

Gorham Times

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New Concerns on Middle Jam Road

Kathy Corbett, Staff Writer



Photo credit: Kathy Corbett

Middle Jam Road looking toward the intersection with North Gorham Road. The rip rap on the pond bank is on the left, followed by the stone blocks swimmers use to access the water. There is no parking on Middle Jam Road and limited safe parking space on North Gorham Road. Middle Jam Road looking toward the intersection with North Gorham Road. The rip rap on the pond bank is on the left, followed by the stone blocks swimmers use to access the water. There is no parking on Middle Jam Road and limited safe parking space on North Gorham Road.

For years Middle Jam Road between North Gorham Road and Route 35 in Standish has been a nightmare of pot-

holes and crumbling asphalt. Every summer children scrambled down the bank near the corner to swim in North

Gorham Pond. But since Gorham Public Works repaved the road this summer and installed rip rap to prevent further erosion of the road bed, an already dangerous condition has worsened.

The shore land that swimmers use at the beginning of Middle Jam Road is owned by Brookfield White Pine Hydro LLC, the company that owns the power plant. As part of their licensing agreement they were required to designate the land up to the power plant as a recreational area “open to the public without discrimination for daily recreational

use.” According to David Heidrich, Brookfield representative, Maine Liability Law shields the company from liability for accidents on the property.

When asked about the situation, Town Manager Ephrem Paraschak said that Gorham has no responsibility for access to the pond. However, Town Counselor Seven Siegel said he is looking into what might be possible to improve the area.

“Installing rip rap on the pond bank was necessary on the pond side of the road,” Public Works Director Terry

CONTINUED ON PAGE 2



Photo credit: Kathy Corbett

A Boy and His Horse

Gorham Times Staff



Photo credit: Andrew Ryback

Dressage

The photo of Nash Gagnon in the Aug. 17 issue of the Gorham Times deserves a follow-up. This young man’s pursuit of his dream is impressive and, at this point, tragic.

Nash’s love of horses began when he was three and could not say the word “horse” properly. On a rainy Rangleley area afternoon, Nash rode Daisy, an elderly white pony who basically slept as they walked around the ring. That one ride transfixed

Nash. So Nash and his parents, Jenny and Marty Gagnon, found themselves barn hopping to neighbors and friends. Any horse would do. It didn’t matter if it was a draft horse, or a harness racer. Nash’s frequent trips to the library for any children’s book about horses were read and re-read, all the while the Disney movie “Spirit” played on loop. He wore out 2 DVD’s.

Fast forward to 2011. The horse world opened up substantially when the family

moved from the Rangleley area to southern Maine. Frequent trips to the Maine Society for the Protection of Animals (MSS-PA) in Windham, a few lessons at Hearts and Horses in Buxton, and a weekly lesson and summer horse camp with Amy Libby at Vienna Farm satisfied Nash.

No stranger to animals, Nash learned about 4H in middle school, where he chose rabbits to learn about and raise. Befriending the Smith family through connections at Vienna Farm helped him win his first prize. Soon he was breeding, showing, and selling mini-lops to buyers as far away as Florida or Michigan. Money earned by Nash’s “Stream Rabbitry”

went directly to new riding boots, breeches, more lessons, or his savings account for his next step: leasing a horse someday.

Nash finally realized his leasing dream with a great older horse Ferdinand and then later, a very spunky younger horse Caspar. Caspar was returned when Nash realized the horse needed more training than he could provide.

As soon as labor laws permitted, Nash started working at Junction Bowl and later for Faith Francis at Faith Dressage in Cumberland, all while attending high school. Nash met Jane Hannigan,

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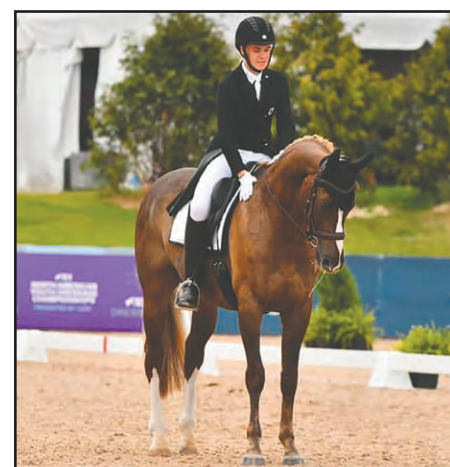


Photo credit: Andrew Ryback

Dressage

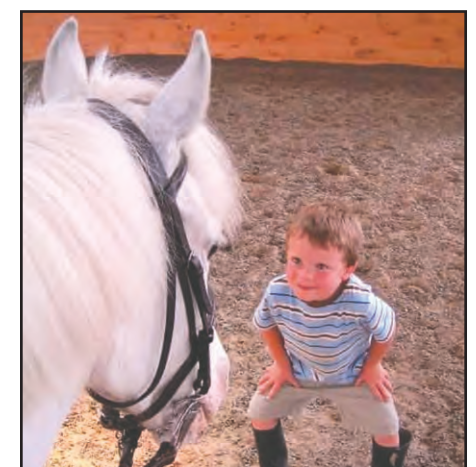


Photo credit: Jenny Gagnon

Nash and Daisy

GORHAM SCHOOLS, BEST PLACE TO WORK PAGE 6

inside the Times f i GOCAM YouTube

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UPCOMING STEPHEN WARD MEMORIAL 5K PAGE 7

NEWS FROM AUGUSTA

Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 109 and House District 110 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

Supporting Students as School Starts Up Again

Rep. Jim Boyle, D-Gorham

This week, teachers are beginning to welcome students back to the classroom. While I no longer have children of my own in the school system, I remember this transition evoking a mix of excitement and sadness as the long leisurely days of summer would come to an end, replaced by more familiar routines, packed lunches and after school activities. It's always an adjustment for students and parents alike.

The start of this school year comes after an arduous school budget process that has generated a great deal of discussion throughout town. Balancing the competing priorities of keeping property taxes at a manageable level and providing all of the services and opportunities that our children need to learn and thrive is no easy feat. Schools play a much bigger role than just providing our children's education. They ensure kids get the nutrition they need during the week and act as critical spaces for social and emotional development.

Towns and property taxpayers have traditionally been responsible for funding the majority of public education and the vital services schools provide students, but the state has an important role here, too. Over the past couple of years, the Legislature has taken steps to help support children and schools across Maine in several ways, including by fulfilling the state's obligation to fully

fund 55% of public education costs.

