

Gorham Times

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A Free, Not-for-Profit Newspaper Serving Gorham Since 1995

January 11 Election to Fill Legislative Vacancy

Gorham Times Staff



Photo credit Christie Paul

A special election will be held January 11, 2022, to fill the District 27 legislative seat vacated by Kyle Bailey.

District 27 includes Wards 1-1 and 1-2 in Gorham and parts of Scarborough. Ward 1 voters will vote at the Gorham Middle School; Ward 1-2 will vote at Great Falls Elementary School.

Voters can request absentee ballots on-line or by calling the Town Clerk's office. Ballots will be mailed mid-December.

Candidates running for the position are Jim Boyle (D), Suzanne Phillips (unenrolled), and Tim Thorson (R). Phillips is currently on the Town Council but, if elected, could serve in both positions.

The winning candidate will fill the District 27 term that expires at the end of 2022.

Gorham Businesses Update

Pat O'Shea, Contributing Writer

Businesses in Gorham are opening, relocating and expanding. Several new businesses have opened or will be opening in town and several more have relocated or changed ownership. You will find some basic information about them while more specific information can be found on their websites. Thank you for your support of local businesses.

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Gorham's Light Parade Shines Bright

Lucia Monaco Holloway, GHS Student Intern

On the brisk evening of November 28, Gorham residents lined Main Street to watch the annual Gorham Light Parade. Everyone was in good spirits, chatting and waving to parade participants. Anyone was welcome to decorate vehicles and participate. There were only three rules for participants: stay in your vehicle, no throwing candy, and no Santa Claus, as that was reserved for the final truck that carried Saint Nick.

The parade began just after dark, traveled down Main Street, which was briefly closed, and concluded at Robie Park with the Christmas tree lighting about an hour later. The tree will stay lit in Robie Park through the holidays.

A local GHS student who attended the event with her family commented, "It was really cool to see so many people come together to celebrate the holidays. Next year my family and I will definitely be coming back." Surely, many attendees can agree.

Local businesses participated in the event as well as churches. Gorham's fire trucks amazed locals as they passed, completely covered in multicolored lights. Even the plow trucks were there to celebrate, looking festive and bright.

There were repeat participants like Gorham Sand and Gravel, and first timers like O'Donal's Nursery, decorating company trucks and waving to onlookers. "For O'Donal's, being a part of the Gorham Light Parade was a great way to kick off the holiday season. We are already looking forward to next year," said Amanda Sturgis of O'Donal's Nursery.



Photo credit Cathy Walter



Photo credit Lucia Monaco Holloway

Along with the local fire trucks, the Gorham community enjoyed a variety of events at this year's Light Parade along Main Street and concluded with the Christmas tree lighting in Robie Park.

A Holiday Message from The Gorham Times

Gorham Times Staff

The Gorham Times would like to take this opportunity as we wind down 2021 to thank everyone who contributes to bringing the news to Gorham. Thank you to our dedicated board of directors who work diligently behind the scenes to support production. All of our writers who contribute stories to every edition, from Gorham High School interns to members who have been with the paper since its inception, thank you for the variety of views and news you share with our community. Thank you to the hardworking distribution staff who get the paper into the hands of our readers.

We wouldn't have a paper without the loyal advertising of local businesses. Thank you, advertisers. When folks are

looking for any number of services, goods, or other needs, it is a comfort to know they can turn to the pages of our paper to find the best Gorham has to offer.

And to our readers, we thank you for picking up this paper. Whether you have been a reader since the paper was founded in 1995 or this is the first edition you have read, we welcome you. Thank you for making our efforts worthwhile and for looking to us for your local news stories. We love to hear from you, whether you have a news idea, fun photo, letter to the editor, congratulations, critique, or a "well done", please send your thoughts to gorhamtimes@gmail.com.

As this is the final edition of 2021, The Gorham Times wishes you Happy



Photo credit Christie Paul

Holidays. We will see you with our first edition of 2022 on January 6.



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CANDIDATE PROFILES FOR
SPECIAL ELECTION
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Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

Don't Miss Out on Health Care Coverage

Sen. Stacy Brenner

There's a lot going on in each of our lives these days with the holiday season here. Between balancing time with friends and family, volunteering or buying gifts for loved ones, it can be a fun but also hectic time. Beyond the holidays and all our commitments, however, there's another thing you should remember before the year ends: Open Enrollment.

You've probably heard this before, but as a refresher, Open Enrollment is the set period of time each year when folks who don't get their health insurance through work can shop for new coverage plans through the Affordable Care Act (ACA) Marketplace. Lasting from Nov. 1 to Jan. 15, these few weeks are a critically important time, since you won't be able to purchase an insurance plan on the marketplace at another point of the year unless you qualify for a special enrollment period.

Though Open Enrollment isn't new to us here in Maine, there are some positive changes that you should be aware of. This year, instead of utilizing the federal marketplace as we have done in previous years, we now have our own Maine-based insurance exchange called CoverME.gov!

In 2019, the Legislature passed a law that set the process in motion for Maine to establish its own marketplace, and now, it's up, running and saving Mainers money. CoverMe.gov is

designed specifically for folks right here in Maine, not for the whole country. I'm thankful that we now have our own marketplace that's built to address the unique needs Mainers face.

Health insurance is now more affordable than ever through the marketplace. Thanks to increased federal aid, roughly 80 percent of Mainers will be able to qualify for some sort of financial assistance. Even if you haven't qualified for subsidies in the past, it's time to look once again.

I know that for some, finding coverage through the marketplace can seem like a daunting task. Thankfully, there are people here to help. Maine Consumers for Affordable Health Care is an organization whose sole mission is to help Mainers find – and understand – health coverage. They operate a free consumer assistance helpline from 8:30 a.m. to 4:30 p.m. Monday through Friday, and you can call them at 1-800-965-7476.

This past year, I sponsored a bill to provide continued funding for this important service. The bill was signed into law by the governor, and will ensure that Mainers can continue to access unbiased, professional advice when it comes to their health coverage.

In the Legislature, I am fortunate to serve on the Health Coverage, Insurance and Financial Services Committee, where we work to expand access to health care

and ensure that all Mainers can afford the medications that they need. During the previous legislative session, we passed new laws to increase transparency in prescription drug pricing; to establish the Office of Affordable Health Care, which will help our state identify causes and solutions to out of control costs; and created a new lifesaving emergency insulin program, which will help prevent a worst-case scenario of someone dying because they couldn't afford their insulin that month.

I'm proud of what we've accomplished, but I know there's more to be done. Whether you get your insurance through the marketplace or through your job, my colleagues and I are working each and every day to ensure that no matter your income or where you live, that you can access quality, affordable care. Everyone deserves that ability.

Don't ever hesitate to contact me if I can be of assistance to you. You can send me an email at Stacy.Brenner@legislature.maine.gov or call my office at 287-1515.



Stacy Brenner is serving her first term in the Maine Senate, representing Senate District 30, which includes Gorham, part of Buxton, and part of Scarborough. She is the co-owner of Broadturn Farm in Scarborough and is also a certified nurse-midwife.

Gorham Businesses Update CONTINUED FROM PAGE 1

ORCHARD RIDGE FARM, located at 236 Sebago Lake Road, changed ownership in August. It is now run by Erica Gottshalk, her sister Kristen Walker and their mother, Mary Walker. The three Maine natives are looking forward to the wonderful opportunity of running a farm and opening up the land. They are adding peaches and raspberries to their crops and developing a fun community space. They will have cross-country ski trails, sledding and will allow snowmobiling this winter.

NO REPEATS FIBERWORKS, located at 2 School Street, is owned by Jo Eaton. Eaton has been crocheting for 50 years and offers crocheted hats for sale. Her hours are on her website and Facebook. She is happy to have found a creative space in the village center.

OTTO PIZZA held a successful soft opening on December 6. The business is located at 109 Main Street. They see Gorham as a great emerging market and look forward to serving the community with both pick up and delivery services.

- www.orchardridge.farm
- www.norepeatsfiberworks.com
- www.ottoportland.com
- www.onpointselfstorage.com
- www.thefamilycenterofme.com
- www.inhomeseniorservices.com
- www.orderazultequila.com

ON POINT SELF STORAGE recently opened at 531 Main Street. The business is run by the Stinson family, Gorham residents. It has climate controlled units available and 24-hour access. It is also a secure facility, with 24-hour closed circuit surveillance, lighting, and fencing. An interesting side note is that the 1800s barn on the property was donated to the Shaw Brothers. Presently the barn is being restored in Fryeburg and will be reconstructed at Cherry Hill Farm on Main Street.

THE FAMILY CENTER OF MAINE has relocated to 7 Railroad Avenue, Suite 317. This business is a collaborative of providers offering counseling services to children, families, individuals, and couples.

IN HOME SENIOR SERVICES has also relocated to 7 Railroad Avenue. They offer a wide range of caregiving support services which allows people to live independently and safely in their own home.

AZUL TEQUILA, located at 29 School Street, is planning on expanding. They will be moving into the space formerly occupied by The Ghost Kitchen. The larger space, along with a bigger kitchen and full walk-in cooler, will allow them to offer an expanded menu. Expanded bar options will also be available. They will still have the fast lane service selection bar and curbside pickup. They hope to open in the new space sometime in January.

**Run an ad in the
Gorham Times
Business Directory for
as low as \$25 per ad.**

**FMI call 839-8390
or gorhamtimes@
gmail.com**

BRINGING THE NEWS TO ALL OF GORHAM
PO Box 401
Gorham, Maine 04038
Phone and Fax: (207) 839-8390
gorhamtimes@gmail.com
www.gorhamtimes.com

The Gorham Times is a free volunteer-run community newspaper distributed every other Thursday to more than 100 pick-up sites throughout Gorham.

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- Of Interest** gorhamtimes@gmail.com
- Calendar item** gorhamtimes@gmail.com
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- School News** schoolnews.gorhamtimes@gmail.com

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- Editor:** Christie Paul
- Business Manager:** Donna Soper
- Advertiser Coordinator:** Donna Soper
- Design/Production:** Shirley Douglas
- Staff Writers:** Jacob Adams, Kathy Corbett, John Ersek, Sheri Faber, Cathy Walter
- Features:** Chris Crawford
- Photographers:** Amanda Landry, Roger Marchand
- Public Service:** Lori Arsenault
- Sports:** Katie Brown
- School News:** Michael Lortie
- Social Media Coordinator:** Donna Soper
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Ad deadline is the Wednesday of the week prior to issue date. Go to gorhamtimes.com and click on the advertising link for schedule.

EDITORIAL POLICY

The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

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Advertising Deadlines

Winter Break
December 29
January 12
January 26

Around Town

A public meeting and design session for the Gorham Community Skatepark will be held on Wednesday, December 15, 2021 from 6 to 8 p.m. in the Burleigh H. Loveitt Council Chambers at the Gorham Municipal Center (75 South Street, Ste 1).

On Friday, December 3, patrons, volunteers, Friends of the Baxter Memorial Library (BML), BML Board of Trustee members, Town staff, and BML staff congratulated Technical Services Librarian, Deborah Buker, on her retirement after 33 years in her position.

Winter sand is available at Public Works (80 Huston Rd). Winter sand is located beside the silver bullets. Each resident is allowed two 5-gallon buckets per winter event.

