## **Graduating** During a **Global Pandemic**



**EMILY CREPEAU** GHS 2020 Graduate

Unlike every other senior class that has walked the halls of Gorham High School (GHS), the Class of 2020 graduates celebrated very differently. In order to follow social distancing recommendations, there were six different ceremonies held between June 6 and June 7 at GHS' McCormick Performing Arts Center. Each ceremony had 34-38 students, along with valedictorian, Madisen Sweatt, salutatorian, Peyton Morton, class president, Westley Brinegar, and administration.

Students were able to walk across the stage, receive their diploma, and take a picture with their parents. The ceremonies were also live streamed on the GHS website so family and friends could watch their loved ones graduate.

Despite not being able to graduate traditionally at Merrill Auditorium, students and parents overall felt it was a huge success. Everyone involved did a great job coming together to do something special for the Class of 2020.

"I think the ceremonies went really well. I loved how small and intimate they were. It was really special to see all the graduates with their parents," said Morton. If nothing else, she would like her class to remember from her speech: "Your words become your reality, so think and speak positively. If you want something in life, speak it into existence. You can't talk negatively and expect to live a positive life."

"Senior year is filled with lasts because it is the end of our 18-year journey. We are in this auditorium for the last time, saying our goodbyes to our teachers and staff, being together as a class for the last time. But we are

CONTINUED ON PAGE 14

### THANK YOU! GRAD PHOTOS ARE **COURTESY OF AMANDA LANDRY** PHOTOGRAPHY UNLESS NOTED

## GHS Class of 2020 Goes Out in Style







Photo courtesy of Betsy Nygre

#### Lydia Valentine GHS 2020 Graduate

The Class of 2020's unprecedented graduation ended in similar fashion, with Gorham High School's (GHS) first ever graduation parade. Although the class was split up into multiple ceremonies across two days, the class was all together one last time on the night of June 7.

Families began arriving at the Industrial Park on the edge of town at 7:15 p.m. with the clouds just beginning to glow as the sun touched the treetops. Graduates rose to the occasion with balloons, streamers, and many other decorations.

Messages of congratulations as well as next year's plans adorned car windows and senior sport photos were taped to the sides of trucks. Some students arrived in convertibles or in Jeeps with the tops off, letting maroon

and black balloons dance happily as the convoy began to move.

Led by the Gorham Fire Department, the procession of cars turned left onto Route 25 and began the farewell ride of Gorham's newest graduates.

The route turned into a slideshow of memories. The first stop being Beal's Ice Cream where so many of the class have worked or visited on a hot summer's eve. Supporters, whether family or friends, stood alongside the road to cheer on the graduates. One car that had been stopped by the procession, took light of the situation and got out to join in the celebration.

People held up signs for specific graduates or just a common 'Congratulations.' As the cars came closer to the center of town, the magnitude of spectators grew. The sky glowed pink as spectators waved frantically at passing friends as the convoy moved on from Narragansett Elementary and Cumberland Farms.

The very center of town, where the convoy turned left towards the high school, felt like Memorial Day, with crowds of people lining the sidewalks and sirens and horns blessing the night

When the cars finally arrived at GHS, students were met by teachers and screamed "hello" and "thanks" from open windows. Gorham Public Works directed cars into the parking lot, forgoing all designated spaces, and placing them in lines facing the football field. The graduates were all getting a little more comfortable when the fireworks started.

Colors representing GHS (silver, maroon, gold, and red) shot into the darkness to tumultuous applause. And when they sounded their finale with an increased tempo, grads returned to their cars and drove away - the last tingles of high school already slipping through their fingers.





inside the Times If **O** GOCAM You Tube

2 Augusta 15 Schools 4 Living 17 Sports 5 Town/Municipal **19** Community

**GHS CLASS 2020** GRADUATION SECTION **STARTING ON PG. 8** 

Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

## **Opening Up**

REP. MAUREEN "MO" TERRY

It's hard to believe, but June is here. The past several months have been difficult, and I know we are all feeling the strain of our businesses being closed or operating in a limited capacity for so long. June in Maine usually brings with it days at camp, visits to the beach, hikes, bonfires and lobster dinners. Many of these activities we can all still enjoy, but I know it won't be the same, and I know folks are impatient. I am also eager to get back to work. But we must remember, if we open the doors too quickly, it will only result in a prolonged and painful shuttering, once again. As Mainers, we are gritty. I know we can do this.

As of June 1, Maine has entered Stage 2 of the Governor's plan to reopen the economy. You are still asked to stay six feet apart from people outside of your household and to wear a mask in places that are more populated or where it is difficult to maintain distance. When you visit retail establishments, there will still be limits on how many people can be in the space, so you'll still be waiting in lines. However, more establishments will be allowed to open up, and those industries have received guidance from Maine's Department of Economic and Community Development about how to open safely.

There will also be more flexibility for groups of up to 50 people to be in one space, again presuming it's a space where people can be six feet apart.

109 Main Street, Unit B. Gorham

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**Please visit the Gorham Times** 

Facebook page for details.

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Enter to win by contacting the Gorham Times at 839-8390 or gorhamtimes@gmail for details before Friday, June 19.

That means you could have a barbecue in your backyard if space allows or enjoy an outdoor dining experience at a restaurant in town. I hope these changes instill some normalcy in our lives and provide some support for our economy, but we must continue to be vigilant about protecting public health.

I recognize that it is hard to enjoy the natural beauties of our state when you're worried about paying rent or putting food on the table. The lag in unemployment benefits has been crushing. We are all frustrated. The extraordinary volume of fraudulent activity in unemployment applications has caused further delays for many folks. The fraud is being perpetuated across the country and has caused delays in unemployment benefits in several states. The Maine Department of Labor (MDOL) is working quickly to investigate all fraudulent claims and has begun releasing payments once again. If your payment was put on hold for this reason, you should expect to see payments resume shortly. If you are still struggling to navigate the unemployment system or just haven't heard back, please feel free to reach out to me. Additionally, MDOL has an unemployment fact sheet and a COVID-19 webpage with many helpful resources for those seeking unemployment insurance benefits. CEI has also put together a useful website with tips for self-employed and other workers applying for PUA.

I am excited that we have reached a new stage in the economic reopening plan because it means more folks can get back to work, but I recognize it won't be business as usual. This means there will likely still be revenue shortfalls, so I want to remind vou of some resources that are still available for businesses and individuals. The COVID-19 Relief Interim SBA Finance Loan Program provides direct loans of up to \$100,000 to eligible borrowers who provide proof of commitment for SBA financing. The FAME loan would be provided to the business owner until such time as SBA loan is funded. The COVID-19 Relief Consumer Loan Program is also available and provides no- to low-interest consumer loans through a loan guarantee program involving Maine's banks, credit unions, and FAME.

In the days of sunshine ahead, I hope you are able to get outside and remember that, while times are hard, we're moving in the right direction. If there's anything I can do to help you, whether related to the pandemic or not, I am available. It is an honor to serve our community.



Rep. Maureen "Mo" Terry is serving her second term in the Maine House of Representatives. She is a chef and small business owner with more than 25 years of experience in the food service industry. She

serves on the Taxation Committee. (207) 712-9735, (800) 423-2900, maureen.terry@ legislature.maine.gov.

## Gorham Times

Bringing the News to All of Gorham PO Box 401

Gorham, Maine 04038 Phone and Fax: (207) 839-8390 gorhamtimes@gmail.com www.gorhamtimes.com

The Gorham Times is a free volunteer-run community newspaper distributed every other Thursday to more than 100 pick-up sites throughout Gorham.

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Ad deadline is the Wednesday of the week prior to issue date. Go to www.gorhamtimes.com and click on the advertising link for schedule.

#### EDITORIAL POLICY

The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necssarily reflect those of the staff or publishers.

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TAKING A

SUMMER BREAK

To honor the hard work of

our staff and volunteers,

we will enjoy a short

break after the

June 25 issue

(deadline June 17).

Our following issue will

be dated July 23.

## **letter** to the Editor

Letters to the Editor must be fewer than 300 words, signed with a first and last name, typed or e-mailed and include a phone number. The Gorham Times reserves the right not to publish letters that include personal attacks or inflammatory language. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times and are subject to editing.

Dear Editor,

The Town Council's resolution to open all business immediately was poorly drafted, quickly thrown up without any citizens' review, and has shown Gorham to be a maverick town out of 488 municipalities. The resultant publicity reflects this well beyond our borders.

Section I declaring all Gorham business essential defiantly rejects the State list of essential and non-essential busi-

Section II supporting all business opening immediately would include bowling alleys and brew pubs - petri dishes for the coronavirus.

Section III demanding that Gov. Mills and Dr. Shah delegate authority to local health departments to make recommendations ignores the fact we don't have any such departments.

This resolution suggests that our fine businesses are selfish, demanding, and think they are "above the law," not the case I am sure.

But I know, although they are chomping at the bit, they will reasonably hold off opening until the authorized state authorities give the go-ahead.

I too am frustrated; I can't get a haircut, pore over new arrivals at Baxter Library, and I depend on my out of work grandson to do the shopping.

But I patiently wait out this terrible pandemic that is taking so many of my aging peers. We deserve full consideration too.

David Alexander

## **Around Town**

A new Town policy allows outdoor dining with restrictions.

The Town of Gorham highly recommends voting by absentee ballot for the July 14 election. Contact the Town Clerk's office at 222-1670 for more details.

## Honoring Those Who Died | Gorham Grown 2020 in Service to Country

In lieu of a large gathering for Memorial Day, four small ceremonies were conducted by the Gorham Memorial Post 10879, Veterans of Foreign Wars. Participants included Commander Donald Veilleux, Incoming Commander Chad Butts, and Quartermaster Timothy Sandeno. Members of the Rifle Squad were Robert Mountain, Thomas Moore, Alan Reed, and Benjamin Hartwell. The Color Guard was Daniel Howard, Jeffrey Webber, Jennifer Beaumont, and Wayne Morrill. Lawrence Hicks was the guest speaker and Betty Rines was the trumpeter. A video of the ceremonies is posted on the Town of Gorham Facebook page as well as the GoCAM Facebook page.







## The Bookworm is excited to announce that we are reopening on June 15th.

Our summer hours will be Monday through Saturday 10 am-2 pm, with additional evening hours 5-7 pm Tues. and Thurs.

We respectfully ask that you wear a mask and practice social distancing. We will also be continuing contact free pick-up.

42 Main Street Gorham, ME



CATHY WALTER Staff Writer

Last year the Cumberland County Soil and Water Conservation District (CCSWCD) spearheaded the Gorham Grown effort with a Quimby Family Foundation grant, volunteers from Gorham, and Boy Scout Daniel Bachner working on his Eagle project. Two food forests were created and the 24 planter boxes Bachner made were filled with a wide variety of edible plants donated by local farmers and adopted by local businesses to create an "Edible Main Street."

