

# Your Community Paper Gorham Times

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A FREE, Non-profit, Biweekly Community Newspaper since 1995

## South Gorham Church Merges with Scarborough Church



Photo credit John Ersek

JOHN ERSEK  
Contributing Writer

After almost 190 years as an independent congregation, the South Gorham Baptist Church on County Road announced its merger with South Coast Community Church of Scarborough, which is located on Gorham Road, about halfway between County and Payne Roads. The official date of the merger was January 28. The new name of the merged congregation is Summit Community Church.

For now, the combined church is continuing to maintain and operate both church facilities, which they refer to as their Scarborough campus and their South Gorham campus. In order to make the merger possible, South Gorham Baptist had to end its long-time affiliation with the American Baptist Convention, and South Coast had to leave the Southern Baptist Convention. The newly-formed Summit Community Church is independent.

At the present time, the members of the combined congregation are continuing to discuss the issue of how to handle having two "campuses," as well as other merger issues, but the church members have not yet started the decision making process regarding a long term solution to the issue of having two locations.

Pastor Travis Bush, formerly the pastor of South Coast Community Church and now the pastor of the combined church, and church member Steve Hamblen shared that members of both congregations first got to know each other during the "We Love Gorham" campaign to support

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## Sebago's Opening Date Quickly Approaching



Photo credit Russ Frank

Sebago Brewing plans to open its new tasting room on Lower Main Street in early March. According to the company's blog, the tasting room will feature a wood fired oven and a full service open kitchen with pizza, creative sandwiches and unique entrees, all focused on locally sourced ingredients. The menu will be beer centered and will change frequently. There will be 16 taps and they will rotate in the latest offerings from their pilot brewhouse. The brewery will also have regional distilled spirits and select wines available. Sebago Brewing will be open for tours and dining seven days a week.

## Growing Businesses

SHERI FABER  
Staff Writer

Most local area business parks have very low vacancy rates. The Industrial Park on Route 25 is full with all of the property currently sold. The owners of 17 Laurence Drive, owned by 17 Laurence LLC, have plans to build three units which will be available for lease.

A 2500 sq. ft. building at 59 Sanford Drive, owned by Hampstead Associates LLC, was recently leased. Currently, there are 38 buildings in the Industrial Park totaling 934,606 square feet.

The property adjacent to Nappi Distributors on Lower Main Street is currently under contract to an LLC with which Aaron Cort, owner of Moderne Rug, is associated. No development plans have been announced.

In addition, the Olde Canal Place Industrial Park on Route 237 has three businesses (National Attachments, Shucks Maine Lobster and the Bait Lady) that have signed purchase and sale agreements with plans to start building in the spring.

## Town Hires New HR Director

SHERI FABER  
Staff Writer

Christie Young has been hired as the Town's new Human Resources Director, replacing long time Human Resources Director Jeri Sheldon, who resigned to take a position in Kennebunk.

Young's goal is "to continue building on the strong foundation Jeri Sheldon established during her tenure to ensure that employees at all levels remain engaged and passionate about contributing their full potential towards serving the Gorham community."

Young has worked in Human Resources for the past ten years starting at Irwin Tools in Gorham's Industrial Park. She was subsequently the HR Generalist for the Town of Westbrook and for the past year worked for Cumberland County as its Employee Relations Manager.

A graduate of USM with a degree in psychology, she is currently working on her MBA in Human Resources Management through Franklin Pierce



Photo courtesy of Christie Young

University and expects to complete her degree in August of this year. She also holds PHS (Professional in Human Resources) and SHRM (Society for Human Resource Management Certified Professional) certifications.

In her spare time, Young, who grew up in Chelsea, Maine, now lives in Lyman, enjoys spending time outdoors. She recently purchased a stand up paddleboard and also enjoys canoeing, kayaking, disc golf, ball golf, cross country skiing, snowshoeing, reading and writing.

## Gorham Sightings



Photo credit Roger Marchand

Do you know where in Gorham this photo was taken? Join our visual trivia discussion by entering your best guess on our Facebook page at [www.facebook.com/gorhamtimes](http://www.facebook.com/gorhamtimes) or email us at [gorhamtimes@gmail.com](mailto:gorhamtimes@gmail.com). The location of the photo in the January 25 edition is the front door to Russell Hall on the USM campus in Gorham.

**LONGTIME FAMILY  
BUSINESS CHANGES  
OWNERSHIP PG. 3**

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**LITTLE LEAGUE  
COMING TO GORHAM  
SEE PAGE 6**

Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

# Are You Missing Money?

REP. ANDREW MCLEAN

The Maine State Treasurer's Office releases a list of the unclaimed property in the state every year. The Unclaimed Property Program includes millions of dollars' worth of Mainers' property that was unable to be returned to its rightful owner. Last year alone, Mainers lost \$20 million in unclaimed property. Such property includes bank balances from old accounts, stock dividends, overpaid bills and other assets.

The Treasurer's Office holds these assets free of charge. You can search the list for your name, a family member or your business at <http://www.maineunclaimedproperty.gov/>. Should you find something to claim, the beginning steps can be done right from the website. If you have any trouble at all, please call the Treasurer's office at 207-624-7470 and someone will assist you.

Many Mainers in the greater Gorham area and across the state are unaware they have unclaimed property in their name. This property should be returned to its rightful owner, so please take a moment to see if you, a family member or your business is listed.

I do urge Gorham residents and others to use caution regarding scams.

In past years, the State Treasurer has issued warnings of phone calls, emails and letters in the mail asking for you to pay a fee upfront in order to claim your property. As stated above, there is no fee to claim your property. If you think you are the target of a scam, please report this to the Attorney General's Consumer Protection Division by calling 1-800-436-2131.

In other Augusta news, things have certainly picked up speed at the State House with committees meeting regularly and considering emergency legislation and measures carried over from last year. If you would like to keep track of legislation being considered each week, you can check the public hearing and work session schedule on the Legislature's website

Public hearings are a great opportunity for members of the public to have their voices heard on any piece of legislation. You can attend the public hearing and present your testimony, or you can email your testimony and comments to the committee clerk who will make sure it is delivered to committee members. If you have any questions on this, please let me know.

If you find a public hearing or work session you are interested in listening to online, you can follow "listen to all committees hearings

and work sessions" through the Legislature's website.

As always, please feel free to contact me with your questions and concerns. Hearing your thoughts on legislation and issues both in our district and across the state is crucial to what we do at the State House.



Rep. Andrew McLean, D-Gorham, is serving his third term in the Maine House. He is House chair of the Transportation Committee and represents parts of both Gorham and Scarborough. (207)

939-8482, (800) 423-2900, [andrew.mclean@legislature.maine.gov](mailto:andrew.mclean@legislature.maine.gov)

## Around Town

Town Manager Ephrem Paraschak recently received the Credentialed Manager designation from ICMA, the International City/County Management Association.

Gorham Public Works initiated road postings on February 14. You can see the full list of posted roads at [www.gorham-me.org/home/news/2018-road-load-postings](http://www.gorham-me.org/home/news/2018-road-load-postings). The roads will remain posted through May 1 unless otherwise determined by Public Works, and other roads may be added based on a later assessment of road conditions.

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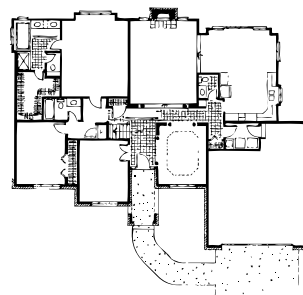
**The Gorham School Department plans to destroy special education records of former students who were born between January 1, 1991 and December 31, 1991.**

Parents, guardians and/or former students may obtain their records on or before June 1, 2018. Proper identification will be required in order to obtain records.

For more information, please feel free to contact the Gorham Special Services office at 222-1002.

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Ad deadline is the Wednesday of the week prior to issue date. Go to [www.gorhamtimes.com](http://www.gorhamtimes.com) and click on the advertising link for schedule.

#### EDITORIAL POLICY

The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

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## WHERE ARE THEY NOW

# GHS Grad Hopes To Bring His Surgical Skills Back to Northern New England

CHRIS CRAWFORD  
Staff Writer

The end is near for Andrew Loveitt (GHS '04), but it is also a beginning that he is really looking forward to. Since graduation in 2004, Loveitt has spent the last 13 years studying to become a physician and honing his skills as a surgeon. He is currently enrolled in a one year surgical fellowship in Advanced Upper Gastrointestinal, Bariatric and Endoscopic Surgery at the Minnesota Institute for Minimally Invasive Surgery in Crosby, Minnesota and is in the process of applying for a permanent surgical position. He would love to be able to come back and start his career in Northern New England next year.

Loveitt graduated from Juniata College in Huntingdon, Pennsylvania in 2008 with a degree in Molecular Biology, then attended University of New England College of Osteopathic Medicine, earning a Doctor of Osteopathy degree in 2012. This was followed by a five year residency, working 80+ hour weeks, in General Surgery at University of Medicine and Dentistry of New Jersey (now Rowan University).

