

## Town Council Mandates Sprinklers

EDMUND RICKER  
*Contributing Writer*

The Gorham Town Council amended a local ordinance at its September 4 meeting that will require all new residential units, including one- and two-family homes, to be equipped with fire sprinklers. The sprinkler system ordinance was originally adopted on July 7, 1987. The amended ordinance is aimed at saving lives, preventing injuries and property loss, and saving taxpayers the costs of hiring additional firefighters and constructing more fire stations in the growing town.

The Town Council's vote was 5-2, with Vice Chairwoman Sherrie Benner and Councilor Suzanne Phillips opposed to the changes after months of meetings to discuss the ordinance. Phillips favored allowing voters to decide whether to approve the amended ordinance in a referendum. Benner said she's received feedback that people want to make their own decisions about whether to install sprinklers. The amended ordinance, renamed the Fire Suppression Systems Ordinance, will take effect on October 5. A sprinkler permit will cost \$75.

The previous ordinance already covered the construction of new residential units of three or more family units. Land use ordinances also covered some subdivisions on the outskirts of Gorham without access to public water. According to Gorham Fire Chief Robert Lefebvre, there were over 260 single family homes, not including condominiums, that were sprinkled prior to the recent amendments. He went on to say that the International Building Code (IBC) and National Fire Protection Association (NFPA) 101 Life Safety Code have both required one- and two-family homes to be sprinkled since 2011. However, when the Maine State Legislature adopted these codes they removed those sections from the code.

Cost is one big factor that has been cited as a major disadvantage to the amendment. Chief Lefebvre said that while prices vary, a Cape Cod style house on public water could cost approximately \$5,000. That price tag could be as high as \$12,000 for other style and size homes. While there are multiple factors that impact the cost of installing a system, the square footage of the dwelling is the most significant driver.

The Gorham Fire Department has tracked sprinkler system permits since 1987 and estimates the average cost to be between \$2.30-\$2.35 per square foot. Costs could be slightly higher

CONTINUED ON PAGE 7

## Hannaford Remodel Underway

LESLIE DUPUIS  
*Editor*

As Gorham Hannaford continues with a planned remodel, one local resident noted the store "is like a treasure hunt I did not sign up for."

Michael Norton, Director of External Communication and Community Relations for Hannaford Supermarkets, believes the changes will be a nice improvement despite the inconvenience to shoppers in the short-term.

Once the store upgrade is complete, the CLYNK return will be in a separate area outside the building. In the area where CLYNK is currently located, the store will offer customers a Hannaford-to-Go option and a new pharmacy.

Other major improvements include an expanded section of prepared foods and frozen foods. In addition, the décor – floors, paint, fixtures and signage – all will be upgraded.

The work began about a month ago, and according to Norton, should be complete late in the first quarter of the new year.

While the size of the store, approximately 48,000-square-foot, will not change, Norton noted, "changes like moving CLYNK and other changes in the departments will allow us to offer more items, especially in fresh meals to go and frozen foods."



Photo credit Leslie Dupuis

Shoppers can find guides throughout the store detailing where items are located during the remodel.

## Running to Remember



Photo courtesy of Stephen Ward 9/11 Memorial 5K

On September 9, runners of all ages gathered for the 8th annual Stephen Ward 9/11 Memorial 5K to benefit the Stephen G. Ward Memorial Scholarship, which goes to a deserving Gorham High School senior. Firefighters from Gorham, Westbrook, Portland, South Portland, and Scarborough were joined by race organizer Katie Ward (middle left) and Allison Dreifus (middle right), who sang the national anthem, at the start of the race. For the full article and results, see page 10.

## Gorham Sightings



Photo credit Jo Morton

Do you know where in Gorham this photo was taken? Join our visual trivia discussion by entering your best guess on our Facebook page at [www.facebook.com/gorhamtimes](http://www.facebook.com/gorhamtimes) or email us at [gorhamtimes@gmail.com](mailto:gorhamtimes@gmail.com). While we received many guesses, the correct location of the "mushroom" tree pictured in the September 6 issue is on Church Street.

**inside the Times**

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Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

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The Gorham Times is a free volunteer-run community newspaper distributed every other Thursday to more than 100 pick-up sites throughout Gorham.

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The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

Printing services by Alliance Press, Brunswick, ME

# Kavanaugh's Record Should Disqualify Him from Supreme Court

REP. MAUREEN "MO" TERRY

Last week, I submitted a letter to Sen. Susan Collins asking her to consider Judge Brett Kavanaugh's casual relationship with the truth when she votes on his nomination to the United States Supreme Court.

Of course, Sen. Collins and I belong to different political parties, but I think we should all be able to agree that lying about whether or not he received stolen materials ought to disqualify someone from serving on the highest court in the country.

Kavanaugh lied under oath in 2004, 2006 and again in 2018 regarding his receipt of stolen documents. From emails released this week, we now know that he received this information from Manuel Miranda, who used his staff position in the Senate to steal confidential documents from Democratic Senators on the Judiciary Committee.

These emails prove that Kavanaugh lied under oath on three separate occa-

sions. In 2004, during his confirmation to the D.C. Circuit, he testified not just that he did not know the documents were stolen but that he never received any documents that appeared to have been written by Democratic staff. In 2006, he again denied having ever seen the documents in question.

Now that these emails have surfaced, Kavanaugh's story has changed.

He clearly received the documents, so now he asserts that he did not know they were stolen. Even if he was able to overlook the emails that referenced spying and a "mole" in the Senate, this assertion does not ring true. Manuel Miranda was caught stealing documents in 2003 and, by the time Kavanaugh was nominated to the D.C. Circuit, he had to have known where Mr. Miranda's information had come from.

Supreme Court appointments are for life, and the job of a justice is to place the Constitution and respect for the rule of law above all else. How can we trust Kavanaugh to do that if he's already been caught lying to the Senate in a public hearing?

But it gets worse. Kavanaugh's record on the issues that most affect our lives is even worse than his record on truth telling. In ruling after ruling, he has sided with large and powerful corporations and special interests over everyday Americans like us.

He has dropped hints that he believes health insurance companies should be able to deny coverage based

on pre-existing conditions – a problem we all thought we had done away with. He has been documented saying he believes so much in executive power that it raises questions as to whether he thinks presidents are above the law.

His shoddy record of rulings on minority rights and other civil rights shows he does not understand history and has little regard for America's native tribes. And perhaps worst of all, he said he doesn't believe Roe vs. Wade is "settled law" making his nomination the greatest threat to a woman's right to make her own health care decisions in decades.

To sum up, Kavanaugh's judicial philosophy is more about sticking it to the little guy than delivering justice to the American people. And his willingness to lie to advance that agenda shows just how unqualified he is to serve on the highest court in the land.

Senator Collins has all the evidence she needs to cast a "no" vote, and, for the good of her constituents and the American people, that's exactly what she should do.



Rep. Maureen "Mo" Terry is serving her first term in the Maine House of Representatives. She is a chef and small business owner with more than 25 years of experience in the food service industry.

She serves on the Taxation Committee. (207) 712-9735, (800) 423-2900, [maureen.terry@legislature.maine.gov](mailto:maureen.terry@legislature.maine.gov).

## Letters to the Editor

Letters to the Editor must be fewer than 300 words, signed with a first and last name, typed or e-mailed and include a phone number. The Gorham Times reserves the right not to publish letters that include personal attacks or inflammatory language. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times and are subject to editing.

Dear Editor,

Our State Senator, Amy Volk voted to support the Maine expanded Medicare bill, reflecting the referendum results of her constituents in Gorham, Scarborough and Buxton last November. Funding has yet to occur by the Maine Legislature. To mitigate the long standing generational abuse of the system, Senator Volk, as most of us do, favors some minimal work, community volunteering or higher education pursuit by the beneficiaries of our tax dollars by "able bodied" (non-disabled), childless, younger adults.

Your writer (Peggy Marchand, 8/23)

wrote a thinly disguised political hit piece against Senator Amy Volk and ignores the facts. Even though Senator Volk is concerned about long term costs, she voted for the expansion. More importantly, Amy is genuinely concerned about the long term welfare of all Mainers and has worked tirelessly on our behalf. I urge your readers to read Senator Volk's latest Legislative Update and decide for themselves whether Senator Amy Volk deserves re-election instead of believing misleading opinion letters.

Jim Means

CONTINUED ON PAGE 3

## Around Town

Freihofer's Bakery Outlet, owned by Birbo Bakeries USA, has opened on Lower Main Street.

