



Gorham, Maine -FOUNDED 1736

JANUARY 28, 2016

SINCE 1995—A FREE, VOLUNTEER-RUN, BIWEEKLY COMMUNITY NEWSPAPER

Local Man Dies in House Fire

Sheri Faber Staff Writer

Barry Dunlap, 56, died on the evening of January 24 in a house fire that originated from a kitchen grease fire. Dunlap, a small engine mechanic, lived alone in his log cabin at 8 Bear Run located off Barstow Road.

The Fire Department arrived within five minutes of a neighbor calling after seeing flames coming out a window. They got Dunlap out of the house within another five minutes, but were unable to revive him. Dunlap had sustained burns to his face and hands in an attempt to extinguish the flames.

Dunlap's family includes many firefighters and a nephew was one of the first people to respond to the scene.

Fire Chief Robert Lefebvre said how easy it is to have a grease fire in the kitchen and recommended that no one should ever leave anything unattended on the stove. He said, "If you are heating oil on the stove, keep a cover handy, and immediately shut off the burner. Do not put water on a grease fire and do not attempt to carry the pan outside; it may be too hot to carry and may inadvertently spread the fire. Baking soda is also good for controlling grease fires."

The State Fire Marshall's Office, which investigates all fires involving fatalities, is looking into the event but this death does not appear to be suspicious.

Chief Lefebvre noted that the last fire fatality in Gorham occurred six or more years ago when a woman living in Friendly Village started a fire by smoking while using oxygen.

Gorham Sightings

Construction Updates

> BAILEY O'BRIEN Staff Writer



tesy of Bailey O'Brier

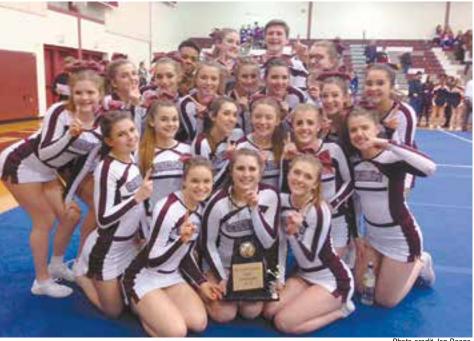
The new Public Safety building is nearly completed under the snow. Town Manager David Cole tentatively estimates the Police Department will move into their new building in mid-March. Renovation work to convert the Public Safety Building into a Fire Station is currently ahead of schedule.



While Aroma Joe's and Subway, located at 109 Main Street, often appear busy, the other office/retail spaces are still available to lease.

According to the website of Advocates for the Reform of Prescription Drugs: "Approximately 100 years ago, heroin was first marketed as 'safe' by Bayer and it was widely prescribed to everyone including children. Around the 1920's heroin was pulled from the market because of its highly addictive nature. This is why the majority of people understand the dangers of heroin. Today, OxyContin and Percocet are two of the frequently prescribed opioids used to treat pain. Both are narcotics containing the active ingredient oxycodone. The molecular structures of heroin and oxycodone are almost identical. There are many prescription opioid narcotics which are similar to heroin. Brand names of opioids continue to change but the highly addictive active ingredients do not. Prescription opioid narcotics come from the same place heroin does - the opium poppy. Oxycodone and other legally prescribed opioids mimic the effects of heroin on the body and mind and in fact are used interchangeably by many who are addicted."







Construction is underway at Avesta's affordable housing apartment building, Ridgewood II, located on School Street.

On January 18 the Gorham **High School Varsity** Cheerleaders won the 2016 SMAA Cheerleading Championship at Noble High School. This was a back to back win for the team. Look to the next edition of the Gorham Times for more information.

Drug Use in Gorham

Sheri Faber Staff Writer

In 2012 there was an outbreak of armed robberies by drug users looking for OxyContin. Both Rite Aid and Community Pharmacy in Gorham were held up at gunpoint. In the wake of these robberies, law enforcement and drug companies developed a variety of new measures to make it more difficult for people to obtain OxyContin through illegal means. The chemical formula of OxyContin has been changed so it does not produce the same high. In 2016, one rarely hears the word OxyContin. The street drug is now heroin. It is cheaper, much more available, and is

being brought into Maine from Massachusetts and New York City among other places.

According to Gorham Police Detective Sergeant Dana Thompson, "Heroin is much more expensive in Maine than states to the south, and the demand is high," said Thompson. He went on to say, "Heroin is very easy to get in Maine and is much less expensive than OxyContin. Cocaine is still being used often along with heroin." Recent arrests in Maine have included someone with 1,000 doses of heroin and carrying \$1,800 in cash; as well as someone arrested with \$3,400 in cash and 60 grams of crack worth \$10,000.



Photo credits Roger Marcha

Do you know where in Gorham this photo was taken? Join our visual trivia discussion by entering your best guess on our Facebook page at www.facebook.com/gorhamtimes or email us at gorhamtimes@gmail.com. The photo in the January 14, 2016 edition was a reflection of Robie Park from one of the windows in Gorham High School.

CONTINUED ON PAGE 2

LOSS OF LEGENDARY **BASEBALL PLAYER AND** SUPPORTER OF ATHLETICS Article on page 9



NEWS FROM AUGUSTA

The Gorham Times asked our three state legislators from Senate District Six, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

From Farm to Food Pantry

SEN. AMY VOLK

Now that the legislative session is underway, new bill proposals and policy discussions have emerged. Taking action on Maine's drug crisis has consumed the debate, as it rightfully should, but there are many other pieces of legislation that will have an impact on our state.

One bill that has caught my eye and earned my support is a proposal from the Senate President which would make it easier for farmers and fishermen to donate food to Mainers in need. Senate President Thibodeau presented the legislation in front of the committee I chair, the Labor, Commerce, Research, and Economic Development Committee.

Senator Thibodeau's proposal is a creative solution to helping Mainers by using resources that our state already has. We in Maine are blessed with an abundance of natural resources that helps to spur successful agricultural and marine industries. Our state has over 8,000 farms covering more than one million acres. Here in our region alone, we have many active, successful farms.

No matter how well farms do, though, sometimes grocery stores and other retailers will only take the most perfect products. That is simply

part of doing business. However, there is no reason at all for the imperfect looking, but still healthy food to go to waste - which is where this piece of legislation comes in.

Through the Finance Authority of Maine (FAME) an RFP process will be conducted to select and contract with a statewide entity to purchase, process, store and transport agricultural products and seafood harvested in Maine allowing producers to sell food that is perhaps below the standard for major retailers, but perfectly fine otherwise. Farmers will also be able to sell any excess crops that they may have. Good Shepherd Food Bank currently operates a similar program that has been very successful.

It is an unfortunate fact that it can be difficult to find affordable healthy food options. By using fresh produce, straight from Maine farms, to help address hunger issues in our state we would be providing nutrition, not simply food.

All across Maine, there are people in need. State government's role should be to find effective and efficient ways to offer help and utilize the resources we have. Passage of this bill will benefit those in need, as well as help support our agricultural industry. For small

farms, having crops purchased that otherwise may have been rejected should be a boost to their bottom line. The way I see it, this bill is a win-win, and though it is likely some changes will be made as it moves through the legislative process I am hopeful the concept will be successful in passing the Legislature.

If you have comments or questions about the bill to address hunger in Maine, or any piece of legislation before lawmakers this year, please be in touch. I can be reached at amy.volk@legislature. maine.gov or 229-5091.

I also would be remiss if I did not point out the good work done by the Gorham Food Pantry as part of this discussion. If you know of someone in need, the pantry is located at St. Anne's Church and is open Thursday mornings from 9-11 a.m. and the second and fourth Wednesday of the month from 6-7 p.m. For more information, or to see what their current needs are for donations, visit their website at gorhamfoodpantry.org.



(207) 229-5091,

(800) 423-6900, amy.volk@ legislature.maine.gov

Gorham Times BRINGING THE NEWS TO ALL OF GORHAM PO Box 401, 77 South Street Gorham, Maine 04038 Phone and Fax: (207) 839-8390 gorhamtimes@gmail.com

www.gorhamtimes.com The Gorham Times is a free volunteer-run community newspaper distributed every other Thursday to more than 100 pick-up sites throughout Gorham.

News gorhamtimes@gmail.com Sports mgmartygagnon@gmail.com Features ckck5@maine.rr.com Of Interest gorhamtimes@gmail.com Calendar item gorhamtimes@gmail.com Advertising gorhamtimesadvertising@ gmail.com or 839-8390 School News SchoolnewsGT@gmail.com

SUBSCRIPTIONS

\$18/year in Gorham; \$23/year elsewhere \$13/year for college subscription

General Manager Sue Dunn Editor Karen DiDonato **Business Manager** Stacy Sallinen Advertiser Coordinator Stacy Sallinen Design/Production Shirley Douglas Police Beat Sheri Faber Staff Writers Jacob Adams, John Curley, Roger Marchand Features Chris Crawford Photographers Amanda Landry, Stacie Leavitt, Rich Obrey Public Service Jackie Francis Sports John Curley, Martin Gagnon School News Andrea Morrell Webmaster Judi Jones **Distribution Coordinator Russ Frank** Distribution Jason Beever, Jim Boyko, Janice Boyko, Scott Burnheimer, Steve Caldwell, Becky Curtis, Janie Farr, Russ Frank, Bob Mulkern, Jeff Pike, John Richard, David Willis Interns Avery Arena, Mallory Campbell, Hannah Douglas, Bailey O'Brien, Elle Spurr

BOARD OF DIRECTORS

Bruce Hepler (President), Shannon Phinney Dowdle (Secretary), Alan Bell, Tom Biegel, Katherine Corbett, Peter Gleason, Carol Jones, George Sotiropoulos and Michael Wing

Advertising and Copy Deadlines

Ad deadline is the Wednesday of the week prior to issue date. Go to www.gorhamtimes.com and click on the advertising link for schedule.

