

Gorham Times

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A Not-for-Profit Newspaper Serving Gorham Since 1995

Every Vote Counts



Laurie Nordfors
Town Clerk

Tuesday, November 6, is Election Day. Get out and VOTE. On the local ballot there are two seats open for Town Council and two seats open for School Board. There is also a local referendum question. On the State Ballot we are voting for Governor, US Senate, US Representatives, Sheriff, and Judge of Probate along with five referendum questions.

To view sample ballots, go to www.gorham-me.us and click on "How do I?" then "Elections & Voting Information" then "Upcoming Elections."

Polling places in Gorham are: Ward 1-1 at Gorham Middle School, Ward 1-2 at Little Falls Activity Center and Ward 2 at Shaw Gym. If you are unaware of where to vote, call the Town Clerk's office at 222-1670.

You can still register to vote in person at the Clerk's office through November 5 and at the polls on Election Day. Please bring photo ID for identification and something with your Gorham address on it for proof of residency.

Gorham Sightings



Photo credit Stacy Sallinen

Do you know where in Gorham this photo was taken? Join our visual trivia discussion by entering your best guess on our Facebook page at www.facebook.com/gorhamtimes or email us at gorhamtimes@gmail.com. Many readers correctly guessed the location in the September 20 issue as one of the stone arches of the old railroad bridge on the Mountain Division Line where it passes over Wescott Brook in White Rock. Thank you to reader Jo Morton for contributing the photo.

Town Strategizes to Reduce Energy Costs

John Ersek
Contributing Writer

Now that summer has ended and the weather has cooled down, the coldest months of the year are quickly approaching. At this time of year, many Gorham residents are thinking of ways to reduce their energy usage and costs, and taking steps to implement those ideas. The Town of Gorham (including the Gorham School Department) is also aware of the importance of reducing year-round energy costs, which includes reducing the money paid year-round for electricity from the New England power grid.

As it turns out, some of the most important things that the town government does to reduce electricity costs take place during the hottest days of summer. That is because ISO-New England calculates the electricity rates for all large and medium size customers according to their electricity usage during ISO-New England's highest usage hour on the peak day for electricity usage of the entire year. The purpose of ISO-New England having this rate policy is to lower peak demand as

much as possible, in order to lessen the risk of brownouts and to avoid the need for building additional power plants.

Larger electrical customers have a significant annual "capacity charge" based on their electrical usage during that one hour of peak demand. Because of that, many larger customers, like the Town of Gorham, strategize about how to drastically reduce or eliminate power usage during that key one-hour period. The Town of Gorham actually purchases its electricity from Constellation NewEnergy; the contract is negotiated through a consortium known as Maine Power Options.

The peak day for regional electricity usage always occurs during the summer months, usually in July or August, due to high demand for air conditioning. Usually the regional peak electricity day is the hottest day of the year, or one or two days later. In 2017, the peak day occurred in June. This year's regional peak day was August 29 between 5-6 p.m. This coincided with a day when school was in session in Gorham, one of the first times that has occurred.

On those hottest days of summer, the Town's efforts to reduce energy usage are directed by Facilities and Transportation Director Norman Justice. When a heat wave is imminent, Justice begins monitoring the situation more closely. Justice tracks regional power demand through several web services, and when he believes New England's power usage is about to peak, he has the authority to order almost all town-owned buildings to either close or switch to generator power. This is what Justice did on August 29 when he closed the town offices and library early.

Justice estimates that these actions on August 29 (similar to what was done in previous years) could save the Gorham School District as much as \$86,000 during the next electricity rate period, from July 2019 through June 2020.

During the winter months, the town takes different steps to save energy in its buildings. As a general rule, the thermostat in all town-owned buildings is lowered to 60 degrees overnight, on weekends, and during vacation weeks, unless the building is occupied overnight.

Gorham Companies Recognize Need for Skilled Manufacturing Workers

Gorham Times Staff

As part of Maine Manufacturing Month in October, a yearly event where hundreds of Maine manufacturers open their doors to students and anyone interested in learning about the industry's high-tech and high paying jobs, several Gorham businesses hosted students from area high schools. Helical Solutions, Montalvo Corporation, Jotul NA and Irwin Tools all welcomed students to tour their facilities and learn about the manufacturing process.

Thousands of students toured companies across the state. In its sixth year, the events have allowed more than 6,800 students the opportunity to get an up-close look at what "new" manufacturing offers; high-paying careers in high tech industries such as aerospace, aviation, defense and precision manufacturing.

"The reality is there is a massive talent shortage in manufacturing," said Lisa G. Martin, Executive Director of the Manufacturers



Photo courtesy of Dianna Fletcher

Association of Maine. "As an association which represents 300 manufacturers, 70% of our members

can't fill their jobs that require skilled labor. We are doing all we can to help these employers fill critical jobs by connecting employers with new applicants through our website. There are 1800 manufacturers in Maine facing this same challenge."

Association of Maine. "As an association which represents 300 manufacturers, 70% of our members

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Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

BRINGING THE NEWS TO ALL OF GORHAM
PO Box 401
Gorham, Maine 04038
Phone and Fax: (207) 839-8390
gorhamtimes@gmail.com
www.gorhamtimes.com

The Gorham Times is a free volunteer-run community newspaper distributed every other Thursday to more than 100 pick-up sites throughout Gorham.

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Ad deadline is the Wednesday of the week prior to issue date. Go to www.gorhamtimes.com and click on the advertising link for schedule.

EDITORIAL POLICY

The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

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Exercise Your Right to Vote

REP. MAUREEN "MO" TERRY

Well, it's November and we're just days away from the midterm elections. Barring certain exceptions, today, Nov. 1 is the last day to request an absentee ballot or cast your vote early at the town hall. Maine has a long tradition of showing up to vote, and we have one of the top voting rates in the nation. I hope you'll join me and Mainers all around the state and make your voice heard at the ballot box either today or on Election Day, Nov. 6.

Voting in every election is so important. It's how we shape our futures and decide what kind of world we'll leave for our kids. When we all vote, we can change the direction of the country, our state and our communities.

When you cast your ballot, you'll see a lot of names but those names stand for some important values that you'll also be weighing in on. Issues that will determine what kind of state

Maine will be are on the ballot this year and so much is at stake.

From access to affordable health care and prescription medicines to a fair tax code for working families that's not a giveaway to powerful corporations and billionaires; Medicare and Social Security; property tax relief; the survival of our rural hospitals; adequately funding education; rebuilding crumbling roads and bridges; the right for workers to organize for fair pay and benefits; the right for people to live their lives free from hate and discrimination; taking on the challenge of climate change and the serious pursuit of renewable energy; and rolling back the tide of the deadly opiate crisis that has stolen far too many Maine lives – all of these and more are on the ballot. And if we use our voices to speak together, we can make life better for all Maine people.

You might hear some people say that one vote doesn't make a difference. Don't believe it. The world is

run by those who show up. Make sure you're one of them. When you choose to be a voter, you are taking ownership of what kind of community, state and country you want to live in.

This month, you can be part of making it absolutely clear that we are people who stand up for each other and look out for neighbors when times get tough. I hope you'll join me on November 6 as we choose together what our future will look like.

As always, please feel free to call or e-mail me if you have any questions or concerns.



Rep. Maureen "Mo" Terry is serving her first term in the Maine House of Representatives. She is a chef and small business owner with more than 25 years of experience in the food service industry.

She serves on the Taxation Committee. (207) 712-9735, (800) 423-2900, maureen.terry@legislature.maine.gov

Letters to the Editor

Letters to the Editor must be fewer than 300 words, signed with a first and last name, typed or e-mailed and include a phone number. The Gorham Times reserves the right not to publish letters that include personal attacks or inflammatory language. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times and are subject to editing.

Dear Editor,

Maine has one of the highest rates of veterans per capita of any state in the country. Senator Amy Volk had strong connections and support for veterans. As someone who cares about veterans, as a Gold Star Brother, I pay close attention to these things.

After looking into Amy Volk's background and record, I found out that Senator Volk's paternal grandfather was killed in Italy during World War II, her grandmother's second husband, who was the only paternal grandfather she has ever known, was in the Navy during World War II, her great uncle is a 98-year-old World War II veteran, and she has had several uncles in and cousins who have served in our Armed Forces. Like I said, I know because I pay attention. Senator Amy Volk is one of those special legislators who genuinely cares about our veterans.

