

Gorham Times

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A Free, Not-for-Profit Newspaper Serving Gorham Since 1995

GORHAM REMEMBERS:

Many events were held around Gorham to commemorate the 20th Anniversary of the attack on the World Trade Center and our Nation.



Photo credit Roger Marchand

The Stephen Ward 9/11 Memorial 5K was held Saturday, September 11. This year marks the 20th anniversary of the loss of a brother, son, uncle, cousin, and friend. The Ward family greatly appreciates the generosity and support of the Gorham community. Pictured above, local firemen start the race.



Photo credit Roger Marchand

The start of the kids fun run.



The Gorham VFW Memorial Post 10879 held a short but sensitive remembrance on the 20th anniversary of the September 11th terror attack. After lowering the flag at Phinney Park to half mast, a short statement was read followed by "Taps" played by Gorham resident Betty Rines.



SEE MORE PHOTOS ON PAGE 7

Fire Department Responds to Carbon Monoxide Release



Photo credit Gorham Times staff

On September 8, Gorham firefighters answered a call to a commercial building on Main Street. Carbon monoxide from a gas-powered saw had filled Otto's Pizza space which is under renovation. The complex was evacuated while firemen evaluated two workers and cleared the building of gas. "The carbon monoxide level was 1500 parts per million (ppm) when we arrived," Chief Ken Ficket said. "We evacuate residences when there are 15 ppm." The workers were unharmed, and the building was declared safe in under an hour.

Congratulations to Our Back to School Photo Winners

Gorham residents were invited to share Back to School photos for a chance to be featured on the front page of the paper and a gift card. Stay tuned and keep reading for opportunities to enter similar events in the future.



Winner Photo 1: Cooper Lopez, first day of 3rd Grade! Photo Credit: Jessikah Lopez; Winner Photo 2: Andrew and Lia Collins, 6th and 8th grades at GMS Photo Credit: Lisa Collins; Winner Photo 3: Here are Quinn (grade 4) and Braeden (grade 3) McAdams, who both go to Great Falls. Photo Credit: Haley McAdams; Winner Photo 4: Lincoln and Harper Prunier Photo Credit: Casey Violette Prunier; Winner Photo 5: (Left to Right) Sophia - 3rd Grade, Narragansett School. Isabelle - 6th Grade, GMS. Bradley - Kindergarten. Photo Credit: Sara Perkins

FALL SPORTS PREVIEW
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inside theTimes



GOCAM



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MORE BACK TO SCHOOL
PHOTOS ON PAGE 8-9

Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

Let's Chat - Upcoming Office Hours and Constituent-led Policy Solutions

Rep. Mo Terry

Maine saw record voter turnout in the 2020 election. We did especially well when compared to the rest of the nation with 78 percent of all eligible voters casting a ballot. This type of civic participation is probably the first thing that comes to mind when we think about public involvement in politics.

You might also think about protesting or organizing in some other significant way. These are all crucial to civic engagement, but especially on the state-level and in local politics, reaching out directly to your elected officials is critical for active engagement in our democratic process.

This session, several bills I introduced came directly from conversations with constituents. One of those bills provides funding for a local non-profit, Boots2Roots. The organization ensures personalized and proactive support for active-duty military members and their families who are transitioning to civilian life by recruiting them to relocate to Maine.

Boots2Roots was founded by Air Force veteran David Hickey and his co-worker at BIW, John Manganello. After Mr. Hickey spent over two decades serving and rising through the ranks, he returned home to Maine. He quickly discovered that Maine lacked adequate infrastructure and support to help young vets like himself start a new

chapter. It was through chatting with Bill Benson, a fellow GHS swim team parent, that I found out about this organization and we came up with a creative way that the State can invest in programs like this to grow our workforce. These are the conversations that lead to meaningful policy addressing real challenges in people's lives.

Another measure that I introduced this session developed after two local activists approached me about creating a voluntary option for folks to donate to hunger prevention efforts in Maine. Having spent my career feeding people as a chef, this felt like an issue I needed to get behind. As House chair of the Legislature's Taxation Committee, I also found their proposed solution to be a great fit. The bill creates a checkoff box on Mainers' income tax form which allows taxpayers to donate voluntarily. These constituents worked in hunger prevention and knew the best way to distribute funds would be to local food banks and shelters who knew their communities best and could allocate resources appropriately.

I also sponsored a bill that would have extended the statute of limitations for reporting crimes related to sexual assault. Were it not for conversations with members of our community, I would not have known that these unmet needs existed.

In each case, we worked collaboratively to come up with solutions that will have lasting impacts for generations to come. Politics today, and especially on the national level, can seem so divisive and partisan. But we have an opportunity each and every day to engage in meaningful dialogue with one another to address the most pressing challenges right here in our community. In the coming months, I want to provide space for these important conversations so we can begin the necessary work for more community-led policy successes.

To make myself more available to you all for these conversations, Sen. Stacy Brenner, D-Scarborough, and I will begin hosting public office hours beginning this month on Monday, Sept. 20th from 3 to 4 p.m. at the Baxter Memorial Library. We would love to see you there! Please bring your questions, concerns, ideas and passions.



Rep. Maureen "Mo" Terry, D-Gorham, is serving her third term in the Maine House of Representatives. She serves as House Chair of the Taxation Committee. She is a chef and small business owner

with more than 25 years of experience in the food service industry. Contact her at maureen.terry@legislature.maine.gov.

Maine's Monthly Influenza Surveillance

Maine Morbidity Weekly Report, weeks 31-35, ending September 5, 2021 at a glance:

Number of new influenza cases: 20
 Number of new novel influenza A cases: 0
 Most common circulating virus: influenza A/B

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Sen. Brenner, Rep. Terry to Host Public Office Hours in Gorham

Sen. Stacy Brenner, D-Scarborough, and Rep. Maureen "Mo" Terry, D-Gorham, will hold public office hours from 3 to 4 p.m. on Monday, September 20 at Baxter Memorial Library in Gorham.

Office hours provide local residents a chance to meet with their representatives to ask questions and get help with legislative or state government matters. Sen. Brenner and Rep. Terry will give

updates on their work in the Legislature and take questions. Masks are encouraged inside the library.

If you cannot attend the office hours but still wish to connect with Sen. Brenner and Rep. Terry, you can reach Sen. Brenner at (207) 287-1515 or Stacy.Brenner@legislature.maine.gov and Rep. Terry at (207) 287-1430 or Maureen.Terry@legislature.maine.gov.

Sept 25th is National Public Lands Day
 Held each year on the 4th Saturday in September. Entry is free into National Parks.

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Ad deadline is the Wednesday of the week prior to issue date. Go to gorhamtimes.com and click on the advertising link for schedule.

EDITORIAL POLICY

The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

Printing services by Masthead Maine Press, 295 Gannett Drive, South Portland, ME 04106

Advertising

Deadlines

September 22
 October 6
 October 20



Gorham Times congratulates all 33,690 professional truck drivers in Maine who deliver America's freight safely and efficiently every day. They are recognized for all their hard work and dedication especially during the COVID-19 pandemic. Truck drivers stepped up when they were needed most. They have worked tirelessly to keep the economy on track by delivering essential goods to families and to industries as well as making sure that Covid vaccines were at the right place at the right time.

Thank you to the truck Drivers who contribute greatly to our quality of life. They truly help move America forward.

Around Town

Absentee ballots are now available for request for the November 2, 2021 Local Municipal Election and the State Referendum Election. You may request an absentee ballot by visiting <http://www.maine.gov/cgi-bin/online/AbsenteeBallot/index.pl>, or by calling the Town Clerk's office at 222-1670, and one will be sent to you when available.

Chalmers Insurance Group has been named in the annual Best Places to Work in Insurance, which recognizes employers for their outstanding performance in establishing workplaces where employees can thrive, enjoy their work and help their companies grow. Chalmers was chosen based on its strong company culture, its ability to seamlessly transition to remote operations during the early stages of COVID-19, and its growing team of highly motivated co-workers.