EDITORIAL POLICY

The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

Printing services by Alliance Press, Brunswick, ME

letter to the Editor

Letters must be less than 300 words, signed with a first and last name, typed or e-mailed and include a phone number. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times and are subject to editing.

Dear Gorbam Times,

We are writing to say what great service we got from Carter's Auto Service. We had taken our truck to the Ford dealer in South Portland and they couldn't seem to figure out what was wrong. Doug and his team, for a very reasonable price, figured it out and it now runs better than ever! They were honest and trustworthy and have surely earned all of our future business.

Gorham Times Welcomes New Board Member



The Gorham Times welcomes Tom Biegel to the Board of Directors for a two-year term. Tom is the Chief Financial Officer for Shaw Brothers Construction, where he has worked for 28 years.

The Gorham Times would also like to thank Hannah Schultz Sirois for her service as Board member for the past four years.

Photo courtesy of Tom Biegel

Drugs in Gorham CONTINUED FROM PAGE 1

In the summer of 2015, Gorham and Windham joined forces to investigate drug use in both communities. Police made 19 arrests and seized heroin, crack, cocaine, hash oil, marijuana, and various prescription drugs, along with over \$5,000 in cash. There were at least eight to 10 drug overdoses in Gorham last year with several ending in the death of the user. Narcan is an effective antidote to a heroin overdose if the person gets the Narcan in time. Currently, rescue teams in Gorham carry Narcan. Police officers carry Narcan in some communities in Maine, as well as in Massachusetts and New Hampshire. This is an issue local departments are looking at as the costs for training and liability can be quite high.

Currently, Vermont is in the midst of a drug trial in which monthly shots of VIVITROL are given to inmates. These nonnarcotic, non-controlled substance shots block their ability to get high from heroin. At least 50 state prisons and 30 jails are using VIVITROL. The recidivism rate for people receiving VIVITROL is nine percent compared to a national recidivism rate of 77 percent within five years. For parents concerned about their children possibly using drugs, Thompson listed possible red flags as a change in friends, a need for money, missing items from the house, withdrawal from family and friends, loss of employment, and having less energy.



Shop local. folks! **Rick and Linda Davis**

Around Town

Ossipee Trail Motors on lower Main Street is closing and will consolidate it with their existing business on Ossipee Trail.

Island Time Tanning at 13 New Portland Road has closed. The Saco location is still open.

January 31 is the last day to register dogs before the mandatory state \$25 per dog late fee goes into effect on February 1. Register online until January 31 or visit the Town Clerk's office.

UPCOMING **DEADLINES:**

| <u>Ad Deadline</u> | Publication |
|--------------------|--------------------|
| Feb 3 | Feb 11 |
| Feb 17 | Feb 25 |
| Mar 2 | Mar 10 |
| Mar 16 | Mar 24 |
| Mar 30 | Apr 7 |
| | |

The Loss of Young Elias Wezowicz



oto courtesy of the Wezowicz Family

Elias Wezowicz and his sister Adia, a second grader and her brother's best friend, on the first day of school, September, 2015.

KATHY CORBETT Staff Writer

Elias Wezowicz wanted a microscope for Christmas. He wanted to see the new Star Wars film. And he wanted every child in Maine to have new toys at Christmas. Elias did not live to get the microscope or see the movie, but his family, neighbors, and schoolmates made sure his wish came true for hundreds of Maine children by donating toys to the WGME Joy of Sharing campaign.

A nine-year-old student in Mrs. Adolf's fourth/fifth grade at Narragansett School, Elias suffered from mitochondrial disease, a rare ailment that occurs when structures that produce energy for a cell malfunction. It caused a boy who had played soccer in second grade to be in a wheelchair by this fall and to die just before Thanksgiving.

Despite his illness, Elias was "a funny kid who loved to make other people laugh," according to his mother Sara. She, his father Joel, and his sevenyear-old sister Adia, who was his very best friend, spearheaded the toy drive and gave people important to Elias an opportunity to make other Maine kids happy in his honor.

Some of those people were students in Mrs. Adolf 's classroom, a welcoming, supportive place where the teacher's motto is: "We're not weird, just limited editions." Susan Adolf characterizes her class as a community where students treat each other as individuals.

Elias's parents and his Ed Tech, Lori Goriss, "opened the door to him being part of the school community," she said. The Wezowiczs came to the classroom to explain their son's disease.

Elias had "a big personality," said his teacher, "as does Lori, and together they made quite a team." Because Elias could not participate in recess activities, his classmates signed up to play board games with him on the playground. When he was in the hospital they made him videos. But in many ways he was just a typical fourth grader who loved Harry Potter and was intrigued by the lessons on geological time.

Elias' death had been difficult for the class. "Being part of a close community like our classroom," Mrs. Adolf said, "brings great pleasure and security and also means that you feel great pain in times of sorrow." Pictures of Elias are still tacked to the classroom billboard.

The Maine children who received those holiday presents did not know Elias, but some of their wishes came true because a boy with a big, generous personality who loved being with other kids made it one of his last wishes.



The Electric Car Experience: Range Anxiety



Photo courtesy of Alan Ree

Gorham resident Alan Reed has driven several electric vehicles including the Tesla Model S and this BMW i3 with Rage Extender.

ALAN REED

"Range anxiety" is a term coined in the electric car world to explain a driver's mentality when it comes to getting behind the wheel and worrying about running out of electrical current before reaching a charging station. This is probably the toughest obstacle to clear before putting your money down and buying an electric vehicle (EV). When plugging the car into an ordinary 120V receptacle in your house, it could take up to 20 hours to fully charge. Once completely charged, there are some generalities common for EVs that apply regardless of the make and model of the vehicle.

1. The range is typically based on ideal conditions: Driving 55 MPH, no wind, windows up, and

CONTINUED ON PAGE 4

Don't let back pain affect your 2016!

"I first came to BIM to rehab after back surgery. Working with the Back in Motion staff was fun and the results were phenomenal!"

- Theo F.



The Gorham School Department plans to destroy special education records of former students who were born between January 1, 1989 and December 31, 1989.

Parents, guardians and/or former students may obtain their records on or before June 1, 2016. Proper identification will be required in order to obtain records.

For more information, please feel free to contact the Gorham Special Services office at 222-1002.



Call today for your free pain consultation. We will always be able to help you within 24hrs.



Back in Motion PHYSICAL THERAPY LLC

207-839-5860 • 94 Main St., Gorham

www.mainephysicaltherapy.com

CAR CARE Old Versus New in Car Maintenance

DOUG CARTER

Your new car is a couple of years old now and you have followed the maintenance requirements to the letter. Suddenly the low oil light comes on and when you get the hood open, you realize there is no oil reading on the dipstick. How could this be? You have done everything the manufacturer required to keep your car running in tiptop form.

Over the years, manufacturers have done everything they can to reduce maintenance costs. They have met higher gas mileage requirements and tighter emission control standards imposed by the government and vehicles are performing better than any time in history.

Thirty-five years ago, a routine tune up was required every 15,000 to 30,000 miles and consisted of spark plugs, distributor cap, rotor, points, and a condenser. Every ball joint and tie rod required lubrication at every oil change. Electronic ignition, introduced in the 1970s, eliminated the points and condensers and carburetors were replaced with fuel injection in the 1990s.

While all these improvements have extended the life and reliability of today's vehicles, some of these changes have had drawbacks. One big example is engine oil. Synthetic oils are replacing conventional oils.

Synthetic oil, according to Wikipedia is a "lubricant consisting of chemical compounds that are artificially made... using chemically modified petroleum components rather than whole crude oil..." Generally speaking, synthetic oil works better than traditional mineral oils in extreme temperatures.

The viscosity of engine oil has also been greatly reduced to help engines start better in cold weather and to reduce drag while the engine is pumping the oil. Not long ago, 10w-40 oil was the standard; 0w-20 has become common in today's car. Viscosity ratings are based on how well the fluid pours compared to water, which is rated at zero. So on a hot summer day, 0w-20 oil has the same viscosity as water. Combine that with changes in materials used to make engine components and design changes in piston ring tension and so forth, and it is no surprise that these engines drink oil like water. In fact, most manufacturers allow up to a quart of engine oil consumption for every 1,000 miles as normal operating condition. So if there are four quarts of oil in the engine and you change the oil every 7,000 miles like the manufacturer says, there is the potential of running out of oil and damaging the engine.

If your vehicle requires synthetic oil, it should be changed every 6,000 to 7,000 miles, and the oil level should be checked every 2,000 miles. If your

vehicle requires conventional oil it should be changed every 4,000 miles and the level should still be checked every 2,000 miles.

Tune-ups really do not exist any more. Most spark plugs last for 90,000 miles. The transmission fluid is never changed on some models, while some manufacturers still recommend changing it every 30,000 miles. The same with engine coolant.

It is also important to note there are several different types of fluids on the market now. Manufacturespecific coolant and transmission fluid should not be topped off with a generic product. Be careful if someone recommends a transmission fluid flush; if they use the incorrect fluid it will change the shifting characteristics and may damage the transmission.

