U.S. POSTAGE PAID GORHAM, ME

Volume 23 Number 17 | September 7, 2017

A FREE, Non-profit, Biweekly Community Newspaper since 1995

# **David Cole Retires**

Sheri Faber Staff Writer

During his twenty-three years as Town Manager, David Cole has seen Gorham grow and overtake Waterville as the 15th largest town in Maine. In 2014, the federal census bureau rated Gorham as the fastest growing community in Maine. This growth has meant a lot of new buildings over the years such as a new Public Works building, several new schools, a new Public Safety facility, additional athletic fields as well as additional equipment all while maintaining a reasonable tax rate, one that is about average for this area.

Cole said this is a team effort and credits both good elected officials as well as good Town employees with accomplishing these improvements. He added that the Gorham Times has been a real help in keeping people informed about issues that have come up; something that is more of a challenge today where social media can quickly spread incorrect information.

Cole "hopes he is leaving Gorham as a better place than he found it when he started and believes being elected to the Town Council or School Board is an honorable and rewarding way to serve the community for those who are doing it for the right reasons."

He notes that going forward, there will always be issues that will need to be addressed as communities are always changing for better or for worse. Cole anticipates it will be an ongoing challenge to deal with the issues that arise from growth and making sure our infrastructure can handle growth at a cost that is still reasonable for our citizens. The need to expand Gorham High School is one major challenge currently facing the Town.

Cole officially retired on September 1 but looks forward to still being involved in public life after retirement.



Photos courtesy Roger Marchan

David Cole spoke at his retirement gathering on Sept. 1 which was attended by department heads, several retired heads, current and former Town Councilors and current legislators. Cole thanked his staff for the many years of support and welcomed the new Town Manager, Ephrem Paraschak (below).



Rep. Andrew McLean along with Sen. Amy Volk (far left) and Rep. Maureen Terry presented Cole with a proclamation from the Legislature honoring his years of service.



# Happy Healthy Living – Are You In?

SCOTT LOVAAS & KIM ARENA
HHG Co-Directors

This past May, a community based health initiative to make Gorham 'The Happiest and Healthiest Town in Maine' was launched. The Happy Healthy Gorham (HHG) initiative pulls together and draws upon the distinctive talents, resources, and expertise of Gorham businesses, volunteer organizations, and local government around positive attitudes and practices.

In 2017-2018, there will be four, weeklong themes. The first will take place from September 24-30. Each of these weeks will feature a wide variety of events and opportunities to promote, educate, and elevate happy, healthy living in Gorham. The themes are: Moving Naturally—September 2017, Kindling Kindness—November 2017, Growing Gratitude—February 2018, and Eating Well—April 2018.

Recently, a Danish twin study demonstrated that only 25% of how long we live is dictated by genes, a full 75% is determined by our lifestyle. Dan Buettner, a National Geographic Fellow and New York Times bestselling author, helped develop the concept of Blue Zones. Blue Zones are those areas around the world where people and/ or communities live measurably longer, healthier, and happier lives. From his own research, Buettner documents and highlights nine lessons he learns from these various cultures. His first lesson: people will live longer and better lives if they move naturally.

People who live measurably longer move all day long. These folks engage in moderate, regular physical activity. They move naturally—they move up and down, they walk back and forth. They are up and down, 30-40 times a day, they take the stairs, they tend to walk. If they do exercise it is something they like to do. They tend to have a garden, they move every 20 minutes.

Moving naturally should be a source of joy. Sitting, standing, walking, and bending are all natural because our bodies were meant to be active and in motion. When we are physically healthy, our minds will also be healthy and active.

Happy Healthy Gorham has organized dozens of events for the community to move naturally during the week of September 24-30. These free events are meant to nudge people to get out and see and experience all that Gorham has to offer. From walking, biking, dancing and trail walks to learning how to play pickle ball, practice yoga and Tai Chi, to Gorham history walks and presentations, Happy Healthy Gorham— Moving Naturally week has something for everyone. From North Gorham, to Fort Hill to Robie Park, to the Village, from USM and various neighborhoods, schools, and businesses there will be activities for all ages.

Please check the next issue of the Gorham Times for a list of dates, activities and other important information. You can also visit our website, happyhealthygorham.com, and our Facebook page https://www.facebook.com/happyhealthygorham for more details.



# Paraschak Is On the Job

Sheri Faber Staff Writer

Ephrem Paraschak, our new Town Manager, began on September 5 and is looking forward to his work in Gorham. He was born and raised in Naples and currently lives there with his wife. He plans to remain there for the time being.

Paraschak is a graduate of Syracuse University, College of Arts and Sciences, with a major in political science and history. He received a Master's degree from the Muskie School at USM in Public Policy and Management.

His first job after college was working for the Town of Gorham as the compliance co-coordinator. He went on to become the Town Manager of Denmark for six years and for the past three years, he has been the Town Manager in Naples.

"Without a doubt, Gorham will be facing many challenges in the coming years and I think the town will be able to address any issue that it is presented with. At this point I'd defer on commenting on any of those issues as I've yet to have more in depth conversations with Gorham's elected officials, staff and citizens."

# Check Out More Back to School Photos on Page 8

Carson (grade 10), Conor (grade 12), and Hayden Battaglia (grade 7) Photo Credit Kellie Battaglia

inside the Times | G | G | CAT You Tube

**14** Blotter

**15** Classified

4 Living

8 School

**15** Calendar

**12** Community

**5** Municipal

**6** Sports

Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

# Making the Classroom a Priority

SEN. AMY VOLK

With Labor Day behind us, students all across Maine are back to school. While many kids spent the summer beside the water, gathering with friends and family and enjoying some of the best activities Vacationland has to offer, legislators were hard at work, crafting a budget with them in mind.

The result was an historic investment of \$160 million to finally fund education above the 55 percent level for the first time, within existing resources, without raising a single new tax on hardworking Mainers. Included with this investment were a number of reforms to ensure that our dollars are wisely spent to ensure quality educational opportunities for all students, regardless of where they attend school.

Maine's student population has long been declining with a net loss of 10,000 students over the last six years, yet in that same time administrative costs have increased by 14 percent. Looking to the future needs of our students, we have implemented reforms that will begin to right-size administrative costs and direct funding into the classroom.

This goal is achieved by facilitating inter-local agreements to allow districts to collaborate on a regional basis, saving money on administrative costs while providing better services for students. The budget provided additional funds for the construction of regional schools with

integrated career and technical education, as well as higher education partnerships. We also created school management and leadership centers to train administrators and facilitate the sharing of extracurricular or cocurricular programs.

In simpler terms, Maine students, especially in rural areas, will have increased access to a variety of opportunities, including band, sports and foreign language classes. We have also included reforms to better target tax dollars where it matters the most - in the classroom.

For every dollar the State spends on education, only 59 cents is spent on instruction-related costs, compared to 66 cents in New Hampshire and 67 cents in Massachusetts. This is largely due to our growing administration costs.

To ensure that the classroom is our priority, we enacted reforms to reallocate \$87.5 million dollars to economically disadvantaged school districts by eliminating the Title I penalty, repealing declining enrollment and adding additional funding for special needs students.

School districts will need to reprioritize and shift funding toward classroom instruction by setting a benchmark of 70 cents on every dollar dedicated to instruction-related costs and adjust the student/teacher ratios to support smaller class sizes in the lower grades where it has been proven that students benefit.

Providing college and career skills was also a top priority. It is critical

that Maine's K-12 education system adequately prepares our students to take the next step upon high school graduation - whether that is continuing education, practicing a trade or joining the workforce.