Ramona Allen has opened Gorham Reflexology at 31 Main St.

Dingley Springs Road Extension (between Route 25 and Line Road) will be closed for approximately two months due to construction

and replacement of a box culvert for Douglas Brook. This will be a complete road closure and no local or emergency traffic will be able to pass through this area.

The Gorham Fire Department has been awarded \$25,000 from the Stephen & Tabitha King Foundation to be used for water rescue equipment and other related supplies.



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# Gorham Singer Performs in Scotland Festival



Photo credit Bruce Smith

Paul Machlin accompanies Gorham resident, Peter Allen (standing), during their benefit concert as part of the Edinburgh, Scotland Fringe Festival.

CHRIS CRAWFORD  
Staff Writer

Baritone, Peter Allen, and his accompanist, Paul Machlin of Falmouth, were honored to be invited to perform in Scotland at St Andrew and St George West Church during the Edinburgh Fringe Festival which is held concurrently with the world renowned Edinburgh International Festival in August. For over 70 years, the finest performers from the worlds of dance, opera, music and theatre have gathered in Edinburgh to perform during the three week event. According to Allen, "Fringe's more than 3,400 performances take place in over 300 venues around the city, all within 25 days. The mood of the city is electric."

Allen and Machlin performed an evening-long program entitled "America's Diversity in Song" which included folk-songs and spirituals, jazz, and Broadway from many of American's best known composers. From Aaron Copeland, to Jerome Kern, Duke Ellington, Kurt Weill, Charles Ives, and Harry T. Burleigh, the program, focused on the early 20th century, celebrates the diversity that immigrants have brought to American music.

"The audience was very appreciative and enthusiastic," said Allen. Their concert was performed as a fund-raiser for their host organization, VOCAL, which

supports unpaid care givers in the Edinburgh area. They were invited to perform by a friend of Machlin's who is on the board of VOCAL.

Music is in Allen's blood. He grew up in Rhode Island and Massachusetts, and has been singing his whole life: as a young child, in church choirs, in his teens at the Arundel opera company, and throughout his college years at Bates College, where he graduated in 1966. He attended USM for two years and took voice lessons with Robert Russell and Bruce Fithian. Speaking about his passion for music, Allen said that he loves connecting and creating a bond with his audience. He added, "I love using my voice, and indeed my whole body, in the creation of something hopefully beautiful and uplifting."

Over the years, Allen has been a member of a variety of singing groups performing in a variety of musical genres: a Renaissance group called the Cornish Trio, the Bel Canto Quartet, with Ellen Chickering, Gabriella Mira and Bruce Fithian, and a pop/jazz a cappella group Referendum. He began soloing with local orchestras and choruses in the late 80's, singing mostly oratorio repertoire (Handel, Mozart, Haydn, Brahms, Beethoven, Bach). He has also sung operatic roles with PORT opera and Surry Opera, with

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# Welcome Back, USM



Photo credit Roger Marchand

The Gorham Village Alliance celebrated the return of the University of Southern Maine administration, staff and students to the Gorham campus with an event held at Bruce Rouillard's historic School St. home. USM President Dr. Glenn Cummings spoke about the University's gains in enrollment and plans for the future. Pictured (left to right) is Kathy Garrard, Gorham Village Alliance; Dr. Glenn Cummings, USM President; Dr. Nathan Hamilton, USM, Associate Professor of Archaeology; Dede Perkins, Gorham Village Alliance; and Bruce Rouillard, Gorham Village Alliance and event host.

## Letters to the Editor CONTINUED FROM PAGE 2

Dear Editor,

This is my first letter to the editor, inspired by my concerns with the increasing divisions both in our state and our country and the realization that change starts at the local level. I support Linda Sanborn's candidacy for the State Senate and believe both that her values are ones that are shared by most of us and that Linda has the ability to listen and be respectful to everyone regardless of their views. I'm impressed by her decency and compassion as well as her intelligence and ability to communicate clearly. She's currently knocking on doors to introduce herself to those she hasn't met during her eight years as our state representative. I hope many of you have met her this way or will before November.

Linda is a retired family doctor, used to thinking on her feet and making decisions. She understands the need to expand Medicaid and move toward accessible and affordable healthcare. She knows southern Maine having raised her family here and will support our school system. Linda believes in protecting our natural resources, thereby safeguarding the land and river rich areas of District 30. Please consider voting for Linda Sanborn in November.

Lee Workman

Dear Editor,

This letter is intended to show my support for the re-election of state Senator Amy Volk. We are all well-aware of the drug epidemic and whether

directly or indirectly, its impact is far-reaching. One of the reasons that I'm writing this letter in support of Amy Volk is because I'm so impressed by the work she's done in the Maine Senate to make a difference in our drug epidemic. She knows first-hand its impact and is actively involved in finding solutions and providing support.

Amy was the sponsor or co-sponsor of several bills addressing Maine's drug epidemic. One of the most important and life-changing is the work she did to duplicate a residential treatment facility called McAuley House, located in Portland, throughout the state. This model is designed to not only help women with the drug problems but also the next generation that could be devastated by having a mother on drugs. Senator Volk visited McAuley House, imagined those children, and took action by not only sponsoring but tirelessly advocating for her bill's passage. And, thankfully for hundreds of Maine women and children, she was successful. She quietly and humbly, without fanfare or need for praise, told me that this bill could be the most significant thing she will do in her career as a politician.

Considering Amy Volk's resume of important legislation, that is really saying something! On November 6 help more people facing the demon of drugs, and help our state, by supporting the re-election of Amy Volk.

Meg Kusturin

**GHS GRAD NEWS:** If you, or your son or daughter is a GHS graduate, we would like to share your achievements in the Gorham Times Of Interest section or in a Where Are They Now feature. Submissions should include the year of GHS graduation and should be no longer than 75 words. Contact Chris Crawford at [ckck5@maine.rr.com](mailto:ckck5@maine.rr.com), Kathy Corbett at [ktcorbett@aol.com](mailto:ktcorbett@aol.com) or Cindy O'Shea at [coshea2@maine.rr.com](mailto:coshea2@maine.rr.com).

**UPCOMING GORHAM TIMES DEADLINES:**  
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# Coping with Anxiety

AMANDA KEZAL

In a fast paced world it's no wonder that people experience anxiety. For some, it's a restless worry. For others, it can be quite debilitating. Sitting in stillness is a great way to discover what triggers your anxiety. Getting at the cause is beneficial to feeling freedom.

Worry and anxiety are always about tomorrow. Be in the moment. The mind has control over the body. When anxiety arises, know that you have a choice in how to respond. When the body tenses, relax it. Notice which areas feel tight or uncomfortable. It may take many times and require patience, but eventually the body responds. If you recognize anxiety manifesting in the shoulders, exaggerate it. Tense the shoulders, squeeze them up to the ears, inhale and then let the shoulders drop with a big sigh out the mouth. Feel the emotion release with the sound of the sigh. Your sound may be a soft sigh or a louder 'ha!' sound. You can also make fists with the hands. Squeeze the fists tight and fling the fingers out with the exhalation. The action of doing something can be beneficial in helping you feel as though you have control once again.

The physical yoga practice is beneficial for decreasing anxiety at the moment it happens, and for helping to prevent future attacks. The body yearns to return to its relaxed state. Focusing on yoga poses helps shift attention from whatever thoughts are occurring, thus releasing emotional and mental stress. There are many details to focus on when moving through each yoga posture. Some are for better alignment,

safety, or to deepen the sensation of the stretch, etc. When the mind is busy focusing on the body, it limits the opportunity to feel stress and anxiety.

Deep belly breathing is one of the most important means to establishing peace. When anxiety is present, the breath is limited, shallow and quick. Getting control of the breath once again is key to feeling relief. With a gentle awareness, notice the rhythm and depth of breath without necessarily trying to change it. Typically, the breath is resting high in the upper chest. Then take a moment to rest on your back for greatest relaxation and bring the hands to rest on the lower abdomen. Work on expanding the lower belly with an inhalation, like you're blowing up a balloon—you will feel the hands lift as the belly rises. With the exhalation, feel your belly and balloon release. You can actively pull the belly toward the spine to completely empty the breath. You may find that you have to nudge the breath along. Eventually, there will be a build-up of breath followed by a sigh. That's the sweet spot when you feel the anxiety begin to diminish. Breathing is the simplest technique to re-set your system and it can be done anywhere.

