

Your Community Paper Gorham Times

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SINCE 1995—A FREE, VOLUNTEER-RUN, BIWEEKLY COMMUNITY NEWSPAPER

USM Enrollment Soars



Photo courtesy of USM

USM President Glenn Cummings shared several major announcements at an opening breakfast on August 25.

PATRICK O'SHEA
Guest Writer

The University of Southern Maine and the Town of Gorham are both growing and moving in a positive direction. USM has had a remarkable turnaround under first-year President Glenn Cummings. Total undergraduate deposits are up 19% while deposits for graduate students are up 8% according to Vice President for Enrollment Nancy Griffin. Additionally, the budget is balanced without outside help for the first time in four years.

The increase in enrollment has resulted in a 10% increase in housing requests. The Gorham campus will need to have 50-80 triple rooms to accommodate this rising enrollment. USM's rapid growth is also evident in the music program at the Gorham campus which has doubled its enrollment to 75 students.

At the opening breakfast for USM faculty and staff on August 25, Cummings announced that John Boyne of the Boyne Foundation gave a \$500,000 gift, which provides an endowed scholarship for students interested in caring for the elderly in health-deprived areas. USM also signed a memorandum of understanding with Iceland's Reykjavik University. The agreement formalizes a growing relationship between the two schools which began with a student exchange program earlier this year.

Shawn Moody, a local businessman and University System Trustee, sees USM's best days ahead. Moody stated, "Two years ago USM had a 14 million dollar deficit, so it was

ARTICLE CONTINUED ON PAGE 5

Ribbon Cutting Celebrates Police Station, Fire Station, and Firefighter Memorial

BAILEY O'BRIEN
Staff Writer

At a ribbon cutting on August 30, Gorham celebrated the completion of the new public safety building, the reconstruction of the fire and rescue building, and the installment of the firefighter memorial. The construction of both buildings totaled \$4.9 million, while the memorial was funded entirely through fundraising and donations.

Among the crowd of roughly 30 attendees were several representatives from Efficiency Maine who presented Police Chief Dan Jones with a plaque recognizing the high standard of energy efficiency met by this new police station.

As for the completely renovated fire station, Fire Chief Robert Lefebvre is very pleased with the outcome. "The completed building is great," said Chief Lefebvre. "We would like to thank the citizens and the Town Council for supporting this project. The station will serve the Fire Department very well for many years."

The firefighter memorial, situated between the two buildings, includes four large stones, five park benches, 3 flagpoles, a statue of a firefighter, and pavers engraved with former and current firefighters' names. "The memorial came out better than we could have hoped for, and the members are very proud of it and proud that this was paid for through donations and fundraising efforts," said Chief Lefebvre.



Photo credits for Ribbon Cutting and Bench by Roger Marchand



Photo courtesy of Gorham Fire Dept.

A ribbon cutting ceremony was held on August 30 to officially open the Public Safety Complex. Fire Chief Robert Lefebvre was joined by Police Chief Daniel Jones, members of the Town Council, town, police and fire departments, representatives from Efficiency Maine, Port City Architects, and Allied Cook Construction.

This fund, which raised over \$60,000 for the memorial, was established after Captain Glen Dunlap passed away. One bench is in his honor, and two more are in memory of Captain Hank Hamblen and Deputy Mike Kusma. The fourth is dedicated to Larry Blouin,

a college live-in who passed away, and the fifth bench is dedicated in memory of fallen police officers.

A dedication for the memorial as well as an open house for the police and fire stations will be held on October 2.

GHS Grad Leads USM as Student Body President

KATHY CORBETT
Staff Writer

One year after graduating from Gorham High School, Muhammad (Humza) Khan was elected the University of Southern Maine Student Body President and is the driving force behind the revitalized Muslim Student Association.

Khan, who emigrated from Pakistan in 2008, was a leader at GHS ('15) who also served as a student representative on the Gorham School Committee. "The experience I gained there," he

ARTICLE CONTINUED ON PAGE 6



Photo courtesy of Humza Khan

Humza Khan, far right, is pictured with some members of the USM Muslim Student Association. Reza Jalali, Coordinator of the USM Office of Multicultural Student Affairs is next to Khan.

BEAR SIGHTINGS HAVE RESIDENTS ON GUARD

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Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

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Ad deadline is the Wednesday of the week prior to issue date. Go to www.gorhamtimes.com and click on the advertising link for schedule.

EDITORIAL POLICY

The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

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Building a Skilled Workforce

SEN. AMY VOLK

Mainers received some good news in the middle of August. Thanks to a new agreement between the University of Southern Maine (USM) and Southern Maine Community College (SMCC), students will have an easier time entering into the university system as juniors after completing their associate's degree at SMCC.

Called Connected Pathways, this new program is aimed at streamlining the transfer process and making it less complicated for students to transfer into USM and earn a bachelor's degree. In fact, many SMCC graduates will be able to enroll at USM without having to apply. It is my hope that this change will motivate students who have thought about continuing their education, but were simply overwhelmed by paperwork or didn't have the time to go through the complete application process due to work or family obligations.

Ensuring that Mainers have the skills to succeed in the modern economy is essential to the continued success of our state, and I am pleased to know that USM and SMCC are doing all that they can to encourage Mainers' educational aspirations.

As a legislator, building Maine's skilled workforce and trying to slow

the demographic issues we are facing as one of the oldest states have been two of my priorities. It is creative, yet common sense approaches such as Connected Pathways that will help us to keep young Mainers here to live and work, and attract young people from out of state to come to Maine, and then stay here to put their education and skills to use in the workforce.

Another program that we are fortunate to have in our state is Early College for ME, which helps to give students a jumpstart on their higher education goals. Eighty high schools take part in this program which gives seniors in high school the chance to take college courses for free. Seniors can get a head start not only on credits, but also on understanding how a college classroom works and figuring out some of their interests and goals, all without incurring any debt. As this school year gets going, I'd encourage high school students to look into this program. Bonny Eagle, Gorham, and Scarborough high schools all participate. You can find more information at: <https://www.mccs.me.edu/our-programs/>.

Through fall 2015, Early College for ME has served over 8,000 students, and according to their website, 53% of those students were first-generation college students. Applying for college, and then

trying to figure out classes, advising, scheduling, credits, and everything that goes along with college can be daunting even for the most experienced of families. For parents and students who don't have much experience to draw on for that process, it may be even more overwhelming. With Early College for ME, students and parents can get experience with the world of colleges, and draw on mentoring tools and other assistance, such as help with financial aid forms. Paperwork should never be a barrier to success, and I am pleased that here in Maine we have many options for students who need a little extra assistance in continuing their education.

We have so many talented students, and I wish the best of success to all of them (and their teachers!), especially at this time of year as school at all levels resumes.

If you have questions about either of the programs I mentioned in this column, or any other state or legislative matter, please don't hesitate to be in touch.



(207) 229-5091,
 (800) 423-6900,
 amy.volk@legislature.maine.gov

Letters to the Editor

Letters must be less than 300 words, signed with a first and last name, typed or e-mailed and include a phone number. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times and are subject to editing.

Dear Gorham Times,

As we all know, school has started, but you wouldn't know it by the way people drive around the school areas. It is sad to see such disregard for our children's safety. I emailed the Gorham Police Department awhile ago about this issue and was happy to see more of a police presence in the village area, but it shouldn't take police presence to make people obey the law. The speed limit in the village area is 25 MPH. There is no need to come out of Morrill Ave. and see how fast you can get your

diesel pick-up up, your import with a bumble bee muffler, or your whatever to 25 or more. I am not impressed and neither are my neighbors. Drive like your kids, or siblings, live on these streets please. Thank you.

Frederick G. Farnham

Dear Gorham Times,

Gorham, Scarborough and Buxton, in November you can have a new and more effective voice in the State Senate, Jean Marie Caterina. Just as she got a property tax relief program for struggling Seniors in Scarborough, she will fight for Seniors in District 30. In Schools, where State aid has sunk to 47%, Jean Marie will fight to champion great Schools. Jean Marie knows that such State cuts have only served to shift expenses onto average Homeowners. We cannot keep reelecting people who support State cuts and

ARTICLE CONTINUED ON PAGE 3

Around Town

Three people have taken out papers for Town Council. No one has taken out papers for the School Committee thus far.