The best recommendation is to locate your vehicle maintenance book and follow the mileage service intervals. Remember the old saying, an ounce of prevention is worth a pound of cure. Opening the hood may seem intimidating, but once you get used to the areas that need to be inspected it is not bad.



Doug Carter is the owner of Carter's Auto Service, Inc. He has been in the auto service business since graduating from GHS in 1981.

Electric Car CONTINUED FROM PAGE 3

no other weight except for an average sized driver. Weight and resistance matters.

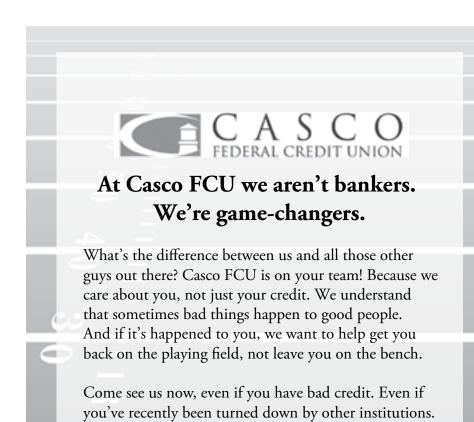
2. There is a deduction of range for the heat, fan, defroster, and all components using power and for external factors, such as road friction from all types of precipitation.

3. If you find yourself losing range, turn off some things to increase it. This may require prioritizing your systems: you need a defroster and wipers; you do not need to listen to the radio and recharge your iPod.

4. Take the car for a weekend test drive. I experienced range anxiety and was not comfortable attempting to make it to work, 112 miles from Gorham, in a BMW i3 with Range Extender. Six miles to spare was not enough of a cushion to risk running out of power.

5. Besides monitoring the car systems, it is important to know what "menu" items you are looking for and how to access them--before you begin to drive. This can be the very definition of distracted driving.

6. Do your homework and make sure an EV is right for you. Driving conditions are not the same in the northeast as in other parts of the country; all the data available may not be what you are expecting. At the same time, an EV may suit you perfectly.



Real Estate Transfers June 2015

Address Buyer 6 Starlit Way 49 Weeks Rd 25 William Henry Drive 80 Westcott Road 29 Tow Path Road 20 Paige Drive 45 Valley View Drive 25 Timothy Drive 25 Carson Drive 345 Ossipee Trail Carson. Grant 21 Annie's Way 9 Bramblewood Lane 19 Old Dynamite Way 42 Patrick Drive 56 Alexander Drive 14 Pleasant Street 127 State Street 60 Hurricane Road 10 Louise Street Trademasters 57 College Avenue 142 Shaws Mill Raod 42 Sydney's Way 3 Farrington Road 11 McQuillian's Hill 23 Wolf River Run 15 Tranquil Drive Dumond, Kayla R Wescott, Sara M & Kyle R 30 Mountainview Drive 106 Sebago Lake Road Farwell, Edwin & Cindy 8 Briarwood Lane Griffith, Peter J & Abby Kyajohnian, Lindsay R & Steve C 155 Mosher Road 4 Lucina Terrace Parker, Trudi L & Joseph A 9 Lacey's Way Williams, Lynn A 708 Fort Hill Road Clark, Hilary L & Dehaan, Kristofer 6 Access Road 6 Stagechoach Lane Patin, Andrew A & Audrey A 21 Elliott Road Hahn, Jason Henry & Leah C 417 Sebago Lake Road Simard, Benjamin P 11 Oak Wood Drive Bruce, Steven & Conley, Kimberly A 2 Wolf River Run Cole, Andrea & Thomas 14 Crestwood Drive Goeller, Joshua J & Amanda M 6 Overlook Drive Hughes, James E & Gail M 7 Murray Drive Reckert, Robert H & Jennifer O Coffin. Paul C & Chantal M 7 Hickory Lane 30 North Street Stevens, William & Murrell, Susan & Et Al 10 Narragansett Street Velilla, Ronald A

Dubail Jason M & Jennifer M Lynch, Jeremy & Kara Sirois, Hannah L & Chad R Smith, Sandra J & Benjamin P Beveridge, Lloyd D & Nancy E Calder, Nora & Cotreau, Christopher M Veroneau, Matthew C & Celeste M Hutchinson, Stacie M Drenski, Jennifer L & Joseph A Davis, Wesley T & Kathryn Mariana, Olivia C Toye, David & Demillo, Sara Mills, Douglas & Deanna & James Sandeno, Timothy & Lisa A Lewellen, Garrett & Amy Perfetto, Kristin A & Matthew D Snow, Dustin D & Emily C Blackburn, Walter L & Aria Eaton, Stanley & Debra D Nickerson, Drue V & Pollyanna Pinnacle Homes LLC Emery, Michael & Hinkson, Cheryl Hoellerman, Connie & Sadai, Kumardutt Kowalski, John

Seller Price \$389,900 Dionne, Anne \$215,000 Zhdanov, Lilia Kalloch, Phillip \$275,000 Uhlig, Kristin \$246,500 Hartley, Adam \$195,000 LaPierre, Kelly \$214,000 Downing, Michael \$294,000 \$290,000 Exley, James B \$301,000 Lewellen, Garrett \$221,900 Chandler. Darrvl E Patriquin, John C \$315,000 \$335,000 Tielinen, Corey Kevin The Crossing at Tannery Brook, LLC \$368,000 Mancini, John F \$220,000 Langley, Samantha J \$260,000 \$190,000 Van Eekelen. Pieter Sam Strumph Builders \$259,998 Kowal, Susan \$293,500 Esposito, Lisa Marie et al \$42,000 \$264,000 Sam Strumph Builders Gould, Melissa \$65,000 \$400,000 Rancourt, Brian & Laura Illian, Mark \$41,000 Rosenblatt, Jeff & Debra \$475,000 \$355,000 Hurteau, Nathiel \$175,000 \$397,000 Begin, Cheryl Trudell, Jameson & Kimberly \$175,000 \$115,000 Morrissey, James & Lori Gingras, Timothy \$174,900 Carville, Carol \$263,000 JP Real Estate, LLC \$290,000 Hutchins, Craig A \$242,000 McLeod-Estevez, Perez-Estevez, Justo Footer, Edward L \$210.000 CR Peffer General Contracting LLC \$314,000 Digianvittorio Michael & Michaela \$269,767 Sayward Family Realty Trust \$146,000 Staples, Corey F & J \$234,000 Sharp, Robert & Angela \$195,000 Miller, Bethanne G \$289.000 Goschke, Jennifer A & Matthew \$525.000 Smith, Benjamin & Sandra \$359,000 West Shore Enterprises, LLC \$295,000 Brown, Ryan D & Linda L \$328,000 Bean, Lena C \$239,000

We'll work hard to help you meet your financial goals.* Think of us as your money-coach . . . and you're the soon-to-be MVP.

Casco Federal Credit Union www.cascofcu.com 207-839-5588 or toll free at 888-395-5588 Gorham – Westbrook – West Gorham

*Subject to credit approval and membership eligibility. Other restrictions may apply. See institution for details.

JANUARY 5, 2016 Town Council Report

JACOB ADAMS Staff Writer

At the January meeting of the Town Council:

Resident Phil Gagnon of Gordon Farms Road, proposed that the town purchase 30-acres adjacent to Queen Street and Queen Street Extension to develop a conservation project.

Town Manager David Cole reported that the town is nearly ready to introduce a new trash bag tag system. He will have more details in a few weeks.

The Town Council authorized a referendum for June 14, 2016, to borrow up to \$850,000 to purchase a new Ladder Fire Engine to replace the town's 27-year-old Ladder 1 Fire Engine. The Council also scheduled a Public Hearing for May 3, 2016. (6-1, Hartwell)

Town Council approved a proposal to divide Ward 1 into two voting districts with the boundary between the two districts being Queen Street and Gordon Farm Road. Registered voters who live north of these locations will vote at the Little Falls Activity Center. (7-0)

Lucky Thai Restaurant, located at 593 Main Street, had their liquor license renewed. (7-0)

Town Council approved a request from the Historic Preservation Committee to consider developing a Historic Preservation Ordinance. The Historic Preservation Committee will prepare the initial draft of the ordinance. (7-0) Tink Drive, located in Hawkes Farm Subdivision off of Main Street (Rte. 25), is now a Public Road, and will be locally classified as an Urban Access Road. (7-0)

Stephanie Drive, also located in Hawkes Farm Subdivision, will be locally classified as an Urban Access Road as well. (6-1, Hartwell)

Town Council accepted a recreation Trail Easement over the Cumberland and Oxford Land Tow Path. The easement is located in the Simon Shores Condominium project in Little Falls. (7-0)

The Council authorized the Town Manger David Cole to list the property located at 77 South Street, the McLellan/Sampson House, for sale. Paul Willis will be the Broker, with final approval for the listing sale price and conditions of sale, approved by the Town Council. The Council also added a deed restriction to read, "The house may not be torn down unless there is a catastrophic event which would require demolition." (7-0)

The Ordinance Committee will review Home Occupations and make appropriate recommendations for changes to the Town Council. (7-0)

The Ordinance Committee will also review the Narragansett Development District. (7-0)

After an executive session, Laurie Nordfors was appointed as Acting Town Clerk. (7-0)

Complete minutes are available on the town's website at www.gorham-me.org.

Grand Jury Indictments

The Grand Jury returned the following indictments in January: • Alido Genao, 57, of Nashua,

NH, was indicted for aggravated forgery on charges brought by the Gorham Police Department.

