

# Gorham Times

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A Not-for-Profit Newspaper Serving Gorham Since 1995

## HAPPY SUMMER, GORHAM

TAKING A SUMMER BREAK: TO HONOR THE HARD WORK OF OUR STAFF AND VOLUNTEERS, THE GORHAM TIMES WILL ENJOY A SHORT BREAK AFTER THIS ISSUE. THE NEXT ISSUE WILL BE DATED JULY 25.

### State Champs



Photo by Michelle Michaud

The Lady Rams are state champs in the 4 x 100 relay. Shown left to right: Freshmen Emma Green, Sydney Connolly, and Maddie Michaud along with sophomore Nevaeh Moore won with a time of 50.20 seconds. The time also became a new school record which they had set the week before.

### Main Street Construction Begins

Courtesy of Maine Department of Transportation

The Maine Department of Transportation (MDOT) was scheduled to begin paving work along Route 25 (Main Street) in Gorham and Westbrook on June 14. Shaw Brothers Construction is the contractor of the project which includes improvements to traffic signals, drainage, water mains, and safety. The anticipated completion date is August 1, 2020.

The project area begins where Route 25 intersects with Cressey Road in Gorham and extends east for approximately five miles, ending at the southeastern most intersection of Route 25 and Conant Street in Westbrook.

Two-way traffic will be maintained during daytime hours. There will be one-way, alternating traffic during some night work. All milling and paving work will be done at night.

The MDOT has done paving and sidewalk improvement work on Route 237 (Mosher Road). The project began one-third of a mile north of Queen Street and extended north to the Route 202 intersection. Glidden Excavating & Paving, Inc. of Gorham was the contractor on this project, which was scheduled to be finished by June 21.

## USM's Gorham Campus Undergoing Major Renovations

DIANE ABRAMSON  
Staff Writer

The University of Maine is planning major renovations to its Gorham campus for the 2019-2020 school year as part of a \$7 million investment. At the forefront is a \$2 million dining hall renovation which started in May and is scheduled to be completed before students return in the fall. The cost of the project is being paid for in partnership with Sodexo, the university's food services and facilities management company.

"We've received extensive feedback from our students and want to provide a bigger menu, more options, and a cleaner, more appealing look to the facility."

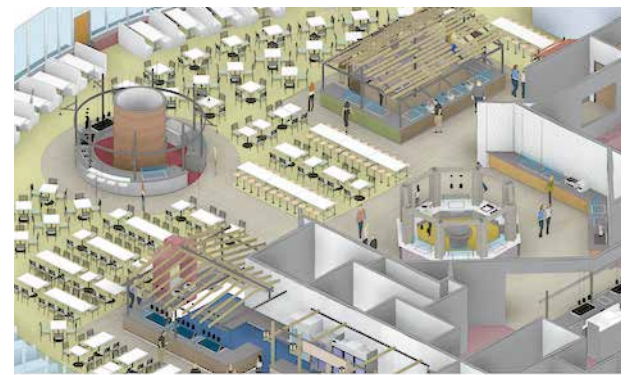
The renovated dining hall will include a health and wellness station with a full salad bar, smoothies, and made-to-order deli sandwiches; a Simple Servings station catering to students with food allergies; a You-Cook area which will allow students to prepare their own meals; a gas-fired brick oven for pizzas and pasta; and a

stir-fry kiosk. Additionally, more than 100 seats will be added, increasing the dining hall's capacity to 475.

According to Nancy Davis Griffin, Vice President for Enrollment Management & Chief Operations Officer, "we have a record number of students signing up for housing due in large part to the dining hall and campus renovations. In 2015, we had 1,000 students living on campus. For the 2019-2020 school year, we will be at maximum capacity of 1,450."

In addition to the dining hall renovations, Woodward Residence Hall will undergo extensive renovations to its main lobby, bathrooms, and stairs, as well as a fire alarm replacement. "One and a half million dollars will be put into Woodward Hall alone. This includes a first floor facelift that will really transform the hall," said Griffin.

Additional structural and mechanical work to be completed this summer includes replacement of the Brooks



Graphic courtesy of USM

USM students will return to a new dining hall this fall as part of the university's renovations.

Dining Hall roof, installation of an emergency generator and replacement of electrical service at the Brooks Student Center, removal of existing ceiling tiles containing asbestos in Bailey Hall, and replacement of the Hill Gym floor.

The Academy Building is also showing signs of wood rot, which Griffin says is in the works to be repaired. "We want to honor the historical significance of the building. We currently have specialists evaluating the problem and hope to start repairs this summer that are in line with maintaining the historical importance of the building."

CONTINUED ON PAGE 6

## USM Will Not House Asylum Seekers

KATHY CORBETT  
Staff Writer

In response to as many as 300 asylum seekers arriving in Portland in early June, the University of Southern Maine offered to house up to 200 people in a Gorham Campus dorm until August 3. Portland City Manager Jon Jennings, however, declined the offer because "the city has decided to focus on providing more long-term housing alternatives," but added that he was "so appreciative of the USM offer."

In a message to the USM community, President Glenn Cummings thanked those "who worked so hard to figure out how we could do this and many others who offered to volunteer once families arrived."

On June 19, representatives from five local communities who are members of The Metro Regional Council (MRC), a working group of The Greater Portland Council of Governments (GPCOG), met to discuss how their towns could aid the asylum seekers. They plan to reach out to landlords and developers in their communities to find vacant housing for about 60 families still at the Expo in Portland. Town Council member Virginia Wilder-Cross represented Gorham at the meeting. She said, "As soon as we know what the specific needs are, the Town of Gorham is prepared to assist."

Most asylum seekers are from the Democratic Republic of Congo or Angola and fled violence in their home countries. They arrived at

the U.S. border and are legally free to move around the country while they seek asylum in the immigration courts. A 1994 immigration law prohibits them from working until they are granted asylum, or until 180 days after they make application.

MRC is investigating offers from residents of surrounding towns to take in families while their asylum cases are being processed. In addition, some communities are tapping their tight General Assistance budgets for aid. Governor Janet Mills has given assurance that the state will offer some assistance, but there is concern about the cost to taxpayers. However, donations to non-profits from individuals, organizations, and some municipalities are assisting with the emergency response.

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**ELDERS & EXERCISE  
ARTICLE PAGE 11**

Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

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Gorham, Maine 04038  
Phone and Fax: (207) 839-8390  
gorhamtimes@gmail.com  
www.gorhamtimes.com

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# A Bipartisan Budget and Gorham Main Street Reconstruction

REP. ANDREW MCLEAN

Last week, the Legislature passed the state's two year budget with bipartisan support. While no budget funds everything, I am confident that this budget addresses concerns about school funding, health care coverage, property tax relief and our most pressing needs. This budget was constructed within the state's financial means, and I'm happy to report that there was money left over to put into the "Rainy Day" fund.

In education funding, we allocated an additional \$111 million for K-12 public education to support our teachers and students. We've also invested \$18 million into the School Revolving Renovation Fund, which supports schools in need of repair.

I am most excited to share the property tax relief included in this budget. When I knocked on doors last year, the biggest take away was that property taxes continue to rise and more needs to be done in Augusta to help our seniors and working families. This budget increases revenue sharing to 3% in 2020 and 3.75% in 2021. This means there will be more funds for municipalities to provide services to their communities without needing to rely on raising property taxes or cutting certain services to make ends meet.

This budget also increases the Homestead Exemption by \$5,000,

and municipalities will now be reimbursed for 70% of the revenue they lose through the exemption. This helps our property taxpayers and ensures towns are not burdened by an increased loss of revenue.

I'm glad to report we put \$125 million towards MaineCare expansion that will be matched by \$700 million in federal funds. As I said in my last column, nearly 20,000 people were able to enroll into the MaineCare program between January and the beginning of May. Many of our neighbors are now receiving the care they need that was previously out of reach.

These and other portions of the budget came together in a bipartisan way, and I want to thank my colleagues on the Appropriations and Financial Affairs Committee for their hard work. This is a budget I was proud to vote for.

On a local note, I am pleased to announce that the MaineDOT will begin the reconstruction of Main Street this summer – a project our community has been waiting for for many years. For a number of reasons, the project was delayed several years; however, several weeks ago, I met with the DOT Commissioner and town officials to finalize plans for the project to begin this summer. This project will involve improvements to traffic signals, drainage, water mains, and safety.

The project will begin soon and will be completed around August 1, 2020. The reconstruction will begin where Route 25 intersects with Cressey Road in Gorham and extends east for approximately five miles, ending at the southeasternmost intersection of Route 25 and Conant Street in Westbrook. Two-way traffic will be maintained during daytime hours, but there will be one-way, alternating traffic during some night work. This is one of the most significant projects undertaken in Gorham in many years, and the end result will be a much better Main Street.

As the legislative session comes to a close, I want to remind residents that our legislative office remains active year-round. If you are having difficulty navigating state agencies, have questions about policymaking or just want to voice your concerns, please be in touch. I also send out periodic e-mail updates throughout the year. If you would like to receive these updates, let me know by e-mailing me.



Rep. Andrew McLean, D-Gorham, is serving his fourth term in the Maine House. He is House Chair of the Transportation Committee and represents parts of both Gorham and Scarborough. (207) 939-8482, (800) 423-2900, [andrew.mclean@legislature.maine.gov](mailto:andrew.mclean@legislature.maine.gov)

## Letters to the Editor

Letters to the Editor must be fewer than 300 words, signed with a first and last name, typed or e-mailed and include a phone number. The Gorham Times reserves the right not to publish letters that include personal attacks or inflammatory language. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times and are subject to editing.

Dear Editor,

I am writing to express my gratitude to Elizabeth Bartlett and Gorham Public Schools. Each year for 48 years, the Department of Literacy, Language, and Culture at the University of Southern Maine has hosted the USM Summer Reading and Writing Workshop at Bailey Hall on the Gorham Campus. During this month-long workshop, graduate students majoring in literacy education tutor local elementary and middle school students using best practices in reading and writing. Earlier this year, our department found out that Bailey Hall would be under construction, and we needed a new temporary site for our workshop. We reached out to Elizabeth Bartlett at Gorham Public Schools, and she graciously provided space for us at Gorham Middle School. Recently, Tom Smith, Assistant Principal of Gorham Middle School, gave us a tour of the prospective classrooms and spaces, and he could not have been more supportive. Thank you very much, Elizabeth, Tom, and Gorham Public Schools!