In the last legislative session she sponsored LD 1736, "An Act To Broaden Educational Opportunities to Members of the Maine National Guard and Provide Financial Assistance to Veterans." This bill expands the Maine National Guard Education Assistance Program to include private nonprofit postsecondary education institutions as institutions where members of the Maine National Guard may receive a tuition benefit.

I would like to personally and publicly thank state Senator Amy Volk for all her work supporting Maine veterans. I would also like to personally and publicly ask you to do the same. Pick up the phone, send an email, or write your own letter to the editor to thank Senator Volk. And when you get to the polling booth, color in the arrow next to Amy Volk's name so she can

continue to do the great work for our veterans.

Luke House

Dear Editor,

I'm writing in support of Andrew McLean's re-election to the Maine House of Representatives. I have known him for 10 years and have always appreciated his hard work on behalf of citizens of Gorham as well as all Mainers. Recently, however, I witnessed this commitment personally. Last year my son, David's, car was stolen from a nearby town, not in Andrew's district. Even so, he looked into the issue, discovering a communication problem that needed to be fixed in order to facilitate retrieving the car once it was found. Andrew kept in touch with David, including asking for input on the wording of legislation that would fix the problem. Andrew's bill passed unanimously and was signed by the Governor. I very much appreciate that Andrew's commitment to his constituents extends to family members as well. This is just one example of how Andrew gets things done that benefit all of us. Please join me in voting for him on Nov. 6.

Judy Ringo

Dear Editor,

As a former teacher, I have known Shawn Moody since he was one of my students at Gorham High School. Having grown my own company in Gorham over the past 30 years, I have also worked with Shawn as a peer in our close knit business community, where he is known for his positivity, his leadership, and his commitment to giving back.

Nowhere has his commitment been more visible than in Gorham's schools.

For the past seven years, Shawn and I have served together on Gorham Schools' Business Roundtable where he has rallied local businesses to support our students and their needs.

Shawn led the charge to create a new position working with local businesses to cultivate career opportunities for students. Shawn was the chief advocate, presenting the case not only to the School Committee but also to the town's Economic Development Committee and to the Town Council. Shawn felt so passionately about this opportunity to create positive impact for students, he sought commitments from local businesses to pitch in to help fund it. Through his advocacy, the new role was established and is now connecting students to career opportunities.

Having spoken alongside Shawn in school assemblies, I have seen firsthand how his example inspires students. He connects with them and they can sense how much he cares about their success.

Shawn Moody has always put students first and I know he will continue to do so as Governor.

Demetria Chadbourne

Dear Editor,

One of the most confusing referendum questions in 2016 was the elimination of the tip credit. Fortunately, Senator Amy Volk was not. She was a vocal opponent of eliminating the tip credit for our servers. After it passed by a narrow margin, she went back to Augusta to restore it.

The public hearing for the bill was one of the largest attended hearings in Maine and lasted almost 15

CONTINUED ON PAGE 3

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hours. Senator Amy Volk, as chair of the Labor, Commerce, Research and Economic Development Committee, led that hearing for all 15 hours. She listened to hundreds of testimonies for and against the tip credit restoration. One woman testified that she originally supported eliminating the tip tax credit. But then after listening to all the hearings realized that she didn't understand what it would do. She is a perfect example of how flawed the referendum process is in Maine. This is the reason we have legislators.

The legislation process is long and slow by design. Legislators have public hearings, then the work sessions to discuss the bill and then it has to face both bodies of the legislature before it goes to the Governor's office. The referendum process skips over the real work and can take a lengthy bill leaving Maine citizens to vote based on one sentence.

Having quality representation in Augusta from good people who are willing to sacrifice so much is imperative. As a small business owner and active citizen it is my duty to pay attention. I am thankful to see a leader take the time needed to pass good legislation as seriously, and with as much energy and passion, as Senator Amy Volk.

Kai Adams

Dear Editor,

With candidates for Maine's state and congressional offices commanding the airwaves and newspapers, it's understandable that many people remain unaware of the important ballot questions that Maine voters will soon decide at the polls. Like the policymakers who will be chosen on Nov. 6, those ballot questions will determine the future direction of our state.

Question 4 is such an example. It's a \$49 million bond proposal that tackles one of Maine's most important needs: educating tens of thousands of Mainers to prepare them for opportunities and success right here in Maine.

As members of the University of Maine's Board of Visitors, we closely track how well Maine's public universities and community colleges are helping make Maine a great place to live, work and raise a family. We pay particular attention to the role that UMaine, the state's flagship university in Orono, plays in helping students, employers, entrepreneurs and individuals achieve those goals.

Passage of Question 4 will advance those efforts by funding much-needed modernization of classroom buildings and student labs throughout the University of Maine System. These upgrades will help accomplish two objectives: They will provide students at Maine's public universities with improved learning facilities; and will increase the number, quality and preparedness of Maine's workforce in ways

that will help grow the state's economy.

Question 4 has received the support of Maine's governor and nearly all members of the Maine House and Senate. Employers, newspapers and economic advocacy organizations throughout Maine have endorsed Question 4 as well. This level of broad support is not often found these days. When it is, it sends a positive and strong message to voters.

Please join us in supporting Maine's workforce and future by voting yes on Question 4.

Karen R. Boucias, Owen Z. McCarthy, Kathy J. Olmstead

Dear Editor,

Maine passed health insurance reform in 2011 that was called Public Law 90. To the great disappointment of many, the new law was only in effect for a little over a year before the ACA made it obsolete. During that time frame, Anthem increased health insurance rates by a mere 1.7%. It would have been an estimated 20% or more if the law had not been passed by courageous legislators like Senator Amy Volk. Thanks to Senator Volk, Public Law 90 reined in the out-of-control costs of individual and small group plans.

Now, seven years later, healthcare costs have skyrocketed. Meanwhile the cost of medical services has gone virtually unchecked despite major federal regulations.

Amy Volk knows that Mainers cannot afford to wait for corrupt Washington D.C. to fix the health care crisis. Action needs to be taken at the state level and we need leaders with vision to get the job done.

Did you know that it is often less expensive to pay for prescription drugs out-of-pocket than it is to use insurance? Most people have no idea about this due to "gag clauses" between insurance companies and pharmacies. Their contracts prevent pharmacists from letting consumers items price lower than their co-pay. As a result consumers often unwittingly pay more for prescription medications.

Amy Volk is investigating what can be done at the state level, to help keep prescription costs down. So until she can make something happen, be sure to ask your pharmacist about out-of-pocket pricing for your prescriptions. Healthcare affects every Maine citizen whether you are rich, poor, young, old, married or single. It is an important issue for all of us. It is a reason all of us should be casting our vote to re-elect Amy Volk.

Marilyn Amoroso

Dear Editor,

I have been a resident of North Gorham for more than 45 years. Over time I came to realize that my passion was to support youth and to try to

address the issues that threaten them. To that end I served two terms on the Gorham School Committee. And I have participated in several prevention initiatives including the Gorham Action Team for Youth of which I am currently a member. I have worked with many experts and other education specialists in Gorham and Cumberland County and I believe that I am able to recognize the qualities that make a person an effective advocate for youth. I believe one of the people with those special qualities is Dr. Linda Sanborn, candidate for State Senate.

I know Linda as someone who can be relied upon to work hard for successful childhood development. She and I have worked on youth initiatives together and I know that her commitment to "do the right thing" for kids is very strong. She is someone whose expertise we sorely need in the state senate. Linda is uniquely qualified to fight for resources for our most precious resource.

Barry Atwood

Dear Editor,

The fact that the editorial page in the last edition of the Gorham Times was essentially a re-election pamphlet for the Amy Volk campaign was a bit too much. Getting friends to write in to support your election is one thing. But the News from Augusta section is meant to update Gorham residents on legislative news and events not to blatantly promote yourself and boast how many bills you sponsored. By the way, there is usually a long list of legislators who sponsor any given bill so it's a common occurrence. The website billtrack50.com is a good, unbiased resource to find out how state legislators voted on issues. From that website, it seems like Amy Volk pretty much votes the party line.

Ruth Kelly

Dear Editor,

As someone whose family's roots in Maine go back to the mid-1600s, I am deeply concerned about the quality of life and type of government in my home state.

Attorney General Janet Mills is one of my oldest and dearest friends and former Gorham Public School classmate. She also has a great depth of knowledge and experience in the governance and values of Maine. As a legislator and District Attorney for Androscoggin, Franklin and Oxford Counties, a position to which she was re-elected three times. Janet was the first woman District Attorney in New England. In 2008 she was elected by the Joint Convention of the Legislature to be Maine's 55th Attorney General; the first woman Attorney General in Maine.

