

Gorham Times

Your Community Paper

NONPROFIT
U.S. POSTAGE
PAID
GORHAM, ME
PERMIT NO. 10

Volume 25 Number 4 | February 21, 2019
A Not-for-Profit Newspaper Serving Gorham Since 1995

Public Forum on GHS Expansion Project Draws a Crowd

DIANE ABRAMSON
Staff Writer

The first community forum was held on February 4 to discuss the proposed Gorham High School Building Project. Hosted by the Gorham School Committee, the Town Council, and the GHS Building Committee, the event provided an opportunity for the public to hear an overview of the project and provide feedback.

Gorham High School was originally designed to accommodate 750 students; current enrollment tops 860 students and is projected to hit 975 by 2028-2029. There are currently six modular classrooms being used to assist with the increased growth and need for instructional space. Current classrooms fall under the Department of Education's standard recommended size of 800 square feet, with most being between 600-770 square feet. Special Education classrooms are also below the Department of Education's standard size, some with no windows.

Proposed plans for renovation and additional space include capacity for 1,100 students using Department of Education Standards. This includes increasing classroom count, eliminating modular classrooms, expanding the library, kitchen, and cafeteria, adding a second gymnasium, and creating additional art, science, chorus, health, special education, and lecture rooms.

In addition to the classrooms, Gorham High School currently struggles with inadequate and overused athletic facilities, a lack of parking, lack of functional storage, and aging mechanical, electrical and building systems.

While the decision was made to raise money for any outdoor athletic facility improvement/additions through a capital fundraising campaign, the above mentioned drivers were proposed for renovations and additions to the current Gorham High School campus.

To conclude the public forum, feedback was solicited from residents. According to Superintendent Perry, "folks seemed to genuinely support the need for the capital project overall and were not questioning the need. Instead the focus was on identifying potential issues early and brainstorming solutions."

As Dan Cecil, head architect at Harriman Associates stated, "although the plans look official,

VIPS Celebrates Successful First Year

DON SEDENKA
VIPS President

VIPS (Volunteers in Police Service) is a national program that supports local police forces. The Gorham VIPS originated with the Cumberland County Sheriff's Department. Chief Dan Jones initiated the program in Gorham on January 1, 2018.

The Gorham VIPS is a group of citizens devoted to the community and dedicated to outstanding community service. They assist the departments of support service, patrol, and detectives, as well as performing administrative tasks. They are utilized to enhance the overall efficiency of the police department, and their efforts help reduce crime and increase the services that the police department can provide to the community.

Trained volunteers assist with traffic control at accidents; special events, such as races (Beach to Beacon) and parades (Memorial Day); traffic surveys; the Yellow Dot program; Child ID Fingerprints and DNA; and offer any other assistance where and when needed. Currently the VIPS have two vehicles that are used when volunteers are on duty. Duties include property checks when residents are on vacation, wellness checks, and citizen patrol throughout the town of Gorham. VIPS are an extra set of eyes and ears for the Police Department.

In 2018, the 18 Gorham VIPS personnel logged 2,438 hours of service to the town. Given the nationally recognized average rate of pay for law



Gorham VIPS (l to r) Wayne Franklin, Jeff Douglas, Gene Taylor, Jeannette Murch, John Lavin, John Jackson and Don Sedenka. Buffy Houpp (inset) is shown fingerprinting a child at a safety event this past summer.

enforcement is \$24.69, the program saved the Town of Gorham nearly \$60,000.

The group is always looking to add qualified volunteers. To become a VIPS, the first requirement is completion of the Gorham Police Citizens Academy (the next academy is scheduled to begin on March 6 at the Gorham Police Department). In addition, members earn certification in traffic control, CPR/First Aid/AED, citizen patrol, and radio communication. Volunteers are expected to devote at least six hours of service each month with two of those hours spent attending our monthly meeting and training session.

The Gorham VIPS are a self-funded, non-profit organization and are cur-



Photos courtesy of Gorham Police Dept.

rently fundraising for three AED (automated external defibrillator) units to have available in their patrol vehicles. The group will have a booth at Gorham Marketplace on March 30 at USM's Costello Field House. Please stop by if you would like to participate in the Yellow Dot program or have your child fingerprinted. The VIPS will also be happy to provide you with any additional information or an application to join the team.

Additional information about the VIPS and their programs can be found at www.gorhamvips.weebly.com.

Evan Chambers: Gorham's Newest Eagle Scout

GORHAM TIMES STAFF

Evan Chambers, the son of Carl and Mary Lou Chambers, recently achieved the rank of Eagle Scout. He has been in scouting in Gorham for the past 10 years. He started in first grade in Cub Scout Pack 74 and is currently part of Boy Scout Troop 817 led by Scout Master Ed White.

For his Eagle project, Evan acquired used bicycle donations throughout the community. With the assistance of other Boy Scouts in his troop, he inspected, repaired and distributed them to clients of the Gorham Food Pantry. He gave out a total of 28 bicycles.

Deb Tanguay, Director of the Gorham Food Pantry, said, "It was obvious Evan put a lot of time and effort into this project. Both kids



Photos courtesy of ?

and adults in our community benefited from this thoughtful endeavor, and it was great to see the faces on the Pantry clients when they received the bikes."

Chambers is a junior at Gorham High School. He has taught beginner computer skills for Gorham Adult Education and also helps repair computers at the Gorham Middle School. He works part time at Standish Hardware and seasonally at Ossipee Trail Garden Center.

In his spare time, Chambers enjoys snowmobiling and mountain biking.

Gorham Sightings



Photo credit Roger Marchand

Do you know where in Gorham this photo was taken? Join our visual trivia discussion by entering your best guess on our Facebook page at www.facebook.com/gorhamtimes or email us at gorhamtimes@gmail.com. The photo in the February 7 issue is the garage bays at Station Square on Railroad Ave.

inside theTimes				f	ig	GO CAT	YouTube
4 Living	13 Community	10 Sports	15 Classified				
5 Municipal	7 School	15 Calendar	15 Blotter				

Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

BRINGING THE NEWS TO ALL OF GORHAM
PO Box 401
Gorham, Maine 04038
Phone and Fax: (207) 839-8390
gorhamtimes@gmail.com
www.gorhamtimes.com

The Gorham Times is a free volunteer-run community newspaper distributed every other Thursday to more than 100 pick-up sites throughout Gorham.

News gorhamtimes@gmail.com
Sports gtimessports@gmail.com
Features ckck5@maine.rr.com
Of Interest gorhamtimes@gmail.com
Calendar item gorhamtimes@gmail.com
Advertising gorhamtimesadvertising@gmail.com or 839-8390
School News SchoolnewsGT@gmail.com

SUBSCRIPTIONS

\$18/year in Gorham; \$23/year elsewhere
\$13/year for college subscription
Subscriptions and renewals are available online on our website.

General Manager: Bruce Hepler
Editor: Leslie Dupuis
Business Manager: Stacy Sallinen
Advertiser Coordinator: Stacy Sallinen
Design/Production: Shirley Douglas
Staff Writers: Diane Abramson, Jacob Adams, Kathy Corbett, Sheri Faber, Edmund Ricker
Features: Chris Crawford
Photographers: Amanda Landry, Roger Marchand
Public Service: Tracey Bassingthwaite
Sports: Destiny Cook
School News: Andrea Morrell
Social Media Coordinator: Karen DiDonato
Digital Content Manager: Bailey O'Brien
Webmaster: Judi Jones
Distribution Coordinator: Russ Frank
Distribution: Jim Boyko, Janice Boyko, Scott Burnheimer, Chris Crawford, Janie Farr, Jackie Farwell, Dan Fenton, Russ Frank, Joe Hachey, Chris Kimball, Kris Miller, Chuck Miller, John Richard
Interns: Mary Dewitt, Grace Flynn, Brooke Guimond, Lydia Valentine, Erin Wentworth

BOARD OF DIRECTORS:

Michael Smith (President), Shannon Phinney Dowdle (Secretary), Alan Bell, Tom Biegel, Katherine Corbett, Carol Jones, George Sotiropoulos, Mike Richman, Sara Nelson

FOUNDER:

Maynard Charron

Advertising and Copy Deadlines

Ad deadline is the Wednesday of the week prior to issue date. Go to www.gorhamtimes.com and click on the advertising link for schedule.

EDITORIAL POLICY

The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

Printing services by Masthead Maine Press, 295 Gannett Drive, South Portland, ME 04106

A New Budget and New Vision for Maine

REP. ANDREW MCLEAN

Every two years, the Constitution of the State of Maine requires the governor to submit a balanced budget to the Legislature. The budget is balanced when the projected revenue is in line with the proposed expenditures. The projected revenue used is determined by the independent and non-partisan Revenue Forecasting Committee. You are able to view their forecasts here: <http://legislature.maine.gov/ofpr/revenue-forecasting-committee/9302>. The budget must be in place by the end of the fiscal year, June 30.

Since her election, Governor Mills and her staff have been assembling the budget based on these projected revenues. On February 8, the Governor released her budget to the public and presented it to the Legislature. Just last week she took the opportunity to speak to the full Legislature and the citizens of Maine about her proposal in her State of the Budget address at the State House.

Now that Governor Mills has presented her budget to the Legislature, it is our turn to get to work. Over the next four weeks, we will hold hearings on all aspects of the proposed budget. This is an opportunity for citizens who have comments or concerns about any proposal in the budget to present them to the Legislature to be considered as we finalize the budget. I welcome anyone who has thoughts about the budget to come to the State House to share them. If you

cannot make it to a public hearing, you are also welcome to email the Appropriations Committee, which is the budget-writing committee. You may also send your thoughts to me, and I will refer them to the budget-writing committee.

This is a very important part of the process because the budget is the single largest item we deal with in the legislature. It contains the funding for the programs that Maine citizens rely on—from healthcare to infrastructure to education and much more. In the end, the budget is a policy document and a statement about our priorities as a state.

The budget itself is a two-year budget that includes \$8 billion in spending. This budget is larger than in past years because Maine's economy has improved and tax receipts are higher. This budget does not include any tax increases. Education and healthcare account for nearly two-thirds of the entire budget, while higher education, the remaining departments of state government, the judicial branch, and debt service roughly make up the remaining third.

The Highway Fund Budget, which includes all infrastructure spending for two years, and over which my committee, the Transportation Committee, has jurisdiction, is a completely separate budget. My committee will be tackling that budget in the coming weeks as well.

While there is not enough space to write about all the proposals, here are a few highlights: The Governor's budget includes funding for Medicaid expansion, which the voters

approved two years ago. The budget includes \$2 million for the Maine State Grant Program, a proposal to fund a \$40,000 minimum teacher's salary, an increase in revenue sharing between the state and municipalities to 2.5%, an increase in the level at which seniors can participate in the Drugs for the Elderly program, \$10 million for tobacco cessation programs, and \$5.5 million to combat the opioid crisis. There are many other proposals in the budget that include incentives for small businesses, increases in health services for those in need, and relief for property taxpayers.

By funding critical programs like MaineCare, we help those in need, and by increasing education funding and revenue sharing, we help to reduce the burden on property taxpayers, two very important initiatives. There is work to be done to improve this budget, but as it stands, this budget is thoughtful and lives within its means.

The budget itself is public and can be viewed here: <https://www.maine.gov/budget/home>. We have a considerable amount of work to do in evaluating the budget proposals, and I hope to hear from you with your thoughts and concerns on the budget or any other matter of state government.



Rep. Andrew McLean, D-Gorham, is serving his fourth term in the Maine House. He is House Chair of the Transportation Committee and represents parts of both Gorham and Scarborough. (207)

939-8482, (800) 423-2900, andrew.mclean@legislature.maine.gov

Letters to the Editor

Letters to the Editor must be fewer than 300 words, signed with a first and last name, typed or e-mailed and include a phone number. The Gorham Times reserves the right not to publish letters that include personal attacks or inflammatory language. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times and are subject to editing.

Dear Editor,

I find the name change of USM amusing. It seems upper management thinks changing a name changes things. It really doesn't do much at all. I know if I see a pre-owned car in a lot it is just another used car. I attended USM for a year in the seventies. It didn't have that great a reputation then.

If I can ask a question that could mean a real change for USM, what are they doing about people spending huge amounts of money on a college degree when the job outlook for those degrees is absolutely horrible? Are they working with students to inform them that their huge financial debt will not be met with a huge salary? Are they developing classes and degrees that have better career outlooks?

I think graduating students often blame just about anything else for their lack of job prospects rather than realizing the fact that they spent four expensive years training themselves in an area with virtually no real career options. It's fine if people want to just get a degree because that is their area of interest, but they should be informed of real job and career outlooks for what they are studying.

Michael Kennedy

Dear Editor,

Here is a suggestion for GHS Principal Jandreau as well as the School Committee looking into more than doubling the high school parking lot. "Don't raise the bridge, instead lower the river."

Consider parental control; do their kids "really" need to drive to school?

Maximum of one car per family drives to GHS.

Seniors only, no undergrads can drive.

Seniors can carpool or share ride.

Those living within one mile, walk.

But as Principal Jandreau summed it up, "they don't want to take the bus or walk." It is hard for me to accept that two thirds of GHS seniors really need to drive to school. It's a "status" thing with them, isn't it?

Before the Town of Gorham adds GHS parking space, they should find parking for the new Gorham to Portland bus service.

David Alexander

GHS GRAD NEWS:

If you, or your son or daughter is a GHS graduate, we would like to share your achievements in the Gorham Times Of Interest section or in a Where Are They Now feature.