Sincerely,

Melinda Butler, USM Department of Literacy, Language, and Culture

Dear Editor,

I have long suspected that fireworks being shot over a beloved lake were causing damage that I couldn't quantify. So I asked myself...do fireworks cause pollution, or am I just a party pooper? Here's what I learned...

The sparkles and booms from fireworks last only a few seconds, but the air and water pollution they cause lingers. Every Independence Day, the more than 14,000 fireworks displays across the nation have a toxic effect on our atmosphere, health and water.

Fireworks propel a cocktail of chemicals into the atmosphere. Firework smoke is rich in tiny metal particles, which give the displays their vivid colors; red from strontium or lithium, blue from copper and bright green or white from barium compounds.

Additionally, oxidizers, known as perchlorates, are used to create oxygen in order to produce an explosion. The particulate fallout can create breathing problems and can dissolve in water, contaminating rivers, lakes and drinking water.

Fireworks not only pollute the air and water with heavy metals, etc. but they also cause noise pollution and physical litter. A kayaking trip around a favorite pond on July 5, often reveals

piles of paper and cardboard from bottle rockets and metal from "harmless" sparklers.

Fireworks cause "recreational pollution" due to its temporary nature, and those pollutants are highly concentrated. A NOAA study shows they temporarily increase particulate pollution by an average of 42 percent.

Unfortunately, fireworks will likely never be eco-friendly. While there is talk of new shells that use "biodegradable plastic," it is uncertain under what conditions they biodegrade.

If fireworks are a must for your celebration, consider doing a little research before purchasing. Newer, "cleaner" fireworks replace perchlorates with safer alternatives, or use air-launch technology, which utilizes compressed air to launch the fireworks instead of gunpowder.

Lori J Roth

## Around Town

SYNCGorham, an office community for remote workers, has opened at 28 State Street, Suite 1. The space has six private office suites, a conference room and a coworking bench area that accommodates up to 16 workers.



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# Art Makes a Difference

CATHY WALTER  
Contributing Writer

Maplewood Dental Arts located at 405 Main Street in Gorham has initiated a program to contribute to the community in a unique way.

Owner Andrea Taliento, DMD, who purchased the business three years ago from Dr. Ronald Seekins after practicing there for eight years, had been pondering about putting her stamp on the business while keeping continuity for her patients' comfort. She began working with Tamara Niedzolkowski of Refresh Dental for assistance with that transition. Together they brainstormed the idea to showcase local artists' work throughout the premises.

"I have loved music and art since I was very young. When going to college I had to make a tough decision to focus on the sciences rather than the arts. So having an art show in my office just felt right," Taliento said.

Beginning in the fall of 2017, a single artist has displayed a dozen or more works in the waiting room, halls, and offices for a six month period. The art is labeled and many pieces are available for purchase. A complete list of the presented works is kept at the front desk and available upon request.

Displaying art helps the community in several ways. First, it gives local artists a place to showcase their work, and perhaps even sell a piece or two. It also makes for better working conditions for the employees of Maplewood Dental Arts. Who wouldn't prefer to gander at a 16 x 20 photograph of the canyons in Utah than a blank white wall while



Photo courtesy of Maplewood Dental Arts

Local artist Mark Hebert is currently exhibiting his artwork as part of a new program called Dental pARTners at Maplewood Dental Arts in Gorham.

they work? But by far the biggest win is the calm it brings to the patients.

"Rather than sitting and worrying in the waiting room, they wander the office and view the art they may never have had a chance to see otherwise. It takes their minds off upcoming procedures and results in a better experience for all," said Taliento.

Now that the program Dental pARTners is in full swing, Maplewood is looking for new artists to show. If you are interested, please contact Tamara at [tamara@refreshdent.com](mailto:tamara@refreshdent.com).

The office will be hosting an "Artist Thank You" reception on Friday, September 27, at 6 pm at Maplewood Dental Arts for Mark Hebert, the current exhibiting artist. The event will be open to the public and local artists who might be interested in showing in the space.

Read more about Hebert and the Dental pARTners program at Maplewood Dental Arts' blog: <https://www.dentistgorhamme.com/2019/03/15/mark-hebert-maine-photographer/>.

# Gorham Leaders Learning More about Opioid Misuse

KATHY CORBETT  
Staff Writer

Responding to a crisis of opioid misuse, the Greater Portland Council of Governments is engaged in "providing municipal leaders with knowledge and support to address this problem in their communities." On May 28, thirty Gorham civic leaders, including representatives from the schools,

town government, police and fire departments, met with Liz Blackwell-Moore, a public health consultant with the council's Communities Addressing Opioid Misuse initiative. Gorham is the second Cumberland County community to host a discussion designed to help them discover

"how to translate research into practice" by asking "what they are currently doing, identifying gaps, and determining what action to take to address these gaps."

In his introduction, Chris Record, Gorham School Department assistant superintendent, said that the town was an appropriate community for this forum. He cited Gorham Action Team for Youth (GATY), a community group that meets to address problems affecting young people, and Courage House as examples of community interest.

"Substance abuse impacts all of us from the youngest to the oldest," he said, "and we owe it to each other to band together to make Gorham a happy, healthy place for us all."

Reviewing some of the research on Opioid Misuse Disorder, Blackwell-

Moore identified major risks and emphasized the role of adverse childhood experiences. She gave an overview of brain development that showed "the pleasure-seeking part of the brain does not always communicate with the judgement sector in adolescence." She added that scare tactics do not work with young people. "Research shows that peer support, reduced punishment, and support and training for parents

and other adults are more effective."

When people are working to build resistance to addiction, they are often thwarted by shame and stigma. She advocated changing language, "for example, instead of calling someone

an addict, say person with substance abuse disorder or a person in recovery." She also cited research that showed a much higher rate of retention from medically-assisted treatment after one year than without.

In 2018, Gorham had eight overdose deaths and eleven known Narcan reversals. "Opioid use in Gorham is largely underground," said Police Chief Dan Jones during a panel discussion following the presentation, "so we have not had enough discussion of it, as well as about vaping and alcohol abuse."

Building on the discussion of strategies for early intervention and prevention, panelist Claudine Emerson, a Gorham High School counselor, cited GATY programs, in-school suspen-

RESPONDING TO A CRISIS OF OPIOID MISUSE, THE GREATER PORTLAND COUNCIL OF GOVERNMENTS IS ENGAGED IN "PROVIDING MUNICIPAL LEADERS WITH KNOWLEDGE AND SUPPORT TO ADDRESS THIS PROBLEM IN THEIR COMMUNITIES."

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**GHS GRAD NEWS:** If you, or your son or daughter is a GHS graduate, we would like to share your achievements in the Gorham Times Of Interest section or in a Where Are They Now feature. Of Interest submissions should include the year of GHS graduation and should be no longer than 75 words. Contact Chris Crawford at [ckck5@maine.rr.com](mailto:ckck5@maine.rr.com), Kathy Corbett at [kcorbett@aol.com](mailto:kcorbett@aol.com) or Cindy O'Shea at [coshea2@maine.rr.com](mailto:coshea2@maine.rr.com).

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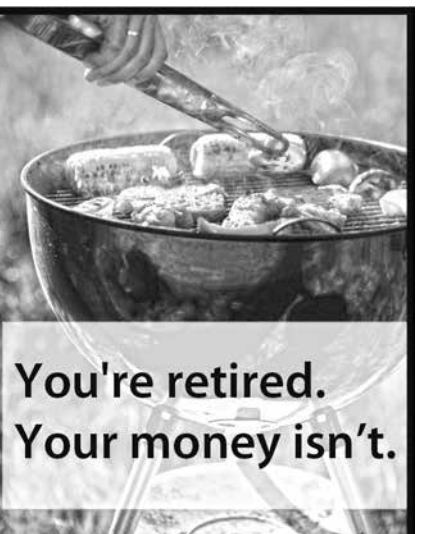
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MAKING SENSE OF INVESTING

# The Bookworm Rocks Into Its 30th Year

DIANE ABRAMSON  
Staff Writer

The Bookworm, located at 42 Main Street, celebrated its 30th anniversary on June 1 with face painting, popcorn, games, raffle prizes, cake, and food from Brian's BBQ Grill food truck.

For Gorham resident Helene Adams, the Bookworm has been a cherished part of her life since she moved to town in 2005. "At first, I came to the Bookworm to get book recommendations. However, I've formed wonderful friendships during my visits to the store and always come back for inspiration, books, and gifts."

Partygoers came to celebrate the store's birthday from near and far. "My baby first crawled in the bookstore; I wasn't going to miss this celebration" reminisces Bethany, from Connecticut. "I have so many fond memories of the Bookworm. I remember when it first opened."

For Ruth Degraphenried, the Bookworm is an essential part of the community. "We're all friends here. The town of Gorham supports us; the residents support us and want us to be here. We understand that you can get books cheaper or faster online, but there's something special about



Photo credit Roger Marchand

Pictured are the Bookworm team (shown left to right) of Sue Sedenka, Mary Degraphenried, and owner Marianne Cianciolo.

the Bookworm. Our kids grew up here."

The Bookworm opened in 1989 and specializes in new and used books, cards, and pottery and unique gifts. Owner Marianne Cianciolo and her staff are always available to provide book recommendations, special order a book, and provide excellent customer service.

The Bookworm is open Monday, Wednesday, Friday, and Saturday from 10 a.m.-5 p.m. and Tuesday, and Thursday from 10 a.m.-7 p.m. Call or email at 839-2665 or bookwormrocks@myfairpoint.net.

## YOGA IMPRESSIONS

# Refresh Your Yoga Practice

AMANDA CURTIS KEZAL

When your yoga practice gets stale it is time to freshen it up. A little spring cleaning is good for the yard, the house and your very own mind, body and spirit. There are many simple, doable techniques that revive the essence of yoga.

First, assess what you want out of yoga. Is it an opportunity for you to slow down and be gentle, or do you need a challenge? A challenge in yoga is not just about advancing and attempting harder poses. It may involve deeper poses, new meditations, different breath work, longer Shavasana (relaxation pose) or a new yoga mat. Truly listen to your mind, body and spirit and take steps to honor yourself with your options.