The Gorham Tree Festival 2021: Businesses and residents are invited to please take part in the Gorham Village Alliance's 5th Annual Tree Festival. More info will be forthcoming in the Gorham Times, or please feel free to email gorhamtreefestival@gmail.com.

In-Home Senior Services has moved to 7 Railroad Ave, Suite 220 in Station Square, Gorham. To learn more about their services or employment, please visit <https://inhomeseniorservices.com>

The mil rate has increased from 19.00 to 19.40.

So Lucky

Cathy Walter, Staff Writer



Photo credit Stephen Horgan

Martina Milan and Stephen Horgan, the couple who lost the engagement ring.

On August 17, Martina Milan, a dental assistant at Maplewood Dental Arts and resident of Gorham, was struggling in her driveway with groceries and children. Her engagement ring got caught, so she removed it and put it on the hood of her car as she hustled the little ones into the house.

Later that afternoon, she drove off to do more errands, not realizing until she returned that her ring was missing and where she had last seen it. Milan backtracked and searched everywhere for her ring.

After two days, she confessed to her fiancé, Stephen Horgan, a realtor at Pro Edge Realty, how she had lost his gift. Horgan jumped into action and for days searched lawns and roadways all around town. He posted the loss on the Gorham Facebook page where there was an outpouring of sympathy and offers of assistance in their search.

As time ticked on, he knew the odds of finding it were slipping when he saw the Town was mowing the roadside lawn along Milan's traveled path. They were also doing paving work on another stretch.

After a couple of weeks, they both agreed that the ring was lost, and they started planning how to save for a new one. To lighten their spirits, they planned a kid-free weekend vacation in New Hampshire for August 27.

On the 29th, Gorham resident Geoff Allen, member of the Gorham Volunteers in Police Service and a



Photo credit Stephen Horgan

The ring is back where it belongs.

Territory Manager for AT&T, was assigned a shift at the rotary near Moody's Collision on Route 202 to monitor traffic and assist riders as the bike leg of a local triathlon was scheduled to pass thru town.

Standing at his post, a ring caught his eye. "I couldn't imagine how a real diamond ring would end up in the middle of a busy roundabout, so I just put it in my pocket and worked my shift," Allen shared.

When he got home, Allen told the story to his wife, who upon inspection immediately identified the ring as "real" and agreed that they had to get it back to the rightful owner.

As a first step, and a known long-shot, they decided to post on the Gorham Facebook page where they asked if anyone was missing a ring without giving away details to avoid scammers.

Meanwhile, as Horgan and Milan were returning from their weekend of R&R, they were catching up on Facebook and discovered Allen's post. Trying not to let their excitement get the best of them and realizing it could be anyone's ring, within twenty minutes of Allen's original post, Horgan was on the phone with him and sent a photo of the ring for verification.

"As soon as Geoff positively identified the ring as ours, Martina and I

CONTINUED ON PAGE 14

**COVID-19
DRIVE UP
SCREENING**

Given the recent surge in demand for COVID-19 testing, Northern Light Mercy Hospital has increased its COVID-19 testing site options by reopening the drive up testing facility located at the hospital's campus on Fore River Parkway in Portland. The site, which will be open seven days a week from 9 a.m.-1 p.m., will be open to online and telephone scheduling. (1-844-489-1822)

Northern Light Mercy Walk-In Care - Gorham (Daily, 8 a.m. - 8 p.m.)

Northern Light Mercy Walk-In Care - Windham (Daily, 10 a.m. - 3 p.m.)

Respiratory Assessment Clinic - Westbrook (Daily, 8 a.m. - 8 p.m.)

Laboratory testing is offered at the site, including for those with symptoms, suspected exposure, or pre-procedure testing. Please note, this is a self-swab site. If children need testing, parents or guardians will administer the test.

Home Heating Safety

Before the return of the morning chill, it is time to think about heating safety.

Have your heating system(s) serviced. Fires related to heating appliances are second only to cooking. Chimney and vents should be cleaned and examined now while there is still time to make repairs before the heating demand increases.

Make sure to have working smoke detectors. Change the batteries on a regular basis. Nearly 60% of home fire deaths nationwide did not have operational smoke detectors present. Working residential sprinkler systems and interconnected smoke with CO alarms provide the best protection.

Be sure you have a working Carbon Monoxide detector. CO is a colorless and odorless gas. In low to moderate concentrations it causes symptoms similar to the flu but can lead to death when higher concentrations are reached.

Make an escape plan and make sure all family members know and understand it.

This is also the time to clean the lint out of the dryer and vent. Most home clothes dryer fires occur in the fall and winter.

For more information please visit: <https://www.usfa.fema.gov> (U.S. Fire Administration)

<http://cpsc.gov> (Consumer Product Safety Commission)

<https://www.nfpa.org> (National Fire Protection Association) and/or contact the Gorham Fire Department at 222-1660.



Town Council Reporter

Individual would be responsible for covering the Town Council meetings either in person or via Zoom to report out on their discussions.

**Flexible volunteer position.
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Email GorhamTimes@gmail.com or call 207-839-8390 for more information.

RUTH VIRGINIA LINDSEY BURNELL 1923 - 2021

The last page in the long and well-loved book of Ruth Virginia Lindsey Burnell was written on September 1, 2021. She was born on September 3, 1923 to Chester James Lindsey and Annie Osgood Lindsey.

After graduating from Deering High School she attended Gorham Normal School for 2 years then taught at a one room school house in Wells during WWII.

On April 28, 1944 she married the love of her life, Franklin Locke Burnell. Together they had seven children. One died at birth and another passed away as a toddler. The other five boys grew up to become good productive people with healthy and strong families.

After raising her children to school age she finished her degree at Gorham State Teachers College and went on to teach school in both the Scarborough and Gorham school systems where she taught generations of elementary school students to love reading.

After retirement Ruth enjoyed traveling to the lands of Anne Shirley, Odysseus, Henry VIII, and her Scottish Highland heritage. She particularly enjoyed reading and would read almost any book. She had an almost eidetic memory and retained everything she read. When she wasn't reading she enjoyed time with her family and played a mean hand of cribbage.

She was predeceased by three children: Peter, Barry and his unnamed twin sister, and her husband, Franklin. She is survived by four sons; Franklin Jr. and his wife April, Alan and his wife Sharon, David and his wife Eileen, James and his wife Susan, 10 grandchildren and 9 great grandchildren.



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10 Ways to Love Your Brain from the Alzheimer's Association

Growing evidence indicates that people can reduce their risk of cognitive decline by adopting key lifestyle habits. When possible, combine these habits to achieve maximum benefit for the brain and body.

Break a sweat: Engage in regular cardiovascular exercise that elevates your heart rate and increases blood flow to the brain and body. Several studies have found an association between physical activity and reduced risk of cognitive decline.

Hit the books: Formal education in any stage of life will help reduce your risk of cognitive decline and dementia. For example, take a class at a local college, community center or online.

Butt out: Evidence shows that smoking increases risk of cognitive decline. Quitting smoking can reduce that risk to levels comparable to those who have not smoked.

Follow your heart: Risk factors for cardiovascular disease and stroke — obesity, high blood pressure and diabetes — negatively impact your cognitive health. Take care of your heart, and your brain just might follow.

Heads up: Brain injury can raise your risk of cognitive decline and dementia. Wear a seatbelt, use a helmet when playing contact sports or riding a bike, and take steps to prevent falls.

Fuel up right: Eat a healthy and balanced diet that is lower in fat and higher in vegetables and fruit to help reduce the risk of cognitive decline. Although research on diet and cognitive function is limited, certain diets, including Mediterranean and Mediterranean-DASH (Dietary Approaches to Stop Hypertension), may contribute to risk reduction.

Catch some Zzz's: Not getting enough sleep due to conditions like insomnia or sleep apnea may result in problems with memory and thinking.

Take care of your mental health: Some studies link a history of depres-

The Walk to End Alzheimer's Portland Area

Saturday, September 25th

You can join at the local event or just walk in your own neighborhood. All local events will implement CDC safety protocols including distancing and contactless registration. Hand sanitizing stations and masks will be available. All participants should be vaccinated or wear a mask when in a crowded area.