Submissions should include the year of GHS graduation and should be no longer than 75 words. Contact Chris Crawford at ckck5@maine.rr.com, Kathy Corbett at ktcorbett@aol.com or Cindy O'Shea at coshea2@maine.rr.com.

Around Town

Karen Nason (GHS '82) will be opening Grand Central Wine Bar on the top two floors of Station Square at 7 Railroad Avenue. The wine bar will feature tapas and jazz music and will be designed to emulate the look of Grand Central in NYC.

Due to the current freeze/thaw weather cycle, Gorham Public Works has limited heavy loads on selected roads through May 1. For a list of affected roads, please visit <https://www.gorham-me.org/>.

**NEXT GORHAM
TIMES DEADLINES:
FEB. 27 & MAR. 13**

Vintage Entrepreneur

CHRIS CRAWFORD
Staff Writer

It was challenging for Laura Lanz Frolio (GHS '04), who was among the many hundreds of thousands of young people who had the ill fortune of trying to join the work force in the midst of the Great Recession. Statistics show that from December 2007 to June 2009, the U.S. labor market lost 8.4 million jobs during what was the most dramatic employment contraction of any recession since the Great Depression in the late 1920's.

In 2008, Lanz Frolio, newly graduated with a BA degree in journalism from Ithaca College, moved to New York City and began applying for every journalism job she could find. Her other passion was fashion and clothing, and she dreamed of working at a fashion magazine. Like many other Millennials, she faced a really tough job market. She said, "I ended up working at some strange office jobs, waiting tables, and eventually working as an unpaid intern and then as a paid freelancer at a magazine."

During this time, she was also indulging her passion for fashion by visiting flea markets and thrift stores, buying vintage clothing. "I bought what I thought were interesting pieces, but I never really wore them," she said.

In 2009, she set up shop on Etsy, an online marketplace for artists and crafts people begun nearby in Brooklyn, where she occasionally listed items for sale. "My business slowly grew from there, while I was freelancing in journalism or working at restaurants on the side," said Lanz Frolio. By 2014 her online shop, featuring one of a kind vintage clothing, had grown enough that she was able to make it her full-time job.

Lanz Frolio is the owner and operator of La Poubelle Vintage, a full-time, one-woman operation. Her new showroom opened in 2016 at 1002 Metropolitan Ave, Brooklyn, and is open by appointment only. She said, "I do everything from sourcing inventory (the fun part), product photography, listing items online, customer service, maintaining my social media profiles,



Photo credit La Poubelle Vintage

shipping orders, and setting up and selling at in-person events."

La Poubelle translates to 'the Trash Can,' a nod to the recycling nature of her business. She believes that her Maine roots, which shaped her as a humble and practical person, have helped her succeed in her chosen career path.

Lanz Frolio did not intentionally set out to become an entrepreneur. The trying economic circumstances she faced after graduation led her to make some creative choices about how to earn a living. She said, "I can't say that there was ever a moment of epiphany like 'oh wow, I'd like to start my own business.'" Instead it gradually grew from what she calls a fun hobby into a full-time business over the years.

As any small business person will acknowledge, there are plenty of challenges to keep things interesting. With no business courses under her belt, Lanz Frolio has had to learn the business side of things on her own. She said, "As a small business owner, I'm overcoming obstacles every day. Whether it's balancing my budget to make sure I have enough money to buy new inventory or juggling competing tasks like finding time to clean and repair all of the clothes."

In addition, locating vintage pieces has become more challenging as demand for one of a kind pieces has increased. Lanz Frolio is very knowledgeable about vintage clothing designers and knows whose labels to be on the look out for. Her most recent challenge revolves around growing her

Meet Our Photographers

Photo courtesy of Amanda Landry

Amanda Landry and her husband built their home in Gorham 15 years ago. They have two busy teenagers and two dogs.



Photography is a passion Landry pursued 4-1/2 years ago shooting families, students, sports, seniors and so much more.

She has had the privilege of being involved with many school activities including being a substitute teacher, school volunteer, coach for Gorham youth basketball for eight years, and volunteer photographer for the Gorham Times for about four years. She is also involved with many clubs and boards in the community.

Landry has a dietetic technician degree, and when not taking photos, you will find her working as a patient service representative at a doctor's office. Landry shared, "I am grateful to be able to create long lasting memories for others with the joy I have found in photography."

Roger Marchand returned to writing and taking photographs for the Gorham Times in 2014 after a nine-year hiatus while serving on the Gorham



CONTINUED ON PAGE 6



The Gorham Times is seeking a volunteer to distribute papers to 10 locations along Route 25 west of the village.

Time commitment is less than one hour every other week.

Contact gorhamtimes@gmail.com if interested.

Wyman's
AUTO BODY

We Work with All Insurance Companies

Joe Wyman has been doing auto body and collision work for over 50 years and at the same Gorham location for over 35 years.

I-Car Certified • ASE Certified • Major Collision • All vehicle types • Sandblasting
Free Pick-up and Deliveries within a 15-mile Radius. Free loaner cars.

ALL WORK WARRANTED

201 New Portland Rd, Gorham, ME • Ph: 839-6401 Fax: 839-2418 Email: wymanautoinc@yahoo.com
Mon-Fri 8-5, Sat 9-12, Sun Closed • www.wymansauto.com

Restaurant Hours

Sun-Thurs:
11 am to 11 pm

Fri & Sat:
11 am to 12 am



GORHAM HOUSE OF PIZZA
839-2504

"Serving Gorham Since 1981."

We serve pizza, pasta, salads, calzones, wraps & more!

View our site online: www.ghop.me

Follow us on Twitter: [ghopme](https://twitter.com/ghopme)

Like us on Facebook

2 State Street • Gorham, ME 04038

Wrapping Our Heads Around Concussion

ROB LAVOIE

Concussion is a serious health concern. It can affect each and every one of us, regardless if we play sports or not. Despite heightened awareness and recent advances in management of concussion, misinformation and improper treatment can still occur because the science and research behind concussion is still evolving. My goal is to clarify some key points regarding concussion and the process of healing based on current available literature.

A concussion, as defined by the 2013 British Journal of Sports Medicine, is a traumatically induced transient disturbance of brain function and involves a complex pathophysiological process. In simpler terms, this basically means that the brain itself is injured, which can affect everything from balance and motor function to thinking and emotions. These effects can be fleeting or can last days, weeks, or even months.

Concussions are caused by a blow to the head or body. Most people believe you must be hit on your head for a concussion to occur, but that is not necessarily true. An impact to the body or neck can also cause someone to be concussed. The brain itself is injured which alters its function.

The most common symptoms are headaches and dizziness. Other signs

and symptoms may include neck pain, nausea, vomiting, balance issues, sensitivity to surroundings, feeling foggy, memory and concentration issues, changes in emotions, and depression. This is just a partial list. Such a wide range of symptoms is why concussions are difficult to diagnose and manage. I often get a chuckle from parents when I ask their concussed teenager if their mood has changed.

If you suspect a concussion, the first step is to receive immediate care by a qualified healthcare provider. Not all healthcare providers are qualified to manage concussions. A 2017 survey of Canadian family physicians showed that there were clear inconsistencies in recognizing concussion symptoms and care protocols. Qualified providers may include sports or team physicians and staff, trauma doctors, and trained physical therapists and chiropractors. When in doubt, ask for qualifications. Current guidelines state that concussions are no longer graded as mild, moderate, or severe. A concussion is a concussion no matter how mild or severe. If your provider says your concussion is mild, chances are they are not up to date with current management protocols.

Concussions typically are self-limiting and resolve within seven to 10 days. However, in children and adolescents it may take longer. Studies have also shown that patients with

a history of previous concussion(s), learning disabilities, and ADD/ADHD take longer to heal.

Rest is the most important treatment for a concussion. Resting the mind and body allows the brain to heal. You may sleep but prolonged periods of sleepiness or lethargy should be monitored closely. Avoid anything that excites the brain during healing such as driving, reading, cognitive thinking, viewing screens and devices, and operating machinery. If you find that a certain daily activity makes your symptoms worse, stop performing that activity. Once healed, you will want to be cleared to return to work, sports, and school by the same provider that you received care from initially.

Improper management and exposure to another concussion when healing from a current concussion can produce devastating effects. This is called a Second Impact Syndrome (SIS) and may be fatal. Though rare, SIS should be a special consideration for our youth and for those who participate in direct and indirect contact sports.



Robert Lavoie, D.C., CCSP® is the owner of Chiropractic Clinic of Gorham. A list of cited references used for this article can be obtained by contacting his office.

GARDENING PLEASURES

The Gifts of a Winter Garden

LINDA TREWORGY FAATZ

The rays from the early sunrise catch the frost-covered heads of dried flower stocks.

The quiet morning stillness is meditative. Oak and beech leaves, uncollected from fall, rest in the crisp snow. The old bench covered with lichen holds handfuls of red Japanese maple leaves. Buds of the small Rhododendrons have been selectively nibbled by white-tailed visitors.

The garden begins to come alive. The crunch of the crust underfoot awakes a deer sleeping in the juniper cover. Insistent songs of the blue jay resound from a nearby evergreen. Light breezes send small birch twigs to the ground. The bare branches of the white birch stand out against the clear blue sky. A cardinal is perched at the very top, ready for the artist's sketch.

The subtleties of the winter garden tell a lot about the summer efforts. The tall grass heads nod in the field. Remaining seeds fly into the air ready to sprout in a new place.

Weathered split rail posts lean after a heavy snow. Dried hydrangea blossoms still hang on though laden with snow. Shriveled red berries await the hungry birds. Green moss hugs the bark on the north side of the sugar maple. Thyme and sage covered with mounds of white still hold their flavors for savory winter seasonings.

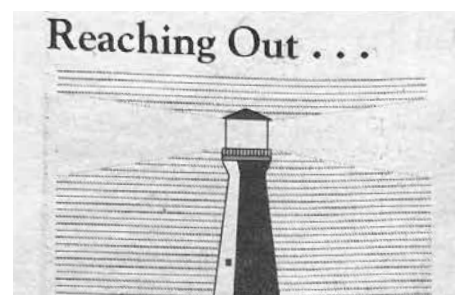
The darkened afternoon sky tells of a storm brewing. Blowing winds from the north are biting against an unprotected face. The winter birds stop their songs. Night falls and quiet returns as the snowflakes gently cover the earth with their white softness.

Our garden is a treasure in any season. Take time to be awed by winter's gifts.



Linda Treworgy Faatz, a passionate gardener for many years, lives in her family home at Friend's Corner and cares for the extensive Treworgy gardens. She loves to share her home and gardens through craft sales, classes and garden events.

Carol Curran, a long time Gorham resident and licensed therapist, was an early contributor to the Gorham Times. Her first article appeared in the December 1995 issue.



Carol Curran, LCSW

The holiday season, which is now upon us, can be the most stressful time of the year. Anticipation of a loving, fun-filled holiday, as depicted on the Hallmark TV ads, just doesn't materialize. There is always too much to do and too little time.

I have found, over the years, that the key to reducing stress is to simplify what you choose to do and to take care of yourself. Take the time to evaluate what really gives you pleasure. Focus on what makes you appreciate your blessings. Don't continue a tradition that no longer bring you joy and instead stresses you. Maybe it's time to start a new tradition with your own small family rather than be stressed by the extended family's tradition.

Taking care of yourself can be as simple as lying down for 15 minutes in the middle of the day, taking a walk with your dog, or having a hot bath. The key is putting this near the top of your list, not at the bottom after you get everything else done. I schedule the time to lie down right into my calendar with my other appointments. It's important to honor time with ourselves as much as commitments to others or to work.

A licensed therapist, I look forward to hearing from you with questions or concerns, which I will answer in this column.

Send your questions to Carol Curran, c/o Gorham Times, PO Box 401, Gorham, ME 04038.

GORHAM - CAROL FISHER CURRAN was born on January 23, 1950. She passed away unexpectedly from a heart attack in her sleep on February 11, 2019, just after her 69th birthday.

Carol met her husband Al on a blind date in 1970 and they enjoyed their life together for the next 49 years. They have three children - Rachele, Sally and Nilaya - and one of Carol's greatest joys was talking regularly with her daughters. She delighted in the birth of each of her five grandchildren: Tobin, Mara, Poppy, Theo and Silvio. Carol was thrilled to see each of them becoming such unique human beings. Grandparenting together with Al had become her primary focus and she spent time every day with one or more of her grandchildren.

Carol was always full of life and she made it her life intention to spread joy and love. Her smile and laugh were infectious. She would regularly say, "I have a lovely life and I am so grateful for it." Carol loved maintaining and nurturing her many friendships, many of which had lasted the full 40 years she lived in Gorham. Carol believed strongly in treating all people with respect, was a compassionate listener, and had a remarkable way of drawing stories out of people.

Carol always made time for play with her friends and family; her favorite games were wallyball, golf and bridge. She could play card and board games for hours, and enjoyed some healthy competition. Favorite games included Bridge, Bohnanza, Pounce and Ticket to Ride.

Carol and Al loved Maine, the White Mountains, and exploring in nature. They enjoyed walking on the beach at Pine Point, cross country skiing in the Mt Washington Valley, walking on Mackworth Island, riding bikes on the Sebago to the Sea Rail Trail, swimming and kayaking at No Name Pond, and watching the sunset.

Spirituality was central in Carol's life. It was grounded in a deep belief that all things are connected in love, and this was her guiding force. Carol completed her Doctorate in Psychology. In her career as a psychotherapist, as a mother, and as a friend she was always reminding people to look inside of themselves and believe that the answers were there within.

