

School Committee Sends Approved Budget to the Town Council

KATHY CORBETT Staff Writer

On April 11, the Gorham School Committee (SC) voted (6-1, Benson) to submit a \$39,288,505 Fiscal Year 2019 budget to the Town Council for approval. This represents an increase of 4.43 % in expenditures over last year. However, since the district lost \$1.2 million in state subsidy, a decrease of almost 8%, if approved, the budget would result in an approximate mil rate increase of \$1.55 per \$1,000 valuation. This equates to an increase of approximately \$464 on a home valued at \$300,000.

As nearly 70% of the budget is for personnel, much of the increase is explained by a 2% increase in the base salary for teachers and for step increases based on experience and levels of degree attainment for a combined average of 4.2%. Gorham, with many experienced, highly educated teachers, pays its teachers an average of \$59,111. According to Superintendent Heather Perry, Maine's average teacher salary is \$48,430.

Increased enrollment projections requiring staff and facilities, additional special education personnel, textbook and computer upgrades, and higher insurance costs account for some other increases to the budget.

The SC will hold a joint public meeting with the Town Council (TC) on May 15, and the Town Council will vote on the budget on June 6. The budget, as approved by the TC, will come before the voters on June 12.

During the public comment portion of the meeting and prior to the SC vote, Gorham residents Andy Levesque and Jim Means spoke in opposition to the proposed budget. Citing opposito raising taxes, Means gave a number of examples of expenditures he felt were unjustified including salary increases which he described as "giving away money" to teachers. He argued that any tax increase for homeowners and businesses would discourage commercial growth. Janet Kuech, a Gorham ed tech, spoke in favor of a budget that prioritizes the needs of students. Following the vote, SC members spoke about the budget process. All expressed appreciation to the administration team for their work in preparing a budget. Bill Benson suggested that the process would be improved by giving members parameters to use in building a budget. Increases or decreases would be based on factors

Sheri Faber *Staff Writer*

At approximately 11:42 p.m. on April 7, Domino's Pizza located at 633 Main St. reported an armed robbery. The man had his hand under his sweatshirt but did not display a weapon. He got away with about \$40 and fled on foot to a vehicle parked at a nearby business.

He was described as wearing jeans, gray boxers and a gray sweatshirt, and as being 5'7" and weighing about 150 pounds. The MO was similar to that of the person being sought for 10 other robberies in the Greater Portland area between March 20-29.

Nathan Allen, 36, of Veranda St. in Portland was arrested the following morning as he left his apartment. He is not believed to be connected to any of the other armed robberies in the area.

However, about an hour after the Domino's robbery, Allen picked up a cab at PT's Showclub on Riverside Drive in Portland and asked to be taken to Veranda St. Allen wrapped his arms around the cabdriver's neck and began choking him, telling the driver, "You know what I want."

The cabdriver stopped fighting and gave Allen about \$50 in cash. Both men got out of the cab but when Allen began approaching the driver, he got



Photo credit Leslie Dupuis

back into his cab and drove away.

Man Arrested for Domino's Robbery

Allen later called his sister-in-law and told her he had committed the two crimes and that he had returned to using drugs for the past few weeks saying, "last night I was smoking crack and I robbed a Domino's and a cab."

Allen has been charged with a Class B robbery for the threatened use of force at Domino's and is facing up to 10 years in prison if convicted. The robbery of the cabdriver is a Class A robbery because he used force to commit the crime.



Photo courtesy of Cumberland County Sheriff's Office

Town Manager Reports

GORHAM TIMES STAFF

Personal Property Tax for Businesses

More than 300 letters have been sent to all known business owners in Gorham regarding personal property such as equipment and furniture that the business uses. Some smaller businesses such as farms, landscapers, and excavators have not been reporting their personal property on an annual

South Street Paving

South St. from Rt. 25 to the roundabout will be repayed this summer. PACTS, a greater Portland transportation management agency, prioritizes what work needs to be done and the Maine Department of Transportation pays for the work and hires the contractors.

Main Street Reconstruction

Shaw Brothers was once again the only firm to submit a bid for the reconstruction of Main Street. Their bid of \$7,451,000 was 48% over the budgeted amount of \$5,020,888. This is the second year that the Town has sought bids for this work with the bids coming in significantly higher than the budgeted amount.

Gorham Sightings



CONTINUED ON PAGE 7

Photo credit Roger Marchand

Do you know where in Gorham this photo was taken? Join our visual trivia discussion by entering your best guess on our Facebook page at www.facebook.com/ gorhamtimes or email us at gorhamtimes@ gmail.com. The photo of the buoys in the April 5 issue was taken at Ocean Gardens Restaurant on Main St. basis.

It is the responsibility of business owners to report this information on an annual basis [so that personal property taxes are paid] but some businesses have not paid personal property taxes in years. The Town will not ask for back personal property taxes but will expect businesses to pay going forward. The Town does not expect that this will be a major source of revenue but it will be more fair as going forward; everyone will be expected to pay these taxes.

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Portland Water District needs to install new water mains as the ones under Main St. are more than 100 years old. There is also concrete that will need to be removed and the road will have to be restored. Everyone has limits on the fund available for any given project and the Town plans to meet with the MDOT and Portland Water District to see what possible changes can be made to help this project move forward or come to an agreement as to doing some of the work.

NEWS FROM AUGUSTA

Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

Tax Conformity

SEN. AMY VOLK

It is officially crunch time in Augusta. With just days or even hours left in the Second Regular Session of the 128th Legislature, the House and Senate are working hard to process a sizable workload in a very short period of time. When this legislature ends, we will have managed nearly 2,000 separate bills, not including amendments, over the course of two years.

As always, there are a number of important matters yet to be decided: the Marijuana Legalization Committee's second stab at correcting the flawed referendum law, ranked-choice voting, which is currently in the hands of the courts as they decide constitutional concerns, and funding for voter-approved Medicaid Expansion as well as the more than 150 bills that have passed and now sit on the Appropriations table.

Another very pressing matter that remains is an issue you may have heard very little about: tax conformity. Most states conform to the federal tax code automatically, but Maine is a bit different. We are a static conformity state, meaning the legislature must vote to adopt changes that happen at the federal level. Typically conformity is a minor issue, but this year is different in light of the federal tax reform package that recently passed and resulted in the largest

overhaul of the federal tax code in more than 30 years.

While some people are more supportive of the federal tax reforms than others, it is incredibly important that we act this session to conform our state tax code in order to take advantage of the significant benefits that come with conformity. Failure to conform makes Maine an outlier state, placing us at a competitive disadvantage.

Tax conformity carries major advantages, for both filers and the state. When Maine conforms to the federal code, Maine Revenue Services is able to rely on the Internal Revenue Service to review returns and conduct audits. In the absence of conformity, the state would have to increase staffing at Maine Revenue Services to audit state returns. For filers, conformity streamlines the process and makes tax preparation more affordable. It also ensures that taxpayers have only to navigate one government bureaucracy rather than two.

If we fail to conform before we adjourn, there will be far-reaching impacts, not only for Maine businesses, but also for individual filers. Many tax filers in Maine use programs such as TurboTax to file their state and federal tax returns. Because of the amount of time required to develop state-specific software, delaying conformity decisions until next session would quite possibly mean these

services would not be available for Maine filers next year.

Should the 128th Legislature fail to come to an agreement on conformity, the issue will be punted until the next legislature, which will not convene until January 2019, after the next tax season begins. If you realistically factor in the time required for an agreement to be reached and signed into law, in addition to the time needed for Maine Revenue Services to update, print and distribute forms, the majority of Maine filers would have to amend their returns and refile with the State.

Failure to conform in some fashion now will expose Maine filers to extra paperwork, additional costs and exasperation as well as the increased risk of a dreaded audit. Life in Maine can be challenging enough without these added hassles. Therefore, I intend to advocate for conformity until the 128th legislature adjourns "sine die."



Amy Volk is serving her second term in the Maine Senate and represents the people of Senate District 30 which includes Gorham and parts of Scarborough and Buxton. She is the Senate Assistant Majority

Leader, the Chair of the Labor, Commerce, Research and Economic Development Committee and is also a member of the Environment and Natural Resources Committee. (207) 287-1505, (800) 423-6900, amy.volk@ legislature.maine.gov

GHS GRAD NEWS: If you, or your

Gorham Times

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Ad deadline is the Wednesday of the week prior to issue date. Go to www.gorhamtimes.com and click on the advertising link for schedule.

EDITORIAL POLICY

The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

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Around Town

The Maine DOT determined a bridge located at roughly 333 Ossipee Trail (Rt 25) had gone to "critical condition" and shut it down from April 7-8 to make repairs.

The Montalvo Corp., located in the Gorham Industrial Park, received a \$750,000 grant from the the National Science Foundation to develop a product to enhance control and reduce waste in composites manufacturing.

Street sweeping has begun in Gorham. For the most up-to-date information, visit http:// www.gorham-me.org/home/news/2018street-sweeping-schedule

Gorham Police Department is a "free" Drug Take Back location. Help keep your friends and family safe by dropping off your unwanted medications.

The Gorham Fire Department is reminding residents that all open burning requires a permit. A free permit can be obtained by going online to www.burningpermit.com or visiting Central Station at 270 Main St. on weekdays from 9:00 a.m.-4:30 p.m. and weekends from 8:00 a.m.-12:00 p.m.

