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South Street Paving Update

LESLIE DUPUIS
Editor

South Street (Route 114) paving between Weeks Road and Main Street continues this week after a short break leading up to Labor Day weekend. The work will be done overnight. While there is an additional cost for doing work at night, according to Ted Talbot of the Maine Department of Transportation (MDOT), limitations were listed in the contract when the project was bid so these were anticipated costs and included within the original contract price. Those restrictions do not allow lane closures between 7 a.m. to 7 p.m. from Main Street to Robie Street based on traffic volumes.

Commuters do have the option to utilize the bypass to avoid that section of town, and the MDOT encourages people to take alternate routes to prevent delays, however, Talbot said most of the traffic on South Street is either coming from Fort Hill Road, Main Street East or is heading to Main Street from the South to conduct business in town. This traffic would not be using the bypass anyway.

Some residents have questioned the quality of the overlay from the bypass on South Street to Weeks Road which was completed mid-August. Talbot confirmed that the first pavement lift is just a shim course to address any deficiencies in the existing roadway. This will be followed by a final lift of surface pavement. The section that has not yet been paved will also receive a shim course prior to the final lift.



Check Out Our Back to School Photos on Page 8

USM Considers Possible Name Change

KATHY CORBETT
Staff Writer

USM President Glenn Cummings has set in motion a process that could change the name of the University of Southern Maine and more closely identify it with Portland. Although the university was created by a 1970 merger between Gorham State College and the University of Maine at Portland, it has retained a regional identity with campuses in Portland, Gorham, and Lewiston.

Gorham has been a college town since the Gorham Normal School was founded in 1878. When the state teacher's college became part of the Maine University System it was known locally as Pogo. After its name was changed to the University of Southern Maine in 1978, the campus at the center of town continued to expand with new buildings, dorms, and athletic facilities.

Not surprisingly, some Gorham residents have expressed concern about the impact a name change would have on the town and on the university. Gary Johnson, a USM faculty member and Gorham resident, said, "I cringe at President Cummings suggestion because it effectively erases the Gorham and Lewiston campuses from the university's public image."

State Representative Andrew MacLean, however, sees this process as "an opportunity to reimagine not only the name and brand, but the institution's role in shaping Maine's economic future."



Photo credit Leslie Dupuis

"While I don't know how the name change process will play out," President Cummings said, "I do know that USM's commitment to our Gorham campus is steadfast and unwavering." He emphasized that the new Master Plan "includes exciting initiatives to build new housing on the Gorham campus, improve existing buildings there, and develop a new and transformational campus heart."

Robert Stein, USM Executive Director of Public Affairs, told the Portland Press Herald that there has been a positive reaction to the proposed "University of Maine Portland" name and that "a name change

could reflect our growing ties to the city of Portland." The university just received a \$1 million gift to design a new Center for the Arts on the Portland campus.

The administration has hired public relations and marketing research firms to survey perceptions of USM to determine if a name change would increase interest in attending the university, particularly among potential out-of-state students. They will also survey the university community and alumni. Any potential change would involve approval from both the University of Maine System trustees and the Maine State Legislature.

Buxton Man Killed in Bypass Accident

SHERI FABER
Staff Writer

On August 28, at about 5:30 a.m., Jason Bressette, 38, of Buxton, was on his way to work. While on the bypass, between Rts. 202 and 114, about half a mile from the roundabout on South Street, Bressette crossed the center line and went onto the shoulder on the opposite side of the road. He corrected his direction but wound up turning his Ford Explorer in front of a tractor trailer carrying fuel.

Bressette was killed in the accident. The driver of the tractor trailer did not suffer any injuries. Police Chief Dan Jones speculated that

Bressette either fell asleep or was distracted. Neither alcohol nor speed appear to have been factors. Chief Jones noted there was nothing the truck driver could have done to avoid the accident.

The bypass was closed for nine hours after the accident as minor fluid leaks from the engines of both vehicles had to be cleaned up. In addition, the fuel had to be removed from the tractor trailer prior to moving it. DEP was on site to ensure the safe transfer of fuel from the damaged tractor trailer to another vehicle.

The accident is under investigation and being reconstructed by the Gorham Police Department and Maine State Police.

Gorham Sightings



Photo credit Chris Crawford

Do you know where in Gorham this photo was taken? Join our visual trivia discussion by entering your best guess on our Facebook page at www.facebook.com/gorhamtimes or email us at gorhamtimes@gmail.com. The photo in the August 23 issue is the bird feeder at 22 Green St.

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Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

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EDITORIAL POLICY

The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

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Lowering Health Care Costs

SEN. AMY VOLK

Over the last few months, I have heard many people express concerns regarding the ever-increasing cost of medical care and how those costs are cutting into many family budgets. In 2008, Forbes identified medical expenses as the number one reason that Americans file for bankruptcy.

Surprisingly, they found that 78 percent of medical bankruptcy filers were actually insured, debunking the myth that medical bills only financially cripple those who lack insurance.

In 2011, Maine passed health insurance reform that became Public Law 90. Unfortunately, the new law was only in effect for 18 months before being superseded by the ACA. However, in that time Anthem sought to increase rates just 1.7%, as opposed to an estimated 20% if the law had not been on the books. There is little doubt that PL90 reined in the out-of-control costs of individual and small group plans.

Fast forward to today and healthcare costs have only continued to skyrocket. Insurance premiums have regularly increased while the cost of medical services has gone largely unchecked despite sweeping federal regulations.

Mainers can no longer afford to wait for Washington to fix the broken system, however, healthcare has become even more heavily regulated by the federal government than ever. The encouraging news is that there are some things that we can do at the state level to ensure transparency and ease the burden for consumers stumbling under high deductibles.

Believe it or not, information is one of the best ways to lower health care costs. For example, it is frequently cheaper to pay for prescription drugs out-of-pocket than it is to use insurance. The public rarely learns this secret due to "gag clauses" between insurance companies and pharmacies. These communication contracts prevent pharmacists from letting consumers know when a prescription is priced lower than their co-pay. As a result, we unwittingly pay more for prescription medications nearly a quarter of the time (23%).

Paying more than necessary for prescription drugs is troubling for many reasons, particularly since it should be the job of the insurance company's pharmacy benefits manager to negotiate the best price for medications. However, the White House Council of Economic Advisers said in a February report that large pharmacy benefit managers "exercise undue market power" and generate "outsized profits for themselves."

Senator Susan Collins (R-Maine) is addressing this issue at the federal level, but I think it would be worth investigating in Augusta as well. In fact, some states have already adopted laws to make sure pharmacists can inform patients about less expensive ways to obtain their medications, and many more are considering legislation to prohibit gag clauses.

Considering most of us are now paying large amounts of our health care out-of-pocket due to high deductibles, tools such as www.comparemaine.org have become even more important. This website, created under Maine statute, allows consumers to compare the cost and quality of health care services

and procedures before scheduling them so they have the information needed to make the best financial, as well as medical, choice.

Legislation which I sponsored, "An Act to Improve Access to Cost-Effective Health Care Services" was folded into the "Right to Shop" bill and allows out-of-network provider costs to be applied toward a deductible as long as they are less than or equal to state average. This gives you more options on where to receive care.

Pricing transparency injects much-needed competition into the health care marketplace. Studies have revealed great discrepancies in billing rates between facilities in Maine that are geographically close to each other with no correlation between higher pricing and the quality of service. So this new law will be a win-win, as rewarding consumers to shop around will save plans money, and lead to reduced premiums for everyone.

I will continue to look to what other states are doing, as well as to industry leaders for inspiration on how Maine can get a handle on runaway health care costs and look forward to continuing this important work next year.



Amy Volk is serving her second term in the Maine Senate and represents the people of Senate District 30 which includes Gorham and parts of Scarborough and Buxton. She is the Senate Assistant Majority

Leader, the Chair of the Labor, Commerce, Research and Economic Development Committee and is also a member of the Environment and Natural Resources Committee. (207) 287-1505, (800) 423-6900, amy.volk@legislature.maine.gov

Letter to the Editor

Letters to the Editor must be fewer than 300 words, signed with a first and last name, typed or e-mailed and include a phone number. The Gorham Times reserves the right not to publish letters that include personal attacks or inflammatory language. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times and are subject to editing.