To accomplish this we expanded access to career and technical education to students at a younger age by offering programs to middle school students beginning in grade 6. We also provided funding for high school students to enroll in early college programs through the Maine Community College System and the University of Maine System.

Last year alone, more than 2,400 students across Maine racked up 16.889 college credit hours, a 93% increase over the previous year. This amazing program is made possible by our state university system forgoing \$4.5 million in tuition revenue, matched by the Department of Education, over the last three years.

A strong economy relies on a good education system. We can't have one without the other; hopefully through greater investment and these meaningful reforms, we can accomplish both. I wish you and/or your students a wonderful year of learning!



(207) 287-1505, (800) 423-6900, amy.volk@ legislature.maine.gov

# Around Town

The Brock Group is planning to lease 13,000 sq. ft. in the building at 9 Laurence Drive in the Gorham Industrial Park to warehouse scaffolding. Another business is also in negotiations for the remaining space in the building. If both businesses go through with their plans, the Industrial Park will be fully rented.

Grit & Grace CrossFit, in the old iSpoon location, will hold a grand opening on Sunday, September 10, from 11:30 a.m.-1:30 p.m.



## **letter** to the Editor

Letters to the Editor must be fewer than 300 words, signed with a first and last name, typed or e-mailed and include a phone number. The Gorham Times reserves the right not to publish letters that include personal attacks or inflammatory language. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times and are subject to editing.

Dear Editor,

It is highly probable that readers of the Gorham Times already have enormous respect for local police officers. If the readers will attend a Police Academy class with Chief Dan Jones, Sergeant Ted Hatch and company, that respect will likely increase to awe, as in 'I had no idea' about the training, professionalism, procedures, complexities and stress as well as the risks, oh and paperwork. Despite of and because of these 'awes' the camaraderie among our Gorham Police officers is awesome and heartening.

The 10-week curriculum is detailed and includes patrol procedures, juvenile justice, ethics, traffic stops including OUI procedures, defensive tactics, courts, probation, crime scene processing and more. Good stuff.

The Police Academy is about understanding just how fortunate we are in Gorham to have a professionally committed law enforcement agency with far more training in specialties, responsibilities, burdensome limitations and awesome skills than is commonly known.

A significant, perhaps primary objec-

tive of the training of officers is to make sure the officers come home without injury, alive, day after day. Life threatening encounters are rare in Maine but officers must be prepared to survive. Plus, there is an emphasis in training to take and keep control of a situation, immediately, to be the coordinator of the resolution of a problem, not the reactor.

The public might see a police action as excessive use of force but the reality is the more time given for the accused to think, to react, to escalate from cooperative to resistive to assaultive, the higher level of force necessary to control the situation. The officers are trained to make dozens of observations while the public might make a few, thus the officers take action based on extensive training and real world factors.

Dedication, commitment, professionalism, we can be proud of Gorham Police and we can thank them for their

Brian C. Jones

Editor's Note: To read Brian Jones' full article which includes a thorough summary of the Citizens Police Academy, please visit the Gorbam Times Facebook page.

# Gorham Times

Bringing the News to All of Gorham PO Box 401 Gorham, Maine 04038 Phone and Fax: (207) 839-8390 gorhamtimes@gmail.com

The Gorham Times is a free volunteer-run community newspaper distributed every other Thursday to more than 100 pick-up sites throughout Gorham.

www.gorhamtimes.com

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#### **Advertising and Copy Deadlines**

Ad deadline is the Wednesday of the week prior to issue date. Go to www.gorhamtimes.com and click on the advertising link for schedule.

### **EDITORIAL POLICY**

The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

Printing services by Alliance Press, Brunswick, ME

# **GORHAM TIMES DEADLINES**

Ad Deadline	<u>Publication</u>
Sept. 13	<b>Sept. 21</b>
<b>Sept. 27</b>	Oct. 5
Oct. 11	Oct. 19
Oct. 25	Nov. 2

# **Chem Quest: A Greener** Manufacturer

KATHY CORBETT Staff Writer

Among the national brands of cleaning products on the shelves at Hannaford, shoppers will find one identified as "local." Incredible Pink is a "green" all purpose cleaner produced in Gorham by Chem Quest, a company owned by Jeff Long and his father, Earl. Their cleaner is also available at local hardware stores.

A turn off route 25 into the Gorham Industrial Park leads to an expanding area of small businesses and to the Chem Quest office where Long and his small staff make a variety of cleaning and restoration products that are distributed throughout the northeast. The Longs founded the company in 1993 using cleaning product formulas Earl Long had acquired from years in the business. They blend, package, and label a variety of products used for automobile reconditioning and in the marine industry, most of which are sold under private labels.

Jeff Long's mission is to make products that are environmentally sensitive or "green." but are still effective in performance. At times, this balance has been difficult to achieve in the industry. Long believes he has found the right formula for the new Incredible Pink, and is hoping his loyal customer base will welcome the improved, "greener" version of the original cleaner and degreaser.



Jeff Long displays his company's best selling product, Incredible Pink.

Long is an enthusiastic supporter of the environmental movement. He approves of regulations that make products safer for people and the environment, but is concerned that too often there is not enough implementation or follow-up. The global economy will make issues of international consistency increasingly important. He believes too that some requirements, for example date stamping on products that do not expire, should be reevaluated.

A small business owner with farreaching ideas and concerns, Jeff Long is committed to running a company that is both profitable and environmentally responsible.

# **GHS GRAD NEWS**

If you, or your son or daughter is a GHS graduate, we would like to share your achievements in the Gorham Times Of Interest section or in a Where Are They Now feature. Submissions should include the year of GHS graduation and should be no longer than 75 words. Contact Chris Crawford at ckck5@maine.rr.com, Kathy Corbett at ktcorbett@aol.com or Cindy O'Shea at coshea2@maine.rr.com.

# Wendy Brown O'Neil: Jimmy Fund Walk Hero

KIM MEGGISON Contributing Writer

If you happen to be following a silver Volvo through Gorham with the license plate FTG BRN, you might just be in a ray of sunshine. With Wendy Brown O'Neil (GHS '80) at the wheel, optimism and positive energy are the driving forces.

Diagnosed with brain cancer in 2010 and with no neuro-oncologists in Maine at the time, O'Neil sought the "best of the best" at the Dana-Farber Cancer Institute in Boston. After her initial surgery in May of 2010, she received radiation through the Maine Medical Center Cancer Institute. She also participated in a clinical trial, enduring not only the normal course of chemotherapy, Temodar, but an experimental treatment with SAHA, which she credits with saving her life.

O'Neil chuckles as she describes how the chemotherapy pills would arrive at her home via a special FedEx truck, in a biohazard bag labeled "Caution: Radioactive Material." She needed weekly trips to Dana-Farber. "My husband, Tony, and sister, Wanda Brown Malpass (GHS Class of 1983), did much of the driving to Boston." A second surgery followed in 2013. When asked how she remembers all the details of her treatment, her response was, "How do I forget?"

