

Gorham Times

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A Free, Not-for-Profit Newspaper Serving Gorham Since 1995

Gorham Public Works Director Resigns

Sheri Faber, Staff Writer



Photo courtesy of Bob Burns

Bob Burns moved to Gorham eighteen years ago to become the Public Works Director. Originally from Yarmouth, he was “thrilled to be back in Maine”.

During his time with Public Works, Burns has been involved in numerous road reconstruction projects including the recent Main St. reconfiguration to improve the flow of traffic and to eliminate left turns on Main St. as they can be problematic.

Burns also shepherded through the transition from pay as you go bags to pay as you go tags which made economic sense for the Town, particularly as there had been a number of complaints about the poor quality of the Town’s trash bags. Burns also worked on the transition from Herrick to Casella for trash pickup.

Burns is a believer in trying new things and is “grateful to the Town of Gorham

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Election Results

Gorham Times Staff

In addition to deciding on candidates for two Town Council seats and two School Committee seats, voters decided on one local question, a citizens’ initiative, one bond question, and one constitutional amendment.

Below is the breakdown of how Gorham voted on November 2. The asterisk denotes the overall winner. For more detailed voting information by ward, please visit <https://www.gorham-me.org>.

TOWN COUNCIL:

- Philip Gagnon 1709
- *Lee Pratt 2321
- Paul Smith 1325
- *Virginia Wilder Cross 2173

SCHOOL COMMITTEE:

- *Anne Schools 2717
- Leisl Turner 1833
- *Darryl Wright 2184

LOCAL QUESTION 1:

Shall the Town of Gorham be authorized to expend not more than \$575,000 from the school capital reserve fund and not more

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Day of Welcome

Noor Sager, GHS Student Intern



Photo credit Noor Sager

GHS Civil Rights Team members with their inclusive Day of Welcome sign.

Friday, November 12 the Gorham High School (GHS) Civil Rights Team will be participating in Maine’s state-wide Day of Welcome for the first time with all of the students in the building instead of on Zoom. A little over twenty students have been planning this for a month with the help of advisors Kerry Herlihy and Trisha Cherry.

From making announcements to contacting companies for banners, the Civil Rights Team has been working incredibly hard to make this year’s Day of Welcome even better than last year’s and also working even harder to make sure that it stays a consistent event, regardless of Zoom or masks.

According to Qasim Rabbani, Civil Rights Team member and junior at GHS, “There are three groups that are collectively working together to make this Day of Welcome the best possible experience.”

The group Rabbani was a part of was in charge of getting a vinyl banner for the celebration. The design was made by Civil Rights Team member Rylee Tenuta, with input from fellow members, Megan Wentworth and Rabbani.

The banner shows support for those of all religions, races, disabilities, and sexualities, even making a point to show pride flags that aren’t usually well represented. To get this banner made and ensure it arrived in time, the Civil Rights Team worked with 320Ink.

Another group of students made morning announcements for the past six weeks, highlighting a new fact about a minority group or a specific person who has championed a cause. Marsha P. Johnson is one of many examples pre-

sented during these announcements, famously and dubiously credited for starting the Stonewall riots and her instrumental role in helping transgender and gay people gain rights.

With announcements keeping everyone’s mind on the event and a banner on its way, the third group worked tirelessly to put together a video to be shown during the school’s free period on the Day of Welcome.

The video shows interviews with Robert Roy, advisor to the Rainbow League, Rabbani who put on a half-hour presentation educating people on Islam during Ramadan last year, and some people from the Gorham Anti-Racism Development (GARD), thanks to one of their students affairs directors, Klarha Cajuste (Civil Rights Team member, junior at GHS) who handles everything that happens between the school and GARD.

Cajuste was clear in saying, “The whole point of the Day of Welcome is to celebrate the school community we are — it’s just sponsored by the Civil Rights Team — and to celebrate that we all belong.”

The video will be shown in all classrooms on the 12th and will hopefully send out the message Cajuste and the rest of the Civil Rights Team are aiming for.

All of these amazing students have worked tirelessly to organize this event, and they’re doing the best they can to make this day a success. Seeing all of their work come together to celebrate the school will be a stand-out achievement in the Civil Rights Team’s many accomplishments.



USM President Steps Down— Leaves Mark on Gorham

Kathy Corbett, Staff Writer



Photo courtesy of Glenn Cummings

Glenn Cummings, on the left, grew up in Bath with his brother Edward and sister Heather Hale, seen here with him at an event in the Hill Gymnasium on the USM Gorham campus.

From his office overlooking construction on the Portland campus of the University of Southern Maine (USM), President Glenn Cummings discussed the future of the Gorham campus and changes at the university during his tenure. “Gorham is the historic campus, and we continue to invest in its facilities and programs. The pastoral setting makes it particularly attractive to students from more rural areas who find Portland not right for them,” he said.

Cummings, who will be stepping down from the USM presidency in June to return to a position on the faculty, said Gorham will still have more dorm space than Portland and will continue to appeal to students, especially freshmen and sophomores.

During his administration, the university has made improvements to the dormitories, upgraded Brooks dining hall, improved campus WiFi, and made responsible renovations to historic buildings. Gorham’s large campus has made possible expansion of the university’s athletic facilities, particularly the softball and baseball fields.

“The music program will move to a new Center for the Arts under construction in Portland”, Cummings said, “but the theater program will remain in Gorham, and there still will be some productions on campus, although more will be held in the new space”.

The campus in Gorham has given USM the opportunity to offer college level courses to Gorham High School (GHS) students. According to Cummings, GHS students can take almost a full year of college courses. He

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NEWS FROM AUGUSTA

Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

New Maine Laws Will Benefit Our State

Sen. Stacy Brenner

Monday, October 18 was an important day for our state – it was the day that many new Maine laws officially took effect. You might not know, but the Maine constitution specifies that all "non-emergency" bills signed into law don't take effect until 90 days after the Legislature adjourns its legislative session. Since adjournment varies year to year, this day changes. But this session, October 18 was the effective date for a majority of the bills we passed during the last year.

