

Gorham Times

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A Free, Not-for-Profit Newspaper Serving Gorham Since 1995

In order to allow our staff and volunteers time to enjoy the holidays, we will be taking a short break. The next edition of the Gorham Times will be dated January 9. We wish you all a wonderful holiday season!

Lighting up the Holidays

The Gorham community was treated to fun and games during the annual Tree Lighting and Light Parade on December 1. Sponsored by the Gorham Recreation Department, the event included a tree lighting, horse drawn carriage rides, games, Santa and Mrs. Claus, and more. Shown with Santa and Mrs. Claus (left to right) are Alex and Louie Lavoie.



Photo credits: Sharon Hamann (tree), All other photos Corbin Bourgoin

Wreaths Across America Makes Memorable Stop at GHS



Photo credit Roger Marchand

A special ceremony at Gorham High School earlier this week honored one Gold Star family, eight veterans from World War II and the Korean Conflict, as well as Officer Wayne "Pooch" Drown.

ROGER MARCHAND
Contributing Writer

AND

LESLIE DUPUIS
Editor

The Wreaths Across America convoy visited Gorham High School (GHS) on December 9 for a special presentation in honor of School Resource Officer Wayne "Pooch" Drown who made the trek to Arlington last December with other members of the Gorham Police Department. Drown passed away unexpectedly earlier this year.

While the presentation at GHS was a closed event for students and special guests, members of the community were invited to participate by observing the convoy along South Street as it arrived and again when it left Gorham High School along Narragansett Street. Many could be seen watching along the route.

According to its website, "Each December on National Wreaths Across America Day, the mission to Remember, Honor and Teach is carried out by coordinating wreath-laying ceremonies at Arlington National Cemetery, as well as at more than 1,600 additional locations in all 50 U.S. states, at sea and abroad." This event was kicked off by the Wreaths of America convoy which began at the West Quoddy Headlight in Lubec, Maine

on December 7. It will arrive in Arlington on December 14.

During the ceremony at Gorham High School, eight Gorham veterans from World War II and the Korean Conflict were honored along with the family of Sgt. Joel A. House, who was killed in combat on June 23, 2007, while serving in the U.S. Army.

Those honored with wreaths were Master Sgt. Blanche Kelley, Commander John B. Alden, Private First Class Frederick Bliss, Yeoman Seaman First Class Kenneth Brann, Airman First Class Jack Farrar, Gunnery Sergeant James Hughes, Seaman First Class Gunnery Mate Oland Morton, and Private First Class Rifleman Robert "Bob" Mountain. Each recipient's accomplishments during their time in the military was shared before the presentation of their wreath.

GHS senior Abby O'Brien spoke on behalf of the student body to honor former School Resource Officer Wayne "Pooch" Drown, who worked to bring Wreaths Across America to Gorham before his untimely death earlier this year. His wife and family were presented with a wreath.

Former and present members of the military, as well as first responders and the police, were also honored for all they do for the community.

USM Will Pause on Name Change Legislation

COURTESY OF DANIEL HARTILL
USM Communications

University of Southern Maine President Glenn Cummings announced that USM will withdraw its proposed name change in the upcoming legislative session, allowing for further market research and conversations with community leaders.

The deferment will also allow time to begin the construction of a new career and student center and the attached 550-bed residential hall on the Portland campus. The dormitory would be necessary to house an expected influx of new students resulting from the name-change, which sought to leverage the national reputation of Maine's largest city.

"Pressing pause on the name change legislation will allow our transformative Portland campus construction to be closer to completion and give us more time to engage in a public conversation about creative, inclusive

marketing and enrollment strategies," USM President Glenn Cummings said. "We must work together to keep more Maine students here for college while making all of our public universities more competitive in attracting those from out-of-state who are necessary to growing our university and Maine's economy.

"We are overwhelmed by the outpouring of pride in USM this proposed name-change evoked, especially among our alumni and community and corporate partners. This reinforces why our university and its educational, economic and cultural contributions are so critical our entire state and why our long-term sustainability and success as

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Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

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Ad deadline is the Wednesday of the week prior to issue date. Go to www.gorhamtimes.com and click on the advertising link for schedule.

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The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

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Boots2Roots Bringing Retired Service Members to Maine

REP. MAUREEN "MO" TERRY

A few years ago, I had the great fortune of meeting Tara Benson at a Gorham Swim boosters meeting. She immediately offered to help out and get to know her new community. I got to know her, her kiddos, and her husband over the next few years as our kids swam together. While not from Maine, Tara and Bill chose to relocate to Gorham after Bill served in the U.S. Army for 24 years and spent over 42 months deployed to Iraq and Afghanistan. For many veterans, Maine may not be the first place they consider to retire or relocate after coming home, but through a program called Boots2Roots, Colonel Benson is trying to change that.

Here in Maine, we cherish our service members and want to be a welcoming place for retired military members from across the country. An important aspect of encouraging retired military folks to start their second careers in Maine is to ensure that they have meaningful work and an engaged support system. This is a focus of Boots2Roots.

In an article in *Mainebiz*, Bill Benson recounts his decision to join Boots2Roots after selling his Gorham based business, New England Treads. For Benson, Boots2Roots provides an alternative to handouts for veter-

ans by connecting recently retired military service members to prosperous businesses in Maine. Veterans from all over the country share an unparalleled work ethic. Retired military members also bring incredibly rich work experience to the table. Boots2Roots recognizes this and works to connect these talented new Mainers to meaningful work in the state. Their partners include Bath Iron Works, Dead River Company, MEMIC and Fiber Materials Inc.

While Boots2Roots was just recently founded in 2016, it boasted a substantial return on investment of \$270,000 per hired vet for Maine in the first year of relocation alone. I strongly believe in the mission of this organization and have great hope that it will help bring hardworking and dedicated retired service people to our state. In an effort to support this organization, during the second session of the 129th Legislature, I am introducing "An Act to Provide Support Services for Military Members Transitioning to Civilian Life in Maine." This bill will appropriate \$250,000 per year for a few years to assist Boots2Roots as they get off the ground. This is a wonderful opportunity to increase our workforce with hardworking and dedicated individuals while providing assistance to those who have put

their lives on the line for our country.

Bill is a perfect example of a retired service member who joined his new Maine community, ready and willing to serve. He is not only a successful business person who set roots here and provided jobs to Mainers for several years, but is also a dedicated member of the community through his work on the school board. Like so many retired service members, Bill's desire for service extends beyond his time in the military and is now benefiting Mainers here in Gorham by cultivating community partnerships. I am really looking forward to working on this bill with Bill and the Boots2Roots organization and watching them grow.

As always, I encourage my constituents in House District 26 to contact me with their ideas, questions and concerns. The best way for me to serve our community's needs is by hearing from you.



Rep. Maureen "Mo" Terry is serving her second term in the Maine House of Representatives. She is a chef and small business owner with more than 25 years of experience in the food service industry. She serves on the Taxation Committee. (207) 712-9735, (800) 423-2900, maureen.terry@legislature.maine.gov.

Letters to the Editor

Letters to the Editor must be fewer than 300 words, signed with a first and last name, typed or e-mailed and include a phone number. The Gorham Times reserves the right not to publish letters that include personal attacks or inflammatory language. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times and are subject to editing.

Dear Editor,

It's been about six months since the project was approved. I'm still not sure why the Grady house wasn't used as the 16th "house-o-minium," but that isn't why I'm writing again.

I'd like to give you a progress update. First, there was a week of blasting to break up the solid ledge on site. Next, there were days and days of trucks hauling in fill to build the site up enough so that the future sewage will be able to gravity feed up to South Street. A tar road was laid so that the site became easier to access by the fleet of cement trucks. Finally, the first of 15 foundations is presently being poured.

As I sit in my living room and look out my window, I can see a company pick-up truck on the new tarred road. By line of sight, the truck's wheels are at the same level as the windows of my neighbor's garage across the street.

I would like to invite the members of the Planning Board, of record, responsible for approving this development (George Fox, Molly Butler-Bailey, Scott Firmin, Vincent Grassi, Michael Richman & Brian Plowman) to come to my house. You'll be able

to see the real life view (since a 3-D computer model was never done) and then imagine a two story house on top of these foundations! No appointment needed!

P.S. - I must state that the developer, Mr. Plowman, did recuse himself when his project was under discussion and when approved on May 6, 2019.

Steven C. Pomelow

Dear Community,

If you drive through my neighborhood this time of year (William Henry, Solomon, and Adeline Drives) you will notice a few things: narrow roads, snow and slush on the roads, and - most importantly - no clear sidewalks. If you drive through between 7-8 a.m. and 2-3 p.m., you will also likely see children trying to safely navigate these roads as they walk to and from school.

