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Plans for Gorham's Memorial Day Parade

CINDY HAZELTON

Gorbam Recreation Department

The Gorham Recreation Department is inviting all civic clubs, churches, youth groups, businesses and community members to join in the Gorham Memorial Day Parade on Monday, May 27. We would also like to encourage those interested to participate by decorating bicycles, wagons or scooters and join the parade (no motorized ones please). This is an opportunity for the community to come together in remembrance of those who have died serving our country. The event will be held rain or shine.

Memorial Day parade participants will line up beginning at 10 a.m. at Village School. During parade line-up, Lincoln Street will be closed to all traffic. Robie Street will also be closed from Railroad Ave to Village School. Parade participants, and vehicles dropping off parade participants, should enter Robie Street from the South Street entrance.

As in the past, Gorham
Recreation Baseball and Softball
teams will assemble on the
Municipal Center lawn and join
the parade as it leaves Lincoln
Street. Also, in the interest of
safety for parade participants and
spectators, the Gorham Recreation
Department is urging parade participants to adhere to the "no
throwing anything from anywhere"
policy.

The parade will step off with the cadence set by the St. Andrews Pipe and Drums at 11:00 a.m. The parade will travel from Lincoln Street to South Street, where the color guard and veterans will stop for the Taps bugle call to be played while memorial wreaths are placed in Phinney Park. It will continue down Main Street to Eastern Cemetery for a wreath laying ceremony and remembrance. The parade floats will proceed behind the cemetery and cross New Portland Road to enter White Birch Lane to the parking area for Village School fields.

Individuals and groups who would like to participate in the parade are encouraged to visit the website at www.gorhamrec.com to register, or call Gorham Recreation Department at 222-1630.

Gorham Grown: Foodscaping Coming

to Town

CATHY WALTER
Contributing Writer

A new project from the Cumberland County Soil & Water Conservation District (CCSWCD) will soon be implemented in Gorham. With the help of a \$20,000 award from the Quimby Family Foundation, Gail Platts of the Gorham Recreation Department, members of the Gorham Conservation Commission, Josh Haiss, owner of Landscape Revolution, and all the volunteers they can muster, the Gorham Grown Community Agriculture Program, or "Gorham Grown" as it is already being referred to, will be creating two Food Forests along with several movable themed planters in Gorham Village this summer. The program will also include youth summer camp activities with hands-on experience with the new plantings.

"The CCSWCD is a county wide organization created back in the dust bowl days (1930s) to assist and educate the community about soil and water conservation to prevent such disasters in the future," said Damon Yakovleff, an Environmental Planner at CCSWCD.

"In 2016 we turned our focus more toward agriculture as a way to unite many facets of the community in not only education of planting and growing but in the healthy farm



Renderings of the Food Forest installations planned at Phinney Park in Gorham Village (above) and Little Falls Activity Center on Acorn Street (inset).

to table eating trend," explained Jenna Martyn-Fisher, an Educator and Technical Specialist at CCSWCD.

Both Yakovleff and Martyn-Fisher, who are spearheading this endeavor, completed a previous grant project to support community agriculture in Portland, assisting local organizations in creating Food Forests. They then started looking around for the next place to use their knowledge and experience and quickly focused in on Gorham, not just because of their office's proximity, but due to the town's demographics and how rapidly it is changing from a farm community to a suburb.

The pair is passionate about teaching new ways to plant, grow and har-

Graphics courtesy of Joshua Haiss of Landscape Revolution and the Gorham Conservation Commission

vest healthy food and to utilize the town's open spaces to grow edible plants that are free for the community to enjoy in order to maintain the town's roots in farming.

The Gorham Grown project, a great tool for educating not only our youth but everyone who has become distanced from the source of their food, will be implemented in three phases.

The first is movable planters that will have themes like salsa, salad, or

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Outdoor Farmer's Market Returns



GORHAM TIMES STAFF

Entering its eighth year, the Greater Gorham Farmers Market returns this Saturday, May 4, on the green next to the library with a "May the 4th Be With You" celebration. Visitors are encouraged to dress up in Star Wars attire.



The market runs each Saturday from 8:30 a.m. -12:30 p.m., rain or shine, and continues through October. Vendors include Preservation Farm, The Purple Whisk, Old Wells Farm, Oscar's Farm, Mo Munch Granola, Falling Star Farm, Willow Dreamz, Glad



Photo credit Michael Kenned

Harvest Farm, Blue Star Soap, Noisy Acres Farm, Sweet and Savory, Island Mushroom Company, Dow Farm, and Findview Farm.

For more details and updates on upcoming events, visit facebook.com/GreaterGorham FarmersMarket/. Pets welcome.

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GHS AND GMS HONOR ROLLS ON PG. 7

Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

Working Families Need More

REP. MAUREEN TERRY

When nearly half of Mainers cannot afford a \$400 emergency expense, it is clear that we are not doing enough to lift up the people of our state.

I know firsthand how hard it can be for working families to make ends meet. When our three daughters were younger, my husband and I struggled to pay all our bills, despite the fact that both of us were working. Between health care expenses, high heating costs and the skyrocketing price of higher education and housing, it can be incredibly difficult for people to afford all their basic needs.

I first ran to represent part of Gorham in the Maine House of Representatives in 2016 because I loved my community and wanted to advocate for families like mine in Augusta. I ran again last year, this time for reelection, because I knew how much more work there was to be done.

There are dozens of bills that my colleagues and I in the 129th Legislature are working on that, if passed, would improve the lives of many of our neighbors. Three of these bills in particular, I believe, have the potential to lift many people out of the financial rut of living paycheck to paycheck.

One of these bills, LD 1410, sponsored by Speaker of the House Sara Gideon, establishes a program where eligible employees

are provided with up to 12 weeks of family leave and up to 20 weeks of medical leave. Speaker Gideon's bill is funded by employee contribution, whereas another bill on this subject, LD 369, "An Act To Support Healthy Workplaces and Healthy Families by Providing Earned Paid Sick Leave to Certain Employees," sponsored by Senator Rebecca Millett, is employer funded and would give employees a handful of paid sick days every

Working Mainers will benefit tremendously if either, or both, of these bills pass into law. Far too often, people have to choose between taking time off to battle an illness and getting a full paycheck at the end of the week. For Mainers who are currently working without benefits, taking time off to care for a family member or recover from surgery can cause them to go into serious debt.

I am also sponsoring a bill, LD 1491, "An Act To Establish the Maine Work Tax Credit," that I know will make a huge difference in the lives of many working Mainers. If passed, this bill would reduce financial hardship by expanding the Earned Income Tax Credit (EITC) to more people, while also raising its value. Personally, when my family was struggling ten years ago, the EITC we received made all the difference—it meant we were able to pay our heating bill and stay warm in the final months of winter.

LD 1491 enables Maine to distribute state tax credits throughout the year rather than one lump sum during tax season. It would also create a study to move us toward a system where Mainers could choose to receive their tax credits quarterly or monthly. I call it a "Cost of Living Refund," because it will help families keep up with expenses throughout the year.

I am proud to be sponsoring LD 1491, and I am proud to be supporting paid family and medical leave because I know firsthand that working families need more. No one should have to choose between caring for a sick child and being able to afford their bills, and no one working full-time should still be struggling to pay for their basic needs.



Rep. Maureen "Mo" Terry is serving her second term in the Maine House of Representatives. She is a chef and small business owner with more than 25 years of experience in the food service industry. She

serves on the Taxation Committee. (207) 712-9735, (800) 423-2900, maureen.terry@ legislature.maine.gov.

Around Town

Catherine Wilson (GHS '82) is opening On Purpose WellBeing Center, a business combining physical workouts and spiritual nurturing, at 381 Main Street in May. The center will offer personal training, small group classes, and Christian Revelation wellness study programs.

NEXT GORHAM TIMES DEADLINES:

MAY 8 JUNE 5

GORHAM PUBLIC WORKS

WILL BE ACCEPTING BRUSH @ 80 Huston Rd.

> Saturday, May 4, 2019 and **Saturday, May 18, 2019**

> > 8:00 a.m. to Noon

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Gorham Times

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The Gorham Times is a free volunteer-run community newspaper distributed every other Thursday to more than 100 pick-up sites throughout Gorham.

Sports **Features** Of Interest Calendar item **Advertising**

School News

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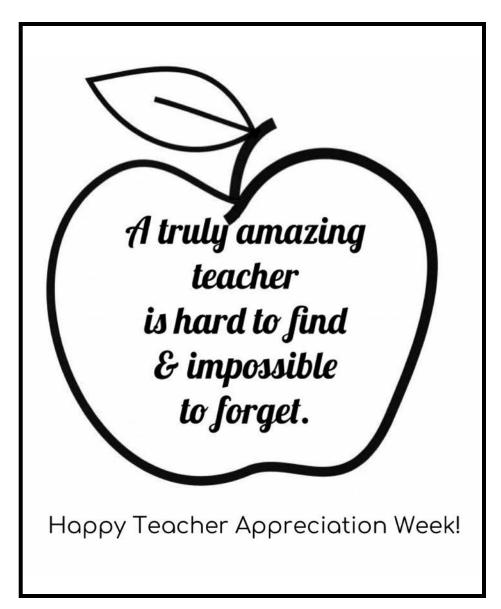
Ad deadline is the Wednesday of the week prior to issue date. Go to www.gorhamtimes.com and click on the advertising link for schedule.

EDITORIAL POLICY

The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

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Bit by Bit, Drop By Drop, a Little Good Can Turn Into **Something Great**

CHRIS CRAWFORD Staff Writer

Hannah (Schulz) Sirois' (GHS '99) winding career road has brought her full circle, right back to Gorham, Maine, where she has capitalized on 11 years of experience in commercial advertising by launching her own company, Drop By Drop Entertainment. As the founder and Executive Producer, she takes pride in her business relationships and in helping to craft a client's message through video, social media, podcasts and live events.

Sirois said, "I love listening to people's stories and enjoy the challenge of taking a story or idea and transforming it into a unique, high quality TV show that will not only entertain but will teach the viewer something." Personalized services at Drop to Drop include underwriting, content development and production.