I strongly believe Janet Mills is the strongest and most qualified of Maine's gubernatorial candidates, and I am proud to support her. I encourage everyone who values integrity, experience, and dedication to improving life for all of Maine's citizens to do the same.

John S. Treworgy

Dear Editor,

I'll be voting for Dr. Linda Sanborn in her State Senate race, because she'll advocate for policies that Gorham voters have said again and again (and again and again) they want supported in Augusta.

For example, Dr. Sanborn proposed the first bill to expand Medicaid, and a majority of Gorham voters affirmed such a policy in a referendum last November. (Her opponent came out as a supporter soon after Dr. Sanborn, a longtime family physician, announced she would be running this November.)

Another example: Like a majority of Gorham voters, Dr. Sanborn supported the 2016 referendum question to increase the minimum wage. (Her opponent has not supported those increases since the popular referendum became law.)

And here's another example: Like a majority of Gorham voters, Dr. Sanborn has supported ranked-choice voting two separate times at the polls. (Her opponent opposes ranked-choice voting.)

And another example: Like a majority of Gorham voters, Dr. Sanborn supported the referendum question related to background checks in gun sales in 2016. (Her opponent opposed that referendum question as well.)

And on and on. In fact, of the seven referenda questions Gorham voters have weighed in on over the last three elections featuring referenda, Dr. Sanborn's opponent has been out of step with Gorham voters on six of those issues.

So that's why I'll be joining thousands of busy Gorham voters who carve out a few minutes of time from our busy schedules on November 6 to vote for Dr. Linda Sanborn. She'll represent a majority of us, without us feeling like we have to go to the polls again and again to show her what that means.

John Morgan

Dear Editor,

I am writing in support of candidate Linda Sanborn running for state senator from our towns. I am the retired director of the Gorham food Pantry. Linda was an integral part of our volunteer system of manning the pantry. Not only did she show her dedication to our work, but she did so with compassion for our clients while treating them with dignity and a feeling that they were a part of the larger community and worth her time. She also gave of her time at the pantry in other ways that even I am not aware of... all this while serving our communities as our senator and serving on various committees in the legislature.

She is one of the good people put on this earth who serves others while making it look easy. But it is not easy. It requires an inner strength that I know Linda has in full measure.

Please join me in casting your vote for Linda Sanborn on Nov. 6. It is a wise choice.

Fran Thurston Doucette

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GHS GRAD NEWS: If you, or your son or daughter is a GHS graduate, we would like to share your achievements in the Gorham Times Of Interest section or in a Where Are They Now feature. Submissions should include the year of GHS graduation and should be no longer than 75 words. Contact Chris Crawford at ckck5@maine.rr.com, Kathy Corbett at ktcorbett@aol.com or Cindy O'Shea at coshea2@maine.rr.com.

Benefits of Reflexology

RAMONA ALLEN

Most people find a good old-fashioned foot rub an enjoyable way to ease tension after a hard day of work or play. And it is no wonder we crave this form of touch; our walking feet are subjected to an amazing accumulation of over 70 tons of pressure per mile. But did you know that touch can do more than relieve your aching feet?

Reflexology is a holistic therapy which works through specific touch techniques applied to reflex points located in the feet and hands. This form of touch works through the nervous system to induce a state of deep relaxation, improved circulation, decreased body stress, and the elimination of body toxins, which all contribute to better physical and emotional health.

Although reflexology is often confused with massage, it is a separate practice with unique benefits. While massage works through the manipulation of soft tissue, reflexology works through applying specific pressure to the more than 7200 reflex points which are located in each hand and foot. These reflex points are laid out on the hands and feet like a map of the body; a reflex pathway to each organ and gland in the body is represented and benefits from human touch.

Massage benefits the body from the outside in, while it is said that reflexology works from the inside out. When nervous system reflexes are stimulated through touch, the beneficial results are felt throughout the body, making reflexology a practical choice for those who do not want wish to remove clothing. The whole body is treated with only the removal of socks and shoes.

The body is remarkably designed to repair and heal itself, always working towards a state of homeostasis. However, our bodies are daily contend-

ing with stress, illness, environmental toxins and injury which make it harder for our bodies to function at their best. According to WebMD, between 75% and 90% of all doctors' visits are for ailments and complaints related to stress, costing Americans more than \$300 billion annually.

Many of us have also endured the emotional strains of grief, crisis, and trauma which continue to reside in our bodies. Reflexology is a tool for release. It is not a substitute for professional care, but rather aids in the elimination of toxic baggage which keeps us from achieving our best physical and emotional health.

Although reflexology does not claim to treat any specific ailment or disease, it is quite amazing what the body is able to accomplish when it is able to release stress and toxins, relax, and improve circulation through this simple and non-invasive complimentary therapy. Those who receive reflexology report fewer migraine headaches, improved PMS symptoms, body pain relief, help with depression and mood disorders, relief from chemotherapy treatment, faster healing after surgery, better PTSD treatment outcomes, improved sleep, and an overall restorative sense of well-being.

How could reflexology benefit you? Everyone is different, but with this safe and enjoyable treatment, you don't have anything to lose — even if the only thing you gain is a good old-fashioned foot rub.



Ramona Allen, owner of Gorham Reflexology, is a certified Reflexologist. Her passion for sharing the art of self-care and stress reduction grew from her undergraduate studies in psychology and health and wellness coaching at Liberty University.

Business Profile: Hops & Vine



Photo credit Roger Marchand

Photo credit Amanda Landry

Hops & Vine owners, the Albert family, (L to R) Andre, Jennifer, Danyel and Denis recently celebrated their grand opening with a ribbon cutting ceremony on October 12 with members of the Gorham Business Exchange and Gorham Village Alliance (inset).

DIANE ABRAMSON
Contributing Writer

Hops & Vine Craft Beer and Wine, a family owned retail store, located in the heart of Gorham at 102 Main Street, opened its doors on September 17. Selling wine and beer, the store is large in format, but with a clean feel. Customers in Gorham and the greater Portland area will find high-quality customer service, a friendly buying atmosphere, and the finest locally crafted, imported and domestic beers along with the best wines on the market. From boutique to budget, Hops & Vine has something for everyone.

Truly a family affair, the store is owned and operated by Gorham residents, Andre Albert and his wife Jennifer, and Andre's brother Denis, and his wife Danyel. Hops & Vine was conceived a few years ago after the brothers realized that there wasn't a good place to go for niche beer and wine in Gorham.

That prompted an extensive two and a half year search for property that ended when Andre heard that Olympia Sports was going out of business; he contacted the landlord that day. According to Albert, "the location is perfect, almost 20,000 cars travel through town daily and the parking and accessibility is incredible. We are excited to own

a business in the town in which we live. We're part of the Gorham Business Exchange and we want to give back."

Andre and his family have an extensive history in the beer industry and are passionate about helping customers discover their palate and increase their knowledge about beer and wine. "We want to discuss beer and wine with our customers; not only is this great customer service, but it allows our customers to be better informed about what they are purchasing. A better understanding of what we sell will allow our customers to develop a deeper appreciation and enthusiasm for what they are drinking."

Unique to Hops & Vine, customers can create their own 4-pack of beer. As there are so many different styles, tastes, aromas and textures of beer, this provides customers with the ability to pick and choose a variety of styles.

In addition to beer, "we carry the most extensive collection of wine, ciders, and meads in Gorham," said Albert. "We carry hard to find varietals and bottles from \$6.99 to \$179.99. Our store has something for everyone, a veritable one-stop-shop."

Since opening, the store has

CONTINUED ON PAGE 12



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Grandma's Attic Treasures

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Fri, Nov 16th, 5 – 8 p.m.
Sat, Nov 17th, 9 a.m. – 5 p.m.
Sun, Nov 18th, 12 noon – 4 p.m.

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Grandma's Attic Treasures Studio is located at the sign of The Colonel's Lady, 82 South Street (Route 114) Gorham, ME. 04038

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State Senate and Representative Candidate Profiles

Profile information is provided by each candidate and is the opinion/comment of the writer and not that of the Gorham Times.

SENATE DISTRICT 30



Full Name: Linda F. Sanborn
Address: 170 Spiller Rd, Gorham
Education: BS Microbiology Michigan State University; M.D.