The planters were such a success that there were more requests by businesses to adopt them than were available. Two local Girl Scouts from Troop 2300, who happen to be cousins, stepped up to fill the gap. Working toward their Silver Award, Brinn and Meghan Irish built 24 additional planters. They are planting and distributing them to 11 new locations around town which will double the amount of real food produced and available for all to

The CCSWCD is accepting donations on its website for this Girl Scout project to help defray the cost of materials. The CCSWCD would also like to thank the Gorham Village Alliance for playing a key role in making the Edible Main St. program a success. The food forests, which are also open to all residents to harvest at will, are maturing slowly as is to be expected.

"Remember to harvest responsibly so as not to kill the plants by taking too much," Jenna Martyn-Fisher from CCSWCD warned. "There are some items, like asparagus, that should not be harvested at all this year because the plants are not strong enough yet."

The Phinney Food Forest across the street from Robie Gym does not have anything ready to harvest currently but is an interesting spot to check out if you're in the neighborhood and want to learn about the edible plants available there in season.



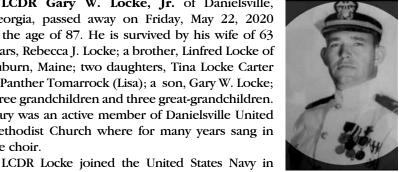
The CCSWCD had planned group maintenance days for volunteers to learn how to create and maintain the food forests and planters but they were canceled due to the pandemic. The CCSWCD quickly pivoted and held informative webinars to keep folks engaged. These were well attended and can still be accessed at https://cumberlandswcd.org.

The organization is still in need of more volunteers, both individuals and groups, to do the hands-on work. For those interested in helping, contact the CCSWCD directly as they are prepared to set up socially distanced trainings for small groups upon request.

A lot of things have changed this year. How we behave in public including the handling of food has taken on new meanings and concerns. There is no science pointing to food as a source of contamination of the virus but the CDC guidelines should be observed at any of these Gorham Grown locations.

As Martyn-Fisher advised, "While we are glad to be continuing this program for another year, we have had to make several changes. We encourage people to visit and observe the food forests and Edible Main Street planters but please only touch if you are planning to harvest. We also advise everyone to thoroughly wash any produce harvested from these areas."

LCDR Gary W. Locke, Jr. of Danielsville, Georgia, passed away on Friday, May 22, 2020 at the age of 87. He is survived by his wife of 63 years, Rebecca J. Locke; a brother, Linfred Locke of Auburn, Maine; two daughters, Tina Locke Carter & Panther Tomarrock (Lisa); a son, Gary W. Locke; three grandchildren and three great-grandchildren. Gary was an active member of Danielsville United Methodist Church where for many years sang in the choir.



1950 at the age of 17 and retired to Athens, GA in 1980. Gary was active in the community and in 1981 organized and led Area 5 Special Olympics which served 10 counties. He furthered his service to the developmentally disabled in 1982 when he started the Madison County Special Olympics. In 1985 he helped form Friends of the Challenged United in Service (FOCUS). FOCUS addressed gaps in service at the state level and served as a vehicle for lobbying for the rights of those with mental and developmental disabilities, as well as those dealing with substance abuse. In 1993, Gary joined the GA Department of Veterans Affairs (VA) where he advocated for benefits to Georgia Veterans and their families. He continued to serve Georgia's Veterans until he retired in 2005 to pursue organic gardening and spend time with his family.

The funeral arrangements were handled by Lord and Stephens, EAST, Athens. The family received friends at the funeral home from 5-7 p.m. on Thursday, May 28, 2020 and the funeral was held at 11 a.m. Friday, May 29, 2020 in the chapel at Lord and Stephens EAST, Athens. www.lordandstephens.com

## **How to Protect Yourself from Fraudulent Activity with Cybercriminals**

If you think that you have been a victim of unemployment fraud, the **Maine Department of Labor advices** taking the following actions:

- Report the incident immediately to www.maine.gov/unemployment/
- · Go to the Attorney General's identity theft webpage at www.maine.gov/ag/ privacy/identity theft.shtml and follow the instructions.
- File a complaint with the Federal Trade Commission online at identitytheft.gov or call 877-ID-Theft.
- · Contact any one of these three credit bureaus: Equifax: 1-888-766-0008, Experian: 1-888-397-3742 or TransUnion: 1-800-680-7289.
- File a police report. Get a copy of the report to submit to your creditors and others who may require proof of the crime.
- Place a fraud alert on your credit reports and review your credit reports periodically to ensure no new fraudulent activity has occurred.
- · Close the accounts that you know or believe have been tampered with or opened fraudulently.

DIANE ABRAMSON Staff Writer

Unprecedented rates of high unemployment have impacted the U.S. economy due to COVID-19 and the closure of many businesses. As of May 28, national jobless claims had surpassed 40 million. Maine has not been immune to this tragedy, reporting 70,800 individuals unemployed in

April resulting in an unemployment rate of 10.6%. One year ago, the State of Maine was reporting a 3.4% rate of unemployment, a one-year change of 7.9%.

Cybercriminals have identified this overwhelming increase in unemployment and unemployment claims as an opportunity to commit crime.

The Gorham Police Department recently shared a press release from United States Attorney Halsey B. Frank, Maine Attorney General Aaron Frey, and Maine Commissioner of Labor Laura Fortman which confirmed that "scammers are taking advantage of pandemic unemployment assistance programs to file fraudulent claims by using the personal information of other

people, including Maine residents."

The Maine Department of Labor (MDOL) reported receiving over 1,000 complaints of unemployment fraud and has canceled more than 2,200 claims that were determined to be fraudulent.

Gorham residents have not been unaffected; many reporting incidents through the Gorham Police Department and the Gorham community Facebook

Cybercriminals have identified

THIS OVERWHELMING INCREASE IN

UNEMPLOYMENT AND UNEMPLOYMENT

CLAIMS AS AN OPPORTUNITY

TO COMMIT CRIME.

page. Most notably, individuals are receiving unemployment paperwork from the MDOL stating that their claim had been processed, when they had not filed one, or of not being able

to complete an unemployment claim because one had already been filed in

It is unclear how the criminals are getting individuals' personal information. However, many state and federal agencies are working together to investigate and stop the fraudulent activity. As part of that investigation, the MDOL put a temporary hold on benefit payments and reinstated the standard 10-14 day processing time for new claims.

## **Land Trust Seeks National Accreditation**

CHRIS CRAWFORD Staff Writer

The Presumpscot Regional Land Trust's (PRLT) pre-application was one of only 12 land trusts nationwide to be selected to apply for national accreditation by the Land Trust Alliance in 2020. The formal application will be submitted in July and final certification will be announced by the end of the year.

The Land Trust Alliance is the national leader in setting policy and standards while also providing education and training in support of local land trusts. About 400 Land Trusts have been accredited in the U.S., representing approximately one third of all the land trusts nationally. Through the application process, the Land Trust must demonstrate a high degree of competency in four key areas of governance, finance, transactions and stewardship through written policies and procedures for all vital aspects of the land.

Rachelle Curran Apse, Executive Director of PRLT said, "Our Land Trust has conserved thousands of acres of land over the last 30 years for wildlife habitat and to provide access to local lands and clean water for current and future generations to enjoy. The national accreditation process represents the next big step forward."

Four years ago, when the PRLT began

CONTINUED ON PAGE 5

## We Have Moved to 347 Main St.



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### **Residential and Commercial Properties Available**

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### Turnkey Restaurant and Pub located at 29 School St., Gorham

Vacant and ready for your turnkey restaurant business! 3,744 square foot restaurant space with full hood & Ansel system, three walk-in coolers, and a bar available for lease. Open layout with hardwood floors, large kitchen, office space, storage, shared outdoor front patio space and a large bar. Existing tables and chairs are included in leasing agreement. Shared parking lot & ample street parking available.

### Station Square located at 7 Railroad Avenue, Gorham







### Residential

Spacious, bright and modern one- & two-bedroom units available! The building boasts a roof deck, new appliances, garbage disposal, on-site laundry, parking, and ample common room space on each floor.

#### Commercial

Come join professionals working in the heart of the Gorham Village. Design your own brand-new space which includes a dedicated floor and common first floor lobby space, elevator access, generous sunlight with 360-degree windows and ample on-site parking.

## **Town Provides Opening** Details as of June 1

COURTESY OF TOWN OF GORHAM

The Town of Gorham municipal facilities reopened on June 1 by appointment only. In order to enter any indoor Town facility, all members of the public are required to make an appointment, wear a face covering, and follow social distancing requirements. Town office occupancy limits, physical distancing requirements and face covering policies will be posted at entrances and throughout Town facilities. Town staff and vendors are also required to wear a face covering when within six feet of

For appointments with the Town Clerk's Office, visit https://gorham. youcanbook.me/ or call 222-1670. The Clerk's Office will make every effort to schedule seniors and vulnerable populations early in the morning before the general public.

For appointments with Community Offices Development (Code, Assessing, Planning and/or Economic Development divisions), visit https:// communitydev.youcanbook.me/ or call 222-1620.

For appointments with the Recreation Office, visit https://gorhamrec.voucanbook.me/ or call 222-1630.

Call 222-1600 to reach a Town department directory to request an appointment directly with the office in which you need assistance. Many services can be performed online at https:// www.gorham-me.org/home/pages/ online-transactions. Residents are strongly encouraged to utilize online services whenever possible.

When in line for a scheduled appointment, please follow social distancing markers. The Municipal Center's traffic flow has been modified to minimize contact between staff, contractors and visitors. Upon arrival, please follow signage at the main "rotunda" to the office for your appointment. When finished, follow signage to the designated exit while maintaining social distancing. One restroom on the first floor will be designated for public hand washing

To expedite motor vehicle registration appointments, visit https://www. gorham-me.org/town-clerk/pages/ motor-vehicle-registration#anchor Motor Vehicle Registration Paperwork for a list of information to bring with you.

The May 15th tax payments are interest free until June 15, 2020. Payments can be:

1. Paid in-person with an appointment. Go to https://gorham.youcanbook.me/, or call 222-1600 to request an appointment.

- 2. Placed in the Book Drop at Baxter Memorial Library (71 South Street).
- 3. Sent via U.S. Mail to Town of Gorham, Attention Tax Collector.
- 4. Made via credit card payment via Maine PayPort Service at https://epayment.informe.org/payportonline/welcome, or over the phone by calling the Town Clerk's Office at 222-1670 (fees

The Governor extended the deadline to apply for certain tax exemptions. To learn more, go to https://www. maine.gov/governor/mills/news/governor-mills-extends-states-property-taxexemption-deadline-2020-04-01. Please call the Assessing Office at 222-1603, or the Cumberland County Regional Assessing Office at 207-699-2475 for assistance.

