Corham Times

Volume 29 Number 6 | March 16, 2023

A Free, Not-for-Profit Newspaper Serving Gorham Since 1995

Thank you, Shirley Douglas

Chris Crawford, Staff Writer



Photo credit: ?

Shirley Douglass, outgoing Layout Designer

The Gorham Times wishes to thank Shirley Douglas for her exceptional service as she steps down from her role as head of production/design for our community newspaper. For more than 10 years, the newspaper has looked great, issue after issue, because of her creative talent, her work ethic, her good-natured capacity for last minute changes and her supportive relationships with Gorham Times advertisers. The Gorham Times staff and board want to celebrate her and say thank you for her significant contributions to our local newspaper.

Editor in chief, Lori Arsenault said, "I have thoroughly enjoyed working with

Shirley, always professional, collaborative, creative, and a truly pleasant person to work with. Shirley, many thanks from all of us for your remarkable service to the Gorham community through your work for the Gorham Times."

Sheri Faber, Gorham Times news reporter, added, "Over the past 28 years, we have had many people come and go. Shirley stands out for her willingness to work with many different people who have weighed in on how the Gorham Times should look. Shirley was always ready to listen to suggestions and to make requested changes. It was a pleasure to work with her and we wish her all the best in her new job."

Staff Reporter, Kathy Corbett, said, "Shirley was very skilled at fitting in so many articles and ads, while always producing an appealing paper we were proud to print. I will miss her good humor and her creative, problem-solving approach to the job she did so well for so many years."

Shirley has a great artistic eye which made the paper attractive and readable, but more importantly she was absolutely wonderful to work with. Service with a smile, always. She will be greatly missed.

Douglas is also a member of the Gorham Business Exchange as owner of Douglas Design, which offers creative graphic design and printing solutions for small businesses. Her company also serves as a production resource for professional printers and marketing agencies, specializing in prepress production, project management, print consultant, multimedia experience, image editing and more.

Gorham Times Welcomes New Production Team

Chris Crawford, Staff Writer



Photo credit: Emily Sawyer

Megan Dunlap, Advertizing Designer

The Gorham Times is pleased to welcome Megan Dunlap (GHS 2014) and Molly Lortie (GHS 2010) who will work as a team in charge of Production and Design of the newspaper.

Both are well-qualified, with design and production backgrounds in print and digital media. Having a team working on production will mean more flexibility and critical backup when needed, which will benefit the newspaper.

Editor in chief said, "it's great to have several people on the same team with similar and complementary skills. Combining the skills of these two women with the rest of the team will assure the continued health of the Gorham Times for years to come."



Photo credit: Lobsang Tashi

Molly Lortie, Layout Designer

Interestingly, both women worked with the Gorham Times while still in high school. Dunlap was an intern with the paper during her senior year. She said," I'm super excited to join the team at Gorham Times, assisting with the design of the paper. I'm happy to be part of the team."

Lortie was part of the GT distribution team, delivering bundles of Gorham Times to local businesses. She said, "Being able to help create the paper now feels very full circle. I'm excited to contribute to an effort that's both powered by and dedicated to our local community."

Lortie graduated from Brandeis Universi-

Continued on Page 4

Massachusetts Sighting of the GT Blotter

Gorham Times Staff

Carmen Nobel, daughter of Mike and Margaret Nobel of Gorham, works at Harvard University. She recently sent this to her mom, a clipping from New Scientist Magazine/Website

CSI: Gorham. Fiction overflows with Police Officers who use good scientific technique to solve mysteries and journalists who use clear, terse prose to inform the public. Carmen Nobel reminds Facebook that such people do exist. The Gorham Times in Gorham, Maine features "The Blotter," a summary of incidents as noted by local law enforcement.

The Jan. 19 edition tells an entire detective story in just 35 words: "Osborne Road caller was concerned because she found what she believed was a suspicious footprint on her property. Officer compared the footprint to the bottom of her shoe and it was an exact match."

Kitchen Fire Injures Two People

Sheri Faber, Staff Writer

Most of the units in the building at 162 Narragansett Street were occupied when a 911 call came in at about 10:36 p.m. about a smoke alarm going off and the odor of smoke at the building. Two minutes later, three fire engines, two ladder trucks, heavy rescue, an ambulance and a RIT (Rapid Intervention Team) from Standish were dispatched along with Fire Department members on duty as well as 8 live-in student firefighters.

Sgt. Michael Coffin arrived at 10:39 and found heavy smoke coming from a first floor unit in the two story, 13 unit apartment building. Occupants of the building reported a tenant was believed to be in the unit that was emanating smoke. Sgts. Coffin and Bruni opened the door of the fire unit and saw an adult male in imminent peril on the floor. Chief Fickett entered the unit and dragged the adult male to the door. As the fire continued to intensify, the man was moved further away from the building to await emergency medical care. He received life support level care while being taken to Maine Medical Center's

Level 1 Trauma Center, within 30 minutes of the initial call. He remains hospitalized.

Within two minutes of their arrival at 10:42 p.m., more than 165 gallons of water per minute was being applied to the fire. Firefighters went to each, by now smoke filled, apartment to check on tenants. A tenant in a second floor apartment who was nearly unresponsive was carried out of the building and transported to Maine Medical and remains hospitalized.

Because of the need for simultaneous fire suppression, as well as search and rescue, approximately 55 fire department members from Windham, Westbrook, Standish, Buxton, Scarborough, Saco and Gray responded to the scene. The building is currently uninhabitable. Due to the building's age, a sprinkler system was not required. Working smoke detectors alerted residents to the fire and the Gorham firefighters responded within three minutes and took decisive action to deal with the fire and rescue residents.

Chief Fickett also noted that 8 out of 12 first responding Fire Department units were

Speaking of tireless service, many thanks to those who plow for us, keeping our roads passable, even during two snowstorms back-to-back leaving roughly 20 inches of snow on the ground.

student firefighters who live in Gorham fire stations and had " a significant impact on incident success" said Chief Fickett. Student firefighters responding to thiis emergency were Mark Halley, Nathan Libby, Jonathan Moreno, Benjamin Perrone, Samuel Schwarzhaupt, Ryan Shea, Jackson Small and Jacob Wilson.

CONGRATULATIONS ERIC SAINDON (GHS '88)!

Eric won an Oscar for Best Visual Effects for *Avatar: The Way of Water*. He and his team of animators created stunning special effects that brought the magical underwater world of Pandora to life.

GORHAM MIDDLE SCHOOL ENVIRONMENTAL AWARD PAGE 6

inside the Times f @ GOCAM YOU TUBE

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WHEN IT COMES TO AGING,
MINDSET MATTERS.
PAGE 4

Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 109 and House District 110 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

Maine's Clean Energy Future Can be Powered by Wind

By Rep. Mo Terry

March is Women's History Month and this year, women are making waves in the Maine Legislature. House Assistant Majority Leader Kristen Cloutier and Senate Assistant Majority Leader Mattie Daughtry, co-chairs of the Commission to Develop a Paid Family and Medical Leave Benefits Program, recently presented the commission's findings and recommendations to the Legislature's Labor and Housing Committee.