Dear Editor,

In response to the letter from the Gilman family last week, I too have met Amy Volk. In fact I have met her entire family and they are all very lovely. However, Amy's politics leave much to be desired. She voted against the medicaid expansion as well as the environmental initiatives proposed in the legislature. Additionally, she voted against the idea of issuing an \$11

million housing bond vote (which was subsequently put on the ballot and passed by the voters.) Her opponent, Dr. Linda Sanborn, has indicated her support of all these issues. Perhaps this is why she was endorsed by President Obama, only one of three Maine candidates to receive the president's support. It's time to do some soul searching in this district.

Tom DiPasqua

Around Town

A reminder that Gorham trash bags and trash bag tags are available at the Town Clerk's Office, Public Works, and Gorham Hannaford, as well as several other locations around town. If residents are unhappy with the quality of the bags they have purchased, they can be brought to the Town Clerk's office for replacement.

Completed nomination papers must be submitted to the Town Clerk's office no later than 1:00 p.m. on Friday, Sept. 7. There are two openings on the Town Council and two openings on the School Board. All positions would be for three-year terms.

NEXT GORHAM TIMES DEADLINE IS SEPT. 12TH

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Reed Allen Community Fund to Host Fundraiser

AL BEAN
Reed Allen Board Member

The Reed Allen Community Fund will host its second annual Casino Night at Spire 29 on Saturday, November 3. All proceeds from the event will help to support local individuals and businesses who have experienced difficult situations and are in need of assistance.

After recovering from a devastating fire that destroyed the Gorham House of Pizza (GHOP) building in April of 2012 and a subsequent cancer diagnosis, GHOP owner Angelo Sotiropoulos decided to start a community foundation dedicated to helping Gorham residents who may not have the financial means nor a similar public standing during times of crises.

The idea of the Reed Allen Community Foundation was born to honor Angelo's good friends John Reed, Angelo's long-time friend and Gorham police officer, and Mark Allen, whose son, Dana Allen, died from cancer in his 20s. The fund has already come to the aid of several people in the community: a young man who had a dirt bike accident who was at risk of losing his home; a brain tumor patient who needed help with travel expenses to receive treatment in Boston; and an employee of the Gorham Fire Department who battled cancer, to name a few. The foundation looks to do more as it builds momentum and funding.

Casino Night at Spire 29 will consist of a silent auction, a live auction, and of course, the opportunity to play various games of chance to qualify for prizes. The doors will open at 6:30 p.m., however, due to State of Maine laws related to gambling and fund raising, all tick-

ets must be purchased in advance. Tickets may be purchased for \$50 each, or "tables" are available for \$500. Complimentary chips to participate in the games of chance are included with your ticket. The event has an overall participant goal of 200 people.

A light buffet and appetizers will be included as part of the admission to Casino Night and a cash bar will be available. The silent auction will conclude at 9 p.m. and winners will be announced with prizes distributed at that time. The live auction will follow and prizes for the games of chance will be announced at 11 p.m.

Participants have a chance to win big: first prize is a \$1,000 travel voucher; second prize wins a \$500 Visa gift card, and third prize claims a \$250 Visa gift card.

Tickets are available at: Gorham House of Pizza, Party Time Rentals, Blue Pig Diner, and Gorham Sand & Gravel. You may also purchase tickets or ask questions by contacting the officers and board members of the Reed Allen Community Fund: President – Mark Curtis, Vice President – Angelo Sotiropoulos, Treasurer – Becky Winslow, and Secretary – Christy Cousins. Board Members: Lisa Allen, Mark Allen, Al Bean, Bruce Hepler, Paul Kennedy, Shawn Moody, Jon Smith and Fotine Sotiropoulos.

Please join us for a great night of fun, entertainment and camaraderie and help raise funds to support your friends and neighbors in need who live and work in the community. For more information about the event, or to stay up to date on future events, visit our website www.reedallen.org and like our page on Facebook, "Reed Allen Community Fund."

Above and Beyond



Photo courtesy of Baxter Memorial Library

Baxter Memorial Library's Trustees and staff honored its Volunteers of the Year, Carlene and John Petersen, on August 22. According to James Rathbun, Baxter Memorial Library Director, the duo (shown with Public Services Librarian Julia Hoisington) always go above and beyond their duties delivering books to homebound patrons, packing items to send out around the state, shelving library materials, and much more. Thank you, Petersens!

GHS GRAD NEWS: If you, or your son or daughter is a GHS graduate, we would like to share your achievements in the Gorham Times Of Interest section or in a Where Are They Now feature. Submissions should include the year of GHS graduation and should be no longer than 75 words. Contact Chris Crawford at ckck5@maine.rr.com, Kathy Corbett at ktcorbett@aol.com or Cindy O'Shea at coshea2@maine.rr.com.

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Strike Up the Gorham Band



Photo credit: George Mittsmenn and Wilma Johnson

WILMA GOULD JOHNSON
Contributing Writer

Stop, if you will, and visualize yourself sitting in a park or on the town green in Gorham, surrounded by your neighbors, enjoying the music provided by the Gorham Band as they played together on the bandstand during the late 1920's or early 1930's. Almost every town in that era had its own band and the members participated simply for the joy of sharing their music. The bands were available to play at all kinds of occasions including parades, concerts, festivals or any other town celebration.

The Gorham Band concerts were well attended as the band members

shared their musical talents while the audience kept time by tapping their feet and clapping their hands. The instruments were typical of the times, including drums, trombones, tubas and trumpets. There certainly were no electric guitars or amplifiers.

Vintage photos show the Gorham Band dated back to the 1880's with band members wearing identical uniforms and white caps. Later photos show dark uniforms, neck and bow ties topped off with black caps with emblems. During the late 1920's and early 1930's, the Gorham band had approximately 19 members.

CONTINUED ON PAGE 6

Stop Dieting and Learn How to Eat Food

STACEY COLEMAN

Please, do not do a "diet" that eliminates a macronutrient from your life. In fact, it would be great to stop "dieting" altogether. The truth is we need the three essential macronutrients: carbohydrates, protein, and fat to live a healthy life.

This article will focus primarily on carbohydrates. Carbs have a bad reputation, but we need them. Our whole energy system operates primarily on glucose, a sugar, and carbohydrates are basically different forms of sugar. While your body can create energy by using fats and proteins, there are health consequences for doing so.

Fruits and veggies are some of the best carbohydrates there are. They are loaded with vital minerals and vitamins, too, yet most people do not even realize that fruits and veggies are carbs. Yes, there are many unhealthy carbs, but healthy carbs are essential for a balanced lifestyle. If your "diet" is telling you to eliminate fruits or veggies, that should be a GIANT red flag.

We can learn how to use carbs to our advantage: carbs = energy. When we need energy, we need carbs. Instead of eliminating carbs, learn to use them when you need energy.

When you wake up, your body needs energy, especially if you are going to hit that morning workout. Do not skip breakfast. Carbs at breakfast get your metabolism firing, your brain online, and all systems functioning. The longer we wait to eat, the more

our body stresses out and causes more problems. Your body will think it is starving, and thus it will slow down your metabolism. Stress hormones can also cause your body to store energy as fat when you do eventually eat.

In my opinion, fruit is the perfect breakfast because it is made up of carbs, vitamins and minerals that your body needs. Add a bit of protein like egg or nuts, but make carbs the focus for breakfast. This kind of breakfast is perfect to give you the energy you need and want, and some protein to stay full.

As your day goes on, you still need energy. Remember, think fruits and veggies. A salad is essentially carbs, throw some chicken in there (protein), with avocado (healthy fats) and boom, you have the perfect lunch.

As your day ends, energy requirements fall, so you do not need as many carbs. Think of the obesity epidemic and how it relates to the classic American "diet" of starchy carbs like pasta, pizza, and bread before sleep. These excessive and mostly nutritionally empty carbs are typically going to be unused and therefore will be stored as fat.