O'Neil is proactive and looks for opportunities to learn, share, and educate others. Her neuro-oncology nurse at Dana-Farber, Deb Lafrankie, calls her the "Ambassador of Hope." She participates in a cancer support group each month at Dana-Farber and is active in supporting the Jimmy Fund. She has participated in the Jimmy Fund Walk for the last six years, and has been a Pacesetter for the past four years, raising over \$1500 annually. O'Neil has also participated in the Jimmy Fund Radio

Nominated by her neuro-oncology nurse, O'Neil has been selected as a

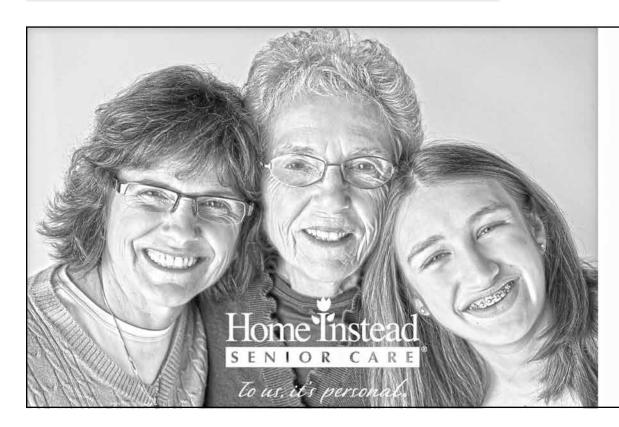


Wendy O'Neil (center) her husband, Tony, and a co-walker Hero, Susan, were paired for the Jimmy Fund Walk.

"Boston Marathon Jimmy Fund Walk Hero" for 2017. On September 24, thousands of walkers and volunteers will participate in the 26 mile walk, following the course of the Boston Marathon. For each half mile, a Jimmy Fund Hero will be honored. O'Neil will, once again, walk the 5k from Dana-Farber to the finish line at Copley Square as part of Team Neuro from Dana-Farber, raising funds dedicated to brain cancer research. Friends and family will walk with her, including her husband, Tony, their daughter, Tommi, "bonus daughter" Kaileigh, and her son Cameron and boyfriend, Ben. Each team member donates at least \$50 toward O'Neil's team, and they receive "Team Wendy" T-shirts.

Supported and promoted by the Red Sox, the Jimmy Fund was established in 1948 by Dr. Sidney Farber. A pioneer in chemotherapy, Dr. Farber was treating a pediatric patient from northern Maine, Einar Gustafson, who longed for a TV set to watch the Boston Braves baseball team. According to the Jimmy Fund website, the young boy was dubbed 'Jimmy' to protect his privacy. Gustafson was selected to speak

Continued on Page 4



### Family Caregiver Workshop

Thursday, September 21 5:30 p.m.

Baxter Memorial Library, Gorham

Family, friends, and caregivers of those living with Alzheimer's and other forms of dementia are invited to join us for a free training.

For questions, contact Home Instead Senior Care 207.839.0441

# **Crops, Crafts and Music Aplenty**



Gorham Farmer's Market vendors and customers (even the littlest ones) enjoyed the musical offerings of Gorham School of Music's own local talent, Savage Gnome, on August 26. Megan Wentworth (on drums) and Amelia Yawhak of Gorham with James and Nathan Fletcher of Portland performed both covers and original music under the direction of Jim Svendsen to a welcome audience highlighting Gorham's passion to support local talent and businesses. The Farmer's Market is open every Saturday from 8:30 a.m.-12:30 p.m., rain or shine, through October. For more information about vendors and upcoming events, please visit https://www.facebook.com/Greater-GorhamFarmersMarket/

### Wendy Brown O'Neil CONTINUED FROM PAGE 3

on Ralph Edwards' national radio program, 'Truth or Consequences,' which was broadcast from the boy's hospital room on May 22, 1948. Braves players crowded into the hospital room, and listeners sent in over \$200,000. Boston athletes, physicians, and New Englanders have continued to support the Jimmy Fund and cancer research ever since.

O'Neil's healing journey and FTG BRN continue. She has routine blood work, MRIs, and physical and occupational therapy. She advocates for herself and others through the cancer support group, Jimmy Fund work, and has been invited to speak to a

group of UMASS medical students, helping to personalize diagnosis, care, and treatment.

When asked, "What's next?" O'Neil is very clear: She wants to see her daughter, Tommi, graduate from GHS in 2018. In 2010, she asked Dr. Eudocia QuantLee, her oncologist at Dana-Farber, to give her 10 years. With her natural optimism and dedication, that 10 years will surely roll into many decades, and O'Neil will continue to be a hero, reading Jimmy Fund stories to her grandchildren.

To access O'Neil's story on Care Pages, please visit www.carepages. com/carepages/wendysbraintumor

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\*APR is annual percentage rate. Member eligibility and credit worthiness apply. See institution



### **GARDENING PLEASURES**

# **Fall Grooming**

LINDA TREWORGY FAATZ

Looking at our gardens from a summer prospective we can enjoy what we have accomplished and look forward to another season of new and interesting plants. A visit to other gardens or talking with other gardeners can often give you an idea for a new combination of colors, plants or an interesting design to incorporate in your garden.

September is a good time to plant for the coming season and the prices of perennials are better than in the spring. Do you need tall plants for the garden background or low growing for the front of the border? Remember ground covers will help to cut down on the weeding in areas on slopes, in the front borders or around a shady tree.

Let's talk a little about fall grooming and planting. Dig up those plants that just do not work or suit you taste. Check the bare spaces in your garden. Weed the planting areas if necessary... roots and all means that you may have to dig deep. Prepare the soil by amending it with compost. Evaluate the sun and shade before you choose the plants for your selected spot and match the plant with the appropriate light requirements. Also consider bloom times.

Here's a general light formula: Full sun means 6 full hours of direct midday sun, 10:00 a.m. to 4:00 p.m.

Part sun/part shade means 3 to 6 hours of sunlight each day. Some relief is needed from the blazing midday sun.

Shade/dappled shade generally means some light filtering through the trees or shadows part of the day. Early morning light or late afternoon sun is adequate.

Deep shade means very little if any light.

Baby your plants. Transplant or plant on an overcast day, a rainy day or when you know it will rain. Dig a substantial hole, add compost, fill with water then plant. Because it has been so dry, be sure to deeply water regularly. Even covering them for a few days after trans-

planting will help them survive. Some plants will need to be cut back at this point. Do not fertilize now because plants will soon go into dormancy.

Perennials do not generally bloom all summer but the foliage of many can be enjoyed throughout the growing season. Take that into consideration when you select varieties you like. The textures, colors, shapes and size of a plant make a difference in the visual landscape. We move all too quickly through a garden sometimes not appreciating the cycle of a plant from early spring greens to the muted shades of fall color.

There are some perennials that have very attractive seed heads. Leaving them on to mature can also attract birds. This has been a banner year for bees and butterflies. Planting more native species will attract these insects. The bees surely love the Liatris and Globe Thistle. Beebalm, asters, asclepis, tuberosa all attract insects. Alliums, which can survive any drought, are now blooming in profusion and are covered with bees.

A wide variety of interesting perennials have been potted up from local gardens and will be on sale at the Gorham Garden Club's annual plant. (See the Calendar section for more info.) Proceeds help fund the gardens at the Middle School, at Baxter Museum, and the Founders' Garden as well as the monthly meetings held throughout the winter on the last Tuesday of the month at the First Parish Church meeting room.

The public is always welcome to attend monthly meetings. Watch for a notice of the meetings in the Gorham Times. Gardeners are forever learning from each other and our meetings prompt lots of new ideas.



Linda Treworgy Faatz, a passionate gardener for many years, lives in her family home at Friend's Corner and cares for the extensive Treworgy gardens.







# **Student Live-In Program Proves Beneficial**

KATHY CORBETT Staff Writer

After attending classes during the day, Alex Vida goes home at night to an apartment above Gorham's Central Fire Station. The Southern Maine Community College (SMCC) undergraduate is one of 20 students who live in the town's six fire stations and who receive extensive training in firefighting from the department. Along with keeping the trucks and apparatus clean, they get the equipment ready to move when a nighttime call comes in. Like Vida, most are enrolled in the SMCC fire science or para-medicine programs, but some attend the University of Southern Maine or St. Joseph's College.

