

Gorham Times

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Kyle Bailey Resigns, Jim Boyle Announces Candidacy

Gorham Times Staff



Photo credit Kyle Bailey

KYLE BAILEY



Photo credit Jim Boyle

JIM BOYLE

State Representative Kyle Bailey has announced his resignation from House District 27, which includes part of Gorham, effective October 15, 2021. A special election is expected to take place sometime in the next few months.

"Serving the citizens of Gorham and Scarborough in the Maine House of Representatives for the past year has been the privilege of a lifetime, and I am incredibly grateful to have had this opportunity," said Bailey. "Due to an exciting professional opportunity that has arisen recently, I am unable to complete my full term as State Representative."

Former State Senator Jim Boyle, a Democrat from Gorham, has announced his candidacy for the expected special election in House District 27. Boyle served as State Senator from Gorham from 2012 through 2014 and owns and operates a successful environmental consulting firm based in Gorham, where he works with Maine companies to protect the state's natural resources.

"I'm sorry to see Kyle leave office early and I want to extend my gratitude for his public service. I'm excited for the opportunity to serve the people of Gorham and Scarborough once again," said Boyle. "Serving in the State Senate was an honor, and I would be humbled to be nominated to run to serve our communities again."

When there is a vacancy in the office of Representative to the Legislature, the municipal officers of any municipality affected by the vacancy may inform the Governor if there is a need to fill the vacancy before the next general election, and the Governor shall issue a proclamation declaring the vacancy and ordering a special election under section 366.

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Accident at Angelo's Pizza on Lower Main Street



Photo credit George Vercelli

On October 20, a woman who had picked up her order from Angelo's Pizza inadvertently hit the gas while the vehicle was in reverse and backed through the storefront. The car narrowly missed a group of eight at a table near the window and caused substantial damage to the building. No charges are anticipated against the driver, who was unharmed. Owner of Angelo's Pizza, Kristo Papailia, commented, "It's a good thing nobody got hurt." Angelo's Pizza is still open for business.



Photo credit Gorham Business Exchange

Sidecar Wine, Whiskey and Tapas Bar Grand Opening

Sidecar Wine, Whiskey and Tapas Bar held its grand opening and ribbon cutting October 21. The new attraction is owned and operated by Ben Smith who has been operating Junction Bowl since 2019. It is located in the clocktower at Station Square with a full wraparound deck.

News on Student Covid Vaccine Clinics

Heather Perry, Superintendent

The Maine CDC is expecting that the FDA's advisory committee will approve the Pfizer vaccine for children between the ages of 5 and 11 at a meeting scheduled for October 26, 2021.

Following this anticipated approval, the National CDC is expected to meet on November 2, 2021 to determine the vaccine's approval. The earliest authorization/recommendation for pediatric administration of the vaccine for this age group would be November 3, 2021.

The Gorham Schools are working diligently with partners at Maine Medical Center to be prepared to host school-based clinics for the 5-11 year old COVID-19 vaccines during the week of November 15, 2021, with planned second shots during the week of December 6, 2021.

Clinics are anticipated to be held on site at Gorham Middle School, Great Falls Elementary School, Narragansett Elementary School and Village Elementary School.

Gorham Schools have a long-standing history of collaboration with Maine's public health systems. We have provided H1N1 and flu vaccine clinics in recent years and envision that these COVID-19 vaccine clinics will operate similarly.

We anticipate that we will be able to provide a parent informational meeting prior to offering these clinics in partnership with our Maine Health Partners. This informational night will help answer any questions parents may have regarding the safety and effectiveness of this vaccine so that parents may make the best individual decisions for their families.

More detailed information can be found in the Superintendent's October 22, 2021 blog post.

Remember to Vote on November 2



REGULAR DEER HUNTING SEASON STARTS ON OCT. 30 SEE ARTICLE ON PAGE 3

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NEWS FROM AUGUSTA

Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

Hazard Relief Payments Are on the Way!

Rep. Mo Terry

These days, life feels like it's finally settling into a new normal. I've been fortunate to get to see lots of you regularly at the market and out and about around town. My kiddos are finally safely off to school, and the rhythm of fall has brought with it a sense of comfort, even amidst the realities of the COVID-19 pandemic. However, the scars of the pandemic are still raw and meeting basic needs is a continual challenge for many.

During this time of transition, it's crucial to recognize that few of us have made it through unscathed. That's why I am particularly proud of the work we accomplished in the Legislature this session to support Mainers as we navigate this next chapter.

I'm especially grateful that we were able to enact transformational change for the people of Maine through our biennial budget. This budget allowed us to address rising property taxes, investment in schools, improve access to health care, support workers, take significant steps to combat climate change and bolster economic development.

Part of this legislation that focused on our economic recovery included a promise to provide hazard relief payments to the more than 500,000

Mainers who worked through the pandemic. Those one-time hazard relief checks will begin to be mailed out on November 1. That means it may take several months before everyone's checks arrive. Because we've seen a variety of stimulus checks during the pandemic I wanted to help give you a clear outline for what to expect for this payment.

These payments have been referred to as the "\$300 hazard payments," but it's important to note that \$300 is the upper range for what these checks could be. The law limits the payments to \$300, but the Legislature appropriated a set amount of \$149.8 million for this purpose. That amount will be divided evenly across the number of eligible recipients.

Based upon the most recent projected number of eligible taxpayers, which takes into consideration October returns filed on extension, it's estimated that checks will actually be between \$275 and \$285. So, don't be shocked if you see a check in the mail for something closer to that amount.

Mainers who qualify for the hazard relief payment must have filed a Maine individual income tax return as a full-year resident for the 2020 tax year by October 31, 2021. If you haven't done this yet, there is still time! These payments will be issued as paper checks, and they will be

mailed to the address on file with Maine Revenue Services. Eligibility depends on your 2020 income. If married and filing jointly, your income must have been below \$150,000. If you are filing as the head of household, your income needs to be less than \$112,500. If you are single or married but filing separately, your income needs to be below \$75,000. Additionally, you must have been considered a taxable employee during the 2020 tax year and not have been claimed as a dependent on another taxpayer's income tax return for the year.

Mainers are nothing if not gritty, and we demonstrated that throughout this pandemic with many of us continuing to work to keep the lights on and our state running. I am happy that we are able to recognize those efforts in this small way. If you have any questions about your hazard payment checks or anything else, please don't hesitate to reach out to me.



Rep. Maureen "Mo" Terry, D-Gorham, is serving her third term in the Maine House of Representatives. She serves as House Chair of the Taxation Committee. Contact her at maureen.terry@legislature.maine.gov.

Letter to the Editor

Letters to the Editor must be fewer than 300 words, signed with a first and last name, typed or e-mailed and include a phone number. The Gorham Times reserves the right not to publish letters that include personal attacks or inflammatory language. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times and are subject to editing.

To the Editor:

October 3rd may have lacked the warmth of a bright and sunny day, but it did not deter a group of volunteers that came out in the morning to clean up along the roadsides in Gorham. Adults, teenagers, and children took part in collecting bags and bags of trash, and thanks to the challenging work of these individuals, The Village area and South Street between Route 25 and Route 22 is much cleaner.

To make this second Gorham Cleans Up day possible, a big thank you must go out to the following groups: Gorham Conservation Commission, Gorham Village Alliance, Gorham Public Works, Gorham Business Exchange, Gorham Police VIPS, Gorham Outdoors, Gorham Recreation Department, GOCAM, GMS Green trees and GHS Eco Club.

Thank you also to the following individuals for the behind-the-scenes organizing it takes to coordinate such an event: Thank you Bill Moreno, Kathy Garrard, Ernie Wells, Jeremy Lestage, George Vercelli, Hannah West, Bob Burns and Georgia Humphrey.

A special thanks to Girls Scout Troop 2300 for dropping off cookies to the volunteers!

We hope to have another clean up next Spring and all are welcome!

Sincerely,
Tina M. Ruel

To the Editor:

As the parents of four children in Gorham schools ages 7-16, the future of Gorham is important to our family. We want Gorham to be a place where not only our children can grow and flourish but make it their home as adults if they want to. That is why our family is supporting Lee Pratt for Town Council and Liesl Turner for the School Committee.

