

# Gorham Times

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A Free, Not-for-Profit Newspaper Serving Gorham Since 1995

## Help for Ukraine

Krista Nadeau, Staff Writer



Photo credit: First Russian Baptist Church

Many items were sorted, packed and sent in a shipment to support Ukrainians during the Russian invasion.

As people watch in disbelief over the continued Russian military invasion of Ukraine, it's natural to want to help.

First Russian Baptist Church (FRBC), located at 211 Mosher Road, is continuing to accept donations for Ukraine. Due to the outpouring of

support, one shipment has already been sent.

If you would like to offer support to Ukraine, donations can be dropped off at the family center/gym door at the FRBC on Wednesdays between 5-7 p.m.

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## GHS Takes First Place at Regional Drama Festival



Photo credit: Josie Tierney-Fife, GHS One Act Director and Teacher

Gorham High School (GHS) presentation of "The White Room Of My Remembering" took first place in the regional competition held at GHS. The regional competition was held live this year after being canceled the past two years due to COVID.

Pictured: Alana Worden, Erin Abrams, Hannah Reed, Karise Theimens, Kaylin Brown, Amelia Olaru, Aera Hyson, Annikka Mocchiola, Lily Rubin, Julia Ordway, Jenna Pequinot, Emma Smith, and Brady Mercier. Not pictured: Will Feagans, Abby Fiore, Asa Wareham, Cecelia Delloso

## Cameras Installed in Gorham School Buses

Gorham School Department and Gorham Police Department

In a joint press release on March 29, Heather Perry, Superintendent of Schools and Christopher Sanborn, Gorham Chief of Police, announced the installation of automated cameras in all Gorham School buses.

Earlier this fall, school bus drivers, parents and community members reported an increasing number of cars in Gorham not stopping for the flashing red lights of our school buses.

School district administration and representatives from the Gorham Police Department met earlier this fall with our school bus drivers to listen to their stories of violations and to hear them advocate for student safety.

As a result, the Gorham School Department has worked closely with the Gorham Police Department to implement a new technology that they hope will ensure the continued safety of our children while riding school buses.

They have installed automated stop-arm cameras to approximately half of our daily bus fleet and will install the other half later this summer.

Beginning immediately, individuals who pass Gorham School buses while red lights are flashing will have their vehicle's license plates recorded on a time and date stamped video recording.

The school's Transportation Department will then download this data and share it with The Gorham Police Department who will work to issue a summons to each individual violating this important safety law.

We hope that with this new equipment in place and with the continued partnerships between the Gorham School Department and the Gorham Police Department, that these violations will be greatly reduced.

Further, we hope that as a result, the likelihood of having to report a serious accident involving our children will be far less likely to occur.

To learn more about the systems that have been installed on our buses, you can go to the company's website (<https://www.seon.com/school-bus-safety/school-bus-camera-systems/stop-arm-system>).

Ultimately, the goal is to ensure the safety of our students. The intent of this media release is to ensure our community is aware of this new technology and therefore, will be more vigilant in following this important safety law.

Please, STOP FOR SCHOOL BUSES WHEN RED LIGHTS ARE FLASHING. Our children, our families and our community thank you in advance.

## Gorham Food Pantry has BIG Spring News

Rob Roy, Gorham Food Pantry President



Photo courtesy of Gorham Food Pantry

Gorham Food Pantry was awarded a "Community Development Block Grant" to purchase a new van. The Food Pantry actually received the grant on March 8, 2021 but because vans and most other vehicles have been in short supply, the Pantry is just now taking delivery of the van. In the past, staff and volunteers have used their own vehicles to pick up and deliver food. This van will make picking up food and supplies much easier.

The Pantry has also received a second grant from the Good Shepherd Food Bank. This grant will pay for needed

upgrades and repairs to the building. The funding is earmarked to upgrade the ramp that enters the building, reshingle the roof, upgrade entry doors and to make some improvements and upgrades to the interior space.

The Pantry wants the community to know that the goal has always been, and will continue to be, to use the majority of individual donations to provide food and essential items for clients.

When the pandemic first hit in March of 2020, the Pantry staff had to rethink the way it operated, and knew it would

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TEAM HAS SUCCESSFUL  
FIRST SEASON - PAGE 8**

## NEWS FROM AUGUSTA

**Policy on News from Augusta:** The Gorham Times asked our three state legislators from Senate District 30, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

# Celebrating Progress this Earth Day

Rep. Jim Boyle

Earth Day is about a week away and there is a lot to celebrate and many ways to do so. Our natural resources are among our greatest assets and a primary driver of Maine's economy. Last year, the state made historic investments in our outdoors and addressed the greatest threat to our environment and natural resources – climate change.

Earlier this year, my colleagues put our state motto, *Dirigo*, into practice by leading on several pieces of groundbreaking legislation to combat climate change and advance climate resiliency.

Maine passed the first bill of its kind in the country that shifts the cost of package recycling from consumers to manufacturers. Previously, property tax payers were responsible for footing the bill for municipal package recycling. This law incentivizes producers to be more mindful of packaging waste while also lowering the tax burden on Maine communities.

The Legislature also passed a bill to establish the Maine clean energy accelerator, also known as a Green Bank, the first of its kind in Maine. The Green Bank leverages public and private funds to invest in projects that advance clean energy, energy efficiency and climate resiliency. It prioritizes investments to low-income and underserved communities and increases access to low-interest loans, reducing economic barriers to energy efficiency home improvement projects such as solar panels and heat pumps.

The Legislature also passed into law a directive to the agency responsible for regulating public utilities requiring that it include climate and greenhouse gas emissions as part of its work regulating state utilities in order to meet our emissions reduction goals.

We further took the lead on addressing the threat that forever chemicals, commonly referred to as PFAS, pose to human and environmental health. I am proud to have joined my colleagues this winter to continue the good work already accomplished on many of these fronts, but especially on tackling the PFAS crisis facing our communities.

With the understanding that much more is needed to combat climate change, it is important to recognize and celebrate the progress we have made.

This year, in honor of Earth Day, the Maine Audubon Society will host its ninth annual outdoor film festival with a special conservation-themed version of the film tour. The festival will take place on April 22 at Gilsland Farm in Falmouth and will feature a variety of short, independent films, a raffle and an evening celebration of Earth Day. To learn more, visit the Maine Audubon Society's website.

The Girl Scouts Green ME Up Earth Day event is back in person at the L.L. Bean Discover Park in Freeport this year. The event will take place this Saturday, April 16, beginning at 10 a.m. and will include interactive and earth-friend-

ly activities featuring organizations like WormMaine, ecomaine, Junior Maine Guides and others.

The Maine Sierra Club will also host a range of activities and events over the Earth Day weekend such as community clean-ups and group hikes.

If you'd like to register a new community clean-up for Gorham or Scarborough, you can do so here. Clean-up participants will have an opportunity to win a prize from Patagonia after submitting a form and photos of their trash haul.

With longer days and warmer weather on the horizon, there will be more opportunities to get outside and enjoy Maine's greatest asset, our environment.