University of Illinois (Chicago); Residency in Family Medicine, EW Sparrow Hospital, Lansing MI; Class of 2011 – 2012 Health Leadership Development Daniel Hanley Center for Health Leadership

Personal: Married, three grown sons, one granddaughter

Employment: Retired family physician, practiced 25 years in Gorham

Political and community experience: State Representative 124th – 127th Legislatures serving on the Health and Human Services and the Appropriations and Financial Affairs Committees, Joint Select Committee on Health Care Reform Opportunities and Implementation, Child Care Advisory Committee, HIV Advisory Committee, Substance Use Services Commission, Health Care Exchange Advisory Committee and Round Table on Aging; President of the Board of Leavitt's Mill Free Health Center in Buxton; Member Maine Lung Cancer Coalition Advisory Board; Co-chair Missions Committee First Parish Gorham UCC; Volunteer for Gorham Food Pantry and Florence House; Corporator Gorham Savings Bank

What do you see as the major issues for our community and how might they be addressed?

The biggest challenge facing our community is the lack of opportunity for young people to find quality jobs and raise a family where they've grown up. For too many young people, the challenge of affording higher education and then finding work that pays a fair wage while property taxes continue to rise is simply too much, and they wind up forced to move out of Maine.

CONTINUED ON PAGE 6



Full Name: Amy F. Volk
Address: 4 Elbridge Oliver Way, Scarborough
Education: B.S. in Human Development, University of Maine
Personal: Mom

to four children between ages of 14 and 27, married 29 years to Derek Volk

Employment: Former small business owner of Personally Yours, a custom printing service.

Political and community experience: I have served the people of Gorham, Buxton and Scarborough in the Maine Senate for the last four years. Previously, I served in the House for four years. Currently I am Assistant Senate Majority Leader, Chair, Labor, Commerce, research & Economic Development Committee; Member, Environment and Natural Resources Committee; Member, State Workforce Board; Member, Child Care Advisory Council; Member, Maine Children's Growth Council; Charter board member of Maine Connections Academy; Welcome Team at The Rock Church; past board secretary of The Root Cellar; past secretary for Scarborough Cheering Club and member of Scarborough Softball boosters.

What do you see as the major issues for our community and how might they be addressed?

Access to affordable healthcare, including substance abuse treatment, as well as rising education costs are major issues facing Gorham and all of Maine. However, these issues are exacerbated by our workforce shortage. With record low unemployment and a booming national economy, businesses are scrambling to replace retiring

CONTINUED ON PAGE 6

LEGISLATURE 27



Full Name: Roger E. Densmore III
Address: 185 Barstow Road, Gorham
Education: Southern Connecticut State University and

Husson University

Personal: I have lived in Gorham for a little over three years with my girlfriend Karla and our two rescued four legged fur babies, Fenway (an almost two year old black lab) and Gillette (a year and a half old Retriever).

Employment: For the last three years I have been the Business Manager at Camp Sunshine in Casco, changing

CONTINUED ON PAGE 6



Full Name: Andrew J. McLean
Address: 114 Johnson Road, Gorham
Education: B.S. Meteorology, Plymouth State University; Master's in Public

Policy & Management, Muskie School of Public Service, USM; Juris Doctor, University of Maine School of Law, expected 2020

Personal: Kyle, spouse

Employment: former Student Affairs Administrator, University of Southern Maine, and current law student at the University of Maine School of Law

CONTINUED ON PAGE 7

LEGISLATURE 26



Full Name: Maureen F. Terry
Address: 9 Lombard Street, Gorham
Education: Culinary Arts Degree, New York Restaurant School
Personal:

Married to Parnell Terry; Daughters: Maeve (20) GHS '16, Grace (17) GHS '19 and Siobhan (15) Baxter Academy '21

Employment: Current: Self Employed, Three Daughters Cookie Company; Chef and Wine Buyer, Carter's Green Market

Political and community experience: State Representative for Gorham; Gorham High School Swim Boosters, President; Gorham Village Alliance, Board Member; Past Board Member, Gorham Education Foundation and Gorham Cooperative Preschool; Past Manager, Greater Gorham Farmers Market

What do you see as the major issues for our community and how might they be addressed?

Gorham has found itself in a very exciting situation. We are one of the fastest growing towns in Maine and as such, our real estate market is booming. There are numerous new neighborhoods being built on a daily basis, tons of kids coming into all of our schools and new retirees finding a forever home here. This is something that the current residents of Gorham should be incredibly proud of. You are the people that have made this community so attractive to newcomers. The biggest challenge, of course, with such rapid growth is the

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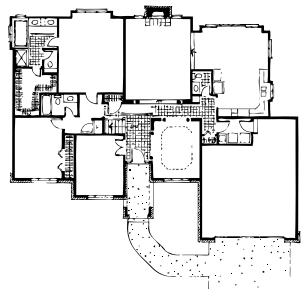


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The Tax Cuts and Jobs Act of 2017

The 'Tax Cuts and Jobs Act' passed by the U.S. Congress in 2017 cuts the corporate tax rate from 35% to 21%. A 'middle class tax cut' of \$2,000 was forecasted and it was also forecasted that the tax cut would stimulate job growth and increased wages. In Gorham, the average income is \$32,844. The cut for those with an income of \$30-\$40,000 is \$380, for \$20,000-30,000 it is \$180. To receive a \$2,000 cut your income would have to be \$100,000 or more. The cut for those with an income of 1 million dollars is \$69,660. All told, 1% of taxpayers receive 34% of the benefits. [Tax Policy Center]. The cut for individuals ends in 2025. As to job growth and increased wages, one analysis shows only 13% of company tax cuts have gone to raises, bonuses and benefits. [Morgan Stanley, Feb. 2018]. The largest share of the cut goes to company shareholders and owners. According to the Congressional Budget Office, the U.S. budget deficit will surpass \$1 trillion dollars by 2020. One way to cut the deficit would be to reduce or eliminate Federal programs such as Social Security and Medicare, which are retirement and healthcare for many Americans. This is worth considering when voting in the upcoming elections.

Jeff Christiansen
 Gorham, Maine

— PAID FOR BY JEFF CHRISTIANSEN —

Sanborn CONTINUED FROM PAGE 5

Just like I did during my four terms as a State Representative, I'll invest in quality early childhood education, K-12 public schools, work hard to bring down the cost of higher education, and dedicate resources to career and technical education programs to meet the demands of the jobs of Maine's future.

Making sure all Mainers have access to health care is imperative, and implementing an expansion of MaineCare is essential to the health and well-being of Mainers and Maine's economy. As the legislature demonstrated multiple times during the most recent legislative session, there is sufficient funding available to expand MaineCare, especially given that this expansion will leverage significant federal matching money into the state to help provide care for the 70,000 Mainers left without access to a doctor by Governor LePage and his legislative allies. Supporting Maine's economy and Maine people also means investing in renewable energy, which helps reduce our CO2 emissions and addresses the moral imperative of stemming the tide of climate change.

Property taxes are a concern many families shared with me over the course of knocking on more than 7000 doors in the district. Making sure that the state keeps up its end of the revenue sharing promise is essential to ensuring that property taxes are checked so that seniors can stay in their own homes and families aren't priced out of the community we all love.

Volk CONTINUED FROM PAGE 5

skilled workers. We compete with 49 other states and the rest of the world, so we cannot overtax families or over regulate job creators. We need to look ahead to policies like paid family medical leave and determine if this is something we can help companies offer their employees as a benefit. We also need to increase access to student loan relief programs.

It is critical that our educational institutions are providing training for the jobs of the future. As a member of the State Workforce Board, I am very familiar with the complicated intersections between the business community, unemployed workers, DOL-funded training programs, vocational, adult and higher education. Our community college and university system are doing a tremendous job working together to help students save money and access higher education, encouraging college credit for high school students and seamlessly transitioning from community college to university. I have steadfastly supported investing in higher education to make our systems more effective and accessible. Most recently, I successfully advocated for the university system to add a third engineering degree at USM to meet future employment demand.

To be successful as a state, we need all hands on deck. This means making it easier for employers to include older workers, people with disabilities, those in recovery, immigrants and people with criminal records in our workforce. Our state needs to think outside the box and look to states that are proac-

tively attracting young people in order to create more opportunities for kids raised or educated in Maine.

Terry CONTINUED FROM PAGE 5

financial strain that new growth brings to an already established community.

With a "hot real estate market" the value of our existing homes go up, therefore, the possibility of our property taxes rise. We can control that on a few fronts. One, is to insure that the new construction that we see is diverse. Single family homes, multi family units, senior housing and even apartments attract different groups of people that will use town resources in various ways. Single family homes will likely bring new students to our schools, apartments will possibly bring in young Portland commuters that will encourage growth of the new Metro bus service and new retirees could bring with them a whole new facet of volunteering that makes Gorham such a great community.

