

# Your Community Paper Gorham Times

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## Senior Tax Assistance Applications Due August 1

KATHY CORBETT  
Staff Writer

Gorham residents over 65 years old may apply for property tax assistance by completing a form available at the Town Clerk's office and returning it by the August 1 deadline. An ordinance passed by the Town Council has made available \$50,000 to be allocated to qualifying seniors this year.

To qualify, seniors must meet the following criteria: be at least 65 years old, have lived in the home as an owner or renter for the past year, have been a resident of Gorham for at least five years, and have household income that does not exceed qualifying limits. Taxes on the property must be current.

The application must list all income from all members of the household. For one person the limit is \$56,790, for two people \$64,890, three people \$72,990, and \$81,090 for four. The application details what qualifies as income and includes social security benefits even if they are not taxable.

Applicants must attach copies of their 2017 tax filing, or if they do not file taxes, other forms that document income. There can only be one application per household.

In addition to tax filings, applicants must include a copy of one form of identification, such as a driver's license, Maine State I.D., or passport. Applicants who are renters must attach a copy of their lease to the application as well.

Seniors who have questions or need assistance completing the application should call 222-1656 or email [senior-rebate@gorham.me.us](mailto:senior-rebate@gorham.me.us) to schedule an appointment.

Application does not guarantee a rebate. Benefits will range from \$200 to \$500 with applicants with lower income receiving the most relief. Decisions on eligibility and benefits will be made by the Town Clerk's office and are final, but may be appealed to the Town Council.

The application can be printed from the Town of Gorham website and must be returned to the Clerk's office by August 1, 2018. The Senior Property Tax Property Tax Assistance Ordinance can be read online by clicking on Ordinances on the website.

## Town Council Addresses Growth in Recent Workshop

KATHY CORBETT  
Staff Writer

How can Gorham, one of the fastest growing towns in Maine, balance residential and commercial development, retain open spaces, and pay for additional needed services? On June 26, the Town Council met with two consultants to review trends and consider options as they confront these and other growth issues.

"All growth adds value, but not all growth pays its own way," said Ben Smith of Northeast Planning. Smith was formerly the Windham Town Manager. He showed that designated growth areas close to the Gorham village center are not where residential growth is actually happening. Suburban land patterns of single family homes require high services on low value land. Policies such as requiring developers to pay impact fees for capital improvements in more rural areas, and encouraging residential diversity through cluster development and multi-family housing can help manage growth. Gorham has many advantages: location, schools, open land, and a vibrant village. The question for the Council, he said, "is how to increase these advantages."

Gorham is the 14th largest city in the state and, according to Stephanie



Photo credit Kathy Corbett

A neighborhood sits off the sprawling hills near Fort Hill in Gorham.

Hayes from The Greater Portland Council of Municipal Governments, is projected to have a population of 23,000 by 2040. The current population is approximately 17,000. The Council has developed 3-D visualization software that she recommended as a development decision tool available to Gorham planners.

Tom Poirier, Gorham Town Planner, reviewed some of the ideas already being discussed which include encouraging growth in the

urban area, regulating lot size in rural areas, and impact fees related to schools which he said "could be used to build schools but not for existing problems." In discussing the Town's "passive approach to open space," he noted that the current policies designed to maintain a ratio of open field to recreational use may not be in line and has not been evaluated.

CONTINUED ON PAGE 4

## Scope and Timing of Main St. Construction Discussed

EDMUND RICKER  
Contributing Writer

Town Manager Ephrem Paraschak and staff recently met with the Department of Transportation Commissioner and State Representative Andrew McLean to discuss the Main Street Construction project. Gorham voters approved the Main Street Construction Project in a November 3, 2015 referendum but the project has been delayed twice, in 2017 and again this year. As the project was sent out to bid late in the season, only one contractor presented a bid and it was 48% over the budgeted amount.

One objective is to get the project

bid out during the winter months before contractors have already set their work schedules for the following year. Getting the bid out sooner may solicit more bids and result in a more competitive bidding process. Additionally, bidding projects at that time of the year usually result in lower bids.

Paraschak stated, "The project will still happen, but the scope of the reconstruction will likely be diminished. The paving of Main Street will be completed, but some of the less noticeable elements such as increased drainage in some areas and replacement of some of the water mains under the street likely will not happen."

## Gorham Sightings



Photo credit Leslie Dupuis

Do you know where in Gorham this photo was taken? Join our visual trivia discussion by entering your best guess on our Facebook page at [www.facebook.com/gorhamtimes](http://www.facebook.com/gorhamtimes) or email us at [gorhamtimes@gmail.com](mailto:gorhamtimes@gmail.com). The photo in the June 28 issue is the chess board on a concrete picnic bench at Shaw Park.

**BACK PAIN IN  
CHILDREN  
ON PG. 4**

**inside theTimes** f Instagram GOCAT YouTube  
4 Living 14 Community 10 Sports 15 Classified  
5 Municipal 7 School 15 Calendar 15 Blotter

**GORHAM CHEVERUS  
GRADUATES  
ON PG. 8**

Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

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The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

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# Medicaid Expansion

SEN. AMY VOLK

Earlier this month, the Maine House sustained the governor's veto of LD 837, the Medicaid expansion bill, by a vote of 85-58. While I have opposed efforts to expand Medicaid in the past and remain concerned about what it will eventually cost Maine taxpayers, I voted to support this funding bill. Last year's referendum passed overwhelmingly in Gorham, Scarborough and Buxton so I felt it was important to respect that ballot decision.

While this funding bill is now dead and the expansion is in limbo, I believe it represents a missed opportunity for this administration. Expanded Medicaid is now law in Maine.

Implementing what voters passed, using conservative ideals that are working in other states, could have been a priority over the last several months.

In January, the Trump administration announced its flexibility in how states administer their Medicaid programs, prompting Maine and 10 other states to submit waivers requesting permission to institute guardrails around the program in an effort to break the cycle of poverty. Of the 11 waivers applications, four states have received approval (AR, IN, NY, KY).

Had this administration submitted the necessary paperwork to begin our expansion (and had the legislature funded it), we could have included many of these conservative proposals in our application, resulting in a much more palatable program than what is currently on the books.

The first and most popular proposal that I would like to see implemented is work requirements for able-bodied

adults. As of January, 36 percent of the 100,000 non-elderly, non-disabled adults on Medicaid in Maine were not employed. The referendum which passed last year will add another 70,000 able-bodied, childless adults; we need to make sure that they are contributing to their communities for this benefit.

Having a job is about more than monetary compensation. Work provides individuals with a sense of accomplishment and self-worth, as well as daily structure and skill development that no government program can provide. For those without a job, this requirement could also be fulfilled by volunteering a few hours a week within the local community or pursuing higher education.

Work-oriented activities help end isolation, build relationships and improve the quality of life for recipients. We have already implemented similar requirements to our TANF program for able-bodied adults and the results were incredible. Within one year, these individuals were earning 114% more than they were before these requirements existed.

Income growth and self-sufficiency is critical for Maine families and for our economy. It also improves overall mental and physical health. The goal of all government programs that serve able-bodied, non-elderly adults should be self-sufficiency, not perpetual dependency.

Other proposals that were included in Maine's waiver request included cost sharing of premiums and co-insurance.

The theory behind cost-sharing is that recipients with the ability to earn an income would be responsible for a

small premium based on their capacity to earn, likely \$10 - \$40 per month. These small premiums would give recipients a level of personal responsibility or "skin in the game" for their coverage, much like privately insured members who obtain insurance either through their employment or on the exchange. In addition, this policy would help remove some of the burden of the program from Maine taxpayers.

The idea of co-insurance isn't new to anyone who holds a private insurance policy. Under the waiver request that was filed, there would be a \$20 co-insurance fee to use the emergency room. Under the current program, there is no incentive for participants to keep up on their own health through a primary care provider or walk-in clinic. As a result, taxpayers pay for many non-emergency visits to the ER through the Medicaid program.

It appears that this administration may continue to resist implementing Medicaid Expansion. However, I remain hopeful that the Trump administration will work closely with Maine Department of Human Services to approve our waiver under the existing program.



Amy Volk is serving her second term in the Maine Senate and represents the people of Senate District 30 which includes Gorham and parts of Scarborough and Buxton. She is the Senate Assistant Majority Leader, the Chair of the Labor, Commerce, Research and Economic Development Committee and is also a member of the Environment and Natural Resources Committee. (207) 287-1505, (800) 423-6900, amy.volk@legislature.maine.gov

## Letters to the Editor

Letters to the Editor must be fewer than 300 words, signed with a first and last name, typed or e-mailed and include a phone number. The Gorham Times reserves the right not to publish letters that include personal attacks or inflammatory language. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times and are subject to editing.

Dear Editor,

I am writing to you today to bring to your attention something that affects me greatly as a born-and-raised Mainer. I have been canvassing for Environment Maine and have found from hundreds of interactions that people believe we need to ban polystyrene, or what foam cups and takeout containers are made of. It is greatly affecting our wildlife which we hold dear, as it can harm and kill them. Polystyrene makes Maine a less beautiful place and not only that, costs thousands of dollars to clean up due to its inability to biodegrade. All for just a single use? The nine towns and cities who currently have a ban on polystyrene are not enough to ensure that Maine preserves its wildlife. So as a resident of Maine and speaking for other constituents, I urge you to do the right thing and pass this ban.