Can't walk? You can still participate by supporting a local walker by going to this website link:
https://act.alz.org/site/SPageServer/?pagename=walk_homepage

sion with increased risk of cognitive decline, so seek medical treatment if you have symptoms of depression, anxiety or other mental health concerns. Also, try to manage stress.

Buddy up: Staying socially engaged may support brain health. Pursue social activities that are meaningful to you. Find ways to be part of your local community — if you love animals, consider volunteering at a local shelter. If you enjoy singing, join a local choir or help at an after-school program. Or volunteer with your local newspaper.

Stump yourself: Challenge and activate your mind. Build a piece of furniture. Complete a jigsaw puzzle. Do something artistic. Play games, such as bridge, that make you think strategically. Challenging your mind may have short and long-term benefits for your brain.

Naturally Effective; The Time has Come for a New Paradigm

Dr. Joseph Kerwin

Chronic disease is responsible for the majority of healthcare costs in America. Caloric excess and a lack of essential nutrients in the diet contribute to global obesity rates, heart disease, diabetes, and premature mortality. Most Americans are overfed and undernourished.

Poor health causes not only physical decline but also mental deterioration, lost productivity, low self-worth, and social isolation, similar to what we have experienced since March 2020. It also causes exponential increases in

personal and societal medical costs. As we see in many of our older adults today, America's health habits often lead to debilitating, incapacitating periods of decline and morbidity in the years prior to death.

We have all heard the phrase "you are what you eat." More specifically, you are what you eat, process, absorb, and fail to eliminate. Food is medicine, and the time has come for physicians and medical institutions to make food a formal part of treatment rather than relying solely on medications. Additionally, it is long overdue for society to address the question of accessibility of healthy, nutritious food for all communities.

Scientists and doctors are beginning to realize that the current American diet that contributes greatly to chronic disease has also resulted in a population less able to deal with the devastating effects of COVID-19. Fortunately, a renaissance of true natural healing is emerging from the depths of despair we have collectively experienced over the last year and a half.

Research on the power of food to treat or reverse disease is accumulating, and a clear picture is emerging: sugar, salt, altered fats, and up

to 50% processed food all contribute to high rates of chronic disease. In light of this, some institutions around the country are beginning to incorporate this "food as medicine" philosophy into their work. At Loma Linda University School of Medicine,

specialized training in Lifestyle Medicine is offered using food to treat disease.

In 2018, the Standard Process Nutrition Innovation Campus opened at the North Carolina Research Center in Kannapolis. It is a place where cor-

porations, universities and health-care organizations forge a public-private partnership that is transforming science at the intersection of human health and nutrition. Their goal is to investigate the role of whole food nutrition and phytonutrients on targeted health conditions, and encourage a shift in American healthcare towards incorporating nutrition therapy.

What we eat can be either medicine or poison, and nutrition is one of the most powerful tools to stop and/or reverse the effects of chronic disease.

If the last 18 months have taught us anything, it is that we have very little control over our exposure to harmful microorganisms in the environment. What we can do is give ourselves a fighting chance through nutrition; As Hippocrates, father of medicine, said, "Let food be your medicine and medicine be your food."

*"The Doctor of the future will give no medicine, but will educate her or his patients in the care of the human frame, in diet and in the cause and prevention of disease."
 (Thomas Edison 1847-1931)*



Dr. Kerwin is a chiropractor and nutritionist who has been practicing and living in Gorham with his wife for 28 years. They have three grown daughters.

ATTENTION READERS:

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Gorham Youth Baseball & Softball Association would like to recognize the major contributors to our Little League Field Funding Campaign.

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Focusing on Greater Portland to the Lakes Region and all points in between

The New Bakery in Town

Cathy Walter, Staff Writer

The sign is up and the doors are open at Nancy Ames' Sullivan House Bakery and Cafe in the heart of Gorham Village. Although they have many delicious baked goods for sale including chocolate chip cookies made with her grandmother's recipe, this isn't your grandma's bakery. The minute the delicious aroma draws you in, you can feel the modern Victorian farmhouse vibe.

From the beautiful Victorian furniture, the unique artwork on the walls and ceilings, to the electric outlets at every table, you are drawn into a clean, warm, welcoming space where you can grab a bite or a beverage and relax with a few friends or plug in your laptop and do some homework. They even have a large table you can reserve for small meetings, and a smattering of bistro tables and chairs outside for dining al fresco.

Sullivan House Bakery and Cafe also has an inspiring mission. One of the bakery's major goals is to give back to the community, beginning with donating a loaf of bread to local nonprofits for every loaf they sell.

In the future they plan to offer internships for local youth to inspire the love of baking and work with the food pantry and the school's backpack program. But the giving has already begun. "Last week we donated 20 loaves to The Inn at Village Square, a non-profit assisted living community in Gorham," Nancy explained.

Nancy, the owner, who was born and raised in New York, has lived all around the globe working predominantly in HR in the insurance industry before landing in Gorham, Maine. In the early nineties she had her first opportunity to follow her dream and took on a part-time internship with a Vermont bakery where she was able to learn not only how to bake but also how to manage a bakery, all while maintaining her day job.

Life got messy, as it does, so her

bakery dreams were put on the back burner for a while. Then, in 2005, when Progressive relocated her to their Portland office, she and her husband and their two children moved to Maine. Her husband, Jim Svendsen, opened The Gorham School of Music, and she eventually worked at UNUM until her job was eliminated in 2019.

But lucky for Gorham residents, as Nancy was driving her cousin to work one day, feeling low about being unemployed, her cousin asked how she was. That simple question triggered an enthusiastic conversation about Nancy's passion to bake. When her cousin asked her why she didn't just open up a bakery, Nancy was inspired and before they got to their final destination she had a whole business plan sketched out.

Another moment of kismet occurred shortly thereafter, when she noticed a building space for lease in the village. After a couple of conversations with the more than amicable landlord, she had found her location, location, location.

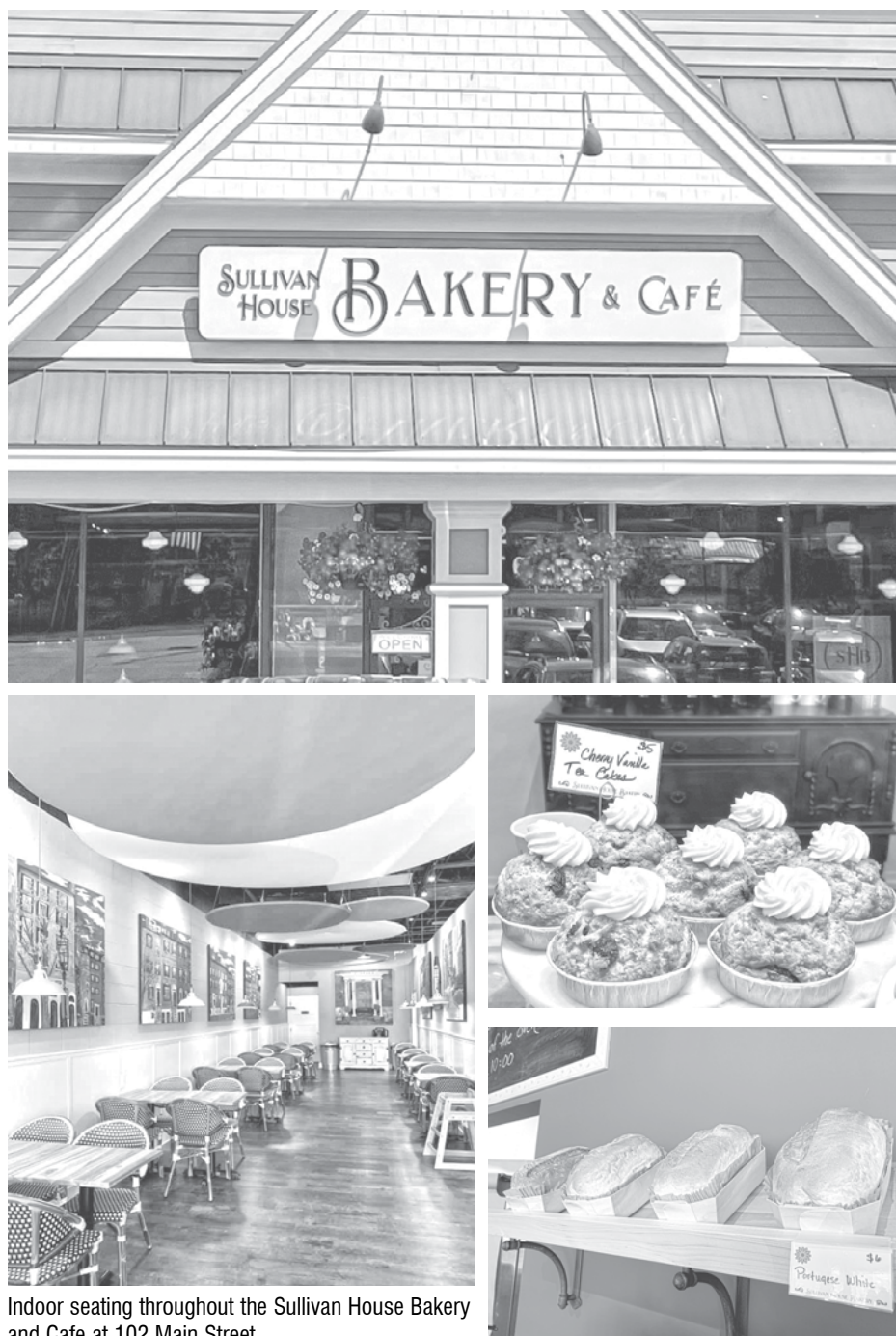
With the tireless help of KG Wentworth, Nancy's right-hand since the bakery's inception and now Business Manager, they converted the former Grit and Grace CrossFit space into a working bakery.