During his fellowship this year, he is studying more advanced minimally invasive surgical procedures, particularly in the fields of weight-loss surgery and surgery to prevent acid reflux. He said, "It has been a great experience. The hospital I am working at truly epitomizes the idea of giving back to the community. I hope to create a similar atmosphere when I move back to the Northeast."

Loveitt was originally interested in pursuing a career in engineering, but realized early on that he did not enjoy the math. He said, "As a surgeon, I get to be an "engineer" of the human body. I have always enjoyed that concept. I have learned how to manipulate people's anatomy and physiology in ways to cure them of disease, which is incredibly stimulating and rewarding."

He performs laparoscopic surgery, which is surgery in the abdominal cavity through small incisions, and also endoscopy, which uses flexible cameras to examine the GI tract such as colonoscopy or upper

endoscopy in order to diagnose and treat disease.

Loveitt believes he got a "phenomenal" education in the Gorham School system. He said, "Throughout college and even medical school I felt like I had a leg up because of the great background I had." He added, "I think that the system as a whole has been a huge part of my success. I actually remember when I was applying to college they thought I had come from a private school because of how professionally everything was prepared by Gorham High."

He had the following advice to share with anyone interested in pursuing a medical career or any career that requires a post-graduate degree: Go to the cheapest undergraduate school you can. He said, "As long as you put in the effort, you can get the same education at USM or UMO as you can at some \$50,000 a year private school. In the end no one really cares where you went to undergrad."

Loveitt currently lives in Deerwood, Minnesota, a town of 516 people, with his wife Courtenay and their dog, Rossi. Courtenay is from Jay, Maine and is also a physician. She specializes in Osteopathic Manipulative Medicine/Neuromusculoskeletal Medicine.

Spare time is hard to come by with their busy schedules, but they enjoy outdoor activities including biking, skiing and hiking. They try to take advantage of the fact that they live near one of the top rated mountain bike parks in the country.

Loveitt is the son of Peter (GHS '68) and Deborah Loveitt (stepmother) and his mother Anna and Ron (stepfather) Seekins. His sister Kate Loveitt Fontaine (GHS '97), as well as stepbrother and sister Jeff (GHS 98) and Kari (GHS '00) Seekins, are all Gorham graduates.

If anyone would like to ask Loveitt for advice on medical careers, they are more than welcome to contact him at [aloveitt@gmail.com](mailto:aloveitt@gmail.com).



Photo courtesy of Andrew Loveitt

# Longtime Family Business Changes Ownership

JAMIE DOUGLASS  
Contributing Writer

In 1969, when Brian Wescott was seven years old, his father Dana Wescott, his grandfather Arthur, and his uncle Tom started Wescott & Sons in Standish. At the time, they sold Skiroule snowmobiles. In 1971, they added Massey Ferguson yard equipment, and by 1977, that had given way to Kubota, after a sales rep came for a visit.

Skiroule faded away by the end of the 70's, and in 1980, Polaris became the company's newest snowmobile to sell. Over time, Arthur retired and Tom pursued other opportunities.

In 1995, Wescott & Sons moved to Gorham and the community has long enjoyed this local business. It has been the place for many to purchase their Kubota equipment, a new snowmobile, chainsaws and other yard maintenance items.

As Brian and his brother Jeff grew up, they joined the ranks with their father and enjoyed meeting and sharing their love and knowledge of the equipment with customers. Annually, they would set up at the Fryeburg Fair and chat with the interested fairgoers as well as the casual passersby.

Snowmobiling was a favorite family pastime that was enthusiastically shared with the community as could be evidenced by a sign at the business indicating how many days until the riding season began or how much snow to



Photo courtesy of Facebook

After nearly 50 years in business, Wescott & Sons on Route 25 in West Gorham, was purchased by New Hampshire-based MB Tractor in January of this year.

expect from an upcoming storm. The sign, Brian shared, was the brain child of his sister-in-law and niece.

Dana Wescott lost his battle with cancer in 2017. It was a sad time for the family, and thinking ahead to the "road to retirement," Brian decided to sell Wescott & Sons. The buyer, MB Tractor of NH, is an equipment rental and sales company from New Hampshire. While the company will no longer sell Polaris products, the Kubota brand remains.

The Wescott brothers are still involved with the business: Brian remains the general manager and Jeff works as the parts and service manager. Both are happy to share a story from their many years at the family business.

## South Gorham Church merges

CONTINUED FROM PAGE 1

Gorham schools and facilities. They both emphasized that the merger, which they agreed was "unusual," was motivated mostly by a desire to enhance the mission of both churches, rather than any feeling of "desperation."

They went on to state that both churches had paid-up mortgages and stable income, and neither church was experiencing significant financial problems. Pastor Bush stated that both congregations decided the other congregation could be a good match for them in terms of filling in gaps regarding how they were fulfilling

their respective missions. He added that both churches realized they could be "better together."

Currently, two Sunday worship services are being held only at the Scarborough campus at 9 a.m. and 10:30 a.m. Youth groups and other age-specific groups are continuing to meet regularly at the South Gorham location, which is also available for various functions, such as weddings.

The combined church is planning an Easter Sunday "open house" to introduce the combined congregation to the community, with details still to be announced.

**GHS GRAD NEWS:** If you, or your son or daughter is a GHS graduate, we would like to share your achievements in the Gorham Times Of Interest section or in a Where Are They Now feature. Of Interest submissions should include the year of GHS graduation and should be no longer than 75 words. Contact Chris Crawford at [ckck5@maine.rr.com](mailto:ckck5@maine.rr.com), Kathy Corbett at [ktcorbett@aol.com](mailto:ktcorbett@aol.com) or Cindy O'Shea at [coshea2@maine.rr.com](mailto:coshea2@maine.rr.com).

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Join us on Wednesday, Feb. 28 at 6pm  
Conference Room A, Gorham Municipal Center to hear more about Cape Breton and this trip.

Cindy Hazelton CPRP- Gorham Recreation Dept. - 222-1630 [chazelton@gorham.me.us](mailto:chazelton@gorham.me.us)  
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# To Itemize or Not to Itemize: 2018 Changes to Deductions

MISTY D'AMICO  
Contributing Writer

My mother is a fantastic tax client. She meticulously records her property taxes, medical receipts and charitable contributions and sends the support to me in a well-organized shoebox. However, this effort is largely unnecessary because she has only qualified to itemize deductions once in the last ten years. As a Texan with no state income tax, her itemized deductions have not typically exceeded the standard deduction.

I would guess that most working homeowners in Maine (with our relatively high income and property taxes) have historically itemized deductions. However, with the tax reform changes, you may be in for a surprise; fewer of us will qualify to itemize deductions in 2018.

As we outlined in the last issue, the standard deduction for 2018 has increased to \$12,000 for individual filers and \$24,000 for couples. So, for 2018, your qualified deductions as calculated on Schedule A of the tax return will have to exceed these amounts for itemization to be beneficial. However, some of the biggest changes are about itemized deductions.

In the past, you were allowed

deductions for all state income and sales tax, real estate taxes and personal property taxes paid during the year. For 2018, you will be limited to a \$10,000 deduction for all of these state and local taxes combined.

The next most common deduction is for mortgage interest paid. Tax reform has limited the deduction on mortgage interest for mortgages taken out after December 14, 2017 to only the interest on the first \$750,000 of mortgage debt. So, if you have a new \$1 million mortgage, only 75% of the interest paid will be deductible.

Also, interest on home equity loans will no longer be deductible after 2017. This rule affects interest on all home equity loans used for purposes other than to improve your home, even if you took out the loan before December 2017. Previously, you could deduct interest on home equity loans regardless of what the loan was used to purchase.

One bit of good news is that taxpayers may deduct unreimbursed medical expenses that exceed 7.5% of adjusted gross income. Previously, your unreimbursed medical expenses had to exceed 10% of adjusted gross income. This

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## LIVING

# No Worries

DR. ROB LAVOIE

All of us worry to some extent. Most worries come from day to day stressors like money, relationships, parenting, family, health, work, and fear of the unknown. Some worries are more serious than others and can escalate into anxiety and other mental health issues. Most of us can usually “roll with the punches” and live our lives as we wish. But do we? Are we really managing worry and the stress it produces?

If the weather forecaster told you there was a 92% chance of sunshine and an 8% chance of rain tomorrow, would you exit the house with rain boots and an umbrella or sandals and sunglasses? Most would don some shades and tackle the day without the thought of being drenched by a downpour.

Let us apply this statistic to our worries and fears. If you were told that 92% of your worries will never manifest, would this change what you allow to occupy your thoughts or what you worry about? Would you spend less energy worrying about your finances, that strange mole on your back, or worrying about your kids? What about that stick on the trail that looks like a snake?

Truth be told, the percentages have nothing to do with tomorrow's weather. They come from a study on worry published years ago and have since been refashioned numerous times in psychology and self-help publications.

