

Gorham Times

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Gov. Mills and Secretary Vilsack Visit GMS

Lori Arsenault, Editor



Photo credit: Gorham School Department

Left-Right: GMS Teacher Heather Whitaker, Governor Janet Mills, 7th Grade Student Miracle Fernandez, and U.S. Secretary of Agriculture Thomas Vilsack

On Tuesday, October 11, Gorham Middle School hosted a visit from Governor Janet Mills and United States Secretary of Agriculture Tom Vilsack, along with Congresswoman Chellie Pingree and Maine Department of Agriculture, Conservation, and Forestry Commissioner Amanda Beal. Secretary Vilsack visited Maine to highlight the Biden-Harris Administration's commitment to school nutrition programs and better opportunities for American farmers by visiting a model school in Maine practicing farm to school initiatives, and initiatives toward ending hunger.

The tour for the visitors began with GMS Dining Service Director Michael Sanborn and staff in the cafeteria and

kitchen where they prepare and provide meals for all the students.

The second portion of the tour brought the group to Heather Whitaker's kitchen classroom. Whitaker is the alternative education teacher at Gorham Middle School, and Maine's 2020 Teacher of the Year. She was joined by her student, Miracle. They introduced the group to the classroom and discussed teaching about food production, preparation, healthy choices, and how many other kinds of lessons and life skills can be taught in the kitchen.

Whitaker said that after some time as a traditional 6th-grade teacher, she decided that she "wanted to do something to

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A Full House Greet Candidates at Library



Photo credit: Roger Marchand

A full house greeted the candidates for Town Council and School Committee at the North Gorham Public Library on October 19. After the candidates introduced themselves and spoke on their reasons for running for office, they answered questions from the audience. The GOCAM video of the October 11 candidates forum that was held at Baxter Memorial Library can be seen at <https://vimeo.com/759601696> for hd, or at <https://www.gorham-me.org/gorham-government-education-television>, select from Video demand list.

Legislative Candidates Forum November 3

Gorham Times Staff

The Gorham Times will host a public candidates forum on Thursday, November 3 from 6 to 7 p.m. at 10 Bailey Hall on the USM Gorham campus. Participating will be the four State legislative candidates for Gorham. Timothy J. Thorsen of Gorham, and incumbent Stacy Fielding Brenner of Scarborough, are running for State Senator, District 30. Joseph Edwards Velozo and incumbent James Allen Boyle, both of Gorham, are running for the Maine House of Representatives for District 109.

The moderator of the forum will be Kathy Corbett, staff writer for the Gorham Times. The public is invited to bring a written question, or write one at the door. After each of the candidates have spoken, they will have an opportunity to answer the questions submitted at the door.

Bailey Hall is located near the College Avenue entrance of the Gorham campus. Parking is available in lots surrounding Bailey Hall as shown on the Gorham campus map found at <https://usm.maine.edu/maps-parking-transportation/gorham>

What We Should Know About Recycling

Kathy Corbett, Staff Writer



Photo credit: Kathy Corbett

The sorting process begins after the collected items are delivered to Ecomaine.

What happens to the stuff Gorham residents put into their purple bins and watch being thrown into the big, grey truck? Does most of it end up in a landfill? "No," says Matt Grondin, Ecomaine's Communication Director, "only about 11% is not recycled." It is delivered to Ecomaine's facility off Outer Congress St. where it is sorted, squashed, baled, and sent off to be turned into something new.

What can be recycled is determined largely by what can be sold. Right now, 75% of what Ecomaine collects from Gorham and surrounding communities is paper and cardboard, much of which is trucked to Quebec. This includes magazines, wrapping paper,

milk cartons, and pizza boxes. "Those pizza boxes don't have to be perfectly clean," Grondin said, "but if they are too goopy, just recycle the top."

Books, both hardback and paperback books can be recycled, but an alternative to having books pulped is to donate them to Baxter Memorial Library or North Gorham Public Library for their book sales.

Ecomaine takes everything marked with recycling numbers 1-7, except styrofoam # 6. Along with the paper, it all goes onto the waste-stream conveyor belt and is sorted by hand and by machine. This includes the clam

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WELCOME TO OUR
SUSTAINABILITY
ISSUE

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EFFICIENCY MAINE HAS
RESIDENTS COVERED
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Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

Protecting Our Natural Resources and Building a Sustainable Future

Rep. Mo Terry

Throughout the summer and fall, many of us have had opportunities to enjoy some of Maine's greatest assets: our natural resources. Whether you've made the journey to Baxter State Park for an exhilarating trek up Mount Katahdin, visited Greenville to enjoy the calm of Moosehead Lake or traveled up to camp for a quiet weekend with family, I'm sure you've also experienced that deep sense of gratitude for this place we call home. Maine's beauty is unparalleled, but our natural resources offer more than just an opportunity to be wowed.

Working the Gorham Farmers Market for many years, I've come to appreciate how integral our natural resources are to the fabric of our community. They bring us together, they nourish us and they provide opportunities for work, play and economic prosperity. Maine is different from other states in many ways, but I believe it is our long-standing connection to heritage industries like logging, fishing, hunting and farming that contribute to our unique sense of identity. There is a whole lot of grit mixed with an unyielding commitment to our neighbors and community.

It is this combination of commitment and hard work that has led us to make real, meaningful progress towards protecting our natural resources. Early in this legislative session, we bolstered the Land for Maine's Future program, ramping up land conservation efforts in recognition of the important role these lands play in the health and well-being

of our state. We also took steps to protect our natural resources by combating the effects of climate change in a variety of ways.

We funded forest carbon mapping work to give us the information we need to maximize the carbon stored in our forests. We also supported municipal partnership programs to improve climate resilience and emissions reductions at the local level. Rather than a one-size-fits-all approach, this will provide towns and municipalities across the state with the tools they need to make decisions about how to improve sustainability in a way that fits their unique circumstances. Additionally, we passed a measure to improve our recycling and waste management programs while simultaneously shifting the cost of those programs off of taxpayers and onto manufacturers, helping to incentivize less production of would-be waste.

More recently, we expanded Maine's Ecological Reserve System to better reflect our commitment to protecting unique habitats that support wildlife, store carbon, provide scenic and recreational value and serve as ecological research sites. We developed a climate change education pilot program for public schools, which will provide development opportunities for educators to better prepare interdisciplinary climate education courses. We funded the Maine Climate Corps, a service program for young adults to work on climate resiliency and greenhouse gas

reduction projects. We also set new goals for state and local fleets to transition to electric and zero-emissions vehicles.

Through a bill I introduced this session that is now law, we extended Maine's sales and use tax exemption for certain battery energy storage systems to incentivize the development of businesses that store energy for later use. In addition to contributing to more stable energy prices, the development of more battery storage facilities will make it easier for communities to shift to clean energy sources.

Each of these measures embodies our state's shared values. Mainers are willing to work hard. We care about our natural resources and we care about our communities. We may not be able to solve the climate crisis for the whole country or the world, but here in Maine, we know we have a lot to lose if climate disruptions degrade our most valuable assets. I'm proud to have been a part of these efforts over the past two years, and I am committed to continuing to work towards a more sustainable future for our state for years to come.



Rep. Maureen "Mo" Terry, D-Gorham, is serving her third term in the Maine House of Representatives. She serves as House Chair of the Taxation Committee. Contact her at maureen.terry@legislature.maine.gov.

Letter to the Editor

Letters to the Editor must be fewer than 300 words, signed with a first and last name, typed or e-mailed and include a phone number. The Gorham Times reserves the right not to publish letters that include personal attacks or inflammatory language. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times as space allows and are subject to editing.

To the Editor,

This fall, we have a rare opportunity to choose a candidate for Governor who has spent his life helping people as a medical doctor instead of playing politician. Sam has no political party behind him, and no wealthy donors own him. His face will appear on television only in an interview or as a participant in a debate. You will not see an attack ad accusing his opposing candidates of atrocities or maleficence.

Sam's philosophy is simple. The citizens of Maine deserve something better than either of the political parties has to offer. As Sam says, "Let's find common ground using common sense for the common good."

A teacher once told his class that if all twenty-two football players got together, it would be easy to carry the football down the field. Vote for the man who wants to unite the teams and accomplish something for Maine.

Leland Hanchett
Falmouth, Maine

To the Editor,

As State Representatives for Gorham, we turn to our town officials to insure we can make it easier for our town to thrive. We support fresh thinking and new ideas that will focus Gorham's

growth in a way that works with our town's unique identity.

That is why we support Seven Siegel's bid for Town Council this year. We believe that Seven has great energy and ideas along with the dedication that we all want to see from the next generation of leaders.

Seven's vision for Gorham combined with his work on the Planning Board is just the combination of knowledge and imagination that we can all benefit from. He is ready to put in the work and we encourage you to vote for Seven Siegel for Town Council on November 8th.

Jim Boyle and Mo Terry

To the Editor,

Did the Gorham Town Council, Town Manager, and our Assessor intend for Residential Property taxes to rise \$3.95 million or 15%, while Industrial and Commercial Property taxes declined by \$552,000 or 15%? Or was this an unintended consequence of a highly inaccurate revaluation?

At the last Town Council meeting, I made three points to our Council. First, the data used by Vision Government Solutions is full of errors, making the point "Garbage in, Garbage out". We have twenty all natural gas units in our association, seven are labeled having oil heat, a 35% error rate.

Point two pertained to my valuation increase of 88% and tax increase of 24% while the Town Manager stated we would have a 6.7% property tax increase in the budget passed by the Council.

