# Get Out & Ote

Leslie Dupuis

Editor

Tuesday, November 5, is Election Day. On the local ballot, there are three seats open for Town Council and two seats open for School Committee. Dan Nichols has withdrawn from the race for Town Council. There is a local referendum question asking voters to authorize the Town of Gorham to borrow up to \$5,900,000 to finance the cost of 141 acres of vacant land for development into an industrial park. There are also two referendum questions on the state ballot.

The polls will be open on November 5 from 7 a.m. to 8 p.m. Polling places in Gorham are: Ward 1-1 at Gorham Middle School, Ward 1-2 at Little Falls Activity Center on Acorn Street, and Ward 2 at Shaw Gym. If you are unaware of where to vote, call the Town Clerk's office at 222-1670.

You can still register to vote in person at the Clerk's office through November 4 and at the polls on Election Day. Please bring photo ID for identification and something with your Gorham address on it for proof of residency.

For more voting information or to view a sample ballot, go to www. gorham-me.us.

# Rainstorm Knocks Out Power to Many



Photo credit Roger Marchano

Almost two years to the day in 2017, a rainstorm with high winds affected many Gorham residents on October 17. Power and phone outages were reported throughout the town. While public schools remained open, the University of Southern Maine was forced to cancel classes for two days. Most residents saw their service restored within several days. Shown above, a large tree at 148 South Street was ripped from the ground.

# Sanborn Takes Over as New Police Chief in Gorham





Photo credit Roger Marchand

Christopher Sanborn was sworn in as the new Police Chief on October 21 as his wife looked on. He is shown with two of his daughters, his wife, and his parents after the ceremony.

GORHAM TIMES STAFF

Christopher Sanborn has been named the new Gorham Police Chief, replacing Dan Jones who retired in September. He has been with the Gorham Police Department for 30 years, beginning his career with the Department in July of 1989. He has held the positions of Patrol Officer, Sergeant, Lieutenant and Deputy Police Chief. He was also appointed Interim Police Chief on five separate occasions in 2010, 2012, 2013, 2014 and most recently, in 2019.

Sanborn has an Associate Degree of Applied Science in Law Enforcement Technology from Southern Maine Community College and holds a Chief Executive Certification from the Maine Criminal Justice Academy. He also has over 3,400 hours of professional law enforcement training in various areas to include police administration, police supervision, major case management, internal investigations, background investigations, criminal investigations, crisis negotiations, crisis intervention training, post traumatic stress management training and field training along with many other law enforcement related topics.

He is the Cumberland County Regional Training Coordinator and the Post Traumatic Stress Management Team Coordinator for Cumberland County.

Sanborn said, "The Gorham Police Department is a professional law enforcement agency that has a good reputation within the Town of Gorham and the law enforcement community within the State of Maine. I plan to continue to work diligently to support our staff professionally and personally so that we can continue to provide a quality community policing based law enforcement service to the Town of Gorham and its visitors. I am excited for this opportunity and I look forward to leading the Gorham Police Department into the future.'

Sanborn is married and has three daughters and two dogs.

### **GHS Building Committee Recommends New Option**

KATHY CORBETT

Staff Writer

The Gorham High School (GHS) Building Committee met on October 22 to review three options for expansion and renovation of the current building and to recommend one of those options to the School Committee for consideration. With one exception, those attending reached a consensus on Option 6 which places the new classroom wing on the Morrill Avenue side of the building. This option provides common areas for 1100 students and initial classroom space for 950 students.

Committee member Paul Smith chose not to consider any of the

options because of the estimated costs in relation to enrollment projections. The Option 6 plan as presented is estimated at \$71.9 million.

Although this is the least expensive plan and the most compact and efficient option proposed by the architects, the discussion focused on whether or not it met the educational needs of students, including enhanced security. Architect Daniel Cecil of Harriman Associates said they "can't make it less expensive without giving up some big things."

Although members of the committee expressed support, some lamented that the plan eliminated a proposed lecture hall. Transportation and Facilities Director Norman Justice spoke for a number of members when he objected to a lack of air conditioning which, he said, would be very expensive to add later. The construction of the cafeteria and library area is safe but outdated. This option would not just renovate it, but rebuild it to current standards.

Brian Jandreau, GHS principal, emphasized the importance of safety needs. This plan incorporates "best safety practice," which includes having only one entrance.

Members gave what Superintendent Heather Perry called "a recommendation at this point in time," emphasizing that this is only one step in a process that will include the School Committee, the Town Council, and the public.

inside the Times f GOCAM YOU TUDE

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A MEANINGFUL THANKSGIVING TRADITION PAGE 4 Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

# Getting Food on the Table

REP. MAUREEN "MO" TERRY

Before the Great Recession, about 13 million households in the United States experienced food insecurity, meaning that at times during the year, there was not enough food to feed everyone at home due to financial hardship. After the economy collapsed in 2007, that number increased to over 17 million.

What's worse, during the recession, two million more households started experiencing very low food security, meaning family members were often forced to skip meals and not eat for entire days due to a lack of resources. Last year, for the first time since the recession, the percentage of households in America suffering from food insecurity returned to roughly where it was before the financial collapse.

However, Maine is still lagging behind. The percentage of households in our state experiencing very low food security in 2018 was double what it was in 2002, and more people are going hungry in Maine than any other New England state. Nationwide, Maine is ranked as the seventh most food insecure state in the country.

These figures, reported by the USDA's Economic Research Service, reveal a distressing problem that many Mainers have seen in their own communities. Here in Gorham, Heather Whitaker observed this issue firsthand among her students and took action. On Oct. 1, the Gorham School Department was awarded a \$25,000 State Farm Neighborhood Assist grant to support the BackPack Program that Whitaker, an alternative teacher at Gorham Middle School, cofounded with Jennifer Baker to feed students when they are not in school. Whitaker also oversees a school garden that supplies the Gorham Food Pantry with fresh produce and coordinates a team of student volunteers to distribute food over weekends and vacations.

Earlier this month, the Maine Department of Education named Whitaker the 2020 Teacher of the Year. Her powerful dedication to her students, both in and outside of the classroom, compelled her to start the BackPack Program. In addition to feeding students in need, the BackPack Program has also encouraged more Gorham students to volunteer and give back to their community, educating many of our young people about the serious and pressing issue of food insecurity in Maine.

Unfortunately, we may soon have even more need for the BackPack Program due to a Trump administration proposal that could end food stamp benefits for 44,000 Mainers. The Mills administration estimates that this proposal will harm 27% of Maine residents who now receive food assistance, and

the Maine Department of Health and Human Services stated that almost half of those receiving food assistance are children, older Mainers or people with

If this harmful proposal goes into effect, more people in Gorham will find themselves having to skip meals and go entire days without eating. Research has shown us that when students are hungry, their academic performance drops as well. If we want to give all kids in Gorham a chance at academic success, we need to make sure that their families have enough food at the table.

Suffice it to say, the BackPack Program needs all of our support. To volunteer or donate to the elementary schools, you can reach out to Jennifer Baker at jennifer.baker@gorhamschools.org, 222-1300. To volunteer or donate to the middle and high school, you can reach out to Heather Whitaker at heather.whitaker@gorhamschool.org, 222-1338.



Rep. Maureen "Mo" Terry is serving her second term in the Maine House of Representatives. She is a chef and small business owner with more than 25 vears of experience in the food service industry. She

serves on the Taxation Committee. (207) 712lature.maine.gov.

# disabilities.

9735, (800) 423-2900, maureen.terry@ legis-

### **letter** to the Editor

Letters to the Editor must be fewer than 300 words, signed with a first and last name, typed or e-mailed and include a phone number. The Gorham Times reserves the right not to publish letters that include personal attacks or inflammatory language. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times and are subject to editing.

Dear Editor,

I have been a resident for 43 years in Gorham and I think a good deal of the problems with Gorham and their trash/recycling problem has to do with how Gorham handles the trash.

My daughter and son in law live in Gray and they have a fantastic dump with ways to dispose of most anything. It seems that Gorham has not known how to improve on how residents can dispose of a good deal of items that need to be discarded or recycled. It is difficult enough to even find time to go to the town dump with the limited hours

I would suggest that if there is a problem with trash in Gorham

that the council take a good look at how Gray handles their trash and see if the council can come up with a more productive way than to blame residents for not knowing how to dispose of certain items.

Just a suggestion on maybe checking into that prospective.

Thank you, Connie Riechel



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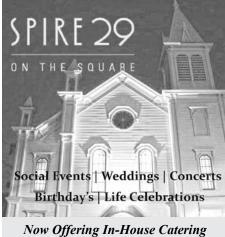
#### **Advertising and Copy Deadlines**

Ad deadline is the Wednesday of the week prior to issue date. Go to www.gorhamtimes.com and click on the advertising link for schedule.