Here's what people worry about: Things that never happen - 40%. Things in the past that cannot be changed - 30%. Worries based on illogical deductive thinking (I don't feel good, I must have cancer) - 12%. Petty worries - 10%. Truly legitimate worries - 8%, 2% of which we cannot change. 92% of worry will NEVER manifest.

For well over a decade now I have been making copies of these numbers. Each room in my practice has a stack of them. I do this because we all need reminders and also because emotional health is always a factor when it comes to addressing physical issues faced by patients.

Worry, a form of negative mental stress, affects our physical bodies in unhealthy ways. It wreaks havoc on our nervous, endocrine, and immune systems. It triggers a primal defense mechanism; the sole purpose of which is to keep us alive. This defense mechanism is called flight or fight. We do not grow or heal in this state, we simply survive at all costs. So what can we do to combat worry?

First, write down those statistics on a pieces of paper and display them in places where you commonly worry: at your work desk, in the car, home office, or on the treadmill. Read these numbers in times of worry and stress and focus on the 8%. Tell yourself that statistically, you and your family will be fine. Transform that negative energy into positive energy.

Second, base your thoughts on logical thinking, not illogical thinking. For example, it makes no logical sense to worry about Lyme Disease when you find a tick crawling on your skin. It must be a deer tick and it must be latched for you to be exposed to the bacterium. Even then, not all ticks carry it. Logically there is no reason to worry about Lyme if you brush a crawling tick off your skin. Knowledge and understanding can help you apply this logic in any area of your life.

Lastly, let your past experiences be your guide. Remember Y2K? It never happened, in spite of all the hype and worry. Think back on times of worry and uncertainty in your own life. Then think about the outcome. Was the worry worth the negative energy expended? You will find that much of your worry never manifested.

Remember that we choose how we focus our energy. Worry does us no good; neither in energy spent nor its effects on our health. By removing unnecessary worry, we can focus on positive thoughts which lead to a happier, richer, and more rewarding life.



Robert Lavoie D.C. is the owner of Chiropractic Clinic of Gorham.

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FEBRUARY 6, 2018  
**Town Council**

JACOB ADAMS  
*Staff Writer*

• Councilor Benner reported that things are moving along quickly to bring Metro to Gorham. The bus routes and stops have been determined and she is excited to see the service begin.

• Councilor Stelk stated that she attended a workshop on Farm Friendly Community which looks into ways of making Gorham more farm friendly. She also reminded citizens that the Gorham Village Alliance is still looking for volunteers to help with efforts to make the Town more vibrant.

• Councilor Hager thanked Finance Director Sharon LaFlamme, for her hard work in preparing the Town's annual Comprehensive Financial Report. She also reported that Gorham received a very clean audit report and was the recipient of the Certificate of Achievement Award from the Government Finance Officers Association for the 15th year in a row.

• Town Manager Ephrem Paraschak welcomed Christie Young, the new HR Director for the Town of Gorham.

• The Town Council issued a renewal liquor license to MK Kitchen, LLC, located at 2 School Street.

• Stefania Strzalkowska and Joshua Haiss were appointed to the Gorham Conservation Commission to fill two vacancies.

• The Town Council will appropriate up to \$3,000 from the Open Space Impact Fee Fund for the purpose of surveying a recreational trail easement to be conveyed by Avesta Housing to the Town of Gorham.

• A request to update the Town department administrative service, licensing and permit fees was referred to the Finance Committee for their review and recommendation.

• The Council also referred to the Ordinance Committee a request to amend the Land Use and Development Code to allow varied density in the Village Centers and Urban Commercial District.

• The Ordinance Committee's recommendation that no action be taken to amend the Fireworks Ordinance was accepted.

• Complete minutes are available on the town's website at [www.gorham-me.org](http://www.gorham-me.org).

FEBRUARY 5, 2018  
**Planning Board**

The Board voted to recommend adoption by the Town Council of an amendment to the Land Use and Development Code to allow mobile vending units in the Roadside Commercial, Industrial, Narragansett Development, Agricultural/ Industrial, Urban Commercial and Gorham Village Center zoning districts.

Discussed and tabled was Kara Estey and Zeb Ellis's request for approval to convert an existing structure located at 19 Flagg Meadow Road, the former Biodiversity building, into five apartment units with proposed patio, deck areas and new unit entrances.

BNO, LLC's request for approval of a 6-lot subdivision, "New Colony Settlement," on 18.16 acres between Route 25 and Brown Road was discussed and postponed.

Simon Willcox's request for approval to revise the location for placement of a single-family house, driveway, septic system, and re-delineated wetland boundaries on property located in Norlek Heights Subdivision at 7 Sugar Way was approved with findings of fact and conditions of approval.

Mega Industries requested a sketch plan review of a 6,230 sq.ft. building expansion in the Gorham Industrial Park. The property is located at 28 Sanford Drive. The issue was discussed.

The Board moved to forward with an amendment to Chapters 1 & 3 on subdivision requirements for high intensity soils surveys to the Town Council for consideration as an amendment to the Land Use and Development Code.

**Gorham Times**  
**SUBSCRIPTIONS**

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**MISCELLANEOUS NOTICE**

Notice is hereby given that the Town of Gorham, Maine is seeking historical information regarding the Gorham Village Corporation and/or the Martha Robie Park Commission, both of which are now defunct. Specifically, the Town is looking for individuals who were involved in either organization and/or may know living individuals with relevant information.

Any persons with knowledge or information about this subject are encouraged to contact: Ephrem Paraschak, Town Manager, 75 South St., Suite 1, Gorham, ME 04038, (207) 222-1650, [www.gorham-me.us](http://www.gorham-me.us).

**November ~ December Arrests**

Main St. man, 32, was arrested for failing to pay a fine.

Huston Road man, 37, was arrested for operating after habitual offender revocation of license.

O'Brien Drive man, 30, was arrested for failure to appear, violating conditions of release, domestic violence assault and failure to appear.

Steep Falls woman, 35, was arrested for OUI.

Brodeis Way man, 21, was arrested for OUI.

Great Falls Road man, 21, was arrested for violating conditions of release.

Lewiston man, 18, was arrested for being a minor in possession of liquor, illegal possession of marijuana, possession of drug paraphernalia and operating without a license.

Ossipee Trail woman, 27, was arrested for violating probation.

Bangor man, 20, was arrested for OUI and operating without a license.

Daniel St. woman, 52, was arrested for OUI.

Buxton woman, 26, was arrested for OUI.

Massachusetts man, 38, was arrested for engaging a prostitute.

Oak Circle man, 27, was arrested for violating a protective order and violating conditions of release.

Baldwin man, 29, was arrested for operating after suspension.

Portland woman, 20, was arrested for violating conditions of release

North Gorham Road man, 31, was arrested for OUI (1 prior)

So. Thomaston man, 22, was arrested for violating conditions of release.

Highland Ave. woman, 42, was arrested for OUI and violating conditions of release.

Buxton man, 22, was arrested for theft by deception and violating conditions of release.

Shirley Lane man, 28, was arrested for OUI.

Standish Neck Road man, 29, was arrested for assault, indecent conduct, and aggravated reckless conduct.

Westbrook man, 20, was arrested for robbery and violating conditions of release.

Queen St. man, 31, was arrested for criminal trespass and theft by unauthorized use, and was held for probation.

Keene Drive, woman, 50, was arrested for OUI, failure to give correct identification information, operating while license suspended or revoked and operating a vehicle without a license.

So. Portland man, 37, was arrested for having had his probation revoked.

**To itemize or not to itemize**

CONTINUED FROM PAGE 4

change has been made retroactive to January 1, 2017 which means that you should consider this when you prepare your 2017 tax return.

Another positive change is an enhanced deduction for charitable contributions which raised the limit that can be contributed each year. The limit for 2018 is 60% of adjusted gross income which is an increase from 50% in 2017. As in the past, any charitable contributions in excess of this limit can be carried to the next year.

While this is not a comprehensive list of changes to itemized deductions (miscellaneous deduc-

tions like tax preparation fees have also been eliminated), the likelihood is that many more taxpayers will rely on the standard deduction in 2018. This may be a relief to you since the record keeping burden may be lessened, but before you throw away your receipts, it is important that you discuss these changes with your tax advisor to determine the impact to you.

