long as we can. The Jimmy Fund is a great cause in the fight against cancer."

The shot-gun golf tournament starts at 8:30 a.m. The tournament features a four-person scramble format and a putting contest as well as longest-drive and closest-to-thepin contests. Participants may also purchase mulligan and 50/50 raffle tickets. Prizes will be offered to the first-place low gross team as well as the first, second and third-place low net teams.

A memorial board will be posted near the first tee for individuals and families to recognize those who have been lost to cancer. After the tournament, the Burnheimer family will host a cookout.

The entry fee is \$75 per player, and sponsorship opportunities are also available. The Burnheimer family has established a nonprofit entity in Julie's memory, so all contributions are tax deductible. To sign up or for more information, email jpbgolfmemorial@gmail.com or call Scott at 839-6639.

GHS Softball Proves No Need for PA System



Photo credit Stacie Leavit

Many high school varsity sporting events start with the national anthem presented over the public address system. This spring, however, the public address system at Robie Field was not available for the home games of the GHS softball team. But this did not deter the players! At their first home game, the girls made a snap decision to sing the national anthem as a team. The team then began practicing during team dinners and created their own "arrangement." The arrangement included a solo, harmony and a high B flat punctuated the end, sung by Noelle "Doodle" DiBiase. The team turned the singing of the national anthem into a regular home-game ritual and is fortunate to have several members of Gorham's fantastic choral groups, including chorus member Kali Perry and chamber singers "Doodle" DiBiase, Abby Flint, and Katie Bertin supporting the team's effort. Pictured above from left to right singing the national anthem at a recent home game are Head Coach Steve Martin, Assistant Coach Dennis Crowe, Assistant Coach Renee Thibodeau, Emma Niles, Lindsey Wilcox, Kali Perry, Noelle DiBiase, Katie Bertin, Grace McGouldrick, Shayla Harris, Carli Labrecque, Emily Murray, Moira Corbett, Julia Gaudette, Kayli Leavitt, Renee Deering, Manager Nicole Couillard and Assistant Coach Brad Young.

GHS Spring Sports Spotlight

Compiled by Jeff Pike Sports Editor

Girls' Track: The team finished the regular season 9-3 and fourth in the Cumberland County Championships where Anna Slager won the 3200 meters and Hayley Bickford won the 1600-meter racewalk. Slager was also undefeated in the 1600 and the 3200 meters, where was ranked #1 in the state. At the Freshmen Invitational hosted by GHS, Slager won the 1600 meters and Alexis Fotter won the 100 and 300 meter hurdles while the sprint medley team of Maddie Rossignol, Bridget Rossignol, Fotter and Slager also won. Other winners were Bridget Rossignol in the pole vault and Bickford in the 1600-meter racewalk. **Boys' Track:** The Rams closed out the regular season 9-2 and finished fifth in the Cumberland County Championships where Drew York, Sean Pratt and Spencer Linscott finished 1-2-3 in the 1600-meter racewalk. York is undefeated in this event and broke his own school record. He is also the number one racewalker in the state. At the Freshmen Invitational hosted by GHS, Alex Ousback won the 300-meter hurdles while Carlos Monsen won the 1600-meter racewalk

Girls' Lacrosse: The Rams were 6-4 and ranked fifth in Western Maine Class A. Individual highlights included Athena Pappalardo (7 ground balls and 3 caused turnovers vs. Noble) who also shared the team lead for

CONTINUED ON PAGE 11

Gorham Sightings

Do you know where in Gorham this photo was taken? Join our visual trivia discussion by entering your best guess on our Facebook page at www. facebook.com/gorhamtimes or email us at gorhamtimes@gmail.





com. The May 7, 2015 edition featured the front porch of the president's house at USM.



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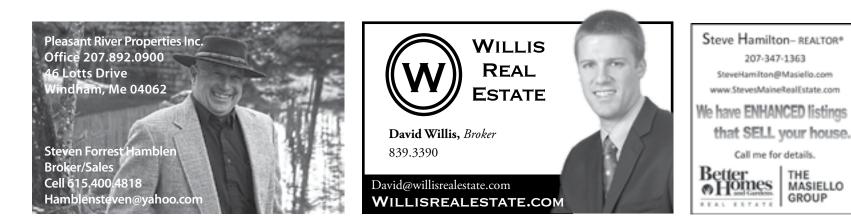


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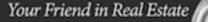


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GHS Highlights CONTINUED FROM PAGE 9

ground ball (17) with Jen Darasz. Mackenzie Collins led the offense with 28 goals while followed by Marina Pappalardo with 23. Emma Smith has been force at midfield with 26 draw controls.