Her credits include several local TV shows. Welcome to My Farm, features author and blogger, Lisa Steele, from fresheggsdaily.com. This 30 minute show about chicken keeping, gardening and cooking airs on Channel 6 (NBC) on Sundays at 11:30 a.m. It can also be seen on Fresheggsdaily.TV and on the Welcome To My Farm Amazon Fire

Some of her shows were on The CW, a local broadcast station. While working at the station, she created Crustation Nation: We Are The Maine Red Claws TV show about the basketball team. She took pride in forming a close relationship with the local G-League basketball team and organization "off the court," creating and producing the show for three seasons.

She also produced Their Stories, a documentary following restaurant owner, Laura Benedict, of The Red Barn in Augusta, Maine, as she visits with some of the most important people in her life. Laura shares the link between a veteran, a retired widow and a classroom of children at Saint Michael's and reminds us all to teach this world to love, to do small acts of kindness and to lend an ear for listening.

Since forming Drop By Drop, Sirois said, "I have made a commitment to work with people that I know or trust



to contribute their creative talents, 100%." Sirois is currently partnering with two other GHS '99 grads on a new program called Crafting An Industry about the growing Craft Beer phenomenon in Maine. Chris Sedenka, anchors the show, and Chris Loughran is the director of photography.

Sirois said, "We will visit the whole state and highlight not only the breweries, but the towns and businesses that supported them." They enlisted help from another GHS '99 graduate, Tiffany Caron, who coordinates the tours at Sebago Brewing, to help with the first episode which will premier statewide on NBC. The Gorham Times will keep you posted on the schedule for this new

Sirois has also teamed up Trish Moulton, another GHS grad and owner of The Dance Studio of Maine in Gorham. They are working on a video that will highlight the high degree of athleticism it takes to be a dancer. "Being a female athlete and an independent female business owner, I gladly took on this job. Trish and I have worked together before and we will be very proud to share this soon," Sirois

All Drop By Drop Entertainment TV shows will be available statewide on NBC but also digitally on Roku, Amazon Fire, Apple TV and smartphones. The goal is to have Drop By Drop shows appear on other national broadcast TV channels, and only six months into the business, all signs are pointing to being national very soon.

Sirois describes her academic pursuits after graduation from GHS as "circuitous." She attended Hobart and William

CONTINUED ON PAGE 5

GHS Teacher Releases Debut Novel



A large audience attended Dave Patterson's book release presentation for his newly released novel, "Soon the Light Will Be Perfect."

> ROGER MARCHAND Contributing Writer

On April 23, the Friends of Baxter Memorial Library sponsored the book release of Gorham High School English teacher Dave Patterson's novel, "Soon the Light Will Be Perfect," which chronicles the journey of two brothers on the cusp of adulthood, a town battered by poverty and a family at a breaking point.

Patterson opened by thanking the Gorham School Department and the community for the support he has received while writing his book. Before starting his presentation, his former students Autumn Heil, Olivia Paruk, and Maddie Firman, who still attend GHS, each read their own original poetry.

Patterson explained how his book reflected, in many ways, his early childhood and the poverty that he grew up in. He said that he spent a good deal of his life hiding his background, and had spent a considerable amount of energy "whitewashing his economic history" while growing up.

He spoke about the evolution of

his novel, emphasizing that he originally did not want to write stories that reflected his economic background. His first book of short stories was not able to get published. It was then that he decided that he needed to write about what he really knew and focus on what he had worked so hard to hide throughout his life. He described how he learned to find the courage to write "what was inside him," and "expose his most inner fears."

Patterson focused on the importance of character development in writing fiction, and read two sections from his book as a way of illustrating, through his writing, what he had shared during his presentation.

Locally, "Soon the Light Will Be Perfect" is available at Baxter Memorial Library and Bookworm.

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Family Homelessness:

The answer is not just shelter.

Family Promise is a non profit organization that provides shelter, meals, case management, homeless prevention and stabilization services to the homeless population in Maine.

An informational program will be held Sunday May 5, 2019 at 11:30 am at First Parish UCC of Gorham. Please join us and learn how you can "change" lives by participating in this program. 1 Church St. Gorham 839-6751



"Our mission is to help homeless and low-income families achieve sustainable independence through community based response.

Robie Honored by ecoMaine



Jock Robie received an Eco-Excellence Award by ecomaine for his business. Mainely Worm Bins. Shown at a recent awards ceremony (left to right) are: John Van Dis, Jock Robie, John Henson, Sue Robie, Lynn Rutter, ecoMaine board member Caleb Hempill, Peggy Marchand, Brett Willard, and Corinne Altham.

ROGER MARCHAND Contributing Writer

Gorham resident Jock Robie, who spreads the word of the importance of vermaculture through his passion, hobby, and outreach program, Mainely Worm Bins, was nominated and selected to receive a 2019 ecomaine Eco-Excellence Award.

A panel of ecomaine board members selected Robie from dozens of nominations. The committee took note of his commitment to reducing landfill waste through vermiculture, and through promoting the benefits to so many residents in ecomaine communities. His efforts were seen as an exemplary model of the effectiveness, increased awareness, community impact, and ease of replication that the award program aims to recognize.

In recognition of his accomplishments, he and his nominators were honored at an awards ceremony and luncheon on March 26.

Robie, who trained as a chemical engineer, became interested in Vermacomposting as a hobby upon his retirement. He started his first worm bin in 2008. He now makes presentations throughout Maine about the value of vermacomposting as a community service. At the end of each presentation, he gives attendees, free of cost, a complete worm bin setup, including worms, as well as an invitation to have him join them in harvesting their bins, and show them how to use the worm castings for use in their gardens or houseplants.

He has made hundreds of presentations, and given away even more hundreds of worm bin kits, and of course thousands of red wriggler worms. He continues to work with those to whom he has given worm

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Sustainable Fitness

STACEY COLEMAN

Sustainability is a hot topic. From renewable energy, to responsible food harvest, there are many ways that people can learn to be better stewards of our resources. One topic that is not discussed all that often is the concept of sustainable fitness. Like other resources that have limited availability, your mental and physical state also have limits.

Fad diets and exercise plans abound that may produce a short term desired result, but often at a high price, or overuse of resources. The proverbial "magic pill" for weight loss and fitness continues to be sold, and many people are unaware of the dangers of quick fix methods. Mental fatigue, mechanical injury, and other medical complications can arise from overuse of many commonly followed, and even very popular, practices. While it may be safe to apply hard pressure for a limited time to achieve a specific result, unless you have a long term plan in place, this approach usually ends in either a catastrophic failure (sickness/injury) or an eventual relapse into your previous state.

Evidence suggests that in order to remain sustainably fit, one should vary their workouts and include four different exercise types that challenge their metabolic system, cardiovascular system, overall strength, and mobility. A fitness prescription should include each of these exercise types, which I call the four pillars of exercise. Everyone could benefit from hitting each pillar 1-2 times/week depending on the individual's goals and starting points. Here is a breakdown of the different exercise that create a healthy, sustainable fitness lifestyle.

- 1. Metabolic conditioning is accomplished through a combination of short bouts of high intensity work intervals (80-100% effort) followed by an approximately equal amount of forced rest (actively attempting to recover). A wide variety of weight loaded and body weight exercises can be performed using this technique. The benefits of Metabolic conditioning include improved cardiovascular capacity and serious calorie burn.
- 2. Strength Training uses varying forms of resistance to induce mus-

cular contraction which builds the strength, anaerobic capacity, and size of skeletal muscles. Strength training helps you develop strong bones and lose fat. As you gain muscle, your body begins to burn more calories to support them. It also boosts your stamina. As you get stronger, you will not fatigue as easily.

- 3. Steady state cardiovascular conditioning (SSC) is low intensity exercise at a sustainable and steady pace, performed for extended periods of time. Light-to-moderate intensity activities that are sufficiently supported by aerobic metabolism (creating energy from oxygen) includes jogging, biking, walking, hiking, and swimming. SSC training improves cardiovascular and respiratory function, benefits mental health by reducing stress and depression, while increasing cognitive capacity. Bone growth is stimulated, lowering the risk of osteoporosis and other diseases of the bone.
- 4. Functional Mobility Training (FMT) means working to move your body through full range of motion and under control, without restriction or pain. Traditional stretches, self myofascial release, and assisted pliability exercises are examples. **Functional Mobility Training** improves posture and provides pain relief. It decreases recovery time and soreness between workouts and reduces risk of injury, while providing relaxation for the body and mind.

By engaging all four of these exercise pillars, we can develop sustainable fitness habits, reduce risk of injury, maintain or improve our overall health, and get the most out of our workout time. If your current regimen has you primarily in one pillar (only strength training, only running, only high intensity intervals), it is time to add the other three. As always, it is wise to seek the help of an experienced professional when creating any fitness program.



Stacey Coleman has a B.S. in Health & Fitness, and is a Certified Personal Trainer. Owner of My-FIT-24, she is a Cardio Performance Specialist and a Behavioral Change Specialist. She is the Co-Creator/Author of 'The Coleman Method,' a fitness based behavioral change program.





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Gorham Grown: Foodscaping Coming to Town CONTINUED FROM PAGE 1

organic teas. Two local Boy Scouts are creating their Eagle Scout projects around helping to design and implement these planters to create an "Edible Main Street" demonstration. Each planter will be adopted by local gardening-focused groups or adjacent businesses. As the planters will be mobile, they can be moved for special town events or to other hosting locations. There will be no costs to host a

Phase two includes the construction of the two Food Forests which are low-maintenance, sustainable. plant-based food production ecosystems incorporating fruit and nut trees, shrubs, herbs, vines and perennial vegetables. Some large cherry trees have already been donated. The plan is to create one forest at the Little Falls Activity Center on June 2 from 9 a.m.-1 p.m. and another at Phinney Park on June 8 from 9 a.m.-1 p.m. Volunteers are needed at both events and will be supplied with everything they need including drinks and lunch.

The third phase is still being finalized but will likely involve an event this fall. Stay tuned for further updates on when and where CCSWCD will organize a season end clean up and education opportunity.

To ensure the success of this inspiring project or to educate yourself further, please contact any of the folks below and do one of the following: a) sign up your Scout troop, your book club, or yourself to volunteer for one of the upcoming events, maintain a planting or to be on the committee; b) donate supplies like wood, compost, soil, seedlings, or tools and food for volunteers; or c) coordinate a fundraiser to help cover the costs and allow for more extensive plantings.