NEXT GORHAM TIMES DEADLINE: APRIL 25

son or daughter is a GHS graduate, we would like to share your achievements in the Gorham Times Of Interest section or in a Where Are They Now feature. Of Interest submissions should include the year of GHS graduation and should be no longer than 75 words. Contact Chris Crawford at ckck5@maine.rr.com, Kathy Corbett at ktcorbett@aol.com or Cindy O'Shea at coshea2@ maine.rr.com.





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WHERE ARE THEY NOW

Asperger's: More Than a Diagnosis

CHRIS CRAWFORD Staff Writer

Gorham native, Charlie Remy (Cheverus '03), an Electronic Resources Librarian/Assistant Professor at the University of Tennessee at Chattanooga, is dedicated to spreading information and dispelling myths about Asperger's syndrome, a neurological disorder on the autism spectrum. Remy was formally diagnosed when he was 23 while attending graduate school at Simmons College in Boston where, in 2010, he earned a MS degree in Library and Information Science. Remy, like all those on the spectrum, is so much more than his Asperger's diagnosis: he is smart, generous and kind, hard-working and very brave.

According to experts in the field, Asperger's Syndrome is one of the most misunderstood developmental disorders on the autism spectrum and is fraught with stereotypes and prejudices. Remy believes that it is important to confront these myths head on. To that end, he has presented at conferences, taken part in panel discussions, and written about autism and libraries.

According to Remy, "Autism is a neurological difference that should be embraced. It is not a cruel disease in need of a cure." Asperger's Syndrome is a unique way of seeing the world that comes with its own set of strengths. Indeed, people with Asperger's tend to have unique abilities including impressive attention to detail, a strong work ethic, excellent verbal skills and high intelligence. Most children with Asperger's grow up to be highly functioning adults who are capable of leading independent lives. Remy said, "The reality is that each person with autism has different strengths and challenges when you've met one person with autism, you've met one person with autism."

Asperger's can also present challenges. Typically, children struggle in social situations, and may be more comfortable relating with adults than with peers. They have difficulties expressing emotion and reading non-verbal social cues such as facial expressions or body language. This makes every personal



They are hypersensitive to new feelings and experiences so they can easily feel overwhelmed, causing them to withdraw or have meltdowns. Children with Asperger's may focus obsessively on a specific, and often unusual, topic. They may also have difficulties with fine and gross motor activities.

Remy's advice to parents, teachers, family and friends is that they "... balance empathy and understanding while also challenging individuals on the spectrum to get out of their comfort zone. This is where growth occurs and, although it can be painful and difficult at times, it's beneficial." He encourages parents to embrace their child's obsessive special interests, as in most cases, this energy and passion can be channeled into something very beneficial to society.

Remy has always loved libraries which influenced his choice of a profession. "My parents exposed me to the richness that libraries offer starting as a young child attending story hour at Baxter Memorial Library. I'm so thankful for my parents who instilled the value of lifelong learning and libraries at such an early age," he said. As a young boy, a patient librarian taught him how to use the Internet at Scarborough Library. His positive experiences continued through his undergrad program at Elon University (North Carolina), where he graduated in 2007 with a BA in Spanish and Gender Studies. During that time, he attended a month-long program in Santiago de Compostela, Spain and also studied for a year at Universidad Alberto Hurtado in Santiago, Chile.

As the Electronic Resources and Serials Librarian/Assistant Professor at the University of Tennessee at Chattanooga, Remy is in charge of all aspects of E-resources (ebooks/ejournals/streaming video and audio, etc.) which make up the bulk of the

GBE SPOTLIGHT: THIRSTY TURF

Gorham the Ideal Home for Irrigation Business



BAILEY O'BRIEN Contributing Writer

Thirsty Turf, now one of Maine's leading irrigation companies, began with one truck, one ditch witch (a trencher for irrigation), one customer, and one simple mission: to start an irrigation company "that would deliver quality service, dependability, and honesty," said Nadia Doucette, CFO and office administrator of Thirsty Turf.

That was in 2000. Since then, the business, which she runs with her husband, Thirsty Turf's CEO and president Josh Doucette, has become the success it is today. "Now we have just under 3,000 irrigation clients, a large fleet, and a team of educated professionals that continues to grow," said Nadia. "It's exciting to see our company growing and adapting constantly." Their first client is still a Thirsty Turf customer after eighteen years.

After nearly two decades of growth, their original goal has remained the same. "Thirsty Turf is a full service, innovative, waterconscious irrigation company committed to building quality customer relationships and delivering a sustainable product while promoting efficient irrigation," said Nadia. The

Photo courtesy of Nadia Doucette

company takes "an active role in water conservation by offering only the best products available."

She and her husband also make sure to "keep our technicians up-todate with water management classes and methods." Beyond residential and commercial irrigation, Thirsty Turf does backflow inspections, designs custom landscape lighting systems, and even offers snow removal services in the winter.

Gorham, with its growing residential population, is the ideal home for Thirsty Turf. "We have seen an increase in [the number of clients] in Gorham as well as surrounding towns," she shared. In addition to these new residential properties, the company has expanded its services to other places in town.

"It has been a privilege to be a water management resource for our athletic fields and schools here in Gorham," she added. "We continue to cultivate local relationships with the town, various contractors, vendors, and residences, and we are proud to work alongside some of Gorham's finest."

For more information about Thirsty Turf's products and services, call (207) 797-3461 or send an email to info@thirstyturfirrigation.com.

interaction stressful. Making friends can be daunting and they may be targeted by bullies.

Some researchers have found that rather than feeling too little, children with Asperger's actually feel too much. acquisitions budget for the University library. He said, "This subfield of librarianship is constantly changing with new business models, content/

CONTINUED ON PAGE 12

The PineCrest Inn is announcing an employment opportunity for adding a smiling face to its staff.

Seeking an experienced housekeeper to help our guests have a memorable stay. Positive attitude, excellent work ethic and strong time management skills are a must while ensuring all rooms are properly cared for with attention to detail. Hiring will include some part-time and seasonal hours. Competitive rates. Able to navigate stairs and carry laundry.

Please send resumes with references to stay@pinecrestmaine.com. Will require background check when hired. Looking forward to working with the right person as we grow in the community.



Land Trust to Establish **Nelson Preserve**

COURTESY OF RACHELLE CURRAN APSE Presumpscot Regional Land Trust

As part of Jane Nelson's legacy, she generously offered the gift of a 37-acre forested parcel of land in Gorham for conservation and public access to the Presumpscot Regional Land Trust. The Nelson parcel is part of a 300+ acre undeveloped block of forest that includes Brandy Brook, which the state has identified as habitat for wild brook trout.

The land trust board of directors voted to accept the gift, provided the necessary funds are raised to cover the transaction, the stewardship, and the trail-building costs. As a community based nonprofit, every new conservation project, even when the land is donated, comes with costs that need to be covered before the land trust can commit to hold the conservation land in perpetuity.

The land trust priorities for the future Nelson Preserve will be to ensure a healthy forest for wildlife habitat and to provide a public access one-mile loop trail. This will offer low impact recreation in a region of Gorham, just west of downtown, that currently has no open space.

Cindy Hazelton, Gorham Parks and Recreation Director, said, "The proposed forested walking trail to be developed as a result of this gift will



The future Nelson Preserve near Brandy Brook in Gorham.

create a great place to take a walk so you not only can get active, you can enjoy the benefits of being outdoors too. According to research, short

CONTINUED ON PAGE 6



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LIVING **Much To Gain By Saving Your Brain**

DR. JOE KERWIN

How often do you think about your brain? It impacts all areas of our life, from our happiness and health to our relationships, movement and sleep. Yet we often take for granted the miracle of how our brain functions.

Grim statistics are now revealing that changes in our brain may be driving many of society's ills. One in five children between the ages of 3-17 suffers from some form of mental disorder, the most prevalent of which is ADHD. Over half of all opioids prescribed are to people with mental health challenges, as 46% of Americans fit a diagnosis for one form of mental illness. A study done by AAA shows rapid increase in road rage. There are 3.8 million concussions annually from sports and recreational activities, and chronic traumatic encephalopathy is now seen at an increasing rate with repeated head trauma.

Twenty-eight million baby boomers (born between 1946-1964) will develop Alzheimer's disease, and those that don't may be caring for someone who does. The World Health Organization predicts that by 2050, 1 in 6 adults will be living with dementia and elderly dementia facilities will be in critical demand.

Many common medications can have detrimental effects on our brains. Proton pump inhibitors, used to treat heartburn or acid reflux, negatively impact Vitamin B12 absorption. This can exacerbate problems with vitamin deficiency/absorption that many aging Americans already struggle with. Medications for diabetes, heart disease and cholesterol can have an effect on CoQ10, an antioxidant that is essential to all cellular function in the brain and we make less of it as we age.

Unfortunately, most approaches to these challenges are reactive and involve chemical intervention. However, if you want to boost your brain power and reduce mental aging without the use of chemicals - there is good news. Strategies that involve lifestyle changes can have a profound effect on your brain's ability to age well.

Optimizing vitamin D levels, adequate sleep, and brain exercises combining mental and physical activities can all contribute to brain health. However, one of the best steps you can take to increase brain health is to stop eating processed foods found in boxes, bags, cans and cartons with long ingredient labels.

Replace these harmful sugars, grains, and vegetable oils with healthy saturated fat. Sixty percent of the brain is composed of fat, so strive to incorporate saturated fat such as tuna, salmon, sardines, eggs, real butter, avocados, walnuts, almonds, sunflower seeds and hormone-free meats and cheeses. Start adding coconut oil to your diet, which contains medium chain triglycerides that are fuel for the brain.