#### **EDITORIAL POLICY**

The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

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# **Community Workshops Keep Neighbors Warm**



Volunteers assembled over 600 window inserts during the last two community workshops in Gorham.

THIS DECEMBER, VOLUNTEERS IN

BUXTON AND GORHAM WILL ONCE

AGAIN COME TOGETHER FOR A

COMMUNITY WORKSHOP TO BUILD

INSULATING WINDOW INSERTS FOR

OUR FRIENDS AND NEIGHBORS.

THE EVENT WILL TAKE PLACE

DECEMBER 3-7 AT GALILEE BAPTIST

CHURCH IN GORHAM.

MIRIAM RUBIN Contributing Writer

With the shift from summer to fall, it is time now to think about keeping our homes warm for the next six months, and there is no better insurance against cold, drafty windows than an interior storm window. "Window inserts" are attractive, inexpensive wooden-framed panels covered on two sides with clear film that fit snugly

inside a windowsill to provide an extra layer of insulation, as well as eliminating drafts from air leaking in around a window. Not only do these inserts keep your house warmer, they save significantly on heating bills and reduce your home's carbon footprint.

The cost of the window inserts is kept far below similar commercially-made products because the labor is all done by volunteers, and there is no profit margin. The whole operation is directed by a non-profit organization called The WindowDressers, headquartered in Rockland, ME, which has helped Maine communities make over 34,650 insulating window inserts in the past nine years. Central to the WindowDressers' mission is providing window inserts at no cost to people whose budgets do not allow them to purchase the inserts. There is no specific income threshold or application to receive free inserts; if the cost doesn't fit in your budget, you are eligible for free inserts.

This December, volunteers in Buxton and Gorham will once again come together for a community workshop to build these insulating window inserts for our friends and neighbors. The event will take place December 3-7 at the Galilee Baptist Church in Gorham.

Teams of volunteers will take fourhour shifts and enjoy socializing during the free lunch served between morning and afternoon work shifts. All the training, materials and equipment are provided. No prior experience or skills are needed to participate in a local workshop. Simply join the fun, keep your neighbors warm, and help reduce greenhouse gas emissions in our communities.

During the previous two work-

shops, the group built a total of 650 inserts for 80 homes in our local communities including Buxton, Gorham, Hollis, Limington, Standish, Westbrook, Windham, Sanford, and Steep Falls. This equates to a savings of well over \$14,000 in

avoided heating fuel costs each year for that collective group of homes. Inserts last for about 10 years, over which time they will result in more than 650 tons of CO2 not being released into the atmosphere because that fuel wasn't burned.

Because all windows are unique, each window getting an insert is custom-measured by a volunteer team. To allow time for a measuring visit and preparing frames, all inquiries for inserts to be made at the December Buxton-Gorham workshop must be received before November 10. Inquiries may be made after that date, but those inserts would be made at a different community workshop (Portland and Standish will have later workshops). For more information on initiating an order for window inserts for your home or business, or to sign up for a volunteer shift (or two!), please go to www.windowdressers.org or send an email to Miriam Rubin at buxtongorhamwindowdressers@gmail.com.

GHS GRAD NEWS: If you, or your son or daughter is a GHS graduate, we would like to share your achievements in the Gorham Times Of Interest section or in a Where Are They Now feature. Of Interest submissions should include the year of GHS graduation and should be no longer than 75 words. Contact Chris Crawford at ckck5@maine. rr.com. Kathy Corbett at ktcorbett@aol.com or Cindy O'Shea at coshea2@maine.rr.com.

# GHS Grad News: Dr. Wesley Joseph Mills GHS '72

COMPILED BY CHRIS CRAWFORD Staff Writer

Dr. Wesley Mills comes from a family with deep Maine roots. According to Mills, "They have a history in seafaring, lighthouse-keeping, writing, preaching, and teaching." Like many of his forebears, Mills has devoted his life to teaching. He is also a pastor and an organizer in social projects such as the Wayside Soup Kitchen which fights hunger and food waste, and Root Cellar ministries which builds community involvement in impoverished neighborhoods.

His newly revised book, "Vision and Voice: A synoptic Narrative of U.S. Civil Rights History and the Societal Struggle For Justice and Equality," is used as a text in the classes he teaches at York County Community College, where he has taught for 22 years. He said, "My book provides an overview of civil rights over the course of 400 years of political, philosophical and religious history."

Mills currently teaches courses in composition, ethics, history, and religion and is also the author of two previous books: "The Children's Menu" (a guide for children's sermons) and "Pieces of Passion in Search of Peace" (a collection of poetry).

#### **Education**

Mills earned a Bachelor's degree at Gordon College 1976; a Master's at Fuller Theological Seminary 1979; and his Doctorate at Andover Newton Theological School 1989.

#### **Employment**

Mills said, "I found my niche in teaching and love being part of York Community College, working with people of all ages, backgrounds, and aspirations. It's both challenging and rewarding, and I'm thankful for the opportunity."

He added, "Some years ago I had the honor of writing a chapter for



a book about teaching published by the Gorham campus of USM, and since then I've written three books of my own. I have a meaningful vocation and work with great peoplewhat could be better?"

#### **Gorham Memories**

Mills recalled, "Growing up in Gorham entailed a diverse experience for a small town, including managing a paper route, working at a greenhouse, and participating in Little League championship teams." He remembers the overcrowding that necessitated double sessions at GHS, "The crammed quarters back then were a challenge, but it was great to be part of the Western Maine championship basketball team." He added, "What stands out are the neighborhood friends in the early days and high school pals and church friends later on. I suppose that's a bit of nostalgia as the pace of life then was more relaxed—in contrast to the faster pace now. And Gorham is no longer just a small town."

Mills enjoys exploring the shorelines and islands of coastal Maine while spending time at his camp on the coast in Owl's Head. He can be reached at wmills@uccc.edu

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### **Production Assistant** at Gorham Community Access Media

The Town of Gorham is currently seeking a part-time/per-diem videographer to assist the Community Media System Manager with media production approximately 20 hours per month. Experience and demonstrated proficiency in video production desired.

**HOW TO APPLY:** Please complete a Town of Gorham Employment Application, available on the Town's website www.gorham-me.org. Applications are also available at the Town Manager's Office - 75 South Street, Suite 1, Gorham, ME 04038.

## **Has Play Become Extinct?**

ELIZABETH WILKINS

Think back to your childhood – what are your favorite memories of play where were you, what do you see, what can you smell, who were you with? For many of us, these memories take place outside, with friends, in situations that were not organized or dictated by adults. They often involved some risk and came with a sense of freedom – you were doing what you wanted to do, when you wanted to do it. Now think of children today - how have things changed? Do they have the time or space to determine what, when, and how they want to do things? When do they have time to just play?

Children's lives have changed drastically in a short amount of time. Just a couple decades ago children had up to four or more hours to spend in free play time with friends, most likely outside; now we are down to an average of 45 minutes. Times have changed, our culture has changed, but children's needs for self-directed play have not.

There are crucial skills that are developed through play that cannot be taught in a classroom or through participating in a sport. When is a child most likely to challenge themselves, take risks, make mistakes, push themselves to try new things, and learn to rely on themselves to problem solve? Research shows that it is not in a pressured environment, like a classroom, where often children feel like there is a right and wrong answer. It is when they are in free play situations with other children.

It is in play that children through the millennia have developed their sense of self-confidence and "practiced" being human. This is where they can build houses, pretend to be someone else,

make tools, create rules - unbound by the restrictions imposed by the adult world, including adult fears. These are experiences that are essential for a child's development.

Research is also showing an increase in physical, emotional, attention and cognitive disorders in children. Could there be a correlation to decreased time

Even when parents want their kids to play outside, there seem to be many barriers to making this happen, whether it is because they do not live around other children, both parents work and there is no time, parents feel pressure to have their children in scheduled activities every day, or children have a hard time disconnecting from their

It takes a concerted effort to make sure our kids are getting the play time they need and it may mean some difficult changes that go against the flow. Try limiting screen time. Let your child get bored. Create outdoor family time. Cut back on scheduled adult-directed activities. Make sure there is free time on the weekends. Connect with neighbors with children. Steps like these are not easy but overcoming our fears can lead to a healthier child who can play independently, knows their body, has learned to get along with others, and most importantly, has had the chance to figure out who they are and what brings



Elizabeth Wilkins, owner of TimberNook of Greater Portland Maine, has been a mom for 17 years, a teacher in Waldorf settings for 13 years, and most recently obtained a degree in occu-

pational therapy. She and her family live in Gorham.

# A Meaningful Thanksgiving **Tradition in the Community**

LESLIE DUPUIS Editor

For the tenth straight year, a free meal will be offered at Mr. Bagel in Gorham at noon on Thanksgiving Day, November 28, to those who either find themselves alone on the holiday or are unable to prepare a meal. Last year, over 100 meals were provided; the majority were delivered to local residents.