The children in our neighborhood have no bus service, which is completely reasonable, as we are fortunate to live within walking distance of the school. However, despite the significant amount of traffic that uses our neighborhood as a cut through, the Town has not budgeted

to clear the snow from the sidewalks. Accordingly, our children are forced to walk in the snow covered, narrow roads with the traffic.

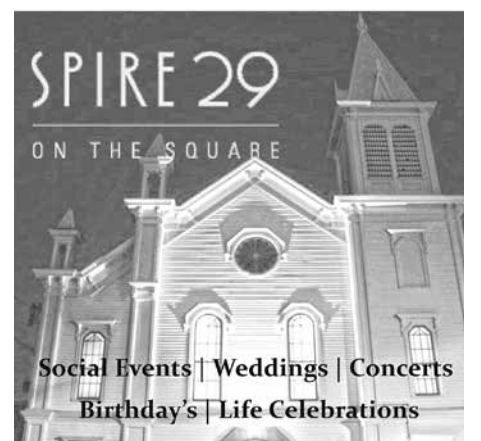
I have been to the Town Council and have asked that it clear the sidewalk from the intersection of Weeks and Solomon to the intersection of Solomon and Adeline - an approximate 1/4 mile stretch that is plagued with a valley, a sharp turn, and a roundabout, all culminating in poor visibility. The sidewalks, however, are still covered in snow and so I am turning to you.

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Around Town

Nomination papers are available at the Town Clerk's Office for the municipal election that will be held on Tuesday, March 3, 2020 for the purpose of electing one (1) person for Town Council to serve a 3-year term.

Upcycle Maine Home Furnishings, currently next to Burger King, will be moving to 18 South Street after the New Year.



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Town Council Meeting

DECEMBER 3, 2019

JACOB ADAMS
Staff Writer

Charlie Pearson of Mighty Street stated that he believes the Council made the correct decision last month to not seat an employee of the Town on the Town Council.

Martha Farnham of South Street and Clair Miner of Green Street spoke on behalf of many people who live on South Street who are concerned about the speed of drivers on that road. They presented a signed petition and a quote to install two electronic active feedback speed limit signs on South Street and hoped the Council would consider their request.

Councilor Hager reported that the Finance Committee has established their 2020 meeting dates and will report after each at the Council Meeting. He also reminded people about the danger of running a generator inside the home when electricity is lost because of the risk of deadly carbon monoxide.

Councilor Wilder Cross stated that the upcoming New Year Gorham event will have plenty of fun and entertainment for everybody. The cost for a bracelet is \$5 per person or there is a \$20 family bracelet. Bracelets can be purchased at Hannaford or at the Rec Department.

Councilor Hartwell stated that the Town Council voted against the name change at USM.

Town Manager Paraschak thanked everyone involved in the light parade and tree lighting. He reminded people that winter sand (two five gallon buckets per storm) is available at Public Works for non-commercial use. He revealed that contractors will be out sometime next month to replace light fixtures and install LED lights throughout the Town. He also noted that there is a tentative joint Town Council and School Committee meeting set for January 14 to discuss the High School

renovation/expansion project.

Stewart McCallister reported that members of the School Committee will be attending individual PIE meetings at each of the schools over the next couple of months.

Councilor Hager stated that Janet Kuech's attorney stood up (out of order) and demanded that the record reflect that she was not allowed to address the council.

A Point of Order was called by Hartwell. He noted that the Town Charter (section 201) states that each member of the Council shall be elected for a term of three years and until his successor is elected and qualified. Because the Council did not qualify Ms. Kuech last month, he believes that Paul Smith is still on the Town Council. Chairperson Phillips responded that the point is not well taken and she disagreed with Hartwell's interpretation. Town Attorney Mark Bower explained Item #9513, the item of reconsideration, and the steps that need to be taken to vote on the item.

The following comments were made in regard to Order #9513:

Councilor Wilder Cross disclosed her many concerns of a Town Employee being seated on the Town Council. She believes that her decision last month to not seat Ms. Kuech was the right decision.

Councilor Hartwell noted that after more research, his interpretation of the Council Rules and the Town Charter states that no Town Employee shall be seated on the Town Council while still employed by the Town of Gorham. He noted that he would be changing his vote.

Councilor Pratt revealed that he had spoken to one of the original members of the Town Council when the Charter was written and said that it was the original intent of the Charter to state that if you were an employee

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Letters to the Editor CONTINUED FROM PAGE 2

Please, if you drive through our neighborhood (or have teenagers who do), for the safety of our children, reduce your speed to 20 m.p.h. Driving 30-35 m.p.h. will not shave any significant amount of time off your commute, but it may prevent you from reacting in time to my child in the road. Two, please stop at

the stop signs. Not only is it the law, they are there for safety reasons and it's disrespectful to those of us who live in this neighborhood to ignore them. Three, please be on the lookout for our kids.

Thank you,
Jen Rush

Planning Board Results

DECEMBER 2, 2019

A proposed amendment to the Land Use and Development Code for an impact fee waiver to allow applications for refund of impact fees was sent to the Town Council with a recommendation for adoption.

Chris Duchaine's Presumpscot

Ridge, a five-lot subdivision located at 207 North Gorham Road, and an upgrade to an existing private way was discussed and postponed for further review of Duchaine's request for preliminary subdivision approval pending responses to the remaining issues.

USM Will Pause on Name Change CONTINUED FROM PAGE 1

an institution is so important," said USM President Glenn Cummings.

The University of Maine System Trustees approved the name change. The change also drew endorsements from USM's Alumni Association, Student Government Association and Board of Visitors as well as Maine's leading CEOs.

Some community leaders raised questions about the need for the name change. Maine State Senator Bill Diamond, a USM alumnus, expressed his support for President Cummings' decision to delay the change.

"I was proud to lead the fight and carry the messages of opposition to the proposed name change — concerns that were expressed not just from my senate district, but from around the state," Sen. Diamond said. "I appreciate President

Cummings' willingness to listen to those concerns and to end this effort which I hope will not resurface. His dedication and commitment to the University of Southern Maine is admirable and speaks well for its future."

President Cummings recognized Sen. Diamond and Rep. Corey — both USM alumni — for their unwavering passion for the university and its crucial role in Maine's future.

"It speaks highly of them that they feel such allegiance and affection to the traditions of our university," Cummings said.

"A new name was never our sole focus for improving student and university success," Cummings said. "Academic excellence, retention, affordability and job placement will always anchor our priorities. We will continue our success and growth in these areas."



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Thank you and Happy Holidays to all of my clients and friends. May you all have a prosperous New Year in 2020.

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Town Council Meeting CONTINUED FROM PAGE 3

of the Town you could not be seated on the Town Council.

Councilor Shepard also stated that he had talked to one of the original members of the Charter Commission and they also stated that it was the intent of the Charter to read that if you were an employee of the Town in any capacity that you were not allowed to be seated on the Town Council.

Councilor Hager also reflected that an Employee of the Town should not serve as a member of the Town Council because of a huge conflict of interest and reported that he will not be changing his vote.

The Town Council reconsidered Order # 9513 from the November 12, 2019 Special Town Council Meeting, an action to consider, in accordance with Sec. 207 of the Town Charter, whether Janet H. Kuech meets the qualifications as set forth in the Town Charter to serve as a Town Councillor. (0 yeas, 6 nays: All Councillors)

The Town Council issued a renewal liquor license to Lucky Thai LLC, located at 593 Main Street.

Staff was instructed to work with legal counsel to draft charter amendment language for review by the Council that would clarify that no municipal or school department employee may serve on the Town Council or School Committee while being employed by the Town of Gorham.

The Town Manager was instructed to incorporate sustainability efforts into municipal operations and planning whenever feasible.

A proposal to amend the contract zone of Hans Hansen in South Gorham to allow for senior housing units was forwarded to the Ordinance Committee. (4 yeas, 2 nays: Pratt, Phillips)

The Town Council formally requested that the School Committee's Capital Project Committee meet with the Town Council's Economic Development and Capital Improvements Committee from time to time to better coordinate municipal project planning.

The Town Council deliberated on the bonds and projects associated with votes on June 11, 2019 and November 5, 2019 whereas the town approved a capital expenditure of a sum of money not to exceed \$2,800,000 for modular classrooms at the Narragansett Elementary School plus \$5,900,000 for the purchase and development of an industrial park. The full order can be read on the town's website at <https://www.gorham-me.org>.