During the past year, we focused our efforts on making prescription drugs more affordable and accessible, lowering property taxes and preventing future increases, and working to protect our environment and address climate change. Now that many of these new laws have taken effect, I wanted to share some of the highlights with you.

One of the most serious issues we addressed is the price of insulin, which continues to rise. We've heard countless stories about folks who couldn't afford insulin and had to ration their supply, or go without it entirely. In a worst case scenario, people can die. One death is too many, and tragically, we have seen several deaths in the country just because someone couldn't afford insulin.

This year, we created a new program to prevent these worst-case scenarios. It's called the Insulin Safety Net program, and by the time the program is

fully up and running this March, someone who is facing an emergency situation where they can't afford their insulin will be able to go into a pharmacy and get a month's supply for \$35. The program will be funded by drug manufacturers themselves. While this isn't a long term solution, I'm hopeful it will prevent future tragedies in Maine.

We also worked to address high property taxes, which have hurt Mainers, especially our seniors, for years now. In addition to restoring revenue sharing, funding public education at 55 percent and reimbursing municipalities for the Homestead Exemption program, the Legislature also revived a program that allows the state to pay seniors' property taxes so they can remain at home. The state then recoups these costs from participants' estates later.

I sponsored a bill to create the Maine Healthy Soils Program, which also took effect in October. The program will provide resources to Maine farmers to help them maintain healthy soil for years to come.

As chair of the Environment and Natural Resources Committee, I helped pass a new Extended Producer Responsibility Program, which will increase rates of recycling and encourage national corporations to increase the recyclability of their packaging materials. We also passed bills to increase the wages people can earn in apprenticeship

programs, and implemented a retirement savings program for those who don't have access to one through their employer.

These are just some of the measures we passed in the last year. Many of the new laws were considered emergencies, and received bipartisan two-thirds support in the Legislature, which allowed them to take effect immediately upon passage. Those include a bill to ban products containing PFAS, so-called forever chemicals, from being sold in the state; a smart, bipartisan budget that charts our state on a path to recovery, and a slew of bills that will enable our small businesses to thrive after the pandemic.

This January, the Legislature will reconvene for the second regular session so we can keep doing good things for Maine people, our environment, and businesses. I look forward to considering new ideas from constituents and colleagues alike so we can keep our state moving forward in the years to come.

As always, you can reach me by email at Stacy.Brenner@legislature.maine.gov or call my office at 287-1515.



Stacy Brenner is serving her first term in the Maine Senate, representing Senate District 30, which includes Gorham, part of Buxton, and part of Scarborough. She is the co-owner of Broadturn Farm in Scarborough and is also a certified nurse-midwife.

Gorham Times

BRINGING THE NEWS TO ALL OF GORHAM
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The Gorham Times is a free volunteer-run community newspaper distributed every other Thursday to more than 100 pick-up sites throughout Gorham.

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Ad deadline is the Wednesday of the week prior to issue date. Go to gorhamtimes.com and click on the advertising link for schedule.

EDITORIAL POLICY

The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

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Advertising Deadlines

November 17
December 1
Winter Break
December 29

Light Parade

Get your entry in for the Gorham Parks & Recreation Light Parade on **Sunday, November 28th.** If you need help figuring out how to get lights working for your parade entry, give us a call for ideas! Email Zachary Lambert: zlambert@gorham.me.us

- Name
- Company Name
- Vehicle

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Around Town

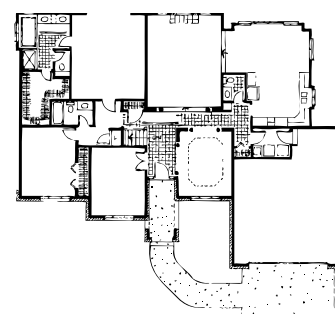
Angelo's Pizza is closed for renovations due to damage caused by a vehicle which inadvertently reversed into the building.

Reminder: If your trash collection is scheduled for Thursday, during the week of Thanksgiving it will be picked up Friday.

The Town Clerk's Office and election workers with the support of Public Safety and Public Works held a successful Election Day on Tuesday, November 2. Thank you to all.

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Attorney General's Office Report on Police Shooting

Gorham Times Staff

The Maine Attorney General's Office has issued their report on a shooting by Gorham Police Officer, Dean Hannon, from 2019. Kyle Needham, 32, was shot by Officer Hannon in the Burger King parking lot off Main Street.

Needham and his girlfriend had been eating at Burger King when someone allegedly recognized him and called the police. Needham and his girlfriend ran to his truck and got in. Officers told Needham to turn off the vehicle and show his hands but Needham failed to do so. Needham was wanted on warrants from a high-speed chase as well as probation violations.

Needham ignored repeated commands to stop and accelerated in an attempt to flee. When Officer Hannon shot Needham, he reasonably believed that Needham was operating his truck in a manner likely to inflict death or serious bodily injury on Sgt. Nathan Theriault.

Video from the police cruiser showed when Needham backed up his truck, the open passenger door hit Officer Theriault, knocking him to the ground. Officer Hannon lost sight of Officer Theriault and believed that Theriault was at imminent risk of death or serious bodily injury because Theriault had been standing in the only path of escape available to Needham. Additionally, the area was congested with civilian drivers and pedestrians who were also at risk.

Needham's girlfriend told the Portland Press Herald in June 2019 that "the shooting was unnecessary as Needham never wanted to hurt anyone". Needham died of a single gunshot wound to the chest. An autopsy also found Needham had ingested methamphetamine. Officer Hannon remains at the Gorham Police Department.

Under Maine law, an officer is authorized to use deadly force when he or she believes it is necessary for self-defense or to defend others.

Gorham Public Works Director Resigns CONTINUED FROM PAGE 1

and to the Public Works crew who have put in a lot of time and energy to make the process work well".

"This is the right time to stretch my wings and to do something different," said Burns.

