

Your Community Paper Gorham Times

NONPROFIT
U.S. POSTAGE
PAID
GORHAM, ME
PERMIT NO. 10

Volume 26 Number 18 | September 17, 2020

A Free, Not-for-Profit Newspaper Serving Gorham Since 1995

Town Council Passes Two Anti-Racism Resolutions

KATHY CORBETT
Staff Writer

The Gorham Town Council (TC) passed two anti-racism resolutions at its September 1 regular meeting on Zoom. One, sponsored by Councilor Virginia Wilder Cross, recognized the Black Lives Matter (BLM) movement and pledged support for ending “systemic racism” and for ensuring “that law enforcement honors equal justice for all in Gorham.”

The original resolution, which was drafted by students and residents with input from Town Manager Ephrem Paraschak and Police Chief Christopher Sanborn, was presented during an August meeting but was tabled due to concerns surrounding the language and an affiliation with the Black Lives Matter organization.

The other resolution, based on one adopted by Cape Elizabeth, was sponsored by Councilor Ben Hartwell and welcomed “all people into our community.” It “commits to substantive action to combat racism, bias, discrimination, violence and hate.”

Before the first vote, Wilder Cross spoke in support of the revised version of the original resolution. She said that the group, primarily young people of color, had addressed every section of the resolution that

CONTINUED ON PAGE 9

THANK YOU FOR SHARING
YOUR BACK TO SCHOOL
MOMENTS...

SEE PAGE 8 FOR
MORE PHOTOS



Never Forget

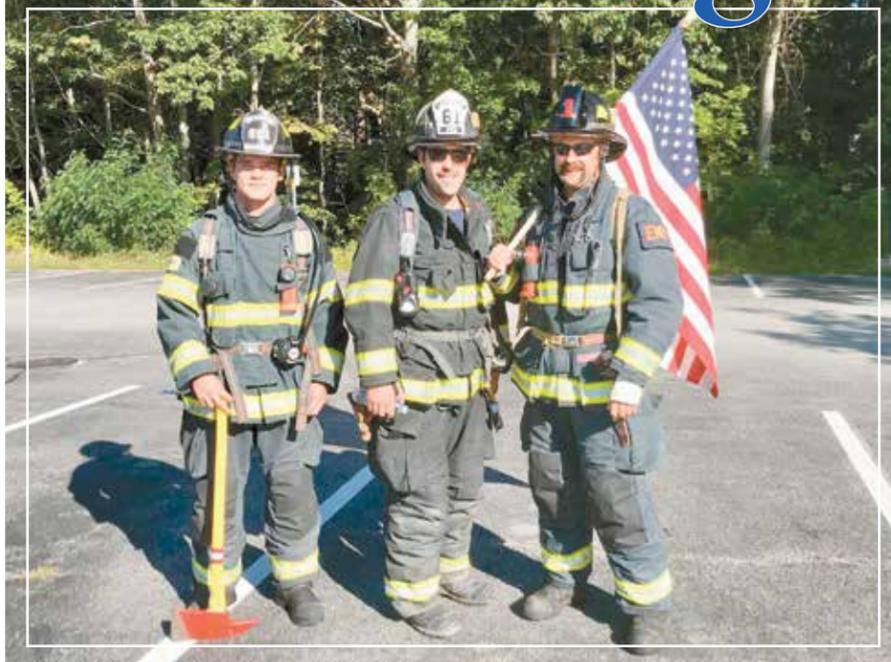


Photo courtesy Katie Ward

In spite of Covid-19 and the Labor Day weekend, three local firefighters dressed in full gear to run the Stephen Ward Memorial 5K (which is virtual this year) on September 6. With family, friends, and community members cheering them on, they continued the tradition of running in honor of the firefighters and first responders who lost their lives on September 11, 2001. Members of the crowd supported the firefighters by joining them for portions of the course or stopping to give them water, apples and applause. Shown from left to right is Kyle Walker, Gorham FD; Steve Coppi, Portland and Standish FD; and Wendell Howard (GHS '92), Portland and Gorham FD.

Gorham Welcomes New Assistant Principals

ANDREA MORRELL
School News Editor

The Gorham School Department has seen a lot of new changes since the coronavirus shut down schools on March 16. Schools have now reopened but they look very different with protocols in place to keep everyone safe.

Among the many changes this year, Gorham has welcomed two new assistant principals: Erin Eppler at Narragansett Elementary and Deanna Etienne at Great Falls Elementary.

Eppler is entering her fourth year with the Gorham School Department. She began her work with Gorham families as a second-grade teacher, followed by two years as a fifth-grade teacher at Village Elementary.

Before coming to Gorham, she spent her career in Lake Havasu City, AZ. As a National Board-Certified teacher, she has taught grades second through sixth, and as an academic coach, she's supported teachers in K-6 schools. In addition to her educational background, she spent two years working for a test development company developing certification and licensure exams.

Eppler is an avid reader and loves crime novels. She also enjoys movies but says not to ask her for a recommendation as she has very low entertainment standards and enjoys almost anything.

Her husband Kevin is a physical education teacher and coach who

works in a neighboring district. Their daughter Maiya is a graduate of Gorham High School and is now a sophomore attending the University of South Florida.

“I'm looking forward to being part of a team that supports students and families as we return to school in a variety of formats,” said Eppler, adding, “COVID-19 has thrown a wrench into best-laid plans, but I'm excited to work with talented and dedicated professionals to provide a positive experience for all students.”

Narragansett principal Cynthia Remick said that with Gorham's growing school committee, she knew that they needed to hire an administrator with a deep knowledge of K-5 education, strong communication and interpersonal skills, and proven experience in educational leadership.

“Mrs. Eppler is an experienced elementary educator who has been an active participant on building leadership teams and district-level committees,” said Remick.

“In addition, she has proven experience as a K-5 instructional coach and educational consultant in the area of assessment. We could not be more thrilled to have Mrs. Eppler join the administrative team at Narragansett. During the first few weeks on board, she has already demonstrated that she has embraced the mission of Narragansett School: Growing Hearts & Growing Minds,” Remick said.

Etienne is excited to be working for the Gorham School Department. This is her first year with the district, having spent most of her career teaching in the Lewiston-Auburn area.

Previously, she was a classroom teacher in both Kindergarten and Pre-K and was most recently the Dean

of Students at Connors Elementary School in Lewiston.

“I am so excited to get to know the students and families at Great Falls and to be a familiar face in the Gorham community,” said Etienne.

Outside of school, she spends as much time as possible with her husband and their four-year-old son. As a family, they love to visit the beach all year round, go for bike and scooter rides, and watch America's Funniest Home Videos with stovetop popcorn (her son's favorite) for a good laugh.

In addition to getting to know each student at Great Falls, Etienne is excited to support students and

CONTINUED ON PAGE 9



Photo courtesy of
Deanna Etienne

inside theTimes

2 Augusta

5 Town/Municipal

7 Schools

10 Sports

10 Community

f Instagram GOCAM YouTube

Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

BRINGING THE NEWS TO ALL OF GORHAM
PO Box 401
Gorham, Maine 04038
Phone and Fax: (207) 839-8390
gorhamtimes@gmail.com
www.gorhamtimes.com

The Gorham Times is a free volunteer-run community newspaper distributed every other Thursday to more than 100 pick-up sites throughout Gorham.

News gorhamtimes@gmail.com
Sports gtimessports@gmail.com
Features ckck5@maine.rr.com
Of Interest gorhamtimes@gmail.com
Calendar item gorhamtimes@gmail.com
Advertising gorhamtimesadvertising@gmail.com or 839-8390
School News SchoolnewsGT@gmail.com

SUBSCRIPTIONS

\$20/year in Gorham; \$25/year elsewhere
\$15/year for college subscription
Snowbird subscriptions available upon request
Subscriptions and renewals are available online on our website.

Editor: Leslie Dupuis
Business Manager: Stacy Sallinen
Advertiser Coordinator: Stacy Sallinen
Design/Production: Shirley Douglas
Staff Writers: Diane Abramson, Jacob Adams, Kathy Corbett, John Ersek, Sheri Faber, Edmund Ricker, Cathy Walter
Features: Chris Crawford
Photographers: Amanda Landry, Roger Marchand
Public Service: Lori Arsenault
Sports: Destiny Cook
School News: Andrea Morrell
Social Media Coordinator: Stacy Sallinen
Digital Content Manager: Bailey O'Brien
Webmaster: Judi Jones
Distribution Coordinator: Russ Frank
Distribution: Jim Boyko, Janice Boyko, Scott Burnheimer, Chris Crawford, Janie Farr, Dan Fenton, Russ Frank, Joe Hachey, Chris Kimball, Kris Miller, Chuck Miller, Luke Nadeau, John Richard
Interns: Grace Flynn

BOARD OF DIRECTORS:

Michael Smith (President), Alan Bell, Tom Biegel, Katherine Corbett, Sheri Faber, Eliza Kenigsberg, Sara Nelson, Mike Richman, George Sotiropoulos, Kate Thomas

GENERAL COUNSEL:

Bruce Hepler

FOUNDER:

Maynard Charron

Advertising and Copy Deadlines

Ad deadline is the Wednesday of the week prior to issue date. Go to www.gorhamtimes.com and click on the advertising link for schedule.