*Misty D'Amico has over 25 years tax experience in public accounting and private industry. She has lived in Gorham for six years with her family. She (infrequently but passionately) blogs on a variety of topics at [www.taxchowder.com](http://www.taxchowder.com).*

**Real Estate Transfers July 2017**

ADDRESS	BUYER	SELLER	PRICE
772 GRAY ROAD	CATHCART, RANDALL	VESTPRO, INC.	\$195,900
5 LOMBARD STREET	FLANNERY, KAREN	TERRA NOVA, LLC	\$234,900
25 PHEASANT LANE	POIRIER, ANDREW	DONALDSON, ANDREW & TORRE	\$440,000
42 VILLAGE WOODS CIRCLE	HUDSON, BRETT & NICHOLE	RICARD, EMILE	\$390,000
417 SEBAGO LAKE ROAD	BODKIN-RUBINO, KRISSE & GABRIEL	SIMARD, BENJAMIN	\$185,000
FORT HILL ROAD LOT 1	65 NO. AVE LLC	BRANSON HOUSE LLC	\$85,000
FORT HILL ROAD LOT 2	MAIN & STATE ST. LLC	LOVEIT, DEBORAH	\$85,000
15 DANIEL STREET	CASEY, CARLTON	MARANDOLA, JAMES & JEAN	\$149,000
5 SHIRLEY LANE	WILLIAMSON, LISA & LORD, RITA	ARNOTT, JESSICA	\$243,000
211 DINGLEY SPRING ROAD	WHITE, BENJAMIN & MELISSA	THOMPSON, TERRI	\$329,900
39 SNOWBERRY DRIVE	LOCKE, TAYLOR	GREGOIRE, SHARON & JAMES	\$81,250
15 BRADFORD DRIVE	HATCH, PHILIP III & LUCIE	LEWIS, BEVERLY & MERCIER, JANET	\$320,000
12 COTTON DRIVE	ROY, BENJAMIN & ELIZABETH	NORMAND BERUBE BUILDERS, LLC	\$391,000
5 CORNUCOPIA WAY	TOLMAN, KENNETH & ALYSSA	LUDWIG, MELANIE	\$345,000
53 MURRAY DRIVE	HEADY, DAVID & NICHOLE	BLANCHARD, CHRISTOPHER	\$395,000
29 HANNAH DRIVE	HYCHKO, LOUIS & JAMIE	LARA, DAVID & TABITHA	\$250,000
13 WAGNER FARM ROAD	LARA, DAVID & TABITHA	NICKERSON, RON & CARON-NICKERSON, LARA	\$334,900
3 WEBSTER ROAD	STEVENS, KOREY & GLIDDEN, DARRAUGH	RUPP, JENNIFER & TAITH	\$282,000
4 CAITLIN DRIVE	MERCIER, JANET & LEWIS, BARBARA	WALDRON ESTATE	\$250,000
1 WOODS EDGE DRIVE	MACDONALD, CLAIRE & WILLIAM	KASPRZAK HOMES, INC.	\$390,910
119 BURNHAM ROAD	CLARK, IAN & JULIE	MARCISSO, JAMES & REBECCA	\$389,900
11 SUMMERFIELD COURT	GONYA, PAULA	KASPRZAK HOMES, INC.	\$430,125
115 SEBAGO LAKE ROAD	IRISH, MEAGAN & BOUDREAU, NICHOLAS	LIND CHAMBERS LIVING TRUST	\$220,000
11 GROVE STREET	KACZMAREK, KATARZYNA & DARIUSZ	BRAMBLEWOOD, LLC.	\$311,450
24 SHAMROCK DRIVE	PIERI, GLENN & EPPERSON, BETH	LUNDIN, TRACY & LEA	\$395,000
11 LACEYS WAY	REARDON, KRISTEN & JUSTIN	MOLER, DANIEL & LINDA	\$331,000
90 SOUTH STREET	WHITTEN, CHARLES & ERMELINA	BERRY, CHRISTOPHER & KATHERINE	\$375,000
28 WOODSIDE DRIVE UNIT 8	JONES, DANIEL	HAWRYLO, JR. JOHN & CANDACE	\$221,000
179 HARDING BRIDGE ROAD	MCDONOUGH, MICHELLE & JOHN	TRAUTMAN, KARL & DEBRA	\$333,000
4 HIDDEN PINES DRIVE	TRIDAY, JOSHUA & AMANDA	TORDOFF, PAMELA	\$256,000
12 GROVE STREET	WOODFORD, RYAN	BRAMBLEWOOD, LLC.	\$295,000
18 JUNEAU WAY	POWELL, KEVIN & KELLY	CUSTOM BUILT HOMES OF MAINE, LLC	\$370,000
776 GRAY ROAD	ABBASY, FARAN & EMAMI, ALSANEH	ALLEN, DARREL	\$159,900
133 HARDING BRIDGE ROAD	YAHWAK, JASON & GAIL	TARBELL, CHARLES & ANTOINETTE	\$110,000
31 MALLISON STREET	PAGE, RONALD & DUBE, CYNTHIA	YOUNG, RALPH & DIANA	\$270,000
16 BALSAM LANE	CRUZ, ROBERT & MEGHAN	HALL, PHILIP	\$267,000



# Sinking Those Shots



Photo courtesy of Ben Michaud

The champions of the 2018 Knights of Columbus Free Throw Championship were crowned on January 27 in Gorham. Pictured from left to right are Ben Michaud (Council Youth Director), Lily Rubin (age 12 girls' champion), Lily Tukey (age 11 girls' champion), Gabe Michaud (age 12 boys' champion), and Mike Foster (Council Grand Knight). All champions will move on to the state competition on March 10 in Old Town.

## Sports Etc.

The Gorham High School Unified Basketball team will play its last game of the season on Wednesday, February 28, at 3:30 p.m. at home. The team will take on Bonney Eagle and the event will include a moment of recognition for the senior players.

## Little League Coming

LESLIE DUPUIS  
*Editor*

Gorham Youth Baseball and Softball Association (GYBSA) recently announced that it would be affiliating with Little League beginning in the 2018 playing season. Gorham previously played under the Cal Ripken program which had age specific teams from U9 through U12 and was formerly part of District 2, the largest

Cal Ripken district in Maine.

Little League is very similar to Cal Ripken; however in years past, Little League had much stricter rules, over local playing rules as well as field requirements.

After fielding numerous requests from parents, the GYBSA board decided to learn more about a possible switch to Little League. In 2017,

CONTINUED ON PAGE 8



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# A Milestone for Holmes



Photo credit Amanda Landry Photography

Coach Laughn Berthiaume and teammates congratulated Mackenzie Holmes after she scored her 1,000th point during a home basketball game on February 3.

ZACHARY MCGOULDRIK  
*GHS Student Intern*

Gorham High School junior center Mackenzie Holmes reached the 1,000-point mark in a recent varsity basketball game. This accomplishment put her into the ranks of several other student athletes throughout Gorham's athletic history, with the most recent being GHS grad Emily Esposito ('17), who is now attending Villanova University.

However, as senior player Michelle Rowe put it, each athlete's experience is different. "I guess we don't really compare [Mackenzie] to Espo that much. The only difference was that Kenzie got her [1,000 points] at home in the first three minutes of the game, and Espo got hers at the Civic Center when we were up by 20."

As a younger athlete, Holmes had some nerves going into the game where she was expected to reach the milestone. "Considering it was already a pretty big game for us, I was super nervous about that and there was some sense of pressure knowing how close I was to 1,000. I tried to tell myself before the game to not overthink it, don't try to do too much, and just have fun with it because I know that not many people get to have a moment like this," she said. "My teammates and coaches were really supportive in letting me know that they were there for me no

matter what so that helped take some of the pressure off."

Coach Laughn Berthiaume added, "Mackenzie has been extremely consistent throughout her career. What has made her special is her ability to adapt to what defenses are trying to do to stop her. Her game has continued to expand and she has not been satisfied to just rely on what has worked in the past. Scoring 1000 points in a career is an amazing accomplishment and to do it in only three seasons is even more impressive."

Both Holmes and Rowe credited the accomplishment, and the lack of pressure leading up to it, to support from the team and overall community. "We know this year's team is a lot different than it has been in the past, but we don't really talk about the past. Even though we have lost more games than we would have liked, the team dynamic is great," Rowe said.

Holmes agreed, and said that getting that final basket that pushed her over the 1,000-point mark was "such a great feeling. The endless support the community gives is amazing and made it a unforgettable day. I could never thank them enough for everything that they have done. My team, coaches, friends, and family support me in no matter what I do so it was really nice for them to all be able to watch. They made it a very special day and I couldn't be more thankful."

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**GUEST TRAINERS**



**Liz Leddy**

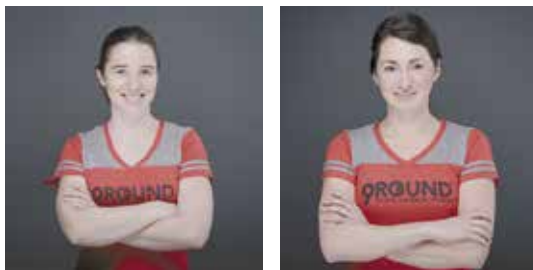
**Darrel Gibson**

**TRAINERS**



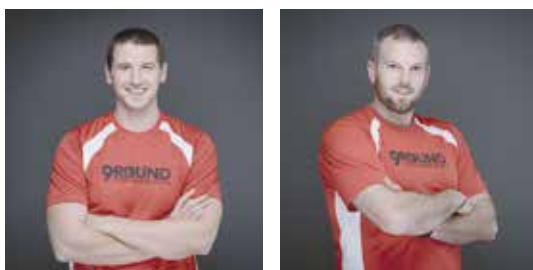
**Kim Arena**

**Alyssa Michaud**



**Michaela Despina**

**Sarah Titus**



**Beau Michaud**

**Travis Bush**

PHOTOS COURTESY OF DAVID ANGLE STUDIOS  
WWW.DAVIDANGLESTUDIOS.COM

**9ROUND TEAM BIOS**

**Melissa Harris-Rioux** – Melissa is a Registered Nurse at Maine Medical Center. In addition to a BS in Nursing, Melissa also holds a BS in Health & Fitness and is a certified Fitness Nutrition Specialist through the American Council on Exercise (ACE). Melissa was a DI softball player at the University of Maine, has been a lifelong athlete, and continues to compete today in the sport of bodybuilding as a women's figure competitor. Melissa is passionate about sharing her knowledge and experience to help people live healthy and happy lives.