Lee's leadership on the Gorham Town Council has been key to helping Gorham be a prosperous community and ensure a bright future for our town. Gorham has grown significantly over the last few years, and Lee's thoughtful approach balances that growth with smart development. That is the type of leadership we will

continue to need. In addition, coming from the business sector, Lee knows what it takes for a business to meet the bottom line and create jobs. It is important to have that perspective be a voice on the Town Council and why Gorham needs to re-elect Lee Pratt.

Leisl Turner is the type of compassionate common sense that we need on our school board as our most precious asset for our community is the next generation. Leisl understands this and will be a voice of reason on the school committee. With two kids who attend school in Gorham, Liesl understands the perspective of families such as ours and we hope others see it that way as well and vote Liesl Turner for School Committee.

For our children's present and their future, on November 2nd we are voting for Lee Pratt for Town Council and Liesl Turner for School Committee.

Jessica and Ben Gilman

Around Town

The Family Center of Maine is opening in the building at 7 Railroad Avenue.

Gorham Savings Bank announced a partnership with the Gorham Arts Alliance (GAA) to utilize the first floor of its Operations Center in Gorham for many of GAA's programs and classes. Construction is expected to be completed by late fall.

Gorham Times

BRINGING THE NEWS TO ALL OF GORHAM
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EDITORIAL POLICY

The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

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Correction

In the October 14, 2021 edition, a photo accompanying Mark Curtis: Business Person of the Year 2021 was incorrectly captioned. The photo showed Mark Curtis with Gorham Sand and Gravel owners, Jim and Tom Shaw, who were misidentified.



New Town Firearms Maps for Deer Hunting Season

John Ersek, Staff Writer

With Maine's regular deer hunting season beginning at 6:44 a.m. Saturday, October 30, many local residents are once again planning to take appropriate safety measures to protect themselves and their family members, as well as pets and domesticated farm animals. These measures include wearing blaze orange hats, vests, and jackets whenever they are outside, placing orange vests on domestic animals, and avoiding walking, trail running, and mountain biking in certain areas.

Hunting is prohibited on Sundays, but is allowed on Veterans Day and Thanksgiving Day. Legal deer hunting begins one half hour before sunrise each morning, and ends one half hour after sunset. This year's deer hunting season ends 30 minutes after sundown on Saturday, November 27.

Underscoring the importance of wearing blaze orange while outdoors were numerous news media reports in late September, regarding a woman who survived being accidentally shot by a turkey hunter in a wooded area of Leeds, Maine.

In August of this year, the Gorham Town Council enacted several changes to Town firearms regulations, with the most important being the addition of three properties to the list of locations where discharging any firearm is prohibited. These include the Gorham Industrial Park zone and the town-owned Lavoie Pumptrack property near the Middle School. Firearms use is also now prohibited at the Shaw Cherry Hill Preserve on Rt. 25, which is privately owned.

Regarding limitations on how close to a home or business hunters may discharge a firearm, Gorham follows the State of Maine's firearms regulations, which stipulate that no one may discharge a gun when they are within 300 feet of any building, or cause a bullet or other projectile to pass within 300 feet of a building. Additionally, Gorham

prohibits all firearms use within 500 feet of any school property.

The Gorham Police Department recommends that residents should not approach persons who they believe are hunting or target shooting too close to a home, such as to warn them that they are hunting on posted private property.

The police recommend that anyone with concerns about firearms being discharged too close to a residence, or about persons hunting in an unsafe and possibly illegal manner should contact the Gorham Police by phoning 9-1-1 and speaking with a dispatcher at the Regional Communications Center. In some situations the Gorham Police may request assistance from the Maine Game Wardens.

There are a number of town and state designated zones in Gorham where

hunting is either restricted or prohibited. These include fourteen zones which are designated as "No Firearms Discharge Zones"; the "Narragansett Game Sanctuary";

and several "Handgun, Shotgun, and Muzzle-loader Restriction Zones". The Narragansett Game Sanctuary is comprised of about 3,600 acres of woods, fields, and a few residential neighborhoods. It is in the southeastern part of the town, bordering on parts of Scarborough and Westbrook. Originally undeveloped, there are now hundreds of people residing in the Narragansett Sanctuary, a zone where all hunting and trapping is forbidden by state law.

These zones are illustrated on a newly updated map which can be accessed through the town website.

Here is a link to the map: https://www.gorham-me.org/sites/g/files/vyhlif4456/f/uploads/gorham_firearms_map.rev_08_03_21.pdf

Here is a link to Gorham's recently updated firearms ordinance: https://www.gorham-me.org/sites/g/files/vyhlif4456/f/uploads/firearms_ordinance_amended_august_3_2021_web_version_0.pdf

Legal deer hunting begins one half hour before sunrise each morning, and ends one half hour after sunset.

Changing of the Guard

Gorham Times Staff

The Gorham Times staff extends our gratitude to Andrea Morrell as she steps down from the role of School News Editor. Morrell has been an instrumental part of the Gorham Times family since she began as the first student intern 26 years ago.

Morrell wrote for the paper while she was in college, then came back to the paper in the role of Editor when she moved back to Gorham while her family was young.

"I love Gorham. My husband, Andy, and I grew up here and chose to move back and raise our children, Dylan and Caroline, here. They are the fifth generation on my husband's side to go to Gorham schools. There have been many significant changes to Gorham in those five generations. I love seeing old photos of our town and how much it has changed from our great-grandparents' day to my childhood to what my children are now experiencing," she said.



Photo credit Andrea Morrell

Eight years ago, Morrell joined the Gorham Times again as School News Editor. She enjoyed this role, especially with two children attending Gorham High School (GHS).

CONTINUED ON PAGE 12

Lortie Joins the Gorham Times

Gorham Times Staff

Michael Lortie is the new School News Editor for The Gorham Times. He will attempt to continue the wonderful work that Andrea Morrell has done.

Lortie retired in 2018, after being a School Counselor in the Gorham Schools for 36 years. He is proud to have helped two generations of kids be successful in school.

"Gorham is an excellent school system with skilled and well trained teachers and staff who truly care about kids. Keeping the public informed about the events and happenings of the schools is a huge responsibility," says Lortie.

Lortie and his wife, Jacquie raised their two adult children, Josh and Molly, in Gorham. He may be reached at schoolnews.gorhamtimes@gmail.com.



GORHAM'S 5TH ANNUAL TREE FESTIVAL 2021

Let's make Gorham's 5th Annual Tree Festival extra festive this holiday season! Any business or resident can participate. Here's how...

- Come up with a theme, color scheme or any creative idea to decorate your Holiday Tree. All trees will be judged on creativity and theme.
- Place a Holiday Tree outside of your residence or business by November 28th at 4pm the date of the Light Parade through Gorham Village.
- Send an email if you want your Holiday Tree judged! Email gorhamstreefestival@gmail.com to let us know you are participating and want your tree judged.
- We will be judging trees in early December. Two winners will be announced in each division (business and residential) *Most Creative and Best Theme*
- The winners will be announced and/or published. TBD
- Look for an event page on Facebook and be sure to share.

If you have any questions please feel free to call Cindy 207-839-2744 or email cindy@greatfallsinc.com

Too busy, but would like to participate? Let us know and we can help. We are looking forward to a great Tree Festival!

Happy Holidays!

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Arrests September

Male, 35, of Raymond was arrested for failure to appear, unlawful possession of fentanyl powder and operating while license was suspended/revoked.

Female, 34, of Cornish was arrested for OUI (drugs or combo), unlawful possession of scheduled drugs and unlawful possession of methamphetamine.

Male, 44, of Wards Hill Road, was arrested for OUI (drugs or combo).

Male, 36, of Salem New Hampshire was arrested for unlawful sexual touching, visual sexual aggression and gross sexual assault.

Male, 29, of Gray Road was arrested for conditions of release and operating while license was suspended/revoked.

Male, 45, of Portland was arrested for violating conditions of release and operating a vehicle while license was suspended/revoked.

Male 29, of Buxton was arrested for OUI and violating conditions of release.

Male, 40, of Parsonsfield was arrested for possession of scheduled drugs and violating conditions of release.