Two other SMCC students are living at the Gorham/Standish fire station in North Gorham. Nicholas Daigle from Madawaska and Adam Vinning from Poland have completed the course in Fire Science and are continuing their studies in criminal justice and paramedicine at the college while maintaining the fire trucks, answering calls, and keeping the station clean. Daigle, who is in his second year at the station, said that his father is a firefighter back home, but he wants to make his career in southern Maine where there is more opportunity. Like all the students living in Gorham fire stations, Daigle is both a student and a vital member of the community.

Gorham and Scarborough fire departments started the program 27 years ago. Today, other towns now have students living at their stations as well. Of Gorham's current resident students, six live at the Central Station and the others are at White Rock, West Gorham, North Gorham/Standish, South Gorham/Scarborough, and Little Falls/ Windham.

Two of the town's first students were Mike Nault, Gorham Police Department lieutenant, and Mike Kusma, the deputy fire chief who died on duty in 2014. Although there have been female students in the past, this year all Gorham students are men.

Students apply for the competitive program, and once accepted, commit to being at the station from 10 p.m. to 7 a.m. Sunday through Thursday nights. They have a rotating schedule for weekends. Each is required to take two weeks of extensive training and must be certified to operate at least one truck. When they perform tasks such as shoveling hydrants, they are paid the same as the regular on-call company staff.



Photo credit Kathy Corbett

Alex Vida is a second year student who is living at Central Fire Station.

According to Chief Robert Lefebvre, the program is extremely successful with failure to maintain passing grades the main reason for most of the few dismissals. He said that in addition to the services they perform, "another benefit is that lots of kids from out of state end up living in Gorham and staying with the department."

Vida is one of those students from away. He comes from Vermont, and was encouraged to enroll in the SMCC fire science program by a family friend. This is his second year in the live-in program. "I really appreciate getting the hands-on experience from the Gorham Department," he said. An opportunity to learn on the job and to build relationships with other firefighters are pluses too. When asked who does the cooking for the six residents of Central Station, he replied, "me and one other are the best cooks, so we do most of it."

# VILLAGE BUILDERS Full Service General Contractor Repairs • Renovations • Additions Daniel W. Grant, P.E. Owner 21 New Portland Rd. Gorham, ME 04038 PH 207-839-6072 sales@villagebuildersmaine.com



Ernest Lawry Manderson was born on July 28, 1937 and died on August 19, 2017. He moved to Gorham in 1968 with his wife Helen, where they raised their family. Ernest taught English for four years in New Hampshire and then for four years at Gorham High School. He practiced law in Westbrook and Gorham until he retired in 2015 at the age of 78.

A Celebration of Life Open House will be held at Spire 29, 29 School Street, Gorham on Sunday, September 10 from 2 - 4 pm.

# Clerk's Corner

Laurie Nordfors Town Clerk

Hope everyone had an enjoyable summer! Now that school is back in session, it is time to think about fall. Nomination papers are still available for the November 7, 2017 Annual Municipal Election. There are two upcoming vacancies for the Gorham Town Council, three upcoming vacancies for the Gorham School Committee (3-year term), and one upcoming vacancy for the Gorham school committee (1-year term). There is also a vacancy for the Portland Water District. Candidates are required to obtain at least 35 and not more then 50 signatures from registered Gorham voters and then submit their nomination papers to the Town Clerk no later than Friday, September 22, 2017 at 1 p.m.

Absentee ballot request forms for the November 7 Annual Municipal Election and State General/ Referendum Election are now available and can be obtained several ways. If you cannot make it to the polls on Election Day, or would like to vote by absentee ballot, you can request an absentee ballot. You (or a family member on your behalf) can come into the

town office to request an absentee ballot be sent to you.

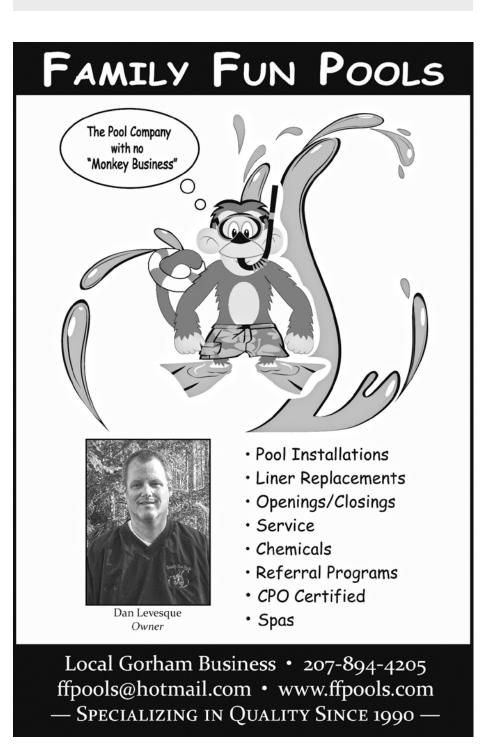
You can also download and print an absentee ballot request form from our website at www.gorhamme.org. From the homepage, go to "Town Departments" then go to "Town Clerk" and click on the button for "Election and Voting Information" then "Upcoming Elections". Completed request forms can be mailed to the Municipal Center at: Town of Gorham, Town Clerk's Department, 75 South Street, Gorham, ME 04038.

Lastly, you can request your absentee ballot by calling our office directly. A telephone request has to be made by the actual voter and cannot be made by a family member on your behalf. Ballots should arrive by early October and will be sent out as soon as they are verified. If you have any questions about the absentee voting process, please stop by the town office or call us at 222-1670.



Laurie Nordfors may be reached at Inordfors@gorham. me.us or 222-1675.

### **Have a new grad? Gorham Times** subscriptions make a great gift!



# **Food Mobile Visits Gorham on** September 12

GORHAM TIMES STAFF

Good Shepherd Food Bank has partnered with the Gorham Food Pantry to bring its Food Mobile to Gorham again this year on Tuesday, September 12, from 9-10:30 a.m., in the St. Anne's Church parking lot at 299 Main Street in Gorham. The GSFB Food Mobile has refrigerated bays and is filled with many types of fresh and non-perishable food items.

The goal of the Food Mobile is to enhance access to nutritious food for area residents. Anyone in need

of food assistance is welcome to attend. There is no cost.

Diane O'Neill, representing the GFP Board of Directors, said "the variety, quantity and quality of foods given to local residents at last year's event was impressive and very well received by all in attendance."

Patrons are asked to bring their own shopping bags and boxes. Food quantities are abundant and will be distributed on a first-come, first-serve basis while supplies last. For more information about GSFB's Food Mobile, go to www.gsfb.org.

# **Sports Etc.**

The Stephen G. Ward Memorial Scholarship fundraiser 5K Run/Walk will be held this Sunday, September 10. The event will take place at Gorham Recreation Department Ball Park Road beginning with a Kids' Fun Run at 8:30 a.m. For more information, visit https://www.facebook. com/911Memorial5K.

**Email your sports news to:** gtsportseditor@gmail.com

USM Fall Sports Hosted Huge Intercollegiate Weekend. The USM 2017 fall intercollegiate sports season kicked off in a big way. All eight of the Huskies fall teams competed between Friday, September 1 and Sunday, September 3. USM geared up and hosted 17 contests in Gorham during this period. The fall teams include golf, men's and women's soccer. women's tennis, volleyball, men's and women's cross country, and field hockey. For schedules and sports news, see www.southernmainehuskies.com.