Dinner should focus primarily on lean protein with just a few complex carbs. The lean protein provides building blocks for cell repair. Sources like fish also contain healthy fats which aid in the burning of stored fat and help to detoxify organs. The complex carbs provide slow and steady help for the proteins to do their job, and prevent a rapid spike in blood sugars which can lead to fat storage. Some great complex carbs are veggies, long grain rice, and quinoa, but there are many others that will do the trick.

Stop "dieting", especially if the "diet" eliminates an essential macronutrient. Instead, think about changing your lifestyle and changing your eating habits. Learn how to eat food by making good choices, at the right time of day, and on purpose. If it is too hard to do this on your own, take a courageous step and connect with friends or hire a professional to help you.

Enjoy food. Eat food you like. Learn to use food to your benefit.



Stacey Coleman is a Certified Personal Trainer, Owner of My-FIT-24, and the Official Strength and Conditioning Coach at the University of Southern Maine. GHS and USM Alumni, she resides in Gorham with her family.

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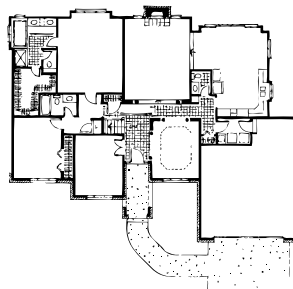


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Metro Introduces the Husky Line Bus



Photo credit Kathy Corbett

Welcomed by a trumpet salute, the first Husky Line bus, with its distinctive graphics, arrived at the Gorham campus at noon on August 27. USM students and staff eagerly boarded the bus to check out the interior or to ride into Portland. "I have been waiting a year for this," said Ilham Mohamed, a sophomore who lives on the Gorham campus. The new METRO route provides service for USM students, staff, and faculty as well as the general public between Portland, Westbrook, Gorham and the two USM campuses.

Get Your Glow On



Photo credit Debra Chasse

Gorham Rec held its 2nd annual Glow in the Park run/walk on August 25 at Shaw Park. Gorham Fire, Police and VIPS (Volunteers in Police Service) were on hand to keep participants safe and on course. Shown from left to right is Ava Nowak, James Nowak, Cole Chasse, Miranda Chasse, Julia Nowak and furry friend, Mookie.

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PUBLIC NOTICE – University of Southern Maine Gorham

AT&T Mobility, LLC is proposing to collocate antennas on a 100-foot building at 31 College Avenue, Gorham, Cumberland County, ME. Public comments regarding the potential effects from this site on historic properties may be submitted within 30-days from the date of this publication to: Maggie Klejbuk – CBRE, 70 West Red Oak Lane, White Plains, NY 10604, whiteplainsculturalresources@cbre.com or (914) 694-9600.

New Year Gorham Matters!

VIRGINIA WILDER CROSS
Contributing Writer

If you and your family have enjoyed New Year Gorham for any of the past ten years, then you understand why NYG matters to this community. Spending New Year's Eve with folks of all ages enjoying a huge variety of performing arts in a safe environment has been the only way hundreds of Gorham kids and countless adults have celebrated New Year's Eve since 2008. For this reason, the NYG planning committee and I hope this event will continue for the next ten years and beyond, but we need your help.

It is with mixed emotions, I have announced this is the last year I will serve as the coordinator for New Year Gorham. For more than 11 years, I have been blessed working with the most amazing committee ever. In addition, I have had the joy of working with so many talented musicians, comedians, jugglers, dancers, puppeteers, and more. But the best part has been watching families having fun together whether they are amazed by magic, laughing their heads off at something whacky, or taken away from troubles with music that moves them.

I am forever grateful for all the individuals and businesses that have supported our event with generous contributions and equally grateful for

all the volunteers who have shared hundreds of hours to make sure everything works as planned.

Last, but not least, I appreciate all the help the Town of Gorham, its various officers, staff, and especially the Rec. Department have given. They never let us down even when snow, wind and ice challenged them to work over, above, and beyond the call of duty. We are lucky to live in such a wonderful town.

This has been a labor of love for me, and I believe it will be the same for the person who steps in to accept the leadership role. That person will work with an amazing committee, meet extraordinary talent, and get to know the fabulous people who work for the Town of Gorham. It doesn't get any more rewarding than that.

So, will New Year Gorham still matter after 2018? I certainly hope so. If you agree, perhaps you or someone you know would like to learn more about this wonderful opportunity to bring new energy and fresh ideas to this incredibly important community celebration.

You can reach me by calling 222-2248 or send me an email: virginia-wildercross@gmail.com.

P.S. Because New Year Gorham matters A LOT, we have once again planned a super celebration for New Year's Eve, but we'll share more about that a little later on. I hope I'll see you there.

Arrests ~ May-June 2018

- Portland woman, 42, was arrested for OUI.
- Scarborough man, 30, was arrested for OUI.
- Standish woman, 38, was arrested for OUI. (1 prior)
- New Hampshire man, 26, was arrested for disorderly conduct.
- Hollis woman, 32, was arrested for OUI.
- Windham man, 20, was arrested for OUI, operating without a license

- and held for probation.
- Finn Parker Road man, 41, was arrested for illegal possession of firearms.
- Ossipee Trail man, 48, was arrested for OUI.
- Delaware man, 25, was arrested for domestic violence assault.
- Narragansett St. man, 25, was arrested for domestic violence assault.

CONTINUED ON PAGE 6

Real Estate Transfers March 2018

ADDRESS	BUYER	SELLER	PRICE
26 SHIERS MEADOW DRIVE	WHITEHEAD, TRAVIS & REBECCA	NORMAND BERUBE BUILDERS	\$488,359
206 NARRAGANSETT STREET	WINCH, DEBRA	REDESIGN ME LLC	\$217,095
4 WOODS EDGE DRIVE	STEVENS, JUDITH & JEFFREY	KASPRZAK HOMES, INC.	\$319,335
12 GLORIA STREET	LAWRENCE, STEPHEN	PICANO, SUSAN	\$235,000
27 ADELIN DRIVE	SHAW, THERESA & PETER	SUSI, CAROLYN	\$370,000
38 DUNLAP ROAD	BLANCHARD, CHRISTOPHER & SAMANTHA	DESIGN BUILD ASSOC. OF ME, INC.	\$485,000
6 DOGWOOD LANE	CHAN, KOK & CHEN, JINGXIAN	BRAMBLEWOOD LLC	\$310,000
18 SAMANTHA DRIVE	VERONEAU, RAYMOND	BELL, DIANE	\$275,000
75 FINN PARKER ROAD	FOOTER, EDWARD & KATELYN	BRYANT, DIANE	\$322,000
15 SHAW'S MILL ROAD	WHITEHOUSE, JAMES & DANIELLE	LAVOIE BUILDINGS & REMODELING, INC.	\$287,264
31 NORTH GORHAM ROAD	TRADEMASTERS, INC.	PLUMMER, SHARON	\$40,000
6 RITZ FARM ROAD	CUNEO, JOHN & MEGHANN	HOUGHTON, JILL & LINWOOD	\$402,500
274 DINGLEY SPRING ROAD	HOEY, TIMOTHY & FOOTER, ELLEN	LJM PROPERTIES, LLC	\$349,900
63 OLD DYNAMITE WAY	DEAN, RYAN & RACHEL	GRAIVER HOMES, INC.	\$344,000
480 FORT HILL ROAD	THIEMENS, PAUL & BONNIE	SHAW, PETER & THERESA	\$541,000
15 WOLF RIVER RUN	SPILLER, DAVID	KEMP, PHILLIP	\$384,000
15 RIDGEFIELD DRIVE	GRANNELL, PETER & WENDY	BLOMBERG, DAVID	\$305,000
162 OSSISPEE TRAIL	FRASER, JEFFREY	ESTATE OF JOYCE KENNIE	\$152,000
263 HUSTON ROAD	MIERS, AMY	VESTPROP, INC.	\$233,000
266 NORTH GORHAM ROAD	SAO, SREYNEANG & SAMBATH	STILES, STEPHEN & ELIZABETH	\$225,000
GREAT FALLS ROAD	WEST SHORE ENTERPRISES, LLC	HARTWELL, BENJAMIN	\$60,000
294 COUNTY ROAD	ADAMIRE WNTERPRISES, INC.	CROOKE, AGNES	\$63,000
120 ICHABOD LANE EXT.	LAPOINTE, BRIAN & SHERRIE	SAM STRUMPH BUILDERS, LLC	\$370,000
313 GRAY ROAD	DUNHAM, DANIEL & KEARNS, MARY	MECAP, LLC	\$121,000
131 SCHOOL STREET	ROY, JOSHUA & EMILY	CROSS, LOUISE	\$265,000
10 MAHLON AVENUE	MERRILL, LEE & EDMEE	BMS REALTY, LLC	\$380,000
58 WAGNER FARM ROAD	MCINERNEY, THEODORE & AMY	ARSENAULT, FRANK	\$330,000
223 DINGLEY SPRING ROAD	BIELICKI, DEBRA & BETHANY	ROBIE CONTRACTING, INC.	\$395,000
NARRAGANSETT ST. LOT 3	MAKEHOUSE, LLC	ESTATE OF ROBERT COUSINS	\$15,000
264 NARRAGANSETT STREET	MAKEHOUSE, LLC	ESTATE OF ROBERT COUSINS	\$224,500
14 SPILLER ROAD	LBMP, LLC	ESTATE OF JOHN PHINNEY	\$200,000
3 WINSLOW ROAD	ALDEN, RICHARD	HANSON, JASON	\$185,000