Grand Jury, October

Dillan Libby, 31, of Parsonsfield, was indicted for unlawful possession of scheduled drugs (methamphetamine), and unlawful possession of scheduled drugs (fentanyl powder) on charges brought by Gorham PD.

Kayla Libby, 44, of Standish, was indicted for unlawful possession of scheduled drugs (methamphetamine), unlawful possession of

scheduled drugs and OUI on charges brought by Gorham PD.

Austin Swanson-Monge, 23, of Gorham, was indicted on five counts of burglary of a dwelling, four counts of theft by unauthorized taking and violating conditions of release on charges brought by Cumberland County Sheriff's Office.

Gorham Lions Club Welcomes New Members



Photo credit Gorham Lions Club

Ken Aldrich, Lions Club President, new members Wayne Franklin, Casie Grady, Suzanne Moffatt, Lions District Governor Jeff Woolston, new members Terri Morin and Ellen DeCotiis.

Real Estate Transfers May 2021

ADDRESS	BUYER	SELLER	PRICE
56 SYDNEY'S WAY	BELL, LANCE & BETH	RICHMAN, MICHAEL & NICOLE	\$735,000
11 BAXTER LANE #2	WALLACH, DANIEL	CHASE CUSTOM HOMES & FINANCE, INC.	\$409,900
206 GRAY ROAD	TREADWELL, GREGORY & PARSONS	BOVE, MARIO	\$245,000
20 FAE LANE UNIT #4	WING-JONES, CHERYL & JONES,	SAUCIER, RODNEY	\$425,000
145 CRESSEY ROAD	CHRISTOPHER	ANITA DUGAS REVOCABLE TRUST	\$272,000
100 QUINCY DRIVE	NAPOLITANO JENNA	BROWN, ELIN	\$462,000
8 SAMUEL'S WAY	COLCORD, HANNAH & AUSTIN	LYONS, PETER	\$396,500
812 GRAY ROAD	ROMANO, ANTHONY & BRITTANY	TUOMINAN PAUL	\$375,000
11 WASHBURN DRIVE	E & N PROPERTY LLC	ASPIRAS, JESSICA	\$250,000
15 FAE LANE	GWINN, KARA & HOLMES, JARED	PLOWMAN DEVELOPMENT GROUP, LLC	\$425,000
520 FORT HILL ROAD	GRUBER, JAY & BERNADETTE	DOUGLAS BROOK, LLC	\$475,000
22 PRESUMPCOT RIDGE RD	2V REALTY, LLC	CCLD, LLC	\$100,000
38 COLLEGE AVE	ROBIE CONTRACTING, INC	CHAPMAN, MICHAEL	\$310,000
44 MEADOWBROOK DR UNIT 2	MCINTOSH, MITZI	WILLIAMS, EMILY	\$269,000
26 WILSON ROAD	SHAW, ROSEMARY	STONE, KARIN & STRUTHERS, KRISTEN	\$320,000
68 MCLELLAN ROAD	CARR, CHRISTOPHER-LEE & WILSON	STONE, JAMES & NANCY	\$579,000
341 OSSIPPEE TRAIL	LANGILLE, RUTH & JOHN	GORA, WILLIAM & SANDRA	\$400,000
37 NEW PORTLAND ROAD	341 OSSIPPEE TRAIL, LLC	HOLT, TONYA	\$332,500
761 FORT HILL ROAD	FAY-SHIELDS, MARY & JACOB	CHRISTENSEN, KURT	\$125,000
26 ELKINS ROAD	ONELOVE HOMECARE, LLC	WHYNOT, EILEEN & ALTMAN, WILLIAM	\$412,000
192 SOUTH STREET	MENGUAL, SAMANTHA & MUNGER	ESTATE OF HARTLEY MARSH	\$389,575
13 BRYDON LANE	NELSON, DABVID & SARAH	CODY, APRIL & MORGAN	\$345,000
10 WILSON ROAD	MCLEAN, NATHAN	WASSICK, MARY & ROBERT	\$369,000
14 WOODSIDE DRIVE	WASSICK, BRITTANY & CASEY	EL WAKEEL & SAYED & SABER	\$331,111
129 HUSTON ROAD	GOULETTE, JONATHAN & ASHLEE	MCDANIEL, SARAH & JONATHAN	\$350,000
28 COUNTY ROAD	DONAHUE, QUENTIN & JESSICA	WHYNOT, GEORGE III	\$610,000
123 BUCK STREET	MERRIT, MARLA & KILE, JOHN	ROOT, MARK	\$460,000
5 HEBERT WAY	GARTNER, CARLOS & BONNELL, RACHEL	SODEN, MATTHEW & CHAVEZ, SARAH	\$360,000
80 WAGNER FARM ROAD	MUTUNZI, FELIX & SOLANGE	WATTS, THOMAS & LAURA	\$420,000
149 ICHABOD LANE EXT	SWANN, KATHRYN & JACKSON	BROWN, MARK & LEIALOHA	\$461,000
29 DEERING ROAD	BICKFORD, THOMAS & GAIL	ROY, ROBERT & LADD, NATHAN	\$330,000
690 MAIN STREET	MURPHY, KEVIN	WHITE ROCK REALTY, LLC.	\$325,000
43 TINK DRIVE #23	PEABODY, MEGAN & ALVAREZ, COUTURE	WERNERS, ABIGAIL & JONATHAN	\$315,000
2 SHAMROCK DRIVE	IRANZI, LOUIS & RUHORY, BEARTHELEMY	CHOTMANI, SHETULKUMAR	\$475,000
49 BARSTOW ROAD	MILES, DEREK & LINDSEY	BUZZELL, DOLORES	\$410,000
74 GARDEN AVENUE	LOWE, CHRISTOPHER & KIRSTEN	GASBARRONE, KATHLEEN & MARCO	\$426,000
36 BRACKETT STREET	GASBARRONE, MARCO & KATHLEEN	FLAGSHIP BUILDERS, LLC	\$550,000
320 NEW PORTLAND ROAD	GLEASON, APRIL & SOEIDEL, MARTIN	EMMONS, COREY & SHELLEY	\$475,000
22 BRACKETT ROAD	LEVESQUE, JEANNE & RICHARD	PETERSON, DAWN & DYER, RANDALL	\$500,000

Fitness in the New World

Stacey Coleman

As the world slowly returns to some degree of normalcy, many people are realizing the pandemic's impact on their health. The fitness industry has changed dramatically, and here are some educated predictions for the future of fitness based on recent trends.

When gyms, parks, and beaches were forced to close, virtual fitness became the only fitness available. It was difficult at first for Fitness Professionals and clients to make this transition, but gradually, we all grew accustomed to online workouts. Now, nearing the end of 2021, virtual fitness continues to grow in popularity.

Livestream fitness provides a versatile way to connect with Fitness Professionals and a community of people with similar goals. If you miss a live session, you can easily catch it later thanks to the technology of pre-recorded, on-demand workouts. With the flexibility and variety of choices now available to anyone, anywhere,

The post-pandemic fitness world is certainly looking very different. While the best choice for every individual is a personal one, new trends have helped meet the immediate needs of most people and seem set for continued growth.

anytime, virtual fitness is a trend that will remain long into the future.

Pre-pandemic, big-group-sweat-sessions were all the rage. Now, personal and small group training sessions are a great solution, especially when led by a Certified Personal Trainer (CPT) who designs fitness programs tailored to individual needs and provides accountability to maintain motivation.

Find a CPT who has a nationally accredited certification, a B.S. or higher in Exercise Science, and proof of successful clients. These CPTs are hard to come by but worth every penny and every minute spent. Those who provide room to stay safe, time to sanitize, and offer progressive, scientifically-based programs will lead the way in the future.

Fitness apps have become another convenient resource for workouts, and most CPTs can now send a personalized program directly to your phone. With modern technology, your workouts are ready to go whenever and wherever you are, with the added bonus of tracking your progress effortlessly.

Choose an app that works with other technologies such as Fitbits. The best

app is one that offers connection to a human CPT (not A.I. only), who can design a scientifically-based workout with your personal needs in mind. Fitness apps that offer personal and small group training will continue to evolve and improve for years to come.