This year, we also continued to fund free school lunch for all students. Maine children suffer the highest rate of child food insecurity in New England. Before the pandemic, 80,000 Maine kids relied on school meals every day, and the number of children experiencing food insecurity state-wide has increased significantly since then. Continuing to fund this program means that public schools will provide school meals to all students for free, regardless of their families' income. This not only helps ensure kids don't go hungry, but also helps reduce the negative stigma that can accompany receiving free meals at school.

We also passed a bill that works to prevent student homelessness by helping schools identify students whose families are at risk of becoming unhoused. This measure helps families access direct state and federal financial support. When a family is struggling financially, early intervention is crucial. Because many aid programs require a home address, unhoused families can face challenges in getting the assistance they need to get back on their feet. By identifying families at risk of homelessness and getting them access to support right away, we can preempt a further downward spiral and stop the cycle of poverty in its tracks. Schools offer an ideal opportunity for identification and intervention.

Early intervention is also important when looking to support our youngest and most vulnerable Mainers. This session, we invested more money to increase the state's reimbursement of special purpose preschools, which serve children with developmental disabilities. Maine has suffered a shortage of teachers and school staff for years, and the pandemic only exacerbated this challenge. Bolstering funding for these schools and their staff will make a meaningful difference for so many children and families.

As my colleagues and I prepare for the upcoming legislative session that begins in January, I am committed to continuing to find ways for the state to better support our students, parents, teachers and schools. Please reach out with any questions or concerns about this topic as well as any other issues either in our community or that will come before the Legislature.



Rep. Jim Boyle, D-Gorham, is serving his second term in the Maine House of Representatives and previously served two years in the Maine State

Senate. He is a member of the Energy, Utilities and Technology Committee. Contact him at Jim.Boyle@legislature.maine.gov.

Letter to the Editor

Letters to the Editor must be fewer than 300 words, signed with a first and last name, typed or e-mailed and include a phone number and hometown. The Gorham Times reserves the right not to publish letters that include personal attacks or inflammatory language. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times as space allows and are subject to editing.

To the Editor:

We wish to express our words of appreciation to the Gorham merchants who have decorated their entrances with beautiful flowers. Also, thank you to the folks who maintain them.

You are showing you care about our downtown environment.

Appreciatively,
Paul and Jane Hahn

Do you want your letter published here?
Send your letter to:
editor@gorhamtimes.com

You're in the Know. **Gorham Times**

Poetry Corner: Back to School

Dave Thompson, Narragansett School

I switch out my flower arrangement

Rudbeckia for Cosmos

Goldenrod for Daisies

Throw in some Marigolds

A red leaf I found

Middle Jam Road CONTINUED FROM PAGE 1

Deering said, "to stop erosion that was putting soil into the pond and undermining the roadbed." But the rip rap is known to be hazardous to walk across and will cut off safe access to the shoreline. Currently access is only possible by a few uneven flat rocks.

In addition to the unsafe conditions on the shore bank, the corner itself is hazardous because of the narrow shoulder on both sides of North Gorham Road and Middle Jam Road. Although there is a stop sign at the corner, when vehicles park on the side of North Gorham Road next to the pond, visibility from Middle Jam Road is cut off, particularly when large trucks are being filled with pool water. People swimming or using the picnic tables provided by Brookfield further down toward the power station also park haphazardly in the area.

"Although we are glad that the road was repaved," said Polly Lawson who lives on Middle Jam across from the pond, "these problems will only get worse." Her husband, George, alerted the Gorham Times to these issues last spring. He is a merchant marine currently at sea, but wrote to reinforce his concerns, particularly about the parking on North Gorham Road.

"This forces some folks to either walk in the road outside the parked vehicles or on the stone wall on the other side of them. I am very concerned someone will be hit by a car there," he wrote.

The additional traffic on improved Middle Jam Road only exacerbates the situation. Solutions to these problems are complex, but in terms of safety cannot be ignored.

Gorham Times

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UPCOMING
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September 6
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October 18

Hurry! Hurry! Hurry! Window Dressers Deadline is Approaching

By Chris Crawford, Staff Writer



Photo credit:

Caption

Tired of drafty rooms? What to cut your heating costs and lower your carbon footprint? The deadline for Gorham Residents to order custom-made insulating window inserts made by the non-Profit Window Dressers organization is Friday, September 8.

The window inserts are free for low-income qualified people and low-cost for everyone else. Sign up soon by clicking on Request Inserts at <https://www.windowdressers.com>.

After filling out a short form (or by calling (207) 596-3073, a team of volunteers will visit, assess and measure your windows, give you a quote, and collect payment, if needed.

The durable, interior window inserts are custom made to fit each individual window. They are constructed with a wooden frame covered on both sides with clear plastic for double insulation. The frame is trimmed with foam to guarantee a custom fit. For a complete descrip-

tion of the window inserts and the community build process, please refer to the non-profit organization's website, <https://windowdressers.org>.

Volunteers are also needed for the community build which will occur the week of Oct. 7 to 13. It will take place at the Galilee Baptist Church at 317 Main St, Gorham. This is the third time the Galliee community has generously volunteered the use of space for the build. The builds are fun and lunch is free. You will meet some new neighbors and get to feel good about helping the environment.

WindowDressers brings community volunteers of all economic and social situations together to improve the warmth and comfort of interior spaces, lower heating costs, and reduce carbon dioxide pollution. They do this in Maine, New Hampshire and Vermont by producing low-cost insulating window inserts that function as custom, interior-mounted storm windows.

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Cultivating a Resilient Community: Navigating the Back-to-School Transition

Dr. Delvina Miramadi-Baldino, Contributing Writer

That time of year has come again, September is around the corner and a new school year is about to begin. For many families, transitioning back to school can be a challenging time, as they navigate the shift from the relaxed days of summer to the structured routines of the academic year.

The process is accompanied by a host of emotional and logistical hurdles that can leave parents and children feeling overwhelmed. Especially for parents watching their children embark on the more significant transitions into middle school, high school, or college, which can evoke a mixture of pride and concern. These pivotal moments in a child's life can be transformative, making it crucial for parents to create a supportive environment that fosters emotional resilience and wellbeing. Fortunately, there are many evidence-based strategies that can help families proactively tackle these difficulties and bolster their resilience during this time of change.

Recognize and Validate Emotions:

During times of transition, children may experience a range of emotions, including excitement, anxiety, and uncertainty. As parents, it is vital to recognize and validate these feelings. Avoid dismissing their emotions, and instead, create a safe space for open communication. Listening attentively without judgment will help your child feel understood and supported.