The Town Council extended the moratorium on new rooming houses for an additional six months. (4 yeas, 2 nays: Hartwell, Phillips)

The Town Council granted an abatement of taxes to Jonathan J. for three tax years, using the same ratio as the abatement granted for the 2018 and 2019 tax year, due to an error in the assessment of a swimming pool.

The full town council meeting minutes are available at www.gorham-me.org.

Route for Gorham Connector Still Under Review

KATHY CORBETT
Staff Writer

The Maine Turnpike Authority (MTA) has not chosen a route for the road that will connect Gorham to the turnpike, although a recent map in the Portland Press Herald appeared to show it encroaching on the Gorham Country Club golf course. Peter Mills, MTA executive director, said, "Over the many years that the Gorham Connector has been under consideration, there have been a number of sketches suggesting route alternatives." He gave assurances that "indeed there are several major possibilities that need to be studied before a decision is made."

Projected to open in 2026 at a cost of between \$191 million and \$237

million, the four-lane toll road will originate at the turnpike exit near the Maine Mall. Before construction can begin, the MTA must reconfigure Exit 45 and widen the turnpike around Portland to six lanes in order to accommodate the added traffic.

The MTA intends to use the time before construction can begin to study how and where to build a new highway. "Defining a route for the road is a complex calculus of engineering, environmental, social, and financial considerations," Mills said. However, he has talked with approximately 25 households in the neighborhoods that might be affected, some on South Street and Brackett Road, to let them know that the route has not been selected and to invite them to contact him with their questions.

Holiday Jokes to Share

Q: Why do Dasher and Dancer take so many coffee breaks?

A: They are Santa's Star Bucks!

Q: What do reindeer hang on their Christmas trees?

A: Horn-aments.

Q: What do reindeer eat for breakfast?
A: Deerios.



Q: What did the reindeer get when he crossed a bell with a skunk?

A: Jingle smells.

Q: Why is it always cold at Christmas?

A: Because it's in Decembrrrrrr.

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Don't Let Dizziness Define You

JEN FIELD

Our balance system is complex, with input from many parts of the body, and includes our ability to respond to a variety of stimuli without a loss of balance. Any impairment of these systems may result in a loss of balance or delayed response time to unanticipated stimuli.

There are three main components to the balance system: Sensory, Central, and Motor. The Sensory information is gathered from our visual system, vestibular system (in the inner ear), and general sensory (light touch, deep pressure, temperature). The information gathered is processed in a variety of locations in the brain, referred to as Central processing. Lastly there is the Motor output component, which is the movement response to stimuli, and includes eye movements and body/postural adjustments. Motor output is typically reflexive and occurs automatically.

Does dizziness mean you have vertigo? Dizziness is very common in the elderly population, and yet it is largely undertreated or not treated at all. When dizziness becomes chronic, it can result in psychological and social limitations. Most people are afraid to tell others about their dizziness, which

can lead to balance-related falls, especially in the elderly population.

Dizziness and vertigo are, in fact, not always the same thing. There are many reasons a person may have dizziness. One may be a result of changes or disruption to the vestibular system, located in the inner ear and in reflex centers in the brain, resulting in vertigo. To determine if dizziness is vertigo a physical therapist or medical doctor can perform a series of

DIZZINESS AND VERTIGO ARE, IN FACT,
NOT ALWAYS THE SAME THING.
THERE ARE MANY REASONS A PERSON
MAY HAVE DIZZINESS.

tests. Physical therapy treatment can be provided to regain proper functioning of the vestibular system. Dizziness can also occur from impairments in the balance systems. It may also be postural/positional related, and sometimes can be the result of medication side effects. It is important to consult with your family medical provider if you are experiencing an onset of dizziness.

Can dizziness be resolved? Yes! If you or someone you know experience dizziness or falls it is

important to have an evaluation by a physical therapist who can provide a specific treatment plan and exercises designed to focus on stimulating the balance and sensory systems that may be causing the dizziness.

Visual physical therapy has been a very successful method in treating patients for dizziness, double vision, and feelings of unsteadiness. The human body is designed to accommodate to movement patterns and avoid painful or unpleasant movements/positions. The same is true for dizziness. With proper training and therapeutic exercises, the body is able to accommodate dizziness. This is referred to as vestibular or visual rehabilitation, which can be provided by a trained physical therapist.

If you or a loved one are experiencing dizziness, consult with your family doctor. If it is appropriate, they may refer you to physical therapy or you can request physical therapy for yourself. Your physical therapist will determine if PT is right for you.



Jen Field, DPT: Associate Physical Therapist at Village Physical Therapy

Gorham Sightings

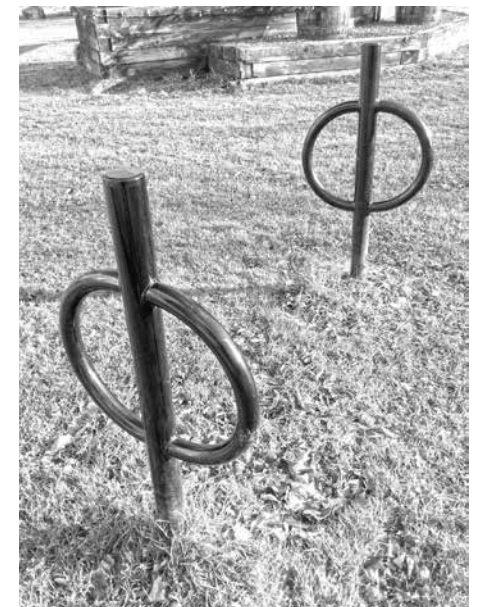


Photo credit Roger Marchand

Do you know where in Gorham this photo was taken? Join our visual trivia discussion by entering your best guess on our Facebook page at www.facebook.com/gorhamtimes or email us at gorhamtimes@gmail.com. The photo in the November 14 issue is a gravesite nestled among the trees at the North Street cemetery.

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Wednesday, December 18 at 7:00 p.m.

Cressey Road Church

81 Cressey Road, Gorham

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78 Leighton Road, Falmouth (Minutes from Gorham)

Quilts of Valor: White Rock Grange Quilt Block Challenge

CATHY WALTER
Staff Writer

The Quilts of Valor Foundation (QOVF) began in 2003 with a dream. Founder Catherine Roberts had a vibrant dream one night while her son Nat was deployed in Iraq where in a distraught man was revived by the simple act of being wrapped in a quilt. She was so moved by the clear message that she went on to create the national foundation and set the high standards of her organization.

According to the QOVF website, "A Quilt of Valor had to be quilted, not tied, which meant hand or machine quilting. Quilts of Valor would be awarded, not just passed out like magazines or videos. A Quilt of Valor would say unequivocally, Thank you for your service, sacrifice, and valor in serving our nation."

Donna Brookings, a Gorham resident and the QOVF Maine State Coordinator, learned about the organization when she stopped by their booth at a quilt show three years ago. As the wife of a veteran and an avid quilter, the foundation's mission spoke to both her and her husband who began actively assisting them. Their efforts resulted in an outpouring of donations and volunteers across the state which prompted the national foundation to ask them to orchestrate all Maine efforts; which they did with a smile.

"The Quilt of Valor Foundation has been a lifesaver. My husband of seven years is a vet suffering from PTSD and anxiety. Quilting and organizing other quilters to help veterans has been a real healing for him,"

Brookings shared.

The White Rock Grange, located in North Gorham, was introduced to the Quilts of Valor Foundation last year when it entered the Grange Exhibition Competition at the Cumberland County Fair for the first time in decades, and where Brookings fortuitously was conducting a heartfelt presentation.

Michlene Decrow, the Grange lecturer who is responsible for programming and outreach, invited Donna to host a demonstration at the White Rock Grange which so touched members it motivated them to promptly join QOVF.

"I am a novice quilter, I love patriotic themes and most of our members are either veterans themselves or are closely related to one," Decrow explained, "so the work this foundation was doing seemed like something our members would appreciate learning more about. And they did."

In an effort to encourage community involvement, last fall Decrow had another idea and the White Rock Grange started its own program, a Quilt Block Challenge, requesting the public to quilt for the cause by creating single quilt blocks at home then donating them to the Grange to be assembled later.

"Every month a different block design is posted online and you can make one or more of them. There is no commitment to make each new design, you can pick and choose just the ones you like. All contributions are welcome," she said.