EDITORIAL POLICY

The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

Printing services by Masthead Maine Press, 295 Gannett Drive, South Portland, ME 04106

Suicide Prevention During a Pandemic

REP. MO TERRY

Every year we recognize September as suicide prevention month in an effort to promote awareness, contribute to the dialogue and provide needed resources. This year, the COVID-19 pandemic has exacerbated existing hardships for people of all walks of life, including those suffering from mental illness. Maine CDC Director Dr. Nirav Shah reminds us each week not only to remain diligent in our physical health safety practices, but also in taking care of our mental health as we navigate the ongoing challenges posed by the pandemic.

We have been living with the pandemic for over six months now and feelings of isolation, depression, anxiety and other emotional and financial stresses are nearly impossible to avoid. These factors are also all known contributors to one's risk for suicide. In a report released by the Maine Attorney General's office and the Maine Medical Examiner's office, drug overdose deaths have dramatically increased in 2020. The report found that 127 deaths were caused by drugs in the first quarter of 2020, demonstrating a 23% increase from the final quarter of 2019.

Even before the pandemic suicide was a growing public health problem. In 2018 alone suicide was responsible for over 48,000 deaths in the United States. It is the tenth leading cause of death in our country. These statistics are grim,

but suicide prevention month is about taking action to better support our loved ones and reducing the stigma so that we all feel comfortable asking for help.

The National Suicide Prevention Lifeline has outlined several steps we can take to be better supports and advocates. Namely they have launched a campaign that encourages folks to #BeThe1To ask, be there, keep them safe, help them stay connected, follow-up and learn more. So much more must be done remotely these days, but even through virtual connection we can make a difference. I urge you all to check in on a friend, neighbor or loved one. Ask them how they're doing and if they've had any suicidal thoughts. Combat the loneliness and isolation we are all feeling by picking up the phone or going for a physically distant walk. Sometimes being a non judgmental presence is the most helpful thing we can do.

We can also help by ensuring folks have access to available suicide prevention resources like the Lifeline number 800-273-8255 or the online Lifeline Crisis Chat or by connecting them with resources in their community including friends, faith communities or other public service providers. Following up with individuals after treatment and establishing ongoing connection has additionally been shown to be an effective suicide prevention strategy.

With these steps in mind, it is also crucial to remember that we are all going

through a lot these days. While we have re-framed our approach to distancing during the pandemic to physical distancing and not social distancing, it's still easy to feel disconnected. We now must be much more intentional about the time we spend together.

In the wise words of our beloved Maine CDC director, Dr. Nirav Shah, "Although social distancing is the recommendation of the Maine CDC, we have to be cautious in order to prevent an epidemic of COVID-19 from becoming an epidemic of loneliness. So while I recommend that everyone socially distance, I also recommend that everyone socially connect in different ways, whether that be through Facetime and other conferencing apps, whether that be calling an old friend you haven't talked to in a long time, or sitting on your porch and waving at your neighbors. Everyone should still remain socially connected. Even as we introduce a little bit of physical space, that does not mean we need to introduce absolute space."



Rep. Maureen "Mo" Terry is serving her second term in the Maine House of Representatives. She is a chef and small business owner with more than 25 years of experience in the food service industry. She serves on the Taxation Committee. (207) 712-9735, (800) 423-2900, maureen.terry@legislature.maine.gov.

Letters to the Editor

Letters to the Editor must be fewer than 300 words, signed with a first and last name, typed or e-mailed and include a phone number. The Gorham Times reserves the right not to publish letters that include personal attacks or inflammatory language. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times and are subject to editing.

Dear Editor,

I am writing in support of Stacy Brenner to succeed Linda Sanborn in the Maine Senate District 30. I recently visited Stacy and her husband John at their farm in Scarborough and was impressed with their commitment to advancing sound agricultural practices. Given all the dire news about climate change and the current drought and unusually hot summer, I was pleased to witness farming practices adapted to these threats.

I was impressed with Stacy's enthusiasm for reducing carbon dioxide levels through environmentally friendly

farming, a commitment for building good soil, and passion for producing safe and nutritious food. Her awareness of the impact of climate change and the opportunity to bring alternative energy jobs to Maine was heartening. She also has become a leader in the Maine Organic Farmers and Gardeners Association.

As a state senator, Stacy's experience, unwavering commitment to protect the environment, and recognition of the value of green energy jobs will serve us well in the senate. She will be a strong voice for the protection of Maine's environment.

Please join me in supporting Stacy Brenner for Maine Senate District 30.
Bruce Webb

Dear Editor,

Many of the loyal readers of the Gorham Times have recently driven by the site of the former Gorham Raceway, which closed in 1967. No doubt they have noticed a brand new 79,000 square foot building that began construction last year and was finished a couple months ago. That is the new home of Harvey Performance Company and almost 90 well-paying jobs for highly-skilled workers.

As the developer on this project, I am pleased to report that although they were exacting and rigorous in

their review of what we proposed, Gorham town officials have been ultimately professional all along the way, and very clear about expectations and standards. Having been involved in many development projects through the years, I think your readers should be made aware of how well they have been served by elected officials and town staff. This project was a pleasure to complete, and in my opinion was a true model of what competent, professional collaboration is all about.

Manufacturing is alive and well in Maine, and that is certainly so in Gorham. My compliments to everyone involved.

Josh Benthien

Dear Editor,

I am writing this letter on behalf of Stacy Brenner, the Democratic candidate for the State Senate in district 30. The district encompasses Scarborough, Gorham and Buxton. Stacy has a long history of excellent community service both as a private business owner and in the medical field. Her two degrees in nursing attest to her broad knowledge health care issues, something that is vital to all of us. Stacy has a strong sense of compassion and integrity. I strongly urge you to vote for Stacy on election day.

Tom DiPasqua

AROUND TOWN

The following residents have submitted papers for local office. There are two positions for Town Council to serve a 3-year term and three positions for School Committee to serve a 3-year term.

Town Council:

Christina Paul, Suzanne Phillips, Ronald Shepard

School Committee:

James Brockman, Nicole Hudson, Sarah Perkins, Leah Sturm

UPCOMING DEADLINES

SEPTEMBER 23

OCTOBER 7

OCTOBER 21

NOVEMBER 4

NOVEMBER 18

Gorham Discontinues Use of Town Trash Bags

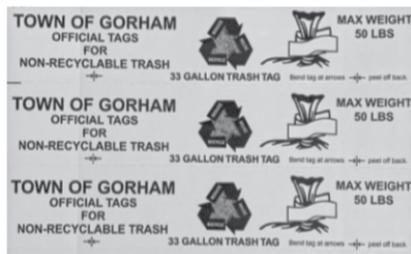


COURTESY OF BOB BURNS
Public Works Director

The Town of Gorham will discontinue distribution of town trash BAGS, replacing them with town trash TAGS, effective January 1, 2021. The tags have been in circulation since May 2016 and are seen as a more effective way to reduce trash volume. Town trash bags currently in use, will be honored until the supply is exhausted.

Public Works has received many complaints about the quality of the Town bags that have been used over the last 18 years since the inception of the program. Going forward, it will be much more efficient for Public Works to procure and distribute tags as well as freeing up valuable shelf space for store merchants.

The trash tags are available in local stores as well as municipal facilities wherever bags are sold. Residents will purchase their own trash bags and attach a Town tag to each bag when placed at the curb for collection. After January 1, 2021, trash will continue to be picked up in a



Town trash bag if residents have them, but they will no longer be distributed to the stores.

The tags signifies to the Town's curbside collection contractor, Pine Tree Waste (Casella), that the resident has paid for the collection of each tagged trash bag. This revenue from the sale of the tags is used by the Town to pay for the trash and recyclable curbside collection contract.

The Town Council voted that as of October 1, 2020, small trash bags (15 gallons) will be sold at 10 for \$21.50 and large trash bags (33 gallons) will be sold at 5 for \$21.50. While residents can use Town trash bags until they run out, the Town will not be selling the bags after January 1, 2021.

Residents will be able to buy Town tags, to use on their own trash bags, at a price of 5 for \$7.50 for small trash bags, 15 gallons and smaller, and 5 for \$15.00 for large trash bags, 33 gallons and smaller.

For more information, please call Gorham's solid waste hotline at 892-3649.

Save the Date – New Year Gorham is ON!

VIRGINIA WILDER CROSS
Contributing Writer



Finally, here's some good news to share...the New Year Gorham Planning Committee is pleased to announce that New Year Gorham is on. It will be different, but it will be an exciting way to usher out this difficult year. The most notable differences are where the event will be held and its shorter length of time.