Thank you,  
Tristan Brunet

Dear Editor,

I want to thank State Senator Amy Volk for her hard, bi-partisan work of

giving public service to the people of our district. I am a Vietnam era veteran and was once a registered Republican. I stopped being a registered Republican back in 1992 when president George Bush was elected. I did not like his progressive agenda. The clue was his term, "new world order." So, I am still an independent. Lately I have been giving some thought to becoming a Republican again because of the far left movement that I see. They are very dangerous in my opinion and seem to be cancerous, displaying cannibalistic tendencies within the Democratic party. This is bad for America because too many moderates have left both parties at both the state and federal levels. Now I understand why ex-Senator Olympia Snowe gave up. I can remember when Democrats and Republicans had respect for each other and did work together to reach compromise; that was in the 1960's through the 1990's. My son is 41 now and I told him back in 1996 to not veer politically too far left or too far right otherwise turmoil and confusion would present

itself. So, under the current political conditions in our country this is why I wanted to personally thank Senator Volk for the level headed, thoughtful positions she takes in the Maine Senate. I see how hard the job is and I really do appreciate all her efforts. Keep up the good fight for us!

David Sanderson

## Around Town

Hops & Vine Craft Beer and Wine will be opening at 102 Main Street, the old Olympia Sports location.

Freihofer's Bakery Outlet, owned by Bimbo Bakeries USA, will be opening on Lower Main Street.

Ephrem Paraschak recently congratulated Technical Services Librarian, Deborah Buker, and Adult Services Library Assistant, Carol Robinson, on their 30 years of service as employees at Baxter Memorial Library.

US Cellular has closed its location at 109 Main St. in front of Hannaford.

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## GBE SPOTLIGHT: DORION LAW OFFICE

# An Expanding Business



Photo credit Anne Schools

**BAILEY O'BRIEN**  
Contributing Writer

Kristen Dorion, Esq., opened her Gorham-based law practice, Dorion Law Office, in May of 2017. "When I brought my practice to Gorham, my intent was to provide quality legal representation at reasonable rates in the areas of family law and criminal defense," said Dorion. Just over a year later, she has already expanded her services to meet even more of her clients' needs.

"After I opened, a need for affordable, simple estate planning services quickly became apparent, and I expanded my practice to include those legal services," she said. Now she offers representation in and assistance with divorce, parental rights and responsibilities actions, estate planning, and criminal charges with a focus on OUIs and driving offenses.

"My goal is to be a local, approachable lawyer that people can trust to call whenever they encounter a legal problem," shared Dorion. She makes her services accessible to new clients by offering free case consultations.

"I understand that legal issues have a way of coming up unexpectedly and not everyone knows an attorney to reach out to," she said. "Even if I'm unable to assist an individual in a particular matter, I'm most always

able to make referrals out to other colleagues who may be able to help." It's no wonder her office has been so busy. "I likely will be bringing on a second attorney within the next year or so to expand my office's practice areas to serve even more clients in Gorham and the greater Gorham area," she added.

Dorion is undoubtedly passionate about the law, but she has a second reason for opening the Dorion Law Office. "I truly love being a lawyer because, simply put, there is nothing more rewarding than helping others," she said. "As a lawyer, I get to help my clients in very profound, sometimes even life-changing, ways. When clients come to me seeking legal representation, they are normally going through one of the worst times of their lives."

On top of coping with each situation's unique stress, many of her clients are dealing with the legal system for the first time, "and all the unknowns are understandably quite daunting," she said. "I thoroughly enjoy helping clients reach their goals during those difficult times."

To contact Dorion with any of your own legal questions, you can reach her at (207) 956-0542. For more information about her full range of legal services, visit [dorionlawoffice.com](http://dorionlawoffice.com).

*Content provided by Gorham Business Exchange.*



## Gorham Country Club A Public Golf Course

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## BUSINESS PROFILE

# Bier Cellar

**TOM CORBETT**  
Contributing Writer

With over twenty establishments already selling beer and wine in Gorham alone, it hardly seems noteworthy when another opens its doors. But for beer and wine enthusiasts, the recent opening of the Bier Cellar on 593 Main Street has been welcomed news.

The Bier Cellar is family owned and operated by Greg Norton, who grew up in Buxton and now lives in Gorham with his wife Katie Norton and their two children. Educated with an MBA from USM and Cicerone Certified as a "Beer Server," Norton is certainly well qualified to sell beer. Like many in the industry, Norton's passion started as a home brewer, while still working his day job in finance.

"I learned to be a very good home brewer, but I knew I wasn't in the same league as the top professionals." Instead he chose to sell beer rather than brew it, opening his first store in Portland in 2012.

As its name suggests, the Bier Cellar sells mostly local and international craft beer (and wine). "We were lucky with our timing," said Norton, noting that the craft beer market, while not without some recent setbacks for mid-sized breweries, has been rapidly expanding since he opened his first store.



Photo credit Tom Corbett

"The ever-increasing varieties of beers has created a need for retailers to take on more of an advisory role," said Norton, something he feels they do quite well. He and his knowledgeable staff are always ready to provide advice. Moreover, the beers and wines on his shelves are carefully labeled with helpful descriptions, penned by Norton himself.

The shifting nature of beer distribution has also played to Norton's strengths. When he started his business six years ago, all of his beers were provided through distributors. Today, he estimates that around ten

CONTINUED ON PAGE 15



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## Back Pain in Children

MIKE SMITH

Although back pain is common in adults (80 to 90 percent will injure their back at least once in a lifetime), many youth between the ages of 12 to 18 can experience back pain that is not necessarily associated with a specific injury. Most young people do not have the wear and tear that adults have put on their backs, which can lead to joint wearing and disc degeneration, but youths can experience periods of back pain during times of growth or intense activity in sports.

A child may complain of back pain off and on, but not necessarily all the time. Many are playing sports, however several youngsters I see each year are not, but may have had a recent growth spurt. Usually, I tell parents that if their child is experiencing back pain for more than a month, then they should have it looked at by their family doctor or a therapist.

Many times the solution is relatively simple with a series of stretches for the back and legs, particularly the hamstrings, which can become very tight on a growing child. Also, there are some strengthening exercises to assist in making the hips and back stronger, and more importantly, getting the "core" equally strong right and left.

The other consideration for these young folks is their posture, particu-

larly while in sitting position. Many are lugging around fairly heavy back packs, musical instruments, and sports bags that may be 30% of their own weight at younger ages. Some suggestions would be to try to lighten the load and adjust the straps of the backpacks to at least balance the load.

There are a few youngsters I see who have lingering back pain that goes on for several months. This is not the norm. If they are athletes, this is an issue that definitely needs to be addressed. The problem can sometimes be a stress fracture in a lumbar vertebra. Although not common, it does occur. It is not the end of the world, but usually requires a break from sports to allow for healing and also to work on flexibility and strengthening. Normally, this is all that is required.

Most of the time childhood back pain is easily remedied with stretching and some strengthening, and if they are not moving enough because they are sitting in front of the computer or gaming box, get them moving with biking and walking.



Mike Smith is a physical therapist and athletic trainer and owner of Village Physical Therapy on Main Street here in Gorham.

## Town Council Addresses Growth in Gorham CONTINUED FROM PAGE 1

Council members discussed ideas proposed by Smith and Poirier, including cluster housing, age-restrictive housing, requirements for open spaces owned by homeowners associations, and levying impact fees to provide wider community use of open space. Ben Hartwell emphasized that property rights are important as well as preserving rural areas and increasing density in the village area.

He noted that limiting building permits as a strategy creates problems. He asked if building codes and regulations are incentivizing commercial and mixed-use projects and suggested encouraging adding on to existing structures. Marla Stelk suggested "form-based codes" that focus on building exteriors and give property owners more options for interior spaces. She also emphasized the need to attract more businesses. Poirier agreed but said that rather than try to attract large businesses,

"we should help people grow who are already here."

Council member Sherrie Benner, a realtor, commented that Gorham appeals to retirees, not just young families, and stressed the need for diversification in housing and businesses. Jim Hager said that many older people want to stay in their homes. All felt that rising taxes are an issue for everyone and that more buildings need to "pay their own way."

Town Manager Ephrem Paraschak cited the need to preserve options for the future and recognize that Gorham is part of a regional market for housing and commerce. Council members said that they needed to hear more from the Town Planning Department. They agreed to establish some priorities for planners to focus on and asked them to gather more information and bring recommendations back to the Council.

## The Thin Blue Line

CHRIS CRAWFORD  
Staff Writer

Chris Todd (GHS '95) was one of those lucky kids who knew at an early age what he wanted to be when he grew up. Spurred by positive interactions he had with local Gorham Police, Todd aspired to be a policeman. He said, "I got to know a lot of the Gorham cops as a kid (in a GOOD way, not a BAD way!). Pooch, Coffin, Remick, John Reed; they were a good group of guys who really glorified the profession for me."

They must have been inspiring role models because over the course of Todd's 21 year career in law enforcement, he was named the South Portland Police Officer of the Year in 2008 and again in 2010. He has served as Vice President (one of four statewide) for the Maine Association of Police (MAP) since 2012. He received a Life Saving Award at the annual MAP banquet for his role in rescuing a 10 year old boy and his mother who were near death due to a carbon monoxide leak in their home. He has also been recognized with unit commendations and meritorious service awards for his role in solving bank robberies, aggravated assaults, and other crimes. It's all in a day's work for this dedicated police officer.

In every city and town, 24-7, 365 days a year, police officers perform a variety of vital services that help make their communities safer. They risk their lives in situations none of us can fully understand or appreciate. Author Thomas Hauser said, "Being a police officer is one of the most difficult, dangerous, idealistic jobs in the world." It seems that being a member of the Thin Blue Line is more dangerous than ever before with police being targeted by people with a grudge or a suicide wish.