# **Fall Varsity Sports Preview**

COMPILED BY HAL D'AMICO Sports Editor

Field Hockey: Coached by Becky Manson-Rioux, the Lady Rams carried experience on the bus August 30, when they opened at Marshwood. Coming off 2016 with an 11-3-2 record, Manson-Rioux commented: "Gorham varsity field hockey looks to reload this season with 13 returning players from last year, including 9 seniors. With speed and depth the Rams look to consistently play at a high level." Athletes to watch: Grace DeWitt, Grace McGouldrick, Vanessa Berrill, Jessica Dusseault, Faith Dillon, Sarah Stevens, Haley Lowell.

Football: Coach Andy Hager was counting on experience when the Rams kicked off 2017 at Mt. Ararat on September 1. The Rams kept it close but lost the season opener, 14-13. Coming off a tough 2016 (0-8), there a lot of reasons for optimism regarding a turnaround this season. Hager listed key matchups as Mt. Ararat, Nobel, and Medomak. He offered that, "The Rams return a number of three-year starters who look to help Gorham reestablish its football roots in southern Maine." Key returning players: Jack Niles (QB/ DB), Ben Eichner (WR/DB), Hunter Poitras (RB/LB), Adam McKenney (RB/ DB), Devin McCaffrey (DE/TE), Cam Caron (TE/DE). Key newcomers: Ethan Stump (C/LB), Nate Burchill (OL/DL), Zach Davis Brown (RB/DE), Peyton True (TE/DE).

Girls' Soccer: The Lady Rams, coached by veteran Jeanne Zarrilli, graduated a number of players from the extraordinary 2016 run and dramatic

finale (16-1-1 overall). However, as the Portland Press Herald wrote, "They took (preseason favorite) Scarborough to penalty kicks in a tournament game over the summer, proving that it's never safe to underestimate Gorham." Zarrilli said, "Our returning players combined with tremendous talent from all four classes should make us highly competitive this fall." The veteran starters who left it all on the field in the nail-biter OT loss to Camden Hills in the state final are more than ready and refreshed. The returning starters are: Courtney Cushing, Lexi Fotter, Hallie Shiers, Emma Forgues, Maddie Hincher, Avery Germond, Caitlin Callahan and Michelle Rowe (who has moved into the net for her senior year).

Boys' Soccer: Coach Tim King enters his 18th year with excellent returning on-field leadership and talent. Look to early tests against Westbrook, Deering, South Portland, Portland and Scarborough (now in the SMAA). Remember, the 2016 Rams went 13-0-1 in the 2016 regular season, finishing out at 16-1-1. The epic final against Bangor on penalty kicks following two overtimes is in the books. A new chapter begins with a strong transition. King said, "Several players gained valuable experience and the Rams hope to maintain a high level of play and make a deep run in the tournament. A deep sophomore class will push the upperclassmen and create needed competition during practice sessions. Senior leadership will be a key to carrying the Rams to another successful season."

CONTINUED ON PAGE 11

# We know drinking is risky for young people.

Help them avoid risky situations & temptation:

- #1 Be mindful of who can access the alcohol.
- #2 Keep tabs on your alcohol and how much you have.
- #3 Most importantly, talk to your young person about why it's best to wait.

The judgment center of the brain is still "under construction". When alcohol is added it means less ability to make decisions and control urges.

It also impacts how well the brain is built, potentially causing permanent changes.

This explains how someone who starts drinking earlier is more likely to have a problem with alcohol later in life.1

1 Grant, B.F., and Dawson, D.A. Age at onset of drug use and its association with DSM-IV drug abuse and dependence: Results from the National Longitudinal Alcohol Epidemiologic Survey. Journal of Substance Abuse 10:163–173, 1998. PMID: 9854701







Refrigerator, cooler, or cabinet: If alcohol is accessible to you, it's accessible to young people.

# **Gorham Youth Track Wins Nine Events at State Championship**

JEFF PIKE
Contributing Writer

Forty-five athletes from the Gorham Youth Boys' and Girls' Summer Track Team qualified for the Maine USA Track & Field (15-and-under) State Championship, August 12, at Massabesic High School in Waterboro. Even heading into the meet, it was already a banner year for the team. 74 athletes came out to compete, the highest number in recent years.

Those participating in the state meet helped Gorham finish a combined third out of 36 teams. Separately, the girls finished third while the boys finished seventh. Among the age-group competitions, the 13-14 girls' team finished first to take their team state championship.

Gorham also won seven individual events and two relay events. Leading the way was Andrew Farr, who finished first in the 100, 200 and 400 meters for the 13-14 boys' group. Farr also broke the 100 meter state record with a time of 11.76. He participated in four events, including a relay, and he won every time.

The following individuals were crowned state champions:

Andrew Farr - 100, 200 and 400 meters (13-14 boys)

Delaney Hesler - 800 meters (13-14 girls) Alyvia Caruso - long jump (13-14 girls) Sydney Connolly - triple jump (13-14 girls) Griffin Gammon - high jump (9-10 boys) Rowan McDonald - 800-meter racewalk (9-10 boys)

Jakub Jastrzebski - 100-meter hurdles (15 boys)



Photo credit Hal D'Amic

Sydney Connolly (right) hands off the baton to Emma Green as part of the 4x100 mixed relay team that took first place at the State Championship in the 13-14 age division.

First-place relay teams included the mixed 4x100 meters (ages 9-10): Riley Dever, Emily Fadrigon, Brooke Stevens and McDonald; and the mixed 4x100 meters (ages 13-14): Nate Smith, Connolly, Caruso and Farr.

Other top-three finishers in individual events included Daniel Smith, second in the 800-meter racewalk (8 boys); Julia Pendleton, third in the 100 meters (9-10 girls); Meseret Day, second in the 800-meter racewalk (11-12 girls); Emmaline Pendleton, third in the 3000 meters (13-14 girls); Caroline Bishop, third in the

1500-meter racewalk (13-14 girls); Nate Smith, second in the high jump (13-14 boys); Hesler, second in the 1500 and 3000 meters (13-14 girls); Gammon, second in the shot put and third in the 200 meters (9-10 boys); Jastrzebski, second in the javelin (15 boys); and Connolly, second in the long jump (13-14 girls).

Other top-three finishers in relay events included the 4x100 11-12 girls, who finished third—Summer Gammon, Allie Sutton, Ella Novak, Samantha Hutchinson and Natalie Smith; and the mixed 4x100 (11-12) team of Cruise Labrie, Kyla Piacitelli, Nate Rorer, Hannah Bickford and Natalie Smith.

"Our season went really well," says head coach Todd Bickford. "The older kids strived to achieve their personal goals while the younger kids came in and worked hard with the coaches to learn their events. They all improved every week—that's what we stressed... along with having fun!"

# In the Zone

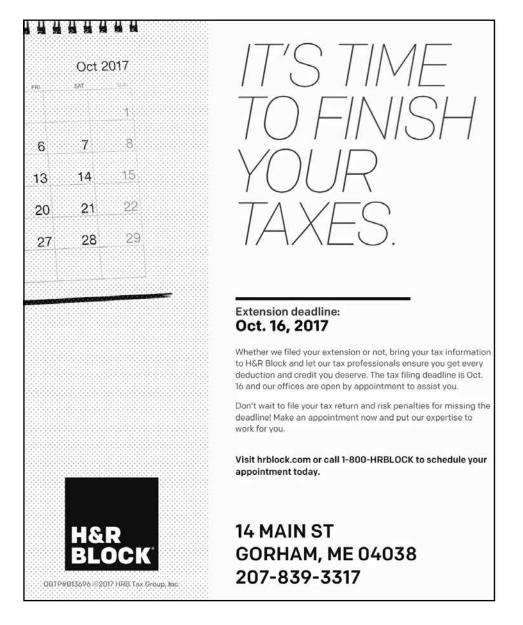
Catherine Wilson of Gorham will be competing in the ITU World Triathlon Grand Final in Rotterdam. Competing for Team USA in the sprint distance on Sunday, September 17, the recreation coordinator at the Westbrook Community Center is the only Mainer headed to this elite event. Stay tuned for a post-event update.