Town Manager Ephrem Paraschak commented, "We're obviously very sad to see Bob leave Gorham and

he'll leave very big shoes to fill. He's one of our most dedicated employees, and what he has brought to the Town over the last eighteen years as an employee and community member cannot be overstated. I'm personally happy for him as he steps into this new career path and we all wish him the best of luck".

TOWN/MUNICIPAL

Turkey Frying Safety Tips

Gorham Fire Department

As we plan for Thanksgiving, a unique risk is turkey fryers. There are 5 risks involved with frying a turkey:

Turkey fryers can easily tip over, spilling hot oil across a large area.

An overfilled cooking pot will cause oil to spill over when the turkey is put inside.

A partially frozen turkey will cause hot oil to splatter when put in the pot.

Without thermostat controls, turkey fryers can overheat oil to the point of starting a fire.

The sides of the cooking pot, lid and pot handles can get dangerously hot.

To help reduce the risks, we offer the following turkey fryer safety messages:

Make sure your turkey fryer is on a sturdy, level surface and do not move it once it is in use.

Make sure your turkey fryer is at least 10 feet from your home and not under roof eaves.



Make sure your turkey is fully thawed without frost on it before you fry it. (USFA says 24 hours for every 4 to 5 pounds.)

Consider using an electric or air fryer.

If your turkey fryer does not have a thermostat, use a kitchen thermometer that attaches to the side of the pot. This will help you monitor the temperature of the oil.

Always use protective oven mitts.

Keep children and pets at least 3 feet from the turkey fryer.

More information can be found at: USDA.gov, USFA.gov and NFPA.org.

Planning Board Results 11/1/21

Hep Energy USA, LLC's request for approval of a ground mounted photovoltaic installation on 20 acres of leased land, part of a 68 acre parcel located at Wescott Road was approved.

A request for approval of a subdivision for an additional Industrial Park and review of

landscaping features was given approval of the preliminary subdivision with findings of fact and conditions of approval.

Matthew Cook's request to amend lot 3 of the existing Stephanie Cook Deering Drive Subdivision to create two additional lots was discussed and postponed.



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USM President Steps

Down CONTINUED FROM PAGE 1

also cited partnerships with other local organizations, particularly the Gorham Business Roundtable.

Cummings believes USM needs to attract more out-of-state students, partly, he says, "because Maine's population of 18 year-olds is declining." This made him an advocate for changing the name of USM to the University of Maine at Portland when marketing studies indicated it would give the university more national visibility. He now believes that a name that recognizes both the Lewiston-Auburn and Gorham campuses might serve the university better.

Cummings has personal ties to Gorham; his grandmother graduated from the Gorham Normal School and he taught history at GHS early in his career. He lives, however, in Portland and not in the president's house on campus. His wife, Leslie Applebaum, teaches at Casco Bay High School in the city.

Before coming to USM, Cummings taught at Southern Maine Community College and UMaine at Augusta. He served four terms in the Maine Legislature and was Deputy Assistant Secretary of Education in the Obama administration.

Cummings, who stayed a few years longer at USM than he thought he would, is now "looking at new options." Given his background as an educator and a politician, he could go in a number of directions, but he sees his future in educational leadership, not politics. Although with his propensity to seek new challenges, the future for Glenn Cummings must still be an open question.

Election Results

CONTINUED FROM PAGE 1

than \$244,900 from undesignated fund balance in addition to the \$2,265,000 in funding from bond approved by referendum in 2020 for the Gorham Middle School HVAC Heat Pump Upgrade and Repair Project?

*Yes 3775 No 1180

STATE REFERENDUM QUESTIONS:

Question 1: Do you want to ban the construction of high-impact electric transmission lines in the Upper Kennebec Region and to require the Legislature to approve all other such projects anywhere in Maine, both retroactively to 2020, and to require the Legislature, retroactively to 2014, to approve by a two-thirds vote such projects using public land?

*Yes 2785 No 2342

Question 2: Do you favor a \$100,000,000 bond issue to build or improve roads, bridges, railroads, airports, transit facilities and ports and make other transportation investments, to be used to leverage an estimated \$253,000,000 in federal and other funds?

*Yes 3693 No 1438

Question 3: Do you favor amending the Constitution of Maine to declare that all individuals have a natural, inherent and unalienable right to grow, raise, harvest, produce and consume the food of their own choosing for their own nourishment, sustenance, bodily health and well-being?

*Yes 2764 No 2315

YOGA EXPRESSIONS

Yoga For Sleep

Amanda Curtis Kezal

The COVID-19 pandemic wreaked havoc on many things in our personal lives. Besides creating stress, anxiety, and a whole list of mental, physical, and emotional issues, many also began to experience insomnia.

Lack of required and refreshing sleep makes us "feed" ourselves with caffeine, sweets, and simple carbohydrates to stay awake and function. This keeps us fueled with a caffeine and sugar rush, which then trends toward weight gain, sluggishness, decreased immune functioning, leading to a variety of health issues. It is a vicious cycle. Our physical health is linked to sleep which allows our body to regenerate, repair, and heal itself. Holistically what do we do?

Try building yoga into your healthy living. With specific asanas, meditation, and breath-work you will experience improved sleep. When we feel stressed, anxious, and depressed the sympathetic nervous system is in control. That makes us feel as though we are running from a saber tooth tiger; aka, the flight or fight response is activated. It may feel as though you are racing to keep up with all that you wish to accomplish in a day. Yoga, meditation, and deep breathing elicit the parasympathetic response which helps to bring us back into balance.

A favorite pose to help induce sleep that my family enjoys is called Legs Up the Wall. It relaxes and quiets the mind, body, and spirit. It helps to lower your heart rate and evoke a relaxation

response. It also helps alleviate lower back and hamstring tightness, relieves headaches and migraines, and aids in digestion. You may have found with insomnia your digestion is a bit off.