After almost a year of collecting, dozens of beautiful blocks were pieced together by Grange members



Photo courtesy of Michlene Decrow

The White Rock Grange started a quilt block challenge to encourage members of the public to quilt for the Quilts of Valor Foundation. Dozens of blocks were donated and the Grange assembled the beautiful blocks into four quilts that were presented to veterans of the White Rock Grange Community on November 11. Shown from left to right is Joseph Gramuglia Jr., Ronald Sampson, William Rust, and Gary DeRoy.

into four large quilts. These were then presented to veterans of the White Rock Grange Community on Veterans Day this year.

If you, too, are looking for a way to honor those who have served or just love to quilt, the White Rock Grange has started its second Quilt Block Challenge and is welcoming fellow

quilters of all levels to participate. For more details, visit www.grange.org/whiterockme380/quilts-of-valor-grange-challenge/.

To start a program in your area or with your organization, or to donate fabric or your time, email Donna Brookings at donna.brookings@QOVF.org or call/text 207-523-9322.

SCHOOL

GHS Receives ecomaine Recycling Grant

GRACE FLYNN
GHS Student Intern

On November 12, ecomaine officially awarded Gorham High School (GHS) \$2,056 for the purchase of reusable forks, spoons, knives, and Melamine lunch trays. The award was a portion of ecomaine's School Recycling Grant Program funding, which totaled \$25,000 this year.

Sophie Kaufman, a junior at GHS, spearheaded the grant application as a part of GHS' Eco Club's effort to encourage environmentally-conscious decisions.

The School Recycling Grant Program funding is available to schools within the 70 plus ecomaine member communities. Each school has the chance to receive up to \$5,000 of the \$25,000 available.

This year, ecomaine had an enormous number of communities ask for help, amounting to over \$50,000.

Ultimately, 20 Maine schools were awarded portions of the grant funding this fall.

Recipients of the grant money are chosen by ecomaine based on the following four criteria: strong project outline and school commitment; ease of project replication; likelihood of success and program sustainability; and how compelling and worthy the funding is overall.

The GHS Eco Club has been an active voice in local environmental work since its founding last spring. Along with successfully receiving the ecomaine grant, the club has been engaged in many projects within the Gorham community.

The group has talked with young people about the environment during story time at Baxter Memorial Library, held a bottle drive fundraiser, and is organizing the S.E.A. (Save the Earth and Animals) Summit set to occur in the spring.

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MAKING SENSE OF INVESTING

2019 NHS Inductees



Photo credit Amanda Landry

On November 19, 55 new members were inducted into the Gorham High School (GHS) chapter of the National Honor Society (NHS), under advisor Luci Bowers. Inductee selections are based on a student's embodiment of the four pillars of NHS: scholarship, service, leadership, and character. David Farrington, GHS social studies teacher, was named honorary inductee, voted on by NHS members. Congratulations to all the 2019 inductees (pictured above): Elizabeth Blanchard, Grace Bradshaw, Westley Brinegar, Beck Carrier, Sierra Cummings, Robert Dowdle, Katherine Downey, Julia Edwards, Nathan Eichner, Aidan Enck, Grace Flynn, Gracie Forgues, Campbell Fowler, Sydney Fox, Lydia Gaudreau, Mary Gawlick, MacKenna Homa, Riley E. Johnson, Sophia Kaufman, Katherine Kutzer, Sophie Lachance, Brittney Landry, Shannon Lawrence, Maya Lee, Zakaria Lembarra, Tess Libby, Griffin Loranger, Olivia Michaud, Kathryn Morin, Molly Murray, Adele Nadeau, Grant Nadeau, Jillian Nichols, Liam Nickerson, Samuel Orlando, Kyle Ouillette, Emily Paruk, Marin Perry, Alice Peterson, Brooke Phillips, Lauren Preis, Skylar Prince, Caitlin Randall, Molly Rathbun, Cassidy Rioux, Eva Rodrigue, Gianna Romatis, Erin Sands, Camden Sawyer, Delaney Seed, Andrew Tinkham, Katrina Tugman, Alison Walker, Bailey Wentworth, and Marissa Wilson.

GHS Holds Lip-Sync Battle



Photo credit Amanda Landry

The talent on stage was undeniable as Gorham High School students battled for bragging rights and a trophy at this year's Lip Sync fundraiser for the Class of 2020.

EMILY CREPEAU
GHS Student Intern

Gorham High School (GHS) recently had its annual lip sync battle filling the McCormack Performing Arts Center with plenty of cheers and lots of laughter. This year, the class of 2020 put on the lip sync battle to raise money to help fund graduation at Merrill Auditorium, the class trip, and a class gift.

After the success of last year's battle, GHS decided to turn the fundraiser into an annual event that will hopefully continue to thrive. The battle this year raised over \$2,000. Abby O'Brien, class secretary, was very pleased with how the show turned out.

"I thought all of the acts were spectacular. You could tell all of the acts worked really hard and it was amazing

to see the school come together for such a fun event. We had a really great turnout and almost filled the entire auditorium," said O'Brien.

The opening act was the senior class officers: Westley Brinegar, O'Brien, Conner Donnelly, and Sam Orlando. They performed a Black Eyed Peas mashup of "Let's Get it Started," "Imma Be," and "Boom Pow."

"My favorite part of the show was performing," said O'Brien. "I love being onstage as I have been a competitive dancer since the age of ten. In addition to that, I actually got to help choreograph a few of the acts. It was an honor to be able to work with them. They all took it seriously and were in it to win it."

While all of the acts were impressive, only four awards were handed out. A

CONTINUED ON PAGE 11

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Dr. Delvina Miremadi-Baldino (GHS '01)

CHRIS CRAWFORD
Staff Writer

To say that Dr. Delvina is a busy woman is an understatement. Since graduating from Gorham High, she has earned a Ph.D. in Educational Leadership from Simmons College in 2013, a Masters from Harvard's Graduate School of Education (Human Development and Psychology) in 2008, and a bachelors in Psychology from USM in 2005. She is also a woman on a mission. As a change agent in the mental health field of Positive Psychology, she has dedicated her life to helping others learn life skills which foster resiliency, so they may lead more positive and purposeful lives.

This mother of four children under the age of six currently splits her professional life between working remotely as the Director of Program and Evaluation for Life Advantages LLC, based in Florida and working here in Gorham as CEO of her own business, Realize Your Resilience LLC, which she founded in 2016. She said, "I have partnered with schools, universities, organizations, associations and corporations to provide workshops, webinars, and speaking engagements which help people of all ages learn how to lead happier, more fulfilled lives." She was featured on a TEDx talk created in the spirit of TED's mission to encourage "ideas worth spreading." She also appeared recently on WCSH TV.

Dr. Delvina found her true calling by honing her natural skills and interests, by successfully battling her own undiagnosed anxiety and depression, and by a lot of plain hard work. In preparation for applying to a Ph. D. program in Clinical Psychology, she gained experience working in the Psychiatry Department at Children's Hospital in Boston as a research assistant for their Adolescent Suicide and Depression Prevention Program. Here she had a life changing realization that the best way to prevent suicide and depression might be by promoting positive coping skills and fostering resilience through very early intervention, rather than by just treating the symptoms.

This epiphany redirected her career path away from Clinical Psychology toward a more dynamic and multi-dimensional approach based on wellness and prevention. She was accepted into Harvard's Graduate School of Education where she discovered the field of Positive Psychology, the study of the science behind how humans flourish. She said, "I knew I had found my purpose and a lifelong passion. My professional career blossomed out of a realization that there was too much focus on what was wrong and not enough focus on and understanding of what is right."

Current scientific research informs Dr. Delvina's ideas about the importance of resilience and how these important skills can be taught. Evolutionary reasons tied to survival



Photo credit TEDx Boston

have wired the human brain to pay more attention to negative experiences. Research show that 80% of a person's thoughts are negative, and 95% of these negative thoughts are carried over from day to day because negative thoughts are stored longer and are also easier to recall than positive ones. Acknowledging this as normal, human brain function can give a person the confidence to gently acknowledge and then dismiss non-productive negativity so they can move forward.

Positive Psychology as a discipline provides endless scientifically proven techniques, exercises and skills that change one's perspective to lead to astounding shifts in wellbeing and life satisfaction. Over the past 15 years Dr. Delvina has developed many innovative prevention tools, such as a resilience toolkit for colleges and universities and A Resilience Success Assessment to help quantify the concept of resilience. She has just finished a self-paced e-learning resilience course for college students.

One helpful piece of advice that lies

at the core of everything Dr. Delvina teaches is, "We have the power to shape our entire life experience, by exercising our mind in positive ways." She added, "If you want to show up in the world as the best version of yourself, you must use scientifically proven strategies like mindfulness, gratitude and optimistic thinking to train your mind muscle, much like you go to the gym to train your body muscles."