Mental wellness and physical fitness go hand in hand. Mindfulness and Habit Coaching can play an important role in overall physical health. People are now more open to the idea of having a Certified Behavioral Change Specialist (a life coach) to help them stay accountable and progress toward their life goals, including fitness. Life coaching is another trend that is skyrocketing into the future because

it encompasses all aspects of your life, creating healthy habits that lead to happier lives.

Big box fitness centers are out; boutique fitness facilities are in. As people return to fitness centers, new standards of cleanliness, space, and safety have

been set. Smaller group trainings with plenty of space and equipment (to avoid sharing) with built in time to sanitize have become essential.

The typical big box business model aims for low cost, high volume. However, high volume may not be the safest choice right now. Instead, many gym goers are choosing smaller fitness facilities. While membership may be more expensive, the safety and space for social distancing, and quality of professional fitness experts are considered well worth it.

The post-pandemic fitness world is certainly looking very different. While the best choice for every individual is a personal one, new trends have helped meet the immediate needs of most people and seem set for continued growth. By trusting professionals and leveraging technology, there are incredible resources to take care of ourselves like never before.



Stacey Coleman is a certified professional in fitness, nutrition, and mindset, with 20 years of experience. She and husband Jesse are Owners of My-FIT-24 and Living a Champion Life.



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The Gorham Garage

Wilma Gould Johnson, *Contributing Writer*

In the early 1900s, Gorham was a prosperous town with merchants and businesses along both sides of the center of town. Elm Street (formally known as Depot Street) was another very active location for area businessmen. Livery stables were located on both sides of Elm Street, and several larger businesses could also be found along Railroad Ave (then called Broadway.)

Along this strip were businesses such as Bickford's Coal, Wood and Lumber; J.S. Leavitt's Gristmill; George Alden's Coal Sheds; the Monument Shop run by stonemason George W. Robinson, and the Carll Canning Company.

A business on the corner of Elm Street and Railroad Avenue was known as W. I. Bickford & Son's stable. Mr. Bickford resided on Main Street at the Crystal Springs House, which many of us recall as the Keene Home (the apartment building near the intersection of Rt. 202). Bickford also owned a great deal of other real estate in town. He ran the livery stable at the Elm Street location until around 1914, when he sold the property to Mr. Ira Alden.

Alden was very well known. He served as Gorham's fire chief for many years. After the purchase, Alden turned the stable into a garage, and it became known as the Gorham Garage. Most Gorham men were capable of doing their own auto repairs, but when complicated problems arose, they took their vehicle to Alden.

One of Alden's employees was Wilbur Smith. Smith was known not only as a knowledgeable mechanic, but also as the man who wore his bifocals in reverse with the magnifier section at the top of the lenses which made closeup work on the vehicles a little easier.

The Gorham Garage was a popular place for the men of Gorham to gather and chat about politics, cars, and of course, the weather. One topic of interest that was probably often discussed was about a party that had occurred when the place was still the livery stable.

An elderly resident shared a story with Bertha Bridges Willis regarding a party that had been held at the stable with a "lady of the night" from Portland in attendance. In the morning, the body of a man was found in the stable. The mystery was never solved.

The Alden garage had three areas: the left side of the building was available for various people to rent, the center was a drive thru to the back of the building, and the right side was a machine shop and later a parts room.

In the early 1930s, the garage burned and was replaced. In the early 1950s Alden sold the garage to Wilber Smith. In the mid 1960s, Smith sold the property to Brad Roberts who ran the business until the early 1980s. Then came Moody's Gorham Auto Sales and Curtis Welding Co.



Photo credit Alden Family

Gorham Garage 1923. L to R: Ira Alden, George Littlefield, Herb Merrill, Luther Straw, ? Randall, ? Randall, Bill Loring.

It is now Carter's Auto Service and is modernized and fitted with solar panels. Lots of history and memories came from that location, regardless of how many times it may have been restored or rebuilt.

Thanks to Joyce and Charles Alden and sister, Peggy Alden Ransom, for sharing historical information about the Gorham Garage.



Wilma Gould Johnson, born and raised in Gorham, graduated GHS ('62). She enjoys sharing Gorham History with others. Any one with a question or more information may contact her at iamwilma@comcast.net

Interested in Gorham History?

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Land Trust is Growing Again

Chris Crawford, Staff Writer

Presumpscot Regional Land Trust is about to embark on another land acquisition. This is great news for the environment and for all lovers of the great outdoors. Shortly after announcing the finalization and the beginning of trail building on the 300 acre Lowell Preserve joint project with the town of Windham, the Land Trust has announced a new, even larger project.

The Land Trust and the town of Windham have agreed to work together to protect a 600 acre parcel of forested land, making it one of the largest conservation projects in the Greater Portland area.

Rachelle Curran Apse, Presumpscot Regional Land Trust Executive Director, said, "This regionally significant 600-acre conservation project off Falmouth Road will become part of a nearly 2,000-acre contiguously conserved land area connecting with Lowell Preserve, North Falmouth Community Forest, and Blackstrap Hill Preserve, providing an un-fragmented forest habitat corridor of exceptional size."

According to the Land Trust, this conservation project, within one of the largest undeveloped forested tracts of land in the region, includes Atherton Hill, at nearly 600 feet, which is the largest hill in Windham. It includes 1,545 feet of frontage along Little Duck Pond and 1,500 feet of stream frontage on a wild brook trout habitat. In addition, nearly 25% of the land is identified by the state as a significant deer wintering area,

one of just a few large deer wintering areas remaining in the region.

Curran Apse explained this new project, similar to all Land Trust Preserves, will ensure that the land will never be subdivided or developed and that multi-use trails will always be available for the community.

While still early in the planning, she said, "The outdoor recreation experience on these 600 acres of forever conserved land will include miles of new trails for walkers, bikers, snowmobilers, and ATVs — while continuing to provide hunting access."

There are plans to create an ADA accessible trail through the forest, provide access to Little Duck Pond for picnicking with the option to climb an observation tower atop Atherton Hill, which offers great views of Mount Washington and the ocean. She added, "This land also includes 40 acres of wetlands, which provide high-quality habitat for species such as spring peepers, spotted salamanders, and leopard frogs — amphibians that are declining quickly, due to habitat loss.

Raising approximately \$3 million in funds for this significant project from state, federal and local sources will occur over the next year to pay for land acquisition costs, trail building, recreational amenities, and long-term stewardship of the land. As always, the Presumpscot Regional Land Trust works for all of us and for our future generations.

To learn more visit www.prlt.org



Presumpscot Regional Land Trust

Scenic Little Duck Pond lies within the Land Trust's newest conservation project.



Presumpscot Regional Land Trust

Enjoy a beautiful fall walk at Hawkes Preserve on the Tow Path by the Presumpscot River in Gorham, another one of the many trails available to explore.

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School Committee Meeting 10/13/21

Kathy Corbett, Staff Writer

At the start of the October 13 regular School Committee (SC) meeting, Brian Jandreau, Gorham High School (GHS) principal, introduced three GHS seniors who spoke briefly about how they are benefiting from opportunities at their school.

Michelle Darling participates in the beekeeping project at Robie Park and takes an art class at USM for early college credit. Esau Wyatt, enrolled in Advanced Placement (AP) courses in computer science and environmental science, raises chickens in a backyard sustainability project in addition to captaining the football team. An athlete on the soccer and track teams, Andrew Wyatt is also Student Council president.

Superintendent Heather Perry reported on Phase 1 of the curriculum audit which is part of implementing the Anti-Racism Policy. The goal is to examine curriculum at all levels "through the lens of diversity and inclusiveness in all that the district does."

The committee developed ten questions to use in the survey. Teachers of grades K-5 and ELL (English Language Learners) classes wanted more diverse choices in library resources and in social studies curriculum. This was also true at Gorham Middle School (GMS) and GHS. Findings at GHS also raised questions about whether or not social services are equitable.

Based on these findings, the next phase will focus on social studies and classroom libraries. Other goals will be to review Maine Studies and training for teachers. This will include cooperation with the Teaching and Learning Committee, which is already working

on these issues.