There are many techniques you can practice to help ease the feelings and symptoms of anxiety. Do not lose hope—it's a temporary situation.



Amanda Curtis Kezal, owner of Holistic Pathways, has brought her yoga fusion style to Gorham for over 20 years. She continues innovative approaches to sharing the many benefits of yoga with others.

# New PRLT Trail Opens at Randall Orchard

CHRIS CRAWFORD  
Staff Writer

Presumpscot Regional Land Trust has opened the first segment of a new trail system on a portion of the 500 acres of land owned by Randall Orchards and held in conservation and agriculture easement by the Land Trust.

The 1.5 mile loop trail is phase one of the Randall Orchards Forest Trails project and is open for public use during daylight hours for walking, biking, snowshoeing and skiing. The land is owned by the Randall Family, so please stay on the trails. Remember that ALL Land Trust trails are Carry In Carry Out.

The trailhead is located along Randall Road, off Rt. 25, on the border of Gorham and Standish. The opening of a second trailhead at Colonial Marketplace is delayed slightly, but will be ready by October 1.

The trail is great for family hiking. The easy to moderate terrain offers views of wetlands, vernal pools, stonewalls, and a diversity of majestic trees including hemlock, pines, oaks and maples. The North Branch of the Little River, a tributary of the Presumpscot River, winds through this section of forest.

The Land Trust has been in discussions with the Randall family for several years about having a trail system in the conserved forest that surrounds the working orchard. Thanks to the Randall Family and to funding by Narragansett One Foundation and by Old Port Advisors, the first segment of the trail now is open. Over the next several years, the Land Trust plans to add an additional five miles of trail.



Photo credit Chris Crawford

T-Bone and Julie Randall at the opening of the Randall Orchards Trail. They are happy to continue the legacy of the late Dick Randall who put his 482 acres in conservation easements that will protect the land for future generations.

Julie Randall said, "As co-owner of Randall Orchards I'm excited that the Presumpscot Regional Land Trust is putting in trails for the community to use in the forest land around the Orchard. I hope people will come and walk, bike and snowshoe our trails."

Randall Orchards is known throughout Greater Portland and is a regional destination for apple picking in the fall. Now people can come to this loved Orchard to pick apples and also to get out for a peaceful walk in nature on this forever conserved forested land.

On Sunday, Sept. 23, Randall Orchards will celebrate Johnny Appleseed's birthday with fun activities for children and families from 9:00 a.m. to 1:00 p.m. including a food truck, cider samples, face painting and of course apple picking. Come enjoy the trails and stay for the celebration.

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SEPTEMBER 5, 2018

# Town Council Meeting

GORHAM TIMES STAFF

Hans Hansen suggested the Town should take a new approach to bringing in new business and commented on his many struggles over the past 55 years to run several businesses in Gorham.

Dan Glover, member of the Archangel Committee of Greater Portland, thanked Gorham for its support for the relationship and involvement in various exchanges over the years. He reported that the group will celebrate the 30-year anniversary of the Sister Cities Relationship between Greater Portland, Maine and Archangel, Russia with a photo exhibition of photography at the Stonewall Gallery in Yarmouth, Maine from November 9, 2018 – January 7, 2019.

Alan Tardiff voiced his opinion on the high density development that is being considered near his property. He raised concerns for the wildlife in the area having no place to go if all of the houses are built.

Councilor Phillips thanked Bruce Roullard and the Gorham Village Alliance for a successful Welcome Back to Gorham event for USM students. She also reported that the High School Building Committee met on August 14 and went over more detailed plans and will meet again in September.

Councilor Stelk attended the opening ceremony of the new METRO Husky bus line service that started in Gorham on August 27. She urged everyone to take advantage of the bus service and hopes that it will help alleviate the traffic issue in Town and help citizens get into the Greater Portland Region.

Town Manager Ephrem Paraschak reported that there will be a road closure on Dingley Spring Road Extension on September 10 that will last approximately two months. He also reported that work is continuing on South Street for the next couple of weeks at night to complete that project and a meeting would be held with the DOT to discuss the proposed work on the Little River Bridge on Route 237.

School Committee Chairman Darryl Wright reported that the school year got off to a great start. He thanked the members of the Gorham Fire Department and the Gorham Police Department who came out to welcome the students back to school. He also thanked the staff and parents. He reported that due to the high tempera-

tures, Wednesday was moved to a half day for the students, and Officer Drown and Chief Jones delivered “Ramcycles” to students on Thursday. The dismissal on Thursday was smooth and every student was home by 4:30 pm. He thanked the transportation department, the building administrative office and other staff for their hard work in making sure things went smoothly.

Wright informed parents and guardians to keep an eye out for communication coming regarding adjustments for early release days. The unofficial student enrollment numbers are as follows: K-5 elementary, 1289; GMS, 629; and GHS, 870 for a total enrollment of 2788. These are preliminary numbers and they will change. Implementation of the new transportation policy is going well. He reported that the site work for the two portable classrooms is almost done and expects them to arrive by the end of September and ready for use by early October.

The GHS Building Committee will be meeting in September and the Athletic Capital Campaign Committee will be meeting on October 1. GHS homecoming will be the week of September 17 and the beginning of the year activities will be listed on the Districts website.

The Town Council approved a renewal liquor license for M and G X-Mac II, LLC, DBA Ocean Gardens Restaurant and Tavern.

Jed Taft voiced his concerns about the Sprinkler Ordinance and urged the Council to bring it to referendum for the public vote on.

The Town Council discussed amendments to the Sprinkler Ordinance. The Ordinance was voted on and passed as amended. 5 years, 2 nays (Benner, Phillips). Full details can be found at [www.gorham-me.org](http://www.gorham-me.org)

The Town Council forwarded potential amendments to the Land Use & Development Code regarding increased density within a new Small Dwellings Overlay District to the Planning Board for a public hearing and recommendation.

The Town Council forwarded potential amendments to the Land Use & Development Code which remove certain fire protection water supply requirements to the Planning Board for a public hearing and recommendation.

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### Gorham Yoga Company is now offering Barre!

A dynamic, low impact, full body workout that is perfect for all levels of fitness. Check out our website for a full list of over 20 weekly offerings. On the fence? Try us for two weeks of unlimited classes for \$30! [Gorhamyogacompany.com](http://Gorhamyogacompany.com)

SEPTEMBER 10, 2018

# Planning Board

Ben Lamarche & Cory Murray dba Standish MODBL Real Estate LLC’s request for approval to convert 77 South Street to a dental office with additional parking behind the building on property located on Map 106 Lot 47.001, Urban Residential (UR) zoning district, was approved with findings of fact and conditions of approval.

An amendment to Chapter 1 Zoning Regulations, to amend Section 1-16 – Narragansett Development District – by creating the Narragansett Mixed Use Development District was sent to the Town Council with recommended adoption as drafted by the Planning

Board with revised zoning map.

Design Dwellings’ request for preliminary approval of Douglas Woods Subdivision, a 14-lot subdivision located on South Street, Suburban Residential (SR) zoning district, was discussed and postponed to a future workshop during the week of September 17.

Robert Hamblen’s request for final approval of Harrison Lane, a 6-lot residential subdivision on 10.10 acres on property located off Libby Avenue, suburban residential-manufactured housing (SR-MH) zoning district, was approved with findings of fact and conditions of approval.

## Police Note

The Gorham Police Department had multiple reports of mailbox vandalism in the West Gorham area reported over Labor Day weekend. There are no suspects at this time. If anyone has any information, or was a victim of vandalism, they are encouraged to contact Gorham PD and file a report. Incidents should be reported as soon as they are noticed. To prevent vandalism, the Gorham police suggest good lighting, security cameras and to be as observant as possible of potential vandals.

SafeWise, an online safety resource, has named Gorham as the 16th safest college town in the nation. The Gorham Police Department recognizes this honor is due to the collaboration between the citizens of Gorham, the University of Southern Maine staff and students, the University of Southern Maine Public Safety Department and the Gorham Police Department. A link to the full list can be found at <https://www.safewise.com/blog/safest-college-towns-america/>

AUGUST 2018

## Grand Jury

Batista Bazeya, 39, of Westbrook, was indicted for theft by deception and theft by unauthorized taking on charges brought by Gorham PD.

Luis Lassu, 21, of Gorham, was indicted for eluding an officer, criminal speed, driving to endanger and operating without a license on charges brought by Gorham PD.