Encourage Positive Self-Talk:

Help your child develop a positive self-dialogue that promotes self-confidence and resilience. Encourage them to challenge negative thoughts and replace them with empowering affirmations. Positive self-talk can bolster their self-esteem and equip them to face challenges with optimism.

Foster a Growth Mindset:

Teach your child the concept of a growth mindset, emphasizing the idea that abilities and intelligence can be developed through dedication and hard work. A growth mindset encourages a willingness to learn from failures and see setbacks as opportunities for growth.

Focus on Strengths:

Shift the focus from weaknesses to strengths. Recognize and celebrate your child's unique talents and abilities. Cultivating a sense of pride in their strengths boosts self-confidence and fosters a positive self-image.

Foster Social Connections:

Support your child in building and maintaining meaningful social connections. Encourage them to participate in group activities, join clubs, or engage in community events. Positive peer relationships play a significant role in emotional wellbeing.

Seek Professional Help if Needed:

If you notice persistent signs of distress or mental health challenges in your child, consider seeking professional support. Mental health professionals can provide valuable guidance and intervention when necessary.

The back-to-school transition can be a testing time for families, but by incorporating evidence-based strategies, parents can promote emotional support and mental health awareness during these transformative moments. By recognizing and validating their child's emotions, encouraging positive self-talk, and fostering a growth mindset, focusing on strengths prioritizing social connectedness, parents can help build emotional resilience.

With the right support and awareness, parents can help their children navigate these transitions with confidence, optimism, and a positive outlook on their future, contributing to their long-term emotional wellbeing and success in life.



Dr. Miremadi-Baldino has dedicated her education, research and career to helping individuals, schools

and organizations foster resilience and lead more positive purposeful lives.



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Ode to My Dishwasher

Chris Crawford, Staff Writer

Most of my childhood was spent hand-washing dishes on a strictly negotiated schedule with my sisters. To this day, I remember the joyful liberation we all felt when my mother bought a dishwasher. It was a KitchenAid, about half the size of today's standard model, but that baby was built like a tank and ran like a champion for almost 40 years. It also gave us a new focus for quibbling over whose turn it was to empty it.

Fast forward many years to this summer, which was filled with more company than usual, a common occurrence for many of us here in Maine. My thoughts turned to my trusty dishwasher and how extremely grateful I was to have it as meals and dishes piled up. I patently refuse to use paper except for dessert.

As the summer wanes, and my last round of company hits the road, I became curious about who was the genius who invented my indispensable dishwasher. I was thrilled, but not surprised, to learn that it was invented by a woman, Josephine Cochran(e), born in 1839 in Ashtabula, Ohio. The "e" was added to her name at a later date.

Necessity was certainly the mother of invention for this socialite. While Cochran did not have to actually do her own dishes, she was unhappy that her fine china was regularly getting chipped by careless help. She tried washing her own dishes...once...and decided that was definitely not the solution.

When her husband died suddenly, leaving large debts, this daughter of a civil engineer and granddaughter of a steamboat engineer rolled up her sleeves and went to work in a shed behind her home. In 1886, with the help of a mechanic, she built, patented and began selling the Cochran Crescent Dishwasher which won an award for its design and durability at the Chicago World's Fair in 1893.

Her machine sold well to commercial businesses such as hotels and restaurants. After her death in 1913, her company was sold and eventually became KitchenAid, maker of my trusty dishwasher.

Dishwashers didn't become common in family homes until the 1950's and 60's when houses began to be built with a source of hot water large enough to support one. These days they are common, and experts say dishwashers are better for the planet; they save water, electricity and use less soap than hand-washing and are also safer, healthier and cheaper.

So, thank you, Josephine. And in the interest of truthful reporting, I thank my hubby as well. I had the great good fortune to marry a scholarship student who paid his way through college by riding trains in the summer and by washing dishes on campus throughout the school year. For over 50 years, my dear Pot and Pan man has done the bulk of our cleanup.

Proper Way To Load Silverware

Arguments akin to the "correct way" to replace toilet paper abound regarding the best way to load cutlery in a dishwasher. Handles up or handles down is one of the biggest issues. Some like to pre-sort, making emptying easier. The consensus of internet experts say "no" to presorting, as the silverware can "nest" together and not get clean and most concur that handles up is superior, especially when it comes to sharp knives. They all agree that good knives can be ruined by running them through the dishwasher.

What Isn't Dishwasher Safe?

- Antique, hand-painted and metal-rimmed china, crystal, delicate glassware, silver.
- Some plastic (check the manufacturer label. Use cooler, top rack)
- Cast iron, non-stick and copper or aluminum pots and pans.
- Good sharp knives.
- Wooden utensils and cutting boards
- Insulated mugs and containers.
- Air fryer basket
- Some components of a pressure cooker lid should be removed such as float valve, the sealing ring, the pressure release knob and the anti-block shield. (Depending on the model.)
- Cheese graters and zesters
- Silicone baby products. Labels say they are dishwasher safe, but this material holds on to odors and can take on the smell of your dishwasher detergent, making baby's food taste funny

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VLCVE VLR KCT SR ELBXOK VCNR VGDR VB LBIBP

FBHE, KBFE CIK OBVE BJ VLR SBPNRPE SR NIBS,

SLB CEEXPR KCGOT FBDDRPFRR FBIVGIXRE VB JOBS.

CLUE: V = T

SOLUTION ON PAGE 11

MUNICIPAL

Public Works Report

Terry Deering, Public Works Director

There will not be any changes to trash collection the week of Labor Day, Sept. 4.

Please continue to put trash curbside by 7 a.m. on your collection day. Please keep turnarounds free of vehicles and equipment. This hinders Casella getting in and out of roads safely and efficiently.

If you have any questions regarding proper recycling or trash tag usage please call the office at (207) 222-4950.

Upcoming/In Process projects:

As of Aug. 22, the project on Plummer Road, 19ft culvert replacement is progressing well after a battle with the rain. The box culvert is installed and it is expected to be open to traffic within the next week. In conjunction with that project, Shaw Bros will be placing a similar culvert on Wescott Road as soon as Plummer Road is open to traffic. This will move the detour with closures at Wescott Road and Breezy Meadow Lane and at Plummer and Wescott intersection. These projects are expected to

be wrapped up by the end of September.

Public Works has been working continuously on Cressy Road /Lovers Lane intersection in hopes for base paving to be done in the near future, depending on contractors scheduling.