For more information, contact Damon Yakovleff at 892-4700 or dyakovleff@cumberlandswcd.org; Jenna Martyn-Fisher at 892-4700 or jmartynfisher@cumberlandswcd.org; or call the Gorham Recreation Department at 222-1630.

Robie Honored by ecoMaine CONTINUED FROM PAGE 4

bins with support in harvesting the worm castings, making worm tea, and consultation in making sure that they have success with their worm bins.

Robie stated that Mainely Worm Bins is really a network of people that all help him to spread the word about worm composting. In this network are people that help him maintain his worm farm and keep him supplied with the materials used in the worm farm, the workshops and the harvests. There are also sponsors who do all the advertising, provide the venue and bring in the audience for a workshop.

There are hundreds of individuals, and teachers who have taken

on the responsibility to maintain worm bins. Each worm bin takes out of the waste stream an average of about 75 pounds of wet garbage a year that would otherwise go into the incinerator at ecomaine. This wet garbage does not make for good fuel and once it is burned the nutrients in that garbage are hauled off to landfill and wasted. Every worm bin that recycles those nutrients puts them back into the soil to grow another generation of plants.

Robie is grateful to all those willing worm workers who are helping to spread the word about composting with worms and the benefits to ourselves, our communities and our planet.

continuing the sport she pursued as a member of the USA swim team during high school. Realizing she did not know her academic direction right out of the gate from high school, Sirois took a year off and enrolled in a semester of the Outward Bound Leadership program followed by working on a house build for Habitat for Humanity in Georgia. She then attended the University of Texas before ultimately completing a degree at USM as a Business major with a certificate in Entrepreneurship.

Smith Colleges in Geneva, New York as

a student athlete on their swim team,

Where Are They Now - Hannah Sirois CONTINUED FROM PAGE 3

Sirois said, "I was finally ready to come back to Maine and really appreciate the life it has to offer. I realized I had unlimited networking potential as soon as I returned."

The first appointment she made after graduation was with a family friend, Doug Finck, at WPXT The CW, who offered her a job as an Account Executive. She told him she would commit to a year, which ultimately stretched into ten. She left the station in September 2018 to start her own company, after serving as the station manager and creative services producer.

Like all working women, Sirois feels the pressure of finding a good balance between family and work. She loves her career and wants to be a good role model for her two young children. "It can be hard to balance their day to day activities with a heavy workload. It can also be hard to not feel guilty when work pulls you away from them at times." She added, "The minute I accepted that I can not be a supermom and allowed that amazing "Village" that

everyone talks about to help, that was the moment I knew my kids and family would now be stronger for supporting my chosen career."

When Sirois thinks about her high school career, she laughingly said, "I was a shy person and never thought I would become the outgoing person I am today." She added, "I look back with fond memories of cross country and track and some wonderful coaches." She recalls two teachers, Mr. Farrington and Mr. Willette, in whose classrooms she felt comfortable being herself and can remember being pushed to excel outside of the box.

Sirois and her husband Chad, who works at Maine Medical Center as a surgical tech specializing in Orthopedic Trauma surgery, met at USM. They have two children, seven-year-old daughter Finleigh, and four-year-old son Auguste. They live in Gorham near the Frasier Trails, or what they like to call the Adventure Path. They spend evenings taking walks or sharing time with family friends. Community is very important to them which is why they chose to live in Gorham. "We have settled into my home in town. I have a tribe of three close female friends who also graduated from Gorham High School. It is such an honor to be part of their lives and their children's lives."

Sirois' parents are Lynn and Phil Kalloch and Bill Schulz. Her siblings are Ben Schulz, a Cheverus graduate and Andrew Kalloch and Jonathan Kalloch, GHS grads.

Sirois can be reached at hannahlsirois@gmail.com and her work can be seen at dropbydropentertainment.com.

HELEN MILDRED KRAUS

Portland - Helen Mildred Kraus 92, was given life by her Creator and was born on October 16, 1926 in Austin, Texas the child of Ben and Elizabeth Sieck. She was baptized and given new life in Christ on October 31, 1926 in the name of the Holy and Blessed Trinity – Father, Son and Holy Spirit at St. Paul Lutheran Church - Austin, Texas. She attended St. Paul Lutheran School, and after being instructed in Luther's Small Catechism and Lutheran doctrine, she was confirmed in April of 1939 by the Rev. K.G. Manz. Her confirmation verse from Scripture was



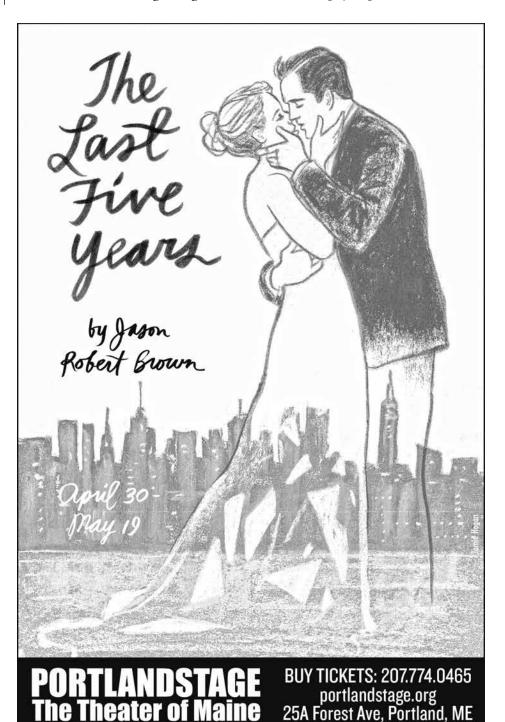
Luke 10:42 – "One thing is necessary. Mary has chosen the good portion which will not be taken away from her.'

Helen was united in holy marriage to George R. Kraus on June 9, 1949 at Trinity Lutheran Church - Austin, Texas. God Blessed their union with five children, Mark, Georgette and husband Dennis Bragdon, Andrew, Paul and wife Naomi, John and wife Darlene. Her children granted her nine grandchildren - Daniel Kraus and wife Rachel, Laura Bragdon, David Bragdon, Amanda Kraus, Trevor Kraus and wife Ashley, Jared Kraus and wife Jessica, Bragdon Kraus, Alicia Kraus and Alyssa Kraus and husband, Matt Smith. The nine grandchildren have blessed her with nine great-grandchildren.

Helen was predeceased in death by husband George in 1989. A funeral service will be held 1pm Friday April 26, 2019 at the Redeemer Luther Church 410 Main St, Gorham, ME 04038. Interment will be held at a later date. Arrangements by the Hobbs Funeral Home 230 Cottage Road South Portland, Maine 04106.

Memorials in lieu of flowers to: Redeemer Lutheran Church - Gorham, ME or Concordia Theological Seminary - Ft Wayne, IN.

Online Condolences and online obituary at www.hobbsfuneralhome.com



Police Note

The District II Training Council and Portland Police Department will be conducting an Active Assailant Training Exercise on May 17-18 at Deering High School. Law enforcement and EMS personnel from Cumberland and York counties, including the Gorham Police Department, will be participating in the event.

JANUARY 2019

Arrests

Windham man, 56, was arrested for robbery and violating conditions of release.

Maple Drive woman, 38, was arrested for OUI.

Gray man, 34, was arrested for OUI (1 prior).

Windham man, 23, was arrested for failure to appear.

Lewiston man, 24, was held for probation revocation.

Huston Road woman, 35, was arrested for operating while license was suspended or revoked, and OUI (1 prior).

Maryann Drive man, 38, was arrested for speeding.

Standish man, 30, was arrested for unlawful possession of fentanyl, OUI and violating conditions of release.

Standish man, 30, was arrested

Biddeford woman, 26, was held for another agency.

Scheduled Road Projects

SHERI FABER Staff Writer

Each year, the Town evaluates which roads are most in need of attention within its limited resources. This past year's budget included \$600,000 for road work with the State providing matching funds for some of the projects.

The work scheduled to be done includes replacing culverts on Rt. 25 near Files Road, repaying the bypass, and repaving from the Little River Bridge to the Rt. 237 round-

The Maine DOT is also still working toward completing the Main Street project in 2019. The Town is expecting to contribute \$249,000 to the cost of improving traffic signals on Main St. as well as \$170,000 to rebuild/overlay Mosher Road.

PACTS, the regional transportation organization, will be providing \$532,950 for updated lights on Main Street as well as \$170,000 towards the work to be done in Little Falls. Town Manager Ephrem Paraschak noted that if the Town receives some additional revenue sharing funds from the State, those funds would hopefully go towards road improvements.

"It is much cheaper to repair roads before they are terminal and get another 10-12 years out of them as it is so expensive to reconstruct roads," he said.

Plans for 2020 include adding sidewalks in Little Falls, adding sidewalks from Rt. 25 (State Street) to the Access Road, adding sidewalks on College Ave., and reconstructing College Ave. as part of a Portland Water District (PWD) line replacement. It is financially beneficial for the Town to do this project in conjunction with the PWD.

Spring Fire Safety

COURTESY OF GORHAM FIRE DEPARTMENT

As Spring has arrived please keep the following fire safety tips in mind:

- · Open burning of wood, including portable outdoor fireplaces requires a permit and may only be used on days of low or moderate fire danger.
 - Burning of prohibited materials

including plastic and rubber is dangerous and a violation of State Law that could lead to fines of \$1,000 or more.

- Online permits can be obtained at http://www.burningpermit.com/ MEhome.html (Town issued permit) or www.maineburnpermit.com (State issued permit). Paper permits can be obtained at the Central Fire Station at 270 Main Street from 8:30 a.m. to 4 p.m. on business days and 8:30 a.m. to 12 p.m. on non-business days when conditions permit.
- All permitted open burning must be conducted in a safe manner to include having an appropriate distance to combustibles and a water source.
- · Outdoor cooking appliances, particularly propane fueled grills, should be thoroughly checked for damage prior to use.
- Web sites at NFPA.org and maine. gov/dacf/mfs/forest_protection have lots of useful fire safety information.

GFD Fire Inspector Charles Jarrett can be contacted at 222-1618 or CJarrett@gorham.me.us for additional information.