Any big changes, Perry said, would come before the SC for implementation the following year. SC members suggested working even more closely with Baxter Memorial Library to give students access to more diverse resources.

Perry also reported on the first round of monthly COVID-19 data summaries. In grades K-5 there were 751 incidents of students staying home, students asked to stay home due to close contact, or sent home with symptoms. (This is not the number of students affected because one student could be counted multiple times.) Only 15 staff incidents were reported.

Many students in Grades 6-12 are vaccinated, as well as 96% of GMS staff and 99% of those at GHS. There were 154 student incidents and only one involving staff at these two schools.

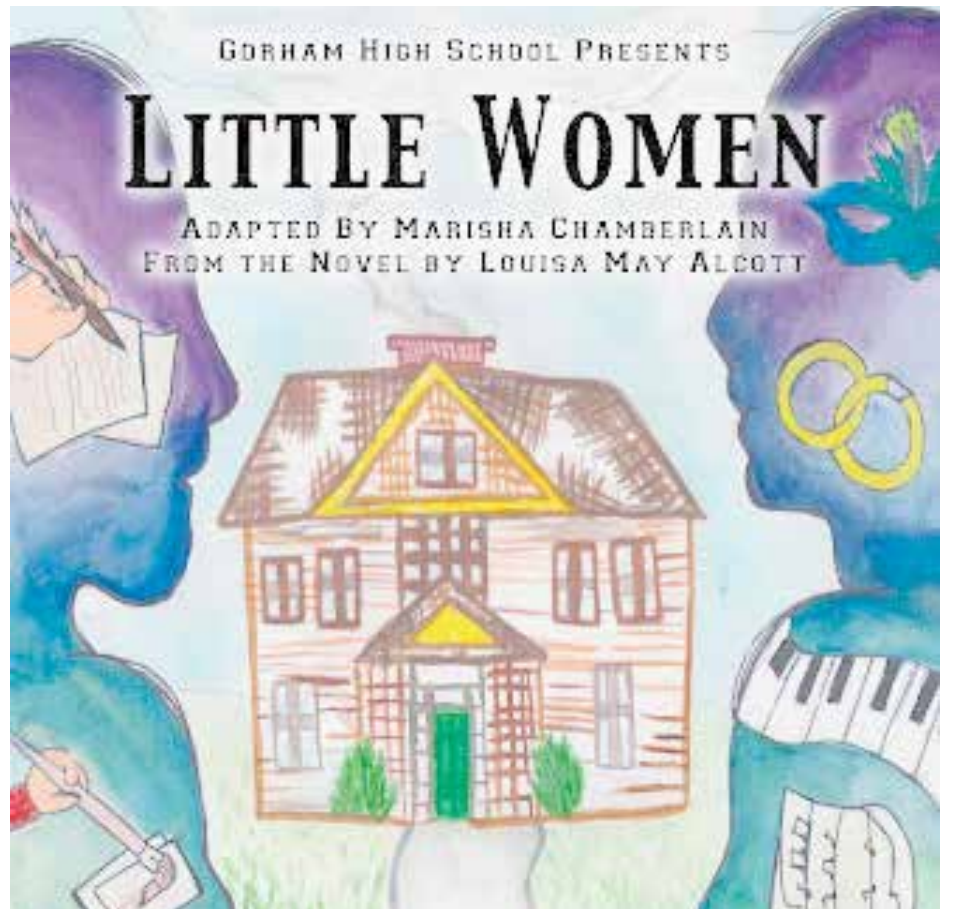
Perry said that during the first six weeks there were only 28 positive cases reported, and there was no evidence of transmission in Gorham Schools.

Darryl Wright reported that the report of the joint facilities committee is expected soon and that the SC and the Town Council will meet together in December to discuss it.

The SC voted (6-0, Brockman absent) to adopt the revised policy on Remote Participation in School Board Meetings, after amending it to require listing on the agenda the reason for not meeting in person. They also voted (6-0) to approve hiring of Suzanne Liacos-Dix as GMS library/media specialist and to approve stipends for Schedule B and C personnel.

GHS Theater Prepares for Fall Play - Little Women

Grace Johnson, GHS Student Intern



Poster artwork by Izzy Densmore, GHS Senior

The Gorham High School (GHS) Theater Department is excited to announce that they will be putting on their annual Fall play next month and, unlike last year, it will be an in-person show.

This year's play is "Little Women." It's adapted by Marishna Chamberlain based on the novel by Louisa May Alcott. Some may be more familiar with the recent movie adaptation, which was released in late 2019. Whether you're

familiar with the story or not, it is a captivating show that you'll be sure to enjoy.

"Little Women" is set in the Civil War era and follows a family of four sisters growing up outside of Boston. It has a quaint New England feel to it, and the book itself was actually one of the first written specifically for young people. The story follows a year in the life of the March family and is filled with fun, laughter, tears, and growth,

"It's just kind of timeless," said Josie Tierney-Fife, a teacher at the high school

and director of the show. "People still really connect with these characters as they build their lives and figure out what they want to do in the world."

Jo March, the main character and second of the four sisters, will be played by Julia Ordway in this production. Jo is a huge part of why the story has

remained popular for over 150 years.

"Jo doesn't really fit the mold of what a girl is supposed to be like. She shows girls that it's okay to be different and have interests that other girls don't traditionally have," said Tierney-Fife.

Madeline Downey will be playing Meg March, the eldest of the sisters. As the oldest, Meg has to learn to deal with the responsibilities of looking after her younger sisters, while at the same time making sure that she is doing well in society so she can help support her family. Each individual sister goes through her own journey as the family struggles with the challenges of love and loss.

CONTINUED ON PAGE 9





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Social Emotional Learning with Intention

Michael Lortie, School News Editor

Educating students has always been a complex process. Providing the instruction of necessary skills in a supportive and safe environment is essential to academic growth. During a pandemic, this process becomes a bigger challenge, as both academic and social-emotional skills need intensive instruction and concentration to assist student recovery from the last eighteen months.

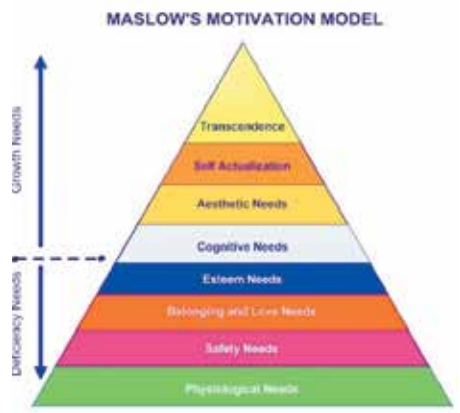
In the October 8 Superintendent's Blog, Heather Perry, Superintendent of Schools, told parents that the academic recovery is assured because our teachers are strong educators with the skills and training to meet this academic challenge. She also addressed how the K-12 staff is working together to address the social emotional needs of our students.

Superintendent Perry stated, "We are working to beef up advisory conversations, to offer more real world connections to our students, to embed movement breaks and mindfulness practices into our classrooms, we are strengthening our restorative practices approaches, and we are supporting students using our strong student support services models as just a few examples."

Teachers of all grade levels and specialties, as well as the administrators, social workers and counselors -- are meeting together, brainstorming strategies and collaborating with experts to meet the challenges of teaching students impacted by a pandemic, the past loss of face to face instruction time-- and the increased anxiety felt by our students.

Tami Reynolds is a fourth grade teacher at Village School. She reports that "Our team is working together to help students to reacclimate to the school environment through building trust and productive relationships. Assuring that students feel safe and comfortable in the school is so important for them to access their learning. This takes time, but is vital to students' growth as learners."

Stacey Sawyer is a teaching counselor who provides students



Provided by Brian Jandreau

A representation of Abraham Maslow's theory, proposed in his writing "A Theory of Human Motivation" in which he outlined a hierarchy of human needs. This theory is helping to guide the approach at Gorham High School.

in grades K-2 with social emotional instruction to assist their development as learners, as part of their creative arts curriculum. "All teachers and staff create opportunities that focus on student social emotional needs and learning throughout the school day. In addition, all K-2 students receive direct instruction in five core competencies; self-awareness, relationship skills, self-management, responsible decision-making and social-awareness," she says.