As a member of the Legislature's Environment and Natural Resources Committee, it is my job to work with my colleagues in Augusta to help ensure we can continue to recreate, do business and enjoy Maine's natural resources for years to come. I am committed to this work and look forward to celebrating Earth Day with many of you next week.



Rep. Jim Boyle, D-Gorham, is serving his first term in the Maine House of Representatives and previously served two years in the Maine State Senate. He is a member of the Environment and Natural Resources Committee. Contact him at [Jim.Boyle@legislature.maine.gov](mailto:Jim.Boyle@legislature.maine.gov).

## Gorham Food Pantry has BIG Spring News! CONTINUED FROM PAGE 1

likely see an increase in clients who regularly depended upon us.

The Gorham community stepped up, offering incredible support in the way of both financial and food donations

during this challenging time. The Pantry wants to thank everyone for their ongoing support.

The Pantry will be holding a spring food drive on Saturday, May 7 from 9 a.m. to 1 p.m. in the Gorham Hannaford parking lot. Please check the Friends of Gorham Food Pantry Facebook page and the Gorham Times for more details soon.

## Around Town

Congratulations to Derik "DJ" Littlefield on his promotion to Lead Driver/Operator for Gorham Public Works.

Curbside Comforts will be opening their new location in Little Falls at the site formerly occupied by Sweet Life.

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Ad deadline is the Wednesday of the week prior to issue date. Go to [gorhamtimes.com](http://gorhamtimes.com) and click on the advertising link for schedule.

### EDITORIAL POLICY

The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

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## UPCOMING ADVERTISING DEADLINES

April 20  
May 4  
May 18  
June 1  
June 15

# New Gas Alarm Bill Affects Residents and Businesses

Grace Johnson, GHS Student Intern

The State of Maine recently passed Bill #2469, which went into effect on January 1 of this year. The bill requires the installment of natural gas alarms in many public and commercial buildings across the state, and will hopefully result in saving many lives.

The new bill mostly pertains to non-single family dwellings, so the average Gorham household isn't going to be affected too much, at least for now. However, if you rent a single family dwelling to someone, and there are any appliances that use propane or other natural gases, the bill requires the presence of a natural gas alarm.

Aside from apartment buildings, a large variety of public and private places are also affected by this bill. Commercial businesses, condominiums, hotels and motels are all required to comply.

Natural gas alarms are crucial in detecting dangerous gases that are typically invisible as they make their way through the air. As these gases become more common, it's no surprise that the state is tightening up its regulations on natural gas alarms.

"The concern used to be just propane," said Charles Jarrett, Gorham Fire Inspector. "But now there's natural gas in the street and in so many areas that we need to add this safety feature."

When talking about the safety that these gas alarms are sure to provide, Jarrett brought up a case from Farmington. Just a few months ago, gas seeped into the ground where the smell was masked by bacteria

and went unnoticed until it was too late. An intersection was closed, and evacuation was required.

"When you look at what happened in Farmington, that's when you realize that this bill will have a dramatic effect in saving lives and saving property," said Jarrett.

The bill initially failed to include a few sections, which means that business mercantile and assemblage occupancies have until 2026 to comply.

Jarrett encourages buildings not to wait and says the fire department is already working to install the alarms in the Gorham Municipal Center. While there is no law requiring natural gas alarms in single-family homes, it's

still a good idea to look into installing one. They are readily available and important to have in case of an emergency.

"Just make sure the alarm is approved by a national testing laboratory," said Jarrett. "There are devices that are not approved, so make sure it's compliant and make sure it goes with the standard."

As with any safety devices, natural gas alarms need to be tested and checked on a regular basis to ensure they work. Businesses, public spaces and even households need to be sure to continually maintain them so that they can maintain your safety.

"For the most part, this is going to be an educational process," stated Jarrett. "It's going to remain an educational piece for quite a while. It's important to teach why the new law exists and why it's needed. That is what's going to save lives."

*"When you look at what happened in Farmington, that's when you realize that this bill will have a dramatic effect in saving lives and saving property,"*

CHARLES JARRETT  
Gorham Fire Inspector

# Local Officer Fails to Record Statement After Fatal Accident

Gorham Times Staff

In 2019, Kenneth Morang, a corrections officer, was driving home after working a 16-hour shift at the Cumberland County Jail.

Morang hit a vehicle with six family members on their way home from Westbrook. All six people were taken to the hospital with serious injuries. A nine year old girl, Raelynn Bell of Cumberland, later died from a traumatic brain injury she suffered in the crash.

Gorham Detective Sergeant Daniel Young was off duty when he received word of the accident and was told he needed to go to Maine Medical Center to talk to the drivers. Young went to the hospital in plain clothes, driving an unmarked police vehicle and without picking up a recording device.

Morang told Young he had "nodded off" a couple of times, describing stretches of back to back shifts at the jail and reporting that he worked almost 100 hours some weeks.

At the hearing, Morang's attorney, Amy Fairfield, said Young had violated Gorham Police Department's policy by not recording the first interview.

She asked the court not to allow evidence from Young.

Young acknowledged that he had a work-issued iPhone with which he could have recorded Morang's statement at their first meeting.

Young testified that he went to the hospital to learn the identity of the drivers and to obtain information on the accident. He also testified that he spoke to Morang alone for about 15-20 minutes and reminded Morang that he was speaking voluntarily and could ask the detective to leave at any time.

In a second recorded interview, Morang answered Young's questions with qualifying statements.

Morang's family also told the court that Morang spoke to Young after the detective promised he would not be charged in the incident. Both of Morang's daughters testified that Young had said "There will be no charges; This was an accident". Young denied having made any such statement.

If convicted, Morang faces up to 30 years in prison.

## CryptoVerse by A. Logophile

AFTOJ AVGL OFP KTM, QTBYBMX, FPPBZ,

DVI FQTKH GFZL LBHKOKI RBZ.

KP AFZ FPG RVPX QHXFLX QHFP IB YKLLKI

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SOLUTION ON PAGE 15

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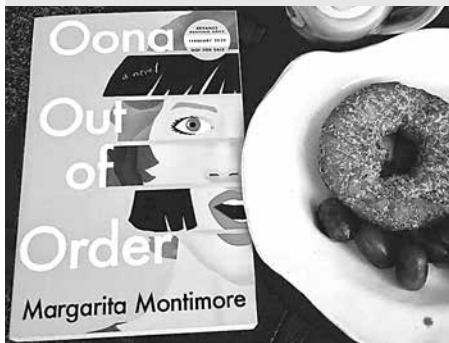
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## BOOK REVIEW

### *Oona Out of Order* by Margarita Montimore



It's New Year's Eve, 1982. Tomorrow is 1983 AND Oona's 19th birthday.

Oona's at a party, and when the countdown to midnight begins she doesn't feel right. As Oona hears the words "Happy New Year" she realizes she's no longer where she was — she's in a house she's never seen. And it's NOT 1983 - It's 2015, and it's Oona's 51st birthday! FIFTY-ONE?

And here we go: For some reason, every New Year's Day Oona "leaps" to a different year in her life: Some years are her past, some are her future, the leaps are never chronological.