As a yogi, we get into a routine of poses and blends that feel yummy inside. They are our "go to" poses. You can still continue those poses but hold the poses for a longer (or shorter) period of time. You can set a timer and let it be your guide, rather than being anxious to move to the next pose. You are then commit-

ted to be in the pose, exploring the "edges" it provides for your entire being.

There are many variations for each yoga pose. Try exploring other variations. For example, Warrior 1 pose gives the opportunity to practice with a shorter lunge and the heel connected to the ground. You may practice a deeper lunge and the heel will be off the ground. There are many

different arm variations. You may even find yourself giving your balance a challenge and swaying and shifting your torso to each side, a sort of dance within the pose. Within one pose you can refresh and feel inspired to explore the same pose in new ways.

Try counting breaths in each pose, setting a number that feels suitable for you. Do not force or rush the breath, but just experience 10 to 20 breaths in each pose. Maybe you settle into the Ujjayi method of breathing or simple abdominal breaths.

Practice yoga online. Most online practices are shorter than a class in a studio. Maybe a shorter practice will make yoga more available to you. Or, maybe you need some time to settle into a practice and prefer a longer one. Do you like the format of having yoga convenient to practice when you want to? Do you like practicing alone or do you need the energy of a group practice? Maybe you combine the options. There are a variety of ways to help you schedule a regular practice of yoga that is most convenient for you.

The best way to freshen up your practice is to access a studio where the teacher makes it fresh for you. However you decide to change up your routine, let it be one that brings about lightness and joy.

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THE BEST WAY TO FRESHEN UP YOUR PRACTICE IS TO ACCESS A STUDIO WHERE THE TEACHER MAKES IT FRESH FOR YOU. HOWEVER YOU DECIDE TO CHANGE UP YOUR ROUTINE, LET IT BE ONE THAT BRINGS ABOUT LIGHTNESS AND JOY.

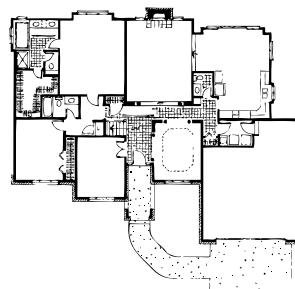
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Amanda Curtis Kezal, owner of Holistic Pathways, has brought her yoga fusion style to Gorham for over 20 years. She continues innovative approaches to sharing the many benefits of yoga with others.

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# Town Council Meetings

JUNE 2019

JACOB ADAMS  
Staff Writer

**June 4, 2019** - Laura Bolduc, a GHS Junior, spoke about her concerns with the Gorham High School expansion into Robie Park and thinks that the park is irreplaceable and priceless. She explained that when Carrie T. Lowell sold the land for Robie Park to the town for \$1 it was not because it wasn't worth anything but because she wanted what was best for the town, and to keep it maintained as a playground. She hopes that a different and better solution can be reached.

Several residents voiced their concerns regarding the proposed sober living facility, Courage House.

Town Manager Ephrem Paraschak reported that the Main Street project will begin this summer and continue through the fall.

The following school budget items were unanimously adopted and approved for fiscal year 2019-2020: \$18,368,220 for Regular Instruction; \$6,288,786 for Special Education; \$10,000 for Career and Technical Education; \$885,932 for Other Instruction; \$3,067,720 for Student and Staff Support; \$1,359,703 for System Administration; \$2,092,945 for School Administration; \$1,997,263 for Transportation and Buses; \$4,020,027 for Facilities Maintenance; \$2,623,989 for Debt Service and Other Commitments; \$30,000 for All Other Expenditures.

The Town Council unanimously voted to adopt the 2019-2020 Fiscal Year Budget with the following departmental totals:  
General Government \$1,775,180  
Public Safety \$4,481,350  
Public Works/Solid Waste/Engineering & Insp Services \$2,826,467  
Health & Welfare and Social Service Agencies \$50,600  
Recreation/Community Center/Cable \$576,731

Libraries and Museum \$510,888  
Development \$131,581  
Debt & Interest \$1,759,458  
Capital Items \$165,777  
Insurance and Employee Benefits \$2,592,956  
Other Town Services and Unclassified \$547,294  
Subtotal \$15,418,282  
Cumberland County Property Tax \$1,238,053  
Total \$16,656,335  
Non-Property Tax Revenues \$7,168,114

Amendments to the Senior Property Tax Assistance Ordinance were approved. The purpose of which is to establish a program to provide property tax assistance to persons 65 years of age and over who reside in the Town of Gorham.

## Special Meeting ~ June 18, 2019

Several residents again voiced their concerns regarding the proposed sober living facility, Courage House.

The Town Council unanimously accepted a moratorium ordinance on Rooming Houses which can be read in its entirety at [www.gorham-me.org](http://www.gorham-me.org)

The Ordinance Committee was instructed to review and provide a recommendation on a new Disorderly Housing Ordinance.

The Town Council asked staff to provide legal guidance and recommendations on incorporating standards for boarding homes and recovery houses.

Ben Thompson, from Cumberland County Regional Assessing, was appointed as the Town Assessor for a 3-year term to expire on July 31, 2022.

The Town Council voted to table a discussion about a resolution to create a fund for asylum seekers until July.

The full town council meeting minutes for both meetings are available on the town's website at [www.gorham-me.org](http://www.gorham-me.org)

# Clerk's Corner

LAURIE NORDFORS  
Town Clerk

The Local School Budget Validation/Referendum Election was held on June 11. We had 1303 voters in Gorham cast ballots for this election, which is a 9% voter turnout. The direct cost to the town for this Election was \$8294.56. This amount includes the poll workers' pay, the ballots and programming charges for the voting machines. It does not include indirect costs such as regular staff time preparing for the election.

I am very grateful to the Clerk's office staff and the poll workers for their help in ensuring that the election ran smoothly. Elections would not be possible without the help of the Gorham citizens who are willing to work at the polls. Many thanks go to the Public Works crew for setting up and taking down the three polling places.

Courtesy notices for outstanding property taxes have been mailed. The tax lien process will begin on August 16 for properties with outstanding taxes for the 2019 tax year. If you have any questions, please

call the Clerk's office at 222-1670.

The July 4 holiday will be here soon. The Inland Fisheries and Wildlife computer program that we use to process boat registrations runs very slowly during busy times when there are a lot of users logged in from all over the state. Avoid long lines and slow processing times and register your boats, ATV's & trailers and purchase your fishing licenses early. You may also register online through the link on our website.

Nomination papers will be available on July 26 for two positions on the School Committee and three positions on the Town Council. Any registered voter of the Town of Gorham who is interested in running for any of these positions must submit nomination papers with no less than 35 or more than 50 signatures of persons who are registered voters in the Town of Gorham.

Completed papers must be turned in no later than September 6. The Municipal election will be held on November 5.

Senior Property Tax Assistance Program applications are available in the Town Clerk's Office. Applications are due by August 1.

Check out the town website for more info.  
[www.gorham-me.org](http://www.gorham-me.org)



## LUNCH & DINNER DELIVERY SERVICE IN THE GREATER PORTLAND AREA

All meals are freshly cooked daily and dinner is served with salad, homemade bread, rolls, and dessert.

Meals delivered to each client by 6:00 p.m.  
*\*Please note: Order 24 hours ahead.*

Catering is also available upon request.

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[ATMYTABLES.COM](http://ATMYTABLES.COM) OR CALL 319-4260

## Real Estate Transfers December 2018

ADDRESS	BUYER	SELLER	PRICE
29 MADISON WAY	NORTON, MEGHAN	DIVERSIFIED PROPERTIES	\$373,175
28 MALLARD DRIVE	WILLIAMS, KATHRYN & ADAMS, EVAN	WILLIAMS, SUSAN & DOUGLAS	\$325,000
96 QUEEN STREET	VESTPROP, INC.	OVERLOOK, KENNETH	\$147,500
220 MAIN STREET	GILBERT, CRAIG	HANNAFORD, ROBERT & STAPLES, JEAN	\$155,000
21 BARSTOW ROAD	BURNHAM, SUZANNE	OLIV ER, B RIAN & BONNIE	\$275,000
90 LOVER'S LANE	LITCHFIELD, MATT	HUNT, RICHARD & CYNTHIA	\$283,650
22 LAWN AVENUE	ARIZAGA, VICTOR	SCHROWANG, ERIC & CATHERINE	\$226,500
111 JOHNSON ROAD	WALSH, EMILY & ERIC	SLEE, SUSAN	\$339,900
23 BURTON DRIVE	GRAIVIER HOMES, INC.	STJ, INC.	\$70,100
14 ELIZABETH STREET	ENDERS, VILLI	MARCET, GARY & CRIMP-MARCETM	\$372,000
7 STANDISH NECK ROAD	FRANCIS, HOLLI & BENJAMIN	HENICK, PAUL	\$225,000
101 BRACKETT ROAD	STARKE, RUTH & JEFFREY	LITTLEFIELD, LUANN	\$263,000
47 COPPERHEAD ROAD	QUIMBY, BRANDON & JESSICA	DUCHAINE, ALEXANDER	\$306,000
64 NEWELL STREET	SANDERS-FLEMING, KATE	GALE, DENIS & JEFFREY	\$271,000
40 NORTH GORHAM ROAD	AZH PROPERTIES, LLC	JP MORGAN CHASE BANK	\$172,500
12 STROUT'S WAY	MARTIN, JOHN	STROUT, PAUL & KAREN	\$333,500
264 NARRAGANSETT STREET	CREWS, SARAH & THOMAS	MAKEHOUSE, LLC	\$238,900
677 GRAY ROAD	GATEN, YAHYA & AKMALULDEEN, TIBA	GORSKY, AMY & PAUL	\$250,000
44 COLLEGE AVENUE	SAMM CO HOLDINGS, LLC	LUNT FAMILY TRUST	\$170,000
6 CAROLYN DRIVE	GOOGINS, FRANK	ESTATE OF DANA EARL SCOLL	\$170,000
11 CONNOR DRIVE	BOUCHARD, ROSEMARIE	SUSAN DUCHAINE, LLC	\$335,900
72 GREAT FALLS ROAD	HARMONIUS HOLDINGS, LLC	AFFORDABLE HOME SOLUTIONS	\$129,000
396 SEBAGO LAKE ROAD	TULIPANO, RACHEL & WARREN, JACOB	SOLDIER BEAR, LLC	\$260,000
16 DAISY LANE	ZRS HOLDINGS, LLC	HOLMAN DEVELOPMENT, INC.	\$65,000
158 OSSISPEE TRAIL	JONK, YVONNE	FRITCH, CHRISTOPHER & SARAH	\$336,000
181-183 MAIN STREET	SLAPSHOT INVESTMENTS, LLC.	BIG TIMMY T, LLC.	\$250,847
29 DAISY LANE	POULIN, DONALD II & MELINDA	HOLMAN DEVELOPMENT, CORP.	\$312,500
356 SEBAGO LAKE ROAD	TRACY, LEONARD III	MCGILL, WINSTON	\$212,000
2 KIARA LANE	ESCHAUZIERJ, KRISTIN & PETER	TOOHEY, JUDITH	\$315,000
231 NARRAGANSETT ST.	MOODY'S CO-WORKER OWNED, LLC	FRAZIER, KRISTIN & ADAMS, FRAZIER	\$60,000
TIMBER SPRINGS	THERIAULT, ZACHARY & ABBIE	SPILLER, KENNETH & LISA	\$6,500
7 PINE STREET	HAYNES, MELISSA	ESTATE OF DEAN EVANS	\$259,500