Strike Up the Gorham Band CONTINUED FROM PAGE 4

Much later, in 1968, three of the past band members helped to identify and provide names for most of the once active band group. Lenwood Royal, a town contractor, Dr Robert Love, a town physician, and George Mittsmenn, a long time school janitor, were able to identify 17 of the 19 band members from a photo that had been placed a Westbrook newspaper.

The band director in the 1930's was James Ridgeway. Band members, in no particular order, were: Drummers: Lenwood Royal, Harry

Morey and Merton Payson. Other members include: Elton Alden, Leon Rogers, Malcolm Chick, Fred Chick, Albert Verrill Jr, James Ridgeway, Earl Watson, George Mitsmenn, Robert Newhall, George Burnell, Frank Brown, Dr. Robert Love, Russell Oates, and Robert Goodson. The Gorham town band played its last performance during Gorham's 1936 bicentennial celebration.

Wilma Gould Johnson asks that any one with a question or more information to contact her at iamwilma@comcast.net

Did You Know?

June is considered a "summer month," whereas September is not in spite of the fact that September has twice as many warm "summer days" as June.

The Harvest Moon is defined as the full moon closet to the Fall equinox. The Harvest Moon was named because it rises within a half-hour of when the sun sets. In the early days, when farmers had no tractors, it was essential that they work by the light of the moon to bring in the harvest. This moon is the fullest moon of the year. When you gaze at it, it looks very large and gives a lot of light throughout the entire night. No other lunar spectacle is as awesome as the Harvest Moon.

There are 30 days in the month of September, which starts on the same

day of the week as December each year but does not end on the same day of the week as any other month in the year.

On This Day...September 6:

1620 - The Pilgrims sailed from Plymouth, England, on the Mayflower to settle in North America.

1866 - Frederick Douglass was the first US black delegate to a national political convention.

1995 - Cal Ripken, Jr. of the Baltimore Orioles plays in his 2,131st consecutive game, breaking a record that stood for 56 years.

1997 - The funeral for Princess Diana was broadcast across several networks and around the world. An estimated 2 billion people watched all or part of the funeral on television.

Arrests May-June 2018 CONTINUED FROM PAGE 5

Narragansett St. man, 52, was arrested for operating after suspension, and operating with suspended registration.

Strout Way woman, 33, was arrested for OUI, unlawful possession of scheduled drugs and driving to endanger.

Crestwood Drive woman, 32, was arrested for failure to appear.

Gardiner man, 33, was arrested for failure to pay a fine, unlawful possession of scheduled drugs (2 counts) and failure to pay a fine.

O'Brien Drive woman, 35, was arrested for unlawful possession of scheduled drugs (2 counts) and trafficking in prison contraband.

Windham woman, 25, was arrested for stealing drugs, OUI (drugs), violating conditions of release, unlawful possession of scheduled drugs (2 counts), criminal mischief and operating with a suspended/revoked license.

Maple Ridge Drive man, 40, was arrested for unlawful possession of scheduled drugs, violating conditions of release and held for probation.

South Portland woman, 24, was arrested for failure to provide correct name and probation was revoked.

Main St. man, 24, was arrested for unlawful possession of scheduled drugs and trafficking in prison contraband.

Maryann Drive man, 40, was arrested for failure to appear.

Hollis man, 45, was arrested for attaching false plates and operating a vehicle while license was suspended/revoked.

Rochester, NH man, 26, was arrested for criminal mischief, domestic violence criminal trespass and domestic violence assault.

Scarborough man, 24, was arrested for failure to report a motor vehicle accident and operating with a suspended or revoked license.

South St. man, 51, was arrested for OUI.

Limington man, 30, was arrested for OUI (1 prior).

Birch Drive woman, 38, was arrested for violating conditions of release.

Longfellow Road man, 58, was arrested for violating conditions of release and assault on an officer.

Westbrook woman, 60, was arrested for OUI.

New Portland Road woman, 45, was arrested for OUI.

Bar Mills man, 25, was arrested for OUI.

Dingley Springs Road man, 37, was arrested for operating with a suspended license (OUI), OUI and violating conditions of release.

Woodland Road woman, 36, was arrested for violating conditions of release and bail was revoked.

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by Richard Strand

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Gorham Schools Welcome New Staff

ANDREA MORRELL
School News Editor

The Gorham School Department has a few new faces around its schools this year. The following staff have been hired for the start of the 2018/19 school year.

Rebecca Ambrose is a district-wide gifted and talented teacher in a new position. She received a B.S. and M.S. in music education from the University of Southern Maine (USM) and has completed graduate work in gifted and talented education from the University of Maine at Farmington.

Abigail Bartlett is a K-5 literary specialist at Village Elementary, replacing Jackie Lortie who retired. She received a B.A. in communication from the University of New Hampshire (UNH) and M.Ed. from UNH.

Ellen Berry is a guidance counselor at Great Falls Elementary, replacing Michael Lortie who retired. She received a B.A. in business management from Columbia College; a M.S. in recreation administration from George Williams College of Aurora University; and a M.S. in school counseling from USM.

Kate Bishop is a fourth grade teacher at Narragansett Elementary replacing a teacher who left the district. She received a B.S. in business administration from the University of Mass. Amherst and a M.Ed. at USM.

Amy Brassard is a Kindergarten teacher at Great Falls, replacing a retiring teacher. She received a B.S. in early childhood education/psychology from Keene State College and a M.Ed. in curriculum

and instruction from Arizona State University.

Rosemarie Dyer is a one-year special education autism teacher at Great Falls, replacing Susan Hodgson, who is out on a one-year unpaid leave. She received a B.A. in psychology from the University of Maine at Orono (UMO) and has completed graduate courses in special education from USM.

Wayne Farrington is a one-year 1/5 Spanish teacher at Gorham High School (GHS) in a new position. He received a B.S. in secondary education from the University of Maine at Farmington.

Hilarie Fotter is a district-wide school psychologist, replacing Cheryl Rainforth, who took another position outside of Gorham. She received a B.A. in elementary education from University of Maine at Farmington; a M.S. in educational psychology from USM; and a Psy.D. in school psychology from USM.

Carlie Geiger is a full-time speech pathologist at Great Falls, replacing Betsy Beaven, who retired. She received a B.A. in psychology from Holy Cross University and a M.S. in speech, language, and hearing sciences.

Jessica Groleau is a fifth grade teacher at Great Falls, in a new position. She received a B.S. in elementary education from the University of New England (UNE).