After graduation from GHS, Todd attended Southern Maine Community College and earned an associate's degree in Criminal Justice. While trying to decide whether to continue on to earn a bachelor's degree, he landed his first law enforcement job in 1997, when he was hired by the Cumberland County Sheriff's Office as a corrections officer. During this time, he received 200 hours of Maine Criminal Justice Academy certified training. During the three years at this job, he worked as a pod officer, intake officer and classification officer.



Photo courtesy of Chris Todd

In 2000, Todd was hired by the South Portland Police Department and graduated from the 12 week Municipal County Basic Police School in December of that year. He worked as a patrol officer for 10 years, manning various shifts. In 2010, he was assigned to the detective bureau with investigation and case work in more serious felonies such as burglaries, thefts, and aggravated assaults.

In 2014 he was promoted to the rank of Sergeant, and in May of 2017, he was assigned to his current position of Detective Sergeant, reporting directly to the Deputy Chief of Police. He has eight staff members under his span of control: four case detectives, two task force officers, the court officer, and the evidence technician.

Todd enjoys being involved in "case work" again and making use of his passion and skills to build a case and his knowledge of the legal system to prepare cases for court. Todd said, "I am a people person and can develop a rapport and talk with almost anyone about anything. These qualities are helpful in my role as a detective and in my supervisory capacity as well."

Todd says that one of the most challenging aspects of his job is the schedule which is especially difficult if you have a family. He said, "Evenings. Nights. Weekends. Holidays. Birthdays. Sporting events. School concerts. We don't ever close." He added, "It is not uncommon for my phone to ring in the middle of dinner with my family, at 2 a.m. while I'm sleeping, or on my days off when I'm with the wife and kids at Funtown." He said that he answers 99.9% of the time no matter what he is doing, or else he calls right back. Arriving late or having to cancel family plans or personal events for the sake of "the job" is common.

Todd feels that the Gorham School system gave him a great start. "I got a first rate education and made many friends for life in my graduating class," he said. Todd loved the "small town" of growing up in Gorham where everyone knew everyone.

In his (limited) spare time, Todd enjoys spending time with his family, going to the lake or taking weekend trips to North Conway. He also coaches his son's baseball team.

For those who would like to get in touch, Todd has included his work email and phone number: christo@southportland.org or 799-5511, Ext 7448.

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JULY 16, 2018

# Planning Board

Plowman Development Group's request for approval of Mason Lane, a 584 foot private way to support two residential lots on property located at 29 McLellan Road, was approved.

Design Dwellings' request for preliminary approval of Douglas Woods Subdivision, a 14-lot subdivision located on South Street, was discussed and postponed.

Hannaford's Supermarket & Pharmacy's request for approval to create a "Hannaford To Go" Park and Call pick-up area, relocate the CLYNK bottle return service from inside the building to a free-standing Redemption Unit and replace the existing signage and colors on the front of the building façade, on property located at 99 Main Street, was approved with findings of fact and conditions of approval.

Ben Lamarche and Cory Murray dba Standish MODBL Real Estate LLC's request for conversion of 77 South Street to a dental office with additional parking on property located off South Street, was discussed and postponed.

Bramblewood, LLC's request for a subdivision amendment to Glenwater Subdivision to revise lot lines between lots 20 & 21, on property located off Grove Street, was approved with findings of fact and conditions of approval.

Bramblewood, LLC's request for

a site plan amendment to Glenwater Subdivision to increase the number of dwelling units from 10 to 18 in Cottage Court on property located off Grove Street, was moved to a future consent agenda.

Todd Bacon dba Southern Maine General Contracting's request for approval of an amendment of a lot line between lots 28 and 29 on property located at 16 Pastore's Way was approved with findings of fact and conditions of approval.

BNO, LLC's (Normand Berube Builders) request for final approval of New Colony Settlement, a 6-lot residential subdivision on 18.16 acres, on property located between Route 25 and Brown Road, was approved with findings of fact and conditions of approval.

Robert Hamblen's request for preliminary approval of Harrison Lane, a 6-lot residential subdivision on 10.10 acres on property located off Libby Avenue, was continued to the August 6 Planning Board meeting due to observance of 10:00 rule.

Plowman Development Group, LLC's request for a sketch plan discussion of a 16-unit condominium development (Grady Farm Subdivision) on property located at 136 South Street was continued to August 6 Planning Board meeting due to observance of 10:00 rule.

## Grand Jury: May - July 2018

Nathan Allen, 36, of Portland was indicted for robbery/threatening the use of force and robbery with physical force on charges brought by Gorham PD.

Jeffrey Cochran, 29, of Gorham was indicted for burglary, theft by unauthorized taking, stealing drugs, violating conditions of release and criminal forfeiture on charges brought by Westbrook PD.

Dustin Richardson, 23, of Gorham was indicted on charges of theft by unauthorized taking and violating conditions of release on charges brought by Windham PD.

Bridget Rogers, 24, of Gorham was indicted on charges of burglary of a dwelling, theft by unauthorized taking, stealing drugs, violating conditions of release and criminal forfeiture on charges brought by Westbrook PD. She was also indicted on charges of burglary of a dwelling, theft by unauthorized taking, (more than \$500), theft by unauthorized taking (less than \$500), burglary, burglary of a motor vehicle (more than \$1000), criminal mischief, and theft by unauthorized taking on charges brought by Gorham PD.

Leah Cardelli, 32, of Hiram was indicted for operating after revocation (3 priors) and operating with a suspended registration on charges brought by Gorham PD.

Kevin Lawlor, 32, of Standish was indicted on charges of aggravated criminal mischief, leaving the scene of an accident, refusing to submit to arrest and two counts of violating conditions of release on charges brought by Gorham PD.

Joey Smith, 28, of Windham was indicted on charges of OUI, operating after suspension, and operating beyond license restriction on charges brought by Gorham PD.

Matthew Colby, 32, of Porter was indicted for violating conditions of release, having improper plates and operating after license revocation.

Daniel Hammond, 43, of Naples was indicted by possession of a

firearm by a prohibited person.

Jacob Haskell, 27, of Gorham was indicted for aggravated forgery, failure to give his correct name and leaving the scene of an accident. He was also indicted for two counts of unlawful trafficking in scheduled drugs on charges brought by MDEA.

Nicholas Porter, 27, of Gorham was indicted for escape, assault on an officer, refusing to submit to arrest, theft by unauthorized taking, criminal OUI, operating after suspension and criminal mischief.

Joshua Robichaud, 42, of Raymond was indicted for aggravated forgery.

Kevin Bradeen, 39, of Gorham was indicted for eluding an officer, aggressive operation after habitual offender revocation, unauthorized use of property and two counts of criminal mischief on charges brought by Cumberland County Sheriff's Office.

Leah Cardelli, 32, of Hiram was indicted for operating after revocation (3 priors) and operating with a suspended registration on charges brought by Gorham PD.

Kevin Lawlor, 32, of Standish was indicted on charges of aggravated criminal mischief, leaving the scene of an accident, refusing to submit to arrest and two counts of violating conditions of release on charges brought by Gorham PD.

Brianna Steinback, 29, of Gorham was indicted on two counts of aggravated (near a school) trafficking in scheduled drugs, possession of fentanyl and possession of cocaine base.

# Clerk's Corner

LAURIE NORDFORS  
Town Clerk

Hope everyone is having a fantastic summer. The weather has been beautiful. We have been busy in the Clerk's Office registering new cars and boats for everyone to enjoy.

Nomination papers will be available on July 27, 2018. The Municipal Election will be held on Tuesday, November 6, 2018 for the purpose of electing two positions on the Town Council and two positions on the School Board for three year terms. Any registered voter of the Town of Gorham who is interested in run-

ning for either of these offices must submit nomination papers with no less than 25 signatures and no more than 100 signatures of persons who are registered voters of the Town of Gorham. Completed papers must be submitted to the Town Clerk's office no later than 1:00 p.m. on Friday, September 7, 2018 for their name to be on the ballot.

Senior Property Tax Assistance Applications are still available in the Town Clerk's Office. The deadline to submit an application is August 1, 2018. Approved applicants should expect a rebate check in the mail within 30 days of that date.

JULY 3, 2018

# Town Council Meeting

JACOB ADAMS  
Staff Writer

Councilor Phillips reported that the High School Building Committee and Athletic Capital Committee met last month and will meet again on August 10.

Councilor Stelk remarked that the Gorham Village Alliance is making headway and moving forward to develop a plan for the Downtown area.

Councilor Hager reported that the Finance Committee met and discussed the upcoming Town audits.

Ephrem Paraschak, Town Manager, reminded citizens that a permit is needed for fireworks in the Town. He also thanked Finance Director, Sharon LaFlamme, for another year of receiving the Excellence Award in Town Financial Reporting. He reported that the DOT is working on the Main Street Plan and it will be moving forward soon.

Paraschak also reminded citizens that the Senior Property Tax Assistant applications are available in the

Town Clerks Office, online, at the Senior Center in the Little Falls Rec Building, and at the Rec Department. The deadline to submit an application is August 1, 2018.

The Town Manager was asked to prepare a cost benefit analysis on the feasibility of contracting certain wintertime maintenance routes for the Council to review. (5 years, 2 days: Hager, Shepard)

The Town Council adopted the amended Town Procurement Policy effective July 1, 2018.