Will she try to alter her future? You betcha! Will she try to change her past? Of course! Will she succeed? Not tellin'!

Margarita Montimore has written a captivating page-turner about a woman leaping through her life and learning to adapt to wherever and WHENEVER she lands each New Year's Day.

Oona Out of Order is an unforgettably fresh story, and Oona's character is brilliantly written. "All good things end, always. The trick is to enjoy them while they last." And I did - I enjoyed this book to the fullest and didn't want it to end! Friends - I highly recommend you put this one on your list!

Dell Gray is a book reviewer for several publishers on Instagram. Her handle is @abookorafewandjavatoo

## HEALTH TIPS

# Benefits of In-Season Training Programs

Stan Skolfield, ATC, CSCS

I am a big fan of in-season training and there are many reasons why. Many athletes will train maniacally in the off season for 3 to 6 months, hoping those gains will carry them through their season. But in reality, without continuous work, the season wears them down and does damage which can lead to injuries. The solution is in-season training.

When a game is done, most athletes take their cleats off and head home without doing any sort of post-game recovery or stretching. With no focus on the recovery aspect of their sport, it becomes more difficult to maintain a healthy body capable of functioning at its peak throughout a season. Continuous in-season training time is critical for showcase athletes as well as for athletes in the recruiting window.

One of the biggest benefits of in-season training is the opportunity to keep the body healthy and mobile. Functioning at peak performance without a focus on recovery is very difficult. As one competes during a season, the body begins to compensate, tightening and loosening in areas that affect performance.

Loss of mobility is the leading cause of shoulder injuries during a competitive baseball season, for example. In-season training helps keep athletes focused on the importance of doing soft-tissue and mobility exercises, thus keeping them healthy.

Another important area is strength and power levels. Athletes work hard in the offseason to build up their strength and power so they can excel once they hit the field. They are pushing big weights, pushing their limits and breaking down barriers so they can compete at the highest possible level.

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*One of the biggest benefits of in-season training is the opportunity to keep the body healthy and mobile.*

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Once the season begins, lifting is often forgotten as coaches and players think that simply playing will keep their numbers up. But that is not the case. Researchers in Boston, studying the effect of taking time off from training, found close to a 20% reduction in upper body strength and close to 30% in lower body strength. It doesn't need to be this way.

In-season training is different from off-season training. The volume and intensity of work is less and looks more like "maintenance" workouts focused on quality over quantity.

Two to three workouts per week with about 20-30 minutes of soft tissue, flexibility, and mobility work followed by about 20-30 minutes of strength work is more than enough for most athletes in-season.

In-season training boosts confidence and helps maintain an athlete's mental edge. An athlete in training feels strong, fast, and confident in the early parts of the season. Anyone

who has stopped a training program knows there is the letdown where you don't feel as good as you did. These negative aspects can carry over to the field, diamond or court.

Instead, we want athletes to have an overwhelming sense of confidence when they step in the batter's box that they can get around on a pitch, no matter who is on the mound. We want them to be filled with the confidence that they can step out on the field or court with a dominant edge on the competition.

In-season training is key for any athlete who wants to keep their body healthy and able to perform at high levels throughout the entire competitive season. Maintaining mobility, strength, agility and the mental edge that we worked so hard for in the off-season should be maintained during the actual season.

Spring athletes should also know that college coaches are not coming to see you in the early spring, as they are busy coaching their own teams. They often don't get the opportunity to see you until the end of the high school season or in the summer when you have already de-trained for 3 months or more. Follow an in-season program, so you can continue to build your potential and showcase the best possible version of you.



Stan Skolfield is the Owner of Skolfield Sports Performance, a comprehensive athlete training facility dedicated to getting athletes to the next level. He has been training athletes from 7 years old to the pros for over 25 years.

## Restaurant Hours

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## NOTICE OF INTENT TO FILE

Please take notice that Nouria Energy Ossipee Trail LLC., 326 Clark Street, Worcester, MA 01601 telephone (508) 459-7118 is intending to file a Traffic Movement Permit application with the Maine Department of Transportation pursuant to the provisions of 23 M.R.S.A. § 704-A on or about March 30, 2022.

The application is for an expansion of the existing Irving/Lil' Mart convenience store. The convenience store will be increased from 3,300 square foot (S.F.) to 5,000 S.F. Additionally, it will contain an attached 1,000 S.F. Fast-Food Restaurant with Drive-Through Window. The number of fueling positions will increase from the existing eight (8) to eighteen (18).

The site is located on the northeasterly side of Ossipee Trail (Route 25), south of the Dingley Spring Road intersection on the existing site in Gorham. Construction is expected to begin in fall of 2022 and be completed in 2023. The expansion is expected to generate 388 new one-way trips during the weekday AM peak hour and 315 new one-way trips during the weekday PM peak hour.

A request for a public hearing must be received by the Department, in writing, no later than 20 days after the application is found by the Department to be complete and is accepted for processing. Public comment on the application will be accepted throughout the processing of the application.

The application will be filed for public inspection at the Maine Department of Transportation Region 1 Office, 51 Pleasant Hill Road, Scarborough, ME 04074 during normal working hours. A copy of the application may also be seen at the Gorham Municipal Center at 75 South Street in Gorham, Maine.

Written public comments may be sent to the Department of Transportation, Traffic Engineering Division, 16 State House Station, Augusta, Maine 04333.

# Gorham Welcomes New Officer



Photo credit: Gorham Police Department

Police Officer Peter Cates was sworn in on April 4, 2022. Officer Cates graduated from Thomas College in December 2021 with a Bachelor's degree in Criminal Justice.

He has over two years of experience as a corrections officer with York County Jail.

After attending the Criminal Justice Academy Basic Law Enforcement Training Program as well as completing the Gorham Police Department Field Training Program, Officer Cates will be assigned to the midnight patrol division.

# Grand Jury April 2022

Arthur Gallant, 56, of Gorham was indicted for operating after suspension, aggravated criminal OUI (alcohol) and operating beyond license restrictions on charges brought by Gorham PD.

Gregory Hoar, 37, of Biddeford, was indicted for unlawful possession of scheduled drugs (fentanyl) and violating conditions of release on charges brought by Gorham PD.

Susan Wiley, 25, of Gorham was indicted for criminal mischief and burglary on charges brought by Gorham PD.

# Gorham Cleans Up



Photo credit: Katherine Gerrard

All ages pitch in to clean up Gorham. See more pictures on page 7.

# Town Council Report, 4/5/22

Christie Paul, Gorham Times Editor

Chairman Pratt opened the meeting. There were 30 members of the public in attendance.

Shawn Moody, Rob Lavoie, Ethan Johnson, Peter Mason, Mark Curtis, Nick Flagg, Dan Shaw, John Smith, Trish Moulton, Chris Kelley and John Shaw presented views on the process of bringing new businesses to Gorham and how to make the Town more business friendly.

Nicholas Hodgkin, Tyler Stanley, Joseph Cerny and James Schram all expressed their concern on the proposed development on Wescott Road which they believe will disrupt wildlife, limit emergency vehicle access and overwhelm the small area with traffic.