Mowing is an ongoing project as the rains have certainly prompted grass growth.

Catch basin cleaning should wrap up this week.

DPW will tackle Elm Street next and hope to get a new curb and shim coat of pavement this fall and finish in the spring.

The Traffic Calming/Pedestrian project on Main and South Streets should begin by the middle of September.

As the weather has delayed several items, our longline painting will take place as soon as the contractor can get to us.

If you have any questions or concerns regarding any DPW projects please contact us at dpw@gorham.me.us or (207) 222-4950.

Arrests July 2023

Sheri Faber, Staff Writer

County Road male, 66, was arrested for domestic violence threatening.

Portland male, 31, was arrested for terrorizing and violating conditions of release.

Scarborough female, 31 was arrested for domestic violence aggravated assault.

Main Street male, 38 was arrested for theft by unauthorized taking.

Portland male, 55, was arrested for OUI (drugs or combo-no test) and violating conditions of release from a prior charge.

Spiller Road female, 37, was arrested for OUI (alcohol). Tink Drive male, 20, was arrested for operating without license.

School Street male, 48, was arrested for obstructing public ways, refusing to provide information, refusing to submit to arrest/detention.

Standish male, 35, was arrested for OUI (no test) and criminal speeding (30mph over the limit).

Scarborough woman 43, was arrested for displaying a fictitious inspection sticker, violating conditions of release, refusing to submit to arrest or detention and operating with a suspended registration.

Scarborough male, 46, was arrested for unlawful possession of scheduled drugs, failure to provide correct name, operating after license sus-

pension and probation revocation.

Limington male, 62, was arrested for OUI (alcohol).

Limington male, 62, was arrested again for OUI (alcohol).

South Portland male, 52, was arrested for assault and for being a fugitive from justice.

Lady Slipper Way male, 55 was arrested on two counts of failure to appear.

County Road woman, 36, was arrested for violating conditions of release.

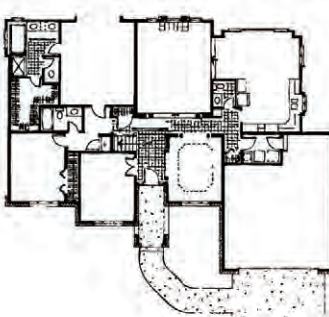
County Road woman, 36, was arrested again the next day for violating conditions of release.

Windham male, 32, was arrested for unlawful possession of fentanyl, methamphetamine and scheduled drugs (3 counts), OUI (drugs or combo), being a fugitive from justice and illegal possession of a firearm.

Portland male, 43, was arrested for being a habitual motor vehicle offender, operating with a suspended license.

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Grand Jury Indictments August 2023

Sheri Faber, Staff Writer

Tyler Mailman, 23, of Gorham was indicted for burglary, refusing to submit to arrest and violating conditions of release on charges brought by Portland PD.

Daniel Murphy, 44, of Gorham was indicted for unlawful trafficking in scheduled drugs, endangering the welfare of a child, and two counts of unlawful possession of scheduled drugs (fentanyl) on charges brought by MDEA.

Ryan Ramsey, 31, of Portland was indicted for terrorizing, and violating conditions of release on

charges brought by Gorham PD.

Heidi Sanborn, 43, of Gorham was indicted on two counts of theft by unauthorized taking on charges brought by Cumberland County Sheriff's Office.

Derek Sanderson, 40, of Gorham was indicted for theft by unauthorized taking and violating conditions of release on charges brought by South Portland PD.

Kristie Whitman, 43, of New Gloucester was indicted for two charges of unauthorized taking and unlawful possession of scheduled drugs

on charges brought by Gorham PD

OUI Arrest

Sheri Faber, Staff Writer

Ashley McLean, 35, of Gorham was charged with operating under the influence, driving to endanger, reckless conduct with a dangerous weapon and endangering the welfare of a child after she crashed her car on Mosher Road and it caught fire in the early morning hours of Aug. 18. Her two children ages 4 and 7 were in the vehicle but no one was injured in the crash. Police responded at about 12:30 am and found the vehicle resting against a telephone pole and on fire in a ditch. McLean and her two children had been able to get out of the car before the blaze start-

ed. Gorham Fire Department crews extinguished the blaze. The children were turned over to the custody of another family member and the family was referred to the Department of Human Services for evaluation.

McLean, who failed the breathalyzer, will lose her license if convicted. McLean did not have any priors. Speed did not appear to be a factor but alcohol clearly was. Chief Sanborn noted that close to 50% of the OUI details done by the Gorham Police have led to arrests. OUI details are specifically looking for impaired drivers.

Recycling Reminders

Chris Crawford, Staff Writer

Given the recent Purple Haze scare, here's a reminder from ecomaine about how to properly recycle household trash. Recycling is good for the environment, but it costs us the town money when we do it wrong.

Three basic rules for recycling plastic:

1. It must be rigid plastic – nothing that can be crumpled.
2. It must be a container – like a bottle, jug, or box.
3. It must have a #1-7 recycling symbol

Ecomaine single-sort recycling lets you combine your paper, cardboard, glass, metal, and rigid plastic containers #1-7 into one recycling container. All containers should be empty, but do not need to be totally clean.

DO NOT RECYCLE THE FOLLOWING ITEMS

Plastic bags and wrap
Trash & shopping bags (empty or full)
Plastic wrap or film
Bubble wrap or mailers
Tyvek or plastic envelopes
Bread bags
Potato chip & snack bags
Sandwich baggies
Animal food bags
Frozen vegetable bags

Pellet bags
Newspaper bags
Boat wrap or tarps
Batterie (alkaline, button-cell, rechargeable & lithium-ion)
Styrofoam (even if it's #6)
Cup lids or straws
Paper towels, napkins, or tissue
Needles & sharps
Large metal parts (car, boat, truck, etc.)
Gas tanks (propane, helium, oxygen, etc.)
Wood & lumber
Pipes (metal or plastic)
Clothing & shoes
Bedding & pillows
Furniture
Light bulbs (any type)
Garden hoses
Hangers (metal or plastic)
Diapers (baby or adult)
Food or plants (compost these)
Kitty litter
Knives & blades
Toys
Vinyl siding
Wax-coated paper & boxes
Rope, string, chain

Many of these items can be recycled and/or disposed of in an environmentally friendly way, but not through our town's recycling program. Watch for future articles about this.