Last, I expressed my sadness and disbelief that our Town Officials condoned shifting tax burden from businesses to our residents. This valuation process is inaccurate and unfair to the vast majority of our residents who can least afford it.

Why does Nappi Distributors get a \$35,000 or 20% tax reduction when modest houses are getting 15-20% tax increases? This is one of many businesses receiving lower tax bills.

So, did our Town Officials meet when this process started and say: "Let's use corrupt data, lower taxes on Industrial and Commercial Properties by 15%, give 1,800 higher end properties tax reductions, and lay all that tax burden on the majority of residential properties?" If they did, they should admit it. Otherwise, vote to scrap the revaluation in its entirety.

In a letter from the Cumberland County Regional Assessing office denying my request for adjustment, they state: "The main goal of Gorham's revaluation has been to ensure Gorham's tax burden is shared fairly among all Gorham Property." Was the goal met?

Jim Walker, Gorham

BRINGING THE NEWS TO ALL OF GORHAM
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Efficiency Maine has Residents Covered

Aislyn McLean, GHS Intern

With winter right around the corner, it's becoming increasingly important for Mainers to prepare. Any New Englander knows that the cold months of the year can get pretty messy here. Fortunately, Efficiency Maine has residents covered. The energy administration kicked off a special promotion on October 1, 2022, that will last until December 31, 2022. Their goal is to raise awareness of resources that can help homeowners and tenants stay warm this winter in the most financially and environmentally friendly way.

With their limited time "DIY" Winter Prep Rebate, residents can obtain a \$100 reimbursement to put towards weatherization and insulation products. These products include caulk, spray foam sealant, pipe, and duct insulation, tank wrap, weather stripping, foam board insulation, various shrink kits, and more. It's a great opportunity to take advantage of

before the year ends. Not only can it reduce energy use, but it can increase comfort and keep bills low.

Some people may doubt their own abilities when it comes to making use of these products, but Michael Stoddard, executive director of the Efficiency Maine Trust, says this, "While it is typical to employ a professional contractor to perform major weatherization projects, this promotion recognizes that there are plenty of smaller, low-cost steps that we can install ourselves with the right materials from the local hardware store." This \$100 special promotion isn't the only resource available to Mainers this winter. There are many other ways for homeowners and tenants to manage costs, improve energy efficiency, and find assistance through the company. To find out more, visit Efficiency Maine's website at efficiencymaine.com.

Sustainability is Growing at University Dining Halls

John Ersek, Staff Writer

Sodexo, the food service provider serving the University of Southern Maine, has recently been implementing a number of sustainability innovations.

In the past few years Sodexo has been attempting to increase the amount of locally sourced foods in all its dining facilities and cafes, and the system-wide percentage is now 29%. Sodexo defines local products as originating within 175 miles, but in actuality most "local" food consumed at University of Maine campuses is sourced in Maine.

Tadd Stone, director of Sodexo's USM operations said, "we purchase first from Maine food providers".

Sodexo also has initiatives to limit the use of plastic and paper products, especially those that are non-recyclable. Part of this effort is the "Green to Go" initiative. This involves the use of reusable containers which students can bring to the dining commons multiple times, to be thoroughly washed and re-filled with the user's food choices.

Increased concerns about seafood sustainability have led Sodexo to shift all its fresh-caught whitefish purchases to whitefish which has been certified as being responsibly harvested in Gulf of Maine waters.

University dining facilities have greatly increased the amount of food that is composted, and are now offering compostable napkins.

All University of Maine dining commons and cafes have also gone trayless to reduce excessive food consumption and food waste, requiring students and staff carry each cup and plate

of food to their table separately. This is part of Sodexo's "Lean Path" program.

University dining facilities have also greatly increased the amount of food that is composted, and are now offering compostable napkins.

Sodexo is working with Mainely Grains of Skowhegan to obtain Maine-grown whole wheat flour, which is now the only whole wheat flour used in University of Maine dining facilities. Sodexo is working to increase its use of Maine-grown oats and farrow (a wheat relative), which it also gets from Mainely Grains.

The Gunpowder Mills of Gorham and Windham

A Film Premiere and Public Showing

John Ersek, Staff Writer



Photo credit: Saco River Community Media

Georgia Humphrey and Patrick Bosant at what is known as the round mill, one of the best-preserved mill foundations in the Gambo Preserve. Most people are familiar with this mill because it's easily accessible. The structure is located right off the trail near the Shaw Park footbridge connecting Windham and Gorham.

150 years before the establishment of the federal environmental protection administration (EPA), the occupational safety and health administration (OSHA), or any local zoning, the Gambo Falls area along the Gorham-Windham town line became the location of one of the largest gunpowder manufacturing plants in the country. From 1824 to 1905, many thousands of pounds of gunpowder were produced at this water-pow-

ered manufacturing facility, known variously as Oriental Powder Mills, Gambo Powder Mills, Newhall, and other names.

Recently, Saco River Community Media, in collaboration with Gorham Community Access Media, has produced a half-hour video highlighting many interesting facts about Gorham's history of gunpowder manufacturing. The film points out gunpowder's

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What Does it Truly Mean to be Sustainable?

Grace Johnson, GHS Intern

The desire for sustainability seems to be an incredibly hot topic in today's world. Everyone wants to be sustainable — environmental groups, businesses, and even many families all strive for it. But what does being sustainable actually mean?

In 1987, the United Nations defined sustainability as "meeting the needs of the present without compromising the ability of future generations to meet their own needs."

Cambridge Dictionary goes a bit more into specifics and defines sustainability as "the quality of causing little or no damage to the environment, and therefore being able to continue for a long time into the future."

Both definitions touch on the future.

It seems that to be sustainable, one must live in a way that is able to be maintained far into the future, while not harming the environment in the present.

The University of Iowa summarizes sustainability more broadly in three E's (or three P's), Environment (Planet), Equity (People), and Economy (Prosperity), saying, "in practice, sustainability encompasses human and ecological health, social justice, and secure livelihoods for all generations, now and in the future." The Native American seven generations principles remind us to also protect and learn from the past.

With sustainability being talked about so much in the media and just in general right now, a lot of younger people have

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Moose Makes Nutritious Meals



Photo courtesy of Priscilla Hopkins

North Gorham resident Priscilla Hopkins and a group of friends hunted moose in Van Buren in Mid-October. Shawn Franck, pictured here with Hopkins, shot the 649-pound bull moose. "Our intension was to get a moose to eat," Hopkins said. She now has about 300 pounds of moose meat in her freezer ranging from mooseburgers to roasts and steaks. "Moose is delicious cooked like any red meat and is leaner than beef," she explained.

CryptoVerse by A. Logophile

ABCDEVDK KHT FKYO VBSO BJ CDLO K GCBBH,
 EFOX UKPL, EFOX MPBIC, EFOX BGEOJ TCDJM SWH.
 POKH EFO AKAOPT, TOOL EPWTEOH YBDVOT, EFOJ MB
 EB EFO ABCCT KJH SKLO EFBWMFEGWC VFBDVOT.

CLUE: B = O

SOLUTION ON PAGE 15

Bringing the Joy Back into Movement

Alison Swiggard

For some people, exercise can be feared and is associated with punishment, discomfort, and pain. Diet culture pushes exercise, setting high expectations and framing it as a "chore" or "task" that we all must do. But it's important to realize that exercise and movement are two different things.

Exercise typically implies an intentional act of movement in a more formal way, usually with the goal of burning calories or changing your body. It is also often used in a compensatory manner to make up for "bad" food eaten.

Movement encompasses any way you move your body. Movement can include activities such as walking the dog, gardening, cleaning the house, physical therapy exercises, and stretching for a few minutes during your workday. We can be intuitive with our movement and tune in to what feels good for our bodies at any given time.

Most assume that a mix of cardio, strength, and stretching is recommended for a healthy lifestyle. Occasionally getting your heart rate up can improve cardiorespiratory fitness, and strength exercises prevent bone loss as we age.

But movement does not always need to be vigorous or structured to see health benefits. You do not need to be lifting weights at the gym or be doing advanced yoga poses. Walking up the stairs in your apartment building or down the driveway to get the mail, are unstructured forms of cardio.

Studies have found that low-intensity exercise reduces stress (cortisol) levels, while moderate exercise increases cortisol levels by 40%, and high-intensity exercise increases cortisol by 83%. When thinking about physical health, our emotional health is just as important, so movement should relieve stress, not add to it.

Cortisol can be helpful under the right conditions. It tells our body it needs tissue repair, which is essen-

tial after exercise. For cortisol to do its job properly, rest and proper nourishment (a.k.a. enough food) are required. Without these, the cumulative stress on our bodies is actually increased.

When cortisol levels are chronically high from physical and emotional stress, lack of rest, or not eating enough, it's counterproductive to add exercise when the goal is better health. We have internalized this idea that more exercise is always better, when sometimes less is more.

Understand that what feels good on any given day should be different. Likewise, what might be joyous for one person may not be right for you. Examining the "why" is essential when practicing intuitive movement.

When deciding what kind of movement is best for you, consider what is your intention for this movement? What do I have time for and what, if any, movement would feel good and be enjoyable for my body right now?

Aim for flexibility because rigidity about what is acceptable movement can be mentally and physically exhausting. Rest is crucial not only for our body's physical repair but also for living without the burden of exercise on our minds. Maintain a flexible schedule with movement: switch things up when you get bored with a specific type of movement, take a break from an activity without guilt, or fit in short increments of movement throughout your day.