Tina Ruel recognized the many volunteers who participated in the third Gorham Cleans Up event. She reported that they picked up over 1600 pounds of trash and cleaned up roads from Gorham Middle School (GMS) to Cherry Hill Trails and up to Rt. 237.

Councilor Hager reported that the Capital Improvements Committee met March 24 and discussed the possible, completed and outstanding capital improvement projects for the Town and School. The Finance Committee met on March 28 and discussed a debt to income ratio policy. They will meet again in June. He congratulated Tina Ruel for being chosen as Gorham's EcoMaine Excellence Award winner for 2022.

Councilor Kuech attended the latest Little Rams Early Childhood meeting where they presented several child

development service ideas. They will meet again on May 19.

Councilor Wilder Cross thanked Charlie Haws, who after his longtime service as a member of the Board of Appeals stepped down on April 1. Councilor Wilder Cross congratulated the Northern Force Gorham/Falmouth High School Robotics team for making it to the quarter finals of the Pine Tree District Competition at Thomas College in March and continued its extraordinary effort this past weekend in New Hampshire, where their team ranked #5 out of 40 contenders in the qualification round. The team also won the Imagery Award in honor of Jack Kamen, who was the father of FIRST Founder, Dean Kamen.

Councilor Phillips announced that the Gorham Outdoors Club will be hosting a scavenger hunt during April Vacation. There is more information about the event at the Library or on their Facebook page.

Councilor Hartwell reported that the Ordinance Committee met on March 15 and discussed and reviewed Land Use and Development Codes on outside dining. He commented on the overwhelming feedback from Gorham business owners about the planning process.

Councilor Shepard voiced his appreciation to the Gorham Business owners who gave their feedback on the planning process and urged the Council to act on the problems. He suggested an outsider come in to evaluate the

CONTINUED ON PAGE 12





Julie Chandler



Mike Griffin



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 <p><b>19 Pearl St, \$399,500</b> - Fully rented 3-unit in the heart of Waterboro. New septic system, public water &amp; freshly painted exterior. Only 15 minutes to Saco/Biddeford &amp; Sanford areas.</p>	 <p><b>BUXTON'S NEWEST SUBDIVISION - GROVE HILL</b> A 26 lot subdivision, only 17 lots left. Lots starting at \$120,000.</p>	 <p><b>GORHAM \$49,900</b> - Desirable/affordable living is here at this 2 bedroom, 1 bath Skyline home. Being sold "as is". Appliances kitchen, replacement windows, newer furnace &amp; oil tank. Needs some TLC. Solid older home w/storage shed. This is a 55+ park.</p>	 <p><b>9 Liberty St, \$79,000</b> - Short sale with a new owner. Put your sweat equity into this Gardiner home &amp; live in a great neighborhood. Property is winterized &amp; condition of systems is unknown. Possible freeze damage &amp; mold present.</p>



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# Gorham Action Team for Youth Supports Families

Beth Orlando, Staff Writer

Last March, the Gorham Action Team for Youth (GATY), working alongside The Opportunity Alliance Public Health Program, provided two separate parenting support and education nights for Gorham parents with school-aged children.

The events, entitled “Parenting Strategies for Modern Challenges”, aimed to address common questions families have identified while navigating the pandemic such as “Have you felt exhausted lately? Unsure if what you’re doing as a parent is the right thing? Are you at a loss on how to better support yourself and your child(ren)?”

The March GATY events were an extension of the “Parenting During the Pandemic” night previously offered in 2021. Brooke Proulx, GATY Lead Facilitator, reported that the events were well attended both in person and through ZOOM. Families opting to attend via ZOOM were able to access the meetings though a link located on the GATY Facebook page.

According to Proulx, “The events were filled with learning. We had a

much stronger turnout for the elementary age group than the adolescent, which is why we also recorded the trainings. Baxter Library has partnered with us and have all of the resources from the training as well.”

In addition to the parent information nights, GATY challenged Gorham students to have a “Mindful March” in which students and families were provided a calendar of thoughtful exercises intended to help regulate anxiety and challenging feelings, and to “give [their] bodies and minds a break from stress”.

Continuing in the lane of daily exercises, “Active April” provides suggestions for simple ways for students and youth to move their bodies, be thoughtful about screen time and consider ways to show kindness to others, as a few examples.

GATY and The Opportunity Alliance will continue to collaborate to address and support community, family and student issues relevant to current events in the community and schools.

An upcoming event, being offered

---

**8th Grade Parent and Athlete Night**  
**Thursday, April 28th, 6:00-7:00pm**  
**Gorham Middle School Auditorium**  
**Tim Spear, Athletic Director of GHS**  
**Lee Anne Dodge, Program Director of SoPo Unite will be presenting on athletic performance and healthy choices.**  
**Panel Discussion with Student Athletes**

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CONTINUED ON PAGE 12

## SCHOOL

# USM Poetry Walk

Carrie Bellheorth, USM Library

Take some time this month to enjoy both the beauty of the Gorham campus in spring and the joy of poetry.

In celebration of National Poetry Month this April, the USM Libraries have set up a Poetry Walk in Gorham. All around campus you’ll find signs with different poems on them - some classics, some new, some originally in English, some in translation, on many different subjects, in many different styles, by poets from around the country and the world.

USM community members and Gorham community members alike are

welcome to participate in the walk. You can wander around campus and see which poems you find, or grab a map from the Gorham Library to see where all 20 signs are located and plan your stroll.

We’ve also created a digital Poetry Walk map so you can view it on your phone, or take part in the experience even if you’re not able to come in person.

The poems are up as of Sunday April 3, and remain up throughout the month of April. Please email [carrie.bellheorth@maine.edu](mailto:carrie.bellheorth@maine.edu) with any questions or feedback. Enjoy!

# GMS Poetry Leads to Reflection

Jen Belanger, *Aspire Gorham*

The Gorham Middle School (GMS) Monhegan Team (8th grade) recently completed a comprehensive poetry analysis of Linda Ellis’ “The Dash”. This poem encourages readers to consider the “dash” that is present on the tombstone, and how when a person dies, what is most important is not the years of birth and death, but the many experiences and impacts made in that “dash” — the years that represent the person’s life.

After reading and analyzing the poem, Lona Tasse’s 8th graders were tasked with considering their own “dash” and

writing an essay that outlines their vision of a meaningful life.

Students were asked to grapple with challenging questions to craft this essay, reflecting upon their short journey in life thus far, and what paths they aim to take in the future.

Regardless of your age, take a moment and consider, what is the meaning of YOUR “dash”?

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**April is National Poetry Month. Share your reflections or poetry with us for our next edition. Please email submissions to [gorhamtimes@gmail.com](mailto:gorhamtimes@gmail.com).**

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**Help for Ukraine** CONTINUED FROM PAGE 1

Donation items to consider: packable blankets (like fleece) and bedding, sleeping bags, towels, hygiene/sanitary items (anything from toothbrushes to sanitary pads and soap, etc.), first aid items, undergarments (new), diapers and

wipes, formula, backpacks, small mid-sized toys, and craft/art supplies for children such as coloring books and markers.