When asked how she and her family decided to move back to Gorham from Massachusetts, Dr. Delvina said, "Maine always had a big piece of my heart, but I honestly didn't see myself leaving a great career and moving back from Massachusetts." That began to change when she started her family and her priorities shifted away toward raising four happy, healthy children. "I wanted my children to grow up in a stable, supportive community like Gorham. My husband, Craig Baldino and I have been here for 1 ½ years now and it's been the best decision we have ever made," she said. He works at Martin's Point Health Care.

Dr. Delvina can be reached at www.realizeyourresilience.com or at www.drdelvina.com or through her email drdelvina@drdelvina.com. Her TEDx talk can be viewed at <https://www.hult.edu/blog/tedxhultboston-power-resilience/>.

She is the daughter of Barbara Keene and David Keene. She has three siblings: Hossein Miremadi (GHS '99), Krista Keene (GHS '08) and Leaha Keene (GHS '11).

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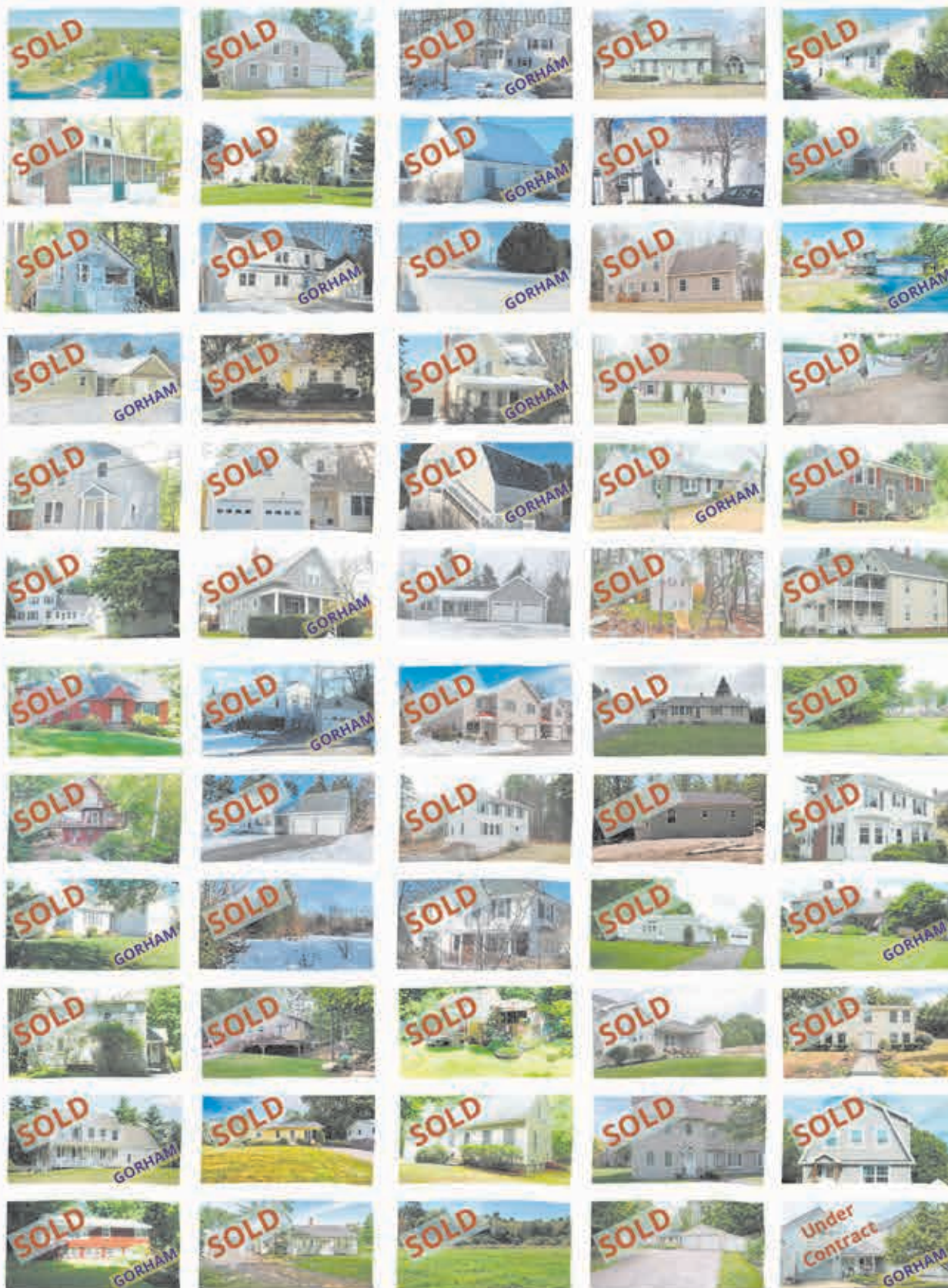
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Lip Sync Battle

CONTINUED FROM PAGE 8

teacher award was given to Amy Smith, a history teacher at GHS, who performed with students Madison Firmin, Maya Lee, Haley Crosby, and Tyler Rollins.

The first-place award went to seniors Meg Perry, Anna Nault, and Brittney Landry. The runner-up was awarded to seniors Nick Strout, Andrew Rent, and Josiah Irish, who were the surprise guest act during the girls' performance.

Landry, Nault, and Perry performed "Bang Bang," by Ariana Grande, Jessie J, and Nicki Minaj. They each dressed up like one of the original singers and made a big entrance.

"It took us about a week and a half to learn our routine with practice every day in auxilium," said Landry. "Watching live performances of the artists was what made us come up with some of our routine. We also had help from Abby O'Brien. The boys came up with their own choreography."

"Meg and I were just thinking in art class about songs that had three female leads," said Nault. "Then, we thought 'Bang Bang' would be perfect. The guys didn't join us until the week of the lip sync battle. The three of us were so excited to perform in front of everyone. We had so much fun doing it."

The final award, People's Choice Award, was presented to Peter Richards, Jonah Bird, and Aidan Owens who sang "Por Ti Volare," by Andrea Bocelli.

The show was a success, providing great Friday night entertainment for students, their families, and their friends.

SPORTS

Sports Etc.

Ryan Firmin (GHS '17), a junior on the Wentworth Institute of Technology men's soccer team, was recently chosen for the First Team All-CCC (Commonwealth Coast Conference) team. Only a handful of WIT players have been named to the First Team. Firmin, a former captain of the GHS soccer team that won the Regional title his senior year, was also just named co-captain of the team for next season.

The United Soccer Coaches All-Region honors have been released and **Jackson Taylor (GHS '16)**, a senior midfielder at Saint Joseph's College, was named a Second Team All-New England honoree. Taylor's past accolades for the Monks include All-GNAC (Great Northeast Athletic Conference) 2nd Team in 2017, All-GNAC 1st Team and All-Tournament Team in 2018.

Battling it Out for a Good Cause



Photo credit Kristin Perry

For the second year in a row, the girls' varsity volleyball team and the varsity football team gathered to participate in the "Battle of the Rams." It's all in good fun as the two teams brought fans together and collected non-perishable food for the Gorham Food Pantry. The girls won the first two sets before the teams split up for a co-ed match up.

Burn Off the Turkey 2019 Results



Photo credit Gorham Recreation Department

The youngest runners got a fast start during the Fun Run while employees from the Town Clerk's Office volunteered their time for the annual event. Getting into the holiday spirit (from left to right) are Kathy Cummings, Laurie Nordfors, Paula Nystrom, and Alida Landry.

DESTINY COOK
Sports Editor

The annual Burn Off the Turkey Race was held on November 30 at the Gorham Recreation Department. The top two finishers were Gorham residents and brothers, Jesse Orach, taking first place, and Ethan Orach, coming in second. The top female finisher was Marisa Carbone of Scarborough with Janelle Day coming in second.

A total of 217 runners and 14 walkers came out for the annual race which included a Fun Run for kids. For a full list of race results, visit http://www.coolrunning.com/results/19/me/Nov30_BurnOf_set1.shtml

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GHS Winter Sports Preview

COMPILED BY DESTINY COOK
Sports Editor

The Gorham Winter Sports programs have their teams set and their seasons are underway.

Girls' Basketball: Gorham finished last year with a record of 13-7. The Lady Rams (#3 seed) made it to the semifinals where they succumbed to the #2 seed, Scarborough.

Coach Laughn Berthiune said, "We return nine players from the varsity team and add one talented newcomer to complete our roster of 10." The roster includes Jacqui Hamilton (SR), Olivia Michaud (JR), Adele Nadeau (JR), Lauren Fotter (JR), Tatyanna Biambly (JR), Anna Nelson (SO), Sophia Michaud (SO), Brylee Bishop (SO), Nicole Walker (SO), and Leah Woodbury (SO).

