Volume 28 Number 15 | August 4, 2022 A Free, Not-for-Profit Newspaper Serving Gorbam Since 1995

School Committee Requests Referendum for Capital **Improvements**

Kathy Corbett, Staff Writer

At a special meeting on July 25, the Gorham School Committee voted (5-1, Gagnon) to submit a request to the Town Council that a referendum question be placed on the November ballot in the amount of \$20,025,955.80. The Town Council took up the request at their August 2 regular meeting where they set a public hearing for the item. It will be on the September agenda for a vote.

Six capital projects to be funded by bonds were included in the request, three at the Gorham High School (GHS). An estimated \$8,790,917 would be used for eight modular classrooms, similar to those in use at Narragansett Elementary School, and for enlarging the cafeteria. One classroom would be used for adult education and another for mechanical systems; classes would be in the other six. These improvements would provide space for an approximately

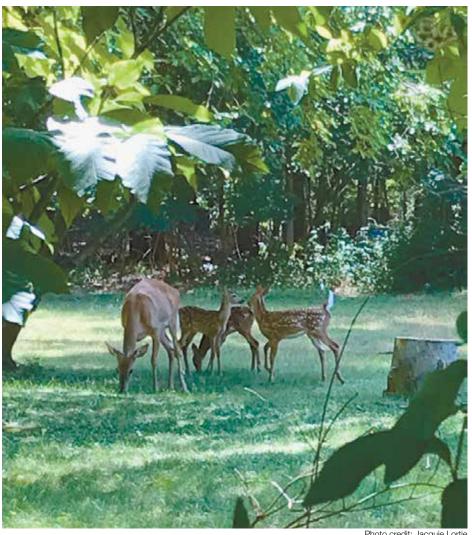
150 additional GHS students. The new modular construction would be where the gravel parking lot is adjacent to existing modular classrooms.

The HVAC system at GHS would be replaced and air conditioning installed in the entire building at a cost of \$4,299,464. Installing LED lighting throughout the building would cost an additional \$423,214.80.

The School Committee is also requesting bond funding for Phase III of the Narragansett Modular Expansion which would cost \$5,800,839. These additional six classrooms would be used for Pre-Kindergarten classes and for additional students from final redistricting of attendance zones, which is not expected for at least two years. Expenses for HVAC would be \$393,921.

The final project, costing \$317,600, would be replacing flooring at Village Elementary School, a project that has been postponed for several years.

Deer Family Visits Gorham



Be careful driving through the village! A mother and her three babies have been hanging around South Street, Morrill Avenue and Robie Park the past couple of weeks.

Gorham Fire and Police Hold a Week-Long Public Safety Camp

Chief Chris Sanborn, Gorbam Police Department



Rookie Camp 911 was held jointly between the Gorham Police and Fire Departments during the week of July 11. The week-long camp was for Grades 3, 4 and 5. The camp was created to educate students about public safety and what police officers and firefighters do daily to keep people safe.

Demonstrations were provided to the campers throughout the week on various topics within the public safety field. The camp is always a huge success. Fifteen young people participated in this session.

A second session for Grades 6 and 7 will be held during the week of August 15th. That session is already full.

These camps are a great opportunity for the Gorham Police and Fire Departments to connect with the youth within the community and educate them about Public Safety Services in Gorham.

SEE MORE PHOTOS ON PAGE 2





Accessory Dwelling Units for Increased Housing

Sheri Faber, Staff Writer

The Maine State Legislature has made changes to the current rules related to accessory dwelling units on private property to "increase housing opportunities in Maine." The law, which takes effect on November 7, specifies requirements for increased density for "any area in which housing is allowed." Municipalities are not required to implement this change until July 1, 2023.

Currently, only one housing unit is allowed on a given property although a second unit is permitted if it is attached to the primary dwelling. The new law permits up to two additional dwelling units in addition to the primary one and both new units may be detached. Towns will need to change their ordinances to comply with this new state law. The dwellings must remain affordable.

The goals of this law are to increase both the amount of housing as well as the amount of affordable housing. Maine currently needs approximately 9,000 units to meet the demand for

VILLAGE YOGA AT TANNERY BROOK PAGE 3

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SOFTBALL ALL-STARS WIN LITTLE LEAGUE STATE CHAMPIONSHIP - PAGE 7

Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

Investing in Maine's Small Businesses

Rep. Mo Terry

Spending time at the farmers market connecting with members of our community is among my favorite parts of every summer. It's also a wonderful opportunity for me to learn more about the many entrepreneurs, farmers, artists and artisans establishing themselves and thriving right here in Gorham.

I know from my own experience that operating a small business is no easy feat. It often means long and odd hours, a ton of personal investment and a lot of figuring things out on the fly. That's why it is truly a joy to see so many of our neighbors fighting through some of those hardships to produce beautiful, creative and tasty products each year.

It's hard to believe what we've all endured since the start of the pandemic, now over two years ago. Many of us are in a much better spot than we were back then, but the debt incurred, and revenue lost during that time has left scars for most small business owners. Fortunately, in Augusta, we have continued to fight for initiatives that will support small businesses, families and communities to rebound and grow as we settle into more "normal" times. Last month, Gov. Janet Mills announced two such initiatives: "Thrive Maine" and "Grow Maine."

The new "Thrive Maine" program, administered by the Finance Authority of Maine (FAME), will offer forgivable loans to eligible Maine small businesses that experienced losses, increased costs or market interruptions as a result of the pandemic. Gov. Mills announced that \$58 million dollars from her Maine Jobs & Recovery Plan will be provided for this initiative. Small businesses can apply for loans of up to \$2 million, which may be

fully forgiven over a four-year period as long as the approved businesses continue to meet the terms of the program.

FAME will be accepting applications in two rounds. The first round will begin in September and will run for 60 days. To learn more about the application process and eligibility requirements, visit FAME's website at www.famemaine.com/thrive. There are some steps that you may need to take before beginning the application, including applying for or renewing your Unique Entity Identifier (UEI) number, which most small businesses have. Visit FAME's website as soon as possible to be ready when the applications open.

Fortunately, in Augusta, we have continued to fight for initiatives that will support small businesses, families and communities to rebound and grow as we settle into more "normal" times.