The meal is organized and funded solely by volunteers, led by Roxanne Moody, while Mr. Bagel generously provides the use of its space for prepping and serving. Volunteers from the community, including the Gorham Fire Department, cooked 150 pounds of turkey and prepped 50 pounds of potatoes in addition to making squash, rolls, pies and all the fixings last year.

Public safety workers are invited for free coffee, cider and homemade donuts from 9-10:30 a.m. as way to thank them for their service to the community.

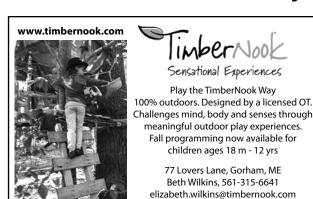


Volunteers help prep for a free Thanksgiving meal offered to local residents each year.

The meal is free but donations are accepted for the Gorham Food Pantry. A total of \$932 was donated to the Pantry last year.

Delivery is available within a 15-mile radius of Gorham for those who are housebound. FMI, Roxanne Hanscom Moody, 839-4516 or trmoody75.rm@gmail.com. Please be prepared to leave a message with your name and phone number.

### FMI: Call 839-4516 or trmoody75.rm@gmail.com



Don't **Forget** to Vote on Nov. 5<sup>th</sup>

# Gorham Recreation & Falmouth Community Programs present



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Girl Scouts from Troop 2300 collected various items including backpacks, socks, toiletry bags and snack packs to benefit the Maine Homeless Veterans Alliance. Donations were collected from Girl Scouts in Gorham, Scarborough and Westbrook. Officer Kiger accepted the donation at the Gorham Police Department drop box.

#### DIANE ABRAMSON Staff Writer

For the fourth year in a row, Gorham residents have assisted the Maine Homeless Veterans Alliance with collecting items for homeless and otherwise needy veterans of the United States Armed Forces.

The Maine Homeless Veterans Alliance is a non-profit organization dedicated to providing resources to veterans as well as educating the public about the needs of the homeless veterans in our country. There are approximately 40,000 homeless veterans on any given night in the United States with veterans making up 9% of the homelessness in our country.

Donation drop boxes are currently located in the lobby of the Gorham Police Department and at the Gorham Mr. Bagel. The Maine Homeless Veterans Alliance is always in desperate need of new socks and travel-size hygiene items such as chapstick. Additionally, with winter approaching and temperatures dropping, items such as coats, snow pants, hats, gloves, scarves, boots, pants, shirts, sweaters, flannels, and sleeping bags are indispensable. Unfortunately, the

organization is not permitted to collect used blankets or quilts.

Gorham volunteer point-of-contact, Iennifer Beaumont, said, "last year, we had a goal of collecting 300 pairs of socks. The residents of Gorham donated 806 pairs of new socks, with 70 coming from students at Village School. Everyone has been amazing and extremely generous."

"We were recently made aware of a homeless veteran living in the woods here in Gorham," said Beaumont, "and the community stepped up by raising funds, gift cards, and clothing. A special person even purchased a track phone and minutes for the veteran, allowing this individual to reach out to the VA, the Maine Homeless Veterans Alliance, and to stay connected with other housing prospects. He was even hired full-time in Gorham."

Volunteers from the Maine Homeless Veterans Alliance will happily travel to businesses or homes to pick up donated goods. For more information on the Alliance or to schedule a pick-up, please contact Jennifer Beaumont at (207) 653-5009.

### Support For Homeless Veterans | Clerk's Corner: Pay It Forward

Laurie Nordfors Town Clerk

As the holidays approach, we start thinking about families who need a little extra help to get through the seasons. The Town of Gorham offers help to families in need during the holidays. You can help by sponsoring a family for Thanksgiving or Christmas. This is a great way for a community group, organization or a whole family to get involved. You can call the Town Clerk's Office at 222-1670 before the holidays and ask to sponsor a family. You will be given a "wish list" from a family along with the children's ages and clothing size.

Along with the need for holiday assistance, low-income families and the elderly struggle to heat their homes each winter. The Town of Gorham has responded by creating the Gorham Heating Assistance Fund. This fund is supported by donations from Gorham citizens and local businesses and 100% of the funds received go directly to people we assist with heating fuel.

With many households facing increasing financial pressure, we are now assisting more families who never expected to be in a position of needing to ask



for help. As another heating season approaches, it is expected that the demand for heating assistance will be great. We ask that you consider making a contribution to this fund to support our efforts to keep Gorham residents warm and safe this winter. By donating, you are truly making a difference in the life of a family in your community.

On behalf of all of those who will be benefitting from these funds, I thank you greatly for your consideration. If you have any questions, please do not hesitate to contact me at 222-1671 or lnordfors@gorham.me.us.

We all could use a little help now and then and these are ways our Gorham residents can PAY IT FORWARD.

### Arrests June 2019

Washburn Drive woman, 39, was arrested for OUI.

Standish man, 23, was arrested for

Standish man, 21, was arrested for

Running Springs Road man, 19, was arrested for unlawful possession of a scheduled drug (two counts) and operating a vehicle without a license.

Scarborough woman, 23, was arrested for OUI.

Windham man, 24, was arrested for violating conditions of release and operating while license was suspended.

Limington man, 28, was arrested for OUI (one prior).

Portland man, 32, was arrested for operating after suspension and violating conditions of release.

Buxton man, 43, was arrested for

Standish man, 67, was held for another agency.

Windham man, 24, was arrested for

Portland man, 29, was arrested for disorderly conduct.





### CRAFT SHOW

COSTELLO SPORTS COMPLEX **GORHAM CAMPUS** SAT., NOV. 9<sup>TH</sup> 10:00 AM - 4:00 PM & SUN., NOV. 10<sup>TH</sup> 10:00 AM - 3:00 PM



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### **New Town Internship: Luke Nadeau Creates His Future**

CATHY WALTER Staff Writer

Luke Nadeau, a 17-year-old Gorham resident, has wanted to participate in local politics since he was in fourth grade. After learning he was still too young to run for office this year he did not despair or give up. He took action. He spoke to his mom who put him in touch with Sherri Benner, a former Town Councilor, who educated and inspired him to petition the town to create a new internship program and accept him as its first participant.

"Sherri reviewed my internship proposal, sat with with me over coffee to discuss my goals, arranged the meeting with town officials and also gave me great advice. She really encouraged me," Luke explained.

This is the first internship in the Gorham Municipal Department and will continue for the school year. Nadeau will be assisting various departments in the Municipal Office with the goal of gaining a knowledge of town government and the many different tasks that are performed in the Town Clerk's office.

"He has been working in my office since he started, cleaning up the voter card files and scanning property tax lien files from the Finance office. Luke will be assisting with the upcoming election as he is very interested in the



Luke Nadeau helps prepare for the upcoming election at the Town Clerk's office.

election process," said Town Clerk Laurie Nordfors.

Nadeau is taking advantage of a program at Baxter Academy for Science and Technology, the school where he is now a senior, called "Flex Friday" which encourages students to participate in internships or create and work on group projects. This unique program has given him both the incentive and the freedom to create the internship and then work every Friday from 9 a.m.-1 p.m. in the town offices garnering the hands-on experience he craved.

"Everything I have a chance to do now will prepare me for my future goals," he said. He added, "Working at the town office is teaching me how

CONTINUED ON PAGE 12

## **Gorham's Action Plan to Tackle Opioid Misuse**

MARTY MILLER Contributing Writer

Gorham is armed with an Action Plan to deal with the opioid crisis. Following May's public meeting on Opioid Awareness, a team of civic leaders used community input to articulate strategies for a coordinated civic effort. The stated goal of this multi-faceted plan is "to increase the town of Gorham's use of evidence-based policies and practices to address addiction and the opioid misuse problem."

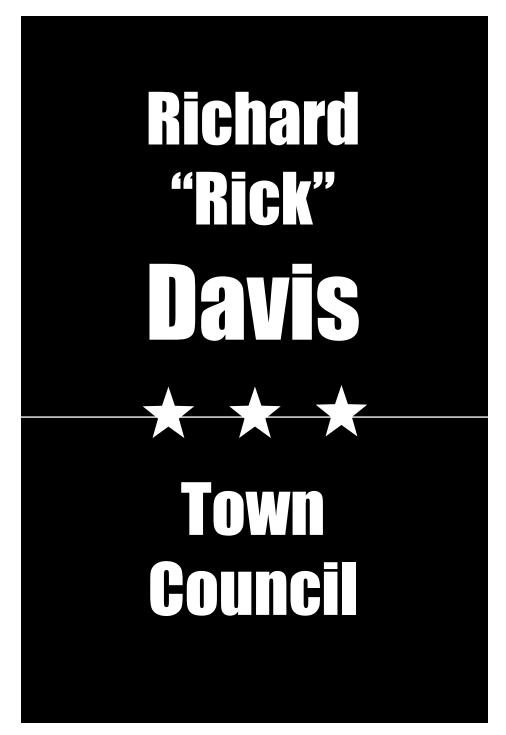
The Action Plan includes seven strategies: Increase prevention activities targeting young people in 5-9th grade; Provide training to school staff on strategies for preventing and reducing youth substance use; Provide training to recreation department staff on strategies for preventing and reducing youth substance use; Reduce nicotine use by people under age 21; Reduce stigma and increase the visibility of the problem and resources for addressing the problem; Increase referrals to the Westbrook Recovery Liaison; and Develop standards that encourage recovery residences to become certified by the Maine Association of Recovery Residences.