"This year we will be celebrating outdoors at the Narragansett School, and we will follow the CDC guidelines in place at the time," said Tom Hasbrouck, New Year Gorham Coordinator. "It's too early to reveal all the plans, but those that are confirmed promise a fabulously fun afternoon on New Year's Eve. What we can share is the fact that we will pack a whole lot of activity and entertainment into about three hours begin-

ning no earlier than 2 p.m. and ending with fireworks at 5 p.m."

The preliminary plans include ice skating to live music, a variety of entertainment performed on innovative box truck performance stages, activities and food to keep folks warm, and extra special fireworks to welcome in a much needed happier new year.

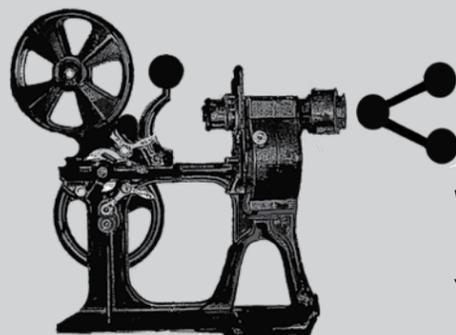
The planning committee will keep everyone informed as plans are finalized, but what's important now is for the Gorham community to save the date, December 31, 2020.

Time for a Laugh...

What do you call a boat full of dentists? *A tooth ferry*

Why aren't boats equipped with artificial intelligence?
Nobody wants to get on a thinking ship.

What do you call a boat full of polite football players?
A good sportsman ship



GoCAM
GORHAM COMMUNITY ACCESS MEDIA

**WHAT'S
YOUR
STORY?**

Each year Gorham Community Access Media (GoCAM) and Baxter Memorial Library sponsor a Veteran's Day Ceremony. Due to the situation with the virus, we do not know if that gathering will be possible. Regardless of the status on Nov. 11th, GoCAM would still like to prepare a video that features interviews with our local Veterans. We would like to chat with you about your experiences in the Armed Services.

If you are a Veteran, please consider contacting us so we can arrange an interview. GoCAM has worked with many Vets over the years and I think most would say the experience was positive for them.

It is an important mission to record as many stories as we can. I know that many Vets are very humble about their service. It takes all types of job classifications to allow the military to operate effectively. Every Vet has got a story, please tell us yours.

Sincerely,

Georgia Humphrey
Community Media Manger
gocam@gorham.me.us or 222-1641

Restaurant Hours

Sun-Thurs:
11 am to 10 pm

Fri & Sat:
11 am to 11 pm



GORHAM HOUSE OF PIZZA
839-2504

"Serving Gorham Since 1981."

We serve pizza, pasta, salads, calzones, wraps & more!

View our site online: www.ghop.me

Follow us on Twitter: [ghopme](https://twitter.com/ghopme)

Like us on Facebook

2 State Street • Gorham, ME 04038

Gaining Empowerment

DR. JOE KERWIN

How much control do you feel you have over your life in general, and your health in particular? The current pandemic has left many of us feeling out of control – causing feelings of disbelief, fear, anger and a lot of uncertainty. We have all become victims of the pandemic as we scramble to do the things we hope will restore some semblance of control over the outcome: social distancing, wearing face masks, and emphasizing increased hygiene to try to flatten the curve.

These are all important actions to take, and we must all do our part to follow them. But unfortunately, these defensive reactions can also create more fear, more uncertainty, and a greater sense of victimhood in our current lives. So what else, as individuals, can we do to feel empowered?

This is a time to reflect upon the state of your health. As the pandemic unfolds, it has become clear that our health status can make us more more susceptible to the effects of not just COVID-19, but any virus. The pandemic has reminded us of one simple truth: the metabolic health of an individual has a significant impact on how they respond to infection. Metabolic health is achieved when a person has ideal levels of blood sugar, triglycerides, HDL cholesterol, blood pressure, and waist circumference without the use of medications. It is estimated that only 12% of Americans are metabolically healthy.

This is a time to reflect upon whether you are giving your body the best possible chance at fighting infection and staying healthy. Are you one of the 12%? Or are you one of the 70% of Americans who are obese or overweight? Is your blood sugar well controlled without medication? What about aging? It is not your biological age that matters, but your immune and metabolic age.

As we move through these uncertain times, the science of epigenetics can be a beacon of hope for our future. Epigenetics studies how our day-to-day

environment controls the expression of our genes, and thus how our bodies respond to viruses. According to Bruce Lipton, PhD, genes are the blueprints used in the construction of cells, tissues and organs, and the environment serves as a “contractor” who reads and engages the blueprints. We can influence the contractor.

It has become a cultural norm to believe that we are powerless to whatever is hereditary, that our genes come from our parents and we have no control over them. We now know that it is actually much more nuanced; the expression of these genes is greatly influenced by the health of our lifestyle. For example, even marginal deficiencies of certain vitamins and minerals such as vitamin C, D, selenium and zinc can cause a significant decline in our immune function genes. If we can influence our genes, then we have so much more control over our health than most of us have been led to believe.

As Americans, we live in a drive thru world of big gulps and inexpensive, processed food engineered to satisfy the pleasure centers of our brain. We sit for eight hours a day at work, watch four hours of TV, and then maybe slog on the treadmill. This lifestyle robs us of our sense of autonomy and control.

Epigenetics gives us back that control, and in order to move toward optimism for the future, we must capitalize on that. Every choice we make in our day to day activities determines the expression of our genes. So which expression of yourself will you choose?

Even when the pandemic is over, seasonal flu and other challenges will occur. It is up to each of us to make lifestyle choices that will strengthen our genetic expression and lead us away from disease and illness and toward longevity, wellness, and vitality.



Dr. Kerwin is a chiropractor and nutritionist who has been practicing and living in Gorham with his wife for 29 years. They have three grown daughters.

Lettuce Be Healthy

Crab Nuggets

- | | |
|--------------------------|-----------------------------|
| 1/2 cup mayo | 1 1/2 tsp Old Bay seasoning |
| 1 egg | 1 tsp lemon juice |
| 1 Tb chives | 16 oz crabmeat (shredded) |
| 1 Tsp Dijon | 2/3 cup seasoned Panko |
| 1 Tsp Worstershire Sauce | |

Preheat oven to 400. Mix all ingredients except crabmeat; then gently mix in crabmeat. Using spoon to scoop; form small bite size balls and place on sprayed bake pan. Bake for 15-20 minutes (depending on size) until golden. You can also make them bigger for dinner portions. For a crustier finish, you can sauté on stove top very easily. Serve with Aioli (recipe below or purchased in jar). If serving dinner portion, add a pat of butter on top when warm right out of the oven. Enjoy!

Garlic Mustard Aioli Sauce for dipping

- 1 cup mayo
- 1Tb Dijon mustard
- 1 tsp garlic minced
- Good squeeze of lemon juice
- Paprika sprinkle on top for presentation

Mix all ingredients together and refrigerate (will last 2 weeks).

Questions about the recipes can be e-mailed to Barbara Schneider at bts@maine.rr.com bts@maine.rr.com.

Gorham Times

The Gorham Times, celebrating 25 years of community journalism, seeks a new Editor to lead our volunteer staff in "bringing the news to all of Gorham." This is a great opportunity whether you're a seasoned journalist or you're looking to gain valuable experience in the competitive world of journalism.

The Gorham Times provides quality news coverage and feature stories about Gorham's government, schools, organizations, businesses, and residents.

Along with directing our team of committed volunteers, the Editor writes and proofreads articles, serves as the main liaison to the board of directors, and keeps his or her thumb on the pulse of Gorham affairs.

The right candidate understands and values the goal of creating a forum for fair-minded discussion by airing different viewpoints and maintaining a neutral editorial stance. To learn more and express interest, email gorhamtimes@gmail.com.



Photo credit Roger Marchand

Gorham Sightings

Do you know where in Gorham this photo was taken? Join our visual trivia discussion by entering your best guess on our Facebook page at www.facebook.com/gorhamtimes or email us at gorhamtimes@gmail.com. The photo in the August 20 issue is of the social distance footsteps leading into the Town Office.



**REOPENED
AUGUST 17TH**

Meals delivered to each client by 6:00 p.m.
**Please note: Order 24 hours ahead.*

**WE'VE ADDED
NEW ITEMS
TO OUR MENU.**

Check out our
FACEBOOK page
or call **319-4260**

**NEW VEGAN MENU &
back by popular demand
FAMILY CASSEROLES** for
families on a budget.

**3,200 SQ FT OF IMMACULATE LIVING SPACE AND ONLY
1.5 MILES TO THE CENTER OF GORHAM VILLAGE!**




29 Town Common, Gorham \$550,000



**WILLIS
REAL
ESTATE**



839-3390
willisrealstate.com
willisteam@willisrealstate.com

Town Council Meeting

SEPTEMBER 1, 2020

LESLIE DUPUIS
Editor

During the time for public comments, Kathy Garrard asked the Council to consider reinstating the Board of Health.