The Town Manager was authorized to dispose of property located at 148 Burnham Road for the sum of \$300 via a Quitclaim deed.

The Town Council referred a request to the Ordinance Committee for their review and recommendation. The referral requests an amendment to the Land Use & Development Code to allow for form based codes in the Village Center & Urban Commercial Districts.

Complete minutes are available on the town's website at [www.gorham-me.org](http://www.gorham-me.org).

## Real Estate Transfers December 2017

ADDRESS	BUYER	SELLER	PRICE
15 BENJAMIN WAY LOT 4	PETERS & CO, LLC	JOHN PETERS, LLC	\$75,000
9 TINK DRIVE	USA RURAL HOUSING SERVICE FHA	USA RURAL HOUSING SERVICE FHA	\$201,735
240 DINGLEY SPRING ROAD	GRAY, RONALD	W.W.WOOD PROPERTIES, LLC	\$235,000
205 MIGHTY STREET	DELLOSSO, ALLISON & STEPHEN	O'BRIEN, DENNIS & KATHLEEN	\$335,000
135 SOUTH STREET	DUBE, GARY	WHITTEN, CHARLES & ERMELINDA	\$310,000
186 MIGHTY STREET	BRENNER, JOSHUA & MELISSA	WHITEHEAD, TRAVIS & REBECCA	\$335,000
35 NORTH GORHAM ROAD	KEMP, PHILLIP & MELODY	KLEIN, JENNIFER & DUREPO, SCOTT	\$429,900
51 FLAGGY MEADOW ROAD	HASENFUS, ADAM	BERDAN, KRISTEN & DEREK	\$270,000
730 FORT HILL ROAD	WALKER, CHRISTOPHER & ERIKA	O'BRIEN, STEVEN & TATUM	\$312,500
DEERING ROAD	TRAILL, PETER & MARSHA W.	HATCH, ROBERT & AMBER	\$50,000
813 GRAY ROAD	KAYAR, ALMONTER	FOX, ALEXANDER & MARINA	\$260,000
DEERING ROAD	TRAILL, PETER & MARSHA W.	CASSIDY, JOSEPH & VANESSA	\$50,000
5 BENJAMIN WAY LOT 1	MARTINEZ, YAOTL	SOSA, PATRICIA	\$349,999
253 HUSTON ROAD	MCDONALD, LISA	WILLIAMS, KELSON, & GRACE	\$230,000
5 DOUGLAS STREET	SHANNONSELLSMAINE,LLC	NEZ REO VIII LLC	\$127,000
14 CRESSEY ROAD	LORRAIN, RYAN	ARNEMAN, PETER & JOYCE	\$181,000
18 DOGWOOD LANE	CASHMAN, MELISSA	BRAMBLEWOOD, LLC	\$319,900
91 SOUTH STREET	POWELL, KATHY	PINECREST BED & BREAKFAST, LLC	\$645,000
83 HUSTON ROAD	SHINAY, CHRISTOPHER & SHAVONNE	PETERS & CO. LLC	\$348,800
364 NEW PORTLAND ROAD	ROWLAND, GWENDOLYN	ROWLAND, PAUL & SUSAN	\$245,000
6 GROVE STREET	GREENIER, NICHOLAS	BRAMBLEWOOD, LLC	\$298,900
136 ICHABOD LANE EXT.	O'BRIEN, STEVEN & TATUM	GILBERT HOMES, LLC	\$360,604
67 SPILLER ROAD	TUPPER, EMILY	CHAMPAGNE, LAURIE	\$360,000
6 HAWKE'S WAY	THORPE, KENNETH & PATRICIA	CRABTREE, DAVID & PAMELA	\$267,000
28 TWILIGHT LANE	NASH, JAMES & KAITLIN	MGM BUILDERS, INC.	\$614,717
108 STATE STREET	US BANK NATIONAL ASSOCIATION	US BANK NATIONAL ASSOCIATION	\$245,000
15 MARYANN DRIVE	DENNETT, RYAN & DEVONSHIRE	WAVER, CARYN	\$195,000
19 GARDEN AVE.	DOYLE, BRIAN & ERIN	FOSTER, MICHAEL & DONNA	\$240,000
14 RIDGEFIELD DRIVE	WELLMAN, ELIZABETH	COHEN, TERRY	\$337,500
41 OLD DYNAMITE WAY	CANTY, JOHN & TERESA	GRAIVER HOMES, LLC	\$360,000
204 NARRAGANSETT STREET	MCMAHON, MEGHAN	REDESIGN ME LLC	\$249,900
285 COUNTY ROAD	SYROVATKIN, A. & SYROVATKTA, I	LAGASSE, JOSHUA	\$258,700
44 FINN PARKER ROAD	SELFRIDGE, NICHAEAL & JULIA	VEAZIE, LIT & LEAH	\$325,000

# Mega Industries Poised for Continued Growth

KRISTA NADEAU  
Contributing Writer

Mega Industries, located at 28 Sanford Drive in Gorham's Industrial Park, is expanding for the second time within the last five years. The first expansion for approximately 7,000 square feet was approved in 2013. The new expansion, approved in June, will provide an additional 7,242 square feet and is scheduled for completion in early 2019.

Brandon Burgess, Director of Special Projects with Anania & Associates, is the lead person on this project. He is responsible for the design, location, and plans for the expansion. St. Germain Collins was hired as site engineers.

The company had to meet the minimum town standards for the project before being reviewed and approved by the Planning Board. The Gorham Fire and Police departments and the town planner were all involved in ensuring the requirements were met. Thomas Ellsworth, President of Gorham's Economic Development Committee said, "we are always pleased to see Gorham based businesses doing well and expanding. Mega Industries is a perfect example of growing our commercial sector from within."

Mega Industries manufactures high-powered microwave transmission



Photo credit Krista Nadeau

equipment for research and commercial use. Some of the parts produced are more than 20 feet long and the proposed expansion area will be better able to accommodate the company's needs. The expansion will allow longer materials to be handled and moved with more ease and will also add a more efficient and ergonomic flow to the floor space. Additionally, it will allow for all materials to be housed on site.

Mike Barone, Production Manager, agreed that this is a needed expansion. He said, "if a plan doesn't change the fit, form, or function, there is little to no value added to a product."

Mega Industries recruits from all over the State of Maine and is looking to hire a few skilled machinists and several utility workers. As a result, Barone said, "this expansion is good for Mega, the Town of Gorham, and the State of Maine."

## Now That's Some Healthy Soil!



Photo credit Jack McCormack

The McCormack family of Gorham were surprised to see a huge sunflower plant towering over everything else in their garden on Brackett Road, especially because they didn't plant it. It is growing in a raised bed with a number of tomato plants and fertilized with "poop" from the family's two bunnies. While they didn't plan on a sunflower, the garden is surrounded by bird feeders, the most likely explanation for the errant seed.

## 2018 Free Gazebo Concerts

JULY 31 - Don Roy Trio  
AUGUST 7 - JC & the ACES

All concerts are at the Gazebo next to Baxter Memorial Library from 6:00 - 7:30 p.m. Bring a picnic, a blanket or chair, and enjoy the show.

FMI, [www.gorhamrec.com](http://www.gorhamrec.com).

## Getting to Know Your Mushrooms

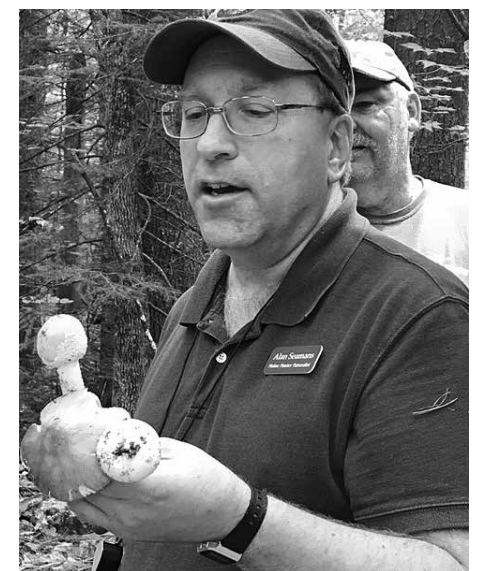
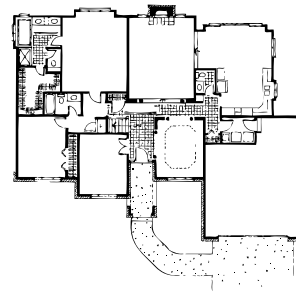


Photo credit Chris Crawford

About 35 people attended a mushroom walk held recently at Presumpscot Regional Land Trust's Black Brook Preserve in Windham. Mushrooms are 92% water, but in spite of the drought, the group saw a wide sampling of the more than 4000 mushrooms found in New England. They also learned some basics identifying tips. Maine has several toxic species and two deadly ones including the "Destroying Angel." According to the group leader, Alan Seamans of the Maine Mycological Association, the rule is that you must know with 100% certainty before you eat a wild foraged mushroom. "Some toxic varieties are not deadly, but if you eat one, you'll wish you were dead," he cautioned. He also explained how mushrooms are part of a symbiotic relationship with the nearby trees and are an intrinsic part of a healthy forest.