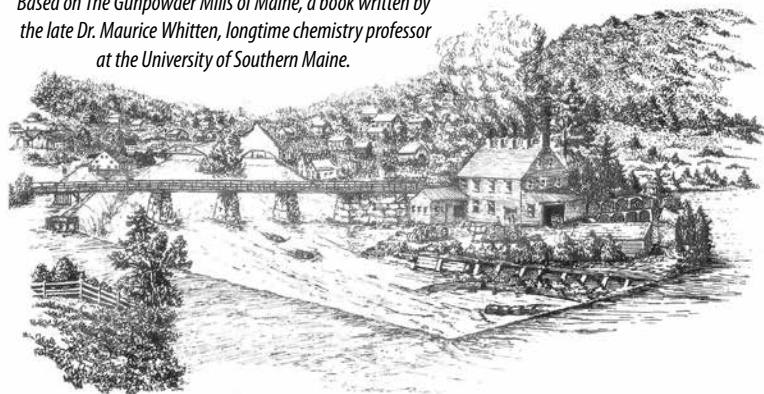
Learning to bring joy back into movement is a powerful tool that can aid in the connection we feel with our bodies. This joy stems from knowing that there is no right or wrong regarding our bodies, especially when it comes to movement. Ignore diet culture's consistent pressure and get curious about what you wish movement looked like in your life.

Alison Swiggard, MS, RDN, LD, is a dietitian at CVwellbeing.

COME AND SEE THE FIRST PUBLIC SHOWING OF THE NEWLY RELEASED DOCUMENTARY:

The Gunpowder Mills of Gorham & Windham, Maine

Based on *The Gunpowder Mills of Maine*, a book written by the late Dr. Maurice Whitten, longtime chemistry professor at the University of Southern Maine.



Friday, November 4
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Gorham, ME

Screening will begin at 6:00 p.m.
 Audience members are asked to arrive when the doors open at 5:30 p.m.

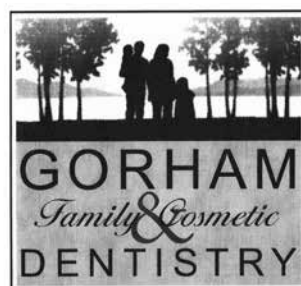
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Gov. Mills and Secretary Vilsack Visit GMS CONTINUED FROM PAGE 1

connect the kids with the world around them.” With help from many others, she started the Gorham Middle School Garden 19 years ago.

Vilsack asked Whitaker if she had a wish list for equipment she’d like to have in the kitchen, and she said they’re always looking for “a class set of cooking utensils and cooking materials,” as opposed to the hodgepodge of things picked up from Goodwill and through donations. Then she added, “It would be helpful if all classroom teachers had access to cooking materials, so they were able to cook in their classrooms just like I am able to do.”

Secretary Vilsack asked Whitaker’s student, Miracle Fernandez. “Do you have a specialty of things you grow?”

Miracle answered, “I like growing tomatoes.”

“How’s the crop this year?”
 “Pretty good,” she answered enthusiastically.

“What do you do with the tomatoes? Do you like to cook as well?”

“Yeah,” she said.
 “Do you have a specialty?”
 She answered, “Salsa.”

As Miracle’s answer delighted the crowd, Vilsack declared, “There’s a marketable opportunity. Excellent!”

Out by the school garden, Whitaker described its 19-year development and mission. Learning of the Gorham Food Pantry’s difficulty finding fresh local produce, the mission became directed to serving the community, and “empowerment of teaching kids how to grow their food, to donate, and to give back.” She explained that they grow on average 1000 lbs. of produce for the Pantry each season, with last year being a banner year of 1500 lbs. They have reached 900 lbs. this year.

Later that day, Jan Willis MacLeod, vice president of the Gorham Food Pantry Board of Directors told us, “The pantry is so grateful for the long partnership with the Gorham Middle School Garden; the produce received from Gorham Middle School students is able to quickly get into the hands of our Gorham community and help feed our neighbors.”

Inside the garden, Whitaker said, “Ours is only one example of the many amazing school gardens across our state where my fellow educators are also introducing students to the joys and lessons of agriculture, building our next generation of gardeners and farmers.”

Ben Whalen of Bumble Root Organic Farm in Windham spoke to the group about the idea of resilient communities, starting with strong local agriculture and its benefits including “protecting the environment through sustainable practices and land stewardship.” Whalen



Photo credit: Gorham School Department

Gorham Middle School teacher Heather Whitaker and visitors speak to the press in the GMS Garden about the farm to school initiatives taking place at the school for nearly twenty years.

pointed out that “Locally grown food is incredibly fresh and has a much lower carbon footprint compared to products being grown thousands of miles away and shipped in from out of state.” He advised that communities find creative ways to connect growers with school chefs, kitchen staff, and teachers, form lasting partnerships, educate students and families, support school efforts, and invest in local economies, “forging strong community ties, and building more resilient local food systems, all while supporting the health of the next generation.”

Rep. Chellie Pingree, who has been a strong advocate for farm to school initiatives, remarked about the GMS garden program being “ahead of the curve” for nearly 20 years. She said, “Maine is a model state,” with a lot of small and medium sized farms, adding products to enhance their incomes, and taking advantage of federally funded programs.

Governor Mills recognized Congresswoman Pingree for her advocacy for critical federal funds that provided universal free school meals throughout the pandemic. She spoke about the decisive bipartisan decision by Maine lawmakers to continue free meals, and the research about the importance of breakfast and lunches at school. She expressed the hope that other states would follow Maine’s lead.

Secretary Vilsack referred back to Pingree’s remarks saying, “Maine is more than the model. It’s the mecca of local original foods, support for farmers, and connecting them to schools.” He recognized Maine’s commitment to young children and their nutrition, and the farmers who he said have “the toughest job in the world,” and Congresswoman Pingree for her work to end hunger. Vilsack announced

increases in the farm-to-school incentive grants and encouraged Heather Whitaker to take advantage of them. He also announced the plan to “set aside \$50 million of additional resources from the American Rescue Plan to add to the additional \$30 million that comes through the appropriations process to create a fund so that schools across the country, including here in Maine, can take advantage of these resources.”

Reflecting on the visit and tour, Superintendent Heather Perry said, “It was a pleasure having our special guests visit GMS this morning. Their message regarding the importance of battling food insecurity in our community and in providing quality meals to all children in Gorham via our free school breakfast and lunch programs was invigorating. We appreciated being able to showcase our talented staff and students as well as our incredible School Nutrition Program employees for what they do each day to support our mission/vision. They truly are heroes!”

Arrests

Westbrook man, 40, was arrested for violating conditions of release and held for Probation Officer.

Buck Street man, 57, was arrested for domestic violence assault, aggressive assault and violating conditions of release.

Auburn woman, 29, was arrested for violation of a protective order.

Biddeford man, 35, was arrested for unlawful possession of scheduled drugs and illegal possession of a firearm.

New Gloucester man, 57, was arrested for failure to appear.

Portland man, 24, was arrested for OUI.

Gray Road man, 44 was arrested for criminal trespass and failure to appear.

Gray Road man, 44, was arrested for criminal trespass.

Windham woman, 27, was arrested for possession of fentanyl powder, failure to stop for an officer, escape, unlawful possession of scheduled drugs, violating conditions of release, operating after registration was suspended and operating while license was suspended.

Windham woman, 27, was arrested for unlawful possession of fentanyl, violating conditions of release, unlawful possession of scheduled drugs, operating a motor vehicle while license was suspended/revoked, escape for custody, possession of scheduled drugs, operating after registration suspended.



Inviting all Gorham Businesses and Households on Main Street and beyond to GORHAM’S 6TH ANNUAL TREE FESTIVAL 2022!!

ALL are invited to participate in Gorham’s Tree Festival. If your household or business would like to participate in being festive and lighting up Main Street and beyond this holiday season here is how to get involved:

*Place a Holiday Tree outside of your business or home and decorate it for the season by **November 27th at 4pm**. It can be traditional or themed.

*Our goal is to have all trees lit on the evening of the Light Parade **November 27th at 4pm** and throughout the season. A group will view each tree and choose the winning trees of the festival. Winners will be announced on or by New Year’s Eve! Grand winner will be presented with a traveling plaque to hold onto and have on display for the year!

*If you would like to participate or have any questions please email Cindy Smith at cindy@greatfallsinc.com or gorhamstreefestival@gmail.com. Please be sure to let us know if you will be participating by Wednesday, November 23rd to ensure your tree will be judged.

**LOOKING FORWARD TO A FESTIVE GORHAM!
 THANK YOU AND HAPPY HOLIDAYS!**

TOWN OF GORHAM ANNUAL MUNICIPAL ELECTION

Pursuant to MRSA, Title 21A, Sec 125, you are hereby notified that the Registrar for the Town of Gorham, Maine will hold the following office hours for the purpose of registering voters and making corrections to the voter list:

Tuesday and Wednesday, November 1 and 2, 2022, 8 a.m. to 4 p.m., Thursday, November 3, 2022, 8 a.m. to 7 p.m., Friday, November 4, 2022, 8 a.m. to 1 p.m., and Monday, November 7, 2022, 8 a.m. and 4 p.m.

Laurie Nordfors,
 Town Clerk and Registrar of Voters



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(Last orders on Wednesday, November 16)
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www.gorhamknights.org

Halloween Jokes



What's a ghost's favorite party game?

Hide and go shriek!

What do baby ghosts wear on their feet?

BOOties.

Why did the vampires cancel their baseball game?

Because they couldn't find their bats.

Where do baby ghosts go during the day?

DaySCARE centers.

Who did Frankenstein take to the party?

His ghoul friend.

How do you mend a broken jack-o-lantern?

With a pumpkin patch.