The "Thrive Maine" program is extremely exciting, and I look forward to seeing how this investment will support the many jobs and families that depend on Maine's small businesses. The announcement of "Thrive Maine" last month comes in addition to another initiative called "Grow Maine" that will also be administered by FAME and further seeks to bolster our small business community. "Grow Maine" invests an additional \$62 million in federal funds to provide loan guarantees, direct loans and equity capital to

help Maine businesses access capital, grow their offerings and ensure goodpaying jobs for Maine people. This money can be used for start-up costs, equipment, inventory, purchases, construction, renovation or improvements of a place of business and more. Applications will open next month. To learn more about eligibility requirements, visit FAME's "Grow Maine" website at: https://www.famemaine.com/business-financing/for-business-owners/fame-financing-programs/thrive-and-grow-maine/grow-maine-small-business-loan-capital-program/

I'm incredibly proud of the work we did this session and of the many ways we've been able to invest in Maine people. Programs like "Thrive Maine" and "Grow Maine" demonstrate our commitment to supporting the many creative, scrappy and self-sufficient entrepreneurs that are fundamental to the fabric of our state and our way of life.

As always, it is an honor to serve you. If you have any questions about these programs or any other initiatives or issues, please don't hesitate to reach out. I hope to see you at the market!



Rep. Maureen Terry, (207) 712-9735, (800) 423-2900 maureen.terry@ legislature.maine.gov Rep. Maureen "Mo" Terry, D-Gorham, is serving her third term in the Maine House of Representatives. She serves as House Chair of the Taxation Committee. Aide: Eleanor (Elle) Snyder, Eleanor.Snyder@ legislature.maine.gov, 610-585-7744.

Gorham Fire and Police Hold a Week-Long Public Safety Camp CONTINUED FROM PAGE 1













hotos courtesy of Gorham Police Department

Gorham Times

Bringing the News to All of Gorham PO Box 401 Gorham, Marie 04038

Gorham, Maine 04038 Phone and Fax: (207) 839-8390 gorhamtimes@gmail.com www.gorhamtimes.com

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Interim Editor: Lori Arsenault
Business Manager: Donna Soper
Advertising Coordinator: Donna Soper
Design/Production: Shirley Douglas
Staff Writers: Jacob Adams, Donna Aikins,
Kerry Constantino, Kathy Corbett, John Ersek,
Sheri Faber, Andrew Martin, Krista Nadeau,
Pat O'Shea, Beth Orlando, Mary Wallace,
Corby Walter

Student Interns: Lucia Holloway, Grace Johnson, Aislyn McLean, Megan Young Features: Chris Crawford

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and click on the advertising link for schedule. **EDITORIAL POLICY**

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UPCOMING ADVERTISING DEADLINES

August 10

August 24

September 7

September 21

October 5

Village Yoga at Tannery Brook

Kerry Constantino, Staff Writer

Located inside the Gorham Arts Alliance at 10 Wentworth Drive, just off Route 202, Village Yoga at Tannery Brook is up and running. Co-founders Karen "Ren" Hawkes, Jessica Zdanys, and Laci Hoskins have been practicing yoga collectively for 45 years. They came together from different backgrounds and styles of yoga to form the studio and create a safe space for folks of all levels, abilities, and backgrounds to connect with their bodies and develop tools to support mental and physical wellness.

The three have been intertwined with the Gorham Arts Alliance community for the last few years. Jess has been a preschool teacher at the center since 2019. Laci has been a board member since 2018. Ren began working with the homeschool program and teaching children's yoga and mindfulness at the center in 2021. That year, the Gorham Arts Alliance expanded its before and after-school programs into the Gorham Savings Bank building. There was an unused gym room in their wing of the building. Gorham Arts Alliance director, Amy Valentine, brought the three women together, knowing of their common interest in yoga and aspirations of opening their own studios. That introduction allowed Village Yoga to come to life under the GAA umbrella.



From Left to Right: Laci Hoskins, Karen "Ren" Hawkes, and Jessica Zdanys in the studio at Village Yoga at Tannery Brook.

Classes are currently running on Mondays, Wednesdays, Thursdays, and Saturdays in a variety of different styles with options for all levels of students. Come September 2022, there will be even more classes and workshops available. Students can expect more offerings throughout the week. Plans to expand the schedule include classes for all ages, ranges of mobility, levels of experience, as well as offer-



Laci Hoskins practices an extended side angle pose during a yoga class. Classes at Village Yoga utilize different props such as blocks, blankets, or yoga straps to help students maintain postures in proper alignment.

ing meditation, mindful walking, and Let Your Yoga Dance are in the works.

"Yoga is so much more than being flexible in your body. Yoga helps to promote a healthy lifestyle for your body and mind and is meant for all levels of practitioners. Our instructors incorporate mindfulness techniques such as meditation, breathwork, and other practices to meet students where they are. Village Yoga at Tannery Brook embraces the use of props and pose modifications to support all students in their yoga journey." - Jessica Zdanys

More information about Village Yoga at Tannery Brook can be found on their website: https://www.gorhamarts.org/village-yoga or visit their Facebook page: https://www.facebook.com/villageyogagorham



The entrance to Village yoga is on the Northwest side of the Gorham Savings Bank building. You can park behind the building and look for the double doors.

Jøtul North America Named a Showcase Company

Gorham Times Staff

For the last five years, Jøtul North America, located in the Gorham Industrial Park, has worked with Toyota Production System Support coaches to help transform its manufacturing facility into a world-class "Justin-Time" system, focused on production efficiency. As a result of this work, Jøtul has been named one of only three companies in North America to be a Toyota Showcase Company.

"In these turbulent times, it is important that we can remain flexible. We have been able to absorb price increases and labor shortages while increasing the number of stoves we did pre-Covid," said President Bret Watson.

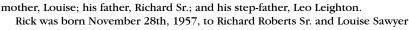
"Just-in-Time" manufacturing was developed by Kiichiro Toyoda in the 1930s. Focusing on "small changes that make a big difference," the system

helps the company create a culture of problem-solving, safety, quality, and minimizing downtime.