Carol loved the arts and expressed it through gardening and painting. She created gorgeous flower gardens and painted bright watercolors of nature. She also loved playing music and taking photographs.

Carol was a voracious reader and read every book her friends gave to her (by the bagful). She shared her joy of reading with her kids and grandchildren, spending hundreds of hours reading to them. They would crawl into her lap, sometimes three at once, and all snuggle in for stories.

She will be deeply missed by all of her family including husband Al Curran, sisters Bethann Fisher and Martha Fisher of Gorham; daughter Rachele Curran Apse, her husband, Colin Apse and their two children Tobin and Mara of Portland; daughter Sal Curran, her wife, Fabiola Ortiz Valdez and child Silvio of Syracuse, New York; daughter Nilaya Palmer, her husband, James Palmer and children Poppy and Theo of Gorham. Carol is leaving a huge hole in the hearts of all of us that loved her.

In lieu of flowers please send donations to the Sebago to the Sea Rail Trail Project at the Presumpscot Regional Land Trust, P.O. Box 33, Gorham ME 04038, one of Carol and Al's favorite bike trails. A bench will be placed along the bike trail in her honor.



In partnership with Triad and the Gorham Fire Department, the Lecky Brown Center is excited to announce:

YELLOW DOT & COMMUNITY CARES signups

Tuesday, March 5 @ 10am
at the Lecky Brown Center
part of our Starting Points 101 services



FMI: Lisa Becker 835-9379
leckybrowncenter@gmail.com

FEBRUARY 5, 2019

Town Council Meeting

JACOB ADAMS
Staff Writer

Stowell Watters, President of the Greater Gorham Farmers Market, stated that he hopes to incorporate more Gorham Historical Culture into the Market. If anyone has any concerns, questions, or suggestions, his email is oldwellsfarm@gmail.com.

Jim Edwards and Jeff Bolduc, both of Solomon Drive, pointed out their concerns about the GHS expansion into Robie Park.

Councilor Phillips attended the High School Building forum and appreciated all of the public comments. She suggested that people check out the School and Town website for more information on the project.

Councilor Shepard reported that the Ordinance Committee met on January 15 and discussed impact fees and municipal road acceptances. They are still discussing these issues.

Councilor Wilder Cross reported that the Appointments Committee met last week and is in the process of filling current vacancies for various Town Boards and Committees. She also disclosed that the NY Gorham coordinator for 2019 will be Brian Arnett and reminded people that they are always looking for volunteers to help with this event.

Chairman Hartwell announced the resignation of long time Planning Board member Ed Zelmanow and thanked him for his many years of service to the Planning Board and the Town of Gorham.

Chairman Hartwell asked the Council if he should be recused from the voting on Sebago Brewing Company's license renewals due to a conflict of interest of his farm selling beef to the applicant. Town Council voted to allow Chairman Hartwell to vote on the below item.

CONTINUED ON PAGE 6

FEBRUARY 4, 2019

Planning Board Meeting

Nouria Energy Little Falls LLC's request for approval of a non-conforming sign at Lil' Mart at 688 Gray Road was tabled at applicant's request.

Plowman Development Group, LLC's request to extend Plowman Road to the 2-6 lot standard to accommodate five new units was withdrawn by the applicants.

Pheasant Knoll Contract Zone proposal to amend the agreement between Kasprzak Landholdings, Inc. and the Town of Gorham was moved to the March 4 meeting.

Avesta Housing Corporation's request for a sketch plan review of a proposal to add 27 new residences for individuals 55+ at Ridgewood in an existing but unused office space was discussed.

Real Estate Transfers August 2018

ADDRESS	BUYER	SELLER	PRICE
452 SOUTH STREET	CAVIC, ALEXIS & POLITO, BENJAMIN	TAINTOR, ELIZABETH	\$326,000
144 DINGLEY SPRING ROAD	NIELSEN, KAREN	FRICK, JENNIFER	\$200,000
331 MAIN STREET	MCGRANE, COURTNEY	GERAGHTY, ROBERT & AURORA	\$218,000
21 DOGWOOD LANE	FERRY, CHARLES	BRAMBLEWOOD, LLC	\$339,900
14 WOODSIDE DRIVE	ELAWAKEEL, AHMED & IBRAHIM, SALLY	ENGLISH, LARILEE	\$258,000
226 HUSTON ROAD	FARRELL, TYLER	BELL-PATTERSON, AMANDA	\$227,500
28 SEBAGO LAKE ROAD	ADOLF, RONALD	HILLS, NATHAN & MEGAN	\$220,000
163 LIBBY AVE.	RBEAT, IHSAN	BAKER, SHAWN & LAUREN	\$265,000
26 STANDISH NECK ROAD	DIMASTRANTONIO, NICHOLAS	MULCAHY, NATHANIAL & MICHELLE	\$270,000
58 EAGLE COVE ROAD	GRADY, JAMES	PANICO, FRED & PANICO-DYKE, MYRNA	\$40,000
19 BEAR RUN	MARTEL, JAMES & KIMBERLEY	KLYUCHKA, SERGIY & IRYNA	\$340,000
4 WINTERBERRY DRIVE	DEMARTINEZ, ANA	GERON, AMY	\$240,000
103 ICHABOD LANE	LEMBARA, CINFY	SAM STRUMPH BUILDERS, LLC	\$359,000
23 QUEEN STREET	LANDER, STUART & DEBORAH	KASERMAN, KEVIN & DENISE	\$420,000
1 NORTH GORHAM ROAD	NHAO, SOCHAN	GHERARDI, BRENDA	\$167,000
157 SCHOOL STREET	MOORE, THOMAS JR.	WOODBURY, PETER & TAMMY	\$230,000
211 SEBAGO LAKE ROAD	FARLEY, KAREN	DOUGHTY, CHARLES & TONYA	\$171,800
1 KINGFISHER COURT #52	DOUGHTY, ELINOR	GIFFORD, FREDERICK & PENDLETON	\$338,500
34 FARRINGTON ROAD	SOULE, DONALD & CHRISTINA	ROSARIO, ARNOLD JR. & TAMARA	\$230,000
235 BUCK STREET	HATCH, ROBERT & AMBER	BEAR, ADAM & MARYANNE	\$450,000
66 SPILLER ROAD	USA RURAL HOUSING (FHA)	USA RURAL HOUSING (FHA)	\$176,535
129 SPILLER ROAD	ROBERTS, CODY & CASSIDY	MILLER, NATHANIEL & SARA	\$265,000
278 FLAGGY MEADOW ROAD	EHLERS, EUGENE & MARILYN	DOUGHTY, JENNIFER	\$402,000
153 MOSHER ROAD	MCGUIRE, JARED & ABIGAIL	ROBERTS, BEN & LISA	\$220,000
37 SYDNEY'S WAY	CORSINI, MITCHELL & MATER-CORSINI	LANE, RYAN & AMANDA	\$470,000
56 OLD DYNAMITE WAY	HOWE, ARCHIBALD & ELIZABETH	HIGGINS BUILDERS, INC.	\$95,000
7 MATTHEW DRIVE	GOLDMAN, MARYBETH	MICKFORD, TODD & CAROLYN	\$319,000
177 STATE STREET	RUGANI, DINA & MONICA, PATRICK	VEAZIE, KATIE & CHRISTOPHER	\$320,000
14 COTTON DRIVE	DUNLEAVY, JOHN & GALLANT, RENEE	NORMAND BERUBE BUILDERS, INC.	\$407,500
123 BUCK STREET	ROOT, MARK	EMERSON, DANILE	\$278,000
33 BRANDON'S WAY	BAUER, PETER & BONNIE	SMITH, FREDERIC & SKILLIN-SMITH	\$405,000
7 SETTLER'S WAY	HOMAN, CARLYLE & THOMPSON, NANCY	TOWER, DAVID	\$465,000
342 MAIN STREET	ALHAMADANI, LAYTH & ALKHATTAB, NOUR	DUCHAIINE, JOSEPH	\$265,000
15 RIDGEWAY AVENUE	FOUNDTATION REALTY	US ROF III LEGAL TRUST	\$170,000
16 RIDGEWAY AVENUE	CURTIS, ALAN	MACKIE, RUSSELL	\$204,000
10 WAGNER FARM ROAD	CASCELLA, ROBERT & CHERYL	ALLEN, DANIEL & SEANA	\$289,970
155 MOSHER ROAD	RAMSAY, JAMIESON	KYAJOHNIAN, LINDSAY & FRANCOI	\$221,500
125 WOOD ROAD	SAVAGE, KAREN & COURNOYER, STEPHEN	FROST, CHRISTOPHER & JENNIFER	\$262,000
46 CUMBERLAND LANE #10	BARTLETT, PATRICIA	BENNETT, ELIZABETH	\$235,000
100 BARSTOW ROAD	CHERRYLAND ENTERPRISES, LLC	HSBC BANK USA, NA	\$135,000
48 HIDDEN PINES DRIVE	JUTKIEWICZ, MARK & NICOLE	PRESCOTT, AMY	\$300,000
OLDE CANAL BUSINES PARK	LYFORD, PETER	GRONDIN PROPERTIES, LLC	\$223,414
22 HOPE DRIVE	OSMOLSKI, EDWARD JR.	FOSTER, DALE & KIMBERLY	\$325,000
DOUGLAS BROOK SUB. LOT 3	RUEL CONSTRUCTION, LLC	LBMP, LLC	\$75,000
BUCK STREET	WING, TIMOTHY & SRA	ESTATE OF JOHN PHINNEY	\$75,000

Arrests: September - October 2018

Cape Neddick woman, 41, was arrested for refusing to submit to arrest and for disorderly conduct.

Gray woman, 47, was arrested for criminal mischief and domestic violence assault.

Straw Road man, 44, was arrested for violating a protective order.

Transient man, 37, was arrested for criminal trespass and criminal threatening with a dangerous weapon.

Portland man, 30, was arrested for violating conditions of release and domestic violence terrorizing.

Standish man, 26, was arrested for OUI.

Naples woman, 35, was arrested for OUI.

Green Trees Drive woman, 32, was arrested for OUI.

Portland man, 24, was arrested for criminal threatening, theft by unauthorized taking and burglary of a motor vehicle.

Westbrook man, 22, was arrested for OUI.

Windham woman, 45, was arrested for violating conditions of release, possession of a suspended driver's license and failure to appear.

Sebago Lake Road man, 37, was arrested for OUI.

Sanborn St. woman, 28, was arrested for failure to appear

Cumberland woman, 47, was arrested for OUI and endangering the welfare of a child.

Raymond man, 21, was arrested for furnishing liquor to minors and for

furnishing a place for minors to consume liquor.

Buck Street woman, 53, was arrested for domestic violence assault.

Springvale man, 40, was arrested for violating a protection from abuse order.

Pine Street man, 24, was arrested for domestic violence assault.

Gray man, 25, was arrested for OUI.

Weeks Road man, 36, was arrested for OUI (drugs or combo) one prior, and was arrested again four days later for violating conditions of release.

Auburn man, 39, was arrested for terrorizing.

Patrick Drive man, 29, was arrested for failing to register vehicle, failure to appear, and operating while license was suspended or revoked.

South St. man, 53, was arrested for failure to appear.

Patrick Drive woman, 27, was arrested for failure to appear.

Buxton man, 25, was arrested for OUI.

Brownfield man, 31, was arrested for OUI.

Main St. woman, 41, was arrested for theft by unauthorized taking.

Patrick Drive man, 29, was arrested for attaching false plates, operating while license was suspended or revoked, failure to appear and violating conditions of release.

New Portland Road man, 45, was arrested for violating conditions of release.

CONTINUED ON PAGE 6



OFFERING LOCAL LUNCH & DINNER DELIVERY SERVICE

All meals are freshly cooked daily and dinner is served with salad, homemade bread, rolls, and dessert.

Meals delivered to each client by 6:00 p.m.

*Please note: Order 24 hours ahead.

Ask us about our Football Game Menus

Catering is also available upon request.

CHECK OUT OUR MENU & ORDER ONLINE:
ATMYTABLES.COM OR CALL 319-4260

Public Forum CONTINUED FROM PAGE 1

the project is still a work in process and just pencil on paper. The committee's goal at this juncture is to present the plans, answer questions from the community, get input, and modify the plans to satisfy all needs."

Three major themes or areas of concern arose from the forum. The first focused on traffic flow as a result of the proposed elimination of Access Road and potential safety concerns related to increased traffic.

The second major area of concern, according to Perry, was doubt that the proposed additions would give the high school enough room to grow. "The underlying sentiment was that folks felt as though growth is going to continue in Gorham and people do not want us to plan for a building, spend the money getting it built, and then be out of space again before the life of the bond is up."

Lastly, residents questioned whether the new building will be con-

structed with a focus on the community. The community is being asked to invest a significant amount of money into this project and residents want to be ensured access as well.

For Superintendent Perry and the Gorham High School Building Committee, the forum presented the public with an opportunity to express concerns and provide potential solutions. Both Perry and the GHS Building Committee will continue to share their progress and garner feedback from the community.

The next steps for the project include a thought exchange community survey, continuous adjustments to the project based on feedback through the spring, and a proposed recommended final project to the School Committee in July 2019.

To watch a full video of the public forum, visit <https://vimeo.com/316131745>.

Town Council Meeting CONTINUED FROM PAGE 5

The Town Council approved a renewal liquor license and a renewal Special Amusement License for Sebago Brewing Company, located at 616 Main Street.

