

What to Expect on Election Day, Part II

KATHY CORBETT Staff Writer

On June 12 all Gorham voters will have an opportunity to approve the F19 School Department



budget and to vote on retaining ranked-choice voting for federal and primary elections as permitted by the Maine constitution. Voters registered as Democrats and Republicans will also choose candidates for governor.

The amount of the FY 19 School Department budget request will not be determined until the Town Council votes on June 5. The question on whether to approve or reject this budget will be the only item on the local ballot.

Only those voters who are registered as Democrats or Republicans will receive primary ballots. Gorham residents may register to vote on Election Day and can chose a political party at that time. Voters who are currently registered as unenrolled may also enroll in a party on Election Day. However, registered voters may not change parties at that time to vote in the primary. They must have changed party affiliation before May 25. Neither the Green Independent Party nor the Libertarian Party are holding primary elections.

Republican and Democrat primary voters will use ranked-choice voting to select candidates for governor. Ranked-choice voting is only used when there are three or more candidates for an office. Four gubernatorial candidates are on the Republican ballot; seven Democrats are running for governor. Although there are three Democrats candidates running for Cumberland County probate judge and for District 2 attorney general, ranked-choice voting will not be used for these contests because they do not qualify under state law. All voters will receive a state referendum ballot with one question. Ballot Question 1: People's Veto reads, "Do you want to reject the parts of a new law that would delay the use of ranked-choice voting in the election of candidates for any state or federal office until 2022, and then retain the method only if the constitution is amended by December 1, 2021, to allow rankedchoice voting for candidates in state elections?"

A Day of Remembrance



Photo credit Leslie Dupuis

On May 28, the Gorham community gathered to watch the annual Memorial Day Parade make its way down South Street and Main Street. Both streets were lined with people who came out to honor those who died while serving our country.

Preparing for The Worst

GORHAM TIMES STAFF

Last fall, a Lieutenant from Newtown, CT, where the 2016 Sandy Hook shooting left 26 people dead, spoke to a group of officers and told them how ill prepared police in that town had been for that incident. This and other school shootings across the country led the GPD to hold an active shooter training activity on May 19 at Gorham High School.

Ninety law enforcement officers and emergency medical personnel from Cumberland and York counties along with an additional 90 volunteers made up of teachers, students and community members participated in the drill at Gorham High School.

Deputy Chief Chris Sanborn, who is the Regional Training Director for Cumberland County, said the drill looks eerily realistic. He believes these training activities will help police make the right decisions if a tragedy ever happens.

The drills were a part of a twoday training course for local law enforcement, and were taught by former and current members of law enforcement who have specialties in terrorism response, joint combat operations, and active shooter scenarios. While they say the training isn't perfect, it helps first responders prepare for an incident.



Photo credit Roger Marchand

A group of law enforcement officers gathered outside of the Gorham Municipal Center for the active shooter training exercise on May 19.

scenario sound as real as possible. Police say the training can sound extreme, but they say these acts of terrorism are happening too often, and could happen at any time. In fact, there was another school shooting in Texas on May 18. "Unfortunately I don't think it's a matter of 'if' this happens in Maine, it's actually a matter of 'when' it happens in Maine. That's why we took the extra steps in preparing to deal with those type of incidents," said Sanborn. tors were all volunteers from the Emergency Services Unit. Sanborn would like to thank the Gorham School administration for making this training possible and all the

During the drill, students pretended to be dead or wounded, and even used makeup to create fake injuries and spill fake blood. The active shooter, played by a volunteer, was given a gun with blanks to make the

The training was free to all participants as the District 2 Training Council has a budget which covers this type of event. The instrucvolunteers that helped to make the training as realistic as it could be.

See how one Gorham graduate is helping schools become safer on Page 3.

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FOUR WAYS TO MAKE EXERCISE A HABIT FOR LIFE ON PG. 4

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NEWS FROM AUGUSTA

Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

Where I Stand on Minimum Wage

SEN. AMY VOLK

Negative political ads have become all too common in American politics. Sadly, this style of campaigning has steadily crept into Maine. Such ads go against Maine's longstanding tradition of civility, cast a shadow on our entire political system and disengage voters. What's more concerning is that negative campaigning has made it increasingly difficult to recruit qualified, reasonable individuals to run for office.

It is particularly disappointing that a political action campaign (PAC), funded by labor unions, has already set a negative tone for this election cycle, funding attack ads all over the state. As is usually the case with these ads, they distort facts, taking words and votes out of context, bending them to portray a candidate in the worst possible light.

This, my friends, is politics at its worst, and also quite possibly a gross misuse of hard-earned wages funneled from paychecks as a condition of employment. I urge you to do your own research. Political ads in Maine must be labeled with the group which paid for them. Investigate those groups and consider where their funding comes from.

As a sitting legislator, my votes are a matter of public record, including minimum wage. In my opinion, it is important to distinguish between a minimum wage and a living wage. Minimum wage is intended for entry level, low-skilled positions. The overwhelming majority of such workers are teenagers. Only 2-3 percent of those earning minimum wage are actually adults supporting families.

As Senate Chair and a longtime member of the Labor, Commerce, **Research and Economic Development** Committee (LCRED), I have dealt extensively with this issue. Prior to the minimum wage referendum that passed in 2016, I believed a gradual increase from \$7.50 an hour to \$10 an hour over a four or a five year period was long overdue.

However, the law passed at the ballot in 2016 goes too far, too fast, particularly for rural Maine. The referendum increased the minimum wage from \$7.50 an hour to \$9 in 2017, up to \$10 in 2018. It will increase to \$11 in 2019 and \$12 in 2020. It will continue to increase every year, as it is now indexed using an uncommon index, CPIW. Other states and the federal government use the CPIU index. You can guess which index is the higher.

To be clear, this wage is a minimum wage for anyone. My 14 year old has a job this summer and will be earning \$10 an hour to scoop ice cream. Two years from now that same job will earn a 14-year-old \$12 an hour.

Last session, over the course

of a seven hour hearing, my committee heard from businesses all across the state. Many said they had already shortened hours, laid off staff, increased prices or closed their doors. Large corporations can absorb the increased costs; it's the small mom and pop shops that feel the pain.

Additionally, such a rapid increase - which is completely unprecedented in any state - results in dramatic wage pressure. The worker who had been paid \$10 an hour before must now be paid \$12 or more and up it goes, stressing budgets in both the private and public sectors. Taxes may increase as a result at the state and municipal level.

This session, I supported an amendment which I felt was an extremely reasonable compromise. It would have slowed the increase down so that we reached \$12 an hour in four years rather than in two, giving our locally owned small businesses time to catch their breath and our economy time to adjust. The bill also would have created an 80 percent training wage for anyone under 18 (excepting emancipated minors) for the first 200 hours of work, as most other states allow, often with no time limit.

As always, an employer could choose not to pay the training wage or to bump a quick learner up before the end of the 200 hours. Additionally, it is a decision for parents and children to make together whether and where to have a minor work at all.

In the end, this bill failed in the House along party lines.

So that is where I stand. I do not, and never have, favored cutting the minimum wage. If you ever have any questions about my positions or any of my votes, please feel free to contact me.



Amv Volk is serving her second term in the Maine Senate and represents the people of Senate District 30 which includes Gorham and parts of Scarborough and Buxton. She is the Senate Assistant Majority Leader.

the Chair of the Labor, Commerce, Research and Economic Development Committee and is also a member of the Environment and Natural Resources Committee. (207) 287-1505, (800) 423-6900, amy.volk@legislature.maine.gov

Around Town

Cory Murphy, the owner of 77 South St., is moving ahead with plans for a dental office at that location.

The Gorham Growl, 2 Main St., will be closing.

The Bier Cellar is now open at 593 Main St.

Upcycle Maine Home Furnishings has opened at 102 Main St., in between Goodwill and Burger King.

New Portland Road has been repayed from the roundabout to the Village.

Gorham Times

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School News

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Ad deadline is the Wednesday of the week prior to issue date. Go to www.gorhamtimes.com and click on the advertising link for schedule.