During a second public meeting on October 15, Liz BlackwellMoore, MPH, of Birch Lane Strategies, reviewed the recent research behind the opioid misuse problem. Blackwell-Moore and Bridget O'Connor, Director of the Public Health Program at Opportunity Alliance, added their professional expertise in the area of public health research to the final version of Gorham's Action

Zooey Miller of the Greater Portland Council of Government, the organization that facilitated the creation of the plan, asked the two dozen attendees, "How can Gorham move forward?"

Representatives from local government, Gorham schools, law enforcement, and physical and mental health professionals shared their current work on the problem and offered thoughts on what is still needed. Many of the speakers stressed the importance of community services that work toward providing the support necessary to help those on their path to recovery. The role of Danielle Rideout, a liaison of Westbrook Recovery, was frequently mentioned as a model of the type of support needed in Gorham. As Dr. Sarah Gallo, of Martin's Point Health Center in Gorham, stated, "Support those people who are supporting people

Continued on Page 12





### **Student Advisory Board Members**



Six Gorham Middle School (GMS) students have been selected to be members of the GMS Student Advisory Board. This group, two students from each grade level, will meet with principal Quinton Donahue and assistant principal Tom Smith monthly to discuss important school topics and provide ideas and feedback. All interested students provided responses to questions through a formal application process. Pictured are members: Tom Smith (assistant principal), Hannah Bickford (8th), Dylan Bauer (8th), Hailey Rickett (7th), Payson Plummer (7th), Addison Campbell (6th), Shawn Rumery (6th), and Quinton Donahue (principal).

# **New School Committee** Representative from GHS

**EMILY CREPEAU** GHS Student Intern

The Gorham School Committee (SC) recently selected Gorham High School (GHS) junior Zakaria (Zak) Lembarra to join Ava Pitman, a senior at GHS, as its newest student repre-

The role of the student representative is to bring GHS' student perspective into the policies that the Committee is charged with creating, and to share their thoughts on issues that impact the students at the school. This adds balance as it takes into account all aspects of new policy

The SC feels that the residents of Gorham should know what is going on in the school system, and the Committee wants to hear what is important to the community.

Darryl Wright has been the SC chair for the past four years and is one of the longest tenured SC members. "This is a great way to introduce students to how local government works at the District level," he said.

Lembarra is very involved and dedicated to the community. He volunteers for the Maine Youth Court Program, an organization based on bringing restorative justice and preventing a criminal record for peers who break rules or laws. He is also

involved with the newly formed GHS Eco Club which is inspired by the desire around the world to take action for climate change. Lembarra



is a part of the GHS Steel Band as the six-bass drummer, a member of the student council, a member of an Odvssey of the Mind team that qualified for Worlds three years in a row, and can also be spotted on the field with the GHS varsity football team as an offensive and defensive lineman.

He is interested in making a difference for himself and his peers in school. "Even before I knew a seat was open, my friends and I talked about a range of issues from grades, to renovations, to scheduling and more," said Lembarra. "So, when an opportunity to represent myself and my peers came up, I was quick to step up."

Now that he is on the Committee, he is excited to observe the inner workings of the school system, and hopes to bring attention to different perspectives that are important to him and his peers.



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# Lockman Awarded Robotics 2019 Volunteer of the Year Award

LORI ARSENAULT Contributing Writer

FIRST (For Inspiration and Recognition of Science and Technology) Robotics Team 172 from Gorham and Falmouth is gearing up for a new year in the 2020 competition season.

Team 172, known as "The Northern Force," began the 2019 season at the New England District SE Mass Event where it won the Judges Award. The team went on to compete at the Central Mass Event, and then at the Pine Tree Event in Lewiston, where it won the Imagery Award in Honor of Jack Kamen.

Their performance got Team 172 into the New England District Championship where it again won the Imagery Award and moved on to compete in the World Championship in Detroit where it won the Team Spirit Award, sponsored by Fiat Chrysler.

In addition to recognition based on team performance in Deep Space, the 2019 FIRST Robotics game, a number of people were recognized for their contributions to FIRST Robotics. One recipient was Gorham resident James Lockman.

Each year at the World Championship Event in Detroit, FIRST recognizes a specific volunteer, out of thousands. who has shown dedication and passion



Senator Linda Sanborn, James Lockman (middle), and John Kraljic, represented the FIRST Robotics Team 172 at a recent event at Messalonskee High School in Oakland, Maine.

for the FIRST Robotics Competition (FRC) program. This year, Lockman received the Volunteer of the Year Award as a thank you for all the hard work he has put into the program.

At a recent competition event sponsored by Team 2648 (Infinite Loop from Messalonskee High School), State Senator Linda Sanborn traveled to the competition to present the official proclamation to FIRST Robotics teams and to Lockman who represented Maine at the World Championships in Detroit.

Lockman and his son are known throughout the FIRST Community for creating the FRC's game announcer tool that is used at nearly every FRC event around the world. This device is used to keep game announcers up-todate with all the information needed

about the teams competing, helping them to keep matches fresh and interesting for spectators.

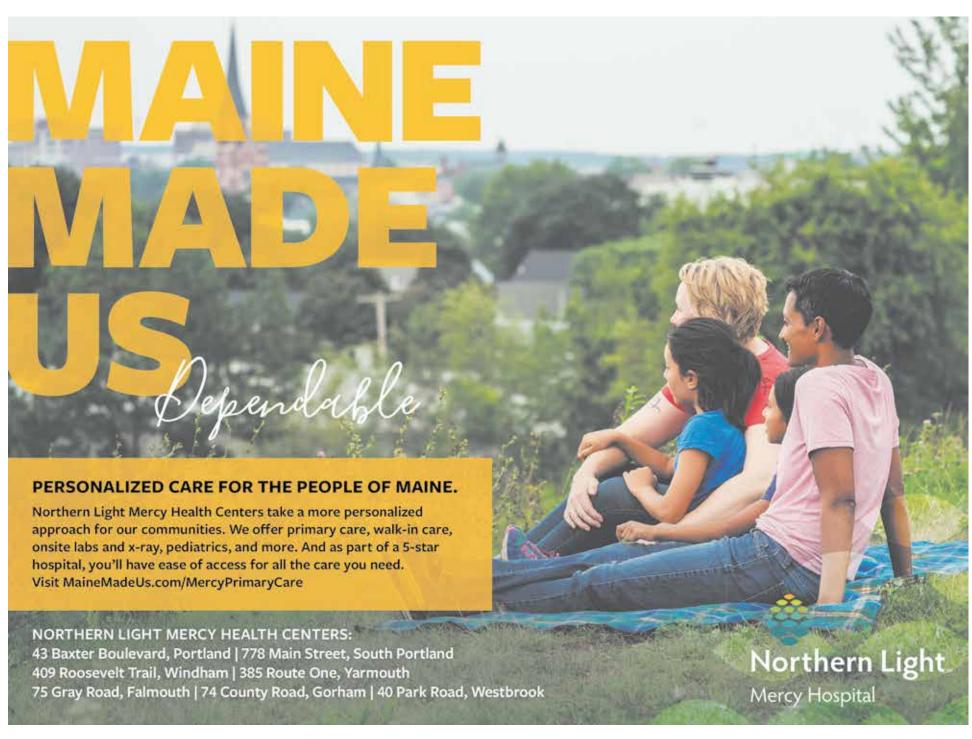
Lockman began as a pit announcer nine years ago and then moved on to game announcer and then Emcee. He is a mentor for Team 172 and also supports FIRST LEGO League as an event volunteer.

The team will attend the 2020 season's kickoff event at the University of Southern Maine and will travel to Manchester, NH in January to attend a broadcast from around the world, followed by a build season culminating in the spring competitions.

For information about participating with or supporting Team 172, contact Michelle Moutinho at mmoutinho5@ gmail.com.

# **School** Note

Gorham High School (GHS) will present "Sense and Sensibility," by Kate Hamill, based on the novel by Jane Austin. Performance dates are: Friday, Nov. 15, at 7:30 p.m.; Saturday, Nov. 16, at 2 p.m. and 7:30 p.m.; and Sunday, Nov. 17, at 2 p.m. Tickets will be sold at the door and are \$5 for students and \$10 for adults.