Jon and Cindy Smith's proposal for Railroad Avenue (12 lane bowling alley with a restaurant, 40 apartments, and an additional restaurant and/or other retail space) will require a contract zone as well as approval by the Planning Board and Town Council.

Doug and Holly Carter are proposing to raze the building they have purchased at 18 Elm Street to rebuild a structure with two apartments upstairs and two commercial spaces on the first floor. The Zoning Board of Appeals approved the Carters' request and they will go before the Planning Board next.

DK Automotive Repair has relocated from 135 Dingley Spring Road to a location outside of Gorham. The property was a legal non-conforming use but was not permitted to expand its hours of operation. The business was evicted from the property after not paying rent and numerous complaints from neighbors about noise outside of the permitted hours of operation.

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DSP CRMA FLOAT STAFF

Looking for a change and a challenge? Casa, Inc. is looking for you!

Due to program expansion, Casa is seeking new Float Staff. This position can be Full or Part Time and requires working every other weekend with fixed days off. \$13.50-14.50 starting wage. Float Staff are required to work 1st, 2nd or 3rd shift on scheduled days, must have a current CRMA certificate and reasonable driving record.

If interested, call Mike or Mary at 879-6165 to discuss or stop by 741 Warren Ave in Portland. EOE.

UPCOMING GORHAM TIMES DEADLINES

| Ad Deadline | Publication |
|-------------|-------------|
| Sept. 14 | Sept. 22 |
| Sept. 28 | Oct. 6 |
| Oct. 12 | Oct. 20 |
| Oct. 26 | Nov. 3 |
| Nov. 9 | Nov. 17 |

Letters to the Editor

CONTINUED FROM PAGE 2

Property tax increases. Please consider Jean Marie Caterina this November.

Joanne Hachey

Dear Gorham Times,

It is said two kinds of people live in Maine: those born here, and those who got here as quickly as they could. This state is a great place to raise a family, earn a living, and enjoy the outdoors. We want some basic things to make that happen and expect our government leaders to remember that as their principal action guide.

We want our first responders adequately staffed and trained. We want our roads maintained to ensure safety. We want to invest in public schools so our children can contribute to a vibrant economy. We want employers to succeed while paying livable wages to hard-working Mainers.

Recently, our governor and legislators have been locked in one battle after another. In Senate District 30 we have a chance to change our representation. I'm supporting Jean-Marie Caterina, and I urge you to support her too. Scarborough citizens can attest to Caterina's problem-solving approach with her service on the Town Council. She will bring change to Augusta as an official who knows the harmful effects policies can have locally.

I am confident Caterina is the right person at the right time. Please vote for Jean-Marie Caterina on November 8. Thank you.

Jim Boyle

Correction

V & M Rental's phone number is 839-7603 and the email address is vmrental@maine.rr.com. The Gorham Times regrets the error.

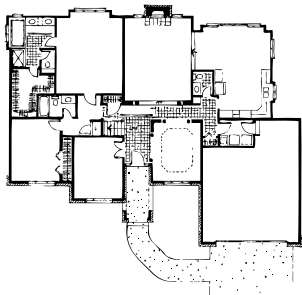
GHS Graduates

If you, or your son or daughter is a GHS graduate, we would like to showcase your career achievements in the Gorham Times Of Interest section or in a Where Are They Now feature.

Contact Chris Crawford at ckck5@maine.rr.com or Kathy Corbett at kcorbett@aol.com

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Baxter Memorial Library Showcases Student's Artwork

LESLIE DUPUIS
Editor

Elle Spurr, GHS senior and Gorham Times intern, has a collection of paintings on display at Baxter Memorial Library. Spurr offered to create several original pieces while volunteering at the library after the late Pam Turner mentioned a desire for new artwork at BML.

"I was inspired so much by the library and all it's done for me over the years. I've grown up going to library, I've loved it ever since I was a baby. I wanted the art I made for them to be special, almost interactive. That's why I made it a multi-media piece, using book pages as tree bark, oil paint, and wire in the leaves of the last canvas."

The four canvases represent the four seasons, as well as times of day: sunrise,



Elle Spurr's artwork is on display at Baxter Memorial Library.

Photo credit Leslie Dupuis

day, sunset, and night. The tree seen in the paintings stretches throughout all of the seasons, corresponding to the "library always being there for the town of Gorham." The roots of the tree mirror a human circulatory system, with a human heart nestled in. "I like to think this shows the tree, and the library, as a life force," added Spurr.

The paintings took some time to develop, although once started, the project progressed quickly. "Pam Turner is really to thank for making these paintings possible. She gave me all the materials and gave me such freedom of expression."

Spurr's artwork is on display above the inside entrance at Baxter Memorial Library.

Gorham Sightings

Do you know where in Gorham this photo was taken? Join our visual trivia discussion by entering your best guess on our Facebook page at www.facebook.com/gorhamtimes or email us at gorhamtimes@gmail.com. The photo in the August 25, 2016 edition is the sign on Robie St. across from Village Elementary School.



Photo credit Roger Marchand

Fishing for Togue

Fishing enthusiasts, mark your calendar for Saturday and Sunday September 10-11 because the Sebago Lake Anglers' Association will be holding the largest open water Togue Derby in Maine on Sebago Lake. Cash and merchandise prizes will be awarded to fishermen or ladies turning in the ten (10) largest togue by weight. Anglers need not fish both days nor be present to win

as long as your fish have been registered by 4:00 pm each day. The cost of the derby is \$30 per adult and \$10 for youths under 16 years of age. Proceeds go, in part, toward funding Youth Lifetime Fishing Licenses for resident Maine youth. Applications (below) are also available at several area variety stores and at Naples Bait and Tackle, on RT 35 Naples. FMI, 571-217-1700

Thank You for Your Feedback

In April, the Gorham Times offered its readers an opportunity to provide feedback by participating in a survey. We are appreciative of the nearly 230 responses received. We thank all those who took a few minutes to share their thoughts and are proud of the fact that 70% of participants read every issue of the Times. While we will continue to cover Town news, sports, and school items, among many other topics, the Gorham Times volunteers will strive to implement new ideas as well. Please contact us at www.gorhamtimes.com if you have suggestions, or are interested in helping write for the paper.



Sebago Lake Anglers Association Togue Derby Registration Application

Derby Date: Sat-Sun, 10-11 September 2016

Fishing times 6:00 AM to 3:00 PM—Daily Weigh in NLT 4:00 PM at Point Sebago
Cash plus merchandise paid to top 10 places—Stay and Play package at Point Sebago Resort

Contact info: Name: (Please print clearly) _____
Phone: _____ Cell: _____
Email: _____
Other persons on your boat (put a © beside names of children under 16 years old)
Name: _____ Phone: _____ Email: _____
Name: _____ Phone: _____ Email: _____
Name: _____ Phone: _____ Email: _____

(Can do one registration per boat but all fishermen must be listed and paid for)

Entry Fees: Adult: \$30 per fisherman / Children less than 16 years: \$10

Payment by check or cash. Checks payable to: SLAA. Mail Registration and payment to: Naples Bait and Tackle, 38 Harrison Rd Naples, 04055. No mail time? No problem: bring to Point Sebago Resort Beach before 6:00 AM on derby day. Questions call Bob Chapin 571 217-1700 or Dave Garcia 207 310-1435. Thank you for supporting our Youth Lifetime Licensing Program-- Good Luck!

Easy Tricks for Healthy Snacking

ANGELA VERRILL

Eating well can be a struggle, especially when it comes to snacking. It may be due to a favorite food that is hard to resist lurking in the cabinet, or it may be overeating due to hunger. Eating habits have shifted from three square meals a day to snacking all day long.

Snacks can account for one fourth to one half of our daily calorie intake, so it is important to choose wisely. When setting up your refrigerator and pantry, try these tricks to make healthy snacking easier.