Learn about Trash and Recycling in the Town of Gorham
at: <https://www.gorham-me.org/public-works-department/pages/trash-and-recycling>

SCHOOL

Gorham Schools Recognized as a Best Place to Work in Maine

By Kathy Corbett, Staff Writer

The Gorham School Department has been selected as one of the Best Places to Work in Maine for 2023. The 28 winners in the large employer category were selected based on employees' surveys and data that analyses workplace policies and practices. Gorham Schools will find out their ranking at an awards ceremony in October.

Best Places to Work in Maine is a research-driven program from Best Companies Group, an organization that recognizes great workplaces. As described on their website, "We are an independent research firm that ranks companies based on our established research methodology. Our surveys provide actionable, hard-to-obtain data that companies use to improve

employee recruitment and retention."

According to Superintendent Heather Perry, participation in the program was a budgeted item as part of the School Department's Strategic Plan. The cost of the application process was \$1400, mostly the fee for the surveys, but Perry said that the cost of replacing just one teacher is over \$6,000.

"The data we get from employees around the strengths they see and what challenges is priceless to help us improve as a school system," she said. "This data also helps us to specifically target practices that we can implement to improve retention for existing staff and to recruit new staff that come and stay with our district.

2023 Best Places to Work in ME

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x2200 or pkenney@cascofcu.com.



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GORHAM VILLAGE ALLIANCE

Coming up: The Stephen Ward Memorial Scholarship Fund 5K Road Race

By Katie Brown, Sports Editor

Jordan McCannell * Anamoth * Maria Rose Abad * Edelmiro (Ed) Abad * Andrew Anthony Abate * Vincent Abate * Laurence Abel * William F. Abri * Richard Anthony Aceto * Erica Van Acker * Heinrich B. Ackermann * Paul Andrew Acquaviva * Donald L. Adams * Shannon Lewis Adams * Stephen Patrick Adams * Ignatius Adanga * Christy A. Adda * Alok Agarwal * Mukul Agarwala * Joseph Agnell * Ahmed * Terrance Andre Aiken * Godwin Ajala * C. Albert * Peter Craig Alderman * Jacquelyn Delaine * Eric Allen * Stephen G. Ward * Richard Lanard * Lavier Alvarez * Telmo Alvear * Cesar A. Alviar * Cazuhiro A. Alvarado * Alvaro Anaya * Michael R. Andrews * Jean * Peter Paul * Peter Ryan * Arias * Mi * Asher * Jan. * mas * Arlene T. B. * is * Bu * styana Bakal * aya * Michael S * Gerard A. P. * a * Paul V. Bar * arkway * Matthew Barnes * Sheila Pat * Patricia Campbell * Jill Marie Campbell * Brian Cannizzaro * Michael R. Cany * L. Carey * Edward Carlino * Patrick W. Da * J. Edward Alexander D'Art * Michael I. Viurka Davila * Wayne Terril Davis * C. Thomas P. Deangelis * Tara Debek * An * Jose Nicholas Depena * Robert J. Derane * Andrew Desperito * Michael Jude D'Esposito * Ci * Edwards * Michael Hardy Edwards * pt. Mari * Ehrlich * John Ernst (Jack) Eichler * Adam * Elmary * Edgar H. Emery * Doris * uen E * Espinal * Fanny M. Espinoza * Fran * osit * Eric Brian Evans * Robert Edward * ans * Ga * Edward T. Fergus * George Fergus * Henry Fern * Sallerin Ferreira * Robert John * David Franci * Samuel Fields * Michael Bradi * egan * Timoli * Edward Gallagher * Daniel Jar * lagger * John I * Thomas Gambino * Gianni F. * Peter J. Gan * Morron Garcia * Juan Garcia * Garcia * Mar * Gardner * William Arthur Ga * Francisco Garl * Jattson * Donald Richard Gae * terence D. Gaz * Jagias * Mary Kou Hague * D * erman * Mai * James D. Hal * nson * Mohan * an Ham * ni * loan Hann * mas Hann * ave * Da * Timothy J. * Emari * Jattson * Emari * Scott H * Mich * ony H * Lou * od * V.

9/11 Memorial 5K Run & Kids Fun Run

TO BENEFIT THE
Stephen Gordon Ward Memorial Scholarship Fund

Co-sponsored by the Gorham Recreation Dept.

Race Day is Sunday, Sept. 10, 2023. In person registration information: Race day fees are \$25 for 5K and \$7 for the Kids' Fun Run. Pre-registering on-line is discounted (\$20 for 5K and \$5 for Kids' Fun Run) through Friday, Sept. 8, 8 a.m. Link to register: <https://www.running-4free.com/RaceDetails.aspx?raceid=121> Helpful timeline information provided by Kathryn Ward, is the following: Kids'

Fun Run starts at 8:30 a.m. at the adjacent Gorham High School track. Kids 7 years and younger start first and run 1 lap. Kids 8 years and up start after and run 2 laps. Following the Fun Run, parents will return to the Recreation Center, at approximately 9:15 a.m. First responders (who complete the course in full gear) are sent off and thereafter, the Race Director will remark and the National Anthem will play, set-



Photo credit: Katherine Ward

Gorham first responders in gear for 9/11 road race



Photo credit: GHS Photo Archives

Stephen Ward with his teammates (Western Maine championship win)

ting the rest of the 5K runners and walkers off and dogs on leashes are welcome; please sit toward the back of the pack to start. Link to the course map: <https://www.mapmyrun.com/routes/view/79999173/> All proceeds go to GHS student-athlete(s) (who successfully completes the local scholarship form in the spring) and who best represents Stephen's natural connection to sports, and his innate ability to make all those around him an overall better person and team mate.

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Upcoming Arts and Crafts Events in September, October

By John Ersek, Staff Writer



Photo credit: Mary Plummer

Orchard Ridge Farm Artisanal Market

Although we are now entering September, several outdoor arts and crafts events are still on the local horizon.

“Art on South” is a returning arts and crafts fair sponsored by the Gorham Village Alliance. It will take place from 10 a.m. to 2 p.m. on Saturday, Sept. 9 on the lawn next to the Robie Gym, at 42 South Street. Many talented local artists will be showing their works, which include paintings, pottery and photography.

There will be two more Outdoor Artisan Markets at Orchard Ridge Farm on Sebago Lake Road this year, on Saturday, Sept. 2 and Saturday, Oct. 7. These events are sponsored by Shenanigans LLC, a new business in Gorham.