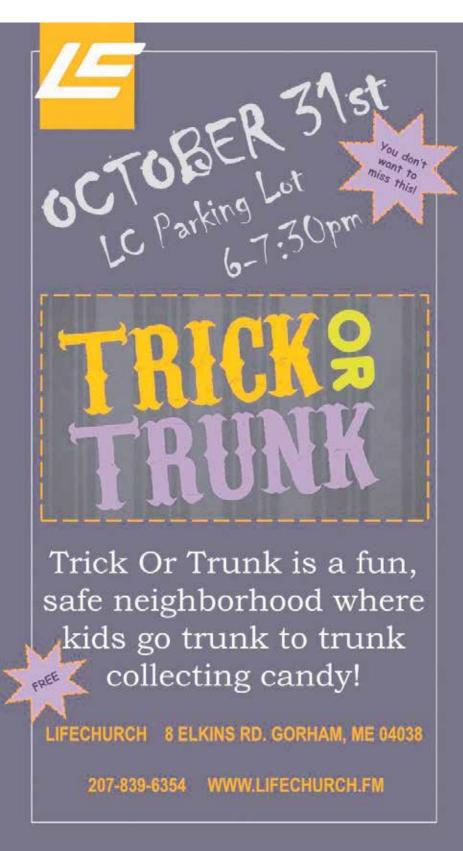


### Start With Hello Week at GMS

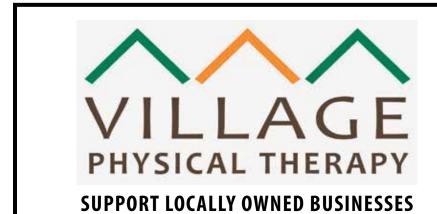


Photo credit Quinton Donahue

Gorham Middle School had a busier week than usual starting on September 23 as the school community celebrated "Start With Hello" and raised awareness of the importance of all school members feeling safe, included and feeling that they matter. The week kicked off with a student-led assembly and continued each day as students recorded over 200 random acts of kindness in just one day, researched and found over 500 quotes, videos and images related to the theme "Be the I in KIND" and a "No One Eats Alone" lunch. Prizes were awarded throughout the week and change was collected in a Chunka Change Drive to raise money for the Sandy Hook Promise, the non-profit that created the Start With Hello curriculum. The week ended with a lot of green worn in honor of the Sandy Hook promise and a goal to carry the awareness of kindness and inclusion into the rest of the school year and out into other parts of the Gorham community.









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# **Snapshot of Gorham Middle School Fall Athletics**



6/7th Grade Field Hockey (L to R): Back row: Rose Wandell, Mya Connolly, Olivia Price, Taylor Tenuta, Mya Moores, Emily Fadrigon, Brooke Stevens, Joey Pompeo, Payson Plummer, Sophie Kaczmarek, Emily Beal, Stella Moores, and Aluna Worden. Middle row: Bria Bush, Grayson Cole, Grace Cunningham, Hailey Rickett, Olivia Nault, Reece Leclerc, Lily Beardsley, Kaleigh Bauer, Kynzlea Trefethen, Madison Tibbals, and Annie Collier. Front row: Captains Kayla McLean and Abby Chamberlin.



Sixth graders Lily Beardsley (in goggles) and Kaleigh Bauer honored their parents during a game dedicated to those affected by cancer.



8th Grade Field Hockey (L to R): Front Row: Ella Downing, Julia Wareham, Hannah Bickford, Camryn Caruso, and Madison Stewart. Back row: Coach Lisa Shiers, Samantha Whidden, Arianna Morse, Kira Keniston, Brooke Farguhar and Elsie Bradshaw.



7th Grade Boys Soccer (L to R): Front row: Zach Chandler, Danilo Morton, Elias Urriola, and Harry Baber. Back row: Logan Wilson, Jeffrey Legere, Kuba Kaczmarek, Griffin Gammon, Diego Perez Mclead, Riley Dever, Cameron Crepeau, and Coach Laughn Berthiaume.



8th Grade Boys Soccer (L to R): Front row: Cole Smith, Seth Theriault, Jack Luciano, Brady Arsenault, Ethan Sadowski, and Tyson Leslie. Back row: Anthony Jordan, Brayson Reed, Haden Pelletier, Jesse James, Ethan Homa, Jackson Morrell, Taylor Farr, Gabe Michaud, and Coach Laughn Berthiaume. Missing: Jackson Landry



7th Grade Girls Soccer (L to R): Front row: Lucy Orlando, Ella Senatore, Katelyn Cyr, Hadley Foster, Kathryn LaPierre, Ellery Herrick, Aryana Flett, and Lily Tukey. Back row: Bailey Hatch, Lindy Moreland, Kailynn Herrick, Vanessa Walker, Evelyn Rush, Piper Forgues, Julia Reed, Ashley Connolly, and Violet James. Missing: Juliet Sargent



8th Grade Girls Soccer (L to R): Front row: Kaylee Gonneville, Ella LaBrie, Addison Harjula, Emily Bennett, Natalie Haskell, Lilli Noel, and Kaitlyn Bradley. Back row: Giselle Doucette, Hilary Douglas, Ayress Cook, Lily Rubin, Ellie Gay, Makayla Quintal, and Zoe Coleman.

SEE ARTICLE ON NEXT PAGE



If you have news or a sport event you would like to share, email gorhamtimes@gmail.com





#### GMS Fall Athletics Snapshot Continued FROM PAGE 10

COMPILED BY DESTINY COOK Sports Editor

GMS is wrapping up its fall sports season. While the younger players gained valuable experience and learned to work together as a team, the eighth graders are looking to their future as they get ready to compete at the high school level.

**Girls Soccer:** The seventh grade girls' soccer team is currently 6-0 with two games remaining (this Monday and Tuesday). Coach Kim Fotter said even more important than the wins is the great sportsmanship the team has displayed throughout the season. "The girls have great team chemistry and it is evident that they really enjoy playing with one another. They are a talented team with bright futures ahead," she said. "I am proud of their hard work and feel honored to have been able to work with them this season."

"The eighth grade girls soccer team is a very close group of girls on/off the field," said Coach Michael Coffin. He shared that they work very hard every day to improve their game and many will continue playing into high school and beyond. The team's record is 6-1 with two games remaining.

**Bovs Soccer:** The seventh grade boys soccer team finished the season 3-3-2. Griffin Gammon led the way offensively with six goals and four assists. Harry Baber and Riley Dever scored three goals each during the season. Berthiume said, "The boys have worked hard and have improved each game."

The eighth grade boys soccer team just finished the season with a 5-2-2 record. "They featured a balanced attack with five consistent goal scorers in Jackson Morrell (five goals),

Gabe Michaud (four goals), Jack Luciano (four goals), Taylor Farr (four goals), and Cole Smith (three goals)," Berthiume shared.

Field Hockey: The 6/7th grade field hockey team is heading into its last game of the season with a record of 8-0. Coach Sis Deans shared that her team dedicated its game against Windham to those dealing with cancer after sharing the news of her niece who was recently diagnosed with breast cancer. When she asked how many players had relatives affected by cancer, Deans was surprised to see so many hands raised. "Because of that, I told them this can't just be about my niece, this has to be about all your loved ones, too."

Before the game, the girls wrote the names of their loved ones affected by cancer on one arm and their player number on the other. If a player wasn't directly affected by cancer, they honored Deans' niece by writing her name. Deans said, "Bringing up what was happening with my niece that day really opened up an amazing dialog and a sharing of heartfelt experiences."

This year's eighth grade team had a tremendous season. The girls are currently 9-0 with one game left, recently beating undefeated Falmouth. Coach Lisa Shiers said, "All of the girls have grown and improved so much this season. The team also owes many thanks to the sixth and seventh graders who have come and played up on our team and helped us all season long." She said their undefeated season thus far has depended on them. "All of the eighth graders will make a big impact on the high school program next year," she said.

Editor's Note: Cross Country details were unavailable.

# **Local Program Mentors Girls Who Play Football**

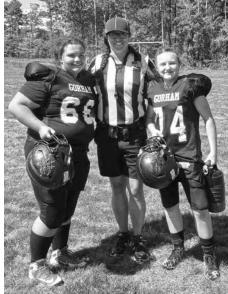
**DESTINY COOK** Sports Editor

Gorham Middle School seventh grader Lucy Nappi and eighth grader Sydnie Adams are setting out to prove that football isn't just for boys. With the inspiration of the Maine Mayhem, a local all women's professional football team, they have their sights set to play in high school and beyond.

Adams, who in in her first year, plays offensive and defensive tackle for the Gorham Grizzlies. She said, "Last year I spent time playing with the boys in my class at recess/free time and I grew to love the game. It took some convincing but my parents finally agreed to let me play this year." Having her best friend Lucy playing with her made the transition easier.