## Candidates for Town Office

GORHAM TIMES STAFF

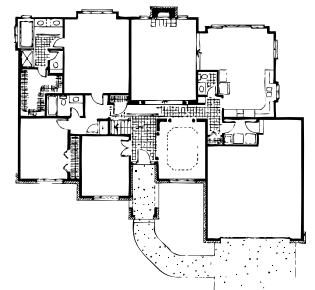
Virginia Wilder Cross, Fred Daigle, and Lee Pratt will be on the November 6 ballot for two positions on the Town Council. Sherrie Benner and Marla Stelk, whose terms expire, chose not to run for reelection.

Voters will choose two members for the School Committee as well. Darryl Wright, who is seeking reelection, and Anne Schools have each returned nomination papers for those positions. Dennis Libby is not running again.

Profiles for all candidates will appear in a future issue of the Gorham Times.

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# Bridge Rebuild Slated for 2020

KATHY CORBETT  
Staff Writer

Load restrictions signs have been posted for the bridge over the Little River on Route 237 between the roundabout and Route 25 because the Maine Department of Transportation (DOT) is making plans to rebuild it in 2020.

According to Devan Eaton, DOT project manager, "the bridge is safe to use by the traveling public." The posting, "38 Tons, one truck at a time," is intended to limit large truck traffic that could further damage the bridge. Currently about 7,000 vehicles cross it every day.

At a meeting on September 5, Eaton and representatives from Hoyle, Tanner & Associates, Inc. (HTA), a bridge design firm, outlined plans to replace the steel two-girder structure built in 1952 with "a low maintenance bridge that works for everyone." The new bridge will have a concrete deck supported on welded steel girders and concrete abutments supported on steel piles. It will be very similar to the one built on Route 202 last year.

Although the deck and roadway

were replaced in 1988, age and rust damage from salt have weakened the 100 foot bridge enough that the DOT has prioritized construction of the new one. A public meeting will be held in Gorham this winter at which time the DOT will present approved preliminary plans, proposed detours, and construction duration. Final design and permitting is scheduled for 2019 with construction beginning in 2020. Estimated to cost about \$2,300,000, it will be fully funded with state and federal money.

Many conditions make this a more complex project than it might first appear to be. There are higher constructional and environmental standards than there were when the bridge was built in 1952. Also, utilities run on, under, and above the bridge. Because of the heavy traffic on Route 237 and the lack of major arteries in the area, the DOT will either construct a temporary one-lane bridge with a stop light on Route 237 or designate a detour that could send drivers down Route 202 from the roundabout to Route 25 in Gorham. Estimated construction times are six months with a temporary bridge and 45-60 days with a temporary detour.

# Senior Tax Rebates Awarded

KATHY CORBETT  
Staff Writer

All qualified applicants for Senior Property Tax Relief received approval by the Town Council on September 4. Tax rebates went to 148 applicants and ranged from \$500 to \$200 depending on income. Only 20 were denied because they

did not meet the program's qualifying criteria.

In order to fund all approved requests, the Town Council voted to add an additional \$12,560 from contingency funds to the \$50,000 previously appropriated. The council plans to continue the program next year, according to Town Clerk Laurie Nordfors.

## Town Council Meeting CONTINUED FROM PAGE 5

The Town Council approved all applications from the Senior Property Tax Relief Program as reviewed and recommended by staff, and ordered that \$12,560 be transferred into the existing program budget from Contingency Account 950-02-50640 to cover all approved application rebates at their qualifying amounts. 6 years, 1 nay (Smith).

The Town Council discussed a referendum for November 6, 2018 to borrow up to \$1,900,000 to replace the heating, ventilation and air conditioning system in the Gorham Middle School, and scheduled a Public Hearing on October 2.

Several people spoke in disapproval of the referendum question. Norm Justice gave a presentation on what the project would entail. Hollis Cobb reported that the bond would be for 10 years at 2.75% interest.

The Town Council amended the item to reflect the cost of the bond to be \$2,100,000 instead of \$1,900,000

due to the uncertainty of the bidding process. 5 years, 2 nays (Smith, Shepard).

The Town Council voted against the referendum. 3 years, 4 nays (Hartwell, Benner, Shepard, Philips)

The Town Council authorized a referendum for November 6, 2018 to allow the Gorham School Department to enter into an Interlocal Agreement with the Greater Sebago Educational Alliance, and scheduled a public hearing on October 2, 2018.

The Town Council instructed staff to review the feasibility of a moratorium(s) on new construction of single-family homes, duplexes, multi-family buildings, accessory apartments, and subdivisions and bring back information to the Council for its review and consideration. 5 years, 2 nays (Hartwell, Benner).

Complete minutes are available on the town's website at [www.gorham-me.org](http://www.gorham-me.org)

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## Town Council Mandates Sprinklers CONTINUED FROM PAGE 1

with new system designs and inflation. There are also savings to be had by installing a sprinkler system, according to Lefebvre. He stated that most insurance companies will give a homeowner a 8-15% discount on their insurance for installing a sprinkler system. Lefebvre also estimates that approximately 50% of a sprinkler system can be saved on the cost of other building materials that would not be needed because of the existence of the system.

Dan Brown from Village Builders in Gorham said, "The risk is that costs will be driven up and drive construction outside of town. Gorham is on the front edge of this and surrounding

towns are not doing this. While it is in the best interest of the public and the fire department, I am not sure the benefits outweigh the cost."

Lefebvre is not unsympathetic to the costs that will be incurred in complying with the requirements of the new ordinance, however, he said, "As fire chief, I am concerned about the fire related deaths and injuries of citizens. Similar uproars were heard with mandatory seat belts and airbags in automobiles. Both of these devices save lives. When you install a sprinkler system, you have bought a fully staffed fire truck, fully staffed 24/7 with a one minute response time."

## Gorham Singer Performs in Scotland Festival CONTINUED FROM PAGE 3

whom he toured the then-Soviet Union in 1988. Allen has had roles in local stage productions of Oliver! (as Fagin), Man of La Mancha (as Cervantes and Padre), and Oklahoma! (as Curly, when Allen had more hair than he currently has).

With Allen on vocals and Machlin on piano, the two have been performing together since 1985. As a professor of music at Colby College, and conductor of the Colby-Kennebec Choral Society and Colby College Chorale, Machlin would often call Allen to perform baritone and bass roles in the groups' concerts. Both are retired now, Allen from teaching English as a Second Language to students in Standish and Windham school districts, leaving more time for performing.

Local audiences will be able to enjoy Allen and Machlin in an upcoming recital concert for the benefit of Safe Passage Guatemala on November 3 in Gorham. The venue and time will be announced soon in the Gorham Times. The concert will also include a guest performance by Portland-based soprano Bonnie Scarpelli.

After the concert in Edinburgh, Allen (whose maternal great-grandparents were Scots) and his husband, Bruce Smith, extended their trip, visiting the Cairngorm Mountains, Inverness and the Oban Highland Games. A highlight was a boat tour to the beautiful Islands of Mull, Iona and Staffa, before leaving Scotland to spend a few days in the Yorkshire and County Durham in northern England.

## SCHOOL

SEPTEMBER 12, 2018

# School Committee Meeting

KATHY CORBETT  
Staff Writer

At the start of the September 12 meeting, School Committee (SC) members heard from several parents who spoke in opposition to aspects of the new transportation policy. They believed it should be more flexible in order to accommodate family situations and students in after-school programs not associated with certified daycare facilities. In addition to affecting students, they felt that the regulations would have a negative effect on working parents and single parents.

Superintendent Heather Perry reported that there were 28 new teachers in the district at the beginning of the school year and that open houses were held at all five schools. All the principals spoke about the first few weeks, focusing on some of the highlights.

Bob Riley reported that there are 630 students at the Middle School. He noted that an informal survey indicated that about 90% of 6th graders had smart phones and emphasized the importance of responsible use of all devices. Brian Jandreau, principal of Gorham High School, said that they have invited Gorham police to have lunch with students every Thursday. Elementary school principals were all enthusiastic about the climate of cooperation in

their schools and thanked Norman Justice and his maintenance team for improvements made over the summer.

Justice reported on the work done over the summer, particularly in preparing sites for the new portables which he calls "modular buildings" because of the extensive foundation and utility work they require. Among many completed projects, they resurfaced the tennis courts and the track at GHS, modified buildings to provide a better use of limited space, and did necessary painting in several schools.