**USM Renovations** CONTINUED FROM PAGE 1

The improvements to the Gorham campus are significant. Maine is the oldest state in the nation with a median age of 44.5, seven years above the U.S. figure. The number of births is also declining precipitously meaning that there is a large gap between the number of people who will retire and the number young people who will enter the workforce.

"We want our Gorham and Portland campuses to be transformational. We are here for our communities and USM wants to make an investment in our students and Maine's workforce," said Griffin. "We are proud to say that USM is one of the few U.S. schools where student debt has gone down. Our goal is to attract and retain young people and research shows that 70% of graduates stay within 70 miles of where they attended college."

In addition to the upcoming renovations, school officials hope an effective name change from the University of Southern Maine to the University of Maine at Portland, slated for 2021, will attract more students from outside the state.

For USM President Glenn Cummings, "our success in recruiting out-of-state students is critically important to Maine employers who are in dire need of more college graduates to fill essential jobs that will grow our economy."

USM is now in the process of moving forward in securing approval of the proposed name change from the University of Maine System Board of Trustees and the State Legislation.

# Planning Board Results

**JUNE 3, 2019**

A site plan review was held for Harvey Performance Company's request for approval to construct a two-phase manufacturing facility, with phase I consisting of a single story 76,887 square foot building, 1,300 foot access drive and 172 parking spaces, and phase II consisting of an additional 36,000 square feet to the building and 115 parking spaces. The plan was approved.

Avesta Housing's proposed contract zone amendment to remove the reference to development on the undeveloped portion of Unit 3 to allow for development of multifamily housing on any portion of Unit 3 was discussed and postponed to the July 1 meeting.

LKQ Gorham Auto Parts' request for approval of an outbuilding and concrete pad located at 192 Narragansett Street was approved.

Maine Coast Kitchen's request for approval for the 4th amendment to Maine Coast Kitchen's site plan at 7 Little Wing Lane, to split the existing property into two lots was approved.

Simona Shores Condominium Development's request for approval to add one additional duplex and a 35-foot extension to Simona Shores Drive was approved.

STJ, Inc. - Tow Path Road Condominiums' request for approval of a four-duplex condominium development of eight units and associated parking and infrastructure off Tow Path Road was given preliminary approval.

Development Transfer Overlay Subdivision - Chase Custom Homes - Sawyer Estates - A request for approval of Sawyer Estates, a 118-lot residential subdivision on 103.59 acres, on property off South Street as a development overlay subdivision was discussed.

# Staying Safe with Fireworks

CHARLES JARRETT  
*Gorham Fire Department*

With the Fourth of July rapidly approaching, it's important to note the following about consumer fireworks:

- Every year, about 13,000 people are treated for injuries in hospital emergency departments due to the mishandling of live, misfired and waste consumer fireworks. In addition, fires resulting from fireworks cause over \$20 million in direct property damage.
  - Never allow young children to play with or ignite fireworks. Always have an adult perform fireworks activities. Never try to re-light or pick up fireworks that have not ignited fully.
  - Keep a bucket of water or a garden hose handy in case of fire or other mishap. After fireworks complete their burning, douse the spent device with plenty of water from a bucket or hose before discarding it to prevent a trash fire.
  - The Town of Gorham adopted the "Consumer Fireworks Ordinance" and the State of Maine enacted laws related to fireworks in Title 8§223-A that must be followed including; dates, times, property restrictions and proximity to buildings for permissible use of consumer fireworks.
- Please visit [USFA.FEMA.GOV](http://USFA.FEMA.GOV), [CPSC.GOV](http://CPSC.GOV), [NFPA.ORG](http://NFPA.ORG) and/or contact the Gorham Fire Department at 222-1660 for more information.

# Sex Offender Notification



NAME: **JONATHAN LOCKE, AKA JONATHAN J. LOCKE, JAY LOCKE**  
DOB: 10/28/77 HT: 5'10" WT: 155 LBS EYE COLOR: BROWN HAIR: BLACK  
ADDRESS: 13 WARDS HILL ROAD, GORHAM, ME

Jonathan is a convicted Sex Offender classified by the State of Maine as a 10 year registrant. Offense: Possession of Child Pornography involving prepubescent minors. Prohibited person from contact of minors under 14 years of age as outlined under 17-A-261 of the Maine Criminal Statute.

For further information, go to [www.state.me.us](http://www.state.me.us) and search "Sex Offender Registry" or contact Det. Steven Rappold of the Gorham Police Department (207-222-1697)

**\*\*\*All citizens must be aware of the subject's Constitutional rights\*\*\***

## Restaurant Hours

**Sun-Thurs:**  
11 am to 11 pm

**Fri & Sat:**  
11 am to 12 am

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- \*Washer and dryer hookups available
- \*Energy efficient heat pump for heat and air conditioning
- \*Community room spaces for socializing and special events
- \*Public transportation nearby
- \*Multiple floor plans to choose from
- \*Units with large decks that can accommodate hot tubs
- \*Other units with Juliet balconies
- \*Dedicated covered parking available
- \*Additional secured storage available

STUDIOS	1 BEDROOMS	2 BEDROOMS
(Call for floor plans & rates)	(Call for floor plans & rates)	(Currently all reserved)

**FOR MORE INFORMATION AND TO COMPLETE AN APPLICATION**

Please contact Tom @ JCS Property Management:  
207-839-2744 / [tmcgowan@greatfallsinc.com](mailto:tmcgowan@greatfallsinc.com)

# Gorham Cheverus Graduates

The following Gorham residents graduated from Cheverus High School on June 3 at Merrill Auditorium. *Photos courtesy of Cheverus High School*

**Abigail Enck**, daughter of William and Kim Enck, graduated magna cum laude and will attend the University of Alabama. She was a member of the National Honor Society, SMAA All-Academic Team, Ice Hockey, and the Class A Ice Hockey State Championship Team.



**Vipul Periwal**, son of Vikas and the late Puja Periwal, graduated summa cum laude and will attend Swarthmore College. He was an U.S. Presidential Scholar and AP Scholar, was a qualifier for the NCFL and NSDA debate national championship, won awards for Outstanding Delegate at the Eagle Model UN Conference and the Maine Model UN Conference.



**Caitlin McCutcheon**, daughter of Daniel and Kerry McCutcheon, graduated salutatorian, summa cum laude and will attend the College of the Holy Cross. She was awarded Highest Academic Achievement in Science and French and received the Abraham S. and Fannie B. Levey Award.



**James Shimansky**, son of James and Kelley Shimansky, will attend the University of Maine at Orono. He was the recipient of the Stag Award for Varsity Boys Soccer.



**Grace Morrisseau**, daughter of Jill Morrisseau, graduated summa cum laude, with STEM distinction, and will attend Saint Anselm College.



**William Zidle**, son of Matthew and Janet Zidle, graduated magna cum laude and will attend the University of Maine at Orono. He was a member of the All-Academic Team Baseball.



# School Committee JUNE 12, 2019

**KATHY CORBETT**  
*Staff Meeting*

At the last regular School Committee (SC) meeting, Superintendent Heather Perry and SC members thanked Gorham voters for passing both the FY20 school budget and the bond referendum for modular classrooms at Narragansett Elementary School.

Perry announced that changes in school times in effect on the first day

of school in August will be posted on the district website. She, and the other SC members, congratulated the 2019 Gorham High School graduates. Chairman Darryl Wright gave a special thanks to Deb Stirling, GHS administrative assistant, for her work to make the graduation such a successful event and to the students for their exemplary behavior at the Project Grad activities. Kate Livingston also thanked bus drivers

CONTINUED ON PAGE 11

# Maine School of Science and Mathematics Graduate

*Photo courtesy of Rob Gava*

**Trevor R. Gava**, son of Robert and Beverly Gava, will attend Colby College. He was awarded the Phi Beta Kappa Association of Maine's Academic Achievement Award, and was a 2019 Scholar Athlete and Rotary Scholar.



# NYA Graduate

*Photo courtesy of North Yarmouth Academy*

**Lucia Reidy**, daughter of William and Gina Reidy, will take a Gap Year before college.



# School Note

Superintendent Heather Perry's last blog post of the school year with end-of-the-year information for parents is available now at <https://gorhamsuperintendent.blogspot.com>.