Councilor Pratt thanked Shaw Brothers for representing the Town of Gorham with a generous pledge to Maine Medical Center. He also congratulated Harvey Performance for their recent move into their new building and encouraged people to tour their new facility.

Councilor Wilder Cross reported that she attended two more webinars related to racial injustice.

Councilor Kuech reported that she has attended several webinars this past month and thanked the people of Gorham for being so passionate on several items and for reaching out to the Councilors with their comments.

Councilor Hager mentioned the new trash bag fee structure that would be further discussed. He also reported that the next Finance Committee meeting will be on September 21.

Councilor Hartwell suggested returning to in-person meetings soon. He also noted that he respectfully disagrees with the Chairperson's decision of not reading the many public comments that were submitted by e-mail.

Town Manager Paraschak reminded the public that Baxter Memorial Library and the Town Clerk's office is open to the public for walk in service normal hours. He also stated that the Community Development Department has relocated to the first floor of the Municipal Building to make way for

the School Department to utilize the upstairs rooms of the Municipal Center for classrooms for the High School. He reported that the Main Street construction project is finally wrapping up and the Town was awarded \$55,000 from the Maine Cares Grant to help with Covid expenses. He noted that the process for hiring a new Fire Chief had begun and candidates would be interviewed soon.

School Committee Chairman Stewart McCallister thanked municipal and Gorham Rec employees for working collaboratively with the School Department to address the space needs of GHS. As part of the shared space agreement, the schools will be working with the Recreation Department to utilize an off-site facility at the South Gorham Baptist Church.

The Town Council approved a new massage license for Jill Kristine Hayden.

The Town Council voted to amend the contract zoning agreement between the Town of Gorham and Gorham Savings Bank.

The Town Council approved a resolution to end systemic racism, the oppression/misrepresentation of minority groups, and to continue to assure that law enforcement honors equal justice for all in Gorham. (6,1: Hartwell)

The Town Council approved a resolution welcoming all people into our community. (6,1: Wilder Cross)

The Town Council authorized the Town Clerk to issue the warrant for the November 3, 2020 Annual Municipal Election, that the polls be open from

CONTINUED ON PAGE 9

Arrests ~ June/July 2020

Tow Path Road man, 42, was held for another agency.

Standish man, 26, was arrested for OUI (alcohol) with one prior, and speeding 30-35 mph over limit.

Day Road man, 33, was arrested for domestic violence assault and had prior domestic violence assault charges.

Yarmouth man, 22, was arrested for imprudent speed and OUI (alcohol).

Windham man, 18, was arrested for failure to stop for an officer, speeding 30-35 mph over limit, and unlawful possession of scheduled drugs.

Saco man, 34, was arrested for OUI (alcohol)

Portland man, 22, was arrested for OUI (alcohol)

Buxton man, 43, was arrested for violation of a protective order.

Windham man, 18, was arrested for violating conditions of release and two counts of possession of a scheduled drug.

Massachusetts man, 20, was arrested for OUI (alcohol).

Buxton man, 43, was arrested for violating a protection order.

Mallison Street man, 40, was arrested for criminal mischief and domestic violence assault.

Gray Road man, 31, was arrested for kidnapping, refusing to submit to arrest, criminal mischief, obstructing report of a crime and domestic violence assault.

Standish man, 40, was arrested for operating after habitual offender revocation, speeding 30-35 mph over limit, violating conditions of release, refusing to submit to arrest and eluding an officer.

So Portland man, 30, was arrested for OUI, and possession of a scheduled drug. Later that night he was again arrested for unlawful possession of scheduled drugs, unlawful possession of methamphetamine (priors) and OUI.

Scarborough man, 36, was arrested for OUI.

Buck Street man, 29, was arrested for possession of scheduled drugs.

Buxton man, 35, was arrested for OUI.

Arundel man, 32, was arrested for violating a protective order, failure to register a motor vehicle for more than 150 days and was held for another agency.

Westbrook man, 38, was arrested for unlawful possession of scheduled drugs and unlawful possession of fentanyl powder.



The Gorham Times is seeking a volunteer to distribute papers along Route 25 East from St. Anne's Church (299 Main Street) to Sebago Brewing (616 Main Street), approx. 12 stops.

Time commitment is about one hour every other week.

Contact: gorhamtimes@gmail.com

Wyman's | We Work with All Insurance Companies
AUTO BODY

Joe Wyman has been doing auto body and collision work for over 50 years and at the same Gorham location for over 35 years.

I-Car Certified • ASE Certified • Major Collision • All vehicle types • Sandblasting
Free Pick-up and Deliveries within a 15-mile Radius. Free loaner cars.

ALL WORK WARRANTIED

201 New Portland Rd, Gorham, ME • Ph: 839-6401 Fax: 839-2418 Email: wymanautoinc@yahoo.com
Mon-Fri 8-5, Sat 9-12, Sun Closed • www.wymansauto.com

Tammy Ruda
207.831.3164 | truda@legacysir.com

Legacy Properties | Sotheby's INTERNATIONAL REALTY

SEBAGO LAKE \$3,900,000

legacysir.com

Century 21
First Choice Realty

Multi Million Dollar Top Producer
Masters Emerald Winner 2018
Masters Ruby Winner 2019

Kelley Skillin-Smith, Assoc. Broker
380 Main Street, Gorham ME
207-632-0813
kelley@kellsells207.com
#KelSells207

Meet CINDER!

Realtor Kelley's Pup of the Month
5% of my real estate commissions generated from this ad will be donated to "Helping Paws Maine."

Rescue Paw Rehab Paw
Re-home Paw

Helping Paws Animal Rescue
www.helpingpawsme.org

(You must mention this ad prior to closing for my donation to be submitted.)

Focusing on Greater Portland to the Lakes Region and all points in between

Kerwin Chiropractic & Nutrition

Dr. Joseph M. Kerwin
164 Main Street, Gorham
jkerwin1@maine.rr.com

Offering safe, natural solutions to return vibrancy to your life!

www.kerwinchiro.com • (207) 839-8181

Gardens Galore

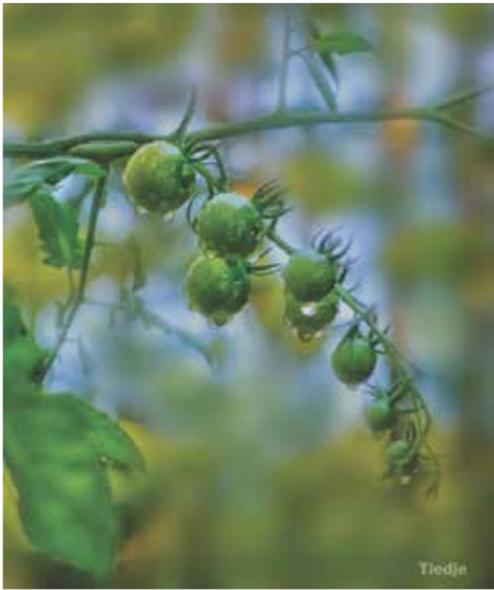


Photo credit John Tiedje



Photo credit Mary Mifield



Photo credit Wilma Gould Johnson



Photo credit George Vercelli



Photo credit George Vercelli

While many residents have been busy keeping their gardens in tip-top shape, sometimes the unexpected visitor can make that job a little harder. A big thank you to those who shared their gardening photos with the Gorham Times. **The winner of our random drawing is Rachel Bell.**

Founders Festival Fun



Photo credit Roger Marchand

The Founders Festival was celebrated on September 12-13 and included a farmer's market, craft fair, a virtual 9/11 Memorial 5K, fireworks, and a parade in celebration of Maine's bicentennial. The Gorham Lions won the float contest for their Old Elmwood School float.



**NEW HOURS STARTING
Saturday, September 19th!**
Serving lunch Saturday and Sunday,
opening at 12 noon
Tuesday to Friday, open 2 pm to close
(kitchen opens at 3 pm)

**FOR NEW CUSTOMERS, TRY OUR FOOD,
YOU'LL BE HOOKED AND WILL BECOME ONE
OF OUR MANY REGULARS!**

*For your convenience, curbside pick-up
is here to stay - 3pm to close (207) 839-7651*

Plenty of seating inside, tables and hightops,
and patio seating outside while the weather is nice.
At this time, masks are required to enter and exit the
building as per CDC. Please help our team stay safe.

**Sundays - NFL and Nascar are back!
We have plenty of TVs for viewing.**

**390 Main Street | Gorham | 839-7651
www.OceanGardensRestaurant.com**

**Local
expertise
you can
trust.**



Jane Bell
207-839-6600
36 Main Street
Gorham

As your local Allstate Agent, I understand the unique coverage needed for the homes and cars in our community, and which coverage you may not need. You could say I'm an expert at getting you the protection you want with the savings you deserve. Call, email or stop by my office for a free quote today.