Baseball: Andrew Schmidt was leading the offense with .421 batting average and seven RBI. Sam Kilborn pitched a complete game in a 5-1 win at Sanford while Logan Drouin hurled a complete game, extra-inning, hardluck loss (2-1) versus Deering at Hadlock Field. Michael Chapin pitched 7+ innings in 5-4 win over Massabesic with help from Jackson Taylor, who struck out all three batters he faced in relief with the go-ahead run in scoring position. Chapin also singled in the winning, walk-off run.

Girls' Tennis: The Rams ended the regular season 9-3 and ranked sixth in Western Maine Class A. Jenna Cowan went 11-1 in singles matches while Sarah Plourde and Renae Staples were 7-0 as doubles partners. Plourde also teamed up with Charlotte Smith to advance to the guarterfinals of the SMAA

double tournament.

Boys' Tennis: The team finished the regular season 7-5, ranked eighth in Western Maine Class A. Thomas Brent qualified for the state singles tournament while Nate Roberts and Connor White lost in the guarterfinal round to the eventual champions in the SMAA doubles tourney.

Softball: The Rams record stood at 7-8 with a ninth-place ranking in Western Maine Class A. Noelle DiBiase hit a solo home run vs. Windham while Grace McGouldrick hit a tworun home run vs. Portland. Lindsay Wilcox was leading in batting average (.400) while Shayla Harris had 12 RBI and McGouldrick had scored 16 runs.

Boys' Lacrosse: Mike Susi received Player of the Week Honorable Mention from the Portland Press Herald for scoring seven goals in a 9-7 win over Westbrook followed by two goals in an 8-3 loss to Scarborough. The Rams were 8-2 and ranked fifth in Western Maine Class A.

Unity and Diversity Day CONTINUED FROM PAGE 8

identity is not the same as sexual orientation. Not everyone, for example, identifies as a "he" or a "she." Devin Eiskamp, a GHS graduate, talked about the different pronouns people might use for themselves. By not making assumptions about people and by honoring their choices, we learn to talk with and respect each other.

During the session on mental and physical disabilities, students were asked to suggest behaviors that might indicate depression in a classmate, then participated in a discussion of appropriate responses.

Lisa Bird from Special Olympics explained that intellectual disabilities are identified in childhood. Those students often receive additional help when they are members of the school community. Students also engaged in small group activities to give them a better understanding of people with a

from Catholic Charities of Maine talked about the daunting challenges that immigrants face in a new country and a new school. She dispelled some information that creates barriers to understanding; for example, the erroneous belief that the government gives cars to new immigrants.

Three GHS students who emigrated from African countries also spoke. While they continue to adapt to life in Gorham, they and their families work to retain their ethnic culture through language, food, and community events.

Humza Khan, GHS senior class president and a Muslim immigrant from Pakistan, explained the history, beliefs, and practices of Islam. There is much diversity within Islam, a religion practiced by 1.6 billion people spread over large areas of the world. Many of these differences, he said, are related to the cultures of the countries in which Muslims live.

GHS students about his religion better." His reason for participating in Unity and Diversity Day summed up

School Committee Report

CONTINUED FROM PAGE 7

D.C. He thanked the teachers and parents who accompanied the students for their good job and stamina during four days crammed full of activities and long bus rides.

Tim Spear, GHS athletic director, reviewed the athletic program for the past school year. Twenty-five varsity sports drew 850 athletes, with many participating in more than one. However, 456 individual students-more than half the student body-played at least one sport. He announced that the state reclassification for basketball will put Gorham in Class AA, which consists of the Maine schools with the largest enrollments. Gorham will have the smallest enrollment of all the schools within Class AA.

In other business, the School Committee voted 6-0 to accept the recommendations of the Policy Committee on school policies under review for action, with the exception of the policy on Professional Staff Leave and Absences. While voicing support for broadening the leave policy for professional staff to include sabbaticals, the committee was unsure whether or not this would be the right way to offer this benefit since teacher's sabbatical leaves are covered in their union contract. They voted 6-0 to send this policy back to committee for clarification.