# Gorham native wins Best Dentist!



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# Here's Where Recent GHS Grads are Headed

## What's Next for the Class of 2019

Isis Adams, Husson University  
 Jacob Alexander, White Mountains Community College  
 Josiah Allen, Southern Maine Community College  
 Maggy Aube, Roger Williams University  
 Dalen Babineau, Southern Maine Community College  
 Georgia Banks, University of Maine at Farmington  
 Lauren Barden, Colorado State University  
 Lily Barden, University of Rhode Island  
 Fatima Batool, University of New England  
 Jacob Benson, Military, US Marine Corps  
 Tyler Bergeron, Employment, Gorham Hannaford  
 Alden Bertinet, Southern Maine Community College  
 Kyren Bettencourt, Northeastern University  
 Aaliyah Biambly, Thomas College  
 Lexa Bibeau, Gap Year, Lake Wales Florida Fire Dept.  
 Kevin Blake, Unity College  
 Sara Bolt, Employment, Temecula Valley  
 Peter Boswell, University of Southern Maine  
 Courtney Brent, University of Maine at Farmington  
 Giuseppe Brown, Saint Joseph's College of Maine  
 Zackory Brown-Davis, University of Maine at Orono  
 Brian Bunker, University of Maine at Orono  
 Nathan Burchill, University of Southern Maine  
 William Burns, Union College, Schenectady  
 Mackenzie Buteau, Saint Anselm College  
 Chandler Caldwell, Gap Year, Self-Employed  
 Makenna Carty, University of Maine at Farmington  
 Ethan Castro, Military NAVY  
 Caitlin Chasse, Saint Joseph's College of Maine  
 Maiya Christiansen-Carlson, University of South Florida  
 Jacob Cook, Husson University

Darian Coolbroth-Strout, Southern Maine Community College  
 Alexa Corey, Saint Joseph's College of Maine  
 Connor Coro, University of Maine at Orono  
 Isabel Courtney, Georgia State University  
 Gabriel Cousins, Apprenticeship/On-the-Job Training Bath Ironworks  
 Brandon Cummings, University of Maine at Orono  
 Joseph Curesky, Maine Maritime Academy  
 Angelana Darling, University of Maine at Orono  
 Ryan DeSanctis, Roger Williams University  
 Brittany Desjardin, University of Southern Maine  
 Grace DiPhilippo, Southern Maine Community College  
 Brenna Donovan, University of Maine at Orono  
 Connor Dougherty, Gap Year, Undecided  
 Caroline Dowdle, Clark University  
 Julia Downey, Southern Maine Community College  
 Molly Duff, University of Southern Mississippi  
 Samuel Dunlap, Employment Viewpoint Landscape  
 Mercy Dunn, Gap Year, Undecided  
 Jacob Dupuis, University of Vermont  
 Riley Ferrigan, University of Maine at Farmington  
 Matthew Flint, Apprenticeship/On-the-Job Training Bath Ironworks  
 Jared Fontaine, Castleton University  
 Emma Forgues, University of Maine at Orono  
 Logan Fredericks, Gap Year, Possibly Southern Maine Community College  
 Gabriella Gagne, University of Maine at Orono  
 Tanner Garand, Central Maine Community College  
 Jayden Gaudreau, Employment, Real Estate  
 Avery Germond, University of Maine at Orono  
 Jensyn Giroux, Endicott College  
 Aaron Goschke, Saginaw Valley State  
 Jonathan Grant, Kalamazoo Valley Community College

Nicholas Gray, Employment, Les Wilson and Sons Excavation  
 Trevor Gray, Maine Maritime Academy  
 Zachary Green, Plymouth State University  
 Caroline Gross, University of Nevada, Las Vegas  
 Tyler Haines, Merrimack College  
 Brinn Hall, University of Southern Maine  
 Chelsea Harmon, Southern Maine Community College  
 Jeremy Harris, University of Maine at Orono  
 Joshua Hayward, University of Southern Maine  
 Autumn Heil, Plymouth State University  
 Joseph Hepler, Technical Institute NTI  
 Mackenzie Holmes, Indiana University Bloomington  
 Emaly Howard, Gap Year, Undecided  
 Tucker Humiston, Southern Maine Community College, Work at D&G Machine  
 Riley Jerome, University of Southern Maine  
 Kasey Jiang, Emmanuel College  
 Aaron Jones, Clarkson University  
 Isabella Jones, University of Southern Maine  
 Spencer Keating, University of Massachusetts Boston  
 Summer Kelleher, University of Massachusetts Boston  
 Evelyn Kitchen, Assumption College  
 Elisey Kiyantsa, Employment, Undecided  
 Michael Knight, Keene State College  
 Libby Knudsen, Military, United States Navy  
 Isabelle Kolb, Goucher College  
 Dylan Lamont, University of Southern Maine  
 Kate Larkin, Endicott College  
 Ean Larson, Employment, Undecided  
 Joshua Laughlin, University of Vermont  
 Jesse LeGeyt, University of Southern Maine  
 Abigail Leonard, Temple University  
 Cooper Libby, Employment, Good Will  
 Thomas Light, University of Maine at Orono  
 Thomas Locke, University of Southern Maine  
 Dezzaray Look, Employment, SpaTech Institute  
 Griffin Lord, University of Maine at Orono  
 Dominic Lorello, University of Maine at Orono  
 Trevor Loubier, University of Maine at Orono  
 Lila Lovley, Gap Year, Stroudwater Lodge  
 Hannah Lowell, University of Southern Maine  
 Cooper Lyons, Thomas College  
 Grayson MacDonald, Northeast Technical Institute

Tyler Marston, Employment, Bill Dodge  
 Isaac Martel, University of Southern Maine  
 Matilda McColl, University of Southern Maine  
 Lydia McCrillis, University of New England  
 Haley McCullough, Saint Joseph's College  
 Rowan McDaniel, Lafayette College  
 Caitlyn McLellan, University of Southern Maine  
 Trent McLellan, University of Southern Maine  
 Drew Meader, Thomas College  
 Gavin Mercier, Employment, The Core Group  
 Harris Milliken, University of Southern Maine  
 Libby Mitchell, Brigham Young University  
 Zachary Mitchell, Apprenticeship/On-the-Job Training Bath Ironworks  
 Kevin Mollison, Colby-Sawyer  
 Evan Morrell, Employment in Bangor  
 Hailey Morrill, University of Maine at Orono  
 Gretchen Muehle, University of Southern Maine  
 Margaret Munkacsi, University of Rhode Island  
 Kathryn Nason, Central Maine Community College  
 Benjamin Nault, University of Maine at Orono  
 Thomas Nelson, Saint Anselm College  
 Rose O'Brion, University of Southern Maine  
 Alexander O'Connor, University of Maine at Orono  
 Katherine O'Donnell, University of New Hampshire  
 Henry O'Neill, Curry College  
 Gage Oakes, Music Production  
 Adam Ouellette, Military, Army  
 Nicco Pappalardo, Thomas College  
 Olivia Paruk, Gap Year, College of the Atlantic  
 Tyler Pelletier, Employment, Landscaping  
 Abby Perkins, Apprenticeship/On-the-Job Training CNA Program with Maine Medical Program  
 Jordan Perkins, Technical Institute Kennebec Valley Community College  
 Grace Perron, Roger Williams University  
 Nicholas Pierson, Employment Gorham Fire Department  
 Samuel Pocock, Providence College  
 Anna Rathbun, Gordon College  
 Monroe Reeder, Employment, Gorham House of Pizza  
 Alice Riiska, Wheaton College  
 Adriana Risbara, Prescott College  
 Jacob Roberts, Employment, Dean and Allyn Electrical Company  
 Samantha Robichaud, University of Southern Maine

CONTINUED ON PAGE 10



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Jennifer Field, DPT

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## WRVC Awards Night MAY 23, 2019

Students received certificates in their career and technical programs at the Westbrook Regional Vocational Center annual Awards Night. In addition to these honors, over \$43,550 in scholarships, toolships, and tools were awarded. The list of Gorham students below were recipients of the awards as listed:

**OUTSTANDING STUDENT BY PROGRAM:**  
Electricity – Jacob Roberts

**OUTSTANDING STUDENT BY SENDING SCHOOL:**  
Gorham – Jacob Roberts

**RICHARD PLAISTED ATTENDANCE AWARD:**  
Jacob Alexander

**WESTBROOK GORHAM CHAMBER OF COMMERCE SCHOLARSHIPS:**  
McKayla Taft  
Payton Thorpe

**WESTBROOK GORHAM CHAMBER OF COMMERCE TOOLSHIPS:**  
Jacob Alexander

**WESTBROOK GORHAM ROTARY SCHOLARSHIP:**  
McKayla Taft  
Payton Thorpe  
Julia Downey

**WESTBROOK GORHAM ROTARY TOOLSHIP:**  
Elisey Kiyantsa  
Jacob Alexander

**JAMES FOYE SCHOLARSHIP:**  
Julia Downey

**MAINE BLUE COLLAR SCHOLARSHIP SPONSORED BY MOODY'S COLLISION CENTERS & GILMAN ELECTRIC:**  
Jacob Alexander

## Whitaker Earns Teacher of the Year Award

LYDIA VALENTINE  
GHS Student Intern



Heather Whitaker, the alternative education teacher at Gorham Middle School (GMS), was recently awarded the Cumberland County Teacher of the Year Award.

The Maine Teacher of the Year awards are organized by Educate Maine who "believe the classroom teacher is the backbone of the American educational system and our Maine Teacher of the Year program honors their contributions and elevates the voice of the classroom teacher."

The Educate Maine website details the objectives of the program; including recognizing and honoring the contributions of Maine's public classroom teachers as well as inspiring future teachers. The process to find Teachers of the Year is very in-depth and includes essays, interviews portfolios, and an in-class visit.

"I am honored to receive the Cumberland County Teacher of the Year award," said Whitaker. "Though it is designed to recognize one teacher from Cumberland County, in my case, winning this award would never have been possible without the extensive collaboration and support from my

administrators, students, parents and colleagues."

Whitaker has taught in Gorham for 18 years; in which time she has amassed an impressive portfolio. She has been on the Gorham Food Pantry Board of Directors since 2015 and helps grow and donate local food, as well as volunteering weekly. She continues this loving green thumb in the classroom, where ever year she works with students to grow and donate about 800 lbs. of organic produce to the Gorham Food Pantry.

Whitaker is also a founding member of the Gorham Backpack Program, which provides Gorham students facing hunger with access to nutritious, easy-to-prepare food during weekends and holidays.

Eight years ago, Whitaker established the Alternative Education Program at GMS and has been the teacher since. During that time, she has designed a hands-on learning curriculum, trained and implemented Restorative Practices in classroom and, among others, established experiential learning opportunities with The Ecology School, Pineland Farms, and the Portland Water District.

"With their (administrators, students, parents) partnership, I have been able to mold the Alternative Education program into something that is truly student centered, and, for that, I am grateful," said Whitaker.