Subject to terms, conditions and availability. Savings vary. Allstate Fire and Casualty Insurance Co. © 2018 Allstate Insurance Co.

11200-490

SCHOOL

Back to School Amid a Pandemic

COMPILED BY ANDREA MORRELL
School News Editor

1. Will Preis (Grade 9), Gorham High School
Photo Credit Randi Preis
2. Stella McGuire (Grade 2), Great Falls
Photo Credit Abigail McGuire
3. Jayne Rowles (Grade 3), Narragansett
Photo Credit Leisha Rowles
4. Lauren and Taylor Chadburn (Grade 4), Narragansett
Photo Credit Andrea Chadburn
5. Bush kids: Bria (Grade 7), Gorham Middle School; Myka (Grade 5), Great Falls; and Ezra (Kindergarten), Great Falls with little sister Vera (age 3)
Photo Credit Kristin Bush
6. Braeden (Grade 2) and Quinn (Grade 3), Great Falls
Photo Credit Haley McAdams
7. Hennessy Brewer who has Down Syndrome and is beyond happy to be back with her amazing teachers and friends (Grade 3), Narragansett
Photo Credit Krystal Brewer
8. Nichols kids (Remote only): Rose (Grade 5), Narragansett; Patrick (Grade 6), Gorham Middle School; and Andy joined by Bitsy the cat (Grade 2), Narragansett
Photo Credit Carlie Marsters



Schools Welcome New Hires

COMPILED BY ANDREA MORRELL
School News Editor

The Gorham School Department has approved its new staff for the upcoming 2020/21 school year. If you see these new faces around school, make sure to say hello.

Collette Andreassen is a nurse at Narragansett Elementary School, replacing Teresa Merrill, who retired. She has a B.S. in nursing from Allen College, IA.

Rachel Bell is a fourth-grade teacher at Village Elementary School, replacing Erin Eppler, who moved to Narragansett as the new assistant principal. She has a B.A. in political science and a M.S. in teaching and learning, both degrees from University of Southern Maine (USM).

Thomas Burnham is a Gorham Middle School (GMS) behavior classroom special education teacher, replacing Brianna DiDonato, who resigned. He has a B.A. in secondary social studies teacher from University of Maine at Farmington (UMF) and a M.S. in special education from Cambridge College.

Courtney Burns is a social worker at Narragansett, replacing Jane Meggison, who retired. She has a B.S. in social work from Harding University in Searcy, AZ and a M.S. in social work from University of New England (UNE).

Colleen Chausse is a Latin teacher at Gorham High School (GHS), replacing

CONTINUED ON PAGE 8

NYA Second Semester Honor Rolls 2019-20

Grade 5 – Honors: Elliana Miers

Grade 6 – Highest Honors: Jackson Bartick

Grade 6 – Honors: Sam Grady

Grade 8 – Highest Honors: Tyler Bartick
Madison Miers

Grade 9 – Honors: Wyatt Thomas

Grade 12 – Highest Honors: Eleanor Grady

Is your well water clean?

1 IN 3 MAINE HOMES HAVE WELL WATER CONCERNS

Be sure your water is safe.

Call today! 1-866-426-2273



PLEASE SUPPORT OUR ADVERTISERS SHOP LOCAL

Moody's

CO-WORKER OWNED

Gorham Scarborough Biddeford
Portland Sanford Lewiston
So. Portland Windham Augusta

www.moodycollision.com

"Like us" on



Assisted Living

Assisted Living provides meals, medication administration & assistance with activities of daily living while allowing you or a loved one to reside in a one bedroom or studio apartment. Our care continuum promotes friendship and enriching experiences with our dynamic activity department.

Call 839-5757 to learn more about our continuum care.

GORHAM HOUSE



A Comprehensive Living Center
50 New Portland Road., Gorham • 207-839-5757 • www.gorhamhouse.com

ing Michael Lawrenson, who retired. She has a B.A. in Greek and Latin and a M.A. teaching Latin and classical humanities, both degrees from Tufts.

Shawneen Coffin is a kindergarten teacher at Narragansett in a new position due to increased enrollment. She has a B.S. in early childhood education from UMF.

Miles Douglass is a 4/5 grade teacher at Narragansett, replacing Beth Kellogg, who resigned to take a principal position in NH. He has a B.A. in political science and a M.S. in education (ETEP program), both degrees from USM.

Lindsay Ely is a seventh-grade social studies and science teacher at GMS, replacing Sarah Rubin, who resigned. She has a B.A. in psychology and a M.S. in education, both degrees from USM.

Erin Eppler is an assistant principal at Narragansett in a new position. She has a B.S. in elementary education and a M.Ed. in educational leadership, both degrees from Northern Arizona University.

Deanna Etienne is an assistant principal at Great Falls, replacing Stacey Sawyer who moved to a teaching counselor position at Narragansett. She has a B.S. and M.S. in early childhood education, both degrees from UMF.

Kevin Greene is a resource room teacher at GMS, replacing Amy Spagnoli, who moved to a math lab position at Narragansett. He has a B.A. in English from the University of New Hampshire (UNH) and a M.A. in teaching special education from Regis College.

Lauren Hebert is a part-time school nurse at GHS in a new position for the 2020/21 school year due to Joyce LaRou's request to move to part-time. She has a B.S. in nursing from Saint Joseph's College (St. Joe's).

Theresa Hendrix is a health teacher at GMS in a new position. She has a

B.S. in physical education and exercise science from St. Joe's.

Michele Higgins is a physical education teacher at GMS, replacing Denny Albert, who moved to the full-time health position left by Martha LaViolet's retirement. She has a B.S. in sports management from UNE and a M.S. in education from Old Dominion University, VA.

Amy Hughes is a resource room teacher at Narragansett in a new position for the 2020/21 school year due to increasing enrollments and identified caseloads. She has a B.S. in child development from University of Maine at Orono (UMO).

Peter Krahe is a one-year math teacher at GHS, replacing Scott Becker, who is taking a one-year unpaid leave. He has a B.A. in psychology from Stonehill College, MA and a M.S. in education (ETEP program) from USM.

Kathleen Miller is a speech pathologist at Village in a new position due to increased caseloads. She has a B.S. and M.S. in communication sciences and disorders, both degrees from UNH.

Lauren Lamanna is a speech and language pathologist at Narragansett, replacing Carlie Gieger, who resigned. She has a B.S. in speech and hearing from Elmira College, NY and a M.S. in speech and language pathology from Northeastern University.

Cooper Power is a district-wide .5 adaptive physical education teacher in a new position. He has a B.S. and M.Ed. in exercise kinesiology, both degrees from UMO.

Keli Ruby is a resource room teacher at Village, resulting from eliminating two educational technicians and replacing with one teaching position due to caseload shifts. She has a B.S. in special education from UMF and a M.S. in special education from Northcentral University.

Ian Ryan is a social studies teacher at GHS, replacing Shauna Dunn, who took a one-year unpaid leave last year and then retired. He has a B.A. in history from the University of Connecticut and a M.A. in secondary education social studies from Fairfield University.

School Committee Meeting

SEPTEMBER 9, 2020

KATHY CORBETT
Staff Writer

On September 9, the masked School Committee (SC) held its regular meeting in person at Gorham High School (GHS). Covid-19 has created a unique start to the school year. In the time for public comment, Peter Shaw asked the SC for assurance that parents would be notified any time a case of Covid in the schools occurred. Student representative Zak Lembarra reported that GHS students were glad to be back. Although they may be socially distancing, they will be working creatively together. We are "separated but not divided," he said.

Superintendent Heather Perry reported that so far reductions in the state budget have not affected the state education subsidies. She also said they have applied for a grant for the Recreation Department's child care program, but Gorham may not qualify because funding is based on the percent of students eligible for free lunch. Most district positions are filled, although there is still a need for several more ed techs and playground duty monitors. She also gave assurance that Covid numbers will be updated daily.

All SC members thanked employees of the School Department and the Town of Gorham for all they did to make a successful school opening possible. They also thanked the community for contributions of supplies and for helping prepare space for outside classrooms. Phil Gagnon encouraged people to attend the upcoming Founders Festival. Bill Benson thanked everyone who worked on the bond issue referendum for capital improvements that will be on the November 3 ballot.

All five building principals reported on the preparation that was done before opening their schools. They thanked the maintenance staff, including bus drivers, for their efforts to make the physical spaces ready. They thanked the SC for the extra week that enabled teachers to be comfortable with the new spaces and new teaching challenges. They all reported on a successful first day(s) of school. Students, who cooperated in wearing masks and maintaining six-foot distances, were happy to be back with their teachers and friends. Elementary teachers were pleased with the smaller

classes. Everyone said that building relationships and establishing new routines were the primary goals for the beginning of the school year.