White House Ghosts

Chris Crawford, Staff Writer

This October marks the 230th birthday of the White House when George Washington laid its cornerstone at 1600 Pennsylvania Avenue, though our first President never lived there. John Adams and his family became its first occupants, in 1800.

The building was designed by James Hoban, an Irish born immigrant. The original building was three stories tall and contained 100 rooms and was called the "Presidential Palace." It became widely known as the "White House" about 110 years later.

Over the the ensuing years, it has seen many changes. After being burned by the British troops in 1814, it was rebuilt. It has also undergone many renovations, inside and out, including the addition of East and West wings and the building of the Truman Balcony. Today's White House complex is a National Heritage Site and a popular tourist destination.

The White House has seen a lot of history. Presidents, both famous and infamous, and their families have certainly left their mark on 1600 Pennsylvania Avenue.

It also seems that some of these past residents have liked living there so much that they have refused to vacate the premises. We're not talking about election deniers here, but rather ghostly hangers on.

The White House may well be one of the most famous and well-documented haunted houses in America.

Many lingering apparitions from the past have continued to make their presence known and seen by equally famous residents including eight Presidents, a number of First Ladies, as well as distinguished world leaders, guests and staff.

The ghost of Abraham Lincoln is said to return when he feels the country is in jeopardy. If that's true, he has probably been busy lately. He appears in the Lincoln Bedroom and the Yellow Oval Room and has been seen by First Ladies Grace Coolidge, Eleanor Roosevelt, Jacqueline Kennedy, and Lady Bird Johnson, as well as by Prime Minister Winston Churchill, and Queen Wilhelmina of the Netherlands, though to be clear, not at the same time.

Apparently when Churchill was a guest at the White House, he exited his bath one evening, wearing only his iconic cigar and found Abraham Lincoln awaiting him. Never at a loss for words, Churchill quipped, " Mr. Lincoln, it's seems you have me at a disadvantage."

President Reagan's dog willingly entered every room in the White House, except for Lincoln's bedroom. The dog would stand outside the door to that room and bark crazily.

No-Nonsense, Harry Truman reported several paranormal occurrences during his time in the White House from 1945 - 1953.

Not everyone who haunts the White House is famous. David Burnes (or Burns) owned most of the land where Washington, D.C. and the White House now stand. Maybe he suffers from seller's remorse, because he has been heard in the Yellow Oval Room.

An unnamed British soldier who died during the War of 1812 has been seen roaming the grounds holding a torch.

Mary Surratt was hanged for her role in Lincoln's assassination, becoming the first woman to be executed by the U.S. Federal Government. The case against her was, and still is, considered flimsy. Her daughter, Annie, is said to occasionally come pounding on the front door of the White House, pleading for her mother's release.

More Ghosts

Willie Lincoln died in the White House as a child, was seen in the White House by staff members of the Grant administration in the 1870's.

Andrew Jackson supposedly had a foul temper. Since the 1860's, he occasionally still haunts his bedroom, the Queens Bedroom (the Rose Room) and has been heard laughing a guttural laugh, stomping around and swearing.

Thomas Jefferson plays his violin in the the Yellow Oval Room.

William Henry Harrison, the first President to die in the White House, is fond of haunting the attic.

Dolley Madison protects the Rose Garden. She must have been having conniptions fits when it was torn up.

John Tyler spends time in the Blue Room, where he proposed to his second wife, Julia Gardner.

In the early years, when the weather was bad, Abigail Adams used to hang laundry in the East Room. To this day, White House staff swear that on rainy days, they can smell wet laundry and the sweet scent of lavender when they pass by.



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The *Gorham Times* is seeking for a distribution person to take over our "Western Route" - 120 papers to 12 businesses, along Ossipee Trail (Route 25).

This is a great opportunity to meet interesting people and learn about community organizations.

Have an interest in Gorham and how the paper operates? We'd love to have you join us for production meetings held every other Monday at 4 pm at Gorham Rec.

Contact us for more information.



Photo credit: Kathy Corbett

Sorted bales of smashed plastic containers, plastic milk jugs, aluminum cans, and other metals will be trucked from the facility to be processed into new products.

shell containers that berries come in as long as they have recycling numbers. The plastic flower pots from the garden center are okay too. In fact, hard or stiff plastic that is a container qualifies, but not potato chip packages, flexible paper bags, or the plastic mailers used by Amazon and LL Bean.

Grondin said, "Rinse out your cans, but you don't need to wash them." After they are squashed and sent off, they are smelted down and the residue is burned off. Along with cans, Ecomaine takes foil, pots and pans, and empty aerosol cans. If there is still liquid in an aerosol can, it can start a fire on the conveyer. "So, make sure they are empty and don't give us fabric either," Grondin said. "If it gets into the stream, it can start a fire or clog up the system."

Instead of going into the recycling bin, used clothing can go to Goodwill or to a resell-it shop. Clothing too worn to wear and other fabric can be sent to textile recycling companies that can be found online.

Ecomaine accepts clear, green and brown bottles, but there is no market for them as containers. So, they are crushed into gravel and stored at the landfill until they can be sold for roads and drains.

What happens to the 11% of stuff that is not recyclable? Ecomaine burns trash at its waste-to-energy plant down the hill from the recycling facility. "We burn about 175,000 tons of solid waste a year which generates 100,000 megawatt hours

of electricity while controlling for pollution," Grondin said. Some of that trash is the garbage collected from Gorham residents and delivered by contractor to the burn plant. The town closed its transfer station on Huston Road when it joined Ecomaine in the 1980s.

Gorham Public Works has Ecomaine Silver Bullets at their facility on Huston Road. People can bring recyclables there, but according to Kelly Meslin, Public Works office manager, despite efforts to educate the public too many non-allowed items are still being left on the ground. "When our workers have to clean up around the silver bullets, they can't do their other jobs," Meslin said, "and when people leave too much trash, there is an additional fee."

Neither Ecomaine nor Gorham Public Works take hazardous waste. The Riverside Recycling Facility accepts them every Saturday from April to November. The last time this year will be November 5. A list of items they take for deposit is on their website, riversiderecycles.com.

For more information about what can and cannot be recycled and to learn about Ecomaine's tours and educational outreach programs see ecomaine.org.

For the Planet

Chris Crawford, Staff Writer

Each of us can help keep Maine and our planet be healthy. Even small actions can make a difference if we all pitch in.

Knowledge is power.

The world population of almost 8 billion increases by about 83 million people each year and we all need to eat.

Food production is a huge issue which can impact the health of the planet and all its people in a number of negative ways.

Food production can lead to scarcity of water, the use of pesticides harms other species as well as our own, deforestation to grow more food harms air and soil quality, and over-fishing/harvesting can lead to scarcity or extinction of animal populations.

What can I do?

Plant a vegetable garden next Spring if you are able.

Look at food labels; if the choice is tomatoes grown in Mexico vs. those grown in New York or Maine, remember, sure they might be cheaper, but there are huge environmental transportation costs associated with the tomatoes (or any other food) grown far away.

Food grown nearby also keeps money in the local economy AND helps the environment.

Research indicates that one of the single biggest ways each person can reduce their individual impact on the planet, (by up to 73%) is to cut down the amount of meat and dairy each of us consumes. Try making vegetables, beans and grains the menu stars, with a smaller serving of meat and dairy. Or be bold and go totally Vegan.

REMEMBER WHEN

Fat's Found?

Wilma Gould Johnson

In a fine example of local history at its best, the story about Fat's Restaurant, stirred up a lot of interest. Several people have offered their idea as to where the original building ended up, and there seems to be a variety of ideas.

However, two replies stand out. George Bangs, an 84-year-old Gorham History buff, said that the old Fat's building sits just beyond the fencing of Martin's farm, on the left-hand side of Fort Hill Road, as you are heading out of town. He believes it is where the Libby's used to live. Brenda Pillsbury also agrees that the Fat's building was on Fort Hill, and that it had been renovated by the Libby family. She had occasion to visit the home, in the early days, and she was happy to say it didn't smell like clams.

George Bangs added information that Dana Leathers also had a popcorn stand associated with another business in the center of town. He added that at some point, Kenneth Pike who lived on Ridgeway Avenue, bought the popcorn stand and used it for an outhouse at his family camp located on Peabody Pond.

Thanks to all who responded to this Gorham Times article.



Wilma Gould Johnson, born and raised in Gorham, graduated GHS ('62), enjoys sharing Gorham History with others. Anyone with a question or more information may contact her at iamwilma@comcast.net

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School Committee Report

Kathy Corbett, Staff Writer

At the October 5 regular School Committee (SC) meeting Superintendent Heather Perry announced that as of October 1st enrollment was down twenty students from last year, but that final figures would not be available until October 15. She also announced that she had been chosen by AASA Northeast region to be their representative on the National School Superintendent's Association's Executive Board. The District will be hiring a part-time administrative assistant to handle increased Freedom of Access Act (FOAA) requests. She also announced that NWEA fall testing will occur for all students in reading and math in grades 1-10 during the weeks of October 3-28.

SC Chair Anne Schools thanked Phil Gagnon and Stewart McCallister, whose terms expire next month, for their service on the committee.

The Gorham Middle School (GMS) Civil Rights Team and their advisor Jason Lambert made a presentation on the results of a survey conducted this fall. Of 622 students contacted, 410 responded and 87% of them felt welcome at GMS. Additionally, 83% felt safe at school. However, statements targeted at students were heard by 40%, mostly in the halls and outside. When asked about specific targeting, 195 answered and most said it was about body shaming and gender identity. Almost 2/3 of respondents wanted to learn more about

other cultures. The Civil Rights Team is planning a day of welcoming for November 4.