Controlling blood sugar is another key component of brain health. Our brains run on glucose, but when our insulin levels are affected with too much glucose our brain begins to atrophy or starve. In fact, some researchers are referring to Alzheimer's as "Type III Diabetes" because sugar creates chronic inflammation that drives Alzheimer's.

Fortunately, our brain can run on another type of energy source called ketones. Ketones are what our body produces from fat, which is why fat is so important in our diet. Omega-3 fats are essential to brain health but your body cannot produce them so you must get them from your diet. Most Americans are deficient in omega-3s and must supplement for this.

A final important component of brain health is our digestive health, or gut health. Toxins in the gut can affect the brain by way of the vagus nerve which runs directly from the brain stem to the gut. This is why the gut is called the "second brain."

Diet, lifestyle and behavioral changes are the most powerful steps one can take to prevent and actually reverse chronic disease. Take the steps today so that you will not need to be reactive to the inevitable results of ignoring brain health.



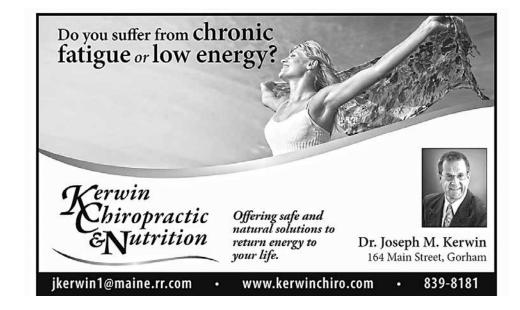
Dr. Kerwin is a chiropractor and nutritionist who has been practicing and living in Gorham with his wife for 28 years. They have three grown daughters.

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APRIL 3, 2018 Town Council

JACOB ADAMS Staff Writer

Councilor Benner reported that Eco-Maine is beginning to sort out food waste from the rest of the trash. For any questions on what is recyclable and what is trash, visit ecomaine.org/recyclopedia. There is also an application available on smartphones.

Councilor Benner also said that the METRO Bus Service in Gorham should be in service by the end of August.

Councilor Hager reported that the Finance committee met to review the budget and noted that the Town is slightly ahead on revenue and slightly below on expenses.

Town Manager Ephrem Paraschak noted that Public Works will be out cleaning up sand and the Recreation Department will be out getting fields ready for play. If you see a posted sign on one of the fields, please stay off of it to give the field time to dry out. The MDOT will be accepting bids on the Main Street road project.

Paraschak also noted that the Town Budget was delivered to the Town Council and he is looking forward to the upcoming Budget workshop on April 24.

The Town Council made appointments to various Town Boards and Committees.

Planning Board: Lee Pratt and Ed Zelmanow

Conversation Commission: Ernie Wells and Stefania Strzalkowska Board Of Appeals: Anthony Butts,

Kari Beaulieu and Mark Jones

Historic Preservation Commission: Marsha Weeks Traill and Dawna Lamson

Baxter Library Board Of Trustees: Nancy Kenty and Linda Frinsko Economic Development Corp: Sarah

Jackson, Kathy Garrard and Chris Kelley Fair Hearing Board: Linda Mclean

Councilor Phillips did not agree with the Board of Appeals appointments.

The following people were appointed as election workers with terms to expire April 1, 2020: Democrat Workers:

Diane Caswell, Patricia Clay, Katharine Corbett, Laurie Corbett, Thomas Corbett, Nancy Craig, Geraldine Day, Melissa Deering, Renee Deering, Peggy Douglass, Cynthia Doyle, John Ersek, Rachel Flynn, Mary L. Fraser, Katherine Garrard, Jen Greslick, Barbara Guimond, Joanne Hachey, Colleen Hoyt, Carole Jordan, Connie Loughran, Linda Maclean, Carol Marshburn, Michelle McCaffrey, Barbara McGarvey, Janet Miliano, Virginia Morrow, Susan Parsons, Denise Quint, Judith Ringo, Kimberley Ross, Teresa Sanborn, Robin Sanford, Melinda Shain, Robert Skinner, Paula Smeltzer, Mary Snell, Judith L. Stevens, Mary E. Sturtevant, Sheryl Towle, Kathleen Walsh, Wendy Clark, and Stephen Nelson.

Republican Workers:

Marilyn Amoroso, Janet Bell, Bruce Bishop, Kathy Bruni, Louis Calabaro, Brenda Caldwell, Donna Carll, Nancy Connolly, Kenneth Curtis, George Deering, Linda Deering, Rhonda Desrochers, Susan Emerson, Linda Frinsko, Diane Godfrey, Sharon Geer, Mary Golden, Maynard Hincks, Carolyn Hodgkins, Thomas Hodgkins, Nancy Kenty, Mary Kesseli, Elizabeth Labrecque, Janice Labrecque, John Labrecque, Joann Means, Carlene Petersen, John Petersen, Jenifer McCullough, Rosamond Phinney, Heidi Pratt, Scott Pratt, Marlene Scholl, Nancy Shaw, Laurel Smith, Pat Surette, Martha Towle, Janice Weed, Norman Weed, Virginia T Williams, and Carol Wyman.

The Town Council appropriated \$10,000 from the Open Space Impact Fee Fund, for the purpose of assisting the Presumpscot Regional Land Trust in acquiring a parcel of land off Flaggy

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PRICE

\$459,000

\$13,000

\$320.000

\$217,000

\$336,900

\$568,403

\$216.000

\$215,000

\$219.300

\$410.800

\$230,000

\$187,500

\$265,000

\$320,700 \$229,000

\$274,900 \$140.000

\$321,000 \$350,000 \$170,000

\$180,000

\$320,000

\$236,000 \$249,900 \$205,000 \$85,000 \$295,000 \$294,875 \$425,000 \$220,000

\$255,000 \$410,000 \$270,000 \$319,900 \$269,000 \$260,000

Real Estate Transfers October 2017

ADDRESS

ADDIESS 65 HARDING BRIDGE ROAD QUEEN STREET 15 BRADFORD DRIVE 169 OSSIPEE TRAIL 41 LAURA LANE 14 GERANIUM DRIVE 23 SPRUCE LANE 668 MAIN STREET 28 CROCKETT ROAD 17 COTTON DRIVE 1 PINECONE LANE

BUYER VERRILL, GARY & DAWN WATSON, RYAN MELANSON, JASON & SARAH NAPPI, GABRIELLE & FRANK, JR. DUMONT, PETER & LAUREN FALK, JAMES & JUDITH WATERMAN, SHARON & KUHN, NELSON JEFFERSON, MARTY AMADON, CHRISTOPHER LAMPEN, MATTHEW & ANNE HALE, JULIE

SELLER BEEVER, MARK & LYON, RACHEL BROWN, DARREN HATCH, PHILIP III & LUCIE MARSHALL, PHILIP & JULIE BAUER & GILMAN CONSTRUCTION, LLC SUSAN DUCHAINE, LLC GROVO, JOHN BAXTER PEAK PROPERTIES, LLC GHERARDI, BILLIE & GERALD NORMAND BERUBE BUILDERS, INC. RUSSEL, ABEL

APRIL 2, 2018 Planning Board

Kara Estey and Zeb Ellis's request for approval to convert an existing structure into five apartment units with proposed patios, deck areas and new unit entrances on property located at 19 Flaggy Meadow Road in the former Biodiversity building was approved with findings of fact and conditions of approval.

The Town of Gorham's request for site plan review for the addition of portable classrooms and a new parking lot at Gorham High School, 41 Morrill Avenue, was approved with findings of fact and conditions of approval.

Maine Optometry's request for site plan review for a subdivision and site plan amendment to Fairview Acres Subdivision, on property located at the corner of Route 237 and Route 25, was discussed and postponed with a site walk to be scheduled.

Plowman Development Group's request for approval of Mason Lane, a 584 ft. private way to support two residential lots on property located at 29 McLellan Road, was discussed and moved to consent agenda pending responses to remaining issues.

Eric Gunn and Gary Jordan's request for approval for a lot line change at 27 Quincy Drive and 33 Quincy Drive on property located in the Heartwood Subdivision was approved with findings of fact and conditions of approval.

Portland Police Reinvestigate Unsolved Murder of Gorham Man

SHERI FABER Staff Writer

When Robert Joyal was 18 and a senior in high school, his family moved from Houston, Texas to Gorham. Five months after moving to Maine, he decided he did not want to go to college as previously planned, and instead, moved into an apartment in Portland.

On April 4, 1998, Joyal went out with some friends to a nightclub on Forest Ave. and the group was involved in an altercation with Seiha Srey and a group of his friends. Both groups wound up at Denny's on Congress St. and there was a further confrontation. Joyal was stabbed three times in the back and later died at a local hospital.

Police found the knife covered in Joyal's blood. After interviewing 60 people, Seiha Srey was identified as a suspect after a 15-year-old girl told police that Srey had confessed to her. Other witnesses pointed to other suspects, but Srey was eventually arrested and jailed for two years before the charges were dropped due to weaknesses in the case.