**Ted Rioux** – Ted, together with his wife and daughter, is the owner of 9Round Fitness in Gorham. Prior to 9Round, Ted spent 20 years in the medical device and industrial automation industries. He holds degrees in biology, English, and business. Ted is applying his business experience and leadership skills towards bringing a world-class fitness option to Gorham.

**Liz Leddy** – Portland's very own Liz Leddy is one of the top female amateur boxers in the world! Liz is a 3-time National Golden Gloves Champion with 5 New England Championship titles under her belt and 7 National Silver Medals. Liz was the 2009 Women's Continental Featherweight Bronze Medalist and in 2012 participated in the Olympic Games Prep Tournament, where she nearly beat (many thought did) the eventual Lightweight (132lbs) Gold Medal winner. Liz continues to compete at the highest levels while sharing her gift by teaching USA Boxing technique to people of all ages out of the Portland Boxing Club.

**Darrel Gibson** – Darrel is a mixed martial artist with expertise in boxing, Muay Thai, and Brazilian Jiu-Jitsu. With several official MMA fights under his belt and an undefeated record, Darrel has competed at the highest levels of his sport. Darrel is not only a world-class competitor, he is also a highly motivated, effective, and professional trainer, skilled with advanced instruction. Darrel works in Law Enforcement where he teaches fellow officers Defensive Tactics and is also an experienced Self-Defense Instructor.

*As Guest Trainers, Liz and Darrel will be teaching our team boxing and kickboxing fundamentals as well as advanced pad drills. They will also be making regular visits to 9Round to work out with and train our members! How cool is that?*

**Kim Arena** – Kim is a long-time resident of Gorham and a proud mother of three wonderful, grown children. Kim is the Client Care Coordinator for Home Instead Senior Care and is also the Co-Director of Happy Healthy Gorham, a community-wide health and wellness initiative promoting the positive things life offers. Kim is educated as a nutritionist, is passionate about life-long healthy and active living, and dedicates herself to the people she serves and the community she loves being a part of.

**Alyssa Michaud** – Alyssa is a native of Aroostook County. She is a graduate of Cedarville University in Ohio where she earned her B.S. in Allied Health with a minor in Psychology. Alyssa is currently in the process of receiving her doctorate in occupational therapy. Alyssa is an experienced fitness instructor and is thrilled to be able to help others achieve their health and fitness goals through the 9Round program, which she was exposed to and fell in love with while living in Indiana.

**Michaela Despina** – Michaela is a 2017 graduate of the University of Southern Maine where she earned her BS in Athletic Training. Michaela is a Certified Personal Trainer, a Certified Health, Wellness, and Life Coach and is also an associate of doTERRA essential oils. Michaela played soccer at USM and has been a lifelong, multi-sport athlete. She strives to help athletes and non-athletes alike become better at the physical activities they engage in.

**Sarah Titus** – Sarah is the physical education teacher at the Gorham Middle School. She is a native of New Hampshire and a graduate of Keene State College where she competed in cross country and track. Sarah continues to compete as a runner throughout New England. Sarah has a passion for fitness and for helping others enjoy the many benefits that come with leading active and healthy lives. She is thrilled to be able to expand her work within the community beyond the classroom.

**Beau Michaud** – Beau works as a fundraiser for the Portland office of a global non-profit organization focused on identifying and resolving pressing community issues around health, education, and income. He is also a graduate of Cedarville University in Ohio, where he competed as a thrower on the track and field team (and where he met his wife Alyssa). Beau looks forward to combining his experience and knowledge as a competitive collegiate athlete with his passion for giving back to the community.

**Travis Bush** – Travis is the Pastor at Southcoast Baptist Church in Scarborough. He comes to us from North Carolina where he was born and raised and where he competed as a DI collegiate basketball player. Travis is a devoted husband, brother, son and father to four great kids! Travis has aspired for many years to combine his passion for serving others with his love for sport and fitness. He is also one of the most caring and positive people I've ever met!

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## Little League Coming CONTINUED FROM PAGE 6

GYBSA president Cressey Mollison was invited to meet the new local District 6 administrator for Little League and found that many of the previous rules had been relaxed. The entire GYBSA board was then brought in to formally discuss and vote on the Little League proposal.

According to Mollison, the main motivation for the switch is to allow Gorham to play games against neighboring town teams during the regular season. Those towns include Standish, Westbrook, Scarborough, Windham, Portland, Falmouth, and Cape Elizabeth to name a few.

Post season play will take place within Cumberland County (District 6) unless a team wins the district, at which time more travel throughout the state will be required, depending on which district is hosting the state tournament. The state tournament site will rotate and must be hosted by each district. Therefore, it is possible that Gorham teams could end up traveling as far as Calais or Fort Kent for a state tournament.

Under Little League, players will be sorted according to their age groups into Minors and Majors. The GYBSA board chose to stay with the same age delineations that have been in place for six years: 8-12 year olds. Mollison hopes that each team will play at least four games on the road against neighboring towns.

There will be no difference to the players involved for the 2018 playing season; however, Little League does

have a different date of birth cut off for baseball than Cal Ripken did and it will go into effect in 2019. The Cal Ripken cut off was May 1, whereas the new Little League cut off is September 1. The softball cut off will remain as January 1. GYBSA's baseball program for 13 to 15 year olds will continue to participate in Babe Ruth, playing in the Portland League.

Mollison shared, "There are more Little League teams in Southern Maine than there are Cal Ripken teams so based on sheer numbers, I'd have to say that the competition is going up a few notches. We have always been very strong in both baseball and softball and I still feel that will be true with Little League."

GYBSA will continue to partner with the Town of Gorham and the Recreation Department for field usage. GYBSA pays an annual fee for access to the fields as do the other sports programs in town. The Recreation Department will maintain the playing surfaces and Public Works will maintain the mowing.

There will be some changes but Mollison reiterated his hope that parents and players will give the Board some time to work out the kinks as it's a learning curve for all. He said, "just remember that this is for the kids, please be patient."

Registration is now open at GYBSA.com. Player assessments will be held at the USM field house on March 25. Check the GYBSA website for more details.

## A Magical Evening



Photo credit Roger Marchand

Baxter Memorial Library celebrated Harry Potter Book Night with a Hogwarts House Party on February 1. Children came dressed in their best witch and wizard robes and participated in an official sorting quiz before making house bracelets in Diagon Alley. Other activities included a key necklace craft, wand making, a photo op with Dumbledore, searching for a niffler's dropped coins, and refreshments in the great hall under floating candlelight. There was also a Harry Potter trivia contest.

## Laugh a Little

CHRIS CRAWFORD  
Staff Writer

There is not much to laugh about in the midst of a long Maine winter. People are sick to death of the Storm Center theme music and shoveling. They have had it with worrying about slipping on the ice, running out of oil and catching the flu. Many

of us have binged our way through a few too many Netflix and Amazon series. Probably more than a few of us would also like to add our spouses to this list if they make one more snide comment about our mental state.

In my humble opinion, whoever decided to make February the short-

CONTINUED ON PAGE 10

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# Calling All Incoming Kindergarten Parents

GORHAM SCHOOL DEPARTMENT

Parent Information Meetings and Screenings for incoming kindergarteners will be held at the student's neighborhood school. To find out which of the three schools a student should register at, please go to [http://www.gorhamschools.org/transportation/attendance\\_zones/streets](http://www.gorhamschools.org/transportation/attendance_zones/streets) or call the transportation department at 893-2547.

At the Parent Information Meeting, parents will pick up enrollment packets and sign their child up for

the Kindergarten Screenings that will be held in April. Pre-register using the kindergarten registration link at the neighborhood school's link on [www.gorhamschools.org](http://www.gorhamschools.org).

All three Elementary Schools (Great Falls, Village, and Narragansett) will host its own Parent Information Meeting on Tuesday, March 6 at 5:30 p.m.

Please contact any of the Elementary Schools with any questions: Great Falls, 222-1050; Village, 222-1300; and Narragansett, 222-1250.