Legs Up the Wall is a beautiful time to move beyond the day's activities and express gratitude for all you have had

Insomnia is a reminder that it is time to make adjustments in your life. Though it is not always easy with a tired mind and body, give these yoga techniques an opportunity to help you transition into a dreamy sleep.


the opportunity to do. You can send gratitude, compassion, and healing to the person you have been up until this moment. And you can send lightness and love into the future for the one you are in the process of becoming. Set the intention to lighten

your mental, emotional, and spiritual thoughts and let go into all that is to be. Legs Up the Wall is the perfect pose to transition for sleep.

Also, add to your bedtime routine the Triple Warmer. Its purpose is to govern our sympathetic nervous system. For most, so much of our day is "on" with the flight or fight response, often unnecessarily. De-stress from the day during the 9 to 11 p.m. time frame. As you settle yourself into bed, recline on your back with a pillow underneath your knees or heels. Place one palm over the forehead as though you were taking your temperature. Rest the opposite two or three fingers at the clavicular notch in the shallow depression at the base of the throat. Gently connect here to bring the body, mind, and spirit into a state of calmness and peace.




Amanda Curtis Kezal, owner of Holistic Pathways, has brought her yoga fusion style to Gorham for over 20 years. She continues innovative approaches to sharing the many benefits of yoga with others.




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GHS Theater Ready for “Little Women”

Grace Johnson, *GHS Student Intern*



Photo credit Amanda Landry

Cast and Crew of “Little Women.” Front row: Paige Fowler, Abby Fiore, Julia Ordway, Maddie Downey, Annikka Mocchiola, Tessa Dol. Back: Hannah Reed, Cecelia Dellosso, Izzabelle Densmore, Emily Lemont, Alauna Worden, Aera Hyson, Jenna Pequinot, Kaylin Brown, Erin Abrams, Karise Theimens, Amelia Oloaru. Cast not pictured: Milo Harmon, Emma Smith.

The Gorham High School (GHS) theater department has been working tirelessly to make sure that this year’s production of “Little Women” will be one of the best they’ve ever done. Opening on November 12, the talented cast is ready to show their hard work to the community.

“Little Women” is based on the 1868 novel by Louisa May Alcott and was adapted as a play by Marisha Chamberlain. It’s set outside of Boston during the Civil War and follows a year in the life of the March family. Throughout the story, the sisters deal with triumphs and setbacks that help shape them into the adults they’ll eventually become.

Because of COVID-19 restrictions, an in-person show wasn’t possible last fall. While precautions still have to be taken this year, like wearing masks during every rehearsal, the entire cast and crew is ecstatic for the chance to perform in front of a live audience again.

One of the biggest COVID-related changes this year is double-casting. Some roles have two students cast as the same character so in the event that someone has to unexpectedly quarantine, the show will still go on.

Beth March, the second youngest sister, is one of the double-cast roles. She is played by Kaylin Brown and Erin Abrams. Each actress also has an



“Little Women” cast at work.

ensemble role to rehearse for. If all goes as planned, they will both play Beth in at least one show.

“Playing Beth is truly a joy,” said Brown. “On my days off from playing Beth, I get to perform in the ensemble. It’s actually a really cool experience to be double-cast, and I find I have learned a lot from my cast buddy.”

Aside from Beth, four other characters have been double cast. Josie Tierney-Fife, a teacher at GHS and the director of the play, said that while this is a challenge for the actors, they’ve all embraced the new rehearsal process.

“We are very excited to do this in-person and welcome a real life audience to MPAC again,” said Tierney-Fife. “It’s such a fun show and I really hope people can come out and see it.”

“Little Women” will debut Friday, November 12 at 7:30 p.m. at Gorham High School. There will be shows at 2:30 p.m. and 7 p.m. on Saturday the 13th, followed by a final show at 2:30 p.m. on the 14th. Tickets will be sold at the door.

Local Farm Helps Great Falls School with Pumpkins Project



Photo credit Becky Fortier



Photo credit Becky Fortier

Will and Erica Gottshalk, new owners of Orchard Ridge Farm, assist the Great Falls School project “Pumpkins in the Pathway” by donating dozens of pumpkins. The school-wide project involved students and families decorating festive pumpkins for placement in the walkway for a seasonal activity. The Gottshalks are parents of Wesley, a student in third grade.

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Northern Light
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The Gorham Times Welcomes GHS Interns

Gorham Times Staff and GHS Student Interns

The success of the Gorham Times over the past 26 years is the result of many minds and hands, and a focus on the community and students. Without past and current Gorham High School (GHS) student interns, we would not be able to deliver all the news, especially School News, to Gorham as completely as we have. We cannot thank our interns enough for their interest, hard work and dedication to the paper. If you see any of these students around town, please thank them for volunteering their time. This year, the interns interviewed one another and wrote a profile on a fellow intern.

Lucia Holloway

Interview by Noor Sager



Courtesy of Lucia Holloway

The Gorham Times has a new intern; an ambitious freshman from GHS, Lucia Holloway. Holloway's interest in journalism stemmed from a

desire to become more involved in the Gorham community. Despite having lived here for some time, she feels as though she doesn't have a strong connection to the town or its current events.

Holloway's favorite class is English, with History as a close second. Shakespeare's plays are a favorite of hers, having read quite a few of them despite the Old English they're written in. Her favorite play is "Hamlet", but she hasn't read "Romeo and Juliet", knowing she'll read it this coming year in class.

When asked about her career ambitions, Holloway said she wanted to be a behavioral analyst for the FBI. Her love of True Crime shows and documentaries that explore the minds of criminals only further cement her choice of occupation.

Grace Johnson

Interview by Aislyn McLean



Courtesy of Grace Johnson

Grace Johnson is a junior at GHS. This will be her second year interning at the Gorham Times. Johnson is part of the Cross Country Team at GHS, in

Interact Club, and plays clarinet in band. Her favorite subject is math. Outside of school, she likes to bake, especially cakes because she can decorate them.

Johnson loves interviewing people for The Gorham Times because she thinks it's interesting to talk to them and hear what they have to say. She likes that she's able to help spread their stories so other people can hear them too.