Candidates for Special Legislative Election

Name: Jim Boyle
Address: 25 Dundee Road, Gorham, ME 04038



Education: B.S. Forest Management, University of Maine 1981

Personal Info: I grew up loving the woods, which is how I chose my career path as a forester and wetland scientist. I now have a wonderful blended family with my wife, Sue Durst. We are very fortunate that our four children and four grandchildren all live in Maine.

Employment: I've spent my career owning small businesses that protect the environment. I started out as a forester before starting my first environmental consulting company in 1996. Today, I own and operate Environmental Permitting and Inspection, LLC.

Political and community experience: Voters in Gorham, Scarborough and part of Westbrook elected me to represent them in the Maine Senate from 2012 to 2014. I served as the Senate Chair of the Environment and Natural Resource Committee and as a member of the Agriculture, Conservation and Forestry Committee. I am on the Board of Directors of the Efficiency Maine Trust and have served on the Board of the Presumpscot Regional Land Trust, and as President of the Maine Association of Wetland Scientists. In each position I have used a good mix of life and small business experience to advocate for my neighbors in Gorham and Scarborough.

What do you see as the major issues for our community and how might they be addressed? Keeping people safe during the pandemic, while getting life back to normal for families and businesses, will shape my priorities.

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Name: Suzanne Phillips
Address: Harding Bridge Rd



Education: Gorham High School class of '94; B.A. in Art and Education University of Southern Maine

Employment: Town Councilor, nanny and house cleaner, former Executive Director of Gorham Business Exchange

Personal Info: I enjoy gardening, photography, painting, cooking, and reading in my free time. I enjoy being outside walking, snowmobiling or motorcycling.

Political and Community Experience: Gorham Town Council (3 terms) Vice Chairperson and Chairperson, TC Finance committee and Economic Development committee; Gorham School Committee member (1 term), SC Policy committee; Gorham Business Exchange board member, Gorham Founders Festival Committee, Gorham Historical Society President (4 years to current), Gorham Taste Walk Coordinator, Gorham Snogers Club member

Major issues facing the community and how can they be addressed?

Serving the Gorham community, both on the Town Council and School Board, the largest concerns are Traffic/Roads and Schools/population growth. The new arterial project to connect Gorham to the turnpike will help to alleviate some of the traffic problems in the South Gorham/ Scarborough area, but we

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Name: Timothy J. Thorsen
Address: 124 Gray Road #B, Gorham, ME 04038



Education: BA, Political Science, University of Washington, 1982

Personal Info: Married to H. Rebecca Thorsen, two adult daughters. Colonel, USMC (Retired). EA-6B Prowler Electronic Counter Measures Officer, CH-53E Helicopter Pilot. Veteran of the Cold War, Operation Desert Shield/Desert Storm, Operation Iraqi Freedom (deployed to Iraq), Operation Enduring Freedom (deployed to Djibouti). Junior Past Commandant of the Southern Maine Detachment of the Marine Corps League (Detachment 1324). Junior Vice Commander of the Veterans of Foreign Wars Post 6895 (Portland)

Employment: Director of Project Management, Rubb Building Systems, Sanford, ME

Political and community experience: I am a keen follower of current events and the current state of affairs in Maine caused me to for run for office. Elected leaders need to focus on issues that affect daily life, not ones driven by national agendas.

What do you see as the major issues for our community and how might they be addressed?

Education: Ensure that our children are able to safely stay in school. Students have already lost so much due to Covid.

Parents have learned a lot about what students are learning and need to be in control of their kids

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Are You Ready for a New Year?

Tom Hasbrouck,
New Year Gorham Coordinator

Many of us have faced challenges in 2021 and are ready to turn the page. We look forward to new experiences and joys, even though there are no guarantees. On December 31 we celebrate the past and welcome the future. To do this, New Year Gorham offers a variety of performers and experiences.

Our family-friendly event has perennial favorites, Wildlife Encounters and Mad Science, doing presentations for children at the Shaw Gym complex. When done there, walk across Robie Park to the high school for supper (prepared and sold by the Northern Force Robotics Team). Or, shake a leg in one of the workshops done by the Dance Studio of Maine.

On the stage of the McCormack Performing Arts Center you will find a series of acts featuring both local talent and some from away. Do you like Broadway musicals? Jonas Rimkunas will sing favorite songs from those. Franco-American fiddling? The Don Roy Trio is back, this year with some young guests, the Arnotts. Want to support Gorham's own? The GHS Chamber Singers and Jazz Band will be here.

We all have stories to tell, so it's good to learn to listen. Internationally acclaimed storyteller Antonio Rocha will be back to entertain and encourage. And magician Matt Roberts will make things appear — or disappear. His program of laughter and "Wow!" will take us to a favorite conclusion — fireworks!

Bring your family. Bring your friends. Come find some new friends. And do bring your mask. Because we care about a healthy community, we are requiring masks to be worn in all indoor spaces. We consider it our part in helping our neighbors have fun and not get sick. Please see our detailed ad elsewhere in this issue.

See you New Year's Eve!



Special Election Alert

Gorham House District 27
January 11, 2022

TIMOTHY THORSEN

- Common Sense for Augusta
- Proven Leadership
- Retired US Marine Corps Colonel
- Government Respect for the Law
- Government Accountability to Citizens
- Freedom of Health Care Choice
- School Curriculum Transparency
- School Board Accountability
- Republican





"As a Marine Corps veteran and small business owner, Tim has gained valuable insight to what it looks like to succeed as a team. Leadership is a valuable skill to any legislator, and I am confident his experience will provide the necessary background knowledge to help Maine, and the Town of Gorham, move forward."

Kathleen Dillingham
House Republican Leader



thorsenformaine.com
request your absentee ballot at 207-222-1670
facebook.com/thorsenformaine

Winter Season Safety

Charles Jarrett, Fire Inspector

Our holiday wish is for all residents to have a merry, bright, and SAFE holiday season. We encourage you to follow maintenance and decorating tips to prevent fires this season:

- IF you prefer natural to artificial, choose a tree with fresh, green needles that do not fall off when touched and be sure to add water to the tree stand daily.

- MAKE sure any tree is at least three feet away from any heat source, like fireplaces, radiators, candles, heat vents or lights and make sure the tree is not blocking an exit.

- USE only lights that have the label of a recognized testing laboratory such as UL. Read the manufacturer's instructions for the number of light strands to connect and use; some lights are only for indoor OR outdoor use — not both.

- CHECK all lights, and replace any string of lights with worn or broken cords or loose bulb connections.

- ALWAYS turn off decoration lights before leaving home or going to bed.

- NEVER leave lit candles unattended.

- DISPOSE of natural trees after Christmas or when it is dry. Dried-out trees are a fire danger and should not be left in the home or garage or placed outside against the home.

Lastly, smoke and Carbon Monoxide detectors make great gifts that can save lives.

If you have a fire, call 911. Even if you think it is out, a smoldering fire can re-ignite.

By following these fire prevention tips, we can greatly reduce the risk of fire in your home and enjoy a safe holiday season making our holiday wish come true.

Check out more Fire Safety Tips and recommendations from the National Fire Protection Association at NFPA.org.

Special Election JANUARY 11, 2022

There will be a Special Election on Tuesday, January 11, 2022 for District 27 (Ward 1-1 and 1-2). District 27 covers a portion of Gorham and Scarborough. To find out whether you are eligible to vote in this Special State Election, please go to this Street List.

This special election will be for Voters who are located in Ward 1-1 and Ward 1-2 (House District 27) only.

Voting for the Special State Election scheduled for Tuesday, January 11, 2022, will be at the Gorham Middle School for voters in Ward 1-1 and Great Falls Elementary School for voters in Ward 1-2 from 7:00 a.m. to 8:00 p.m.

Absentee ballots will be available soon. You can request an absentee ballot now by going to <https://apps.web.maine.gov/cgi-bin/online/AbsenteeBallot/index.pl> or calling the Town Clerk's Office at 222-1670.

SENIOR CARE

Sleep Habits and Alzheimer's

Bill Jenks

Paying attention to your sleep habits can reduce the risk of Alzheimer's. It has long been a point of pride for some people to claim that they function well on very little sleep. Getting a full night's sleep has sometimes even been characterized as wasting valuable time that could be better used in productive activities.

As more has been learned about why we sleep and what happens during sleep, it has become increasingly clear that sleep is not a waste of time; that it is, in fact, one of the most productive activities we can engage in.

Sufficient, quality sleep is the body's way of restoring its vital organs, especially the brain. Our brains are actually more active during parts of our natural sleep

cycle than when we're awake. We're just not conscious of that activity.

What happens when one does not get sufficient sleep over a period of time? Research shows that the lack of consistent sleep can impact our brains in negative ways; ways that increase our risk for Alzheimer's and other forms of dementia.

A research review in the scientific journal Nature Communications recently concluded that persistent short sleep durations of six hours or less at age 50, 60 and 70, as compared to a normal night's sleep of seven to eight hours, was associated with a 30% increase in dementia risk. The study looked at research that followed participants for 10 years or more.

So, what happens in our brains while we sleep? According to Jeremy Pruzin, MD, a memory care expert at Banner Alzheimer's Institute in Phoenix, "Sleep is a restorative function. While we sleep the brain repairs synapses, solidifies new learning and memories, and clears substances, including the beta-amyloid protein associated with Alzheimer's disease."

"Science shows that somewhere in the range of 40% of dementia cases worldwide could be delayed or even prevented with long-term lifestyle changes," says Dr. Pruzin. These include increased physical activity, smoking cessation, staying socially engaged, getting enough consistent, quality sleep, and eating a healthy diet. "You can give yourself the best chance at avoiding cognitive decline and dementia by addressing these and other lifestyle factors over decades. Doing so can outweigh the factors we have no control over, like the genes we inherit from our parents."

Dr. Pruzin shared the following suggestions for getting a good night's sleep:


view bed as a place of rest and use it only for sleep; don't watch television, and don't use your cell phone or computer in bed; go to sleep and wake up at about the same time every day, weekends included; limit caffeine and alcohol; be sure you engage in at least some physical activity during the day.

Getting enough quality sleep, especially when combined with other healthy habits like engaging in regular daily exercise, eating a healthy diet (check out the MIND diet), managing stress, socializing often with friends and family, and exercising your brain by learning new things, makes it possible to significantly lower your risk for developing Alzheimer's. There is no drug that even comes close.


As more has been learned about why we sleep and what happens during sleep, it has become increasingly clear that sleep is not a waste of time; that it is, in fact, one of the most productive activities we can engage in.



Bill Jenks serves on the Board of Directors of the Maine Chapter of the Alzheimer's Association, and is the owner of Home Instead Senior Care, which provides non-medical home care for seniors.




Village
PHYSICAL THERAPY
SUPPORT LOCALLY OWNED BUSINESSES



Mike Smith, MSPT, ATC

**Feel
The
Difference**



Jennifer Danley, DPT

Did You Know?

- > We have adjusted our schedule and treatments to better serve and protect our patients during this time.
- > If you have an orthopedic problem, you can come directly to PT. No referral needed.
- > Your out of pocket expenses may be less with us than treatment at a hospital based clinic.
- > We are the only 100% locally owned and operated PT clinic in Gorham.