The Recreation Office is open by appointment only. All outdoor facilities are now open providing social distancing requirements are followed. Go to https://gorhamrec.youcanbook.me/ or call 222-1630 to request an appointment. Upon arrival at the Municipal Center, follow the signage at the recreation one-way entrance to the office. Please follow social distancing markers when in line and observe the policy of no more than two members of the public inside the Recreation Office at a time. When finished, follow signage to the one-way exit. The recreation one-way entrance may only be used as an exit for ADA accessibility needs and emergencies.

Summer Camps will be offered and are currently in the planning phase. Each camp will have no more than 50 people including staff. Temperatures will be taken and all programs will follow an extensive daily checklist per CDC guidelines.

Both the Fire and Police station lobbies at 270 Main Street are open. Face coverings are required and no more than two members of the public are allowed inside either lobby at a time. Please call 222-1660 for assistance with non-emergency inquiries.

Currently, Public Works staff are meeting with the public outside as needed. Changes are being made to allow minor access to the lobby at a later date. Please call 892-9062 for assistance.

The primary concern is for the safety and health of Gorham citizens and employees during the changing aspects of the Coronavirus pandemic. The Town wants to thank community members for their understanding and patience during this time.

## Town Council Meeting JUNE 2 JACOB ADAMS Staff Writer

Councilor Shepard reported that the Ordinance Committee met on May 19 and discussed amending the Streets and Sidewalks Ordinance to allow for more parking in the Village area. The next Ordinance Committee meeting is on June 16.

Council Hager announced that the Finance Committee received the April Town financial figures from the Finance Director, and it showed that revenues are slightly behind but expenses are right on target. He feels that the Town should be in good shape by the end of the fiscal year. The next Finance Committee meeting will be June 22.

Town Manager Paraschak thanked the public and local law enforcement for their part in the peaceful protests in the area. He reminded citizens that all municipal departments are open to the public by appointment only. He also thanked the VFW and others for their part in the Memorial Day celebrations. He reported that the Main Street project is coming along well and will most likely be complete by fall. He also mentioned that the Town Council will vote on the School and Municipal budget at a special meeting on June 16.

The Town Council authorized an amendment to the Tax Increment Financing District and Development Program. This amendment will provide opportunities for significant new

commercial development within the Town and new employment opportunities for residents of the Town. The full amendment can be read at https:// www.gorham-me.org

Peter Mason was appointed to the Gorham Economic Development Corporation.

The Town Council declared all businesses in the Town of Gorham essential and open immediately. The order is subject to businesses taking reasonable health and safety measures and adherence to the CDC guidelines. (See article on Page 6.)

Staff was instructed to work with the Ordinance Committee to draft an Emergency Management Ordinance for Council review and approval.

The Town Council established June 30, 2020 as the due date for payment of excise tax for the registration of motor vehicles that are expired or will be by that time. Staff has been instructed to provide notice to the public on how to register motor vehicles, all-terrain vehicles, watercraft, snowmobiles, trailers and temporary registrations.

Town Council authorized loan payment deferments for the Gorham Revolving Loan Fund on existing loans for up to 90 days at the request of the borrower from April 1, 2020 through September 30, 2020. New loans provided after April 1, 2020 will have the same loan payment deferment period for up to 90 days ending September 30, 2020.

The full minutes can be read at https://www.gorham-me.org

### Land Trust Seeks National Accreditation CONTINUED FROM PAGE 4

merging with Windham Land Trust, Presumpscot River Watch and Gorham Trails, the Land Trust leadership agreed it was time to move toward national accreditation by meeting the highest standards for land conservation. Curran Apse wanted to acknowledge the Land Trust board members who have devoted hundreds of volunteer hours over the last four years in collaboration with staff to prepare for the rigorous accreditation process which codifies board member selection, training and procedures, financial procedures and accountability, guidelines for land acquisition, and also comprehensive management plans for every conserved land owned by the Land Trust.

These recently merged organizations started as all-volunteer groups, similar to most land trusts throughout the country over the last forty years. Given the volunteer origin of so many land

trusts, the national non-profit Land Trust Alliance realized the importance of defining best practices and standards for land trusts by creating a national accreditation process.

Tamara Lee Pinard, Co-President of the PRLT said, "The national accreditation seal offers the assurance that a land trust has the systems in place to keep the promise of forever conserving land. Accreditation strengthens individual land trusts and America's land conservation movement."

Thanks to grants from Maine Coast Heritage Trust, Maine Community Foundation's Fund for Maine Land Conservation, Davis Conservation Foundation, and individual donors, the Land Trust has been able to prepare and apply for national accreditation. The public is invited to comment on PRLT's pending application at www. prlt.org/accreditation.





## Town Council Passes Resolution | Baxter Memorial Library Reopens in Support of Businesses

Leslie Dupuis **Editor** 

The Gorham Town Council passed a resolution on June 2 that supports businesses opening immediately, subject to CDC guidelines and reasonable health and safety measures. Sponsored by Town Councilor Ben Hartwell, the resolution will be forwarded to Governor Mills but Hartwell confirmed, "The State holds preemption power over municipalities so businesses who choose to open would still be at risk of having a license pulled or being fined by the State. When faced with losing their business altogether, that may be something they are willing to risk."

During the public comment period, many business owners spoke in favor of the resolution.

Jesse Coleman of My-Fit 24 said, "It is very easy for us to comply with all of the recommended guidelines for safety from cleanliness to proper spacing and management of total number of individuals. It is absolutely unsustainable for our business to continue under this level of restriction. We will soon have to take measures to scale our business...potentially downsizing, potentially losing employees, potentially closing all together."

Lisa Kaldrovich of MK Kitchen added, "We all love Gorham, we want to be in Gorham, we have worked so hard, and I'm just fighting for the right to work. I would really appreciate the

opportunity to get back within the CDC guidelines to safely reopen with every measure in place." Kaldrovich also spoke about the time and money already invested in meeting the CDC guidelines in preparation for a June 1

James Brockman, a resident of Gorham, opposed the resolution stating, "What it appears to do is encourage businesses in Gorham to violate the Governor's order." He also asked if the Town lawyer had been consulted as he worried about possible liability for the Town.

Jon Smith of Great Falls said, "This challenge doesn't go away in X number of days or X number of weeks. It's really something we have to figure out how to deal with and how to manage. Business owners are at the end of their rope. I know many of them are just trying to hang on and hoping that something will change so they can open."

Ephrem Parashack confirmed that this was not an executive order from the Town of Gorham to allow businesses to open up. "This is more of a directive to encourage the State to open up."

While several councilors expressed concerns, all but one voted to support the resolution (6-1). Despite confirming her support for local businesses, Kuech voted against the resolution as she questioned its validity while also expressing concerns regarding timing and safety.

COURTESY OF BAXTER MEMORIAL LIBRARY

Baxter Memorial Library reopened on June 1 with limited services. The library's current hours are Monday through Friday from 9 a.m.-4 p.m. Updates to these hours will be posted on the library's website and Facebook

Due dates for items checked out before the closure have been extended through July 10. Book drops are open but items will remain in quarantine for 72 hours before being pro-

A limited number of Baxter Library cardholders are able to visit the library at any one time based on guidelines from the Maine Library Commission and the State of Maine. Signs outside the library will indicate where to wait. While families and other groups are not prohibited, patrons are encouraged to visit the library by themselves due to occupancy restrictions.

Visitors will be required to wear a mask while in the library. If a patron is unable to wear a mask or would rather not enter the library, a new curbside service is available for pickup. More details will be posted on the library's website. The three 15-minute parking spots closest to the library are designated for curbside service only.

Due to the occupancy constraints, the library we will begin its reopening by operating a "local holds only" system - patrons will not be able to browse the collection or access the children's room. Library staff will be placing book bundles and highlighting new titles near the circulation desk to easily check out on a whim.

Interlibrary loan requesting remains suspended statewide. An update will be provided as soon as it resumes. Holds for stock items at Baxter may be placed online through the Minerva catalog, by phone, and in person at the library. Staff will be pulling books multiple times a day.

Baxter Memorial Library will be reevaluating services constantly and will keep the public updated on any changes as they happen.

## Planning Board Results June 1

Gorham Solar LLC's (formerly Nexamp, Inc.) request for approval of a PV Solar Ground-Based Array with associated equipment, gravel access and perimeter fence, located south of 412 Fort Hill Road, was approved.

Gorham Savings Bank's request for approval of a proposed amendment to the contract zone to allow a ground mounted solar array and to relax the buffering and setback requirements was discussed.



381 Main St Gorham

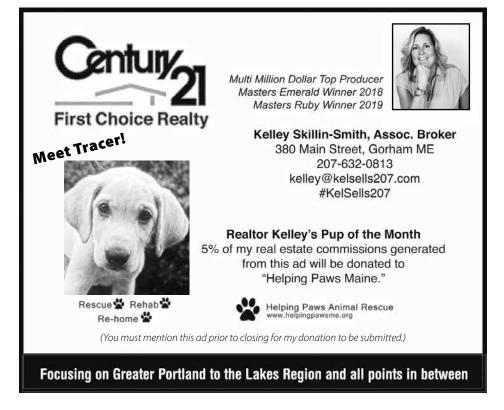
839.7192

## YOGA ONLINE **YOGA LIVE**

Making yoga easily accessible during stressful times

See our website for class schedule

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### TOWN OF GORHAM BOARD OF APPEALS NOTICE OF MEETING June 18, 2020 ON-LINE ZOOM MEETING

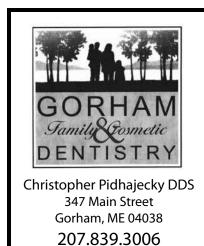
The Gorham Zoning Board of Appeals invites you to view our upcoming Regular Board of Appeals meeting on Thursday, June 18, 2020, starting at 6:30 pm. This meeting will be held remotely, hosted as a Zoom Webinar and streamed over GoCAM and Facebook Live for anyone who wishes to view. Staff recommends those who would like to a make public comment regarding this agenda item to email written comments by 4 pm on Thursday, June 18, 2020 to the following email address: ZB\_Mtg\_Public\_Comment@gorham.me.us.

To join the meeting, follow this link on your computer or mobile device: https://us02web.zoom.us/j/86472148991.

**Phone Number:** 1(301)626-6799 **Webinar ID:** 864 7214 8991 To make a public comment during the meeting, we ask that you raise your hand using the button in Zoom.

Acceptance of the May 21, 2020 meeting minutes as printed and distributed.

Appeal #20 - 04 Single-Family Dwelling Set-Back Variance. ELW Properties LLC, property owner and petitioner is seeking a single-family front-yard setback variance for the property located at 20 Mason Lane (Map 5 Lot 11.001). The subject property is located in the Suburban Residential (SR) zoning district.



## Complimentary Sonicare® Toothbrush

\*after your new patient appointment is completed.