Joyal's mother, Faith, thinks that gang members may have told him to

Continued on Page 6



8 TERAN STREET	BANKS-MOULTON, EMILY & SHONN	MULHERIN, JAMIE & TRACEY
9 KIARA LANE	O'SULLIVAN, JOHN & CHERYL	LACROIZ, MATTHEW
11 DOGWOOD LANE	HAINES, SUSAN	BRAMBLEWOOD, LLC
15 FILES ROAD	DAY, NICHOLAS & MUNSON, SHANE	PAULIN, BARRY
DINGLEY SPRINGS RD LOT 3	PHILLIPS, CHARLES & KATHLEEN, DOYLE	WW WOOD PROPERTIES, LLC
12 MOSHER ROAD	HARMON, CHRISTOPHER	CAIAZZO, DAVID & TERRI
2 SHAMROCK DRIVE	CHOTHANI, SHETULKUMAR	DAKIN, JACQUELINE
18 ADELINE DRIVE	STEVENS, GREGORY	STEVENS, JUDITH
39 MEADOWBROOK DR #3	KUAN, LAI KHEI & KHOO, CHUN HUAR	MAAS, SHARON
29 OLDE CANAL WAY LOT 2	GUIMOND, SCOTT & KATHLEEN	GRONDIN PROPERTIES, LLC
23 HILLVIEW ROAD	STROSHANE, ALEXANDER & ALLISON	WOOD, CAROLYN
86 CRESSEY ROAD	ENGELTER, GERARD & HANNI	POMPEO, JANICE
19 WILLOWDALE DRIVE	LEE, CHRISTOPHER & BONNIE	ANDERSON, AMY
35 JOSPEH DRIVE UNIT 33	ELLSMORE, JOYCE & KEITH	LACHARITIE, CINDI
29 BARNFIELD LANE	ROBIE HOLDINGS, LLC	MILLS, TODD & ALVES, FRANCINE
665 OLDE CANAL WAY	INDIAN CREEK INVESTMENTS, GP	GRONDIN PROPERTIES, LLC
124 PLUMMER ROAD	CHASE, KEVIN & ALLISON	GOULD, MICHAEL
46 EMMA LANE	MORIN, JESSIKA & DANIEL	DEGEN, JOHN
125 NORTH GORHAM ROAD	HERALD, ADAM & TANYA	WYMAN, CHARLES
57 WESCOTT ROAD	THOMPSON, CURTIS & SYDNEY	PALUMBO, MARGARITE & SMART, RICHARD
17 RICHARD ROAD	PERNA, VINCENT & HICKEY, ELIZABETH	LEVER, MICHAEL & SHAUNA
41 WATER STREET	PERKINS, LEANNE & MICHAEL	COGGAN, KOREN
39 LAURA LANE	COLLARD, RODNEY, JR & COREY	EC BUILDERS, LLC
12 NONESUCH ROAD	DESMOND, JAY & CHARLENE	DESROCHERS, LINDA
23 CALISA LANE	SCALPEN, MARK & SARAH	KOTSIMPULOS, NICHOLAI

Public Meeting Held on Libby & Main Street Intersection

SHERI FABER Staff Writer

The Maine Department of Transportation presented its plans for the installation of a traffic light and other improvements to the intersection of Libby Ave. and Main St to approximately 20 people, primarily residents of Libby Ave. or side streets off of Libby Ave., at a meeting on April 4.

PACTS (Portland Area Comprehensive Transportation System) makes determinations as to what work needs to be done on local roads and the Maine Department of Transportation (MDOT) pays for the project and hires contractors to do the work. The project has a cost of \$430,000 with \$130,000 budgeted for engineering and design and \$300,000 for construction.

MDOT has nine possible reasons they use to consider improvements to local roads and the intersection of Libby and Main met three of them, including the volume of traffic between 7:15-8:15 a.m. and 4:30-5:30 p.m. leading to lengthy delays for vehicles attempting to cross or turn onto Rt. 25. Additionally, there have been a number of accidents at this location. The MDOT predicts that in 20 years there will be a half-mile long back up for vehicles waiting to turn left onto Rt. 25 during peak travel times. The MDOT plans to install traffic lights at this intersection and widen shoulders so that vehicles wanting to turn right may be able to go around vehicles waiting for the light to change. Existing curbs and sidewalks will be moved back approximately three feet to provide a 10 foot wide shoulder and crosswalks will be moved back to make them safer.

Numerous residents asked questions and talked about how problematic this intersection is for them. A major concern is vehicles speeding on Libby Ave., which is a connector road for many drivers. Fire Chief Robert Lefebvre asked when the evaluations had been done, noting that during USM's school year, the traffic on Rt. 25 is much heavier.

MDOT staff could not say whether their traffic evaluations had been done while USM was in session. A question was raised about whether the MDOT had considered a rotary for this location. It had but rotaries cost about \$1.5 million and the volume of traffic at this location did not warrant that expense.

The MDOT plans to advertise the project in late 2018 and expects the construction to be done in the summer of 2019. They estimate the project will take two to three months to complete.



Town Council CONTINUED FROM PAGE 5

Meadow Road for permanent conservation.

The Ordinance Committee will review and propose additional language for sprinkler systems for occupancies not addressed in the Town's current Ordinances.

The Ordinance Committee will also review adding requirements to the Land Use & Development Code for drinking water testing. (6 yeas, 1 nay: Hager)

Carnation Drive and Geranium Drive, located in the Allen Acres Subdivision, were accepted as Public Roads, they will be locally classified as both Rural Access Roads and Urban Access Roads. (5 yeas, 2 nays: Hartwell, Stelk)

Complete minutes are available on the town's website at www.gorhamme.org.

Unsolved Murder CONTINUED FROM PAGE 5

stab Joyal or they may have just told him to take the blame for the stabbing. Srey was shot and killed in a dispute over drug money in 2007.

While Portland police believe Srey was probably responsible for Joyal's death, the killing was never prosecuted and they hope that "people who were once intimidated will come forward and speak to Detective Tully" now that 20 years have passed.

Anyone with information is asked to call Detective Jeff Tully at 874-8550 or text the keyword GOTCHA plus their message to 274637 (CRIMES).

Land Trust to Establish Nelson Preserve CONTINUED FROM PAGE 4

but frequent walks in nature may improve mental health, lower depression and reduce stress. Walking isn't just for adults—even children and adolescents can benefit from walking. It can help young people achieve the recommended 60-minutes of daily physical activity they need but in today's world they are just not getting."

The Nelson Preserve budget is \$77,200. The land trust has 95% of the funding and has only \$4,000 left to raise this spring in order to open the Nelson Preserve this year. The PRLT would like to thank the Town of Gorham for donating \$10,000 from the Open Space Impact Fee Fund towards this conservation project.

Lars Nelson and Susan Nelson Carver, son and daughter of Jane and Clifford Nelson, explained, "Our parents loved their land in Gorham and always hoped to share it with the community. As children we found ourselves walking the trails with our parents and dogs. Jane and Clifford made provisions in their will for the local land trust to inherit the property so it would be conserved."

If you want to see more land conserved forever in Gorham, providing access for the public to get out and enjoy the forests now and into the future, please consider making a donation to Presumpscot Regional Land Trust, P.O. Box 33, Gorham, Maine 04038 or visit online at www. prlt.org, designating the gift to the Nelson Preserve.

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School Committee Sends Approved Budget CONTINUED FROM PAGE 1

such as per pupil cost, mil rate, or percentage increase.

Kyle Currier said that since population growth is a trend, the committee needs a better definition of a "need" when considering a needs-based budget. Stewart McCallister was concerned that next year's budget will be an even greater challenge because the SC can't keep cutting the budget for capital improvements.

Jennifer Whitehead felt that educators are having to make compromises just to meet needs, and Kate Livingston emphasized that increasing enrollment will only add to those needs. They encouraged advocating in Augusta for more state funding.

In supporting the budget, Dennis Libby said that everyone made compromises, but "the question for the School Committee is how to provide the best education for our kids," and that through its funding decisions, the state "is systematically destroying public education which has a direct impact on our kids."

Chairman Darryl Wright would like to provide more direction to the superintendent at the beginning of the process. He said "we need to save where we can so we can spend what we need." There ought to be more efficiency in providing services, but he "also recognized that what we teach now is much different from what we did ten years ago." He added, "we can't control what Augusta does, but we know what a great school district we have and that knowledge does affect population growth."

Administrators presented three Program Reviews on initiatives that directly benefit students. Ryan Watts, who directs Alternative Education Programing at GHS, was joined by GMS principal Bob Riley and the three K-5 school principals in describing how the district begins in the early grades to identify and help disengaged students become involved in their education and how a multi-disciplinary approach to experiential learning motivates them as they move into the upper grades.

Athletic Director Tim Spear reported that 57% of GHS students participated in at least one sport this year and that the program uses less than 2% of the school budget.

Superintendent Perry outlined the district's Bullying Policy which defines bullying to include cyber bullying as required by Maine law. She outlined in detail the procedures used in cases of reported bullying which include: reporting the bullying in writing, conducting a full investigation, and making a determination. This is followed by a full report to the superintendent and a report to the state.

Perry also announced that there are three bills related to Proficiency Based Learning (PBL) being discussed by the state legislature, but that Gorham Schools are committed to PBL regardless of modifications made by the state.

Libby reported for the GHS Building Committee and said that the broad-based committee is working to define programmatic needs and is visiting three area high schools that were built without state funding. The committee has created an on-line interactive survey which can be accessed by going to the district website. The public is encouraged to participate in this "thought exchange" to express their views on the GHS renovation project.

Libby also reported on the first reading of the new Transportation Policy, noting that if passed next year, each K-12 student may only be assigned two pick-up and two delivery locations. The following year each of those places must be in the student's attendance zone.