839-9090 | 347 Main Street, Gorham

WISHING YOU ALL
A
Merry
CHRISTMAS
and
HAPPY NEW YEAR



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willisteam@willisrealestate.com

Gorham High School Honor Roll First Quarter 2021-2022

<p>Grade 9 High Honors Harrison Baber Raiyah Babinsky Whitney Ball Laura Burt Abigail Chamberlin Ashley Connolly Katelyn Cyr Cecelia Delloso Patrick Downey Gwyneth Dubail Lucia Dubail Meghan Gendron Bailey Hatch Lucia Holloway William Johnson Sophie Kaczmarek Kathryn LaPierre Faith Lara Chafek Matta Timothy Nagle Jamie Nelson Amelia Olaru Rachel Perkins Julia Reed Victoria Sands Jacob Shvets Natalie Smith Owen Spera Brooke Stevens Denali Tetrault Payton Thibodeau Lily Tukey Vanessa Walker</p>	<p>Finnian Dermody Riley Dever Anastasia Dolley Gavin Edwards Gabrielle Evans Joshua Faatz Emily Fadrigrone Mason Finck Cecelia Flett Aryana Flett Piper Forgues Hadley Foster Lauren Fredette Cameron Gasbarrone Ava Googins Kyle Green Sydney Ham Ethan Heady Finn Henderson Aubree Howard Joseph Hychko Violet James Kuba Kaczmarek Jack Karlonas Brooke Kazimer Alivia Keniston Nicholas Kim Parker Lafortune Adam Lembarra Aidan Lee Jack Mazaris-Atkinson Kayla McLean Samuel Merrow Natalie Miner Lindy Moreland Amanda Morin Ryan Morrill Wyatt Nadeau Diego Perez McLeod Payson Plummer Kyle Poillucci Abigail Rogers Elizabeth Bennett Teagan Brown Jakob Buckley Leigha Buteau Caleb Carrier Zachary Chandler Olivia Cherry Christopher Chesebro Riley Chubbuck</p>	<p>Annabelle Towle Sarah Wilcox Madisson Willey Logan Wilson</p> <p>Grade 10 High Honors Cole Allen Yamamah Almkhtar William Armstrong Dylan Bauer Chloe Blanchard Claire Boudreau Luke Burns Addison Canty Andria Cloutier Dylan Cummings Ella Downing Anna Dumais Brooke Farquhar Taylor Farr Nolan Feyler Summer Gammon Elizabeth Gay Addison Harjula Natalie Haskell Jesse James Noah Kennedy Ashton Leclerc Aidan Lee Emily Lemont Gabriel Michaud Lillian Miner Jacob Mora Amy Morin Caroline Morrell Riley Otoson Alicia Poschke Alec Pouliot Makayla Quintal Logan Sargent Emma Smith Sarah Rosingana Evelyn Rush Sarah Sanborn Brooklyn Sandstrom Rhys Saunders Mina Sayed Ella Senatore Casey Skolfield Alison Smith</p>	<p>Kaylynn Ballard Nathan Bergquist-Guimond Hannah Bickford Leen Bob Elsie Bradshaw Macey L Brenner Camryn Caruso Ethan Castonguay Jordan Cenate Alex Chase Khove Chubbuck Cory Coyne Rita Cummings Thomas Curtis Samantha Davis Jack Decrow Patrick Delaney Evelyn Densmore Grace Desmond Sophia DiPhilippo Isaac Dobson Giselle Doucette Hilary Douglas Cole Drinkwine Abigail Fecteau Lydia Fluet Jayden Forgitano Aiden Fortier Kaylee Gonneville Sophie Gunn Emerson Homa Brinn Irish Anthony Jordan Eleanor LaBarge Montana Leslie Hayden LeVasseur Meryk Lewellen Corey Lorfano Jack Luciano Channitra Ly Aislyn McLean Libbie Merrill Madison Miers Samuel Minchev Mia Mitchell Jackson Morrell James Morrison Lillianna Noel Erica Nygren Collin Page</p>	<p>Landen Paradis Samuel Parenteau Haden Pelletier Jenna Pequinet Paige Perreault Dylan Phillips Elizabeth Phinney Thomas Pritchard Christian Randall Brayson Reed Kaleb Reed Hadley Scaplen Cleveland Small Brayzel Smith Cole Smith Tristan Smith Kyleigh Staples Jonathan Stein Ambrose Svoboda Logan Vail Noah Vaughn Jason Verrill Zackary Waters Makenna Wheeler Samantha Whidden Cameron Whittemore Gretchen Wilichoski Dixon</p> <p>Grade 11 High Honors Julia Altham Christian Butler Klarha Cajuste Lexi Caron Faith Connolly Rachel Cummings Annie Cunningham Zoe Diffin Madeline Downey Abby Fiore Kylie Foley Julie Goldman Brooke Gordon Tedi Gould Lotus Graves Owen Harmon Olivia Hopkins Jude Huckaby Grace Johnson Elizabeth Keil Alexis Landry</p>	<p>Samuel Larkin Savannah Lyon Trevin Macomber Sofia Mankin Kaci Mollison Madyson Quimby Emma Sands Christopher Sargent Rylee Tenuta Hailee Willey Delaney Wright Peter Wu</p> <p>Grade 11 Honors Brady Alexander Hayden Anderson Anthony Arsenault Frank Bean Lucien Beardsley Ella Bethany Basil Bob Olivia Bryant Chloe Caldwell Miranda Chasse Morgan Cole Bode Coleman Jasper Crane Patrick Cyr Angela Dellasala Quinn Dillon Jonah Doucette Owen Dugas Sadie Fiore Noah Flynn John Frank Ty Gammon Andrew Gaudreau Kayleigh Greenlaw Corinna Hahn Keegan Hanscome Bruce Hodgkin Aryahna Hult Lucy Hyde Eden Johnson Erin Lawrence Jacob Lehmann Riley Lopez Aedan MacDougall Brady Marquis Kate Martin</p>	<p>Joyeuse Ntungane Cameron Parker Mikaela Pellerin Claudia Peterson Nicholas Phinney Qasim Rabbani Tyler Reynolds Lauren Rioux Abigail Rosingana Andrew Scribner Malachi Scribner Cody Sellick Eli Sjostedt Brady Smith Mason Sommers Ryker Spear Trent Stevens James Stigman Alexandra Sutton Kaylah Swan Eleanor Szostalo Megan Wentworth Kieran Wilkins Elizabeth Willette Lillian Zidle</p> <p>Grade 12 High Honors George Allison Curan Bassingthwaite Erin Castonguay Morgan Chapman Ainsley Christianson Sydney Connolly Izabella Densmore Mary DeWitt Katherine Dupuis Sadie Dyer Abigail Emerson Madeline Fadrigrone Asa Farley Andrew Farr Samuel Farr Annie Frey Elizabeth Frey Luke Goodwin Bryce Gunn Madisson Hatch Alexandra Light Elisabeth Loranger Bryce Lumbert</p>	<p>Anya Mazaris-Atkinson Rory Meserve Andrea Mitchell Annikka Mocchiola Ambrosia Moore Dylan Morrell Jillian Morrill Emma Mullin Julia Ordway Abigail Ouellette Phoebe Richards Quentin Riiska Arzou Sayed Benjamin Shields Clara Shvets Emma Stevens John Sutton Morgan Walton Megan Wentworth Violet Wilson-Wood Erin Abrams Colin Albert Natalya Asali Lauren Bachner Noah Badeau Ryan Bechtel Jacopo Benedetto Landon Bickford Brylee Bishop Caroline Bishop Robert Boylen Aaja Breton-Jalbert Kiely Burns Connor Callahan Lucas Castles Nathan Chase Kayleigh Cloutier Hunter Connors Nathan Corey Sakara Crawford Parker Curry Sadie Cyr Alden Dimick Tessa Dol Deseray Doucette Quinn Doyle Sarah Duff Hailey Edwards Zachary Emmons Olivia Falagarlo</p>	<p>Carl Feagans Emily Feagans Benjamin Fecteau Breshia Flett Maya Garand Charles Gay Emma Green Kylie Green Riley S Griffin Sydney Haskell Ethan Ho Kiara Hodge Timothy Holman Abigail Houpp Finnegan Irish Kyle Landry Marie Ange Lohomboli Annika Mankin John McCol Shawn McKeage Aidan Meredith Madison Michaud Sophia Michaud Macen Mitchell Isabella Morrill Alexandra Myles Anya Nagle Jenna Parker Hunter Pellerin Hunter Pelletier Grace Perreault Ellie Perry William Perry Madison Philbrick Grace Pierce Anna Provost Hannah Reed Vanessa Russell Evan Russo Thomas Sallinen Isaiha Sandoval Brady Sawyer Thaddeus Shain Kyle Skolfield Jackson Smith William Stein Jacob Tatom Quentin Wise</p>
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Gorham Middle School Honor Roll First Quarter 2021-2022

<p>6th Grade High Honors Jared Burt Haley Chandler Bryn Cunningham Charlotte Deveaux Grant Emerson Oliver Emerson Nicholas Harrington Abigail McCrillis Connor McHenry Dexter Vance Wyatt Walker</p> <p>6th Grade Honors Ahmed Abdulzahra Mahasin Ali Ahmed Grace Amadon Nicolas Andrade Jocelyn Bennett Griffin Berlinger Aspen Blair Clover Brown Myka Bush Zackary Carlson Ty Caron Jaxson Chestnut Bayla Clark</p>	<p>Stephen Connolly Dash Coolong Doria Crockett Tyler Croteau Camden Curtis Tucker Curtis Oliver Dennis Dustin Densmore Velina Doucette Brenham Dubois Owen Eling Anna Faatz Jack Feldhaus Alexander Fernandez Abrie French Gianna Gakunzi Julia Giguere Caden Gowler Isabel Hamann Neve Hanley Reese Hennessey Wyland Herrick Henry Hofmann Nara Holland Daniel Howe Sydney Ireland Caroline Jones</p>	<p>Luke Jones Gia Kaldrovich Madison Kindler Aneka Kuntz Fiona Lane Madelyn Leeper Blake Leighton Brayden Logan Natalie Lyford Sophie MacIsaac Allie Mannette LJ Mason Ireland Mathews Zachary McCormick Carter McGonagle Allison Merrow Jennifer Miner Lillias Mooers Isabella Moxcey Yanis Munyaneza Loreli Murray Amanda Neumann Julianna Normand Abe Palme Kasey Plaud Nolan Plummer Sophia Proulx</p>	<p>Ashlyn Pyle Katelyn Pyle Ian Quinn Aliza Rickett Isla Rutherford Olivia Ryder Aaron Samara Alina Senasy Sophia Soler Sophia Soule Lydia Spear Delilah Spiller Riane Stewart Griffin Tanguay Parker Thibault Sawyer Wheaton Tessa White Nikolai Wilkins Ryleigh Wing Sadie Woodman Dominic Woods</p> <p>7th Grade High Honors Zachary Bourgoin Sheila Casco Sean Kenny Lucas Lane</p>	<p>Larissa Moore Jasmine Radjabova Annabelle Vail</p> <p>7th Grade Honors Daniah Al Asadi Ryan Bachner Seamus Bailey Fatima Beshir Preston Brown Luna Button Harrison Crider Harvey Crider Owen Cummings Jack Cyr Liam Delaney Bennett Deveaux Maia Downing Antoine Dube Jackson Durgin Logan Eldridge Baxter Flagg Eli Gow Rachel Hale Evan Hall Everett Hurder Ryan Johnson</p>	<p>Claire Kennedy Olivia Kennedy Gillian Lachance Jackson Lavertu Brandon Levesque Aiden Lister Audrey Livingston Kylie Martorano Drew Milligan Logan Mills Anna Nichols Patrick Nichols Samuel Ottoson Gretchen Paul Molly Peters Keaton Pollard Rowen Reed Madison Rogers Addison Rush Adriana Russo Madison Sampietro Wyatt Sawyer Jack Sellick Isabelle Smith Sawyer Smith Carter Taiani Alexander Tukey</p>	<p>Ayden Tuttle Isaac Vail Lola Vance Aylla Vaughn Charlotte Wallace Cooper Whitehead Isaiah Whitehead Henri Wichmann Peyton Wilkins</p> <p>8th Grade High Honors Kaleigh Bauer Aubriana Cossitt Ava DeVinney Laurel Emerson Emily Fluet Tabitha Lavigne Hanna Logan Derek Luo Lorisette Matta Stella Moores Eleanor Morgan Amanda Nicholson Jacqueline Parenteau Addyson Simcock Elizabeth Springer</p>	<p>Taylor Tenuta Haley Vickery Sawyer VonderHaar Levi Wagner</p> <p>8th Grade Honors Ali Abdulzahra Hope Barney Lily Beardsley Gianna Berthiaume Logan Brassard Miles Brenner Abigail Buckelew Addison Campbell Cole Chasse Jocelyn Clark Grayson Cole Andrew Collins Lena Cooley Grace Cunningham Zoe Dellinger Mia Dodd Logan Doughty Aaron Dumais Isaiah Eling Taylor Ernest Abigail Fortier</p>	<p>Madeline Gawlick Brooklyn Giroux Lucas Graham Elle Hanley Reece Leclerc Campbell MacDougall Rylyn McInnis Tessa McNally Gavin Monkiewicz Maya Moores Rebecca Neumann Tyler Olson Madison Phean Joey Pompeo Cassidy Quimby Terra Rioux Gracen Roberts-Locke Thomas Sylvia Tobias Wane Claudette Wesse Natalie Wilkins Stella Wu</p>
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National Honor Society Induction