# JUNCTION BOWL CONGRATULATES

**CLASS OF 2020!** 

[INSERT INSPIRATIONAL **QUOTE YOU'VE BEEN** LECTURED TO BY ADULTS **FOR THE LAST 4 MONTHS]** 

OKAY, LET'S EAT.

**CELEBRATE** all of your accomplishments outside at our new patio. Our menu has a wide variety of items to satisfy all forms of postgrad hunger. A selection of cold beverages will quench any thirst for normalcy. And don't worry, dinner is on your parents!



A 7 Railroad Ave, Ste 102 Gorham, ME 04038

P (207) 222-7600

W www.jctbowl.com

## CONGRATULATIONS GORHAM HIGH SCHOOL SENIOR SCHOLARSHIP WINNERS

The Gorham community awarded the Class of 2020 seniors \$115,650 in scholarships. While some groups were unable to contribute this year and some scholarship amounts decreased. the overall total was higher than last year due to two UMaine Pulp and Paper Foundation scholarships in the amount of \$24,000 over four years.

#### **SPECIAL AWARDS**

TYLER/GRANDMAISON MELMAC SCHOLARSHIP: Myka-Allyse Snyder

**GHS PRINCIPALS AWARD:** Abigail O'Brien

#### **SCHOLARSHIP AWARDS**

**WAYNE "POOCH" DROWN MEMORIAL SCHOLARSHIP:** Cassidy Hamilton Kacie Walton

JULIE P. BURNHEIMER **MEMORIAL SCHOLARSHIP:** Lucas LaMontagne

Julia Sturgis

**DANIEL S. CLARK MEMORIAL** SCHOLARSHIP: Rvan Gaudreau

**BENNETT AWARD:** Ryan Gaudreau Madisen Sweatt

**ANN MASON-OSANN MEMORIAL SCHOLARSHIP:** Elizabeth Blanchard

STEPHEN GORDON WARD MEMORIAL SCHOLARSHIP:

DANA ALLEN MEMORIAL SCHOLARSHIP:

BECKY HARDY PHILBRICK SCHOLARSHIP:

Grace Andrews Andrew Tinkham

Lvdia Drew

MADOLYN H. QUINLAN MEMORIAL SCHOLARSHIP: Elvssa Johnson

GORHAM TIMES - MARTHA T. HARRIS MEMORIAL SCHOLARSHIP:

**GORHAM TIMES SCHOLARSHIP:** Fmily Creneau

Lvdia Valentine JANE BEEVER MEMORIAL

SCHOLARSHIP: Westley Brinegar

**GORHAM LIONS CLUB/ED** JOHNSON MEMORIAL: Sebastien Irish Lindsey Nygren Peter Richards

Alana Weed

**GORHAM WOMAN'S CLUB IN** MEMORY OF: FRANCES MESERVE COTTON: Carson Battaolia **ELIZABETH FOX:** Lvdia Drew

LENA DAY: Jacqueline Hamilton

**GORHAM WOMAN'S CLUB IN MEMORY OF EDWARD A. TABER MEMORIAL SCHOLARSHIP:** Julianna Cooper

**GORHAM SAVINGS BANK** SCHOLARSHIP IN MEMORY OF CARROLL WENTWORTH: Madisen Sweatt

D. BRENDA CALDWELL/ GORHAM SAVINGS BANK SCHOLARSHIP: Maeve Higgins

CHAIRMAN'S SCHOLARSHIP -DANIEL G. WILLETT/GORHAM **SAVINGS BANK:** Abigail Miller

JOHN D. PHINNEY/GORHAM SAVINGS BANK SCHOLARSHIP: Henri Kuntz

BERTHA BRIDGES WILLIS & RALPH "RUSTY" WILLIS SCHOLARSHIP: Kaitlyn Verrill

**WILLIS REAL ESTATE-DIRIGO** AWARD: Jillian Nichols

**GORHAM BUSINESS & CIVIC EXCHANGE: VIRGINIA WILDER CROSS BUSINESS AWARD:** Connor Donnelly

**GORHAM BUSINESS & CIVIC EXCHANGE: VIRGINIA WILDER** CROSS CIVIC AWARD: Rvan Farr

GORHAM HOUSE SCHOLARSHIP: Cassidy Hamilton Cameron Myles

**GORHAM TEACHERS** ASSOCIATION SCHOLARSHIP: Patrick Bishon Haley Burns Isabelle Emerson Brady King

Samuel Orlando

Nickolas Strout

GORHAM HIGH SCHOOL ALUMNI **ASSOCIATION SCHOLARSHIP:** Anna Nault

**GORHAM HISTORICAL SOCIETY:** Kvle Hamblen

**VILLAGE PHYSICAL THERAPY** ALLIED HEALTH SCHOLARSHIP: Brittney Landry

MBRACE ORTHODONTICS SCHOLARSHIP: Jillian Nichols

**GORHAM ATHLETIC BOOSTERS:** Lucas LaMontagne

**GORHAM DEMOCRATS** SCHOLARSHIP: Madison Firmin

Pevton Morton

**GORHAM PUBLIC SAFETY-**WAYNE "POOCH" DROWN MEMORIAL SCHOLARSHIP: Anna Nault

**GORHAM PUBLIC SAFETY-GUNS AND PAPER FOUNDATION** & HOSES SCHOLARSHIP: Emma Callahan

**GORHAM PUBLIC SAFETY-DENNIS HAWKES MEMORIAL** SCHOLARSHIP: Hannah Dimick

**GORHAM PUBLIC SAFETY-ERNIE HAWKES MEMORIAL** SCHOLARSHIP:

Nolan McCullough

Lauren Green

**GORHAM PUBLIC SAFETY-**WILEY P. CHANDLER MEMORIAL SCHOLARSHIP:

**GORHAM PUBLIC SAFETY-JOHN** N. REED MEMORIAL SCHOLARSHIP: Kacie Walton

CHANDLER HAMILTON MEMORIAL SCHOLARSHIP: Adam Michaud

KIWANIS CLUB OF PORTLAND KEY CLUB SCHOLARSHIP: Halev Lowell

DAR GOOD CITIZEN SCHOLARSHIP: Abigail O'Brien

**GORHAM HOUSE OF PIZZA** SCHOLARSHIP - IN MEMORY OF AL EDWARDS:

Ava Pitman

Paige Hume

Sebastien Irish

**GORHAM HOUSE OF PIZZA** SCHOLARSHIP - IN MEMORY OF **JOHN REED & DANA ALLEN:** Frin Hume

EMBARK SCHOLARSHIP: Mariam Beshir Rebecca Brunner

UNIVERSITY OF MAINE PULP SCHOLARSHIP: Patrick Bishop

Nolan McCullough MAINE BLUE COLLAR SCHOLARSHIP:

Rebecca Brunner STUDENT COUNCIL SCHOLARSHIP:

Laura Bolduc Faith Dillon Aidan Owens Fmma Owens Marin Perry Rvan Reno Seth Richardson Ursula Steiner Nickolas Strout Sarah Tuttle

**GORHAM YOUTH SOCCER** ASSOCIATION SCHOLARSHIP: Andrew Rent

Madisen Sweatt

BOB GRANT MEMORIAL SCHOLARSHIP: Isaac Carroll

**CASCO FEDERAL CREDIT UNION** SCHOLARSHIP: Nolan Irish

WHITE ROCK FRIENDSHIP CLUB: Ryan Doughty

WATSON FAMILY TRUST: Mackenzie Huntington

FRANCES H. BOOTHBY SCHOLARSHIP: Abigail O'Brien

**GWENDOLEN FLANAGAN** SCHOLARSHIP: Jade Wu

MALCOLM SMITH MEMORIAL SCHOLARSHIP: Peyton Morton

**CHARLES C. SHAW** SCHOLARSHIP: Jessica Burgess

HARRY SHEVIS MEMORIAL SCHOLARSHIP: Anthony Booth

**SOUTHWESTERN MAINE** SWIM OFFICIALS ASSOCIATION SCHOLARSHIP: Laura Bolduc

TINA TURCOTTE MEMORIAL SCHOLARSHIP: Elena LaNigra

2020 WESTBROOK-GORHAM ROTARY CLUB MOST IMPROVED STUDENT SCHOLARSHIP: Adrienne Bertinet

RAM PRIDE AWARD: MacAllister Moss Kyle Ouillette Gianna Romatis Katrina Tuqman Mackenzie Yaskula

Cole Perreault

Isabella VanZandt

WESTBROOK-GORHAM COMMUNITY CHAMBER OF COMMERCE SCHOLARSHIP: Jacqueline Hamilton Haley Lowell Pevton Morton

PATHS & WRVC **AWARDS** 

**PATHS - CONTINUING EDUCATION SCHOLARSHIP:** Lane Charlton Makenzie Huntington

**WRVC - OUTSTANDING** STUDENT BY PROGRAM/ELEC-TRICITY:

WRVC - OUTSTANDING

Nicholas Hovt

Adam Michaud

STUDENT BY SENDING SCHOOL: Alana Weed

WRVC - NAPA AWARD: Jacob Malonson

WRVC - WESTBROOK-**GORHAM CHAMBER OF COMMERCE SCHOLARSHIP:** Sebastien Irish

WRVC - WESTBROOK-GORHAM CHAMBER OF **COMMERCE TOOLSHIP:** 

Rebecca Brunner Jax Dol Owen Heady Nicholas Hovt

WRVC - WESTBROOK-**GORHAM ROTARY** SCHOLARSHIP: Sebastien Irish

WRVC - WESTBROOK-GORHAM ROTARY TOOLSHIP: Nicholas Hovt Jacob Malonson

WRVC - WESTBROOK WOMAN'S CLUB: Kaitlyn Verrill

Due to the cancellation of typical Project Graduation festivities, this year the Project Grad committee opted to purchase senior signs, senior send off bags which included gift cards to local businesses, decorations for graduation, and fireworks after the graduation convoy. The Project Grad committee thanks the community and the local businesses for their support.



**Gold Level Sponsors** 

Oral & Maxillofacial Surgery Assoc.

Silver Level Sponsors **Grondin Corporation** Nappi Distributors

Gorham Sand & Gravel **Bronze Level Sponsors** 

Gorham Savings Bank

Ossipee Trail Motor Life Church **Cressey Road Church** 21st Century Motors Safe Environmental Solutions Gorham Family & Cosmetic Dentistry, PC

Shaw Bro. Family Foundation

The Gorham High School Class of 2020 and the Project Graduation Committee would like to recognize those who have supported and provided donations and generously offered financial support.

This year proved a challenge with how we could celebrate our 2020 graduates but through the tireless efforts of a small, dedicated group of parent volunteers and the consistent generosity of local business sponsors we were able to make that happen.