Al MacDonald, a retired local kitchen designer, not only was instrumental in assisting with the design and layout, but also referred Nancy to many other local artisans who helped in a variety of ways.

"I am so humbled by the outpouring of the community assistance I have received at every step of my adventure. This town has been so helpful and I've really found the creative side of myself," Nancy shared.

Gorham's Economic Development Director, Kevin Jensen, assisted with financing via the town's

CONTINUED ON PAGE 14



Indoor seating throughout the Sullivan House Bakery and Cafe at 102 Main Street.

Photo credits Cathy Walter

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Clerk's Corner

Laurie Nordfors

I hope everyone is staying safe and cool this summer. Fall is around the corner and the days are growing shorter. Kids are back to school and with that, I ask you to slow down and stop when you see flashing lights on school busses and at crosswalks. Let's keep our kids safe!

Election Day is Tuesday, November 2, 2021. The Town of Gorham and the Secretary of State's Office still highly recommend absentee voting.

You may request an absentee ballot by calling the Town Clerk's office or visiting the State Election website at <https://www.maine.gov/sos/cec/elec/voter-info/absent.html>. Once the ballots are received, they will be mailed to you, and you can vote in the comfort of your own home.

You can return the ballots by mail (two stamps are required) or drop them off in the ballot drop box at the Municipal Center. Ballots must

be received back in the Town Clerk's Office by 8pm on Election Day.

Voter registration is conducted at the Town Clerk's Office during regular business hours, Monday-Wednesday from 8:00 a.m. – 4:00 p.m., Thursday from 8:00 a.m. – 6:30 p.m. and Friday from 8:00 a.m. – 1:00 p.m. Please be sure to have photo identification and proof of your residence address when registering to vote.

You can register to vote up to and including Election Day in person. If you register by mail, your voter registration card must be received in the Town Clerk's Office by October 13, 2020 to be eligible to Vote in the November Election.

FY22 tax bills will be going out by the end of the month. The current mil rate is \$19.40.

Please do not hesitate to call the Town Clerk's Office at 222-1670 with any questions.

Local Candidates File for Election

Kathy Corbett, Staff Writer

Four people are running for two three-year positions on the Gorham Town Council. Seeking re-election are Lee Pratt and Virginia Wilder-Cross. Also on the ballot are former councilmen Paul Smith and Phil Gagnon. Gagnon currently serves on the School Committee and his term expires in 2022. According to the

Town Charter and state law, were Gagnon to be elected to the Town Council in November, he would need to resign from the School Committee before taking office.

Liesl Turner as well as incumbents Anne Schools and Darryl Wright will be vying for two three-year terms on the School Committee.

Town Council Report 9/7/21

Jacob Adams

Harold Parks, of George Street asked the Council to consider having Public Works remove fall leaves from the George Street cul-de-sac.

Councilor Phillips reported that a "Gorham Cleanup" will take place on October 3 and will focus on the Village and South Street. More information is available on the Conservation Commission and the Village Alliance Facebook page. Phillips reported that the Town Council/School Department Facilities Committee will meet September 14 at 6:30 p.m.

Councilors Kuech and Wilder Cross both attended the MMA Women in Leadership Symposium in Augusta last month. They enjoyed the event and hope to see more women working for municipalities.

Councilor Hager reported that the Finance Committee will meet for their quarterly meeting September 20 at 5:30 p.m.

Chairman Pratt reminded citizens that school is back in session and to please slow down, stop looking at your phones and stop for buses and at crosswalks.

Director of Community Development Tom Poirier remarked that the town-wide revaluation is still going on. Letters have gone out to homeowners to announce that they will be in their area. He reported that speed limit studies are conducted by the DOT, who come out and assess the road in question. He mentioned that the DOT only allows 3 requests per year. The police department cannot enforce a speed limit unless that speed limit is set by the DOT.

Town Council issued a Medical Use Marijuana License to Nicholas Wilson, Forest City Organics, located at 11 Gorham Industrial Parkway. The

property is owned by Jack McNerny. (7 years)

A Medical Use Marijuana License was also issued to Robert Derrey, Alternative Relief, located at 17 Industrial Parkway, Unit A. Property is owned by Dave Cowan. (7 years)

Town Council chose to amend the Town's General Assistance Ordinance by updating the maximum levels of assistance as required by the State. (7 years)

The Town Clerk was authorized to issue the warrant for the November 2, 2021 Annual Municipal Election. Polls will be open from 7:00 a.m. until 8:00 p.m.

The following residents were appointed for the below voting districts: District 1-1 – Susan Emerson, Warden and Laurel Smith, Ward Clerk

District 1-2 – Katherine Corbett, Warden and Cornelia Loughran, Ward Clerk
District 2 – Martha Towle, Warden and Nancy Kenty, Ward Clerk
Central – Paula Nystrom, Warden and Nanette Belanger, Ward Clerk

The Registrar of Voters will be in session during the following times:

Tuesday, October 26, 2021 - 8:00 a.m. to 4:00 p.m.

Wednesday, October 27, 2021 - 8:00 a.m. to 4:00 p.m.


Thursday October 28, 2021 - 8:00 a.m. to 7:00 p.m.

Friday October 29, 2021 - 8:00 a.m. and 1:00 p.m.


Monday November 1, 2021 - 8:00 a.m. and 4:00 p.m.

The Town Clerk is authorized to process absentee ballots between Tuesday, October 26 and Tuesday, November 2 starting at 10:00 a.m. each day. (7 years)

CONTINUED ON PAGE 14




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Jennifer Danley, DPT

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www.holisticpathways.com



Top picture: The beginning of the race. Middle Left: First and second place winners. Middle Right: The Gorham VFW Memorial Post 10879 held a remembrance ceremony. Bottom Right: Gorham resident Betty Rines had a busy September 11th. She played the National Anthem and Taps on her trumpet as part of the VFW's September 11th remembrance ceremony. Then she changed into her running outfit and ran in the Stephen Ward Memorial race.

Photo credits Roger Marchand

SCHOOL

School Committee Report

9/8/21

Kathy Corbett, Staff Writer

At the September 8 regular meeting of the School Committee, Superintendent Heather Perry gave a COVID-19 update and reviewed implementation of rules mandated by the state Departments of Education and Health and Human Services (DHHS).