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The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

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letter to the Editor

Letters to the Editor must be fewer than 300 words, signed with a first and last name, typed or e-mailed and include a phone number. The Gorham Times reserves the right not to publish letters that include personal attacks or inflammatory language. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times and are subject to editing.

Dear Editor:

Last election time I listened to School Board candidates tell voters, "Why I Want to be on the School Board." Three announced, "We moved to Gorham because of the excellent schools.

When we hear about Gorham schools' "needs" our memories go back. A few attended one room

TV channels, pay for Starbucks with their phone and communicate via Text, iMessage, Skype, Twitter and Facebook.

No High School Senior rides the bus, cars are a necessity; doubling the parking is high on the NEEDS for the High School renovation.

We want our kids prepared for

schools. My school held eight grades, four teachers. No principal, assistant, special ed, techs or coaches. Baloney sandwiches were consumed at our desks or outside. In Winter, the janitor's wife ladled out tomato soup behind the furnace.

When current concerns are discussed we scratch our heads; student teacher ratios, safety officer, salaries, ball fields, lacrosse, parking lots.

"Are they getting a better education than we did?" When I hear teens overuse those "crutch" words; "you know," "basically" or "like," I wonder. Most can't write cursive as we laboriously learned. I do know MY grandkids can sign their names on our checks. From toddlers on, they learn to switch

life, not just traditional College and University. I don't know about you, but I depend on the skilled and trained Mainers who keep my Subaru in repair, toilets flushing, and get me well at health care facilities.

Soon, at polling places, there will be important and costly choices to make. Choices to make that will set the path for Gorham's schools in decades to come. I'll be watching and reading as our elected Council, Board members and citizens discuss the needs and issues. David Alexander

The State of Maine made a mistake in applying the formula used to determine the amount of money due to Gorham for our schools, resulting in an extra 392,000 for Gorham schools.



Contact us to see how we can help with your next event ON THE S QUABE 207-222-2068 - info@spire29.com 29 School Street, Gorham

WHERE ARE THEY NOW

Vigilance: Working To Keep People Safe

CHRIS CRAWFORD Staff Writer

School safety has been at the forefront of the news as recent school shootings in Santa Fe and Parkland occur more frequently. Students say they do not feel safe at school but threats to public safety can and do occur in other venues. Theaters, concerts, churches and the workplace have all become targets. Safety is on everyone's mind and one Gorham grad, Jason Roberts (GHS '95), is actively working to help schools, businesses and other places where people gather become safer.

After graduation and an honorable discharge from the Marines, Roberts was hired by Norris Inc, New England's leading security system company. Norris provides access control, video surveillance, fire alarm, intrusion detection, and communication systems. Roberts worked his way up through the ranks and is currently Chief Executive Officer (CEO). He is also CEO of Vigilance Emergency Notification Software, a start-up company he launched in 2014 after designing software which integrates with, and enhances, security systems already in place in a variety of different settings.

Norris and Vigilance have customers such as malls or large stores that are open to foot traffic from Maine to California, in the fields of Education, Healthcare and Commerce. In Maine,



Photo courtesy of Vigilance

GHS grads Jason Roberts and his wife, Becky, run a start-up company called Vigilance Emergency Notification Software.

Vigilance is helping to protect students and faculty in the Windham Raymond School District, and workers and the public in the town of Gray, the City of Augusta, and at LL Bean.

Robert's decision to launch a start-up software company was carefully planned and executed. He spent months building the Vigilance software prototype which was then rolled out in presentations to groups of first responders, school officials and business executives. Attendees at these meetings were very interested, and more importantly, they offered specific ideas that helped Roberts refine and improve the software.

Roberts said, "Vigilance is a solution

Continued on Page 4



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Vigilance: Working to Keep People Safe CONTINUED FROM PAGE 3

ahead of its time. It is built for our customers, and in many cases, by our customers." Roberts explained what makes Vigilance stand out. "Most of our competition operates solely in the notification space. We offer that as well with as a Systems Integrations Engine that leverages, controls, and communicates with other security systems on the premise."

In layman's terms, in case of a threat from fire, bombs or individuals armed with guns, one person using Vigilance can initiate Facility Lockdown, securing any unlocked exterior doors. They can release specific doors holders, thus securing and/or isolating interior sections of the building. Vigilance sends out phone calls, emails and texts to the appropriate population and alerts first responders (police, fire and rescue). It runs directly on a Mac or PC offering both the reliability of premise software and also the convenience of running on the cloud.

So how did Roberts, a kid from small town Gorham, become CEO of two companies before the age of 40? His career path was unique, but thoughtfully chosen. Spurred by drafting classes he took at Westbrook Vocational School, Roberts initially intended to pursue studies in Architectural design. After some serious self-reflection, Roberts decided he was not yet disciplined enough to focus on a college education. Instead, he enlisted in the U.S. Marine Corp. where he was able to continue his education in general studies and pursue more technical training as well.

Boot camp and combat training were followed by Military Occupational Speciality training at Camp Geiger as a Combat Engineer. "I was deployed with the 26th Marine Expeditionary Unit, participating in Operation Silver Wake (evacuating American citizens and Third Country Nationals) from Albania, and Operation Guardian Retrieval, staging forces in the Congo," he said.

After returning from deployment, Roberts reunited with his high school sweetheart, Becky Brown (GHS '94) who was also a Marine. They married about a year later and both were later honorably discharged.

Roberts said of his childhood in Gorham, "Times were much simpler back then. I grew up near the Gorham/ Standish line, near Nicely's Market that offered the best Meatball Sub that ever existed." He enjoyed being outdoors cruising the neighborhood on bikes from sun up to sundown, endless games of wiffle ball, and later, working on car stereo systems with his friends.

Becky is the Customer Relations Manager at Norris Inc. They live in Windham where they raised two daughters: one is in college and one is a senior at Windham High School.

In their spare time, the Roberts enjoy cruising the waters of Sebago Lake and "attempting to master the brutal game of golf."

To learn more about Vigilance visit www.vigilancesoftware.com or Norris visit www.norrisinc.com. To contact Jason: jasonr@vigilancesoftware.com or Phone: 1-207-221-8805; Cell: 1-207-939-3504

Four Ways to Make Exercise a Habit for Life

RACHAEL O'DONNELL

Creating the habit of regular exercise can be one of the most difficult behaviors to change. If you are like most people, you have tried a number of ways to make exercise a part of your life but may have struggled to stick with it. Ultimately, anything we do consistently over a period of time will become a habit.

Once a behavior is a habit - it is no longer as difficult to engage in it. Motivation comes more easily because we have done it long enough to reap some positive benefits and those drive us to continue. Our brains are programmed to do more of what makes us feel good and what gives us positive rewards, and exercise is one of those things that does not always make us feel good in the beginning. Other than the immediate endorphins after a good workout, the rewards come later, once we have stuck with it for a while. This is especially true if your goal with exercise is weight loss related.

So how do you get yourself to do something that you do not WANT to do, that is likely to be a uncomfortable for a while - so you can get to the point where it is a habit? First, find a form of exercise that you actually like. If you dread spending 30 minutes on an elliptical trainer, or the thought of running makes you want to stay on your couch, find a different activity. If you dread an activity, creating the discipline to engage in it will not work. Experiment with fitness. Try everything at least once. See what you like, what makes you feel good, what you think will get you results and do more of it.

Second, start with reasonable goals and build from there. Nobody goes from never working out to being in a gym five days a week. Look honestly at your current activity level and set small, achievable goals. Stop by a gym and ask about memberships. Walk your dog for 10 minutes two evenings a week. Start small and create momentum.

Third, work out with a friend. This is one of the highest predictors of success in sticking with exercise. Accountability will help keep you committed.

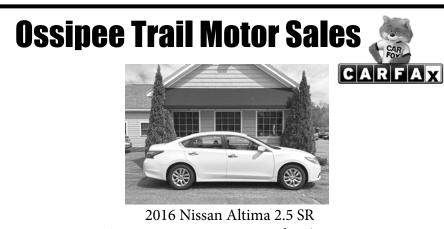
Fourth, schedule your exercise time and keep it reasonable. Put it in your calendar and make it non-negotiable. Practice not blowing it off for other things in your life. Choose a way to exercise that fits your life and takes into account resources such as time, money, and energy.