If donating pre-owned clothes and shoes, please be sure they are clean and in good condition.



Photo credit: First Russian Baptist Church

**Gorham Cleans Up** CONTINUED FROM PAGE 5



Photo credit: Katherine Gerrard



Photo credit: Bill Moreno

Over 100 volunteers of all ages came out April 3 to help with Gorham Cleans Up. Two Public Works trucks were heavily loaded with trash collected from the Village, Municipal Center, Gorham High School, Gorham Middle School, Village School, Frazier Trail, Crosstown Trail, and Cherry Hill Trails. Many hands and organizations collaborated to make this event a success.

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# GMS Unified Basketball Team has Successful First Season

Tom Smith, *GMS Assistant Principal*

Gorham Middle School (GMS) began its inaugural season of Unified Basketball this year. Students in GMS's Functional Life Skills program teamed up with other GMS students to form the middle school's very first Unified Basketball team.

The first game of the year was a rousing success as the team hosted the unified team from Gorham High School, a program after which the GMS program was modeled.

The GMS Rams then traveled to Scarborough and played an exciting game against that school's unified squad.

On March 24, the Rams hosted Biddeford in a high-scoring game, with each team scoring over 40 points.

The Rams then ended their season in Saco on March 29. This game ended with a buzzer-beating basket that tied the score.

The Gorham Rams worked together throughout the season to get everyone involved in the action during each game. Regardless of the score, the gymnasium was always filled with cheering fans and warm smiles all around.

GMS is very proud of our students, athletes and staff who continue to do amazing things in the classroom as well as on the fields and courts.



Colton Jewett and James Hatch



Lucas Stover, Ulliam Pickreign, Grayson Randall, Sophia Emerson



Peter Stuart, Lucas Stover, Grayson Randall



Photo credit: Tom Smith

Cordell Jones, Josh Strout (shooting), Bria Bush

# GMS Teacher Receives National STEM Recognition

Press Release (*National STEM- Science, Technology, Engineering and Math*) Scholar Program

Angela Gospodarek, a science teacher at Gorham Middle School (GMS), is being recognized this week as a Five-Year Member of the National STEM Scholar Program, a prestigious professional development program designed specifically for middle school science teachers inspiring the next generation of STEM (science, technology, engineering and math) pioneers.

In 2017, Gospodarek was one of only 10 teachers selected nationwide for program participation. All National STEM Scholars participate in a week of advanced STEM training and national networking — and are provided with funding to implement a “big idea” Challenge Project at home and a Chromebook to facilitate ongoing collaboration. They also receive sponsored attendance at the National Science Teaching Association (NSTA) National Conference the following spring.

The National STEM Scholar Program hosted its first National STEM Scholar reunion from March 30 to April 3 at the 2022 NSTA National Conference in

CONTINUED ON PAGE 11



## INSIDE OUT GORHAM

MAY 13, 7-9PM

## WE NEED YOUR ART!

*What art have you created or lived with during the past 2 years?*

**Take a picture, upload it, and see it shown on May 13!**

**We are turning the School Street side of First Parish Church into an art gallery.**

Show us your photos, paintings, drawings, sculptures, fiber art, whatever you created or lived with that helped you express how you see life!

**Everyone can create art! Share it with Gorham!**

**Questions?** Please contact Christine Dyke at 839-6751 or [christine@firstparishgorham.org](mailto:christine@firstparishgorham.org).

Upload link at Facebook: @insideoutgorham

## School Note

**Middle School Essay Contest** - 9th Annual Madison Prize for Written Excellence. The competition is open to all students in 6th, 7th and 8th grade who live in Gorham, Maine. Please contact [gorhamgopcommittee@gmail.com](mailto:gorhamgopcommittee@gmail.com) for the form and information about this year's essay. The submission deadline is April 25, 2022.

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# MarieAnge Lohomboli, GHS Senior

Megan Young, GHS Intern

All people know the feeling of uncertainty. Whether old or young, we have felt the question of “What’s next?” trickle into our minds, exploiting our doubts and fears.

Month after month, Aspire Gorham has showcased students who have their minds set and are going after what they are passionate about. It is important, too, to spotlight students who aren’t certain.

MarieAnge Lohomboli is a senior at Gorham High School (GHS) who is weighing her options while utilizing internships, job shadows, and other opportunities provided by the school.

Ms. Cherry, Lohomboli’s school counselor, says, “At GHS, the school counselors utilize the Naviance Career and College platform to help students through the postsecondary planning process from interest exploration through college applications and graduation.” She mentioned this helps generate career recommendations after gathering data through personality surveys and career assessments.

Then, Cherry and her fellow counselors encourage undecided students to set up exploratory meetings with Eliza Kenigsberg, the district’s Career Coordinator, and participate in workplace learning experiences like career talks, job shadows, and internships.

Lohomboli started her exploration by taking career surveys and digging into her interest in real estate.

With help from Aspire Gorham and Lohomboli’s teacher Ms. Alden, she was able to set up a job shadow and potential spring internship with Josh Plowman, a Gorham Realtor off Main Street.



Photo courtesy of MarieAnge Lohomboli

Lohomboli likes the aspect of pursuing real estate but wants to go to college and is struggling to find a place where she could study and cultivate her skill set. She is looking to go to the University of Southern Maine or Saint Joseph’s College to pursue business.

Whenever she ends up, she hopes to help people. This has been Lohomboli’s passion since junior year when she created the Cultural Mentor Program. The program is for new students who don’t speak English — a club she wished was in existence when she moved to Westbrook a few years ago.

Right now, Lohomboli’s future is far from set in stone, as she considers college, real estate and the nonprofit sector. While high school comes to a close, she is finding her way through the moving staircases, making her way to the top, ready for wherever her journey may take her.

## SPORTS

# Swing into Spring

Katie Brown, Sports Editor

Four former Gorham High School (GHS) student-athletes are competing at the college level locally and excelling at their sport on and off the field this winter/spring season.

Saint Joseph’s College (SJC) of Maine Lacrosse athlete, Carson Battaglia (GHS '19) has 16 goals and 3 assists slightly over halfway into the SJC Lacrosse season. In four of the contests, Battaglia had three goals. SJC is dominating this season with 11 wins and no losses. The Monks have six regular season games remaining. Battaglia is studying Nursing.

University of Southern Maine’s (USM) baseball senior, Jason Komulainen (GHS '17) is leading the team in batting average and RBI. USM started their spring break schedule playing games in both Maryland and in Auburndale Florida at the Matt Russell Invitational tournament. This year’s team has young talent, and will rely on upperclassman Komulainen and teammates

Arlo Pike and Brogan Serle-Belanger and senior pitchers James Sinclair and Joshua Joy.

The All Academic Awards for USM have been announced. Two former GHS students/current USM student athletes are named to the 2021-2022 winter sport LEC All-Academic team.

USM senior Michelle Rowe (GHS '18) a member of the Huskies Basketball team, (5th in the country for her free throw percentage for Div. III), majoring in Nursing has been named.