# Robie Street Speed Issues

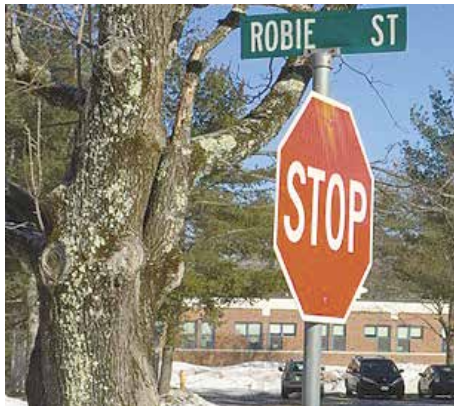


Photo credit John Copperberg

Fifth graders Ella Goff and John Copperberg recently wrote an article for the Village Times, the Village School newspaper, about speeding issues on Robie St. Copperberg lives on Robie St. and walks to school. He noticed that many cars have been going way too fast, even though there is a school zone sign posted. "The speed limit is clearly 20 mph but cars escalate faster than 30 mph," said Copperberg. It causes many problems for Copperberg and other students who walk to school as they are becoming afraid of being run over by speeding cars. He is also nervous about cars speeding, swerving or sliding off the road into a tree or someone's yard, causing injury and most likely damage to the car. Goff and Copperberg hope drivers will take notice of the school zone sign and drive more carefully, obeying the speed limit in the future so everyone stays safe.

# Talent is Strong at GMS



Photo credit Donna Pastore

Gorham Middle School has many talented students who took the stage recently, but the GMS Cookie Shakers (pictured) stole the show. Top row (l to r): Jack Decrow, Lillian Andreasen, Aiden Fortier, Ava Spitzinger, MaKenna Wheeler, Kyleigh Staples, Cooper Henderson, Paige Perreault, Alicia Poschke, and Lily LaClair. Bottom row (l to r): Sophie Gunn, Anna Yahwak, Lily McDonald, Ella LaBrie, Aidan Lee, Brady Arsenault, Anthony Jordan, Bode Bragdon, and Ethan Homa (Missing: Caden Smith).

ANDREA MORRELL  
*School News Editor*

The 14th annual Gorham Middle School (GMS) Talent Show was held on January 30 in a packed auditorium. It was sponsored by Southern Maine General Contracting and organized by teachers Mrs. Pastore, Mrs. Joyce, and Mrs. Williamson. Student council representatives helped with the lights and brochures.

The night started off on a jazzy note as one of the nights' three emcees Samantha Hutchinson, declared "let's get jazzed up for the GMS jazz band" as they performed "Birdland." Performers included Patrick Cyr, Sam D'Amico, Quentin Riiska, Grace Johnson, Anya Mazaris-Atkinson, Emma Mullin, Phoebe Richards, Megan Wentworth, Kevin Luo, Benjamin Allison, Ambrosia

CONTINUED ON PAGE 10

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# Great Falls Winter Concert



Photo credit Stacey Sawyer

On January 9, grades 3-5 at Great Falls Elementary School held a Chorus Concert directed by Ms. Doak. The concert was a hit with all members of the audience as they had fun with songs such as "Hello Mudduh, Hello Fadduh," "Itsy Bitsy Teenie Weenie Yellow Polka Dot Bikini," "On Top Of Spaghetti," "Supercalifragilisticexpialidocious," and "Yakety Yak." Members of the chorus include: Emily Beal, Brianna Beaulieu, Hermione Bissonnette, Autumn Booth, Zack Bourgoin, Teagan Brown, Michael Bruton, Lily Burgos, Luna Button, Josh Castonguay, Abigail Chamberlin, Maddie Clark, Ruby Couture, Chloe Cyr, Abby Dalphonse, Cecelia Delosso, Cheyann Densmore, Ava DeVinney, Emmaline Douglass, Maia Downing, Quinn Drake, Liana Edwards, Laurel Emerson, Gabrielle Evans, Lindsay Farquhar, Jordyn Fotter, Meghan Gendron, Brooklyn Giroux, Brennan Ham, Elle Hanley, Finn Henderson, Anna Johnson, Vincent Kane, Brooke

Kazimer, Olivia Kennedy, Jaylin King, Tyler Krouse, Faith Lara, Grace Lara, Jack Larson, Sofia Lembarra, Rebekah Libby, Hannah Manchester, Larissa Moore, Katrice Morgan, Alek Nauman, Sydney Nauman, Pearl Nsimundele, Gretchen Paul, Molly Peters, Izzy Phinney, Payson Plummer, Olivia Price, Terra Rioux, Everett Rovin, Roxy Rovin, Celia Roy, Madison Sampietro, Victoria Sands, Brooklyn Sandstrom, Sierra Satterfield, Cecelia Sloat, Alison Smith, Sawyer Smith, Rebekah St. John, Denali Tetrault, Madison Tibbals, Lola Vance, Aylla Vaughn, Gracin Verrill, Haley Vickery, Charlotte Wallace, Jayden Wing, and Alauna Worden.

## Talent is Strong at GMS CONTINUED FROM PAGE 9

Moore, and Kieran Wilkins.

The talent at GMS is widespread as performances included singing (even a duet from staff members), dancing (including an Irish Step solo) and a flute quintet with steel drums in the background.

Congratulations to all the other talented students who performed: Annika Mocchiola sang "Quiet" from the musical "Matilda;" Tayler Prince sang "I Can't Help Falling in Love with You" with Ethan Ho joining her halfway through; and Aiden Fortier mesmerized the audience with his dance to "Brother."

Emcee Aera Hyson told audience members to follow Emelia Bailey (opera singer) down the yellow brick road as she sang "Somewhere over the Rainbow;" Ethan Ho came back on stage to sing his renditions of "I Believe in You & Me" and "I Will Always Love You;" and Alicia Poschke and Paige Perreault danced to "Prison of Decisions."

The last emcee of the night, Emma Smith, told audience members that Ava Spitziger was going to take them to church with her song "Take Me to Church;" Clara Shvets awed audience

members with her Irish Step dance solo; and Maddie Downey sang "All of Me."

To wrap up the night, a flute quintet comprised of Anya Mazaris-Atkinson, Eden Johnson, Morgan Cole, and Junbei Chen with GMS' Mrs. Williamson performing on the steel drums played "Hedwig's Theme" and "Eye of the Tiger." Hyson then warned the crowd they would be frozen to the edge of their seats with the next act of Elsa and Friends (Williamson and Ms. Collins had a Elsa and Moana sign off while movie clips played on the screen in back of them); and Dakota Coyne rounded out the performances with her breathtaking dance to "I Can't Breathe."

The final act brought the house down with laughter after Hutchinson introduced the GMS Staff Cookie Shakers as having "limited dancing abilities" and needing to improvise after being unwittingly signed up for the show. Twenty sixth grade students then came on the stage dancing, each wearing a bobble head of a GMS staff member cut out in the shape of a cookie on their heads.

## Laugh a Little CONTINUED FROM PAGE 8

est month of the year deserves a vote of thanks. I would like to suggest to the powers that be that we also shorten January, March and maybe even April and add those extra days on to July, August and September.

They say that laughter is the best medicine. Experts believe that it reduces stress, boosts your immune

system and even burns calories. As a coping mechanism, it can help one deal positively with life's frustrations. According to a famous psychological study, people perform better on tests if they are told a few jokes first. Laughter is infectious. It brings people together by creating a shared bond of good feelings.

So cheer up, Gorham. It doesn't matter whether Punxsutawney Phil did or didn't see his shadow. Spring is only a month away, even though we in Maine know better than to believe that. Here are some jokes to cheer you on a Winter's day. Share them with someone you love.

What did the icy road say to the truck?...  
"Want to go for a spin?"

What do snowmen eat for breakfast?...  
Snowflakes!

Where does a snowman keep his money?...  
In a snow bank.

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# Gorham High School Presents One Act

ABBIE VANLULING  
GHS Student Intern

A group of Gorham High School (GHS) students have taken on the challenge of performing a play about being in a play. The group of actors are preparing the One Act play "Small Actors," by Stephen Gregg, a comedy-drama described by GHS director Josie Tierney-Fife as "a love letter to theater."

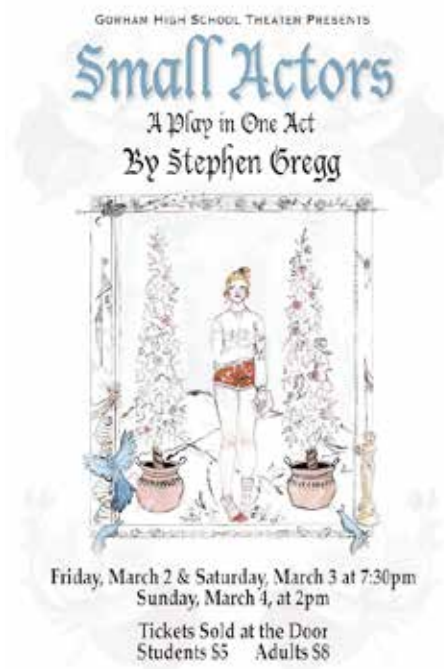
Tierney-Fife, an English teacher at GHS, chose the show due to its comedic nature, as well as the message sent by the play that emphasizes the importance of every actor in a theater.