Vendors at Orchard Ridge will include Bradbury Home; Chasing Dragonflies; Portman Toad Prints; All Sales Vinyl; Catmint Crafts; Iris Is Beauty; Kim Loves Crafting; The Art Of J; Ang’s Treasure Cove; Advitiya Creations; Wellness By

Design; ShenanigansByTheSea. “Pick your own” apples will be available at Orchard Ridge farm. Smokin’ Dave’s barbecue food truck will be at the October event.

Also, in related business news, the sales space at 18 South Street that was formerly occupied by Maine Micro Artisans is now the location of Shenanigans LLC, a gift shop and artisan sales space. Maine Micro Artisans can still be found at their 8 Main Street location. Besides craft items made by local artisans, Shenanigans LLC also sells books, clothing, “alchemy” items, and various curiosities.

Shenanigans LLC opened on Aug. 17, and is owned and operated by Samantha Camino. Approximately seventy artists and artisans sell their works there; forty were previously at Micro Artisans, and thirty new artisans have been added. The business is open Thursday through Monday each week, from 10 a.m. to 6 p.m. (except 11 a.m. to 5 p.m. on Sunday).

Documentary

“The Gunpowder Mills of Gorham & Windham, Maine” to Air on Maine Public Television

A documentary, produced by Patrick Bonsant, executive director of Saco River Community Media, and Georgia Humphrey, media manager for GoCAM, will reveal the little-known but consequential history of the Towns of Gorham and Windham. Gunpowder mills once served as major employers and integral contributors to the Union troops during the U.S. Civil War.

In “The Gunpowder Mills of Gorham & Windham, Maine,” Bonsant and Humphrey take viewers on a journey back in time. Not long after Maine was incorporated as a state in 1820, the mills were established along the banks of the Presumpscott River. Based on the book, “The Gunpowder Mills of Maine,” by late author and University of Southern Maine chemistry professor Dr. Maurice Whitten, the story emphasizes the process of making gunpowder and the people who worked in the mills under dangerous conditions for 81 years.

Of the collaboration, Bonsant shared that Humphrey “conducted the most essential documentary interview featured in the film in the GoCAM studio.” He said that Humphrey “was also instrumental in gathering valuable footage and archival materials, including a critical scene of the late Dr. Maurice Whitten, the respected author of the book, adapted into a documentary.” In the words of Bonsant, Humphrey also “lent her smooth narrative voice to the documentary.”

“The Gunpowder Mills of Gorham & Windham, Maine” will air on Maine Public Television on Thursday, Aug. 31 at 9 p.m. and Saturday, Sept. 2 at 2 p.m.

The Town of Gorham commends and thanks Bonsant and Humphrey for their outstanding work and efforts in bringing this unique and fascinating history of Gorham to life in this documentary.



Julie Chandler



Mike Griffin



Peter Mason

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GORHAM



GORHAM \$550,000 - Just finished...a total renovation. Enjoy the newness of this 3 bedroom / 2 bathroom home. A large living room over the 2-car garage leads out to a covered deck that overlooks a private backyard on this 2 acre lot. Master suite potential on the lower level & whole house sprinkler installed.



LIMINGTON \$150,000 - Bank owned 3 bedroom in need of major repair work. Well, barn, pool & heating system are some of the big ticket items. Many more safety issues. Property sits on a corner lot with 5 acres of wooded, sloping land. Will not qualify for financing.



GORHAM \$700,000 - This 4 bedroom contemporary home features over 2850sqft of living space with a rare 1st floor primary bedroom suite which makes for easy 1 floor living. The custom cherry kitchen is open onto a breakfast nook that steps out onto a covered balcony overlooking the private backyard.



STANDISH \$444,900 - Come see this 1642sf Saltbox on a private lot on Royal Pine Dr. This home offers 4 bedrooms, 2 baths with new laminate flooring throughout. Low maintenance with new windows doors & metal roof. Partially finished basement with woodstove for a 2nd heat.



GORHAM \$599,000 - Remarkable townhouse style duplex built in 2013! Picture-perfect setup with separate electric, individual gas meters & heating systems with on demand hot water, full basements for storage, rear decks and plenty of paved parking.



WESTBROOK \$395,000 - This desirable end unit is one of 4 units in this well-established condo assoc. Features over 1300sqft of living space with attached 1-car gar, rear sundeck & partially fenced yard. The open concept floor plan with cathedral ceilings & skylights allow for plenty of natural light.



GORHAM \$550,000 - Classic Farmhouse with ell & sizeable 36' x 64' post & beam barn. This charming home offers over 3200sf of living space including 5 bedrooms. Custom cherry kitchen with soap stone sink, formal dining room with gas fireplace, elegant double parlors connected by pocket doors.



GORHAM \$775,000 - This classic farmhouse is located at the very end of the road nestled on 12.24 acres with a gorgeous 36 x 60 post & beam barn with multiple hay lofts. The 1st floor offers exposed beams & gleaming wide pumpkin pine floors & updated cherry kitchen with granite counters.



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Hannah Place, University of New Hampshire, Durham, New Hampshire
Erin Wentworth, Highest Honors, University of New Hampshire, Durham, New Hampshire
Brooke Woodbury, University of New Hampshire, Durham, New Hampshire

OF INTEREST

Volunteers are needed in October for the third annual Window Dressers Community Build at Galilee Baptist Church, 317 Main Street in Gorham. The builds are fun and lunch is free. Meet new friends and neighbors and help the environment too. FMI and sign up at: <https://windowdressers.org>.

Run Like a Dog, LLC | <https://sprintbreatherest.com> is working with Giving Tree of Maine as they host their Annual Fundraiser on Saturday, Sept. 2, at The Galilee Baptist Church, located at 317 Main Street, Gorham, from 9 a.m. to 2 p.m. The Fundraiser will include vendors, crafts, a yard sale, as well as a 50/50 raffle and silent auction. Breakfast and lunch will be available for purchase. Run Like A Dog, LLC is donating "furry friends" gift baskets for the silent auction, dog products and accessories to the ARLGP, as well as donating 5% of All in-person sales on the day of the event to the Giving Tree of Maine.

The Gorham Lions will meet for a potluck dinner on Tuesday, Sept. 12 at 6:30 p.m. at the home of Ken Aldrich, then back at the Elmwood School on Tuesday, Sept. 26. FMI, call (207) 929-9182.

Veterans of Foreign Wars, Gorham Memorial Post 10879 will meet on Tuesday, Sept. 12 at 5:30 p.m. in the Gorham Fire Department Training Room. For information contact the post at vwfpost10879@gmail.com.