Often it is not our goals that we fail to reach but our approach which fails to get us there. Be willing to learn from any "failures" about what does and does not work for you and adjust your approach. Find a form of exercise that you can enjoy doing consistently, follow the principles above and keep working towards making your health a priority. Once you create the habit of exercise, you will find yourself looking forward to it rather than dreading it.



Rachael O'Donnell LCSW, LADC, CF-L1, has been a Clinical Social Worker and Addictions counselor for over 15 years. She currently owns Grit & Grace CrossFit in Gorham. Her life mission is to transform

people's relationship with fitness.



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Accident Results in OUI Arrest

SHERI FABER Staff Writer

Hudson Adams, 20, of Windham, was arrested for OUI and operating a vehicle without a license following an accident in which he hit six parked cars on Main St. after running the stop sign at the intersection of Gray Road (Rt. 202) and Main St. (Rt. 25). At about 9 p.m. on May 22, Adams failed to stop at the intersection and

crossed Main St. going into the parking lot at 199 Main St. where he hit four vehicles parked in the driveway. The truck then went across the grass and into the driveway at 193 Main St. where he hit two more parked vehicles.

No one was injured in the accident. Adams was taken to Cumberland County Jail where he was placed on a probation hold for violating his probation.

News from the Town Manager

Sheri Faber Staff Writer

The Council's Ordinance Committee is reviewing density in the Village area that would permit older and larger homes to allow higher unit density under a variety of conditions to preserve older and more historic homes. The move came at the direction of the entire Town Council to find ways to work with developers who could preserve older, larger homes in the area while making the projects cost effective with more than one unit as

is the case with single family homes. After review and recommendation by the Ordinance Committee, possible amendments to the Land Use and Development Code will be sent to the full Town Council and then potentially to the Planning Board for further review,.

The Town budget and School Department budget will be voted on by the Town Council on June 5 and voters will go to the polls on June 12 to approve the school budget. A public hearing will be held on both budgets before the Council votes at their June 5 meeting.

Election Day CONTINUED FROM PAGE 1

Maine voters voted for rankedchoice voting in a citizen's initiative in 2016, but in the last legislative session, Maine legislators passed a law that would delay implementation after the June 12 election.

A yes vote on Question 1 means that a voter wants to keep rankedchoice voting for primary elections for state and federal officials, as well as for general elections of U.S. Representatives and U.S. Senators. It would not apply to general elections for governor or the state legislature. A no vote means that the voter wants to delay all ranked-choice voting until 2022, and only wants it to go into effect in 2022 if there is a constitutional amendment permitting it before then.

Voters in Ward 1-1 will vote at the Gorham Middle School. Ward 1-2 voters vote at the Little Falls Activity Center. Voters in Ward 2 vote at the Municipal Building.

Polls will be open from 7 a.m. to 8 a.m. on June 12. Absentee ballots may be requested at the Town Clerk's Office until June 7 and completed ballots must be received by June 12.

For more information, please visit http://www.gorham-me.org/home/ news/june-12-2018-democraticand-republican-primaries-and-voting-information.

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Tuesday and Wednesday June 5 & 6, 8:00 a.m. - 4:00 p.m. Thursday, June 7, 8:00 a.m.-7:00 p.m. Friday, June 8, 8:00 a.m.-1:00 p.m. Monday, June 11, 8:00 a.m.-4:00 p.m.

Laurie Nordfors, Town Clerk

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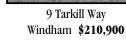
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Include your congratulatory ad in the June 14 Graduation Issue of the Gorham Times. Ad deadline is June 6.

\$25 for a 1 column by 3 inch ad with photo \$15 for a 1 column by 2 inch ad Different sizes available on request. Prepayment is required. Cash, checks and credit cards accepted.

Call or email the Gorham Times at gorhamtimes@gmail.com or 839-8390





Congratulations on your high school graduation! We are very proud of how well you did academically and athletically, and we know you will do well in college too. Love, Mom and Dad









Becky Gallant



Paul Farley





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GORHAM \$294,500 - Cape style home w/ a huge 36x48 garage/barn on 1.38 ac. 3BR, 2ba, newly upgraded kitchen, entryway w/ built-ins, daylight bsmt & spacious deck.



GORHAM \$395,000 - Gorgeous 2070sqft ranch offers 3BR, 2 ba w/ 2 car garage on 1.82 acres. Wonderful South Gorham location in desirable Nonesuch Farms!



BUXTON \$99,000 - 4.84 acre lot located in Buxton's rural zone. This zone allows for a variety of uses. Survey & soils test completed.

UNDER CONTRACT

PORTLAND \$229.900 - This ranch offers 2BR, Iba & Icar garage! Sunlit floor plan with hardwood floors, updated bathroom, rear deck & quiet location on a small circle.



AUBURN \$67,500 - Cute 3 BR | Bath cape w/ easy access to turnpike and area amenities. Large deck & spacious backyard. Furnace & septic replaced within last 4yrs.



1851 Pequawket Trail \$215,000 3BR home in Hiram offers a rustic feel w/ northern red pine floors, exposed beams & cathedral ceilings. $^{\prime\!/_2}$ mile



throughout.

views down the Saco River.







GORHAM \$345,000 - Gorgeous GORHAM \$299,900 - Desirable 3BR, Windsor style end unit w/ 3BR, 3 full 1.5 ba cape w/ 2car garage on 1.57 acres. ba, full bsmt & garage. Excellent location with sidewalks to Gorham Village.



GORHAM \$229.500 - This cottage style ranch is in N. Gorham on a deadend. One flr living w/ nice added bonus space in the walkout daylight bsmt. Offers 3BR & 2 ba all on 1.97 acres.

NEW LISTING



GORHAM \$345,000 - Remarkable 3BR, 3ba condo offers 1st floor living. Upgraded throughout! This end unit has much to offer w/ a front porch, 4 season room, private rear patio, full basement, & garage



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All GHS Teams Headed to Playoffs

COMPILED BY DESTINY COOK Sports Editor

STANDINGS:

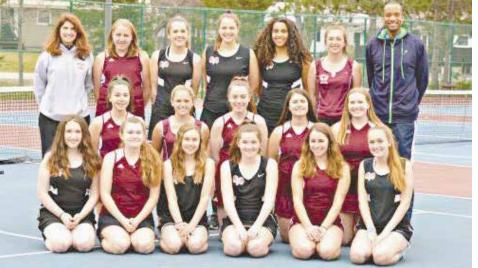
Baseball: Ranked #3 Record 9-4 Softball: Ranked #4 Record 12-3 Boys Lacrosse: Ranked #5 Record 4-5 Girls Lacrosse: Ranked #5 Record 3-6 Boys Tennis: Ranked #8 Record 5-7 Girls Tennis: Ranked #2 Record 11-1 **Boys Track: Record 6-6** Girls Track: Record 15-6

Girls' Tennis

The girls' tennis team ended its season with an astonishing 11-1 record. They secured a first round bye and will begin their playoff run on May 31 against the winner of Bangor (7) or Edward Little High School (10).

Track and Field Teams

The girls' track and field team finished its season on May 18 by placing first (out of nine teams) in the Cumberland County meet held at South Portland. The lady Rams were led by senior Anna Slager who scored in three events: 1600, 3200 and 300 hurdles. Most notably for Slager (top right corner), however, was the fact that she broke a ten-year-old school record in the 1600.



GHS Girls' Tennis Team

Other top performers for the Rams were senior Hayley Bickford with a win in the 1600 racewalk, junior Evelyn Kitchen with a win in the javelin and scoring in both the long jump and triple jump. Sophomore Iris Kitchen had a win in the 800 and she ran the anchor leg in the1600 relay where the team placed 2nd.