Sophomore cast member Molly Lemont noted that she loves the show since she is "able to relate to everything that happens in the show because it is about theater."

Fellow cast mates Emily Paruk and Quintessa Bissonnette highlight the depth of the show and the balance of humor to serious moments, as well as the positive and humorous dynamic between cast members that leave them laughing at rehearsal and makes preparation so much more exciting.

Another exciting part of the show, mentioned by Tierney-Fife, is the full production of "Romeo and Juliet" that takes place in just about two minutes during the show, and is the one thing that the cast knows you have to see to believe.

The cast will travel to Westbrook High School during the weekend of March 9 for the regional competition, with a performance on Sunday afternoon. Of the festival, junior cast member Isaac Martel



POSTER CREDIT: Claire Valentine

Gorham High School students perform a One Act show about being in a play.

stated, "It's kind of like a family reunion, with people you've never met."

The other students in the cast emphasized that the festival is so special to them because of the group dynamic, noting that any collection of theater people will have something in common, and how wonderful it is to be in a gathering of people with the same passions.

They will perform the One Act play for the community before the competition at GHS on March 2 and 3 at 7:30 p.m. and on March 4 at 2 p.m. Tickets are \$5 students/\$8 adults and will be sold at the door.

The play is family-friendly and appropriate for all ages.

# FEBRUARY 14, 2018 School Committee Meeting

TOM CORBETT  
Contributing Writer

A small robot and three talented Gorham Middle School students presented their work at the last Gorham School Committee meeting. Wearing bright t-shirts emblazoned with their team name, All SySTEMS Go, these students demonstrated their solution to a real-world problem of ice clogging turbines at a hydro power plant, calling for a bit of heat and a little robot to do much of the work. Their research earned them an award at a regional competition.

Gifted & Talented Coordinator Diane Knott concluded the presentation with an overview of the growing Student Advancement In Learning (SAIL) program. With 53 new referrals and participation increasing from one to eight teams over the past few years, this program faces the typical challenges of growth but offers great opportunities for gifted Gorham students, and their robots.

Adult Education Coordinator Kate Rotroff followed up with an overview of her efforts to expand Gorham's Vocational Training opportunities in cooperation with Westbrook's newly founded Adult Education program. Recently awarded a \$165,000 grant, this cooperative effort will soon provide Gorham students and adults with new training opportunities, tentatively starting with Computer Repair and CDL Truck Driver Training.

The meeting started with an

appeal to the School Committee from Gorham residents Denise and Steven Nelson to consider including a swimming pool in their plans for the High School renovations. They noted that the High School swim team has grown rapidly since its start in 2010, and that over 30 students have signed up to start a new swim team at the Middle School just this year. They also listed several reasons why a pool makes sense for the entire community. A pool would expand recreational opportunities, allow for much needed water safety classes, and provide therapeutic services for seniors, to name just a few.

In the business portion of the meeting, Superintendent Heather Perry noted that while there are no hard numbers yet, state subsidies are likely to drop significantly due to the impact of a 6% increase in Gorham's property values on state funding formulas. On a brighter note, the Committee noted that by allowing for a very slight increase in some class sizes, though still well within the "approved range," the district will avoid adding more than the one portable classroom tentatively planned for Village Elementary.

Lastly, the Committee voted to approve next year's School Calendar, which will be very similar to this year's calendar. Importantly, there will be no change in school start times for 2018-2019 but the School Committee will continue to have discussions on possible changes to start times for future years later this spring.

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**UNDER CONTRACT**

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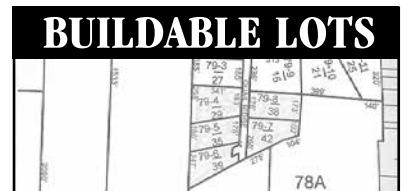


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# Remember When



Photo courtesy of Ron LeTarte

**WILMA GOULD JOHNSON**  
*Contributing Writer*

The Campus School, built in 1924 and torn down in 1983, was first called the Junior High School. It became the Charlotte Millett School in 1961. The school stood on School Street where the original Ridgewood senior living building is located.

During the late 40's and early 50's, it held kindergarten through grade six and many of the college students did their practice teaching there.

Dwight Webb, who was the principal at the time, introduced the students to a game called "pop ball." You would often find him on the playground participating with the children.

The janitor, George Mitsmenn, lived in the house just below the school. He walked up the hill early each morning and started the coal furnace so the school rooms were warm and ready by the time the teachers and children arrived. George was beloved by all. You could often find him helping students with their homework or perhaps counseling a student who had misbehaved and was sitting outside the classroom door.

When the Charlotte Millett School was torn down, two large stone bas relief lintels over the two entrances were saved and kept in storage by a forward-thinking Bernard Rines. They featured an open book. One was eventually installed in front of the first Ridgewood building but that has



now been moved to the front of the new Ridgewood at Village Square building upon its completion.

The other lintel was installed in a place of honor in the Village School library as part of the 1990 renovations to that school. The carved stone lintels are a wonderful reminder of how the past is part of the present and the future.

Anyone with a question or more information may contact iamwilma@comcast.net

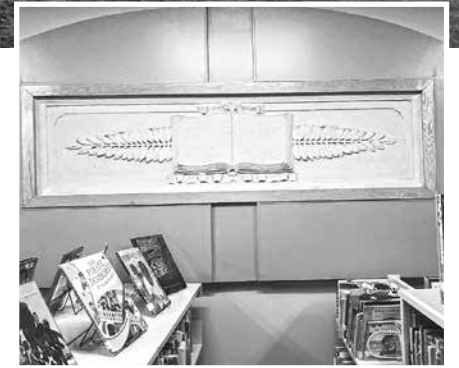


photo credit to Chris Crawford

One of the stone bas relief lintels from the Charlotte Millett School is on display at the Village School library.

**Would you like to share a piece of Gorham's history?  
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Jamie Hogam

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### OF INTEREST

Fred and Terry LaMontagne of Gorham are pleased to announce the engagement of their daughter, Elizabeth LaMontagne, to Aneesh Sahni, son of Jatinder and Anjali Sahni of Long Island, NY. They are 2014 graduates of Princeton University, where they met. A June wedding is planned. The couple will reside in Boston, MA.



There will be a Republican Caucus on Saturday, February 24, at 10 a.m. at the Gorham Municipal Center. The Town Clerk will be present from 9:30-10 a.m. for anyone who is not registered, or for independents desiring to join the Republican Party. The caucus will showcase the candidates, elect officers, nominate members to the Cumberland County Republican Committee, elect delegates to the Maine State Convention and ratify the Gorham Republican Committee bylaws.

The Gorham Lions will meet on Tuesday, February 27, at 6:30 p.m. at the Gorham Public Works Cafeteria off Huston Road. New members are always welcome. FMI 929-9182.

Baxter Memorial Library will be holding a 4-H Climate Science Club on February 28 and March 7. The club is open to kids age 7-12. Activities will be fun and hands on. Adult and Teen volunteers are needed. Space is limited to 10 participants. Sign up at the library or call 222-1190.

First Parish Church, 1 Church Street, will hold a Chicken Pie Supper on Saturday, March 3, from 5-6:30 p.m. \$10/ Adults, \$5 Children under 12. FMI 839-6751.

White Rock Community Clubhouse, 34 Wilson Rd., will hold a Bean Supper on Saturday, March 3, from 4:30-6 p.m. Homemade kidney and pea beans, hot dogs, cole slaw, potato salad, macaroni and cheese, homemade biscuits, as well as homemade pies for dessert. Adults \$8, children under 12 \$4. FMI whiterockcommunityclub@gmail.com

The Gorham, Windham, Westbrook Triad will host a charity basketball game featuring the New England Patriots Former Greats vs Gorham/Windham/Westbrook High School All Stars on Friday, March 9, at Gorham High School at 7 p.m. (doors open at 6 p.m.). All Stars representing Gorham are #21 Michelle Rowe, #23 William Prescott, #25 Stephen Klatt and #26 Sean Pocock. Tickets \$10 available at the door. FMI <http://www.gorham-me.org/police-department/pages/triad>.

Gabrielle Libby is currently completing Colby-Sawyer's internship requirement with Studio Sage Interior Design and Red Oak Montessori. Gabrielle is a graphic design major at Colby-Sawyer in New London, NH.



Congratulations to Mariel Roy, owner of Atlantic Dance Arts, on her winning tree in the 2017 Gorham Tree Festival. The trees, which were on display in town, were voted on by members of the community. Roy is pictured with several of her students and the winner's plaque.