A new Massage License was approved for Walter Raymond Selens, doing business at Gorham Muscular Therapy, 230 Main Street.

The Cumberland County Soil and Water District's plan to use grant funding to enhance community green spaces at the Little Falls Activity Center and Phinney Park was approved.

The Town Council approved a plan by the Gorham Conservation Commission to build a community bicycle pump track off of Weeks Road.

The Ordinance Committee was asked to review adding requirements to the Land Use & Development Code requiring that taxes be paid before the issuance of permits and bring back its recommendations to the Town Council.

A proposal to amend the Land Use & Development Code to increase the number of lots and dwelling units allowed on a private way was forward-

ed to the Planning Board for a Public Hearing and their recommendations. The full proposal can be found at www.gorham-me.org.

The Town Council forwarded a proposal to amend the Land Use & Development Code to allow for Personal Services and Professional Out-Patient Clinics in the Office Residential Zone, to the Planning Board for a Public Hearing and their recommendation. The full proposal can be found at www.gorham-me.org.

The Town Council endorsed the Community Development Block Grant Applications for improvements to the Little Falls Recreation Fieldhouse and sidewalks on Mosher Road and Acorn Street in Little Falls.

The amount of \$245,000 was appropriated for the purpose of constructing a parking lot and baseball field on the Chick Property as outlined in Phase 1 of the property's master plan. (6 years, 1 nay: Smith)

The Town Council denied an application for an abatement of taxes based on poverty. (6 years, 1 nay: Hartwell)

The full meeting minutes are available at www.gorham-me.org.

Arrests CONTINUED FROM PAGE 5

North Gorham Road woman, 42, was arrested for theft by unauthorized taking.

Windham man, 28, was arrested for burglary.

Elm St. man, 58, was arrested for unlawful possession of scheduled drugs and disorderly conduct.

Tucker Drive man, 39, was arrested for domestic violence assault.

Copperhead Road man, 28, was arrested for domestic violence criminal threatening, domestic violence assault and obstructing report of a crime.

Gray Road man, 26, was arrested for OUI and violating conditions of release.

Meet Our Photographers CONTINUED FROM PAGE 3

School Committee. He previously volunteered for the paper from fall 2000 to November 2004. He retired after 53 years as a teacher and school administrator. He is proud to say that during his time as an educator he had the pleasure of teaching students from kindergarten through graduate school. He was also an administrator in both public and private schools.

He and his wife Peggy have lived in the same house in Gorham for 42 years. Both of his children graduated from the Gorham High School and currently live in Maine after years of studying and working in other parts of the country and overseas.

Photography is a passion for him and has become an integral part of his life. He has taken pictures since his parents

initially gave him a Donald Duck camera when he was eight years old. When he finally had more time to himself, he decided to use the camera as an active way of viewing the world around him. He now keeps his camera with him at all times. He looks for color and shadows and how light plays on objects. Reflections, and how they interact with objects, continue to intrigue him.

He's excited about doing photography for the Gorham Times and is constantly taking pictures around town with the hope that they will be useful for publication. Looking for that place that no one seems to pay attention to, or is just not usually noticed, is what he's looking for as a focus for the Gorham Sightings feature of the paper.

Thank you Amanda and Roger!

SUPPORT LOCAL. SHOP LOCAL.

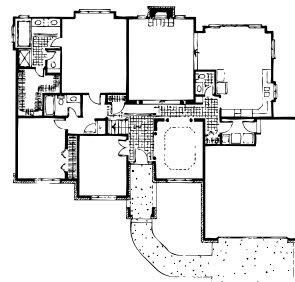
The Half-Light
by Monica Wood
Feb 26 - Mar 24
PORTLANDSTAGE
The Theater of Maine
BUY TICKETS: 207.774.0465
www.portlandstage.org
25A Forest Ave, Portland, ME

*No winter lasts forever;
no spring skips its turn.*

- HAL BORLAND

VILLAGE BUILDERS

Full Service General Contractor
Repairs • Renovations • Additions



Daniel W. Grant, P.E.
Owner

21 New Portland Rd.
Gorham, ME 04038
PH 207-839-6072
sales@villagebuildersmaine.com



**Gorham
Times**

**DON'T MISS AN
ISSUE—
YOU CAN
SUBSCRIBE
ONLINE!**

Gorham High School Second Quarter Honor Rolls 2018-19

Grade 9 – High Honors

Drew Baber
Gisele Berry
Erin Castonguay
Kayleigh Cloutier
Sydney Connolly
Michelle Darling
Katherine Dupuis
Hailey Edwards
Madeline Fadrigon
Andrew Farr
Annie Frey
Bryce Gunn
Madisson Hatch
Kiara Hodge
Abigail Houp
Stephanie Labrie
Elisabeth Loranger
Andrea Mitchell
Emma Mullin
Anna Nelson
Julia Ordway
Phoebe Richards
Benjamin Shields
Clara Shvets
Alexandra Waterman
Megan Wentworth
Megan Young

Grade 9 – Honors

Colin Albert
George Allison
Natalya Asali
Lauren Bachner
Noah Badeau
Brett Barney
Curan Basingthwaite
Ryan Beshstel
Owen Begley
Mallorie Bergquist-Guimond
Landon Bickford
Allison Bishop
Brylee Bishop
Caroline Bishop
Robert Boylen

Kiely Burns
Connor Callahan
Morgan Chapman
Nathan Chase
Ainsley Christianson
Hunter Connors
Calvin Cummings
Kaitlyn Cushing
Sadie Cyr
Aiden Dever
Mary DeWitt
Nathan Doane
Quinn Doyle
Sarah Duff
Sadie Dyer
Abigail Emerson
Zachary Emmons
Olivia Falagario
Asa Farley
Samuel Farr
Jillian Feyler
Breshia Flett
Elizabeth Frey
Nikolas Gagne
Maya Garand
Charles Gay
Riley Grant
Kylie Green
Riley Griffin
Rachel Gross
Brooke Guimond
Sydney Haskell
Ethan Ho
Josiah Irish
Gannon Kuntz
Kyle Landry
Alexandra Light
Bryce Lambert
Annika Mankin
Paige Marchand
Anya Mazaris-Atkinson
Daniel McKeage
Aidan Meredith
Sophia Michaud
Ambrosia Moore

Dylan Morrell
Isabella Morrell
Jillian Morrill
Alexandra Myles
Anya Nagle
Abigail Ouellette
Hunter Pellerin
Grace Perreault
Ellie Perry
William Perry
Madison Philbrick
Albert Plummer
Abraham Rabbani
Shannon Randall
Courtney Rent
Quentin Riiska
Vanessa Russell
Evan Russo
Brandon Sadowski
Thomas Sallinen
Brady Sawyer
Arzou Sayed
Thaddeus Shain
Kyle Skolfield
Hannah Spickel
Emma Stevens
John Sutton
Jacob Tatom
William Thompson
Colby Tucker
Sarah Valeriani
Brandon Verrill
Dylan Vonderhaar
Nicole Walker
Morgan Walton
Caleb Waterman
Emily Wilcox
Violet Wilson-Wood
Quentin Wise
Elijah Wyatt

Grade 10 – High Honors

Ava Dolley
Paige Fogg
Sydney Fox

Grade 10 – Honors

Luke Adams
Dawson Allen
Aidan Bell
Gianna Bent
Madeline Berry
Corey Blake
Jordan Blakeslee
Grace Bradshaw
Anneka Bryant
Elijah Bullard
Logan Butler
Carrier Beck
Lily Courtney
River Cummings
Sierra Cummings
Kelly Curran
Michael Darasz
Abigail Decrow
Hayden Desmond
Robert Dowdle
Katherine Downey
Emily Duncan
Vinh Duong
Julia Edwards
Nathan Eichner
Aidan Enck
Grace Flynn
Gracie Forges
Campbell Fowler
Sophie Gagne
Lydia Gaudreau
Nolan Gava
Mary Gawlick
Stephen Graham
Stacy Hakizimana
Gregory Hannaford
Devyn Harrington
Hannah Heady

Reed Henderson
MacKenna Homa
Amalia Ionta
Henry Jensen
Richard Jiang
Benjamin Johnson
Sophia Kaufman
Evan Koenig
Isabelle Kovacs
Ryan Kratzer
Katherine Kutzer
Gabrielle LaBarge
Corey Blake
Sophie Lachance
Mason Laskey
Shannon Lawrence
Maya Lee
Zakaria Lembarra
Nevin Libby
Tess Libby
Griffin Loranger
Natetra Ly
Kylie Mathieson
Bode Meader
Olivia Michaud
Kaylyn Migliorini
Oliver Milliken
Kaleigh Mitchell
Kathryn Morin
Vinh Murray
Adele Nadeau
Grant Nadeau
Liam Nickerson
Grace Parker
Alice Peterson
Brooke Phillips
Matthew Phinney
Alexander Pierson
Daniel Popov
Samuel Pritchard
Caitlin Randall
Cassidy Rioux
Morgan Roast
Eva Rodrigue
Treyton Rosario

Grade 11 – High Honors

Lane Charlton
Madison Firmin
Maeve Higgins
Paige Hume
Elyssa Johnson
Aaron Jones
Abigail O'Brien
Madisen Sweatt
Samuel Waggoner

Grade 11 – Honors

Ethan Allen
Grace Andrews
Daniel Bachner
Carson Battaglia
Elizabeth Blanchard
Laura Bolduc
Anthony Booth
Jordan Bretton
Westley Brinegar
Haley Burns
Evan Chambers
Brandon Chhoeung
Matilde Cirina
Jack Collins
Rachel Collomy
Faith Dillon
Meredith Donisi
Connor Donnelly
Ryan Doughty

Lydia Drew
Molly Eaton
Isabelle Emerson
Shaline Erhardt
Ryan Gaudreau
Lauren Green
Bryce Gurney
Jacqueline Hamilton
Ashleigh Hotham
Charles Hubbard
Erin Hume
Nolan Irish
Sebastian Irish
Noah Jalbert
Katarina Jenkins
Courtne Jones
Sarah Juskievicz
Henri Kuntz
Lucas LaMontagne
Britney Landry
Haley Lowell
Anika Malia
Nolan McCullough
Ethan Mercier
Abigail Miller
Peyton Morton
MacAllister Moss
Jillian Nichols
Samuel Orlando
Aidan Owens
Emma Owens
Cole Perreault
Marin Perry
Meg Perry
Ava Pitman
Lauren Preis
Ryan Reno
Andrew Rent
Peter Richards
Seth Richardson
Margaret Rimkunas
Jackson Robbins
Gianna Romatis
Camden Sawyer
Kendall Smith

Grade 12 – High Honors

Kyren Bettencourt
Maiya Christiansen-Carlson
Angelana Darling
Brinn Hall
Autumn Heil
Matilda McColl
Lydia McCrillis
Libby Mitchell
Katherine O'Donnell
Anna Rathbun
Samantha Robichaud
Simon Roussel
Leah Scontras
Sarah Stevens
Erin Wentworth
Brooke Woodbury
Bruce Wyatt

Grade 12 – Honors

Isis Adams
Maggy Aube
Aaliyah Biambly
Brian Bunker
Mackenzie Buteau
Caitlin Chasse
Brandon Cummings
Joseph Curesky
Ryan DeSanctis
Brittany Desjardin
Grace DiPhilippo
Caroline Dowdle
Jacob Dupuis
Riley Ferrigan
Avery Germond
Jeremy Harris

Joshua Hayward
Mackenzie Holmes
Kasey Jiang
Isabella Jones
Spencer Keating
Evelyn Kitchen
Libby Knudsen
Isabelle Kolb
Ella LeBlanc
Griffin Lord
Hannah Lowell
Preston Mahaney
Isaac Martel
Drew Meader
Harris Milliken
Hailey Morrill
Thomas Nelson
Grace Perron
Samuel Pocock
Alice Riiska
Samantha Rockwell
Callie Russell
Emma Shields
Hallie Shiers
Sarah Sladen
Jara Slager
Caelyn Smith
Elizabeth St. Ours
Mariah Stout
Ian Stultz
Logan Swift
McKayla Taft
Grace Terry
Haley Thompson
Sarah Walker
Ethan White
Bryce Womack
Mackenzie Young

Gorham Middle School Second Quarter Honor Rolls 2018-19

Grade 6 – High Honors

Sofia Andrade
Emily Beal
Abigail Chamberlin
Ashley Connolly
Patrick Downey
Cameron Gasbarrone
Bailey Hatch
Kailynn Herrick
Sophie Kaczmarek
Lucas LeGage
Chafek Matta
Natalie Miner
Timothy Nagle
Payson Plummer
Julia Reed
Victoria Sands
Brooklyn Sandstrom
Vanessa Walker

Grade 6 – Honors

John Adams
Harrison Jack Baber
Raiyah Babinsky
Whitney Ball
Elizabeth Bennett
Connor Brown
Teagan Brown
Jakob Buckley
Laura Burt
Joshua Cenate
Olivia Cherry
McKenzie Coldwell
Ashley Connolly

Isabelle Cooke
John Copperberg
Katelyn Cyr
Cecelia Delloso
Riley Dever
Anastasia Dolley
Gwyneth Dubail
Lucia Dubail
Andre Dube
Holden Edensbach
Gabrielle Evans
Emily Fadrigon
Brent Files
Mason Finck
Aryana Flett
Piper Forgues
Hadley Foster
Lauren Fredette
Griffin Gammon
Meghan Gendron
Layla Gillihan
Ella Goff
Ava Googins
Kyle Green
Ethan Heady
Finn Henderson
Ellery Herrick
Violet James
Griffin Johnson
William Johnson
Kuba Kaczmarek
Jack Karlonas
Brooke Kazimer
Kathryn LaPierre