Eliza Kenigsberg and Jan Bolenger gave a presentation on the Aspire Gorham program that they direct. This is a community-wide initiative that works with students from early learning through high school to prepare them to become productive adults with meaningful careers. The program is in its 5th year. It is divided into three grade-level programs. Students K-5 receive exposure to career-related opportunities with activities such as a visit to a farm. In grades 6-8 emphasis is on exploration that encourages student to try activities related to different careers and skills, which last year included a scavenger hunt that introduced them to local businesses. In high school students have internship opportunities and can survey and enroll in CTE courses. Goals for this year include planning for long-term program sustainability, championing authentic workplace opportunities, and supporting intentional peer mentorship between students.

The Little Rams Early Childhood Project, a partnership of childcare programs, parents, educators, and local organizations, with representatives from the School Committee and Town Council, gave a presentation of their goals for early childhood education in Gorham. Their surveys

CONTINUED ON PAGE 11

The Core of Conduct Instruction Continues



Photo credit: Heather VanLuling, Kindergarten Teacher at Great Falls

Kiki the Kangaroo (Great Falls Principal Becky Fortier) poses with Mrs. VanLuling's Kindergarten class after reading a story about compassion and modeling good citizenship behaviors. The Code of Conduct (Respect, Honesty, Courage, Compassion and Responsibility) is at the core of behavior and learning at each of the five school buildings.

GHS GRAD NEWS: If you, your son, or daughter are GHS graduates, we would like to share your achievements in the Gorham Times. Contact Chris Crawford at ckck5@icloud.com.

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Breast Cancer Awareness Month at GMS



Photo credit: Donna Pastore, Gorham Middle School Teacher

On October 19th, Gorham Middle School staff and students chose to wear pink in honor of Breast Cancer Awareness Month. This was an effort to support and honor those struggling with and surviving breast cancer.

The Little Rams Early Childhood Project

Michael Lortie, School News Editor

The Little Rams Early Childhood Project is a partnership of schools, child-care programs, parents, educators and business and local organization leaders. They have been meeting for over a year to collect data about the Gorham community and to develop the draft of a comprehensive plan to support children ages birth through age five. On October 5, the team updated the Gorham School Committee on their findings and next steps.

In their collection of information, they have found that there is lack of availability for early care options in Gorham. Their survey showed that 280 children from birth to age three, and 164 children ages four to five are currently being served by programs in the community. These numbers are a small portion of the 1200 children in those age groups within our community

The Project surveyed childcare providers and parents and discovered that 63% of the programs report staff shortages, 67% of the parents report not enough access to programs and 75% of the parents spend \$300 per week for childcare. Using the data that they have collected, they have drafted

CONTINUED ON PAGE 12

Composting at Narragansett

Composting creates healthy garden soil by recycling organic food wastes. "We are composting at Narragansett. Do you want to compost? You will need 4 ingredients: green materials, brown materials, water, and air." Pictured left, students Isaiah and Lothian share the necessary steps.

"Choose an open, sunny location for your compost bin, and remember to turn your pile each week." Pictured right, Narragansett students Jack, Evelyn, Brian and Kenzie display their composting bin.



Photo credit: Kristen Woods

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Regular Season Closes Playoffs Begin

Katie Brown, Sports Editor



Photo credit: Lyndsay Hastings & Colleen Heal

One sport has already made their playoff bid. The GHS Golf team missed its team's qualifier to compete for the state crown, but, qualified individually. For the rest of local athletes, they will prepare for the wild ride of playoffs; where the regular season ends, and a new season begins.

On the girls' side of soccer, the regular season comes to an end with an impressive undefeated record of 14-0-0, a tying record with neighboring Scarborough. Gorham is seeded no. 2 in Heal Point Standings in South A with Scarborough going in no. 1. The Heal Point Standings are determined by "specific" heal point rules.

The lady Rams will take on the winner of the no. 7 and no. 11 seed matchup between Falmouth and Bonny Eagle.

Coach Zarilli shared, "This team is preparing in practice like they have all season, they practice hard, but also have a ton of fun. They never want practice to end." It is a testament to this group. The lady rams can take care of the ball on both ends of the field and have proved to be one of the best teams in the south this season.

Zarilli added, "we have 5 starting sophomores, we are young without a ton of playoff experience, however, this team has shown their strengths

all season long. This group is a gift to coach."

On the boys' side the Rams look to make a deep run, as they too finish strong with an 11-2-1 record, and go into the playoffs as the no. 4 seed. The boys will take on the winner of the no. 5 and no. 12 team matchup between South Portland and Cheverus.

Both the boys' and girls' teams get a "bye" week with their top 4 seed. This is a time when coaches prepare for the post season with a slightly different approach. Practices may be shorter, but more intense. The belief in the old cliché is emphasized, "one game at a time". The 1-12 teams in the south are strong and are going to be great matchups to

watch. A great deal will depend on post season preparation, which allows the team to peak at the right time.

Rounding out the playoff schedule, the field hockey and volleyball teams will compete in the preliminary round of playoffs. The Rams field hockey team finished 8-5-1, with their last game being a 3-0-win v. Sanford going in as the no. 7 seed. The football team concludes their regular season v. Deering, which will determine their post season play. The cross country team will compete in the regional meet, with great weather forecasted.

Good luck to all the athletes, coaches and teams competing.

Sports in Action



Varsity Field Hockey in action

Photo credit: Meredith Bickford



Varsity Soccer in action

Photo credit: Katie Brown



Homecoming Fireworks

Photo credit: Amanda Landry

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The Gunpowder Mills of Gorham and Windham CONTINUED FROM PAGE 3



Photo credit: Saco River Community Media

Researchers speculate this grinding stone, now located a considerable distance from its original location, may have been blown to its present site by the force of a major explosion at the mill.

importance in Gorham's economic history, as well as mentioning the importance of Gorham's gunpowder to Civil War history, as approximately 25 percent of all gunpowder used in that war was produced in Gorham.

The filmmakers have also stated that they are indebted to the research done by the late USM Professor Maurice Whitten, while researching his book "The Gunpowder Mills of Maine".

The film's premiere public showing will take place on Friday, November 4 at 6 p.m. at the old Frederick Robie School, located on Rt 202 in Little Falls.

Located on the Cumberland and Oxford Canal as well as the Presumpscot River, for about 40

years the facility shipped almost all its gunpowder products by canal boat, for both economic and safety reasons. This shipping method lasted until the canal ceased operation in 1871 because of competition from a newly built railroad.

The gunpowder plant consumed many tons of wood over the years (mostly willow and alder) to make the charcoal which was an essential ingredient of its gunpowder products.

The gunpowder produced in Gorham was used all across the country for hunting, target shooting, and public safety purposes. It was also used in the clearing of land for agricultural expansion, urban growth, and railroad construction.

After the Oriental Powder Company ceased operations due to a business downturn in 1905, some of its facilities on the

Windham side of the river were acquired by the Eastern Dynamite Company, which remained in operation there for approximately 30 more years.

For 81 years, gunpowder production was seen as a very important source of employment in this area. That was despite the facility having fairly frequent accidental explosions, which caused severe property damage, and are known to have claimed the lives of at least 46 people as a result of the gunpowder manufacturing process.

The film's premiere public showing will take place on Friday, November 4 at 6 p.m. at the old Frederick Robie School, located on Rt 202 in Little Falls.

School Committee Report

CONTINUED FROM PAGE 8

and research show that there is not enough early childhood (0-4) care and education in Gorham, that parents are bearing high costs for childcare, and that childcare workers are subsidizing the system with their low wages.

They identified four goals to be achieved through a public and private cooperation. Summarized, they are to increase availability, access and affordability of early childhood care and educational service in Gorham; strengthen and support the quality of these services; improve direct services for families of children aged 3-4 with special needs; and help families negotiate the transitions from infant through pre-K. A detailed draft report from the committee is available at www.gorhamschools.org/littlerams.

The School Committee voted (7-0) to approve the 2022-2027 Gorham Schools Strategic Plan. They voted (7-0) to authorize the SC Chair to submit a grant application to the Department of Education for upfront costs related to increasing the number of Pre-K students served at Narragansett Elementary School.

They voted (7-0) to adopt a revised Family and Medical Leave Policy to make it consistent with state statutes. They voted (7-0) to revise the Transportation Policy. The Policy has been revised to allow alternating week schedules due to court orders beyond caregivers' control, as long as pickups and drop offs are within the school's attendance zone. Everything else in the policy remains the same.

Avian Flu Watch

Maine Department of Agriculture, Conservation and Forestry

Though no new cases of Avian Flu in domestic bird flocks have been reported since June 29, 2022, the virus threat is still high in wild birds. And now, during the Fall migration, be sure to take some simple preventative measures to keep your domestic birds safe.

Here are some key steps to protect the health of Maine's domestic birds:

Prevent contact between wild birds and domestic by bringing them indoors or ensuring their outdoor area is fully enclosed.

Practice strict biosecurity measures, including washing hands before and after handling birds and when moving between different coops, wearing clean clothes, and keeping vehicles clean and free of dirt, manure, and other organic material.

Disinfect boots and other gear when moving between coops.

Do not share equipment or other supplies between coops or other farms.

Clean and disinfect equipment and other supplies between uses.

Use well or municipal water as drinking water for birds.