When storing food, keep healthy snacks like fruits, vegetables, and yogurt at eye level. You are likely to choose the first thing you see if you are hungry, so make sure the better choices are the most visible. Have a bowl of fruit on the counter and put the cookies behind closed doors. Keep the chocolate out of sight on a high shelf or in the freezer.

A snack that contains protein is more satisfying and will stick with you longer. Try pairing apple slices, celery sticks or a banana with a tablespoon of peanut butter or cut vegetables with hummus. Adding a little protein to your snack can help curb your hunger and keep you from overeating at mealtime. Yogurt or a cheese stick is another convenient option.

Pre-portion food to avoid overeating. Nuts have many health benefits,

but their calories add up quickly. A portion is roughly a handful, so it is easy to go overboard. Portion them out into a bowl instead of eating right from the jar to avoid eating too much.

Keep a healthy snack in the car to avoid grabbing a high calorie convenience item at the store or stopping at a drive through. If you can curb your hunger on the road, you will avoid over eating high calorie foods and stick to your daily calorie goals.

Avoid grocery shopping when you are hungry. Your defenses to resist junk foods are down and you are more likely to bust into that bag of chips. Plan ahead for the day.

Whether you are heading out for a road trip or just going to work, pack healthy snacks from home to avoid high calorie fast food or vending machine options.

We all over indulge from time to time, but if you are working to improve your health and fitness, snacking can make or break your success. If you try to choose fruits, vegetables and whole grains instead of cookies, candy and chips as much as possible, you are likely on the right track. Try these simple tips to make sticking to your health and fitness goals a success.

Angela Verrill is a Registered Dietitian and mother of two from Gorham with 12 years' experience in the field of nutrition and healthcare.

Bear Sightings Have Residents on Guard

COMPILED BY GORHAM TIMES STAFF

Multiple bear sightings have been reported in Gorham recently. According to the Warden Service, Maine is home to the largest population of black bears in the lower 48 states. Bears are most active between April 1 and November 1, and even more so when natural foods are scarce. During dry summers, bears will venture into backyards and fields in search of easily accessible food such as bird feeders, garbage, grills and pet foods.

While hundreds of conflicts between bears and people are reported each year in Maine, many can be prevented by simply removing or securing common bear attractants as outlined below.

BIRD FEEDERS: Take bird feeders down between April 1 and November 1, store seed and feeders indoors (you can still feed birds in the winter), and rake up any extra bird seed from the ground.

GARBAGE: Store garbage cans in a building until the morning of pick-up, keep outbuilding and garage doors closed at all times, and keep Dumpster lids and doors closed and latched.

GRILLS: Store grills inside when not in use, stop grilling temporarily if you see a bear in the vicinity, burn off food residue, and dispose of food wrappers and grease cups.

LIVESTOCK & PET FOOD: Store livestock and pet food inside, feed pets inside if possible, clean dishes daily, and remove leftover food daily.

If you encounter a bear in your backyard, make loud noises, shout, or bang pots and pans together to scare the bear. If a bear becomes aggressive and approaches you, make yourself look bigger by raising your arms.

If the bear continues to follow you, do not run, but continue to back away. Intimidate it by making yourself look bigger and making noise (wave arms, shout, clap, bang stick). If a bear charges you, stand your ground and remain calm. If the bear tries to make contact, fight back with anything at hand (knife, sticks, rocks, binoculars) or by kicking it.

For more information, visit the Inland Fisheries & Wildlife tab at www.maine.gov.

Chippie Relocation Going Well

CHRIS CRAWFORD
Staff Writer

At press time, nine healthy and oh so cute chipmunks have been successfully relocated from my garden to an isolated parcel of land on Sebago Lake. They were all dropped off at the same spot, as I couldn't stand the thought of separating families. The little guys and gals seemed quite happy with their waterfront views and upgraded living arrangements.

Fortunately, the Havahart is working like a charm, but I am tired of spreading peanut butter on little pieces of bread and weary of making the long drive up to the lake.

Nature abhors a vacuum, so now my only worry is that I have may have created a virtual chipmunk vacuum on my property that will continue to suck chipmunks from the larger area. I fear I will be trapping well into until the fall, or at least until my tomatoes are done.



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TOWN OF GORHAM TOWN COUNCIL AND SCHOOL COMMITTEE NOMINATION PAPERS AVAILABLE NOW

The Municipal election will be held on Tuesday, November 8, 2016 for the purpose of electing:

- Three (3) people to the Town Council for three (3) year terms.
- Two (2) people to the School Board for three (3) year terms.

Nomination papers are available in the Town Clerk's Office. Any registered voter of the Town of Gorham who is interested in running for either of these offices must submit nomination papers with no less than 25 signatures and no more than 100 signatures of persons who are registered voters of the Town of Gorham. Completed nomination papers must be submitted to the Town Clerk's office no later than 1:00 p.m. on Friday, September 23, 2016.

Please contact the Town Clerk's Office at 222-1670 if you have any questions.

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USM Enrollment Increases CONTINUED FROM PAGE 1

hard to invest in the future when an organization is in decline. Now, USM has tremendous potential and we are starting to realize that." Moody credits President Cummings and the USM staff with the quick turnaround. "In any organization it is all about the people who do the work that make the difference," he added.

At the same time, the Town of Gorham is experiencing increased growth. During the 2014-2015 fiscal year, the Town issued permits for 65 single family homes, 2 condominiums, and 19 commercial projects. That number has increased for the 2015-2016 fiscal year as Gorham issued permits for 85 single homes, 19 condominiums, and 22 commercial projects.

Businesses that would serve both the Town and USM students and faculty are presently before the Planning Board. As mentioned previously in the Gorham Times, Sebago Brewery is planning to relocate to the Shaw Brothers' Family Foundation land on lower Main St. Jon and Cindy Smith have proposed a building with apartments, a bowling alley and possible other retail tenants on Railroad Ave. Carter's Green Grocer plans to demolish the building at 18 Elm St. and rebuild pending Town approval.

How this growth will affect USM and the Town of Gorham has yet to be seen, but lends itself to a positive relationship. In an interview, President Cummings gave his thoughts on the matter. "First of all we are delighted to have a town that wants to work with us and we want to be respectful of the community." He discussed several initiatives at the Gorham campus that will affect the town.

One proposal is to demolish the Dickey-Wood tower dormitories, which have been vacant for several years, and replace them with a new building that would house seniors. This would be beneficial to both seniors and the university. If the proposal goes through, seniors would be on a university campus with access to

its amenities, and university students would have the opportunity for clinical experiences in occupational and physical therapy. The replacement of the towers is dependent on a bond package being considered by the University System Trustees.

Another town/university cooperative initiative being discussed is Metro bus service in Gorham. Presently the university contracts with a private service to transport students between the Portland and Gorham campuses. The idea would be to have the Metro serve as the carrier and add new stops in Westbrook and downtown Gorham at an additional cost.

University students would be issued a Metro card and Gorham residents would have the service available to them. This service would make it easier for people who live in the greater Portland area to work in Gorham and provide access to town residents who would be able to take the bus to either Westbrook or Portland. Service would not start until 2018 and will be dependent on an agreement with the Town of Gorham.

USM is the largest employer in the town of Gorham. To provide more visibility to the university, the Town Council recently approved adding a secondary sign underneath the "Welcome to Gorham" that displays, "Home of the University of Southern Maine". The Town is in the process of doing maintenance on the "Welcome" signs and the work should be completed in the next several weeks.

President Cummings stated that Gorham was an inviting campus and community for students who appreciate a small town experience rather than the intercity Portland campus. According to Cummings, the Gorham campus and USM will continue to be an integral part of the Town's growth. "The Town of Gorham has been an exceptional partner and we want to continue that relationship," said Cummings.

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GHS Grad Leads USM as Student Body President

CONTINUED FROM PAGE 1

said, "helped me contribute when the student organization wanted to change how it ran meetings and update its constitution." He was elected USM student body president at the end of his freshman year, the first Muslim student to hold that office.