The boys' track team finished the season with a 6-6 record. The following boys track and field members have qualified for individual events in the Southwestern Championship:

Jason Catoggio, Senior: pole vault and javelin; Anthony Chase, Senior: 3200 meter run; Ryan Farr, Sophomore: 200 meter dash; Ryan Gendron,

Photo credit Amanda Landry

Freshman: high jump; Luke Gowen, Senior: 100 and 200 meter dash; Garrett Higgins, Senior: long jump and triple jump; Dylan Lamont, Junior: racewalk; Tyler Rollins, Sophomore: 100 meter dash; Wil Rossignol, Senior: 800 meter run; Simon Roussel, Junior: triple jump

The Rams will be competing in the SMAA Championship on May 26 at Thornton Academy and the Class A State Championship on June 2 in Bath.

Boys' Lacrosse

The boys' lacrosse team has had an up-and-down season but is ending the year on an upswing. With a recent win over rival Scarborough, Coach Clayton Jones said, "the Rams are

Look for additional coach updates and playoff details in the next issue of the Gorham Times.



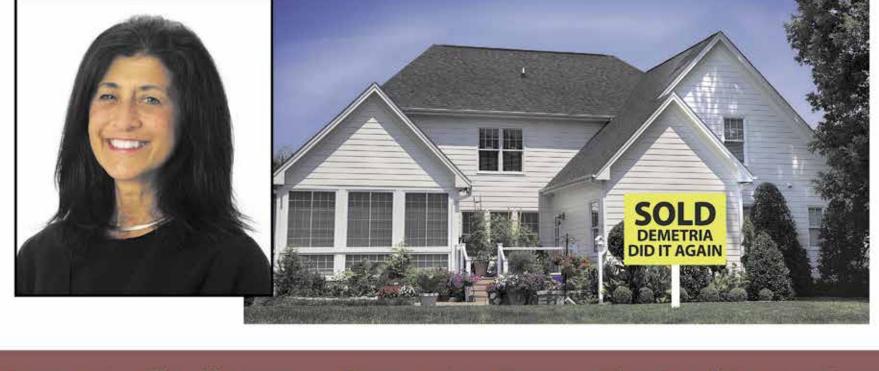
Anna Slager

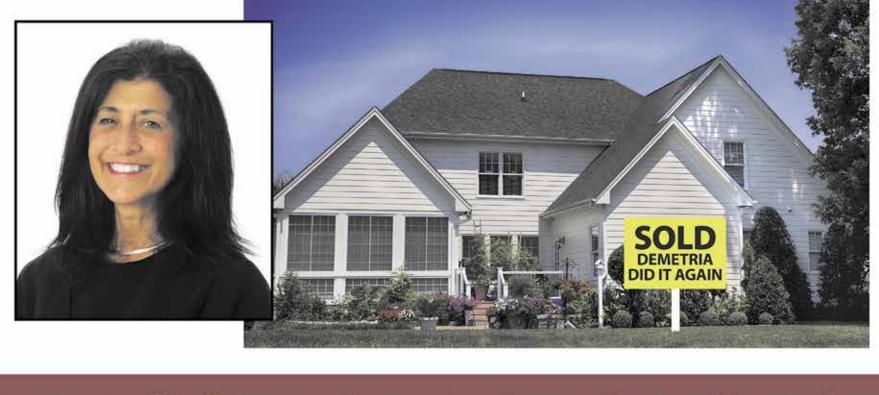
Photo credit Maine Milespil

poised to make the State Tournament and possibly seek redemption for an earlier OT loss to Massabesic." The offense is led by juniors Jake Dupuis and Connor Dougherty, with strong support from senior Chris Tucker. Jones said, "Defensively the Rams boast one of the state's best LSM's in Sam Burghardt and the tandem of Joe Hepler and Guiseppe Brown in goal."

Sophomore Ben Smith has shown great promise at the face-off X, and classmate Cole Perreault has become an indispensable defender. Coach said, "As key players return from injury, Gorham is beginning to gel and hopes to go far in the playoffs."

Thinking of Buying or Selling? Call Demetria's Team and put a "Sold - Demetria Did it Again" sign in your yard.

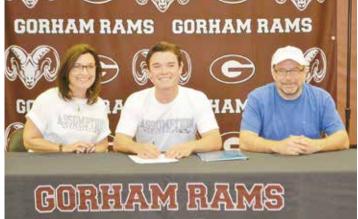




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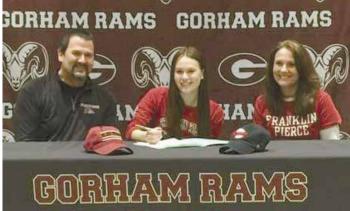
SPORTS

Roop and Fotter Make College Commitments



hoto courtesy of Sue Roop

Lucas Roop recently committed to playing golf at Assumption College in Worcester, Massachusetts where he plans to study business. Last fall Roop qualified for the state individual tournament, held at Natanis, where he placed third with a score of 72. He is pictured with his mother, Sue, and his father, Matt.



oto courtesy of Cheryl Fotte

Alexis Fotter made her commitment to play soccer at Franklin Pierce College in Rindge, New Hampshire where she plans to study business. Fotter helped lead Gorham High School to back-to-back regional titles in her junior and senior seasons. She is pictured with her dad, Jeff, and her mom, Cheryl.

Track Team Fundraiser



Photo credit John Caterina

The Gorham High School Track and Field and Cross Country teams got together for a car wash at Carters Auto on May 5 to raise money for supplies not covered under their regular budgets. Such things range from replacement spikes and shoes, to purchasing poles for the pole vaulters. The team did very well, raising almost \$700, and plan to hold another fundraiser in the fall.

Sports Etc.: Gorham 4-Miler

The Gorham 4-Miler to benefit the Stephen Gordon Ward Memorial Scholarship will be held at the Gorham Rec. Dept. (4 Ballpark Road) on Thursday, June 21, at 6:30 p.m. The cost is \$20 if pre-registered and \$25 on Race Day (5-6:25 p.m.). There will be free pizza from Gorham House of Pizza and a raffle for a pair of Red Sox tickets into which all registrants and volunteers will be entered into. Awards and cash prizes will be given out. For more info, contact Tony Myatt at Tonedog86@aol.com.

Relay for Life Celebrates Survivors





CNA POSITIONS AVAILABLE

Do you want to make a difference

GHS's Interact Club hosted a Relay for Life event on May 5, which focused on raising awareness and donations for cancer research. The group walked or ran a total of 300 miles during the course of the event which lasted 12 hours. While activities were held throughout the day, the highlight was a survivors' lap, where cancer survivors were invited to walk the final two laps around the track together. Ten survivors participated with their families, and luminary bags, decorated by club members, were placed around the track in honor of other survivors. The group raised \$3795 for the American Cancer Society. School Street Pub, Mr. Bagel and GHOP contributed food for the event which was attended by nearly 30 parent volunteers and 50 kids.



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SCHOOL

GHS ACADEMIC AWARDS NIGHT - MAY 22, 2018

PERFECT ATTENDANCE

Tatyanna Biamby, 2017-2018 Laura Bolduc, 2017-2018 Benjamin Demer 2016-2018 Katherine Downey, 2017-2018 Sydney Fox, 2017-2018 Riley Johnson, 2017-2018 Sophia Kaufman, 2017-2018 Christopher Lewis, 2017-2018 Lydia McCrillis, 2015-2018 Justin McEachin, 2017-2018 Emily Paruk, 2017-2018 Charles Pierce, 2017-2018 Zachary Pierce, 2016-2018 Simeon Willey, 2014-2018

SPECIAL RECOGNITION

Asma Sayed, Most Improved Angelina Meserve, Outstanding Student Rachel Jean, Most Improved Student Lucas Gowen, Outstanding Student Sarah McKnight, Outstanding Student

THE BRIDGE YEAR

Olivia Bowley Matthew Campbell Jason Catoggio Meaghan Couillard Shawn Crosby Michaela Desrosier Allyssa Doughty Derek Kuusela Sean Miller Tommi O'Neil Vanessa Therrien

SPECIAL AWARDS

Alice Riiska, Rensselaer Medal Award Anna Rathbun, RIT Computing Medal Benjamin Nault, RIT Computing Medal Olivia Paruk, RIT Innovation & Creativity Bruce Wyatt, RIT Innovation & Creativity Matilda McColl, Williams College Book Erin Wentworth, Smith College Book Award Maiya Christiansen-Carlson, Yale Book Simon Roussel, Harvard College Book Libby Mitchell, Phi Beta Kappa Assn of ME Sarah Stevens, Society of Women Engineers Kyren Bettencourt, Wellesley Book Award