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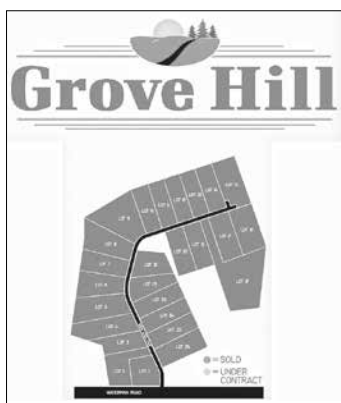


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The Greater Gorham Farmers Market Wraps Up Outdoor Season October 29

The Greater Gorham Farmers Market will be having its last outdoor Saturday Market on October 29. Starting in November, the market will take place on the 1st and 3rd Saturdays of the month from 9-1 at the Gorham Rec Department, Activity Room, 75 South Street, Gorham. Market shoppers can find a variety of goods from local farms, including local yarns, goat milk body products, flowers, cookies, and more.

1: Glad Harvest Farm- Shoppers line up to purchase their farm fresh vegetables and eggs at the Glad Harvest Farm booth.

2: Old Wells root veggies- Root veggies a-plenty at the Old Wells Farm Booth

3: Produce Glad Harvest- A rainbow of produce at the Glad Harvest Farm booth.

4: Farmers Market Eden on Edes Flowers- A spray of beautiful flowers at the Eden on Edes Booth. Eden on Edes also has dried flower wreaths, potted succulents, and fall dried flower pumpkins.



Photo credit: Kerry Constantino

The Little Rams CONTINUED FROM PAGE 9

a plan to increase availability, access and affordability of childcare programs, to strengthen and support quality of childcare, intervention and educational services, to strengthen “child find” practices and direct services and to improve alignment of programs and transitions between them for families and children.

Using these four goals, they have drafted a plan with sets of objectives and actions. These actions include expanded access and affordability to childcare and educational resources for families of young children, supporting the early childhood workforce, establishing common professional development between schools and childcare workers, and increasing parent education programs and resources to support families. They also hope to redesign the provision of CDS Part B services and create at least two preschool programs within the school department to service the students with the highest need.

The next steps of the Little Rams Early Childhood Project will be to share the plan broadly throughout the community and to request that the Town of Gorham and the Gorham School System create a joint “task force” with the charge of actualizing this plan with key community partners at the table.

What Does it Truly Mean to be Sustainable? CONTINUED FROM PAGE 3

their own opinion on what it means too.

“Being sustainable involves doing what you can when you can, and just trying not to be wasteful,” says Annie Cunningham, a senior at Gorham High School. “I store jewelry in old gum containers and Q-tips in empty Altoid tins sometimes — everyone can do little things to live sustainably.”

A truly sustainable lifestyle looks different for everyone. Big businesses have the money and resources to ensure that their energy consumption and transportation methods are clean and not harmful for the environment. But the average, everyday household may not have that ability.

There’s something that everyone can do to move closer toward sustainability. Whether it’s using nothing but green energy or simply reusing old Altoid containers, we won’t be a fully sustainable society until everyone does what they can.



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Real Estate Transfers August 2022

ADDRESS	BUYER	SELLER	PRICE
6 OLD ORCHARD ROAD	BIN-MUTUMBO, MUTOMBO	ST.CLAIRE, JUSTIN	\$141,000
87 FALCONCREST DRIVE UNIT 8	L'HEUREUX, GREGORY & C THERYNE	COTTAGE ADVISORS ME, LLC	\$555,000
56 DEERING ROAD	LUANA REALTY, INC	RISBARA PROPERTIES, LLC	\$555,000
246 NORTH GORHAM ROAD	SCHRAETER, SOPHIE & FINCHAM, AIDAN	PENISTEN, ANN & KRIS	\$365,000
NARRAGANSETT STREET	SUMMIT COMMUNITY CHURCH	MOODY'S CO-WORKER OWNED, LLC	\$500,000
26 NATALEE DRIVE UNIT 9	MCCARTHY, JOSEPH & JOANNE	ROBIE HOLDINGS, LLC	\$406,360
15 WESTERN AVE	PEOPLES, CARRIE	JORDAN, STANLEY & KEENE, LINDA	\$690,200
9 RIDGEFIELD DRIVE	LESTER & JUDITH BERRY TRUSTS	MANNING, MARTHA & RICHARD	\$492,000
11 RANGELY WAY	DOAK, LOGAN & AMANDA	MEGGISON, WILLIAM & MICHELLE	\$427,000
331 SEBAGO LAKE ROAD	COTE, ADAM & BYRNES, MELISSA	MERRIFIELD, LYLE & JO-ANN	\$100,000
228 COUNTY ROAD	BEATTIE, PETER & EMILY	SAM STRUMPH BUILDERS, LLC	\$565,000
40 MOUNTVIEW DRIVE	PECK, MICHAEL & JENNIFER	HUTCHINS, JOHN	\$1,100,000
10 ROCKWOOD LANE UNIT #23	MARGOLIN, SHARON	COTTAGE ADVISORS ME, LLC	\$490,500
92 FALCON CREST UNIT 15	MARSHALL, SANDRA & SULIMINE, WILLIAM	COTTAGE ADVISORS ME, LLC	\$555,775
6 ROBBIE STREET	SCHOUVIELLER & MILLER, MATTHEW	DAVIS, RICHARD, JR & DANIELLE	\$465,000
34 WINDING BROOK WAY	JENKINS, JACOB & APRYL	ALLEN, KARIN	\$559,500
20 RIDGEFIELD DRIVE UNIT 16	HIGGINS, NORMAN & HELEN	FARRAR, BARBARA & JOHN	\$450,000
18 STEPHEN WARD DR UNIT 9	COUTURE, LYNN	ROSSIGNOL, ROBERT	\$450,000
94 FALCON CREST DRIVE	CELLUPLICA FAMILY TRUST	COTTAGE ADVISORS ME, LLC	\$475,500
19 MORRILL AVENUE	FARCIONE, KATHRYN & RUSSELL	VALENTINE, JUDITH	\$302,000
27 GREEN STREET	VIVIAN, JAMES & JENNIFER	AVERY, TODD & THIBODEAU, MARGERY	\$465,000
39 MADISON WAY	STEEL, NICOLE & LOEWENBERG, JOSHUA	MARTINO, MATTHEW	\$625,000
25 NATALEE DRIVE, UNIT 7	ELING, MICHAEL & CHERYL	ROBIE HOLDINGS, LLC	\$445,500
40 HARDING ROAD	LEIGHTON, COREY & WONWISA	TRAIL, MARSHA WEEKS	\$240,000
16 OLD OAK LANE	SECORDA, PASCALE	PAN HOLDINGS, LLC	\$440,000
3 ROCKWOOD LANE, UNIT 17	RUTH, RICHARD & KATHLEEN	COTTAGE ADVISORS ME, LLC	\$460,000
33 LONGMEADOW DRIVE	STRANGE, DRU-BRYN & ERIN	APT, KEVIN & MICHELLE	\$500,000
66 WATERHOUSE ROAD	KADIM, MUSTAFA	COUILLARD, KIMBERLY	\$412,000
179 OSSIPPEE TRAIL	PRATT, BAILEY & MARCOS	BARNIES, JOSHUA & MORGAN	\$450,000
8 CHADWICK DRIVE	TENNEY, IAN & BRENDA	NASON, DIANNE	\$800,000
7 ROCKWOOD LANE #18	VANCE, TRACY & ANTHONY	COTTAGE ADVISORS ME, LLC	\$485,500
14 ROCKWOOD LANE #24	SHULMAN, SAUL	COTTAGE ADVISORS ME, LLC	
11 PRIMROSE LANE	PARADIS, LINDSEY	HAWKES, COURTNEY	\$350,000
317 NORTH GORHAM ROAD	WELCH, ZACHARY	ESTATE OF REGIS WEST	\$206,957
1 PINECONE LANE	FOSS, RODGER & ERVIN, MARY	HALE, JULIE	\$365,000
206 SOUTH STREET	BALLARD, JARED & MIA	HOSKINS, SEAN & LUCI	\$705,000
166 NARRAGANSETT STREET	CHINCHILLA CAPITAL LLC	CCLD, LLC	\$970,000
224 NORTH GORHAM ROAD	MUEHLE, JAMES	MUEHLE, BERNARD	\$390,000
73 OSSIPPEE TRAIL	IRISH, JOSHUA	IRISH, JAMES	\$81,875