• Patrick Litchfield, 23, of Burlington, MA, was indicted on charges of driving to endanger, leaving the scene of an accident involving serious bodily injury or death, reckless conduct with a dangerous weapon, unlawful possession of scheduled drugs (heroin), and operating without a license on charges brought by Gorham Police Department.

• Mark Moran, 45, of Portland, was indicted for theft by unauthorized taking on charges brought by Gorham Police Department.

• Tania Antigua, 21, address unknown, was indicted for theft by unauthorized taking, seven counts of forgery and misuse of identification/credit cards on charges brought by Gorham Police Department. "We're **family-owned**, the **owners are in the store**, and we've got a **great price** on a used vehicle that you're going to **love**. **Really, it's pretty simple."**





Fresh Dough Daily Fresh Salads • Calzones Pasta • Grinders • Beer & Wine

The Inn at Village Square is looking for a dynamic, creative Activities Aide to assist with the design and implementation of a variety of activities for our residents by working part time on Saturdays. Responsibilities include working with residents to put together activities, and then implementing the resulting programs, tracking results, and modifying as necessary. This position will work in conjunction with other staff to deliver high-quality living to our residents through daily activities and events that enhances their experience at our facility.

Activity Coordinator certification, Associates degree, and minimum two years' experience in a long term care or assisted living facility preferred. Current PSS, RCS1, CRMA, or CNA certification required.





123 School Street, Gorham (across from the USM entrance) www.innatvillagesquare.org Great Pizza and more!!

Call 839-2504 or FAX orders to 839-2148

We accept Visa and MasterCard

Hours: Sun. - Thurs. 11 a.m. to 11 p.m. Fri. & Sat. 11 a.m. to Midnight

www.gorhamhouseofpizza.com



GHOP Closes for One Week

MALLORY CAMPBELL Student Intern

As the dismay of bitter January cold and unforgiving gray snow clouds loomed over Gorham, many were left wondering if the owners and staff of Gorham House of Pizza (GHOP) had fled the torment of Maine winter. As it turned out, GHOP closed its doors for one week to make floor renovations for the restaurant's kitchen.

General Manager George Sotiropoulos said the old cracked floors in the kitchen were replaced with gray epoxied flooring. "Replacing floors in a kitchen can be quite hard. There's a lot of equipment to move and work around," said Sotiropoulos while explaining the temporary closure. Epoxy is a thermosetting resin applied as a coating formed when one part epoxide resin is mixed with one part polyamine hardener. The hardener acts as a catalyst and is what gives epoxy its strength.

Epoxied flooring is often used and seen in garages. The hardy finish is intended to be durable enough to take the heat of Gorham House of Pizza's busy kitchen.

While the week of January 11 was colder than the weatherman expected it would be, Gorham House of Pizza has since reopened. Thanks to the new addition of epoxy flooring, it seems as though GHOP will run strong as a source of warmth through the rest of the winter, and remain a place of community for years to come.

Prevent Frozen Pipes

GORHAM TIMES STAFF

Although it has been a relatively mild winter so far, there is always a chance that if the temperature drops and the wind is just right, the pipes in your home could freeze. Take every precaution to winterize your pipes. Just in case there is an actual break in the pipe, make sure you know the location of the main water shut-off valve. Paint the valve a bright fluorescent color to help you to find it quickly, and tag it with your plumber's name and phone number to eliminate the stress of finding a plumber while water is spewing from your pipes. On really cold nights, keep one faucet open, usually the farthest from where the water comes

into the house. Water flowing though the pipes underneath the house can help prevent freezing. If your pipes do freeze, here are a few things you should do and one thing you should not do:

DO apply heat to the frozen area using an electric heating pad wrapped around the pipe, an electric hair dryer, or towels soaked in hot water. Apply heat until full water pressure is restored.

DO call a licensed plumber if you cannot find the frozen area, if the area is inaccessible, or if you cannot thaw the pipe.

DO NOT use a blowtorch, kerosene or propane heater, charcoal stove, or other open-flame device to warm the pipes.





JANUARY 13, 2016 School Committee Meeting

KATHY CORBETT Staff Writer

Superintendent Heather Perry called attention to several bills under discussion in the Maine Legislature Education Committee at the regular school committee meeting on January 13, including one that would remove Common Core from the Maine Standards and revert back to earlier versions. She also noted that recent retirements in transportation has made the shortage of bus drivers even more acute.

Perry announced that the revisioning committee's surveys will be distributed widely and other feedback venues will be set up as well. The survey will be available on the district web site. School committee member Sara Nelson encouraged Gorham residents to participate so that the committee will know what people want to see happening in their schools. The survey phase will be completed in early March. Perry introduced the winners of the GHS Poetry Out Loud Contest who recited the poems they had memorized and delivered at the contest on January 12. Winner Marlo Pappalardo and runners-up Isaac Martel and Hailey Bryant will compete in the state contest in February.

Dennis Libby, chair of the personnel committee, reiterated the urgent need for more bus drivers and encouraged interested persons to apply for a regular or substitute position.

Kate Rotroff, director of adult education, presented a review of the program. She reported that Adult Education Community Enrichment saw a 40 percent increase in enrollment this fall. She explained how the Workforce Development Program's emphasis on employment is being implemented and shared FY16 goals.

One goal is to increase the intensity of instruction, particularly

to prepare English Language Learners for better jobs. Working more closely with the Department of Labor's Career Center and piloting intensive Transition to Work programs are also underway. An arrangement with Gorham House as part of the earning while learning initiative is an example. Libby expressed the hope that other local businesses enter into similar agreements, which Rotroff said is also a goal of the program.

In other business, the committee voted (7-0) to revise three school policies. The Child Abuse and Neglect policy now states that the person who first has reason to suspect abuse should report it immediately to DHHS as well as the building principal. The language of the Employee Computer and Internet Use Policy was broadened to include additional personal devices. The Student Computer and Internet Use Policy was revised to include information about additional unlawful online activities such as "hacking" and "sexting."

School Notes

Class of 2018 Bottle Drive with Pick Up Service! The Class of 2018 would love to collect bottles from Super Bowl celebrations. They will pick up bottles any afternoon from Monday, February 8 through Friday, February 12. On Saturday, February 13, drop-off donations will be accepted at the Gorham High School parking lot from 9 to 11 a.m. To schedule a delivery, email Kerry Herlihy at kerry.herlihy@ gorhamschools.org or call or text Kate Gilbert at 653-1024.

Join Superintendent Heather Perry and members of the Gorham School Committee for an open parent forum on Tuesday, February 9 from 6 to 7 p.m. in the Great Falls Library. This is the perfect opportunity to ask questions and talk about important information regarding Great Falls and the district.

Gorham Adult Education will offer a new class, Visual Journaling, with retired Gorham educator Margaret Evans starting in February. FMI, visit www.gorham. maineadulted.org.

Share Your School News SchoolnewsGT@gmail.com

Share Your Sports News mgmartygagnon@gmail.com



Wednesday February 3 at 7:00 p.m. McCormack Performing Arts Center, Gorham High School \$5 suggested donation

> Proceeds to benefit The Preble Street Resource Center



High School to Perform "Thoroughly Modern Millie"

MICHAEL LORTIE Producer

Gorham High School (GHS) recently announced the spring musical this year would be "Thoroughly Modern Millie."

The production, with music by Jeanine Tesori, lyrics by Dick Scanlan,

and a book by Richard Morris and Scanlan, was based on a 1967 movie starring Julie Andrews.

The students have already begun rehearsing their lines, practicing their dance numbers and learning the songs. Sets are being constructed and costumes are being coordinated. It promises to be a tremendous event.

"Thoroughly Modern Millie" was produced on Broadway in 2002 and won six Tony Awards, including Best New Musical. The play tells the story of Millie Dillmount, who comes to New York in 1922, with the intention of marrying for money instead of love. Of course complications arise when she rents a room from the evil Mrs. Meers and meets the handsome Jimmy. Millie might need to alter her plans.

The play has multiple big song and dance numbers and a great deal of wit and humor. The roaring 20's are in full swing and the lavish lifestyle of New York City is in full display. There will be projections on the stage and some of the script will be performed in Mandarin and Cantonese. The students are working with the Confucius Institute at USM to provide authentic pronunciation and translations.

The director for "Thoroughly Modern Millie" is Joshua Hurd, who will be directing at GHS for the first time. Hurd has worked on Broadway and cruise

"Millie" will be performed six times: the weekends of March 11 and 18. Friday and Saturday (March 11, 12, 18, 19) night performances are at 7:30 p.m. and Sunday matinees (March 13 and 20) are at 2:30 p.m. Tickets are \$10 for adults and \$8 for students and seniors. Tickets for performances may be reserved by calling 839-5754. ships, as well as local theaters. Matthew Murray is the musical director and Deb Lombard is the choreographer, both of whom have been involved in the spring musical at GHS for many years. Esther Eaton (junior) will take on the role of Millie, Miles Obrey

(junior) will play Jimmy, Becca Cupps (senior)

will play Mrs. Meers, Nathan Bachner (sophomore) will play Trevor, Ellie Feinburg (senior) will play Muzzy Van Hossmere, Dorothy Stickney (senior) will play Dorothy, Connor Goodall (senior) will play Ching Ho and Brandon Kuusela and Spencer Linscott (seniors) will play Bun Foo.