Brittany Desjardins, a junior on the USM Huskies Basketball team (GHS '19) majoring in Business Economics has also been named.

To earn the distinguished award, a student-athlete must be at least a sophomore in standing both academically and athletically, have a cumulative GPA of 3.30 or higher through the previous semester and have been at their current institution for at least one full academic year.



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**Easter Services**  
 Palm Sunday 10:15 am

**Holy Week Services 7:00 pm**

<b>Maundy Thursday</b> Divine Service	<b>Good Friday</b> Tenebrae Vespers	<b>Saturday</b> Easter Vigil
--	--	---------------------------------

**Easter Sunday Service**  
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# Sports Stand-out Awards

Katie Brown, Sports Editor



Anna Nelson with parents Neile and Matt Nelson

Photo credit: Amanda Landry

**LOI College Signing:** Anna Nelson has committed to playing basketball at Dartmouth College next fall, a D-I Ivy League school. Nelson will study Economics. She has had a stellar senior year in high school basketball this year.

Nelson was named one of three finalists for Maine Basketball, Maine Principals Association tournament MVP, Hoop 8 All-Star selection, All-Academic team, All-State First team and rounding out her year, played in the McDonald's all-star game.

Nelson is a leader in several community service projects, including the Interact Club and assisting Maine Needs.

**Henry O'Neill Spirit Award:** Dylan Morrell, a Gorham High School (GHS) senior, is the recipient of the 2022 Henry O'Neill Spirit Award. This award is presented to the GHS Boys' Basketball player who demonstrates a love for the game and is a great all-around person and teammate. The award is voted on by the players.

This award originated in 2021 by Varsity Coach Mark Karter as a tribute to Henry's memory. Coach Karter says of this year's recipient, "The player selected is an outstanding person who just enjoys playing the game, and he also has a fun side and loves a good laugh — very reminiscent of Henry."



Photo credit: Diane O'Neill

Dylan Morrell accepting the Henry O'Neill Spirit Award

## SIGNS OF SPRING

# Merrifield Farm on Maple Syrup Sunday



Photos courtesy of Merrifield Farm

According to Lyle Merrifield, more than 6000 people came to buy syrup, see how it is made, and participate in activities, including a pancake breakfast. This was their best year ever, a very welcome success since COVID prevented them from holding the event the past two years. Mark Winslow is leading the ox cart and the blacksmith, Jan Cricarico, is hard at work.

**Spring Craft Fair**  
 April 23, 2022  
 9am-2pm  
 Cressey Road United Methodist Church  
 Gorham, Maine

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# USM Department of Theatre Presents "Clue: On Stage"



Photos courtesy of USM Department of Theatre

The USM Department of Theatre presents "Clue: On Stage," directed by Andrew Harris opens on Saturday, April 15 and runs through April 24. The madcap comedy is based on the screenplay by Jonathan Lynn, written by Sandy Rustin. It's a dark and stormy night, and you've been invited to a very unusual dinner party. Each of the guests has an alias, the butler offers a variety of weapons, and the host is, well . . . dead. So whodunnit? Join the iconic oddballs known as Scarlet, Plum, White, Green, Peacock, and Mustard as they race to find the murderer in Boddy Manor before the body count stacks up. Based on the cult classic film and the popular board game, "Clue" will keep you guessing until the final twist. FMI: Theatre Box Office 780-5151.

## Easter Jokes

Why is the Easter Bunny so lucky?

Because he has four rabbits' feet.

Knock Knock  
Who's there?  
Wendy.  
Wendy Who?

Wendy Easter Egg hunt going to start?



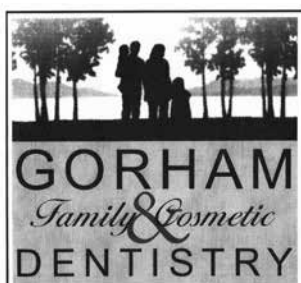
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## NEW PATIENTS ALWAYS WELCOMED



## GMS Teacher Receives National STEM Recognition

CONTINUED FROM PAGE 8

Houston, a premier professional development opportunity for science teachers worldwide.

Gospodarek re-engaged with her class, met another 50 National STEM Scholars representing middle schools from across the U.S. and interacted with science teachers from all over the world for idea exchange and potential collaboration.

She was presented with a National STEM Scholar Five-Year Member certificate and invited to film a description of her Challenge Project for inclusion in the digital STEM Scholar Library, www.stemscholarlibrary.org, a new online digital resource available free of charge for teachers, students and parents in virtual and traditional classrooms worldwide.

Dr. Paula Grisanti, CEO of the National Stem Cell Foundation, said, "Educators like Angela make a difference in the academic choices students make that will open or close the door to STEM careers. Studies show that middle school students who become excited about science are the ones who will pursue STEM courses in high school and major in them at the technical and college level. Unfortunately, nearly 50%

of 8th graders in America lose interest in pursuing the STEM-related subjects increasingly required for 21st Century jobs. We believe our investment in teachers who inspire and motivate middle school students at this critical decision-making age will directly impact the development of a new generation of scientists in academic research, advanced technology and infrastructure engineering."

Created in partnership between the National Stem Cell Foundation and The Gattton Academy of Mathematics and Science at Western Kentucky University (WKU), the National STEM Scholar Program selects ten teachers each year from a national pool of applicants based solely on the description of a "big idea" Challenge Project the applicant would implement if funds were available.

Selected projects are chosen for maximum impact in middle school classrooms where research shows lifelong STEM career decisions are being made. STEM Scholars convene on WKU's campus for a week of advanced STEM training and finalize their projects with input from their STEM Scholar class colleagues.

## GORHAM TIMES SEEKS NEW EDITOR

The Gorham Times seeks a new Editor to lead our volunteer staff in "bringing the news to all of Gorham." This is a great opportunity whether you're a seasoned journalist or you're looking to gain valuable experience in the competitive world of journalism.

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## Town Council Report CONTINUED FROM PAGE 5

Town's policies, ordinances and codes and give their suggestions on how to improve.

Chairman Pratt reported that the Jetport Noise Abatement Committee will meet on April 7. Chairman Pratt thanked George Fox, Molly Butler Bailey and Scott Firman for their many years of service on the Planning Board. He also urged people to donate blood if they can.

Town Manager Paraschak reminded citizens that the Municipal Center, Administrative offices and Library will be closed on April 18 in observance of Patriots Day. He thanked Senator King's office for \$1,000,000.00 in Federal Funds to help support the Gorham Industrial Park West Campus Expansion project as well as Gorham's Economic Development Department and Kevin Jensen for securing the funds. Town Manager Paraschak reminded citizens that absentee ballot applications are available for the June election. He also reported that he submitted a draft of the Town budget to the Council and is looking forward to the budget process workshop with staff and the Council.

Anne Schools, School Committee Chair reported the following:

The School Committee has been working to come up with a proposed FY 23 budget and will be voting to approve one during their next meeting on April 13. After that vote, they will work toward delivering a proposed budget booklet to the Town Manager by April 20, 2022 for review by Town Council.