In each school there are between 10-13% of students enrolled in the Remote Learning Program. An experienced teacher oversees the program in every school and will make weekly contact with students and families. Students can attend a weekly virtual morning meeting with the A and B members of their class.

Norm Justice, director of facilities and transportation, gave a slide presentation illustrating the work done during the summer, both scheduled projects and those made necessary by the pandemic. His staff created new storage spaces for PPE supplies. They moved furniture to make six-foot spacing possible, putting some in on-site trailers. They reconfigured space for the office, teachers, and nurses at Narragansett School and worked to finish the modular units for occupancy. He said that the new Narragansett kitchen should be completed by mid-October.

Athletic Director Tim Spear gave an update on athletic programs. The Maine Principals Association and the other relevant governmental agencies had not yet made decisions about which sports would be approved for inter-school competition. Spear outlined the categories of risk for each sport, with football and volleyball judged to have the highest risk. This school year, 277 GHS students have signed up for athletic programs and Spear summarized the precautions that are in place to keep them and their coaches safe. This includes daily screening and mask wearing except when engaging in vigorous activity. He emphasized that students will be expected to be personally responsible for good hygiene and safe distancing off the field. Due to Governor Mills' regulations that limit gatherings to 50 inside and 100 outside, there will be no spectators at games, but a media company will offer live streaming by subscription.

The School Committee voted (7-0) to approve nominations for coaching positions and for two teaching positions. They unanimously approved the Superintendent's 2020-21 Goals, the FY22 Budget Timeline, and the 2020-21 SC Meeting Schedule. They approved changes in the the policy for Life-Saving Medical Devices and Treatment and for the Management of Concussions.

GHS GRAD NEWS: If you, or your son or daughter is a GHS graduate, we would like to share your achievements in the Gorham Times Of Interest section or in a Where Are They Now feature. Submissions should include the year of GHS graduation and should be no longer than 75 words. Contact Chris Crawford at ckck5@maine.rr.com, Kathy Corbett at ktcorbett@aol.com or Cindy O'Shea at coshea2@maine.rr.com.

Spectrum is still Hiring!

We are looking for **Customer Service Representatives** for our **Spectrum Mobile Department!**

Start Date: Friday, October 13th

Paid Training: 4 weeks, Tuesday-Saturday 11:00 AM-7:30 PM

Starting Pay: \$16.50 per hour, plus .75 shift differential for shifts that start at or after 11:00 AM

Benefits: Medical, Dental, Vision, 401 K w/ 6% company match, Retirement plan, Free and discounted employee cable, internet & phone package (must live in service footprint), Accrued paid vacation, personal days, annual paid holidays, accrued paid sick time, and annual tuition reimbursement of \$5,250.

Please apply and complete the mobile-friendly assessment at jobs.spectrum.com today!



REAL ESTATE
DONE NICELY




207.650.2832
Team@KeithNicely.com
RealEstateDoneNicely.com

VILLAGE BUILDERS
Full Service General Contractor
Repairs • Renovations • Additions



Daniel W. Grant, P.E.
Owner

21 New Portland Rd.
Gorham, ME 04038
PH 207-839-6072
sales@villagebuildersmaine.com

Gorham Welcomes New Assistant Principals CONTINUED FROM PAGE 1

teachers in the classroom and to contribute her skills and experience to what she feels is an already welcoming and warm school community.

Great Falls principal Becky Fortier said Etienne's energy, extensive experience with elementary-aged students, and passion for meeting the social, emotional, and academic needs of all children made her stand out as a perfect fit for the Great Falls School community.

"We have been working together since July to prepare for the reopen-

ing of school and I am extremely grateful for her partnership," said Fortier. "She has already gone above and beyond to develop positive relationships with staff and outreach to families. Great Falls and Gorham are lucky to have 'Mrs. E' on board."

"Both are highly experienced educators who clearly care tremendously about staff and students and who are willing to do whatever it takes to help lead our schools in a positive and relationship focused way," said Superintendent Heather Perry.

Town Council Meeting CONTINUED FROM PAGE 5

7 a.m. until 8 p.m., and the following persons be designated for each district:

District 1-1 – Susan Emerson, Warden and Laurel Smith, Ward Clerk
District 1-2 – Katherine Corbett, Warden and Cornelia Loughran, Ward Clerk

District 2 – Martha Towle, Warden and Nancy Kenty, Ward Clerk
Central – Paula Nystrom, Warden and Nanette Belanger, Ward Clerk.

The Town Council approved all qualifying applications from the Senior Property Tax Relief Program as reviewed and recommended by staff.

The Town Council approved a resolution to officially name the Gorham Fire Department Emergency Operations Center and Training Facility the "Robert Lefebvre Emergency Operations Center and Public Safety Training Facility."

The Town Council authorized a bond referendum question for the November 3, 2020 election in the amount of \$5,689,000 for capital projects.

The Town Council authorized a refer-

endum for the November 3, 2020 election amending the Town's Charter to clarify the qualifications of office for a Town Council member.

A motion to authorize a referendum question for the November 3, 2020 election asking voters if they approve establishing a Charter Commission for the purpose of revising the Gorham Town Charter failed.

The Town Council asked the Ordinance Committee to review/recommend an amendment to the Narragansett Mixed-Use District to allow for personal services and to address side and rear setbacks.

The Town Council approved a new fee schedule for trash bags and waste collection tags starting January 1, 2021.

The Town Council authorized a resolution joining the new MMA WCSIP program.

The full minutes and amendments can be read at <https://www.gorham-me.org>.

Town Council Passes Two Anti-Racism Resolutions

CONTINUED FROM PAGE 1

had raised concerns. In response to the objection to the use of the term Black Lives Matter, she explained the group felt the term was important because the resolution is "aimed at systemic racism." It does not "advocate support for the the Black Lives Matter organization," she said, "but rather it addresses the fact that Black lives matter."

During the time for public comment, 22 people spoke in favor of the resolution, and seven spoke against it. Those objecting felt the resolution was divisive, inflammatory, and highly politicized. Many associated the BLM movement with the BLM organization, which they characterized as a hate group and associated with calls to defund police departments. Some said that racism was not a problem in Gorham.

Supporters said that the young people behind the resolution need to be heard and that their experiences are real. A few gave examples of racism they had experienced or encountered. Others said that combating racism is a human issue, not a political one. A member of the group involved with the resolution reported that Gorham Police Chief Christopher Sanborn had no issue with the references relating to the police, and another gave assurances that the local group had no ties to the BLM organization.

The Town Council also received 17 letters prior to the meeting, 10 in opposition to the revised reso-

lution. Many were sent by people who also spoke at the meeting and expressed the same sentiments. They were not read, but were included in the meeting minutes.

In a letter of support, University of Southern Maine (USM) President Glenn Cummings wrote that "almost 20% of our student population identify as people of color" and many live on the Gorham campus. He enclosed the USM anti-racism statement that supported the BLM movement and urged passage of the resolution proposed by Wilder Cross.

During the discussion, Councilor Janet Kuech commented that "a resolution is not a law" and spoke in favor of it. Hartwell said he could not support it, and that he was "against Black Lives Matter, but for an anti-racism resolution." Although he also did not like using the term BLM, Councilor Ronald Shepard supported the resolution. He went on to state that Gorham Police were already following the procedures advocated for in the resolution. Councilor Lee Pratt said he did not like resolutions, however, he would support this one because "the lives of Black people matter."

The Town Council passed the resolution (6-1, Hartwell) and also the one supported by Hartwell (6-1, Wilder Cross). Both resolutions can be read in full and the recorded meeting can be viewed on the Town's website: www.gorham-me.org.

We Have Moved to 347 Main St.

**VILLAGE
PHYSICAL THERAPY**

SUPPORT LOCALLY OWNED BUSINESSES



Mike Smith, MSPT, ATC

**Feel
The
Difference**



Jennifer Field, DPT

Did You Know?

- We have adjusted our schedule and treatments to better serve and protect our patients during this time.
- If you have an orthopedic problem, you can come directly to PT. No referral needed.
- Your out of pocket expenses may be less with us than treatment at a hospital based clinic.
- We are the only 100% locally owned and operated PT clinic in Gorham.

839-9090 | 347 Main Street, Gorham

Frances (Huse) Boothby, 104, beloved wife of the late Clyde V. Boothby, entered into eternal peace on Sunday, September 6, 2020. Born on September 21, 1915 in Atkinson, NH, Frances was the daughter of the late Oscar and Marion Huse.



Frances was a lifelong learner and believer in education. A graduate of Gorham High School and Gorham Normal School (now USM), she began her career as an English teacher in South Paris, ME. Frances later taught in the Gorham school system. She went on to earn a masters degree from Boston University and became the guidance director at Westbrook High School, retiring in 1978. Well into her nineties, Frances continued to take senior courses at the University of Southern Maine, becoming especially close with her writing group members and being published in the school's "Reflections".