Luci Bowers, Reading Teacher, GHS

Gorham High School (GHS) inducted 48 new members into the National Honor Society (NHS) on November 17, 2021. GHS is looking forward to furthering the four pillars of NHS with projects built around character, scholarship, leadership, and service.

President-Drew Baber
 Vice President-Annie Frey
 Secretary-Ellie Perry
 Treasurer-Ainsley Christianson

Newly Inducted Members:

Curan Bassingthwaite
 Lucien Beardsley
 Landon Bickford
 Basil Bob
 Klarha Cajuste
 Connor Callahan
 Lexi Caron
 Morgan Chapman
 Miranda Chasse
 Faith Connolly
 Calvin Cummings
 Rachel Cummings
 Annie Cunningham
 Patrick Cyr
 Sadie Cyr
 Michelle Darling
 Madeline Downey
 Asa Farley
 Samuel Farr
 Emily Feagans
 Benjamin Fecteau
 Noah Flynn
 Charles Gay
 Tedi Gould

Kiara Hodge
 Olivia Hopkins
 Grace Johnson
 Elizabeth Keil
 Alexis Landry
 Samuel Larkin
 Erin Lawrence
 Jacob Lehmann
 Alexandra Light
 Elisabeth Loranger
 Bryce Lumbert
 Trevin Macomber
 Kate Martin
 Kaci Mollison
 Mikaela Pellerin
 Claudia Peterson
 Madyson Quimby
 Qasim Rabbani
 Abigail Rosingana

Thaddeus Shain
 Rylee Tenuta
 Megan A Wentworth
 Hailee Willey
 Delaney Wright

Current Members:

George Allison
 Drew Baber
 Lauren Bachner
 Noah Badeau
 Mallorie Bergquist-Guimond
 Allison Bishop
 Caroline Bishop
 Erin Castonguay
 Ainsley Christianson
 Kayleigh Cloutier
 Sydney Connolly
 Aiden Dever

Mary DeWitt
 Katherine Dupuis
 Hailey Edwards
 Madeline Fadrigon
 Andrew Farr
 Annie Frey
 Elizabeth Frey
 Riley Grant
 Madisson Hatch
 Ethan Ho
 Abigail Houpp
 Anya Mazaris-Atkinson
 Andrea Mitchell
 Ambrosia Moore
 Dylan Morrell
 Isabella Morrell
 Jillian Morrill
 Emma Mullin
 Alexndria Myles

Anya Nagle
 Anna Nelson
 Julia Ordway
 Hunter Pellerin
 Grace Perreault
 Ellie Perry
 Phoebe Richards
 Quentin Riiska
 Evan Russo
 Brandon Sadowski
 Brady Sawyer
 Arzou Sayed
 Benjamin Shields
 Clara Shvets
 Emma Stevens
 Dylan VonderHaar
 Morgan Walton
 Elijah Wyatt
 Megan Young

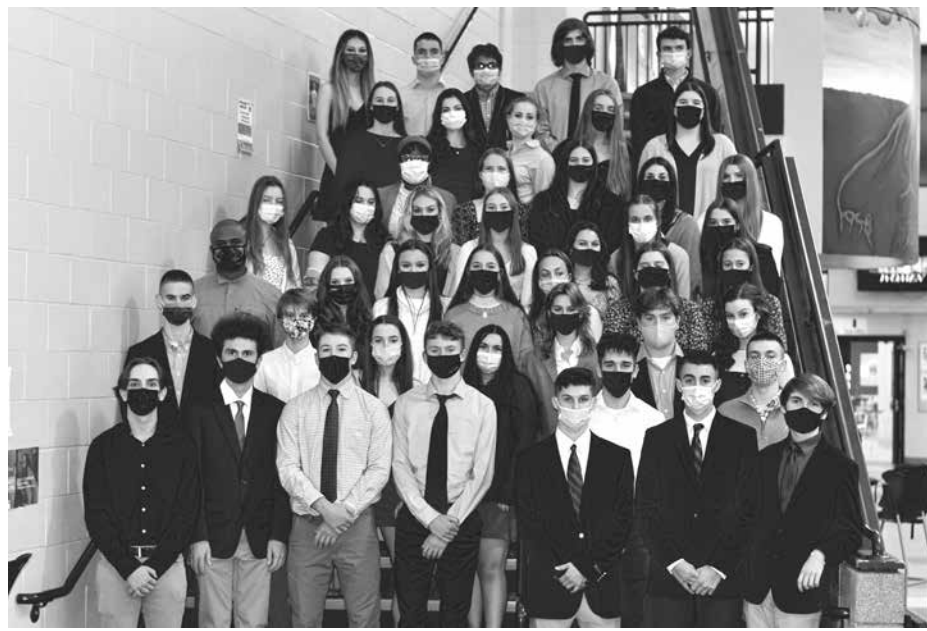


Photo credit Amanda Landry

The Little Rams Early Childhood Project

Michael Lortie, School News Editor

The Little Rams Early Childhood Project is a partnership of schools, child care programs, educators, parents, businesses, local organizations and leaders. This collaboration is prioritizing the youngest Gorham children, from birth through age five, with a focus on early learning, nurturing care and healthy development.

This collaboration was formed in the summer of 2021 with the initial planning assistance of the MDOE and our facilitator Tara Williams, Executive Director of Maine AEYC. The committee is strategically structured to ensure appropriate voices from multiple stakeholders in the community of Gorham to include current early care providers, school representatives, parents, business and community representatives.

This year-long venture involves monthly meetings of a large stakeholder group with the purpose of ensuring that all children and families have access to high quality learning experiences that promote healthy development and school/community readiness.

In their first two meetings, the group began to identify perceived strengths and challenges in our current early care systems and to analyze data from our community, the

CONTINUED ON PAGE 9

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CORI SHAW JOINS CENTURY 21 FIRST CHOICE REALTY



Born and raised in Gorham, Cori grew up surrounded by construction and land development her entire life. She's always had an interest in real estate and is eager to be able to combine her desire to help people with her enthusiasm for exploring properties.

Cori works with her family's construction company locally. This experience gives her a unique perspective on commercial property, though her first interest is in residential homes. She feels most satisfied helping her clients find a home that they can grow in, or assisting companies purchase land that will further their business ventures.

When it comes to Maine, Cori loves the real estate and the landscapes. When she's not working she can be found spending time outdoors near her home in Gorham or further north camping and hiking. Cori is excited and ready to help you with your next real estate transaction!

Greg Fall, Owner/Broker of Century 21 First Choice Realty adds, "I'm extremely excited that Cori has joined our Century 21 family here in Gorham and I look forward to Cori becoming a key component of our real estate service to this community and the surrounding area.

GHS Will Present “Into the Woods” in February

Michael Lortie, School News Editor

Gorham High School (GHS) is excited to announce that students will be performing “Into the Woods” this February. “Into the Woods” is a well-loved musical with beautiful music composed by the late Stephen Sondheim.

Sondheim, who wrote music and lyrics for dozens of Broadway musicals, passed away this Thanksgiving weekend at the age of 91. This show was written by James Lapine and intertwines the wishes and quests of four common characters of Brothers Grimm fairy tales.

Performances are scheduled for the weekends of February 4, 5 and 6, and February 11, 12 and 13 in the McCormack Performing Arts Center at the high school. Performances are Friday and Saturday nights at 7:30 and Sunday afternoons at 2:30. Tickets will be \$12 for adults and \$10 for students and seniors.

Joshua Hurd, the director of school musicals at GHS said, “The musical at Gorham High School has such a long standing tradition, both in the community and school, and not being able to produce the show in 2021 due to COVID was heartbreaking. It is exciting to be preparing to bring musical theater back to Gorham High School. There will be some restrictions

on masking and social distancing, but this will still be an incredible and memorable experience.”

The Musical Director is Matthew Murray, and the choreographer is Mariel Roy. This production team has worked together on the previous successful musicals, “Once On This Island”, “Cinderella” and “Big Fish”.

Annikka Mocchiola, who will play Little Red Riding Hood in the show, described the importance of these performances. “The big thing with being in

musical theatre is that it’s a family, and I’m genuinely never happier than when I’m rehearsing and performing with a cast. Especially in a show like ‘Into The Woods’, where one of the biggest themes is the concept of found family and coming together despite all the hardships. It’s an incredible experience. Singing lyrics like ‘Do not let it grieve you; no one leaves for good. You are not alone.’ will be a heartfelt moment that will really touch everyone who’s involved: performers, instrumentalists, and audience members alike.”

Hurd encourages the Gorham community to embrace this musical. “Please come see “Into the Woods” this February. Come support live musical theater in high schools again!”

Performances are scheduled for the weekends of February 4, 5 and 6, and February 11, 12 and 13 in the McCormack Performing Arts Center.

SPORTS

Winter Sports Preview

Katie Brown, Sports Editor

The winter teams are excited to get underway and compete this season. The Varsity coaches shared their teams’ outlook for this season.

GIRLS’ ICE HOCKEY: COACH MARY VAUGHAN

Key players include Gorham seniors Phoebe Richards, Sadie Dyer, Anna Provost, Sydney Haskell. Captains of the ice hockey team are seniors Phoebe Richards and Sadie Dyer.

Coach Mary Vaughan shares, “We are so happy to be back on our home ice this season. Last season the team was unable to play at USM and were on the road for all practices and games, sometimes traveling to Bridgton for a late Friday night practice.”

Players to watch are the seniors and the returning players who have already set the tone in practices in regard to team energy. Coach Vaughan says she expects this will be a fun team to watch, and one of the most experienced groups that Gorham has seen in several years.

Challenging opponents this year will be Biddeford and Mt. Ararat.