Perry gave a brief report on the goals of the 2018-19 PBL Action Plan, which has an emphasis on consistency of practice and grading, strength in the skills for life policy, and improved communication about PBL with students, parents and staff.

Plans for the new regional education alliance for shared services are ongoing, although Gorham voters will vote on membership in a November referendum. The alliance is seeking a grant for leadership training, one of the services the organization is scheduled to provide.

The Committee voted (4-2, Benson, Currier; Libby absent) to approve the 2018-19 Superintendent's Goals. Because there was concern that diver-

CONTINUED ON PAGE 9



**The Gorham Youth Travel Basketball Association (GYTBA), will be holding player assessments for the 2018-2019 season for the Girls 5th & 6th and Boys 5th & 6th grade travel teams. Player assessments will occur at the Gorham Middle School as follows:**

Tuesday	October 9	6:00-7:00 pm 7:30-8:30 pm	5th grade boys 6th grade boys
Wednesday	October 10	6:00-7:00 pm 7:30-8:30 pm	5th grade girls 6th grade girls
Thursday	October 11	6:00-7:00 pm 7:30-8:30 pm	5th grade boys 6th grade boys
Friday	October 12	6:00-7:00 pm 7:30-8:30 pm	5th grade girls 6th grade girls

**Please arrive ½ hour prior to listed start times for registration. Please plan to attend both sessions.** Any player not attending at least one of their grade level assessment dates will be deemed ineligible for placement on a travel team. The GYTBA is also soliciting parents or other adults who may have interest in participation as a coach at the travel level or to be a member of the GYTBA Board. For more information, please contact: Rodney Bryant @ 839-8932 or 400-9565 (cell) or email rod32bryant@hotmail.com.

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# Two GHS Students Named National Merit Semifinalists

COMPILED BY ANDREA MORRELL  
School News Editor

Gorham High School (GHS) seniors Bruce Wyatt and Simon Roussel were recently named two of approximately 16,000 semifinalists in the 64th annual National Merit Scholarship Program. Wyatt and Roussel each have an opportunity to continue in the competition for some 7,500 National Merit scholarships worth more than \$31 million that will be offered next spring.

To be considered for a merit scholarship award, semifinalists must fulfill several requirements to advance to the finalist level of the competition. The school must submit a detailed scholarship application, in which they provide information about the semifinalist's academic record, participation in school and community activities, demonstrated leadership abilities, employment, and honors and awards received.

A semifinalist must have an outstanding academic record throughout high school, be endorsed and recommended by a high school official, write an essay, and earn SAT scores that confirm the student's earlier performance on the qualifying test.

"I am honored and flattered to receive this award, and would like to thank all of my teachers who work so



Photo credit Amanda Landry Photography



Photo credit Kelly Roussel

Bruce Wyatt (left) and Simon Roussel were recently named 2019 National Merit Scholarship Semifinalists.

hard to make this all possible," said Wyatt.

According to the National Merit Scholarship Corporation (NMSC), over 90 percent of the semifinalists are expected to attain finalist standing, and about half of the finalists will win a National Merit Scholarship, earning the Merit Scholar title. The program honors individual students who show exceptional academic ability and potential for success in rigorous college studies.

"I am very honored to be a National Merit Scholarship semifinalist. I feel like it validates a lot of the time and effort I've put into school," said Roussel.

Over 1.6 million juniors in about 22,000 high schools entered the 2019 National Merit Scholarship Program by taking the 2017 Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT), which served as an initial screen of program entrants. The nationwide pool of semifinalists,

representing less than one percent of U.S. high school seniors, includes the highest-scoring entrants in each state. The number of semifinalists in a state is proportional to the state's percentage of the national total of graduating seniors.

In February, semifinalists will be notified if they are a finalist. Three types of National Merit Scholarships will be offered at the finalist level. Every finalist will compete for one of 2,500 National Merit \$2,500 scholarships that will be awarded on a state-representational basis.

About 1,000 corporate-sponsored Merit Scholarship awards will be provided by approximately 230 corporations and business organizations for finalists who meet their specified criteria, such as children of the grantor's employees or residents of communities where sponsor plants or offices are located. In addition, about 180 colleges and universities are expected to finance some 4,000 college-sponsored Merit Scholarship awards for finalists who will attend the sponsor institution.

National Merit Scholarship winners will be announced in four nationwide news releases beginning in April and concluding in July. These scholarship recipients will join some 338,000 other distinguished young people who have earned the Merit Scholar title.

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# Revision to Transportation Policy

HEATHER PERRY  
Superintendent of Schools

The Gorham School Department recently made a change in its Transportation Policy that limits parents/guardians to the selection of two pick-up and drop-off points that are consistent for days of the week across the school year.

The purpose of this policy is to ensure that transportation office knows each day what students are supposed to be picked-up and dropped-off on what buses and at what locations in order to ensure the safety of all students.

As with any new policy, some unanticipated issues have been identified. The School Committee will be conduct-

ing a comprehensive overview of the policy change in January, but one procedural issue was identified that needed to be addressed sooner rather than later (while still maintaining the intent of the original policy change).

That is the issue of planned early release days. A decision was made to allow parents/guardians a third location for planned early release days only. (Note: For unplanned early release days, students will be dropped off at their planned location for that day of the week that was set out at the beginning of the school year.)

If you have any questions, please reach out to the transportation office, 839-2547, or to your child's school office.

# Apple Anyone?

The Gorham Educational Foundation (GEF) presented its inaugural Gorham Apple to kindergarten teacher Brent Stevens on September 12 at the Great Falls Elementary School staff meeting. Pictured is: (left) Amey Lewin, GEF President, Brent Stevens, and Michelle Inman-Carlson, Gorham GEF board member. The Gorham Apple fundraiser aims to recognize Gorham educators and support students at the same time. It is a way for students and their families to applaud teachers and administrators for an outstanding job and thank them for being an integral part of their success in school. All funds raised go directly to supporting teachers and students in classrooms throughout Gorham. This year they raised over \$200 and next year hope to double it. Be on the lookout for more information on the Gorham Apple at [www.facebook.com/gorhamef](http://www.facebook.com/gorhamef) or [www.gorhamef.com](http://www.gorhamef.com). Next year's fundraiser will be underway beginning in April 2019.



Photo credit Stacey Sawyer

# Student Interns Wanted!

Do you love to write? Are you always looking for the inside scoop? Do you have an interest in attending school/sports events for free and reporting on them? If you answered yes to any of these questions come join our Gorham Times team! We are looking for a few new student interns (preferably high school students) to help with the school and sports sections of the paper. Write on what interests you and as much as you have time for. Interns have the potential to earn community service hours or credit while working for the paper (see Mr. Jandreau for details). We are looking for interested students who are willing to take on articles at least once a month (as your time allows), attend bimonthly meetings when you can, and who have a genuine interest in journalism. Our interns are an invaluable part of the paper. Great resume builder! If interested, contact Andrea Morrell at [schoolsnews@gt@gmail.com](mailto:schoolsnews@gt@gmail.com).



# School Committee Meeting

CONTINUED FROM PAGE 7

sity goals were not included, some felt that the motion should be tabled until the October meeting, but the approved motion included wording that allows amendments.

The Committee approved the FY20 Budget Timeline (4-2, Carrier, Livingston). Those opposing felt that the process could be streamlined to require less time from the SC and dis-

trict staff. They unanimously approved this year's meeting schedule, the revised Student Discrimination and Harassment Policy, athletic coaches' stipends, and non-schedule Band C stipends. These stipends are for committee work outside contracts. They elected Kate Livingston as a delegate to the Maine School Board Association meeting and Kyle Carrier as an alternate.

# School Note

Superintendent Heather Perry has published her latest blog post. Highlights include the opening of school and a brief review of expectations and changes to Gorham's Proficiency-Based Learning work for the 2018-19 school year. Visit at: <https://gorhamsuperintendent.blogspot.com>.