NEIGHBORS HELPING NEIGHBORS

The Gorham Food Pantry, located at 299-B Main Street. (parking lot of St. Anne's Catholic Church) is open every Thursday morning from 10 a.m. to 12 p.m. and is free for any Gorham resident in need. FMI, (207) 222-4351, visit www.gorhamfoodpantry.org or message us on Facebook at Gorham Food Pantry Friends.

The Gorham Medical Closet located at the Municipal Center 75 South Street is free and available to Gorham residents in need of wheelchairs, shower seats, commodes, walkers, canes, crutches and more. Hours are by appointment with a volunteer. Call Gerry Day at (207) 839-3859 and she will connect you with a volunteer.

The Mission of Hope Clothes Closet is open the first and third Saturday of each month from 9 a.m. to 12 noon at Cressey Road United Methodist Church on Cressey Road to anyone who needs clothing. They have all types and sizes, and many winter coats.

SENIOR NOTES

Gorham/Windham/TRIAD will be meeting Wednesday, Sept. 13 at 11 a.m. at the Gorham Police Department on Main Street. Everyone is welcome. Come see what TRIAD is all about and share ideas about future meetings.

The Lecky Brown Senior Center at First Parish Church is open. Fridays at 10 a.m. join ARTrageous Seniors open studio. All are welcome to bring their own projects.

Senior Meal Site starts up again weekly on Wednesday, Sept. 13 at 12 p.m., St. Anne's Church, 299 Main Street Social time begins at 11:30 a.m. Suggested donation is \$4. Meal site is closed if school is closed or delayed due to such reasons as weather. For updates on the meal and dates open/closed, visit <https://gorhamrec.com> or call (207) 222-1635.

You Don't Say

Venus is the only planet that rotates clockwise, so the Sun rises in the West.

Oak trees don't produce acorns until they are at least 50 years old.

Baby elephants suck on their trunks for comfort just like human babies suck their thumbs.

A shot of whiskey- in the old West, a .46 cartridge cost 12 cents and so did a glass of whiskey. If a cowboy couldn't pay, he could give the bartender a cartridge for a drink.

Buying the Farm became synonymous with dying. During WW1 soldiers were given life insurance policies worth \$5,000. This was about the price of an average farm so if you died you "bought the farm" for your survivors.

The average person will grow 590 miles of hair in their lifetime. Presumably this is cumulative of each hair on your body laid end to end.

PUBLIC SUPPERS

Buxton Center Baptist Church at 938 Long Plains Road (Route 22) will have a Baked Bean Supper on Saturday, Sept. 9 from 4:30 – 6 p.m. They will be serving red kidney and pea beans, hot dogs, chop suey, coleslaw, rolls, and dessert. Cost is \$10. Take out also available. Call (207) 929-3011.

Summit Community Church, Potluck with a Purpose, Friday, Sept. 15 at 6:30 p.m. Former Secretary of State and State Senator Bill Diamond will share his new non-profit, "Walk a Mile in Their Shoes" to help human trafficking victims. Bring food for the potluck meal and learn how child abuse and vulnerability to being trafficked are closely related. 26 Cressey Road in Gorham.

LIBRARY NEWS

The North Gorham Public Library is located next to the fire barn at the corner of Standish Neck Road and North Gorham Road. The library serves the surrounding community with a focus on fiction for adults and children, although most any book is available through inter-library loan. The library has WiFi service and computers for patron use. Programs for adults and children are offered throughout the year. Library hours are Mondays and Thursdays, 3 to 5:30 p.m., Wednesdays, 10 to 11:30 a.m. and 6 to 8 p.m., and Saturdays, 9:30 a.m. to 1 p.m. FMI: <https://nort-gorham.lib.me.us>.

Baxter Memorial Library is located at 71 South Street in Gorham. The library serves the Gorham community as a welcoming and accessible gathering place for information, lifelong learning, and enjoyment, fostering the exchange of ideas, values, traditions, and conversation. Library hours are Mondays and Fridays, 9 a.m. to 4 p.m., Tuesdays through Thursdays, 9 a.m. to 7 p.m., and Saturdays, 9 a.m. to 1 p.m.

UNIVERSITY OF SOUTHERN MAINE NOTES

The Osher School of Music opens the 2023-24 performance season with the opening faculty concert on Friday, Sept. 8 at 7:30 p.m. The concert will feature Dr. José Lezcano, artist lecturer in classical guitar, and Krysia Tripp, artist lecturer in flute. They will perform a concert that explores a fascinating terrain of musical genres with works for flute and guitar by Lezcano, Takemitsu, Bach, Tarrega, Rodrigo, Pereria, Piazzolla, Cervantes, and Figueredo. Tickets are \$15 general, and \$10 students, seniors, USM employees and alumni. FMI: <https://usm.maine.edu/osher-school-music/events>.

The University of Southern Maine is offering a new bachelor's degree in special education in an effort to get more special education teachers in Maine schools. Geared toward those already working in schools, particularly as ed techs, the program is fully online, accepts prior learning credits and course transfers, and allows students to complete their student-teaching internship while working their current job as an ed tech. The program also includes an apprenticeship option, a new initiative co-sponsored by the U.S. Departments of Education and Labor. Teacher apprentices work for a sponsoring school district to complete specific degree requirements as part of their jobs. USM has agreements with several southern Maine school districts, including Gorham, Scarborough, and SAD 6, to hire apprentices who will complete their associate's degrees through Southern Maine Community College and then complete their bachelor's degree in special education at USM. FMI: <https://usm.maine.edu>

A Boy and His Horse CONTINUED FROM PAGE 1

a teaching professional and competitor in the 2008 World Cup from Riverfront Farm in Concord, Massachusetts in the summer, and Summer Breeze Stables in Wellington, Florida.

An agreement was made and Eros SSF, a 14-year-old well-trained, golden Warm Blood came to Maine. She was looking for help as a working student at Summer Breeze Stables in the winter of 2023 and offered this position to Nash. In order to take advantage of this opportunity, Nash realized that by taking two college classes during the first half of his senior year, plus a full course schedule, he could graduate early in January of 2023. With more shifts at the Falmouth restaurant, selling anything he didn't need, and using his savings he could would get Eros to and back from Florida. He Graduated Greely High School on Jan. 17 with honors. Nash and Eros arrived in Wellington on the morning of Jan. 30. By 4 o'clock that afternoon, he had a job at a local restaurant that would afford him groceries, his car payment and show fees.