BOYS’ ICE HOCKEY: COACH JON PORTWINE

Key players to watch are Brady Sawyer, Jacob Graham, Thaddeus Shain, Jasper Crane, Andrew Gaudreau, Cole Allen, and Corliss Ordway.

Four seniors graduated from last year’s abbreviated season. There were

no home games played at USM, all practices and games were on the road for the Ice Hockey program. Coach Portwine shares, “It was a difficult season for the program but we are looking forward to being back at home at USM this season.”

The team will have at least two key rival matchups against Greely and Cape Elizabeth in February. These rival games in particular will have playoff implications.

GIRLS’ BASKETBALL: COACH LAUGHN BERTHIAUME

The team returns six seniors including, Anna Nelson, Sophia Michaud, Brylee Bishop, Nicole Walker, Leah Woodbury, Maddie Michaud who will all play a pivotal role this season. Other players to watch are Ellie Gay, Elizabeth Willette, and Kalin Curtis.

Gorham finished 6-4 last season in a COVID-shortened season. After a 5-0 start, the team had a 10-day quarantine that disrupted the season. Their signature win last year was against the Portland team that had two scholarship players on their roster.

The roster includes the six seniors mentioned above, two juniors, Marin Graham and Elizabeth Willette, three sophomores, Ellie Gay, Kalin Curtis, and Summer Gammon. Julia Reed and Vanessa Walker are both freshmen rounding out the roster.

Coach Berthiaume shares, “The

CONTINUED ON PAGE 11

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Thank you to all of the vendors and participants of the 24th annual **Burn off the Turkey 5K** run/walk. It is held the Saturday after Thanksgiving so save the date for the 25th anniversary!



PoGo Realty, Edward Jones, **Great Falls Builders**, Kerwin Chiropractic, **Gorham House of Pizza**, Thirsty Turf, **Inn at Village Square**, 320 Ink, **Nappi Distributors**, Moody's Collision, **Norway Savings Bank**, Rainey's Laundry mat, **Patriot Mechanical**, Willis Real Estate, **Otelco**, and Junction Bowl.

Thank you to all of the participants, volunteers, and community for coming out to the Reindeer Games, Light Parade and Tree Lighting. We are looking forward to 2022!

Thank you to all of the Police, Fire/EMT's, VIP's



Happy Holidays from all of us at Gorham Parks & Recreation

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 SAT, DEC 11, 2021 | 2:00 PM** & 7:30 PM**
 SUN, DEC 12, 2021 | 1:00 PM & 5:00 PM*
 FRI, DEC 17, 2021 | 2:00 PM & 7:30 PM*
 SAT, DEC 18, 2021 | 2:00 PM* & 7:30 PM
 SUN, DEC 19, 2021 | 1:00 PM & 5:00 PM

Watch this beloved holiday tradition (now in its 42nd year!) in-person or online! Magic of Christmas will be led by Music Director Eckart Preu and feature special guests, including Laura Darrell (star of *Frozen Live*), the Magic of Christmas Chorus, Ray Cornils, and James Kennerley! Celebrate the season with Christmas classics new and old - including the beloved "Sleigh Ride!"

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*This is a family-friendly performance featuring socially distanced seating, no intermission, and a shorter program (approximately 60 minutes).

**Please note, these in-person concerts will be filmed for release on PSO TV.

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SUNDAY, DEC 12, 2021 | 5:00 PM* ★ FRIDAY, DEC 17, 2021 | 7:30 PM* ★ SATURDAY, DEC 18, 2021 | 2:00 PM*

These performances featuring socially distanced seating, no intermission, and a shorter program (approximately 60 minutes).

In the Zone



Photo credit Amanda Landry

Maddie Michaud's NLI signing ceremony took place November 18. Michaud will be playing soccer at the University of Maine at Orono and plans to study Biology and go into the program of Nursing.

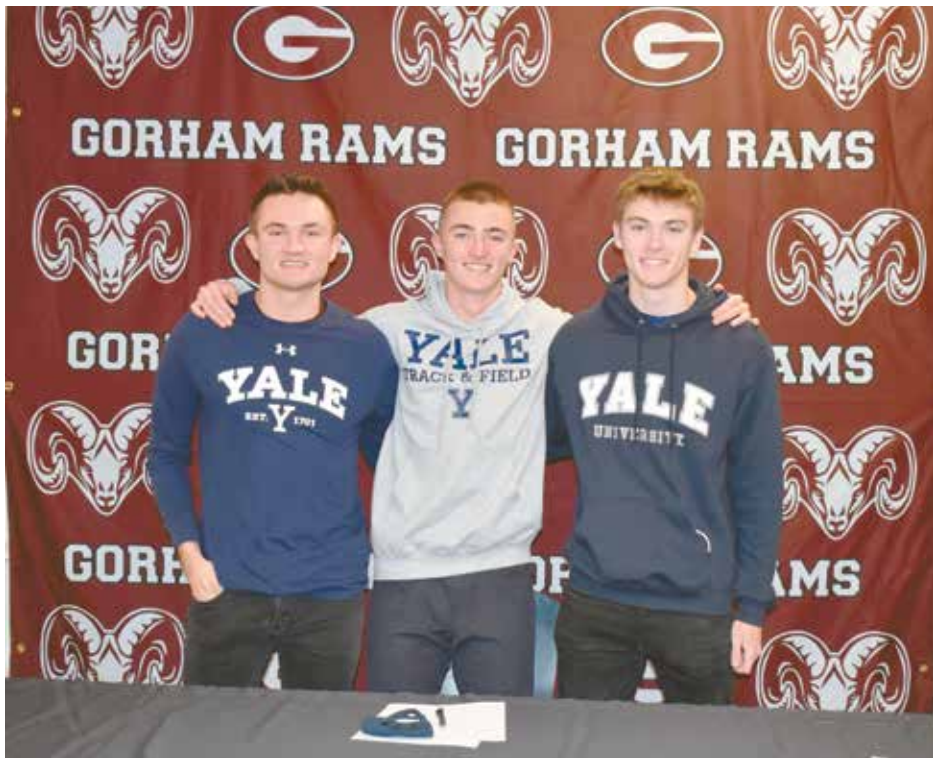


Photo credit Amanda Landry

Andrew Farr's NLI college signing with brothers Aaron and Ryan. Farr's NLI signing ceremony took place November 23. Farr will be running track at Yale and plans to pursue a career in the health field. Farr was offered a roster spot on the track and field teams of five other Ivy League schools in addition to Yale.

The Little Rams Early Childhood Project CONTINUED FROM PAGE 6

state and our region, regarding early childhood programming.

They looked at numbers of care providers, obstacles of access and transportation, as well as issues of salaries for child care providers and costs for families. All of these efforts help inform the planning and visioning processes.

Ultimately the goal of this work will be to create a vision for early childhood programs in Gorham. This committee will develop a written childhood vision report that includes an assessment of current community assets, gaps in family services and approximate timelines for implementation of a comprehensive plan.



**CHRISTMAS AT
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Blue Christmas Gathering
TUESDAY, DECEMBER 14 AT 7PM
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Facebook: First Parish Congregational Church Gorham

Family Worship & Christmas Pageant
FRIDAY, DECEMBER 24 AT 3PM
Outside service, will move indoors if needed.

Candlelight Celebration
FRIDAY, DECEMBER 24 AT 7PM
Choir/Special Music
Vaccine card and masks required.
(for all those who are age eligible)

Christmas Eve Vespers **AT 9PM**
Outside service, will move indoors if needed.

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Burn Off the Turkey 5K

Katie Brown, Sports Editor



Photo courtesy of Gorham Recreation Department

The annual Burn Off the Turkey 5K Race was held November 27 at the Gorham Recreation Department. A total of 163 runners came out for the annual race. For a full list of race results and photos, visit: <https://www.gsr.com/results/4405>

Drouin Dancers Post-Parade Photo




Photo credit Danielle Drouin

Dancers from Drouin Dance Center in Westbrook, immediately following their performance in the Macy's Thanksgiving Day Parade.

Front row: Jada Poisson, Annika Mankin (Gorham), Lily Grant, Abby Houp (Gorham), Brooke Chason, Jocelyn Snow, Julia Ordway (Gorham) Second row: Stella Crawford, Madison Boucher, Sofia Mankin (Gorham), Ashley Keef, Tedi Gould (Gorham), Michelle Scannell, Olivia Hopkins (Gorham) Back row: Emi DePeter, Mackinna Campbell, Ellie Backman, Kyra Hamblen (Gorham), Sydney mueller, Hannah Bristol-Watson

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A Lover of Loons...A Loon Champion

Chris Crawford, Staff Writer

Loon Facts:

Loons can live up to 35 years

Loons typically don't start breeding until they reach 6 or 7 years of age.

The largest, or heaviest, loons in the world live in Maine, and they can be almost double the size of a loon from Manitoba or Saskatchewan.

They do not mate for life. The average pair bond lasts about 7 years, although one pair stayed bonded for 17 years.

Minnesota has the most loon pairs in the lower 48, followed by Maine, and then Wisconsin.

A few loons have choked trying to swallow a fish too large for them to swallow.

Their closest bird relatives are penguins.

They can dive up to 200 feet (or more).

Pair members winter in different locations, with the female often wintering further south than their mates.

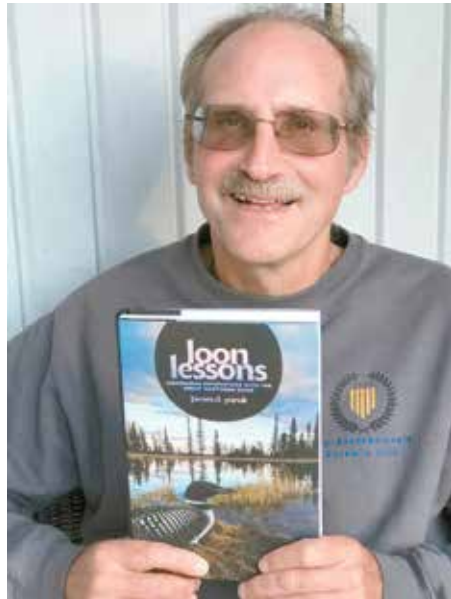


Photo credit Chris Crawford



Photo courtesy of Jim Paruk

Dr. James D. Paruk proudly displays his new, definitive book about loons, based on over 30 years of research. Holding a loon is an other worldly experience and is done by professionals, only to band them or if they are suspected of having health issues.

Nothing is more captivating than the haunting call of a loon echoing on one of Maine's many lakes. Very few people know as much about loons and what their calls actually mean than Gorham Resident, Dr. James D. Paruk. Jim is a scientist, author, educator and a world-renowned loon expert who has been studying them for nearly 30 years in many locations in Canada and the U.S., including Maine.

Jim's definitive new book, called "Loon Lessons: Uncommon Encounters With the Great Northern

Diver", was published this June by the University of Minnesota Press and is receiving great reviews. Jim shares his knowledge, gained through more than 5000 hours of field research, about the mysterious and well-loved water bird. His is the first scientific book published about loons since the late 1980s, but that doesn't mean it's just for science geeks.

His writing style is personal, lively and accessible for all lovers of loons. According to Barnes and Noble, the book describes the loon's

biology "in an entertaining style that affords a deeper understanding of this beautiful and mysterious bird's natural history and annual life cycle". The book is available at the Bookworm in Gorham and at many other bookstores and online vendors.