"Millie" will be performed six times: the weekends of March 11 and 18. Friday and Saturday (March 11, 12, 18, 19) night performances are at 7:30 p.m. and Sunday matinees (March 13 and 20) are at 2:30 p.m. Tickets are \$10 for adults and \$8 for students and seniors. Tickets for performances may be reserved by calling 839-5754.



Parents, Have them grow in Jukado before you let them go! Doshu Allan Viernes Shihan Jennifer Viernes 821 Main St., Westbrook 207.854.9408

Geography Whiz

ELLE SPURR GHS Student Intern

The coldest place on earth, with an annual average temperature of negative 94 degrees Fahrenheit is at Ridge A of which continent?

This was the winning question at the Gorham Middle School Geography Bee finals, which took place on January 7. The winner, eighth grader Evan Chambers, took home a \$100 prize and the opportunity to compete at the state level this April.

Chambers won in the last of three rounds. The first preliminary round was run with an online program called Kahoot. Each of the 60 students (winners from classroom bees held earlier in the week) logged onto the Kahoot website using their laptop computers. A multiple-choice question was projected onto the stage screen and read aloud by the coordinator, GMS teacher Jeffrey Carpenter.

Students chose their answers from their computers and the program kept score based on speed and correctness. There were 150 Kahoot questions, which took students across the globe, asking questions about far off wonders and cities, as well as narrowing the playing field from 60 students to only 10.

The top 10 finalists, after the preliminaries, came to the stage and prepared for verbal questions. In



Photo credit Elle Spurr

Gorham Middle School Geography Bee coordinator Jeffrey Carpenter presents first place prize to eighth grader Evan Chambers.

this round, Carpenter asked each student a different question about the geography of the world. This round was based on "two strikes and you're out."

In the finals, two students, Evan Chambers and Camden Sawyer, went head to head. In this round the students were asked the same question, which both answered on a whiteboard. The two lasted several rounds, until Camden was eliminated.

Evan Chambers was crowned the winner of the 2016 Gorham Middle School Geography Bee with his answer of Antarctica.

Third Graders Meet their USM Pen Pals

KATY LEEPER Great Falls Teacher

This is the second year that third grade students at Great Falls have participated in the USM Pen Pal mentor program.

The students get an opportunity to meet their pen pal at the end of the letter exchange. Being able to write a friendly letter is one of the writing goals for third graders.

CONTINUED ON PAGE 14



USM mentor Demi Ruder drew pictures with third grader Payson Plummer during Great Falls' visit to USM to meet their pen pals.





GURHAM NIGHI

FRIDAY, FEB 5TH VS HARTFORD WOLFPACK @ 7PM





Gorham Loses Legendary Baseball Player and Supporter of Athletics

MARTIN GAGNON Sports Editor

On January 3, Gorham lost a local legend in Gorham athletics. Robert Dean Philbrick, Gorham's first permanent recreation director and Maine Baseball Hall of Fame inductee, passed away at his Gorham home.

Sports were always an important presence in Philbrick's life. He grew up in Bath and attended Morse High School where he was a standout athlete in baseball and basketball. He was so good in baseball that after graduating Morse he went to Boston University on a baseball scholarship. Continuing his education, Philbrick earned a Master's Degree in Education from the University of Southern Maine. He went on to teach school for 34 years beginning in the Windham and Buxton High Schools while remaining active as a basketball and baseball coach, and also serving for a period as athletic director in the South Portland school system. In 1988, he was inducted into the Maine Baseball Hall of Fame and, in 2006, he was inducted into the Maine Sports Legends Hall of Honor.

As Gorham's first permanent recreation director, Philbrick ran the Recreation Department out of his home on Narragansett Street. Cindy Hazelton, current director of the Gorham Rec. Department, fondly recalled that in the mid 1970's "one only had to go to the Philbricks' house, walk in their breezeway, sign their name on the chalkboard and take the key to Robie Gym and go over and play. Many tried to have the keys to the gym copied down at Cook's Hardware store!"

Philbrick was instrumental in organizing Gorham youth soccer, basketball, baseball, and softball leagues. He also oversaw the building of many new athletic fields and courts throughout Gorham during his more than 12 years of service. Examples where Philbrick's work is now in play include the original Gorham High School baseball field and tennis courts, Little Falls Recreation Area in its entirety, and



noto courtesy of the Philbrick Family

Gorham athletics legend Robert Philbrick

the now pickleball court (formerly a tennis court) at Little Falls School to name a few.

Hazelton recalled this story of some time spent with Philbrick and his wife Mary watching his favorite game of baseball: "My son Tom played American Legion Baseball on the Gorham Moody's Legion team. Bob was a great Legion Baseball fan and longtime district commissioner. I sat with Bob and Mary at the Moody's Legion Team playoff game at South Portland's Wainwright Field. We played the talented team from Westbrook. It was a pitchers duel to the end--extra innings and all. While we were watching the game, Mary was giving Bob an overview of the players on the field, positions, and umpire calls. Bob's eyesight was failing then but I can tell you firsthand, Bob Philbrick could tell what the pitcher threw just by the sound of the ball hitting the catcher's glove. He was predicting what the next pitch should be from the pitcher--strategy always front and center with Bob. I had the best seat in the house that day because I sat with Bob and Mary Philbrick."

Carpe Diem, Kenny Tuttle Style

JOHN CURLEY Staff Writer

On December 4, 2015, doctors told recent GHS graduate Kenny Tuttle he was cancer free. The memories of spending his 18th birthday in a hospital bed, four rounds of chemotherapy, countless doctor visits, and having to put college plans on hold are starting to fade, but the wisdom gained from this experience will last a lifetime. Tuttle's mantra of "Do everything in your power to make every day a great day no matter what you face" will serve him well as he moves forward in life.

Earlier this month, the Dream Factory of Maine helped the former GHS golf captain create several really good days. For starters, Tuttle spent the week in Florida, where he took classes and played three rounds of golf on Disney and PGA courses. He ended the week by spending the day with his golf idol and fellow New Englander Keegan Bradley. Even though the weather did not cooperate for the planned round of golf at the Medalist, Tuttle was able to

observe Keegan's photo shoot for National Car Rental and see the inner workings of a sponsorship. Later in the day, he spent time with Mark Bradley (Keegan's

father) and female Hall of Famer Pat Bradley (Keegan's aunt) who stressed practicing with a purpose just like GHS golf coach Rick Altham. They hit balls, compared swings and talked about the game of golf. As if that wasn't enough, he made basketball

Are you healthy? Find out with scans from the InSight Subluxation Station!

Tuttle's mantra of "Do everything

in your power to make every day a

great day no matter what you face"

will serve him well as he moves

forward in life.





hoto courtesy of Kenny

Kenny Tuttle with pro golfer Keegan Bradley

fans jealous when Michael Jordan stopped by to say hello, shake hands, and compliment him on his shoes.

> Next fall, Tuttle will begin studying at Endicott College in Beverly. MA where he will play golf and major in psychology. He looks forward to the experience and will take full advantage of

the great location to sample many internship opportunities. As for plans until his first college semester begins, Tuttle says "I'm going to spend time with family, stay relaxed and get ready for what's to come. It's been quite a stretch for all of us."

GorhamTimes

Delivery Person Needed

The Gorham Times is seeking a delivery person for the Village area. Every other week, deliver less than 300 papers to 20 businesses clustered around Main Street. From start to finish, this easy walking route takes about an hour. Join a great team of people who bring the news to all of Gorham! For more information, email gorhamtimes@gmail.com.

Community Business Directory

FUNERAL HOME

Dolby Funeral Chapels

434 River Road, PO Box 117 So. Windham, ME 04082

(207) 892-6342 · Fax (207) 893-2392

76 State St., Gorburn, ME 04038 • (207) 839-4270 • Fax (207) 893-2392

dolbyfuneralchapels.com · dolbyfn@aol.com

PLUMBING & HEATING

Sturgis Plumbing & Heating, LLC

Gorham, Maine 207-615-1600

JEFF STURGIS - YOUR FRENDLY

PLUMBING & HEATING SPECIALIST

Master Plumber, Master Oil Heat &

Solid Fuel Tech, Gas/Propane Tech

American Denturis

Mark D. Kaplan

Licensed Denturist

Repairs and Relines

Making home visits

Gorham, Maine

207-839-2008

Specializing in Dentures,

Fully licensed and insured. Quality service at reasonable pric

DENTISTS

CONSTRUCTION

PROPERTY SERVICES

CP PROPERTY SERVICES LLC

Total Property Maintenance

Commercial/Residential

Randy O'Brien

General Contracting

30 YEARS OF SERVICE

839-6655

Landscaping

Tree Service

Consulting

Snow Plowing

Stump Grinding

Driveway Services

Chris Perreault

207-205-4790

• Landscaping

• Excavating

Delivery

• Remodeling

• Loam & Compost

mc2groutpros@gmail.com "The Grout Pros" "A Division of MC² Construction Group, Custom Tile Installations for Kitchen and Bath Tile & Grout Cleaning Grout Color Sealing Grout and Tile Repair

Kitchen Backsplashes Water Damage Repair 207-317-1008

FREE ESTIMATES

Fully Insured

Septic Repair & Cleaning

Wet Basement Repair

Foundations & Slabs

Lawn Installation &

Maintenance



André Achenbach, O.D.

MASSAGE

FACIALS

207-650-0007

1 Northeast Road, RL 35 2nd Floor

di, Main

HAIR REMOVAL

www.kosmetikosspa.com

Permanent Hair Removal

OPTOMETRY, P.A.