In other business, the SC voted unanimously to approve Perry's request to make an application that informs the state that Gorham is interested in forming a regional service center with eleven other districts that could facilitate purchasing efficiencies and provide other services. The SC approved leasing two portables and reapportioning funds for installation preparation work.

The SC approved the hiring of Tom Smith, currently a Village School teacher, as the new GMS assistant principal, Samantha Clogery as a GHS guidance counselor, and coaches for lacrosse and tennis.

If you or anyone you know is battling depression or has had suicidal thoughts, help is available at the Maine Crisis Hotline. The number is 888-568-1112. State resources are also available by calling 211 in Maine.

School Notes

Gorham Middle School seventh grade teacher Angela Gospodarek was one of the recipients of the National STEM Scholar Program, which stands for science, technology, engineering, and mathematics. This grant specifically was awarded to middle school science teachers who enjoy the creativity in teaching, are eager to share ideas with colleagues and are excited about networking with peers from across the country. The program provides funding for projects, while also flying recipients to Western Kentucky University to participate in a ceremony, which involved professional development and networking. Several of the materials brought back to her classroom through the funding included a Chromebook, iPad microscope, ozobot robot, and telescope. The program provided funding for Gospodarek to set up an aquaponics system in her classroom and students are now growing lettuce, peppers, tomatoes, herbs and sunflowers. Gospodarek also attended the National Science Teachers Association in Atlanta, Georgia.

Superintendent Heather Perry's recently published blog post discusses the complex topic of bullying in schools and is aimed at helping parents, students, staff, and others to better understand what bullying is, how the schools deal with reports of bullying, and what we do to focus on prevention. To read her post, visit https://gorhamsuperintendent.blogspot.com.

The Narragansett 5K, 1 Mile, and Fun Run (grade 2 and under) is May 6. All proceeds will benefit the fifth grade band program for all three elementary schools. Registration forms are online at www.runinarace.com. Entry fee before race day is \$15 for 5K and \$8 for 1 Mile. T-shirts are sold separately for \$7 before April 27. You must sign a waiver to race.

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SCHOOL

Gorham Teams Compete at Odyssey of the Mind Competitions

Noah Badeau.



First place Vehicle Team, GHS, Div. III (left to right): Jude Huckaby, Rowan Connor-McCoy, Bodhi Wilkins, Campbell Fowler, Kieran Wilkins, and Zakaria Lembarra.



First place Performance Team, Great Falls, Div. I (left to right): Eleanor Morgan, Patricia Waters, Laurel Emerson, Isabella Davis, Gretchen Paul, and (front) Terra Rioux.



First place Performance Team, GMS, Div. II (left to right): (front): Samuel D'Amico, Nash Gagnon, Emma Mullin, Megan Wentworth; (middle): William Stein; (back): Evan Verrill and



Second place Classics Team, GMS, Div. II (left to right): (front): Erin Castonguay, Ethan Castonguay, Brandon Sadowski; (back): Abigail Houp, Clara Shvets, and Sawyer Haines.



Second place Classics Team, Village, Div. I (left to right): (front): Natalie Miner, Winnie Dubail, Ellery Herrick, Libby Springer, Lucy Dubail, Ella Goff; and (back) Evelyn Rush.

DIANE KNOTT Odyssey of the Mind Coordinator

Over the past several months, 50 students from Gorham participated on eight competing teams to solve problems offered by Odyssey of the Mind, an international educational program promoting creative problem solving.

Students learned how to collaborate, develop skills for life, and find an outlet for creative thinking. All teams presented their solutions to audiences dur-



Discovery Performance Team, Village, Div. I (left to right): Bennett Deveau, Stephen Richards, Jack Cyr, Sam Merrow, Lily Beardsley, and Addison Rush.

ing Regional and Primary Tournaments in March, with five teams earning an invitation to advance to the State Competition in Biddeford on April 7.

At the State Tournament, all five Gorham teams earned a trophy: three first place and two second place, in their respective divisions.

The Gorham High School Vehicle Team earned first place in Div. III for their humorous "Star Wars" theme and efficiently designed vehicle. The team was coached by Ben Wilkins.



Primary Tournament Team, Village, Div. I (left to right): Nara Holland, Tucker Curtis, Sawyer Wheaton, Emma Howe, and Aidan Beardsley.

The Great Falls Performance Team earned first place in Div. I for their creative and colorful alien skit that entertained the audience. This team was coached by Bethany Emerson and Matthew Paul.

The first place Gorham Middle School Performance Team in Div. II amazed the crowd with their creative use of set, props, and lyrics. The team was coached by Misty D'Amico.

"It's a lot of hard work," said Emma Mullin. "Odyssey teaches us skills for life. Like how to manage a budget and become a better writer."

Will Stein said, "I'm glad we can go to World Finals. It was my goal."

The GMS Div. II Classics Team was coached by Sara Castonguay and earned second place for their creative skit based



redit Diane Knot

Primary Tournament Team, Great Falls, Div. I (left to right): (front): Abe Palme, Nina Joy; (middle): Charlie Littlefield, Sam Joy, Grant Emerson, Benjamin Emerson; and (back) Oliver Emerson.

on the classic story, "Charlotte's Web." "I love seeing the problems each year and how they make them new and different," said Clara Shvets.

Village School's Div. I Classics Team earned second place for their entertaining twist to the classic tale, "Alice in Wonderland." The team was coached by Jennifer Dubail.

Congratulations to the three other Gorham teams for their hard work and creative solutions. The Village Performance Team was coached by Adam Rush and presented during the Discovery Tournament.

In addition, Gorham's two Primary Teams performed their original solutions depicting a cooking show in

CONTINUED ON PAGE 12



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SPORTS

Gorham Travel Basketball Champions





Photos courtesy of Gorham Rec

The sixth grade girls' and the fifth grade boys' Gorham Travel Basketball Teams both earned "Tournament Champion" status to end their four-month seasons. The boys' team (left to right) is: front row: Mason Finck, Gage Beaulieu, Lucas LeGage, Owen Spera, and Reichen Albert. Back row: Coach Chuck Nadeau, Griffin Gammon, Wyatt Nadeau, Andre Dube, Jeffrey Legere, Jack Karlonas, and Coach Mike Karlonas. Pictured for the girls' team (left to right) is: Summer Gammon, Andy Cloutier, Claire Boudreau, Marissa Reno, Brooke Farquahar, Maddie Miers, Hannah Bickford, Ellie Gay, and Sophia DiPhilippo. The team was coached by Neal Gammon and Dean Boudreau. Congratulations to the players and coaches, and special thanks to the Gorham Basketball Travel Board for a great season.



Photo credit Norm Grav

Two-Time Champ

The Knights of Columbus State Championship Free Throw Championship was held on March 10 at Old Town High School. Gorham was represented by sixth grader Gabe Michaud who won by hitting 20/25 shots. This was the second year in a row that Michaud won the State Championship after winning the Gorham and District crowns. Pictured from left to right is Dave Roy, Michaud, Mike Foster and Anthony Alfiero, all representing Gorham.



Photo credit Sue Roop

Outstanding **Student Athletes**

Lucas Roop (I) and Anna Slager (r) were Gorham's recipients at the SMAA Citizenship Awards Banquet on April 10. They were both recognized for their leadership in school, in their communities and in their respective sports.









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GHS Spring Sports: Coaches Preview

COMPILED BY DESTINY COOK Sports Editor

BASEBALL

Last season the team had an overall record of 17-3 and were SMAA Playoff Champions. They lost to Cheverus in the Semi-Finals.

Coach Chuck Nadeau has a group of experienced young men on his team this year with seven senior starters returning from last year's SMAA Championship team. "Our challenge will be to replace All Conference Pitcher Logan Drouin (10-0) as well as All Conference Catcher Jason Komulainen, both currently freshman at USM.

Athletes to Watch: Sr. Captain Ben Nelson, Shortstop, 1st Team SMAA; Sr. Captain Kyle King, 3B, 1st Team SMAA; Sr. Captain Nolan Brown, CF, 2nd Team SMAA; Sr. David Drew, OF, 1st Team SMAA; Sr. Captain Brogan McDonald, Catcher, SMAA Honorable Mention; Sr. Will Prescott, 2B; and Sr. Lucas Roop, LF.

Nadeau's outlook for the season: "I expect that we will be competitive, but our ability to challenge the top teams in the SMAA and go deep into tournament play will depend on how effectively we develop a competitive pitching staff." First game: GHS at Cheverus on April 20 at 11 a.m. Home Opener: Biddeford at GHS Tuesday April 24 at 4 p.m.

SOFTBALL

Coach Renee Whipkey said her team has many key seniors returning this season. Shay Harris, Emily Murray, Kalie Perry, Michelle Rowe and Grace McGouldrick have all had meaningful minutes throughout their careers.

Coach Whipkey said, "Grace McGouldrick will especially be one to watch. She is a pitcher and shortstop who batted 0.645 last year, she had 30 runs, 22 RBI's and 10 stolen bases." McGouldrick was named to the SMAA first team and All-State team as named by the Maine Sunday Telegram. She will be heading to the University of Maine to play softball and coach said, "she has had an amazing softball career at GHS and will be a strong leader for our team."

Coach said the first two teams will bring back some stronger pitchers in the SMAA conference, and they hope to get off to a good start.

First game: GHS at Portland on April 19 at 4 p.m. Home Opener: Noble at GHS on April 21 at 11 a.m.

BOYS' TRACK

Coach Jason Tanguay, in his 9th year of coaching, said his team finished 13th in SMAAs and 22nd in the Class A State Meet.