Channitra Ly

Interview by Megan Young

Channitra Ly, sophomore, is motivated to push through the challenges of returning to school five days a week with the help of her friends and family of three siblings and parents who give her a balance of comfort



Courtesy of Channitra Ly

and structure. At school, she is taking two foreign language classes, Geometry, Physical Education 2, and American Literature Advanced.

Another motivator for Ly is envisioning her future self as someone who is independent, reliable, adaptable, and honest.

Ly wanted to explore her hobbies of photography and writing through this internship and is looking forward to participating as she prepares to work with like minded individuals who will help her expand her knowledge and experiences of writing and photography.

Aislyn McLean

Interview by Grace Johnson



Courtesy of Aislyn McLean

Aislyn McLean is a sophomore at GHS. McLean runs cross country at school and is also part of both the indoor and outdoor track teams. She's a member of the

Interact Club, Latin Club, and the Dream Factory. Her favorite subject is science. Outside of school, she spends her time reading and being outdoors. She also loves to be with her family and friends, especially on Sundays when they all gather to watch football.

McLean was busy in the Gorham Times Sports section last year. She is hoping to do the same this year because she loves sports and the opportunity to talk to other people about them.

Roxy Rovin

Interview by Ellie Szostalo

Roxy Rovin, freshman, says her favorite subject is English. Rovin participates in cheerleading and

singing. She enjoys writing and is most excited to begin with topics she feels passionate about and that need more awareness. She prefers dogs to cats, and her favorite movie is Hamilton.

Noor Sager

Interview by Lucia Holloway



Courtesy of Noor Sager

Noor Sager, junior, is taking many AP (Advanced Placement) classes and Latin, while also in the Westbrook marching band, The Young

Authors Club, and Tech For School. Sager has a love for fantasy books, and her love for reading began in elementary school when she read "Charlotte's Web."

Sager has two siblings, an 8-year-old sister and 22-year-old brother. They moved from Iraq to Westbrook when she was three. She is looking forward to meeting people in Gorham as she moved here from Westbrook just under two years ago. Sager plans to be a journalist later in life and is looking to learn about how a local paper functions.

Ellie Szostalo

Interview by GT Staff



Courtesy of Ellie Szostalo

GHS junior, Ellie Szostalo has altruistic and ambitious goals for the future in her hopes to become an immigration lawyer at a nonprofit. At

school, her favorite subject is History, and she is actively involved in extracurricular activities. Szostalo is the Secretary of Key Club and participates in Interact Club and Dream Factory.

CONTINUED ON PAGE 7

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GHS Interns CONTINUED FROM PAGE 6

Szostalo is actively involved in sports, especially field hockey. She plays for her school team and a travel team. She even had her Gorham Times interview on Zoom while she was at a game. Talk about dedication.

While participating in this internship, Szostalo is looking forward to expanding her writing skills and knowledge of different writing styles, learning more about the Gorham community, and writing interesting stories.

Megan Young

Interview by Channitra M. Ly



Courtesy of Megan Young

Megan Young, senior, is currently the captain of the volleyball team, and in her junior year, she received an MVP award. She is involved in clubs such as Girl Up, of which she

is treasurer, Dream Factory, Interact Club, and National Honor Society. She enjoys reading, and has been inspired to write ever since taking Mr. Patterson's creative writing class.

Regarding the internship at The Gorham Times, Young is invested in furthering her writing skills. She also enjoys photography.

Young is looking at colleges with an education program, as she's thinking about being a teacher. She is an inspiration to those around her. She doesn't hesitate to go out of her boundaries to join and explore new clubs and activities. She encourages many young athletes, introverts, and students in general, to broaden their horizons and create memories that will last a lifetime.

GMS Recognized as a Common Sense School

Gorham Times Staff

Common Sense, a national non-profit organization dedicated to helping kids and families thrive in a world of media and technology, has recognized Gorham Middle School (GMS) as a Common Sense School.

GMS has demonstrated a commitment to a whole-community approach for preparing its students to think critically and use technology responsibly to learn, create, and participate, while preparing them for the perils that exist in the online realm, such as plagiarism, loss of privacy, and cyberbullying.

With the right support, kids can take ownership of their digital lives, engage with real issues, and change their communities for the better. The recognition acknowledges the middle school's commitment to creating a culture of digital citizenship.

"We applaud the faculty and staff of Gorham Middle School for embracing digital citizenship as an important part of their students' education," said Kelly Mendoza, Vice President of Education Programs at Common Sense Education. "Gorham Middle School deserves high praise for giving its students the foundational skills they need to compete and succeed in the 21st-century workplace and participate ethically in society at large."

"We're honored to be recognized as a Common Sense School," said GMS Technology Integrator, Terri Dawson. "By preparing our students to use technology safely and responsibly, we are providing them an opportunity to build lifelong habits to help them succeed in a tech-driven world."

SPORTS

In the Zone



Photo credit Neile Nelson

The Girls' XC team came in 3rd place overall at the State Championship meet in Belfast on October 30. This state meet qualifies them for the New England Championship. Congratulations to Calvin Cummings earning a spot to compete individually at New Englands. From left to right, Rachel Cummings, Elisabeth Loranger, Aislyn McLean, Anna Nelson, Rita Cummings, Grace Johnson, and Natalie Miner.

Women's College Soccer: USM Huskies junior, Emma Forgues of Gorham scored one of the two goals to lead the fifth seed University of Southern Maine Huskies to a 2-0 win over the fourth-seed Eastern Connecticut State University in a quarterfinal game of the 2021 Little East Conference women's soccer tournament. Forgues tallied her seventh goal of the season. Next up, Southern Maine will head to top-seeded Western Connecticut.

Winter sports are back at USM Athletics!

Check out usm.maine.edu/athletics for schedules and more information.

Don't miss an issue! Subscribe to the *Gorham Times*.