At GHS, Brian Jandreau said, "Every year, we focus our conversations on relationships. We want to build positive student-teacher relations and support our students' social and emotional wellness, as well as to create relevant learning opportunities for them. This year in particular, we have adopted the mantra Maslow before Bloom. This is why we are putting so much effort on providing food for students and on taking care of our students' social and emotional needs. Once these needs are met, we are able to focus on learning and challenge students to engage at a high level."

In her blog, Superintendent Perry also shared a tremendous resource that parents can access, SEL4ME, created by the Maine Department of Education.

The SEL4ME website is found at <https://www.maine.gov/doe/sel/sel4me>

The Gorham Times Welcomes USM Intern Courtney Yount

Gorham Times Staff

Courtney Yount is a current student at the University of Southern Maine (USM). She is joining the Gorham Times as an intern in the role of assistant editor and contributing writer.



Photo credit Courtney Yount

is to further literary research involving gender studies and theology in various forms of literature, such as Shakespeare, poetry and creative fiction. She plans on pursuing a career in editing or publishing, and post-secondary education.

Yount is looking forward to getting a taste of journalism, editing and design through this internship with The Gorham Times, while also compiling a writing portfolio for future careers and graduate applications.

"I am ecstatic to be a part of the amazing team that puts together every edition of the paper for you all to enjoy, and I cannot wait for what the future holds in the coming months," said Yount.

Welcome to The Gorham Times, Courtney. We are glad to have you with us.

Yount will be graduating from USM this December with a B.A. in English and a minor in Honors, a minor that consists of several honors level courses that focus on higher levels of learning and research in various subjects.

She hopes to continue her study in graduate school, focusing on creative writing and literary studies. Her goal

GHS Theater CONTINUED FROM PAGE 8

One of the most exciting parts of the play this year is the return to a live show with an in-person audience, which is a privilege that COVID-19 restrictions did not allow for last year. Though masks are worn for every rehearsal and will be required during the show as well, the entire cast agrees that it is far better than the Zoom rehearsals last year.

"I know our entire cast would rather perform a live play for an in-person audience with masks than perform alone in a room for a camera," said Downey. "It's also pushed us to work on skills we've

lost due to COVID, like projecting our voices while wearing a mask."

Overall, the amount of work that the cast, crew, director, and designers have put into this year's show proves that it is one nobody will want to miss. It debuts Friday, November 12th at 7:30 p.m., followed by shows at 2:00 p.m. and 7:30 p.m. on the 13th, and then one final matinee at 2:00 p.m. on Sunday the 14th.

Be sure to mark your calendars and come to support these dedicated and talented students.

"Listen! The wind is rising, and the air is wild with leaves, We have had our summer evenings, now for October eves!"
— Humbert Wolfe

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In the Zone

The Gorham Girls' Varsity Soccer Coach, Jeanne Zarrilli, got her 300th career win on October 5th v. South Portland. Coach Zarrilli is the first female coach to achieve this feat.

Wheaton College credits Gorham's Lydia Gaudreau, a first-year midfielder, for scoring the game-winning goal to give the women's field hockey team a 2-1 victory over visiting Springfield College.

Pictured below, the U-9 Gorham Youth Soccer Association (GYSA) boys soccer team had an opportunity to show off their skills during half-time of a Boys' Varsity soccer game v. South Portland. The U-9 team plays their last tournament of the season against Scarborough. Good luck to the future Rams!



Coach Zarrilli and Kristi Zarrilli celebrate 300th win.

Provided by Melissa O'Brien



Provided by Brooke Proulx

Local Mountain Bike Action

Katie Brown, Sports Editor

The Southern Maine Bike Syndicate team recently competed at the Northern New England High School bike race at Mt. Abram. The team includes a combination of athletes from neighboring towns.

Trent Stevens, a Gorham High School (GHS) junior, is one of sixty athletes who competed in the race, hosted by the Gould Academy mountain bike team. In this particular race, there was an enduro and a short track race. Stevens said, "Most of the races are cross country where everyone's starting times are the same."

Enduro races can last up to an hour. Athletes can expect rough terrain, designed to test their skills and endurance. The rider with the lowest accumulated time wins the race. Cross country races require more stamina and endurance.

Stevens explains, he enjoys cross country and downhill, with the freedom to rip down the trails as fast as possible between trees, rocks, drops, and jumps. "Being outdoors and riding with other bikers from other school systems, especially the downhill enduro race is the best."

Stevens also enjoys individual competitions and the motivation to "make it to the podium". The podium is similar to ski racing, the top 3 athletes are recognized. "The most challenging is giving it all you got at the XC races. The more technical the trail, the better it is for my skills."

He prioritizes his health and wellness



Photo credit The Stevens Family

Trent Stevens is pictured in the center of the podium.

during the season; getting proper rest and drinking plenty of fluids are key in preparing for races. The team practices locally at mountain bike trail systems in Gorham, Falmouth, and Yarmouth. Practice starts at 5:30 p.m. and the riders use bike lights as it gets dark.

"The best is seeing riders hit their personal best on climb segments of trails, as the season progresses we all improve our endurance and abilities."

The Southern Maine team will compete in 5 more races this season, on Wednesdays and Saturdays at various courses in Maine, NH, and VT. The sport is very popular among private schools, while public schools have two teams from Maine. Stevens does see it expanding, as more and more younger kids are joining the sport.

In the off-season, Stevens competes in Alpine ski racing and also free skis at Sunday River.

You can follow the team on their Facebook page.

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Gorham Celebrates Fall



Fritillary Flaw

Michael Lawrenson

A reader asked us recently
 What came of that fritillary
 You'd meant to have accompany
 The monarch on page nine?
 'Fritillaries, it will befall,
 Alas,' I wrote, 'won't heed C.
 Paul—
 Named for a dicebox after all
 They're dodgy by design.
 Therefore, no obligation under
 To stay put, is it any wonder
 They'd flit off and leave us to
 blunder
 And offer our contrition?'
 Now lest that reader feel aloof
 At catching us out in a goof
 I asked him if he'd care to proof
 Henceforth every edition!



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The *Gorham Times* is seeking writers to cover town news, human interest stories and business profiles. This is a great opportunity to meet interesting people and learn about community organizations.

Have an interest in Gorham and how the paper operates? We'd love to have you join us for production meetings held every other Monday at 4 pm at Gorham Rec.

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BOOK REVIEW

Don't Look for Me

by Wendy Walker

A "walk away" is what the authorities call it when a person intentionally walks away from their life.



Molly Clarke has left her home, her life, and her family: Husband John, who has distanced himself from her in every way, daughter Nic, who's been rude and disrespectful, and son Evan, who won't even acknowledge her existence.

Why has Molly's family dismissed her? What happened that made her leave?

After a search leading to proof that Molly did indeed "walk away", the case is closed. Nic, however, is not completely convinced that her mother was a runner. Does Nic know something, or is she just trying to make herself feel better for being so incredibly nasty to her mom?

Wendy Walker has written a fast-paced, multi-layered thrill ride that'll have you gasping, keep you guessing, and get you thinking that you've figured things out — but have you?

Told from two points of view — those of Molly and Nic — Don't Look For Me is a phenomenal, edge-of-your-seat psychological thriller that you won't soon forget!

Dell Gray is a book reviewer for several publishers on Instagram. Her handle is @abookorafewandjavatoo.

Kyle Bailey Resigns, Jim Boyle Announces Candidacy CONTINUED FROM PAGE 1

The Governor shall order the appropriate political committees to meet and shall set the deadline for choosing nominees, which may not be less than 15 days following the Governor's proclamation declaring a vacancy. The committees shall follow the procedure outlined in section 363.

As Kyle Bailey represents both Scarborough and Gorham, there will be an item on the next Scarborough Town Council agenda for November 3, requesting the Governor call for a special election. The cost of the election will be the same as a regular election due to the need to obtain ballots, code the DS-200 machine and hire election workers.



HALLOWEEN JOKES

What do ghosts use to wash their hair? *ShamBOO!*

Where do baby ghosts go during the day? *Dayscare centers*

What do you call two witches living together? *Broommates.*

What's a zombie's favorite cereal? *Rice Creepies.*

Changing of the Guard CONTINUED FROM PAGE 3

She also enjoyed working with the high school interns as part of this role and watching them grow as writers and people.