Every other industrialized nation in the world has a paid family and medical leave policy. The United States is behind the times in this regard, but Maine can help pave the way forward on this issue by passing our own policy. Eleven other states, plus Washington, D.C., have recently enacted paid family and medical leave programs.

The proposal put forward by the commission includes several key recommendations that I think establish a strong foundation for an effective program. The commission recommends that all workers be included in the policy and that it be flexible so that Mainers can use it to care for a new child, a family member with a serious health condition or tend to certain emergencies related to a family member's military deployment. They also recommend that employers with fewer than 15 employees be exempt from contributions, and that it include a 12-week leave benefit. Mainers deserve a paid family and medical leave policy that will deliver for workers, businesses and families, and this framework is a fantastic starting point.

Paid family and medical leave policies, in general, offer lots of benefits including for health outcomes, economic wellbeing and equity. Paid medical leave allows folks to pursue necessary medical treatment earlier, increasing access to preventative care and helping workers manage ongoing treatment. Access to paid leave also contributes to addressing disparities in pay based on gender. One reason women earn less than men is because they, more often than men, take time off to care for a young child or an aging parent. Empowering women by normalizing and compensating everyone equally for paid time off is critical to balancing the scales.

Not only do women have to take more unpaid time off without a paid leave policy, they are often at greater risk of losing their jobs. This ultimately harms families' economic security as well as Maine's labor force participation and economic growth. One study found that nationally, workers and their families lose \$22.5 billion in wages each year due to a lack of paid family and medical leave.

Here in Maine, some businesses do offer paid leave policies, but most do

not. Currently, 77% of all Mainers lack access to paid family and medical leave, and many do not even qualify for unpaid leave. However, the policy is popular in Maine, with 73% of Mainers indicating support, according to a recent survey.

As a small business owner, I know that Maine will benefit from a paid family and medical leave program, and I am so proud of my colleagues who have been working for over two years to develop the proposal that is now before us. From the commission's recommendations, the Legislature will consider several models for a potential program. I am incredibly excited about what this policy will mean for Maine, but especially for the women of our state. I will be sure to keep you updated on its progress as it moves through the legislative process and look forward to hearing your feedback.

If you have any questions or concerns about this issue or any others, please feel welcome to reach out to me.



Rep. Maureen "Mo" Terry, D-Gorham, is serving her fourth term in the Maine House of Representatives. She is the House Majority Leader, where she serves as head of the Democratic caucus. Outside

of her legislative work, Rep. Terry is a chef and small business owner. Contact her at maureen. terry@legislature.maine.gov.

Letter to the Editor

The Gorham Times reserves the right not to publish letters that include personal attacks or inflammatory language. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times as space allows and are subject to editing.

To the editor:

I'm writing to thank Sen. Susan Collins for her vocal leadership last week in holding China accountable.

Recently, Senator Collins urged the U.S. Trade Representative to hold China accountable for their lobster purchases and vocalized her support for addressing Chinese spying after the balloon incident. These are clear-cut cases of her leadership addressing China and putting Mainers first.

Another area where China needs to be brought into account is around their carbon pollution. Their manufacturers are on average four times more pollutive in terms of CO2 than America's. And currently, the Chinese industry gets to sell to the global market these high-emissions goods at a cheap rate and push out clean American manufacturers.

This must stop. China should pay a penalty. We must turn US high standards into economic benefits for this nation. I salute the Senator for zeroing in on China and hope she will double down in light of China's recent attack on US sovereignty.

Leonardo Bintabara

To the editor

I wanted to let you know how much I appreciate the Gorham Times and its emphasis on local stories. I rely on it to know what is happening in the community and have used stories that have been published to participate in activities or volunteer.

Thanks for all you do to help make this a community!

Wendy Scott

To the editor

Dance Studio of Maine had an amazing time at the Revel Dance Convention in Boston! Thanks to DSOM's hard working staff and students, the studio was awarded Revel's Spirit Revelation Award! This honorary reward is given to a studio that shows hard work, great sportsmanship and kindness to their competitors. Congratulations Dance Studio of Maine!

Lexi Holden

Letters to the editor must be fewer than 300 words, signed with a first and last name, typed or e-mailed and nclude a phone number. Send letters to the editor to editor@gorhamtimes.com

Gorham Times Readers want to know about volunteer opportunities in Town. Send a list to editor@gorhamtimes. com, or by mail to:

> Gorham Times P.O. Box 401 Gorham, ME 04038



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EDITORIAL POLICY

The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

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Souped Up

Patrick and Cindy Shea, Staff Writers



Photo credit: Roger Marchand

Jaycee Saldo-Giddens and Michael Giddens, Owners / Operators of Souped Up in Gorham Village.

If you've driven up School Street recently, you may have noticed a new business called Souped Up. Located at 29 School Street, it features soups and sandwiches. The owners, Jaycee Saldo-Giddens and Michael Giddens, feature three different soups daily during the week and four on the weekend. Most of the soups are homemade by Jaycee and she is always testing new soups to add to the menu. The soups are made in small batches with fresh ingredients. For example, Michael gets his lobster from the Portland waterfront.

Their most popular soups are, lobster stew, venison chili and chicken pot pie. Along with soup, they also offer a variety of sandwiches. The sandwiches are made to order and are also made with local fresh ingredients. So far, their most popular sandwiches are, London broil, turkey and brie, and a Cuban sandwich. Salads and desserts are also on the menu.

Jaycee makes many of the breakfast muffins and scones and they source their bread and other sweets through Toasteys Bake Shop in Westbrook. A wide variety of coffee options and cold drinks are available. Jaycee and Michael relocated to Gorham from Florida. They wanted to come north and be part of a small community. They very much enjoy being in a town with warm, welcoming people. They have two children and look forward to making more connections with people and businesses in town, and plan to participate in the Gorham Taste Walk this spring.

Asked if they were able to hire enough staff, they related that they are fully staffed and sang the praises of their high school part-time workers.

Souped Up is open seven days a week. Hours are from 10-3 during the week and 10-5 on the weekends. Discounts are offered to USM students and faculty, Gorham School Department staff and first responders. They also offer bulk soups, for large groups or family parties, by the gallon. Jaycee would like 48 hours notice for ordering large amounts. You can contact them at (207) 222-0214 at soupison@soupedup-gorham.com

Be sure to visit Souped Up's Facebook Page to see the soups they are serving daily, https://m.facebook.com/people/ Souped-Up-Gorham/100087143276431/

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Volunteer Distribution Position

The *Gorham Times* is still seeking a distribution person for the Western Route 120 papers to 12 businesses, Ossipee Trail, Rte 25

Contact us for more information about volunteering. gorhamtimes@gmail.com or editor@gorhamtimes.com

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Senior Care: When it Comes to Aging, Mindset Matters

Bill Jenks, Contributing Writer

An old adage is again proving true: What we think will happen, happens. Essentially, as we age, we become what we think we will become. This is the thesis that Yale University professor of public health and psychology, Becca Levy, Ph.D., has been researching for more than 20 years. One study authored by Dr. Levy found that having positive perceptions about aging (e.g. wisdom, self-realization, satisfaction, generally being vital and robust) instead of negative perceptions (e.g. useless, helpless, devalued) is associated with a nearly eight-year increase in average lifespan.