In addition to that, asking the legislature to make sure the state contributes to Gorham the way it should, we will hopefully find ourselves in a great position to welcome our new residents with open arms.

Densmore III CONTINUED FROM PAGE 5

the lives of children with life threatening illnesses and their families through the various stages of the child's illness. Prior to that, I enjoyed a 16-year career in the golf industry as a General Manager and Golf Professional. I also owned and

operated a small business in Maine for almost eight years.

What do you see as the major issues for our community and how might they be addressed?

Growth and Property Taxes - we need to find ways to increase commercial and retail businesses in Gorham that will assist with the property tax liabilities but will not overburden our school systems. Taxes and reduced spending are two of the four major issues I feel that need to be addressed in Augusta along with reducing health care costs as well as fighting the opioid epidemic.

Revenue sharing from the State is at 2% and additional revenues (our tax dollars) are sitting in a General Fund in Augusta rather than helping out our community with rising property taxes. We are, in a sense, being taxed twice to cover our increased spending. Revenue sharing should not be used as a means to increase spending without fiscal responsibility. I would want to have in-depth discussions with local officials concerning the program and how it fits into our current budget process.

I always prefer trying to find sensible ways to cut spending rather than increase taxes on an already overtaxed community/State. I would also advocate a year to year capital budget to fix/properly maintain/upgrade assets rather than kicking the can down the road and having major capital expenditures every 5-10 years. It seems whenever cuts are made to the budget the first place that is looked at is capital expenditures which end up costing us more in the long run.

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Political and community experience: State Representative, 2012-present; Baxter Memorial Library Board of Trustees, 2011-2014; Maine Commission for Community Service, 2009-2012

What do you see as the major issues for our community and how might they be addressed?

My dad is a retired firefighter and teacher, and my mom is a retired customer service manager. From an early age, they taught me the values of hard work and public service. In 2012, when I was elected to the Maine House, I took voters' concerns, frustrations and hopes to heart, and they have shaped my work in Augusta. The voters of Gorham have twice re-elected me so that I can continue this important work. What gets done, and doesn't get done in Augusta, matters to people and impacts their lives.

To move Maine forward we need to reform our tax code, improve our transportation infrastructure, expand access to healthcare and lower costs, attract and retain the skilled labor needed to grow Maine's economy, while protecting our quality of life and environment. I take seriously my responsibility to help change the tone in Augusta and get things done. I have built relationships with colleagues across the aisle and worked to find common ground on a number of different issues.

As the Chair of the Transportation Committee, I am leading a bipartisan working group of lawmakers and key stakeholders to find common ground on a transportation reform package to introduce during the next session of the Maine Legislature. I also led the effort to pass legislation to begin the process of constructing the Gorham Connector, an important project locally

that will ease traffic congestion in Gorham and allow faster commuting into downtown Portland.

We need leaders in Augusta who are willing to put aside partisan agendas, find common ground, and work to create opportunity for all Maine people.

Thank you for the opportunity to represent you in the Maine House. I would be honored to have your vote on Tuesday, November 6.

Meet the Candidates

Reruns of Meet the Candidate nights are available on Public Access Channels 2 & 3. The video on demand can be found at www.gorham-me.org, facebook.com/GorhamCommunityAccess, Vimeo (search GOCAT Community Access Media) and You Tube's Gorham Times/GOCAT shared page (search gorhamtimes).

Clerk's Corner

Laurie Nordfors
Town Clerk

We are well on the way to the holiday season. Gorham has many families who need a little extra help during this time and we are here to assist. Stop by the Town Clerk's Office to pick up an application for Christmas help and fill it out with wishes wanted from family members as well as sizes to help with those buying. Deadline for getting applications in is December 7, however, the earlier the better.

If you are a business or family who would like to Pay It Forward by adopting a family in Gorham this holiday season, call us at 222-1670 to sign up. As applications come in from those families needing help, we match them up

CONTINUED ON PAGE 11



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Pam Nicely joins her husband, Keith Nicely of the Bean Group (formerly the Maine Real Estate Network) as a Team Administrator and Buyer's Agent. Look to a future edition of the Gorham Times to read their spotlight story brought to you by the Gorham Business Exchange.




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Gorham School Ballot Question Explained

HEATHER PERRY
Superintendent of Gorham Schools

Gorham residents will see a question on the November 6 ballot that reads as follows: "Do you favor a plan for the Gorham School Department (GSD) to join the Greater Sebago Education Alliance (GSEA) Regional Service Center (RSC) through an interlocal agreement that will allow the School Department to receive additional revenue through the state funding formula and to more efficiently procure goods and services?"

This question asks voters to approve GSD's participation in a RSC, which will provide the GSD with opportunities to purchase certain goods and services at more competitive rates.

There is an annual fee/dues to join (\$1,000) and the Department of Education (DOE) is compensating all districts participating in a RSC this year with an additional subsidy (close to \$80,000 for GSD this year, which covers the service center fee and much more).

Frequently Asked Questions:

Q) Why does this require voter approval?

A) Although the GSD often partners with other districts to obtain

better deals on goods and services and to develop collaborative ideas and seek efficiencies in many ways, this particular initiative was developed by the DOE in an effort to foster more formalized partnerships and sharing among districts. Voter approval is required to create the new governmental structure that allows this RSC to operate.

Q) Who are the other members?

A) There are nine other member school districts. Those are the original five SEA members (Westbrook, Scarborough, MSAD 6, RSU 14, and Gorham) plus five additional members: Portland, South Portland, Brunswick, RSU 5, RSU 15, and Cape Elizabeth.

Q) What goods and services will GSD be accessing through GSEA?

A) GSD will participate in some combined professional development (teacher training) and in a streamlining of the recruitment of substitutes. Additionally, GSD and GSEA will work together to procure goods and services for Gorham's School Nutrition Programs at bulk rates. Eventually, the hope is these cooperatives will grow to purchasing of other items everyone can utilize, and in other collaborations that reduce costs for all members.

Q) How does GSEA work?

A) All participating member districts will have a seat on the board, and will have equal input into decision-making. One district will serve as the fiscal agent for the organization, and one part-time director will manage the details. The DOE will pay all costs for the director this year, and fifty percent of the cost in future years. The revenue generated by partner dues and by non-partner fees for services will cover the remaining costs going forward.

Q) Can GSD get out of this partnership if they want to?

A) In essence yes. There is an option to declare membership dormancy for the following year by February of any given year. GSD would then not pay the annual dues nor would GSD participate in the group purchasing of goods and services in that following year.

For the Love of Music



Photo credit Erin Eppler

Village Elementary School fifth grader Abigail Dalphonse donated \$150 to purchase ukuleles for music teacher Ms. Precopio's donor choose project. Dalphonse earned the money going door-to-door in her neighborhood asking to groom or walk dogs as well as offering to do other chores to raise money. She has played ukulele for over a year now and would like to make sure her classmates at Village can also experience the joy of playing.

School Note

Gorham High School Theater presents Tim Kelly's hilarious, fast paced, family-friendly "Sherlock Holmes." Performances will be held at GHS' Performing Arts Center on Nov. 16 at 7:30 p.m., Nov. 17 at 2 p.m. and 7:30 p.m., and Nov. 18 at 2 p.m. Tickets are: \$5 for K-12 students and \$10 for adults. The game's afoot!



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Cell Phone Use in the Schools

KATHY CORBETT
Staff Writer

With the French government recently banning cell phones during school for kids 15 and younger, and a recent article in the Portland Press Herald detailing some of the issues local schools face with cell phones, administration in Gorham was asked if it's a problem in our schools.

"We look at that question in a different way," says GHS Principal Brian Jandreau. "Although I grapple with mounting research on their impact on quality of life and social relationships, we understand the importance of mobile devices in our society and the potential they have to further our educational goals."

So, despite a policy that states mobile phones are "expected to be turned off and stored away from 7:50 a.m. to 2:00 p.m. except for lunch," GHS teachers



Photos courtesy of Brian Jandreau

GHS teacher Donna Walsh requires students to put their phones in a "cell phone hotel" when entering her classroom. She uses the cell phone hotel to take attendance, so students need to have their devices in the hotel to be counted as present.

may set their own policies for use in the classroom.