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# Gorham High School Fourth Quarter Honor Rolls 2017-18

**Grade 9 – High Honors**

Grace Bradshaw  
Beck Carrier  
Ava Dolley  
Katherine Downey  
Emily Duncan  
Nathan Eichner  
Campbell Fowler  
Sydney Fox  
Reed Henderson  
MacKenna Homa  
Riley Johnson  
Shannon Lawrence  
Maya Lee  
Tess Libby  
Adele Nadeau  
Emily Paruk  
Alice Peterson  
Skylar Prince  
Molly Rathbun  
Erin Sands  
Delaney Seed  
Nathaniel Smith  
Marissa Wilson

Lydia Gaudreau  
Nolan Gava  
Mary Gawlick  
Brandon Gordon  
Stephen Graham  
Stacey Hakizimana  
Devyn Harrington  
Hannah Heady  
Catherine Higgins  
Sia Hyson  
Henry Jensen  
Richard Jiang  
Benjamin Johnson  
Sophia Kaufman  
Evan Koenig  
Isabelle Kovacs  
Katherine Kutzer  
Joshua Labrie  
Sophie Lachance  
Sadie LaPierre  
Mason Laskey  
Alexander Leary  
Zakaria Lembarra  
Christopher Lewis  
Griffin Loranger  
Nateira Ly  
Kylie Mathieson  
Cadence Mercado  
Olivia Michaud  
Kaylyn Migliorini  
Kayleigh Mitchell  
Kathryn Morin  
Claire Munkacsi  
Molly Murray  
Ryan Murray  
Grant Nadeau  
Emmeline Nelson  
Liam Nickerson  
Bradley Parker  
Brooke Phillips  
Samuel Pritchard  
Caitlin Randall  
Braedyn Richardson  
Cassidy Rioux  
Morgan Roast  
Devin Robichaud  
Eva Rodrigue

Sophia Sawyer  
Cody Smith  
Madigan Thibodeau  
Xander Tillman  
Benjamin Tukey  
Alison Walker  
Bailey Wentworth  
Amelia Yahwak  
Wesley Young

**Grade 10 – High Honors**

Anthony Booth  
Madison Firmin  
Ethan Mercier  
Peyton Morton  
Camden Sawyer  
Madisen Sweatt

**Grade 10 – Honors**

Ethan Allen  
Grace Andrews  
Carson Battaglia  
Elizabeth Blanchard  
Laura Bolduc  
Jordan Bretton  
Haley Burns  
Neila Cairnduff  
Emma Callahan  
Evan Chambers  
Lane Charlton  
Vicky Chen  
Brandon Chhoeung  
Colby Christakis  
Jack Collins  
Julie Cooper  
Emily Crepeau  
Tatyana Cruz Thompson  
Kasey Cummings  
Garrett Devoe  
Faith Dillon  
Connor Donnelly  
Ryan Doughty  
Molly Eaton  
Isabelle Emerson  
Ryan Gaudreau  
Kevin Goodnow  
Lauren Green

Bryce Gurney  
Jacqueline Hamilton  
Maeve Higgins  
Ashleigh Hotham  
Erin Hume  
Paige Hume  
Nolan Irish  
Katarina Jenkins  
Elyssa Johnson  
Aaron Jones  
Cortnie Jones  
Sarah Juskiewicz  
Iris Kitchen  
Henri Kuntz  
Lucas LaMontagne  
Haley Lowell  
Nolan McCullough  
MacAllister Moss  
Anna Nault  
Lindsey Nygren  
Abigail O'Brien  
Samuel Orlando  
Kyle Ouillette  
Emma Owens  
Marin Perry  
Ava Pitman  
Lauren Preis  
Ryan Reno  
Andrew Rent  
Peter Richards  
Seth Richardson  
Margaret Rimkunas  
Gianna Romatis  
Veronica Steiner  
Julia Sturgis  
Kiana Tracey  
Katrina Tugman  
Lydia Valentine  
Samuel Waggoner  
Alana Weed  
Monica Willey  
Quinn Young  
Jacob Zelmanow

Grace Andrews  
Carson Battaglia  
Elizabeth Blanchard  
Laura Bolduc  
Jordan Bretton  
Haley Burns  
Neila Cairnduff  
Emma Callahan  
Evan Chambers  
Lane Charlton  
Vicky Chen  
Brandon Chhoeung  
Colby Christakis  
Jack Collins  
Julie Cooper  
Emily Crepeau  
Tatyana Cruz Thompson  
Kasey Cummings  
Garrett Devoe  
Faith Dillon  
Connor Donnelly  
Ryan Doughty  
Molly Eaton  
Isabelle Emerson  
Ryan Gaudreau  
Kevin Goodnow  
Lauren Green

**Grade 11 – High Honors**

Kyren Bettencourt  
Caitlin Chasse

Maiya Christiansen-Carlson  
Brandon Cummings  
Caroline Dowdle  
Spencer Keating  
Matilda McColl  
Libby Mitchell  
Anna Rathbun  
Alice Riiska  
Simon Roussel  
Leah Scontras  
Ian Stultz  
Sarah Walker  
Erin Wentworth  
Brooke Woodbury  
Bruce Wyatt

**Grade 11 – Honors**

Maggie Aube  
Fatima Batool  
Aaliyah Biamby  
Lexa Bibeau  
Courtney Brent  
William Burns  
Isabel Courtney  
Angelana Darling  
Ryan DeSanctis  
Brittany Desjardin  
Julia Downey  
Jacob Dupuis  
Riley Ferrigan  
Gabriella Gagne  
Avery Germond  
Trevor Gray  
Brinn Hall  
Jeremy Harris  
Joshua Hayward  
Autumn Heil  
Mackenzie Holmes  
Kasey Jiang  
Isabella Jones  
Evelyn Kitchen  
Libby Knudsen  
Ella LeBlanc  
Abigail Leonard  
Griffin Lord  
Lydia McCrillis  
Rowan McDaniel

Harris Milliken  
Evan Morrell  
Hailey Morrill  
Gretchen Muehle  
Margaret Munkacsi  
Kathryn Nason  
Thomas Nelson  
Katherine O'Donnell  
Gage Oakes  
Olivia Paruk  
Samuel Pocock  
Samantha Robichaud  
Samantha Rockwell  
Colette Romatis  
Callie Russell  
Hallie Shiers  
Sara Slager  
Caelyn Smith  
Sarah Stevens  
Grace Terry  
Ellianna Towns  
Jayde Trafton  
Melanie Wright  
Mackenzie Young

**Grade 12 – High Honors**

Caitlyn Beaulieu  
Courtney Cushing  
Aaron Farr  
Meadow Fortier  
Kaitlyn Jodoin  
Emelia Nejezchleba

Alexander Ousback  
Sean Pocock  
Bridget Rossignol  
Madeline Rossignol  
Jonathan Scribner

**Grade 12 – Honors**

Asal Bahmani  
Clayton Basingthwaite  
Hannah Believeau  
Jessica Bennett  
Vanessa Berrill  
Hayley Bickford  
Lindsey Boylen  
Emily Chapin  
Anthony Chase  
Marisa Collins  
Bennett Donohue  
David Drew  
Benjamin Eichner  
Olivia Garand  
Kate Gilbert  
Emily Goriss  
Brooke Greatorex  
Andrew Harjula  
Shayla Harris  
Maxwell Harvey  
Saoirse Herlihy  
Garrett Higgins  
Madison Hinchler  
Virginia Hugo-Vidal  
Sarah Johnson

Heather Jordan  
Ryan Kaczmarek  
Kyle King  
Karalyn Kutzer  
Samantha Langevin  
Shelby Leach  
Grace Libby  
Hannah Libby  
Zachery McGouldrick  
Angelina Meserve  
Madison Mitchell  
Camryn Morton  
Emily Murray  
Benjamin Nelson  
Deidra Perreault  
Megan Polchies  
Lucas Roop  
Clara Santos  
Asma Sayed  
Anna Slager  
Josephine Smith  
Owen Smith  
Stefan Street  
Nora Susi  
Claire Valentine  
Abigail vanLuling  
Rylie Wareham  
Simeon Willey  
Jacob Yahm  
Emaan Yaqub

**GMS Honor Roll:** To view the Gorham Middle School honors and high honors for the fourth quarter of 2017-18 use this live link ([https://docs.google.com/spreadsheets/d/1RITOS\\_eCKEY5-MeFl\\_o5vWm3kZ7X8N-syzIWMKQzH4/edit?ts=5a983a5b#gid=0](https://docs.google.com/spreadsheets/d/1RITOS_eCKEY5-MeFl_o5vWm3kZ7X8N-syzIWMKQzH4/edit?ts=5a983a5b#gid=0)). Please contact the middle school office if there are any errors and they will be fixed quickly. The honor roll will also be posted on the school's webpage.

## North Yarmouth Academy Honor Roll for Second Semester 2017-18

Grade 6 – Highest Honors: Madison Miers

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# Gorham Cheverus Graduates

The following Gorham residents graduated from Cheverus High School on June 4 at Merrill Auditorium. *Courtesy of Cheverus High School*



**Benjamin Adams**, son of John and Helene Adams, graduated magna cum laude and will attend the University of New England.



**Molly Arey**, daughter of Maureen and Sean Arey, graduated magna cum laude and will attend the University of Maine at Orono.



**Benjamin Bellatoni**, son of Charles and Deborah Bellatoni, graduated summa cum laude and will attend Rochester Institute of Technology.\*\*



**Megan Caruso**, daughter of Travis and Anne Marie Caruso, graduated cum laude and will attend High Point University.



**Taylor Morrisseau**, daughter of Jill Morrisseau, will attend Mass College of Pharmacy & Health Sciences.



**Patrick Schnupp**, son of Joachim and Kristine Schnupp, graduated cum laude and will attend University of Akron.



**Anna Smith**, daughter of Ronald and Laura Smith, graduated magna cum laude and will attend the University of Southern Maine.