Sara Hampton is a social studies teacher at GHS, replacing Scott Caulfield who retired. She received a B.A. in secondary social studies education from the Indiana University of Pennsylvania.

Erin Hanson is a second grade

teacher at Village, replacing a teacher who is retiring after one-year of unpaid leave. She received a B.A. in psychology and education from Wheaton College.

Liz Henry is a K-5 literacy specialist at Great Falls, replacing Gigi McAllister who moved on to another position outside of Gorham. She received a B.A. in teaching of English from the University of Illinois and M.S. in literacy from USM.

Alisha Johnson is a Kindergarten teacher at Village, in a new position. She received a B.A. in elementary education from UNE and a M.A. in literacy from USM.

Lisa Larrabee is a K-12 504 strategist, in a new position. She received a B.S. in communication disorders from College of Saint Rose and a M.S. in special education from Russell Sage Graduate School.

Dustin J. Levesque is a one-year elementary music teacher at Narragansett Elementary, replacing a teacher taking a one-year unpaid medical leave of absence. She received a B.A. in music education from UMO.

Samantha McCoughry is an eighth and ninth grade transition specialist (guidance counselor) at GHS. She received a B.S. of music in music education from Keene State College and a M.A. in school counseling from Fairfield University.

Stephanie Nichols is a second grade teacher at Narragansett, replacing Lori Gurney. She received a B.A. in history and a M.Ed. from St. Joseph's College.

Catherine Paul is a .80 English teacher at GHS, replacing Brian Garrity. She received a B.A. in inter-

disciplinary studies from UMO and a M.Ed. from Salem State College.

Nicole Poole is an assistant director of special services, in a new position. She received her B.A. in childhood studies from Plymouth State University and a M.Ed. in school leadership from St. Joseph's College.

Heather Putnam Hurd is a first grade teacher at Village, in a new position. She received a B.S. in elementary education from UNE and a M.Ed. in special education from Grand Canyon University.

Melissa Ransom is a school nurse at Narragansett, replacing Carrie Chasse, who moved to Village. She received a B.S. in nursing from St. Joseph's College.

Rita Schlegel is a speech language pathologist, replacing a retiring speech pathologist. She received a B.A. in communication disorders from UMO and a M.S. in communication disorders from Emerson College.

Emily Stevens is a behavioral specialist, replacing Larilee English. She received a B.A. in sociology and gender studies from Colby College and a M.Ed. in special education from Temple University.

Kimberly Walker is a one-year elementary special education resource teacher, replacing Anne Foden, who is out on a one-year unpaid leave. She received a B.S. in psychology from USM.

Hannah West is an art teacher at Gorham Middle School (GMS), replacing Vicki Bove who retired. She received a B.A. in communication and design from the Pratt Institute and a M.A. in teaching from the Maine College of Art.

TOWN OF GORHAM BOARD OF APPEALS NOTICE OF MEETING SEPTEMBER 20, 2018

The Gorham Zoning Board of Appeals will hold a regular meeting on Thursday, September 20, 2018 at 6:30 pm in the Burleigh H. Loveitt Council Chambers at the Gorham Municipal Center, 75 South Street, Gorham to consider the following:

Acceptance of the November 16, 2017 meeting minutes as printed and distributed.
Election of a New Chairperson and Vice Chairperson for the Board of Appeals.

Appeal #18-01 Enlargement of a Non-Conforming Use or Structure. Real Estate Holding LLC, Moodys/Shawn Moody, property owner and LKQ Corporation as the petitioner, is seeking to enlarge a Non-Conforming Use located at 192 Narragansett Street (Map 39 Lot 22). The subject property is located in the Narragansett Development District.



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SCHOOL

It's Back to School Time!

COMPILED BY ANDREA MORRELL
School News Editor

1. Violet (age 11, grade 6), Jesse (age 12, grade 7), and Josephine James (age 14, grade 8)
Photo Credit Philip James

2. Izzy (grade 3) and Sophia Perkins (grade K), both at Narragansett
Photo Credit Sara Perkins

3. Freshmen friends. Back row (l to r): Mary DeWitt, Anna Nelson, and Leah Woodbury. Center row (l to r): Kate Dupuis, Maddie Michaud, and Allie Myles. Front row (l to r): Rachel Gross and Sophia Michaud
Photo Credit Tammy Woodbury

4. Twins Lauren and Taylor Chadburn (age 7, grade 2), Narragansett
Photo Credit Andrea Chadburn

5. Connor (grade 3 with Mrs. AT) and Grace McHenry (grade K with Mrs. Underhill), both at Village
Photo Credit Courtney McHenry

6. Aiden Lizotte (age 14, grade 9), GHS, Sabrina Bowler (age 7, grade 2), Village, and Brady Marquis (age 13, grade 8), GMS
Photo Credit Sheila Daigle

7. Atticus Wells, (age 6, grade 1), high fives with Dad
Photo Credit Merrilee Warholak

8. Destiny (age 9, grade 4) and Bentley Lewis (age 6, grade K), both at Great Falls
Photo Credit Danielle Lewis

9. Devon (age 6, grade 1) and Dylan (age 8, grade 3), both at Village
Photo Credit Katie Paulsen

10. Hawkes Farm crew headed to Narragansett: Back row: Fitzroy, Emma, Emma, Brady, Keegan, Lizzy, and Mia. Front row: Everett and Ben
Photo Credit Amy Starr

11. Eva (age 9, grade 4) and Rose Wandell (age 11, grade 5), both at Village waiting with their dog Duke
Photo Credit Shannin Wandell

12. Benjamin Cahill, Second Grade at Village
Photo credit Rebecca West

13. Aiden Cahill, Fifth Grade at Village
Photo credit Rebecca West

14. Larissa Moore (grade 4), Narragansett
Photo Credit Crissy Moore

15. Incoming freshmen girls: Phoebe Richards, Ambrosia Moore, Natalya Asali, Izzy Morrell, and Clara Shvets
Photo Credit Chrissy Moore

16. Blake Leighton (age 8, grade 3), Village
Photo Credit Katie Nicholson

17. Harrison (age 8) and Oliver (celebrating his tenth birthday), are ready for third and fourth grades
Photo Credit Heather Connolly

18. Keegan Maxim (age 6, grade 1)
Photo Credit Rebecca Coleman

19. First day of sixth grade for Natalie Smith, Abby Rogers, Evelyn Rush, and Brooke Stevens
Photo Credit Kelly Rogers

20. Reid Thomas Edwards (age 5, grade K)
Photo Credit James and Jamie Edwards

21. Maci (age 6, grade 1) and Colby Pratt (age 9, grade 4), both at Village
Photo Credit Nikki Pratt

22. Jack Edwards (age 8, grade 2)
Photo Credit James and Jamie Edwards

23. Jayne Rowles (age 6, grade 1), Narragansett
Photo Credit Leisha Rowles

24. Christopher (grade 1) and Ava Scott (grade 2), Narragansett
Photo Credit Kelley Scott

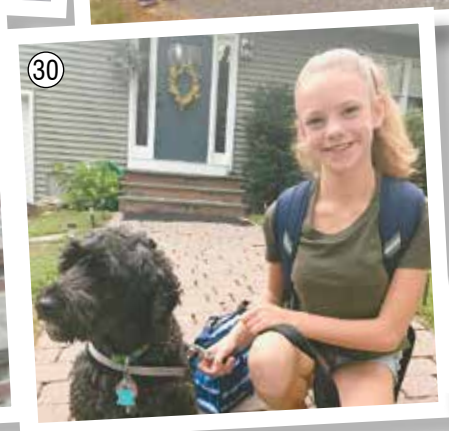
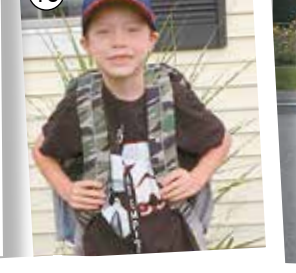
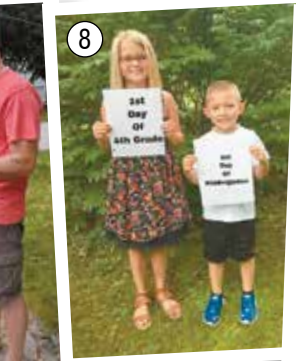
25. Sophia Emerson (age 9, grade 3)
Photo Credit Michelle Emerson