Shaw Brothers Family Foundation

DIANE ABRAMSON Staff Writer

Signs of progress are developing within the 258-acre parcel of land off Route 25 near Sebago Brewing's new headquarters which the Shaw Brothers Family Foundation purchased in 2016 from Ecomaine.

According to Jon Shaw, the Foundation agreed to keep the land along Route 25 available for agricultural-related commerce. There are three lots available and "we are in the process of getting one ready in case we find a viable business. In the meantime, we hope to open the lot up to local organizations that want to sell Christmas trees, produce, or farm goods."

"There has been some interest in the property," said Shaw, "however, nothing is definitive as of vet. We welcome anyone with an agricultural-related business to reach out. The property will be leased and we will accept long-term leases. All money from the lease will go back to the Foundation."

For town residents, the public trails and parking lot should be open by mid-summer. "The kiosk and most of our trail signage is up. We are currently working on the parking lot and completing the trails," said Shaw. "We will definitely let the town know when we are done.'

The Shaw Brothers Family Foundation purchased the land in order to support recreational and agricultural cause; acquire and preserve farmland; construct and maintain a community recreational park and trails for walking, riding, and snowmobiling; and, to operate an educational farm and provide land for a future farm market to sell food.

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Gorham High School Third Quarter Honor Rolls 2018-19

Nolan Gava

Mary Gawlick

Brandon Gordon

Grade 9 - High Honors George Allison Drew Baber Curan Bassingthwaite Erin Castonguay Morgan Chapman Kayleigh Cloutier Sydney Connolly Michelle Darling Katherine Dupuis Hailey Edwards Madeline Fadrigon Andrew Farr Samuel Farr Annie Frey Brvce Gunn Sydney Haskell Madisson Hatch Kiara Hodge Stephanie Labrie Alexandra Light Elisabeth Loranger Andrea Mitchell Emma Mullin Anna Nelson Phoebe Richards Beniamin Shields Clara Shvets Alexandra Waterman Megan Wentworth Violet Wilson-Wood Eliiah Wyatt

Grade 9 - Honors Colin Albert Natalya Asali Lauren Bachner Noah Badeau Ryan Bechtel Owen Begley Mallorie Bergquist-Guimond Gisele Berry Landon Bickford

Megan Young

Allison Bishop Brylee Bishop Caroline Bishop Robert Boylen Connor Callahan Nathan Chase Ainslev Christianson **Hunter Connors** Nathan Corey **Calvin Cummings** Kaitlyn Cushing Sadie Cvr Izabella Densmore Aiden Dever Mary DeWitt Sarah Duff Sadie Dver Abigail Emerson Olivia Falagario Asa Farley **Emily Feagans** Beniamin Fecteau Jillian Feyler Breshia Flett Elizabeth Frey Nikolas Gagne Maya Garand Charles Gay Riley Grant Kylie Green Rachel Gross Brooke Guimond Ethan Ho Abigail Houp Josiah Irish Gannon Kuntz Kyle Landry Bryce Lumbert Shantearra Lv Grant Mahaney Annika Mankin Paige Marchand Anya Mazaris-Atkinson Owen McCaffrey

Ella McDonald Daniel McKeage Aidan Meredith Sophia Michaud Ambrosia Moore Dylan Morrell Isabella Morrell Jillian Morrill Alexandra Myles

Anya Nagle Abigail Ouellette Hunter Pellerin **Grace Perreault** Ellie Perry William Perry Madison Philbrick Albert Plummer Abrahim Rabbani Shannon Randall Samuel Reasoner Courtney Rent Quentin Riiska Vanessa Russell Evan Russo Brandon Sadowski Thomas Sallinen Brady Sawver Arzou Sayed Thaddeus Shain Kyle Skolfield Hannah Spickel Emma Stevens John Sutton Jacob Tatom Colby Tucker Sarah Valeriani Brandon Verrill Dylan VonderHaar Nicole Walker Morgan Walton Jacob Weisman Quentin Wise

Grade 10 - High Honors Ava Dolley Nathan Eichner Grace Flynn Campbell Fowler Sydney Fox Hannah Heady Riley Johnson Sophia Kaufman Paula Lorente Gomez Fmily Paruk Molly Rathbun

Erin Sands Grade 10 - Honors Luke Adams Dawson Allen Aidan Bell Madeline Berry Tatyanna Biamby Corey Blake Jordan Blakeslee Grace Bradshaw Anneka Bryant Logan Butler **Beck Carrier** Haley Crosby River Cummings Samantha Cummings Sierra Cummings Kelly Curran Michael Darasz Abigail Decrow Robert Dowdle Katherine Downey **Emily Duncan** Vinh Duona Julia Edwards Jada Emery Aidan Enck Paige Fogg Gracie Forques

Sophie Gagne

Lydia Gaudreau

Stephen Graham Steacy Hakizimana **Gregory Hannaford** Devvn Harrington Reed Henderson Catherine Higgins MacKenna Homa Amalia Ionta Henry Jensen Richard Jiang Benjamin Johnson Evan Koenig Isabelle Kovacs Rvan Kratzer Katherine Kutzer Gabrielle LaBarge Joshua Labrie Sophie Lachance Mason Laskev Shannon Lawrence Alexander Leary Maya Lee Joshua Lehmann Zakaria Lembarra Nevin Libby Tess Libby Griffin Loranger Natetra Ly Kylie Mathieson **Bode Meader** Olivia Michaud Kaylyn Migliorini Oliver Milliken Kathrvn Morin Molly Murray Ryan Murray Adele Nadeau Grant Nadeau **Emmeline Nelson**

Brooke Phillips Matthew Phinney Skylar Prince Caitlin Randall Braedyn Richardson Cassidy Rioux Morgan Roast Devin Robichaud Eva Rodrigue Treyton Rosario Sophia Sawver Delaney Seed Gage Sjostedt Cody Smith Madigan Thibodeau Alison Walker **Bailey Wentworth** Marissa Wilson Wesley Young

Grade 11 - High Honors Madison Firmin Maeve Higgins Paige Hume Elyssa Johnson Ethan Mercier Abigail Miller Abigail O'Brien Madisen Sweatt Samuel Waggoner

Grade 11 - Honors Ethan Allen **Grace Andrews Daniel Bachner** Carson Battaglia Elizabeth Blanchard Laura Bolduc Anthony Booth Jordan Bretton Westley Brinegar Jessica Burgess Haley Burns

Julie Cooper **Emily Crepeau** Garrett Devoe Faith Dillon Ryan Doughty Molly Faton Shaline Frhardt Ryan Gaudreau Lauren Green Bryce Gurney Jacqueline Hamilton Sophie Hemingway Ashleigh Hotham Charles Hubbard Erin Hume Sebastien Irish Noah Jalbert Katarina Jenkins Cortnie Jones Sarah Juskiewicz Henri Kuntz Lucas LaMontagne **Brittney Landry** Haley Lowell Nolan McCullough Peyton Morton MacAllister Moss Lindsey Nygren Samuel Orlando Emma Owens

Cole Perreault

Marin Perry

Ava Pitman

Lauren Preis

Ryan Reno

Andrew Rent

Peter Richards

Seth Richardson

Margaret Rimkunas

Neila Cairnduff

Evan Chambers

Lane Charlton

Jack Collins

Colby Christakis

Frin Wentworth **Brooke Woodbury** Bruce Wyatt Grade 12 - Honors Isis Adams Aaliyah Biamby Courtney Brent Brian Bunker Mackenzie Buteau Caitlin Chasse **Brandon Cummings** Ryan DeSanctis

Camden Sawver

Kendall Smith

Ursula Steiner

Julia Sturgis

Kiana Tracev

Katrina Tugman

Lvdia Valentine

Alana Weed

Monica Willey

Maggy Aube

Brinn Hall

Aaron Jones

Matilda McColl

Libby Mitchell

Olivia Paruk

Anna Rathbun

Simon Roussel

Leah Scontras

Sarah Stevens

Hallie Shiers

Sara Slager

Katherine O'Donnell

Isabella VanZandt

Mackenzie Yaskula

Kyren Bettencourt

Angelana Darling

Grade 12 – High Honors

Veronica Steiner

Caroline Dowdle Jacob Dupuis Emma Forgues Gabriella Gagne Jeremy Harris Joshua Havward Autumn Heil Mackenzie Holmes Kasey Jiang Isabella Jones Spencer Keating Evelyn Kitchen Libby Knudsen Isabelle Kolb Kate Larkin Maiya Christianson-Carlson Abigail Leonard Preston Mahaney Lydia McCrillis Rowan McDaniel Harris Milliken Hailey Morrill Thomas Nelson Rose O'Brion Grace Perron Samuel Pocock Alice Riiska Samantha Robichaud Samantha Rockwell Callie Russell Jacob Sladen Caelyn Smith

Daniel Spiller

Ian Stultz

Logan Swift

McKayla Taft

Sarah Walker

Samantha Kovacs

Melanie Wright

Mackenzie Young

Haley Thompson

Grace Terry

Elizabeth St. Ours

Brittany Desjardin

Grace DiPhilippo

Gorham Middle School Third Quarter Honor Rolls 2018-19 Emerson Homa

Grade 6 – High Honors Whitney Ball Abigail Chamberlin Ashley Connolly Riley Dever Meghan Gendron Sophie Kaczmarek Lucas LeGage Payson Plummer Celia Rov Evelvn Rush Victoria Sands Denali Tetrault

Grade 6 - Honors James Adams Jack Albert Mahmood Almukhtar Sofia Andrade Harrison Baber Raivah Babinsky **Emily Beal** Brianna Beaulieu Elizabeth Bennett Connor Brown Teagan Brown Jakob Buckley Laura Burt Joshua Cenate Zachary Chandler Olivia Cherry Christopher Chesebro McKenzie Coldwell Isabelle Cook John Copperberg

Cameron Crepeau Timothy Curtis Katelyn Cyr Cecelia Dellosso Finnian Dermody Anastasia Dollev Patrick Downey Gwvneth Dubail Lucia Dubail Holden Edenbach Gavin Edwards Makayla Edwards Joshua Faatz Emily Fadrigon **Brent Files** Mason Finck Aryana Flett Piper Forgues Hadley Foster Lauren Fredette Griffin Gammon Sherry Garnett