Real Estate Transfers September 2022

ADDRESS	BUYER	SELLER	PRICE
101 MAPLEWOOD DRIVE	BOLTON, COURTENEY & CHRISTOPHER	PECK, SARAH & EVAN	\$435,000
9 SANBORN STREET	NDABAMENYE & UWELA, CHAMAMU	CROUNAS, CHRISTINE	\$365,000
4 HARRISON LANE	DUTTON HILL PROPERTIES, LLC	PENA, JOSEPH & GENTILE, CHRISTINA	\$137,000
5 SHAW'S MILL ROAD	FAULKNER, BENJAMIN	FALKNER, MARGARET	\$475,000
220 FLAGGY MEADOW ROAD	CRUZ, JONATHAN & JENNIFER	DONOHUE, STACY	\$752,985
475 OSSIPPEE TRAIL	AWS & MLS, LLC	NELSON, GARY & EVANGELINE	\$495,000
62 WATERHOUSE ROAD	EC PROPERTIES, LLC	JMGC LLC	\$150,000
45 NEWELL STREET	PACZKOWSKI, DAVID	ZISK, JACLYN	\$420,000
30 BRANDON'S WAY	HERIDORN, GLENN & ALLISON	HOUP, ROBERT & BUFFY	\$610,000
385 MOSHER ROAD	DURANT, SOPHIA & GJONCAJ, LISIEN	VANCE, MITCHELL & KENDRA	\$727,000
62 WATERHOUSE ROAD	EC PROPERTIES, LLC	JMGC, LLC	\$150,000
30 BRANDON'S WAY	HEIDORN, GLENN & BUFFY	HOUP, ROBERT & BUFFY	\$610,000
385 MOSHER ROAD	DURANT, SOPHIA & GJONCAJ, LISIEN	VANCE, MITCHELL & KENDRA	\$727,000
34 KAYLA WAY	ROLAND, CHRISTOPHER	SALKIND, JOSHUAH	\$442,000
317 NEW PORTLAND ROAD	MAYO, DIANA & JOSEPH	BALLARD, JARED & MIA	\$475,000
4 + 6 MAHLON AVENUE	SHORTILL, ANDREW & AIMEE	GIBSON, LOUISE	\$520,000
16 SETTLER'S WAY	DELARGY, TERRY	CHAMNOFF, JAMES & NORRIE	\$754,000
29 LAURA LANE	REILLY, CHERYLK	SMITH, SARA	\$495,000
28 GREEN TREES DRIVE	PARASHNICK, KENT & PETTINE, LINDA	SULLIVAN, ANATOLI & MICHAEL	\$655,000
53 RUNNING SPRINGS ROAD	WORLEY, SUELLEN & MICHAEL	BARTLETT, PATRICIA	\$450,000
23 NATALEE DRIVE	CHARBONNEAU, JOSEPH & JANET	ROBIE HOLDINGS, LLC	\$425,775
20 CIDER MILL LANE	ROONEY, KATHLEEN & MANNING, KYLE	TAYLOR, DANIEL	\$455,000
10 MORRILL AVENUE	MACNAMEE, COLIN & MASKA, REBECCA	CLEMENTS, MARK & MARGARET	\$411,000
15 PHINNEY STREET	STEVENS, JACOB & RAQUEL	FALWELL, CATHY & MIRKIN, PETER	\$595,000
57 LONGFELLOW ROAD	57 LONGFELLOW ROAD, LLC	TUCK, GILLIAN	\$367,500
GREAT FALLS ROAD	EDWARDS, MICHAEL & JAIME	JDP, LLC	\$120,000
3 SHIERS MEADOW DRIVE	AHMAD, BULINA & SIRUS	GOODINE, LUKE & GLORIA	\$599,000
9 SHAW'S MILL ROAD	VERVILLE, SHANE & KRAMER, GILLIAN	MEADOW, PAUL	\$264,900
29 NATALEE DRIVE	SLASON, RENEE	ROBIE HOLDINGS, LLC	\$551,675
14 LINCOLN STREET	NGALIEMA, JACQUES	ESTATE OF ROSAMOND H. GRAVES	\$370,000
8 MOUNTVIEW DRIVE	HOYDIS, MICHAEL IV & THOMPSON	BASSINGTHWAITE, CRAIG & TRACY	\$822,000
36 JOSPEH DRIVE #13	LABRECQUE, JEAN	CHAMPAGNE, DELORES	\$332,000
3 WINSLOW ROAD	SEGAL, MARGIE & JUSTIN	ALDEN, RICHARD	\$555,000
7 DOGWOOD LANE	THOMPSON, RANDALL & MASAKO	SADACHARAN, CHAKRAVANRTHY	\$579,000

COMMUNITY

CELEBRATIONS

Ashleigh Ann Heaton and Nicholas Paul Reynolds were married on September 24 at Jacob’s Pillow in Becket, Massachusetts. Marissa “Mookie” Loughran, a friend of the couple, officiated. Nick grew up in Gorham, the son of Tami and Paul Reynolds; many local Maine family members and longtime friends joined the celebration. Ashleigh and Nick met at Emerson College in Boston and have been together since 2014. They currently live and work in New York City.



Photo credit: © Kelsey Haley Media

OF INTEREST

Mainers of the Year 2022 – Nicole Clegg, senior vice president of Public Affairs at Planned Parenthood of Northern New England is being recognized as one of Maine Magazine’s Mainer of the Year for 2022 for her dedication to “protecting access to abortion and other sexual and reproductive health care, and discussing those issues with honesty, empathy, and compassion.” Concerned for the harm that can come to millions of Americans, she finds hope in the way the community is coming together.

MK Kitchen of Gorham received a five-star “Exceptional” rating (1744) by Diners’ Choice – Maine’s “Best Overall Restaurants.” Each month, OpenTable analyzes more than 400,000 new diner reviews, and sorts the results by category to arrive at the Top 10 Diners’ Choice Winners in Maine.

The American Miss National Pageant celebrates girls and women for their intelligence, ambition, and kindness from nine age groups: Mini – 2-4 yrs.; Young Miss 5-8 yrs.; Preteen 9-12 yrs.; Jr. Teen 13-15 yrs.; Teen 16-19 yrs.; Miss 20-25 yrs.; MS 26 yrs. and over, or a parent, or divorced; Mrs. 18 yrs. plus (must be married) and Elegant Miss for women ages 50 yrs. and over. Applications are being accepted through Thursday, November 10 for the South Portland event later in November. FMI: AMPmiss.com, or email Brenda Pollock at AMP@AmericanMissPageant.com.

Ask the Planners Day! October is National Community Planning Month, and the Town of Gorham is participating. Explore and learn how planning benefits the community. The public is invited to participate in Ask the Planners Day, Thursday, October 27 between 8:30 a.m. and 4:30 p.m. at the Municipal Center, 75 South Street, Suite 1. Visit this link for ways to celebrate: <https://www.gorham-me.org/planning-division/pages/october-community-planning-month-informational-flyer>. Those who complete the games and activities by October 31 will be entered into a drawing for a gift basket.

On Friday, October 28 from 6-8 p.m. during the GMS dance, there will be a workshop for parents entitled “Parenting Strategies for Modern Challenges,” in the middle school library. This is presented by the Gorham Action Team for Youth (GATY) and the Opportunity Alliance. Join Natalie Veilleux, parenting coach and expert, for a presentation and discussion. For more information, contact Brooke.Proulx@gorhamschools.org

Climate Caretakers, the first in a free film & discussion series on climate actions in Maine and nearby on Friday, October 28, 6:30-8:30 p.m. at First Parish Fellowship Hall, 1 Church Street. The film is Down to Earth: Climate Justice Stories in which Maine activists of diverse ages and backgrounds share their compelling stories of addressing accelerating climate disruption.

Celebrate Halloween with Courage House’s 3rd annual Great Pumpkin Display. Make an extra Jack-o-Lantern, bring it over to the house for display on October 29, 30, and 31, and they’ll light it for you every night! FMI: CourageHouseMaine@gmail.com, or facebook.com/couragehousemaine.

Veterans of Foreign Wars, Gorham Memorial Post 10879 will meet next on Tuesday, November 8 at 5:30 p.m. in the Fire Department Training Room, 270 Main St. For information contact the post at vfwpost10879@gmail.com.

The Gorham Lions will meet at the Elmwood School on Tuesdays, November 8 and 11 at 6:30 pm; guests welcome. FMI 207-929-9182 Ken Aldrich, Membership Chair.

The Gorham Medical Closet located at the Municipal Center at 75 South Street is free and available to Gorham residents in need of wheelchairs, shower seats, commodes, walkers, canes, crutches, and more. Hours are by appointment with a volunteer. Call Gerry Day at 756-2210 or 839-3859 and she will connect you with a volunteer.

SENIOR NOTES:

Senior Meal Site is held on Wednesdays at 12 p.m., St. Anne’s Church, 299 Main St. Social time begins at 11:30 a.m. Suggested donation is \$4. Meal site is closed if school is closed or delayed due to weather. Volunteers are needed to assist in meal prep and clean up. FMI call 839-4857 or 222-1630.

Gorham/Windham/Westbrook Triad will be meeting Wednesday, November 9 at 9 a.m. at the Gorham Police Department due to that Friday being a holiday. The speaker will be a dietician from Hannaford’s speaking on nutrition for older people.

LIBRARY NEWS:

North Gorham Public Library holds a weekly story time with songs and crafts is open to children and their caregivers at 10 a.m. every Wednesday. The library is open on Mondays from 3 – 5:30 p.m., Wednesdays from 10 – 11:30 a.m. and 6 – 8 p.m., Thursdays from 3 – 5:30 p.m., and Saturdays from 9:30 a.m. to 1 p.m. Home delivery and contact less parking lot pickup are also available. Visit north-gorham.lib.me.us, and facebook.com/northgorhampubliclibrary/.

Baxter Memorial Library holds a weekly Baby Discovery Time (birth-18mos); Toddler Discovery Time (18mos-3yrs), Outdoor Story Adventures (3-5yrs), a Sewing Club (7 and up, children under 8 must have a parent or other caregiver over age 14), Baxter (the Standard Poodle Therapy Dog) Digs Reading, and other events listed in the Calendar on page 15. On Thursday, October 27 there will be a 6 p.m. workshop “Be Safer Online!” given by the USM Cybersecurity Ambassadors, giving practical advice on protecting your privacy, identity, and financial information. On Thursday, November 3 from 10 to 11 a.m., the Book Club will discuss “White Houses,” by Amy Bloom. FMI: baxterlibrary.org, or call 222-1190.

CHRISTMAS FAIRS

“Home for the Holidays,” the St. Anne’s Church Christmas Fair, will be held in the Parish Hall on Saturday, November 12 from 9 a.m. to 3 p.m. with crafts, raffles, baked goods, Grandma’s attic, Santa and Mrs. Clause and more. The fair will be followed by a 4 p.m. Mass, then a pulled pork dinner from 5– 6 p.m., cost for the dinner is \$10/adult and \$5/child. All are welcome.