The committee also voted 6-0 to move probationary teachers to the next step, to appoint Cynthia Remick principal of Narragansett School, and to extend the appointment of the district's other school principals as required by state law.

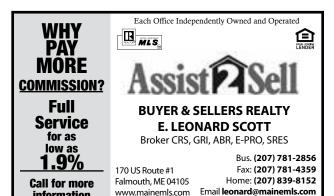


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COMMUNITY

GRADUATIONS

Connor Bell, University of New Hampshire, B.S. Biomedical Science, Medical Microbiology Option. Cum Laude

Chelsea Black, Saint Joseph's College, B.S. Exercise Science - Exercise Specialist Katherine Bennett, University of Maine Farmington, B.S. Special Education Whitney Chamberlain, University of New Hampshire, M.S. Civil Engineering Adrian Copeland, Colby-Sawyer College, B.A. Creative Writing, Summa Cum Laude Austin Hayes, University of Maine Farmington, B.A. Visual and Performing Arts Emily Kurz, University of New Hampshire, B.A. Psychology **Conor Kirby**, University of Maine Farmington, B.A. Biology Aaron LaPorte, Lasell College, B.S. Marketing Rebecca Morin, Huntington University, B.A. History Samantha Peters, Saint Joseph's College, B.S. Nursing Kara Sarver, University of New Hampshire, M.S. Plant Biology Joseph Savino, Saint Joseph's College, B.S. Business Administration - Management Erica Staab, Saint Joseph's College, B.A. History Ryan Weed, USM, B.A. Media Studies, Magna Cum Laude and Russell Scholar Colleen Ward, University of Maine Farmington, B.S. Community Health Education Michael Wing, Bryant University, B.S. Business Administration in Finance, Cum Laude

Jennifer Stoudt (GHS '08), pictured at right, graduated from Brown University with a Master of Arts degree in Urban Education Policy. She is the daughter of Will and Brenda Stoudt of Gorham.

DEAN'S LIST

Adrian Copeland, Colby-Sawyer College Kiara Day (GHS '14), University of Vermont, History Taylor Hansen (GHS '12), Lasell College, Communications Kelsie Kerwin (GHS '11), Madison University, President's List, International Affairs Aaron LaPorte (GHS '11), Lasell College, Marketing Sarah MacLeod, (Cheverus High School '14), Saint Joseph's College Riley Perkins (GHS '13), American University Joseph Martin (GHS '14), Worcester Polytechnic Institute, Computer Science Joshua Wright, Bob Jones University, President's List, Accounting Emily Berrill, Chelsea Black, Morgan Briggs, April Cummings, Thomas Dahlborg, Emily DeLuca, Sophia Dobben, Megan Dunlap, Forrest Genthner, Elizabeth Lavoie, Matthew Leclair, Breanna Longstaff, Osna Sayed, Rozada Spiers, Erica Staab, Lauren Stiles and Shayla Wing: Saint Joseph's College

OF INTEREST

Columbia University's School of Nursing recently awarded Sarah Rudolph (GHS '06), pictured at right, "Exceptional Student of the Month" for her outstanding commitment to leadership and service to the school. She is currently enrolled in the Family Nurse Practitioner program at Columbia serving as class



representative for the FNP program and as a peer mentor for the incoming ETP class.

Rev. Tamara Torres-McGovern has been elected as the new Associate Minister at **First Parish Church in Gorham.** She is a graduate of Mount Holyoke College and Union Theological Seminary in New York, and has been an Associate Minister in Faith Formation and Youth Development at South Congregational Church in Granby, Connecticut for two years. She will begin her ministry at First Parish this summer.

New location! The Lakes Region Senior Center is now located in the former Little Falls School on Acorn Street. The Senior Center is a great place for daily socializing, independent activities and good conversation with Mahjong lessons on Monday; poker, crafting and card games on Tuesday; Chair Yoga with a Nutrition and Weight Support Group on Wednesday; and Bingo on Thursday. FMI, call Cheryl 892-9879 or Blanche 892-5604.

Everest Vacation Bible Camp will take place June 22-26 from 8:30 to 11:30 a.m. at Cressey Road United Methodist Church in Gorham. Open to children age four through finishing fifth grade. Register on-line at www.cresseyrdumc.org or call Lori at 839-8093. There is no cost. Donations accepted. Space is limited.