Examination & Treatment of the Eyes

Lasik Co-Management

Eyeglasses for Every Budget

Complete Contact Lens Service

347D Main Street, Gorham, ME 839-2638

(Beside Community Pharmacy)

maineoptometry.com

KOSMETIKOS SPA & WELLNESS CENTER

Safe • Gentle • Affordable Free consultation

Denise Kelley Perkins Electrologist 32 Harding Rd., Gorham 839-5731

REIKI





Denture home care

with a gentle and

personalized touch.

207 839 6266

405 Main Street Gorham ME 04038

FINANCIAL



Personal Accounts

CASCO Gorham | West Gorham | Westbrook







Audiology Services and Hearing Aids Shannon Phinney Dowdle, Audiologist

SNOWPLOWING

Fully Insured

347 Main St., Suite IA • Gorham, Maine 04038 839-8400 · www.villagehearing.com

Licensed Massage Therapist SUZANNE L. WHITE 749-8417 Specializing in Manual Therapy & An Integrated Approach to Massage Pain & Rehabilitation U.S.A. * STATE * FOREIGN * ARMED FORCES E-Mail: swhite04038@yahoo.com Standish AMTA 207-839-4675 • 1-800-345-2999 • Fax: 207 839-3952

Come visit & learn more! 50 New Portland Rd., Gorham, ME 04038 839-5757 • information@gorhamhouse.com

RETAIL

FLAGS * FLAGPOLES * INSTALLATION

Rt. 25 - 376 Main St. Gorham, Maine 04038

www.gorhamflag.com

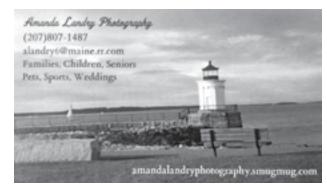
A COMPREHENSIVE LIVING CENTER

Are you looking for a fulfilling career

where you can make a difference?

Travis Alves 207.650.0068

PHOTOGRAPHY



On the Court and On the Ice: a Mid-Season Update

MARTIN GAGNON Sports Editor

Boys' Basketball: Class AA South Region At press time, the Rams were ranked number one in the Heal Point Standings with a record of nine wins and three losses. The Rams have consistently played winning basketball and have yet to suffer a two game losing streak. Key early season victories included a seven point home win against South Portland High School and another home victory against Scarborough on January 14. Looking ahead as the team pushes towards a state tournament berth; critical rematches are on the schedule against Thornton Academy and Scarborough.

Girls' Basketball: Class AA South Region A preseason favorite, the team has lived up to expectations and maybe even surpassed them with an undefeated start to the season. At press deadline. Gorham was a perfect twelve wins and no losses. Gorham edged

SportsEtc

GHS Boosters Meeting: The Gorham Athletic Boosters will meet February 8 at 6:30 p.m. in the Gorham High School Library.

22nd Annual Swish-Out and Junior

past rival South Portland High School with an impressive two-point road victory on December 11. Another key road victory was against Catherine McAulev High School. which, at the time had suffered only one loss before being denied a victory by the Rams. At press time, the Rams had only seven games remaining with a big matchup looming against Thornton Academy on January 26.

Boys Ice Hockey: Class B South Region The Rams are a young team that have undergone some early season growing pains but still were in contention at press time to make the state tournament with a number eight ranking. The top seven teams make the state tournament. Gorham started the season with two losses before getting their first victory against Gardiner Area High School. The Rams evened their season record with a 10-0 thumping of Maranacook/Winthrop. Unable to maintain momentum, the Rams lost their next four games. With a thrilling 3-2 overtime victory against Greely High School on January 13 the team got back on the winning track. At press time, the team had a record of three wins and six losses.

Girls Ice Hockey: At press time, the Gorham/Massabesic/Bonny Eagle team was out of state tournament play with a winless season.

Full Service General Contractor Repairs • Renovations • Additions Daniel W. Grant, P.E. Owner 21 New Portland Rd.

Gorham, ME 04038 PH 207-839-6072

Heal Point System Explained

MARTIN GAGNON Sports Editor

With the mid-point of the basketball and ice hockey seasons here and state tournaments approaching, many fans will be hearing the phrase "heal point standings." So what is this complicated heal point system that determines who makes tournament play? This article will explain the heal point system to be understood even by the non-sports fan who thinks a touchdown is a baseball term or Big Papi's favorite snack.

According to the website for the Maine Principals' Association, which maintains the rating system, "The system is designed to select teams for tournament play on the basis of athletic strength as demonstrated through the regular season schedule."

Two key numbers involving point rating and index numbers determine the athletic strength of a team.

The first key calculation in determining a team's athletic strength is to create a preliminary or preseason point rating based on wins the previous year. Any victory against a Class A team is assigned more points than a victory over a lower class team such as a Class D team. The total points awarded from these victories are added together and divided by the team's number

of games. This result is the team's preliminary point rating. In summary, the more victories against tougher or higher-class competition, the higher the team's preliminary point rating.

The second key computation, which determines the team's seeding in state tournaments, is the tournament index number. This number is determined by adding the preliminary point rating of all the schools the team has beaten in the current season and dividing that result by the total number of games on the team's schedule. More victories against higher rated teams (with higher preliminary point ratings) will increase the tournament index. This is why some teams may be ranked higher even though they have more losses than the team below them. For example, at press time, in Class A boys' basketball York was seeded or ranked number six and ahead of Kennebunk even though they had fewer victories.

The Heal Point System attempts to reward teams that play and beat tougher teams within their class and recognizes the importance of strength of schedule. It is a system that tries to avoid the problem college football faced before playoffs. While teams may pad their victory total plaving lower class teams, they will not be rewarded as richly in the Heal Point System.







Maryanne Bear



Paul Farley



Mike Griffin



Peter Mason **Realtors**[®] Helping You Buy or Sell Real Estate!

Becky Gallant

lane Mason

Mike Rand



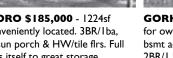
BUXTON \$224.900 - Brand new! Open concept w/cathedral ceilings & HW flrs in Kit, dining & LR. Spacious Kit w/SS appliances. Rear deck & 2.95acs.



GORHAM \$319,000 - 4BR, 2ba w/2car & 1792sf. LR w/FP, 1st flr laundry & BR. Offers HW & tile flooring & great location.



SCARBORO \$185,000 - 1224sf Ranch conveniently located. 3BR/1ba, 3 season sun porch & HW/tile flrs. Full bsmt lends itself to great storage.





GORHAM \$247.900 - Great duplex for owner occupied. Owner's unit has bsmt access, deck & additional storage. 2BR/1.5ba units. Private 2.8 acres



LIMINGTON \$213,900 - Gorgeous 4BR Cape w/2.5ba, daylight basement, HW/tile floors & 1st flr master suite all on 3.06acs. Like new built in 2007!



NEW GLOUCESTER \$99,000 -Grange Hall w/views of Sabbathday Lake. Offers many possibilities w/a rehab. Being sold 'as is'.



GORHAM \$64,900 - 3BR/2ba

rental history.

39 Main Street

Gorham

WESTBROOK \$315,000 - 3000sf office building on Rt302 at Prides Corner w/15,600 avg daily traffic. Many opportunities.



WESTBROOK \$199,000 - 2 unit in

the heart of downtown, walking distance

to all the amenities. 2 car garage. Solid

30 WATER ST \$110,000 - Bank owned 2-unit in the Village. Property offers spacious units & many updates on a dead end street.



GORHAM \$29,900 - Sunny 2BR

mobile w/remodeled kitchen, new flooring, Irg LR, 3 season porch &

more. A must see!

BUXTON \$51,500 - Beautiful wooded lot just waiting for your dream home. 4.5 acres. Soil tested. Great dead end street. Low taxes.





The Nicely Team Maine

Keith Nicely 352 Main Street | Gorham Me 04038 207.650.2832 | keith@keithnicely.com www.realestatedonenicely.com

Welcome Yolanda Mills To The Team

Real Estate Done Nicely

Your Friend in Real Estate

My goal is to make every customer a customer for life. I don't measure my success in sales, but by the relationships I build along the way."

TammyRuda.com Business: 207-831-3164



www.pogorealty.com

(207) 839-3300

Tammy.Ruda@Century21.com



COMMUNITY

DEAN'S LIST

Steven Albanese (GHS '12), University of Delaware MacKenzie Coburn (GHS '13), Coastal Carolina University, Marketing Heather Fields (GHS' 14), University of Hartford Rachel Lloyd-Taylor, University of Hartford Michael Lubelczyk (GHS '13), Hamilton College, History Julia Smith (GHS '15), Coastal Carolina University Alexander Swiatek (GHS '13), Emerson College, Film Production & Screenplay Writing Mikalah Wright, Bob Jones University, Accounting

OF INTEREST



Scarborough Town Councilor Jean-Marie Caterina recently opened her campaign for State Senate in District 30, which includes Gorham and parts of Scarborough and Buxton. She will run as a Democrat against Republican incumbent Sen. Amy Volk.