26. Natalie Emerson (age 5, grade K)
Photo Credit Michelle Emerson

27. Quinn McAdams and Ella Todd (both grade 1), Owen Todd (grade 4), and Braeden McAdams (grade K), all at Great Falls
Photo Credit Haley McAdams

28. Anna Faatz (age 8, grade 3), Village
Photo taken by Sarah Faatz

29. Carter (grade 2) and Jack (grade K) Sprague, Narragansett
Photo Credit Jamie LaRocca



30. Olivia Hopkins (grade 8) and her dog Martha, GMS
Photo Credit Patty Barth

31. Lyla (grade 2) and George (grade K) Placey with their dog Zeppelin, Great Falls
Photo Credit Mo Placey

School Note

Police Chief Dan Jones and Gorham High School administration teamed up to give out 1000 popsicles to all students and staff at GHS on August 30, when the heat index reached over 96 degrees in some of the classrooms. Check out the fun at: <https://vimeo.com/287540767/e05d3334a3>

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Fall Sports Preview

COMPILED BY DESTINY COOK
Sports Editor



Photo credit Earle Christianson



Photo credit Jason Tanguay



Gorham High School senior soccer players.

Photo credit Amanda Landry Photography



Photo credit Amanda Landry Photography



Photo credit Amanda Landry Photography

VOLLEYBALL: Gorham Volleyball seniors: Maiya Carlson, Isabelle Kolb, Katie O'Donnell, Libby Mitchell, Sara Slager, Alexa Corey, Lily Barden, Colette Romatis, and Evelyn Kitchen. Players to watch this season are Meg Perry (junior) and Katie O'Donnell (senior). Coach Emma Tirrell said, "We are expecting a solid year of working hard and having fun. We expect to succeed and will change anything on the court we need to in order to succeed. These players have their eyes set on their goals of making it through the tournament at the end of the season and will do whatever it takes to get there. Be ready for good volleyball!" Tirrell expects some challenging opponents but they are looking forward to a great season.

BOYS' CROSS COUNTRY: Seniors: Zack Brown-Davis, Zach Green, Dylan Lamont, Evan Morrell, Simon Roussel, and Jacob Sladen. Runners to watch are Jacob Sladen and Andrew Tinkham. Coach Jason Tanguay said, "The boys' team graduated three of our top seven runners from last year - two of which being our number one and two runners. It looks as though some of our runners have put in a good base of summer running, but only time will tell if the others can get into shape this season." Tanguay is hopeful this team will qualify again for the state championship at the end of the season. Although this will be a challenging goal, he said the boys have a good group who could step up and get it done. "It will be exciting to see how the team does in our regular season races. If we can figure out how to run well as a team, then we might find ourselves ready to perform in the post-season."

GIRLS' CROSS COUNTRY: Seniors: Libby Knudsen and Ellianna Towns. Runners to watch are Kate Tugman and Iris Kitchen. Coach Tanguay said, "Our girls' team was very successful last year, but we did graduate three of our top five runners. I must say though that there were numerous girls who put in the commitment this summer to create a good base of summer mileage so I am excited to see this work pay off for them this season. This hard work and dedication has created a great foundation to build upon for the girls team this season. I believe that qualifying for the state championship will be a good goal for the girls team this season." Tanguay is eager to see how those runners who established a good base of training this summer perform in the big meets like the Southern Maine Classic on Saturday, September 8, in Gorham and the Festival of Champions on Saturday, September 29, in Belfast.

FOOTBALL: Andy Hager is returning for his 5th year as Head Coach of the Rams. Coach Hager said, "The Rams return few starters on each side of the ball this year, as we begin yet another rebuilding year with a young program comprised of predominantly juniors and freshmen." Players to watch are: SR Ethan Stump (LB/OL), SR Nate Burchill (OL/LB), JR Kyle Ouellette (OL/LB), JR Tyler Rollins (RB/DB), JR Isaac Rollins (QB/DB), JR Jack Van Zandt (WR/DB), and JR Ryan Reno (TE/DE).

BOYS' SOCCER: Tim King is in his 19th year coaching the boys soc-

cer team. Last season, the team had a 13-3-1 record, losing in the Regional finals in PKs. Key returning players: JR Andrew Rent (Midfielder), SR Michael Knight (Midfielder), SR Cooper Lyons (Midfielder), and SR Trevor Gray (Goalkeeper). Other returning varsity players include seniors Brendan Waterman and Kevin Mollison, and juniors Ryan Farr, Javin Stickney, Kyle Hamblen, Brady King, Colby Christakis, and Alex Burghardt. Coach King said "This year's team has five returning starters and many talented players ready to step in and contribute. The group should improve throughout the season and be ready for a deep run in the tournament. The early schedule will test the Rams with Deering, Scarborough, Portland, and South Portland all expected to be strong opponents.

GIRLS' SOCCER: The Gorham girls' soccer team had a record of 10-3-2 last season. Key returning seniors: Brooke Woodbury, Avery Germond, Caroline Gross, Emma Forgues, Hallie Shiers, Caitlin Chasse, and Brittany Desjardins. With regard to the outlook of the season, Coach Zarrilli said, "We have a solid mix of speed and technical ability that will enable us to compete against the toughest teams in the league this year. We are working on our versatility and strength and hope to improve on our play-offs run from last year." According to Zarrilli, key matchups are Scarborough, Windham, Cheverus, and Thornton Academy.

FIELD HOCKEY: Head Coach Becky Manson-Rioux is entering her 10th season as Head Coach of the Gorham Rams field hockey team. Her Assistant Coach, Meredith Thurston, is in her 3rd. The team's record last year was 6-8 and its season ended in the preliminary round to Kennebunk. Key returning players: Sarah Steven (SR Captain, Defender), Hailey Morrill (SR, Midfielder), Lydia McCrillis (SR Captain/Goalkeeper), Isis Adams (SR Captain and also coming back from a season ending injury at the beginning of last season. Isis is a 4-year varsity player), Faith Dillon (JR Center/Midfielder), Kacie Walton (JR, Defender), and Lydia Gaudreau (SO, Forward). Key newcomers: Molly Rathbun (SO), Alex Ferrigan (SO), Lauren Green (JR), and Kate Downey (SO). Sharing her outlook on the season, Coach said, "With some key returning players and some fresh new, young talent the Gorham Rams Field Hockey team looks to be versatile, well conditioned and has strong leadership." Key matchups are Marshwood, Cheverus, Thornton Academy, and Massabesic.

GOLF: Varsity Golf lost two of the state's top golfers last season, however, Coach Scott Nevers shared that they return four varsity starters. He said, "They look to lead us back to the state finals at Natanis. With a few underclassmen mixed in, we will be a solid team and compete every match."

He stated, "Any one of the varsity starters could be the number one man, as we will have a very balanced team." He said the team will look to build consistency and confidence throughout the season leading to the state qualifier and into the state championship. He also said to look for seniors Tyler Haines, Peter Boswell, Jayden Gaudreau and Trevor Loubier to lead the team in matches.

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WEST BALDWIN - 2004 Raised Ranch on 2 acres. 3BR & 1ba w/ walkout basement. Sloping lot w/ partially shared driveway. Interior needs some finish work.



SEBAGO \$169,500 - Secluded on a 1.5 ac lot offering 2BR, 1 ba, kitchen open to dining and living rooms w/ cathedral ceilings & floor to ceiling fieldstone fireplace. Walkout bsmt & sizeable deck.



WELD \$274,900 - Charming lake front cottage on Webb Lake. Open concept with sleeping loft. Spacious deck, garage/workshop & boathouse. Comes completely furnished.



SCARBOROUGH \$250,000 - Short sale being sold in 'as is' condition. Property has been winterized, so condition of systems is unknown. Water in basement.



Gorham \$10,000 - Single wide mobile w/ 3 porches, fully appliances kitchen, LR, 2BR/1ba being sold "as is". Great location in 55+ community.