In the three short months at Wellington, Nash and Eros with Jane's training moved up five levels in dressage to Prix Saint George and qualified for the August North American Youth Championship in Traverse City, Michigan. Opportunities often come with great challenges and when asked how

he would get there, he said, "We'll figure it out." And figure it out he did.

Through the amazing dressage community, fundraising, graduation money, working two jobs and generous sponsors, Nash, Eros, and Jane arrived in Traverse City, Michigan on Aug. 6 along with the rest of the Region 8 New England Young Riders Team. In the freestyle event, Nash and Eros performed a choreographed routine to the music from the long-ago much-loved movie "Spirit." A personal best, they placed 12th in North America.

The trip home proved tragic. Eros was normal on the way home from Michigan, even eating a granola bar on the last stop. But when unloading at home, he was in distress. Jane immediately got the vet. He seemed to be going in a positive direction until the early morning hours when she brought him to Tufts Veterinary Hospital at 3 a.m. Jane finally made the devastating decision to let him go. Eros SSF was humanly euthanized on Aug. 15. Eros had telescoped his small intestine into his cecum, a very rare occurrence.

The two are completely heartbroken and devastated. In one short year, Eros had become the horse of Nash's childhood dreams. Through all of this, the hard work, the love of training horses, the drive and ambition, Nash has indeed figured it out, and with Jane and Team Hannigan he will figure it out again.

Narragansett School Recognizes Compassionate Students

By Erin Eppler, Principal, Narragansett School

During the 2021-22 school year, students in Laurie Kenny's first grade classroom read a story in their weekly Scholastic News about a student in a wheelchair who advocated to make her playground more inclusive. Students were inspired and wanted to raise money so we could add inclusive playground equipment to our existing playground. Their goal was to raise \$700. They donated gently used toys to sell at a garage sale and made a video to share with the Narragansett community asking for donations. They ended up raising \$3000 which resulted in the school purchasing two new pieces of equipment.

The new equipment was recently installed and Narragansett School is

hosting a ribbon cutting ceremony on Thursday, Sept. 14 at 3:30 p.m. Laurie Kenny has since retired and now lives in North Carolina, but will be traveling to Maine to participate. All of the families of the students who were in Mrs. Kenny's first grade class, as well as members of the Narragansett Community have been invited.

Additionally, during the same school year, 5th Grader Caleb Yaeger (now a 7th grader) sold pieces of his artwork to raise money to help purchase a basketball hoop for the playground. That has also been installed.

A brief ceremony recognizing the efforts of these students has been planned.

CALENDAR

Saturday, September 2

Gallilee Baptist Church and Run Like a Dog LLC are hosting a Fundraiser for the Animal Rescue League of Greater Portland and the Giving Tree of Maine, 317 Main Street, 9 a.m. to 2 p.m.

Mission of Hope Clothes Closet is open, Cressey Road UMC Church, 9 a.m. to 12 p.m.

Friday, September 8

Window Dressers deadline for orders. <https://windowdressers.org>

Osher School of Music Faculty Concert with José Manuel Lezcano, guitar and Krysia Tripp, Flute, 7:30 p.m. \$15/\$10

Saturday, September 9

Buxton Center Baptist Church Baked Bean Supper, 938 Long Plains Road, 4:30 – 6 p.m., \$10

Tuesday, September 12

VFW Gorham Memorial Post meeting, Fire Department Training Room, 5:30 p.m.

Gorham Lions, potluck supper at the home of Ken Aldrich, 6:30 p.m., (207) 929-9182.

Wednesday, September 13

Gorham/Windham/TRIAD meeting, Gorham Police Department, Main Street, 11 a.m.

Gorham Rec's Senior Meal Site reopens at St. Anne's, social time begins at 11:30

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Every other week, the *Gorham Times* is produced by dedicated volunteers who contribute articles and photos, design ads and format the paper, distribute the paper throughout town, mail subscriptions, manage finances, serve on the board, and so much more.

The *Gorham Times* needs your support to continue offering this quality, non-profit community service. Your tax-deductible donation will help defer the many costs of publishing our community paper.

Send short news and information items that would be Of Interest to the whole Gorham Community to loriaam@gmail.com

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bhepler@maine.rr.com

Courtesy of the Gorham Police Department

the blotter

Fort Hill Road caller reported a black bear in the yard. They were transferred to Maine State Police dispatch for the Warden Service.

Caller reported an intoxicated person on Narragansett Street. Subject was not intoxicated but was escorted to Buxton for a relay.

Mighty Street caller reported spray paint markings and weird words on her driveway. It was Public Works marking the road for repair.

School Street caller reported kids playing on his property which is posted as "no trespassing". Officer explained that no warning is required if property is posted. Parents were present and upset with the children. These were not the same children from a previous complaint and the owner was okay with not charging them.

Gloria Street caller found it suspicious that someone was selling door to door. Officer checked the area and told her to call if she sees them again and feels that they are not actually selling anything but rather up to something else.

Officer performed a Distracted Driving Traffic detail on Rt. 25 and New Portland Road. He made 7 traffic stops and issued 4 citations.

Romey's Way caller reported two men had cut down a tree on his private way and left it on his lawn. The men had cut it down at the neighbor's request to keep the driveway open. Caller was advised it was a civil matter and advised him to contact Code Enforcement.

Officer spoke to a man who had pulled over on the side of the McLellan Road

with his turn signal on. Driver advised Officer he had stopped to send a text.

Caller reported a woman walking on Railroad Ave. Officer located a woman walking to her residence on South St. She was all set.

Officer located an elderly male on the way to an appointment. He was not impaired but was tired. He sat for a few minutes following the stop to gather himself. Officer advised him he needed to make sure everyone was safe.

Caller reported multiple gunshots at the lookout on Fort Hill Road. Officer went to the area but did not see or hear anything suspicious.

Caller reported drug activity in the parking lot at Little Falls. Vehicle was gone when the Officer arrived.

Caller reported he had lent his vehicle to someone. While the Officer was on the phone with the caller, the man saw his vehicle at the gas station and followed it back to the residence. Caller came out on the porch, made contact with the Officer and said he was all set.

A sewer cover was placed back in the hole, upside down, creating a hazard for vehicle tires. Officer fixed it.

New Portland Road caller reported that over the past few weeks, she had been finding dead animals (squirrel, bird and rat) in her backyard, in roughly the same location. Caller was advised it was probably a cat or some other animal in the area.

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