#### **Donor Level Sponsors**

Gorham Flag Center Knowles Industrial Service Willis Real Estate Refreshing Paws Carter's Auto Service Gorham Women's Club

**Great Falls Construction** Wyman's Auto Body Egbert's Lawncare LLC White Rock Outboard Village Physical Therapy Hannaford Gorham

Kerwin Chiropractic Phinney Lumber Co. Glidden Excavating & Paving First Parish Church **Edwards Jones** 

Please support our sponsors! Your patronage to these businesses and extending a thank you to our contributors will continuously recognize their commitment to our students and our community. In addition, we would like to recognize and thank our senior families who supported the direct appeal and donated over \$4,500 to Project Graduation. Once again, Gorham proved our kids come first!

THANK YOU FROM THE CLASS OF 2020 & THE PROJECT GRADUATION COMMITTEE

## **Gorham Times Announces** the Scholarship Recipients







Emily Crepeau

Lydia Drew Lydia Valentine

GORHAM TIMES STAFF

Seniors Emily Crepeau and Lydia Valentine were awarded the Gorham Times Scholarships this year. Both volunteered their time as student writers for the Gorham Times.

Crepeau interned for the paper for one year and quickly became a valuable asset to the staff. She routinely attended production meetings and was willing to step up and cover many topics at the high school.

"Emily was always willing to take on an article, ask clarifying questions, and work to improve on her AP style of writing throughout the year. We enjoyed her presence at our production meetings. She was an excellent voice for her fellow classmates and had a great handle on what was happening at GHS. We will certainly miss her and wish her all the best," said Andrea Morrell, School News Editor.

Lydia Valentine began interning for the paper during her eighth-grade year at Gorham Middle School and continued throughout her four years of high school. Valentine wrote numerous articles during her time as an intern. She was a great liaison between the schools and the paper; always a dependable, hard-working member of our team.

"Lydia was my go-to intern for the past five years. Her passion for the arts and activities at school led by students always came through in her writing. She often came to me with an idea for an article to write based on events happening at school. I could ask her for a last-minute favor to cover an event and she always jumped on the chance. Her enthusiasm, hard-work, dedication to deadlines, and easy-going personality made her an excellent intern. We will all miss her greatly and wish her the best of luck in her next chapter," said Morrell.

The Martha T. Harris Memorial Scholarship was presented to Lydia Drew. Harris, a life-long Gorham resident, as well as a founding member of the Gorham Times, died unexpectedly in 2013 from complications during chemotherapy.

When speaking about Drew, Harris' daughter, Jennifer Banks, said, "Lydia was the perfect recipient as she shares my mom's love of photography, sports, community involvement and faith."









# 2020 Graduate

Wherever you go, go with all your heart. We are so proud of you and all that you've accomplished. We can't wait to see the next chapter. Love, Mom & Dad

## 2020 Graduate



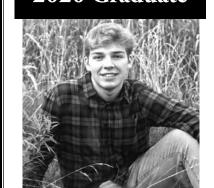
Congratulations Quinn. We are so proud of you. Love Mom, Dad, Nana, Papa, Grandma, and Mason.

## 2020 Graduate



Congratulations Alana! Love from your second family!!!!

## 2020 Graduate



Anthony Theriault We are very proud of you for a job well done! Love, Grampy and Carol

## 2020 Graduate



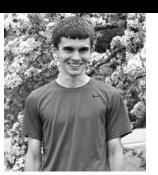
Aidan, what a blessing to be on this journey watching you grow into an amazing young man. We look forward to watching you laugh and continue to bring our family that which only you can bring. With all our love, Poppies and Nonnie

## 2020 Graduate



Quinn, you did it! We are all so proud of you! Love Aunt Colleen, Aunt Rebekah, Auntie Ann, Aunt Kelly, and Jenn

## 2020 Graduate



Congratulations Andrew! All your hard work has paid off. Your path is wide open and the world is yours. We could not be more proud. Love, Mom, Dad, and Nicholas

## 2020 Graduate



Congratulations Emma! We couldn't be more proud of the person you've become. Love Mom, Dad, Caitlin and Connor

## **CONGRATULATIONS CLASS OF 2020!**

### Valedictorian, **Magna Cum Laude**



**Madisen Sweatt** Daughter of: Marc and Tammy Sweatt

## Salutatorian, **Magna Cum Laude**



**Peyton Morton** Daughter of: Samuel and Samantha Morton

## **Magna Cum Laude**



Carson Battaglia Daughter of: Brett and Kellie Battaglia



**Elizabeth Blanchard** Daughter of: Michael and Diana Blanchard



Laura Bolduc Daughter of: Jeff and Lisa Bolduc



**Anthony Booth** Son of: James and Esther Booth



Daughter of: Robert and Tracy Burns



**Madison Firmin** Daughter of: Scott and Michelle Firmin



Maeve Higgins Daughter of: Tim and Maureen Higgins



Paige Hume Daughter of: Eric and Christine Hume



Elyssa Johnson Daughter of: Mark Johnson and Cathy Hjort



**Molly Lemont** Daughter of: Colin and Joellen Lemont



**Ethan Mercier** Son of: Doug and Pam Mercier



Abigail O'Brien Daughter of: Robert and Melissa O'Brien



Romain Salvi Host parents: Keith and Wendy Stigman



Camden Sawyer Son of: John and Rhonda Sawyer



Samuel Waggoner Son of: David Waggoner and Deann Marsh



### Cum Laude



**Westley Brinegar** Son of: Brian and Rebecca Brinegar



**Evan Chambers** Son of: Carl and MaryLou Chambers



**Lane Charlton** Daughter of: Theresa Charlton



**Brandon Chhoeung** Son of: Chhan Chom and Kheam Sokuntheavy



**Kasey Cummings** Daughter of: Jesse and Kendra Cummings



**Garrett DeVoe** Son of: Mathew and Dina DeVoe



**Faith Dillon** Daughter of: James and Christena Dillon



Lauren Green Daughter of: Leon and Denise Green



**Jacqueline Hamilton** Daughter of: Greg and Lori Hamilton



Erin Hume Daughter of: Eric and Christine Hume



Katarina Jenkins Daughter of: Ryan Jenkins and Ann Marie



**Cortnie Jones** Daughter of: Nathalie Jones



Henri Kuntz Son of: Steven and



Lucas LaMontagne Son of: Fred and Theresa



**Brittney Landry** Daughter of: Rob and Amanda Landry



Haley Lowell Daughter of: Ronald and Cindy Lowell



Nolan McCullough Son of: Andrew McCullough and Donna Strand



**Abigail Miller** Daughter of: John and Christina Miller



**MacAllister Moss** Daughter of: Justin and Kelly Moss



**Jillian Nichols** Daughter of: Curtis and Joanne Nichols



Son of: Keith and Elizabeth Orlando



**Marin Perry** Daughter of: Anthony and Stacie Perry



Ava Pitman Daughter of: Thomas and MaryBeth Pitman



Lauren Preis Daughter of: Bill and Randi Preis



Ryan Reno Son of: Kenneth Jr. and Edith Reno



**Andrew Rent** Son of: Jack Rent and Erin Cassidy



Son of: Tom Richardson

and Heather Young

**Gianna Romatis** 

Daughter of: Mark and

Shirley Romatis

Veronica Steiner

Daughter of: Timothy Steiner and Carrie Wilshusen



Katrina Tuoman Daughter of: Kristin Tugman and Carrie Bibens



Lydia Valentine Daughter of: Vinton and Beth Valentine



Daughter of: Seth Weed and Alisha Barrows

## THE GHS CLASS OF 2020 SENIORS







Ethan Allen **Grace Andrews** Kaleb Apt **Daniel Bachner** Joshua Ball Estelle Ballard Nicholas Batchelder Carson Battaglia **Zachary Beaumont** Adrienne Bertinet Mariam Beshir Jonah Bird Patrick Bishop Elizabeth Blanchard Laura Bolduc Jocelyn Bolt Anthony Booth **Colton Brantley** Jordan Bretton Westley Brinegar Rebecca Brunner Ethan Bump Jessica Burgess Alexander Burghardt Lucia Burke Haley Burns Neila Cairnduff Emma Callahan Isaac Carroll Margaret Caruso Talia Catoggio **Evan Chambers** Lane Charlton Brandon Chhoeung Colby Christakis

John Collins

Rachel Collomy

Julianna Cooper

Kathleen Corbett

Samuel Cousins

Emily Crepeau

Kaitlyn Crockett **Kasey Cummings** Nichole Dascanio Quinn Davis **Benjamin Demers** Garrett DeVoe Lauren DiDonato Faith Dillon Hannah Dimick William DiPietrantonio Mackenzie Dix Jax Dol Abigail Dolloff Meredith Donisi **Connor Donnelly** Mia Donnelly William Donnelly Ryan Doughty Lydia Drew Molly Eaton **Brian Edwards** Raechel Edwards Isabelle Emerson Ryan Farr Tyler Farris Madison Firmin Josias Gahima Ryan Gaudreau Kevin Goodnow Madison Gould Meghan Gray Derek Grayson Lauren Green **Bryce Gurney** Sebastian Haines Kyle Hamblen Cassidy Hamilton Jacqueline Hamilton Joseph Hansen

Noah Hatch

Owen Heady

Sophie Hemingway Maeve Higgins Ashleigh Hotham John Howard Nicholas Hoyt Charles Hubbard Erin Hume Paige Hume Makenzie Huntington Hamna Iqbal Nolan Irish Sebastien Irish Noah Jalbert Katarina Jenkins Elyssa Johnson Cortnie Jones Ivan (Harlan) Jonk Sarah Juskiewicz **Brady King** Tyler King Iris Kitchen Cassandra Kovacs Henri Kuntz Lucas LaMontagne **Brittney Landry** Elena LaNigra Zoe Larson Emma Linkiewicz Prodige Lohomboli Haley Lowell Elyse MacDougall **Aaron Mains** Anika Malia Travis Matheson Nolan McCullough Justin McEachin Ethan Mercier Adam Michaud

Fidencio Miramontes Jakob Mohr **Peyton Morton** MacAllister Moss Cameron Myles Anna Nault Jillian Nichols Lindsey Nygren Abigail O'Brien Samuel Orlando Kyle Ouillette Aidan Owens Emma Owens **Devon Paulin** Samuel Paulin Cole Perreault Marin Perry Meg Perry **Zachary Pierce** Ava Pitman **Jacob Polchies** Lauren Preis Meghan Reidy Ryan Reno Andrew Rent Peter Richards Seth Richardson Margaret Rimkunas Carly Rioux Jackson Robbins Isaac Rollins Tyler Rollins Gianna Romatis Chloe Russell Colby Russell

Romain Salvi

Angela Sauvageau

Myka-Allyse Snyder

Camden Sawyer

Benjamin Smith

Kendall Smith

**Quinn Sommers** Isabella VanZandt Elizabeth St. Ours Jack VanZandt Kaitlyn Verrill Ursula Steiner Samuel Veronica Steiner Javin Stickney Waggoner Nickolas Strout Shawn Walls Gage Stuart Kacie Walton Julia Sturgis Isabelle Wareham Madisen Sweatt Alana Weed Anthony Theriault Monica Willey Seamus Tims Jade Wu Andrew Tinkham Mackenzie Kiana Tracev Yaskula Katrina Tugman Gage Young Quinn Young Sarah Tuttle Lydia Valentine Paulos Zeleke Anthony Valley Jacob Zelmanow