**Siena Zerillo**, daughter of Timothy and Shane Zerillo, graduated cum laude and will attend Saint Anselm College.

\*\* Benjamin Bellatoni was a member of the National Honor Society. He was the recipient of The Rev. Pedro Aruppe, S. J. Award/J.S.N. Award and fulfilled the requirements for a STEM distinction.

**GHS GRAD NEWS:** If you, or your son or daughter is a GHS graduate, we would like to share your achievements in the Gorham Times Of Interest section or in a Where Are They Now feature. Of Interest submissions should include the year of GHS graduation and should be no longer than 75 words. Contact Chris Crawford at [ckck5@maine.rr.com](mailto:ckck5@maine.rr.com), Kathy Corbett at [kcorbett@aol.com](mailto:kcorbett@aol.com) or Cindy O'Shea at [coshea2@maine.rr.com](mailto:coshea2@maine.rr.com).



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# Graduates Send Message to Arrive Alive

GORHAM TIMES STAFF

Gorham High School graduates Breana Verrill, Bridget Rossignol, and Alexis Fotter were named winners of the 14th annual Arrive Alive Creative Contest, sponsored by the Law Offices of Joe Bornstein.

Students were asked to come up with a creative message about the dangers of drinking and driving and/or distracted driving.

Verrill, Rossignol, and Fotter won first, second, and third place respectively for their essays depicting how the decisions drivers make can negatively impact the lives of their family and friends. They were honored among the top 20 winners statewide at an award ceremony on June 13.

The Arrive Alive Creative Contest is open to graduating high school seniors in Maine who may choose to enter a creative project of their choice. First place winners received a new laptop, and second and third place winners received a new iPad. In addition, every student who entered received fun prizes from the law firm.



*Courtesy of Law Offices of Joe Bornstein*

Bridget Rossignol (left) and Alexis Fotter were honored recently as winners of this year's Arrive Alive Creative Contest. Missing: Breana Verrill.

Since 2004, over 800 graduating seniors have entered the contest from 120 Maine high schools. A complete set of rules and all past winning entries can be viewed online at [www.arrivealivecreativecontest.com](http://www.arrivealivecreativecontest.com) or on Facebook.

Over the past 14 years, the Law Offices of Joe Bornstein have given away over \$130,000 in prizes to help educate teenagers on the risks of dangerous driving. The firm's dedication to the Arrive Alive Creative Contest made them a finalist for the American Association for Justice Trial Lawyers Care Award in 2014.



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## Gorham House Scholarship

The Resident Committee raised \$2,000 for their Scholarship Fund. Congratulations to our local students majoring in Health Care:

**Emily Figucia from Westbrook was awarded \$1,200**  
**Katie Woods from Gorham was awarded \$800**

We wish them the best of luck in College!

*The Scholarship Committee: Bill Wise, Elizabeth Fraser, Joyce Kovalick and Shirley McKeith*



# GMS Chorus Takes Platinum



Photo credit Betsy Nygren

At the end of the school year, the Gorham Middle School (GMS) Chorus participated in the Great East Festival in New Hampshire. The Chorus received a score of 95 out of 100 and a platinum rating. This is the highest score the GMS Chorus has ever received. After the festival, they spent the afternoon at Canobie Lake Park celebrating their performance and year of hard work. The GMS Chorus is under the leadership of Tracy Williamson, GMS music teacher and choral and steel band director.




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*Gorham House thanks Moody's Auto Body for donating the use of their Event Center for a 10 week Psychiatric Training Program. It is truly appreciated!*

*An extra thank you to: WB Mason and Medline for donating supplies and wonderful lunches.*

**SCHOOL**

# Increasing Awareness of Vaping and Juuling

ZACHERY MCGOULDRIK  
GHS Student Intern

Gorham High School (GHS) teacher Sarah Drury, in conjunction with GHS social worker, Claudine Emerson, felt that there was more to vaping and juuling that needed to go beyond the allotted school time and material in the required health class at GHS. Vaping, or juuling, means to inhale the vapor produced by an electronic cigarette or similar device.

The teachers created several presentations on the topic: one for parent awareness, which was presented on April 25, and another for students to attend during the school day. Both presentations had similar information on enhancing understanding of the devices themselves and their harmful effects.

The presentation included more basic information about the different types of "E-cigarette," which include

juuls and pods, Box Mods, and Vape pens with e-juices, and how to identify each.

Drury acknowledged the difficulty of identifying them, specifically juuls, because of their resemblance to a thumb drive. As far as health effects, Drury added that there is a lack of evidence related to long-term use, however, lack of oversight by the FDA has and continues to create confusion as to what chemicals are used.

Drury also spoke on parental concerns of nicotine exposure and the different effects these devices can have on the adolescent brain. The parent presentation had additional information on "Talking Tips" for parents which included starting conversations, fielding questions that children may have, and encouraging more talking, all of which help the general public stay more informed on the topic and the potential dangers associated with it.

# GEF Funds Local Author Visit



Photo credit Sarah Rosingana

Village School welcomed the month of May with a Maine Author visit from Lynn Plourde whose two-day event included the sharing of her books as well as hosting small group sessions per grade level. In small groups, she discussed reading, how her book illustrations were created, and writing inspirations. Many themes tied into the Gorham Schools' Code of Conduct, kindness, and acceptance of others. Village School students were invited to bring in their own books and Plourde graciously signed them on the last day of her visit. Mrs. Penley, fifth grade teacher, along with everyone at Village School, would like to thank the Gorham Educational Foundation for making this wonderful event possible. You may learn more about the wonderful books from Plourde by visiting [www.lynnplourde.com](http://www.lynnplourde.com).

**SPORTS**

# Gorham Times Golf Team— Oh So Close!



Photo courtesy of Maynard Charron

Maynard Charron, Scott Burnheimer, Ed Ricker and Russ Frank (shown left to right), playing for the Gorham Times golf team, competed in the Gorham Business Exchange Scramble at Gorham Country Club on Saturday, June 23. They didn't win but came close. A little more practice and they should be good to go for next year.

# Correction

In the June 28 issue, we identified the wrong person as the SMAA champion in the 1600 M girls' race walk. Stefanie Meacham won that event. The incorrect information was provided to the Gorham Times. We regret the error.

If you have a sports event you would like to share, email [gtimeessports@gmail.com](mailto:gtimeessports@gmail.com)

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**GORHAM \$345,000** - Remarkable 3BR, 3ba condo offers 1st floor living. Upgraded throughout! This end unit has a front porch, 4 season room, private rear patio, full bsmt, & garage.



**SOLD**

**Lot #1 Dolloff Rd \$246,800** - This 28x40 stick built ranch in Standish offers 3BR, 2 ba, master suite w/ a private bath & walk in closet. HW & tile flrs in common areas. Private 2.77 acre lot.



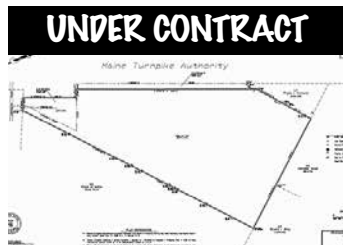
**NEW LISTING**

**BETHEL \$59,900** - New Englander style building offers two open floors for many possibilities, newer circuit breaker panel, replacement windows, public water and septic system being sold "as is".



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**SCARBOROUGH \$169,900** - A 55 or better community. This Burlington home features master suite w/ full bath, spacious kitchen, dining room, living room, screened porch & attached 1 car garage.



**UNDER CONTRACT**

**GRAY \$108,500** - Excellent opportunity to own 35 ac, conveniently located. The driveway is installed back to a nice building site. Per town option to subdivide into two lots.



**REDUCED**

**WELDON \$274,900** - Year round cottage on Webb Lake. Open concept with sleeping loft. Spacious deck, garage/workshop & bathroom. Comes completely furnished.



**SOLD**

**9 Lewis St #3B \$249,900** - This Portland Condo features 823sqft w/ granite kitchen, 1BR w/walk-in closet, 1 ba, in-unit washer/dryer, LR w/cathedral ceilings & wood floors throughout.



**SOLD**

**30 Ridgefield Dr \$365,000** - Gorgeous Gorham Windsor style end unit w/ 3BR, 3 full ba, full bsmt & garage. Excellent location with sidewalks to Gorham Village.



**UNDER CONTRACT**

**BUXTON \$194,500** - Solid 3BR, 1.5ba home offering 1757sqft of living space with a detached 24x32 garage/workshop. Convenient 1 acre setting.



**REDUCED**

**WINDHAM \$235,900** - This well maintained 3BR ranch is situated on 1.84 private acres. Spacious eat-in kitchen boasts SS appliances & a beautiful knotty pine cathedral ceiling open to living area.



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# GYBSA Champs



Photo credit Angela DiPhilippo

Gorham's U12 girls' team moved over to Little League just this year and played in its first District 6 Tournament. After beating Yarmouth and South Portland, they lost to Windham which placed them in the loser's bracket. The girls went on to beat Scarborough, Westbrook, and Portland to advance to the Championship round where they had to beat Windham twice. After hard fought games and incredible pitching, they went on to win their first District 6 championship. The State tournament followed in Machias, and Coach Dave Quintal said, "The first game we beat Bangor 20-4. Next up was a tough York team. The girls battled against probably the best pitcher we saw all year." While losing the next two games, Quintal praised the girls, "They had an incredible run throughout and I think they just had one bad day at the end where they just couldn't get it going. These girls are a very talented group who had to come together very quickly and play a lot of very good teams. As coaches, we couldn't be any more proud of how well they played! Not just individually, but as a team as well." Pictured (left to right): Back row: Coaches Keith Cloutier, Dave Quintal and Troy Thibodeau. Back row: Miranda Chasse, Kaci Mollison, Abby Cloutier, Amber Bretton, Zoe Diffin, Lily Tukey, Kyleah Mack, Andi Cloutier, Payton Thibodeau, and Jordan Genate. Front (kneeling): Makayla Quintal and Sophia DiPhilippo.