Faith Lara
Jeffrey Legere II
Adam Lembarra
Benjamin Mason
Jack Mazaris-Atkinson
Kayla McLean
Emma Miramontes
Elizabeth Morey
Amanda Morin
Ryan Morrill
Wyatt Nadeau
Jamie Nelson
Amelia Olaru
Sofie Olsen
Olivia Price
Claire Rancourt
Hailey Rickett
Lauren Rosingana
Celia Roy
Evelyn Rush
Sarah Sanborn
Juliet Sargent
Rhys Saunders
Ella Senatore
Jacob Shvets
Casey Skolfield
Aidan Smith
Alison Smith
Natalie Smith
Owen Spera
Reis Stamaris
Brooke Stevens
Lily Stone
Payton Thibodeau

Grade 7 – High Honors

Chloe Blanchard
Addison Canty
Grace Desmond
Ella Downing
Brooke Farquhar
Taylor Farr
Elizabeth Gay
Natalie Haskell
Noah Kennedy
Caroline Morrell
Emma Smith
Julia Wareham

Grade 7 – Honors

Cole Allen
William Armstrong
Kate Auricchio
Gabriel Badeau
Gibson Baker
Tyler Bartick
Nathan Bergquist-Guimond
Sydney Bergquist-Guimond
Moortada Beshir
Claire Boudreau
Elsie Bradshaw

Macey Brenner
Amber Bretton
Luke Burns
Ethan Castonguay
Gage Cathcart
Andria Cloutier
Dakoda Coyne
Dylan Cummings
Rita Cummings
Kalin Curtis
Thomas Curtis
Alexis Deschaine
Sophia DiPhilippo
Isaac Dobson
Hilary Douglas
Anna Dumais
Sophia Fates
Abigail Fecteau
Nolan Feyler
Lydia Fluet
Jayden Forgitano
Summer Gammon
Addison Harjula
Emerson Homa
Jesse James
Kate Jordan
Kira Keniston
Trevor Krouse
Jackson Landry
Ashton Leclerc
Aidan Lee
Meryk Lewellen
Ezekiel Lockman
Jack Luciano

James McColl
Aislyn McLean
Gabriel Michaud
Lillian Miner
Mia Mitchell
Amy Morin
Jackson Morrell
Kaitlyn Nichols
Lillianna Noel
Riley Otoson
Samuel Parenteau
Haden Pelletier
Paige Perreault
Simeon Pillsbury
Alicia Poschke
Alec Pouliot
Makayla Quintal
Zoie Rand
Christian Randall
Marissa Reno
Lily Rubin
Jeremiah Rutinwa
Logan Sargent
Caden Smith
Cole Smith
Tristan Smith
Kyleigh Staples
Jonathan Stein
Madison Stewart
Courtney Taft
Brooklyn Tarbox
Hannah Troiano
Logan Vail
Noah Vaughn

Sean Verrill
Reilly Walsh
Makenna Wheeler
Samantha Whidden
Cole Whitehead
Anna Yahwak
Izak Young

Grade 8 – High Honors


Hayden Anderson
Julia Bell
Lexi Caron
Faith Connolly
Rachel Cummings
Patrick Cyr
Zoe Diffin
Abby Fiore
Tedi Gould
Jude Huckaby
Grace Johnson
Elizabeth Keil
Erin Lawrence
Madyson Quimby
Sarah Rathbun
Cody Sellick
Brady Smith
Rylee Tenuta

Grade 8 – Honors

Avery Andrews
Emelia Bailey
Ryleigh Beltran
Olivia Bryant
Christian Butler

Klarha Cajuste
Hannah Caron
Miranda Chasse
Bode Coleman
Ryan Cooper
Jasper Crane
Annie Cunningham
Angela Dellasala
Quinn Dillon
Maeve Donnelly
Jonah Doucette
Madeline Downey
Owen Dugas
Rylan Flagg
Noah Flynn
John Frank
Ty Gammon
Brooke Gordon
Kyra Hamblen
Owen Harmon
Josephine James
Braeden Johnson
Eden Johnson
Ella Kitchen
Samantha Kovacs
Quinn Lachance
Alexis Landry
Madeleine LaPierre
Samuel Larkin
Jacob Lehmann
Kevin Luo
Aedan MacDougall
Trevin Macomber
Sofia Mankin

Kate Martin
Kaci Mollison
Anthony Mundy
Hannah O'Reilly
Lucas Ouilette
Claudia Peterson
Nicholas Phinney
Qasim Rabbani
Jayden Racine
John Reidy
Tyler Reynolds
Lauren Rioux
Keira Rosario
Abigail Rosingana
Chloe Ruane
Lillian Ruane
David Russo
Emma Sands
Sebastian Sargent
Eli Sjostedt
Alexandra Sutton
Megan Wentworth
Elizabeth Willette
Hailee Willey
Delaney Wright
Peter Wu
Lillian Zidle




203 Main St
Gorham
839-7192

Holistic Pathways, LLC
A Yoga Center

YOGA IN-STUDIO
YOGA ONLINE
YOGA LIVE


Making yoga convenient
See our website for complete class schedule
www.holisticpathways.com
Celebrating 20 years in Gorham!



Do you suffer from **chronic fatigue** or **low energy**?

Kerwin Chiropractic & Nutrition

Offering safe and natural solutions to return energy to your life.



Dr. Joseph M. Kerwin
164 Main Street, Gorham

jkerwin1@maine.rr.com • www.kerwinchiro.com • 839-8181

GMS Welcomes The Addams Family to its Stage

TANA KROHN
GMS Musical Co-Director

"When you're an Addams, you do what Addams' always do!" sing over 50 Gorham Middle School (GMS) students in the opening number of "The Addams Family Young@Part®."

Along with another dozen tech crew members, GMS students have been working hard to prepare for the school's annual musical production, to be presented in March.

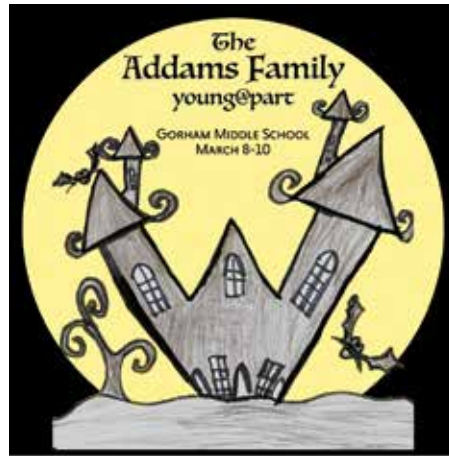
"The Addams Family," a musical comedy with music and lyrics by Andrew Lippa, book by Marshall Brickman and Rick Elice, and adaptation by Marc Tuminelli, is indeed based on the well-known Addams

Family cartoon characters created by Charles Addams.

Gomez, Morticia, Wednesday, Pugsley, Uncle Fester, Lurch, and Grandma fill the stage with their unusual personalities in a show that captures the family in the midst of their macabre world, while thoroughly emphasizing the strong family values that they maintain.

The scene is set as Wednesday Addams, that irresistible bundle of malice, has grown up and found love. The family is ripe for conflict as soon as Wednesday invites her young man from Ohio, Lucas Beineke, and his parents, to dinner. Two different worlds are about to collide.

Will love triumph, or will every-



Poster credit Lucy Orlando

The winning design for Gorham Middle School's poster graphic contest, sketched by sixth grader Lucy Orlando.

one go home vaguely depressed? Audiences young and old are sure to be entertained by this comical, bizarre, and strangely authentic account of evolving relationships.

Performances of "The Addams Family Young@Part®" will be held at the GMS auditorium on Friday, March 8, and Saturday, March 9, at 7 p.m., and Sunday, March 10, at 2 p.m. Tickets are \$5 at the door.

"The Addams Family Young@Part®" is presented through special arrangement with and all authorized performance materials are supplied by Theatrical Rights Worldwide, 1180 Avenue of the Americas, Suite 640, New York, NY 10036, (866) 378-9758, www.theatricalrights.com.

GHS Promises Compelling One Act Production

LYDIA VALENTINE
GHS Student Intern

Spring time is just around the corner and for the Thespian Society at Gorham High School (GHS) that also means the annual One Act Theater Festival.

"Antigone Now," is this year's production, a modern adaptation of Sophocles' Antigone, 2,500 years later.

The story starts at the end of a devastating war. A woman, Antigone, played by sophomore Emily Paruk, is stuck with two dead brothers. One is honored while the other is disrespected so she puts her life on the line to honor the disrespected.

Senior Isaac Martel plays Creon the King and freshman Julia Ordway plays Antigone's sister, Ismene. The show is directed by GHS teacher Josie Tierney-Fife.

Along with shows in Gorham, the cast and crew will also perform at the One Act Festival in Caribou, Maine on March 9. At the festival, they have a set amount of time to put up the set, perform, and take the set back down.

They are judged on several aspects but Tierney-Fife said, "It's more than a competition, it is art and subjective. The point is to create a really beautiful piece of work and experience others."

The judges will view a total of 12 other productions from schools

Gorham rarely interacts with.

"We go to the festival and see the shows that other schools have been working on for months and you get to enjoy the work that each other do," said Tierney-Fife. "Most of the other students are from Northern Maine and we don't really get up there that often."

The cast and crew encourage people to come and enjoy the show.

"The story of Antigone, and the decisions that she makes and the reactions of her sister and uncle are really compelling and emotional and intense and I think it's a show that makes you think," said Tierney-Fife.

Show times at GHS are Friday, March 1, at 7:30 p.m.; Saturday, March 2, at 7:30 p.m.; and Sunday, March 3, at 2 p.m. Tickets are \$5 for students (the show does feature some mature content) and \$10 for adults.

Beat The Winter Blues at Spire 29's 5th Annual Spire and Ice Bar Event.

One Night Only

29 School Street, on the Square, Downtown Gorham Maine
Friday, March 8th, 2019
 Doors Open @ 7pm | DJ & Festivities 7pm-12am
 21+ Event
 \$25 per ticket includes Luau style buffet & Signiture Ice Bar cocktail
 Tickets may be purchased at Spire29.com

29 School Street, Gorham, Maine | 207-222-2068 | Info@spire29.com | Spire29.com



Photo Credit Josie Tierney-Fife

Gorham High School's One Act cast. Pictured (l to r) are: Front row: Katie Morin, Lauren Preis, Annikka Mocchiola, Emily Paruk and Caroline Dowdle. Middle row: Andrew Goschke, Olivia Paruk, and Isaac Martel. Back row: Isabelle Van Zandt, Meghan Reidy, Lanie Charlton, Mason Hawkes, and Julia Ordway.

Gorham Scarborough Biddeford
Portland Sanford Lewiston
So. Portland Windham Augusta

www.moodycollision.com

"Like us" on

Gorham High School Launches Career Speaker Series



Photo credit Eliza Kenigsberg

Gorham Police Chief Daniel Jones talks with students at Gorham High School about careers in law enforcement.

MAUREEN O'BRIEN
Aspire Gorham Project Manager

Career talks are now a regular part of the day at Gorham High School (GHS), with professionals in careers ranging from nursing to law enforcement meeting with small groups of students to talk about their experiences, backgrounds, and the decisions that led them to their current jobs.

Community and career coordinator Eliza Kenigsberg arranges the visits, based on information she gathers from students about their aspirations and career interests.

"Asking the question is as important as their answer," said Kenigsberg. "It starts the process of thinking, and it's empowering to be asked what you want to do with your life."

The goal is not to force students to make a choice, but to encourage them to consider the possibilities. Juniors Talia Catoggio and Kate Tugman are open to all sorts of options.

"I either want to be a journalist, a profiler in the FBI, and/or a professional runner," Tugman said.

Catoggio's list is even longer. "I'd love working as a veterinarian or anything with animals. I've considered work in law and law enforcement. I like the idea of being a physical therapist or sports trainer. Once or twice I've entertained the idea of becoming a dermatologist," she said.

Many students are considering areas of interest, but haven't homed in on

possible careers.

"I'm not really sure what I want to do. I like art, science...maybe education," was the response from junior Haley Burns.

Gorham Business-School Roundtable member Becky Winslow knows it's not unusual for students to be stressed about figuring out their futures.

"When I talk with students, I let them know it's okay if you don't know what you want to be when you grow up," said Winslow, who is a senior vice president at Gorham Savings Bank.

More than 400 GHS students have completed interest inventories and, in many cases, had follow-up conversations with Kenigsberg. She works to match students with career exploration experiences both in and out of school.

"There is a natural match," Kenigsberg said at the February roundtable meeting. "Community members are eager to be involved and students are similarly eager to figure out what their future is going to look like. It's a natural opportunity to create that connection."

The work is part of Aspire Gorham, a community-wide initiative designed to encourage students to think not just about what they want to be when they grow up, but what kind of life they want to live.

Interested in learning more about how you can help Gorham students identify and develop their aspirations? Contact Eliza Kenigsberg at eliza.kenigsberg@gorhamschools.org.

Made with Love



Photo credit Donna Pastore

Representatives from Gorham Middle School's student council made blankets recently for the Barbara Bush Hospital.