GORHAM \$365,000 - Be the first to own this 3BR, 2.5ba 1728sqft colonial nicely finished w/ HW flrs. Sizeable granite kitchen & private master suite. 2car garage on 1.65ac.

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Gorham Father and Daughter Achieve Black Belt



Photo credit Michele Whidden

Samantha Whidden, a seventh grader at Gorham Middle School, recently reached the impressive accomplishment of receiving her 1st degree black belt at Villari's Martial Arts Center. Her father, Charles, achieved his 3rd degree black belt also.

OUR READERS WRITE

River Road Rage

DAVID ALEXANDER
Contributing Writer

I almost "bought the farm" recently. We set out for the Senior Center. A speaker was coming from the Maine Center for Elder Law to tell us about wills, living wills, and how to cope with future health care costs. Even though we are in good health now, you never know.

The morning started out with a bang as we passed the Grange. I spotted flashing red lights and red fire trucks on Route 237. There had just been an accident. A rented truck was up on the opposite bank, leaving an ugly gash in the big pine tree. An SUV was in the ditch, front all smashed up and the driver was still inside. Later, I learned the SUV driver made a left turn without a full stop off Wilson Road. Police waved us by and we headed down the road to Little Falls.

There, the attorney told us "even if you are fine now, there's a good chance at some time you will need to stay in a nursing home at a cost of \$375/day, and very soon, your benefits will run out. Then you may need to fall back on Maine Care."

The 90 minute talk was well received with lots of questions as is typical with our previous guest speakers. The Senior Driver Refreshment Course offered by AAA and AARP had told us to avoid left turns, they are especially dangerous for seniors. And that is what I do every time I visit my daughter who lives in South Windham. River Road can be especially busy, with commuters and cottage people en route to the Lakes country. Now that River Road has been resurfaced, they all drive faster.

After lunch and a nap, I headed over to Gambo Dam for a hike: right on Wilson Road, right on Hurricane, right on River Road. After stopping, looking to my left and seeing no traffic, I started to turn right onto River Road, only to

see TWO vehicles, side-by-side, racing towards me, one in MY lane! I hit the brakes and four cars going north flew by, one honking at this idiot.

The freshly painted solid center line means NO PASSING on the stretch; coming off a curve and hill after Pleasant River, drivers do not have room to safely pass. The speed limit there is 40 mph, which was exceeded by all. Was this idiot frustrated at having to follow three cars for two miles from the light at Route 202? Was he playing tag with another? I'll never know of course. One thing for sure I do know is that if I had not made a full stop looking left and right, I would not be here with you today. So just follow the simple rule: Always Assume All Other Drivers Are Idiots.

And if that wasn't enough, driving up Route 237 a day later, we had just passed Great Falls School at the speed limit of 30 mph. At the top of the hill approaching Daigle's Sod Farm, where the speed limit increases to 40 mph, I sped up only to have a car behind me pull out and pass. He or she just made it, barely avoiding an oncoming truck. What is it that compels drivers to take deadly risks? Is it frustration from driving behind a "slowpoke," or driving the posted speed limit? These three close calls, potentially serious/fatal accidents, within a week's time and a few miles from home are enough to make me super cautious on all of our roads.

Editor's Note: David Alexander is a retired engineer who has lived for 34 years in the White Rock neighborhood of Gorham. Alexander participates in a memoir writing group at the Little Falls Senior Center and writes, he says, "to save my memories for my grandchildren." If you have a story to contribute (approximately 300-500 words), please send it along to editorgorhamtimes@gmail.com for consideration.

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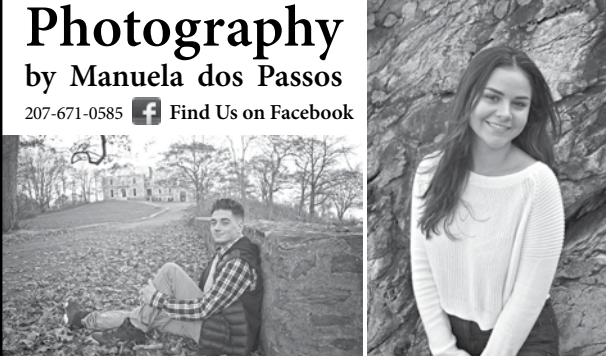

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GRADUATIONS

Molly Creeden, BS Sport and Event Management, Elon University, Elon, NC

OF INTEREST



Tim O'Neill, GHS '15, above right, recently completed a summer internship working in Speaker Ryan's office in the U.S. Capitol in Washington, D.C. He attends American University, where he is in his senior year majoring in CLEG (Communications, Law, Economics & Government).

The Gorham Garden Club will be hosting a plant and bake sale, Saturday, September 8, at 8:30 a.m. – 12:30 p.m. The sale will be held at 71 South Street, next to Baxter Library. Come check out the beautiful perennials, gently used garden items and the delicious baked goods.

Multi Family Yard Sale with Baked Goods at White Rock Community Building, 34 Wilson Road, on Saturday, September 8, from 8 a.m. – 1 p.m. Rain or Shine. All proceeds to benefit the White Rock Friendship Clubs Scholarship Fund. FMI 892-9521.

The North Gorham Chess Club will meet Saturday, September 8, 10:15 - 11:30 a.m. at the North Gorham Public Library. FMI Contact John Morgan at jclmorgan26@gmail.com or (207) 766-8554.

The Gorham Lions will be meeting on Tuesday, September 11, at the Old Elmwood School House on South Street (Rte. 114) at 6:30 p.m. New members always welcome. FMI, 929-9182.

The UCC at North Gorham will hold a Bean-hole Bean Supper on Saturday, September 15, from 4:30-6 p.m. Serving authentic bean hole beans baked in the ground overnight, hotdogs, coleslaw, potato salads, homemade pies and brown bread. 4 Standish Neck Rd. FMI 207-415-1388.

The Maine School of Science and Mathematics, the state's first tuition free, public, residential high school serving students from across the state and located in Limestone, Maine will host an informational session at the University of Southern Maine Gorham campus on Sunday, September 16, from 12:30-3 p.m. at 10 Bailey Hall. FMI www.mssm.org, or 207-325-3303.

The Gorham Times Needs You TOWN NEWS REPORTER

**We need
YOU!**



The *Gorham Times* is currently in need of writers who can cover town news. This role involves contacting and meeting with people in the community, such as the Town Manager or representatives from different Boards in Gorham (i.e.

Planning, Zoning, etc.). It may also include updates from the Gorham Fire and Police Departments as issues arise. This role would entail a commitment of approximately 5-10 hours per issue and require that a bimonthly deadline be met. Stipend available.

Contact us at editorgorhamtimes@gmail.com for more details.

Join Presumpscott Region Land Trust on Sunday, September 16, from 5-7:00 p.m. for the Randall Orchards trail opening, ribbon cutting and trail walk. Social hour will begin at 6 p.m. with appetizers and fresh cider followed by a slideshow presentation of highlights from the year along with annual meeting elections. Come early and enjoy apple picking. Randall Orchards is owned by the Randall family and the Presumpscot Regional Land Trust holds a 500-acre conservation and agricultural easement on the orchard and surrounding forest. This event is free, but registration is required at <https://www.prlt.org/event-signup-annual-meeting>.

Thanks to the Narragansett One Foundation Grant, the White Rock Grange #380 (33 Wilson Rd) is now fully handicapped accessible with the recent installation of a stair lift. The Grange would like to invite the public to tour the facility, Saturday, September 29 from 4:30-6 p.m. Come enjoy a spaghetti supper and listen to live music by Mike Stackhouse. FMI 839-3946.

SENIOR PROGRAMS

Walgreens Pharmacy of Windham, is sponsoring a Flu Immunization Clinic at the Lakes Region Senior Center at the Little Falls Activity Center, 40 Acorn Street, on Wednesday, September 12, from 9 a.m. to 11 a.m. Senior doses will be available. Please bring your medicare or insurance card.