### USM NOTES

USM Faculty Concert Series presents "Pairs: A Program of Duos" with cellist William Rounds and soprano Elisabeth Marshall and friends on Friday, February 23, at 8 p.m. Corthell Concert Hall, USM Gorham Campus. \$15 adults, \$10 Seniors, USM employees and alumni, \$5 students. FMI [loria@maine.edu](mailto:loria@maine.edu).

CONTINUED ON PAGE 15

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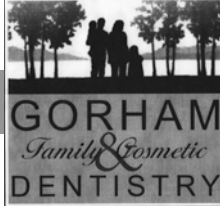
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## KICKED TO THE CURB

**Suspicious person was reported knocking on caller's door on Ossipee Trail. His girlfriend had just broken up with him, leaving him in Standish and he needed a ride to Westbrook.**

Liquid was falling from the passenger side of a truck on Main St. Driver said it was a water truck and he didn't want the line to freeze up so he had the water line open. Officer advised he didn't want the water to freeze on the roadway. Driver hadn't thought of that and turned the water off.

Oakwood Circle caller reported dogs that were on their own property were barking at him. They were big dogs and he was uncomfortable. Officer advised him that since the dogs were on their own property, there was no action he could take.

Pick up truck hit a deer on Fort Hill Road.

Samuel's Way caller wanted information on someone's arrest. Caller was advised person had not been arrested by Gorham PD and he should contact Cumberland County Jail.

Officer went to an abandoned residence on Maple Ridge Road to check on a cat reported to still be in the house. No one was home and officer did not see cat.

Mother and son were having verbal confrontation on Buck St. Parties were separated.

Yarmouth caller reported an abandoned vehicle on the side of the bypass. Officer saw hunting items in the vehicle that were consistent with what might be found in other vehicles which were parked there while going hunting.

Suspicious person at Fort Hill Park at 11:30 p.m. told officer he was waiting to pick up friends at USM.

Caller reported suspicious circumstance on Buck St. It was a construction heater left running to keep pipes from freezing. Building was secure.

Portland caller had purchased a vehicle and was required to make weekly payments for the vehicle. Dealership had gone out of business. Caller had talked to owner and asked where to send his weekly payment. Officer suggested contacting an attorney for proper advice.

Caller reported two suspicious males, in their late 20's, wearing sunglasses, had come to Day Road residence and were looking around and asking for his wife by name and what time she would be home.

## Community CONTINUED FROM PAGE 14

**"Recollections: Stolen Dreams, Plundered Memories" will be on display at the USM Art Gallery, Gorham Campus, through February 25. Admission is free. FMI [usm.maine.edu/art](mailto:usm.maine.edu/art)**

**Author Terrence McNally's musical "A Man of No Importance" will kick off in March with eight shows running March 2-9 at Russell Hall on the Gorham Campus. FMI [loria@maine.edu](mailto:loria@maine.edu)**

**Dr. Alice Hammel will lead a day-long education workshop on music and students with autism spectrum disorder on March 3 from 9 a.m. - 4 p.m.** The cost is \$45 for teachers, \$25 for non-USM students and free for USM students. Corthell Hall, Gorham Campus. FMI [loria@maine.edu](mailto:loria@maine.edu)

**Classical guitarist Lily Afshar will host a master class and concert on March 5 from 5-7 p.m. & March 6 at 7:30 p.m.** at Corthell Concert Hall, Gorham Campus. FMI [loria@maine.edu](mailto:loria@maine.edu)

### ON-GOING EVENTS

**The Gorham Food Pantry**, located at 299-B Main St (parking lot of St. Anne's Catholic Church) is open every Thursday morning from 9-11 a.m. and the second and fourth Wednesday of every month from 6-7 p.m. Free for Gorham residents in need. FMI, 222-4351 or visit [www.gorhamfoodpantry.org](http://www.gorhamfoodpantry.org).

**Lakes Region Senior Center**, located at the Little Falls Activity Center, 40 Acorn St. is open Monday through Friday from 9 a.m. to 1 p.m. Join them daily for coffee, tea, and socializing. Ongoing daily activities include Mahjong on Mondays – beginners welcome. FMI, Diane 892-9529; Tuesday crafts and card games. FMI, Avis 892-0298; The Memoir Writing Group meets the last Wednesday of the month. FMI, David 892-9604; Thursday Table games at 10 a.m. and Friday Art Workshop at 9 a.m. FMI 892-0299.

**The Gorham Medical Closet** located at the Municipal Center 75 South St is free and available to Gorham residents in need of portable wheelchairs, hospital beds, shower seats, commodes, walkers, canes and more. FMI 839-3630, 839-2484, or 839-3859, or 839-3228.

**Gorham Cancer Prayer and Support Group** meets the first Tuesday of every month at the Cressey Road United Methodist Church, 81 Cressey Rd. from 6-7:30 p.m. This monthly non-denominational event is a prayer and support group for anyone dealing with cancer including patients and caregivers.

Visit the Stay in Touch section of [www.gorham-me.org](http://www.gorham-me.org) for program guides for Gorham Government Education TV (Channel 2 on Time Warner Cable) and Public Access (Channel 3 on Time Warner Cable).

## CLASSIFIEDS

### HELP WANTED

**HELP WANTED.** Make a difference in lives of local seniors as a Personal Support Specialist. Flexible full- or part-time hours, good pay, sign-on bonus. Meaningful work. In-Home Senior Services, Gorham. 222-0740.

### SERVICES

**DOG TRAINING CLASSES** with The Dog Academy at Gorham Growl every Friday night. Puppies at 5:30 pm, older/stronger dogs at 6:30 pm. Field trip training. Unique and relaxed, ongoing session, small class size. Pay as you go. [CCTS.DOGACADEMY@GMAIL.COM](mailto:CCTS.DOGACADEMY@GMAIL.COM)

**LIVE-IN HELPER AVAILABLE** for senior/ disabled person. 61 year old experienced, responsible PCA, with small well-behaved dog, seeks free room in exchange for cooking homemade healthy meals, shopping, light housekeeping, pet care if needed, and an overnight presence. I am a calm, quiet, friendly and caring person who doesn't drink or smoke. References available. Call Deb at 603-422-5505.

**PET SITTING.** Your pet's home away from home. We provide care for small breeds in our home 24/7 and cat care in your home. Contact 838-0132 or visit [www.petsittinginmaine.com](http://www.petsittinginmaine.com).

**TUTORING K-7** for success and confidence in literacy and math. 31 years teaching experience and currently tutoring. Please call Sue Small at (207) 839-5925 or email [suesmalltutoring@gmail.com](mailto:suesmalltutoring@gmail.com).

## CALENDAR

### THURSDAY FEB 22

- Friendship Bracelet Making Event, 10 a.m. – 6 p.m. Baxter Memorial Library
- Book Group Discussion, "Mr. Dickens and His Carol" by Samantha Silva, 10 a.m. Baxter Memorial Library

### FRIDAY FEB 23

- Reel to Reel Movie, 2 – 2:45 p.m. Baxter Memorial Library
- USM Faculty Concert Series, "Pairs: A Program of Duos," 8 p.m. [FMIloria@maine.edu](mailto:FMIloria@maine.edu)

### SATURDAY FEB 24

- Republican Caucus, 10:00 a.m. Gorham Municipal Center.
- Gorham Winter Market, 9 a.m. – 1 p.m. Gorham Rec. Department

### TUESDAY FEB 27

- Preschool Story Time, 9:30 – 10:15 a.m. Baxter Memorial Library
- Essential Oils 101, 3 – 4:30 p.m. Baxter Memorial Library
- Gorham Lions Meeting, 6:30 p.m. Gorham Public Works Cafeteria. FMI 929-9182.

### WEDNESDAY FEB 28

- Toddler Time, 10 – 10:30 a.m. Baxter Memorial Library
- 4-H Climate Science Club, 3:30 – 4:30 p.m. Baxter Memorial Library

### THURSDAY MARCH 1

- Baby and Me, 9:30 – 9:50 a.m. Baxter Memorial Library
- Toddler Time, 10 – 10:30 a.m. Baxter Memorial Library
- Sewing Club, 2:30 – 4:30 p.m. Baxter Memorial Library

### FRIDAY MARCH 2

- Sensory Friendly Story Time, 10 – 11 a.m. Baxter Memorial Library

### SATURDAY MARCH 3

- Chicken Pie Supper, 5 – 6:30 p.m., First Parish Church, 1 Church St. FMI 839-6751
- Bean Supper, 4:30-6 p.m. White Rock Community Clubhouse, [FMI whiterockcommunityclub@gmail.com](mailto:FMIwhiterockcommunityclub@gmail.com)

### TUESDAY MARCH 6

- Preschool Story Time, 9:30 – 10:15 a.m. Baxter Memorial Library

### WEDNESDAY MARCH 7

- Toddler Time, 10 – 10:30 a.m. Baxter Memorial Library
- 4-H Climate Science Club, 3:30 – 4:30 p.m. Baxter Memorial Library

**NEXT GORHAM TIMES DEADLINE: FEB. 28**

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