Key Athletes: Seniors: Jason Catoggio, pole vault; Anthony Chase, distance; Luke Gowen, sprints; Garrett Higgins, jumps; Wil Rossignol, distance. Juniors: Dylan Lamont, racewalk; Simon Roussel, sprints and jumps. Sophomores: Wes Brinegar, hurdles and jumps; Ryan Farr, sprints and jumps; Tyler Rollins, sprints; Andrew Tinkham, distance. Freshmen: Aidan Bell, jumps and sprints; Reed Henderson, distance; Nate Smith, hurdles and jumps. Key Meets: Regular season match-ups with Bonny Eagle and Westbrook

Coach Tanguay said, "We are looking at one of our largest boys' teams in the past many years with nearly 50 athletes out so far. Many of these competitors are new to the sport or freshman so our success will rely on the progress made by these inexperienced athletes." With many returning scorers from last year, he is looking for the team to be somewhere in the middle of the pack, with hopes of moving up from there.

GIRLS' TRACK

Coach John Caterina is in his 30th year coaching. Last year the girls were 6th in SMAAs and 10th in the Class A State Meet. Captains: Anna Slager, Meadow Fortier, Evelyn Kitchen, Avery Germond.

Key Athletes: Seniors: Hayley Bickford, racewalk; Meadow Fortier, mid-distance; Alexis Fotter, hurdles, sprints; Sarah Johnson, mid-distance; Maddie Rossignol, sprints, pole vault; Anna Slager, distance. Juniors: Lauren Barden, pole vault; Avery Germond, sprints; Evelyn Kitchen, jumps and javelin; Sara Slager, javelin. Sophomores: Iris Kitchen, distance; Stef Meacham, racewalk; Kate Tugman, distance; Quinn Young, jumps. Freshmen: Nevaeh Moore, sprints. Key Meets: Regular season match-ups with Scarborough are always a good indication of team strengths.

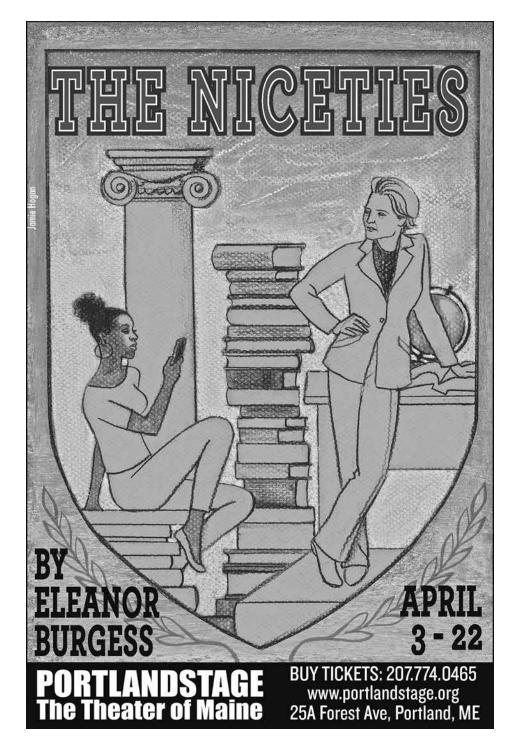
Coach Caterina said, "Gorham has a veteran team with lots of talent this year. After successful XC and Indoor Track seasons, Gorham should be considered a contender for both SMAA and Class A honors along with Cheverus, Scarborough and Thornton Academy."

Slager returns as a perennial scorer in the distance races, along with Meadow Fortier, Iris Kitchen and Kate Tugman. He said, "This foursome will be one of the favorites in the 4 X 800 relay, an event where they broke the state record during the indoor season." Evelyn Kitchen is a returning scorer in the javelin, long jump and triple jump and she will be adding a fourth event this spring. Gorham should also score some significant points in the 1600 Racewalk as both Bickford and Meacham will be among the top racers in the SMAA.

"If Gorham can continue to improve in the sprints and hurdles, they will be a top threat at the league and state meet levels," added Caterina.

CONTINUED ON PAGE 11







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GHS Spring Sports: Coaches Preview CONTINUED FROM PAGE 10

GIRLS' LACROSSE

Last season, Coach Mary Guimond's team finished its regular season 7-5 and went on to win its first playoff game in the last six years. They fell 4-1 in the regional semi-finals to the eventual state champs, Massabesic. Captains: Brooke Greatorex, Bridget Rossignol, Kayla Stickney, and Hallie Shiers

Key Returning Players: Bridget Rossignol, senior attacker, was second-team all-conference last season, and brings hustle and heart to our attack. Faith Dillon, a sophomore attacker, led the team in draw controls and ground balls last year. Brooke Greatorex, a senior defender, returns to a leadership role after a solid junior season. Sarah Walker, a junior defender, led the team in caused turnovers last season. Juniors Hallie Shiers and Hailev Morrill, along with sophomore Carson Battaglia, bring speed and intensity to the midfield.

In regard to key match-ups, Guimond said, "The classes have been moved around, so we'll see a lot of new people this year." She said they'll see heavy-hitters in Kennebunk and Greely, along with the the usual tough games against Massabesic, Marshwood, and Thornton Academy.

"We have some seriously fast sophomores who will be breaking into the varsity lineup this year, pushing our upperclassmen to be even stronger," Guimond added. The team will rely on their grit, speed and athleticism to compete with the best teams in the state.

BOY'S LACROSSE

The boy's lacrosse team has a new coach in Clayton Jones. Last year the team was 8-4 on the year. Key loss: All-American goalkeeper Carter Landry. Key Returners: Sam Burghardt (D), Jake Dupuis (A), and Ben Nault (M), Holden Edwards (D), Hunter Poitras (D), Chris Tucker (A) and Dominic Lorello (A). Key newcomers: Connor Dougherty (A) and Giuseppe Brown (G).

Coach Jones joked that he is the wild card. Joining the team just before the start of pre-season, he brings a fresh approach and a wealth of experience. Excitement abounds as everyone looks to see what changes he might bring to an already solid program.

Jones said, "Burghardt leads what should be a solid defensive group, while newcomers Dougherty and Brown will challenge for playing time at both ends of the field." There is lots of enthusiasm and potential at every position, and Jones said it could turn into a great season for the Rams. Key match-ups include Thornton Academy in the opener and an early contest with Falmouth.

"With lots of change comes lots of opportunity. If the Rams can put all the pieces together, they could be dangerous," Jones added.

BOYS' TENNIS

Coach Aaron Landry said, "Last year we lost to the eventual State Champions, Thornton Academy, in the Quarterfinals."

Players to watch are: Seniors Sean Pocock, Ben Donohue, John Scribner, Colby Lewry, and Aaron Farr as well as Junior, Jayden Gaudreau.

Landry said, "We have a big team with a lot of athletes and several freshmen who look to contribute." He added that they are a competitive team with lots of players fighting for ladder spots. The first match is on April 23 against Deering.

GIRLS' TENNIS

Coach Nicole Bergeron said last year's record was 11 and 1 in the regular season, 12 and 2 including playoffs. Key losses include #3 singles Whitney King, #2 singles Jenna Cowan, #1 doubles Delaney Burns, and #1 doubles Avery Arena. Key returning player is Sophomore Jocelyn Bolt, who is playing #1 singles. Key newcomer: senior Sarah McKnight.

Key match-ups: Thornton Academy and Scarborough

Coach Bergeron said, "I'm encouraged by what I've been seeing in practice and by the improvement of the players. They're competitive and they're all looking forward to regular season play."

The first match is on April 23 at GHS against Deering High School.

GMS Track Athletes Set New SMAA Records

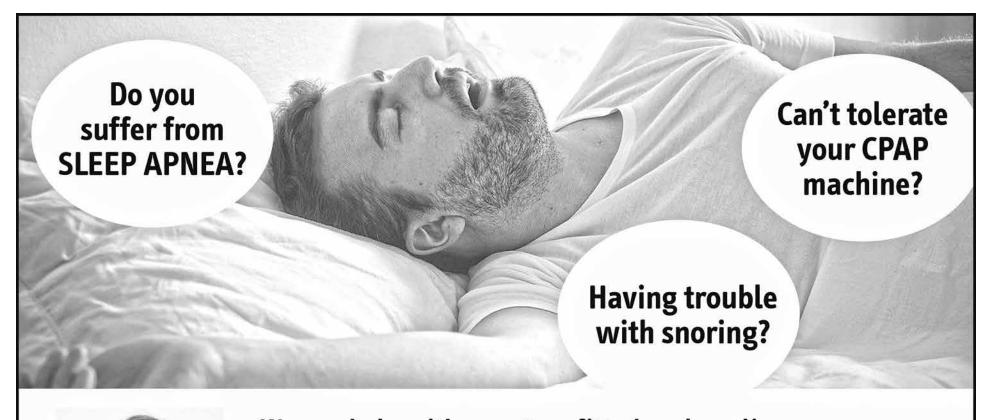


Photo credit Jane Fan



Photo credit Amanda Sawye

Eighth grader Andrew Farr ended his middle school indoor track season by breaking the previous SMAA 240 record of 30.1 with a time of 29.5. The girls relay team of Emma Green, Sydney Connolly, Jillian Morrill and Alyvia Caruso (pictured left to right) are the new SMAA record holders in the 4 X 210 relay with a time of 2:02. The meet was held on March 31 at the Portland Expo.