Jim's impressive credentials include a long list of scholarly articles. He is in demand as a speaker with organizations across the country, as well as conferences in Iceland and Finland. In Maine, he has spoken at local Audubon chapters and several libraries, was interviewed by Maine Public radio and has appeared on the local TV show, 207. He has also led ornithology courses throughout North and Central America.

Jim will be giving a talk and book signing at Baxter Memorial Library on Tuesday, December 14 at 6:30 p.m. Check with Baxter for more details.

So, how did a city kid who grew up in Hamtramck, which is completely surrounded by Detroit, become a loon expert?

"My exposure to nature was limited to the size of a very tiny front lawn," Jim said. He was an avid reader, and an astute public librarian steered him toward adventure books, such as Jack

CONTINUED ON PAGE 17

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team will look to play up tempo offense and tenacious defense. The team has veteran leadership and solid young talent. Depth will be one of the strengths of the team.”

Challenging opponents will be Windham, Thornton Academy, and Massabesic.

BOYS’ BASKETBALL: COACH MARK KARTER

Players to watch are team captain Elijah Wyatt, Jackson Smith, Quinn Dillon, Ashton Leclerc, Gabe Michaud, and Caden Smith.

Last season’s record for the Rams was 8-2 with no playoffs due to the COVID-19 shortened season. Gorham graduated eight seniors and all five starters from last year’s team.

Coach Mark Karter shares, “This year’s team will be a young yet up tempo team looking to play a fast-paced game. They will be a bit undersized, therefore, rebounding and positional defense will be key to their success. The team will need to fight and claw to compete within a very tough division. They should also be a fun team to watch.”

Challenging opponents will be South Portland, Bonny Eagle, Thornton Academy, and Scarborough.

SWIM TEAM: COACH WILLIAM YORK

This coming season for Gorham Swimming looks to be a bright one. Coach William York said, “As we look back to this past season, Gorham was able to finish 6th both for girls and boys within the Southern Maine virtual championships. As we move forward into the 2021-22 season

the team looks forward to racing in person once again and closing the gap with our competition.”

The team will be led by returning head coach William York and assistant coach Vanessa Gauger. Captains Allison Bishop, Caroline Bishop, Abby Houp, and Evan Russo will lead a strong team of returning athletes, as well as valuable new additions to the team.

A number of key swimmers to watch include Taylor Jordan in the 100 fly, Kate Pelletier in the 500 free, Stephanie Labrie in the 100 breaststrokes, Abby Rossingana in the 500 free, Tommy Pritchard in the 200 free, and Kyle Brown in the 200 free.

Coach York emphasizes, “This season looks to be an incredible showing for Gorham High School Swimming. The team is excited for the return to in-person meets with matchups against longtime rivals Kennebunk High School and Thornton Academy.”

BOYS’ INDOOR TRACK: COACH JASON TANGUAY

The team was Class A runner-up in 2020 and did not compete last year.

Key athletes returning include Andrew Farr (senior), who will be leading the way in the sprints. Coach Tanguay says, “He is coming off a very successful spring season this past year. Andrew broke the school records in the 100, 200, and 400 each time he took to the track and capped the season off with being runner-up in the 100 and 200 and a state title in the 400.”

Coach Tanguay adds, “Another senior coming off a very successful

fall season is Calvin Cummings. This past cross country season, he ran the fastest 5K time any Gorham runner has ever achieved along with earning All-New England honors at the New England Championships in Vermont. Calvin should be a top contender in the distance races this winter at both the league and state levels.”

Other athletes to watch are Tommy Sallinen, Jacob Lehmann, and Nolan Feyler.

Coach Tanguay shares, “There are many new faces joining our boys’ team this winter, and our overall success in the regular season will be determined by the development of these athletes. In the championship meets at the end of the season, we will have some top scorers.”

GIRLS’ INDOOR TRACK: COACH JOHN CATERINA

Coach John Caterina shares, “With a nucleus of veteran performers and some key newcomers, Gorham expects to be one of the top teams in the SMAA and be in contention for a Class A title this winter. Gorham will return a large and talented group of seniors who helped lead the team to State Class A runner-up in 2020.”

Key athletes to watch are Alyvia Caruso, Sydney Connolly, Emma Green, and Elisabeth Loranger.

Caruso was Class A 100 Hurdle State Champion last spring and has placed in the top three in long jump her sophomore and junior seasons. Connolly is a top sprinter and anchors the defending Class A 4 X 200m and 4 X 100m relays. Green won the Class A title in the high jump in winter 2020 and spring 2021. Loranger finished

third in the Class A outdoor 400 last year.

Other key players to watch include seniors Allie Myles, Jillian Morrill, and Maddie Michaud; juniors Rachel Cummings and Grace Johnson; sophomores Rita Cummings and Andi Cloutier; and freshman Ashley Connolly

SKI TEAM: COACH STEVE MUNKACSI

Key athletes to watch this season are Ryker Spear, Trent Stevens, Sam Munkacsi, and Owen Ballard.

The Alpine ski team finished last year in 4th place in the SMAA Championships. This year Shawnee Peak will continue their tradition of outstanding high school racing, and Gorham looks to contend on both the boys and girls teams.

Coach Steve Munkacsi said, “The girls’ team lost a couple of strong seniors last year, but fortunately, sophomore Abby Fecteau is ready to step into a leadership role on and off the snow. Several freshmen will look to make an immediate impact as well. On the boys’ side, seniors Malachi Wilson and Evan Verrill will look to translate experience into results for their final year of high school racing.”

Coach Munkacsi explains, “Last year’s points leaders were Owen Ballard, Sam Munkacsi, Ryker Spear, and Trent Stevens. If those four hyper-competitive juniors ski well on the same night, they can compete with any team in the league.”

Coach Munkacsi is currently looking for additional ski racers to join their team.

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COMMUNITY

DEANS LIST

Diana Kolb, Stonehill College, Easton, Massachusetts

OF INTEREST

The Bookworm will again be promoting the Books for Christmas program. There will be wrapped books for all ages ready for Santa's Sack! Customers can donate \$2.00 per book and the books will be added to the Christmas baskets at St. Anne's. Help promote a love of reading and spreading the joy of Christmas!

For over 25 years, the Gorham Food Pantry has served the needs of the hungry in Gorham. The Pantry was founded and is sustained by the efforts of many local churches, schools, businesses, generous donors, and hundreds of active volunteers. Thanks to a very supportive community, hope is provided to our neighbors in need. There are many ways to give. Learn more at sites.google.com/view/gorhamfoodpantry. Pantry hours are Thursday mornings from 10 a.m. to 12 noon.

Stargazers, on Monday, December 6 from 5 - 7 p.m. the Presumpscott Regional Land Trust presents "Intro to Stargazing" led by USM's Planetarium Director Edward Herrick-Gleason. He will share his expertise with all things celestial, and there will be plenty of time for questions. This is also a great chance to check out the region's newest conserved land, Steep Falls Village Preserve, where the wide-open meadows afford a great view of the night sky. To enjoy this event safely, you should be comfortable walking approximately a half-mile (round-trip) on trails in the dark with a flashlight. The content will be geared towards adults, and kids 12+ are welcome to attend with an adult. Whether you don't yet know the first thing about the night sky or are an avid amateur keen to experience the perspective of an expert, this event is for you. This event is free, but registration is required due to limited space. Register at prlt.org/event-signup-astronomy.

Gorham Arts Alliance will hold a Holiday Bizarre featuring local artists: ceramics, sculpture, fiber, cards, prints and more, on Saturday, December 11 from 9 a.m. to 12 p.m. at the Arts and Nature Center at Tannery Brook, 10 Wentworth Drive in Gorham.

Gorham Village Open Houses, Saturday, December 11, 11 a.m. to 4 p.m. Erin Flett Studio, Carter's Green Market, k.d. designs, and No Repeats Gallery. Please check our ad for locations.

Veterans of Foreign Wars, Gorham Memorial Post 10879 meets next on Tuesday, December 14 at 5:30 pm in the Gorham Fire Department Training Room, 270 Main Street. For information, please contact the post at vfwpost10879@gmail.com.

The Gorham Lions regular winter meetings resume on January 11 at the Moody's Community Room after the year-end holiday dinner at Junction Bowl on 12/14.

SENIOR NOTES

The Gorham Medical Closet, operating at the Municipal Center, 75 South Street, is free

and available to Gorham residents in need of wheelchairs, shower seats, commodes, walkers, canes, crutches and more. Hours are by appointment only with one of the volunteers. If you don't reach a volunteer, leave a message and they will return your call. FMI, call Gerry Day at 839-3859.

PUBLIC SUPPERS

The St. Anne's Knights of Columbus will hold a Pre-Pay Drive-Through Fish Dinner on Friday, December 17, from 5 to 6 p.m. at St. Anne's Church in Gorham. Dinner includes baked haddock, mashed potatoes, coleslaw, peas, a roll, and dessert for \$12. FMI, visit gorhamknights.org or call 207-550-1320.

Free turkey dinner with all the fixings – Christmas Eve, December 24 at 5 p.m. followed by a short Christmas Eve Service. Open to all. Living Waters Christian Church, 197 Parker Farm Road, Buxton. FMI Donna Aikins, 329-0753.

Take Out Bean Supper on Saturday, January 8 at White Rock Community Clubhouse, 34 Wilson Road, Gorham, 4:30 – 5:30 p.m. Pre-order dinner to go, \$20 for double or \$10 for single orders. Meal includes kidney & pea beans, cole slaw, potato salad, macaroni & cheese, biscuits, hot dogs, and a dessert bar. Please call 892-9521 by Wednesday, January 5th to reserve your order. Limited to the first 100 meals!

LIBRARY NEWS

The North Gorham Public Library, serving Gorham and Standish since 1897, is located next to the fire barn at the corner of Standish Neck Road and North Gorham Road. The library serves the surrounding community with a focus on fiction for adults and children, although most any book is available through inter-library loan. The library has WiFi service and computers for patron use. The library is open on Mondays from 3-5:30 p.m., Wednesdays from 6-8 p.m., and Saturdays from 10 a.m. to 1 p.m. Home Delivery and contactless parking lot pickup are also available. Visit north-gorham.lib.me.us, and facebook.com/northgorhampubliclibrary/.

Baxter Memorial Library – Author event with James Paruk. The eerie call, the distinctive black and white speckled plumage, the red eyes. How much do you know about the loons that grace Maine's lakes and ponds? Gorham resident, Dr. James Paruk, professor of biology at St. Joseph's College is one of the world's leading experts on the Common Loon. Tuesday, December 14 at 6:30 p.m. The Book Club discusses "Founding Mothers" by Cokie Roberts on Thursday, December 16 from 10 – 11:30 a.m. in the Schneider Room. December Story Adventures continue for families and caregivers with children 2 – 5 years old on Tuesdays, December 14, 21, and 28 from 10 – 10:30 a.m. And the Polar Express goes virtual on Wednesday, December 15 at 6 p.m. Pick up a take-away pack at the library for your virtual journey any time on or before December 15.

USM NOTES

Winter sports are back at USM Athletics! usm.maine.edu/athletics.