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COMMUNITY

OF INTEREST



Photo credit Isabell Harvey

Gorham House employee Isabell Harvey of Westbrook recently received one of four 2021-2022 scholarships from the Mike McNeil Scholarship Fund and is planning to attend USM to study nursing. The fund was established by the Portland firm, BerryDunn to commemorate their founder's retirement, and is administered by Maine Health Care Association (MHCA). Since 2007, the Fund has supported 126 individuals in their educational journey. Employees (or family members) or volunteers of a MHCA-member nursing home or assisted living facility are eligible to apply. FMI, mehca.org/mmsf.

William Donnelly of Gorham was among the students at Eastern Connecticut State University's Theatre Program who brought their opening production to stage in October, "The Place that Made You" written and directed by ECSU Professor Darcy Parker Bruce. Donnelly majors in New Media Studies and was a projections media artist in the production.

The Gorham High School Theatre presents, "Little Women" on Friday, November 12 at 7:30 p.m., Saturday, November 13 at 2 and 7:30 p.m., and Sunday, November 14 at 2 p.m. in the McCormack Performing Arts Center at Gorham High School. The play is adapted by Marisha Chamberlain from the classic novel by Louisa May Alcott! \$10, or \$5 for K-12.

The Gorham Lions Club next meeting is Tuesday, November 23 at 6 p.m. at the Old Elmwood School House at 414 South Street. Regular dinner meetings are the 2nd and 4th Tuesday of each month. New members are always welcome. FMI 929-9182. Pictured on the right, Gorham Lions assist the Gorham Food Pantry. Lion Treasurer, Jim Burnham, President, Ken Aldrich, Food Pantry Executive Director, Bill Couch, Lion Wayne Franklin.



Gorham Rec is holding the "Burn off the Turkey 5K" on Saturday, November 27 at 9 a.m. Registration is now open, and the first 150 registrants get a t-shirt. FMI gorhamrec.com.

Veterans of Foreign Wars, Gorham Memorial Post 10879 meets next on Tuesday, December 14 at 5:30 p.m. in the Gorham Fire Department Training Room, 270 Main Street. For information, please contact the post at vwfpost10879@gmail.com.

CHRISTMAS FAIRS, TREE LIGHTING, AND A LIGHT PARADE!

White Rock Friendship Club will hold their Christmas Craft Fair on Saturday, November 20 from 9 a.m. to 2 p.m. at 34 Wilson Road in Gorham. Several crafters with all handmade items: home decor, wreaths, jewelry, sewn, crochet & knitted items, and much more, and includes a bake sale and lunch too. The fair is a fundraiser to support Gorham High Senior Scholarship.

The White Rock Friendship Club's 37th Annual Tree Lighting will take place on Sunday, November 28 at 4:30 p.m., with the reading of the Christmas Story, carols and sipping hot

cocoa around the tree. Outdoor event only, Santa will arrive on a White Rock Fire Station Fire Truck!

Gorham Parks and Recreation will have a Light Parade on November 28, 4-5:30 p.m. To participate in the parade, email your name, company name and vehicle type to zlambert@gorham.me.us. "The more lights, the merrier!"

SENIOR NOTES

The Gorham Medical Closet, operating at the Municipal Center, 75 South Street, is free and available to Gorham residents in need of wheelchairs, shower seats, commodes, walkers, canes, crutches and more. Hours are by appointment only with one of the volunteers. If you don't reach a volunteer, leave a message and they will return your call. FMI, call Gerry Day at 839-3859.

Triad is a community partnership that provides a forum to discuss the concerns of seniors and help that's available from the community. The next meeting will be held on Friday, November 12 at 9 a.m. in the Gorham Fire Station meeting room. Detective Steve Rappold will speak about computer and cell phone fraud awareness. Everyone is welcome.

PUBLIC SUPPERS

The St. Anne's Knights of Columbus will hold a Pre-Pay Drive-Through Fish Dinner on Friday, November 12, 2021, from 5 to 6 p.m. at St. Anne's Church in Gorham. Dinner includes baked haddock, mashed potatoes, coleslaw, peas, a roll, and dessert for \$12. FMI, visit www.gorhamknights.org or call 207-550-1320. Please order by Wednesday, November 10.

Roasted turkey drive-up, take-out-only dinner on Saturday, November 13 from 4:30-6 p.m. at Highland Lake Grange, 9 Hardy Road in Westbrook. Please have exact amount (\$10) for each meal when you drive up.

Public Thanksgiving Dinner at Mister Bagel in Gorham is for those spending Thanksgiving alone or those unable to prepare a dinner. Thursday, November 25, pick up (preferred) or meals can be delivered to the homebound throughout the afternoon. Contact Roxanne Hanscom Moody, 839-4516, trmoody75.rm@gmail.com to order. Leave a message including phone numbers, food sensitivity info, and delivery address if applicable. Messages will be confirmed. The dinner is free. Donations will be accepted for the Gorham Ecumenical Food Pantry.

Haddock Supper Buffet at 5 p.m. on Saturday, November 27 at Living Waters Church on Parker Farm Road in Buxton. Suggested donation is \$8 adult, \$4 child, \$20 family. Take out option and hand sanitizer available, face masks suggested for those who are not vaccinated.

LIBRARY NEWS

The Baxter Memorial Library will be closed on Veteran's Day. November Story Hours with Ms. Heidi and Mr. Jeff take place on Tuesdays from 10 – 10:30 a.m. as they lead families (geared to ages 2-5) in activities on the lawn. Each week is different and includes a book, a movement break, an activity, and fun. Dress for adventure and warmth. Will be cancelled in extreme weather. The BML Book Club will meet at 10 a.m. on Thursday, November 18 to discuss "Band of Sisters" by Lauren Willig. Schneider Room, masks recommended for all. FMI: 222-1190

CONTINUED ON PAGE 9



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Community CONTINUED FROM PAGE 8

The North Gorham Public Library, serving Gorham and Standish since 1897, is located next to the fire barn at the corner of Standish Neck Road and North Gorham Road. The library serves the surrounding community with a focus on fiction for adults and children, although most any book is available through inter-library loan. The library has WiFi service and computers for patron use. The library is open on Mondays from 3 – 5:30 p.m., Wednesdays from 6 – 8 p.m., and Saturdays from 10 a.m. to 1 p.m. Home Delivery and contact less parking lot pickup are also available. Visit northgorham.lib.me.us, and facebook.com/northgorhampubliclibrary/.