Since becoming president, Khan has worked with USM libraries to initiate the Textbooks on Reserve Project. According to David Nutty, director of libraries, Khan approached him on behalf of student government with the idea of providing an option for students who might find it financially difficult to buy textbooks.

"This is a pilot project and will focus on the core 100 level courses," Nutty said. Funded by the USM Libraries and the Provost Office in cooperation with the campus bookstore, textbooks will be available on two hour reserve in one of the university's three libraries. This project is one effort by USM student government to reduce the cost of attending college, which Khan said is the main priority of the organization.

With the assistance of Reza Jalali, Coordinator of the USM Office of Multicultural Student Affairs, Khan is working to revitalize the Muslim Student Association. The group has about 35 active members drawn from

an increasing number of Muslim students, many of whom are of Somali heritage. Jalali said that the university has a prayer space on the Portland campus "which is open to all students and not just Muslim students." It is a small room where students "meditate, pray, and reflect." Khan has been active in efforts to offer an additional similar space in the library. He has met as well with the administration about making Halal food

available in university dining rooms.

When asked about working with Khan, Jalali replied, "Hunza is one of those young students who

Hunza is one of those young students who continue to impress us at USM.

continue to impress us at USM. His passion to help others and tireless efforts to make USM a more welcoming and inclusive community has not escaped our attention. We are grateful he has chosen us as his university."

Khan came to USM after first planning to attend the University of Edinburgh in Scotland. Despite scholarship assistance, he would have amassed considerable student loan debt. He said that by enrolling in USM he will graduate debt-free and also be able to take advantage of undergraduate law courses to be offered in 2017 in preparation for entering law school. A history and political science major, he plans to study business and international law.

MUNICIPAL

Road Construction Updates

BAILEY O'BRIEN
Staff Writer

McLellan Road construction is well underway. The project, bid out to R.J. Grondin & Sons on August 16, began just two days later.

Due to the poor road condition and high traffic volume, this road requires three different types of road work. First, some sections will just need to be repaved. This is the least expensive and least time-consuming part of the project. Second, some portions will need to be reclaimed. This process involves "chewing up" what's on the

surface of the road, adding gravel, and repaving. This costs \$650,000 per mile. Third, some segments will require full-depth reconstruction. The construction crew will dig one-and-a-half to two feet down, remove the rubble, replace the road, and repave. Reconstruction costs \$1.1 million per mile.

Meanwhile, Main Street construction has been rescheduled to 2017. The project, costing an estimated \$3.8 million, will be bid out late this year or early next year. Construction will stretch from Gray Road to just before Cressey Road on Main Street.

Neighborhood Group Voices Concerns About Railroad Ave. Project

BAILEY O'BRIEN
Staff Writer

Neighbors of Railroad Avenue have established a group to voice concerns about Jon Smith's proposal for 18 Railroad Ave. Smith is developing plans to construct a three-story building with a five-story tower behind Hannaford. According to the most recent plans, this building would house thirty apartments, several stores, a wine bar, and a bowling alley.

The group, formed at the suggestion of Smith, meets with him monthly to discuss ways he can improve his plan for the neighborhood. This group has caught the interest of seven neighbors.

Their main concerns are increased traffic flow through the neighborhood, reduced privacy from the building's proximity and height, and less safe pedestrian walkways.

One member of the group, resident Lyla Baldwin, recently renovated her property and does not want her home devalued due to this project. "We were concerned about the quality of the proposal," said Baldwin, "Whether the aesthetics would enhance our neighborhood, whether the renters would be responsible neighbors."

Additionally, Baldwin and other group members worry this building may

ARTICLE CONTINUED ON PAGE 7

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Nordfors Assumes Town Clerk Position

KATHY CORBETT
Staff Writer

Seated behind her desk in the Gorham Municipal Building, Town Clerk Laurie Nordfors put aside planning for the November election to talk about the pleasures and challenges of her new position. Although she was only recently sworn in as Town Clerk, Nordfors has served Gorham residents in the clerk's office since 2008, first as a deputy clerk, and beginning in 2014, as interim clerk replacing Jennifer Elliott who resigned for health reasons.

Nordfors believes that the most rewarding part of her job is working with the public. "I enjoy seeing the children that grew up with my children...coming in to register their first new car, their marriages licenses, or birth certificates for their children," she said.

A native of Westbrook and graduate of Westbrook High School, Nordfors moved to Gorham in 1988. For many years she was a stay-at-home mom to her three children, but in 2005 she reentered the workforce to do bookkeeping and customer service for Shaw's Supermarket. She took the attention to detail and helpful attitude required by that job into the municipal office which is the public face of Gorham's town government.

Nordfors finds giving the residents of Gorham quality customer service despite not being fully staffed in the office a challenge. Currently there are no full-time clerks on the front line. During a recent week, half of 160 motor vehicle transactions were new car registrations that can not be completed online. The office is getting new printers, however, that will enable them to upgrade to the new state motor vehicle printing system.

In addition to more staff, Nordfors would like better automation for record keeping. "For example," she said, "the cemetery records need to be upgraded, possibly using computer software. And in the future I would love to have the funds to upgrade our vault where old records are kept, and maybe digitize some of the very old ones."

A major responsibility of the Clerk's office is running elections. As Town Clerk, Nordfors must train election workers, organize and oversee three polling sites, supervise early voting and absentee voting, and deliver accurate results on Election day.

"I love planning and running a successful election," she said. This November election will be particularly challenging. In addition to the presidential contest, voters will elect three town council and two school committee members. There will be five state referendum questions on the ballot; all have generated considerable public interest.

Nordfors said that absentee ballot applications are now being accepted. There will be two weeks of absentee voting from October 24 through November 3. She is hoping to hold a voter registration drive at USM as well. "I could not do it all without the great team of employees in the Town Clerk's Office and the dedicated election workers," she said.

Nordfors's three children are now in college or working; she also has three stepchildren. She and her husband, Mike Aceto, have thirteen grandchildren. When she is not attending to her many duties as Town Clerk, Nordfors says she enjoys gardening, baking, scrapbooking, "and, of course, spending time with my children and grandchildren."



Photo credit Paula Nystrom

Laurie Nordfors was sworn in as the new Town Clerk on August 2 by former Town Clerk, Connie Loughran. Town Council members Matt Robinson and Sherrie Benner looked on.

Comprehensive Plan Moves Forward

BAILEY O'BRIEN
Staff Writer

On August 23, the Comprehensive Plan Committee held a public hearing to discuss changes to be made to Gorham's Comprehensive Plan. With several citizens attending, the Committee made a minor adjustment to the plan and recommended to the Town Council that the plan be adopted.

The Town Council will hold a public hearing on September 6 and will likely act on the plan after the hearing.

The role of the Comprehensive Plan is to outline goals for the Town's continued development and to ultimately shape the future of the town. The Comprehensive Plan was last updated in 1993.

Concerns About Railroad Ave Building Plans CONTINUED FROM PAGE 6

put more traffic pressure on the roadway curve in front of Sebago Brewing. "It is incredibly dangerous. We had a car take out our fence several years ago," she shared. "The painted sidewalk does nothing to protect kids using it on their way to school. It is particularly perilous in the winter when snow narrows the road. We have petitioned the city for years to no avail. We asked that Jon bring it up as an adjunct to discussion on his proposal."

Smith, who has a positive reputation with the town, has worked ardently with this group to minimize concerns.

"He has changed the direction of on-site parking so that headlights do not invade homes and has sought out an arborist's insights into plants and trees that best afford screening," said Baldwin.

Due to Smith's adaptations, several neighbors support his plan and no longer attend meetings. Baldwin added, "So far, the responsiveness to our concerns by Jon has been reassuring. As time goes by, our concerns may increase and/or change. It's my hope that communication will continue as well as it has through future challenges."



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SCHOOL

Who's Ready to go Back to School?