ENGLISH

Grace Flynn, English 9 Victoria Frager, BRIDGES Dawson Allen, Freshmen Focus Peyton Morton, Advanced American Literature Anthony Booth, American Studies English Ryan Gaudreau, Sophomore Strategies Olivia Paruk, Creative Writing Jacob Alexander, English 11 Samantha Rockwell, English 11 Advanced Alice Riiska, AP English Language Caroline Dowdle, AP English Language Jared Foss, English 12 Alexander Ousback, English 12 Advanced Aaron Farr, AP English Literature Olivia Bowley, Bridge Year Program English Vanessa Therrien, PLUME Award Grace Libby, Four-Year English Award

EXCELLENCE IN ELL

Clara Santos, English Language Development

HEALTH

Isabelle Wareham, Excellence in Health Elizabeth Blanchard, Excellence in Health Brinn Hall, Excellence in Sports Medicine

PHYS ED

Ethan Mercier, Distinguished in Phys Ed Madisen Sweatt, Distinguished in Phys Ed Grant Nadeau, Distinguished in Phys Ed MacKenna Homa, Distinguished in Phys Ed

MATH

Grace Bradshaw, Algebra 1 Sierra Cummings, Algebra 1 Delaney Seed, Algebra 1 Advanced Ryan Gaudreau, Geometry Emily Paruk, Geometry Advanced Gabriella Gagne, Algebra 2 Pevton Morton, Algebra 2 Advanced Avery Germond, Pre-Calculus Erin Wentworth, Pre-Calculus Advanced Aaron Farr, Financial Algebra Hayley Bickford, Financial Algebra Advanced Madison Hincher, Calculus Aaron Farr, AP Calculus Kayla Stickney, Statistics Emily Chapin, AP Statistics Nathaniel Smith, AP Computer Science Alexander Ousback, Four-Year Award- Math Alexander Ousback, Math Team Top Scorer

MUSIC

Nathan Bachner, MMEA All-State Concert Band Sierra Cummings, MMEA All-State Mixed Choir Vy Duong, MMEA All-State Mixed Choir Grant Hawkes, MMEA All-State Mixed Choir Mason Hawkes. MMEA All-State Mixed Choir Autumn Heil, MMEA All-State Mixed Choir Sarah Johnson, MMEA All-State Mixed Choir Samantha Langevin, MMEA All-State Treble Choir Sadie LaPierre, MMEA All-State Treble Choir Shelby Leach, MMEA All-State Mixed Choir Jov Lemont, MMEA All-State Mixed Choir Zachary Pierce, MMEA All-State Mixed Choir Jackson Robbins, MMEA All-State Mixed Choir Madeline Rossignol, MMEA All-State Mixed Choir Simon Roussel, MMEA All-State Concert Band Leah Scontras, MMEA All-State Treble Choir

Abigail vanLuling, MMEA All-State Mixed Choir Erin Wentworth, MMEA All-State Concert Band Nathan Bachner, John Philip Sousa Award Shelby Leach, Louis Armstrong Jazz Award Abigail vanLuling, National School Choral Madeline Rossignol, Fred Waring Director's Award for Chorus

SCIENCE

Olivia Michaud, Earth Science Nathan Eichner, Earth Science Emily Paruk, Earth Science Kyle Ouillette, Outstanding Achievement in Biology Peyton Morton, Advanced Biology Madison Firmin, Advanced Biology Madisen Sweatt, Advanced Biology Andrew Rent, Advanced Biology Garrett Higgins, AP Biology Isabelle Kolb, Chemistry Melanie Wright, Chemistry Fatima Batool, Chemistry Simon Roussel, Advanced Chemistry Kaitlyn Jodoin, AP Chemistry Josephine Smith, Physics Caitlyn Beaulieu, Physics Kate Gilbert, Advanced Physics Jared Foss, General Physics Steffen Olsen, General Physics Benjamin Nelson, AP Physics 2 Garrett Higgins, AP Environmental Science Hannah Libby, Anatomy and Physiology Isabella Solari, Outstanding Achievement in Anatomy and Physiology Elyse MacDougall, Most Improved Student in Science Alexander Ousback, Four-Year Outstanding Achievement in Science

CONTINUED ON PAGE 10



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samsume Galaxy Note8



SAMSUNG Galaxy S8



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Doctainer: U.S. Caliular received the highest numerical score in the North Central region in the J.D. Power 2016 V2 2017 V1 and V2 and 2018 V1 (tie) U.S. Wireless Network Quality Performance Studies; 2018 Volume 1 study based on 38,595 total responses from two providers, measuring the retwork quality appendienced by ousfamers with wireless carrier, aureyed. July-Desember 2017 You experiences may rarry. You performance Studies; Network Quality Performance Studies; 2018 Volume 1 study based on 38,595 total responses from two providers, measuring the retwork quality appendienced by ousfamers with wireless carrier, aureyed. July-Desember 2017 You experiences may rarry. You providers, measuring the retwork quality and wary by plan. Service and period Protection+ required. Tax due at sale. Taxes and certain charges, such as USF and RCRF, apply. A Regulatory Cost Recovery Fee applies; this is not a tax or government required charge. Additional less, taxes, terms, conditions and coverage areas may apply and wary by plan, service and phone. Others wald at participantly for partient and provide (minute). Service Protection+ is \$3399 per Smarphone. A service her/diductible per approved claim applies. You may cancel anytime. Property resumers is underwritten by American Barkers Instrumence Company of Fierida and provided under a Master Policy taxeed to U.S. Celular's Master Policy for less/theft benefits. Service Corporation in all states except CA (Soreway, Im.) and OK (Assumer Service Protection HC). Unitations and exclusions apply, AR an associate for more detain. Offer applies to base-memory model only. Offer: 50% off the current full retail pice of qualitying base-memory indel Smarphone will corre is monthly bill cerefit on a 30-month Retail Installment Contract. Off APR, Bill crodit applied within three bill cycles and ends when balance is paid. Line must minain in good standing. In the event of cancelation of service, cuclum Retail histallineer Contract balance. The early approad program is nof available with this

TRIAD Support for Gorham BackPack Program



Photo courtesv of Gorham School Dept

Members of the Gorham-Windham-Westbrook TRIAD presented Heather Whitaker and Thom Courtney with a donation of \$1,500 for the BackPack Program. TRIAD, a non-profit organization dedicated to enhancing and protecting the lives of seniors in our community, raised the funds in a basketball game that featured ex-New England Patriots players against high school All Stars from Gorham, Windham, and Westbrook. Five local non-profits, including the BackPack Program, were recipients of donations from the basketball game. Photographed left to right: Thom Courtney (BackPack Program Coordinator), Heather Whitaker (BackPack Program Coordinator), Buffy Houp (TRIAD board member), Danyel Albert (TRIAD business partner, "Through These Doors"), and Cathy Munroe (TRIAD member).



Photo credit Kim Mathier

Honors Jazz Festival

Gorham Middle School district 1 honors jazz festival students are pictured (left to right): Sam D'Amico, Megan Wentworth, Lilith Price, and Patrick Cyr. Missing is Ryan Cooper who was also chosen but unable to attend due to illness.