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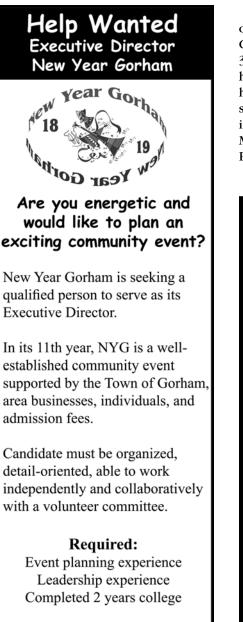
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GORHAM'S GOT TALENT

Future Stars Shine



Gorham's Got Talent winners (left to right): Emelia Bailey (first), Tessa Dol (second), Kali Perry (third), and Julie Cooper (People's Choice Award).



Desired Experience: Public Relations

LYDIA VALENTINE GHS Student Intern AND MATTHEW MURRAY GHS Vocal Music Teacher

Gorham High School's Class of 2019 hosted its eighth annual Gorham's Got Talent show on March 30. A near capacity crowd was on hand to enjoy the evening. The two hour show brought varying styles of singing, positive judging, and uplifting stand-up comedy by the show's MCs, juniors Griffin Lord and Nicco Pappalardo.

CONTINUED ON PAGE 15



Asperger's: More Than a Diagnosis CONTINUED FROM PAGE 3

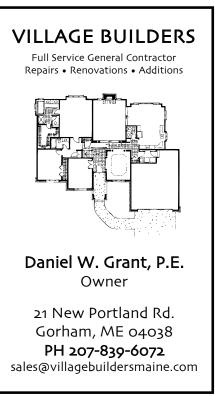
formats, technology, and standards emerging. I enjoy facilitating our users' access to scholarly content." Remy has faculty status and has been on the tenure track for the last six years. He has submitted his tenure and promotion dossier and is awaiting the final decision in the next few months.

Remy has been fortunate to have had several mentors who have guided him. He has fond memories of Donna Anderson, a special education teacher at Gorham Middle School, who was a positive role model for him as a teenager. Remy said, "She was kind, hardworking, ethical, intellectually curious, and a world traveler. She was a tireless advocate for students with different kinds of disabilities during her 30+ year career in the Gorham schools."

Remy lives in Chattanooga, Tennessee where he owns a home in a location that affords him a nice balance between urban amenities and the natural beauty that surrounds the area. Thanks to a municipally-owned electric company that provides fiber optic internet throughout its service area, Chattanooga has some of the highest internet speeds in North America, starting at 100 mbps and going up to 10 gigabits per second.

In his free time, he likes taking long walks/hikes, speaking Spanish, and keeping informed about current events. He enjoys domestic and international travel and sitting on his front porch when the weather's nice. He can be reached at remycharlie@ gmail.com.

He is the son of George and Heidi Remy.



MARVEL

Charlie Remy would like to promote the high-quality databases provided free to all Mainers via MARVEL, a service of Maine InfoNet. The excellent resources include fulltext newspapers, encyclopedias, journals, ebooks, reference materials and more. All you need is an existing library card or you can also create your own MARVEL account. Check it out at http://libraries.maine.edu/ mainedatabases/

ASPERGER'S INFORMATION

Asperger/Autism Network (AANE) at www.aane.org/

Autistic Self Advocacy Network at autisticadvocacy.org/

The Complete Guide to Asperger's Syndrome by Tony Attwood and his website http://www.tonyattwood. com.au/about-aspergers-m/what-isaspergers

Beyond the Wall: Personal Experiences With Autism and Asperger Syndrome by Stephen M. Shore AngelSenseBlog at https://www. angelsense.com/blog/this-is-whatchildren-with-aspergers-syndromewish-you-knew/

Odyssey Teams CONTINUED FROM PAGE 8

the K-2 Non-Competitive Primary Tournament. These teams also prepared a skit and performed in front of an audience. Village School's Team was coached by Diane Knott and Great Fall's Team was coached by Christine Lu-Emerson and Daniel Emerson.

Well done Gorham OMers. At press time, one qualifying team plans to attend the World Finals in Ames, Iowa on May 23-26 while two others are considering the trip. To support the team(s) or make a donation, please contact Diane Knott at diane.knott@gorhamschools.org.

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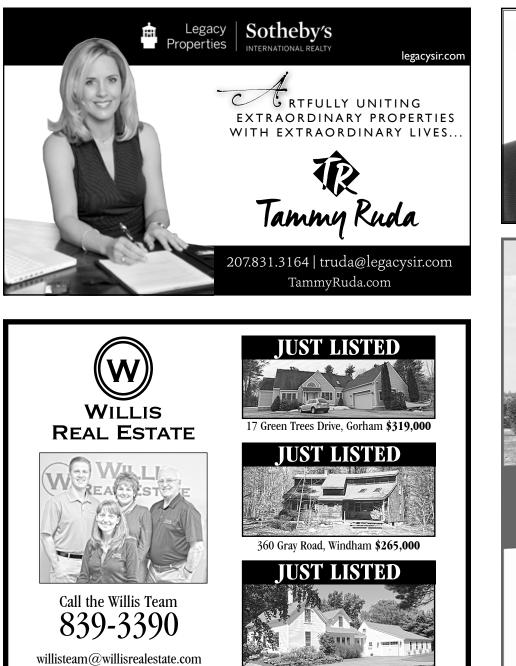


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COMMUNITY

OF INTEREST

The Gorham Lions Club has returned to its "Den," the former Elmwood School House on South Street (Rt. 114) for regular meetings as of April 10. Regular dinner meetings are on the second and fourth Tuesdays each month, starting at 6:30 p.m. all are welcome. FMI, Ken Aldrich 929-9182.

North Gorham Public Library will welcome author Anne Weber on Thursday, April 19, at 7 p.m. Weber is the author of "Constabulary Tales," a collection of short stories that describes the hilarious escapades of a woman (Weber) who becomes a reluctant constable on a small island in Maine. FMI 892-2575.

Joseph Smith (GHS '18), a business student at Saint Anselm College, provided leadership in charitable work as part of the college's Spring Break Alternative. Smith was one of 16 students who volunteered at Saint Benedict's Preparatory School, an all-boys junior high and high school in inner city Newark, assisting in classrooms, shadowing and mentoring students, and providing after school tutoring.

First Parish Church, 1 Church Street, will hold a Chicken Pie Supper on Saturday, April 28, from 5-6:30 p.m. \$10 adults/\$5 children under 12. FMI 839-6751.

West Gorham Union Church, 190 Ossipee Trail, is hosting a concert, Let Music Lift You, by Erica Brown & the Bluegrass Connection on Sunday, April 29, from 2-4 p.m. to benefit the Lift Project (to install an elevator for handicapped access to the Fellowship Hall). There will also be a Quilt Raffle and refreshments will be served. Tickets are \$15 in advance, \$20 day of concert. Advance tickets available at Eventbrite.com, or at West Gorham Union Church after worship on Sundays in April.

West Gorham Union Church, 190 Ossipee Trail, will be having a public supper on Saturday, May 5. Ticket sales start at 4 p.m., serving starts at 5 p.m. Beans, chicken pie, clam casserole, chop suey, mac and cheese, BBQ hot dogs, jello salads, cole slaw, homemade pies, coffee and punch. \$8 adults/\$3 children under 12. FMI 839-5946.



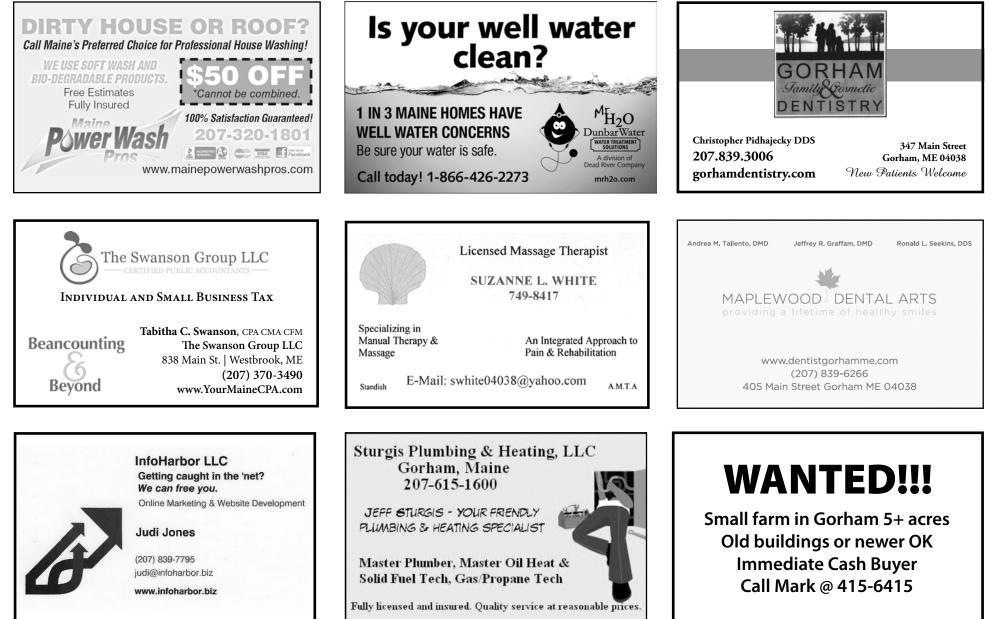
Mariel Roy of Atlantic Dance Arts in Gorham donated the use of her studio recently for a surprise birthday party for Katie Creedon of Buxton, who was born with a rare genetic disorder known as CDLK5 deficiency. Creedon has frequent seizures and cannot speak. Those who met her through a Make-A-Wish Maine event pulled together a princess party after discovering she had never had a real birthday party. Entertainment, including ten actors dressed up as princesses, and food were both donated for the cause.