Now her oldest is a senior at GHS, and it is time to move on to focus on the joys and challenges that come with this chapter of life. Thank you, Andrea, for your years of service to the Gorham Times.

"I've found comfort in writing and editing for this paper on and off since its first publication in 1995. Even though I'm transitioning out of my current role I have no doubt I will circle back to it down the road as I always seem to do. I am so thankful for all the years I've had to be a part of this wonderful Gorham Times community of volunteers who also love this town. I'll miss it," said Morrell.

Christie Paul, Editor

Andrea was helpful, encouraging, always great at meeting deadlines, and a wonderful support in my first year at the paper. I am so glad she was part of the first group I worked with. She taught me so much.

Mike Smith, Board President.

A wonderful contributor over many years for the paper and a great resource. She will be missed.

Kathy Corbett, School News Reporter and Staff Writer

I have enjoyed working with Andrea. Since I began writing articles about Gorham Schools, she has been generous with her advice and support. We will miss her.

Chris Crawford, Features Editor and Staff Writer

It has been a great personal pleasure to work with Andrea. Years ago, she was one of my dedicated library volunteers at Village School. As an adult, she's done a great job making sure that School News was a key part of the Gorham Times. I will miss you.

Stacy Sallinen, Former Gorham Times Business Manager

Andrea has been a long-time volunteer of the Gorham Times, starting from her days as an intern while in high school. She always brought her love of all things Gorham to the table. Her insight was invaluable. Thank you, Andrea!

Scarecrows Participating in the Gorham Recreation Scarecrow Festival, held October 23



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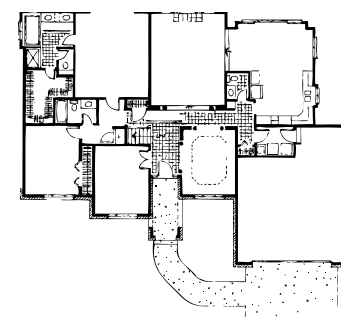
Edward Jones
MAKING SENSE OF INVESTING



CONTINUED ON PAGE 14

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COMMUNITY

OF INTEREST

White Rock Friendship Club is looking for new members from the White Rock Community, a rural section of Gorham, Maine. The Club sponsors community activities as fundraisers for a benevolent fund. Events include Annual Christmas Tree Lighting, Christmas Craft Fair, Vendor Fair, Yard Sales, and more. They provide a yearly scholarship to an area college-bound student at Gorham High School, and others in need. The 2021 scholarship recipient is Abigail Decrow. FMI: facebook.com/whiterockfriendshipclub/

“Tunes from the Crypt”: A Family-Friendly Halloween Concert, directed by Will Kinne, will be presented by the Casco Bay Wind Symphony on Saturday, October 30 at 7 p.m. at McCormack Performing Arts Center at GHS. This performance is FREE with donations being accepted at the door or on the website. FMI including COVID-19 policies and tickets, visit cascobaywindsymphony.org.

Vet to Vet Maine, a nonprofit that connects volunteer veteran peer companions with vulnerable Maine veterans who may need a friend, will hold its next volunteer training from 4-7 p.m., Monday, November 1; Thursday, November 4; and Friday, November 5 via Zoom. To enroll in the training, to request a volunteer veteran companion, or for more information, contact Judie Alessi O’Malley at 579-4024 or email office@vet2vetmaine.org.

The Gorham Food Pantry will have a community-wide Holiday Food Drive to help provide Thanksgiving meals for families in the Gorham community. Drop off food items and donations at the Gorham Hannaford on Saturday, November 6 from 9 a.m. to 1 p.m. FMI: gorhamfoodpantry.org.

Veterans of Foreign Wars, Gorham Memorial Post 10879 is now accepting essay contest entries for Patriot’s Pen (6-8 grades) and Voice of Democracy (9-12 grades) Scholarship Contests. The deadline is October 31, 2021. For information on how to enter for a scholarship, please email vfwpost10879@gmail.com. The Post’s next meeting is on Tuesday, November 9 at 5:30 p.m. in the Gorham Fire Department Training Room, 270 Main Street. FMI: vfwpost10879@gmail.com.

The Gorham Lions Club’s next meeting is Tuesday, November 9 at 6 p.m. at the Old Elmwood School House at 414 South Street. Regular dinner meetings are the 2nd and 4th Tuesday of each month. New members are always welcome. FMI 929-9182.

Gorham High School Theatre presents, “Little Women” on Friday, November 12 at 7:30 p.m., Saturday, November 13th at 2 and 7:30 p.m., and Sunday, November 14th at 2 p.m. in the McCormack Performing Arts Center at Gorham High School. The play is adapted by Marisha Chamberlain from the classic novel by Louisa May Alcott!

Gorham Rec is holding the “Burn off the Turkey 5K” on Saturday, November 27 at 9 a.m. Registration is now open and the first 150 registrants get a t-shirt. FMI gorhamrec.com.

SENIOR NOTES

The Gorham Medical Closet, operating at the Municipal Center, 75 South Street, is free and available to Gorham residents in need of wheelchairs, shower seats, commodes, walkers, canes, crutches and more. Hours are by appointment only with one of the volunteers. If you don’t reach a volunteer, leave a message and they will return your call. FMI, call Gerry Day at 839-3859.

PUBLIC SUPPERS

Take-Out Bean Supper at White Rock Community Clubhouse, 34 Wilson Road on Saturday, November 6 from 4:30-5:30 p.m. Pre-order dinner to go, \$20 for double or \$10 for single orders. Meal includes kidney and pea beans, coleslaw, potato salad, macaroni and cheese, biscuits, hot dogs and a dessert bar. Please order by Wednesday, November 3. Call Fran at 892-9521.

The St. Anne’s Knights of Columbus will hold a Pre-Pay Drive-Through Fish Dinner on Friday, November 12, from 5 to 6 p.m. at St. Anne’s Church in Gorham. Dinner includes baked haddock, mashed potatoes, coleslaw, peas, a roll, and dessert for \$12. FMI, visit www.gorhamknights.org or call 207-550-1320. Please order by Wednesday, November 10.

Public Thanksgiving Dinner at Mister Bagel in Gorham is for those spending Thanksgiving alone or those unable to prepare a dinner. Thursday, November 25, pick up (preferred) or meals can be delivered to the homebound throughout the afternoon. Contact Roxanne Hanscom Moody, 839-4516, rmoody75.rm@gmail.com to order. Leave a message including phone numbers, food sensitivity info, and delivery address if applicable. Messages will be confirmed. The dinner is free. Donations will be accepted for the Gorham Ecumenical Food Pantry.

LIBRARY NEWS

The North Gorham Public Library, serving Gorham and Standish since 1897, is located next to the fire barn at the corner of Standish Neck Road and North Gorham Road. The library serves the surrounding community with a focus on fiction for adults and children, although most any book is available through inter-library loan. The library has WiFi service and computers for patron use. The library is open on Mondays from 3 – 5:30 p.m., Wednesdays from 6 – 8 p.m., and Saturdays from 10 a.m. to 1 p.m. Home Delivery and contactless parking lot pickup are also available. Visit north-gorham.lib.me.us, and facebook.com/northgorhampubliclibrary/.

Baxter Memorial Library’s November Story Adventures lead families (with children 2-5 years) in activities on the lawn with Ms. Heidi and Mr. Jeff on Tuesdays from 10 – 10:30 a.m. Each week will be different and will include a book, a movement break, an activity, and fun! Dress for adventure and warmth. Extreme weather will cancel. FMI: 222-1190,

CONTINUED ON PAGE 14





Julie Chandler



Mike Griffin



Peter Mason



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GORHAM \$414,900 - Gorham Village 2-Unit. Walking distance to the University & downtown. This 2-unit investment property offers a spacious 1/2 acre lot with ample parking & backyard. Long term tenants in both units.



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WATERBORO \$339,900 - Here's your chance to own a rare 3-unit in the heart of Waterboro. Solid rental history. New septic system, public water & freshly painted exterior. Full basement, plenty of parking & well maintained.