"Becoming a Toyota Showcase Company is an honor and a true testament to the hard work of our manufacturing team," said Watson. "This has been a long journey, and we still have much to accomplish. We are taking what we learned in manufacturing and implementing it into our warehousing and logistics for an additional project with Toyota."

Jøtul North America was founded in Maine in 1980. The parent company, Jøtul AS, was founded in Norway in 1853; Jøtul stoves have been imported to the U.S. since the early 1970s. In 2005, the company moved into its Gorham location at 55 Hutcherson Drive, employs over 100 people, and produces over 16,000 units annually.

RICHARD A. ROBERT'S JR., "RICK", 64, of Biddeford, passed away in the early morning hours on July 22, 2022 at Maine Medical Center with his wife and children by his side. Rick suffered complications from a spinal cord injury taking place nearly 7 weeks earlier. He is survived by his wife of 35 years, Carol; son, Matt; daughter, Sarah and her husband Dan Goodman, and his cherished grandchildren Maxine and Asher. He is also survived by many siblings and their families, including his sisters Lynn Bisco, Laura Huskins, foster sister Pam Sanborn; as well as step-siblings, Terri Verrill, Lauri Libby, Jerry Leighton, Tammi Seymour, Scott Leighton, Marcia Leighton, and Glenn Leighton. He is predeceased by his



Leighton in Norway, Maine. Rick was raised in Standish and was a proud Bonney Eagle Scotsman. He attended Southern Maine Technical College. Rick worked in wastewater treatment, owned his own insulation business, and settled in at Hannaford Bros. where he worked for 32 years and made countless friends out of colleagues. Rick married the love of his life, Carol, in a very small ceremony on April 25, 1987. They let friends know by changing the message on their answering machine.

Rick was a devoted sports fan. Some of his best memories were from playing basketball and baseball in high school, softball into his 30s, and most recently pickleball. He was loyal to the New England professional sports teams (especially the Red Sox) but was just as happy watching the local high school games. He especially enjoyed watching his children's games. Rick had a passion for fantasy baseball and football. He loved strategizing and trash talking with his lifelong friends of the league for more

Rick was an avid cribbage player and also enjoyed strategy board games and his nightly Sudoku. He spent countless hours listening to music, notably /U's rock, and perusing the selection at Bull Moose Music to find the perfect albums for his collection. He cherished spending time with his friends who meant so much to him, whether it was playing cards, camping, and road trips together. A few years ago, he purchased his dream truck and enjoyed driving it every day.

At the end of the day, absolutely nothing was more important to Rick than family. He made us all feel safe, supported, comforted, and would do anything to make us happy.

Over the last 7 weeks in the hospital, Rick showed unbelievable strength. Many times, we felt that the hand he was dealt was incredibly unfair. Yet he treated each person who entered his room with respect, gratitude, and kindness each day. He always worked his hardest and showed incredible courage - we are so proud of him.

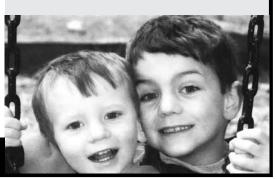
Relatives and Friends are invited to attend visiting hours on Friday July 29 from 4-7 PM at Jones, Rich, and Barnes Funeral Home, 199 Woodford St, Portland where a Celebration of Life for Rick will be held on Saturday July 30 at 11AM at the funeral home. A reception will follow at the funeral home. We welcome guests to bring a picture or memento that reminds them of Rick to share on a memory board. In lieu of flowers, we would welcome donations to Maine Adaptive Sports & Recreation, 2 Main St, Bethel, ME. 04217 Maine's largest year-round adaptive sports and recreation program in Maine for adults and children with disabilities, at www.maineadaptive.org/ donate. To send a tribute in Rick's memory please visit www.jonesrichandbarnes.com.

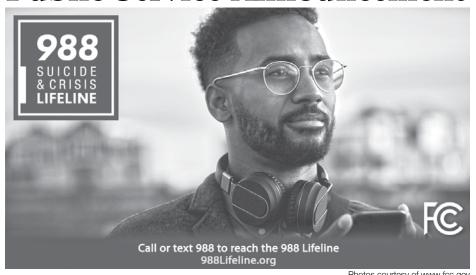


Christopher Pidhajecky DDS 347 Main Street Gorham, ME 04038 207.839.3006

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Public Service Announcement | Senior Care: Dealing with **Extreme Summer Heat**

Older adults frequently don't

recognize when they're thirsty or

becoming dehydrated, so may

not drink enough. Therefore, in

hot summer weather, they're at

a higher risk of heat stroke and

dehydration, both of which call

for emergency treatment.

Bill Jenks, Contributing Writer

We've had a stretch of daily high temperatures exceeding 90 degrees. Along with high humidity, which makes it pretty uncomfortable for nearly everyone. For older people, though, especially those living with some form of dementia, extreme summer heat can be much more than uncomfortable; it can pose serious health risks.

As we age, our bodies become less able to regulate internal temperature, causing some older people to lose a sense of whether they are too hot or too cold. Older adults frequently don't recognize when they're thirsty or becoming dehydrated, so may not drink enough.

Therefore, in hot summer weather, they're at a higher risk of heat stroke and dehydration, both of which call for emergency treatment.

Clearly, encouraging older people to stay cool on these hot days is important. If their home is not air conditioned, consider making visits to public places that are air-conditioned during the hottest times of day: malls, stores, restaurants, movie theaters. Another idea might be a drive to the shore, where sea breezes often lower the temperature significantly.

If leaving the house is not in the cards, fans really help keep body temperature down and are an absolute must. In any case, during periods of extreme heat watch for symptoms that may indicate heat stroke: excessive (or no) sweating, exhaustion, flushed or red skin, muscle cramps, a fast pulse, headache, dizziness, fainting, and nausea. Do not ignore these symptoms. Get emergency treatment right away.

Staying well hydrated is always important, but especially when it is hot and humid. Drinking plenty of water is best, but there are many other healthy beverages and even foods that can help keep us hydrated. Watermelon is an obvious

choice, but other fruits contain large amounts of liquid, too. Ice cream and popsicles are also popular and can help with hydration. Anything containing caffeine or alcohol should be avoided.