Cheverus High School Semester 1 Honor Rolls 2018-19

Grade 9 – High Honors
Matthew Bellantoni
Ainsley Gray
Julia Kratzer
Cassara Novak

Grade 10 – Honors
Nathan Cook
Jakub Jastrzebski
Nathaniel Smith
Anthony Zerillo

Grade 12 – High Honors
Caitlin McCutcheon
Grace Morrisseau
Vipul Periwal

Grade 10 – High Honors
Amelia Kratzer
Tellie Stamaris

Grade 11 – Honors
Haley Caron
Grace Shimansky

Grade 12 – Honors
Abigail Enck
William Zidle



SUPPORT LOCALLY OWNED BUSINESSES



Mike Smith, MSPT, ATC

**We Get You
Back on
Track**



Jennifer Field, DPT

Did You Know?

- > We are the only 100% locally owned and operated PT clinic in Gorham
- > We provide one on one care in a small, comfortable and friendly atmosphere
- > We get you better in less visits because of our skilled hands on approach
- > Your out of pocket expenses may be less with us than treating at a hospital based clinic

839-9090 | 381 Main St., Suite 1, Gorham





Keith Nicely
207.650.2832
352 Main Street | Gorham, ME 04038
keith@keithnicely.com



School Committee Meeting

TOM CORBETT
Staff Writer

Starting this fall, Gorham students will stay in school up to 20 minutes longer each day. At its February 13 meeting, the School Committee (SC) voted unanimously to add 20 minutes to the K-5 school day and 10 minutes for grades 6 through 12.

Members of the Committee stressed that their intent is not to necessarily increase “math class by five minutes,” but rather make it easier for students to get through their busy school days. School administrators will have the flexibility to use these minutes as they see fit, perhaps by providing more time for 10th graders to get to their next class or extending playground time for 3rd graders.

These added minutes will also keep Gorham more in line with the length of school days at neighboring districts. The SC meeting started with well-received civic lessons from three middle school students who wrote the top essays entered in the James Madison Excellence in Writing Award, an annual competition sponsored by the Gorham Republican Party.

Two students, Grace Johnson and Grady Smith, read their essays explaining whether they would have voted in

favor of ratifying the U.S. Constitution back in 1787. The winning essay by Trent Stevens was read by Principal Bob Riley, since Stevens wasn’t able to be there. All three would have voted to ratify, although Johnson would have voted no if it didn’t include the first 10 amendments, also known as the Bill of Rights.

The meeting concluded with an overview of the Adult Education Program, now in the second year of its partnership with Westbrook. Kate Rotroff, who will soon be retiring as director of the program, noted that while Gorham and Westbrook have unique strengths and serve different populations, the collaboration makes both programs stronger.

She also introduced Jeremy Kendall, who was recently hired in September as the Career Technical Education Coordinator. Kendall noted that he has “hit the ground running” and has been flooded with requests from area businesses to start training programs that address the “trades crises.”

He’s already working with Genesis Healthcare to grow a CNA program, and will soon be offering a medical technician training programs in collaboration with Intermed P.A. Trucking and auto mechanic certification programs are coming soon as well.

School Notes

Gorham will host a parent information meeting night for incoming Kindergarten student’s parents held at the child’s neighborhood school on Tuesday, March 5 at 5:30 p.m. for all three elementary schools: Great Falls, Narragansett, and Village. Visit www.gorhamschools.org and click on the school and pre-register using the Kindergarten registration link. Contact any of the elementary schools with any questions.

Evan Morrill and Mason Guimond were named Students of the Quarter at PATHS. Morrill studies food service and Guimond studies manufacturing technology.

KATHLEEN ‘KAT’ ANN RISEMAN, GORHAM

Kathleen ‘Kat’ Ann Riseman, 71, passed away suddenly on February 5, 2019 at Maine Medical Center. Daughter to Catherine (Delvo) and John J. Lucy, she was born in New Rockford, North Dakota, on June 16, 1947.

Kat’s creativity, adventuresome spirit, and seemingly bottomless generosity afforded her an abundance of life experiences with a wide circle of friends and family. She grew up in Fargo, ND and pursued higher education at NDSU. On summer break, Kat followed the ‘Call of the West’ to Colorado for a summer job working at a dude ranch—an experience that forever instilled in her a love of Western landscapes and culture. Yet, it is the East Coast that beckoned her to move, leaving Fargo for Boston in the early 70s. This stepping stone paved her way to southern Maine where she resided for the past forty years. Kat was successful in her careers as co-owner of the Village Tie-up in Harrison, marketing and resource director for UNUM and various regional non-profits, and later as copy editor at Tyler Tech, from which she retired in 2013. Laughing, traveling, reading, gardening, spending time with friends, and sailing—a pursuit in which Kat met her second husband Jim Skinner—were some of her favorite pastimes. Whether it be the holidays or the long summer weekends at the lake, in the kitchen or in the barn, ‘Mama’ Kat especially loved sharing moments with her children and grandchildren. Kat was happiest when the entire family gathered, and just like every phone call, she never wanted these nights to end. Her spirit lives on in our memories, and her presence will be sorely missed.

In addition to her parents, Kat was preceded in death by her only sibling Joan (Lucy, Foy) Nelson. Living loved ones include husband Jim Skinner; daughters Alexis (Riseman) Bergman with spouse Beth (Eisenberg) Bergman; Sasha Riseman; sons Ben Riseman with spouse Rebecca (Golden) and Max Riseman with spouse Mandie (Lasselle); grandchildren Rex Riseman, Linden and Aliza Riseman, Liam Doherty, Kai Bergman; nieces Jodi (Foy) Buchan and Juli Foy.



SPORTS

Gorham Residents Savor Super Bowl LIII Experience

DESTINY COOK
Sports Editor

Greg Ruda and his son Spencer are no strangers to big games. They went to Game Six of the NBA Finals in 2008 and have been to multiple AFC Championship games. They were very impressed with this year’s Superbowl host city of Atlanta, GA sharing that everything was walkable and centralized. “The most exciting thing we did in Atlanta was go to the Patriots pep rally. We got to see Robert Kraft cheer with the fans before the game and see old Patriots legends like Richard Seymour,” said Greg Ruda.

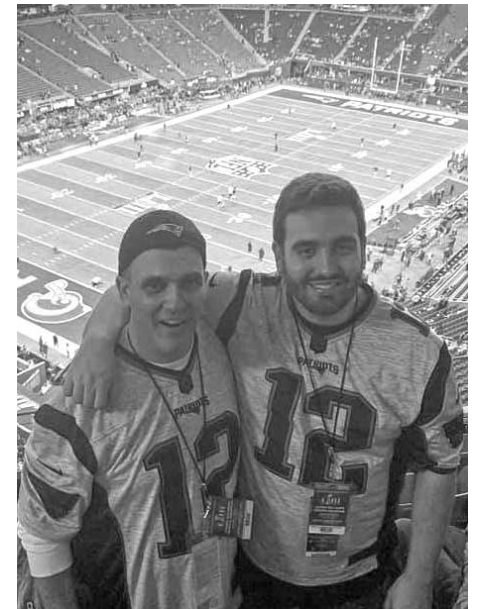


Photo courtesy of Ruda Family

BOTH MEN SHARED THAT IT FELT LIKE A PATRIOTS HOME GAME WITH THE RATIO OF PATRIOTS FANS TO RAMS FANS APPROXIMATELY 80/20. IN A SEA OF PATRIOTS FANS CHEERING ON THEIR TEAM, BOTH SHARED MEMORABLE EXPERIENCES WITH THEIR SONS.

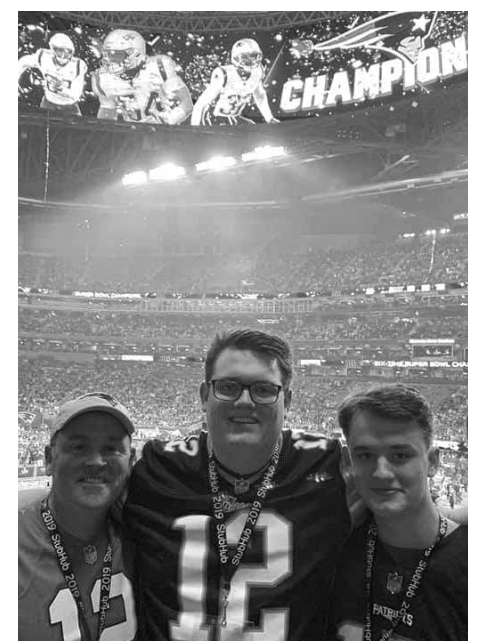


Photo courtesy of O'Neill Family

While the halftime show was disappointing to him, Greg shared that the special effects were cool. “The Mercedes Benz Stadium was probably the most modern stadium we have ever been to. More impressive than the Cowboys’,” Ruda said.

For Tim O’Neill Sr., attending the Super Bowl during the New England Patriots/Tom Brady era has been one of his “bucket list” items. He was particularly excited because he got to experience it with his sons, Timmy Jr. and Henry. Timmy was able to attend the Super Bowl in Houston (Patriots vs. Atlanta) with a college friend, so he has already seen one exciting win.

O’Neill said they stayed with family in Atlanta so that improved their experience with an “insiders view of the city.” He added, “We went to a number of NFL sponsored events on Saturday and couldn’t believe what a tremendous job the NFL does for the fans. All the NFL events had past stars like Michael Vick, Deion Branch and Kurt Warner taking part.”

For two lucky Gorham families, seeing Tom Brady and the New England Patriots capture their sixth Lombardi Trophy since 2002 was the experience of a lifetime. (Top photo L-R) Greg and Spencer Ruda. (Bottom photo L-R) Tim O’Neill Sr., Timmy O’Neill Jr., and Henry O’Neill.

Both men agreed that it felt like a Patriots home game with the ratio of Patriots fans to Rams fans approximately 80/20. In a sea of Patriots fans cheering on their team, both fathers and sons shared memorable experiences. Finally, after an exciting fourth quarter, they all were thrilled to be in attendance to see Tom Brady earn the sixth Super Bowl ring of his career with a 13-3 win over the Rams. As TB12 says, “We’re still here!”

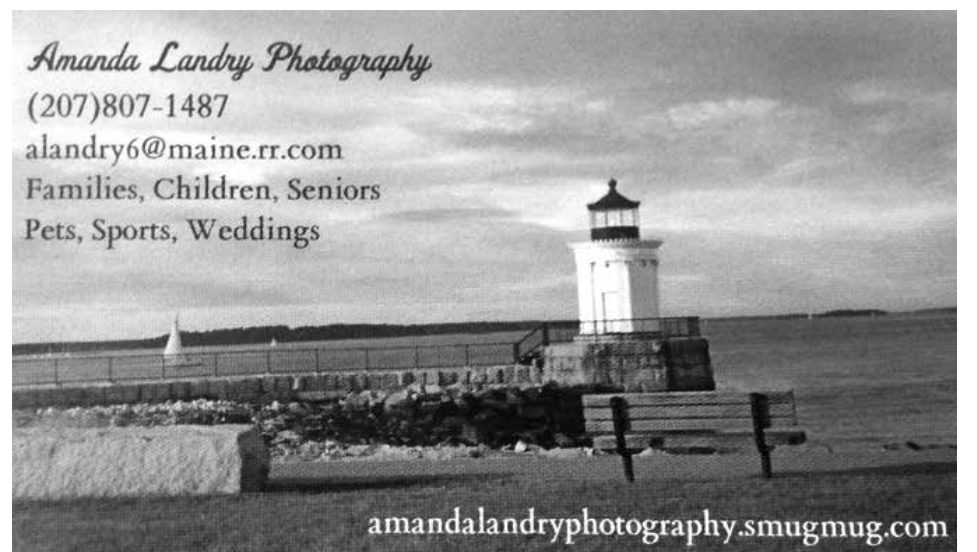
Amanda Landry Photography

(207)807-1487

alandry6@maine.rr.com

Families, Children, Seniors

Pets, Sports, Weddings



amandalandryphotography.smugmug.com

Jiang Contributes to Record Breaking Swim Season

DESTINY COOK
Sports Editor

The Gorham Varsity Swim team is having an exceptional, record breaking year. With one week to go in the season, multiple records have been broken (some more than once) according to coach Adam Cyr. Senior diver Kasey Jiang, Gorham's first ever diver, has helped contribute on many levels.

Jiang joined the swim team as a freshman. "As a swimmer, I compete in most sprinting events and my best strokes are butterfly and freestyle," she said. From the beginning, Jiang had an interest in diving but never expressed it to Cyr. It wasn't until last year that diving became an option for Gorham swimmers, and Jiang took the opportunity to try it out. Jiang was the only diver from Gorham competing last year. Now in her second year of diving, Jiang has become an integral part of the team.

Speaking of her initial training with her diving coach, Jen Zwartz, of Westbrook, Jiang said, "She trained me, and within two weeks of practice, I was competing at my first meet." She caught on fast and as the weeks went on and the Southwestern swim meet approached, her goal was to qualify for States. It was her last possible chance to do so and she succeeded. In her first year, she placed 10th in the State meet.

This year, Jiang used her experience to help guide her two other diving teammates while continuing to break multiple records throughout the season. Cyr said Kasey's impact on the team has been huge both long and short term.

Cyr shared, "Just in her two years of diving she has scored a bunch of points for us that previously weren't available." Jiang helped the team to its second straight third place finish last year at the conference championship, as well as tying for the team's highest ever finish at the State Championship meet.

Cyr said, "More importantly, in the long term, she has started a program that will always be giving Gorham the advantage over teams without [diving] and putting us in the conversation each year at our conference championships. It just shows that one person stepping up for something they are passionate about can lead to others having the same possibility," he said.