ILLUSTRATION + DESIGN BY ERIN FLETT

SHOP

THE VILLAGE

SATURDAY

DEC. 11TH

11:00 AM - 4:00 PM

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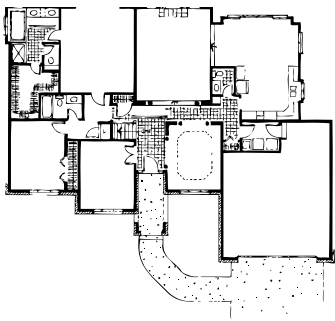
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**Baked Haddock
Mashed Potatoes
Coleslaw
Peas
Dessert**

**Pickup Friday Dec. 17
St. Anne's Church, Gorham
5:00 - 6:00**

WWW.GORHAMKNIGHTS.ORG

Christmas Services 2021

CENTERPOINT CHURCH

53 County Road, Gorham
Pastor Ben Thornton, (207) 370-8182
centerpointportland.com,
facebook.com/CenterpointME
Christmas Eve Service,
December 24, 5 p.m.

CRESSEY ROAD UNITED METHODIST CHURCH

81 Cressey Road, Gorham
Pastor Joseph Saunders, (207) 839-3111
cresseyroadumc@gmail.com,
cresseyrdumc.org
Angel Tree Benefit Concert
December 10, 7 p.m.
Drive-Thru Christmas
December 18, 5:30 - 7 p.m., Free
Christmas Sunday Worship
December 19, 10 a.m.
Christmas Eve Candlelight Services
December 24, 4 and 11 p.m.
Watchnight Service of Covenant
Renewal, December 31, 7 p.m.
All services available on Facebook.com/
CRUMCGorham, and YouTube

FIRST PARISH CONGREGATIONAL CHURCH

1 Church Street, Gorham
Rev. Christine Dyke, (207) 839-6751
christine@firstparishgorham.org,
firstparishgorham.org,
YouTube and Facebook
December 24**
Family Worship with
Christmas Pageant, 3 pm
Candlelight Celebration with
Choir/Special Music, 7 pm
(Vaccine card and masks required for
all those who are age eligible.)
Christmas Eve Vespers, 9 pm**
** 3 and 9 p.m. are outside services,
will move indoors if needed.

FORT HILL COMMUNITY CHURCH

Spire 29, 29 School Street, Gorham
Aaron Manning, (207) 592-4987
aaron@forthillchurch.com,
forthillchurch.com
Christmas Eve Service, in person and
online, December 24, 4 p.m.

GALILEE CHURCH

317 Main Street, Gorham
Pastor Mark Labacz and
Pastor Kevin Lambertson
(207) 839-6985
cgalilee@maine.rr.com, cgalilee.org
Christmas Eve Celebration,
December 24, 6 p.m.

LIFECHURCH

8 Elkins Road, Gorham
Pastor Brian Undlin, 839-6354
lifechurchmaine.org
December 23, 6:30 p.m.
December 24, 2:00, 3:30, and 5:00 p.m.
children's ministry available at all
services birth-6th grade

LITTLE FALLS BIBLE CHURCH

746 Gray Road, Gorham
Pastor Tony Vifiades, (207) 423-6730
littlefallsbc.org/
Christmas Eve Service, 5 p.m.

LIVING STONE COMMUNITY CHURCH

711 Ossipee Trail West, Standish
Interim Pastor Mike Smith,
(903) 721-0279
Christmas Eve Service
December 24, 6:30 p.m.

ORCHARD COMMUNITY CHURCH

1 North Street/Rt. 114, Gorham
Pastor Brian Ward, (207) 730-3910
orchardpastorbrian@yahoo.com,
facebook.com/orchardcommunitychurch
Christmas Eve Service,
December 24, 7 p.m.
in person and on Facebook

REDEEMER LUTHERAN CHURCH

410 Main Street, Gorham
Pastor: Rev. Timothy Sandeno,
(207) 839-7100
redeemermaine@gmail.com,
www.redeemermaine.org
In person and lived streamed at
facebook.com/redeemermaine
Advent Wednesday Services, 7 p.m.
Christmas Eve Lessons and Carols, 7 p.m.
Christmas Day Divine Service, 10 a.m.

ST. ANN'S EPISCOPAL CHURCH

40 Windham Center Road, Windham
Rev. Tim Higgins, (207) 892-8447
stannsoffice@gmail.com, facebook.com/
St Anns Episcopal
Windham ME 04062
stannsepiscopalchurch.com
4 p.m. Recorded pageant with Christmas
Carols and full Eucharist, upstairs and
downstairs for safety.
Please reserve ahead of time.
7 p.m. FB Live and full Christmas
Eucharist with Choir
10 p.m. Christmas Eucharist with
congregational singing of
Christmas Carols

ST. ANNE CATHOLIC CHURCH

299 Main Street, Gorham
Fr Lou Phillips, pastor, (207) 839-4857
stannegorham@portlanddiocese.org
stannegorham.com
Christmas Eve Mass,
4 and 6:30 p.m.
Christmas Day, 8 a.m.

SUMMIT COMMUNITY CHURCH

Gorham Middle School, 106 Weeks Rd
Rev. Travis Bush, (207) 839-4434
summitmaine.org
Christmas Eve Service
December 24, 6 p.m.
Sunday Service, December 26, 10 a.m.

UNITED CHURCH OF CHRIST AT NORTH GORHAM

4 Standish Neck Road, Gorham
Pastor David Farrington,
(207) 892-5363,
northgorhamchurch.org
Christmas Eve service
December 24, 6 p.m.
(masks required)

WEST GORHAM UNION CHURCH

190 Ossipee Trail, Gorham
Pastor Nate Colson, (207) 839-5946
facebook.com/WestGorhamChurch
Christmas Eve Service,
December 24, 4 p.m.

WHITE ROCK FREE BAPTIST CHURCH

300 Sebago Lake Road, Gorham
Rev. Jonathan Marshall,
wrfbc.org, (207) 839-1919
A Night of Carols. All are welcome and
light refreshments will be served.
Friday, December 17, 6:30 p.m.
Christmas Eve Candlelight Service,
December 24, 6 p.m.

*We
wish
you a
Merry
Christmas*

HAPPY NEW YEAR

PROJECT WARMTH

Sponsored by
Cressey Road Church

*Making sure no one in our community
is cold this winter*



Project Warmth was created to help those in our community who need fuel assistance or help repairing their heating system. Our goal is to make sure that no one has to be cold this winter.

We would like to thank and recognize those who have already generously contributed to *Project Warmth* this heating season:

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*The people of Cressey Road Church who have given for many years
to help their neighbors in need.*

We are continuing to accept donations as Maine winters are long and cold and the need is great. Donate or apply by calling Cressey Road Church at 207-839-3111 or mail your contribution to:

Cressey Road Church, PO Box 607, Gorham, Maine 04038

'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.' ~Matthew 25:40

Gary Slipp – Coordinator



Joseph Saunders - Pastor

Family Friendly Food*

Prepared by Northern Force Robotics Team
 #172 (Gorham & Falmouth High School Team)
 NYG Café
 GHS Cafeteria 5:00-7:30
 Concession Snacks
 Shaw Gym 3:30-5:30

*family friendly prices!



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Masks required while indoors, except in the café while eating.

Young Families!

Gorham Rec. Dept.

Shaw Gym

3:00-3:45 Wildlife Encounters
 4:00-4:45 Wildlife Encounters
 5:00-5:45 ... Wildlife Encounters

Multi Purpose Room

3:00-3:45.... Mad Science
 4:00-4:45.... Mad Science
 5:00-5:45Mad Science

Hallway

3:30-6:00.... Face Painting

Please note - To keep indoor audiences within CDC guidelines, we are offering three shows. We require masks for everyone, except those under two years of age.

For All Ages!

Gorham High School Performing Arts Center

4:30 Jonas & Josie!
 Hits from Favorite Broadway Musicals
 5:00 Don Roy Trio & Friends
 National Endowment for the Arts National Fellowship Recipient
 6:00 Gorham High School Chamber Singers
 6:30 Gorham High School Jazz Band
 7:00 Storyteller Antonio Rocha
 8:00 Matt Roberts Magic

New
 New

New

GHS Gym

Dance Studio of Maine Workshops (three)
 4:00 4:30 5:00

"Your passion is our life."

Fireworks @ 9 PM

Performance Descriptions

Thank You!



Antonio Rocha

Back by Popular Demand!

Antonio Rocha (pronounced Haw-sha), is an award winning storyteller whose entertaining mix of mime and spoken word has been presented in 16 countries across 6 continents. With his tenor voice, realistic sound effects and mesmerizing moves, Antonio is sure to tickle your funny bone and delight your soul. His stories are for kids and adults of all ages!

Matt Roberts

Family Appropriate Comedy/ Magician/Illusionist

Matt performed for us in 2017 and we are thrilled he is returning to Gorham for this year's celebration. Matt has performed on stage all over the country and in his own television show "The Power of Giving" on PBS (nominated for two Emmys). His performances are hilarious, interactive, astonishing and appealing to all ages. He might even call you to the stage to help!



Don Roy Trio & Friends

National Endowment for the Arts National Fellowship Recipient!

Back for their 14th year, Don Roy and his group of talented musicians will keep feet tapping and hearts singing with Acadian music. This year, Don Roy's trio will expand to include some young musicians.

Gorham High School Chamber Singers

We are pleased to welcome our own talented GHS singers to the GPAC stage, directed by GHS Vocal Teacher, Matt Murray.

Gorham High School Jazz Band

Tim Ebersold, GHS Instrumental Music Teacher, will lead our own high school jazz musicians in a program of "jazzy" sounds!

Wildlife Encounters

Back by our kids' requests! We never know what mysterious animals we will "encounter" when the wildlife emerges—always some hands-on and some hands-off; always amazing!

Mad Science - Holiday Spectacular!

Experience a Nor'easter of winter fun - is it magic or is it science? Kids will experience the festival of lights through a fantastic indoor fireworks display seen through their very own pair of diffraction glasses. Explore reindeer sneezes, snowball slime, and see what happens to Santa and his sleigh when combustion is added to it. Don't miss this special Mad Science Holiday Spectacular.



Robotics Team Demonstration

Come see the Northern Force Team's award-winning, skillfully engineered robot made by Gorham and Falmouth High School students. The students will answer your questions as their robot roams around the New Year Gorham Café.

Jonas & Josie!

Present Popular Tunes from Favorite Broadway Musicals

Jonas Rimkunas (tenor) and Josie DiPhilippo (piano) are students at the University of Southern Maine Osher School of Music. This iconic duo will perform selections from Carousel, Jekyll & Hyde, Les Misérables, and others. Check out the USM School Of Music's website for more events!

Dance Studio of Maine Dance Workshops

Ever wished you could dance? Here's your chance to join a workshop - learn a routine - and dance with others while having a whole lot of fun! Instructors from the popular Dance Studio of Maine will teach us some of their dance secrets!

Schedule Subject to Change

New Year Gorham Sponsors 2021*

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*Through December 1, 2021

Boyle

We have outstanding schools, and we need to make sure teachers can deliver a great education to our kids in a safe way. This starts with continuing to fund public education at the voter approved 55% and ensuring teachers and parents have the resources to navigate the realities of the pandemic.

Having a strong economy with access to good jobs starts with supporting small businesses. As a small business owner, I understand what the state can do — and can't do — to help people create jobs and grow their businesses. Maine needs to invest in higher education and skills training so workers can access the jobs available.

How we tackle climate change is also an important component of Maine's economic future. We must continue to execute Maine's climate action plan by transitioning to renewable energy and reducing our reliance on dirty fossil fuel.

I believe it is important that state government keep an eye on the bottom line, like every business I have run. I will focus on combating increases in the cost of living, particularly as they relate to property taxes, prescription drugs, and other basics like heating oil and groceries. Maine people work hard to support their families and communities, and our state government should work hard to make it easier for them to do so.