There are many medications that increase the risk of dehydration, including diuretics used to control condi-

> tions like edema, hypertension, and glaucoma. Other medications that contribute to fluid loss include laxatives, chemotherapy drugs, and antihistamines.

Several kinds of medications also raise the risk of heat stroke. These include drugs like haloperidol (Haldol) and risperidone (Risperdal),

which block signals to the brain that body temperature is rising. Heart drugs like beta blockers actually reduce blood flow to the skin, thereby preventing the efficient release of excess heat from the body. The overactive bladder drug oxybutynin, tricyclic antidepressants, and many over-the-counter medications containing diphenhydramine (e.g., Benadryl, Dramamine) cause individuals to sweat less.

None of this is intended to scare anyone; only to point out some ways to minimize the downsides of uncomfortably hot weather. Unfortunately, these extreme heat waves are becoming more frequent and longer lasting, so knowing how to deal with the risks they present, especially for the elderly, can provide some peace of mind. Here's to enjoying the rest of our all-too-short Maine summer.



Bill Jenks owns Home Instead, which provides non-medical home care throughout Cumberland County. He is also Chairman of the Board of Directors for the Alzheimer's Association, Maine Chapter



Outdoor Opportunities Near Gorham Are Expanding

A new outdoor recreation area comparable in size to Bradbury State Park is being developed a short drive away. It will greatly expand outdoor opportunities for Gorham and neighboring towns. The East Windham Conservation Project has recently grown to 750 acres. With a \$3.7 M budget, it is an ambitious venture between Presumpscot Regional Land Trust (of which Gorham is a founding member) and the Town of Windham's Open Space Plan. Windham is also a Land Trust member.

Like Bradbury State Park, this project will forever preserve a large tract of land and also protect a variety of natural habitats for plants and animals. It will offer more than 10 miles of multiuse recreation trails with several scenic vistas overlooking the White Mountains as well as along quiet Little Duck Pond. Another important feature will be a one-mile, universal access trail so that people of all abilities can exercise and enjoy the outdoors.

The project stretches through Windham and connects to 20 more



Photo courtesy of Presumpscot Regional Land Trus

A distant view of the White Mountains from one of several high points in the Presumpscot Regional Land Trust's the new, enlarged East Windham Conservation Project.

miles of existing trails on conserved land in Falmouth. It will also help to protect the water quality of the surrounding streams and lakes of the Presumpscot River watershed.

All but \$400,000 of the \$3.7 M in needed funding has been raised: \$1M from the Land for Maine's Future

Continued on Page 9

Dog Days or Daze of Summer?

Chris Crawford, Staff Writer



Photo credit: Lori Arsena

"Dog Days are approaching; you must, therefore, make both hay and haste while the Sun shines, for when old Sirius takes command of the weather, he is such an unsteady, crazy dog, there is no dependence upon him." —The Old Farmer's Almanac, 1817

How to Find Sirius (Canis Major) in the sky

Imagine a straight line through the constellation Orion's belt. Look left (south) until you come to a very bright star—that's Sirius, the nose of the dog. Look farther south to find a triangle of stars that marks the dog's hindquarters.

We've all heard of the dog days of summer: picture dogs panting in the shade, with some lolling of the tongue thrown in for good measure. Most people assume it refers to the hot, muggy summer weather in late July and August. If you thought so, too, you're not wrong, but you're not exactly right, either. It may be a surprise to learn that this expression has ancient roots stretching back to the ancient Egyptians, Greeks and Romans.

According to the Old Farmer's Almanac, in the northern hemisphere, the 40 Dog Days begin July 3 and end August 11. However, the name actually refers to a celestial event, the dawn rising of Sirius, better known as the Dog Star or Canis Major. Sirius is one of the brightest stars in the sky, except for the Sun. It forms the nose of one of Orion the Hunter's two

CONTINUED ON PAGE 7

Arrests June 2022

Gorham Police Department

Daniel Blais, 38, of Line Road was arrested for domestic violence assault.

Christopher Duchaine, 38, of Finn Parker Road was arrested for violating a protective order, violating conditions of release and domestic violence stalking.

Christopher Duchaine, 38, of Finn Parker Road was again arrested for violating a protective order, violating conditions of release and domestic violence stalking.

Brian Wiley, 30, of Veranda Drive was arrested for aggravated assault.

Devin Pesce, 28, of Windham was arrested for OUI.

Tyler Wyman, 30, of North Gorham Road was arrested for OUI.

Nicole Carroll, 29, of Great Falls Road was arrested for operating after registration was suspended and held for another agency.

Cameron Mushero, 29, of Main Street was arrested for domestic violence assault. He was arrested a second time two days later for theft by unauthorized taking and violating conditions of release and again the same day for the same charges.

Sherwood Smallidge, 45, of Kemp Road was arrested for OUI.

Shannon West, 35, of Taunton MA was arrested for OUI (no test).

Jennifer Woodbury, 40, of Barstow Road was arrested for unlawful possession of scheduled drugs.

Tyler Brown, 28, of Gray Road was arrested for criminal trespass.

Darren Foglio, 52, of Waterboro was arrested for failure to give correct name, address and date of birth, unlawful possession of scheduled drugs, operating while license was suspended/revoked, violating conditions of release and held for another agency.

Cameron Mushero, 29, was arrested for violating conditions of release, domestic violence assault and had a prior domestic violence assault charge.

Kenneth Wilds, 32, was arrested for unlawful possession of scheduled drugs (heroin).

Brianna Yates, 29, of Auburn was arrested for violating a protective order.

Kristina Belanger, 39, of Tink Drive was arrested for violating conditions of release.

Scott Hemingway, 54 of South Portland was arrested twice for OUI (no test), one prior.

David Kindler, 35, of McLellan Road was arrested for domestic violence assault and violating conditions of release.

Damion Stubbs, 19, of East Waterboro was arrested for violating conditions of release, failure to appear, operating while license was suspended or revoked.

Trista Townsend, 33, of Portland was arrested for OUI (drugs or combo) no test, and unlawful possession of scheduled drugs.

Grand Jury Indictments-June

Charles Doughty, 40, of Gorham was indicted for theft by unauthorized taking and violating conditions of release on charges brought by Gorham PD.