Three Gorham Girl Scout Troops gathered to celebrate Christmas together bringing gifts, not for each other, but for Gorham families in need. Daisy Girl Scouts, Troop 945 (Front row, L-R): Anna Johnson, Larissa Moore, Aylla Vaughn, Adrianna Russo, Addy Rush, Audrey Livingston, Charlotte Wallace, Jordyn Fotter, Erica Donnelly, Kara Nygren, Katie Bartlett. Junior Girl Scouts Troop 2319 (Middle row, L-R): Lillian Miner, Elsie Bradshaw, Lily Rubin, Caroline Morrell, Jenna Pequinot, Emily Lemont, Claire Boudreau, Lily McDonald, Kaylee Gonneville, Emily Donnelly, Lindsey Curran, Erica Nygren. Cadette Girl Scouts Troop 1674 (Back row, L-R): Shyan Olin, Jillian Dugas, Grace Bradshaw, Sadie LaPierre, Madison Oliver, Delaney Seed, McKenna Homa, Amelia Yahwak, Abby Decrow, Tess Libby.

A Wedding Show with over 50 vendors will take place on Saturday, Jan. 30 from 8 a.m. to noon at Spire 29. Free admission. FMI, 222-2068 or visit Spire 29.com

Enjoy a "Fields and Farms" Art Exhibit at The Old Richardson Place on Friday, Feb. 5, from 4 to 7 p.m. Three local artists will share their recent work, including Sue Orfant, Mike Welch and Susan Mitchell. An open house will be held during the exhibit to celebrate the recent renovation of The Offices at 510 Main. FMI, 510MainStreet.com or 839-4200.

The Dance Studio of Maine held a "kindness drive" throughout the month of December providing acts of kindness for others in the



Greater Gorham area. Christmas cards were delivered to nursing homes; Hannaford gift cards were donated to the Gorham Food Pantry; hats and mittens donated to Gorham Elementary Schools; food, bedding and toys donated to the Westbrook Animal Refuge League; baked goods were delivered to Gorham Public Works, Police and Fire Departments; and dancers performed for the Maine Veteran's Home and caroled at local Gorham businesses.



CONTINUED ON PAGE 14

Ann A. Kilgore

South Portland- Ann A. Kilgore, 88, of Coach Road, died peacefully on January 19, 2016 at Gosnell Hospice House with her loving family by her side. Ann was born in Gorham, Maine on May 15, 1927 the daughter of the late Austin and Grace (Burnham) Alden. She attended local schools and graduated from the Gorham Normal School with a BA in Education.

After graduating, Ann started teaching in the Westbrook School System. It was only after she and her husband Ralph T. Kilgore decided to start a family that Ann gave up her career in teaching for



her new career as a full time mother. Ann was a gifted artist and a longtime member of the United Maine Craftsman, a member of the Red Hat Society, Volunteer at the Maine Cancer Community Center in South Portland, member of the United Church of Christ Woman's Guild, avid bowler and a longtime member of the First Congregational Church, UCC of South Portland. After her children were grown she worked for many years as a sign maker at Sears Roebuck Company. Ann was fortunate enough to take two world trips, a cruise and the opportunity to ride in the Good Year Blimp. She also had, in December, the honor of her quilling crafts to be

Under Contract!



willisteam@willisrealestate.com • www.willisrealestate.com

on display at the South Portland Branch Library

Ann was predeceased by her husband Ralph T. Kilgore in 2007, and a sister Ruth Curtis in 2001. She is survived by a daughter Ginger D. and her husband Peter Garramore of Scarborough; a son Kevin A. Kilgore of Ooltewah, TN; a brother John and his wife Shirley Alden of Gorham; three grandchildren triplets Alexis, Gabrielle and Samuel Kilgore all of TN; her beloved 14 year old adopted cat Kissa. Visiting hours were held on Saturday, January 23, 2016 from 2:00 to 4:00pm at the Conroy-Tully Crawford South Portland Chapel, 1024 Broadway, South Portland. A funeral service will be held on Saturday, February 13, 2016 at 10:00am at the First Congregational Church, UCC, 301 Cottage Road, South Portland, ME. Burial will follow at Brooklawn Memorial Park, Congress Street, Portland, ME. To view Ann's memorial page, or to share an online condolence, please visit www.ctcrawford.com

Those who wish may make contributions in Ann's memory to: Maine Cancer Community Center of South Portland, 778 Main St., South Portland, ME 04106 or the Animal Refugee League, PO Box 336, Westbrook, ME 04098

Community Continued FROM PAGE 13

A Baked Bean Supper will be held at the Cressey Road United Methodist Church on Saturday, Jan. 30 with seatings at 5 and 6 p.m. Proceeds to benefit the Fuel Assistance Fund. \$8pp.

A Free Community Dinner will be served on Monday, Feb. 22 in the Fellowship Hall of the First Parish Congregational Church. A roasted turkey dinner with all the fixings including salads and homemade desserts will be served starting at 5:30 p.m. Free food and fellowship sponsored by the Gorham Ecumenical Council. All are welcome!

The Gorham Garden Club will meet on Tuesday, Jan. 26 at 7 p.m. at First Parish Church on School St. Paula Smeltzer will present a program on Organic Remedies for the gardener. The public is welcome.

Join the Presumpscot Regional Land Trust on Saturday, Feb. 13 at 10 a.m. to explore and identify animal tracks while hiking the new one-mile nature loop trail on Hawkes Preserve adjacent to Great Falls School. Led by Master Naturalist Karen Herold and PRLT Executive Director Rachelle Curran Apse. All ages encouraged to attend; this is a family friendly event that is part of the Great Maine Outdoor Weekend. RSVP required to info@prlt.org.

Gorham resident and chair of USM's History Department Libby Bischof will be the keynote speaker at Portland History Docents program on local history education, architecture, and art. Students also receive training on effective guiding techniques in order to volunteer at one of several historic properties. Classes begin Feb. 25 and run on consecutive Thursday mornings until April 28. FMI, www.portlandhistorydocents.com.

The Lakes Region Senior Center will hold a Bruncheon from 10 a.m. to noon on Monday, February 8. Pancakes, sausage, scrambled eggs, fruit cups and beverages.\$5/pp. Open to everyone.

ON-GOING EVENTS

The Gorham Food Pantry, located at 299-B Main St. (parking lot of St. Anne's Catholic Church), is open every Thursday morning from 9 to 11 a.m. and the second and fourth Wednesday of every month from 6 to 7 p.m. Free for Gorham residents in need. FMI, 222-4351 or visit www.gorhamfoodpantry.org.

The Lakes Region Senior Center, located at the Little Falls Activity Center, 40 Acorn Street is open Monday through Friday from 9 a.m. to 1 p.m. Join them daily for coffee, tea and socializing. On-Going daily activities include Mahjong on Mondays; beginners welcome. FMI, Diane 892-9529. Tuesdays include crafts and card games. FMI, Avis 892-0298. The Memoir Writing Group meets the second and fourth Wednesday of the month. FMI, David 892-5604. Thursday Table Games begin at 10 a.m. Friday Art Workshop begins at 9 a.m. FMI, 892-0299.

The Gorham Medical Closet located at the Municipal Center, 75 South St., is free and available to Gorham residents in need of portable wheelchairs, hospital beds, shower seats, commodes, walkers, canes and more. FMI, call 839-4579, 839-3630 or 839-3936.



Celebrating the Gorham Times

The Gorham Times recently held a party in appreciation of the many staff members, interns, volunteers, and guest writers who have contributed over the past year. Producing a 16to 24-page biweekly paper for over 20 years is no small feat, but with so many dedicated people involved, it is fun and rewarding. If you are interested in joining the Gorham Times, please contact gorhamtimes@ gmail.com or 839-8390.



Each invited guest brought boxed or canned items for the Gorham Food Pantry, which totaled 128 pounds of goods.

Third Graders Meet USM Pen Pals CONTINUED FROM PAGE 8

"I thought it was a great experience, because you just start writing to a college student you don't even know. Then we got to meet them in person, and pen pals are awesome," said Hermione Bissonnette.

The pen pals are student athletes who share information about their college experience and the hard work it takes to be successful student athletes. They give the message that it is important to work hard in school in order to play sports-a great message to start at an early age. "It was cool because it is someone to look up to, you want to be like them when you grow up, and go to college," said Joey Greenlaw.

This mentorship helps spark students' interest for writing, and even encourages them to ponder their future possibilities. This opportunity also builds confidence, and provides a positive connection with a role model.

"The meet and greet was fun because we saw the college, and made pictures with them, and saw where they play sports," said Griffin Johnson.





Gorham Youth Football is excited to announce head and assistant coaching opportunities! If you are interested in coaching football at the youth level (8th grade and under), please submit an application to Gorham Football Boosters at info@gorhamfootballboosters.com or mail to



Gorham Football Boosters PO Box 413 Gorham, ME 04038

Bring your football knowledge and love for the game to the Gorham Youth Football program. Application deadline is February 14th. You may visit our website for the application at www.gorhamfootballboosters.com

*Must have prior coaching experience *GFB requires all coaches to complete training in order to participate. At this time the cost of training is \$60 and is the responsibility of the coach.



TRADE GUNS FOR PEOPLE?

Officer went to Willow Circle to advise a woman that her firearm was unloaded. He suggested that she trade it in for her father.

State Street man had questions in regard to his younger brother having parties and disobeying their mother while living at her house. He was told to contact the Police Department when there was a problem.

Caller reported a case of fraud after not getting satisfaction from a company she called to fix her computer. She was advised police do not fix computers and officer suggested she try an adult ed. class

An abandoned vehicle parked on the side of the bypass actually belonged to someone who was hunting.

Woman flagged down an officer after a traffic stop. She wanted to know why officer was at her neighbor's house.

Vehicle was traveling west on Mosher Road when the right front tire fell off.

Moose was reported taking a walk on Laurel Pines Drive.