1. Ashley Connolly (age 9, grade 4) and her brother Stephen Connolly (age 6, grade 1), Narragansett.

Photo credit Theresa Connolly

2. Jack Cyr (grade 2), Caroline Morrell, (grade 4), Zoe Coleman, (grade 4), and Addison Harjula, (grade 4) waiting at the bus stop heading to Village.

Photo credit Stacey Coleman

3. Patrick Cyr, (grade 6), Dylan Morrell, (grade 7), Jackson Smith, (grade 7), Bode Coleman, (grade 7), Colin Albert, (grade 7), and Ty Gammon, (grade 6), getting ready to walk to Gorham Middle School.

Photo credit Stacey Coleman

4. Connor McHenry (age 6) starting first grade at Village School with Mrs. Landry. Mom not quite ready for him to be back at school but he is excited!

Photo credit Courtney McHenry

5. Dominic Roberts-Spizzuoco (age 5) going into Kindergarten at Great Falls.

Photo credit Holly Roberts

6. Annie Frey, (age 12), Faith Connolly, (age 11), Sydney Connolly, (age 12), and Libby Frey, (age 12).

Photo credit Michel Chouinard

7. Lily Rubin (grade 5) at Village.

Photo credit Alan Rubin

8. Ava Scott (age 5) entering Kindergarten at Narragansett.

Photo credit Michael Scott

9. Lindsey Curran (grade 5) at Village.

Photo credit Kimberly Swift

10. Mateiah Asali, (grade 2), and her sister Larissa Asali, (grade 1) at Village.

Photo credit Aimee Campbell

11. Taylor Ernest (grade 3) at Village.

Photo credit Aimee Campbell

12. Logan Spera, (grade 2) and his brother Owen Spera (grade 4) at Village.

Photo credit Aimee Campbell

13. Seniors at GHS! Molly Sposato, Emma Smith, Kate Andrews, Narissa Libby, Alexandra Stresser, Alyssa Dolley, Kara Doane, and Diana Kolb.

Photo credit Jen Doane

14. Mikki Leskowsky (grade 8), Natalya Asali (grade 7), and Nia Mariani (grade 7) at Gorham Middle School.

Photo credit Aimee Campbell

15. Rosie Nichols (age 6, grade 1), Patrick Nichols (age 7, grade 2), and Andy Nichols (age 3, pre-school).

Photo credit Carlie Marsters

16. First day of school for the Connolly boys! Oliver (on his eighth birthday) heads to second grade and Harrison (age 6) on his way to first grade.

Photo credit Heather Connolly

17. Assistant Superintendent Chris Record greeted students at Narragansett from their bus ride during Kindergarten Orientation.

Photo credit Sylvia Hawkes

18. The Burt family stopped by the library to meet the new librarian, Lori Littlefield, at Narragansett's Open House.

Photo credit Sylvia Hawkes

19. Shane Webber (age 8) entering Ms. Kelly's third grade class at Great Falls.

Photo by Jackie Webber

20. Grace (age 8) and her sister Faith (age 9), entering third and fourth grades at Great Falls and very excited for the first day of school!

Photo credit David Angel

21. Montana and Tyson Leslie (entering grade 5) at Narragansett.

Photo taken by Traci Leslie

22. Ambrosia Moore (grade 7) at Gorham Middle School.

Photo credit Chrissy Moore

23. Larissa Moore (grade 2) at Narragansett.

Photo credit Chrissy Moore

24. Ready for sixth grade! Olivia Hopkins (age 11) at Gorham Middle School.

Photo credit Patty Barth

25. Haley Hamann (age 10, grade 6) at GMS with sister Isabel Hamann (age 6, grade 1) at Village.

Photo credit Sharon Hamann

26. Isabelle Perkins (age 6, grade 1) at Narragansett.

Photo credit Sara Perkins

27. Emily Beal (age 9, grade 4) at Great Falls.

Photo credit Tena Beal

28. Students Aiden and Grace Dudley arrive for the first day of school at Narragansett.

Photo credit Sylvia Hawkes



**Thank You for Sharing
Your Back to School
Snapshots with Us!**

Gorham Schools Welcome New Staff

ANDREA MORRELL
School News Editor

The Gorham School Department has approved the hiring of the following new staff members to its schools for the start of the 2016-17 school year.

Jessica Allen is teaching English at Gorham High School, replacing Pam Daniels who retired. She received a B.A. in English from the University of Southern Maine and a M.S. from the University of Southern Maine.

Kellie Battaglia is the resource room teacher at Gorham Middle School, replacing Brian King, who transferred to a math position at Gorham High School. She received a B.S. in Education from West Virginia University and a M.S. in Education from the University of Southern Maine.

Laurie Chaisson is teaching (.6) art (new position) at Narragansett School. She received an Associates Degree in Fine Arts from the University of Maine at Augusta; a B.A. in Ceramics (minor in Education) from the University of Southern Maine; and a M.S. in Education, Teaching and Learning from the University of Southern Maine.

Ellen Connell is the new technology integrator at GHS, replacing Will Sedlack, who is resigning at the end of year. She received a B.A. in biology from Clark University, a M.A. in teaching from Clark University, and is a doctoral candidate Ed.D. in curriculum from Northeastern University.

Vanessa Levesque is teaching kindergarten (new position) at Great Falls School. She received a B.A. in Psychology from Rivier College and a M.Ed. in Elementary Education and General Special Education from Boston College.

Lori Littlefield is the library/media specialist in a new position

at Narragansett. She received a B.S. in elementary education from the University of Maine at Farmington and a M.S. in library and information science from San Jose State University.

Karen Lyford is teaching kindergarten (new position) at Narragansett School. She received her B.S. in Elementary Education (concentration in Mathematics) from the University of Maine at Farmington.

Lauren Mullen is a grades 4/5 teacher at Narragansett School, replacing Brian Penley, who transferred to Village Elementary School. She received a B.A. in Elementary Education from the University of Maine at Farmington and a M.S. in Educational Leadership at the University of New England.

Eric Poulin is teaching in the Autism Program at Great Falls School, replacing Kristina Fitzgerald, who has resigned. He received a B.A. in Media Studies from the University of Southern Maine and a M.Ed. in Special Education from the University of Southern Maine.

Jennifer Stowbridge is teaching first grade at Narragansett School, after repositioning. She received a B.A. in Psychology from the University of Southern Maine and a M.Ed. in Education (concentration in Teaching and Learning and Special).

Sarah Titus is teaching physical education at Gorham Middle School, replacing a long-term substitute. She received her B.S. in Physical Education from Keene State College.

Phyllis Worthley is a transition counselor at both the Middle and High Schools, replacing Ryan Watts for a one-year position. She received a B.S. in health and physical education from the University of Maine at Presque Isle and a M.Ed. in counselor education from the University of Maine.

School Notes

Anyone interested in volunteering in the schools needs to fill out the online volunteer registration form found on the district website, www.gorhamschools.org. Click on the volunteer heading. Those who have attended a volunteer orientation in the past just need to complete the registration form. Those who are new to Village schools and wish to become a part of the volunteer program, can check out the orientation dates that are also located on the volunteer webpage, listed below the volunteer registration forms. To volunteer in any school you must attend a volunteer orientation.

Gorham Adult Education will host a workshop that covers all factors of entitlement to Social Security benefits and the basics of Medicare. A representative from the Social Security Administration will be on hand. Social Security & Medicare Basics, Sept. 19, 4 to 5:30 p.m., Gorham Middle School, \$10. FMI or to register, visit www.gorham.maineadulted.org or call 222-1095.

SPORTS

Gorham Summer Track Team Shines at Maine State Championships

MARTIN GAGNON
Sports Editor

They may not be the largest team, but they have heart. The Gorham Summer Track team, which is comprised of athletes from Gorham, Steep Falls and Standish, had a tremendous showing at the 49th Annual Maine Summer Track and Field Championships, featuring the best 15 and under runners, jumpers and throwers.

Out of the 34 teams competing at the state meet, the girls' team tied for seventh while the boys' team finished second. Overall, the Gorham squad finished third behind two much larger programs which sent well over 70 athletes to the State meet. In comparison, Gorham sent 28 athletes out of their 45 person roster.