## Welcoming New Citizens



Photo credit Gregg Sands

Thirty people from 22 countries became citizens of the United States in a naturalization ceremony on May 9 at Great Falls School. Students in the 4th and 5th grade were fortunate to witness this touching moment. Hanna Logan (pictured), a fifth-grader and Civil Rights Team member, wrote and read a short poem she wrote herself (see sidebar). Nayla Garcia, fourth-grader, also read the words inscribed on the tablet of the Statue of Liberty by Emma Lazarus in 1883.

You have traveled far, to find a new home  
Maybe you lost your home,  
Or maybe your country was getting old.  
We welcome you with open arms,  
You and your family.  
Your new home is waiting for you.  
Home. Home is a wonderful place.  
It will always await your arrival,  
with open arms.  
You took a wonderful quest  
to find your new home,  
From everyone here at Great Falls  
We say, "WELCOME!!"

-Hanna Logan (pictured)

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Jane Watson (NMLSR # 529478), Kelly J. Sturmer (NMLSR # 525169),  
Jay Kiel (NMLSR # 452233), Andrea L. Wallace (NMLSR # 178299)

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# Students Name the Next Mr. GHS

ERIN WENTWORTH  
GHS Graduate/Student Intern

On May 26, Gorham High School (GHS) students, faculty, and family attended the much-awaited pageant, Mr. GHS. An annual event, Mr. GHS is a fundraiser organized by the senior class.

The pageant consists of multiple sections, starting with the candidates' choice outfits. Attire ranged from a middle school basketball uniform, worn by runner up Thomas Nelson, to a tie-dye suit, worn by soon-to-be-named Mr. GHS Isaac Martel.

While presenting their outfits, the candidates were asked on-the-spot questions by emcees Caroline Dowdle and Olivia Paruk, such as "What would your slogan be if you owned a merch store?" and "Are you a cat person or a dog person?"

Next came the talent portion of the pageant. Leading off was Jove Bissonnette, who sang "Mr. Jones," by Hootie and the Blowfish and played the guitar. Simon Roussel and Martel followed with a combined act, performing "Piano Man," by Billy Joel. Roussel sang and Martel played piano and harmonica. Giuseppe Brown was up next, performing magic. He displayed his clever tricks on a projector screen so the whole audience could see what he was doing. Finally, another combined act from Ben Nault and Nelson, who performed a throw-back to their eighth-grade viral video, "Got Buckets?" with trick shots accompanied by their



Photo credit Mike Nault

Isaac Martel was crowned Mr. GHS 2019 at the recent Mr. GHS pageant, a senior class fundraiser. He was joined by contestants (top row, left to right) Thomas Nelson, Ben Nault, Giuseppe Brown, Jove Bissonnette, and Simon Roussel.

friends. Altogether, the talent was very impressive.

Following a short intermission, the contestants walked in wearing formal wear, and were escorted by an important woman in their life, including mothers and younger sisters. Finally, they lined up on stage and Dowdle and Paruk asked a final question: "Why do you think you should be the next Mr. GHS?"

Bissonnette replied that he had gone

through a lot of change in the past few years and winning this would represent a lot for him. When Paruk prompted Brown with the same question, he replied "Because I'm hot" while pulling a thermometer out of his pocket and sticking it in his mouth, a joke very well received by the audience.

After these concluding questions, voting was opened up to audience members. In the final tally, Martel was crowned as the new Mr. GHS.

"I'm a theater and art kid. I don't really do what I do for glory or anything. I do it because it's what I love," said Martel. "The fact that I can be not only be recognized but honored for doing that says a lot about the Gorham community, and especially our high school."

Event proceeds went towards senior class fundraising.

## GHS Grads CONTINUED FROM PAGE 8

- Samantha Rockwell, University of Maine at Farmington
- Colette Romatis, Saint Joseph's College
- Simon Roussel, University of Maine at Orono
- Callie Russell, University of Rhode Island
- Leah Scontras, Assumption College
- Emma Shields, Husson University
- Hallie Shiers, Merrimack College
- Jacob Sladen, Gap Year, Internship at Eastpoint Christian Church
- Sara Slager, University of Wisconsin-Madison
- Robert Small, Employment, Nordx
- Damien Smelcer, Military, Air Force
- Caelyn Smith, Pace University
- Katelyn Smith, University of New England
- Daniel Spiller, Southern Maine Community College
- Cameron St. Cyr, Central Maine Community College
- Sarah Stevens, Boston College
- Mariah Stout, University of Southern Maine
- Ian Stultz, University of Southern Maine
- Ethan Stump, University of Southern Maine
- Evangelia Suleiman, University of Maine at Orono
- Taylor Summerson, Apprenticeship/On-the-Job Training Deadriver
- Logan Swift, University of Maine at Orono
- Joseph Szumowski, Apprenticeship/On-the-Job Training Southern Maine Community College
- McKayla Taft, Southern Maine Community College
- Grace Terry, Emmanuel College
- Haley Thompson, University of Maine at Orono
- Payton Thorpe, University of Southern Maine
- Ellianna Towns, University of Maine at Orono
- Jayde Trafton, Southern Maine Community College
- Peyton True, Gap Year, Undecided
- Sarah Walker, Bentley University
- Brenden Waterman, University of New England
- Tyler Weeks, Apprenticeship/On-the-Job Training Johnson and Jordan Plumbing
- Erin Wentworth, University of New Hampshire
- Vincent Wheeler, Southern Maine Community College
- Ethan White, Rochester Institute of Technology
- Bryce Womack, University of Maine at Orono
- Brooke Woodbury, University of New Hampshire
- Melanie Wright, Husson University
- Bruce Wyatt, University of Maine at Orono
- Mackenzie Young, Southern Maine Community College and Employment at Stroudwater Lodge

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for their service during the school year.

Stewart McCallister praised GHS students for volunteering a total of 9,995 hours this year. One student, Grace Pierce, was honored by Luci Bowers who directs the Barbara Bush Literacy Program at GHS. Pierce is one of the program's "Team Trendsetters" who work with students at Village School. She gave up one study hall a week to tutor a student in reading, as well as helping Bowers with clerical duties.

During the public comment time, the committee heard from Barbara Nichols who has experience in school nutrition. She questioned how the district handles school meal bad debt. She requested a clarification of the policy about whether or not debts are wiped clean at the end of the year or carried over to the next school year. In response to a question about the policy from Bill Benson, Wright said that new state guidelines are expected soon so the district will be reviewing its own policy and procedures at that time.

Benson announced that there are still opportunities for students to participate in programs at Portland Arts and Technology High (PATH) and at the Westbrook Regional Vocational Center (WRVC) next school year, but that time is short for applying.

Wright reported that the GHS Building Committee has not met because they are waiting for some additional estimates from the architects.

The SC voted unanimously to approve appointment of the following new personnel: Rosemarie Lawrence, GMS music; Sarah Heald, Grade 4/5 Narragansett; Colin Loveless, GHS Health/PE; Rebecca Thibeault, Grade 5 Village; Melissa Bryant, Grade 1 Great Falls; Marie Whitney, Grade 3 Great Falls; and Stephanie Ramonas, GHS special education. They also approved coaching personal for the fall athletic season.

**NEXT GORHAM  
TIMES DEADLINE:  
JULY 17**

**SENIOR PROPERTY TAX ASSISTANCE PROGRAM**

Senior Property Tax Assistance Program applications are now available in the Town Clerk's Office. The application deadline is August 1, 2019.

To qualify for this program, you will need to meet the following:

- Be 65 years of age or more; Have a homestead in the Town of Gorham for the entire year prior to the date of application; Been a resident of the Town of Gorham for at least 5 years; Real Estate Taxes MUST be paid though the current year and in good standing; Combined household income does not exceed: \$58613 for 1 person, \$66994 for 2 people, \$75375 for 3 people, \$83700 for 4 people.

Please stop by the Clerk's office for an application or you can download one on our website. If you have any questions, please call 222-1670.

**SPORTS**

**Elders and Exercise**

DESTINY COOK  
*Sports Editor*

I am closing in on 50. AARP is knocking on my door and with this milestone in my near future, I'm also well aware of the hard work that is ahead of me to stay in shape, both physically and mentally. I think about the coming years and what it will take to be a healthy senior.

I talk to my dad at least twice a week, and I am always inspired by him. Our conversations always include what he has done for workouts that week. He will be turning 76 in July and each day he does some kind of physical activity—whether it's golf, walking, lifting weights or playing pickle ball. He jokes that he exercises to "stick around" for his family but he takes it very seriously and rarely misses the opportunity.

There are many benefits for seniors who exercise. Dawn Stevens, a local fitness instructor with the Gorham Recreation Department, shared that the most important benefit of exercise is the increase in cardiovascular strength, which in turn reduces the chances of heart disease. Stevens said, "Exercise can reduce blood pressure, helps maintain healthy bones, muscles and joints, aids in flexibility and range of motion, and helps in preventing falls." Studies have also shown exercise reduces the risk for dementia.

Before you begin any exercise regimen, it is always recommended to check with your physician, especially if you have a chronic health condition, previous or current injuries and/or balance issues. Stevens suggests that you always introduce yourself to a new class instructor and let them know your limitations. "They are there to help you get the most out of the workout that is right for you," she said.

Donna Kennie is one of Stevens' clients. She attends classes at the Gorham Rec five days a week. Kennie said she began working out over 40 years ago, however, recently her doctor suggested she incorporate weight bearing exercises for her osteoporosis. She incorporates many different exercises into her routine each week including hand weights and resistant



Photo credit Dawn Stevens

Donna Kennie takes part in a weekly exercise class through the Gorham Rec Dept.

bands, cardio, balance work, lunges and squats. Kennie suggests dropping in on a class to observe and participate if you choose.

Stevens said the best types of exercises for seniors differs for everyone, but first and foremost, she stressed, you must enjoy it. Chances are, if it isn't enjoyable, you won't stick with it. You should then ask yourself what you want and need from a workout. Stevens said, "In most older adults, the main concern is maintaining quality of life outside of a gym. To do this, focus on workouts that build strength, help improve balance, and choose movements that mimic everyday movements."

Seniors should know their limitations when beginning exercise programs. For example: Are your bones strong enough for high impact exercises like running and jumping? If not, low impact classes are best. If you're struggling with balance, biking might not be a good choice as you will want to avoid exercises that could cause falls. No matter your limitations, Kennie said, "The instructors can modify any exercises that are too difficult to do."