Nappi, who plays middle linebacker and tackle, has been playing football since she was in third grade. Gorham resident Alicia Jeffords, also a Maine Mayhem player, was her brother's coach. Nappi said she was inspired by Jeffords' skills and strength so she decided to give the sport a try.

The Maine Mayhem started a program called Mayhem Girls of Fall (MGOF) which mentors local girls who play football. Jeffords, who has coached and reffed for many Gorham



Gorham students Sydnie Adams (left) and Lucy Nappi (right) were joined by Maine Mayhem player and ref, Alicia Jeffords, at a recent Gorham Grizzlies game.

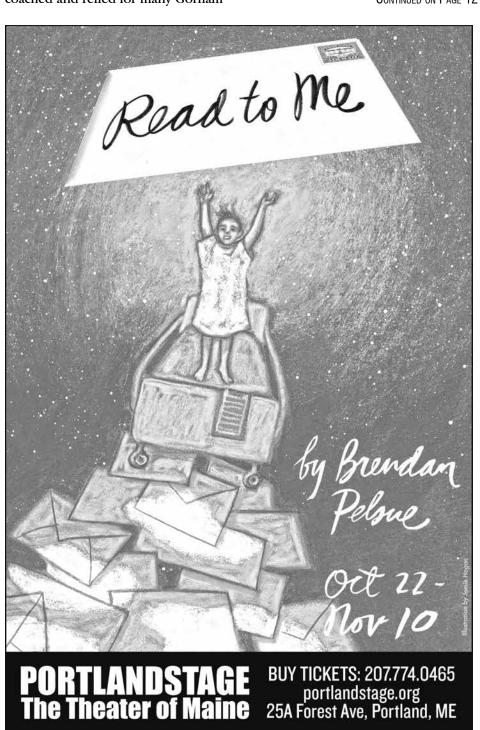
teams, said the program started from a simple shoutout to their team water girl during her football season. Because they got such an incredible response from other local female football players, they started the mentor program.

Jeffords said, "We do several things

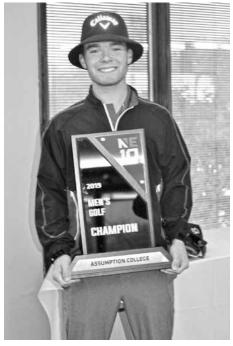
CONTINUED ON PAGE 12







### **Sports Etc.**



Lucas Roop (GHS '18) and the Assumption Greyhounds Golf team captured their firstever NE10 Championship recently.



After an exciting racing season, Cruise LaBrie ended his karting season with his first NHKA Championship win. At the race, Cruise and his team once again collected food for local food pantries.

#### New Town Internship CONTINUED FROM PAGE 6

local government organizations work and this is the first step of my journey."

He will also be taking classes in the spring as part of the Early College program at a local university as a stepping stone for his future plans; ultimately trying to position himself for success with the support from his family, school, and town officials.

When asked if he had advice for other teens Luke said, "Go for it.

Follow your passions. Even if the job

Nadeau hopes to be a role model times. His motivation to participate in our democracy and his desire to make a difference is to be applauded.

words, Nadeau simply said, "Get out

#### Girls Football CONTINUED FROM PAGE 11

to help empower, inspire and encourage these young athletes" such as writing letters to the girls and including a season pass to Maine Mayhem games. During one game each season, the team hosts the MGOF athletes as its special guests and dedicates that game to the girls.

"I think it's cool that Maine Mayhem supports and recognizes girls playing in such a boy dominated sport. We are kind of the odd ball out on our teams but they are always there," said Adams.

Nappi shared, "My aspirations when it comes to football are to have fun and and get stronger and to prove that football is not just a boys' sport." When it comes to playing in high school, both girls are looking forward to the opportunity.

Adams has won two national championships as a cheerleader and competes throughout New England as a junior black belt. What she loves about football is that she doesn't have to take it easy. "I've always been the girl to roughhouse around with the boys," she said. "Football lets me be me. Thankfully, my team welcomed me."

Being a girl and playing football can seem like an intimidating step, Nappi doesn't think it should deter others. "Just look at it as a way to build yourself," she said. "Football has to do with a growth mindset because it gives you an opportunity to grow both on the field and also off the field."

For more information on the Maine Mayhem Girls of Fall program you can visit www.mainemayhemfootball.com/ girls-of-fall

### Opioid Misuse Continued From Page 6

who are addicted."

At the end of the evening, small group discussions focused on three questions to prompt ideas for additional steps the town can take in its efforts: How can the public be a part of supporting and implementing the Action Plan? How can the town get more of the public to support the Action Plan? What can you commit to doing to be a part of addressing the problem?

Suggestions from both the speakers and the attendees dealt with both the opioid misuse problem and the method for increasing public awareness of Gorham's efforts. Officer Dave Bruni of the Gorham Police Department explained how an open line of communication to kids is extremely important. Several positive comments referenced the recent establishment of Courage House. Claudine Emerson, Gorham High School social worker, suggested, "Our town needs one place where Gorham people can go to find needed services for people in need."

Chris Record, Assistant Superintendent of Gorham Schools, emphasized that the success of the plan depends on involving the public through meetings with Gorham clubs, business and civic groups. "We must go where the people are to share our strategies and solicit additional public input."



Chris Burtor









Benjamin Taylor





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### Gorham's Circus Clown

WILMA GOULD JOHNSON Contributing Writer

Today, there is hardly anyone who remembers the name Sylvester Reynolds or that he was the person "by strangers honored and by strangers mourned."

Reynolds was a traveling circus clown and is buried in the back corner of the "old yard" cemetery on South Street. On September 4, 1826 at the age of 29, Reynolds lost his life in a bizarre circus accident. On that day, Reynolds made the folks of Gorham laugh with his hilarious pranks and tomfoolery beneath the large canvas tent. They also cried or shed a tear as they witnessed his fatal fall.

Reynolds captured the audience with his antics on a tight rope high above their heads. They began to relax when

they realized that the clown's near slips and falls were all part of his act. On this day, Reynolds held the crowd's attention as spectators roared in laughter when he fell from a horse and landed in the soft sawdust of the ring. The laughter dwindled as the clown failed to stir.

It was Dr. Elihu Baxter who was the first to reach Reynolds side and it only took a moment to confirm the awful truth: Reynold's spine had been shattered in the fall. They lifted him to a make shift stretcher and carried him to an old Gorham tavern.

The crowd stood outside awaiting word from Dr. Baxter as he sadly reported that the injured man had but a few hours to live. Reynolds accepted his death and asked Dr. Baxter to pen a letter to his mother. The next day they put Reynolds to rest in Gorham's graveyard with the circus band playing the dirge.

From savings that had been set aside, the town of Gorham bought a stone and an artisan painstakingly engraved this message: "Reader, this marble speaks no common loss, it guards the remains of one whose day closed in its dawning. Sylvester, son of Solomon and Joanna Reynolds, of Southport, Tioga County, New York. By foreign hand thy dying eyes were clos'd. By foreign hands thy decent limbs compos'd. By foreign hands thy humble grave adorn'd. By strangers honored and by strangers mourned."

For decades Gorham did not forget its clown. Likewise, any traveling circus paid their respects to the town which had honored a member of its troupes. Every circus that visited Gorham paid tribute to Reynolds by dressing in their regalia, marching to the graveyard and bowing their heads in prayer.

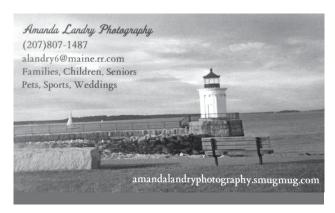


In 1953 (127 years after his death), a photo appeared in the Portland Press showing four young children, Cub Scouts James Durgin and James Miller along with Bluebirds Sharon Chandler and Jean Hannaford, placing flowers on Sylvester Reynolds' grave as they prepared to celebrate Memorial Day.

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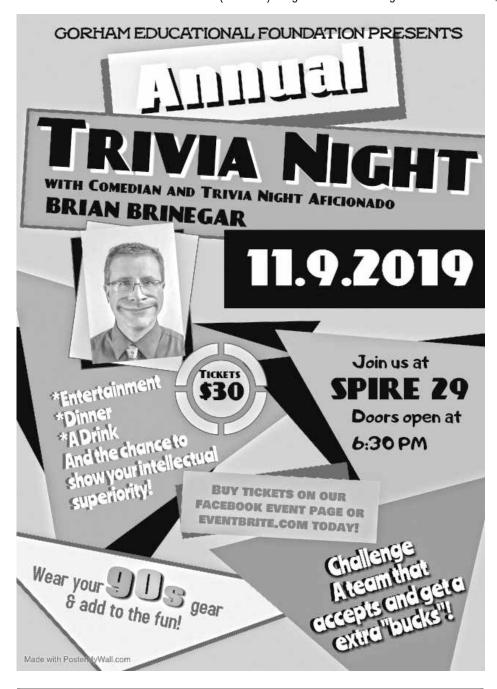
Maeve Donnelly, a freshman at Gorham High School, recently completed her Silver Award project for Girl Scouts by creating a Music Wall for the daycare at the Gorham Community Arts Center. The Silver Award is the highest award given to a Girl Scout Cadette and requires over 50 hours to the project. Donnelly recently bridged to the level of Senior in Girl Scouting and is with Gorham Girl Scout Troop 2300.