GHS Academics Award Night CONTINUED FROM PAGE 9

SOCIAL STUDIES

Emily Paruk, World History 1 Evelyn Kitchen, World History 2 Neila Cairnduff, American Studies English Anna Slager, Comparative Government Meadow Fortier, Comparative Government Bruce Wyatt, AP Modern European History Riley Ferrigan, AP Psychology Camden Sawyer, AP United States History Emelia Nejezchleba, Four-Year Social Studies Award

EXCELLENCE IN TECHNOLOGY EDUCATION

Isaac Carroll **Colette Romatis** Emily Murray **Tucker Humiston Benjamin Nault** Owen Smith Kaitlyn Jodoin **Claudia Bridget Daigle** Ian Butler

WORLD LANGUAGES

Ava Dolley, French 1 Evan Chambers, French 2 Spencer Keating, French 3 Kaitlyn Jodoin, French 4 Cadence Mercado, Spanish 1 Kasey Cummings, Spanish 2 Alice Riiska, Spanish 3 Aaron Farr, Spanish 4 Brinn Hall, Mandarin 1 Ethan Allen, Mandarin 2 Olivia Paruk, Mandarin 3 Caitlyn Beaulieu, Mandarin 4 Alexander Ousback, Four-Year Award and Dedication to the Study of Spanish & Mandarin

CHINESE NATIONAL HONOR SOCIETY

Caitlyn Beaulieu Meadow Fortier Alexander Ousback

FRENCH NATIONAL HONOR SOCIETY

Lindsey Boylen Marisa Collins **Olivia Garand** Kate Gilbert Kaitlyn Jodoin Sierra Lumbert Lucas Roop Isabella Solari Kayla Stickney

SPANISH NATIONAL HONOR SOCIETY

Emily Chapin Aaron Farr Alexis Fotter Maxwell Harvey Saoirse Herlihy **Garrett Higgins** Madison Hincher Grace Libby Hannah Libby Fernando Melo **Camryn Morton** Benjamin Nelson Alexander Ousback Clara Santos Jonathan Scribner **Rylie Wareham** Lily Whitten

NATIONAL TECHNICAL HONOR SOCIETY

Jessica Bennett, PATHS - Commercial Art Conor Battaglia, Westbrook Voc - EMT Asma Sayed, Westbrook Voc - Marketing

GHS GRAD NEWS: If you, or your son or daughter is a GHS graduate, we would like to share your achievements in the Gorham Times Of Interest section or in a Where Are They Now feature. Of Interest submissions should include the year of GHS graduation and should be no longer than 75 words. Contact Chris Crawford at ckck5@maine. rr.com, Kathy Corbett at ktcorbett@aol.com or Cindy O'Shea at coshea2@maine.rr.com.

Gorham native wins Best Dentist!





Exploring the Nation's Capital

Over April break, eighth grade teacher Melanie Doran led 103 Gorham Middle School eighth graders on a trip to Washington, D.C. with the assistance of 19 parent and teacher chaperones. Students were able to visit many landmarks including the Smithsonian, the Holocaust Museum, the Washington Monument and Lincoln Memorial. Some highlights from the trip were the National Zoo and walking ghost tours in old Alexandria. This trip was without a doubt an experience of a lifetime for the class of 2022.

Photo credit Melanie Dora

Changes to Gorham Schools' Transportation Policy for 2018-2019 School Year

GORHAM TIMES STAFF

Superintendent of Gorham Schools Heather Perry sent a letter to parents recently making them aware of the School Committee's decision to make changes to the Transportation Policy for the 2018-19 school year.

The changes were made to address two key issues facing the school district: student safety and lack of capacity. Perry cited that due to limited time in the day and a limited sized bus fleet, it is difficult to meet the requests for alternative stops made by parents on a daily basis, which can be as many as 150 changes to bus stops each day.

"It is becoming a growing safety concern," said Perry. "We have already had circumstances within which students have gotten on the wrong buses, or been dropped off at the wrong locations." In addition, with the increasing student population and the daily changes to student pick-up and drop-off points, the transportation department found that they were in a position of being able to potentially allow only some pick-up and drop-off changes while not being able to honor those of others due to potential overcrowding of buses.

"This is not an equitable situation for all students and families," said Perry. "In order to address these two key concerns, the School Committee has voted to change our Transportation Policy and to limit the number of pick-up and drop-off points allowed."

Students in K-12 will be assigned to two pick-up locations in the morning and two drop-off locations in the afternoon on specific days of the week. These pick-up and drop-off locations must be either a Gorham residence or at a certified daycare where the student is enrolled, or the official Gorham Recreation Department before school/after school program.

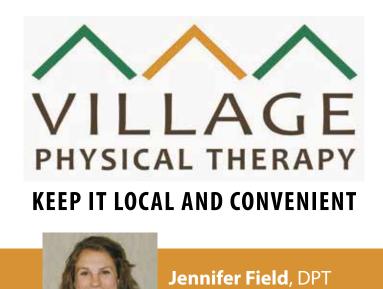
Pick-up and drop-off locations shall be arranged before the school year begins and remain in place for the entire school year. Daily changes to a student's transportation schedule will not be accommodated.

In order to accommodate daycare needs, a student may be picked-up and/or dropped-off at a certified daycare center where the student is enrolled, if it is on a regular bus route and follows a consistent schedule that is established before the start of the school year.

Any exception for the change of stops to a different residence or certified daycare is at the discretion of the Transportation Director or his/her designee. Exceptions will only be made for emergencies and only if space is available.

A request for a change in the arranged pick-up and drop-off locations requires the completion of a Change of Pick-Up/Drop-Off Request Form at least seven days in advance. Each request must demonstrate that it is a unique circumstance and/ or a hardship that cannot easily be resolved through other options. This appeal, if granted, will remain in place until the end of the current school year.

A decision will be made by the Director of Transportation or his/ her designee. A parent/guardian may appeal this decision to the Superintendent of Schools or his/ her designee. The decision by the Superintendent of Schools or his/her designee will be final.





Jennifer Field, DP Physical Therapist

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Dear Community Members,

The originally proposed FY 19 budget was adjusted by the School Committee on 5/23/18 to include an additional \$392,000.00 in state subsidy that we were recently notified we will receive in the coming fiscal year. With this adjustment, we have now reduced our proposed budget even further, moving from what was an increase of 13.96% on the mil (or \$1.55) to a new amount of an 11.07% increase on the mil (or \$1.23). With the new proposed school budget and the current draft municipal budget, that would mean an overall mil rate increase of \$1.46 or 8.5%.

Over the course of the budget development process, the District Leadership Team and the School Committee reduced almost \$1.3 million dollars in additional costs. Additions to the budget were made in the amount of \$757,000.00 to account for our two key priorities of (1) addressing the needs of our increasing student populations and (2) strengthening our student support services. There are THREE key cost drivers to the proposed budget:

Required Staffing Costs - \$920,000.00 just to maintain current staffing and programming levels due to increases in teacher retirement costs, contractual salary increases and increased health insurance costs.

Increasing Student Populations – we have increased by 127 students since 2015 and we are scheduled to increase by another 77 students in 2018-19. Our per pupil costs are the 2nd LOWEST in Cumberland County (\$13,811.00 per student) but when you multiply 77 new students times that per pupil cost, you can see where most of the increases are coming from! Just over \$1 million of our \$1.6 million dollar increase is directly due to increasing students! Just this year we are having to add two portable classrooms, 3 elementary teachers, 3 Ed. Tech. III's for our Autism Classroom, and some part time positions at GHS to keep up with the growing populations.

Increasing acuity of need in the area of student support services – with our increasing populations, also comes increasing needs for student support services. We have seen our special education populations increase by 70 students since 2014-15, we have seen our 504 student populations increase by 30 students and our G&T populations increase by 50 students over that same time frame. We are adding positions in all three of these areas, plus a .5 LPN nurse in order to meet our support services needs.

On the revenue side of the budget, our challenges are also significant! All told, Gorham is losing a little over \$800,000.00 in state subsidy. This loss of subsidy is due mainly to two areas: (1) The increase in the min. mil expectation as set by the state annually, from 8.19 mils to 8.51 mils, and (2) The increase of Gorham's state property values by 6% between FY 18 and FY 19.

So What Do We Get for an Investment with Our Support of the Gorham Public Schools?

- 97% of GHS seniors went on to post secondary last year.
- 219 total colleges and universities are part of our student's "Future Story Wall" at GHS.
- 96% graduation rate at GHS.
- 55% of GHS students participate in extra curricular activities with 45+ more clubs and activities for high school students to participate in as well.
- K-5 students raised over \$7,000.00 for the American Heart Association this year!
- GMS science students used 3D printers to problem solve for their aquaponics equipment!
- Over 1,000 Adult Volunteers working in our schools each year!
- Strong community connections business roundtable, senior internships, junior job shadows, career days, STEAM nights, collaborations with Gorham House, USM, and others, participation in United Way Day of Service, and so much more!