CONTINUED ON PAGE 11

Great Falls Spirit



Photo credit Stacy Sawyer

Great Falls Elementary School ended the month of September with a spirit day. The day was all about appreciating the special qualities in each person and building compassion for all. Staff and students sported shirts that represented one characteristic of themselves and the day began with a whole school assembly. Great Falls' Code of Conduct characters made an appearance and art teacher, Allie Rimkunas, read everyone her new book, "Imagine," which uses a host of interesting animals to illustrate the wonderful unique qualities in each one of us. Her engaging read aloud was followed by three fifth-grade students, Lucas Graham, Sonny Sun, and Ruby Couture, who each shared their idea of what compassion looks like at Great Falls. The celebration ended with Ms. Doak leading the whole school in singing "Never Gonna Let You Down," which was both fun and truly moving. The Great Falls school community is ready for a wonderful year together.



Photo credit DaraLyn McColl

Happy Readers!

Congratulations to all of Village Elementary School's amazing summer readers. A special congratulations to first-grader Finleigh Sirois (center right) and second-grader Chase Cote for being chosen by a random drawing to be the recipients of the gift certificate towards a new bike from Walmart. They are pictured above with principal Brian Porter and assistant principal Cheryl Fotter.

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Lydia Drew: From Beginner to State Competitor in a Year

DESTINY COOK
Sports Editor

Summer months for high school kids are spent in many different ways. For Lydia Drew, in the summer before her sophomore year, she decided to pick up golf clubs for the first time because she wanted to do a fall sport. Drew's brother (David, GHS '18) and her father Steve both play. She said, "Turns out that it was the best choice I had ever made. I'm now in love with the sport, and everything it has to offer."

Self-proclaimed as "timid," Drew shared that she didn't know girls who played. The first time she picked up clubs was the day before tryouts. In her first season she spent much of her time learning how to play golf, rather than improving on her skills like the rest of her team. She said, "But sooner or later I was just as skilled as the rest of my teammates. I competed in most of the matches, and I was more consistent with my overall play."

Drew spent time prior to the 2018 season heading out to different courses and driving ranges; she said she even hit practice balls in her backyard. Her main course is the Gorham Country Club. She said, "I definitely had more confidence going into my second season." Her coach, Emily Droge, instilled in her to work hard and practice and eventu-



Photo credit Janice Drew

Drew eyed her next shot during a recent golf match.

ally it would pay off.

"Throughout the year, she modified my swing and helped me with developing my game," Drew shared. With Coach Droge's guidance and Drew's hard work, she saw her scores consistently improve throughout the season.

Prior to this season, Drew set a goal for herself; she wanted to qualify for States. To some, that may seem unattainable considering it was her first year playing. However, Drew quickly learned

CONTINUED ON PAGE 11

Cruising For Compassion

DESTINY COOK
Sports Editor

Cruise LaBrie, a 7th grader at Gorham Middle School, just finished his third season as a Go-Kart racer at Bartlett Bridge Raceway in Lyman. During his last night of racing, he decided to do something special, asking his fans to bring food or monetary donations for the Gorham Food Pantry. Cruise said, "I have been wanting to donate to the food pantry for awhile and thought the last race would be a perfect opportunity because it was close to Thanksgiving." He said he was inspired by his racing heroes who donate to their communities; his favorite NASCAR racer is Jimmie Johnson.

Many people helped to make the food drive a success by getting the word out to fans and other racers. It was announced at the track during the final few races as well as posted on his racing Facebook page (CLR #10). Jen Banks, a Gorham Food Pantry Board Member, attended quite a few of LaBrie's races this season. She shared, "Cruise is a thoughtful, appreciative young man and we were quickly fans."

Banks said the deal was sealed when he and his family organized this event. "Their desire to give back and bring the competition together for the good of the community was remarkable. The outpouring of support that we saw, when we showed up with our food donations, was heartwarming on a cold



Courtesy of Gorham Food Pantry

Cruise LaBrie dropped off over 250 pounds of food, along with \$235 in cash donations, to the Gorham Food Pantry after a recent food drive that he organized.

fall night at the track," she said.

That night, and in the following days, Cruise collected 260 pounds of food and \$235 cash for the Pantry. Deb Tanguay, Gorham Food Pantry Director, said, "Cruise had a thoughtful idea this past winter, and, with the support of his family and the race track, was able to be persistent and see the project through to fruition. It warms my heart to have people on our community, particularly youth in our community, willing not only to think of others, but to ACT on behalf of others."

LaBrie's family was touched by his

CONTINUED ON PAGE 11

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Lydia Drew CONTINUED FROM PAGE 10

that hard work truly does pay off adding, "When I found out I had qualified for States, it felt like a huge weight being lifted off my shoulders."

The State Championship was held at Natanis Golf Course in Vassalboro on October 13. It was a cold, rainy day, and while she said it wasn't her best game, she was very proud of her 14th place finish.

Drew said Coach Droge has been a big influence on her as one of her goals is to play golf at the collegiate level. "She's a great example of that because

she attended a Division I college on a full scholarship for golf," said Drew.

When asked what advice she would give to young girls who might want to give the sport a try she said, "Even though it's not a mainstream girl's sport to play, that shouldn't stop you. It's been one of the best choices I've made. The sport requires a driven athlete who not only wants to improve in the game, but boost character. To everyone else, take risks and try something new, you might be very surprised."

Cruising for Compassion CONTINUED FROM PAGE 10

efforts. His father, Andre, who helped him deliver the donations, said, "I'm very proud of my son for taking an opportunity in the race community to give back to others." His mother, Megan, said she enjoyed watching him mature over the last three seasons and shared, "Cruise has a huge heart and it shows on and off the track. My most favorite experience watching him at the track is to see the sportsmanship he has towards others; knee down in the dirt leaning into a friend's go-kart wishing them good luck before they head out and being one of the first to congratulate after the race."

Food insecurity can affect many different types of family dynamics. In Gorham, the Pantry's clients all have one thing in common - they are hungry. Donations and drives such as this help support these families

in our community. If you would like to help by making donations to the Pantry, current needs are the following: Cereal (preferably low sugar), Juices/juice pouches (preferably low sugar), Spaghetti, Mac-n-cheese, Peanut butter, Canned or dried beans. As Thanksgiving approaches, donations for Thanksgiving Baskets are also appreciated. Those items include stuffing, cranberry sauce, gravy and Hannaford Helps boxes (these are purchased at Hannaford and brought to the Pantry).

If you feel you could use a hand up, the Gorham Food Pantry's hours are Thursday mornings from 9-11 a.m., and the second and fourth Wednesday of the month, 6-7 p.m. The Pantry is located 299-B Main Street in Gorham (next to St. Anne's Church). For more information, call 222-4351.

Cell Phone Use in the Schools CONTINUED FROM PAGE 9

Some teachers have strict rules prohibiting use. Others have "cell phone hotels" where students are either required or encouraged to leave phones during class. Some even give extra credit when they do. Other teachers let students use the cell phones' calculator functions, music, or cameras for class assignments. Jandreau pointed out that students have many devices, including laptops, with internet access so "we believe it is incumbent on us to help them learn to use technology in productive and healthy ways."

When asked about cell phone use, a GHS student, who chose to remain anonymous, said she was not aware of the policy printed in the handbook. Because teachers set their own rules, however, it is always clear what is expected. Students do use their phones in halls and study halls as well as at lunch, she said.

As some students use their laptops to shop, play games, or listen to music, she thinks cell phones are just another device that students use for many purposes. She and her working parents

believe it is important for her to have a phone so they can connect for pick-ups and appointments.

Students who abuse the policy or use phones to "disrupt the peace and usefulness of the school" and refuse to give up a cell phone are disciplined. For first infractions, phones are confiscated and returned at the end of the day. Subsequent offenses result in detention or suspension. GHS Assistant Principal Ryan Watts said there have been only six instances this school year and most of those were related to other problems.

Gorham Middle School has a policy similar to that at GHS. Students are not to use phones during school hours "unless they have permission from a staff member." Principal Robert Riley reports that students, to date, have complied with this and there have been no disciplinary referrals this school year.

Students at the elementary level are expected to keep their cell phones off and stowed away in their backpacks during school hours, including lunch and recess.

Clerk's Corner CONTINUED FROM PAGE 7

with those willing to help. We try our best to make it work for everyone.

Our Fuel Fund is also another way to give back. Not knowing what the heating season will be like this year, we can always use donations to our Fuel Fund for those who just need a little extra help this season and do not qualify for general assistance. You can make a cash/check or credit card donation to the fund anytime throughout the year.

If you have a sports event you would like to share, email gtimesports@gmail.com

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Please contact Wendi @ JCS Property Management:
207-839-2744 / wgrismold@greatfallsinc.com

Business Profile: Hops & Vine

CONTINUED FROM PAGE 4

offered several free beer and wine tastings from breweries such as Long Trail, Shed and Otter Creek and will continue to offer at least three a month. These events allow customers to do a little research and some sampling of great brews and wines. No matter your taste, style, or price range, Hops & Vine has something for everyone with new flavors arriving daily. Stop by the store in Gorham Village, meet the Albert family, and have fun exploring all the options.