Vaccination rates tabulated by zip-code on the DHHS website show that between 80% and 84% of eligible children in Gorham have been vaccinated. Although the CDC has classified Gorham High School (GHS) as an outbreak school, Perry said that the three identified cases appear to be from community spread and not from within the school.

Perry said that the district is considering pool testing, but since masking, distancing, and improved cafeteria ventilation is working that may not be advisable. Current safety and quarantine procedures can be found by accessing the COVID tab on the Gorham Schools website.

Parents of only two K-5 students chose to have their children learn remotely, but enrollment is down slightly from expected and stands at 2750 students in the district's five schools. Committee members Darryl Wright and Phil Gagnon expressed concern that lower numbers at Narragansett have made class sizes less equal in the three elementary schools.

All committee members thanked

district personnel for their extraordinary efforts to get the schools ready to open, a particularly challenging job since desks and other equipment had been stored during last school year.

Stewart McCallister commended Gorham Middle School (GMS) alternate education students and staff for their successful garden that produced 1,418 pounds of vegetables for the Gorham Food Pantry.

It was announced that the new GMS fitness center opening ceremony will be October 4, with Governor Janet Mills attending.

Kathy Hamblen, Director of Special Services, reviewed their summer programs. The ESY program, a six-week summer session, enrolled 93 students and 86 participated which was an increase over last year. Only half of the 41 students enrolled in the Covid Impact Program participated, which Hamblen attributed partly to parent and student burnout from last year's hybrid and remote learning.

Kim Flanigan reported on the three-week session which focused on social and emotional learning along with math and reading classes in the morning with recreational activities in the afternoon. Although fewer signed up than were expected, average attendance was 88%, which Flanigan attributed to creative teachers and to

CONTINUED ON PAGE 14

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It's Back to School Time

The Gorham Times would like to thank you all for sharing these photos of your amazing students. We wish all students, teachers, and parents a fabulous school year.

1. Atlas, 4, on his first day of attending the Pre-K classroom at Gorham Arts Alliance. *Photo Credit: Kerry Constantino*



2. Zelda, 6, on her first day of first grade at Village Elementary. *Photo Credit: Kerry Constantino*



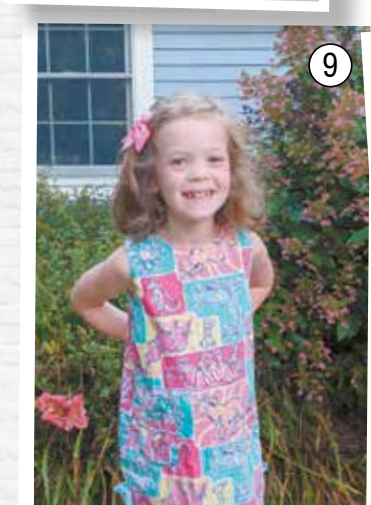
3. Emilee Hamblen age 9, 4th grade at Narragansett School, Madison Philbrick age 17, senior at GHS. *Photo Credit: Karen Hamblen*

4. Ava Scott (5th grade) Christopher Scott (4th grade) at Narragansett Elementary. *Photo Credit: Michael Scott*

5. Bree and Gage Beaulieu (twins), first day of Gorham High School (9th grade). *Photo Credit: Monique Beaulieu*

6. Piper O'Keefe Narragansett Elementary - Grade 4. *Photo Credit: None*

7. Avery is so excited to start First Grade at Great Falls Elementary! *Photo Credit: The Crossman Family*



8. Katrice Morgan, freshman. *Photo Credit: Sherry King*

9. Monica Sprague, grade 2, Village Elementary School. *Photo Credit: Martha Sprague*

10. Narragansett Kindergarten student Luke Davenport at Wagner Farm bus stop with his grandmother Shirley Stairs. *Photo Credit: Andrea Stairs*

11. Five Narragansett Kindergarten students from Wagner Farm Road: Jack Voisine, Joey Allen, Leo Swann, Harper Halligan, Luke Davenport. *Photo Credit: Andrea Stairs*

JUICY TIMES AHEAD

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Back to School!

12. Eva Wandell 7th grade, Rose Wandell 8th grade with Duke, the best dog in the world. Photo Credit: Shannin Wandell

13. Jazmyn King, 5th grade Great Falls. Photo Credit: Sherry King

14. Carter Sprague 5th grade at Narragansett, and Jack Sprague 3rd grade at Narragansett, and Louise Cheese. Photo Credit: Jamie Sprague

15. Quentin Riiska is off to senior year at GHS. Photo Credit: Scott Riiska

16. Madison Brown celebrates his first day of school at the University of Maine Farmington where he studies Secondary Education and Mathematics. Photo Credit: Melissa Brown

17. Ben Brown, 8th grade at Gorham Middle School, waits for the bus with his dad Cade Brown. Photo Credit: Melissa Brown

18. Happy First Day to this 6th Grader! Photo Credit: Keva Eaton Crockett

19. Jonah Paul, 2nd grader at Great Falls Elementary School, boards the bus for the first time in over a year. Photo Credit: Christie Paul

20. Photo Credit: Shanna Webster

21. 1st day of 10th grade, Arianna Morse. Go Rams Class of 2024! Photo Credit: Lori Perez-Morse

22. Jayne Rowles, Age 9, 4th Grade at Narragansett. Photo Credit: Leisha Rowles

23. Autumn, GMS 8th grade. Photo Credit: Esther Morin Booth



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taste of apple
peel..."
— John Updike,
September

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Fall Sports Preview

Katie Brown, Sports Editor

Photo credits Amanda Landry Photography



Pictured Top Left: Senior Boys and Girls Soccer; Pictured Middle Left: Golf team seniors; Pictured Bottom Left: Girls Volleyball; Pictured Top Right: Field hockey seniors; Pictured Bottom Right: Football team seniors.

CONTINUED ON NEXT PAGE

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Photo credit Amanda Landry Photography

FIELD HOCKEY:

Last season ended strongly after having an irregular season and no playoffs due to COVID-19. The team finished on a high note beating Windham 6-1 in their final game of the season. The Rams are led by Tri-Captains Alyvia Caruso, Sydney Connolly, and Maeve Donnelly and have 10 returning seniors.

Key athletes to watch are Alyvia Caruso (Sr), Sydney Connolly (Sr) Maddie Hatch (Sr), Maeve Donnelly (Jr.), Hannah Bickford (So), Brooke Farquhar (So).

Coach Becky Manson shared, "The team is looking to go deep into playoffs, with great leadership, speed, depth, and communication." Key matchups for the Rams will be Scarborough, TA, Cheverus, Sanford, Massabesic, Biddeford.

FOOTBALL:

Last fall, the Gorham Football team completed a 7-7 season and are looking forward to getting back to tackle football this year. Coach Sam Morrison shared, "This season we will have 17 seniors who should make an impact all over the field."

The Teams' Captains are #5 Elijah Wyatt, #10 Charlie Gay, #41 Quentin Riiska, and #56 Shawn McKeage.

Coach also noted, he expects to get contributions from a range of players including Aidan Farley, Nate Corey, Landon Bickford, Kyle Skolfield, Dan McKeage, and Cody Sellick.

The Rams start the season on the road against Falmouth and Noble, and the team's first home game will be against Marshwood. Coach Morrison emphasized, "Those are 3 key games as we hope to start strong and make a push to the playoffs in those remaining 5 games."



Photo credit Beth Orlando

Girls' Soccer with their first win over Falmouth 4-1.

GIRLS' SOCCER:

Coach Jeanne Zarrilli shared, "Gorham Girls' soccer has 15 seniors who have played together forever."

Maddie Michaud will play the mid-field/forward position, Brylee Bishop will play the midfield and Lexi Waterman & Erin Castonguay will anchor the backfield. Allie Myles will also split time in the back and midfield (all seniors).

Coach Zarrilli noted, "We are still working out the kinks but we should compete against the most challenging opponents who will be Falmouth, Cheverus, Scarborough, and Windham."

BOYS' SOCCER:

Last season ended with 8 wins, 0 losses, and 2 ties during a COVID-shortened season. The season ended with a victory over defending state champion Falmouth, in penalty kicks on the final day, said Coach Nick Viola.