Coach Todd Bickford said that since the season opened on June 20, the boys and girls worked extremely hard as they learned the proper form and technique in their respective events. The team held practices on Tuesday and



Photo credit Susan Marshall

The Gorham Summer Track team participated in the opening ceremony at the 49th Annual Maine Summer Track and Field Championships.

Wednesday nights in addition to five developmental meets leading up to the qualifying meet and State meet.

"Our goal with the summer track program is to expose the boys and girls to competitive track and field with an emphasis on learning the basic skills in a fun environment. Our coaches and

ARTICLE CONTINUED ON PAGE 11



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Fall Quest for Championships Underway at Gorham High School

MARTIN GAGNON
Sports Editor

Long before the first school bus pulled into Gorham High School, Gorham athletes had been converging on the fields and working hard towards what they hope will become a championship season. Several of the Gorham High School head varsity coaches spoke about their upcoming seasons for our Fall sports preview.

GOLF

Coach: Rick Altham
Last season's record: 4-6
Key Returning Players: Cam Stevens, Brandon Desjardin, Lucas Roop, Ryan Kaczmarek, Jordan Allen and Marc Yankowsky

Captains: Marc Yankowsky, Brandon Desjardin and Cam Stevens

Promising Underclassmen: Alex O'Connor, Tyler Haines and Peter Boswell

Coach's Outlook: This year's team is looking to build upon the experience they gained by being competitive in the majority of their matches last year. The team has been working hard and is determined to finish the season with a winning record. There are quite a few upperclassmen on the team who are good leaders which will help us when we face some adversity. We play in a strong division and a lot of our matches will be won by the team that makes the fewest mistakes.

GIRLS' CROSS COUNTRY

Coach: Jason Tanguay
Last year's record: 7 wins and 8 losses
Key runners: Anna Slager, junior, captain; Audrey Perreault, senior, captain; Meadow Fortier, junior; Hayley Bickford, junior

Key meets: Class A Regional Championship at Twin Brook in Cumberland

Coach's Outlook: The girls' cross country team only graduated one senior from last year's team so we are hopeful

with the addition of a few athletes who are new to cross country and some talented freshmen that this team could be a very competitive team in the league. Many of the girls put in a good amount of summer running so this also will help our team be successful this fall.

BOYS' CROSS COUNTRY

Coach: Jason Tanguay
Last year's record: 12 wins and 3 losses

Key runners: Anthony Chase, junior, captain; Carlos Monsen, junior, captain

Key meets: Class A Regional Championship at Twin Brook in Cumberland

Coach's Outlook: Our boys' cross country team graduated 12 seniors this past season. We have two returners from our top seven and only one senior on the team so there are many new faces to work with. I am excited to see the identity of this team develop over the fall. Our team does have many athletes on it so I am hopeful some of them can make positive strides in developing into distance runners.

BOYS' SOCCER

Head Coach: Tim King
Last season: 12-1-1 regular season record (defeated in quarterfinals of playoffs)

Key returning starters are senior striker Jackson Fotter, senior midfielders Ryan Firmin, Tyler Richman, Ethan Orach, and junior forward Kyle King.

Outlook: Many underclassmen are ready to step in and contribute to what is a deep and talented team. If all goes well, the Rams are planning for a deep post-season run.

GIRLS' SOCCER

Head Coach: Jeanne Zarrilli
Last year's record: 15-3-0 (So. ME champs - state runner-up)
Returning starters: Goalie Emma Smith, Narissa Libby, Noelle DiBiase, Caitlin Callahan, Jenna Cowan, Emma Fargues, Hallie Shiers and Meg Perrin
Captains: Emma Smith, Jenna

Cowan, Meg Perrin, Narissa Libby
Key games: Scarborough, Windham, Thornton Academy, Marshwood and Sanford

Coach's Outlook: We have a core veteran squad who will combine with talented players that have grown tremendously in the off season. We expect to compete in every game we play and be competitive in the playoffs.

FIELD HOCKEY

Head Coach: Rebecca Manson-Rioux

Last season's record: 4-9
Key Returning Players: Mary Adams, Karen Stemm, Erin Esty, Jamie Juskiewicz, and Jenna Webster

Captains: Mary Adams, Karen Stemm, Erin Esty

Promising Underclassmen: Isis Adams, Grace McGouldrick

Season Outlook: The Rams are looking to have a promising season with eight skilled seniors leading the way. The Rams have speed, strong passing and leadership helping them reach their full potential.

VOLLEYBALL

Last year's record: 6-9-0
Head Coach: Nicole Rizzo

Key players: Seniors Diana Kolb and Kristen Curley

Promising underclassmen: Isabelle Kolb, Meg Perry, and Carolin Mills

Coach's Outlook: There is an extremely positive outlook on this upcoming season. We are rebuilding this year and have a lot of young, talented, and excited girls that are just ready to learn! We are setting goals and doing our best to make sure we do all we can to achieve them.

FOOTBALL

Head Coach: Andy Hager
Last season's record: 0-8
Key Returning Players: Jack Niles, Hunter Poitras, Cam Caron, Nate Hotham

Captains: Jack Niles, Hunter Poitras, Cam Caron

Promising Underclassmen: Nate Burchill, Ethan Stump, Adam Ouellette, Tyler Rollins

Season Outlook: The football program is once again being talked about at the high school. The number of players has doubled with 46 joining the program. A great exhibition game victory against Lake Region has the team excited.



The Gorham Youth Travel Basketball Association (GYTBA) will be holding player assessments for the 2016-17 season for the Girls 5th & 6th and Boys 5th & 6th grade teams. Player assessments will occur at the Gorham Middle School as follows:

| | | | |
|-----------|--------------|------------------------------|------------------------------------|
| Monday | September 19 | 6:00-7:00 pm 7:30-8:30 pm | 5th grade boys 6th grade boys |
| Tuesday | September 20 | 6:00-7:00 pm 7:30-8:30 pm | 5th grade girls 6th grade girls |
| Wednesday | September 21 | 6:00-7:00 pm 7:30-8:30 pm | 5th grade boys 6th grade boys |
| Thursday | September 22 | 6:00-7:00 pm 7:30-8:30 pm | 5th grade girls 6th grade girls |

Please arrive ½ hour prior to listed start times for registration. In addition, the GYTBA is soliciting parents or other adults who may have interest in participation as a coach at the travel level. For more information on coaching opportunities, please contact: Lyle Tracy @ 839-4833 & 671-6231 (cell) and tracyklack@maine.rr.com.

Gorham Summer Track

CONTINUED FROM PAGE 9

high school volunteers do a wonderful job working with the athletes on a weekly basis," said Bickford.

Gorham's individual performances (finishing in the top six) are as follows:

Andrew Farr - State champion in the 13-14 boys' 100 and 400, 2nd in the 200

Rowan McDonald - State champion in the boys' 9-10 800m race walk

Wes Brinegar - State champion in the boys' 13-14 high jump, 2nd in the 400m and 5th in the triple jump

Jackson Bartick - State champion in the boys' 8 & under turbo javelin, 2nd in the long jump and high jump

Daniel Smith - State champion in the boys' 8 & under 800m race walk

Tyler Bartick - State champion in the boys' 9-10 high jump and 6th in the long jump

Delaney Hesler - State champion in the 11-12 girls' 800, 1500 and 3000.

Meseret Day - 2nd in the girls' 9-10 800m race walk

Emma Green - 3rd in the girls' 11-12 high jump and 6th in the long jump

Eliza Morris - 3rd in the girls' 11-12 shot put

Girls' 9-10 4x100 relay - 3rd (Meseret Day, Natalie Smith, Vicki Sands, Hannah Bickford)

Griffin Gammon - 3rd in the boys' 9-10 turbo javelin and 6th in the high jump

Jakub Jastrzebski - 3rd in the boys' 13-13 100m hurdles

Caroline Bishop - 4th in the girls' 13-14 1500m race walk

Ella Novak - 4th in the girls' 11-12 high jump

Abby Marshall - 4th in the girls' 9-10 shot put

Evelyn Rush - 5th in the girls' 9-10 1500m and 6th in the turbo javelin

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BIRTH ANNOUNCEMENTS

William and Coleen Plummer of Goodall Rd. proudly announce their daughter Lacey Plummer (GHS '97) and son-in-law Steve Ungerer have given birth to twins Nelson Frederick and Daphne Irene Ungerer on August 10. Fraternal grandparents are Karen and Fred Ungerer from Highland Mills, NY. The babies are named after their great grandparents, Nelson and Irene Wagner.