First Parish Church will hold its Christmas Fair on Saturday, December 2 from 9 a.m. to 1 p.m., with pre-orders, seasonal greens, wreaths, and baked goods. Visit firstparishgorham.org and click “shop.” In-person shopping on the day of the fair, including face painting, gingerbread cookie decorating, and unique gifts.

CONTINUED ON PAGE 14

HALLOWEEN

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PUBLIC SUPPERS

White Rock Community Clubhouse Public Bean Supper will be held on Saturday, November 5, from 4:30 to 6 p.m. at 34 Wilson Road. Eat indoors or take out, no pre-orders. Meal includes baked kidney and pea beans, coleslaw, potato salad, macaroni and cheese, biscuits, hot dogs and dessert. Wearing of masks for those who are not vaccinated is suggested. \$10 adults, \$5 under 12. FMI: facebook.com/whiterockcommunityclub

Buxton Center Baptist Church will have a Public Bean Supper on Saturday, November 12 from 4:30 – 6 p.m. at 938 Long Plains Road in Buxton, serving beans, hot dogs, American chop suey, cole slaw, rolls, and desserts. \$10 per person.

The St. Anne's Knights of Columbus will hold a drive-through Fish Dinner on Friday, November 18, from 5 to 6 p.m. at St. Anne's Church in Gorham. Dinner includes baked haddock, mashed potatoes, coleslaw, peas, a roll, and dessert for \$12. No seated service currently. FMI, visit www.gorhamknights.org or call 550-1320.

Public Thanksgiving Dinner at Mister Bagel in Gorham is for those spending Thanksgiving alone or those unable to prepare a dinner. Thursday, November 25, pick up (preferred) or meals can be delivered to the homebound throughout the afternoon. There can be no guarantee when a meal can be delivered but will call when the meal is on its way, patience is appreciated. Contact Roxanne, 839-4516, trmoody75.rm@gmail.com to order. Leave a message including phone numbers, food sensitivity info, and delivery address if applicable. Messages will be confirmed. The dinner is free. Donations will be accepted for the Gorham Ecumenical Food Pantry.

USM NOTES

The USM's Library has treats to give away (and maybe some tricks) on October 31 from Noon to 5 p.m. Anyone with a literary costume will have a chance to be featured on USM's social media pages.

The University of Southern Maine Golf team made some impressive showings this season, including GHS alumnus Sam Farr earning Rookie of the week honor two times. The Huskies headed to the New England's October 15-16 with Scarborough native Brogan Kane holding on in a tie shooting a +74.

"Nine" is the Osher School of Music's fall musical directed by Edward Reichert. Based on Fellini's 8 1/2, which is a self-referential title settled on by the renowned filmmaker Federico Fellini (1920-1993), under pressure from his producers, which refers to the number of films he had directed up to that time. In this adaptation, celebrated but impetuous film director Guido Contini, succumbing to the pressures of filming his latest film epic, suffers a midlife crisis. One by one, women from his past and present – including his mother, his wife, his mistress, and his leading lady – haunt, instruct, scold, seduce and encourage him until he finally learns to grow up. Book by Arthur Kopit, music and lyrics by Maury Yeston, adapted from the Italian by Mario Fratti. The show runs October 28-30, Friday at 7:30 p.m. Saturday at 2 and 7:30 p.m., and Sunday at 2 p.m. Tickets: \$15/\$10, university-of-southern-maine-school-of-music.ticketleap.com/, 780-5151.



"The Thanksgiving Play" in the USM Department of Theatre. Good intentions collide with absurd assumptions in Larissa FastHorse's wickedly funny satire, as a troupe of terminally "woke" teaching artists scrambles to create a pageant that somehow manages to celebrate both Turkey Day and Native American Heritage Month. Opening night is Thursday, November 3 at 7:30 p.m. with five additional performances all taking place on the Main Stage at Russell Hall on the Gorham campus. Tickets range from \$8 to \$16, <https://usm-theatre.ticketleap.com/the-thanksgiving-play/>, or 780-5151.

The USM Art Gallery will host an online curatorial lecture on Thursday, November 3 from 6 - 7 p.m. about the current Gorham campus exhibit, Pulped Under Pressure. With traditional hand papermaking at its core, the exhibit underscores important contemporary issues steeped in history and craft. The conversation will include the history of papermaking, the backstory about the art and artists, with time for Q&A. FMI: usm.maine.edu/galleries, or call Kat Zagaria Buckley at 780-5008, kat.z.buckley@maine.edu.

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bhepler@maine.rr.com

the *Courtesy of the Gorham Police Department*
blotter

Officer saw a dirt bike on Ossipee Trail doing 67mph in a 50-mph zone. Officer turned to follow it and the biker took off.

Tow Path Road caller reported a bear in the area. Officer did not make contact with the bear. Warden Service was notified.

Main Street business wanted to report a homeless man appeared to be staying in the parking lot. Caller just wanted the police to be aware.

Officer stopped to check on a red truck parked by the side of the bypass. Driver told Officer his trailer plate had fallen off and he had just picked it up.

Dispatch advised of traffic hazard at intersection of Fort Hill Road and Phinney Street. Officer found two dead raccoons and removed them from the road.

Gray Road caller wanted to talk to an officer about rude comments a customer had made to an employee. Caller was told the employee would have to call about the complaint. Caller was also told he could refuse to serve the individual and have him trespass from the business. Caller said he would talk to the employee.

Officer gave a female pedestrian, walking on County Road with no shoes, a ride to Cumberland Farms. Woman said she was coming from a friends' house down the road and was going to Hollis and that someone was on the way to pick her up.

Landlord from Gray Road stated an ex-tenant has been coming back and harassing other tenants. Landlord will call if he returns and the police will come and serve him.

Officer assisted in getting a resident of a Shaw's Mill Road group home out of her mother's vehicle and back into the group home.

Employee reported a suspicious man at the store. Man went to the bus stop to wait for the bus.

Officers checked the basement and shed at the request of a Primrose Lane woman. They did not locate anything suspicious.

George Street caller reported an ongoing issue with another person taking his belongings when he leaves the residence. He was advised to take his valuables with him when he leaves. Caller was not sure if it was this person or his friends.

Vehicle was reported all over Gorham Road. Operator was a roofer and he told the officer he was very tired. Officer had him park his truck and get a ride home.

Woman reported her wallet was stolen from her vehicle while she was at the library. The wallet was found and the cash was missing.

Suspicious person at Cherry Hill Park said a man in a red pickup was calling out to women who were walking over to his truck. Caller did not have any information about the plate or truck model.

CALENDAR

THURSDAY, OCTOBER 27

Town of Gorham Ask the Planners Day, between 8:30 a.m. and 4:30 p.m., Municipal Center.
 Baxter Memorial Library: Toddlers, 10 – 10:30 a.m.
 Sewing Club (7 and up), 2:30 – 4:30 p.m.;
 Be Safer Online, USM Cybersecurity Ambassadors, 6 p.m.

FRIDAY, OCTOBER 28

Osher School of Music fall musical, "Nine," 7:30 p.m.
 First Parish Church Climate Caretakers film, Down to Earth: Climate Justice Stories, 1 Church Street, 6:30 – 8:30 p.m.

SATURDAY, OCTOBER 29

Trunk or Treat! Atlantic Dance Arts Parking Lot, Cross Street. Sign up to participate: atlanticdancearts.com.
 Osher School of Music fall musical, "Nine," 2 and 7:30 p.m.

SUNDAY, OCTOBER 30

Osher School of Music fall musical, "Nine," 2 p.m.

MONDAY, OCTOBER 31

Trunk or Treat at Galilee Church, 317 Main Street, 4:30 – 7:30 p.m.
 Trick or Treat at all USM Libraries, Noon to 5 p.m.
 Trick or Treat at North Gorham Public Library, 5 – 7:30 p.m.
 Trick or Treat at Gorham Library Parking Lot, 6 – 7:30 p.m. FMI lifechurchmaine.org.

TUESDAY, NOVEMBER 1

Baxter Memorial Library: Outdoor Story Adventures (3-5yrs), 10-10:45

THURSDAY, NOVEMBER 3

Baxter Memorial Library: Toddlers, 10 – 10:30 a.m.
 Sewing Club 2:30 – 4:30 p.m.
 Book Club: "White Houses" by Amy Bloom, 10 – 11 a.m.
 Maine State Legislative Candidates Forum, 6 – 7 p.m., 10 Bailey Hall, USM Gorham campus.
 USM Art Gallery Online Lecture, 6 – 7 p.m., 780-5008
 USM Department of Theatre, "The Thanksgiving Play," 7:30 p.m. 780-5151.

FRIDAY, NOVEMBER 4

USM Department of Theatre, "The Thanksgiving Play," 2 p.m. and 7:30 p.m. 780-5151

SATURDAY, NOVEMBER 5

Mission of Hope Clothes Closet, Cressey Road Church, 9 a.m. to noon, free
 USM Department of Theatre, "The Thanksgiving Play," 7:30 p.m. 780-5151

TUESDAY, NOVEMBER 8

Baxter Memorial Library Author Visit with Phuc Tran, author of "Sigh, Gone." 6 p.m.
 Gorham Lions meeting, Elmwood School, 6:30 p.m.
 VFW, Gorham Memorial Post 10879, Fire Department Training Room, 5:30 p.m.

WEDNESDAY, NOVEMBER 9

TRIAD meeting, Nutrition for Older People, Gorham Police Department, 9 a.m.

FRIDAY, NOVEMBER 11

Clue at GHS, McCormack Performing Arts Center, 7:30 p.m.

CLASSIFIEDS

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CryptoVerse Solution by A. Logophile

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