Faith Lara Elizabeth Morey Amanda Morin Rvan Morrill Danilo Morton Wyatt Nadeau Timothy Nagle Caira Nobert Amelia Olaru Kyle Poillucci Claire Rancourt Julia Reed Cameron Gasbarrone Hailey Rickett Sarah Rosingana Lavla Gillihan Ella Goff Matthew Sallinen Ava Googins Sarah Sanborn Samuel Grady **Brooklyn Sandstrom** Kyle Green Juliet Sargent **Bailey Hatch** Ella Senatore Ethan Heady Jacob Shyets Ellery Herrick Casey Skolfield Kailynn Herrick Aidan Smith Lucia Holloway Alison Smith Drew Johnson Natalie Smith William Johnson Owen Spera

Jack Karlonas Reis Stamaris Brooke Kazimer **Brooke Stevens** Parker Lafortune Payton Thibodeau Kathryn LaPierre Madison Tibbals Lilv Tukev Rebekah Libby Ethan Verrill Chafek Matta Eliot Verry-Gardella Kavla McLean Vanessa Walker Samuel Merrow Elijah Whitehead Natalie Miner Madisson Willey **Emma Miramontes** Logan Wilson

> Alauna Worden Grade 7 - High Honors Cole Allen Tyler Bartick Claire Boudreau Andria Cloutier **Grace Desmond** Ella Downing Brooke Farguhar Taylor Farr Elizabeth Gay Addison Harjula Ashton Leclerc Aislyn McLean Amy Morin Caroline Morrell **Fmma Smith** Kyleigh Stanles Julia Wareham

Grade 7 - Honors William Armstrong

Anna Yahwak

Brady Arsenault Gibson Baker Dylan Bauer Nathan Bergquist-Guimond Jesse James Sydney Bergquist-Guimond Anthony Jordan Hannah Bickford Chloe Blanchard Elsie Bradshaw Jackson Brassard

Liam Nickerson

Ian Obrey

Macev Brenner **Amber Bretton** Luke Burns Addison Canty Ethan Castonguay Gage Cathcart Zoe Coleman Dakoda Coyne Rita Cummings Kalin Curtis Thomas Curtis Jack Decrow Evelynn Densmore Alexis Deschaine Sophia DiPhilippo Isaac Dobson Giselle Doucette Hilary Douglas Anna Dumais Sophia Fates Abigail Fecteau Nolan Fevler Aiden Fortier Summer Gammon

Kavlee Gonneville

Natalie Haskell

Ethan Homa Samantha Hutchinson Noah Kennedy Cruise LaBrie Jackson Landry Aidan I ee Meryk Lewellen Ezekiel Lockman Luke Lovley Jack Luciano Channitra Ly Nadia Lyons **Gabriel Michaud** Lillian Mine Jacob Mora Jackson Morrell Lillianna Noel Erica Nygren Corliss Ordway Riley Ottoson Collin Page Samuel Parenteau Haden Pelletier Paige Perreault Dylan Phillips Simeon Pillshurv Alicia Poschke Alec Pouliot William Preis Makavla Quintal 7oie Rand

Christian Randall **Brayson Reed** Lily Rubin Logan Sargent Caden Smith Cole Smith Tristan Smith Ava Spitzinger Madison Stewart **Brooklyn Tarbox** Logan Vail Noah Vaughn Reilly Walsh Colby Wheaton Makenna Wheeler

Izak Young Grade 8 - High Honors Hayden Anderson Julia Bell Faith Connolly Annie Cunningham 7oe Diffin Abby Fiore Grace Johnson Erin Lawrence Sofia Mankin Kaci Mollison Sarah Rathbun Abigail Rosingana Rylee Tenuta Hailee Willey Peter Wu

Grade 8 - Honors Beniamin Allison Avery Andrews **Emelia Bailey** Ava Bryant Olivia Bryant Christian Butler Klarha Cajuste Hannah Caron Lexi Caron Miranda Chasse Junbei Chen Bode Coleman Jasper Crane Rachel Cummings Patrick Cyr Angela Dellasala

Quinn Dillon Maeve Donnelly Jonah Doucette Madeline Downey Rylan Flagg Noah Flynn John Frank Tv Gammon Brooke Gordon Tedi Gould Kyra Hamblen Owen Harmon Jude Huckaby Josephine James Braeden Johnson Eden Johnson Elizabeth Keil

Quinn Lachance Alexis Landry Madeleine LaPierre Samuel Larkin Jacob Lehmann Kevin Luo Aedan MacDougall Trevin Macomber Kate Martin **Anthony Mundy** Ella Novak Hannah O'Reilly Lucas Quillette Mikaela Pellerin Claudia Peterson Madyson Quimby Qasim Rabbani Tyler Reynolds Lauren Rioux Keira Rosario Chloe Ruane Lillian Ruane Fmma Sands Kate Sands Cody Sellick Eli Sjostedt Brady Smith Alexandra Sutton Damien Taylor Megan Wentworth Elizabeth Willette **Delaney Wright**







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School Notes

Narragansett School's sixth annual 5K race will be held May 5. To register online for the event or find our more information, visit www.runinarace.com. Paper registration can be picked up at Narragansett School. There will be face painting, a bounce house, and refreshments. The fun run is free and designed for children in second grade and younger. The 1-mile race is \$8 and the 5K is \$15. Race day registration is \$12 for 1-mile and \$25 for 5K.

Seventy Gorham students will be participating in the 29th Annual Steel Band Festival on Sunday, May 5, from 10 a.m. -4 p.m. at Shaw Gym, 75 South St.

The Gorham School of Music and Gorham Educational Foundation have partnered to present Recital Night on May 11 at 4:00 p.m. at the Gorham Middle School. Doors open at 3:30 p.m. Tickets are available at the door: \$10 per family/\$4 individually (children 5 and under are free). All proceeds will benefit the Gorham Educational Foundation and its efforts to support teachers and bring innovative projects into Gorham classrooms.

Superintendent Heather Perry has scheduled "Dunk and Discuss" events at Aroma Joe's on May 13, 21, 30 and June 5 at 7 a.m. Topics can be related to the proposed school budget, the Gorham High School building project, the K-5 Modular expansion, grading and reporting practices, or anything else folks wish to bring related to the Gorham Schools.

Gorham Art Teachers Named | Gorham's **Best in Cumberland County**

Lydia Valentine GHS Student Intern

This past February, nominations and awards arrived for Cumberland County Teacher of the Year. Each year, the Maine Art Education Association awards the top teachers.

This year, Amy Cousins, of Gorham Middle School, has been named Art Teacher of the Year and Allie Rimkunas, of Great Falls Elementary, is the Elementary Art Teacher of the Year.

Four other teachers from across the district (Heather Whitaker, Heather vanLuling, Melissa Mullin and Diane Knott) were nominated for **Cumberland County Teachers of the** Year, but did not continue the process.

Becky Fortier, Great Falls Principal said, "Allie impresses me with her commitment to lifelong learning. She successfully collaborates with her colleagues, takes advantage of several professional development opportunities offered in and out of the district, and continually takes classes."

Rimkunas, who has taught art for the past 14 years, is described as "charismatic" and "creative" and has introduced several new projects that are now part of the curriculum. This includes the Empty Bowl project where students, educators, and the community create a pottery piece to



ALLIE RIMKUNAS

signify hunger in the world. All proceeds are donated to the Gorham Food Pantry to support their efforts in local hunger.

"When I saw the email, I jumped up and whooped, surprising both cats," said Rimkunas. "I

never imagined I would win and I feel so honored to have been nominated and even more so to win."

She expressed that teachers work hard every single day and the greatest reward comes from knowing a positive impact has been made on students.

"Each year, several parents come to me specifically to praise Allie and the impact she's had on their children," said Fortier.

Cousins, is one of two art teachers at the middle school, teaching seventh and eighth grades. She has taught for 20 years in Gorham, and focuses on learning outside the box. Many students see her as an inspiration and love the free-spirited class she commands.

"Visual arts education is a journey through the creative thinking process, self-discovery and personal reflection," said Cousins. "This is true not only for the students, but for the teacher as well; we learn from each other. I feel very fortunate to be able to share this life-long learning experience with my students and look forward to many more years to come."

Editor's Note: A photo of Amy Cousins was not available at press time.

Full of Talent



Gorham's Got Talent winners (left to right): Kasey Cummings (People's Choice), Lauren Preis (Third place), Dezzy Look (Second Place), and Emelia Bailey (First Place).

> MATTHEW MURRAY GHS Vocal Music Teacher

The eighth annual Gorham's Got Talent competition was held at the Gorham High School (GHS) **McCormack Performing Arts Center** on March 29.

The competition, sponsored by the Class of 2019, featured 21 acts by students from GHS and Gorham Middle School (GMS). Emcee for the evening was senior Griffin Lord who entertained the crowd with his original stand-up comedy.

The contestants were judged by three entertainers from the Greater Portland area: JD Raines, Suzi Assam, and Jeanette Villanueva (GHS Class of 2012). Cash prizes were awarded for first, second, and third place and a People's Choice trophy was awarded based on a live audience vote.

Eighth grader, Emelia Bailey, was the \$100 first prize winner. She performed "O Mio Babbino Caro," an aria from the opera "Gianni Schicchi." The \$75 second place award went to senior Dezzy Look who performed an original hip-hop dance routine. The \$50 third place award went to

senior Lauren Preis, who sang Edith Piaf's famous song "La Vie en Rose" in the original French language.

The People's Choice award winner, chosen by an online vote from the audience, went to junior Kasey Cummings who sang "All I Want," by the band Kodaline.







The Amazing GHS Race



The Class of 2022 hosted an Amazing Race Scavenger Hunt fundraiser at Gorham High School on April 5 with over 29 teams and roughly 120 participants, including students of all ages, parents, and even a few alumni. The winning team, pictured above (left to right) with Emily Esposito, Sarah Drury, Rachel Caiola, and Mike Caiola, finished decoding their series of 24 clues in just under an hour. A great time was had by all, and the freshmen class raised \$677 at the event. Thank you to everyone who joined in, helped out, participated, and donated.

What's Your Story?



News Center Maine (WCSH) reporter Rob Nesbitt shared his story with Gorham High School students who are interested in careers in journalism and communication as part of the ongoing Aspire Gorham Career Speaker Series. Pictured above, Community and Career Coordinator Eliza Kenigsberg connects students with professionals during the school's student support block on Wednesdays and Fridays. To learn more, email eliza. kenigsberg@gorhamschools.org.