We have excellent, caring students in Gorham who LIVE our Code of Conduct and understand the importance of respect, honesty, courage, compassion and responsibility! That's no accident! That's a successful whole-community endeavor!

Thank you for your continued support

With the dramatically shifting landscape at the state level, and with our continued increasing enrollments due to growth at the local level, the Gorham School Committee believes this proposed budget represents the funds necessary to continue to support the high quality educational services we strive to provide for our community's most precious resource – its children.

The Town Council will vote on June 5 to either approve the budget as is or to approve with adjustments. Please follow the results of that vote in order to help inform your vote on June 12th!

Thank you,

Heather J. Perry,

Superintendent of Schools

of our schools!



COMMUNITY

DEAN'S LIST

Matthew McCarty, Maine Maritime Academy, Castine, ME Katelyn Gendron, Northeastern University, Boston, MA Rebecca Chinn, Northeastern University, Boston, MA Joseph Martin, Worcester Polytechnic Institute, Worcester, MA Joseph Moutinho, Worcester Polytechnic Institute, Worcester, MA

HIGH HONORS

Caitlyn Duffy, School of Visual Arts, Manhattan, NY

GRADUATIONS

Jeremy Collett, Cum Laude, BA Environmental Studies, Westminster College, Salt Lake City, UT Janek Swiatek, Doctor of Pharmacy, University of New England, Portland, ME Meghan Cushing, Assumption College, Worcester, MA Morgan Cushing, Assumption College, Worcester, MA Nazrawit Zeleke, BS, Curry College, Milton, MA Madeleine Hamblen, BA, Gettysburg College, Gettysburg, PA Heather Nystrom, BS, St. Joseph's College, Standish, ME Timothy J Daigler, BA, Hamilton College, Clinton, NY Joseph Martin, BS, Worcester Polytechnic Institute, Worcester, MA

OF INTEREST

The Baxter Museum, James Phinney's boyhood home, 67 South Street, Gorham is now open in June, July and August on Tuesdays and Thursdays from 10 a.m. to 1 p.m. or by appointment. For more information, please call 839-3878. Admission is free but donations are accepted.

The PRLT will hold a Spring Run Fish Migration Walk on Saturday, June 2, from 10 a.m. – 12 p.m. at Mill Brook Preserve, Westbrook. Join the group to learn about and see up-close the incredible migration of thousands of alewives up Mill Brook on their way to Highland Lake while also hiking on the beautiful

Mill Brook Preserve trails. This two hour event will be led by a local alewife expert. Free, but registration is required due to limited space. To register or FMI go to https://www.prlt.org/events/.

An annual plant, gardening gadgets and book sale will be held at North Gorham Public Library, 2 Standish Neck Rd. on Saturday, June 2, from 9 a.m. -2 p.m. FMI 892-2575.

West Gorham Union Church, 190 Ossipee Trail, will be having a public supper on Saturday, June 2. Serving starts at 5 p.m. Ticket sales start at 4 p.m. Adults \$8 and children under 12, \$3. Beans, chicken pie, clam casserole, chop souy, mac and cheese, BBQ hot dogs, jello salads, coleslaw, delicious homemade pies, coffee and punch. FMI judiestevens366@gmail.com.

Superintendent Heather Perry met with Gorham House residents at their weekly social hour to answer questions about Gorham schools and to discuss the school budget that will be voted on June 12. Perry has been speaking informally with a number of community groups and will be at Aroma Joe's at 7:30 am on June 5 to meet Gorham residents interested in talking with her.



Gorham Cooperative Preschool is sponsoring Touch a Truck on Saturday, June 9, from

10 a.m. – 2 p.m. at Great Falls Construction, 20 Mechanic St. First Responders, Active Military, and Veterans are FREE! Tickets are \$5 per person or \$20 per family. Kids 2 and under are free. There will be food, games, music, and lots of TRUCKS! FMI michelelynn24@ yahoo.com

Cressey Road United Methodist Church will host a Family Fun Day on June 9 from 11 a.m.-3 p.m. Free music, magic shows, pony rides, carnival games, Bounce House, and a "Simon Says" contest with prizes. Also free hot dogs, popcorn, cotton candy, and sno cones. Home-style BBQ chicken dinner to follow from 5 p.m.—6:30 p.m. \$8/adults, \$6/children under 12. Limited dinner tickets. Call 591-0720 or (603) 781-3884 to reserve seats.

The North Gorham Chess Club will meet on Saturday, June 9, from 10:15 – 11:30 a.m. at the North Gorham Public Library. FMI contact John Morgan at jcImorgan26@gmail.com or 766-8554.

The Gorham Lions will be meeting on June 12 at 6:30 p.m. at the Old Elmwood School House on South Street (Rte. 114), Regular dinner meetings are the 2nd and 4th Tuesday of each month. New members always welcome. FMI, 929-9182.

CONTINUED ON PAGE 14





Introducing a local dinner delivery service where customers can order and pay online.

A new variety of foods are posted the 1st day of each month.

The Gorham School Department would like to say thank you to the wonderful volunteers that support our students and teachers. We are privileged to work with you!

A special thank you to Aroma Joe's, Mister Bagel, Gorham Subway and The Sweet Life Ice Cream Shop. All meals are freshly cooked daily and dinner is served with salad, homemade bread, rolls, and dessert.

> Meals delivered to each client by 6:00 p.m. *Please note: Order 24 hours abead.

Catering is also available upon request. Events, baby showers, bridal showers, celebration of life gatherings, birthday parties, family reunions, anniversary parties, sporting event parties and weddings.

CHECK OUT OUR MENU & ORDER ONLINE: ATMYTABLES.COM OR CALL 319-4260

Community Continued FROM Page 13

The Gorham Food Pantry will have extended hours from June 20 — Sept. 26 to receive donations of produce from local gardeners. Donations can be dropped off on Wednesdays from 5-6:00 p.m. and Thursdays from 7:30-9:30 a.m.

The Lecky Brown Center for Seniors will present part two of their "Let's Talk" series on "Basics of Dementia: Exploring Alzheimer's and other forms of dementia" on June 21 at noon, led by Bill Jenks, president of Home Instead, Inc and the Maine chapter of the Alzheimer's Association. Please feel free to bring your lunch and join us. The Lecky Brown Center is located on the 3rd floor of First Parish Church. FMI: 839-6751 or firstparishoriginals@gmail.com.

"Shipwrecked" Vacation Bible Camp will take place June 25-29 from 8:30-11:30 a.m. at Cressey Road United Methodist Church. At Shipwrecked, children will discover that Jesus rescues them! Open to children age 4 through finishing 5th grade. Register on-line at www.cresseyrdumc.org. There is no cost. Donations accepted. Register now and venture onto an uncharted island where kids survive and thrive! Jasmine Keenan will present on the "Essence of Oils" and the use of oils in everyday life on Friday, June 29, at 10 a.m. at Lakes Region Senior Center, 40 Acorn Street. Admission is free and refreshments will be served.

The Gorham Food Pantry collected 2,003 Ibs. of non-perishables during the Stamp Out Hunger Drive on May 12 and would like to thank the Gorham community as well as the postal workers who had a hand in the busy day.

ON-GOING EVENTS The Gorham Food Pantry, located at 299-B Main St. (parking lot of St. Anne's Catholic Church) is open every Thursday morning from 9-11 a.m. and the second and fourth Wednesday of every month from 6-7 p.m. Free for Gorham residents in need. FMI 222-4351 or visit www.gorhamfoodpantry.org.

Gorham Cancer Prayer and Support Group

meets the first Tuesday of every month at the Cressey Road United Methodist Church, 81 Cressey Rd. from 6-7:30 p.m. This monthly non-denominational event is a prayer and support group for anyone dealing with cancer including patients and caregivers.

SENIOR PROGRAMS The Lakes Region Senior Center will have

a Summer Luncheon on Monday, June

11. Socializing is at 10:30 a.m. Special Entertainment will be provided by Senior Center members at 11 a.m. Lunch will be served immediately afterwards. \$5 and open to the public. For more info, call Jackie at 776-5322.