## TO OUR GORHAM HOUSE

## **EMPLOYEES WHO ARE GRADUATING**

**Brandon Barnes** Haley Beaulieu Maryan Isack, USM **Madison Johnson** Nadia McElroy **Donald Perkins Marin Perry Quinn Sommers** Alana Weed



**207.839.5757** | 50 New Portland Rd, Gorham, ME info@gorhamhouse.com | www.gorhamhouse.com



Scarborough Gorham **Biddeford Portland** Sanford Lewiston So. Portland Windham Augusta www.moodyscollision.com

"Like us" on



Abigail Miller

Caralin Mills

Sophia Minchev

## 2020 Graduate



There were

those brave first baby steps as you willfully resisted our guidance. Followed by your climb up the school bus stairs on a rainy morning for your first day of Kindergarten. Taking the training wheels off of your bike and witnessing you wobble down the driveway. Dropping you off for your first middle school dance. Releasing your hand as the doctors rolled you back into surgery. Seeing you confidently stride through the doors of the high school for your first day as a freshman. The first time you drove solo after earning your license. Now we find ourselves letting go one last time as you graduate. We could not possibly be more proud to see you wear that cap and gown, hear your name announced, watch you cross that stage, as you finally grasp that hard-earned diploma and continue on your path to college. Enjoy every minute of this exciting time...all of your dreams can come true if you always have the courage to let go, the patience to work hard and the passion to push forward no matter what.

With much love & pride, Mom & Dad















## 2020 Graduate



Congratulations Kyle! You continue to amaze us with your hard work, determination and compassion. Never be afraid to follow your own trail towards your future. We are so proud of you! Mom, Dad and Lucas

## 2020 Graduate



Emma, we are so blessed with the joy you brought to our family. Your sweet manner and smile makes us so proud to be part of the journey forward as our beautiful young woman moving on to college. We love you, Poppies and Nonnie

## 2020 Graduate



Congratulations, Lydia! We are immensely proud of your many accomplishments and contributions. As you head out into the world, may your troubles be less and your blessings be more, and nothing but happiness come through your front door. With boundless love, Mom, Dad, and Claire

## 2020 Graduate



Congratulations Marin! We are so proud of all your hardwork and dedication. Be true to yourself and reach for the skies! Love, Mom, Dad and Will

## 2020 Graduate



Congratulations Sam! We are so very proud of your hard work and dedication to your schoolwork, friends, family and the GHS community. Love, Mom, Dad, Lucy and the whole family!

## 2020 Graduate



Congratulations Cameron! We are so proud of everything you have accomplished. You have grown into an amazing young man. Can't wait to see what the future holds. Love Mom, Dad, Allie, Baxter & Avery

## 2020 Graduate



Sara Darling (GHS'16) graduated on May 9th from Saint Joseph's College with a B.S. in Nursing. She has accepted a job at Maine Medical Center where she has been working for 3.5 years as a CNA and secretary. Congratulations Sara! We are very proud of you! Love, Mom, Dad, Brian and Kathryn

## 2020 Graduate



Congratulations Peyton! We're so proud of you! Love, Mom, Dad & Camryn

## 2020 Graduate



Congratulations Tim O'Brien! While your graduation ceremony might not be what you were anticipating, please know that we are so very proud of you and all your accomplishments. We look forward to cheering for you on the football field at Dean in the fall. With much love and pride, Dad and Mom

## 2020 Graduate

**BEHIND YOU** All your memories. **BEFORE YOU** All your dreams. **AROUND YOU** All who love you. WITHIN YOU All you need.

Congratulations Marin! So proud of you. Love - Aunt Julie, Adam & Nathan

## 2020 Graduate



Congratulations Madison! So proud of the young woman you have become!

Love Mom, Dad, and Ryan













All photos Amanda Landry Photography unless noted













2020 Graduate



Julie, You are such an amazing person and I am so proud of you. You can do absolutely anything you set your mind to! Believe in yourself and know that the world is a better place because you're in it! We are going to miss the crap out of you when you leave for college (especially me)!!! WE LOVE YOU! Love, Mommy, Tony, and Ryan

## 2020 Graduate



Congratulations Luc! We are so proud of you. Love Mom and Dad

## 2020 Graduate



Congratulations, Kaleb. You have persevered and overcome so much to get to this day. We are extremely proud of you! The next chapter of life's journey is before you and we can't wait to see you fill the pages with whatever makes you happy! Always remember to be humble and kind and stay true to yourself. We are here for you forever and love you more than you know.

LoveMom, Kevin, Kaylin, Skye & Airan

"What lies behind us and what lies

before us are tiny matters compared to

what lies within us." -Waldo Emerson

Kyle, we are so proud of you!

2020 Graduate

### **Graduating During a Global** Pandemic CONTINUED FROM PAGE 1

graduating, and although an unexpected ending, here we are at the end of this amazing journey," said Sweatt during her valedictorian speech.

Sweatt was also pleased with the day. "Even though it was an unconventional graduation and end of our senior year, the school and community really pulled together for us. It made me very proud to be a Ram," she said.

Brinegar said he was very thankful to all the faculty and administration who made graduation possible.

"The world will always be a crazy place," said Brinegar during his speech. "Now, being adults, there are many issues our generation needs to help solve. From a global pandemic, to racism, to climate change. We are the ones who will be at the forefront. But, if changing the world seems daunting, there is always something else you can do. Be kind. Be kind to every single person that you interact with. Now, more than ever, we need to be kind, patient, and understanding with each other."













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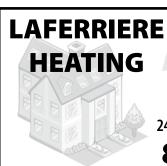
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## **GHS Academic Awards**

#### **SPECIAL AWARDS**

Beck Carrier, Rensselaer Medal Award Tess Libby, RIT Computing Medal Andrew Duncan, RIT Computing Medal Ava Dolley, Innovation and Creativity Award Ryan Topham, RIT Innovation and Creativity Award Sydney Fox, Williams College Book Award MacKenna Homa, Smith College Book Award Grace Bradshaw, Yale Book Award Emily Paruk, Harvard College Book Award Nathan Eichner, Phi Beta Kappa Assn of Maine Molly Rathbun, Society of Women Engineers Delaney Seed, Wellesley Book Award Adele Nadeau, Bryn Mawr College President's Book Award Riley E. Johnson, Saint Michael's College Book Award Grace Flynn, Saint Michael's College Book Award Shannon Lawrence, Lasell College Book Award Erin Sands, Suffolk University Book Award

#### **INSTRUCTIONAL SERVICES**

Elena LaNigra, Outstanding Student Rory Meserve, Most Improved Commitment to Studies William DiPietrantonio, Perseverance Jordan Williams, Perseverance Alexandrea Rivera, Self-Reliance Nicholas Hoyt, Most Improved

#### FOREIGN EXCHANGE STUDENTS

Romain Salvi, American Flag

#### PERFECT ATTENDANCE

Julia Altham, Perfect Attendance 2019-2020 Junbei Chen, Perfect Attendance 2019-2020 Ty Gammon, Perfect Attendance 2019-2020 George Allison, Perfect Attendance 2019-2020 Hailey Edwards, Perfect Attendance 2019-2020 Shantearra Ly, Perfect Attendance 2018-2020 Anya Nagle, Perfect Attendance 2019-2020 Abrahim Rabbani, Perfect Attendance 2019-2020 Megan Wentworth, Perfect Attendance 2018-2020 Andrew Duncan, Perfect Attendance 2019-2020 Riley A. Johnson, Perfect Attendance 2019-2020 Jaden Munroe, Perfect Attendance 2019-2020 Charles Pierce, Perfect Attendance 2017-2020 Katherine Kutzer, Perfect Attendance 2019-2020 Marin Perry, Perfect Attendance 2019-2020

#### **EXCELLENCE IN PHYS ED 1**

Hayden Anderson Lucien Beardslev **Delaney Wright** Kaci Mollison

#### **EXCELLENCE IN PHYS ED 2**

Campbell Fowler Bryce Gunn Erin Castonguay Paige Fogg Katherine Dupuis

Mallorie Bergquist-Guimond, Excellence in Health Madeline Fadrigon, Excellence in Health Grant Nadeau, Excellence in Sports Medicine Alice Peterson, Excellence in Sports Medicine

Stacey Hakizimana, Excellence in English Language Learning

#### **ENGLISH**

Lexi Caron, English 9 Kyle Landry, American Studies Clara Shvets, American Literature Advanced Abby Miller, Creative Writing Megan Roberts, English 11 Devin Robichaud, English 11 Advanced Emily Paruk, AP English 11 Makenzie Huntington, English 12 Abby Miller, English 12 Advanced Madison Firmin, AP English 12 Isaac Carroll, PLUME Award Elyssa Johnson, 4-Year Award

#### **SOCIAL STUDIES**

Maeve Donnelly, World History 1 Paige Fogg, World History 2 Nate Eichner, World History Angelina Khomenok, American Studies Sydney Fox, Holocaust Sophia Kauffman, Holocaust Anthony Therieult, American Politics and Current Issues Ava Dolley, AP Modern European History Emily Paruk, AP European History Paige Hume, AP Psychology Michelle Darling, AP U.S. History Kyle Ouillette, 4-yr Award

### MUSIC (MMEA ALL-STATE MUSIC FESTIVAL 2020)

Lauren Bachner Anya Mazaris-Atkinson **Emily Paruk** Elizabeth Blanchard **Emelia Bailey** Kaylin Brown Sierra Cummings Maddie Downey Kate Dupuis Mason Hawkes Ethan Ho Molly Lemont Andi Mitchell Zach Pierce

Jackson Robbins Nica Steiner Tessa Dol Eden Johnson (top trumpet score in the State) Annikka Mocciola Meghan Reidy

Elizabeth Blanchard, John Philip Sousa Award Sam Orlando, Louis Armstrong Jazz Award Jackson Robbins, National School Choral Award Molly Lemont, Fred Waring Director's Award for Chorus

Katie Martin, Excellence in Earth Space Science Rachel Cummings, Excellence in Adv. Earth Space Science Faith Connolly, Excellence in Adv. Earth Space Science Kaci Mollison, Excellence in Adv. Earth Space Science Allison Bishop, Excellence in Biology Clara Shvets, Excellence in Advanced Biology Madison Firmin, Excellence in Biology II/AP Biology Shannon Lawrence, Excellence in Marine Science Katherine Kutzer, Excellence in Chemistry Emily Paruk, Excellence in Chemistry I Advanced Peyton Morton, Excellence in Chemistry II/AP Chemistry Margaret Rimkunas, Excellence in Physics Samuel Waggoner, Excellence in Advanced Physics Kaitlyn Verrill, Excellence in Gen. Chemistry/Gen. Physics Samuel Waggoner, Excellence in AP Environmental Science Madison Firmin, Excellence in Anatomy and Physiology Peyton Morton, 4-Year Outstanding Achievement in Science