USM NOTES

The Osher School of Music at USM will release a short virtual concert on Veterans Day on Facebook, YouTube, and website. The concert was recently filmed at the Portland Headlight by the USM Chamber Singers directed by Nicolás Alberto Dosman in honor of Veterans Day. November is concert season in the School of Music. FMI: usm.maine.edu/music, 780-5256

The USM Department of Theatre presents “She Kills Monsters” by Qui Nguyen, November 12, 13, and 17 through 21 at 7:30, November 14 and 22 at 2 p.m., and November 19 at 10 a.m. Tickets and information available at usm.maine.edu/theatre, 780-5151. Tickets are \$8-\$16.

The USM Art Gallery current exhibition, “Call/Response: Hannah Barnes and Susan Klein” continues through December 8, usm.maine.edu/gallery.

We Enjoy Our Readers of Any Age



Photo credit Tammy Nelson

Alexis Nelson, Haley Nelson, and Tracy Nelson reading *The Gorham Times*.

Gorham's Food Planters



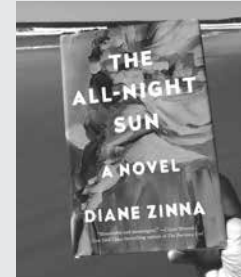
Photo credit Tina M. Ruel

These Food Planters were planted in the Spring. They are kind of wild and crazy, looking ever so seasonal with beautiful peppers and green tomatoes and a few squash trying to creep their way to ... ?

BOOK REVIEW

The All-Night Sun

by Diane Zinna



Lauren teaches international students at a small college near DC, where she befriends Swedish student Siri. Siri invites Lauren to Sweden for the summer, and Lauren accepts.

Lauren stays with Siri and her siblings — motherly sister Birgit and artistic brother Magnus — and immerses herself in Swedish culture. Lauren and Siri spend the days of longer daylight sunning, swimming, exploring, and partying.

Soon Lauren begins to see cracks in her relationship with Siri, mostly due to Siri's verbally explosive and self-centered behavior. Now Siri is ostracizing Lauren. When a party gets out of hand, Lauren cuts her trip short and returns to the US.

What happened? Why is Lauren grieving in isolation, questioning herself, and questioning her sanity? Will Siri return to the US for fall semester, or have bridges been burned forever?

Diane Zinna has written a lyrical and haunting story of friendship, love, loss, grief, hope, and the power that memories hold over us. Woven with breathtakingly beautiful descriptions of Sweden and Swedish folklore, *The All-Night Sun* is a fragile, heart-wrenching, unforgettable story.

Dell Gray is a book reviewer for several publishers on Instagram. Her handle is @abookorafewandjavatoo.

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NEW



GORHAM \$540,000 - Remarkable 4BR colonial located in the sought-after Heartwood Neighborhood. Enjoy this sunlit open floor plan with luxury vinyl plank flooring throughout the 1st floor. Entertain in this spacious cherry kitchen with a huge granite center island.

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WATERBORO \$329,900 - Here's your chance to own a rare 3-unit in the heart of Waterboro. Solid rental history. New septic system, public water & freshly painted exterior. Full basement, plenty of parking & well maintained.

NEW



WESTBROOK \$950,000 - This 5-unit is extremely well designed and planned for minimal maintenance. Rebuilt in 1989 & substantially upgraded during vacancies, each unit is nicely designed and laid out. Extremely easy to rent and great history of long-term tenants.

NEW



GORHAM \$89,900 - Very desirable 55+ community in Patio Park. Excellent location to all points. This Fleetwood features sunny kitchen & dining area, spacious LR, 1.5 baths & open concept living. Large deck, paved drive & storage shed.

NEW



WESTBROOK \$350,000 - Great corner lot with an easy commute. This well maintained Cape offers 4BRs & lots of potential. Finished room in the basement w/ woodstove & bar. The garage is heated w/opener. The seller is leaving the washer/dryer & generator.

SOLD



HOLLIS \$140,000 - This cape style home is nestled on the edge of the West Buxton Bridge over the Saco River in historic Moderation Corner. A project home with great potential. Renovated in 1997, farmer's porch & private side yard.



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blotter

Maple Ridge Road caller reported a civil issue involving a wedding dress. Caller was able to clear up the issue prior to the officer's call.

School Street caller reported a strong odor of essential oils in her room. Officer advised her this was not a police issue and they would not respond to her residence. She called again later with the same complaint and again was advised this was not a police issue. Both times she said she did not need rescue.

Partridge Lane caller reported an abandoned vehicle. Vehicle was not abandoned. It had been parked in the parking lot while the owner was out on the river.

Ossipee Trail caller advised that a man on Ossipee Trail, who appeared to be intoxicated, was trying to flag down traffic and was creating a traffic hazard. Man told officer he didn't feel well and requested an ambulance.

Officer saw a male walking on the wrong side of the road at night with no light or illumination. Man was being slightly uncooperative but said he had come from work and was trying to get home. He then admitted having gotten in a verbal argument with the driver and he had gotten out of the vehicle. Woman arrived to pick him up and they left.

Officer kept the peace at Maple Ridge Road while the party removed his clothes from house following a verbal domestic argument.

Madison Way caller reported a male across the street was in the driveway yelling and throwing things. He told the officer he was on the phone. He was warned for disorderly conduct and asked to keep the noise down. He agreed.

Flaggy Meadow Road caller reported a burglary.

Caller was complaining about all the "nips" containers on the side of the road. She wanted specific numbers on how many traffic stops are made overnight and how many of those lead to arrests for OUI. She also complained about speeders on New Portland Road.

Wood Road caller reported someone smoking in the garage. He was advised this is not a police issue.

Officer stopped at the Park 'n Ride on South St. at 3 a.m. Three people were sitting on the ground. When the officer stopped, one person picked up some items and placed them in the vehicle. He later claimed it was just cigarettes and his phone. All three said they were hanging out because the house belonging to one of them had people sleeping. Officer did not detect any illegal activity after walking around the car.