Returning Senior Leaders Colin Albert, Andrew Farr, Josiah Irish, Curran Bassingthwaite, Kyle Landry, Alden Dimick, Connor Callahan, Asa Farley, John Sutton, Will Perry are all key contributors to a successful season.

Coach Nick Viola said this season he expects his team to play to a standard of excellence, all the time, regardless of who they will be facing.

CROSS COUNTRY GIRLS'/BOYS':

Last season both the Girls' and Boys' teams qualified for the state championship but that meet was canceled because of a spike in COVID-19 cases.

Key runners to watch on the Girls' team are Elisabeth Loranger; junior,

Rachel Cummings; sophomore, Rita Cummings; senior, Anna Nelson.

Key runners to watch on the Boys' team are senior, Calvin Cummings; junior, Lucien Beardsley; sophomore, Cruise LaBrie.

Coach Jason Tanguay said, on the Girl's team, "we return four runners from our top seven. This puts us in a good position to be competitive again this season. The Boys' team has three runners from the top seven returning so they have a couple more spots to fill."

Coach added that he is excited to see what the team can accomplish this fall as many of the runners have put in some consistent training this summer.

The big meets for the Cross Country teams include the Southern Maine Classic, Festival of Champions, and the Regional Championships in late October.

VOLLEYBALL:

Coach Emma Tirrell said, last season ended well for Gorham volleyball. "We had a strong, winning season, but didn't have the opportunity for playoffs."

There are nine seniors returning this year: Ellie Perry, Ainsley Christianson, Megan Young, Sadie Dyer, Kate Dupuis, Anya Mazaris-Atkinson, Drew Baber, Isabella Morrell, Sophia Michaud. Coach Tirrell shared, "They're all awesome."

Players to watch are seniors Ellie Perry and Ainsley Christianson, accompanied by sophomore Amber Bretton.

Coach Tirrell emphasized, "We expect to grow underclassmen while letting upperclassmen fight for a deep playoff run. We have a good schedule of difficult opponents and are optimistic to fight for



Photo credit Amanda Landry Photography

wins." This year's challenging opponents will be Biddeford and Scarborough.

GOLF:

The Golf Team was able to sneak in 5 "tri-matches" during the shortened season and was the only sport that was able to complete a State Championship.

Coach Scott Nevers shared, "The team played well during the championship with tough conditions but wasn't able to walk away with the state trophy. We're hoping all the experiences from last season will help us out in 2021."

There are 7 Seniors competing this fall, including Bryce Lumbert, Sam Farr, Lucas Castles, Jacob Graham, Dylan Morrell, Nicole Walker and Hunter Pelletier. Players to keep an eye on are Bryce Lumbert, Sam Farr, Quinn Dillon and Lucas Castles.

"We expect to be a really strong and deep team this year," said Coach Scott Nevers. "We will compete in all our matches and look to build confidence and consistency for the State Championship at Natanis Golf Course."

The toughest competition the golf team will face are Greely and Thornton Academy.

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Trevor Krouse, with TK Racing, wins at Beech Ridge Motor Speedway. After winning his heat, he rolled the dice for the invert and rolled a seven. Starting mid-packed, he worked his way to the front and never looked back. This is his second win of the season.



The Men's USM Hockey Team car wash at Carter's. Their game schedule is available online, and they would love to increase attendance.

CROSS COUNTRY BOYS' HIGHLIGHTS: Coach Jason Tanguay announced: "A big shout-out to Calvin Cummings for running the fastest 5K a GHS runner has achieved (at least as far as I can find in my records). Calvin ran a 15:57 for the 5K in our winning meet at Kennebunk! A great way to open the 5k season for this senior! Be sure to follow how the rest of his season unfolds."



SCHOOL LAUGHS

What kind of school do you go to if you're...

- ...a giant? *High school.*
- ...a surfer? *Boarding school.*
- ...King Arthur? *Knight school.*

What's the difference between a teacher and a train?

A teacher says, "Spit out that gum!" and a train says, "Chew! Chew!"

Do you know how bees get to school?
On the school buzz!

Why do math books always look so sad?
They are full of problems.

How does a science teacher freshen their breath?
With experi-mints!

Gorham Sports Has a New Email

Please send sports related story ideas to our new sports email address, sports@gorhamtimes.com. We want to feature YOU!

Since You Asked...

Dear Since You Asked,

My dad and step-mom want to visit me later this Fall. I am still recovering from their visit in Nov 2019! The minute my step-mom came into my house, she said, "Ugh! I could never live like this!" I would love for my dad to visit, but they don't go anywhere without each other. I end up feeling bad about myself, and her own son won't even speak to her. How do I change my perspective on how she makes me feel about myself?

Desperate

Dear Desperate,

You are asking the right question: changing your perspective is doable; changing your stepmom is not. Poor woman, she is doing the best she can, as we all are. Can you imagine what a miserable pickle it must be to have her son not want to talk to her? Your dad may be a saint, but most likely he gets some positive things from their relationship. Can you give her points for making your dad happy? That may be enough. If she does change, it will only be on her own time. The old joke in my field is, "How many psychiatrists does it take to change a light-bulb?" Answer: Just one. But the lightbulb has to want to change.

Please send your questions to gorhamtimes@gmail.com. Patrice Lockhart, MD, has been a Gorham resident for over 20 years. She has raised 3 marvelously well-adjusted adult children, and has a dog named Judy.



Julie Chandler



Mike Griffin



Peter Mason



Benjamin Taylor

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LEWISTON \$229,900 - This turn of the century New Englander home has updated systems of plumbing, electrical, FHW boiler, Pella windows, 30 yr architectural shingles, newer kitchen, 2 baths, HW floors, oversized 1-car garage.



LIMITON \$249,900 - The 24x40 floor plan offers 3 BRs, 1 bath, kitchen open to living room & dining area on a private 7.1 acre lot. Freshly painted throughout, new carpet & new stainless-steel appliances.



271 Rocky Dundee Rd \$385,000 1986sqft full dormered sunlit cape in Buxton. A secluded 5.5 acre lot offers all the privacy one could ever want. This gorgeous kitchen was recently renovated with new cabinets, granite counters, fixtures and wood floors.



BIDDEFORD \$309,900 - What a great location to call home! Bring your sweat equity & bring this 4BR/2bath property back to life. Spacious layout & lots of potential. Close to town, but with a rural feel.



58 Patio Park \$110,000 - Well kept 14x70 mobile. Spacious appliance kitchen, dining area, large living room, master BR w/ bath, additional bedroom & full bath, laundry area & more. Excellent 55+ community with clubhouse.



738 Long Plains Rd \$332,450 Brand new 28x40 home in Buxton. Features a desirable open floor plan w/cathedral ceilings over the kitchen, dining & living rooms. Luxury laminate flooring in the main living areas.



GORHAM \$485,000 - 48.43 acres consisting of a majority of open farm fields with some wooded areas. Only 2.5 miles to downtown Gorham. This parcel is in the process of being re-zoned under Gorham's Village Expansion Zone.



GORHAM \$299,000 - 4BR / 2bath home in the Village. Many updates, new boiler, new windows & a freshly painted exterior. Large backyard. Wood stove in the kitchen, metal roof, wood & tile flrs & attached barn.



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OF INTEREST

Honoring the memory of David Michael Quintal "Q" and his contributions to the Gorham community, especially with regards to softball, the Q Memorial Scholarship will be awarded annually to a GHS senior who play softball or baseball, beginning with 2022. An inaugural event to benefit the scholarship will include a blood drive on Thursday, September 30, a golf tournament on Friday, October 1, a block party on Saturday, October 2, and a silent auction. Auction items are needed on or before Wednesday, September 22. Several sponsorship opportunities are available for the blood drive and the golf tournament, and there are many other ways to contribute. FMI, email qmemorialsponsors@gmail.com or contact Sunny Quintal at (207) 615-5626.