Dr. Levy was interested in how perceptions of those over 50 hold about growing older affect their longevity. She relied on longitudinal data from a group of 660 adults collected between 1975 and 1995 and mortality data obtained through 1998. At the beginning of the study, participants completed a survey designed to detect personally held stereotypes about aging. Statements like "things keep getting worse as I get older" and "as you get older, you get less useful" were answered positively or negatively.

Participants with positive scores outlived those with negative scores. People with a positive bias were more likely to exercise, eat well, limit alcohol, be non-smokers and have had preventive health care. All these good characteristics are consistent with taking control of one's life.

Another of Dr. Levy's studies published in the Journal of the American Medical Association suggests that older adults with positive age stereotypes are 44 percent more likely to fully recover from a severe disability. Being optimistic, diligent and having the will to live are important characteristics of folks whose prognosis improves, no matter how bad the diagnosis. Those who are overwhelmed, pessimistic, negative and expect the worst typically experience the outcome they anticipate. Subsequent studies have confirmed these results.

Every day, around 10,000 baby boomers turn 65. The Population Reference Bureau estimates that folks ages 65 and older will make up about 20 percent of the U.S. population by 2029, up almost 14 percent from 2012. There is great potential in keeping this older group engaged, productive and contributing to our overall quality of life.

When we think of old age, we tend to envision a precipitous slowdown or someone simply napping in a recliner, waiting to die. This is just one of the widespread misconceptions about aging. Together, these misconceptions make up what is increasingly recognized as ageism.

Contrary to popular belief, there is no typical "older personality." Believing that aging is inevitably negative is the cause of the damaging ageist attitudes and limiting structures we live with daily. Believing that aging is negative can actually shorten one's lifespan.

Here are some common myths about aging, many of which are believed by older people themselves, much to their detriment:

-Older people can't function as productive employees anymore.

-People's interests contract as they get older. -Older people contribute little to society and are, in fact, a burden on society.

-As you age, you get more set in your ways; you're less resilient.

-Mental and physical deterioration are inevi-

-Older people are no longer interested in sex

-Older people can't make good decisions about important issues.

-Older adults lose their desire to live.

None of these stereotypes is accurate and, if believed, they can be huge barriers to living productive, healthy lives well into very old age.

Mark Twain supposedly said, "Age is an issue of mind over matter. If you don't mind, it doesn't matter." We do mind and it does matter. Think positively; you can live longer and better.



Bill Jenks owns Home Instead which provides non-medical home care throughout Cumberland County. He is Chairman of the Board of Directors for the Alzheimer's

Association, Maine Chapter.

Thanks to the caregivers

New Production Team

ty in 2014 with a degree in international and global studies and environmental studies. She worked in India for several years with a small, non-profit publication that produced print and digital news. Lortie explained, "I was writing, editing, and translating articles, and also co-designing and distributing a print newspaper monthly to the local community. It was a great opportunity to get a taste of all aspects of media and journalism."

Lortie is currently the communications supervisor for Grove Collaborative where she is responsible for department newsletters, training content, and career development articles which foster an engaged remote working environment.

Dunlap is a 2018 graduate of Saint Joseph's College of Maine (SJC) with a Bachelor of Science degree in communications with a focus on new media, and minors in video production and business. During college, she served as a sports information intern for three years. Among other tasks, she was primarily responsible for the Monks' social media efforts, significantly increasing the development of the department's Facebook, Twitter, and Instagram accounts.

Dunlap is currently the athletic operations and sports information manager at St. Joseph's College. She coordinates SJC student event staff, manages the daily operation of the Monks' social media platforms, works with the Student Athlete Advisory Committee to help promote and execute events, and is a member of the Academic Athletic Working Group on campus.

Welcome to the Gorham Times. Megan and Molly.



St. Patrick Day **Jokes**

What do you call a frog that jumped into a pot of gold? A leap-rechaun.

What do you call a big Irish spider? A Paddy long legs!

What should you say to someone who's trying to catch the leprechaun? Irish you luck!

Why do leprechauns hate running? They'd rather jig than jog.

What's small, lucky, and green all over? A leprechaun who recycles.

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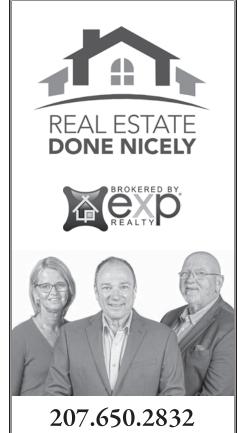
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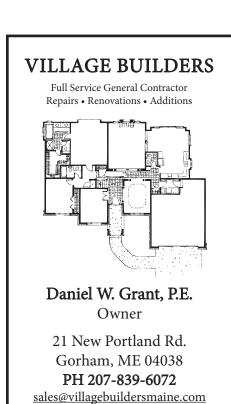
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Town Council Report, March 7

Maggie Norris, University of Southern Maine Intern

The Town Council met on Tuesday, March 7. There were 18 members of the public in attendance. Chairman Pratt, Town Manager Ephrem Paraschak, Town Clerk Laurie Nordfors, Councilors Shepard, Wilder Cross, Phillips, Lavoie, Gagnon and Siegel all attended the meeting. The minutes of the Feb. 7, 2023 Regular Town Council Meeting and the Feb. 21, 2023 Special Town Council Meeting were accepted.

Chairman Darryl Wright reported that The Gorham School Committee has approved the 2023-24 School Calendar. Anyone who would like to view the calendar can go to the district's website under the "District Info" tab. He also reported that we have used 4 snow days so far this year with one more built into the calendar. If we were to stop having snow today, the last student day would be Thursday, June 15. If we use one more traditional snow day, our last student day would be on June 16. If we need to use more than 5 snow days, we would move those additional days to Remote learning snow days. This

ensures that regardless of how many more snow days there may be, the latest our students will be in school will be Friday, June 16, 2023. Additionally, Chairman Wright reported that The Gorham Schools Anti-Racism & Equity Committee hosted a "Listen and Learn" event on March 14 at 5 p.m. at GHS. Those in attendance would get a chance to enjoy some food and learn about the ongoing efforts to enhance equity in all of Gorham's schools.

Councilor Shepard attended the second Robie Park Steering Committee meeting and noted that the next meeting will be on March 20 . He also reported that the Appointments Committee met on three separate nights and interviewed many candidates for various board and committee openings. Councilor Siegel reminded citizens that a local compost service, Garbage to Garden, will open up their curbside service to Gorham starting April 1. People interested in participating can sign up on their website to participate.