# Gorham Family Continues to Support Jimmy Fund



Photo courtesy of Scott Burnheimer

The Burnheimer family of Gorham recently delivered a check for \$12,000 to the Jimmy Fund. The money was raised largely through the 3rd annual Julie P Burnheimer Golf Tournament held on July 15 at the Gorham Country Club. On that day, 33 teams made up of friends and community members participated in a golf scramble. Mike Arsenault. Mike Arsenault Jr.. Craig LaPierre and Spencer LaPierre emerged as a winning team with a gross score of 49. Scott Nevers, Shayne Nealey, Pat McCardle and Shari Casey also were a winning team with a net score of 49.4. Sponsors included Key Bank, Moody's Collision Centers, Dr. Kyra Chadbourne of Falmouth Dentistry and Poland Springs Water of Hollis who donated eighteen cases of water through their charitable donation program. In the three years that this tournament has been held, \$34,000 has been donated to the Jimmy Fund. For the last two years, two \$500 scholarships have been given to GHS students annually. Pictured above (left to right) is Amanda Miller (John's fiancée), Scott Burnheimer, John Burnheimer and Sara Burnheimer presenting the check to the Jimmy Fund on August 16 outside of Fenway Park.





# It's Back to **School Time!**

- 1. Shane Webber (age 9, grade 4), Ms. Tibbitts, Great Falls Photo Credit Jackie Webber
- 2. Anna Faatz (age 7, grade 2), Village Photo Credit Sarah Faatz
- 3. Josh Faatz (age 10, grade 5), Village Photo Credit Sarah Faatz
- 4. Emerson and Ethan (grade 6) and MacKenna Homa (freshman at GHS) Photo Credit Carlye Homa
- 5. First day of school for Oliver and Harrison Connolly (grade 2 and 3) Photo Credit Heather Connelly
- 6. Ambrosia Moore (grade 8) Photo Credit Chrissy Moore
- 7. Larissa Moore (grade 3), Narragansett Photo Credit Chrissy Moore
- 8. Quinn McAdams (age 5), starting Kindergarten at Great Falls Photo Credit Haley McAdams
- 9. Dylan (grade 2) and Devon Paulsen (grade K), Village Photo Credit Katie Paulsen
- 10. Aiden Cahill (age 9, grade 4) Photo Credit Rebecca West
- 11. Benjamin Cahill (age 6, grade 1) Photo Credit Rebecca West
- 12. Olivia Hopkins (grade 7) Photo Credit Patricia Barth
- 13. Bode (age 12, grade 7) and Zoe Coleman (age 11, grade 6) Photo Credit Stacey Coleman
- 14. Nevaeh (age 8, grade 3), Addison (age 7, grade 2), and Paysleigh Spiller (age 5, grade K), Great Falls Photo Credit Mary Homer Spiller
- 15. Destiny Lewis-Keller (grade 3) and Bentley S. Cousin (grade K), Great Falls Photo Credit Danielle Lewis
- 16. Isabelle Perkins (grade 2), Narragansett Photo Credit Sara Perkins
- 17. Lillian King (grade 1), Narragansett Photo Credit Laurie Lessor Sinnett
- 18. Deklyn Rollins (age 5, grade K), Great Falls Photo Credit Lacey Rollins
- 19. Hailey (age 13, grade 8) and Dylan Edwards (age 11, grade 6) Photo Credit Kristyn Harmon Edwards
- 20. Carter (age 6, grade 1), Narragansett and Jack Sprague (age 4, pre-school), Childhood Adventures Photo Credit Jamie Sprague
- 21. Jayne Rowles (age 5, grade K), Mrs. Lyford, Narragansett Photo Credit Leisha Rowles
- 22. Atticus Wells (age 5) waiting for the bus to Great Falls - Photo Credit Ernie Wells
- 23. Mateiah (age 8, grade 3) and Larissa Asali (age 7, grade 2), Village Photo Credit Aimee Campbell
- 24. Owen (age 10, grade 5) and Logan Spera (age 8, grade 3), Village Photo Credit Aimee Campbell
- 25. Allen Acres Neighborhood front row (I to r): Gavin Reed (grade 1), Mia Johnson (grade 1), Robbie Johnson (younger brother), Logan Hall (grade 1), and Liam Norton (grade pre-K). Back row (I to r): Tessa McNally (grade 4), Audrey McLellan (grade 4), Cabot Peffer (grade 4), Colby Drew (grade 3), Jocelyn Peffer (grade 2), and Julia Reed (grade 5). Photo Credit Kelly Reed
- 26. Lily Burgos (age 8, grade 3), Narragansett Photo Credit Sara Burgos
- 27. Hawkes Farm Crew headed to Narragansett (I to r): Everett Rovin, Lucy Nappi, Roxy Rovin, Ben Fredette and Lauren Fredette - Photo Credit Amy Beth Starr
- 28. Jocelyn and Myles Clark (grades 4 and 3), Narragansett - Photo Credit Emily Aldrich Clark
- 29. Kylie Martorano (grade 3), Great Falls Photo Credit Susanne Martorano
- 30. Mikayla Martorano (grade 8) and Olivia Falagario (grade 8) - Photo Credit Susanne Martorano



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# **New Staff in Gorham Schools**

Andrea Morrell School News Editor

The Gorham School Department has approved the hiring of the following staff to its schools for the start of the 2017-18 school year.

Mary Ellen Blodgett is a one-year 4/5 social studies teacher at Gorham High School (GHS), created by Amy Smith moving from 5/5 to 3/5 and Shauna Dunn moving from 5/5 to 2/5. She received a B.S. in secondary education from University of Maine at Orono (UMO).

Trisha Cherry is a guidance counselor at GHS, replacing Kim Bedrosian. She received a A.A. in liberal arts from the University of Southern Maine (USM), a B.S. in leadership and organizational studies from USM, and a M.S. in counseling from USM.

Christina Cifelli is an assistant principal at GHS, replacing Kim Slipp who retired. She received a B.A. in sociology from Bates College and a M.S. in counselor education from USM.

**Brianna DiDonato** is teaching special education at Gorham Middle School (GMS) and GHS, replacing Meghan Holden. She has a B.A. in liberal arts from USM and a M.S. in science in teaching and learning from USM.

Rachel Dunbar is a guidance counselor K-5 in a new position at the K-5 level. She received a B.S. in rehabilitation services from University of Maine at Farmington (UMF) and a M.Ed. in counselor education from UMO.

**Benjamin Ely** is a math/social studies teacher at GMS, replacing Adam Parvanta who went to GHS as a technology integrator. He received

a B.A. in history from University of Vermont, a M.S. in business administration from USM, and a M.Ed. – ETEP from USM.

Erin Eppler is a grade 2 teacher at Village Elementary, replacing Anna Rudolf who retired. She received a B.S. in elementary education from Northern Arizona University and a M.Ed. in educational leadership from Northern Arizona University.

Jaimie Frailey is a grade 4 teacher at Village, replacing Gigi McAllister who is moving to take the literacy/math lead teacher position vacated by Mary Patterson. She received a B.A. in psychology from Denison University and a M.Ed. – ETEP from USM.

**Brian Garrity** is a 4/5 English teacher at GHS, replacing Jason Simpson. He received a B.A. in English from West Chester University and M.Ed. – ETEP from USM.

**Lori Gurney** is a grade 2 teacher in a new position at Narragansett Elementary. She received her B.A. in elementary education from University of Central Florida.