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Are You Considering Homeschooling?

KATHY GREEN Homeschoolers of Maine

Today, more and more families are choosing to educate their schoolaged children in a setting that is homebased, parent-directed, and privately funded. Currently, there are well over 2.3 million home-educated students in the United States. In Maine, the latest estimates indicate over 6,000 are homeschooled. (According to Superintendent Heather Perry, there are 57 homeschool students in Gorham across grades K-12.)

By law, these homeschools are separate from the public school system. Parents take full responsibility for their children while they are being homeschooled. They legally direct the education process by choosing and adapting curriculum, determining academic needs and goals, and providing the framework for learning to take place.

Under Maine law, those wishing to begin homeschooling a child (who has reached his or her 7th birthday or who has not yet reached his or her 17th birthday) for the first time in Maine must file a written notice of intent with the local school superintendent and the Department of Education in Augusta. Instruction must be provided for at least 175 days annually and cover the following subjects: English and language arts, math, science, social studies, physi-

cal education, health education, library skills, fine arts, Maine studies (in at least one grade between grades 6 and 12); and that the student(s) will demonstrate proficiency in the use of the computer (in one grade between grades 7 and 12). Each subsequent year, by September 1 the family must file a "subsequent year" letter and enclose a copy of the previous year's annual assessment results for the child.

Once letters have been filed, homeschoolers need resources and support for continued success. Over the years, an incredible homeschool marketplace has developed to meet the demand for high-quality materials that teach, inspire, and engage children in the learning process, as well as support and guide parents. Today, there are so many options that it can seem overwhelming.

Homeschoolers of Maine (HOME) is the only statewide non-profit organization serving homeschoolers in Maine. The organization has been offering information, activities and events since 1990. Its "23rd Annual Used Curriculum Sale & Expo" will be held on Saturday, May 18, at the Augusta Armory and will include homeschool family-owned and operated businesses, those who serve homeschoolers, local businesses, and individuals. Visit the HOME website at homeschoolersofmaine.org or email homeschl@midcoast.com for more information.



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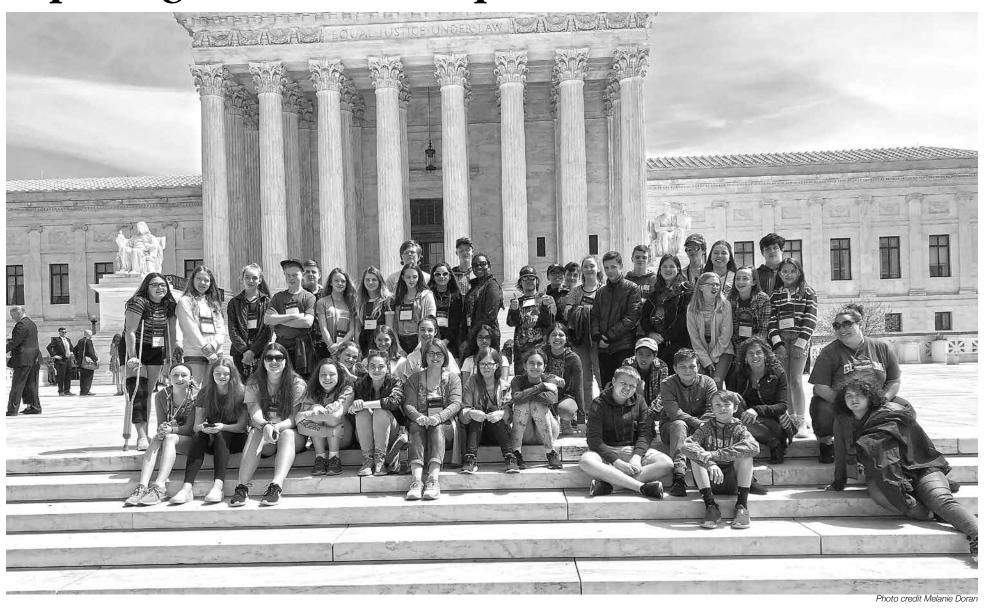


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Exploring our Nation's Capital



Over April vacation, eighth-grade Gorham Middle School teacher, Melanie Doran, brought 42 eighth-grade students to Washington D.C. to explore the Capital. While there, students explored the Capital, Library of Congress, Arlington National Cemetery, Mount Vernon, various monuments, museums, and the zoo.



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Congratulations to Hope Chancey for winning the raffle basket!

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Local Groups Hope to Build Pump Track in Town

DESTINY COOK Sports Editor

Local businessman, Rob Lavoie, is working with others in the community to build a pump track in a lot behind Gorham Middle School. According to Greater Portland New England Mountain Bike Association (GP NEMBA), a pump track is a closed-loop trail circuit made of a series of banked turns and "rollers," which are best understood as smooth, raised bumps. The loop is designed to be ridden by "pumping" your bike with your upper body while minimizing pedaling.

Riders of all abilities from young children on balance bikes to experienced adults enjoy pump tracks because they allow each user to improve bike handling skills. Novice riders learn handling skills that are independent of pedaling, developing the "bike-body separation" that is essential to effective, efficient trail riding. Experienced riders gain speed and perform tricks on the rollers.

Lavoie, a member of the GP NEMBA, has served on the Gorham Conservation Commission (GCC) for the last eight years. In becoming a member of these groups, he hoped to form relationships and help build trails on both public and private land in the community.

"There is no track in Southern Maine and I felt our popular trail network in Gorham was a great place to build one," he said. A pump track park can enhance a community in many ways by providing another opportunity for Gorham's community members and visitors to enjoy the outdoors in

a safe and healthy manner. Perhaps most importantly, pump tracks are places where families can go together, fostering both a love of bicycles and outdoor recreation.

The group received approval from the Town for the parcel of land next to Gorham Middle School. GP NEMBA and GCC felt would be an ideal location for the pump track. The location is a high traffic area with the athletic fields and existing trail systems. Gorham currently has a trail network that is 21 miles long.

The cost of the pump track is \$17,000 and the group is looking at different alternatives to fundraise for the project. GP NEMBA is having its Spring Social at the new Sebago Brewing Tasting Room in Gorham on May 2 where they will accept donations as well as gather ideas on how to raise funds. At this time, the group has raised approximately \$10,500 with donations from a local church, Gorham Savings Bank and the GP

Lavoie said they will be happy to accept monetary donations from individuals and businesses, however, inkind donations such as materials and equipment would be helpful as well. All funds raised over the amount to build the track would go into a maintenance fund.

Lavoie added, "It's a community thing for me and I'm invested in our community. Doing anything outdoors is far better than being inside."

For more information, email PORTLANDNEMBA@gmail.com or visit the Greater Portland NEMBA Facebook page.



The Greater Portland New England Mountain Bike Association and the Gorham Conservation Commission have created a concept plan for a new proposed pump track in Gorham.

Sports Etc.

GHS Grad Reaches Lacrosse Milestone: Aliza Jordan (GHS '15/ USM '19) became the second USM Women's Lacrosse player to reach 200 career points. With 201 points currently, Jordan is poised to add to her total as the Huskies enter the playoffs.



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Join Us for A Meet & Greet Saturday, May 4 from 12PM - 2PM Saturday, May 18 from 12PM - 2PM Sunday, May 26 from 12PM - 2PM

THANK YOU to all of you who work so hard to educate and care for us and our children. You are greatly appreciated!

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9 a.m. – 5 p.m.

Sunday, May 5th

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REGISTER: go to GORHAM SPORTS PAGE on FACEBOOK or REGISTER AT SITE ON FIRST DAY OF SESSION

COME JOIN THE FUN

Hall of Fame Recognition



DESTINY COOK Sports Editor

In recognition of her outstanding play during the 2018-2019 season, Mackenzie Holmes' (GHS '19) Gorham Rams jersey will hang from the rafters of the Women's Basketball Hall of Fame in Knoxville, TN.

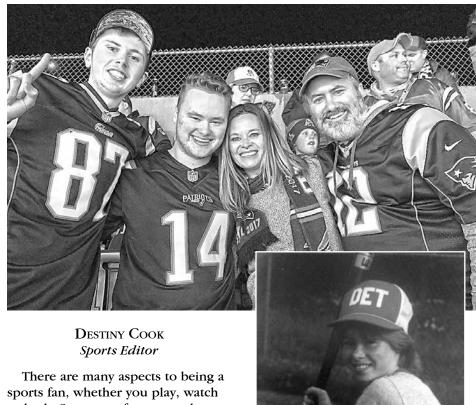
In a letter to Coach Laughn Berthiaume, Josh Sullivan, Director of Basketball Operations & Technology, said the Hall would like to "borrow" Holmes' jersey to display in their "Ring of Honor" which provides a colorful backdrop for the Hall and recognizes some young basketball players for their achievements in the sport.

Julie Chandle

"Currently we have over 100 jerseys hanging in the Ring of Honor, including high school and college All-Americans from the 2017-2018 season. With that having been the case since the Hall of Fame opened in 1999, you can imagine the caliber of players' jerseys that have once hung in our rafters. Without a doubt, Mackenzie Holmes is definitely a part of the elite group, and a part of history now too!" Sullivan said.

If you have sports news or an event you would like to share, email gtimessports@gmail.com

Being A Sports Fan is More Than Just the Love of Sports



Photos courtesy of Destiny Cook

Sports Editor Destiny Cook at age 10, and with her "Pats group" (left to right) Travis Emerson, Seth Cook, Destiny Cook, and Mike "Grizz" Tanguay.

or both. Sports are fun to watch when your team is doing well, and true fans usually watch even when they're not. It's a competition and no matter the sport it can be exciting and action packed. I am one of those sports fans who loves all sports. However, what I want to share for those who may not enjoy sports is

Continued on Page 13











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sunlit open 1st flr plan w/ hardwood & tile floors. Spacious granite kitchen & huge master bedroom. Open 1.78 acre lot.



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Being A Sports Fan is More Than Just the Love of Sports CONTINUED FROM PAGE 12

this; loving sports is more than just being a jock or a fan cheering obnoxiously for a specific team, it's really about relationships.