#### WORLD LANGUAGES

Klarha Cajuste, Excellence in French 1 Elisabeth Loranger, Excellence in French 2 Tess Libby, Excellence in French 3 Erin Hume, Excellence in French 4 Paige Hume, Excellence in French 4 Eden Johnson, Excellence in Spanish 1 Angelina Khomenok, Excellence in Spanish 1 Isabella Morrell, Excellence in Spanish 2 Emily Paruk, Excellence in Spanish 3 Haley Lowell, Excellence in Spanish 4 Emily Crepeau, Four-year Award Emily Duncan, Excellence in Mandarin 1 Arzou Sayed, Excellence in Mandarin 2 Ryan Murray, Excellence in Mandarin 3 Ethan Allen, Excellence in Mandarin 4

#### SOCIEDAD HONORARIA HISPÁNICA

**Grace Andrews** Abigail Miller MacAllister Moss Patrick Bishop Cameron Myles Westley Brinegar Jillia Nichols **Emily Crepeau** Kyle Ouillette Faith Dillon Emma Owens Meredith Donisi Aidan Owens **Connor Donnelly** Ava Pitman Ryan Doughty Peter Richards Lauren Green Seth Richardson Maeve Higgins Gianna Romatis Sarah Juskiewicz Ursula Steiner Julia Sturgis Haley Lowell Jade Wu

#### SOCIÉTÉ HONORAIRE DE FRANÇAIS

Elizabeth Blanchard Elyssa Johnson Cortnie Jones Haley Burns **Brittney Landry Evan Chambers** Abigail O'Brien Marin Perry Margaret Caruso **Emily Crepeau** Andrew Tinkham Samuel Waggoner Paige Hume Isabelle Wareham

**NATIONAL CHINESE HONOR SOCIETY** 

NATIONAL TECHNICAL HONOR SOCIETY William Donnelly, PATHS

Brooke Gordon, Excellence in Algebra 1 Kieran Wilkins, Excellence in Algebra 1 Advanced Aidan Meredith, Excellence in Geometry Faith Connolly, Excellence in Geometry Advanced Shey Ajayi, Excellence in Algebra 2 Trevin Macomber, Excellence in Algebra 2 Advanced Nate Eichner, Excellence in Pre-Calculus Molly Rathbun, Excellence in Pre-Calculus Advanced Beniamin Shields. Excellence in Pre-Calculus Advanced Maeve Higgins, Excellence in Financial Algebra Luc LaMontagne, Excellence in Financial Algebra Advanced Elizabeth Blanchard, Excellence in Calculus Riley A. Johnson, Excellence in AP Calculus Peyton Morton, Excellence in Statistics Maddie Firmin, Excellence in AP Statistics Samuel Waggoner, 4-Year Award in Mathematics Trevin Macomber, Math Team Top Scorer

#### **EXCELLENCE IN TECHNOLOGY**

Caitlin Randall Mallorie Bergquist-Guimond Kiara Hodge Katelyn Estes Fliza Morris Tess Libby

## **Relay for Life Goes Virtual** to Raise Money for Cancer



Gorham High School sophomore Mallorie Bergquist-Guimond recently participated in the Interact Club's virtual event of Relay for Life, raising money for cancer.

> NEILE NELSON GHS Interact Advisor and Math Teacher

Over 60 members of the Gorham High School (GHS) Interact Club participated in a satellite, virtual, and remote Relay for Life event on May 3 to join forces with the American Cancer Society.

Relay for Life is the signature fundraiser for the American Cancer Society. It is staffed and coordinated by volunteers in more than 5,200 communities and 27 countries who give their time and effort because they want to take action against cancer.

Although this year's event looked very different than those in years past, the Gorham Interact Club chose to get involved in the Relay for Life to remember loved ones lost, honor survivors of all cancers, and raise money to help the American Cancer Society make a global impact on cancer.

Together, as a group, the Club raised \$2.834 to aid in this worthwhile cause. During the event itself, the premise was that at least one of the participating Interact members was engaging in a physical activity remotely during the entire day between 7 a.m. and 7 p.m.

GHS and the Gorham community are very proud of the Club's members and their participation in this event. During these difficult times, it is important that everyone does their best to step outside of themselves and focus on how they can help others.

To see the entire video montage of the kids who participated, visit: https://youtu.be/KahM8KZaIqM.

## **Special School Committee** Meeting MAY 27

KATHY CORBETT Staff Writer

At a special meeting, the School Committee (SC) voted 5-2 to reduce the FY21 budget request previously sent to the Town Council. Although representing a 4.15% increase over the FY20 budget, if approved, the \$42,714,455 FY21 budget would not increase the mil rate.

The SC eliminated \$35,000 for an additional Ed Tech for special education, reduced technology maintenance by \$20,000, eliminated \$252,150 for capital improvements, reduced by \$80,000 monies allocated to the town to cover a change in auditing procedures for summer insurance, and added \$310,000 in revenue from the Fund Balance which is currently in excess of the State recommendation.

Assuming General Purpose Aid from the State remains the same and the FY21 property tax base increases by \$21 million, Gorham would meet the need for local appropriation by approving

this budget, and therefore, require no tax increase for schools.

SC members Bill Benson and Phillip Gagnon voted against the motion to approve the revised budget. Benson said the budget did not reflect the overall need to reduce operations costs, which was the same reason he did not support the original FY21 budget submitted to the Town Council.

In other business, both Benson and Gagnon voted against hiring personnel nominated by the superintendent because they believed new positions should not be filled before the budget was approved by the Town Council and the voters. Perry said that the SC has voted to hire for new positions before budget approval in the past to be competitive for the most qualified candidates. The SC voted 5-2 to fill these positions.

The Town Council will vote on the revised budget on June 16. If approved, it will go to the voters on July 14 for a referendum vote.

GHS GRAD NEWS: If you, or your son or daughter is a GHS graduate, we would like to share your achievements in the Gorham Times Of Interest section or in a Where Are They Now feature. Submissions should include the year of GHS graduation and should be no longer than 75 words. Contact Chris Crawford at ckck5@maine.rr.com, Kathy Corbett at ktcorbett@aol.com or Cindy O'Shea at coshea2@maine.rr.com.

## Staying Inside For Those Who Must Go Outside

The Gorham High School chapter of the National Honor Society stood indoors with signs thanking essential workers of the community. Although the school year was cut short, a service requirement still needed to be fulfilled and what better way than showing support for others. The intended message was, "We are staying inside to protect those who must go outside."



## GHS Class of 2020 **National Honor Society Seniors**

Carson Battaglia Elizabeth Blanchard Laura Bolduc Westley Brinegar Haley Burns Faith Dillon Maddie Firmin Maeve Higgins Erin Hume Paige Hume Elyssa Johnson Iris Kitchen Henri Kuntz Lucas Lamontagne **Brittney Landry** Nolan McCullough Ethan Mercier Abby Miller **Peyton Morton** MacAllister Moss Jillian Nichols Abigail O'Brien Samuel Orlando **Kyle Ouillette** Marin Perry Ava Pitman Lauren Preis Ryan Reno Gianna Romatis Camden Sawyer Veronica Steiner Maddy Sweatt Andrew Tinkham Katrina Tugman Lydia Valentine Samuel Waggoner









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# **Local Health and Fitness Centers Hope to Re-Open Safely...and Soon**

MANY GORHAM FITNESS FACILITIES

HAVE BEEN AFFECTED DURING THE

SHUTDOWN; THEY HAVE HAD TO ADAPT

THE WAY THEY REACH THEIR CLIENTS

DURING THIS UNCERTAIN TIME.

Destiny Cook Sports Editor

For the last two years, my husband and I made a commitment to work out together. It was a lifestyle change that made a difference in our overall health and wellness. We motivate each other to work hard, and it was incredible to not only see the results of that work, but feel it mentally as well. When gyms across Maine closed due to the COVID-19 virus, we were left trying to figure out how to make up for it. It hasn't been easy, and personally, I went from feeling both mentally and physically strong, to unmotivated and lethargic. I know I'm not alone. What makes it worse is the impact it has had on local busi-

Many Gorham fitness facilities have been affected during the shutdown; they have had to adapt the way they reach their clients during this uncertain time. There have been many challenges for this industry, and unfortunately, one of local businesses succumbed. Rachael O'Donnell, owner of Grit & Grace CrossFit, shared on the company's Facebook page that after three years, she and her husband were announcing their permanent closing.

"Since the Governor's announce-

ment that we cannot open the gym on June 1, we have had a devastating amount of membership cancellations. Many of our members have stood by us despite paying for a gym that was not open for nine weeks, and we are so grateful to them for the support. But we know they can't do that forever, nor would we expect them to. But this loss in membership is not something we can come back from," she said.

Other businesses are trying to make the best of it and adjusting to a

new way of offering fitness opportunities. Amanda Curtis Kezal from Holistic Pathways said she transitioned to online yoga. "I'll continue the online schedule

throughout the summer or when it is feasible to reopen," she said. Each class is recorded and posted on their YouTube channel for students to access at any time.

Stacey Coleman, co-owner of My-FIT-24 with her husband Jesse, said when the pandemic hit, they took action immediately and rapidly changed their service offerings. Coleman said they have been preparing for years to offer more complete online health and fitness programs.

"We had been forecasting the movement for virtual coaching, but of course we never expected it to happen this way," she shared. Within weeks, she said they massively upgraded their services to include live streaming and on demand classes as well as granting members access to their training app.

My-FIT-24 started outdoor classes as soon as they were able. "As we are approaching the eventual reopen-

ing of our facility, we have taken all proper precautions to maintain a safe environment. In addition to the expected sanitation and proper spacing precautions, we

have also committed to the future of hybrid programming in order to continue servicing members not ready or able to return to the facility," Coleman said. "Keeping our team on full-time throughout this crisis, our focus is, and always will be, how can we better serve our community?"

Ted Rioux of 9Round said within days of ceasing the club's operation, they also began offering members daily at-home workouts through their online member portal. Members also gained access to the 9Round Nutrition Program and their library of how-to videos.

"These daily workouts are based on our signature, kickboxing-themed 30-minute workouts, but are designed to be performed without the use of equipment, so anyone can do them from anywhere as long as they have an internet connection," Rioux said.

In addition to the videos, Rioux said the 9Round Gorham team of senior trainers established a closed "Members Only" Facebook group for the purpose of providing supplemental programming. "This programming has focused on technique-building, pre- and post-workout best practices, injury prevention, nutrition, bodyweight training, and much more. This tool has given us a great opportunity to share the knowledge and experience of our team," he said.