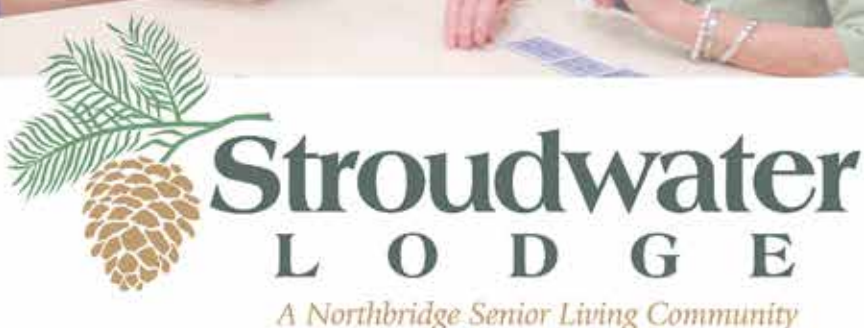


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# Running to Remember

DESTINY COOK  
Sports Editor

On September 9, runners from the ages of 8 to 80 gathered for the annual Stephen Ward 9/11 Memorial 5K to benefit the Stephen G. Ward Memorial Scholarship Fund. While the race has been held for the last eight years, the scholarship fund was started directly after the September 11th attack on the World Trade Centers.

Stephen Ward, a Gorham resident, died in the attack. As a way to turn the loss of their son and brother into something positive, the Ward family wanted to help a Gorham student who embodied the characteristics Stephen had. Katie Ward, Stephen's sister, said those characteristics include academic and athletic performance, leadership and service to the community.

The very first recipient of the scholarship, David Willis, received \$1000 in 2002. Willis is now a business sponsor of the event through Willis Real Estate. Ward said in the past, the award had been split between two recipients, but as a family, they decided they wanted to make more of an impact and now give it to a single recipient. This past school year, Aaron Farr (GHS '18), who is currently attending Yale University, received a \$3500 scholarship.

Making the event possible each



Photos courtesy of Stephen Ward 9/11 Memorial 5K

Many Gorham residents participated in the 5K, with the top honor going to Wil Rossignol (GHS '18), pictured with race organizer Katie Ward. Brynn Cunningham was the under 13 winner.

year are numerous business sponsors (typically between 10 and 20), donations, and volunteers. One hundred percent of the proceeds go directly to the scholarship fund. Many have been there since the beginning, including runners and walkers, and each year, new businesses partners and volunteers join in.

When asked if hosting the event each year brought some sort of comfort, Ward said, "The loss of my big brother is the hardest thing I've ever faced. It is a living grief, always there, under the surface, the bitter in every sweet. Seventeen years has made it easier to endure day to day, but each year, the anniversary of his death intensifies that grief."

She shared, "The anniversary of

his death is a personal, intimate loss for me and my family, and it is also a hugely public and world-wide anniversary with a nation and thousands of families grieving." As organizers of the 5K, she said her family was able to maintain contact with many of his friends; they share laughs and memories of him year after year. She said, "It makes his life real again."


The race is a blessing to the Ward family, bringing healing while helping a student in the Gorham community achieve their dreams. Ward hopes it makes her big brother proud.

To learn more about the race, the scholarship or to make a donation, visit the Stephen Ward Memorial 5K Facebook page.

Race Results:

1 Wilkins Rossignol	18:39
2 Andrew Jenkins	19:11
3 Peter Downing	19:23
4 Curt Smyth	19:48
5 Tony Myatt	19:58
6 Anthony Zerillo	20:25
7 Thomas Nelson	21:18
8 Julie Smyth	22:40
9 Daniel Oleson	22:49
10 Theresa Hendrix	23:08
11 Kelly Rioux	23:10
12 Matt Nelson	23:24
13 Pete Morrill	23:36
14 Anne Hendrix	24:20
15 Bruce Hepler	25:01
16 Dylan Roberts	25:03
17 Heidi Page	25:30
18 Dennis McDonald	26:17
19 Melissa Deering	26:28
20 Karen Gaudette	26:29
21 Dale Rines	26:52
22 Terry Deering	26:58
23 Michael Bourke	27:00
24 Linda Whitten	27:07
25 Kaci Mollison	28:19
26 Bryn Cunningham	28:21
27 Don Zilman	28:35
28 Amber Rossi	28:39
29 Mason Caron	28:46
30 Kate Karlonas	29:05
31 Lee Rossignol	29:07
32 Rebecca West	29:09
33 Paradis Scott	29:23
34 Art Schnell	29:25

CONTINUED ON PAGE 11




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**Running to Remember** CONTINUED FROM PAGE 10

35 Anna Sedenka	29:27	71 Ralph Hendrix	40:33
36 Wanita Page	29:36	72 Augustine Hartman	41:08
37 Julia Gaudette	29:39	73 Nora Kennie	41:17
38 Teresa Larrivee	29:47	74 Allison Kennie	41:18
39 Dawn Peterson	30:10	75 Kevin Kennie	41:19
40 Jennifer Dyer	30:25	76 Bill Vickerson	41:29
41 Chris Davis	30:36	77 April Starrborter	42:19
42 Todd Walker	30:37	78 Grace Cunningham	42:30
43 Jessica Scherb	31:04	79 Lori Cunningham	42:32
44 Michelle Joubert	31:15	80 Susan Emerson	42:40
45 Lisa Anderson	31:27	81 Nick Walerk	44:49
46 Betty Disanza	31:29	82 James Bunting	47:59
47 Mariah Lobley	31:32	83 Victoria Randall	48:08
48 Warren Joubert	31:51	84 Alison Dreifus	48:11
49 Santeusanio Meloney	31:55	85 Jennifer Dyer	49:35
50 April Sandstrom	32:28	86 Tobey Farrington	49:35
51 Denise Morrill	32:29	87 Wendell Howard	49:35
52 Kelly Taxter	33:14	88 Alex Vida	49:35
53 Allyn Genest	33:51	89 Issac Hooper	49:35
54 Sandy Washer	34:15	90 Philip Rumery	49:35
55 Kira Dancewicz	34:32	91 Pat Emanuelson	49:35
56 Seth Metivier	34:40	92 Jack Bisson	49:35
57 Katie Ward	35:29	93 Kayne Wellauer	49:35
58 Kristin Mollison	35:31	94 Logan Deering	49:35
59 Kevin Cox	35:33	95 Drew Thomas	49:35
60 Leah Joubert	37:06	96 Brandon Howard	49:35
61 Stacey Allan	37:07	97 Larry Fournier	49:35
62 Donna Dunbar	37:22	98 Skyler Horrigan	49:35
63 Jen Metevier	37:42	99 Karen Bauting	49:35
64 Ellen Assante	37:46	100 Conor Battoglia	49:35
65 Janice Pomerleau	38:24	101 Christine Bradbury	49:35
66 Avery Cochran	39:01	102 Dave Higgins	49:35
67 Heather Grondin	39:13	103 Paul Bauting	50:11
68 Debbie Howe	39:25	104 Gail McDonald	52:52
69 Gabby Brooks	39:31	105 Dee Nicely	59:39
70 Ashley Owens	39:33	106 Donna Kennie	59:40

# GYSA Parents Affected By Credit Card Breach

DESTINY COOK  
*Sports Editor*

The Gorham Youth Soccer Association was recently alerted about a security breach affecting the data maintained by Challenger Gear. Parents were alerted of the breach from both GYSA and Challenger Gear. They were asked to monitor not only their account they used to purchase gear, but all of their accounts in case there was fraudulent activity found.

As it turned out, many parents shared they had, in fact, been hacked. Parents posted on the GYSA Facebook page amounts varying from \$250 to a startling \$4,360 charged to their debit/credit cards. It seems more people were compromised than were not.

Kristin Mollison said that when GYSA ordered new uniforms, parents were told the website required a credit card to process the order even though there would be no charges to their card. The uniform order was placed on July 14 and on September 3, Challenger sent an email saying that cards had been compromised. That same day it was apparent that there were

fraudulent charges on her card.

Mollison said, "My card was charged for just under \$900: two orders at Nike.com for over \$400 each and another charge at a gas station in Kalamazoo, MI." TD Bank caught the fraud after another attempt to charge her card at a restaurant, also in Kalamazoo, MI, and shut her card off. She disputed the charges and expects that her account will be credited. Mollison also said she contacted Nike regarding the fraud in hopes they were able to stop the shipment on the orders placed.

Another parent, Amy Pelletier, shared that she too, was a victim of the breach. She entered her debit card information in for the uniforms and a backpack. She said, "I was alerted to fraudulent charges early the morning of August 30. There had been up to five charges (totaling approximately \$1400) attempted on my debit card from a PayPams account in Michigan and then four attempted charges from an airline in Saudi Arabia."

After Gorham Savings Bank alerted her of the charges, Pelletier called immediately and they shut

CONTINUED ON PAGE 12



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# Gorham Residents Help Break World Record



Photo courtesy of Seeds of Peace

Stacey and Jesse Coleman (back row, far right) participated on a team of 25 young men and women from around the world to break the World Record for "Greatest Distance on a Kickscooter."