Photo credit Mia Ballard

Gorham's U12 All-Star Boys went far in the District 6 Tournament finally succumbing to Yarmouth for their second loss. Pictured (left to right): Bottom row: Mal Scribner, Jack Karlonas, Mason Finck, Brady Arsenault, Owen Spera, and Josh Polchies; Top row: Coach Travis Whitehead, Isaac Young, Quinn Dillion, Owen Ballard, CJ Whitehead, Caden Smith, Wyatt Nadeau, Noah Flynn, Coach Jim Dillion, and Coach Lee Smith.



Photo credit Natasha Jordan

It was a sad ending to a great season for the U10 Gorham Boys All-Stars in the district championship. They lost a key player, Hunter Finck, to an ankle injury (non-sports related) and the team had to rearrange positions the day before the championship. South Portland played extremely well and came out on top winning 9-0. While a few tears were shed, mostly great memories were made and solid sportsmanship displayed by both teams as they congratulated one another and passed out awards to each other. Pictured from left to right, Back row Coach Skolfield and Coach Jordan; Middle Row: Devin Antonya, Owen Beaumont, Darek Lou, Garret Poulin, and Colby Drew; Front Row: Colby Jordan, Logan Foley, McGavin Turner, Izak Stevens, Hunter Finck, Cooper Whitehead, and Coach Drew; Ground: Antoine Dube and Casey Skolfield.



Photo credit Katie Rosingana

The Gorham U10 Girls All-Star season came to an end after an 8-0 loss to South Portland in the District 6 Softball All-Stars on June 29. The girls had a great run, developing their skills on the field and in the dugout. The team placed 7th at the end of the season. Pictured: Back row (L to R): Sarah Rosingana (black jacket), Madisson Willey, Addison Rush, Logan Doughty, Alexandria Risbara, Emily Fluet, Hadley Foster, Layla Gillihan, Winnie Dubail, and Zoe Dellinger. Front row (L to R): Lucy Dubail, Brooklyn Spearin, and Terra Rioux.

# Gorham Fighter Duncan Smith at the Crossroads of his Career

DESTINY COOK  
Sports Editor

Local MMA (Mixed Martial arts) fighter Duncan "The Highlander" Smith has always enjoyed Martial arts, though he began his training after he graduated from high school in 2011. In 2014 he had his first fight against the 2nd ranked Welter Weight (170 lb) fighter in New England at the time. Smith said, "We had a good fight but I lost via Rear Naked Choke Submission. Then life happened..." Duncan said he had a few fights afterward with mixed outcomes, but within six months, there were multiple events happening in his life that forced him to change his focus.

For anyone, the birth of a child certainly is a game changer. However, for the Gorham resident and his girlfriend Sarah Claire Day (GHS '09), it was almost life changing. Their son Quinten

was a NICU baby. Smith almost lost both Day and the baby during the birth. He shared, "I had two fights around this time that I lost. Then my brother, at 17 years old, had a stroke which again shook up my world."

This past April he made his debut for New England Fights, Maine's Premier MMA League. He said, "My first fight for the company, I secured a standing guillotine choke and was able to put my opponent completely unconscious." This was a first for him, and it earned him the opportunity to compete for the promotions vacant 170 lb Amateur Title. The fight was against Carlton Charles on June 16 at Aura in Portland. Charles was a former University of Maine football star and was heavily favored to win. Smith stated, "This fight was really mentally draining for me. The week before I had a panic attack thinking of it."

When the time came, Smith, aka

"The Highlander," said he was scared, but when the cage door closed, the nerves left. Smith won via Rear Naked Choke Submission in 1:21 of the 4th Round. He is currently 3-2, and is at the point where he is ready to make the jump to pro.

In sports such as baseball or basketball, you get to the pros through scouting and being drafted. Smith shared, "In combative sports (MMA, Boxing, Kickboxing) the only way to go pro is directly in the individual's hands and people very commonly make this jump too soon." He has chosen to have fights where he's not getting paid, but gaining valuable experience. "I'm hoping to stay healthy and start down the path towards the Ultimate Fighting Championship," he said.

When asked what his mother Abinair thought of him fighting professionally, he said, "My mother supports

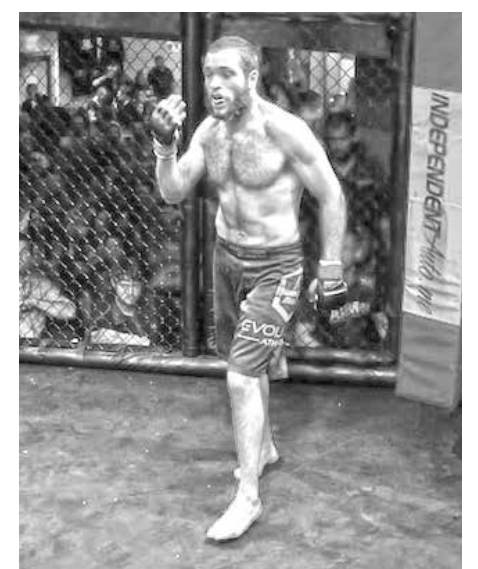


Photo credit James Allen Walker

Duncan "The Highlander" Smith defeated Carlton Charles at the NEF Home of the Brave Event at Aura on June 16.

CONTINUED ON PAGE 14

# TD Bank Raises Money and Awareness for Special Olympics

DESTINY COOK  
Sports Editor

Every year TD Bank locations up and down the east coast raise money for Special Olympics over a six-week period. Each branch holds different fundraisers from pizza or ice-cream sales to corn hole tournaments.

One special event is to select Special Olympic athletes and their "Champions" to appear on a trading card. The cards are distributed at all TD Bank locations and sold with the goal of raising money for Special Olympics.

This year, Lisa Bird of Special Olympics Maine, said, "Maine was fortunate to have four athletes

and their 'Champions' selected to appear on cards." She added, "TD Bank in Gorham hosted a special trading card reveal/signing day for local athlete Evan Morrell and one of his Unified partners, Sarah Stevens, as well as Special Olympic athlete Jen Meserve from Waterboro." The "trading card celebrities," as

Bird put it, had a chance to see their cards and have an autograph signing for customers and employees who made donations to Special Olympics.

The annual TD Bank campaign typically raises close to \$40,000 for Special Olympics Maine. Donations can still be made at your local TD Bank through the end of July, and results will be posted shortly after.

ONE SPECIAL EVENT IS TO SELECT SPECIAL OLYMPIC ATHLETES AND THEIR "CHAMPIONS" TO APPEAR ON A TRADING CARD. THE CARDS ARE DISTRIBUTED AT ALL TD BANK LOCATIONS AND SOLD WITH THE GOAL OF RAISING MONEY FOR SPECIAL OLYMPICS.



Photo credit Lisa Bird, Special Olympics Maine

Evan Morrell (GHS '19, front right), Special Olympic Athlete Jennifer Meserve (Waterboro, front left), and Unified basketball "Champion," Sarah Stevens (GHS '19, second from right in back row) were joined by TD Bank employees during a recent trading card campaign on June 25.

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### OF INTEREST

**Summit Community Church will be holding a "Yardsale With A Purpose" on Saturday, July 28, from 9 a.m. – 2 p.m. at 53 County Rd. in Gorham.** All proceeds will be used to support anti-human trafficking causes and trafficking survivors in Maine. Donations will be gratefully accepted and can be mailed to Summit Community Church, 53 County Rd, Gorham, ME 04038. FMI [belder2968@aol.com](mailto:belder2968@aol.com)

**The Gorham Lions Club continues its tradition of inviting classic car owners and enthusiasts to join the Club on Sunday, July 29,** at the Gorham High School Parking Lot, for its 11th Annual Car Show from 6:30 a.m. to 2 p.m., rain or shine. Twenty-one divisions of classic cars, hot rods and trucks will receive 1st, 2nd and 3rd prizes with judging done by the participants. Spectators are invited at no charge but donations for Lions charities are gratefully accepted. Food and beverages will be available from Troop 73 of the Gorham Boy Scouts, and a local DJ will provide music. FMI 929-9182.

**The Gorham Fire Department is sponsoring an All You Can Eat Pancake Breakfast on Sunday, August 5, from 7 a.m. - noon at the Fire Dept. in support of K-La Scott.** \$8/12 and over, \$5/ages 5-12, kids under 5 free. Scott, 22, was the only survivor of a car accident in which four others were killed. She suffered serious injuries and has ongoing medical expenses for rehabilitation treatment. K-La's father Matt Scott has been a firefighter/EMT with Gorham for the past 20 years and K-La was a junior firefighter when she was in high school.