Lakes Region Senior Center, located at the Little Falls Activity Center, 40 Acorn St. is open Monday through Friday from 9 a.m. to 1 p.m. Join them daily for coffee, tea, and socializing. Ongoing daily activities include Mahjong on Mondays – beginners welcome. FMI, Diane 892-9529; Tuesday crafts and card games. FMI, Avis 892-0298; The Memoir Writing Group meets the last Wednesday of the month. FMI, David 892-9604; Thursday Table games at 10 a.m. and Friday Art Workshop at 9 a.m. FMI 892-0299.

The Senior Meal site will re-open on September 19. Meals are served at St. Anne's Church on Wednesdays at 12 p.m. Cost is \$4. Volunteers are needed to assist in meal prep and clean up. FMI call St Anne's Church at 839-4857.

The Gorham Medical Closet located at the Municipal Center 75 South St is free and available to Gorham residents in need of portable wheelchairs, shower seats, commodes, walkers, canes and more. FMI 839-3859, 329-4976, 632-2178, 839-3630, 839-2484, 839-3228, 839-6682, or 839-3494, 839-6450.

ON-GOING EVENTS

Gorham Cancer Prayer and Support Group meets the first Tuesday of every month at the Cressey Road United Methodist Church, 81 Cressey Rd. from 6-7:30 p.m. This monthly non-denominational event is a prayer and support group for anyone dealing with cancer including patients and caregivers.

The Gorham Food Pantry, located at 299-B Main St (parking lot of St. Anne's Catholic Church) is open every Thursday morning from 9-11 a.m. and the second and fourth Wednesday of every month from 6-7 p.m. Free for Gorham residents in need. FMI, 222-4351 or visit www.gorhamfoodpantry.org.

The Gorham Food Pantry will have extended hours through Sept. 26 to receive donations of produce from local gardeners. Donations can be dropped off on Wednesdays from 5-6 p.m. and Thursdays from 7:30-9:30 a.m.

CLOSE TO HOME

Schoolhouse Arts Center will be holding auditions for A Charlie Brown Christmas on September 9 & 10, from 6-8 p.m., at Schoolhouse Arts Center, 16 Richville Road, (Route 114) Standish. Auditions are open to teens and adults and will consist of cold readings from the script. Show dates are November 30 – December 9 on Friday, Saturday, and Sundays. FMI, please email Mychelle at mychelle72@hotmail.com.

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A LITTLE TOO MUCH WEDDING FUN

Officer saw a man in a tuxedo at the rotary in Little Falls. Man had been at a wedding in Windham and was waiting for an Uber. Officer suggested he wait in the parking lot of the Lil Mart instead of on the sidewalk as he was swaying pretty badly.

Officer working a seatbelt detail gave a ticket to a man not wearing a seatbelt and a criminal summons for operating after suspension.

Westbrook man was warned for harassment as he would not stop attempting to have contact with his former girlfriend.

Caller reported people on Wescott Road were jumping out into traffic going by. Officer talked to parties who said they were just out for a walk on a nice night. They were warned for walking with traffic and strongly encouraged to go home as they were wearing dark clothes.

Vehicle with its flashers on was parked in the middle of the turn lane on Main St. in front of the 7-11. Operator told officer he had run out of gas. Officer pushed vehicle into 7-11 and got some gas for the car. Driver was able to start the car and drive to a gas station.

Caller reported a suspicious person on White Birch Lane. Trespass paperwork had been rescinded so he was all set to be there.

Officer checked Martin's Point and Quick Care for a female involved in a crash in Windham who had fled the scene of an accident.

Burch Drive caller reported he had left his hover board outside and it had been stolen.

Caller reported a man was staggering while walking up New Portland Road and had almost fallen in to the road. Man was walking to White Birch Lane and said everything was fine.

Suspicious person on Great Falls Road was a forester who was posting the property.

Officer assisted a motorist who had run over a recycling container which got stuck under the vehicle.

Dow Road caller wanted to let police know that shrub she had planted 10 years earlier was missing. She was happy that police would keep an eye out in the area.

Officer explained to a father why his daughter had gotten a ticket.

Following a road rage incident, a woman was summonsed for assault and criminal mischief.

Meadowbrook Drive caller reported a fox had come up on her porch and then scurried away. She was advised fox was probably looking for food for her young.

Caller reported seeing a vehicle swerving all over the road at varying speeds. Officer checked license plate and went to house on Gray Road. Intoxicated male came to the door and said his girlfriend had been driving. She confirmed this and was not drunk.

Burnham Road caller stated ex-boyfriend has been harassing her after she told him not to contact her again. Officer advised her how to get a protection from harassment order.

Lombard St. caller reported the theft of a package.

Riverbend Road caller wanted to know if PD had been down her dead end street as she had received a call from a neighbor. It was VIPS doing a property check.

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CALENDAR

THURSDAY SEPTEMBER 6

- Baby Discovery Time (birth-18 mos), 9:30-9:50 a.m., Baxter Memorial Library
- Toddler Discovery Time (18-36 mos), 10-10:30 a.m., Baxter Memorial Library

SATURDAY SEPTEMBER 8

- Gorham Garden Club plant and bake sale, 8:30 a.m.-12:30 p.m. 71 South Street (next to Baxter Library)
- Lego Club, 10 a.m.-12 p.m., Baxter Memorial Library
- North Gorham Chess Club, 10:15-11:30 a.m., North Gorham Public Library

TUESDAY SEPTEMBER 11

- Preschool Discovery Time (3-5 yrs), 9:30-10:15 a.m., Baxter Memorial Library
- Gorham Lions Meeting, 6:30 p.m., Old Elmwood School House (Rt 114).

WEDNESDAY SEPTEMBER 12

- Flu Immunization Clinic, 9 a.m. to 11 a.m. Lakes Region Senior Center.

THURSDAY SEPTEMBER 13

- Baby Discovery Time (birth-18 mos), 9:30-9:50 a.m., Baxter Memorial Library
- Toddler Discovery Time (18-36 mos), 10-10:30 a.m., Baxter Memorial Library

SATURDAY SEPTEMBER 15

- National Batman Day, 9:30 a.m.-12 p.m. Baxter Memorial Library
- Bean-hole Bean Supper, 4:30-6 p.m. UCC at North Gorham

SUNDAY SEPTEMBER 16

- Maine School of Science and Mathematics info session, 12:30-3 p.m. USM Gorham
- PRLT Trail Walk/Annual Meeting, 5-7 p.m., Randall's Orchards. Free but RSVP required at www.prlt.org

TUESDAY SEPTEMBER 18

- Preschool Discovery Time (3-5 yrs), 9:30-10:15 a.m., Baxter Memorial Library

WEDNESDAY SEPTEMBER 19

- Bicycle Coalition of Maine safety presentation, 1-1:45 p.m. Baxter Memorial Library
- Nature Art in the Park, 2-3 p.m. Baxter Memorial Library



Inn at Village Square had a fundraiser for the Gorham Backpack Program through the month of August. With the help of staff, residents, and family members they received numerous donations of pencils, crayons, pens, paper and so much more. Inn at Village Square is excited to help strengthen our Gorham community.

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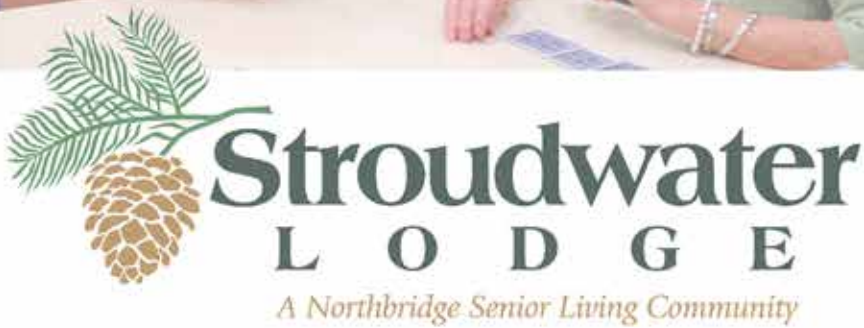
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SEPTEMBER 26

OCTOBER 10



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