"This year we plan to utilize a new strategy of playing uptempo to take advantage of our players' strengths," Berthiune said. "We will be most successful if we play fast and move the ball offensively," he added.

Boys' Basketball: Coach Mark Karter is in his 35th year coaching the Rams. Last season the team went 11-8 ending its season with a loss to Scarborough in the Southern Maine AA Quarterfinals. Key returning players are seniors Nick Strout, Ryan Reno, and Jordan Bretton along with juniors Grant Nadeau and Bode Meader. Key newcomers to the team are senior Alex Burghardt and juniors Stephen Graham, Garrett Smith, Mason Laskey, Josh Allen and Ben Tukey.

Karter said the big match-ups this

season are Bonny Eagle, Thornton Academy, South Portland and Windham. He believes the boys will have a tough road in the upcoming season but will continue to improve and play their best basketball when it comes time for the tournament.

"The Southern Maine AA boys schedule is one of the most difficult in the state. Gorham will look to use its perimeter play, coupled with increased post presence to try and navigate a schedule loaded with powerful teams," Karter said.

Girls' Hockey: Gorham/Bonny Eagle/Massabesic/Westbrook all come together to form a team coached by Nat Germond. Last year's record was 3-14-1 and the team lost a few key players in Isis Adams, CC Cochrane and Anna Rathbun. Returning players Izzie Wareham, Anna Nault, Phoebe Richards, and Brooke Guimond look to use their experience to help the team along with newcomer Cadence Howard.

Key match-ups for this season are Biddeford, Mt Ararat, Bowdoin, York. "With seven returning seniors we are hoping to improve on last season's record and achieve a postseason berth. The schedule is front loaded with top ranked teams from last season," Coach Germond said. He believes if the team can show steady improvement, and maintain a positive attitude through the early season, they have a legitimate shot at returning to the playoffs.

Boys' Hockey: Last season the Rams finished with an 11-9 record which was good enough for the #5 seed in Southern Maine Class B. The boys' sea-

son ended in the Conference semifinals against the eventual State Champions, the Greeley Rangers.

Coach Jon Portwine said, "Eleven seniors and both goalies from last year left the program so there are plenty of spots to be won this fall." Returning are senior forwards Cole Perreault and Jonah Bird, senior defensemen Aiden Owens, Cam Sawyer, and Peter Richards (who will make the move to forward).

"There are a lot of talented younger players that can make an impact this season." And while it's a young team, Portwine added, "if they can continuously improve as the season goes on the Rams should be competitive again in Southern Maine Class B, despite a roster full of first time varsity players."

Girls' Swimming: Coach Adam Cyr shared, "We return a large senior class which features senior captains and record holders Laura Bolduc and Ava Pitman. The two ladies will be the backbone of possibly our strongest GHS swim team ever." The girls are also have a very large and talented sophomore class returning which features Caroline and Allison Bishop, both very talented swimmers who are likely to be in the top five point scorers this season.

While the freshman class is not the biggest, there are two very strong swimmers in Abby Rosingana and Kate Pelletier. Cyr said they bring a lot of swimming experience with them are are strong additions to the team because they fill the few holes left on the roster.

An early contest against Scarborough should prove to be exactly what the girls need to start the season strong and

defend their second place finish at the South Westerns Championship meet; with the hopes of a first place finish this year.


"We also hope to crack into the top five for the first time ever at the state championship after our sixth place finish last season," Cyr added.


Boys' Swimming: Coach Cyr said the boys team is still on the smaller side with only 12 athletes this season. However, they are hoping to build upon a lot of the new success they had last season. "Our lone senior and captain, Patrick Bishop, looks to be our strongest swimmer in just about every event," said Cyr. Bishop is backed up by a junior class that features Cody Smith. Sophomore Evan Russo is out for the season with a shoulder injury and will be missed. The largest freshman class yet includes Ryan Jodoin and Kyle Brown. Cyr shared their "work ethic and attitude in just the first week of practices are a great addition to the team."


Cyr said, "We should be very competitive in almost every meet we swim, even looking to improve the number of wins over last season." The first meet is a rivalry meet against Westbrook who is similar in size and make-up to the Rams. He hopes the team can get a win in week one, so the boys can look to be above .500 around the halfway mark of their season, then onto a tougher stretch leading up to regional championships.


The boys finished in the top-5 at the


CONTINUED ON PAGE 13






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GHS Winter Sports Preview CONTINUED FROM PAGE 12

Southwesterns Championship last year for the first time and are hoping to repeat that feat this year.

Girls' Indoor Track: Coach John Caterina is entering his 20th year coaching the girls' indoor track team. Last season the team placed 2nd in the SMAA Championship Meet and 7th in Class A Championship meet.

Key returning runners are Seniors: Kate Tugman, distance; Iris Kitchen, mid-distance; Abby O'Brien, jumps, shot put; Lydia Drew, sprints; Peyton Morton, sprints; and Quinn Young, jumps. Juniors: Sydney Fox, mid-distance; Gabbie Labarge, jumps; Nevaeh Moore, sprints; Molly Murray, sprints; and Alie Peterson, mid-distance. Sophomores: Alyvia Caruso, jumps and hurdles; Sydney Connolly, sprints; Emma Green, sprints and high jump; Maddie Michaud, sprints; Jillian Morrill, sprints and jumps; and Emma Stevens, mid-distance.

With many key scorers returning, Gorham has the depth and talent to be

a contender in both SMAA and Class A competition this winter.

"This is the largest roster ever for Gorham, so it will be important to find the best events for all the athletes, especially the new group of freshmen," Caterina said.

Boys' Indoor Track: Coach Jason Tanguay is heading into his 11th year of coaching indoor track. The boys ended their season last year in 7th at the SMAA Championship meet and 9th at the Class A state meet.

Key athletes returning this year are Seniors: Ryan Farr, sprints; Tyler Rollins, sprints; Kyle Ouillette, shot put; Seamus Tims, shot put; and Andrew Tinkham, distance. Juniors: Ryan Gendron, jumps; Reed Henderson, distance; Josh Lehmann, distance; and Ryan Murray, sprints. Sophomores: Andrew Farr, sprints; Calvin Cummings, distance; Landon Bickford, middle distance and jumps; and Evan Russo, pole vault. Top newcomers include Freshmen: Lucien Beardsley, distance;

and Christian Butler, sprints.

The key meet this season is SMAA Championships. "Gorham graduated some talented seniors from last season, but the team this year has added many athletes. If these new additions can make positive progress this season, then our team could be competitive in the league meets. It should be exciting to watch the development of this crew," Tanguay said.

Ski Team: The boys have returning senior captain Jacob Polchies, the team points leader last season. Coach Sean Munkacsi said he expects strong results from returning skiers Nolan McCullough, Sam Cousins, Griffin Loranger and Jack Cunningham. "They will be challenged in every race by a group of freshmen who are looking to establish themselves early on," he said.

Munkacsi said the girls will continue to be led by their top scorer for the last three years, senior Estelle Ballard. Claire Munkacsi (JR), along with Ballard, finished in the top 15 in last year's State

Championship Slalom race. The two are expected to push each other to improve even more and will be joined by several new girls who will make them competitive in the SMAA.

Cheering: Varsity cheering came in fifth at Regionals and 12th in the State Championship last season. Returning athletes for the team consist of Rebecca Brunner, Caralin Mills, Cassidy Rioux, and Reighley Adams. Coach Julie Dvilinsky shared the focus this season will be on technique and tumbling in hopes of qualifying for the State Championship in 2020, as well as New England's.

Wrestling: GHS wrestling (which competes with Westbrook) is coached by Peter Grant. In speaking about his Gorham wrestlers, Grant has high expectations for Matthew Reno at heavy-weight and Henri Kuntz at 170. Kuntz took third at States last year and is striving for first this year. The rest of the team is young but Grant has high hopes despite the tough brackets.

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Focusing on Greater Portland to the Lakes Region and all points in between

COMMUNITY

OF INTEREST

Community Arts Center will present Santaland Diaries on December 13 & 14 at 7 p.m. and Dec 15 at 2 p.m. This production is not suitable for children. To purchase tickets please visit www.gorhamarts.org/theater.

Orchard Community Church will hold a "Comfort and Joy" Christmas Concert on Dec 15 at 4 p.m., 1 North St./Rt. 114 in Gorham.

Cressey Road United Methodist Church will hold a benefit Angel Tree Concert on December 18 at 7 p.m., 81 Cressey Rd.