Additionally, on April 13, the School Committee will vote to approve a 2022-

23 School Year Calendar. At this time, the School Committee may approve, at most, two additional early release days, which will bring the total to 10.

A list of important dates for our GHS seniors:

June 1 - Senior Scholarship Night (MPAC);

June 9 - Senior Celebration Night (MPAC);

June 10 - Senior Walk/Senior BBQ;

June 13 - Graduation @ 4:00 p.m.

(on the field).

Barring any unanticipated snow days, the last student day of school will be Monday, June 13, a half day.

Library Director James Rathbun reported that the Library is back to pre-pandemic levels and has had the highest circulation ever.

Town Council amended the Land Use & Development Code to require phased build outs of subdivisions. (7 yeas)

Town Council amend the Land Use & Development Code to allow for a refund of Zoning Board of Appeals fees when a determination of the Code Enforcement Officer is overturned by the ZBA. (7 yeas)

Town Council amended the Land Use & Development Code to add agricultural event centers and agricultural tourism uses. (5 yeas, 2 nays - Kuech, Phillips)

Town Council authorized the Town Manager to revise the Shaw Cherry Hill Farm lease agreement to allow for a public farmers market. (7 yeas)

The full meeting minutes and amendments can be found on the Town's website.

## LETTUCE BE HEALTHY

### Stuffed Chicken Breast

4 chicken breasts  
1 tsp cumin  
1 tsp paprika  
1 T onion flakes  
1 tsp garlic powder

Salt & pepper  
6 oz whipped cream cheese  
2 cups chopped fine fresh spinach  
1 tsp paprika  
½ tsp cayenne pepper  
1 tsp minced garlic

Preheat oven to 375 degrees.

Season chicken with first 5 ingredients.

Slit chicken on the side to form a pocket.

Mix the remaining ingredients and stuff into chicken breasts.

Bake uncovered in oven til golden brown, approximately 30 minutes, depending on thickness.

Questions about the recipe can be e-mailed to Barbara Schneider at [btsme21@gmail.com](mailto:btsme21@gmail.com).

## Gorham Action Team for Youth Supports Families CONTINUED FROM PAGE 6

on April 28, is being offered to parents of Eighth Grade Student Athletes. The presentation will focus on athletic performance and healthy choices.

Tim Spears, Gorham Athletic Director, and Lee Ann Dodge, Program Director of SoPo Unite, will lead the discussion to be held in the Gorham Middle School Auditorium. The event will also include a panel discussion with student athletes.

GATY and The Opportunity Alliance report that the collaboration of events offered to Gorham families continues to grow in interest. They encourage feedback on future topics of interest or concern.

The groups offer a wide variety of resources which are updated on social media, including a monthly parenting tip that has aimed to address adverse childhood experiences including, but not exclusive to, reactions to life in a pandemic.

Additional resources previously offered include places to "Explore Gorham" and books that help to teach children mindfulness and other coping skills.

As indicated by the GATY tagline, [They're] "a coalition of people focused on promoting positive youth development and preventing at-risk behavior for youth."

Don't miss an issue! Subscribe to the *Gorham Times*.

# U S M

## SPRING CRAFT SHOW

SATURDAY, APRIL 23RD  
10:00 AM - 4:00 PM  
COSTELLO SPORTS COMPLEX  
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## COMMUNITY

### OF INTEREST

**November's Harvest:** What to Plant When. Join Windham Blue Seal in this event discussing garden preparation, what to plant when. Learn sustainable garden strategies and the benefits of succession planting. White Rock Grange #380, 33 Wilson Road, Saturday, April 23 from 3 – 5 p.m.

**The Gorham Recreation Department and the Gorham Police Department are collaborating on a new program next month for the Gorham Community.** The program is a R.A.D. Women's Self Defense class that will be taking place in April. The class will be taught by a certified R.A.D. instructor and Gorham Police. R.A.D. is rooted in education and awareness. The course includes lecture, discussion, and self-defense techniques suitable for women of all ages and abilities. The goal is to increase situational awareness and to empower women to feel confident and safe. The program consists of 3 sessions starting on April 25, Monday, Wednesday, and Friday. Gorham Recreation Department, 5 – 9 p.m. FMI 222-1630. Register at gorhamme.myrec.com.

**Gorham Lions** meet at the Old Elmwood School for second and fourth Tuesday's starting April 26 at 6:30 p.m. New members are always welcome. FMI 929-9182.

**There are many ways to give to the Gorham Food Pantry.** Learn more at sites.google.com/view/gorhamfoodpantry. Pantry hours are Thursday mornings from 10 a.m. to 12 noon.

### PUBLIC SUPPERS

**The St. Anne's Knights of Columbus** will hold its next Fish Dinner in-person on Friday, April 22 from 5 – 6:30 p.m. at St. Anne's Church in Gorham. Dinner includes baked had-dock, mashed potatoes, coleslaw, peas, a roll, and dessert for \$12. Take out is available, but no drive-through. FMI, visit gorhamknights.org or call 550-1320.

### SENIOR NOTES

**The Gorham Medical Closet**, operating at the Municipal Center, 75 South Street, is free and available to Gorham residents in need of wheelchairs, shower seats, commodes, walkers, canes, crutches and more. Hours are by appointment only with one of the volunteers. If you don't reach a volunteer, leave a message and they will return your call. FMI, call Gerry Day at 839-3859.

**The Southern Maine Agency on Aging** offers a lineup of virtual exercise classes, caregiver support groups, and more. Learn more at smaaa.org/events.html, call 1-800-427-7411 for more information.

### LIBRARY NEWS

**Weekly story time has resumed at the North Gorham Public Library** with stories, songs and crafts every Wednesday at 10 a.m., open to children and their caregivers. Also, in

honor of National Library week, the library will hold an Open House on Saturday, April 23 from 10 a.m. to 1 p.m. Sit a spell, enjoy a piece of pie and a cup of coffee. The library is open on Mondays from 3 – 5:30 p.m., Wednesdays from 10 – 11:30 a.m. and 6 – 8 p.m., Thursdays from 3 – 5:30 p.m., and Saturdays from 9:30 a.m. to 1 p.m. Home Delivery and contact less parking lot pickup are also available. Visit north-gorham.lib.me.us, and facebook.com/northgorhampubliclibrary/.

**Baxter Memorial Library** invites you to visit the library to make wildflower seed balls on Tuesday, April 19 at 10 a.m. Take them home to throw and grow into plants that help attract pollinators. Bee part of the solution to our declining bee population. This is an all ages and multigenerational program. On Wednesday, April 20 at 10 a.m. Mr. Sendzik, Gorham resident and former science teacher at GHS, will share interesting information about some of his rock specimens with children 8 – 12 years old. On Thursday, April 21 at 10 a.m., Be Brave, and join Miss Maine High School, Mikaela Pellerin, and Miss Maine Collegiate America, Teghan Halsey, for a special anti-bullying presentation! Also at the same time the Book Club will be discussing Halfway Home by Reuben Jonathan Miller. On Friday, April 22 from 10 – 10:30 a.m., all ages are invited to join Ms. Heidi and Mor Jeff for April Story Adventures. FMI 222-1190.