Phillips

should also continue to consider alternative means of transportation to continue to lessen the "pass through" traffic problem from towns further west.

The School funding formula and School construction process is the other major issue, with Gorham seeing increasing numbers of families looking to move to the area.

Gorham needs a solution at the State level to address its ailing facilities needs, as people move from other areas of the State to our community. We cannot shoulder the burden alone as a town. If elected I will advocate for these areas, and understand the issues at hand for our Town.

Thorsen

education and developmental needs, in consultation with educators.

Prosperity

Daily living is becoming increasingly unaffordable for all but our most wealthy citizens. I will support returning excess state tax revenues back to taxpayers and lowering taxes.

Maine small businesses, the backbone of our communities, have been devastated by our response to Covid and need to be strengthened. Every Maine community has lost well-loved, established businesses. We also need to return to a culture that values, encourages, and supports contributions from everyone.

I will promote generation of, and access to, abundant and affordable energy. High energy costs lead to higher prices for food and everyday items we need. There is no reason we should not have low-cost energy and be energy independent like we were until recently.

We need to avoid further Covid shutdowns or policies that further weaken our healthcare systems. A well-functioning economy is essential for the general health and well-being of Mainers. Several nursing homes and facilities serving individuals with disabilities have closed recently.

London's "Call of the Wild", as well as books about the natural world, and the fire was lit.

When asked for advice for young people thinking about pursuing a career in science, Jim said, "Follow your passion and interests. Science and compassion are going to help us solve the world's problems."

Jim earned a PhD at Idaho State University, a Master's at Northern Illinois University, and bachelor's degree in Science at Lake Superior State University.

After finishing his Master's program, Jim received a life-changing call from an undergraduate college friend, Dave Evers, inviting him to join a field research study where Jim learned how to catch and band a loon. This invitation turned out to be momentous, spurring Jim to pursue his PhD focusing on loon behavior.

When you ask Jim what it's like to hold a loon, a look of reverence crosses his face. He says, "Loons personify wilderness and wildness. In a way, it doesn't feel respectful to hold one of these birds in your arms."

Eventually, loons also brought Jim and his family to Maine. Jim was happily raising a family and teaching at Northland College on the shores of Lake Superior when his college friend, Dave, called again. This time, he had a job offer asking Jim to be the director of a project to study the effects of the 2010 Deepwater Horizon spill on loons and other water birds in the Gulf of Mexico. This would involve a move to Maine and coming to work at Biodiversity

Institute (BRI), Dave's company, located in Gorham.

Jim said, "It was a really tough decision as we were settled in Wisconsin (and Green Bay Packers fans), but it turned out for the best. Gorham has excellent schools, we've made good friends here and we love the small town activities and atmosphere."

BRI has since relocated to Portland, but Jim continues to be involved, holding a senior research position and serving as Vice Chair of its Board of Directors.

In addition to his writing, Jim currently teaches Biology, Human Anatomy and Physiology, and Animal Behavior and Ornithology at St. Joseph College, and is an adjunct professor of Biology at University of Southern Maine where he teaches Ornithology and mentors graduate students. Jim lives in the Village with his wife, Stefania Strzalkowska, who also teaches science labs in Microbiology and Human Anatomy at St. Joseph's College.

Both of their daughters, Olivia (GHS '18) and Emily (GHS '20), were Presidents of their class. Olivia is studying Sustainable Business at the College of the Atlantic. Emily, who was also Valedictorian, is studying Theater at Rider University.

Jim has been the assistant GHS girls tennis coach for the past four years. He also enjoys hiking, playing tennis and the guitar.

Jim can be reached at his website <https://www.jamesparuk.com> or via email at jparuk@sjcme.edu or jamesparuk@gmail.com

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(You must mention this ad prior to closing for my donation to be submitted.)

Focusing on Greater Portland to the Lakes Region and all points in between

CHRISTMAS AT CRESSEY ROAD CHURCH
 81 CRESSEY ROAD
 GORHAM, MAINE 839-3111

Angel Tree Benefit Concert
 Friday, December 10 at 7 p.m.
 A free will offering will be taken to help provide gifts for families in need

Celebrate the Season with Cressey Road Church's
Drive-Thru Christmas!
 Saturday, Dec. 18 from 5:30 - 7:00 PM
 Free admission

Watch the true story of Christmas unfold from the comfort of your vehicle. Although we are sharing the same wonderful story of the birth of our Savior, the experience will be brand new! This is a Christmas event you won't want to miss!

Christmas Sunday Worship
 December 19 at 10 AM

Christmas Eve Candlelight Services
 December 24 at 4 PM and 11 PM

Watchnight Service of Covenant Renewal
 December 31 at 7:00 PM

Pastor Joseph Saunders | cresseyroadumc@gmail.com | cresseyrdumc.org

All services available on Facebook.com/CRUMCGorham & YouTube

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PogoRealty.com
39 Main Street
GORHAM

SOLD



46 Farrington Rd \$110,000 - This 1.4-acre building lot is ready for your new home. Offers 200 feet of road frontage on a paved public road with electricity available along the frontage. There is a drilled well and existing 3-bedroom leach field located on the lot.



8 Unit Condo/4 Duplex Lot

GORHAM \$619,900 - Includes the approvals and infrastructure for this 8-unit condo development, Little Falls Condominiums. Gorham Sand & Gravel will complete the project with excavating the foundations, base pavement, loam and seed.

NEW



GORHAM \$389,900 - This lovely standalone condo offers easy one floor living. Worry free living but with the privacy & yard space of a single-family home. This home features a 2-car garage, sunny breakfast nook, tray ceilings, master suite with private bath.



GORHAM \$565,000 - 1.38acre lot at the end of a private road. Features 2022sf w/ open concept 1st floor plan, kitchen is open to the living & dining rooms. The 2nd floor offers a spacious master suite above the 2-car garage with private bath & walk-in closet.

SOLD



6 Narragansett St \$375,000 Gorham Village 2-Unit. Walking distance to the University & downtown. This 2-unit investment property offers a spacious 1/2 acre lot with ample parking & backyard. Long term tenants in both units.



GORHAM \$89,900 - Very desirable 55+ community in Patio Park. Excellent location to all points. This Fleetwood features sunny kitchen & dining area, spacious LR, 1.5 baths & open concept living. Large deck, paved drive & storage shed.



GORHAM \$299,900 - 27.38 acres conveniently located off Huston Road. The boundary survey is already completed. This acreage would be ideal for your next development or private homestead. Public water is available at the street.

SOLD



113 School St \$306,000 - 4BR / 2bath home in the Village with great walkability. Many updates, new boiler, new windows & a freshly painted exterior. Large backyard & well landscaped. Wood stove in the kitchen, metal roof, wood & tile floors & barn.



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the *Courtesy of the Gorham Police Department*
blotter

Sebago Lake Road caller reported the person who had been watching her cat was refusing to give it back. Caller later reported that the cat would be returned.

Main Street caller was concerned about a dog in a car. There was no dog in the car. Officer did see a dog drinking water in the outside dining room.

Caller reported an animal problem on Ossipee Trail. Officer checked out the container and it was not filled with kittens dead or alive. Officer moved the bucket out of sight.

Suspicious person on Dingley Spring Road had stopped to text. He went into his trunk to get a cleaning solution. Dashboard of the vehicle was actually wet.

Main Street caller reported an unknown male in her apartment. When the officer arrived, another person in the residence said the person was staying with her for a couple of weeks and she did not want him removed. She will call if she changes her mind. He was not paying rent.

Huston Road caller complained about a barking dog. Owner said they had just had a furniture delivery and he had put his dog out back while the furniture was being brought into the house. The dog is not normally left outside unattended unless there are workers in the house.

Burnham Road caller said her driveway was approximately 200 feet long and there was a vehicle half way down it. Occupants of the vehicle were pointing at her mailbox and her house. Once they saw her, they left.

Man reported someone had attempted to file unemployment benefits in his name. He was referred to the Maine Department of Labor website to report the issue.

A domestic pig was walking down Wescott Road and through the neighbor's yard. Callers were afraid it might get hit by a vehicle. It has gotten loose before. Officers were able to get the pig contained until owners arrived and took the pig home.

Officer told a man sleeping in his vehicle at a gas station on Gray Road that per his bail conditions he had to leave. Man left.

South Street caller complained roosters next door woke her every morning at 4 a.m. for the last three years. Officer advised police could not make the rooster stop crowing and suggested she speak to the neighbor to express her concerns.

Caller reported a male walking down the middle of the road, pushing some kind of cart. Caller had almost hit him. Man appeared to be intoxicated and was talking to himself. Officer did not locate the man.

CALENDAR

MONDAY, DECEMBER 6

Presumpscott Regional Land Trust "Intro to Stargazing," Steep Falls Village Preserve, 5-7 p.m., register at prlt.or/event-signup-astronomy

TUESDAY, DECEMBER 7

Baxter Memorial Library, December Story Adventures, (2-5yrs), 10-10:30 a.m.

THURSDAY, DECEMBER 9

Osher School of Music "Italian Art Song Recital," Corthell Hall, 5:30 p.m., pay what you want.

SATURDAY, DECEMBER 11

Gorham Arts Alliance Holiday Bizarre, Arts and Nature Center at Tannery Brook, 10 Wentworth Drive, 9 a.m. to 12 p.m.
 Gorham Village Open Houses. 11 a.m. to 4 p.m. Erin Flett Studio, Carter's Green Market, k.d. designs, and No Repeats Gallery. Please check on page 13 for locations.

TUESDAY, DECEMBER 14

Baxter Memorial Library, December Story Adventures, (2-5yrs), 10-10:30 a.m.
 Baxter Memorial Library Author Event, "Loon Lessons" with James Paruk. 6:30 p.m.
 VFW, Gorham Memorial Post 10879 meeting, Fire Department Training Room, 5:30 p.m.

WEDNESDAY, DECEMBER 15

Baxter Memorial Library, The Polar Express Goes Virtual, 6 p.m. at facebook.com/BaxterLibrary

FRIDAY, DECEMBER 17

St. Anne's Knights of Columbus Pre-Pay Drive Through Fish Dinner, 5-6 p.m., 550-1320

TUESDAY, DECEMBER 21

Baxter Memorial Library, December Story Adventures, (2-5yrs), 10-10:30 a.m.

FRIDAY, DECEMBER 24

Free Turkey Dinner, Living Waters Christian Church, FMI 329-0753

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WEDNESDAY DEC. 15 6PM - 8PM

THE MUNICIPAL CENTER BURLEIGH LOVEITT COUNCIL CHAMBERS 75 SOUTH STREET GORHAM ME

Photo: @david_ostlund via Instagram

GORHAM SKATEPARK
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MEETING TOPICS:

- ✕ PRESENT 3 POSSIBLE DESIGN CONCEPTS
- ✕ DISCUSS THE OPTIONS
- ✕ CHOOSE A DESIGN DIRECTION
- ✕ FINALIZE YOUR NEW SKATEPARK DESIGN

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99¢ lb. **Save 60¢lb.**

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7⁹⁹ **Save \$1.00** **FROZEN 16 oz.**

MARKET BASKET FROZEN Colossal Cooked Shrimp 16-20 ct.

9⁹⁹ **Save \$2.00** **16 oz. bag**

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Sale Starts Sunday Dec. 12th - Saturday Dec. 24th

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