A fabulous cook, baker and knitter, Frances delighted countless people with her old-time recipes and knitted creations. She was honored to follow her sons as an inductee to the Gorham High School Sports Hall of Fame. A parishioner of the First Parish Congregational Church in Gorham since childhood, Frances listened to Sunday services from home since the pandemic. She remained in touch with many former students and was touched by the visits and notes of appreciation from former students over the years. Frances felt blessed to be able to enjoy 73 summers with her family and friends at the Prouts Neck cottage in Scarborough.

Frances was a caring and devoted mother, grandmother, great grandmother, sister, aunt and friend. She is survived by her cherished children, Marion Eckhardt (Carl Allen) of Keene, NH, Margaret Lyon (Jeffrey) of Naples, FL, Ronald Boothby of Westbrook, ME, C. Arthur Boothby (Kelley) of Simsbury, CT; her adored grandchildren, Felix Eckhardt (Kate) of Nashville, TN, Kelly Sproul (Dwight) of Millersville, PA, Suzanne Carbonneau of Westbrook, ME, Gregory Lyon (Teresa) of Litzitz, PA, Scott (Karen) Lyon of Egg Harbor Township, NJ; her precious great grandchildren, Kate and Jordan Sproul, Adam, Sarah and Lindsay Carbonneau, Malachi, Evan, Brennan and Simeon Lyon, London Eckhardt, Abigail and Jameson Lyon; her many special nieces and nephews.

Besides her husband and parents, Frances was predeceased by her six siblings.

The family will hold a celebration of life gathering for family and friends to come together at a future date.

In lieu of flowers, donations may be made in memory of Frances to the First Parish Congregational Church, 1 Church Street, Gorham, Maine 04038 or The Frances H. Boothby Scholarship, Gorham High School, Attention: School Office, 41 Morrill Avenue, Gorham, ME 04038. Arrangements are in the care of the Gorham Chapel of Dolby Blais & Segee, 76 State St., Gorham, ME 04038. To express condolences or participate in Frances online tribute, please visit www.DolbyBlaisSegee.com.

A Decision on Fall Sports

COMPILED BY DESTINY COOK
Sports Editor

The Maine Principals' Association (MPA) met on September 9 to finalize the fall sports season. As football is classified as a high-risk activity, and volleyball is the only indoor fall sport, neither will be offered this fall. The MPA is hoping to provide a season for both sports in the late winter/early spring. All other fall high school sports (including golf, cross-country, field hockey and soccer) have the green light to participate.

There are new guidelines in place for schools, coaches, and athletes participating in fall sports: before starting any athletic activities, each school must receive approval from its local governing board; no indoor practices can be held; crowd size is relegated to 100 people for outdoor events; and all athletes (other than those actively playing in the game), coaches, staff, officials and fans must wear a mask.

Gorham High School Athletic Director Tim Spear confirmed, "While the state guidelines speak to

the governor's orders of 100 people for outside gatherings, both Gorham Schools and the SMAA (Southern Maine Athletics Association) have mandated that there will be no spectators at any of our school or SMAA events."

The MPA also stated that for schools in any counties that have a yellow or red designation on the Department of Education's color-coded system there should be no practices or games held until they are once again designated green.

Although football and volleyball is not being offered, the MPA provided alternatives and Spear said Gorham is working to offer in-house options.

"Volleyball must be outside, so we are exploring ways to do this. Football is allowed to play 7 v 7 flag football amongst ourselves, so we plan to implement that as well for our football players," he said. The MPA also suggested a Punt/Pass/Kick Competition as an alternative for involvement.

Spear said GHS coaches were now able to meet with athletes and official practices began on September 14.

DEAN'S LIST ~ UNIVERSITY OF SOUTHERN MAINE, GORHAM, ME
Annie Acker-Wolfhagen, Chris Beland, Will Beland, Shavonah Bell, Kristin Benson, Emily Bragg, Justin Broy, Bella Collins, Kristen Curley, Rachel Curtis, Haylee Dahlborg, Kristina Damiano, Mel D'Anci, Taylor Day, Annmarie Dellasala, Brittany Desjardin, Maria Escobar, Dustin Gregoire, Jeremy Howe, Carli Labrecque, Chris Lazaros, Christie Lohomboli Boeta, Erica Mallory, Cody Mason, Devin McCaffrey, Tilly McColl, Colby Parker, Sara Perry, Sam Phinney, Lauren Pusey, Meg Raymond, Dylan Rogers, Michelle Rowe, Alyssa Sands, Masashi Sekioka, Anna Smith, Caroline Smith, McKellen Spiller, Sophia Street, Sydney Stultz, Connor Sweatt, Annelise Tom, Nathaniel Twombly, Simeon Willey

DEAN'S LIST
Madison R. Hinchey, Clark University, Worcester, MA
Cameron Smith, Clark University, Worcester, MA

ACADEMIC AWARDS
Lisa Casher, Award of Excellence, Western Governors University College of Health Professions, Salt Lake City, UT

OF INTEREST
The Gorham Lions hold dinner meetings on the 2nd and 4th Tuesdays at the Elmwood School, 414 South Street. The next regular meeting will be on September 22 at 6:30 p.m. FMI 929-9182.

Veterans of Foreign Wars, Gorham Memorial Post 10879 and former members of South Portland Post 832 will meet on October 13 at 5:30 pm. Any interested veterans may contact the post at vfwpost10879@gmail.com for location and membership information.

White Rock Friendship Club is accepting new members. The White Rock Community is a rural section of Gorham, Maine. The Club, made up of residents from the area, sponsors community activities as fundraisers for a benevolent fund. Awarding a college scholarship to a HS Senior, and supporting others in need. FMI facebook.com/whiterockfriendshipclub/

FOOD PANTRY NEWS
Gorham neighbors have generously shared their garden bounty with the Gorham Food Pantry all summer long, providing clients with fresh additions to their grocery selections during drive-through pantry. During the 2020 growing season, the Pantry has received 786 pounds from local farms and gardeners. In addition to that, Gorham Middle School gave 571 pounds of fresh fruits and vegetables.

Donations can be dropped off at the pantry during regular pantry hours: Thursday mornings from 10-12 (drop off from 9-10 a.m. for distribution that morning) or the 2nd and 4th Monday evenings of each month from 6-7 (drop off from 5-6 p.m. for distribution that evening). Please message Gorham Food Pantry Friends on Facebook to arrange a drop-off time that works best for you.

BUSINESS DIRECTORY

SHOP LOCAL

BUY LOCAL

IT'S SNOWBLOWER TUNE-UP TIME!

V&M RENTAL Starting at \$99
Call for details.
207-839-RENT

V & M RENTAL 520 FORT HILL RD., GORHAM

SHAW EARTHWORKS!

Now Hiring Laborers with CDL

Screened Loam & Reclaim

Delivered or Loaded

839-7955

www.shawearthworks.com

Liz Berks
Massage Therapist

12 Elm Street
Gorham, ME 04038

20 Years Of Practice 653-8148

Casco Federal Credit Union

Small Credit Union. Big Heart.

Find out why banking local is banking better.
www.cascofcu.com

375 Main Street, Gorham 393 Ossipee Trail, Gorham
207.839.5588

Rewards Checking Accounts
Visa Rewards Credit Cards
Low Rate Loans

Sturgis Plumbing & Heating, LLC
Gorham, Maine
207-615-1600

JEFF STURGIS - YOUR FRIENDLY PLUMBING & HEATING SPECIALIST

Master Plumber, Master Oil Heat & Solid Fuel Tech, Gas/Propane Tech

Fully licensed and insured. Quality service at reasonable prices.

Andrea M. Taliento, DMD Melissa M. Carrier, DDS

MAPLEWOOD DENTAL ARTS
providing a lifetime of healthy smiles

www.dentistgorhamme.com
(207) 839-6266
405 Main Street Gorham ME 04038

Are you invested properly?
Get a second opinion.

Pete Watt
Financial Advisor
14 Vista Dr Suite 309
Gorham, ME 04038
207-839-8233

Edward Jones
MAKING SENSE OF INVESTING
edwardjones.com

LaFerriere Electrical Services, Inc.
Residential • Commercial • Industrial

Gorham, ME

Service Upgrades • Lighting Upgrades
Emergency Repairs • Generator Installations
Knob & Tube Removal

Leon LaFerriere 207-831-9349
Master Electrician laferriere@maine.rr.com

RPS
ROBBINS PROPERTY SERVICES

- Lawn Mowing
- Tree Trimming and Pruning
- Junk Removal and Clean Outs
- Residential and Commercial Property Maintenance

BRODY ROBBINS 207-787-1469

Village Hearing Care

Audiology Services and Hearing Aids
Shannon Phinney Dowdle, Audiologist

347 Main St., Suite 1A • Gorham, Maine 04038
839-8400 • www.villagehearing.com

The updated list of Pantry needs for the month of September is: baked beans, kids' snacks (granola bars, juice boxes, small bags of cookies, etc.), Ensure, as well as men's and women's personal care items (shampoo, deodorant, toothpaste, razors). Backpacks for our students are also appreciated.