The Gorham Lions Club will begin meeting again on Tuesday, September 28 at 6 p.m. at the Old Elmwood School House at 414 South Street. Regular dinner meetings are the 2nd and 4th Tuesday of each month. New members are always welcome. FMI 929-9182.

Veterans of Foreign Wars, Gorham Memorial Post 10879 is now accepting entries for Patriot's Pen and Voice of Democracy Essay Contests. The next meeting is on Oct 12 at 5:30 pm in the Gorham Fire Department Training Room, 270 Main Street. FMI and contest entries email vwfpost10879@gmail.com.

The Bridges of Friendship Exhibit is made of sixty photos from Archangel, Russia, and thirty from Maine. A reception is planned for Thursday, September 16 where you can see the exhibit and learn about Russia. Access the exhibit online at portlandcameraclub.org/Portland-archangel-exhibit.html. More information about the Archangel Committee can be found at archangelportland.org. Thanks to Baxter Memorial Library for hosting the exhibit in September and October. FMI, Dan Glover, Archangel Committee, 854-1466.

The Gorham Recreation Department offers a variety of recreation opportunities for all ages, all seasons. Check the website often to see what programs, events and activities are being offered. If you have questions or need assistance with the online registration contact 222-1630. Subscribe for a variety of Gorham Town Alerts by email at Gorham-me.org/subscribe.

The Gorham Food Pantry has served the needs of the hungry in Gorham for over 25 years. The Pantry was founded and is sustained by the efforts of many local churches, schools, businesses, generous donors and hundreds of active volunteers. Will you join with these other heroes to help support the Pantry? Located at 299-B Main Street next to St. Anne's Church, the Pantry's hours are Thursday mornings from 10 a.m. to 12 p.m.

The UMaine Extension is offering a new food preserving workshop for the fall, with topics including canning basics, pressure canning and fermenting, and more. Registration is required. Some dates are in various locations around the state, and some are virtual online. Visit extension.umaine.edu for more information.

COMMUNITY HEALTH NOTES

Thanks to volunteers, the Gorham Medical Closet is operating at the Municipal Center, 75 South Street. The Closet is free and available to Gorham residents in need of wheelchairs, shower seats, commodes, walkers, canes, crutches and more. Hours are by appointment only with one of the volunteers. If you don't reach a volunteer, leave a message and they will return your call. FMI, call Gerry Day at 839-3859.

Maine's monthly influenza surveillance report can be found online at the Maine Department of Health & Human Services website. As a reminder, influenza can still circulate during the summer months. If you have any questions, please feel free to reach out to influenza.dhhs@maine.gov.

GorhamTimes

School News Editor

Flexible Schedule of 6-8 hours per Edition
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The Gorham Times is seeking a School News Editor to collect, edit, and write about Gorham students K-12 and their happenings during and after school.

This is a great opportunity to learn more about Gorham schools and its students and connect with administration and staff.

For more information email GorhamTimes@gmail.com.

NEWS

LIBRARY NOTES

The North Gorham Public Library, serving Gorham and Standish since 1897, is located next to the fire barn at the corner of Standish Neck Road and North Gorham Road. The library serves the surrounding community with a focus on fiction for adults and children, although most any book is available through inter-library loan. The library has WiFi service and computers for patron use. The library is open on Mondays from 3 – 5:30 p.m., Wednesdays from 6 – 8 p.m., and Saturdays from 10 a.m. to 1 p.m. Home Delivery and contact less parking lot pickup is also available. Visit on the web at north-gorham.lib.me.us, and on Facebook at facebook.com/northgorhampubliclibrary/.

The Baxter Memorial Library invites you to participate in upcoming events. On Thursday, September 16 from 10 – 11 a.m. the Book Club discusses "Circling the Sun" by Paula McLain (on the lawn, inside or virtual). On Thursday, September 30, the book will be "The Vanishing half" by Brit Bennett. Join the youth staff for September Story Adventures: on Tuesdays from 10 a.m. to 10:30 a.m. with Ms. Heidi and Mr. Jeff for 3-5 years old; Wednesdays, from 9:30 – 10 a.m. with Ms. Dani for birth to 3 years old. These events are all scheduled for the lawn. In case of inclement weather, youth events will be cancelled, and book club events will be held in meeting rooms if COVID restrictions allow, or via Zoom. FMI, visit the Library at 71 South Street, or the website at baxterlibrary.org, or call 222-1190.

USM NOTES

The USM Art Department welcomes Kat Zagaria Buckley as the Department's new director of art exhibitions and outreach. Kat will be curating and developing interdisciplinary and diverse educational programming and outreach and will be transitioning to a year-round schedule for the gallery. Kat will also sit on the planning committee for the new Center for the Arts planned for the Portland campus. This season's first exhibit on the Gorham campus will be CALL / RESPONSE: Hannah Barnes and Susan Klein. This improvisational collaboration of friendship and exchange is based on abstraction and process-making. The exhibit runs from October 14 to December 8. FMI, usm.maine.edu/gallery.

The USM School of Music is excited to be back on the public stage at Corthell Concert Hall! Upcoming performances include a Musical Theatre Showcase: "I Know What You Did Last Summer!" featuring students of Ed Reichert. The live performance takes place on Sunday, September 19 at 2 p.m. "La Voix Humaine" featuring Malinda Haslett, soprano and Scott Wheatley, piano opens the Faculty Concert Series on Friday, September 24 at 8 p.m., "Music for Two Pianos and Percussion" featuring guest artists Perry, Walsh, Means and Williams takes place on Sunday, September 26 at 2 p.m. On September 30 at 8 p.m., celebrate Hispanic Heritage month with a concert presented live and virtually featuring music by Latinx composers, faculty members, and students. A pre-concert lecture will be given by Michelle Vazquez Jacobus, professor sociology. Live and virtual tickets for all performances range from \$10-\$15. Masks and proof of vaccination or recent (72 hours) verified negative test result. FMI, usm.maine.edu/music/events, 780-5555, martin.lawson@maine.edu.



BAKE SALE

West Gorham Union Church

Saturday, Sept. 18th
9 a.m. to 3 p.m.
190 Ossipee Trail
Gorham

Homemade pies, cookies,
brownies, sweet breads,
bars, and whoopie pies.
Jams, jellies, pickles and more!

Available from our supper menu:
Containers of baked beans,
clam casseroles and taffy apple salad.

Also selling our RADA knives

So Lucky CONTINUED FROM PAGE 3

were both in tears. So happy to get the ring back and so grateful that the person who found it was such a Good Samaritan," Horgan gushed.

Addresses were shared, and Milan and Horgan were headed straight to Allen's to pick up the ring. Within an hour, Milan had the ring back on her finger.

Horgan was so grateful he tried to pay Allen a reward, but Allen would have none of that. "In a Facebook post later that day I did jokingly ask Stephen if this meant I would get an invite to the wedding, and Stephen quickly assured me he'd love to have us," Allen said.

"We are so grateful for the Gorham Facebook page and all of the people who offered their support and kind words," Horgan said in closing. "I sent Geoff a gift card to thank him, but nothing can repay him for the peace and happiness he brought to our family."

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New Bakery CONTINUED FROM PAGE 5

Revolving Loan Fund and also introduced her to other available resources. Cindy Thompson of Transformit and local artist who has worked for Disney and MGM, created unique fabric sculptures that are suspended from the ceiling, which are both noise canceling as well as beautiful.

Another local artist, Sarah Coughlin, painted the bakery's namesake, the Sullivan House on Beacon Street in Boston, on large canvases where they proudly hang on the wall for all to enjoy.

And yet another amazing stroke of luck occurred when out of the blue Kristen Tonkonow, a graduate in Pastry Arts from the French Culinary Institute, applied for a job and is now creating a wide variety of culinary delights at the bakery to tempt your taste buds. "I really believe when you put your intent out there with goodwill and passion what you need will come to you. And it certainly has," Nancy said with a smile.

Initially the Sullivan House Bakery and Cafe will be open 8 to 12 daily and a plan to expand both their menu and their hours from 7 to 4 daily, with the addition of salads, soups and sandwiches for lunch options.