Councilor Wilder Cross announced that

CONTINUED ON PAGE 8

Climate Resilience Workshop

Maggie Norris, University of Southern Maine Student Intern

The Town of Gorham is working to enroll in the "Community Resilience Partnership" which will make the town eligible for funding for future projects that meet guidelines included in the state's four-year climate action plan, "Maine Won't Wait." The town is looking for community input on topics such as infrastructure, local agriculture, and natural resources. The workshop has been rescheduled to March 22, at 7 p.m. due to winter weather. The meeting will be held at the Municipal Center. Visit https://www.gorham-me.org for more information.

Garbage to Garden is now in Gorham

Lori Arsenault, Gorham Times Editor

Garbage to Garden, the curbside composting company is coming to Gorham in April. Founded in 2012 and based in Portland, Maine, this is a curbside compost service that helps residents, schools, and commercial business conveniently recycle

service that helps residents, schools, and commercial business conveniently recycle their food scraps, including meat, dairy and bones, to be used to renew our local soil. A representative from the company said that they are asking people to pre-enroll now for an April start-up.

Scheduledtoalignwithtrashdays, residents will be provided a clean bucket for kitchen scraps, and can then request a free, finished, clean compost of up to one bag per week.

Unlike most backyard composting, the massive piles of waste collected at the company's partner farms are large and "powerful enough to break down bones, weed seeds, pathogens, and even toxic chemicals."

Planning Board Results, March 3

Sheri Faber, Staff Writer

A request for re-approval of a 2-6 lot private way, Lisa's Point, off H urricane Way was discussed and approved.

A proposed amendment to Phase 4 of the Village Expansion District in the area between the Gorham Bypass and South Street was discussed and referred to the Town Council with a recommendation for adoption.

A proposed amendment to the Land Use and Development Code regarding dog kennel standards was referred to the Town Council with a recommendation for adoption.

A proposed amendment to the Land Use and Development Code regarding the addition of agricultural uses in the Urban Residential (Village) Expansion Zoning District was referred to the Town Council with a recommendation for adoption.

A request for a special exemption to locate a daycare center at 341 Main Street was discussed and approved with findings of fact and conditions of approval.

Katelyn Cain's request for a special exemption to locate a daycare center at 239 County Road was discussed and approved with findings of fat and conditions of a pproval.

A request for approval on a 13 lot residential subdivision with 38 acres off S hirley Lane and a connection to Shirley Lane and Newton Drive was discussed and postponed pending responses to remaining issues and further review by the Planning Board.

In Oct. 2022, the Gorham Times reported that Gorham High School began composting with Garbage to Garden in the cafeteria "thanks to the hard work of dedicated EcoClub members and supportive administrators." (Oct. 2022)

With commercial routes already designated, this service will be available to residential customers in April. Pre-registration is important for the company as they schedule their routes with our trash days.

For more information, visit https://garbagetogarden.org.

GHS Winter Sports Season a Memorable One

Katie Brown, Sports Editor

GHS Winter Sports made headlines this season: making history, breaking records and defying the odds. All of the winter teams and athletes went on to the playoffs and podium finishes in their respective sport.

To recap, both swim teams placed in several top 3 categories and the girls team placed 2nd in the States, with the boys team winning Regionals. The Track and Field Teams had a great showing in their championship meets, including, nine athletes competing in the state Class A championships, including Ashley Connolly (4th in the 200), Ella Labrie (4th in the triple jump). The 4x200 relay team including, Emily Fadrigon, Piper Forgues, Bailey Hatch and Connolly placed 5th. On the boys side Griffin Gammon won the Class A State championship in the high jump of a height of 6'3' and teammate Aiden Lee placed 2nd.



Great crowd for the Varsity Girls State
Game

Both Boys and Girls Ice Hockey teams advanced and made history on the Girls' side, hosting a first-ever play-off game and advancing to the Regional championship game. In addition, the girls team won the MPA's SMAA Good Sportsmanship Award for the second year in a row. The boys team fell short to Cheverus/Yarmouth in a 5-4 back/forth play-off game. The score was close through the entire match-up. Goals by Cole Allen, Andrew Gaudrewau and Emmit Smith kept it close. Jasper Crane was once again stellar in goal.



Photo credit: Tim Spear Alpine Ski team State meet @ Saddle-

The Alpine Ski Team dominated all season long with strong performances by: Ballard, Stevens, Muncaski, Spear and Abby Fectueau. These athletes endured some of the toughest ski conditions in recent memory. This team did not fall short on grit and toughness and representing their school with top marks on and off the slopes.



Photo credit: Bob Burns

Luke Burns, State Class A Wrestling Champion

Luke Burns won the Class A State Wrestling Championship in the 182 pound weight class division on Feb 18. In addition to this major accomplishment, he was selected as the Outstanding Wrestler of the entire event. Burns is the first Gorham wrestling champion since 1994, when Jeremy Reynolds won the 135 division. Several Gorham wrestlers have placed in the top four in their weight class in more recent years, but no top place champion since Reynolds.



Photo credit: Katie Brown

Gorham Girls Varsity Basketball team in Action

Most recently, on March 6, The Varsity Girls Basketball Team advanced to another State title game, making that five showings in the past decade. The Girls Team won back to back state championships during the 2015-16 and '16-17 seasons. Expect to see this team back in contention next season under the helm of Coach Berthiaume. This year's team returned only one starter and was also plagued by injuries, yet, they still found a way to claw back to the state final match-up with impressive wins throughout the tournament. Congratulations to the Girls Varsity team on a successful season.

Making history, breaking records and defying the odds.

Eight farms in Gorham will be celebrating the 40th anniversary of Maple Sunday this year as a 2 day event on Saturday March 25 and 26.

Canterbury Maple - Benard Moorissette Sugar Camp - Spiller Country Farm Merrifield Farm - The Lockman Place - Parsons Maple Products Jo's SugarHouse / Hartwell Farm - Dunn Family Maple

Support our local Maple Farms
See a map: https://mainemapleproducers.com/member-directory/#!directory/map/tag=gorham

GMS Music Honors

Rose Skillings, Music Teacher, Gorham Middle School



Photo credit: Rose Skillings GMS students participating in District 1 Band Festival: Nolan Plummer, Jack Cyr, Lola Vance, Charlotte Wallace, Abigail McCrillis

On Friday, March 3, 10 Gorham Middle School (GMS) students participated in the 2023 District 1 Maine Music Educators Association Middle School Honors Chorus and Band Festival.

Students who auditioned in the fall and were accepted spent the day rehearsing with guest conductors. The Honors Band was directed by Phillip Edelman, associate professor of music education and director of the UMaine School of Performing Arts. The Honors Chorus was directed by Drew Albert, music teacher at Camden Hills Regional High School.

This year late winter weather caused the second day of the festival, including the performance, to be canceled. The District 1 Honors Band and Honors Chorus rehearsed all day on Friday, then performed a mini-concert Friday afternoon in the beautiful facilities at Sanford Middle and High School. The festival included students from Cape Elizabeth, Westbrook, Scarborough, Thornton Academy, Bonny Eagle, South Portland, Massabesic, Marshwood, Noble, Sacopee Valley, Sanford, York and Wells."