The Gorham Food Pantry is available to any Gorham resident; you need only visit during pantry hours with proof of residency (a utility bill with your name and your Gorham address on it – not a drivers' license).

LIBRARY NEWS

North Gorham Public Library is open on Mondays from 3-5:30 p.m., Wednesdays from 6-8 p.m. and Saturdays from 10 a.m.-1 p.m. Home delivery and parking lot pickup is also available.

Join the Baxter Memorial Library community for the ribbon cutting ceremony of the Maine Birthday Book StoryWalk on September 26 at 10 a.m. This event celebrates the Maine Bicentennial and is a collaboration between Baxter Memorial Library, Gorham Parks and Recreation, Gorham Schools, and Shaw Brothers Construction. There will be a book sale and signing from 10 a.m.-noon with the author of The Maine Birthday Book, Tonya Shevenell. Join the group as they walk, read, and follow the StoryWalk signs* at beautiful Cherry Hill Farm Trail in Gorham. This is an outdoor only event. Please maintain social distancing between family groups and masks are recommended when social distancing is difficult to maintain. Rain date will be Sept 27 at 10 a.m. *Partially funded by a grant from the Maine Bicentennial Committee. **Current programs include:** Virtual Preschool Discovery Time for ages 3-5 years, Virtual Toddler Discovery Time for ages 18-36 months, and Babies en Plein Air for birth-18 months. FMI 222-1190, baxterlibrary.org.

USM NEWS

The USM Office of Graduate Studies has announced virtual office hours. A representative will be available to chat via Zoom, Monday/Wednesday, 10 a.m.-12 p.m. and Tuesday/Thursday, 3 p.m. -4:30 p.m. Sign up at <https://usm.maine.edu/grad/virtual-office-hours-appointment>, or make an in-person appointment at usmgradstudies@maine.edu, or 780-4812.

Detailed information regarding the re-opening of USM is available on a dedicated section of the University website, Healthy Huskies, that is updated regularly. Find answers to frequently asked questions — from new and returning students to faculty and staff to community members — that cover all facets of the institution. Visit usm.maine.edu/healthy-huskies.

CLOSE TO HOME

Haddock Supper Buffet - Saturday, September 26, 2020 - 5:00 pm at Living Waters Church, Parker Farm Road, Buxton. Suggested donation: \$8 Adult, \$4 Child, \$20 Family. Takeout option available. Social distancing guidelines are in effect including wearing of face masks and use of hand sanitizer.

CALENDAR

THURSDAY, SEPTEMBER 17

Gorham Farmer's Market, Municipal Parking Lot, 8:30 a.m.-12:30 p.m.

Baxter Memorial Library, 9:30-9:50 a.m., Virtual Toddler Discovery Time

SATURDAY, SEPTEMBER 19

Gorham Farmer's Market, Municipal Parking Lot, 8:30 a.m.-12:30 p.m.

TUESDAY, SEPTEMBER 22

Baxter Memorial Library, 9:30-10 a.m., Virtual Preschool Discovery Time

Gorham Lions dinner meeting, 6:30 p.m. Elmwood School

Veterans of Foreign Wars meeting for Post 10879 and former members of Post 832, 5:30 p.m. vfwpost10879@gmail.com for location details

THURSDAY, SEPTEMBER 24

Baxter Memorial Library, 9:30-9:50 a.m., Virtual Toddler Discovery Time

SATURDAY, SEPTEMBER 26

Gorham Farmer's Market, Municipal Parking Lot, 8:30 a.m.-12:30 p.m.

Baxter Memorial Library, 10 a.m.-12 p.m. StoryWalk Ribbon Cutting Ceremony, Maine Birthday Book StoryWalk, Cherry Hill Farm Trail

TUESDAY, SEPTEMBER 29

Baxter Memorial Library, 9:30-9:50 a.m., Virtual Toddler Discovery Time

WEDNESDAY, SEPTEMBER 30

Baxter Memorial Library, 9:30-9:50 a.m., Babies en Plein Air

CLASSIFIEDS

SERVICES

CONSULTANT AVAILABLE. 30+ years experience. \$20/hour. Maverick Lenartson, 198 Sherwood St Portland, ME. 207-809-9461, ashleylenartson@gmail.com, finepopartinamerica.blogspot.com thru blogspot.com. CALL/TXT TODAY FOR AN APPOINTMENT. Hours Noon-5pm "Together We Can Make It"

Advertise your home business or yard sale with a classified ad. Only \$9 per ad! FMI: email gorhamtimes@gmail.com or call (207) 839-8390



Chris Burton



Julie Chandler



Jane Mason



Mike Griffin



Peter Mason



Benjamin Taylor

Realtors® Helping You Buy or Sell Real Estate!



SOLD

36 Varney Mill Rd \$309,900 - This full dormered Windham Cape offers 3BR, 1.5ba & a 1 car garage w/ water frontage & dock on Ditch Brook. 1st flr features exposed beams & plank flooring



NEW

BUXTON \$449,000 - Gorgeous executive ranch on 2.75 acre. Features sunlit open concept with 3BR & 2.5 bathrooms. 1 floor living at its best plus an accessory apartment on the lower level.



UNDER CONTRACT

S. PORTLAND \$268,500 - Gorgeous ranch with a sunlit floor plan offering 1189 sqft of living space with 2BR, 1ba and huge granite kitchen.



UNDER CONTRACT

GORHAM \$475,000 - Gorgeous contemporary ranch offering 3BR, 3 bathrooms, newly renovated with a huge finished basement on 2.81 acres just 1.1 miles to Gorham Village.



SOLD

246 E. Bridge St # 18 \$187,500 This 2BR Westbrook condo has been completely renovated from top to bottom. New kitchen, appliances, flooring, bathroom fixtures, lighting & fresh paint. Dedicated 8x21 bsmt storage.



SOLD

55 South St \$399,900 - Beautiful Federal style home located in downtown Gorham. 5BR, 3.5ba with over 3300 sqft. Character & charm throughout. Fenced in backyard.



UNDER CONTRACT

HOLLIS \$259,900 - A diamond in the rough! 2BR, 2bath Cape w/ oversized 1-car garage. Enjoy the privacy on the attached screen porch & the charm of the wood details throughout.



NEW

GORHAM \$259,900 - Townhouse style 2 BR condo w/newer gas fireplace, cathedral ceiling, garage & private back deck. Lrg windows for sunlit living space. Convenient location.



UNDER CONTRACT

OLD ORCHARD BEACH \$309,900 Meticulously maintained 2BR/2ba condo in Cider Hill. This condo offers an open floor plan with gas FP in the main LR.



SOLD

21 Acorn St \$234,900 - Charming Gorham 3BR, 1.5 ba cape offers front back living room w/ woodstove, kitchen open to dining area, great closet space & new deck.

pogorealty.com (207) 839-3300 39 Main Street, Gorham

MARKET BASKET

"MORE FOR YOUR DOLLAR"

Come Visit

Your Newest Store in

WESTBROOK, MAINE

90 Rock Row • I-95 exit 48
Larrabee Road to Main Street

Store Hours: 7 AM - 8 PM EVERY DAY Senior Hours: 6 AM - 7 AM

Rib Roast or
Steak Bone-In

8⁹⁹
lb. **Save \$4.00lb.**



MARKET BASKET Antibiotic Free
Fresh Boneless
Chicken Breast

2⁴⁹
lb. **Save \$1.00lb.**

Any Size Pkg.



Thin & Trim Roast Beef
• Regular • Italian

7⁹⁹
lb. **Save \$1.00lb.**



Fresh Ocean Raised
Atlantic
Salmon Fillets

9⁹⁹
lb.



Ocean Fresh Wild, All Natural
Pollock Fillets

3⁹⁹
lb. **Save \$1.00lb.**



MARKET BASKET Butter Quarters 16 oz.
• Salted • Unsalted

2\$5
for **5** **Save 98¢**



PEPPERIDGE FARM
Bagels 6 PACK

2\$6
for **6** **Save \$3.78**



PEPPERIDGE FARM FARMHOUSE Bread & Buns

2\$5
for **5** **Save \$2.98**



Starbuck's Coffee 12 Varieties

5⁹⁹
10-12 oz. **Save \$2.00**



MapleBrook Mozzarella

3⁹⁹
12 oz. **Save \$2.00** Made In Vermont



Prince Pasta Sale! 16 oz. 15 Varieties

89¢
Save 36¢



Cape Cod Chips Party Size

3⁹⁹
12.5 - 14 oz.



Sale Starts Sunday Sept 20th - Saturday Sept 26th

Quantity rights reserved. Not responsible for typographic or illustration errors. Bottle deposit & tax where applicable (2020).