When my grandfather, Edwin "Papa" Stover Jr., passed away in 2002 I was able to put a small memento in his urn. I found a golfball with the Red Sox logo on it and I knew that would be perfect. When I was a very little girl, I would go for weekends to my grandparents' house in Bangor (I lived just across the bridge in Brewer). I have very special memories of picking raspberries in his garden and going inside to watch the Red Sox games. He was a true fan and I loved being around him. My love of sports began because I loved my grandfa-

I felt lucky to have this incredible connection with my Papa through baseball. It is something I will remember and cherish forever. He would come to my Lassie League Softball games and was one of my biggest cheerleaders. I remember during the 1986 World Series we said, "This is it! The curse might be broken!" I also remember where I was when the ball went through Bill Buckner's legs and needing to talk to him about it.

During college summers, I lived with my Papa. It was the early 1990's and there wasn't much to be happy about where the Red Sox were concerned, but we still watched together. When the Sox would have a particularly bad game,

in frustration, we would shut the television off. I would go up to my room and he would tinker in the garage, but he would always turn the radio on and I would turn my tv on just in case something happened. I learned my appreciation for listening to the Sox on the radio from my Papa. When the Sox won the World Series in 2004, he was the first person I thought of.

Baseball isn't the only sport I love; I actually enjoy them all. In 1998, I met my husband Dan, and interestingly enough, he is not a sports person. Watching all of the New England Sports teams can be a challenge so I tend to pick and choose. Right after we met I remember him asking (half jokingly), "Why do you like the Patriots? They always lose." I responded, "Because I'm faithful."

What means the most to me is each and every memory of watching games with good friends and family over the years. As season ticket holders for the Patriots since 2012, we've had many opportunities to attend games. My youngest Jacob, like my husband, does not love sports. My oldest, Seth, does and would emerge as my "sports buddy" throughout the years. Suddenly, I wasn't just his mom, nagging him about his homework or whether he'd taken a shower, we shared an interest and have both learned from each other when it comes to sports. Today he is a college sophomore and we talk every day, with many of

our conversations revolving around what's happening in our sports

When attending the Pats games, Seth and I each bring a friend. My extra seat goes to Mike "Grizz" Tanguay, who I refer to as my "sports husband." We met in college and he married my best friend, Lori. Our spouses like that we both have the same interests and can share our experiences. Seth's pick is usually his friend Travis Emerson, who appreciates the game as much as he does. Not only do we attend games together, we have a group text so we can talk about the latest news and our thoughts on it. On game days, our phones blow up as we comment on significant plays and share excitement as only New England sports fans can.

It's not only in watching professional sports where relationships develop. When Seth entered Kindergarten, I remember having no idea what I was doing. Our first child was officially off to school and I was overwhelmed. I wondered how he would make friends. Not only that, how would I make friends? I signed him up for soccer through the Gorham Recreation Department.

Walking across the field that first sunny Saturday morning to his "Red Team," one of the coaches walked up to shake my hand and said, "I'm Dave Eid." I laughed and stated, "I know who you are! You're the only reason I watch the news!"

347 Main Street

I would go on to have quite a few memories with Dave including one during the American League Championship Series (ALCS) in 2004 when a conflict between a Red Sox game and Gorham Rec's annual "soccer under the lights" resulted in my bringing a little transistor radio so I could listen and share the latest with other parents.

My fears subsided as we went through that first youth soccer season. Each Saturday we stood on the sidelines with parents in our same situation, watching the blob of red and (insert color here) shirts follow the soccer ball around the field. We all formed friendships that would last. What began with our children starting their journey, turned into book clubs, mom's nights out, and sometimes catching a Sea Dogs or Red Sox game all together.

While some might see me as "just" a sports fan, I hope this will give pause. When you really look you will notice it's not just about that, it's something deeper. It's a flood of memories with family and friends who have influenced me. It's about making new memories and meeting new friends. Being a sports fan is really just about our relationships.

Editor's Note: Dave Eid, long-time Gorham resident and local sportscaster, recently announced he is taking a leave of absence from WGME/FOX due to open heart surgery. The Gorham Times wishes him well.

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OF INTEREST

There will be a public meeting on May 2 at 6 p.m. at the Gorham Municipal Center to discuss the improvement of the Little River Bridge.

Baxter Digs Reading is a new program at the Baxter Memorial Library. Baxter, a Standard Poodle Therapy Dog who loves to be read to, will be visiting the library a couple of Tuesdays each month. The library also announced a new program in partnership with the Animal Refuge League of Greater Portland, Read to Animals with ARLGP, which gives less confident readers the chance to practice reading with an attentive (and furry) listener, and give shelter animals a field trip and opportunity to meet new people. Call the children's room at 222-1190 to sign your child up for a 15 minute spot with Baxter on May 7 and with an ARLGP animal on May 8, both events between 3:30-4:30 p.m.

Baxter Memorial Library's Discovery Storytimes are designed to introduce children to books and libraries in a positive and enjoyable way, using stories, music, and movement to present and enhance early literacy skills and foster a love of reading. Three different agespecific programs are offered each week. Find them all in the calendar section.

Cressey Road United Methodist Church will hold a two-day Rummage & Perennial Sale on Friday, May 3, from 9 a.m.-2 p.m. and Sat, May 4, from 9 a.m.-1 p.m. Clothes, dishes, books, furniture, toys, perennials and more. "Fill a grocery bag for a dollar" on May 4 from 11 a.m.-1 p.m. Refreshments served. Donations accepted Apr. 30 - May 2 from 9 a.m.-7 p.m. One of the best recycling events around. 81 Cressey Road, Gorham.

The Presumpscot Regional Land Trust Volunteer Water Stewards training led by the Maine DEP will be held on Saturday, May 4, from 10 a.m. to noon at USM Gorham. Volunteers collect water samples and data every other Saturday morning from mid-May through mid-September. Water Stewards are placed in teams of 2-3, so you do not need to be available for every sampling day. Registration required https://www.prlt.org/waterstewards-sign-up. FMI 839-4633.

The North Gorham Cemetery Association will hold its Annual Meeting on May 7 at 7 p.m., 4 Standish Neck Road. FMI: Ben Gilman, bgilman@mainechamber.org, 838-7564.

Cressey Road United Methodist Church will host a Maine Pops Concert Band Benefit Concert on Wednesday, May 8, at 7 p.m. Tickets are \$15 at the church or online at cresseyrdumc.org, 839-3111. All proceeds will benefit the CRUMC Youth Mission Fund, which supports the youth in the CRUMC congregation and the Gorham community participating in mission work in our local community and beyond. 81 Cressey Road, Gorham.

Jacob Clowes (GHS '14) debuts his first short film, "The Most Precious Thing," on May 9 at the Nickelodeon Theater in Portland during the Maine Mayhem film festival at 6:00 p.m. and 8:45 p.m. Tickets are \$10. Pre-sale tickets and trailers are available online on the Nickelodeon Cinemas website.

Baxter Memorial Library will hold The Big Kid and Basketball Author Event, a resource for parents, coaches and student athletes on Thursday, May 9, at 6:30 p.m. "The Big Kid and Basketball...and the Lessons He Taught His Father & Coach" by Thomas Dahlborg tells the story of a child who overcame the impact of bullying though resilience, sports, faith and love, and how he taught his dad courage and determination.

Join PRLT on Saturday, May 11, at 10 a.m. for the Grand Opening, Ribbon Cutting and Guided Walk at the new Nelson Preserve on Flaggy Meadow Rd. The guided walk will follow the new 1.5 mile loop trail and the program will last about 2 hours. Registration required at https://www.prlt.org/event-sign-up-nelson.

The Gorham Community Chorus will present a concert featuring songs from Broadway musicals on Sunday, May 19, at 7 p.m. at McCormack Performing Arts Center, Gorham High School, 41 Morrill Avenue. A donation is suggested.

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NEXT GORHAM TIMES DEADLINE: MAY 8

SENIOR NEWS

Lakes Region Senior Center, located at the Little Falls Activity Center, 40 Acorn St. is open Monday through Friday from 9 a.m. to 1 p.m. Join them daily for coffee, tea, and socializing. Ongoing daily activities include Mahjong on Mondays - beginners welcome. FMI, Sue Chesler-Doherty, 272-3095; Tuesday crafts and card games. FMI, Avis 892-0298; The Memoir Writing Group meets the last Wednesday of the month. FMI, David 892-9604; Thursday Table games at 10 a.m. and Friday Art Workshops at 9 a.m. FMI 892-0299.

Lakes Region Senior Center will host a potluck luncheon with delicious samplings from some of our best "cooks" on Monday, May 13, at 11:30 a.m. Members can bring an entrée to share, or pay \$5. Non-members' cost is \$8. Entertainment by Alex and Themia, who will be singing songs from the 40's and 50's, begins at 12:15 a.m.

Senior Meal Site is held on Wednesdays at 12 p.m., St. Anne's Church, 299 Main St. Cost is \$4. Volunteers are needed to assist in meal prep and clean up. FMI call 839-4857 or 222-1630.

The Lecky Brown Center for Seniors, located on the 3rd floor at First Parish Church, 1 Church St., is offering weekly events as follows: Wednesdays Originals @ 10 a.m. (May 8: Memory Lane/the Fabulous 50s and May 15: Dana Perkins/Pearl Harbor thru my father's eyes); Thursdays Church Street Writers - on hiatus until June 6; Fridays ARTrageous Seniors @ 10 a.m. (May will feature Book & Paper Arts: quilling, decoupage, card making, etc). FMI: Lisa Becker, 835-9379 or leckybrowncenter@gmail.com.

The Gorham Medical Loan Closet located in the Rec. Dept. building loans freely to any Gorham citizen who is in need of medical items such as wheelchairs, commodes, walkers, etc. The closet is running low on many of the necessary medical loan items and would like to ask Gorham residents to return any items they are not using by calling 839-3859 or 839-2484. If anyone has any medical items they might like to donate, please call us. Due to lack of space, hospital beds are not accepted. FMI 839-3859, 839-2484, 329-4976, 632-2178, 839-3494, 839-3630. Hours are by appointment only. Leave a message and a volunteer will return the call.