Each individual should assess his/her physical abilities when deciding how often to exercise. Stevens said, "Studies show that all adults including

CONTINUED ON PAGE 13

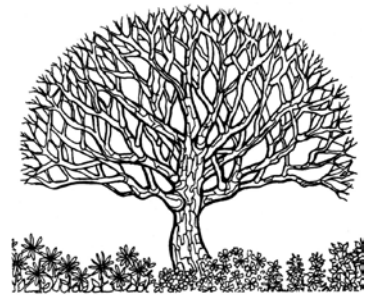
**Sports Etc.**



After winning one of eight finals national cheering championships across the country, four past and present Gorham Cheerleaders went on to the "Champions Challenge." Competing against the other finalists, the Gorham girls went on to win this prestigious event taking home a trophy, jackets and a ring. Pictured (l to r): **Reighley Adams, Erica Dvilinsky, Cassidy Rioux, and Samantha Cummings.**

**Mike Susi (GHS '15)** of Lasell College ('19) earned selection to the 2019 New England Intercollegiate Lacrosse Association (NEILA) Academic All-New England teams. Students must have senior standing, a cumulative grade point average of 3.0 or better, and be a significant player to be nominated.

**Narissa Libby (GHS '17)**, a student-athlete on the Lasell women's soccer team, was named to the Great Northeast Athletic Conference (GNAC) Academic All-Conference team for the 2018-19 school year.



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# Spring Sports Wrap Up

DESTINY COOK  
Sports Editor

**BASEBALL:**

Gorham Baseball ended its season with a 4-0 loss in the first round of the baseball playoffs. Coach Chuck Nadeau shared the team graduated nine seniors: Trevor Gray, Trevor Loubier, Jacob Sladen, Joey Curesky, Brandon Cummings, Zach Green, Bryce Womack, Aaron Goschke and Kevin Mollison. Aaron Goschke was named an Honorable Mention All-Conference pick for his great work as a pitcher and outfielder.

**SOFTBALL:**

Gorham Softball ended up 6-10 and in 13th place. Unfortunately the girls were just one place away from making the playoffs. Coach Renee Whipkey said, "On a positive note, we did finish with a strong game on our Senior Night vs. Kennebunk, and we won 4-3 in eight innings."

**BOYS LACROSSE:**

Coach Clayton Jones shared that the boys were not only doing their part on the field, they were thriving off the field helping the Gorham Village Alliance with a clean up day and volunteering with Gorham Youth Lacrosse.

At the end the season, the boys looked to avenge last year's loss to

Windham. Played on a rainy, miserable night, the Rams were down by nine goals at one point with a score of 11-2. "Then, in a comeback for the ages, the Rams came roaring back to tie the game at 14! Our motto this year, in Latin, was 'Numquam Dedite!' meaning 'Never Surrender!'" Jones said. While Windham won the game 15-14, the Rams overcame many obstacles.

The boys ended the regular season with a great win against Kennebunk 11-7 and headed into the playoffs at 8-4, a vast improvement over last year.

A rematch against South Portland in the playoffs looked to be a tough draw, but it was to be a different story this time around. No longer playing to lose, and knowing they were capable of more, this time the Rams hung in there. With a score of 11-9 the game was still within reach and the Rams scored with 10 seconds left to pull within one. Despite a game ending opportunity to score, the Rams succumbed to the Red Riots. Jones said though things didn't go their way, they played right to the end.

Both Dupuis and standout goalie Giuseppe Brown were named to the SMAA All-Conference Team. Jones said two-year captains Ben Nault and Dupuis deserve a lot of credit for their leadership. "They really

helped keep everyone on the right track and pulling together," Jones said.

**GIRLS LACROSSE:**

The Rams made it to the second round of playoffs this year, beating Noble 17-1 in the first round. Mary DeWitt, Carson Battaglia and Sophie Kaufman each scored three times and Hailey Morrill, Jill Nichols and Hallie Shiers each scored twice. Mackenzie Dix and Maddy Sweatt scored the other goals.

The girls fell to Massabesic 7-6 in the second round with Morrill scoring three goals and Dewitt, Battaglia and Shiers each scoring one. Coach Mary Guimond said, "The girls played phenomenally, and gave their last game everything they had. We will miss the seniors, but have a great group of underclassmen ready to take us deep into playoffs for the foreseeable future. Keep an eye on this rising sophomore class!"

Seniors Hailey Morrill and Sarah Walker, as well as junior Carson Battaglia, all received second-team all-conference recognition, and Paige Hume and Hallie Shiers were named to the honorable mention team.

**GIRLS TRACK:**

The GHS girls track & field team had a tremendous season. Coach

John Caterina said, "The Rams finished the regular season with their one and only loss to perennial power Thornton Academy." The SMAA championship came down to the final events before Gorham finished as runner-up to Cheverus by only 1.67 points.

The state meet was won by an impressive Cheverus team but the runner-up position was, again, a close battle between Gorham and T.A. with Gorham edging out T.A. by less than three points for the 2nd place trophy.

Caterina said the team was led by its captains Avery Germond (Sr), Evelyn Kitchen (Sr), Iris Kitchen (Jr), Kate Tugman (Jr) and Abby O'Brien (Jr) and there were some incredible performances by underclasswoman throughout the season.

New records were set by Kate Tugman in the 3200 and freshman Sydney Connolly in the 100. The 4 X 100 relay team of Maddie Michaud (Fr), Nevaeh Moore (Soph), Emma Green (Fr) and Connolly were State Class A champions and also set a new school record.

**GIRLS TENNIS:**

The girls tennis record, including playoffs, was 8-5. The Rams lost in the Western Maine semi-finals to Falmouth 1-4, with the the only win by Jocelyn Bolt at #1 singles.



Chris Burton Julie Chandler



Paul Farley Mike Griffin



Jane Mason Jeff Mason



Peter Mason Benjamin Taylor

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## Gorham Leaders Learning More about Opioid Misuse CONTINUED FROM PAGE 3

sion, and counseling policies at GHS as examples of current efforts. Health classes on substance abuse and more resources for referrals were gaps she identified.

Dr. Mark Publicker discussed treatment with opioid abuse medication and emphasized the importance of treating people with respect. He was concerned about people with mental illness self-medicating. He wants to engage the medical community with the community at large through support groups for families.

The recovery case manager for Westbrook, Daniel Rideout, said she gets referrals from Gorham. One issue of concern to her was the roadblocks facing young people with family members suffering from substance abuse.

She also emphasized the need for community awareness of amphetamine use.

Following the panel, participants held small group discussions about current efforts in Gorham starting with a list prepared from research by Communities Addressing Opioid Misuse that included identifying gaps and possible actions in the areas of prevention, harm reduction, treatment, and recovery. They were asked what gaps they would like to see addressed in the next year and what additional support they thought Gorham would need to address those gaps with action.

Some of the suggestions coming out of the discussions included holding events at places where young people frequent, such as the library, to give information on where to get help and

support for families; seeking state funding for out-patient treatment and staff training; and more preventative strategies for middle school students.

Guided by the Communities Addressing Opioid Misuse lists and suggestions from the workshop participants, Blackwell-Moore said they would prioritize the gaps and actions the group thought to be most urgent.

"We are currently analyzing the results of the brainstorming session," Record said later, "and will soon be sharing potential action steps with our local leaders and then eventually with the community at large."

Record expressed appreciation to all the local participants. "I was impressed by the engagement of everyone in attendance and I'm hopeful this is the start of more collaboration by all stakeholders."

## Elders and Exercise

CONTINUED FROM PAGE 11

seniors can benefit from 15 minutes of moderate heart pumping activity daily, 30 minutes is best." She also said strength training exercises are recommended two to four times a week in addition to stretching exercises to help maintain flexibility and balance and remain injury free.

Exercising can help you sleep better, and for some, it reduces the symptoms of anxiety and depression. For Kennie, exercise has been good for weight control, strengthening bones and muscles, increasing stamina, improving overall fitness, but more importantly, it increases life expectancy. It adds many things to your health and well being, most of all, exercise makes you happy.

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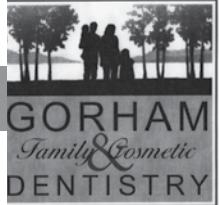
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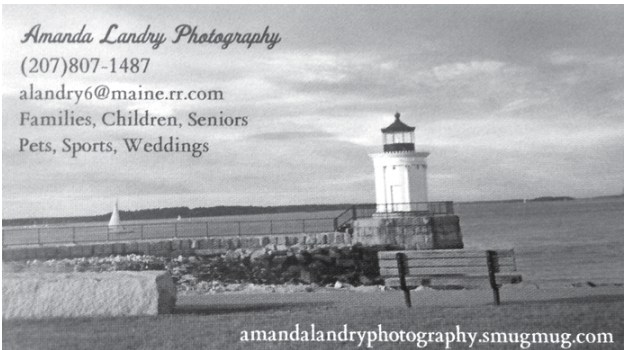
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## COMMUNITY

### GRADUATIONS

**Johnathan Giovanni Brown**, B.S. cum laude in management, Norwich University, Northfield, VT  
**Tucker Buteau**, B.A. in English, Saint Michael's College, Colchester, VT  
**Meghan Hanley**, B.A. in art history, Connecticut College, New London, CT  
**Amanda D. Spink**, B.S. in chemistry, Saint Michael's College, Colchester, VT

### DEAN'S LIST

**Krista Boylen**, University of Rhode Island, Kingston, RI  
**Robert Campbell**, Quinnipiac University, Hamden, CT  
**Anthony Chase**, University of New England  
**Jenna Cowan**, University of New England  
**Abigail Flint**, Endicott College, Beverly, MA  
**Diana Kolb**, Stonehill College, Easton, MA  
**Carli Labrecque**, University of Rhode Island, Kingston, RI  
**Cassidy Landry**, Johnson & Wales University, Providence, RI  
**Elizabeth Landry**, University of New England  
**Grace Libby**, University of New England  
**Hannah Libby**, University of New England  
**Narissa Libby**, Lasell College, Newton, MA  
**Emily O'Donnell**, Endicott College, Beverly, MA  
**Andy Pham**, University of New England  
**Elizabeth Sullivan**, University of New England  
**Hallie Thomas**, Endicott College, Beverly, MA  
**Kenneth Tuttle**, Endicott College, Beverly, MA  
**Alyssa Vaccaro**, Endicott College, Beverly, MA  
**Andrew York**, University of New England  
**Siena Zerillo**, Saint Anselm College, Manchester, NH

### HONORS

**Alyssa Smith** was inducted into National Society of Leadership and Success, Saint Anselm's College, Manchester, New Hampshire.