CALENDAR

THURSDAY, NOVEMBER 11

Osher School of Music at USM, virtual Veterans Day Concert, USM Chamber Singers, usm.maine.edu/music.

FRIDAY, NOVEMBER 12

Gorham High School Theatre, "Little Women" 7:30 p.m., McCormack Performing Arts Center
St. Anne's Knights of Columbus Pre-Pay Drive-Thru Fish Dinner, 207-550-1320 by Nov. 10.
Triad community meeting, 9 a.m., Gorham Fire Station meeting room.
USM Theatre Opening Night of "She Kills Monsters" with 9 more performances through the 22nd. 780-5151, usm.maine.edu/theatre

SATURDAY, NOVEMBER 13

Gorham High School Theatre, "Little Women" 2 and 7:30 p.m., McCormack Performing Arts Center
Highland Lake Grange Roasted Turkey drive-up, take-out dinner, 4:30-6 p.m.

SUNDAY, NOVEMBER 14

Gorham High School Theatre, "Little Women" 2 p.m., McCormack Performing Arts Center

SATURDAY, NOVEMBER 20

White Rock Friendship Club Christmas Craft Fair, 9 a.m. to 2 p.m., 34 Wilson Road

TUESDAY, NOVEMBER 23

Baxter Memorial Library, November Story Hour, 10-10:30 on the lawn.
Gorham Lions Club regular dinner meeting, 6 p.m., Old Elmwood School House

THURSDAY, NOVEMBER 25

Public Thanksgiving Dinner at Mister Bagel, 839-4516, or trmoody75.rm@gmail.com to order.

SATURDAY, NOVEMBER 27

Gorham Rec's "Burn off the Turkey 5K" at 9 a.m.
Living Waters Church Haddock Supper buffet, 5 p.m., Parker Farm Road, Buxton

SUNDAY, NOVEMBER 28

Gorham Parks and Recreation Light Parade, 4-5:30 p.m., Main Street/South Street/Robie Park
White Rock Friendship Club Annual Tree Lighting, 4:30 p.m. Santa will be there!

TUESDAY, DECEMBER 14

VFW Gorham Memorial Post 10879 meeting, 5:30 p.m., Gorham Fire Department Training Room

CLASSIFIEDS

CHRISTMAS FAIR

Our Lady of Perpetual Help, 919 Roosevelt Trail, Windham is holding a Christmas Fair, Saturday, December 4, 8 a.m. to 3 p.m. Yard sale, Food, Raffles, Christmas Trees, Knits, Bake Sale, Books, Jewelry, Gift Baskets and the Christmas Shoppe.

CRAFT SALE

CRAFT AND VENDOR FAIR: Grace Bible Church of Gorham, 74 Deering Rd, Gorham. November 13, 9 a.m. to 2 p.m. Christmas crafts, quilts, art, jewelry, wreaths and so much more!

FUNDRAISERS

WINDHAM GORHAM ROD & GUN CLUB - Old Fashion Turkey Shoot Fundraiser 11/14 2:30 p.m. Win a frozen turkey or pork loin in our rim fire shooting competitions (adult/youth) as well as raffles and other fun and games. Partial proceeds go towards sponsoring a local family for Christmas. 8 Tow Path Road Gorham. windhamgorham@gmail.com

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"MORE FOR YOUR DOLLAR"

2 Week Sale!

We've gathered all the great deals at the

Westbrook Store

90 Rock Row • I-95 Exit 48

Store Hours: Mon-Sat 7AM - 9 PM

• Sun 7AM - 8 PM



SHADY BROOK FARM or Jennie O Fresh **Young Turkeys**
119 lb. **Save 40¢lb.**
 LIMIT 2 PLEASE
 • Netted • Basted
 • Pop-Up Timer
 • 16-22 lbs.



MARKET BASKET or Jennie O FROZEN **Prime Turkeys**
79¢ lb. **Save 70¢lb.**
 • Netted • Basted
 • Pop-Up Timer
 • 16-22 lbs.
 LIMIT 2 PLEASE

Sugardale **Ham Portions**
 Fully Cooked • Heat & Serve
 Shank or Butt
99¢ lb. **Save Up To 80¢lb.**

CARANDO **Boneless Spiral Sliced Ham**
299 lb. **Save \$2.50lb.**
 • Fully Cooked
 • Heat & Serve
 • 100% Edible
 • Brown Sugar

Fully Trimmed No Waste **Atlantic Salmon Fillets**
899 lb. **Save \$1.00lb.**
 Fresh Ocean Raised

MARKET BASKET FROZEN **Extra Jumbo EZ-Peel Shell-On Shrimp**
699 16 oz. bag **Save \$1.00**
 • 26/30 ct. per lb.
 32 oz. bag \$13.89

MARKET BASKET FROZEN **Extra Jumbo Cooked Shrimp**
899 16 oz. bag **Save \$1.00**
 • 26/30 ct. per lb.
 32 oz. bag \$17.89

Veroni **Imported Italian Prosciutto**
399 4 oz. **Save \$2.00**

LAND O LAKES **Butter Quarters**
 Salted • Unsalted
 16 oz.
2\$5 for **5** **Save \$2.98**

Yellow Potatoes
 Great For Mashing! 5-LB. BAG
199 **Save \$1.00** Value Pack

13 Select Varieties **DelMonte Vegetables**
5\$4 for **4** **Save \$1.95**
 14.5-15.25 oz.

King Arthur Flour 5-LB. BAG
2\$5 for **5** **Save \$2.98**

Delicious Holiday Pies
 Apple • Pumpkin
849 11 Inch 48-56 oz.

MARKET BASKET **Gift Cards**
 Available In Amounts From \$10 to \$250
 The Practical & Appreciated Gift!

Sale Starts Sun. Nov. 14th - Sat. Nov. 27th

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Store Closed Thanksgiving Day November 25th