PUBLIC SUPPERS

White Rock Community Clubhouse, 34 Wilson Rd., will hold a Bean Supper on Saturday, May 4, from 4:30 to 6 p.m. Homemade kidney and pea beans, hot dogs, cole slaw, potato salad, macaroni and cheese, homemade biscuits, as well as homemade pies for dessert. Adults: \$8/Children under 12: \$4. FMI, whiterockcommunityclub@gmail.com.

USM NOTES

On May 2, the Department of Theatre Showcase highlights the current work and creative ideas of students and faculty in a relaxed format. Free. FMI: Theatre Box Office at 780-5151, or online at usm.maine.edu/theatre.

As the semester winds down there only a few student recitals remaining at Corthell Hall on the USM Gorham campus. Student recitals are always free and open to the public, and attending is a great way to support the students and appreciate their hard work and exceptional talent. Find the complete listing of concerts and events at usm.maine.edu/music/ events.

Every summer, the USM School of Music offers five Summer Youth Music and Theatre Camps on the Gorham campus, serving students from 5th to 12th grade. Some sections are already filled, but a waiting list is always kept, so registration stays open right up to the start of the camps. Of particular interest to Gorham parents is the day camp, a great way to keep your first-year band musician (grades 5, 6 and 7) developing their instrument skills over the summer. Learn more at usm.maine.edu/music/summercamps, loria@maine.edu, 780-5142.

Transfer Tuesday and Campus Tours: On Tuesdays, students interested in transferring to the University of Southern Maine (USM) are welcome to get an in-person admission decision during a 30-minute interview with a counselor. Email transferusm@maine.edu or call 207-780-5670 for more information and to schedule an appointment. On Wednesdays, the Office of Admissions offers a 75-minute informational session and guided walking tour of the Gorham campus. Groups of more than five should contact the office to request a group visit.

Just a hop, skip and a jump from Gorham is the Southworth Planetarium in the Science Building on the Portland campus offering shows daily through the summer. Learn more at usm.maine.edu/planet/events, 780-4249 or email edward.gleason@maine.edu.

CONTINUED ON PAGE 15





CONNECT, CREATE, CONTRIBUTE MAY 2019

The Lecky Brown Center invites you to join the Originals on Wednesday, May 8 @10am for the "Fabulous 50's" music and May 15 for Dana Perkins & Pearl Harbor thru his father's eves. ARTrageous Seniors meets on Fridays at 10am in May for Book & Paper Art projects. Lecky Brown Center, First Parish Church, 1 Church St. Gorham

FMI: Lisa Becker 835-9379 or leckybrowncenter@gmail



JEEP OWNERS BE LIKE

Officers were called to the USM campus for another report of a jeep driving erratically with people on the roof. Officer found the jeep parked in a handicapped space but no one was around. There were fresh footprints but USM and Gorham officers were unable to locate the owner. USM PD wrote a ticket for parking in a handicapped spot.

In a road rage incident, one driver passed another and slammed on his brakes, causing the truck to strike his vehicle. The driver at fault was cited for two traffic violations. This was an intentional event with minor damage to both vehicles and neither party wanted to pursue it further.

Man had questions about dueling protection from abuse orders he and his wife had on each other. He had already been advised to consult his attorney and was again advised to do so.

Suspicious person on Fort Hill Road was making a delivery from a furniture store and went to the wrong address.

Suspicious person on South Street was a man coming back from ice fishing with friends.

Caller wanted to report his car had been damaged at the car wash. He was told to contact management at the gas station as it was a civil issue.

Woman came to PD to report daughter was being harassed by a former boyfriend. She was advised of daughter's options. Officer

left two voicemails for ex-boyfriend to warn him to stop making phone calls. He failed to return officer's calls.

Paulin Drive caller reported someone choking on a jelly bean. By the time the call came through to 911, the husband had gotten the jellybean out and everything was all set. Woman said she overreacted and no longer needed rescue.

Officer went to Finn Parker Road for a he said-she said disturbance. No one wanted to press charges and everyone was issued a disorderly conduct warning.

A warning was issued to a man for leaving non-recyclable items at Public Works. Man took his gaming table back with him.

Lincoln Street caller reported his ex-wife was doing a walk through of the house with a real estate agent. He had been told it was to be done with a police escort as she had not lived there for two years. He was advised to call police if there were problems on day of walk through but it was a civil issue as they both have been told on numerous occasions.

Of Interest CONTINUED FROM PAGE 14

ON-GOING

The Gorham Food Pantry, located at 299-B Main St (parking lot of St. Anne's Catholic Church) is open every Thursday morning from 9-11 a.m. and the second and fourth Wednesday of every month from 6-7 p.m. Free for Gorham residents in need. FMI, 222-4351 or visit www.gorhamfoodpantry.org.

The Gorham Lions Club meets on the 2nd and 4th Tuesdays of every month through the Fall at the Old Elmwood Schoolhouse on South Street (Rte. 114). Meetings are held at 6:30 p.m. New members always welcome. FMI, 929-9182.



CLASSIFIEDS

FOR RENT

Newly Renovated 2 Bedroom, 1 Bath (half duplex) on Mosher Road in Gorham. Washer/Dryer, basement storage included. \$1,000/mo. plus utilities. Available May 1st. Please respond to pbrown@shawbrothers.com.

FOR SALE

http://tinyurl.com/spoiledbymyboyfriend. Go now, and check my fun shirt out and make that purchase today. Prices start at \$21.99 for a snazzy short-sleeved shirt and on up.

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SERVICES

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CALENDAR

THURSDAY, MAY 2

Baxter Memorial Library:

- 9:30-9:50 a.m., Baby Discovery Time (birth-18mo)
- 10 a.m. Book Club Discussion of "Becoming" by Michelle Obama
- 10-10:30 a.m. Toddler Discovery Time (18-36mo)

Little River Bridge Public Discussion, 6 p.m., Gorham Municipal Center

FRIDAY, MAY 3

Rummage & Perennial Sale, 9 a.m.-2 p.m., Cressey Road United Methodist Church

SATURDAY, MAY 4

Rummage & Perennial Sale, 9 a.m.-1 p.m., Cressey Road United Methodist Church Presumpscot Regional Land Trust Volunteer Water Stewards Training, 10 a.m., USM

West Gorham Union Church Public Supper, 5 p.m., 190 Ossipee Trail

MONDAY, MAY 6

Toddler Discovery Time (18-36mo), 10-10:30 a.m., Baxter Memorial Library

TUESDAY, MAY 7

Baxter Memorial Library

- 9:30-10:15 a.m. Preschool Discovery Time (3-5yrs)
- 3:30-4:30 p.m. Baxter Digs Reading.

North Gorham Cemetery Association Annual Meeting, 7 p.m., 4 Standish Neck Road.

WEDNESDAY. MAY 8

Read to Animals with the Animal Refuge League, 3:30-4:30 p.m, Baxter Memorial Library. Maine Pops Concert Band Benefit Concert, 7 p.m., Cressey Road United Methodist Church

THURSDAY, MAY 9

Baxter Memorial Library

- 9:30 -9:50 a.m. Baby Discovery Time (birth-18mo)
- 10-10:30 a.m. Toddler Discovery Time (18-36mo)
- 2:30-4:30 Sewing Club
- 6:30 p.m. "The Big Kid and Basketball" Author Event with Thomas Dahlborg

MONDAY, MAY 13

"Understanding Antique Homes in Gorham" with Linda Griffin, 6:30 p.m., Gorham Municipal Center

TUESDAY, MAY 14

Gorham Lions Club meeting, 6:30 p.m., Old Elmwood School House on South Street (Rte. 114).

WEDNESDAY. MAY 15

STEAM for 8-12 yr olds, 1:30-2:30 p.m. (early release day), Baxter Memorial Library

THURSDAY, MAY 16

Baxter Memorial Library

- 9:30-9:50 a.m. Baby Discovery Time (birth-18 mo)
- 10-10:30 a.m. Toddler Discovery Time (18-36 mo)

FIND MORE DETAILS ABOUT MANY OF THESE EVENTS IN THE "OF INTEREST' SECTION ON PAGE 14.

Direct Support Professionals Wanted

Goodwill NNE seeks caring people for our Gorham program, FT openings, multiple shifts. Duties: meal prep, light housekeeping, assistance with ADLs, transportation. No certs required. training provided. Hourly \$11.50-12.50, DOE. Required: High School/GED, Driver's License, Pass a Post Offer Physical and Background Check. Goodwill offers growth potential; great working environment; medical, dental, vision and life insurance; 30% discount at our stores in ME, NH and VT. Good works here! Apply online https://bit.ly/2Vt5IEN or send resumes to jobs@goodwillnne.org.

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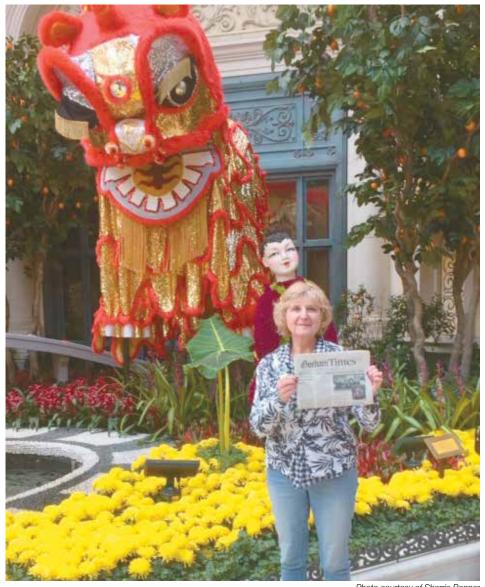
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The GT Travels



Sherrie Benner enjoyed reading a copy of the Gorham Times on a recent visit to Vegas while attending the Berkshire Hathaway HomeServices real estate convention. She is pictured at the Bellagio Hotel gardens. Have you traveled someplace exciting with the Gorham Times recently? Share a photo with us at gorhamtimes@gmail.com.

THANK YOU GORHAM

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(207) 887-8330

6.3 miles away



Store

Windham, ME 31 Landing Road

(207) 892-8463

12.0 miles away

Little Hands Make a Big Difference in Gorham



In celebration of Earth Day on April 22, 6-year-old Emilee Hamblen, a first grader at Great Falls Elementary School, begged her parents to help her pick up trash along Route 202 near their home so she could "be good to the Earth and make it pretty!" Despite a rainy first day, Hamblen persevered and was successful in collecting two full bags of trash.

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