Charles Doughty, 40, of Gorham was indicted for theft by unauthorized taking, unlawful possession of scheduled drugs and violating conditions of release on charges brought by South Portland PD.

Briana Grasruck, 32, of Gorham was indicted for theft by deception on charges brought by Gorham PD.

Jade Pierce, 24, of Buxton was indicted for manslaughter, aggravated criminal OUI, and reckless conduct with a dangerous weapon on charges brought by Gorham PD.

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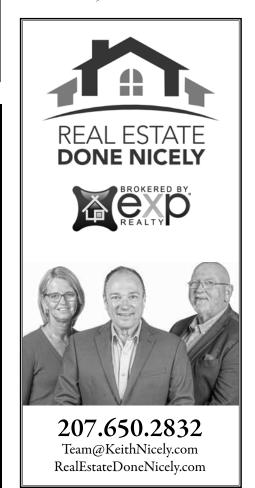
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GMS Student Donates to Children's Hospital

Aislyn McLean, GHS Intern

Sometimes it feels like there's not a whole lot of good left in the world. That is until you hear a story like Maddy's. Maddy is twelve years old and has a huge heart. She's a soon-tobe seventh grader at Gorham Middle School and dedicates lots of her time to softball. Maddy lives in Gorham with her mother Alyson and her father Shaun, as well as their two dogs. The mother and daughter duo cheerfully answered our questions, revealing Maddy's sensitivity and resourcefulness with a recent donation to the Barbara Bush Children's Hospital.

This past June 4, if you happened to stroll past the Leeper's home, you'd see Maddy sitting outside at a table full of baked goods and knitted stuffed animals. A handwritten sign hung from the white and blue table explaining the sale. The Gorham Middle Schooler was selling her small crafts and cookies so she could donate the proceeds to Barbara Bush Wing at Maine Medical Center. This, however, wasn't her first idea.

Originally, Maddy planned to donate the actual stuffed animals to the kids in the hospital. She thought children who were sick and struggling could use a little gift. Alyson asked Maddy's Aunt Meaghan who works at Maine Med if this plan would be possible. Unfortunately, due to lasting COVID restrictions at the time, the





hospital was only accepting donations in the form of money. Nevertheless, Maddy persisted. She decided she could still find a way to help. So, the young girl set up her table at 8 a.m. at

CONTINUED ON PAGE 9

Cooperative Preschool Hosts Founder's Night Event

Michael Lortie, School News Editor



Front Row: Dannielle, Henry & Paul Bangs. Back Row: Isaac & Tana Krohn, Nikki Pratt, Karen Lin, Jo-Anna Moore, Sarah Moore Cox, Jen, Mabel, Edwin & Mike Schaefer, Michael Moore.

In 1967, Michael and Io-Anna Moore, moved from Seattle, Washington to Gorham, where Michael had been hired by Gorham State Teachers College to teach Art. While in Seattle, they had the opportunity to enroll their then three-year-old in a cooperative preschool program run by the University of Washington.

As educators, they saw the overwhelming benefits of a strong preschool experience, rich in learning and growth opportunities for threeand four-year-olds. Sadly, Gorham did not have many early childhood opportunities fifty-four years ago.

With some of their university colleagues, they formed an educational organization, sought legal advice, secured a basement space in the Congregational Church and with consultation and training from Miss Farrar, a Gorham Kindergarten teacher, created the Gorham Cooperative Preschool. From these modest beginnings, the preschool would grow into an institution with a rich history of preparing hundreds of little Gorham students for kindergarten and life beyond. Moore's daughter Sarah, who is now an executive at L.L.Bean, was one of the first students of the program.

The Moores were delighted to

CONTINUED ON PAGE 9







Andrew Farr Recharges, Heads to Yale this Fall

Katie Brown, Sports Editor

Andrew Farr shares thoughts of his future at Yale and what high school track has meant to him. First of all, summer is going well. Farr explains, "it's nice to recharge my body and build a strong base for winter season- lots of lifting and power building exercises (short sprints, hills, band workouts). Farr also balances a few jobs including coaching Gorham's summer track program. "It's kind of a full circle ending as I started track through the same program 8 years ago."

Farr was named Varsity Maine's player of the year. Finishing first in a track and field event is never an easy task. Breaking records is far from easy, Farr battled through hamstring injuries two years ago. This resiliency piece and the never back down from a challenge mentality got him to where he is today.

Farr now joins the company of elite athletes. This year he ran the 2nd fastest 200 in Maine history next to Isaiah Harris who is now a professional runner and (Kate Hall-Lake Region stand-out) who went on to become a national record holder, 2x NCAA D1 champion and professional athlete. Farr and Hall have the two greatest performances ever at a New England meet in state history. Farr remarks, "to be mentioned alongside the same athletes that I have idolized my whole childhood is not only an honor but excites me for what the future holds."

Farr will head to Yale in the fall. He plans to take things day by day, year by year. He adds, "academics will of course be on the forefront, but athletics won't be far behind. Sports are



Farr running the 100m at the 2022 Class A State Championship meet.

very unpredictable, and you never know when a breakthrough personal best might occur or a career-ending injury. I think every athlete has hopes to compete professionally, and if the opportunity ever presented itself, I would of course take it."

Farr adds, "I think the foundation of athletics gives a level of discipline not only for academic success but for life in general. Sports provide you the resiliency to not give up during adversity, the mental stamina to endure painful situations, and the opportunity to set challenging goals and accomplish them. A childhood of playing sports - in many ways - is representative of life."

Next year Farr is looking forward to the intensity. "I'll be balancing a world-class education with Division 1 athletics, both of which will challenge me in really exciting ways. I'm looking forward to learning, training, and competing alongside such inspiring people."

Dog Days or Daze of Summer? CONTINUED FROM PAGE 5

hunting dogs. The other dog, Canis Minor is small and is comprised of only two stars.