White Rock Free Baptist Church will hold a Community Christmas Carol Sing-a-Long on Dec 20 at 7 p.m., 300 Sebago Lake Road.

The Gorham Founders Festival has announced a town-wide celebration event for September 19-20 2020 which will include a float parade contest, musical acts, historical tours, and fireworks. More information will be coming soon on the Gorham Founders Festival website and Facebook page. FMI, contact Suzie Phillips at 207-892-9847 or sphillips@gorham.me.us.

The Gorham Food Pantry, located at 299-B Main St (parking lot of St. Anne's Catholic Church) is open every Thursday morning from 10 a.m. to 12 p.m. and the second and fourth Wednesday of every month from 6-7 p.m. Free for Gorham residents in need. FMI, 222-4351 or visit www.gorhamfoodpantry.org.

The Gorham Medical Closet located at the Municipal Center 75 South St is free and available to Gorham residents in need of wheelchairs, shower seats, commodes, walkers, canes, crutches and more. FMI 839-3859; 839-2484; 839-3228; 329-4976; 839-3494; 839-6450. Hours are by appointment only with one of the volunteers. If you don't reach a volunteer, leave a message and they will return your call.

SENIOR NEWS

Senior Meal Site is held on Wednesdays at 12 p.m., St. Anne's Church, 299 Main St. Social time begins at 11:30 a.m. Suggested donation is \$4. Meal site is closed if school is closed or delayed due to weather. Volunteers are needed to assist in meal prep and clean up. FMI call 839-4857 or 222-1630.

Lakes Region Senior Center, located at the Little Falls Activity Center, 40 Acorn St. is open Monday through Friday from 9 a.m. to 1 p.m. Join them daily for coffee, tea, and socializing. Ongoing daily activities include Mahjong on Mondays – beginners welcome. FMI, Sue Chesler-Doherty, 272-3095; Tuesday crafts and card games. FMI, Avis 892-0298; The Memoir Writing Group meets the last Wednesday of the month. FMI, David 892-9604; Thursday Table games at 10 a.m. and Friday Art Workshops at 9 a.m. FMI 892-0299.

CONTINUED ON NEXT PAGE



Christmas Services 2019

Cressey Road United Methodist Church

81 Cressey Rd, Gorham
Pastor Joseph Saunders
Dec. 22 – Christmas Sunday Worship Service, 10 a.m.
Dec. 24 – Christmas Eve Candlelight Services, 4 p.m. & 11 p.m.

First Parish Congregational Church, UCC

1 Church Street, Gorham
Minister Christine Dyke, 839-6751
Dec. 24 – Service of Carols, Readings & Candle Lighting, 7 p.m. & 10 p.m.

Galilee Church

317 Main Street, Gorham
Pastor Mark Labacz, 839-6985
Dec. 24 – Christmas Eve Worship & Celebration of the Birth of Christ, 6 p.m.

Grace Bible Church

74 Deering Road, Gorham
Pastor Joe Macisso, 839-8800
Dec. 24 – Christmas Eve Service, 5 p.m.

LifeChurch

8 Elkins Road, Gorham
Pastors Brian Undlin and Tom Pequinot, 839-6354
Dec. 23 – Candlelight Service, 6:30 p.m.
Dec. 24 – Christmas Eve Candlelight Service, 2 p.m., 3:30 p.m. & 5 p.m.

Little Falls Baptist Church

749 Gray Road, Gorham
Pastor Tony Vafiades, 892-4240
Dec. 24 – Christmas Eve Service, 5 p.m.

Orchard Community Church

1 North St./Rt. 114, Gorham
Pastor Brian Ward, 210-0627
Dec. 24 – Christmas Eve Service, 7:00 p.m.

Living Stone Community Church

711 Ossipee Trail West, Standish
Pastor Jim Hess, 642-2309
Dec. 24 – Christmas Eve Service, 6:30 p.m.

Redeemer Lutheran Church

410 Main Street, Gorham
Rev. Timothy Sandeno, 839-7100
Dec. 24 – Christmas Candlelight Service, 7 p.m.
Dec. 25 – Christmas Day Service, 10:15 a.m.

St. Ann's Episcopal Church

40 Windham Center Road (Off River Road), Windham
Rev. Tim Higgins, 892-8447
Dec. 24 – Christmas Eve Carols and pageant, 4 p.m.
Christmas Carols with combined youth/adult choirs, 7 p.m.
Christmas carols with soloist, 10 p.m.

St. Anne's Catholic Church

299 Main Street, Gorham
Pastor Louis Phillips & Rev. Steven Cartwright, 839-4857
Dec. 24 – Christmas Eve Mass, 4 p.m. & 7 p.m.
Dec. 25 – Christmas Day Mass, 8 a.m.

Summit Community Church

* Service at Gorham Middle School, 106 Weeks Road
Rev. Travis Bush, 839-4434
Dec. 24 – Christmas Eve Service, 6 p.m.

United Church of Christ at North Gorham

4 Standish Neck Road, Gorham
Associate Minister David Farrington, 892-5363
Dec. 24 – Christmas Eve Service of Carols & Candles, 6 p.m.

West Gorham Union Church

190 Ossipee Trail (Rts 25/112), Gorham
Pastor Nathan Colson, 839-5946
Dec 24. – Christmas Eve Family Service & Pageant, 4 p.m.

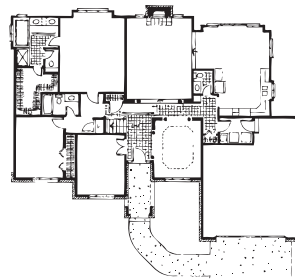
White Rock Free Baptist Church

300 Sebago Lake Road, Gorham
Rev. Jonathan Marshall, 839-1919
Dec 24. – Christmas Eve Candlelight Service, 6 p.m.



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Community Christmas Eve Service

Tuesday, December 24th 6-7PM

Gorham Middle School
106 Weeks Road, Gorham

www.summitmaine.org (207)839-4434



SUMMIT

community church

Please note: the service will be held at Gorham Middle School and not at the church.

the *Courtesy of the Gorham Police Department*
blotter

WHAT WATER HAZARD?

Officer assisted rescue with a report of two golfers whose golf cart had rolled into the pond on hole four at the Gorham Country Club.

Caller reported that flagger on New Portland Road appeared to be under the influence. There were no flaggers on New Portland Road in Gorham. Officer advised Westbrook to check their flaggers.

Officer checked on a male walking on Main St. at about 1:15 a.m. He had a fight with his girlfriend and was walking home to Buxton. Officer gave him a ride.

Main St. caller reported he and his wife were separating and she was going to have her boyfriend move in. He wanted to know if he could trespass the other male. He was advised that he could not as both owned the residence and could have people there. He was told to talk with a divorce attorney.

Officer was called to Great Falls School for a report of children running up and down the hallway. Officer checked the building and spoke with a teacher who said it may have been some other teachers' kids who were running around. Kids were gone when officer arrived.

Files Road caller wanted police to be aware that a plumber who installed her boiler is not welcome at her house. He was insisting on entering to service the boiler as it is faulty. She wanted police to be aware of the situation in case she needed to call.

Two men on Preble Street had had a physical confrontation the previous night. Neither could provide any substantial information about the incident as both were intoxicated.

Officer went to Ryshae Drive for a report of a family fight. Parties gave slightly different versions. Man grabbed some belongings and went next door to his mother's for the night.

Officer responded to a driving complaint. Elderly driver told officer he was a little distracted while driving and eating a muffin.

Patio Park Lane caller reported her husband had received six calls from their own number that day. Caller was advised this was a scam and to block the number and hang up.

Huston Road man reported his tools had been stolen. Officer spoke with another man who said caller owed him money but that the tools were his. Neither party had proof of ownership. Man wanted the caller trespass from his property. Officer served man criminal trespass notice but there was no proof the tools were stolen. Man was not pleased with the outcome.

Officer responded to a complaint of a barking dog on Dundee Road but did not hear anything but peepers.

Officer spoke with a woman sitting outside on Gray Road. Another officer had heard yelling while on another call nearby. Woman was extremely uncooperative and denied any disturbance. Officer attempted to make contact at her apartment as she stated someone else was in there but would not say who it was. No one answered the door. Woman was given warning for disorderly conduct.

CLASSIFIEDS

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FOR RENT. Standish, quiet lakeside community on Sebago Lake. 3 bdrm, 2 full bath, yr round home. Livrm w/fireplace, dining, kitchen, laundry hookup. Owner maintains yard, plowing. No smoking no pets \$1,300.00 plus utilities. 1st month plus security dep. Avail 11-15. Call 787-3012.