GMS students participating in District 1 Chorus Festival: Kimarah Cajuste, Kailey Hanscom, Gracey MacDonald, Ryleigh Wing, Dekarai St.

Photo credit: Becky Fortier

Winter is Busy at Great

Jump Rope Club

At Great Falls, as part of our Comprehensive School Plan, we have a focus on student wellness and our team, led by Fran Alves, is always working to find creative ways to engage our students in wellness activities outside of recess and Physical Education class.

Falls School

Becky Fortier, Principal, Great Falls School

In February our fourth and fifth grade students are spending Friday mornings jumping rope to increase their daily activity! Students can organize games with their jump ropes or jump on their own - a great way to prepare for a day in the classroom. Pictured: students participating in jumping rope before school.

World Read Aloud Day

Feb. 1 was World Read Aloud Day, and it's one of our favorite days here at Great Falls. We invite readers from the community to come into our classrooms and share their favorite book with our students! World Read Aloud Day is about "bringing people together through the shared connection of reading aloud in all of our communities". This year our guest readers included Heather Perry, Brian Porter, SRO Todd Gagnon, and Heidi Whelan and Jeffrey Knox from Baxter Library.



Pictured: Gorham School Superintendent, Heather Perry reading to a classroom of Great

Gorham Middle School **Environmental Award**

Gorham Times Staff

Portland, ME - The Gorham Middle School was one of nine groups recognized by the Casco Bay Estuary Partnership (CBEP) with a 2023 Casco Bay Community Grants award. The awards were announced by Victoria Boundy, Community Engagement Coordinator of the Casco Bay Estuary Partnership. The Community Grants Program supports new partnerships and innovative projects that engage communities with Casco Bay and its watershed. Supporting new and existing partnerships centered on protecting our coastal resources has a positive ripple effect throughout Casco Bay.

CBEP awarded \$30,000 to nine recipients, for their projects. Gorham Middle School was recognized for its project "Gorham Middle School Community Habitat Monitoring." Funds will support the purchase of two monitoring stations that 7th grade students will use on public trails around Gorham Middle School. Students monitor the health of a local pond and the spread of invasive Japanese knotweed and this equipment will allow local citizens to monitor how these sites change over time.

9 Award Recipients

Cape Elizabeth Land Trust (CELT),

Cumberland County Soil & Water Conservation District (CCSWCD)

Town of Cumberland Sustainability Committee (SSC)

Falmouth Land Trust (FLT)

Gorham Middle School

Lakes Environmental Association,

Loon Echo Land Trust (LELT).

Maine Mammals of Maine (MMoME)

Yarmouth Community Services

Read Across America at Village School

Christine Karcanes, SAIL Program Educational Technician

Village School celebrated Read Across America. Students and staff enjoyed spirit days ranging from flannel, world traveler, and storybook character days. The school's goal is to read 50,000 minutes. Village is on its way there! Mrs. Hanson's 3rd-grade class enjoyed the flannel day. Mrs. Mroczkowski's 4th-grade class was full of world travelers. The students thoroughly enjoyed the spirit days and continued to log their reading times.



Photo credit: Christine Karcanesings Members of Mrs. Mroczkowski's fourth grade class. From left to right: Adeline Mango, Venna Nelson, Tamsen Burton, Greta Caiola, Kenane Lyoba, Gavin Johnson, Braedon Willey, Troy Schuehle, Kellan Cote



Village School celebrated Read Across America. Students and staff enjoyed spirit days ranging from flannel, world traveler, and storybook character days. The school's goal is to read 50,000 minutes. Village is on its way there! Mrs. Hanson's 3rd-grade class enjoyed the flannel day. Mrs. Mroczkowski's 4th-grade class was full of world travelers. The students thoroughly enjoyed the spirit days and continued to log their reading times.

English essayist, poet, and dramatist Joseph Addison (1672-1719) said that "reading is to the mind what exercise is to the body."

You're in the Know. Gorham Times





and Lowell Messer.



- INSIDE DINING ROOM

- OUTDOOR DINING

- LIVE MUSIC - FULL BAR

- FULL FOOD MENU

- TACO TUESDAY - MARGARITA FLIGHTS

- LARGE BEER SELECTION - TRIVIA NIGHT

7 RAILROAD AVE, UNIT 102, 207-222-7600 GORHAM, ME



How Many People Can Knit/ Crochet in One Place at 1 p.m.?

Join Us For A Knit & Crochet -A-Thon

Sunday March 26 10 a.m. to 2 p.m. **First Parish Church** 1 Church Street, Gorham

Knit for Food is raising money for four wonderful feeding organizations, and we want to have fun while being a part of the project!

Schedule:

10 -11:15 a.m. **Knit/Crochet in Worship!**

We fiber people have a wonderful secret: We concentrate better when our hands are busy! Knitting and crocheting is always welcome on Sunday morning

11:15 a.m. - 1 p.m.

Grab your seat (bring a cushion if you like), some snacks (provided), and even bring your lunch. Stitch away!

We count! How many people can we have stitching at the same time? The sanctuary holds 500 people. Can we fill it? Masks are welcome.

Sign up to donate, or bring your donation on Sunday

https://givebutter.com/knitforfood23

https://www.facebook.com/ First.Parish.Gorham



Narragansett Students **Show Compassion**

Erin Eppler, Narragansett School Principal

Narragansett hosted a food and hygiene drive during the month of February as an act of compassion, one of the Gorham Schools' Code of Conduct characteristics. Students collected over 230 pounds of items and donated them to the Gorham Food Pantry. Fifth Grade student leaders helped load donations with the help of Gorham Food pantry volunteers.



Pictured, students; Kylie Plaud, Kayla Wolfe, and Avianna Carr.

Photo credit: Rose Skillings

Families, educators, school leaders, and public education advocates across the country came together to celebrate public schools, Feb. 27 - Mar. 3; a week designated to highlight and show support for our local public schools.

Thank you Gorham Schools





School Committee Report

Michael Lortie, School News Editor

The Gorham School Committee met for their monthly meeting on March 8 with all seven members present. The superintendent and School Committee wanted to be sure that the public was aware that the budget is currently being reviewed in a series of meetings. A schedule of all meetings and copies of recorded meetings are available on the school website.

In her superintendent's report, Heather Perry updated the committee and public on several items of interest including the budget process, news from the Department of Education, the current State of Maine legislative session, and the status of the audit report which is compiled with the town. In addition, she commented on the GHS class of 2027 beginning their transition process to the high school and the professional development process planning for next year begun by Assistant Superintendent Brian Porter and the administrative team.

All of the school committee members commented on their recent observations within the school. They thanked the teaching staff for their positivity and care for students, congratulated the winter sports teams for their seasons including the girls basketball team playing in the state championship game, the GHS drama department for their recent performances of "Mary Poppins" and "The Terezin Promise" and all the hard work being done by staff to benefit students at all the buildings. Several committee members wished the middle school well on their presentation of "Beauty and the Beast JR." on the weekend of March 10.