The Gorham White Rock Grange #380, in partnership with the Quilt of Valor Foundation, Gorham Chapter, will award four quilts to veterans from the Gorham White Rock Grange #380 community in observance of their past service to our nation on Veteran's Day, Monday November 11, at 7 p.m. Open to the public. FMI: whiterockgrange380@gmail.com.

The Veterans of Foreign Wars, Gorham Memorial Post 10879, will meet in the Fire Department Training Room at 270 Main St. on Nov 12 at 5:30 p.m. Any interested veterans may contact the post at vfwpost10879@gmail.com.

The Gorham Lions Club will meet on Tuesday, November 12, at 6:30 p.m. at the Old Elmwood School House on South Street (Rte. 114). Regular dinner meetings are the





2nd and 4th Tuesday of each month. New members always welcome. FMI, 929-9182.

Saint Anne's Church at 299 Main Street will host its annual "Home for the Holidays" Christmas Fair on Saturday, November 16, from 9 a.m. – 3 p.m. The fair will feature crafts, raffles, iewelry, kitted items, wreaths, Gramma's attic room, baked goods, light breakfast, lunch and much more. FMI 839-4857.

The Gorham Tri-Town Extension Group will host a Holiday Craft Fair on Saturday, November 23, from 9 a.m.-2 p.m. at the Harmony Masonic Hall on Cressey Road in Gorham. Crafts, baked goods, knitted items, greens, Tupperware, doll clothes, basket raffles, cards, light lunch and Santa. FMI 892-4249.

#### **LIBRARY NEWS**

Did you know that the Baxter Memorial Library is designated as a national Family Place Library? This means that the library demonstrates a strong commitment to be a community center for early literacy and learning, early childhood development, parent education, and community-based information. To achieve these goals the library reorganized the Youth Services floor, improved the dramatic play area, planned fun "Play-to-Learn" Workshops, and has an evening Family Discovery Time for all ages, in addition to the discovery times for babies, toddlers and pre-school aged children. Discovery Story Times are designed to introduce children to books and libraries in a positive and enjoyable way, using stories, music, and movement to present and enhance early literacy skills and foster a love of reading. Other programs are Learn to Sew, Lego Club and Book Club. More info on the above is available at baxterlibrary.org.

A representative from the US Census will be at the library for Census Day on Tuesday, November 5, from 11 a.m.-2 p.m.

#### **PUBLIC SUPPERS**

White Rock Community Clubhouse will hold a Bean Supper on Saturday, November 2, from 4:30-6 p.m. at 34 Wilson Road. Beans, hot dogs, coleslaw, potato salad, macaroni and cheese, homemade biscuits, as well as homemade pies for dessert, Adults; \$8. Children under 12: \$4.

West Gorham Union Church is having a public supper on Saturday, November 2, from 5-6 p.m. Ticket sales start at 4 p.m. Adult \$8.00 and children under 12 \$3.00. Beans, BBQ hot dogs, clam casserole, chicken pie, chop suey, coleslaw, salads, homemade pies, coffee, and punch. Route 25 (190 Ossipee Trail).

First Parish Church, 1 Church Street, will hold a Chicken Pie Supper on Saturday, November 9. from 5-6:30 p.m. \$10 adults/ \$5 children under 12. FMI 839-6751.

St. Anne's Church at 299 Main Street will hold a pulled pork and baked bean supper on Saturday, November 16 from 5-6:30 p.m. Dinner will include oven-roasted pulled pork, baked beans, potato salad, coleslaw, bread and pies. \$8 per person.

#### **SENIOR NEWS**

Senior Meal Site is held on Wednesdays at 12 p.m., St. Anne's Church, 299 Main St. Social time begins at 11:30 a.m. Suggested donation is \$4. Meal site is closed if school is closed or delayed due to weather. Volunteers are needed to assist in meal prep and clean up. FMI call 839-4857 or 222-1630.

Lakes Region Senior Center—Drop-In Center—Seniors Welcome, call Gerry Day, VP for information, 839-3859 Weekly activities are: Mondays: 9 to closing: Jig Saw Puzzles and socialization; Luncheon and speaker a month, 9:30 Mah Jong (Call Sue 272-3095 for further information); Tuesdays: 9 to closing: Jig Saw Puzzles and socialization; 10 and 12 Card Games; Wednesdays: 9 to closing, Jig Saw Puzzles and socialization; 10:00--Semi Monthly Board Meetings. Last Wednesday of Month at 10:00, Memoir Group; Thursdays: 9 to closing: Jig Saw Puzzles and socialization, 9:30 Bingo; Fridays: 9 to closing: Sewing, crafts, jig saw puzzles and socialization. Other Activities available as announced such as trips, other crafts, presentations, etc.

The Lecky Brown Center for Seniors, located on the 3rd floor at First Parish Church, 1 Church St., is offering weekly events as follows: Mondays Hand Chime Ringers @ 1 pm; Wednesdays Originals @ 10 a.m. Coffee, Conversation & Speaker every week; Fridays ARTrageous Seniors @ 10 a.m. November will feature Fabric Dying with various projects (bring cotton, washed fabric). Open Studio is last Friday each month - bring your own projects to share and work on. ONGOING: sign up for the Yellow Dot program. FMI: Lisa Becker at 835-9379 or leckybrowncenter@gmail.com.

CONTINUED ON PAGE 15



#### **CHECK OUT OUR MENU** ON FACEBOOK OR CALL 319-4260

Catering is also available upon request.

### **LUNCH & DINNER** DELIVERY SERVICE IN THE GREATER **PORTLAND AREA**

All meals are freshly cooked daily and dinner is served with salad, homemade bread, rolls, and dessert.

Meals delivered to each client by 6:00 p.m. \*Please note: Order 24 bours abead.



### MYSTERY SOLVED

Suspicious vehicle on Burnham Road belonged to people who live on Burnham Road.

Two people in a car at O'Donal's had been on a date and had pulled over to talk. Passenger lived on Mitchell Hill Road. They were moved long.

Officer stopped to check on a vehicle near Gateway Commons with its hazard lights on. Male told officer he had removed a snapping turtle from the roadway and put it in the woods.

Man called as his wife believed she had left her phone at Raney's Laundromat. He used the "find my phone" app which showed the phone was in the next door apartment. Occupants denied having phone and caller wanted help getting it back. Officer talked to neighbors who allowed officer to look around but before he finished, the man found the phone in his vehicle. Officer thanked residents for being so cooperative.

Female had questions about a warrant that she had heard she had. Officer spoke with her regarding the warrant that she did not have.

Caller was at a Main St. address to repossess a vehicle and owner was refusing to get out of the vehicle which was already hooked to a tow truck Owner's boyfriend was there and was threatening the repoman. Officers determined repowas valid and advised woman she needed to exit the vehicle and contact her bank. She was defiant and slowly gathered her few belongings and eventually got out of the vehicle.

State St. caller wanted police to stand by for 50 minutes while she had a counseling session. Advised her they could not do that

but to call if there was an issue.

Officer stopped a woman for speeding on New Portland Road. Her car registration was suspended and had expired. Vehicle was not legal to be on the road. Officer called a wrecker.

Edgefield Road caller saw a bear in the back yard and in the woods near County Road. He told officer he saw the bear on almost a daily basis while walked through his yard to the river.

Caller reported someone spoofed his phone number and has been answering all his business calls. He was referred to his cell phone provider.

Officers responded to Gray Road to cut a porcupine free from a soccer net in which it was caught.

Officers spoke with three juveniles on Partridge Lane who were using profanity. He identified them and asked them to be more aware of their language in public settings.

A man was sleeping in his truck with the motor running. Officer turned the vehicle off as a safety precaution. Man called someone for a ride and left his vehicle in the parking lot.

Two people in a vehicle at Fort Hill Park were watching the meteor shower. They were moved along.

Officer checked on two people sleeping in a car at the Park and Ride. They told officer they had recently become homeless. They were offered resources.