### SUMMER YOUTH PROGRAMS

**Monumental Vacation Bible Camp** will take place June 20-24 from 8:30-11:30 at Cressey Road Church in Gorham. Open to children ages 4 through finishing 5th grade. Register now and go off-road on a Monumental adventure through the colorful canyons and sun-baked trails of the southwest. Register on-line at www.cresseyrdumc.org . There is no cost. Donations accepted.

**USM Summer Youth Music and Theatre Camps** registration is open at usm.maine.edu/music/summercamps.


### UNIVERSITY NOTES

**The University of Southern Maine returns to in-person graduation** with the 142nd Commencement on Saturday, May 7 at the Cross Insurance Arena in Portland. Speakers will include Dr. Nirav Shah and departing USM President Glenn Cummings. Honorary degrees will be conferred to Dr. Shah, poet Betsy Sholl, and philanthropist Dan Crewe.

**The Senator George J. Mitchell Center for Sustainability Solutions at the University of Maine** will host a talk on how art can help solve our most pressing environmental and social problems on Monday, April 18, 3–4 p.m. All talks in the Mitchell Center's Sustainability Talks series are free and will be offered both remotely via Zoom and in person at 107 Norman Smith Hall on the UMaine campus in Orono. Registration is required to attend remotely via Zoom; to register and receive connection information, visit umaine.edu/mitchellcenter/event/talk-art-creative-ecologies/

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the *Courtesy of the Gorham Police Department*  
**blotter**

Police received a walk-in complaint from the manager of a Main St. store who said that high school age kids were in the store, tearing wallpaper and creating a mess. He requested that police come into the store on school half days.

Standish Neck Road caller reported his ex was at his residence and he had a protection from abuse order against her. Both parties were separated before officers arrived. Ex-partner was served with a protection order.

Caller reported a woman screaming at the church on Standish Neck Road. Police were already on the scene.

Police were asked by a Barnfield Road caller to check on the caller's employee. Officer checked with the employee who advised he was on a cruise.

Cummings Road caller reported a stray cat occasionally comes into her yard and creates havoc with her cats. She had not seen the cat in a few weeks and said there was no routine as to when the cat shows up. Officer offered a live trap which the woman declined as her own cats might get caught in it. Officer suggested she keep her cats inside but she didn't want to put her cats through that. Officer advised there was nothing else he could do for her but if the cat returned, then maybe she could create a humane unwelcome environment so that the cat might eventually not return.

Finn Parker Road caller reported an intoxicated man was trying to leave his residence in a black sedan. When the dispatcher tried to get more information, she would not answer any questions. Police did not have a description of the male, nor of the vehicle he was driving, or the specific address of the home he was leaving. Officer checked the area with negative contact.

Caller reported that while driving from Rt. 114 to Queen Street, two bicycles fell out of the back of his truck. Officer checked the area but did not find any bikes.

Tannery Brook Road caller reported that one of her son's co-workers was angry every day. Officer told her to call back if things escalated and threats were made. Caller thought there was a fight or domestic disturbance in a parking lot on Main Street. Caller could not provide a license plate nor the state and the vehicle had left the area before police arrived.

Three vehicles parked at Fort Hill Park were sent on their way.

Caller believed someone had taken something from his vehicle while he was in the grocery store. He just wanted to let the police know.

Officer ticketed 28 vehicles for parking overnight on South Street and School Streets.

From our earliest years we have been taught to hope in all sorts of things. We have hoped that our stocking would be filled at Christmas, that our teeth placed under a pillow would be exchanged for money, that one day our prince would come, and any other number of things. In most cases, our hopes were fulfilled because there was somebody there with the power and the ability to make that hope a reality.



In recent history, we have learned that our hopes are not always realities because we have not had the power or the ability to keep sickness at bay or war from coming to our world. As it turns out, we could not mask enough, or distance ourselves enough, or even get vaccinated enough to keep from catching Covid and avoid death. Neither could the most powerful country in the world deter an aggressive nation from invading another sovereign nation and cause much death. Our hopes for each were let down.

It would take one of great power and unbelievable ability to give us hope in conquering death and living forever. It would require one that does more than just promise such a thing. It would require someone to actually rise from death, for us to have hope and confidence that we too can rise and live forever. This is what the Christian Church celebrates at Easter, for in the resurrection of Jesus Christ from the dead, we have such a hope and confidence that we too shall rise and live forever. Alleluia, Christ is risen! He is risen indeed! Alleluia!

Reverend Timothy Sandeno  
 Redeemer Lutheran Church  
 Gorham, Maine

**CALENDAR**

- THURSDAY, APRIL 14**  
 Southern Maine Symphony Orchestra Spring Concert, Westbrook PAC, 7:30 p.m., 780-5555
- FRIDAY, APRIL 15**  
 USM Opera Workshop, Corthell Concert Hall, 8 p.m., 780-5555
- SATURDAY, APRIL 15**  
 USM Opera Workshop performance, Corthell Concert Hall, 2 p.m., 780-5555  
 USM Department of Theatre "Clue: On Stage" opening night, 780-5151
- TUESDAY, APRIL 19**  
 Baxter Memorial Library, Make Wildflower Seed Balls, 10 a.m.,
- FRIDAY, APRIL 22**  
 St. Anne's Knights of Columbus Fish Dinner, 6 – 6:30 p.m., 550-1320  
 USM Jazz Ensemble, Corthell Concert Hall, 8 p.m., 780-5555
- SATURDAY, APRIL 23**  
 November's Harvest: What to Plan When, White Rock Grange #380, 33 Wilson Road, 3 – 5 p.m.  
 Osher School of Music Honors Recital, Corthell Concert Hall, 8 p.m., 780-5555
- SUNDAY, APRIL 24**  
 USM Composers Showcase Concert, Corthell Concert Hall, 8 p.m., 780-5555
- MONDAY, APRIL 25**  
 R.A.D. Women's Self Defense Class begins, Gorham Rec., 5 - 9 p.m., 222-1630.  
 Gorhamme.myrec.com
- TUESDAY, APRIL 26**  
 Gorham Lions meeting, Old Elmwood School, 6:30 p.m., 929-9182
- THURSDAY, APRIL 28**  
 USM Vocal Jazz Ensembles, Corthell Concert Hall, 7:30 p.m., 780-5555

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- USM Summer Youth Music and Theatre Camps,** a week of music, theatre, friends, and fun for grades 5-12 on the USM Gorham campus. Easy online registration. Register early, some sections fill quickly! [usm.maine.edu/music/summercamps](http://usm.maine.edu/music/summercamps), [loria@maine.edu](mailto:loria@maine.edu), 780-5142.

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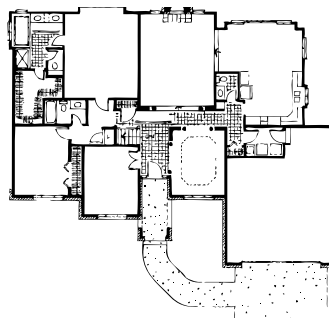
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