The first program review was presented by Mrs. West and four Green Trees GMS students who described the student-initiated composting program. The group has been instrumental in compiling data on the amount of waste in the cafeteria and initiating positive, eco-friendly changes. These changes include the elimination of the use

CONTINUED ON PAGE 9

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NEIGHBORS HELPING NEIGHBORS



Town Council Report FROM PAGE 5

the Metro Transit will be offering a deal too good to refuse. Between March 1 and Sept. 30, Metro riders will be offered a discounted bus fare using cash or the DiriGo Pass. All bus fares will be half their regular price during this promotion. For more information, visit http:// www.DirigoGoPass.org. Councilor Wilder Cross gave a huge thank you to our Public Works crew who did a spectacular job over the past week cleaning up many snow events.

Councilor Phillips reported that the Capital Improvements/Economic Development Committee met on Feb. 16 and received an update from Economic Development Director Kevin Jensen on current projects and new plans going forward with the GEDC. Councilor Lavoie reported that the Finance Committee met on Feb. 17 and discussed ARPA (American Rescue Plan and Act) funding details, rental fees and finance reports. He also congratulated the Gorham High School Girls Basketball team for a successful season.

Chairman Pratt reminded citizens that Maine Maple weekend will be March 25 and 26 and encouraged citizens to visit our local sugar houses. As always, Chairman Pratt asked citizens to donate blood if possible. He also warned citizens to be careful on the snowmobile trails and reported that the Town Council Budget workshop will be Saturday, April 8.

Town Clerk Laurie Nordfors reported that during 2022, the Town Clerk's office processed in the office 13,532 motor vehicle registrations, 284 ATV registrations, 633 boat registrations, 382 snowmobile registrations, sold 357 hunting/fishing licenses, registered 2950 dogs in the office and 1392 on-line, a total of 4342 registered dogs in Town; processed 2015 certified copies of marriage, birth and death certificates, issued 128 marriage licenses, sold 29 cemetery lots, issued 94 burial permits, scheduled 32 burials, processed 14606 real estate tax payments, 616

personal property tax payments, conducted two elections, certified 20 petitions containing 3719 pages and maintained a voter list of 15680 voters. During this past holiday season, the Clerk's office oversaw the annual Adopt a Family program and the outpouring of generosity was overwhelming. The program helped 14 Gorham families, consisting of 12 adults and 34 children have a happy holiday. There have also been a number of generous donations to the Town's fuel fund.

Town Manager Paraschak announced that there are many road postings around town until May 1 or until road conditions improve. He reminded citizens that the Climate Resilience Community Workshop has been rescheduled to March 22 at 7 p.m. and all citizens are welcome to attend and provide feedback. Town Manager Paraschak reported that the town has finally received its DEP permit for the new Industrial Park West which will help facilitate the project to move forward.

After voting on the proposed orders, the meeting was adjourned at 9:20 p.m.

> March is the time to check trees for the Nests of Browntail Moths as the caterpillars will begin hatching in April.

Visit Maine Department of Agriculture, Conservation and Forestry online for more information about how to identify and safely remove the webs from infected trees and shrubs.



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SATURDAY, MARCH 18 · 11:00 - 1:00

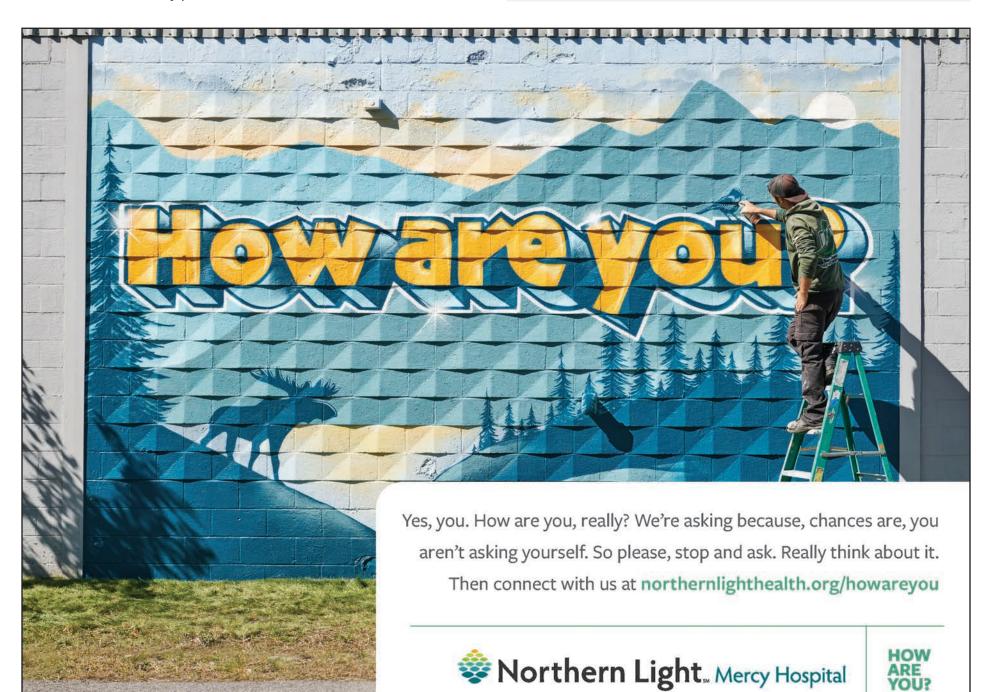


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The next two presentations involved the review of two staff positions that were added in the past year, a full-time teaching counselor at Great Falls School and a second school counselor at Gorham Middle School. The social-emotional teams of both buildings spoke passionately about the positive impacts of these new positions on meeting the needs of students at the buildings.

From Great Falls, School Counselor Berry, Social Worker Tardif and Teaching Counselor; Breton spoke about the additional position at their school. They each outlined their roles and described their vital work with students. They presented data on the increasing emotional needs of students and their specific strategies for meeting those needs. With the added support, there is greater efficiency in

their delivery of services and the school system is closer to the national and state-recommended counselor caseloads. As a social-emotional team, they are better equipped to target and address specific student needs, provide parent resources and consultation, provide staff training, and to support students in crisis.

From GMS, Ms. Richards and Ms. Ambrose described their support services model and their ability to respond more effectively to student needs with an additional counselor position. They both provide 1:1 student support, group counseling sessions, and classroom instruction on stress management (sixth grade), thoughts, emotions, and behaviors (seventh grade), and suicide prevention (eighth grade). In addition to added time for consultation with parents and teachers, they were able to initiate a schoolwide program on executive functioning skills.

Lastly, each of the standing committees reported on their most recent meetings and two policies were provided to the full committee for a 1st reading, as part of the ongoing and continuous policy review procedure.