9Round will begin resuming inclub operations for one-on-one training in early June. Members will work solo with their trainer and while they will be limited in the number of shifts they can offer, it's their hope to supplement each member's athome work with one in-club workout per week, as long as conditions and guidelines require them to operate in this way.

The Gorham Recreation Department has been open during the pandemic. Office Coordinator/ Programmer Gail Platts shared that the office staff have been hard at work raking and dragging ball fields, mulching and weeding, delivering books to Gorham school students, delivering meals to seniors as well as providing online content for

their Facebook page and website. Like other fitness facilities in town, both Dawn Stevens (Fitness Instructor) and Theresa Labrecque (Yoga/Pilates) had to re-evaluate how to get their content to the members of their classes.

Stevens taught her last in-person class the week of March 12; shortly thereafter the Gorham Municipal Center was closed due to COVID-19 protocols, and all activities at Gorham Recreation were stopped. Stevens stated, "Fitness classes are so important as it is more than just a workout." She went on to say, "Fitness is feeling strong, confident and improves your mental wellbeing. People need a way to release stress we have in our daily lives and especially during this shutdown."

Stevens said she was contacted early on and asked to do classes through Zoom or Facetime, and offer workout videos. For the wellbeing of her students, she quickly got to work. She created a Facetime schedule as well as YouTube workout videos.

"The response from the videos was so motivating and I was overjoyed with the level of gratitude that was expressed. I continued to record and make more videos in my studio (basement). In my videos I continued to show options for the workouts so every fitness level could participate," Stevens said. When the municipal building closed, Labrecque was also able to record and send out videos to all of her Pilates, yoga and stretch and tone participants. When the stay at home order continued, she started to host Zoom classes several days a week. They were recorded and posted on YouTube for everyone to utilize at times that fit their schedules.

Like Stevens, Labrecque said, "The response was overwhelming and my groups continue to send gratitude and positive feedback. It has been so rewarding to me to help keep people engaged, healthy and sane."

During Phase II of the Governor's Order, which began June 1, their groups are allowed to have fitness classes outside only. Stevens said, "It is a small step, however very exciting and I had to warn participants that I was going to smile the whole class. The feeling of having the participants follow along to my workouts, having fun, moving with me is tremendous."

Labrecque shared, "I cannot thank enough everyone who has participated and held in there; it has been my link to sanity as well."

As the State of Maine re-opens, it is important to know that each of these fitness facilities in Gorham is doing everything they can to bring their members the best possible service they can under the circumstances. They are also working hard to create and follow guidelines for a re-opening that will make their members feel comfortable and safe upon their return. Until the time when we can safely get back to working out in person, you can visit their websites to find out more information on current offerings.



## **Peaceful Protest in Gorham**















Approximately 400 people were involved in a two hour peaceful protest in Gorham which recognized the death of George Floyd at the hands of police officers. The event was organized by Gorham High School students who worked collaboratively with Gorham Police to ensure that it was "safe and productive," said Police Chief Christopher Sanborn. Sanborn thanked the students who organized the protest as well as those who attended describing it as "a clear example of how communities can come together to shed light on and address issues in a manner that is safe for everyone involved. It demonstrated that we can build trust and use best practices for community engagement."









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#### COMMUNITY

#### PRESIDENT'S LIST/PRESIDENTIAL SCHOLAR

Autumn Heil, Plymouth State University, Plymouth, New Hampshire Aaron Jones, Clarkson University, Potsdam, New York

#### **GRADUATIONS**

Jennifer Darasz, '20, (GHS '16), Dean's List, Hartwick College, Oneonta, New York Colby Sturgis, '20, Summa Cum Laude, Bryant University, Smithfield, Rhode Island Jacob Sturgis, '20, Dean's List, Clarkson University, Potsdam, New York

#### **DEAN'S LIST**

Jamie Carter, (GHS '17), Arizona State University, Tempe, AZ Evelyn Kitchen, Assumption College, Worcester, Massachusetts Lucas Roop, Assumption College, Worcester, Massachusetts

#### **OF INTEREST**

Thomas Bradshaw, (GHS '14), recently graduated from Utah State University as Valedictorian of the College of Engineering. Bradshaw was the recipient of the Presidential Scholarship, which he maintained for four years with a 4.0 GPA. For his academic excellence, research experience, internships, and work experience, he was named the 2019-2020 Electrical and Computer Engineering Outstanding Senior. He also served as an Engineering Ambassador and as vice president of the USU collegiate chapter of the Institute for Electrical and Electronics Engineers. Thomas is the son of John and Valerie Bradshaw of Gorham.



The Gorham Fire Department will be holding a sprinkler inspection class on Saturday, June 13, at Central Station's Training Room starting at 8:30 am. The anticipated duration of the class is three hours. As an annual test/inspection of a sprinkler's suppression system is required, this class provides homeowners with the training required to conduct their own test/inspection (except for portions of systems having anti-freeze solution). Participants are encouraged to call 222-1618, Monday - Friday, 9 a.m. to 4 p.m., or email cjarrett@gorham. me.us with questions and/or confirmation of attendance.

The Gorham Food Pantry open hours are every Thursday from 10 a.m.-noon with curbside drive through procedures in place. Any Gorham resident can take advantage of the Gorham Food Pantry; clients need only visit during pantry hours with proof of residency (a water bill, electric bill with your name and your Gorham address on it). With weekly changes, it's important to follow Gorham Food Pantry Friends on Facebook for the latest info. Message us anytime via Facebook or email director@gor-hamfoodpantry.org for particulars. For elderly, immunocompromised, or those who need to explore other arrangements, please reach out to via Facebook messenger for alternatives to shopping at the pantry. Current needs are maple syrup, crackers, kid snacks, napkins, canned pasta, salad dressing, mayo, instant jello, baking goods, cakes, and frosting. Financial donations can be made at www.gorhamfoodpantry.org.

Gorham Community Access Media (GoCAM) has 216 videos online about local Gorham events. Check them all out at vimeo.com/user17448009.

Visit gorhamstrong.org to continue to help support Gorham businesses.

Neighbors helping neighbors. Remember, not everyone has a computer to keep them connected. But neighbors are connected to neighbors who are connected, (and so on) and can help each other find what they need. So do reach out and let someone know if you need something.

#### **LIBRARY NEWS**

At the Baxter Memorial Library, all programs are virtual (online). Some of the programs will take place on Facebook, some programs on Zoom, and some on the library website. All of the details can be found at baxterlibrary.org. The Librarian Grab Bag Discovery Time takes place on Facebook on Tuesdays and Thursdays at 9:30 a.m. You'll never know which Youth Services staff member will be performing. It could be a Musical Mr. Jeff, an Artistic Ms. Dani, a Movement Moment Deb, a Yogi Ms. Heidi, or an Artistic Ms. Becky. Tune in and collect them all!

Starting on June 15, kids will be able to sign up for the Baxter Memorial Library Summer Reading and Discovery Program. Also, save the date for A Nature Walk and Scavenger Hunt on June 17 at 10:30 a.m. exploring one of Gorham's many beautiful trails with a fun filled hunt created by Mr. Jeff. Also coming up is Baby Yoga on June 19 at 9:30 a.m. tor babies 6 weeks old to new walkers. This program will focus on nurturing the baby/caregiver bond through gentle massage, stretching, and singing, and restorative poses for the caregiver. Learn more about all of these programs at baxterlibrary.org.

#### **USM NOTES**

The USM Art Gallery in Gorham present the Senior Seminar in Studio Art 2020 BFA & BA Exhibition featuring the work of students Delaney Fone, Marissa Joly, Regan H. Mars, and Demel Ruff. The exhibit is open to the public online at usm.maine.edu/gallery/2020-bfaba-exhibition-0. Due to Coronavirus, the focus this year was on students learning how to photograph their art at home as well as uploading files. While there were obvious difficulties of students suddenly having to finish art at home, they rose to the occasion. All the students who submitted work are to be heartily commended for their quick adjustment to imposed circumstances and determination to learn and succeed.

The University of Southern Maine is open virtually, running classes, and preparing students for their courses of study. The Office of Admissions is available to meet with prospective students online. Learn more at usm.maine.edu/admissions, write to admitusm@maine. edu, or call 780-5646 FMI.

#### **CALENDAR**

#### **THURSDAY, JUNE 11**

**Baxter Memorial Library** 

- 9:30 a.m. on Facebook. Librarian Grab Bag Discovery Time, (ages 18 mo-5 yrs)
- 2 p.m. on Facebook. Afternoon Chapters with Mr. Jeff, (grades 3-7)

#### FRIDAY, JUNE 12

**Baxter Memorial Library** 

• 2 p.m. on Facebook. Afternoon Chapters with Mr. Jeff, (grades 3-7)

#### **SATURDAY, JUNE 13**

Gorham Fire Department public sprinkler inspection class, 8:30 a.m., Central Station Training Room, FMI 222-1618

#### **TUESDAY, JUNE 16**

**Baxter Memorial Library** 

- 9:30 a.m. on Facebook. Librarian Grab Bag Discovery Time. (ages 18 mo-5 yrs)
- 2 p.m. on Facebook. Afternoon Chapters with Mr. Jeff, (grades 3-7)

#### **WEDNESDAY, JUNE 17**

Baxter Memorial Library Nature Walk and Scavenger Hunt with Mr. Jeff. (All Ages) The link to the scavenger hunt will be added to the website on June 17 by 10 a.m.

#### **THURSDAY, JUNE 18**

**Baxter Memorial Library** 

• 9:30 a.m. on Facebook. Librarian Grab Bag Discovery Time. (ages 18 mo-5 yrs)

#### FRIDAY, JUNE 19

**Baxter Memorial Library** 

• 9:30-10 a.m. Baby Yoga with Heidi Whelan, certified children's yoga teacher. For babies and their caregivers. Recommended for babies 6 weeks old to new walkers.

#### **MONDAY, JUNE 22**

**Baxter Memorial Library** 

• 9:30-9:50 a.m. Stuffed Animal Portraits. (All Ages)

#### **TUESDAY, JUNE 23**

**Baxter Memorial Library** 

- 9:30 a.m. Facebook Librarian Grab Bag Discovery Time. (ages 18 mo-5 yrs)
- 2 p.m. Afternoon Chapters with Mr. Jeff, (grades 3-7)

#### **THURSDAY. JUNE 24**

**Baxter Memorial Library** 

• 10 a.m. Vegetarian Sushi with Ms. Heidi (Vegan Shark) on Facebook preparing colorful fresh vegetable sushi. (All Ages)

### CLASSIFIEDS

#### **SERVICES**

MEN'S "GAY DISCUSSION" GROUP: Maverick Ashlee Lenartson, 198 Sherwood St 3, Portland ME 04103. 207-809-9461 or ashleylenartson@gmail.com. goherenextoday. blogspot.com thru blogspot go now: buy something from my site that makes you feel happy today...



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