FOR RENT. Lovely one-bedroom apartment, Gorham. Gas heat. \$1200/month plus utilities. Available ASAP. Call 207-749-2568.

HELP WANTED

SCHOOL CUSTODIANS WANTED. BSC Cleaning has FT evening roles available from 3-11 pm. Benefits include Health/Dental, 401k, Holiday-pay, \$500 sign-on bonus and more. To apply, visit Bsccleaning.com or call 207-775-1015.

WANTED. Someone to shovel a short front walk for a senior couple this winter. Shaws Mill Drive. Call Carolyn at 207-651-1809.

SERVICES

N. CLOUGH BOOKKEEPING. With year end approaching it means getting your business or personal books in order. If you are feeling overwhelmed call to find out I can help relieve tax time stress. Nikole: (207)899-9420.

CALENDAR

THURSDAY, DECEMBER 12

- Baxter Memorial Library
- Toddler Discovery Time (18mos-3yrs), 9:30-10 a.m.
 - Sewing Club, 2:30-4:30 p.m.

SATURDAY, DECEMBER 14

- Baxter Memorial Library
- Lego Club (All Ages), 10 a.m.-12 p.m.

TUESDAY, DECEMBER 17

- Baxter Memorial Library
- Preschool Discovery Time (3-5 yrs), 9:30-10:15 a.m.
 - Baxter Digs Reading, 3:30-4:30 p.m., Call 222-1190 or visit library to sign up for 15 minute slots.

WEDNESDAY, DECEMBER 18

- Baxter Memorial Library
- Baby Discovery Time (Birth-18mos), 9:30-9:50 a.m.
 - Polar Express, annual holiday event, 6-6:45 p.m.

THURSDAY, DECEMBER 19

- Baxter Memorial Library
- Toddler Discovery Time (18mos-3yrs), 9:30-10 a.m.
 - Sewing Club, 2:30-4:30 p.m.

Community CONTINUED FROM PAGE 14

The Lecky Brown Center for Seniors, located on the 3rd floor at First Parish Church, 1 Church St., is offering weekly events as follows: Mondays Cribbage Club @ 10 am, Hand Chime Ringers @ 2 pm; Wednesdays Originals @ 10 a.m. Coffee, Conversation & a speaker every week; Fridays ARTrageous Seniors @ 10 a.m. December (13 & 20) will feature Fabric Dying (ice, shibori, batik & several other techniques). ONGOING: sign up for the Yellow Dot program. FMI: Lisa Becker at 835-9379 or leckybrowncenter@gmail.com.

USM NEWS

The USM Huskapellas, a new a capella group in the USM School of Music that performs a potpourri of seasonal and pop favorites, will present a concert on Thursday, December 12, at 7:30 p.m. at Corthell Hall. Free and open to the public.

USM Art Open Studios. Get an inside look at the USM Art Department and see student work, Robie-Andrews Art Studios, Drawing and Academy Buildings, and the Print Shop on Friday, December 13, from 4-7 p.m. Free and open to the public.

The USM Chamber Singers will have their Annual Holiday Concert at Holy Trinity Greek Orthodox Church, 133 Pleasant Street in Portland, on Saturday, December 14, at 5 p.m. Free will donation at the door.

Transfer Tuesday is for students interested in transferring to USM. Set up an appointment for an in-person admission decision during a 30-minute interview with a counselor on December 17 or 24 between 8 a.m. and 4:30 p.m. Contact 207-780-5670 or visit usm.maine.edu/office-of-admissions/transfer-tuesday.

CLOSE TO HOME

Highland Lake Grange will hold its annual craft fair on Saturday, Dec. 14, from 9 a.m.-3:30 p.m. 9 Hardy Rd., on the corner of Hardy Road and Rte. 302 in Westbrook. FMI, 207-854-2379 or kjblevesque@juno.com.

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*This office unit is located across the ball from Willis Real Estates' office.
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 NYG Café
 GHS Cafeteria 5:00-7:30
 Concession Snacks
 Shaw Gym 3:30-5:30
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Shaw Gym

3:30-4:30 Wildlife Encounters
 4:35-5:25 Abracadabra (Magic)
 5:30-6:30 ... Wildlife Encounters

Young Families!

Gorham Rec. Dept.

Multi Purpose Room

4:00-5:00 Mad Science
 5:45-6:45 Mad Science



Hallway

4:00-6:30.... Face Painting

Activity Room A

4:30-5:30 Balloonatic



For All Ages!

USM Ice Arena

Open Family Ice Skating 2-4 (rentals NOT available)

Gorham High School

Performing Arts Center

5:00-5:45 Don Roy Trio

National Endowment of Arts National Fellowship Recipient

6:00-6:45 Gorham Community Chorus

7:00-7:55 Storyteller Antonio Rocha

8:00-9:00 The Magic of Steelgraves



New



New

Cafeteria

5:00-7:30NYG Café offering Family Friendly Menu
 5:30-7:30Ongoing Robotics Demonstration
 5:00-7:30Dean Richardson
 USM Huskapellas



Fireworks @ 9 PM

GHS Cafeteria and Hallway

6:30-7:30Balloon "Artistry"

New

GHS Gym

Contra Dancing 6:30-8:00
 with Dela Murphy & Glen Loper

Performance Descriptions

Antonio Rocha

Antonio Rocha (pronounced Haw-sha), is an award winning storyteller whose entertaining mix of mime and spoken word has been presented in 16 countries across 6 continents. With his tenor voice, realistic sound effects and mesmerizing moves, Antonio is sure to tickle your funny bone and delight your soul. His stories are for kids and adults of all ages!

Magic of the Steelgraves

Although most of their performances have been in Maine, New Hampshire, Massachusetts, and other parts of New England, they've performed up and down the East Coast, as well as into the Midwest, and (Markus, at least) in Las Vegas. After 10 years waiting, we are pleased to have them back to entertain us with their amazing magical illusions.

Abracadabra

Phil Smith, master magician, is a 'kid at heart,' which makes his magic dazzle kids and adult "kids" of all ages! After training with world renown magicians, Phil went on to win magic competitions in Maine, several times. His is a must-see performance for our families with young children.

Balloon Creations

Portland's own "Balloonatic" will create unusual art forms with some awesome balloon twisting. Just like last year, you'll see his balloon creations all over the place during New Year Gorham.

Don Roy Trio

National Endowment of Arts National Fellowship Recipient!

Back for their 12th year, Don Roy and his group of talented musicians will keep feet tapping and hearts singing with Acadian music. This year, they will perform at the Gorham Performing Arts Stage. You'll love this!

Gorham Community Chorus

Led by Gorham's own amazing director, John Rimkunas, this large choral group will present music ranging from great masters to contemporary artists as well as popular and show music. This year, the chorus will perform immediately following Don Roy.

Wildlife Encounters

Back by our kids' requests! We never know what mysterious animals we will "encounter" when the wildlife emerges—always some hands-on and some hands-off; always amazing!

Mad Science

These "mad scientists" explain different science topics including electricity, magnetism, optics, biology and more. Each year, our kids have had a lot of fun learning about science, so we are really excited to have them return to New Year Gorham with some new surprising experiments!

Dean Richardson

Dean is Gorham's own singer and songwriter who has been a popular performer in the Gorham café. While you eat some really good food, you'll enjoy his touching ballads and some toe-tapping extraordinary guitar playing! He might even have CDs for you to purchase.

Contra Dancing

Did you know contra dances were considered one of the most popular social dances across class lines in the late 18th century? It doesn't matter whether you are new to the dance or an experienced contra dancer, Dela Murphy and Glen Loper will show you why this continues to be popular in the 21st century!

Robotics Team Demonstration

Come see the Northern Force Team's award-winning, skillfully engineered robot, made by Gorham and Falmouth High School students, as it roams around the entrance to the New Year Gorham Café.

USM Huskapella's

Don't miss this performance! USM's first (and growing) a capella group will present selections that span across a variety of genres, with the one common theme being **no accompaniment**. The Huskapella's are excited to share joy during New Year Gorham through what they love most: music." Look for them in the NYG Café.

Thank You!

New Year Gorham Sponsors 2019*

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- Gorham Times
- Great Falls Construction
- Po•Go Realty
- Saco & Biddeford Savings
- Sebago Brewing Company

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- University of Southern Maine
- V&M Rental
- Virginia Wilder Cross & Don Cross
- Willis Real Estate

*Through December 5, 2019

Schedule Subject to Change
 Check Facebook for Updates