Overall, both boys and girls swim-



Photo credit Shaohong Jiang



Photo credit Mo Terry

Kasey Jiang has added many points during her diving career, helping the girls' swim team achieve higher standings. Caelyn (KK) Smith twice broke the record in the 200 Individual Medley as well as being part of record breaking relay teams this season.

ming have seen success this season. For the boys' team, Evan Russo broke the record twice in the 100 breast-stroke and is looking to do it again at States.

The girls' team has broken multiple records this season as well. Caelyn Smith has broken the 200 IM twice while Jiang has consistently broken records in diving. The 200 Medley Relay team of Caelyn Smith, Caroline Bishop, Ava Pitman, and Laura Bolduc has broken the record twice and the 400 Free Relay team of Laura Bolduc, Allison Bishop, Ava Pitman, and Caelyn Smith tied the record this season.

Unified Basketball: Fun For Players and Fans



The team gets a pep talk from Coach Lelansky. Evan Morrell goes for the basket during a recent game against Bonny Eagle.

DESTINY COOK
Sports Editor

Walking into the gym for the Gorham Unified Basketball game against Bonny Eagle on February 6, the stands were full of fans from both sides. As the players took the floor for warm ups, there were high fives and hugs among the players and cheers from the stands. There was an undeniable energy from the crowd.

Last year, GHS seniors Courtney Brent and Tom Nelson approached Community Based Education Teacher, Eric Lelansky, and Athletic Director, Tim Spear, with the idea of starting a team in Gorham. They had heard about the Unified program's success in other schools and wanted to bring it to Gorham.

A unified team allows student athletes with developmental disabilities to experience what it's like to play alongside non-varsity partners without developmental disabilities. Coach Eric Lelansky said, "The kids on the team seem to really enjoy the opportunity to compete and be part of the camaraderie that comes along with being part of a team."

Brent said, "Ever since Tom and I created the Unified team at GHS, I've grown relationships with people that I never would have expected to. I've gained an awareness of other people's situations and I'm so grateful for that. I'm lucky to have gotten the



Photo credit Amanda Landry Photography

opportunity to be a part of a team as special as this one."

Nelson added, "I was excited to help get the Unified program established because it's important to give these athletes a chance to show their skills on the court and to create friendships within our community. I've watched the players grow both on and off the court. Watching them grow in their confidence and their game is definitely the most rewarding experience. I am very thankful to have met such awesome people."

Returning student athletes, Evan Morrell, Brian Edwards, Andrea Thibeault and River Cummings all had a passion for the game before having the opportunity to play in the Unified League, each bringing their own style and tenacity to the team. New players this year include Niko Gagne, Brice Lyon, and Michaela Taiani.

CONTINUED ON PAGE 12



Legacy Properties | Sotheby's INTERNATIONAL REALTY

Tammy Ruda

NEW LISTING - Fort Hill Farms



5 PIONEER CIRCLE - GORHAM
This inviting brick colonial is nestled on a corner lot in Fort Hill Farms neighborhood of fine homes in a country like setting with pastoral views to the White Mountains. \$609,000

207.831.3164 | truda@legacysir.com
TammyRuda.com | legacysir.com



Complete, year-round tree service:

- Removals
- Pruning
- Cabling
- Lot clearing
- Consultation

Free quotes, dependable service
Fully licensed & insured
Bucket truck & chipper

207.653.5548 plumtreeservice@gmail.com



Owned & operated by Gorham resident, Matt Plummer

Maine & ISA Certified Arborist
ISA Tree Worker Climber Specialist
Four time Maine State Climbing Champion

Knights of Columbus Free Throw Competition Results



Photo courtesy of Knights of Columbus

The Gorham Knights of Columbus held their annual basketball free throw event on January 12 at Shaw Gym. The competition is open to boys and girls ages 9-14. Winners of the local competition advance to the State Tournament to be held in Orono on March 9. Ben Michaud of the Gorham KOC is pictured with the winners (left to right): Antoine Dube (age 9), Jack Cyr (age 10), and Garrett Poulin (age 11).

USM Huskies Celebrate Connection with the Town



Photo credit USM Women's Basketball

The University of Southern Maine and the Town of Gorham have a longstanding partnership of programs and outreach. On February 6, USM and the Huskies Athletic Department held "Gorham Night," one of the many events held to honor the connection between the University and the Town of Gorham. Above, members of the Gorham Rec Dept. 3rd and 4th grade girls' basketball program were welcomed onto the court during the evening.

Unified Basketball

CONTINUED FROM PAGE 11

As the lone senior student athlete, Evan Morrell took the floor for the first time during the game, coolly went down the court, and made his first shot of the game for three points. According to Morrell, that's one of his favorite things, and the crowd went wild.

"Evan is definitely one of the leaders of our team. He is extremely enthusiastic and always looks for ways to improve and help the team," Lelansky said. He also shared that Evan's passion and intensity for the game is fun to watch.

Morrell has enjoyed his time on the Unified Basketball team; he is also manager for the girls' varsity basketball team. He shared, "I will miss being on the court with my team and all the laughs." He said he will also miss meeting new friends from other schools.

After graduation, Morrell looks forward to continuing his work at Gorham House Nursing Home and possibly working at Job Corps or in the cafeteria at Maine Medical Center.

While one of its leaders will move on, the Unified team will continue to grow and new leaders will emerge. "The Unified team has positively impacted the entire culture at GHS. The athletes are constantly receiving positive feedback and attention during the school day and it has really made them feel great," said Lelansky.

Thinking of Buying or Selling?

Call Demetria's Team and put a "Sold - Demetria Did it Again" sign in your yard.



Demetria Chadbourne • Demetria's Team - The Real Estate Group
347 Main Street Gorham, ME 04038 • (207) 839-5122 • www.godemetria.com

COMMUNITY

GRADUATIONS

Matthew Trepanier, BS Power Engineering Technology, Maine Maritime Academy, Castine, ME
Quincy Shaw, MS in Occupational Therapy, University of New Hampshire, Durham, NH

HIGH HONORS

Alexander Ousback, Carnegie Mellon University, Pittsburgh, PA

DEAN'S LIST

Ryan Weed, University of Southern Maine, Gorham, ME
Jonas Rimkunas, University of Southern Maine, Gorham, ME
Sydney Stultz, University of Southern Maine, Gorham, ME
Trevor Engling, University of Southern Maine, Gorham, ME
Tiffany Schuehle, University of Southern Maine, Gorham, ME
Mary Margaret Raymond, University of Southern Maine, Gorham, ME
Asher-Frances Close, University of Southern Maine, Gorham, ME
Julie Pike, University of Southern Maine, Gorham, ME
Griffin Germond, University of Southern Maine, Gorham, ME
Aliza Jordan, University of Southern Maine, Gorham, ME
Alexander Lawton, University of Southern Maine, Gorham, ME
Ian Butler, University of Southern Maine, Gorham, ME
Jabbar Yaqub, University of Southern Maine, Gorham, ME
Isabelle Jackson, University of Southern Maine, Gorham, ME
Ashely Howe, University of Southern Maine, Gorham, ME
Dyahn Rogers, University of Southern Maine, Gorham, ME
Christopher Beland, University of Southern Maine, Gorham, ME
Anne Acker-Wolfhagen, University of Southern Maine, Gorham, ME
Katherine Andrews, University of Southern Maine, Gorham, ME
Erica Mallory, University of Southern Maine, Gorham, ME
Kara Ellsmore, University of Southern Maine, Gorham, ME
Cynthia Knight, University of Southern Maine, Gorham, ME
Nicola Stepnick, University of Southern Maine, Gorham, ME
Kristin Benson, University of Southern Maine, Gorham, ME
Delaney Whelan, University of Southern Maine, Gorham, ME
Emily Michaud, University of Southern Maine, Gorham, ME
Ross Bellino, University of Southern Maine, Gorham, ME
Hannah Meserve, University of Southern Maine, Gorham, ME
Samuel Matey, University of Southern Maine, Gorham, ME
Rachel Curtis, University of Southern Maine, Gorham, ME
Michelle Rowe, University of Southern Maine, Gorham, ME
Katelyn McKenzie, University of Southern Maine, Gorham, ME
Meghan Garrard, University of Southern Maine, Gorham, ME
Maria Escobar, University of Southern Maine, Gorham, ME

Amber Hanlon-Saenz, University of Southern Maine, Gorham, ME
Colby Parker, University of Southern Maine, Gorham, ME
Azmo Rinsler, University of Southern Maine, Gorham, ME
Henoc Fakhri, University of Southern Maine, Gorham, ME
Simeon Willey, University of Southern Maine, Gorham, ME
Isabelle Collins, University of Southern Maine, Gorham, ME
Damian Smith, Florida Institute of Technology, Melbourne, FL
Anna Slager, Tufts University, Medford, MA
Johnathan Robert Brown, Norwich University, Northfield, VT
Joseph Alexander Gallant, Norwich University, Northfield, VT
Maxwell Harvey, Whitman College, Walla Walla, WA
Matthew McCarty, Maine Maritime Academy, Castine, ME
Dylan Weeks, Maine Maritime Academy, Castine, ME
Kayleigh Smith, University of Maine at Augusta, Augusta, ME
Kyle King, Emmanuel College, Boston, MA
Bridget Rossignol, Springfield College, Springfield, MA
Mary Adams, University of Maine, Orono, ME
Caitlyn Beaulieu, University of Maine, Orono, ME
Ryan Bertin, University of Maine, Orono, ME
Delaney Burns, University of Maine, Orono, ME
Adam Chapman, University of Maine, Orono, ME
Megan Demers, University of Maine, Orono, ME
Izzie Grant, University of Maine, Orono, ME
Kaitlyn Jodoin, University of Maine, Orono, ME
Branden Kuusela, University of Maine, Orono, ME
Mitchel Letourneau, University of Maine, Orono, ME
Rebecca Lord, University of Maine, Orono, ME
Grace McGouldrick, University of Maine, Orono, ME
Jeff McNally II, University of Maine, Orono, ME
Maddie Mitchell, University of Maine, Orono, ME
Ethan Orach, University of Maine, Orono, ME
Kyle Peoples, University of Maine, Orono, ME
Kiana Plumer, University of Maine, Orono, ME
Julia Smith, University of Maine, Orono, ME

OF INTEREST

The White Rock Community Clubhouse, 34 Wilson Rd., will hold a Bean Supper on Saturday, March 2, from 4:30 to 6 p.m. Homemade kidney and pea beans, hot dogs, cole-slaw, potato salad, macaroni and cheese, homemade biscuits, as well as homemade pies for dessert. Adults: \$8/Children under 12: \$4. FMI, whiterockcommunityclub@gmail.com.

The Gorham Lions Club will meet on Tuesday, Feb. 26, at 6:30 p.m., Old Elmwood School House on South Street (Rte. 114). New members always welcome. FMI, 929-9182.

CONTINUED ON PAGE 14

BUSINESS DIRECTORY

Sturgis Plumbing & Heating, LLC
 Gorham, Maine
 207-615-1600

JEFF STURGIS - YOUR FRIENDLY
 PLUMBING & HEATING SPECIALIST

Master Plumber, Master Oil Heat &
 Solid Fuel Tech, Gas/Propane Tech

Fully licensed and insured. Quality service at reasonable prices.



Call us for all your energy needs!
 Propane • Heating Oil • Kerosene • Gasoline • Off Road Diesel

PS
 PITSTOP FUELS

Call today to fill up
 and beat the
 winter rush.

892-2627
 PITSTOPFUELS.COM



Liz Berks
 Massage Therapist

12 Elm Street
 Gorham, ME 04038

20 Years Of Practice 653-8148

Licensed Massage Therapist
SUZANNE L. WHITE
 749-8417

Specializing in
 Manual Therapy &
 Massage

An Integrated Approach to
 Pain & Rehabilitation

Standish E-Mail: swhite04038@yahoo.com A.M.T.A.

MAINE
TOTAL technology

- Business and Home Networks
- Personal Computers and Servers
- Computer Repair
- Virus/Malware Removal
- Data Recovery

SALES & SERVICES SINCE 1990
 www.maintotaltech.com
 690 Main St., Gorham, ME | 207-856-7016

SHAW
 EARTHWORKS!

Now Hiring
 Laborers
 with CDL

Screened Loam
 & Reclaim

Delivered or Loaded

839-7955
 www.shawearthworks.com



Andrea M. Tallento, DMD Jeffrey R. Graffam, DMD

MAPLEWOOD DENTAL ARTS
 providing a lifetime of healthy smiles

www.dentistgorhamme.com
 (207) 839-6266
 405 Main Street Gorham ME 04038

You Belong.
 Safe and Secure.

CASCO
 FEDERAL CREDIT UNION

- Personal Accounts
- Business Accounts
- Loans
- Online Services

Gorham | West Gorham
 839-5588 • www.cascofcu.com

Village Hearing Care

Audiology Services and Hearing Aids
 Shannon Phinney Dowdle, Audiologist

347 Main St., Suite 1A • Gorham, Maine 04038
839-8400 • www.villagehearing.com



Ken Duncan of Gorham was recently nominated to serve as a Captain of America's Road Team. Duncan, one of only 34 finalists nationwide and the only finalist from New England, was nominated for this high distinction from the American Trucking Association for his outstanding record of road safety and commitment to the trucking industry. As a professional truck driver for Walmart Transportation, he has driven 3.6 million miles without ever being involved in an accident. Duncan is shown being congratulated by Senator Susan Collins.