**PRLT will offer "Intro to Paddling the Presumpscot for Families" on Saturday, August 18, from 1-2 p.m.** Join us at Shaw Park on the Sebago to the Sea Trail, where boats will be available for rent. We will provide a one hour lesson on how to paddle flat water. This event is part of our new family friendly programs initiative and is designed for kids aged 6-15 years old. Following this will be the Paddling the Presumpscot program below. This event is free, but registration is required due to limited space. To RSVP go to <https://www.prlt.org/event-signup-intro-to-paddling>

**PRLT will offer "Paddling the Presumpscot" on Saturday, August 18, from 2-4 p.m.** Hop in a canoe or kayak to spend a warm summer afternoon exploring the nature and history of the Presumpscot River from the water. We will be meeting at Shaw Park on the Sebago to the Sea Trail, where boats will be available for rent. This event is free, but registration is required due to limited space. To RSVP go to <https://www.prlt.org/event-signup-intro-to-paddling>

**The Gorham Food Pantry is collecting school supplies** including new or gently used backpacks or lunch boxes to give clients and their children a good start to the upcoming school year. Items can be dropped off in the deck bin any time over the next couple of weeks.

**The Baxter Museum, boyhood home of James Phinney Baxter, is open for visitors on Tuesdays and Thursdays from 10 a.m. to 1 p.m.** or by appointment during June, July and August. The museum has artifacts from Gorham residents and pieces from the Baxter family. Admission is free but donations are welcome. FMI, 839-3878.

### SENIOR PROGRAMS

**The Gorham Medical Closet** located at the Municipal Center 75 South St is free and available to Gorham residents in need of portable wheelchairs, shower seats, commodes, walkers, canes and more. FMI 839-3859, 329-4976, 632-2178, 839-3630, 839-2484, 839-3228, 839-6682, or 839-3494, 839-6450.

**Lakes Region Senior Center**, located at the Little Falls Activity Center, 40 Acorn St. is open Monday through Friday from 9 a.m. to 1 p.m. Join them daily for coffee, tea, and socializing. Ongoing daily activities include Mahjong on Mondays – beginners welcome. FMI, Diane 892-9529; Tuesday crafts and card games. FMI, Avis 892-0298; The Memoir Writing Group meets the last Wednesday of the month. FMI, David 892-9604; Thursday Table games at 10 a.m. and Friday Art Workshop at 9 a.m. FMI 892-0299.

### ON-GOING EVENTS

**Gorham Cancer Prayer and Support Group** meets the first Tuesday of every month at the Cressey Road United Methodist Church, 81 Cressey Rd. from 6-7:30 p.m. This monthly non-denominational event is a prayer and support group for anyone dealing with cancer including patients and caregivers.

**The Gorham Food Pantry**, located at 299-B Main St (parking lot of St. Anne's Catholic Church) is open every Thursday morning from 9-11 a.m. and the second and fourth Wednesday of every month from 6-7 p.m. Free for Gorham residents in need. FMI, 222-4351 or visit [www.gorhamfoodpantry.org](http://www.gorhamfoodpantry.org).

### CLOSE TO HOME

**Haddock Supper, Saturday, July 28, at 5 p.m., Living Waters Church**, Parker Farm Road. Buxton. Suggested donation: Adult: \$8, Child: \$4, Family: \$20. FMI 207-329-0753

**Scarborough Free Baptist Church, 55 Mussey Rd., will hold a homemade bean supper on August 4 from 4 to 6 p.m.** Two kinds of beans and hot dogs, chop suey, cole slaw, biscuits, brown bread and dessert. Half of the proceeds will go to the Youth Group trip to Kentucky. FMI, 423-5851.

## Gorham Fighter Duncan Smith CONTINUED FROM PAGE 12

me, but she can't come to the fights after the first one she watched. It's too emotional for her. The only fight she went to, security almost asked her to leave because she was too close to the cage!" He also said, "I'm very grateful for the chances she's given me."

Smith offered some advice to anyone who might be considering taking a shot at becoming a fighter. "Everyone should train Martial arts, specifically Brazilian Jiu Jitsu. I train

out of Southern Maine Brazilian Jiu Jitsu in Scarborough. Not everyone is going to want to fight but if you do, keep at it! Train smart! And always upgrade your software without damaging your hardware!"

His fights, trainings and tutorials can be found on Youtube under "Duncan The Highlander." He is currently working on sponsorships so that he may devote more time to training.

the *Courtesy of the Gorham Police Department*  
**blotter**

**DON'T WORRY, BE HAPPY**

**Officer responded to a 911 call from Autumn Brook Way. Parties appeared intoxicated and both denied calling 911. They appeared happier than usual and did not need rescue or police services.**

Officer responded to report of domestic disturbance on Main St. There was not a disturbance but a woman was having a panic attack.

Gray Road caller had concerns as her TV and phone were making strange beeping noises. Nothing suspicious was found. She was advised to contact her cable and phone providers.

Wood Road caller wanted to report that the neighbor's kid had put a 2x4 under the fence. He put it back on neighbor's property.

Caller reported being approached by two males inside a store who asked if she was interested in discussing religion. When she told them she was not, they left the store.

Johnson Road caller reported a missing chicken.

Officer responded to a call of threats made by three girls on Buck St. No threats were made but it was clear the girls did not like each other. Officer told them to stop interacting and associating with each other on social media.

Suspicious person parked on Main St. told officer she was an Uber driver and was resting.

Caller reported getting prank and rude calls from the same number. Officer called and spoke with a male who refused to provide his information. He was told to stop prank calling the business.

White Birch Lane caller reported a theft. When officer arrived, her son had returned her cards and she did not want to press charges.

Officer responded to a domestic violence assault call. There was no physical contact except incidental contact with a flip flop and a splash of liquid.

Male on Ossipee Trail was given a warning for urinating in public.

Caller wanted an officer to put down a skunk that was walking lethargically on her gazebo. Skunk did not appear to be rabid. Caller was given information on pest control services.

Suspicious person on Weeks Road was blowing off a little girlfriend steam. He may have been showing off to his buddies as well.

Officer restored peace following a disturbance on Dingley Spring Road. Man calmed down and said he would behave.

Male on Ossipee Trail was trying to get a phone charger or use a phone as he was trying to get to Steep Falls and walked here from Portland. He borrowed a phone but could not reach anyone. Officer gave him a ride part of the way and Cumberland County Sheriff's Office gave him a ride home.

Suspicious person on Dewayn's Way was a cell phone company tech doing an upgrade.

**Bier Cellar** CONTINUED FROM PAGE 3


breweries self-distribute, requiring him to build strong relationships with not only distributors, but many small breweries as well. The Bier Cellar is "as much a relationship management business as it is retail." The same is true with building loyal customer relationships, which he nurtures using social networks such as Facebook and Instagram. "I've found that my older customers use Facebook, while my younger ones rely on Instagram," he noted.

The new Gorham location has also positioned the Bier Cellar well within the ever-growing Maine beer tourism phenomenon. With Sebago's new

destination brewery practically across the street and two growing breweries, Mast Landing and Lone Pine, nearby, many of these tourists and beer buses pass by the store every day. Already almost 40% of "big sales" at the Portland store are by out of state visitors stocking up on Maine beers to take home. The same will likely hold true in Gorham. That is, unless the many local craft beer enthusiasts don't get them first.


The Bier Cellar is open Tuesday-Friday from 12-8 p.m., Saturday from 11 a.m.-7 p.m. and Sunday from 12-6 p.m. To learn more, call (207) 558-2094 or visit [www.biercellar.com](http://www.biercellar.com).

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**CALENDAR**

**THURSDAY JULY 26**

- Art in the Park, 10:30 a.m. – 12 p.m. Baxter Memorial Library
- Let's Talk Food & Family, 6 – 7 p.m. Baxter Memorial Library
- Baxter Museum open for visitors 10 a.m. – 1 p.m. or by appointment. FMI 839-3878

**SATURDAY JULY 28**

- Yardsale with a Purpose, 9 a.m. – 2 p.m. at Summit Community Church, 53 County Rd. Gorham. FMI [belder3968@aol.com](mailto:belder3968@aol.com)
- Greater Gorham Farmers Market, 8:30 a.m. – 12:30 p.m. South Street Gorham

**SUNDAY JULY 29**

- Lions Club Annual Car Show, 6:30 a.m. – 2 p.m. Gorham High School parking lot. Rain or shine.

**MONDAY JULY 30**

- ST-ART, 10 -10:30 a.m. Baxter Memorial Library

**TUESDAY, JULY 31**

- Gazebo Concert: Don Roy Trio, 6-7:30 p.m. Next to Baxter Memorial Library.

**THURSDAY AUGUST 2**

- Art in the Park, 10:30 a.m. – 12 p.m. Baxter Memorial Library
- Baxter Museum open for visitors 10 a.m. – 1 p.m. or by appointment. FMI 839-3878

**FRIDAY AUGUST 3**

- Crafternoon, 1-3 p.m. Baxter Memorial Library

**SATURDAY AUGUST 4**

- Greater Gorham Farmers Market, 8:30 a.m. – 12:30 p.m. South Street Gorham

**SUNDAY AUGUST 5**

- Pancake Breakfast Benefit for K-La Scott, 7 a.m. – noon. Gorham Fire Dept.

**TUESDAY AUGUST 7**

- Turtles and Tomatoes with Cathryn Falwell, 10-11 a.m. Baxter Memorial Library
- Baxter Museum open for visitors 10 a.m. – 1 p.m. or by appointment. FMI 839-3878
- Gazebo Concert: JC & the ACES, 6-7:30 p.m. Next to Baxter Memorial Library.

**WEDNESDAY AUGUST 8**

- Minute to Win It, 1 – 2 p.m. Baxter Memorial Library

**NEXT GORHAM TIMES DEADLINES:**  
**AUGUST 1**  
**AUGUST 15**  
**AUGUST 29**  
**SEPTEMBER 12**

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