Ancient people used Sirius to predict the seasons. The Egyptians called Sirius the "Nile Star" because it always appeared in the early morning sky right before summer began. It was a time of celebration marking the beginning of the rising flood waters of the Nile River, a very important annual occurrence that allowed them to farm in a desert

For Ancient Greeks and Romans,

the Dog Days were a time of drought, bad luck, and unrest, when dogs and men were driven mad by extreme heat and humidity. Statistically speaking, the incidence of plague and disease also rose during that time.

People in medieval Europe thought that a combination of light from the Sun and Sirius caused the heat and

Thankfully, today we have more ways to mitigate the Dog Days of Summer. Living in Maine usually helps a little, too.



Gorham Minors Softball All-Stars Win Little League State Championship

Katie Brown, Sports Editor



Gorham Minors 8- 9- 10-year-old Softball All-Stars Defeats Biddeford to win Little League State Championship.

Gorham Varsity coach Phil McGouldrick enthusiastically shares how it happened,

"Cameron Gagnon threw a no-hitter to lead Gorham past Biddeford 10-0. Cameron went four innings, allowing zero runs on zero hits and striking out eight."

McGouldrick concludes, "Gorham

secured the victory thanks to seven runs in the first inning. The inning was driven by walks by Mae Blackburn and Riley Young, singles by Sophia Marquis and Jacklyn Dunbar, a triple by Cameron Gagnon, and a fielder's choice by Camryn Allen."

Gorham will next head to Wilkes-Barre, Pennsylvania where they will compete in the Regional Tournament. Good luck to the Gorham Minors softball All-Star team.



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Meet the Baxter Memorial Library Staff

Beth Orlando, Staff Writer

James Rathbun, Library Director

James Rathbun serves as the library director for Baxter Memorial Library in Gorham. He began his career in youth services almost 16 years ago. He has been the director since 2016. Rathbun states, "It's a great place to work and the Town of Gorham has been great to work for. I wouldn't have stuck around this long if I didn't enjoy it." Outside of BML, Rathbun likes to run, lift weights and compete in obstacle course racing. Rathbun is currently reading "Ordinary Monsters" by J.M. Miro. and shares that he will always recommend anything by Susanna Clarke, Joe Abercrombie, David Sedaris, and Alan Bradley.

Nissa Flanagan, Deputy Director

Nissa Flanagan has worked at BML for the past two years as the deputy director, which she describes as "one title but many roles." Flanagan oversees circulation at the library, plans programming for adults and families, collaborates with other departments and assists the director as necessary. Flanagan states, "It is an absolute joy to spend your days surrounded by smart, funny people on both sides of the counter! Gorham is such a great community. Everyone who walks through these doors into the library should feel welcome because the library is a place that belongs to all of us."

Tara Brown, Administrative **Assistant to the Director**

Tara Brown has been working at BML for nearly 6 years as the administrative assistant to the Director. Prior to that, Brown was a volunteer in the Youth

Services Department and a substitute library assistant. Those experiences ultimately made her want to become a full-time member of the library staff. Her favorite program to be involved in has been the Harry Potter Book Nights. The enjoyment that the patrons get out of those nights "makes all the work that we do to pull them off worth it." As a final thought, Brown shares, "A book that completely changed my worldview and that I recommend to everyone is "Ishmael" by Daniel Quinn."

Danielle Grady, Senior Library **Assistant, Youth Services**

Danielle Grady has been employed for 22 years at BML where she is the senior library assistant in Youth Services. Grady, known as Miss Dani, presents the Baby and Me Discovery Time and Toddler Discovery Time. Grady also does outreach storytimes to local preschools. In collaboration with coworker Deb Tanguay, Grady prepared, planted and completed the new Bee and Butterfly Pollinator Garden this year. In Grady's own words, "The best part of my job is meeting all the families, engaging with the children and watching them grow up. One of my favorite times is when families bring their relatives to BML to meet us and see the library!"

Josh Brunck, Technical Services Librarian

Josh Brunck is the Technical Services Librarian at BML and is also the newest member of the BML staff joining the team in January of 2022. Brunck's primary duties are the cataloging and



Jeffrey Knox, Josh Brunck, Nissa Flanagan, Tara Brown, James Rathbun, Heidi Whelan, Deb Tanguay (not pictured, Danielle Grady)

processing of all library materials. His responsibilities include entering all the new books into the integrated library system so that patrons can find them in the catalog. Brunck's office is located downstairs in the children's area, so he is able to work closely with the children's library staff. He shares, "It's great to see them interact with the kids and families who visit the library."

Jeffrey Knox, Youth Services **Assistant**

Jeffery Knox has been employed at BML as a youth services assistant for 3 years. "Gorham is unique in terms of the community's involvement with the

library. That is one of the reasons this job is special. Turnout for our programs is through the roof and we couldn't be more grateful for everyone's participation." Knox has been involved in the Preschool Storytime where he partnered with Heidi Whelan to lead storytime where children and families "have a blast". Knox is complimentary toward the families who come to participate in the youth programs saying, "They are attentive and thoughtful, and make the program a joy to look forward to."

Heidi Whelan, Youth Services Librarian

Heidi Whelan has served as the youth

CONTINUED ON PAGE 9









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GORHAM \$120,000 - This 8.37acre North Gorham building lot offers plenty of space and privacy. The street frontage is on a paved public street with power running along the frontage. The survey is complete and the lot corners are flagged.



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GMS Student Donates to Children's Hospital CONTINUED FROM PAGE 6

a neighborhood yard sale and ended up making 325 dollars through cash and Venmo. By 11:30 a.m. everything was gone. Maddy coined her small business Crafts and Cookies for a Cause.

Just ten days later, on June 14, Alyson and Maddy were able to go to Maine Med and donate the money. When asked about any future plans for Maddy, she explained that she hopes to donate to the Animal Refuge League next. She and her mother had been brainstorming ways to do this and came up with another heartwarming idea. Maddy plans on putting her love for baking to use again and making "pup cups" (little doggy cupcakes) to raise money for the shelter. Be on the lookout for another Crafts and Cookies for a Cause sale early this winter.

Cooperative Preschool Hosts Founder's Night Event

CONTINUED FROM PAGE

know that the program was still thriving. After contacting the current lead teacher, Ms. Karen Lin, they were invited to visit the program and to meet the current families involved in the learning venture. On the evening of June 15, 2022, the Moores and their daughter returned to Gorham to visit the program that they had started.