First Parish Church, 1 Church Street, will hold a Chicken Pie Supper on Saturday, March 2, from 5-6:30 p.m. \$10 adults/ \$5 children under 12. FMI 839-6751.

Kathy Baxter of Gorham served as guest speaker at the February meeting of the Maine Beta chapter of Alpha Delta Kappa, an international altruistic organization for teachers and retired teachers. Baxter, representing the Southern Maine Agency on Aging, shared the many services available for the aging and those who are caregivers for the aging. The Agency, located on Rte. 1 in Scarborough, welcomes inquiries at 1-800-427-7411.



SENIOR PROGRAMS

Senior Meal Site will be held on Wednesdays at 12 p.m., St. Anne's Church, 299 Main St. Cost is \$4. Volunteers are needed to assist in meal prep and clean up. FMI call 839-4857 or 222-1630.

The Lecky Brown Center for Seniors, located on the 3rd floor at First Parish Church, 1 Church St., is offering weekly events as follows: Monday - Hand Chimes Group from 2-3 p.m. Tuesday- Originals from 10-11:30 a.m., Coffee/conversation/speaker, Thursday 2nd & 4th of May - Church Street Writers Group from 2-3 p.m., and Friday - ARTrageous Seniors art class from 10-11:30 a.m. FMI: 839-6751

The Lecky Brown Center, in partnership with Mercy Hospital, will host series called "Starting Points 101" that will cover a variety of senior topics. Tuesday, March 5 at 10 a.m. for Yellow Dot and Community Cares program signup. Free. FMI, 839-6751.

Lakes Region Senior Center, located at the Little Falls Activity Center, 40 Acorn St. is open Monday through Friday from 9 a.m. to 1 p.m. Join them daily for coffee, tea, and socializing. Ongoing daily activities include Mahjong on Mondays – beginners welcome. FMI, Diane 892-9529; Tuesday crafts and card games. FMI, Avis 892-0298; The Memoir Writing Group meets the last Wednesday of the month. FMI, David 892-9604; Thursday Table games at 10 a.m. and Friday Art Workshop at 9 a.m. FMI 892-0299.

The Gorham Medical Closet located at the Municipal Center 75 South St. is free and available to Gorham residents in need of wheelchairs, shower seats, commodes, walkers, canes, crutches and more. FMI 839-3859, 839-2484, 329-4976, 632-2178, 839-3494, 839-3630. Hours are by appointment only with one of the volunteers. If you don't reach a volunteer, leave a message and they will return your call.

ON-GOING EVENTS


The Gorham Food Pantry, located at 299-B Main St (parking lot of St. Anne's Catholic Church) is open every Thursday morning from 9-11 a.m. and the second and fourth Wednesday of every month from 6-7 p.m. Free for Gorham residents in need. FMI, 222-4351 or visit www.gorhamfoodpantry.org.

USM NOTES

The University of Southern Maine Art Galleries will present the creative work of 20 art faculty members with an open reception on March 3 from 5-7 p.m. The exhibit will feature a variety of media including photography, drawing, painting, sculpture, ceramics, installation and digital art. FMI call 780-5008 or visit cms.usm.maine.edu/gallery.

"Unlocked, a Modern(ish) Musical Romance" is a whimsical coming-of-age story which fuses baroque and classical with contemporary pop musical theater. Recipient of the 2014 Richard Rogers Award, this original musical from the songwriting duo, Sam Carner (a Falmouth, Maine native) and Derek Gregor, premiered Off-Broadway in 2013. Presented by the Department of Theatre and School of Music, March 1 to 10, Russell Hall, USM Gorham Campus. \$22/general public, \$16 seniors and USM employees, \$10/students. FMI usm.maine.edu/music/theatre


Faculty Concert Series, Anastasia Antonacos, piano: Celebrating Chamber Music Within Our Communities. March 2 at 8 p.m. Corthell Concert Hall, USM Gorham Campus. \$15/adults, \$10/seniors, \$5/students, USM employees and alumni. FMI usm.maine.edu/music/theatre.




Chris Burton




Julie Chandler




Paul Farley




Becky Gallant




Mike Griffin




Jane Mason



Jeff Mason




Peter Mason



REDUCED PRICING

FREEPORT \$129,900 - 4.52 acre lot ready to build on w/ survey, soils test & driveway. Private setting overlooking a babbling brook & rolling stone walls. Excellent location just minutes to Main St.

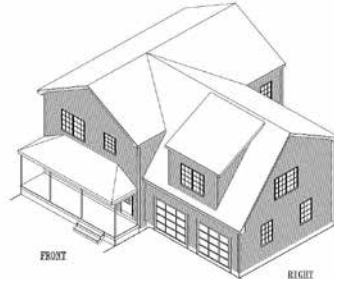


LIMINGTON \$244,900 - Brand new ranch features 1176sqft 3BR, 2 bath open concept ranch floor plan with cathedral ceilings, master suite & rear deck.




UNDER CONTRACT

EAST WATERBORO \$54,000 Bank owned, being auctioned on XOME.com. Water damage throughout. Condition of systems is unknown. Nice size lot overlooking Little Ossipee Lake. Being sold 'as is'.




GORHAM \$365,000 - Be the first to own this 3BR, 2.5ba 1728sqft colonial nicely finished w/ HW flrs. Sizeable granite kitchen & private master suite. 2car garage on 1.65ac.




UNDER CONTRACT

BUXTON \$259,900 - Just completed! Sunlit open concept with 3BR, 2 full baths, 1st laundry & master suite w/ private bath. Full basement w/2car garage on 1.86acres.




SOLD

30 Lawn Avenue \$184,900 - Ideal Gorham location on the Westbrook side of Gorham just 15 min to Portland. This 2 bed, 1 bath w/1 car garage is ready for your updates.




GORHAM \$82,500 - Rare find! This 4.56 acre lot is ideal for a duplex investment property. Survey and soils test are in place ready for you to get started.




NEW LISTING

GORHAM \$379,995 - Just completed! This gorgeous 2016sqft colonial offers a sunlit open 1st floor plan with hardwood & tile floors. Spacious granite kitchen & huge master bedroom. Open 1.78 acre lot.




SOLD

GORHAM \$189,900 - Conveniently located 3BR, 2ba Colonial with large private backyard. Attached 2 car garage and multiple sheds for storage. Abuts conservation land.




UNDER CONTRACT

STANDISH \$64,900 - 2BR, 2ba mobile on over one acre rented lot w/ privacy, added bonus oversized one car garage w/ paved drive, storage shed, excellent location near Sebago Lake. Sunny all day.




GORHAM \$64,900 - Private setting is this newer 2014 Colony Beacon 14'x68' home w/ applianced kitchen, spacious LR, master BR w/ closet, porch, storage shed and paved drive. This is a 55+ community.

Realtors® Helping You Buy or Sell Real Estate!



39 Main Street Gorham



www.pogorealty.com
(207) 839-3300

the *Courtesy of the Gorham Police Department*
blotter

STRESS RELIEF

New Portland Road caller reported a car that kept driving in and honking its horn. Driver told officer she was going through some stress. She was told to go inside and go to bed so everyone else could go to bed. She was given a disorderly conduct warning.

Longfellow Road man had jammed a finger earlier in the evening and was in pain. He spoke with an officer who told him not to call 911 again.

Simona Shores Drive caller reported criminal mischief. Officer saw several kids playing in a tree fort behind the houses but did not observe any criminal activity.

State St. caller reported harassment. Officer advised if he continued to contact/harass the other party, a harassment order would be issued.

Rust Road caller reported gunfire down the road. Caller knew they hunted and did not want area checked but wanted gunfire to be noted.

Officer responded to Maple Ridge Road for report of barking dogs. There was an electric fence to keep dogs in yard but it does not stop them from barking. Officer was unable to contact dog owners.

Suspicious person on Longfellow Road had parked to wait for a call from ex-boyfriend. She had just been through a hard break-up and needed to get away from home while she took the call. She appeared to be very upset and her eyes were red from crying. She continued on her way.

Ridgefield Drive caller received a call from someone claiming to be from Publisher's Clearing House saying she had won a prize and needed to provide her credit card information to secure the prize. Caller hung up and did not provide any information.

Officer saw a vehicle backed up to the snowblowers at Gorham Hardware. Vehicle belonged to a worker closing up the store and talking to the store owner.

Woman on County Road was walking to the bus stop with her luggage. Officer escorted her to Main St. to the Concord Trailways bus stop.

Bouchard Drive caller requested a temporary inspection permit allowing him to drive his vehicle to the inspection station. Permit was issued.

Caller reported a disabled truck on South St. The truck was not disabled but rather could not fit into driveway. Driver made a turn and was able to make the delivery.

Beverly Lane caller reported a bat loose in her house. When officer arrived, she did not know where bat was. She was told to call the warden service if she saw it again.

Suspicious person on Main St. was a man waiting for his wife.

CLASSIFIEDS

FOR SALE

goherenextoday.blogspot.com thru blogspot.com I'm well-known in Portland, Maine: thanks so much for buying something today that suits your tastes: send e-mail: ashleylenartson@gmail.com to get your BONUS TODAY: No Purchase Required!

SERVICES

STOP SMOKING! Hypnosis with Laura Szafranski. www.livinghealthywithhypnosis.com Free 15 minute consultation. Text 207-391-1201.

PIANO LESSONS. Experienced, patient teacher. All ages welcome. Free trial lesson. Call Peggy at 839-6141.

PIANO LESSONS for the young and the young at heart! Local teacher with experience seeks students in Gorham. Call 207-332-6117 or email musikmom810@gmail.com.

CALENDAR

THURSDAY FEBRUARY 21

- Book Club discussion of *The Future Home of the Living God*, by Louise Erdrich, 10 a.m. Baxter Memorial Library
- Yoga Frog and Mindful Monkeys 10-10:30 a.m. (ages 3-7) 10:30-11 a.m. (ages 8-12) Baxter Memorial Library
- Ice Castles 6-6:45 p.m. Baxter Memorial Library

FRIDAY FEBRUARY 22

- Pom-Pom Pals (all ages) 10 a.m.-1 p.m. Baxter Memorial Library

MONDAY FEBRUARY 25

- Toddler Discovery Time (18-36 mos), 10-10:30 a.m. Baxter Memorial Library


TUESDAY FEBRUARY 26

- Preschool Discovery Time (3-5 yrs), 9:30 -10:15 a.m. Baxter Memorial Library


THURSDAY FEBRUARY 28


- Baby Discovery Time (birth-18 mos), 9:30-9:50 a.m. Baxter Memorial Library
- Toddler Discovery Time (18-36 mos), 10-10:30 a.m. Baxter Memorial Library
- Sewing Club (age 7 & up), 2:30-4:30 p.m. Baxter Memorial Library

**Advertise your home business or yard sale
with a classified ad. Only \$6 per ad!**



Helping Paws Animal Rescue
www.helpingpawsme.org





Realtor Kelley's Pup of the Month

5% of my real estate commissions generated from this ad will be donated to "Helping Paws Maine".

Kelley Skillin-Smith, Assoc. Broker
380 Main Street, Gorham, ME

207-632-0813
kskillin@maine.rr.com
#KelSells207

Meet PATSY

Rescue 🐾 Rehab 🐾 Re-home 🐾
(you must mention this ad prior to closing for my donation to be submitted.)

UNDER CONTRACT



9 Sienna Lane
Windham **\$245,000**

LIKE NEW



11 Sky Lane
Freeport **\$385,000**

TINY HOUSE



367 Huston Road
Gorham **\$134,900**





**WILLIS
REAL
ESTATE**

Call the Willis Team
839-3390

willisteam@willisrealstate.com
www.willisrealstate.com

RESERVE YOUR APARTMENT NOW!





Station Square
At 7 Railroad Avenue



JCS Property Management and Great Falls Construction are excited to present Gorham's newest destination for residential and commercial occupancy: *Station Square at 7 Railroad Avenue*.

Projected completion date: first quarter of 2019!

AMENITIES OF OUR RESIDENTIAL APARTMENTS:

- *Studio, one bedroom and two bedroom units
- *ADA accessible units available
- *Full, modern kitchens with dishwasher, refrigerator, range, and stove
- *Washer and dryer hookups available
- * Energy efficient heat pump for heat and air conditioning
- *Community room spaces for socializing and special events
- *Public transportation nearby
- *Multiple floor plans to choose from
- * Units with large decks that can accommodate hot tubs
- *Other units with Juliet balconies
- *Dedicated covered parking available
- *Additional secured storage available

STUDIOS STARTING AT \$900/mo	1 BEDROOMS STARTING AT \$1,350/mo	2 BEDROOMS STARTING AT \$1,600/mo
---------------------------------	--------------------------------------	--------------------------------------

FOR MORE INFORMATION AND TO COMPLETE AN APPLICATION

Please contact Wendi @ JCS Property Management:
207-839-2744 / wgriswold@greatfallsinc.com

Local Preschool and Church Support Gorham Backpack Program



Photo credit Kara Williams

The children at Watch Us Grow Preschool partnered up with Cressey Road Church to collect food for the Gorham Backpack Program to send home with students for February vacation. They sorted, counted and graphed the items as they came in, packing a total 65 bags. The preschoolers learned that it doesn't matter how young you are, everyone can make a difference in the community.

CONGRATULATIONS ON OVER 50 YEARS IN THE RENTAL BUSINESS!

2 bedroom, 1.5 bath duplexes



1 & 2 bedroom apartments



For rental information:

**Call 207-883-3753
or Email
rentals@mepropllc.com**



www.cresseyapartments.com