If you are looking for delicious unique baked goods or a new place to enjoy a cup of coffee or tea, drop by 102 Main Street to enjoy the ambiance, learn the origin story of the Sullivan house name, and perhaps buy a loaf of bread on your way out to help those in need.

Check out their Facebook page @sullivanhousegorham for more updates and information.

Town Council Report CONTINUED FROM PAGE 6

Town Council approved all qualifying applications from the Senior Property Tax Relief Program as reviewed and recommended by staff. (7 yeas)

Jodie Keene's resignation from the Conservation Commission was accepted, and she was thanked for her years of service. (7 yeas)

Amendments to the Land Use and Development Code were sent to the Ordinance Committee for their review and recommendation. The amendments would allow for a refund of Zoning Board of Appeals application fees when a determination of the Code Enforcement Officer is overturned by the ZBA. (7 yeas)

Town Council authorized staff to research and apply for funding that would benefit local agricultural businesses through the advancement and/

or construction of a facility that could be used for local farmers markets and other local events. (7 yeas)

Amendments to the Land Use and Development Code were sent to the Ordinance Committee. These amendments would adopt the South Gorham Crossroads District and South Gorham Corridor Commercial District as identified by the Town's Comprehensive Plan. (7 yeas)

Town Council requested that the Ordinance Committee provide recommendations and review of examining performance standards for multi-family housing to promote effective multi-family development in the Town of Gorham. (7 yeas)

Full meeting minutes can be found online at www.gorham-me.org/node/49/agenda/2021

School Committee Report CONTINUED FROM PAGE 7

the Recreation Department's popular outdoor activities. More than 80% of students showed either growth or maintenance of skills in areas taught and many formed new friendships.

Principals of all five schools reported successful opening days and welcoming activities. They all commented on the excitement students exhibited over returning to school five days and, as one student said, "It felt like almost normal."

Traffic between parents dropping off kids and busses coming and going is causing congestion at some schools which the administration is working to modify.

Efforts to provide outdoor lunch space is helping to meet COVID-19 cafeteria requirements while the weather permits.

Norm Justice, Director of Facilities, reported on summer projects which


in addition to moving equipment and furniture included getting the six new modular classrooms ready at Narragansett School and improving sidewalks and access areas. Village School got new exterior doors and sidewalks were replaced at GMS. At GHS portable ramps were replaced and the field lighting project is well underway despite material shortages. Justice also made his usual plea for bus drivers, but announced three new hires.

School Committee members voted (7-0) to approve the Superintendent's 2021-22 Goals, the FY23 Budget Timeline, and 2021-22 Meeting Schedule. They voted unanimously to approve the creation of a Capital Reserve Account, to appoint Anne Schools as Maine School Board Association delegate, and to appoint four coaches for fall sports.

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the *Courtesy of the Gorham Police Department*
blotter

Caller wanted to speak with any officer who might be interested in paranormal activity and/or psychic abilities. She did not need law enforcement assistance.

Man was in a Main St. parking lot trying to access his bank account. He was almost out of gas and needed to get home out of state. Officer paid for some fuel for him and sent him on his way.

Officer provided a ride to a highly intoxicated man on Ossipee Trail who was attempting to walk to Farrington Rd. He was cooperative and thankful. His wife was home when they arrived, and there were no underlying issues.

State St. caller reported being bitten by a chipmunk she found in her vehicle. While attempting to pick it up, it got free and bit her hand. She needed help capturing the chipmunk for testing purposes. Officer picked up the chipmunk and placed it in a shoebox. Warden Service advised that chipmunks are not normally carriers of rabies and that it was probably just being defensive. Testing was not deemed to be necessary.

Dingley Springs Rd. caller wanted to know if he had a suspended license. He did.

Flaggy Meadow Rd. caller reported a dog barking. Officer spoke with the owner who said that the dog jumps over the fence so she has been tying him up and he doesn't like it.

Caller wanted to report that the person who hit his car two days ago is not going to pay for damages. Originally the man had agreed to pay but has changed his mind. Caller was advised that police do not take delayed reports. He was not pleased with that response and was going to call South Portland and see what they had to say.

Middle Jam Rd. caller reported a residential burglary with unlawful entry.

South St. caller was having issues with neighbor's camera pointing toward her yard. It is obvious that the camera is pointing toward their yard but no laws have been broken at this time.

Strawberry Ln. caller had questions in reference to hunting in the South St. area.

Sebago Lake Rd. caller had questions about a Protection from Abuse order and was wondering if she could contact the defendant as she wanted him to remove items from her residence. She was advised she was allowed to contact him, and it would not be a violation of the order.

Officer observed camper set up in the Park & Ride with a generator running to provide power to the camper. Man was planning on staying for a couple of days. He was advised he could not camp there and had to leave.

CALENDAR

WEDNESDAY, SEPTEMBER 15

Baxter Memorial Library
 Celebrate International Dot Day together! Baxterlibrary.org. 222-1190
 September Story Adventures for birth-3yrs, on the lawn, 9:30-10 a.m.

THURSDAY, SEPTEMBER 16

Baxter Memorial Library, Book Club discussion, "Circling the Sun," 10 a.m. on the lawn.
 Portland Camera Club "Bridges of Friendship" exhibit opening reception at Baxter Memorial Library, FMI 854-1466.

SUNDAY, SEPTEMBER 19

USM School of Music, Musical Theatre Showcase, 2 p.m., usm.maine.edu/music, 780-5555.

TUESDAY, SEPTEMBER 21

Baxter Memorial Library, September Story Adventures for 3-5yrs, on the lawn, 10-10:30 a.m.

WEDNESDAY, SEPTEMBER 22

Baxter Memorial Library, September Story Adventures for birth-3yrs, on the lawn, 9:30-10 a.m.

FRIDAY, SEPTEMBER 24

USM School of Music Faculty Concert Series: "La Voix Humaine," 8 p.m., 780-5555.

SUNDAY, SEPTEMBER 26

USM School of Music, guest artist performance, "Music for Two Pianos and Percussion." 2 p.m., 780-5555.

TUESDAY, SEPTEMBER 28

Baxter Memorial Library, September Story Adventures for 3-5yrs, on the lawn, 10-10:30 a.m.
 Gorham Lions Club meeting, 6 p.m., Old Elmwood Schoolhouse, 414 South Street.

WEDNESDAY, SEPTEMBER 29

Baxter Memorial Library, September Story Adventures for birth-3yrs, on the lawn, 9:30-10 a.m.

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YARD SALE

Large Neighborhood Yard Sale in Pheasant Knoll off of 114 just outside the village heading toward Sebago Lake. September 18th 9 a.m. to 1 p.m. (Rain Date is September 19th).

Restaurant Hours

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11 am to 10 pm

Fri & Sat:
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| 65 OLDE CANAL WAY | NICHOLS HOLDINGS, LLC | INDIAN CREEK INVESTMENTS GP | \$399,000 |
| 86 SPILLER ROAD | SPILLER, DUSTIN | CATUGGIO, JOSEPH JR. & DIANE | \$260,000 |
| 239 COUNTY ROAD | CHICOINE, RYAN & WILLIAM | WARDWELL, ANDREA & NATHAN | \$300,000 |
| 237 NARRAGANSETT STREET | BUTTARAZZI, COLIN & MEGAN | NICHOLSON, RHONDA | \$325,000 |
| 19 FAE LANE | CLARK, HARLEY & LAVONNE | PLOWMAN DEVELOPMENT GROUP | \$527,302 |
| 38 ALLISON LLC | 38 ALLISON LANE | NETTI, CHRISTOPHER | \$250,000 |
| TANNERY BROOK LOT 6 | MCDERMOTT, RICHARD & MICHELLE | ROBIE HOLDINGS, LLC | \$125,000 |
| 24 SCHOOL STREET | RBK HOLDINGS, LLC | 24 SCHOOL STREET, LLC | \$554,325 |
| 63 GARDEN AVENUE | ANDERSON, DEBORAH | DUCA, RACHEL | \$382,000 |
| 55 TWILIGHT LANE | NEWELL, MELISSA | HOME CONSTRUCTION & FINANCE LLC | \$156,000 |
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