**Bei Ju** is a 3/5 Mandarin teacher in a new position at GHS. She received a B.A. in engineering from University of Shanghai, a M.Ed. in engineering from Shizuoka University, and a teacher insurance program from Ohio State University

Patricia Kaczmarek is a 1/5 art teacher in a new position at Great Falls Elementary. She received an A.A. in liberal arts from University of Mass at Amherst and a B.A. in art education from USM.

**Delainey Kein** is a grade 1 teacher in a new position at Great Falls. She

received a B.S. in elementary education at LIMF

**Diana Phillips** is a grade 1 teacher at Village Elementary, replacing Karen Carlson who retired. She received her B.A. in human development from Connecticut College.

**Kristina Pontibriand** is a 1/2 occupational therapist in a new position in the district. She received a B.A in recreation and leisure studies from USM and a M.Ed in occupational therapy from USM

**Brandon Poulin** is a grade 3 teacher at Village, replacing Kathy Delahunte (who is on a 1 year unpaid leave). He received a B.S. in elementary education from UMF and a M.Ed. in educational technology from Lesley University.

**Brooke Proulx** is a social worker 4-8 at GMS, replacing Cynthia Grover who went to GHS. She received a B.A. in sociology from Saint Anslem College and a M.Ed in social work from Boston College

**Kaitlin Richwalder** is a special education teacher in a new position at Great Falls. She received her B.A. in history from Elmira College and a M.S. in childhood and special education from the College of Saint Rose.

**Sara Sinnett** is a grade 1 teacher in a new position at Great Falls. She received a B.A. in music education from UMO and a M.Ed. – ETEP from USM.

**Rachel Webster** is a grade 2 teacher in a new position at Narragansettt. She received a B.S. in elementary education from UMO.

# Special School Committee Meeting

KATHY CORBETT

Staff Writer

At an August 16 special meeting, the Gorham School Committee voted to request \$150,000 in seed money from the Town Council at the September 8 council meeting. These funds would be used to hire an architectural firm to work with the School Committee and administrators to complete designs for the Gorham High School renovation project.

According to Superintendent Heather Perry, "this request will be made with the understanding that we may need to come back for more, up to the \$250,000 threshold that would require a voter referendum."

Completed designs for the GHS project would be brought to the voters as the basis for approval of a local bond issue. Funds would be included in the bond request to pay back the seed money if voters approved the bond.

Perry would like have a June 2018 referendum date for the capital construction bond, but recognizes that fall 2018 may be more realistic. "We are hoping for the earlier date if we can swing it," she said.





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### Fall Sports Preview Continued FROM PAGE 6

Key returning players: Kyle King (Sr. Forward, 2-time SMAA All-Star), Sam Burghardt (Sr. moving to forward from wing), Andrew Rent (Soph. moves to midfield after starting at back as a freshman, 1st Team SMAA All-Star), Garrett Higgins (Sr. Back: "Skilled player who can shut down opposing forwards and then key counter attacks," said King), Nick Sturtevant (Sr. Midfielder: "who will be a playmaker and defensive presence in midfield" reported the coach), and Aaron Farr (Sr. Defender: "who will lead and organize the defense for a second straight year," according to King).

Volleyball: Coach Emma Tirrell exclaimed, "This team is so strong and energetic! They have so much potential and team pride. The season has a very positive outlook with lots of success individually and as a team." Although a few key players from 2016 graduated (10-6 overall, 7-5 league), there's a solid squad taking the court. Key returning players: Meg Perry, Katie O'Donnell, Isabelle Kolb. Key newcomers: Evelyn Kitchen, Haley Burns, Colette Romatis. Key matchups: Scarborough, Biddeford and Deering.

Golf: Scott Nevers takes the coaching helm for the defending Class A State Champions (7-3 overall, winning States in a tiebreak using the fifth player's score). Key returnees include Lucas Roop and Ryan Kaczmarek, both qualifiers for the Maine State Individual Championship Tournament in 2016. Nevers reported that, "They (Roop and

Kaczmarek) will look to lead the team this season with some new players on varsity." With the team continuing their reputation for hard work, Nevers added, "We lost a handful of seniors, but have 15 returning players, and 17 new golfers this season. We have high expectations — as our goal for the season is to compete in every match, and to qualify for States at Natanis (Golf Course in Vassalboro)." The Gorham Times welcomes Scott Nevers to his new role.

Girls' Cross-Country: Coach Jason Tanguay reported that, "Many of our girls got in some good mileage this summer so they are excited to see if they can be a top contender in the league this season. As long as we can keep our top runners healthy, it could be a successful season for the girls' team." The Rams continue to carry talent, experience and hard work to the course (11-5 in 2016). Key returning runners: Anna Slager, senior; Iris Kitchen, sophomore; Kate Tugman, sophomore; Meadow Fortier, senior; Sarah Johnson, senior. Key newcomers: Sierra Lumbert, senior; Carson Battaglia, sophomore.

Boys' Cross Country: Coach Jason Tanguay said, "Some of the boys logged good mileage this summer, so we are hopeful to be more competitive in the league this year." (2016 overall record 7-9). He added, "A good goal for this team will be to qualify for states as one of the top half of the teams who compete at regionals."

Key invitational meets for the boys' and girls' cross-country teams: Southern Maine Classic at Narragansett; Festival of Champions in Belfast; Regionals at Twin Brook. Cheering preview unavailable at



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# A Maine Based Mystery

BRUCE BISHOP Contributing Writer

Mystery novels intrigue us and motivate us to find who did what. "Beneath the Depths" by Bruce Robert Coffin is one to get our attention. The novel is set in Portland, Maine with the Portland Police Department being the major organization the book focuses on. Coffin was a member of the PPD and retired as Detective-Sergeant of Major Crimes, lending the book his knowledge of police investigation.

The story opens with a lobsterman who is having difficulty pulling up one of his traps due to its weight. Police are notified when a body is retrieved bringing Detective Sergeant John Byron and Detective Diane Joyner to the scene - a cove off Peaks Island. While an accidental drowning is first suspected, a gunshot wound to the head is discovered and the detectives quickly realize they have a murder on their hands.

The body is fully clothed and upon a further search for identification, the deceased is found to be attorney Paul Ramsey, a prominent trial lawyer who was unpopular with many of those who had come into contact with him. In fact, the newspaper publishes a story on the day that Ramsey's body is found detailing his recent loss in a multi-million case and the murder investigation begins.

Ramsey's reputation makes the investigation a difficult one as there are many potential suspects who would like to see him disappear. There are many unanswered questions. Ramsey's face showed bruises indicating he had

been in a fight. He had been drinking in a bar in the Old Port and had words with another customer the evening prior. Byron and Joyner not only look into his actions that evening, but also research other recent Ramsey cases. One particular case involves a contractor who had lost to Ramsey. Could he be a suspect? A couple who lost their son due to malpractice, and further lost a settlement after heeding the advice of Ramsey are considered. Are they guilty?

Ramsey's automobile was found near the Portland-Falmouth line off the road near the water. Why was the car not in the Old Port? Ramsey is heavy into drugs. Was there an altercation with his dealer? Ramsey's wife bought him a boat which she never went aboard. It was moored at DiMillo's but seldom used. Why? Ramsey had a relationship with a stripper as well as the wife of a partner. Did someone want revenge? Creating problems for the investigation is a young reporter who has inside contacts with the PPD and a local law office. So many possibilities.

Coffin has written a mystery that readers will find very informative. The procedures followed during this investigation are educational as Coffin was involved in similar investigations during his 27 years in law enforcement. It's a well written book that is difficult to put down. Who was the murderer? Coffin leaves it to the end and readers will be surprised. Good luck unraveling this mystery.