COMMUNITY

DEAN'S LIST

Wentworth Institute of Technology: Aiden Dever, and Campbell Fowler Clark University: Kaylin E. Brown Bryant University: Garrett Smith University of Mississippi: Quentin Wise Emanuel College: Erin Castonguay, Connor Donnelly, Jillian Feyler, and Cecilia Kusturin

OF INTEREST

The Gorham Lions next meeting is Tuesday, March 28 at the Gorham Rec. Center All-Purpose Room at 6:30 p.m. Visitors are welcome. For more information, call (207) 929-9182.

Climate Caretakers will host a presentation by State Rep. Maureen Terry on her legislation regarding commercial electrical energy storage. The meeting will be held at First Parish Fellowship Hall on Friday, March 31 at 6:30 p.m. All are welcome and encouraged to attend and join in on the discussion surrounding electrical energy storage.

The North Gorham Public Library Book Club will be meeting March 27 at 11 a.m. to discuss "The Guest Book" by Sarah Blake. All are welcome to join, even if you have not read the book!

Learn about the history of the Gambo Preserve on Saturday, April 1 from 10:00 a.m. to noon on a walk sponsored by Presumpscot Regional Land Trust. Former Land Trust board member, Don Wescott, will lead an easy, 2-mile guided walk along the Presumpscot River to share stories about the historic remains of the Cumberland and Oxford Canal and Towpath, and the Gunpowder Mill, both of which figured prominently in the 19th century in our region. The event is free, but registration is required at www.prlt.org and click on 'Events.'

Walk for Health

A Wednesday Walk at Black Brook Preserve in Windham will be held on April 5, from 10 a.m. to 11:30 a.m. Sponsored by Presumpscot Regional Land Trust, come and learn about local flora and fauna. Wednesday Walks are held monthly; they last about 1.5 hours and include about two miles of walking. The program is designed for adults. This event is free, but space is limited and registration is required. Visit https://www.prlt.org to register.

NEIGHBORS HELPING NEIGHBORS

The Gorham Food Pantry, located at 299-B Main St. (parking lot of St. Anne's Catholic Church) is open every Thursday morning from 10 a.m. to 12 p.m. and is free for any Gorham resident in need. FMI, (207) 222-4351, visit https://www.gorhamfoodpantry.org or send a message on Facebook at Gorham Food Pantry Friends.

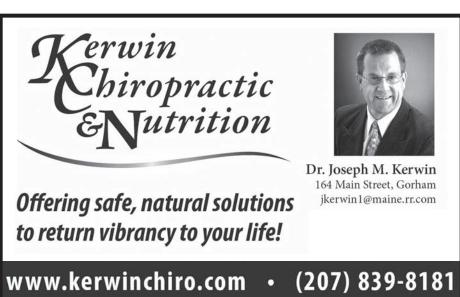
The Gorham Medical Closet located at the Municipal Center 75 South Street is free and available to Gorham residents in need of wheelchairs, shower seats, commodes, walkers, canes, crutches and more. Hours are by appointment with a volunteer. Call Gerry Day at (207) 756-2210 and she will connect you with a volunteer.

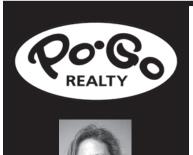
The Mission of Hope Clothes Closet is open the first and third Saturday of each month from 9 a.m. to 12 noon at Cressey Road United Methodist Church on Cressey Road to anyone who needs clothing. They have all types and sizes, and many winter coats.

PUBLIC SUPPERS

The St. Anne's Knights of Columbus will hold inperson Lenten Fish Dinners every Friday of March from 5 to 6:30 p.m. at St. Anne's Church in Gorham. Dinner will include baked haddock, mashed potatoes, coleslaw, peas, a dinner roll, beverages, and dessert for \$12. Payments can be made at the door. No drive-through service will be available.

CONTINUED ON PAGE 10









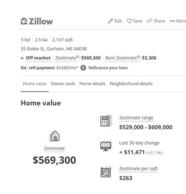
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UNDER CONTRACT

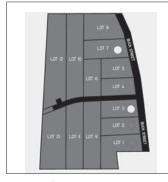


BUXTON \$250,000 - Affordable ranch style home with a 1 car garage tucked away on a dead-end street. This home needs your love and attention! Updates and cosmetics would bring it





SCARBORO \$475,000 - The original home was remodeled inside featuring high ceilings, spacious country kitchen open to the dining area, front living room w/ brick hearth, primary BR with double closets, two additional BRs and a full bathroom complete the



GORHAM \$125,000-160,000 - Welcome to JDP Estates! Lots ranging in size from 1.76 acres to 5.45 acres. Survey and soils tests are available. Flat and level lots with usable rectangular configurations that are easy to work with for your next project. A country setting, 10 min from the Village

UNDER CONTRACT



GORHAM \$539,900 - This full dormered 3 BR, 2 bath cape offers a unique floor plan w/a finished basement plus a 400sqft bonus room above the detached 2-car garage. The kitchen is nicely finished w/shiplap, butcher's block counters & open shelves above &

We often get the question "How accurate is Zillow's Zestimate on my home?"

In short, not that accurate in Gorham. It really depends on the accuracy and availability of recent data they use in their algorithm. The Zestimate is calculated from public property records, recent home sales in your neighborhood and user-submitted information. It has no way of knowing the condition of your property. In addition, if you've recently remodeled, finished a basement room(s) or finished a room over your garage the Zestimate would be off. For a more precise value, I would recommend a market value from a real estate professional or a licensed appraiser.



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COMMUNITY FROM PAGE 9

PUBLIC SUPPERS CONTINUED

There will be a Haddock Supper Buffet on Saturday, March 25 at 5:00 p.m. at Living Waters Church, Parker Farm Road, Buxton. Suggested donation: \$8 adult, \$4 child, \$20 family. There will be the option of takeout containers for those who do not want to come inside for seating. Wearing of face masks for those who are not vaccinated is suggested.

SENIOR NEWS

The TRIAD Senior Fair on Wednesday, March 29 from 10 a.m. to 1 p.m. will have employers with job opportunities for seniors, and representatives from Social Security to tell you how much you can earn without affecting benefits. Yellow DOT program, Files for Life, Tech literacy program sign up (upon completion you get a tablet) Vertical Harvest, Westbrook Housing Authority, Avesta Housing, other senior services. State of Maine Career Services, Locker Project, Westbrook Food Pantry, and many others. Other businesses and individuals who have services or products for seniors who want to participate, contact mperry@westbrook.me.us.

The Lecky Brown Senior Center at First Parish Church has reopened after the COVID-19 hiatus. Gather for Cribbage on Mondays at 10, all levels are welcome. Several different versions are being played. Join the Originals guest speaker program on Wednesday at 10 a.m. Upcoming; Stay tuned for more upcoming events and activities. Contact Lisa Becker at Leckybrowncenter@ gmail.com for more

Senior Meal Site is held on Wednesdays at 12 p.m., St. Anne's Church, 299 Main St. Social time begins at 11:30 a.m. Suggested donation is \$4. Meal site is closed if school is closed or delayed due to such reasons as weather. For updates on the meal and dates open/closed, visit https://gorhamrec.com or call (207) 222-1635.