PASSINGS

Journalist and author Kevin Mills passed on August 4. Memorial services to be held at Cressey Road United Methodist Church, 81 Cressey Road, on Sunday, Sept. 11 at 2:30 p.m.

GRADUATIONS

Leanna Dalfonso (GHS '12), Bachelor of Science in Kinesiology, Summa Cum Laude, Gordon College

Hannah Shorty, Doctor of Pharmacy, Cum Laude, University of Rhode Island

Victoria Parker, Bachelor of Science in Human Development and Family Studies, Summa Cum Laude, University of Rhode Island

Michael Genovese, Bachelor of Science in Business Management, Western Governors University

OF INTEREST

The Portland Water District's Westbrook/Gorham Wastewater Treatment Facility recently received a Silver Peak Performance Award. Presented by the National Association of Clean Water Agencies, the award recognizes public wastewater treatment facilities for their outstanding compliance records in the 2015 calendar year. The silver award recognizes facilities that have received no more than 5 National Pollutant Discharge Elimination System permit violations per calendar year.

Lakes Region Senior Center recently received a "Creative Aging Grant" from The Maine Arts Commission to fund a six-week ceramics class for seniors at The Center. The course will be taught by Windham sculptor Anne Alexander and will take place in January-February of 2017. Participants will learn to model and construct functional objects out of clay, which will then be painted with beautiful glazes. There will be a minimal materials fee for participation. Details will be announced in December.

Racing for a Cure:

After **Brian Darling (GHS '13)** won the recent track championship at Beech Ridge Motor Speedway, he combined his winnings and donated \$1,625 to spinal muscular atrophy research. SMA is a genetic disease that affects the motor neuron cells in the spinal cord, impacting the ability to walk, eat, or breathe. Darling did this in honor of his cousin's 17-month-old baby who lives with this disease.



Good Shepherd Food Bank will bring their Food Mobile to Gorham on Tuesday, Sept. 13, from 9 to 11:30 a.m. in the Saint Anne's Church parking lot at 299 Main Street. Anyone in need of food assistance is welcome to attend. There is no cost. Patrons are asked to bring their own shopping bags and boxes. Food will be distributed on a first-come, first-served basis while supplies last. FMI, www.gsfb.org.

The Gorham Conservation Commission (GCC) will hold its third Fall Trail Day on Sunday, Oct. 2 at 9 a.m. Come join friends and neighbors for the morning as we help improve the

beautiful trail system right here in downtown Gorham. Bring a pair of sturdy shoes, work gloves and a water bottle. If you have a favorite pair of loppers or cutters, please feel free to bring them, but there will be plenty of tools. There are jobs for all skills, ages and abilities: brush clearing, trash pickup, path improvements, and more. Meet at the end of Wentworth Drive off Gray Rd. (Route 202). There is plenty of parking available.

The fall collection of mittens, hats and scarves through Lakes Region Senior Center has begun. Members, relatives, and friends are invited to donate these needed warm items whether knitted, crocheted, or purchased. Last year's 138 collected items were divided between Windham and Gorham primary schools. Drop off collected items at the Senior Center at the Little Falls Activity Center, 40 Acorn Street. FMI, 839-6353.

Michael Roberts is studying abroad at Champlain College's campus in Dublin, Ireland for the fall 2016 semester.

Baxter Memorial Library will hold an informative event on defeating ticks and mosquitoes on Wednesday, Sept. 21 at 6:30 p.m. Learn to decrease your chances of being infected by diseases carried by ticks and mosquitoes. Kathy Johnston, trained by the Maine Center for Disease Control & Prevention, will air videos and answer questions. Find the best ways to defend yourself. Free and open to the public. FMI, 222-1190 or www.baxterlibrary.org.

The Lakes Region Senior Center trip to Oxford Casino on Sunday, Sept. 25 has been postponed. Deposits will be refunded or used for another date. FMI, 839-6353.

ON-GOING EVENTS

The Gorham Food Pantry, located at 299-B Main St. (parking lot of St. Anne's Catholic Church), is open every Thursday morning from 9 to 11 a.m. and the second and fourth Wednesday of every month from 6 to 7 p.m. Free for Gorham residents in need. FMI, 222-4351 or visit www.gorhamfoodpantry.org.

The Lakes Region Senior Center, located at the Little Falls Activity Center, 40 Acorn Street, is open Monday through Friday from 9 a.m. to 1 p.m. Join them daily for coffee, tea and socializing. Ongoing daily activities include Mahjong on Mondays - beginners welcome. FMI, Diane 892-9529; Tuesday crafts and card games. FMI, Avis 892-0298; The Memoir Writing Group meets the second and fourth Wednesday of the month. FMI, David 892-5604; Thursday Table Games at 10 a.m. and Friday Art Workshop at 9 a.m. FMI, 892-0299.

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The Gorham Medical Closet located at the Municipal Center, 75 South St., is free and available to Gorham residents in need of portable wheelchairs, hospital beds, shower seats, commodes, walkers, canes and more. FMI, call 839-4579, 839-3630, 839-2484 or 839-3859.

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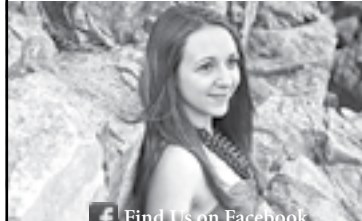
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TOO MANY COOKS IN THE KITCHEN

Officer responded to a disturbance on George St. Parties were having a verbal confrontation over how to make stuffed shells.

Fort Hill Road caller showed officer a cat about 25 feet up in a tree. Cat had been up there for the past 24 hours. Officer got a ladder but was unable to retrieve cat. Officer advised cat would come down on its own when it got hungry enough. Officer was notified that it came down the next morning and wandered into the house.

Tow Path Road caller reported a large red fox in the area. It was cornered by a neighbor's dog.

Polliwog Lane caller said his neighbor had posted on Facebook that there was a person dressed in black in the backyard. Officer told caller to call PD when suspicious things are occurring, instead of waiting until the next day.

Compost pile on Plummer Road overheated and started to smolder.

Following a family fight on Julia Drive, parties were separated for the evening.

Suspicious person on South St. was in the Army and was running for physical training.

Tink Drive caller wanted information on how to stop her ex from harassing her.

Suspicious person sleeping in his vehicle on Main St. had been kicked out of his house. He

was sleeping in his car until he had to go to work at 6:00 a.m.

Finn Parker Road man admitted to burning without a permit but stated he wished to dispute burning a mattress.

Suspicious person at Fort Hill Park had stopped to look at the stars. He was moved along.

Buck St. caller wanted to know why police were at Mom's house. They were looking to serve him with court paperwork. He came to the Police Station to get the paperwork.

Officer issued a warning for illegal dumping on Maple Ridge Road and for an expired sticker. Person picked up all the trash and took it home.

Officer advised caller that since the violation she wanted to report had occurred in Portland, she needed to report it in Portland.

Two people who had pulled into Fort Hill Park to talk were moved along.

Multiple callers continue to report IRS scam calls.

Alexander Drive caller reported a pigeon with a green band had gotten into her breezeway. He



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CALENDAR

THURSDAY, SEPT. 8

- Ultimate Frisbee Pick Up Game, 5:30 p.m. Gorham Middle School fields. No charge. Beginners welcome. FMI, Benjamin Quang, benquang@gmail.com.
- Gorham Woman's Club Meeting, 12:30-2 p.m., First Parish Church. State Senator Amy Volk will speak on what she is doing for our community. Guests and new members are welcome. FMI, gorhamwomensclub.org or 239-2766.
- Baby & Me (birth-18 months) Delight and stimulate your baby's senses with books and music, 9:30-9:50 a.m., Baxter Memorial Library. FMI, 222-1190.
- Toddler Story Time (18-36 months), 10-10:30 a.m. Baxter Memorial Library. FMI, 222-1190.