Join children's author and illustrator, Cathryn Falwell, at the Baxter Library for Story Time and Book Signing on Tuesday, Jun 16 at 9:30 a.m. Falwell will read from her new book "The Nesting Quilt."

The West Gorham Union Church, 190 Ossipee Trail, will hold a Public Bean and Casserole Supper on Saturday, June 6 at 5 p.m. (3 miles west of Gorham Village on Rt. 25). Tickets on sale at 4 p.m. \$8/\$3 under 12. FMI, 839-4208.

Cricket Comforts, a volunteer organization creating pillowcases for children receiving medical care, will hold a sewing gathering on Saturday, June 20 from 11 a.m. to 4 p.m. at the Gorham Municipal Center off Ball Park Road. FMI, cricketcomforts@ vahoo.com.

North Gorham Public Library will hold its annual Books & Blooms Sale on Saturday, June 6 from 9 a.m. to noon. Lots of hardy perennials, flowering bushes and more will be available. Don't forget to stock up your summer beach reads.

GHS Boosters Meeting: The Gorham Boosters meet the second Monday of every month at 6:30 p.m. at the GHS Library. The next meeting takes place June 8. Anyone wishing to help can contact gorhamboosters@gmail.com.

ON-GOING EVENTS

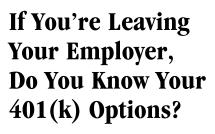
A Support Group for Living and Eating Healthy will take place every Wednesday evening from 6 to 7 p.m. at Martin's Point Healthcare, 510 Main St., Gorham. FREE and open to the public every week. This not-for-profit group is not affiliated with Martin's Point. FMI, call Pauline 839-2092.

The Gorham Food Pantry, located at 299-B Main St. (parking lot of St. Anne's Catholic Church), is open every Thursday morning from 9 to 11 a.m. and the second and fourth

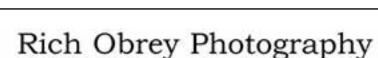
> Wednesday of every month from 6 to 7 p.m. Free for Gorham residents in need. FMI, 222-4351 or visit www.gorhamfoodpantry.org.

The Gorham Medical Closet located at the Municipal Center, 75 South St., is free and available to Gorham residents in need of portable wheelchairs, hospital beds, shower seats, commodes, walkers, canes and more. FMI, call 839-4579, 839-3630 or 839-3936.

Do you have a community event you would like to share? Mail us the details at PO Box 401, Gorham, ME 04038 or email us at gorhamtimes@ gmail.com



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23rd Annual Letter Carriers' Food Drive Helps Gorham Food Pantry



Elizabeth Kane, GHS Student Intern

On May 9, letter carriers across the country collected donations for the 23rd annual Letter Carriers' Food Drive. At the end of the day in Gorham, letter carriers collected 4,181 pounds of nonperishable food items and other helpful items like paper towels donated directly to the Gorham Food Pantry. That amount of food will make approximately 500 meals in the coming month. Pictured is mail carrier Jamie Smyth with a box full of food.

Traveling with the Times



The *Gorham Times* traveled to Panama this April with a combined team from various churches on a Short Term Missions trip with Missions Door. Pictured from left to right are: Ethan West, NH; Kristine Durocher, CT; Ruth Odess, NH; Shirley Douglas, Gorham, ME; and David Christensen, ME. Not pictured from the team are: Mark Halfacre, ME; E.J. Lilley, ME; and Rick Odess, NH.

Where Can I Find the Gorham Times?

Looking to pick up the latest edition of the Gorham Times at Hannaford? The newspaper can be found in the lobby nearest the produce department. Don't go through that lobby? Make it easier on yourself by having the paper delivered directly to your home or office!



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OFF THE PAGE Worth a Read

JAN WILLIS

Many new books have been released in the past few months and it is challenging to know which ones are really worth the time. Here is one that comes with my highest recommendation.