LIBRARY NEWS

At the North Gorham Public Library, weekly story time with songs and crafts is open to children and their caregivers at 10 a.m. every Wednesday. The library is open on Mondays from 3 – 5:30 p.m.,

Wednesdays from 10 – 11:30 a.m. and 6 – 8 p.m., Thursdays from 3 – 5:30 p.m., and Saturdays from 9:30 a.m. to 1 p.m. Visit north-gorham.lib.me.us, and facebook.com/northgorhampubliclibrary/ FMI. The North Gorham Public Library Book Club will be meeting Monday, March 27 at 11 a.m. Participants will be discussing "The Guest Book" by Sarah Blake, even those who haven't read the book.

Baxter Memorial Library serves families with the Baby Discovery Time (birth-18 mos.), the Toddler Discovery Time (18mos.-3yrs), and the Family Discovery time (ages 2-5). Follow the Gorham Times calendar to schedule these events for your family. Author Joanne Lannin will be visiting Baxter Memorial Library on Wednesday, March 22 at 6 p.m. to discuss women in sports journalism. The Book Club will be discussing "South to America" by Imani Perry on Thursday, March 23 at 10:15 a.m. Baxter Digs Reading! is a time spent with Baxter, a Standard Poodle Therapy Dog who loves to be read to. He visits the library on the first and third Tuesdays of each month. Visit or call the library to sign up for a 15-minute slot to read to Baxter!

UNIVERSITY OF SOUTHERN MAINE NOTES

The University of Southern Maine Softball team will be playing North Park University on Thursday, March 16 at 9 a.m., as well as playing Loras College that same day at 11:30 a.m.

The Women's Lacrosse team will be playing their rescheduled game against Smith College on Thursday, March 16 at 1 p.m. The Men's Baseball team will be playing against Oswego State on Thursday, March 16 at 2:30 p.m. FMI: https://www.usm.maine. edu/athletics

The Osher School of Music presents many student recitals in March and April, free and open to the public, in-person and live streamed. https://usm. maine.edu/osher-school-music/events

There will be a "Learn to Knit" event on Wednesday, March 22 at the Veteren's Resource Center in Bailey Hall. All are welcome to join, whether you've knitted before, or not!

Find out more about what's happening at the University of Southern Maine at https://www.usm. maine.edu/events.

CALENDAR

Thursday, March 16

Baxter Memorial Library

Toddler Discovery Time (18mos-3yrs), 10-10:30 a.m. Sewing Club (ages 7 and up), 2:30-4:30 p.m.

Saturday, March 18

Dream Factory's Costume Pancake Breakfast at Gorham Middle School, 9 - 11 a.m., \$5

Monday, March 20

St Anne's Book Group meets at 10 a.m. at St Anne's Church

Tuesday, March 21

Baxter Memorial Library

Family Discovery Time (ages 2-5), 10-10:45 p.m. Baxter Digs Reading! 3:30-4:30 p.m.

Wednesday, March 22

Baxter Memorial Library

Baby Discovery Time (birth-18mos), 9:30-9:50 a.m. 4-H Sustainable Fishing (grades 3-5), 3:30-4:40 p.m.

Author Event: Joanne Lannin, 6 p.m.

Gorham Climate Priorities Survey & Climate Resilience Community Workshop, Municipal Center, 7 p.m.

Thursday, March 23

USM Visiting Artist Lecture with Carrie Scanga, 2-3 p.m. at the Burnham Lounge in Robie-Andrews Hall

Friday, March 24

USM Faculty Concert, Robert Lehmann, violin and Thomas Parchman, clarinet, Corthell Concert Hall, 7:30 p.m., \$15 / \$10

Saturday, March 25 and Sunday, March 26

Maine Maple Sunday Weekend

Eight Gorham farms participate. FMI: https://mainemapleproducers.com/events/mainemaple-weekend/#!directory/map/tag=gorham

Monday, March 27

North Gorham Public Library discusses "The Guest Book" by Sarah Blake, 11 a.m.

Tuesday, March 28

St Anne's Knights of Columbus Social 7-8 p.m. at St Anne's Church

Wednesday, March 29

USM Women's Lacrosse plays Wellesley College at 4 p.m.

TRIAD Senior Fair, St. Hyacinth Church, 268 Brown Street, Westbrook, 10 a.m. - 2 p.m.

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Gorham's Community Television - Ch. 3 www.gocat.org



Officer made contact with a female pulling a cart. Woman lived in the area and told the officer she was out walking around and on her way to the laundromat.

Officer responded to the car wash on Main Street. The two drivers had been trying to get into the car wash, but they had worked it out before the officer arrived.

Douglas Street caller reported a young man had knocked on his door around 7 p.m. He claimed to be from CMP and wanted to know why they hadn't gotten solar panels installed yet. He wanted to see their CMP bill. They did not show him the bill and he left.

While on patrol, an officer saw kids skating near Sebago Brew on Lower Main Street. Ice was getting snowy, so the officer got them a shovel so they could clear the ice.

Church Street caller advised a loud white truck was driving through the neighborhood, honking its horn. Officer advised the caller to get the correct license plate number if she saw it again.

Uber driver stopped by the side of Mosher Road as the passenger was sick. After the passenger vomited, they moved on.

A vehicle had stopped by the side of the road as passengers were intoxicated and yelling. One of the passengers had dropped his phone out of the window, by accident. Driver was checked for sobriety and the vehicle left without incident.

School Street caller reported some kids were on his property which is marked "no trespassing". This has been an ongoing issue. Officer attempted to make contact with neighbors, but no one answered. Officer advised the man to call when the kids were there rather than waiting until the next day.

Caitlin Drive caller reported a susperson. Officer checked the area but did not locate anyone.

Great Falls Road caller was worried that people were shooting too close to his home. Officer did not hear any gunshots. Caller said they had stopped about twenty minutes earlier. He also said there was at least an acre and a half between his house and where they were shooting. Officer advised him of the law and said he thought individuals were well within their rights. Officer told him to call if they were within 100 yards of his dwelling.

Caller wanted police to give her a ride to George Street so she could retrieve her car. Officer told her they could not give her a ride. She began yelling and said she couldn't get there any other way. Officer told her that if she found a ride, to call so a police officer could escort her to retrieve her vehicle.

Caller reported a pedestrian wearing a sleeping bag was standing on the side of Dingley Spring Road. Officer drove around the area but did not find this individual.

Women's History Month Proclaimed by Gov. Mills

Gorham Times Staff

On March 8, 2023, Governor Janet Mills officially proclaimed March 2023 as Women's History Month, calling on the people of Maine "to observe this month with the appropriate study, programs, and celebration of the vital role of women in American history." The proclamation cites the historic contributions; critical economic, cultural, and social roles inside and outside of the home; establishment of charitable, philanthropic, and cultural institutions; volunteer labor force; leaders of change; military service and more. Read the full proclamation online at: https://www.maine.gov/governor/mills/ official_documents/proclamations/2023-03-womens-history-month-march

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