The Gorham Cooperative Preschool is a state licensed program currently located in the town of Gorham owned building located in center field at Robie Park. (Across from the Municipal Center) The preschool provides a two-day-per-week program for three- year-olds, and a three-day-per-week program for four-year-olds. Ms. Lin stated that "A cooperative program is unique because families are directly involved as volunteers, board mem-

bers and partners in education. This is a rich educational experience that supports each child's unique social, emotional, intellectual and physical growth as they learn to adjust to a structured school environment."

According to Meghan Duquette, a parent of GCP students the past few years, "The experience as a volunteer is invaluable. You get to meet all of the students, meet other parents, work as partners with the teachers and learn about child development. You get to see your children grow as learners!"

There are currently a limited number of openings for both of the school's programs. The preschool is also seeking a new assistant teacher. If interested in joining GCP, you may contact Ms. Lin at 207-839-4706 or teachers.gcp@gmail.com.

GHS GRAD NEWS: If you, your son, or daughter are GHS graduates, we would like to share your achievements in the Gorham Times Of Interest section or in a Where Are They Now feature. Submissions should include the year of GHS graduation and should be no longer than 75 words. Contact Chris Crawford at ckck5@icloud.com.

Outdoor Opportunities Near Gorham Are Expanding

CONTINUED FROM PAGE 5

state grant; \$1.8 M from the Town of Windham conservation bond; and \$500,000 from a federal Land and Water Conservation Fund grant is pending.

The Presumpscot Regional Land Trust is leading a fundraising effort to raise \$400,000 this summer to pay for conservation easement, trail building, recreational amenities, and long-term stewardship of the land, in order for the project to become a reality.

Gorham Savings Bank has generously stepped up in support by offering a \$50,000 matching challenge to help the Land Trust achieve its fundraising goal. Every gift made by individuals and families to the Land Trust for this project will be matched this summer until the matching challenge has been met, according to Steve deCastro, Gorham Savings Bank, President & CEO.

Rachelle Curran Apse, Presumpscot Regional Land Trust, Executive Director, said, "This is a once-in-alifetime opportunity to create a conservation and outdoor recreation project the size of Bradbury State Park, just minutes from Gorham. We are now looking to individuals and families throughout the region to support this project in order to conserve the land this Fall."

The Presumpscot Regional Land Trust has 18 public access preserves and 2,170 acres of conserved lands with miles of public access trails and water access. They also coordinate the 28-mile Sebago to the Sea Trail from Standish to Portland. To learn more and support the East Windham Conservation Project go to: www.prlt. org/east-windham-project.

Meet the Baxter Memorial Library Staff CONTINUED FROM PAGE 8

services librarian at Baxter Memorial Library for nearly 7 years. Whelan describes her role as a combination of a freedom fighter and a party planner. She is a passionate advocate of children's freedom to read and she maintains a diverse and inclusive collection since children need to see themselves reflected in books and also read about people with different experiences than their own. She strives to introduce reading and learning in an enthusiastic and celebratory manner by creating a welcoming environment where parents and children are invited to experience the love of reading.

Deb Tanguay, Preschool Outreach Deb Tanguay serves as a liaison between BML and local preschools, helping to promote early literacy, and school readiness. She also serves in Youth Services, providing individual reader's advisory, shelving books, assessing the collection, creating displays, finalizing the processing of books, and collaborating with her colleagues on programming. Tanguay can be found dressed in a vegetable costume, enthusiastically promoting Summer Reading and the Discovery Program. She was integral in launching the Bee and Butterfly Discovery Garden project. "It has brought me immense pride to be a part of the BML family for nearly three years and to be at the heart of such an important hub in our community."



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OF INTEREST

Due to a decline in blood donations, the American Red Cross blood supply could face a seasonal blood shortage, negatively impacting hospital care. Please make an appointment now to give in August. To thank you for helping, those who give between August 1 and 31 will be entered to win gas for a year and will also receive a \$10 e-gift card. FMI: rcblood. org/fuel.

The Hannaford Community Bag Program is an easy way for shoppers to give back to the local community and the environment as part of their regular shopping routine. Purchase a \$2.50 reusable Community Bag, and \$1 of that will be donated to a local non-profit. August donations will go to the Babygirl Foundation based in Gorham. Founded in 2019, the Babygirl Foundation works to provide families, parents, and caregivers with resources to help during a child's difficult hospital stay. Learn more at babygirlfoundation.org.

Gorham High School Class of 1970 Reunion. This will be an informal class reunion for the GHS Class of 1970 on August 6 from 1 – 5 p.m. at Skip's Lounge, Route 202 in Buxton. \$3 per person cover charge. Drinks and food will be available for purchase. FMI Class President Charles Gagnon '70, charliegagnon@gmail.com.

Veterans of Foreign Wars, Gorham Memorial Post 10879 will meet on Tuesday, August 9 at 5:30 p.m. Contact the post at vfwpost10879@gmail.com for the location of this meeting.

Gorham Parks & Recreation summer concert series has been taking place at the Gazebo on the Municipal Center lawn. The last concert of the series is Delta Knights Band on August 9. The concert is from 6 to 7:30 p.m. (rain location Shaw Gym). Bring a picnic, a blanket or a chair, and enjoy the show. Parking is available along South Street or in the Municipal Center parking lot off Ball Park Road. Watch Facebook and the website for details about this and other activities and events, gorhamme.myrec.com.

Learn to Paddle on the Presumpscot on Saturday, August 20 from 10:30 a.m. to 12:30 p.m. Hop in a canoe or kayak to spend a warm summer morning learning to paddle and exploring the nature of the Presumpscot River from the water. Meet at Shaw Park in Gorham, where boats will be available to borrow if you need one. This event is co-hosted by the Town of Gorham Recreation Department and the Presumpscot Regional Land Trust. The event is free, but space is limited and registration is required at Events at www.prlt.org

YARD SALE AND CAR WASH Yard Sale at Buxton Center Baptist Church, 938 Long Plains Road in Buxton, Saturday, August 13, 9 a.m. to 1 p.m. Household items, books, puzzles, games, dishes, small

appliances, bake table and hot dogs!