Try "Inside the O'Briens" by Lisa Genova. The author's name may be familiar because she wrote the amazing novel, "Still Alice," which was turned into a major motion picture released in 2015. Her new book is also set in Boston where Joe O' Brien is a veteran cop. He develops symptoms for Huntington's disease (HD), an inherited neurodegenerative disease. He has always believed that his mother was an alcoholic and died in an institution as a result of alcoholism. In fact, she had HD and passed the gene to him. There is a 50 percent chance of a son or daughter getting the gene. Even after he is diagnosed, Joe tries to continue in his job as a policeman until the symptoms become too obvious, and the police receive calls about what people believe is a drunken cop directing traffic.

Genova has the gift of imparting information about the disease while drawing the reader into the lives of the O'Briens and making us care deeply for each of them. Joe attends a Red Sox game with his two sons and a couple of friends and Genova uses that opportunity to point out that Fenway holds 37,000 people which is the same number of people in the United States with HD. That compares to five million with Alzheimer's and almost three million women in the US with breast cancer, which explains why there is not a lot of research being done by drug companies on HD. "The risk and cost of drug development is high. There's no big lotto jackpot to be made with HD."

Joe struggles with memories of his mother and realizes that "the lesson she passed down for him to pass on to his children – the courage to face every breath with love and gratitude." When his wife, Rosie, is feeling depressed and has too much to drink, Joe is able to see the humor of the two of them lurching down the hallway. He thinks, "This is the best anyone can hope for in life. Someone you love to stagger through the hard times with."

Genova chronicles how Joe and Rosie's adult children have to decide whether to have the test and find out if they carry the gene. While the younger

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00**P**S!

Line Road man reported he lost his Samsung Galaxy Gold Tablet somewhere between Line Road in Buxton and Biddeford. He had put it on the hood of his vehicle and forgot to remove it before he drove off.

Officer stopped woman on Ossipee Trail. She was not intoxicated but was driving odd because she was afraid she was being followed.

Officer was called to a domestic assault on Main Street. He determined no law had been broken and both parties agreed to go to bed.

Caller reported an "agony-type scream" on Bartlett Road. Officer made arrest for OUI as well as reckless conduct, assault and operating without a license.

Officer responded to report of an intoxicated person on New Portland Road. Man was unsteady and appeared intoxicated. Officer brought him to his work and talked to his boss who drove the man home.

Standish man wanted to know his options for dealing with a Gorham man who had not paid him for plowing.

Reported assault on Gray Road was father trying to get his son to go his doctor's appointment.

Driver told officer he had swerved to avoid a deer coming off Route 237 and he went off the road. He was intoxicated and was arrested for OUI.

Suspicious person on Ossipee Trail and Dingley Spring Road was walking to the store.

Off the Page CONTINUED FROM PAGE 14

sister, Katie, struggles with whether or not she should take the test and find out, her older sister says, "I'm not going to let HD steal the symptomatic-free time I have. I don't know when this thing's going to hit, but I'm not going to live like I've got it before I actually do." Katie finally realizes that, "The present moment is all there is. Today, in this moment, if she finds out she's gene positive, it changes nothing about now. She'll still love the people in this

Ossipee Trail caller was concerned about texts she was getting. She was told to block numbers or to get a new phone number.

Report of a disabled vehicle was a man who had turned off all his lights when he pulled over to adjust some items in his car.

Officer stopped man for making an illegal left turn from Cross Street onto Main Street. Driver was intoxicated and was arrested for OUI.

Suspicious persons were two friends driving a rental car who had stopped for a smoke as smoking was not permitted in the rental.

Tink Drive woman wanted police to collect money from daughter's drivers ed teacher for alleged breach of contract. Officer advised it was a civil matter.

Suspicious person report turned out to be a male and a female in the back seat of a car at Fort Hill Park. They were asked to move along.

School Street resident was charged with Domestic Violence Assault.

Huston Road juvenile was charged with terrorizina.

Man arrested for OUI on Finn Parker Road.

Samantha Drive caller reported her cat had escaped from her residence.

room, and they'll still love her." Katie thinks about what it would feel like to hear that she is gene positive and realizes that, "The thought is only terrifying if she chooses to be terrified. The quality of her experience depends entirely on the thoughts she chooses. Reality depends on what is paid attention to. She's determined to pay attention to living, not dying." Perhaps that is an important lesson for all of us.

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ANNUAL MULTI FAMILY YARD SALE, Saturday, June 13, 8 am-2 pm. Carter's Auto, 2 Railroad Ave, Gorham. Clothing (teens to adults), housewares, electronics, furniture, and much more!