DESTINY COOK  
*Sports Editor*

On August 17th-18th, a team of 25 people from around the world gathered at Costello Sports Complex at the University of Southern Maine in Gorham to "scoot" their way into the record books. They were attempting to break the World Record for "The Greatest Distance on a kick-scooter

in 24 hours by a team." The record was first set by a group of college students from Messiah College in 2014. Their team rode 344 miles in 24 hours.

The idea to break the record began with Mike Reid and Yonatan Belik, counselors at Seeds of Peace, a summer camp in Otisfield, Maine. The camp brings youth from all over the world together to inspire

CONTINUED ON PAGE 15

## GYSA Credit Card Breach

CONTINUED FROM PAGE 11

the card off. She said, "I had no idea at that point how my card had been tampered with," as the email from Challenger had not yet gone out to the parents informing them that their cards may have been compromised.

"Luckily for us, the bank caught it in time and we lost no money from our account. I don't think others were as lucky. Gorham Savings Bank took care of it very quickly thankfully!" Pelletier said she learned a valuable lesson from the breach - you should not use a debit card for online purchases, only a credit card.

If you feel your debit or credit card is involved in this breach or one similar, there are three important things to do according to Experian, a global leader in consumer and business credit reporting. First, call the issuer of the card and cancel it. If it is a debit card, it is recommended to change your pin number. Sometimes banks and issuers will automatically shut down the card if it has been involved in a breach. The second thing to do is monitor your accounts for suspicious activity. You will need to dispute any charges to your account immediately. Lastly, it is important to change any passwords associated with the accounts. If you use variations of the password for other accounts, change those as well.



# Gorham Times

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Real Estate Tip from: Po-Go Realty



Chris Burton



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Becky Gallant



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Jane Mason



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Peter Mason

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**SACO \$130,000** - Great location to  
commute in any direction. Home features  
newer roof shingle, vinyl siding, storage  
shed, new FHA furnace. Home needs  
interior updating. Being sold "as is".

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**622 Washington St \$67,500** - Cute  
3 BR 1 Bath cape in Auburn w/ easy  
access to turnpike and area amenities.  
Large deck & spacious backyard. Furnace  
& septic replaced within last 4yrs.



**HOLLIS \$329,900** - Just completed!  
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bsmt & 24x24 finished garage. HW & tile  
throughout, granite counters, SS appli-  
ances, deck & paved driveway.

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CONTRACT**



**BUXTON \$279,900** - Pristine Cape  
features 3BR, 1.5 ba. HW flrs, ceramic  
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w/ wet bar, brick hearth, attached two car  
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**LIMINGTON \$229,900** - Features  
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wood & tile floors and a 3.58 acre lot.



**GORHAM \$368,900** - Just Completed!  
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partially shared driveway. Interior needs  
some finish work.

**SOLD**



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maintained 3BR Windham ranch is situated  
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kitchen boasts SS appliances & a beautiful  
knotty pine cathedral ceiling open to living  
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**WELD \$234,900** - Charming lake front  
cottage on Webb Lake. Open concept  
with sleeping loft. Spacious deck, garage/  
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**12 Tall Pines Rd \$250,000** - Short  
sale in Scarborough being sold in 'as is'  
condition. Property has been winterized,  
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## COMMUNITY

### GRADUATIONS

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### DEAN'S LIST

**Gregory Farrington**, Clark University, Worcester, MA  
**Cameron Smith**, Clark University, Worcester, MA

### OF INTEREST

**North Gorham Public Library** will hold its annual meeting on Saturday, September 22, at 9 a.m. Everyone is welcome to attend. FMI [www.north-gorham.lib.me.us](http://www.north-gorham.lib.me.us)

**The Gorham Lions** will be meeting on Tuesday, September 25, at the Old Elmwood School House on South Street (Rte. 114) at 6:30 p.m. New members always welcome. FMI, 929-9182.

**The Gorham Food Pantry** will have extended hours through September 26 to receive donations of produce from local gardeners. Donations can be dropped off on Wednesdays from 5-6 p.m. and Thursdays from 7:30-9:30 a.m.

**Gorham musicians Don and Cindy Roy** will perform at the **2018 NEA National Heritage Fellowships Concert in Washington, D.C.** on Friday, September 28, at 8 p.m. which will be streamed live at [arts.gov](http://arts.gov). The National Heritage Fellowships are the nation's highest honor in the folk and traditional arts.

**Thanks to the Narragansett One Foundation Grant, the White Rock Grange #380 at 33 Wilson Rd is now fully handicapped accessible** with the recent installation of a stair lift. The Grange would like to invite the public to tour the facility on Saturday, September 29, from 4:30-6 p.m. The event will include a spaghetti supper and live music by Mike Stackhouse. FMI 839-3946.

**The White Rock Community Clubhouse, 34 Wilson Rd., will hold a Bean Supper** on Saturday, October 6, from 4:30 to 6 p.m. Homemade beans, hot dogs, cole slaw, potato salad, macaroni and cheese, biscuits and pies. Adults: \$9/Children under 12: \$4. FMI, [whitewrockcommunityclub@gmail.com](mailto:whitewrockcommunityclub@gmail.com)

**First Parish Church, 1 Church Street, will hold a Chicken Pie Supper** on Saturday, October 6, from 5 to 6:30 p.m. \$10 adults/\$5 children under 12. FMI, 839-6751.

**Fiddle-icious, Maine's largest fiddle orchestra has released the concert schedule for their 15th season.** Fiddle-icious, an open community fiddle-based orchestra, led by Maine's Dean of Franco-American fiddling, Don Roy, wows audiences with fun filled traditional tunes arranged for 100+ musicians, step-dancing, singing, and special guests. Tickets and schedule can be found at <http://www.fiddleicious.com/performances>.



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**American Quilter's Society**, the largest quilting membership organization in the world, is pleased to announce that Gorham resident, **Margaret Solomon Gunn** won 1st place in the Large Quilts: Quilter's Choice sponsored by Statler by Gammill with her quilt "The Twisted Sister" at AQSQuiltWeek in Paducah, KY.

**Gorham Girls Scouts Emily Feagans and Danielle Irish completed their Silver Award project this Summer by making nesting boxes for the Presumpscot Regional Land Trust.** The Silver Award is the highest award a Cadette level Girl Scout can earn by identifying and taking on a project that makes a change for the better in their community. The girls studied bird habitats and species, designed a template for their boxes, and collected donated materials to make 10 nesting boxes which were placed along the Little River Preserve in Gorham and the new Mill Brook trails in Westbrook. Pictured (left to right) Emily Feagans, Tom Pitman from PRLT, Danielle Irish.



### SENIOR PROGRAMS

**Senior Meal site has reopened.** Meals are served at St. Anne's Church, 299 Main St, on Wednesdays at 12 p.m. Cost is \$4. Volunteers are needed to assist in meal prep and clean up. FMI call St Anne's Church at 839-4857.

**The Lakes Region Senior Center**, located at the Little Falls Activity Center, 40 Acorn St. is open Monday through Friday from 9 a.m. to 1 p.m. Join them daily for coffee, tea, and socializing. Ongoing daily activities include Mahjong on Mondays – beginners welcome. FMI, Diane 892-9529; Tuesday crafts and card games. FMI, Avis 892-0298; The Memoir Writing Group meets the last Wednesday of the month. FMI, David 892-9604; Thursday Table games at 10 a.m. and Friday Art Workshop at 9 a.m. FMI 892-0299.

**Lecky Brown Center for Seniors:** Mondays at 1 p.m. Hand-chime group; Tuesdays at 9:30 a.m. Knitting Group and 1 p.m.; Wednesdays at 10 a.m. the Originals; Thursdays at 2 p.m. Church Street Writers (2nd and 4th Thursdays each month); Fridays at 10 a.m. ARTrageous Seniors and 1:30 p.m. Tai Chi for Seniors. All events are held on the 3rd floor at First Parish Church, FMI: 839-6751 or [firstparishoriginals@gmail.com](mailto:firstparishoriginals@gmail.com)

**The Lecky Brown Center will be hosting Southern Maine Agency on Aging's "Living Well for Better Health"** starting October 9 from 1-3:30 p.m. for 6 sessions. \$10 one-time workshop fee. Preregistration is required. Please call or email Susan Adams for more information. 396-6578 or [sadams@smaaa.org](mailto:sadams@smaaa.org).