SENIOR PROGRAMS

The Lecky Brown Center for Seniors, located on the 3rd floor at First Parish Church in Gorham, will be hosting a free roundtable discussion, "End of Life Issues: The Importance of Sharing Your Thoughts and Wishes, part 2/3" led by Bill Jenks, president of Home Instead Senior Care, on Thursday, April 19, from 12-1:30 p.m. Bring your lunch and join us. FMI 839-6751.

CONTINUED ON PAGE 15

BUSINESS DIRECTORY







SQUEARY CLEAN

Caller reported vehicle was stuck in the automatic car wash on Lower Main St. Manager had called for a service technician.

Report of a disabled vehicle on Ossipee Trail was man setting up his maple syrup lines.

Meadowbrook Drive caller was upset at her soon to be ex-husband sending messages that insulted her. Officer suggested she obtain a Protection from Abuse court order.

Caller, who was waiting for AAA after car broke down on County Road, reported another vehicle came by, rolled their window down and yelled at them for being on the side of the road. Officer stood by until wrecker came.

Cressey Road caller reported he had left his truck on the side of the road as he could not make it up the hill.

Several people called about being abused on Facebook. They were advised to stop using it.

Driver of a suspicious vehicle parked on Queen St. with its lights off was dressed in winter hunting gear and was waiting to walk into the woods to hunt coyotes.

Officer spoke with three adults in a vehicle on Main St. Two had medicinal marijuana licenses but there was no evidence that any of them had been smoking.

Caller reported a noisy party on Narragansett St. Officer was delayed by another call and by the time he got to Narragansett St., the party had broken up. Officer advised person to call right away next time. Officer responded to report of an injured seagull in the vicinity of County Road and South St. Officer was not able to locate the seagull.

Officer responded to Mercy Gorham Crossing as an adult male was unhappy with the service he received and was causing a disturbance. Officer spoke to the male and he agreed to leave and seek treatment elsewhere.

Western Avenue caller reported a suspicious person. Officer checked the perimeter of the property and the only footsteps he saw in the snow were his own.

Libby Ave. caller showed officer a fraudulent check with instructions on what to buy and how to send the money by Western Union. Caller knew it was a scam but wanted police to know about it.

Vehicle pulled over on South St and put its four way flashers on. Operator was coming home from work but roads and conditions were too bad to go home. Driver had pulled over to turn around and go back to work.

Narragansett St. caller reported his roommate had moved his laundry. Roommate said she did not move his pants nor had she touched his laundry.

Vehicle was observed partially parked in Gray Road. It was snowing and was deemed to be in the way of the plow. Officer contacted vehicle owner who said he was not surprised and figured it would be in the way. He moved the vehicle.

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CALENDAR

THURSDAY APRIL 19

• Author Event with Anne Weber, 7 p.m. North Gorham Public Library

FRIDAY APRIL 20

• Apples to Apples Afternoon, 1-3 p.m. Baxter Memorial Library

SATURDAY APRIL 21

• Family Game Time, 10 a.m.-12 p.m. Baxter Memorial Library

TUESDAY APRIL 24

• Preschool Story Time, 9:30-10:15 a.m. Baxter Memorial Library

WEDNESDAY APRIL 25

- Baxter Memorial Library Closed for Staff Development Day
- Toddler Story Time ,10-11 a.m. North Gorham Public Library

THURSDAY APRIL 26

- Baby and Me, 9:30-9:50 a.m. Baxter Memorial Library
- Toddler Time, 10-10:30 a.m. Baxter Memorial Library
- Sewing Club, 2:30-4:30 p.m. Baxter Memorial Library

SATURDAY APRIL 28

• Greater Gorham Winter Market, 9 a.m. -1 p.m. Gorham Rec. Department

TUESDAY MAY 1

• Preschool Story Time, 9:30-10:15 a.m. Baxter Memorial Library

WEDNESDAY MAY 2

- Toddler Time, 10-10:30 a.m. Baxter Memorial Library
- Toddler Story Time ,10-11 a.m. North Gorham Public Library

THURSDAY MAY 3

- Baby and Me, 9:30-9:50 a.m. Baxter Memorial Library
- Toddler Time, 10-10:30 a.m. Baxter Memorial Library
- Book Group Discussion of "A Gentleman in Moscow" by Amor Towles, 10 a.m. Baxter Memorial Library

Community Continued from Page 14

The Gorham Medical Closet located at the Municipal Center (75 South St) is free and available to Gorham residents in need of portable wheelchairs, shower seats, commodes, walkers, canes and more. FMI 839-3859, 329-4976, 632-2178, 839-3630, 839-2484, or 839-3228.

The Town of Gorham Senior Mealsite hosts lunch every Wednesday at St. Anne's Church. Social time 11:30 a.m., meal is served at 12:00 p.m. Suggested donation \$4. Volunteers are also needed to help in the kitchen. FMI 222-1630.

The Lakes Region Senior Center Announces the second session of Art Classes to be held by Gorham Artist, Kristine Biegel. This is a four-week, 2 hour class working with water colors. The class will begin on Friday, April 27 from 1-3 p.m. The cost for all four sessions, including ALL materials is \$30. Little Falls Activity Center, 40 Acorn Street, Gorham. Please call Jeanne at 572-4042 or 732-425-0604 for further information, or to put your name on the list or stop by the center to reserve a space. No talent required!!

Lakes Region Senior Center, located at the Little Falls Activity Center, 40 Acorn St. is open Monday through Friday from 9 a.m. to 1 p.m. Join them daily for coffee, tea, and socializing. Ongoing daily activities include Mahjong on Mondays – beginners welcome. FMI, Diane 892-9529; Tuesday crafts and card games. FMI, Avis 892-0298; The Memoir Writing Group meets the last Wednesday of the month. FMI, David 892-9604; Thursday Table games at 10 a.m. and Friday Art Workshop at 9 a.m. FMI 892-0299. **The Gorham Cancer Prayer and Support Group** meets the first Tuesday of every month at the Cressey Road United Methodist Church, 81 Cressey Rd. from 6-7:30 p.m. This monthly non-denominational event is a prayer and support group for anyone dealing with cancer including patients and caregivers.

Future Stars Shine CONTINUED FROM PAGE 12

Twenty one middle and high school students were judged by volunteers Kyle Aarons, Christy Comeau-Pierce, and Jocelyn Miller who gave comments about performances and eventually chose the winners.

The first place prize of \$100 went to last year's winner, seventh grader crowd pleasing Adele song, "When We Were Young."

Sophomore Julie Cooper won the People's Choice Award with her enchanting playing of the ukulele and singing of "La Vie En Rose."

Other crowd favorites included Kasey Cummings and her performance of "How Can It Be," by Lauren Daigle; Isaac Martel's impressive multitasking piano skills demonstrated through "For Forever," a Dear Evan Hansen song; and Anya Mazaris-Atkinso's and Sierra Cummings' rendition of "Fix You," by Coldplay. Year after year this show continues to bring out the best Gorham has to offer, from the smallest violin player to the biggest high school chamber singer, and this year was no exception. Gorham's Got Talent is a place for anyone of any age to exhibit their skills, and, as Tessa Dol said, in "a really great and positive environment."

The Lecky Brown Center for Seniors, located on the 3rd floor at First Parish Church, 1 Church St., is offering weekly events as follows: Monday - Hand Chimes Group from 2-3 p.m.; Tuesday - Originals from 10-11:30 a.m. with coffee/conversation/speaker; 2nd & 4th Thursdays of April - Church Street Writers Group from 2-3 p.m.; and Friday - ARTrageous Seniors art class from 10-11:30 a.m. FMI: 839-6751.

ON-GOING EVENTS

The Gorham Food Pantry, located at 299-B Main St (parking lot of St. Anne's Catholic Church) is open every Thursday morning from 9-11 a.m. and the second and fourth Wednesday of every month from 6-7 p.m. Free for Gorham residents in need. FMI, 222-4351 or visit www.gorhamfoodpantry.org.

Emelia Bailey, who sang "Bring Him Home" from "Les Miserables." When asked how it felt winning two years in a row she replied, "It is really exciting. But honestly, it is not about winning a contest. I just really love getting the opportunity to perform for an audience," proving that her personality truly matches her beautiful singing.

The second place prize of \$75 went to eighth grader Tessa Dol, who stunned the crowd with a spoton performance of Adele's "All I Ask."

Senior Kalie Perry took home the third place prize of \$50 with another



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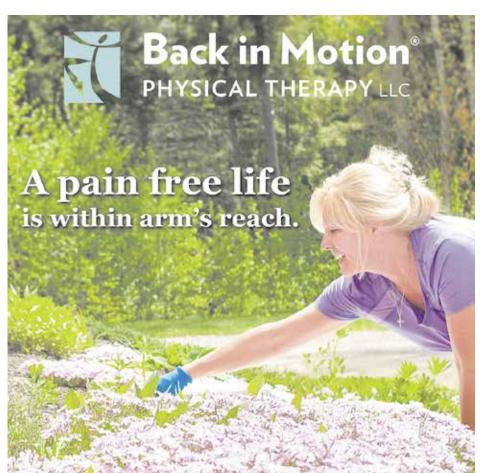




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