CALENDAR THURSDAY, JUN 4

Baby and Me with books, music and movement, 9:30 a.m., ages birth-18 mos., Baxter Memorial Library,

- Toddler Time, 10 a.m., ages 18-36 mos., Baxter Memorial Library.
- Baxter Memorial Library Board of Trustees Meeting, 6:30 p.m., Baxter Memorial Library.

SATURDAY, JUN 6

- Greater Gorham Farmer's Market, 8:30 a.m.-12:30 p.m., Route 114 (next to Baxter Memorial Library).
- Public Bean and Casserole Supper, 5 p.m., West Gorham Union Church. Tickets on sale at 4 p.m. \$8/\$3 under 12. FMI, 839-4208.
- North Gorham Public Library Annual Books & Blooms Sale, 9 a.m.-noon.

TUESDAY, JUN 9

• Pre-School Story Time--Ocean Theme, ages 3-5, 9:30 a.m., Baxter Memorial Library.

WEDNESDAY, JUN 10

• Town of Gorham Senior Lunch Program, St. Anne's Church, Gorham. 12-1:30 p.m. \$4. FMI, 839-4857.

THURSDAY, JUN 11

- Baby and Me with books, music and movement, 9:30 a.m., ages birth-18 mos., Baxter Memorial Library.
- Toddler Time, 10 a.m., ages 18-36 mos., Baxter Memorial Library.
- Friends of Baxter Memorial Library Meeting, 6:30 p.m., Baxter Memorial Library.

SATURDAY, JUN 13

- Lego Club, 10-11 a.m., all ages, no registration required, Baxter Memorial Library.
- Greater Gorham Farmer's Market, 8:30 a.m.-12:30 p.m., Route 114 (next to Baxter Memorial Library).

TUESDAY, JUN 16

- Story Time "The Nesting Quilt," and Book Signing with Cathryn Falwell, 9:30 a.m., Baxter Memorial Library.
- Gorham House Itsy Bitsy Store, 1:30-3:30 p.m., front lobby at Gorham House. FMI, 839-5757.

WEDNESDAY, JUN 17

- Town of Gorham Senior Lunch Program, St. Anne's Church, Gorham. 12-1:30 p.m. \$4. FMI, 839-4857.
- Spring Into Summer Event featuring touch the truck, crafts, free hot dogs and sno-cones and fun! 2-6 p.m., Baxter Memorial Library.

West Gorham Union Church, 190 Ossipee Trail North Gorham Public Library, 2 Standish Neck Rd. Baxter Memorial Library, 71 South St. St. Anne's Church, 299 Main St. Gorham House, 50 New Portland Rd.

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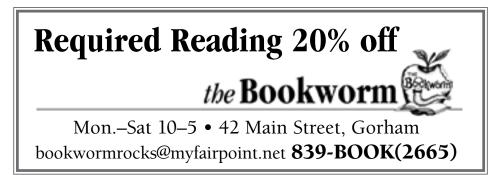
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A Benefit for our local Gorham Nonprofits

ptown

Join us for a Benefit Demolition Party Saturday June 13, 2015

Take a swing at109 Main Street, Gorham and celebrate with us after at Spire 29. For event details visit www.facebook.com/Spire29/events

Benefit for Local Nonprofits Gorham Educational Foundation Food Pantry Presumpscot Regional Land Trust Gorham Historical Society Gorham Times Gorham Athletic Boosters Gorham Athletic Boosters Gorham Arts Alliance Reed Allen Foundation Gorham Sports Center White Rock Friendship Club Project Graduation Gorham Business Exchange Heating Oil Fund

Demolition Schedule

1.00pm – 3.00pm Beautification Bunch
 3.00pm – 5.30pm Counter Crushers, Porcelain
 Pounders, Door Demolishers, Window Wailers,
 Wall Wreckers and Farewell Finale
 Aroma Joe's will be at 109 Main with Coffee

After Party at Spire 29

5.30pm After Party Celebration for Uptown Junk at Spire 29 On the Square (29 School Street) Join us for great music with DJ Carin Collins Food sponsored by Subway Don't miss our locally designed brew

"EyeSore Ale"

Baxter Memorial Library

North Gorham Library

To learn more about Sponsorship opportunities contact. Whitney at Spire 29 (207) 222–2068 whitney@Spire29.com



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