Davida Sky, Mazy, and Kimberly Dakin-Neal

LIBRARY NEWS

At the North Gorham Public Library, a weekly story time with songs and crafts is open to children and their caregivers at 10 a.m. every Wednesday. The library is open on Mondays from 3 - 5:30 p.m., Wednesdays from 10 - 11:30 a.m. and 6 - 8 p.m., Thursdays from 3 – 5:30 p.m., and Saturdays from 9:30 a.m. to 1 p.m. Home delivery and contactless parking lot pickup are also available. Visit north-gorham.lib.me.us. and facebook.com/ northgorhampubliclibrary/.

Baxter Memorial Library continues a full lineup of events. Find them in the calendar. Regular library hours are Monday and Friday, 9 a.m. to 4 p.m., Tuesday, Wednesday, and Thursday, 9 a.m. to 7 p.m., and Saturday from 9 a.m. to 1 p.m. FMI and to find more events, call 222-1190 or visit baxterlibrary.org

CLOSE TO HOME

Aging in Buxton has received a grant from Narragansett One Foundation. With Foundation funds and cooperation of town office staff, a Resource List of all important town phone numbers will be included in the next tax bill. FMI: aginginbuxton@gmail.com

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County Road caller reported an unknown male and female camping near her house adding that at one point they were under her deck. It had rained prior to the complaint and the area where the caller had said the couple were camping was wet. If someone had set up camp there, the area would have been dry. Officer spoke with the caller's cousin who was to come out to the house that day to check on the caller's well-being.

Narragansett Street caller wanted police to be aware that they were allowing a couple of fire departments onto the property and they were going to be doing some live car fire training.

Narragansett Street caller advised that her neighbor's dog was defecating in her yard and occasionally causing other issues.

Domino's employee called because she was uncomfortable with a male going through the work dumpster. She did not have authority to trespass the male, just thought it was suspicious. Officer spoke with the manager who did not want the male trespassed. Man was already gone.

Officer located a male walking on the wrong side of the road. Officer warned him for this and sent him on his way.

Suspicious person walking around trucks in a parking lot on Mosher Road was an employee.

Newell Street caller was advised about how to get a harassment order against his soon to be ex-wife who keeps getting protection from abuse orders against him after he gets a new girlfriend.

Quincy Drive caller reported she was on the phone with scammers who have her bank information. She was told to go right to the bank and have them freeze her account if anything is missing.

Cressey Road caller reported he heard footsteps downstairs and no one should be in the house. No one else was there and there was no sign of forced entrance/exit.

Access Road caller reported an outside fire that seemed to be getting out of control. Homeowner was outside burning leaves. He had a hose and a rake nearby. The leaves were not burning out of control and he was able to put the fire out quickly. His neighbors knew about the burn and did not have any concerns. He had a burn permit.

Flaggy Meadow Road man was at the call box asking what to do if his ex-wife won't let him see his child. He was told that was a civil issue and to contact his lawyer.

THURSDAY, AUGUST 4

Baxter Memorial Library, Learn on the Lawn: Belly Dance with Rosa Noreen of Grace Academy. 1 p.m.

SATURDAY, AUGUST 6

Mission of Hope Clothes Closet, Cressey Road Church, 9 a.m. to noon, free GHS Class of 1970 Reunion, Skip's Lounge, Buxton. 1 – 5 p.m., \$3 cover charge

MONDAY, AUGUST 8

Baxter Memorial Library

Baby Discovery Time (birth-18mos) with Ms. Dani as she leads families in a lapsi baby story time. 9:30 - 9:50 a.m.

Toddler Discovery Time (18 mos-3yrs) with Ms. Dani on the lawn for fun books, music and movement activities.

TUESDAY, AUGUST 9

VFW Gorham Memorial Post 10879 meeting, 5:30 p.m. vfwpost10879@gmail for location. Gorham Rec. Concert Series features Delta Knights Band in a free concert at the Gazebo, 6 – 7:30 (rain location Shaw Gym)

WEDNESDAY, AUGUST 10

North Gorham Public Library Concert Series featuring Melody Hackleman at 6:00 p.m. Bring your lawn chairs! Rain or shine.

THURSDAY, AUGUST 11

Baxter Memorial Library

Art in the Park (all ages). Bring your snacks, a blanket and your creativity, the library supplies the paints and paper. 10:30 a.m. to 12 p.m. Learn on the Lawn, Instructor TBA, 1 p.m.

FRIDAY, AUGUST 12

Baxter Memorial Library

Scavenger Hunt at Shaw Cherry Hill Farm (all ages) with Mr. Jeff. Bring your sense of adventure, keen observation skills, and love for all things nature.

Second Edition Print Run 5K and Fun Run celebrates the Baxter Memorial Library Summer Reading Program. The 7 p.m. road race is open to runners of all ages and abilities. The Kids Fun Run at 6:30 p.m. does not require pre-registration. Register for the 5K at baxterlibrary.org, or FMI, call 222-1190.

SATURDAY, AUGUST 13

Buxton Center Baptist Church Yard Sale, 938 Long Plains Road

SUNDAY, AUGUST 14

North Gorham Public Library Kid's Outdoor Concert featuring Lincoln Gray at 2 p.m.

SATURDAY, AUGUST 20

Mission of Hope Clothes Closet, Cressey Road Church, 9 a.m. to noon, free

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Gorham Police Report Lost Items

On 07/11/22 a pink clutch with ID and items belonging to Alicha Holmes was found in Standish. It was turned over to the Gorham Police Department and the GPD was unable to contact Alicha. On 07/07/22 a wallet with ID and items belonging to Kevin Fogg was found in Windham. It was turned over to the Gorham Police Department and the GPD was unable to contact Kevin. On 08/06/21 a Garmin GPS was

found hanging on a tree off Sydneys Way in Gorham. The owner was not known, and no one has called for it. It was likely taken during a Motor Vehicle Burglary in the area, as a suspect had been arrested earlier in the morning after being caught burglarizing vehicles. If anyone can help reunite these items with their owners, please contact Det. Stephen Hinkley, 207-222-1689, shinkley@gorham.me.us



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