GORHAM \$120,000 - This 2.58 acre lot offers a gorgeous building site perched up on a knoll overlooking the rolling fields and apple trees. Trees line County Road offering a nice buffer. Survey and DOT driveway permit in place.



NEW

GORHAM \$110,000 - Very desirable 55+ community in Patio Park. Excellent location to all points. This Fleetwood features sunny kitchen & dining area, spacious LR, 1.5 baths & open concept living. Large deck, paved drive & storage shed.



GORHAM \$59,900 - Spacious 2BR/2bath mobile with appliances kitchen, DR, large LR, laundry room, seasonal family room, enclosed porch, oversized storage shed. Excellent 55+ community w/clubhouse, great location.



GORHAM \$49,900 - Excellent location is this 1968 Parkwood w/ updated kitchen/dining area, newer appliances, spacious extended living room, newer laminate flooring. Well managed 55+ community.



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Community CONTINUED FROM PAGE 13

baxterlibrary.org, or facebook.com/BaxterLibrary. The library will be closed on November 11, 25 and 26 in observance of Veteran's Day and Thanksgiving.

USM NOTES

Seven Gorham High School students will participate in the USM Youth Ensembles Concert at Merrill Auditorium on Tuesday, November 9 at 7:30 p.m. along with other area youth. They are Mavy Ho, violin; Tristan Smith, violin; Emma Mullin, alto saxophone; Gabriel Badeau, baritone saxophone; Anya Mazaris-Atkinson, flute; Raiyah Babinsky, violin; and Ryan Cooper, percussion.

Public performances and sports events are happening at USM, on the Gorham campus and other nearby venues. See the calendar in this issue. Events are free, by donation, or reasonably priced, but be sure to call ahead or visit their websites to make a reservation so that you know what COVID-19 protocol is required. Expect that face coverings will be required. Proof of full vaccination or negative test within 72 hours may be required. Visit usm.maine.edu/music, [/theatre](http://usm.maine.edu/theatre), [/gallery](http://usm.maine.edu/gallery), [/athletics](http://usm.maine.edu/athletics) for more information, and check usm.maine.edu/events for other community events.

Gorham Recreation Scarecrow Festival CONTINUED FROM PAGE 12



Photo credit Christie Paul

LETTUCE BE HEALTHY

Roasted Carrots with Chimichurri

Small carrots w/green tops (multi colored is fun, try to make them generally same size)
 1/2 cup fresh flat leaf parsley, chopped
 1/2 cup fresh cilantro, chopped
 1/4 cup minced chives

4 minced garlic cloves
 1/4 cup Extra Virgin Olive Oil (plus drizzle for baking pan)
 2 Tablespoons red wine vinegar
 Salt & pepper

Preheat oven to 375 degrees, or fire up the grill. Clean carrots, leave 1-2 inches of tops, chop remaining leafy tops to add to other ingredients for chimichurri. Lay out carrots on baking sheet with sides (aluminum foil if going on the grill). Drizzle with olive oil, salt and pepper. Stir together remaining ingredients; set aside to serve with carrots. Roast carrots for 30-35 minutes or until toothpick inserts easily. Place on a lovely platter and spoon chimichurri across carrots, serve remaining alongside.

This recipe is delicious with grilled salmon. Questions about the recipe can be e-mailed to Barbara Schneider at btsme21@gmail.com.

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Caller reported a dog in heat distress on Clara Mae's Way. The dog, a pug, was having difficulty breathing and was falling over. Officer was 10 minutes away and advised caller to drive the dog to the vet nearby.

Caller reported he had lost his wallet. He later called back to report he had found it in his car.

Spiller Road caller advised she had left her purse in her unlocked car overnight. She wanted to let police know so they could keep an eye on the area. There was no forced entry into the vehicle.

Tink Drive caller wanted to document that she is not having contact with man but she now goes outside when he goes outside and stares in his direction. Man stated that when he goes for a run, she comes outside and watches him and so forth.

Main Street caller reported that a female pulled away in a truck and scraped her left rear wheel well. She had a partial plate and was upset that the lady drove off. Officer used his finger and was able to get most of the scuff mark off her vehicle. After that, the caller decided she did not want to file a report.

State St. caller reported a road rage incident where he admitted he was in the wrong. He wanted the incident reported in case the other operator came back to his residence and did damage.

Elliott Road caller reported walking his dog past a residence on Files Road where the homeowner was outside and was harassing him.

Officers were called to Main Street for a woman sitting in a parking lot, crying in the rain. Woman was talking to the woman who had called it in. Officer dropped her off on Valley Street where she had been staying. Several females walked her into the residence.

Officer checked on a man on Main Street walking in the rain at about 1 a.m. Man told officer he was walking to the store and enjoying the rain.

A large number of kids and adults were setting off fireworks in the middle of Garden Avenue. Officer asked them nicely not to do it in the road and told them they needed a permit. Woman started yelling at the officer that it was her right to do it. Officer told the adults that they needed a permit and they stopped.

Officer stopped a vehicle on Longfellow and Brackett Road for speeding. Driver told officer his small dog had jumped in his lap while he was driving. He was warned for speeding and advised to do something different with the dog to avoid getting in an accident. No impairment was observed.

Caller reported a dead duck on Brackett Road. Public Works Dept. was notified.

Shaw's Mill Road caller reported that the night before, someone had rung his doorbell and run away. He thought it was just kids playing ding dong ditch but decided to call in case others were having issues or cars were being broken into.

CALENDAR

FRIDAY, OCTOBER 29

Osher School of Music, Musical Theatre, "The World Goes 'Round", Corthell Hall, 8 p.m.

SATURDAY, OCTOBER 30

Casco Bay Wind Symphony concert "Tunes from the Crypt." McCorming Performing Arts Center, Family friendly, Free, 7 p.m.
 Osher School of Music, Musical Theatre, "The World Goes 'Round", Corthell Hall, 2 and 8 p.m.

SUNDAY, OCTOBER 31

Osher School of Music, Musical Theatre, "The World Goes 'Round", Corthell Hall, 2 p.m.
 VFW grades 6-12 Essay contest deadline. FMI: vfwpost10879@gmail.com

MONDAY, NOVEMBER 1

Vet to Vet Maine volunteer training via Zoom, FMI: 579-4024, 4-7 p.m.

TUESDAY, NOVEMBER 2

Baxter Memorial Library, November Story Adventures on the Lawn (2-5yrs), 10-10:30 a.m.

THURSDAY, NOVEMBER 4

Vet to Vet Maine volunteer training via Zoom, FMI: 579-4024, 4-7 p.m.

FRIDAY, NOVEMBER 5

Vet to Vet Maine volunteer training via Zoom, FMI: 579-4024, 4-7 p.m.

SATURDAY, NOVEMBER 6

Osher School of Music, Southern Maine Symphony Orchestra and Portland Youth Symphony Orchestra perform at Westbrook Performing Arts Center, \$15, 2 p.m.
 Gorham Food Pantry Holiday Food Drive at Gorham Hannaford, 9 a.m. to 1 p.m.
 White Rock Community Clubhouse Take-out Bean Supper, 892-9521, 4:30-5:30 p.m.

TUESDAY, NOVEMBER 9

Baxter Memorial Library, November Story Adventures on the Lawn (2-5yrs), 10-10:30 a.m.
 VFW Memorial Post 10879 regular meeting, Fire Dept Training Room, 5:30 p.m.
 Gorham Lions Club dinner meeting, Old Elmwood School House, 6 p.m.
 Osher School of Music, Alexandra Dietrich Studio Recital, Corthell Hall, 7:30 p.m.
 USM Youth Ensembles Fall Concert, Merrill Auditorium, Donations, 7:30 p.m.

CLASSIFIEDS

FUNDRAISERS

Windham Gorham Rod & Gun Club - Old Fashion Turkey Shoot Fundraiser 11/14 2:30pm. Win a frozen turkey or pork loin in our rim fire shooting competitions (adult/youth) as well as raffles and other fun and games. Partial proceeds go towards sponsoring a local family for Christmas. 8 Tow Path Road Gorham. windhamgorham@gmail.com


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