Longfellow Road caller reported gunfire. Gas company was mowing the area and blades hitting rocks sounded like gunfire. Burnham Road caller reported a burglary. She was trying to find son's backpack, which was the only thing missing from the house. Officer felt there might not have been a break in.

Officer brought small, angry dog to Animal Refuge League.

Plowman Road man wanted to know his rights about having his daughter's boyfriend removed from his property and also wanted to know if it was legal to buy and possess mace.

Cressey Road woman wanted to know why she was not contacted about her son being arrested. Officer advised they are only required to notify one parent.

Alarm going off was from smoke detectors that had been thrown in a recycling bin.

Three students parked behind the church to smoke as they are not allowed to smoke on campus.

Man sleeping in his car at Gorham Crossing advised he had had an argument with his girlfriend so he was sleeping in his car.



Joe Wyman has been doing auto body and collision work for over 50 years and at the same Gorham location for over 35 years. I-Car Certified • ASE Certified • Major Collision • All vehicle types • Sandblasting Free Pick-up and Deliveries within a 15-mile Radius. Free loaner cars. ALL WORK WARRANTIED

201 New Portland Rd, Gorham, ME • Ph: **839-6401** Fax: 839-2418 Email: wymanautoinc@yahoo.com Mon–Fri 8-5, Sat 9-12, Sun Closed • www.wymansauto.com



the Bookworm

Mon.–Sat 10–5 • 42 Main Street, Gorham bookwormrocks@myfairpoint.net **839-BOOK(2665)**

CLASSIFIED AD FORM

\$6 for 3 lines, \$2 for each additional line 35 word limit per ad

CLASSIFIEDS

MUSIC LESSONS

VOICE AND PIANO lessons at my Gorham studio. BA in Music Ed. Call Paul 281-3557. stickneyhollowmusic@gmail.com.

SERVICES

HOME AWAY FROM HOME FOR YOUR SMALL PUPS. No crates. Fully insured. Ten years experience. FMI petsittinginmaine.com or 838-0132.

INTERIOR AND EXTERIOR PAINTING. Specializing in older homes. Low rates, quality work. Free estimates. Call Dave Hall, 929-4469. Recommended by Jan & Paul Willis.

LITERACY TUTORING for K-8. Certified Literacy Specialist. Get a jump on reading! Call Sarah 207-200-5664 or email sarahrtutor@gmail.com, www.magicmomentstutoring.com.

CALENDAR

THURSDAY, JAN. 28

- Baby and Me, ages birth-18 mos., 9:30 a.m., Baxter Memorial Library.
- Toddler Time, ages 18-36 mos., 10 a.m., Baxter Memorial Library.
- Sewing Group at Baxter Memorial Library, 2:30-4:30 p.m., Ages 7 & older. 7 & 8 year olds must be accompanied by adult.

TUESDAY, FEB. 2

- Gorham House Itsy Bitsy store, 1:30-3:30 p.m., Gorham House lobby. FMI, 839-5757.
- Gorham Cancer Prayer and Support Group meeting, 6 p.m., Cressey Road United Methodist Church. All are welcome. FMI, 321-1390 or 839-3111.
- Pre-School Story Time, 3-5 years, Baxter Memorial Library , 9:30 a.m.

WEDNESDAY, FEB. 3

- Story Time, birth-3 years, 10-10:30 a.m., North Gorham Public Library.
- Town of Gorham Senior Lunch Program, St. Anne's Church. Opens at 11 a.m. Lunch served promptly at 12 p.m. \$4. FMI, 839-4857.
- Early Release, grades K-12.

THURSDAY, FEB. 4

- Baby and Me, ages birth-18 mos., 9:30 a.m., Baxter Memorial Library.
- Toddler Time, ages 18-36 mos., 10 a.m., Baxter Memorial Library.
- Sewing Group at Baxter Memorial Library, 2:30-4:30 p.m., Ages 7 & older. 7 & 8 year olds must be accompanied by adult.

FRIDAY, FEB. 5

• "Fields and Farms" Art Exhibit, The Old Richardson Place, 4-7 p.m.

SATURDAY, FEB. 6

- Bean Supper, White Rock Community Club, 4:30-6 p.m. \$8/\$4.
- Take Your Child to the Library Day, 9:30 a.m.-12:30 p.m. Visit Baxter Memorial Library and make a bookmark.

TUESDAY, FEB. 9

• Pre-School Story Time, 3-5 years, Baxter Memorial Library, 9:30 a.m.

WEDNESDAY, FEB. 10

- Story Time, birth-3 yrs., 10-10:30 a.m., North Gorham Public Library.
- Town of Gorham Senior Lunch Program, St. Anne's Church. Opens at 11 a.m. Lunch served promptly at 12 p.m. \$4. FMI, 839-4857.

THURSDAY, FEB. 11

- Baby and Me, ages birth-18 mos., 9:30 a.m., Baxter Memorial Library.
- Toddler Time, ages 18-36 mos., 10 a.m., Baxter Memorial Library.
- Sewing Group at Baxter Memorial Library, 2:30-4:30 p.m., Ages 7 & older. 7 & 8 year olds must be accompanied by adult.

Baxter Memorial Library, 71 South St.

Cressey Road United Methodist Church, 81 Cressey Rd.

MAIL WITH PAYMENT TO:

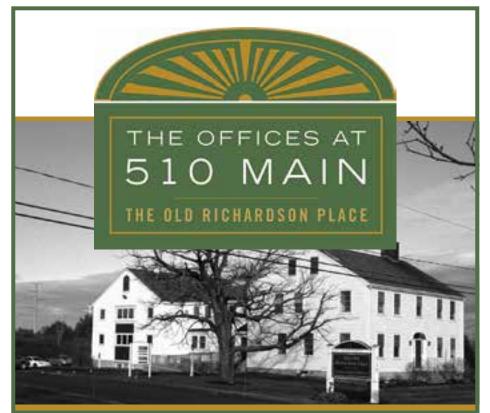
| PHONE ZIP CODE EXP. DATE | START DATE | EMAIL # OF ISSUES TO RUN |
|--------------------------------|-----------------------|-----------------------------|
| | | # OF ISSUES TO RUN |
| EXP DATE | | |
| CAP. DATE | 3-digit SECURITY CODE | |
| | | |
| | | |
| | | |

Gorham House, 50 New Portland Rd. North Gorham Public Library, 2 Standish Neck Rd. St. Anne's Church, 299 Main St. The Old Richardson Place, 510 Main St. White Rock Community Club, 34 Wilson Rd.

What's on Gorham Cable Access Television (GOCAT)?



Visit the Stay in Touch section of www.gorham-me.org for program guides for Gorham Government Education TV (Channel 2 on Time Warner Cable) and Public Access (Channel 3 on Time Warner Cable). Live streaming and video on demand is available.



OPEN HOUSE With Art Exhibit Friday, Feb. 5 from 4-7 p.m.

Please join us in celebrating the renovation of The Old Richardson Place at 510 Main Street in Gorham. Come see our NEW offices and meeting spaces. Art exhibit to feature work of local artists Sue Orfant, Michael Welch and Susan Mitchell.

Call 207-839-4200 or visit our website at www.510MainStreet.com or Like us on Facebook at The Offices at 510 Main



Notice of FORMAL PUBLIC MEETING IN GORHAM

TO DISCUSS THE REPLACEMENT OF THE DEGUIO MILL BRIDGE

THURSDAY, JANUARY 28, 2016 AT 6:00 P.M. AT THE BURLEIGH LOVEITT MUNICIPAL CENTER LOCATED ON 75 SOUTH STREET IN GORHAM

Please join MaineDOT for a formal public meeting to discuss the replacement of the Deguio Mill Bridge, which carries Routes 4 & 202 over the Little River in Gorham, Maine.

Representatives of the Maine Department of Transportation will be present on Thursday, January 28, 2016 at 6:00 p.m. to listen to concerns, receive comments, and answer questions from anyone with an interest in the project. The Department is particularly interested in learning local views relative to project consistency with local comprehensive plans, discovering local resources, and identifying local concerns and issues. Anyone with an interest is invited to attend and participate in the meeting.

Accommodations will be made for persons with disabilities. Auxiliary aids will be provided upon advance request.

Any inquiries regarding this project may be directed to the attention of Mark Parlin, Project Manager, Maine Department of Transportation, Bridge Program, 16 State House Station, Augusta, Maine 04333-0016. Telephone: (207) 441-3658. Email: mark.parlin@maine.gov.

Work Identification Number 015605.00 Federal Aid Project Number BH-1560(500)X TTY Telephone (888) 516-9364





Sweet little 3 BR Ranch on corner lot. Convenient to everything. \$128,000 CYNTHIA 939-3795



3,200+ sf Gambrel with 2 garages, heated pool & morel LYNN 229-9592



Market Knowledge and Marketing Know How A Team of Support and Focused Attention

We're here to help. Let Better Homes & Gardens Real Estate show you Quality Results!



Beat all of your competition! This is the best time to sell. Call BRANDON 450-2123



Well maintained, 2 BR, 2 BA Mobile in King Pine Village, \$50,000 EJ 671-6150



8.35 acre building lot in great location and anly 4 miles from lake! \$79,000 DAVE 329-8699

16 | Gorbam Times | gorhamtimes@gmail.com | January 28, 2016 | Celebrating 20 Years as Your Community Newspaper

Custom flooring, upgraded

interior, 4 BR, & much more!

\$268.000 TODD 233-0900