For more information, customers can visit the store's website, Facebook page, Instagram or sign up in-store for the Hops & Vine e-mailer.

Hops & Vine is open Monday through Thursday from 10:00 a.m.-8:00 p.m., Friday and Saturday from 10:00 a.m.-9:00 p.m., and Sunday from 12:00 p.m.-6:00 p.m. For more information, call 222-0122 or visit www.hopsandvineme.com.

Gorham Companies Recognize Need for Skilled Manufacturing Workers

CONTINUED FROM PAGE 1

A newly launched Manufacturers Association of Maine (MAME) website at www.mainemfg.com includes a job board that connects potential employees to employers with resume distribution and online job postings.

"It has never been more true here in Maine when we say students are our future," said Robin Goodwin, CEO, Montalvo Corporation. "Both the state and the manufacturing industry itself face a critical workforce challenge, one that is becoming more severe every year. Manufacturing has changed dramatically over the past generation, creating jobs that require a higher level of skills. It is imperative we engage students as early as possible to demonstrate the opportunities available and foster their passion for our industry."

Halloween Traditions



Photo credit Heather Westin

For the past 25 years, Candi Oliver and her husband Bob, have hosted a carve-your-own pumpkin party for friends, neighbors, and family. This year, 40 to 50 people attended, including the Oliver's children, grandchildren and great-grandchildren. Party goers are encouraged to come in costume. The Oliver family often dresses up in theme and this year they sported blue wigs, dressing as Dr. Seuss characters, Thing 1 through 14. Nearly 40 pumpkins were carved, lit and put on display as each person finished their work of art. Because of inclement weather, the jack o'lanterns were not put in their usual spot on the front porch of the Oliver's home on Longfellow Road. In the past, all the pumpkins have been grown by Candi. This year, however, she had to buy her pumpkins sharing, "Unfortunately, the local squirrels have wreaked havoc with my crop. The little devils have been getting past the electric fence and feasting on the pumpkins." This special fall event is enjoyed by all who attend, no matter what their age may be.

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COMMUNITY

GRADUATIONS

Joseph Smith, BA in Business, Saint Anselm College, Manchester NH

DEAN'S LIST

Joseph Smith, Saint Anselm College, Manchester, NH

OF INTEREST

Samuel Roussel of Gorham has been honored as a Sarah and James Bowdoin Scholar, achieving a GPA of 4.0 and being in the top 20 percent of each class for the previous academic year.

Members of the 4-H Rabbiteers participated in an event at Smiling Hill Farm designed to share rabbits with over 300 kids and adults.

The group focuses on the health, care, and showmanship of rabbits and teaches youth how to handle and properly raise their animals. Pictured (left to right) are Kelly Bruns (Buxton), Gabrielle Bruns (Buxton), Abigail Decrow (Gorham), Bode Bragdon (Gorham), Nash Gagnon (Gorham), and Ella Woodbury (Buxton).



The West Gorham Union Church will hold a bean supper on Saturday, November 3, from 5-6 p.m. Ticket sales start at 4 p.m. Beans, BBQ hot dogs, clam casserole, chicken pie, mac and cheese, chop suey, coleslaw, salads, jello salads, homemade pies, coffee and punch. Adults/\$8 and children under 12/\$3. 190 Ossipee Trail (Route 25).

Artisan Fair on November 3 from 8 a.m.-3 p.m. at Moody's Collision Center, 200 Narragansett Street. Vintage, Treasure, Crafts, Art, Food and Fudge.

Peter Allen, baritone; Bonnie Scarpelli, soprano; Paul Machlin, piano will perform "Sharing Songs from the Heart" on Saturday, November 3, at 7 p.m., First Parish UCC on School Street. Tickets available at the door: Adult \$15/Senior \$10/Student \$5 All proceeds benefit Safe Passage, a Maine non-profit which helps bring education and opportunity to children and families living in Guatemala City's garbage dump.

The White Rock Community Clubhouse will hold a bean supper on Saturday, November 3, from 4:30 to 6 p.m. Beans, hot dogs, coleslaw, potato salad, macaroni and cheese, homemade biscuits, as well as homemade pies for dessert. 34 Wilson Rd. Adults: \$9/Children under 12/\$4. FMI, whiterockcommunityclub@gmail.com.

The Gorham Historical Society will be hosting a Holiday Meeting on Monday, November 5, at 6 p.m. at the Old Robie School (Gray Rd.) Music, refreshments, raffle, calendar sales, bring cookies to participate in the cookie swap. Open to the public. Please bring an item for the Gorham Food Pantry. FMI suziephillips@gmail.com

First Parish Church, 1 Church Street, will hold a Chicken Pie Supper on Saturday, November 10, from 5-6:30 p.m. \$10 adults/\$5 children under 12. FMI, 839-6751.

The Gorham Lions will meet on Tuesday, November 13, at 6:30 p.m., Old Elmwood School House on South Street (Rte. 114). New members always welcome. FMI, 929-9182.

St. Anne's Church will be holding its "Home for the Holidays" Christmas Fair on Saturday, November 17, from 9 a.m.-4 p.m. at St. Anne's Church, 229 Main Street. Crafts, jewelry, raffles, Grandma's attic, baked goods, wreaths, and more. Pulled pork and bean dinner at 5 p.m. FMI (207) 653-1837.

Gorham Tri-Town Ext will host a Holiday Craft Fair on Saturday, November 17, 9 a.m. - 2 p.m. at Harmony Masonic Hall, 33 Cressey Rd. Gorham. Greens, crafts, kitted goods, Tupperware, basket raffles, children's books and doll clothes, lite lunch. FMI 892-4249.

The West Gorham Union Church is hosting an old-fashioned Christmas Fair on Saturday, November 17, from 9 a.m.-3 p.m. Many items including baked goods, slightly used Christmas decorations, jewelry, knitted items, raffles and more. Serving fish chowda and

sandwiches for lunch, also have coffee, donuts, and sweets. We have something for everyone. 90 Ossipee Trail (Route 25) Gorham.

Surviving the holidays is a challenge for those grieving the death of a loved one. Receive encouragement and help at a special Surviving the Holidays session of GriefShare on Saturday, November 17, from 2-4 p.m. Galilee Baptist Church, 317 Main St. FMI, Sharon 651-4993.

Spending Thanksgiving alone? Unable to fix a Thanksgiving dinner? Join Mister Bagel, 13 New Portland Rd., for a FREE homemade Thanksgiving dinner with all the fixings on Thursday, November 22, beginning at noon. Transportation available upon request. Delivery available within 15 mile radius of Gorham for those who are housebound. FMI, Roxanne Hanscom Moody, 839-4516 or trmoody75.rm@gmail.com. Donations accepted for the Gorham Food Pantry.

Gorham's Tree Festival is back for a second year. If your business would like to participate, place a decorated tree outside your business by November 25 at 4 p.m. Members of the community will view the trees during a Light Parade on that day and vote for a winner. FMI cindy@greatfallsinc.com.

The Bookworm is asking its customers to donate \$2 to purchase a gift-wrapped new book with a small toy attached, which is then donated to the Town of Gorham to accompany Christmas baskets being prepared for needy families in the area. The Bookworm has donated more than 100 books a year for this effort in the past 15 years and looks forward to your support again this year. FMI, 839-2665.

SENIOR PROGRAMS

The Gorham/Westbrook/Windham TRIAD will be holding its monthly meeting on Nov. 9 at 9 a.m. at the Windham PD. The topic of discussion will be Safety at Home with Angela D'Amours of The Cedars. Refreshments and social time after the meeting. Free program, everyone is welcome.

Lakes Region Senior Center, located at the Little Falls Activity Center, 40 Acorn St. is open Monday through Friday from 9 a.m. to 1 p.m. Join them daily for coffee, tea, and socializing. Ongoing daily activities include Mahjong on Mondays – beginners welcome. FMI, Diane 892-9529; Tuesday crafts and card games. FMI, Avis 892-0298; The Memoir Writing Group meets the last Wednesday of the month. FMI, David 892-9604; Thursday Table games at 10 a.m. and Friday Art Workshop at 9 a.m. FMI 892-0299.

Senior Meal Site will be held on Wednesdays at 12 p.m., St. Anne's Church, 299 Main St. Cost is \$4. Volunteers are needed to assist in meal prep and clean up. FMI call 839-4857.