#### **Community** Continued FROM Page 14

#### **USM NOTES**

The current exhibit at the USM Art Gallery on the Gorham campus is "Contemporary Responses to Modernism; A New England Perspective." The exhibit runs through December 8. Curator Joanna Fink of the Alpha Gallery. FMI usm.maine.edu/gallery/

The USM School of Music presents the fall musical, "Broadway Babies: A Sondheim Birthday Bash!", on Nov 1 and 2 at 8 p.m., and Nov 3 at 2 p.m. Tickets are \$15 adults, \$10 seniors, USM employees and alumni, and \$5 students. On November 9 at 2 p.m., the Southern Maine Symphony Orchestra and the USM Choral combine forces for "Unfinished Masterpieces" at Westbrook Performing Arts Center. Tickets are \$8/\$5. November 12 is a full day residency with renown composer, John Mackey, and on Nov. 13, Mackey joins the USM Concert Band and Casco Bay Wind Symphony for a 7 p.m. concert at Merrill Auditorium, conducted by Jackie Townsend. Tickets, available at porttix.com, are \$32 adults, \$25 seniors, and \$10 for college students with valid ID; children and other students are free.

**The USM Office of Admissions invites you to Experience USM:** School of Music on Friday, November 1 at 10 a.m. FMI 780-5670 or admitusm@maine.edu/.

**USM holds its second Annual Sustainability Fair** in celebration of all things sustainable on November 15 from 12-3 p.m. in Lower Brooks. This year will feature a number of local vendors and several engaging activities that focus on reducing and reusing "waste."

 $\textbf{For info on the various sporting events} \ \ \text{on the Gorham campus}, \ \ \text{visit maine.edu/athletics}.$ 

**Graduate Programs Information Session** will be held on the Portland, Gorham, and Lewiston campuses on a rotating basis. Learn more at https://usm.maine.edu/office-of-admissions/graduate-programs-information-session.

#### **CLOSE TO HOME**

**St. Anthony's in Westbrook**, 268 Brown St., will hold a Christmas Fair on Nov. 2 from 8 a.m.-8 p.m. and Nov. 3 from 8 a.m.-noon. Baked Goods, Knitted Goods and Craft Items, Jewelry, Books and Puzzles, 50/50 and more. Breakfast, lunch and dinner available.

**Windham High School is presenting "Sister Act"** on November 15, 16, 22 and 23 at 7 pm. and November 17 and 24 at 2 p.m. General admission at the door is \$14 adults, \$12 children, students and seniors. All reserved seating is \$14. WHStheater.tix.com. FMI: 893-1742.

#### **CLASSIFIEDS**

#### **BAND WANTED**

**ROCK & ROLL BAND MEMBERS WANTED!** I played drums in a band in 60's/70's. I would like to find a guitar, bass and keyboard player to get toether 2-4 times/month. I have amps, sound system and microphone. Call Patrick at 303-345-3715.

#### **FOR RENT**

**FLORIDA CONDO RENTAL.** 2 BR Condo plus loft on Manasota Key in Englewood, Florida (West Coast). Beautiful Gulf and Bay complex, with pool. Non-Smoking & no pets. Selective weeks available Oct thru January. Call/Text 207-807-1441.

**GORHAM APARTMENT FOR RENT.** Easy one floor living ideal for someone downsizing or looking for simple worry free living. Offers 1008 sq ft with 2 bedrooms, 1 bathroom, laundry hookup, patio, brand new luxury laminate flooring throughout & freshly painted. No smoking, no pets. \$1475.00 per month credit application & background check. Call/text 207-632-8822.

#### **FOR SALE**

**FOR SALE.** Trampoline, 16 ft, barely used, \$300. Oak bunk bed, twin size, good condition, does not include matresses, \$100. Mrs. Washburn, 839-6047.

#### **HELP WANTED**

Cressey Road United Methodist Church has an immediate opening for a dependable Nursery Caregiver on Sundays 8:15am until 12:00am. Successful applicant should be mature, pass background check, and love children. Call 207-756-3345 or email kswormwood@gmail.com.

**WANTED.** Snow plow contractor for our business at 130 Main Street in Gorham Village. Please call (207) 839-4775.

#### **NEED TO CONTACT PERSON**

**GoCAM** is trying to locate John Dumbrocyo. If you are a member of his family or a friend of the family, please contact Georgia Humphrey at 207-222-1641.

#### **CALENDAR**

#### **THURSDAY OCTOBER 31**

Baxter Memorial Library

- Toddler Discovery Time (18mos-3yrs), 9:30-10 a.m.
- Sewing Club, All ages over 7, children under 8 years must have a parent or caregiver over 14. 2:30-4:30 p.m.

Last day to pick up Absentee Ballots for the November 5 Election, Gorham Town Hall.

#### FRIDAY, NOVEMBER 1

USM School of Music, "Broadway Babies: A Sondheim Birthday Bash!" 8 p.m.

#### SATURDAY, NOVEMBER 2

USM School of Music, "Broadway Babies: A Sondheim Birthday Bash!" 8 p.m. West Gorham Union Church public supper, 4 p.m., 190 Ossipee Trail White Rock Community Clubhouse bean supper, 4:30-6 p.m., 34 Wilson Road

#### **SUNDAY, NOVEMBER 3**

USM School of Music, "Broadway Babies: A Sondheim Birthday Bash!" 2 p.m.

#### TUESDAY, NOVEMBER 5

Baxter Memorial Library

- Preschool Discovery Time (3-5yrs), 9:30-10:15 a.m.
- Census Day, 11 a.m.-2 p.m.

#### **WEDNESDAY, NOVEMBER 6**

Baxter Memorial Library

- Baby Discovery Time (Birth-18mos), 9:30-9:50 a.m.
- Family Discovery time, 6-6:45 p.m.

Senior Meal Site, 12 p.m. St. Anne's Church.

#### THURSDAY, NOVEMBER 7

**Baxter Memorial Library** 

- Toddler Discovery time (18mos-3yrs)
- Book Club, Discussion of "Night Tiger" by Yangsze Choo, 10 a.m.
- Sewing Club, 2:30-4:30 p.m.

#### SATURDAY, NOVEMBER 9

Baxter Memorial Library, Lego Club (All Ages), 10 a.m.-12 p.m. USM School of Music, Unfinished Masterpieces, Southern Maine Symphony Orchestra and USM Chorale, WPAC, 2 p.m.

#### **MONDAY, NOVEMBER 11**

Baxter Memorial Library will be closed for Veterans Day

#### TUESDAY, NOVEMBER 12

Baxter Memorial Library

• Preschool Discovery Time (3-5 years), 9:30-10:15 a.m.
Gorham Lions dinner meeting, 6:30 p.m., Old Elmwood School House.
Veterans of Foreign Wars meeting, 5:30 p.m., Fire Dept Training Room.

#### WEDNESDAY, NOVEMBER 13

Baxter Memorial Library

- Baby Discovery time (Birth-18mos), 9:30-9:50 a.m.
- Family Discovery Time (All Ages), 6-6:45 p.m.

#### **NEXT GORHAM TIMES DEADLINE: NOV. 6**

# BEN HARTWELL

PROVEN LEADERSHIP

Served six years on the Town Council, 2 years as chairman.

Brought voting back to Little Falls for the residents of Little Falls and North Gorham.

Worked to offer trash "tags" as an alternative.

Supported Gorham's first "Mixed-use" project.

Fought to bring back language supporting agriculture in the new Comprehensive Plan.

Brought to the council a deeper understanding of competing types of land use and how they affect our taxes.

"I plan to continue working with the council for long term planning of growth management, while respecting property rights. It is important that our town move forward without increasing burdens on our citizens."

Contact: electbenhartwell@gmail.com

VOTE

On Tuesday November 5, 2019

VOTE

## RE-ELECT FOR TOWN COUNCIL

# DEMETRIA'S TE IS HERE TO STAY!!!

#### Put our EXPERIENCED Team to work for you today!



Steve Libby **Buyer Specialist** 



Caroi Petersen Client Care Manager



Dennis Chaabourne Marketing Director



**Aaron Chadbourne** serves as Designated Broker & Listing Specialist.

Our Team is proudly continuing Demetria's legacy of helping clients buy and sell homes in Greater Portland, Maine!

Demetria's Team Sells Gorham!







BUXTON. 4 bed, 3 bath, 2 car Well-engineered. Approved as inhome Day Care Center. 4,000+ sq. ft., convenient to Gorham, Sebago Lake, and the surrounding area. Spectacular windows, open floorplan. Many in-law or in-home occupation opportunities!!!

GORHAM CONDO, 2 bed, 1 car Situated in desirable Meadowbrook West condo assoc., this condo is meticulous. Hardwood floors, fireplace, granite counter tops, 1.5 bath, balcony, deck. Natural gas. Water and sewer included in association fees.

#### DOWNTOWN WESTBROOK Immaculate 3 bed, 1.5 bath home. Hardwood floors, granite counter tops, stainless appliances, rear deck, manageable yard, pedestal

sink downstairs, double sink upstairs, spacious basement and natural gas.

Demetria's Team - The Real Estate Group (207) 839-5122 • www.GoDemetria.com