### OF INTEREST

**Gorham resident Joseph Moutinho (GHS '16)** a member of the class of 2020 majoring in chemical engineering at Worcester Polytechnic Institute (WPI), was a member of a student team that recently completed an intense, hands-on research through the WPI project center in Denmark.

**Plans are underway for the Gorham High School Class of 1970 50th reunion** to be held during the summer of 2020. Organizers are currently upgrading the class member contact list. Should you be a member of the GHS Class of 1970, please send name, current address, phone number and email address to [gorhamhighclassof1970@gmail.com](mailto:gorhamhighclassof1970@gmail.com).

**Entrepreneur and CEO Kate Beever (GHS '03, USM '07)** has announced that her company, Maine Music and Health, was chosen out of 1,700 as one of 10 finalists in the Inc. Magazine / UPS#SmallBizChallenge. Help support Kate, her company and music therapy in Maine with your vote (it's very easy!) in the finals, where companies are competing for \$25,000. Cast your vote before June 30 at <https://www.inc.com/theupsstore/meet-the-finalists-and-cast-your-vote.html>

**Cressey Road United Methodist Church will hold "Balls, Bubbles and Bikes" beginning July 2 on Tuesdays and Thursdays from 9:30-11 am, and Wednesdays from 6-7 pm.** Parents/caregivers are invited to bring children to play on the grounds. Feel free to bring bikes, scooters, etc. This is not a drop off event. 81 Cressey Road, Gorham. FMI 839-3111.

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Focusing on Greater Portland to the Lakes Region and all points in between

**The Gorham Lions will be meeting on July 9 at 6:30 p.m.**, Old Elmwood School House on South Street (Rte. 114). Regular dinner meetings are the 2nd and 4th Tuesday of each month. New members always welcome. FMI, 929-9182.

### LIBRARY NOTES

**The North Gorham Public Library** at 2 Standish Neck Road has a free storytime for toddlers all summer long on Wednesdays at 10 a.m. Contact [libng@north-gorham.lib.me.us](mailto:libng@north-gorham.lib.me.us) for more information, or visit [north-gorham.lib.me.us](http://north-gorham.lib.me.us).

**Baxter Library programs include:** Art in the Park (bring your lunch and imagination, supplies are included); Evening Reader's Theatre for all ages; 4-H Summer of Science (a 6-week STEM program); Crafternoon for all ages (supplies provided); STEAM for toddlers (a 5-week program in science, technology, engineering, art and math for toddlers ages 18-36 months); and Walking Meditation with Ms. Heidi, who teaches an active way to meditate. Check the calendar for the full schedule. The library opens every day at 9 a.m, except Sunday, and will be closed on the 4th of July. Learn more online at [baxterlibrary.org](http://baxterlibrary.org), or call the library for more information at 222-1190.

### USM NOTES

**Summer Session at USM runs from May 20-August 14** (starting dates vary). Browse the course offerings at [usm.maine.edu/courses](http://usm.maine.edu/courses).

**The Southworth Planetarium on the Portland Campus presents several shows** almost daily through the end of July. Find the complete schedule at [usm.maine.edu/planet/events](http://usm.maine.edu/planet/events), or FMI contact [edward.gleason@maine.edu](mailto:edward.gleason@maine.edu), 780-4249.

**Transfer Tuesdays continue every week through July 30, 8 a.m.-4:30 p.m.** Students interested in transferring to the University of Southern Maine (USM) are welcome to get an in-person admission decision during a 30-minute interview with a counselor on any USM campus, Gorham, Portland, or Lewiston. Call 780-5670 to schedule an appointment.

### Plan ahead to enjoy two free band concerts in July at McCormack Performing Arts

**Center:** the Southern Maine Music Academy final concert on Saturday, July 13 at 2 p.m., and the Southern Maine Junior Music Academy final concert on Saturday, July 27 at 2 p.m. Operated by the USM School of Music, both groups are part of the USM Summer Youth Music and Theatre Camps, housed on the Gorham campus.

**Visit USM's full calendar online to see what's happening on the Gorham campus, and beyond,** [usm.maine.edu/events](http://usm.maine.edu/events).

### SENIOR NEWS

**The Lecky Brown Center's "ARTrageous Seniors,"** is offering Open Studio art, with opportunities to try different subjects and media on June 28, July 12, 19, 26, August 9 and 30 during the summer. Bring your own projects to share and work on or jump into a new project with our art instructor. We are located on the 3rd floor at First Parish Church, 1 Church St. FMI: Pam Tiffany, 239-2766 or [leckybrowncenter@gmail.com](mailto:leckybrowncenter@gmail.com).

**The Gorham Medical Closet** located at the Municipal Center 75 South St is free and available to Gorham residents in need of wheelchairs, shower seats, commodes, walkers, canes, crutches and more. FMI 839-3859, 839-2484, 329-4976, 632-2178, 839-3494, 839-3630. Hours are by appointment only with one of the volunteers. If you don't reach a volunteer, leave a message and they will return your call.

**Lakes Region Senior Center**, located at the Little Falls Activity Center, 40 Acorn St. is open Monday through Friday from 9 a.m. to 1 p.m. Join them daily for coffee, tea, and socializing. Ongoing daily activities include Mahjong on Mondays – beginners welcome. FMI, Sue Chesler-Doherty, 272-3095; Tuesday crafts and card games. FMI, Avis 892-0298; The Memoir Writing Group meets the last Wednesday of the month. FMI, David 892-9604; Thursday Table games at 10 a.m. and Friday Art Workshops at 9 a.m. FMI 892-0299.

### ONGOING

**The Gorham Food Pantry**, located at 299-B Main St (parking lot of St. Anne's Catholic Church) is open every Thursday morning from 9-11 a.m. and the second and fourth Wednesday of every month from 6-7 p.m. Free for Gorham residents in need. FMI, 222-4351 or visit [www.gorhamfoodpantry.org](http://www.gorhamfoodpantry.org).

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the *Courtesy of the Gorham Police Department*  
**blotter**

### WHAT'S MY JOB DESCRIPTION?

**Officer explained to a South Street resident that the Police Department could not fix his computer and he would have to bring it someplace to have the virus removed.**

Harding Bridge Road caller heard from a bank's fraud department asking if he was attempting to make any purchases. He advised he was not and bank blocked activity before purchase could be completed.

Caller reported a roadside domestic incident. Female reported it was a verbal argument. Parties were separated. Female was sober and called for a ride for male and said she would stay somewhere else that night. Officer gave male a ride to the police station and he was picked up after he calmed down.

Dingley Spring Road caller reported her neighbor's pit-bull was digging in her yard. Dog owner had previously been warned about dogs at large. Neighbor acknowledged that both dogs had been out and he did not know where they went. He was issued written warnings.

William Henry Drive caller reported that while out walking, he noted a large amount of dog feces along the side of the road.

Officer saw a truck parked on the side of Main St. with its blinkers on and a female slouched in the front seat. Officer yelled at her to wake up and could see someone trying to kick out the back side window. Officer called for back up and they were

able to wake both parties. Male got out. Female said she was tired so she pulled over so she didn't fall asleep while driving. She did not appear to have used drugs or alcohol. They were advised to pull over in a parking lot in the future as the truck's mirror was in the travel lane.

Officer observed a jeep with the front wheels wobbling. He also noted a crack in the windshield. Officer issued warning to the driver. Driver told officer he had hit an object in the road which caused the tires to wobble.

Vehicle rolled over on Fort Hill Road and was in a ditch on its roof. Driver was issued a criminal summons for failing to register a motor vehicle for more than 150 days and citations for expired inspection sticker and three inadequate tires.

Officer went to Woodside Drive in response to a call about a lot of yelling and banging from the apartment next door. Resident told officer noise was caused by her two young children playing upstairs.

Blood technician was called out to a blood draw for a pedestrian vs. vehicle crash. It turned out a Gorham School bus was not involved and pedestrian was not hit so no blood draw was needed.

## CLASSIFIEDS

### ESTATE SALE

**LIVING ESTATE YARD SALE.** 16 Adeline Drive, Gorham. June 28 & 29. 9:00-3:00 both days.

### FOR SALE

<http://tinyurl.com/spoiledbymyboyfriend>. Go now, and check my fun shirt out and make that purchase today. Prices start at \$21.99 for a snazzy short-sleeved shirt and on up.

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### SERVICES

**HYPNOSIS WORKS!** Stop smoking, better focus, less stress. Laura Szafranski, CH. 207-391-1201 or Livinghealthywithhypnosis.com.

## CALENDAR

### THURSDAY, JUNE 27

Baxter Memorial Library, "Art in the Park" 10:30 a.m. to 2 p.m.

### TUESDAY, JULY 2

Baxter Memorial Library, Evening Reader's Theatre, 6-6:45 p.m.  
 Town of Gorham, Regular Town Council Meeting, 6:30 p.m.

### WEDNESDAY, JULY 3

Baxter Memorial Library, 4-H Summer of Science, 1-2 p.m.  
 North Gorham Public Library, Storytime for Toddlers, 10 a.m. Standish Neck Road.

### THURSDAY, JULY 5

Baxter Memorial Library, Crafternoon, 1-3 p.m.

### MONDAY, JULY 8

Baxter Memorial Library, STEAM for Toddlers, 10-10:30 a.m.

### TUESDAY, JULY 9

Baxter Memorial Library, Walking Meditation, 10-11 a.m.  
 Gorham Lions Club dinner meeting at 6:30 p.m., Old Elmwood School House, South Street.

### WEDNESDAY, JULY 10

Baxter Memorial Library, 4-H Summer of Science, 1-2 p.m.  
 North Gorham Public Library, Storytime for Toddlers, 10 a.m. Standish Neck Road.

### THURSDAY, JULY 11

Baxter Memorial Library, "Art in the Park" 10:30 a.m. to 2 p.m.

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