The Lecky Brown Center, located on the 3rd floor of First Parish Church, offers the following activities: Mondays 9:30 a.m. Knitting group, Wednesdays 10 a.m. the Originals (go to firstparishgorham.org/originals for the monthly speakers), Fridays 10 a.m. ARTrageous Seniors and 1:30 Tai Chi for Seniors. FMI 839-6751 or firstparishoriginals@gmail.com

The Gorham Medical Closet located at the Municipal Center, 75 South St, is free and available to Gorham residents in need of wheelchairs, shower seats, commodes, walkers, canes, crutches and more. FMI 839-3859, 839-2484, 329-4976, 632-2178, 839-3494, 839-3630. Hours are by appointment only with one of the volunteers. If you don't reach a volunteer, leave a message and they will return your call.

ON-GOING EVENTS

The Gorham Cancer Prayer and Support Group meets the first Tuesday of every month at the Cressey Road United Methodist Church, 81 Cressey Rd. from 6-7:30 p.m. This monthly non-denominational event is a prayer and support group for anyone dealing with cancer including patients and caregivers.

The Gorham Food Pantry, located at 299-B Main St (parking lot of St. Anne's Catholic Church) is open every Thursday morning from 9-11 a.m. and the second and fourth Wednesday of every month from 6-7 p.m. Free for Gorham residents in need. FMI, 222-4351 or visit www.gorhamfoodpantry.org.



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UNDER CONTRACT



SACO \$119,900 - Great location to commute in any direction. Home features newer roof shingle, vinyl siding, storage shed, new FHA furnace. Home needs interior updating. Being sold "as is".

SOLD



45 Cousins Rd \$335,000 - Offering over 2700 sqft of living space with 4BR, 2ba & 2 car garage. Private 5 acre lot located on the Buxton/Gorham line.

NEW LISTING



BUXTON \$229,500 - Estate sale! Excellent Buxton location on 4.70 acres. This 3-4BR home has much to offer w/ an attached two car garage/shop behind plus the detached barn.

NEW LISTING



BUXTON \$84,900 - Two acre building lot located near the Buxton/Gorham line. Level country setting for your new home, great location to commute in all directions.

NEW LISTING



GORHAM \$250,000 - Attractive cape style home w/ oversized 2car garage! Currently 2BR & 1ba but the unfinished 2nd flr is perfect for expansion. The first floor has been completely updated!

SOLD



3 K-De Lane \$26,000 - Great location w/ private deck. Sunny spacious 2BR, large kitchen w/ dining area. Spacious LR, one bath, newly in a 55+ Gorham community.

NEW LISTING



GORHAM \$395,000 - Spacious house w/ a separate office! Perfect opportunity to take your business to the next level. Already have a home? Rent out the residence for income.

UNDER CONTRACT



S. PORTLAND \$229,500 - Affordable 3BR, 1 bath home located in a well-established neighborhood. Corner lot and very convenient location just minutes to the interstate & shopping.

SOLD



207 Main St \$329,900 - Built in 2012! This gorgeous townhouse style duplex offers 2BR, 1.5ba units w/ full bsmts & rear decks. Located in the heart of Gorham Village.

NEW LISTING



GORHAM \$369,500 - Just completed colonial w/ open floor plan. Gorgeous finishes w/ shiplap accent walls, grey tones throughout, attractive fixtures & hardware. Secluded 1.54ac lot.

NEW LISTING



STANDISH \$1,500,000 - Excellent commercial development potential with 420 feet of frontage on highly visible RT25. Mixed use zone promotes commercial & residential uses.

UNDER CONTRACT



HOLLIS \$329,900 - Just completed! 3BR, 2.5ba 1824sqft w/ daylight walkout bsmt & 24x24 finished garage. HW & tile throughout, granite counters, SS appliances, deck & paved driveway.

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WELCOME TO THE FAMILY

O'Brien Drive caller wanted daughter's boyfriend checked out to see if he had any arrest warrants.

Queen St. caller reported a suspicious person the previous night. He was advised to call when the incident was happening, not 13 hours later.

Officer came across a male wearing dark clothes walking on Mosher Road towards Sebago Lake. Officer gave him a ride after determining that he was not out on bail and had no warrants.

Officer saw a vehicle in Burger King lot after closing. Vehicle pulled around back of business. Officer spoke to driver who advised he looks for change and trash picks every night.

Bramblewood Lane caller wanted to know if a protection from abuse order he had given to police had been served. Officer advised police had been trying to serve it every day.

Mosher Road caller reported a male doing doughnuts in the parking lot. Vehicle was now in ditch.

Man walking on Standish Neck Road told officer he did not get along with girlfriend's son. He had left residence before son woke up and was walking to his truck parked at Reny's in Windham.

Valley View Drive caller wanted information on how to get rid of a skunk causing damage in his yard. He was referred to animal control agent.

Officer checked on woman sitting on the curb talking to a man who had knelt down close to her. The truck door was ajar and both were smoking outside as their baby was inside the truck.

South St. caller wanted to know why the police had just been at a neighbor's house.

Suspicious persons on Gray Road were two friends headed to Buxton on their bikes.

Maplewood Drive caller reported phone had been hacked and he wanted to speak with an officer immediately. Officer asked for more information over the phone and caller hung up.

Officer responded to a call about a suspicious person. Registered owner of the vehicle was sleeping under a blanket in the driver's seat. Back seat was full of household items, clothing and food.

Woman told officer she had been kicked out of her apartment and was sleeping in parking lot as she didn't feel safe driving so late at night.

Small Pond Road caller had received a call from an unknown person stating he had won a large sum of money. He confirmed his address and caller said someone would be by that afternoon to deliver the check. Caller had been the victim of a similar call in the past. Caller just wanted a report on file about the incident.

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CALENDAR

THURSDAY NOVEMBER 1

- Baby Discovery Time (birth -18 mos), 9:30-9:50 a.m., Baxter Memorial Library
- Toddler Discovery Time (18-36 mos), 10-10:30 a.m., Baxter Memorial Library
- Sewing Club (age 7 and up) 2:30-4:30, Baxter Memorial Library

SATURDAY NOVEMBER 3

- West Gorham Union Church Bean Supper, 5-6 p.m.
- White Rock Community Clubhouse Bean Supper, 4:30-6 p.m.

MONDAY NOVEMBER 5

- Toddler Discovery Time (18-36 mos), 10-10:30 a.m., Baxter Memorial Library
- Gorham Historical Society Holiday Meeting, 6 p.m., Old Robie School

TUESDAY NOVEMBER 6

- Preschool Discovery Time (3-5 yrs) 9:30-10:15 a.m., Baxter Memorial Library
- Baxter Digs Reading, 3:30-4:40 p.m., Baxter Memorial Library

WEDNESDAY NOVEMBER 7

- 4-H Wildlife Science Sign-up 3:30-4:30 p.m., Baxter Memorial Library

THURSDAY NOVEMBER 8

- Baby Discovery Time (birth-18 mos), 9:30-9:50 a.m., Baxter Memorial Library
- Toddler Discovery Time (18-36 mos), 10-10:30 a.m., Baxter Memorial Library
- Sewing Club (age 7 and up) 2:30-4:30, Baxter Memorial Library

SATURDAY NOVEMBER 10

- Lego Club, 10 a.m.-12 p.m., Baxter Memorial Library
- First Parish Church Chicken Pie Supper, 5-6:30 p.m.

TUESDAY NOVEMBER 13

- Preschool Discovery Time (3-5 yrs) 9:30-10:15 a.m., Baxter Memorial Library
- Gorham Lions Club, 6:30 p.m., Old Elmwood School House

WEDNESDAY NOVEMBER 14

- 4-H Wildlife Science Sign-up, 3:30-4:30 p.m., Baxter Memorial Library

THURSDAY NOVEMBER 15

- Baby Discovery Time (birth-18 mos), 9:30-9:50 a.m., Baxter Memorial Library
- Toddler Discovery Time (18-36 mos), 10-10:30 a.m., Baxter Memorial Library
- Sewing Club (age 7 and up) 2:30-4:30, Baxter Memorial Library

MONDAY NOVEMBER 19

- Toddler Discovery Time (18-36 mos), 10-10:30 a.m., Baxter Memorial Library

TUESDAY NOVEMBER 20

- Preschool Discovery Time (3-5 yrs) 9:30-10:15 a.m., Baxter Memorial Library
- Baxter Digs Reading, 3:30-4:40 p.m., Baxter Memorial Library



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