**The Gorham Westbrook Windham TRIAD will be holding its monthly meeting on October 12 at 9 a.m. at the Westbrook PD.** The topic of discussion will be Safe Driving with Heather Shields of Pathways Rehabilitation Services. Please stay after the meeting for refreshments and socializing. This is a free program, everyone is welcome.

### ON-GOING EVENTS

**Gorham Cancer Prayer and Support Group** meets the first Tuesday of every month at the Cressey Road United Methodist Church, 81 Cressey Rd. from 6-7:30 p.m. This monthly non-denominational event is a prayer and support group for anyone dealing with cancer including patients and caregivers.


**The Gorham Food Pantry**, located at 299-B Main St (parking lot of St. Anne's Catholic Church) is open every Thursday morning from 9-11 a.m. and the second and fourth Wednesday of every month from 6-7 p.m. Free for Gorham residents in need. FMI, 222-4351 or visit [www.gorhamfoodpantry.org](http://www.gorhamfoodpantry.org).

**The Gorham Medical Closet** located at the Municipal Center 75 South St is free and available to Gorham residents in need of portable wheelchairs, shower seats, commodes, walkers, canes and more. FMI 839-3859, 329-4976, 632-2178, 839-3630, 839-2484, 839-3228, 839-6682, or 839-3494, 839-6450.

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Gorham Times

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## DOING THE RIGHT THING

**Solomon Drive caller confronted several juveniles in a black truck about speeding on the street. The juveniles used profanity and challenged him to a fight. Juveniles returned before officers arrived and apologized.**

Caller wanted to report a theft but officer learned it had started in Windham four years ago. Caller was referred to Windham PD.

O'Brien Drive caller reported his girlfriend took his van without his permission. He did not want to report it stolen.

Officers found a lone adult sleeping in the back seat of her car in the rear parking lot at the police station. Officer talked to woman who said she was sleeping until 1 a.m. before continuing on her hiking trip. She was advised she needed to move to the public lot out front and she did.

Following a complaint, officer went to Finn Parker Road to verbally warn a resident for harassment. Resident told not to have further contact, including no third party contact.

Officer responded to call of suspicious persons at So. Gorham Crossing. It was teens doing teen things.

Male and female had a verbal argument that escalated and she called the police. Both were calm while officer was there. There was no crime, just a verbal confrontation.

Cressey Road caller reported an elderly male should have arrived there but had not shown up. Man was located at Police Department call box and brought to Cressey Road house.

Police made contact with a woman (welfare check) after getting a master key to her residence from the Fire Department. Woman was napping.

Suspicious person parked on Ossipee Trail was there to take son and his friends fishing in a pond off the roadway between Clay Road and Ossipee Trail.

Suspicious person on side of a store on Gray Road was asked to leave the property on behalf of the employees.

Caller reported a disabled vehicle on Narragansett Street. Man's vehicle had not broken down, he was out collecting bottles.

Officer made contact with an elderly female who was apparently having car trouble in the Hannaford parking lot. Woman told officer she did not need assistance from him.

Falmouth woman lost her wallet on Ossipee Trail. Wallet was found near gas pumps and returned to her with all its contents.

Man found walking on Newell St. told officer his brother went fishing rather than coming to get him. He was driven home to Plummer Road.

Parker Hill Road resident reported a suspicious item. It was a partially burned tarp. Caller thought something might have been under it.

Caller reported a driver on Ossipee Trail was having a difficult time maintaining a straight line of travel. Vehicle was involved in a minor crash before officers arrived. Driver was arrested for OUI.

Someone rang a doorbell on Narragansett St. at 4 a.m. Caller waited until he left for work at 5:45 a.m. to call police.

Ridgeway Ave. woman received a check in the mail with instructions to cash it and return the extra money. Officer advised her it was a scam.

Distant Pines Drive reported a suspicious female going door to door in the neighborhood. Woman was offering tutoring services.

Main St. call reported customer had been rude while cashing a check. Caller was told if customer returned, to call police and he would be charged with criminal trespass.

Officer advised a Gray Road man that he could not set off fireworks without a permit and that he lived too close to neighbors to get a permit. Man said he would not do it again.

## CLASSIFIEDS

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## CALENDAR

### THURSDAY SEPTEMBER 20

- Baby Discovery Time (birth-18 mos), 9:30-9:50 a.m., Baxter Memorial Library
- Toddler Discovery Time (18-36 mos), 10-10:30 a.m., Baxter Memorial Library

### SATURDAY SEPTEMBER 22

- Greater Gorham Farmers Market, 8:30 a.m.-12:30 p.m. South Street, Gorham
- North Gorham Public Library Annual Mtg, 9:00 a.m.

### MONDAY SEPTEMBER 24

- Banned Book Week-Dear Banned Author

### TUESDAY SEPTEMBER 25

- Preschool Discovery Time (3-5 yrs), 9:30-10:15 a.m., Baxter Memorial Library
- Gorham Lions meeting, Old Elmwood School House on South Street (Rte. 114), 6:30 p.m.

### THURSDAY SEPTEMBER 27

- Baby Discovery Time (birth-18 mos), 9:30-9:50 a.m., Baxter Memorial Library
- Toddler Discovery Time (18-36 mos), 10-10:30 a.m., Baxter Memorial Library

### SATURDAY SEPTEMBER 29

- Greater Gorham Farmers Market, 8:30 a.m.-12:30 p.m. South Street, Gorham

### TUESDAY OCTOBER 2

- Preschool Discovery Time (3-5 yrs), 9:30 -10:15 a.m., Baxter Memorial Library

**NEXT GORHAM TIMES DEADLINE: SEPT. 26**

## Gorham Residents Help Break World Record CONTINUED FROM PAGE 12

and cultivate new generations of global leaders in communities divided by conflict. When asked about their reasoning for coming together to break the World Record, they said, "To prove that when people are dedicated to make something happen, it happens, regardless of race, religion, age or gender."

If you think that someone can just show up and attempt this feat, you would be mistaken. Belik said, "People were asked to get a scooter at home and train/adhere to the rigorous training plan that one of the advisors created from his home in Egypt and upload their numbers to the group."

"We needed to make sure they had the cardiovascular endurance required to complete the 100

meter sprints over 24 hours, in shifts of course," Reid added.

There was some criteria for attempting to break the World Record. They needed a team of 25 people. This proved to be a challenge, as Reid said, "Murphys law is true - whatever can go wrong, will go wrong." Having teammates drop out, no money or scooters and not having a location to host, were among the obstacles they encountered. Reid and Belik were not local to Maine, which also posed a challenge. They posted an ad on Craigslist and were put in touch with Stacey and Jesse Coleman, owners of My-Fit in Gorham, to help.

There were nine official witnesses, many from Gorham, who worked in four hours shifts

throughout the entire 24 hour event. Each witness had to be completely independent from the organizers, venue and affiliated organizations.

Stacey Coleman said they began "scooting" in teams of five, in intervals of one hour on and one hour off for the first several hours. Then they switched to thirty minutes on and forty-five minutes off for the final hours. She said, "It was amazing to meet so many awesome young people from around the world, and a once in a lifetime experience to be a part of a World Record attempt." In the final half hour, all 25 team members "scooted" to the finish.

In the end, the team covered four times the distance of the original record holders. Coleman

shared, "We covered 1,626.6 miles in twenty-four hours thanks to the amazing strategy created by Mike Reid and Yonatan Belik." The documentation for the attempt has been sent to the Guinness Book of World Records for evaluation and is waiting for approval.

Other community members helped to make the event a success including Gorham House of Pizza, Aroma Joe's, and Subway who all donated food for the "scooters."

If you have a sports event you would like to share, email [gtimesports@gmail.com](mailto:gtimesports@gmail.com)



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# Gorham Represented at the Patriots Home Opener

Officers from the Gorham Police Department Honor Guard represented the State of Maine during the opening ceremonies at the New England Patriots home opener on September 9. Each New England state was represented at the event. Pictured (left to right) is Sargent Ted Hatch, Chief Daniel Jones, Lieutenant Mike Nault and Patrolman Paul Dubay. Gorham Times' Sports Editor, Destiny Cook, also attended the home opener with Gorham residents (left to right) Travis Emerson (GHS '17), Seth Cook (GHS '17), and Mike Tanguay.



Photo credit SRO Wayne "Pooch" Drown



Photo courtesy of Seth Cook

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- Our goal is educating patients so they leave with the tools to manage their health.
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