The Town of Gorham Senior Mealsite hosts lunch every Wednesday at St. Anne's Church. Social time 11:30 a.m., meal is served at 12:00 p.m. Suggested donation \$4. Volunteers are also needed to help in the kitchen. FMI 222-1630.

Lakes Region Senior Center, located at the Little Falls Activity Center, 40 Acorn St. is open Monday through Friday from 9 a.m. to 1 p.m. Join them daily for coffee, tea, and socializing. Ongoing daily activities include Mahjong on Mondays – beginners welcome. FMI, Diane 892-9529; Tuesday crafts and card games. FMI, Avis 892-0298; The Memoir Writing Group meets the last Wednesday of the month. FMI, David 892-9604; Thursday Table games at 10 a.m. and Friday Art Workshop at 9 a.m. FMI 892-0299.

The Lecky Brown Center for Seniors,

located on the 3rd floor at First Parish Church, 1 Church St., is offering weekly events as follows: Tuesday- Originals from 10-11:30am, Coffee/conversation/ speaker, Thursday 2nd & 4th of June -Church Street Writers Group from 2-3 p.m., and Friday - ARTrageous Seniors art class from 10-11:30 a.m. FMI: 839-6751 or firstparishoriginals@gmail.com.

The Gorham Medical Closet located at the Municipal Center 75 South St is free and available to Gorham residents in need of portable wheelchairs, shower seats, commodes, walkers, canes and more. FMI 839-3859, 329-4976, 632-2178, 839-3630, 839-2484, 839-3228, 839-6682, or 839-3494, 839-6450.

CLOSE TO HOME

Schoolhouse Arts Center's Black Box Teens will be holding auditions for its first student-directed Fall One Act Play Festival at 16 Richville Road (Route 114) in Standish. Auditions will take place on Thursday June 7 and Friday June 8 from 4 to 6 p.m. Call-backs will be held on Saturday June 9 at 1 to 3 p.m. Those auditioning should be prepared to do cold readings from the script. Rehearsal schedules will be flexible. The One-Act Play festival will be held from Oct. 12-14.

Scarborough Free Baptist Church, 55 Mussey Rd., will hold a homemade bean supper on June 2 from 4 to 6 p.m. Half of the proceeds will go to the Youth Group trip to Kentucky. FMI, 423-5851.

..... Andrea M, Taliento, DMD Jeffrey R. Graffam, DMD Ronald L. Seekins, DDS **Delivery Person Needed** Licensed Massage Therapist Local, bi-monthly newspaper SUZANNE L. WHITE Parent & Family. 749-8417 needs a delivery person to MAPLEWOOD DENTAL ARTS deliver to Cumberland Specializing in To apply email and York County locations. Manual Therapy & An Integrated Approach to Wendy at Pain & Rehabilitation Massage wstowle26@ Must have a reliable vehicle and www.dentistgorhamme.com (207) 839-6266 gmail.com able to lift bundles of papers. E-Mail: swhite04038@yahoo.com 405 Main Street Gorham ME 04038 Standish A.M.T.A Is your well water clean? Sturgis Plumbing & Heating, LLC You Belong. Gorham, Maine 207-615-1600 JEFF STURGIS - YOUR FRENDLY Safe and Secure. PLUMBING & HEATING SPECIALIST **1 IN 3 MAINE HOMES HAVE** Personal Accounts WELL WATER CONCERNS Dunbar Water Master Plumber, Master Oil Heat & FEDERAL CREDIT UNION Business Accounts Be sure your water is safe. Solid Fuel Tech, Gas/Propane Tech Loans Gorham | West Gorham 839-5588 www.cascofcu.com Online Services Call today! 1-866-426-2273 Fully licensed and insured. Quality service at reasonable prices mrh2o.com BARBER Liz Berks The Swanson Group LLC

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YOU'VE GOT TO FIGHT FOR YOUR RIGHT TO PARTY

Two people on Mosher Road were having a verbal argument over drinking, drugs and parties. No one wanted to leave the house. Officer advised them to stay apart.

New Portland Road caller reported seeing a fire. It was just lights from a business.

A 98-year-old School St. woman threw her walker at her husband who is almost 101. No arrest was made.

Fort Hill Road caller reported a raccoon acting oddly. Officer was unable to locate the animal.

Suspicious person on Glenwood Ave. was man who lived nearby and was looking for his son who was playing with other neighborhood kids.

Neighbors on Dragonfly Lane had a verbal argument over a right of way and plowing issues. Officer restored the peace.

Officer determined that cars parked on side of Fort Hill Road were not a hazard to motorists if they used a little caution while passing the parked cars.

Officer responded to a report of a chipmunk loose in a house on Shaw's Mill Road. Two juveniles had it trapped under the sink. Officer checked under the sink and did not see anything. From the boys description of the animal as 8-10 inches long, brown with a black stripe it sounded more like a rat. Boys were advised mother's boyfriend was on his way home from work and officer left it to the boyfriend to handle the situation. Four people from New Hampshire were parked at the end of So. Gorham Crossing. They had been to a play and wanted to use the restroom at Cumberland Farms but store was already closed so they were looking for a tree they could go behind. Officer advised them of places they could go and they were moved along.

Officer checked on a van with New Hampshire license plate parked in a Main St. parking lot. It appeared someone was living in the van which was gone when officer returned later on to check on it.

Officer responded at 1 a.m. to a report of a suspicious person on Main St. Caller reported someone was going into the bathroom and being in there for a long time. Person was warned for criminal trespass and advised not to come back for 24 hours.

Caller reported his car broke down and he had left it in a Main St. parking lot after getting permission from the manager of the business. Caller returned and found his car had been towed.

Caller reported hearing a woman scream and what sounded like three gunshots. Officer checked area. Some people on Main St. had just gotten home and were being loud but no gun shots had been fired.

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CALENDAR

THURSDAY MAY 31

• The Baxter Museum open for visitors 10 a.m. – 1 p.m. or by appointment. FMI 839-3878.

SATURDAY JUNE 2

- Greater Gorham Farmer's Market, 8:30 a.m.-12:30 p.m., 71 South Street (Public park adjacent to Baxter Memorial Library).
- Annual Plant, gardening gadgets & book sale, North Gorham Public Library, 9 a.m.-2 p.m.

TUESDAY JUNE 5

• The Baxter Museum open for visitors 10 a.m. - 1 p.m. or by appointment.

WEDNESDAY JUNE 6

• Town of Gorham Senior Lunch Program, St. Anne's Church, Gorham. Social time at 11:30 a.m. Lunch served at 12 p.m. \$4 suggested donation. FMI, 839-4857.

THURSDAY JUNE 7

• The Baxter Museum open for visitors 10 a.m. - 1 p.m. or by appointment.

SATURDAY JUNE 9

- Greater Gorham Farmer's Market, 8:30 a.m.-12:30 p.m., 71 South Street (Public park adjacent to Baxter Memorial Library).
- North Gorham Chess Club, 10:15-11:30 a.m., North Gorham Public Library. FMI 766-8554

TUESDAY JUNE 12

- The Baxter Museum open for visitors 10 a.m. 1 p.m. or by appointment.
- Gorham Lions Meeting, 6:30 p.m., Old Elmwood School House on South Street (Rte. 114)

WEDNESDAY JUNE 13

• Town of Gorham Senior Lunch Program, St. Anne's Church, Gorham. Social time at 11:30 a.m. Lunch served at 12 p.m. \$4 suggested donation. FMI, 839-4857.

Lobster Deals are back!

Ocean Gardens Dinners come with a single, twin, or triple 1 lb. lobster; 1 lb. fresh Maine steamers, corn-on-the-cob, and Coleslaw \$25/\$31/\$37





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*BBQ Cowboy with bacon, homemade onion rings, jalapeños, cheddar and Sweet Baby Ray's BBQ sauce

*Mushroom and Swiss burger

*Pastrami burger with delicious red pastrami and Swiss cheese

*Black and blue burger with cajun seasoning and melted blue cheese crumbles

*Farmers burger with fried egg and thick cut bacon and American cheese

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