SATURDAY, SEPT. 10

- Greater Gorham Farmer's Market, 8:30 a.m.-12 p.m., 71 South Street (Public park adjacent to Baxter Memorial Library). May through October.
- North Gorham Chess Club, North Gorham Public Library, 2 Standish Neck Road, Gorham, 10:15-11:30 a.m. Drop-in sessions open to players of all ages and skill levels. FMI, libng@north-gorham.lib.me.us or 892-2575.
- Lego Club, Legos provided, 10 a.m.-12 p.m., Baxter Memorial Library. FMI, 222-1190.

MONDAY, SEPT. 12

- Annual meeting and election of officers, 10:30 a.m. Lakes Region Senior Center at Little Falls Activity Center, 40 Acorn St. FMI, 839-6353.

TUESDAY, SEPT. 13

- Preschool Story Time (ages 3-5), 9:30-10:15 a.m. Baxter Memorial Library. FMI, 222-1190.

WEDNESDAY, SEPT. 14

- Story Time (birth-3 years), 10-10:30 a.m., North Gorham Public Library. FMI, 892-2575.
- Town of Gorham Senior Lunch Program, St. Anne's Church, Gorham. Opens at 11 a.m. Lunch served promptly at 12 p.m. \$4. FMI, 839-4857.
- Toddler Story Time (18-36 months), 10-10:30 a.m. Baxter Memorial Library. FMI, 222-1190.

THURSDAY, SEPT. 15

- Ultimate Frisbee Pick Up Game, 5:30 p.m. Gorham Middle School fields. No charge. Beginners welcome. FMI, Benjamin Quang, benquang@gmail.com.
- Baby & Me (birth-18 months), Delight and stimulate your baby's senses with books and music, 9:30-9:50 a.m., Baxter Memorial Library. FMI, 222-1190.
- Toddler Story Time (18-36 months), 10-10:30 a.m. Baxter Memorial Library. FMI, 222-1190.

SATURDAY, SEPT. 17

- Greater Gorham Farmer's Market, 8:30 a.m.-12 p.m., 71 South Street (Public park adjacent to Baxter Memorial Library). May through October.
- Bean-Hole Bean Supper, North Gorham Church, corner of North Gorham and Standish Neck Road, 4:30 to 6 p.m. Three kinds of beans baked underground for 24 hours, as well as homemade salads, brown bread, pies, rolls, hot dogs, and beverages. \$8/\$3.

TUESDAY, SEPT. 20

- Gorham House Itsy Bitsy store, 1:30-3:30 p.m., Gorham House lobby, 50 New Portland Rd. FMI, 839-5757.
- Preschool Story Time (ages 3-5), 9:30-10:15 a.m. Baxter Memorial Library. FMI, 222-1190.
- Mitten Workshop, 10 a.m., Lakes Region Community Center, 40 Acorn St. Bring a pattern or ideas; some free yarn will be available. FMI, Kim, 892-6326.

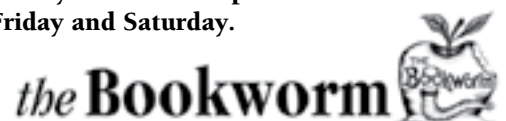
WEDNESDAY, SEPT. 21

- Story Time (birth-3 years), 10-10:30 a.m., North Gorham Public Library. FMI, 892-2575.
- Toddler Story Time (18-36 months), 10-10:30 a.m., Baxter Memorial Library. FMI, 222-1190.
- Town of Gorham Senior Lunch Program, St. Anne's Church, Gorham. Opens at 11 a.m. Lunch served promptly at 12 p.m. \$4. FMI, 839-4857.
- Defeating Ticks and Mosquitoes, Baxter Memorial Library, 6:30 p.m. Learn to decrease your chances of being infected by diseases carried by ticks and mosquitoes. Free and open to the public. FMI, 222-1190 or www.baxterlibrary.org.

THURSDAY, SEPT. 22

- Ultimate Frisbee Pick Up Game, 5:30 p.m. Gorham Middle School fields. No charge. Beginners welcome. FMI, Benjamin Quang, benquang@gmail.com.
- Westbrook-Gorham Rotary Club's 22nd Annual Rotary Classic Golf Tournament, Gorham Country Club, starts at noon. Arrive no later than 11:30 a.m. Open to all as individuals or teams. Proceeds to benefit local high school and vocational scholarship programs. FMI, 333-0892 or 653-6092.
- Flu immunization clinic at Lakes Region Senior Center, Little Falls Activity Center, 40 Acorn Street from 8:30 to 10 a.m. Bring insurance and Medicare cards. No insurance? \$32 or \$60. Open to public.
- Kindness Rocks Project, paint two rocks: one to keep and one to place in our rock garden. 12:30-1:30 p.m. Baxter Memorial Library. FMI, 222-1190.
- Baby & Me (birth-18 months), Delight and stimulate your baby's senses with books and music, 9:30-9:50 a.m., Baxter Memorial Library. FMI, 222-1190.
- Toddler Story Time (18-36 months), 10-10:30 a.m. Baxter Memorial Library. FMI, 222-1190.

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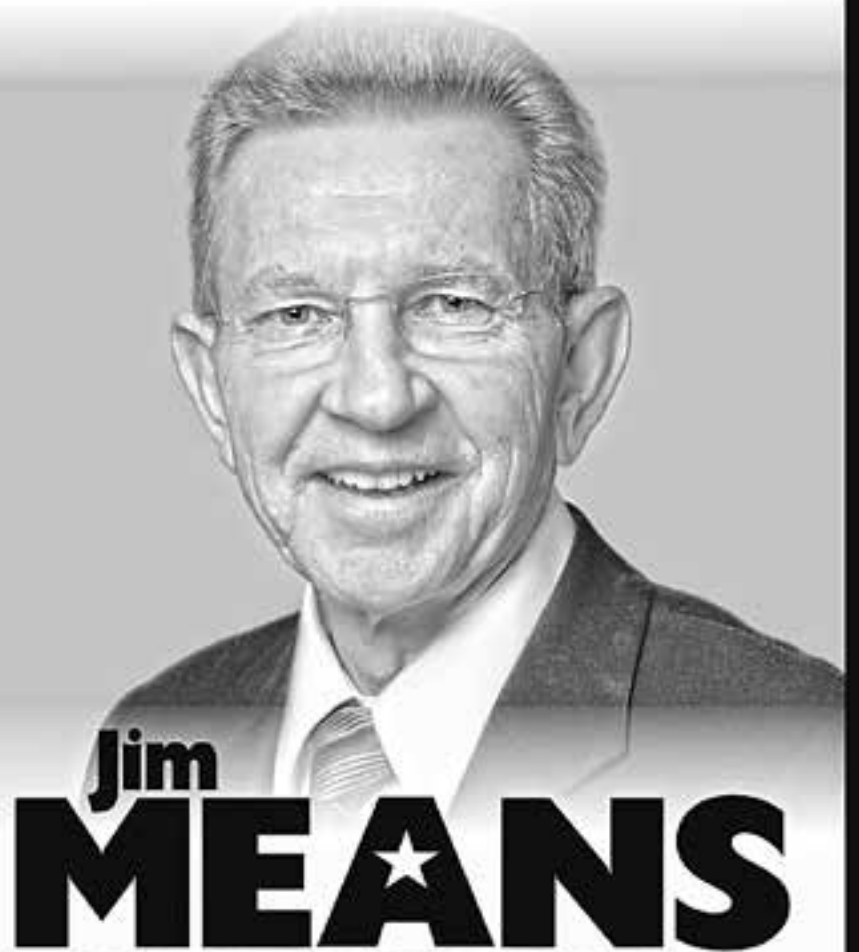


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