Editor's Note: The Gorham Times welcomes readers' book reviews. Please email editorgorbamtimes@ gmail.com for more details.





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#### COMMUNITY

#### **DEAN'S LIST**

James Biegel, Merrimack College, North Andover, MA

Colby Sturgis, Bryant University, Smithfield, RI (fall 2016 and spring 2017 semesters) Casey Weed, University of Maine School of Law, Portland, ME

#### PRESIDENT'S LIST

Lauren Carter, LIM College, New York, NY

#### **OF INTEREST**

**Louie and Linda** Huard, recent transplants to Gorham from Winslow, Maine, recently volunteered to spruce up the landscaping in front of the Recreation Department. Louie is a master gardener and has created a beautiful array of plants and shrubs for all to



Photo credit Bob Porell

appreciate. The couple also plant and take care of the gardens at St. Anne's Church and are on the Landscaping Committee at Morrill Place Condo Association where they live.

The Stephen G. Ward Memorial Scholarship fundraiser 5K Run/Walk will be held this Sunday, September 10. The event will take place at Gorham Recreation Department Ball Park Road beginning with a Kids' Fun Run at 8:30 a.m. For more information, visit https://www.facebook.com/911Memorial5K.

Gorham Memorial Post 10879, Veterans of Foreign Wars meets on September 14 in the Gorham Fire Department training room, 270 Main St. at 7 p.m. All interested veterans are welcome.

Local gardeners are encouraged to share their summer harvest with neighbors in **need** by dropping off fresh produce on Wednesday evenings from 6 to 7 p.m. at the Pantry. Fresh produce drop off hours are every Wednesday evening from 6 to 7 p.m. beginning July 5 through late-September. Last year, local residents and farms donated over 1,600 pounds of fresh produce. For regular updates of items most needed, visit www.facebook.com/Gorham-Food-Pantry-Friends.

Ryan Weed's short titled "What My Friends Do on A Saturday Night" was recently shown at The Maine International Film Festival (MIFF) in Waterville and accepted in the Online New England Film Festival and MIFF by the Sea in Bar Harbor.

A guided hike at Tannery Brook Preserve will be held on September 16 at 10 a.m. Learn about native and non-native plants found in Gorham, see and learn about the history of the old dam at Tannery Brook. Lend a helping hand with your own hand pruners to widen the trails while we explore. Trails are easy to moderate on this 1.5-mile walk. Open to all ages. Sponsored by The Presumpscot Regional Land Trust, the Gorham Conservation Commission, and Gorham Adult Education. The event is free but an RSVP is required at

Presumpscot Regional Land Trust will hold its annual meeting at Randall Orchards, 1 Randall Road, Standish on September 17 from 5 to 6:30 p.m. Come early to pick apples and enjoy the sweeping views of this 500-acre forever conserved farm and forest. The event is free and open to the public. RSVP is required at https://www.prlt.org/.

The Gorham Garden Club's annual plant sale will be held September 16 from 8:30 a.m. to 12:30 p.m. on the lawn at Baxter Memorial Library.

First Parish Church, 1 Church Street, will hold a Chicken Pie Supper on September 9 from 5 to 6:30 p.m. \$10 adults / \$5 children under 12. FMI, 839-6751

Home Instead Senior Care is hosting an Alzheimer's Learning Day on Thursday, September 21, at 5:30 p.m. at Baxter Memorial Library, 71 South St. This free dementia training is for families of loved ones living with dementia. FMI, 839-0441.

#### **ON-GOING EVENTS**

https://www.prlt.org/.

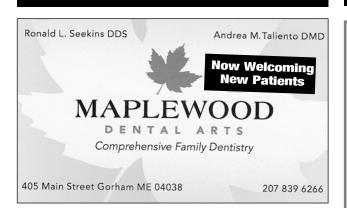
The Gorham Food Pantry, located at 299-B Main St. (parking lot of St. Anne's Catholic Church), is open every Thursday morning from 9 to 11 a.m. and the second and fourth Wednesday of every month from 6 to 7 p.m. Free for Gorham residents in need. FMI, 222-4351 or visit www.gorhamfoodpantry.org.

The Lakes Region Senior Center, located at the Little Falls Activity Center, 40 Acorn Street, is open Monday through Friday from 9 a.m. to 1 p.m. Join them daily for coffee, tea and socializing. Ongoing daily activities include Mahjong on Mondays - beginners welcome. FMI, Diane 892-9529; Tuesday crafts and card games. FMI, Avis 892-0298; The Memoir Writing Group meets the second and fourth Wednesday of the month. FMI, David 892-5604; Thursday Table Games at 10 a.m. and Friday Art Workshop at 9 a.m. FMI, 892-0299.

CONTINUED ON PAGE 14

# **Community Business Directory**

### **DENTISTS**





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Edward **Jones** 

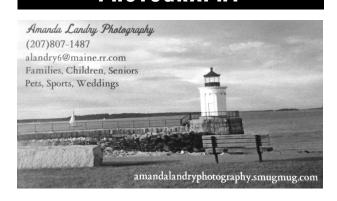
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### PHOTOGRAPHY



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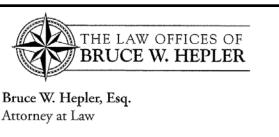


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# **United Maine Craftsmen's** 16th Annual Fall Festival of Arts & Crafts

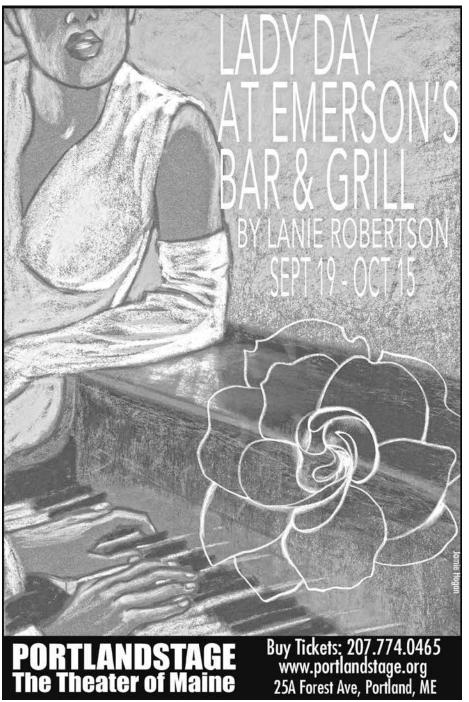
# **Smiling Hill Farm**

781 County Rd (Rt 22), Westbrook

# September 9th 10am - 4pm

# Rain Date: September 10

Lunch Vendors~Free Parking~No dogs please Admission is \$2 for adults, kids under 12 free 207-621-2818 ~ unitedmainecraftsmen@gmail.com www.unitedmainecraftsmen.com Bring this ad for \$1 off admission





# POINTING OUT THE OBVIOUS

Officer showed parents a "no jumping from bridge" sign on Hurricane Road and advised them that kids should not jump from bridge.

Officer observed a vehicle occupied by a male and a female parked behind Village Mall. No criminal activity was observed and subjects were asked to move on.

College Ave. subject was upset about a vehicle that nearly struck her while she was in the crosswalk.

Officer was flagged down by a man reporting a threatening issue at his home in Windham. Windham PD was notified.

Officer gave subject a ride to his home on Huston Road.

Caller reported a fight in progress on Blue Ledge Road. Man and woman in a truck told officer they were not fighting, just messing around. Both were in good spirits and no one was injured.

Officer checked on a vehicle half off the road with its lights off. They were looking at the stars. They were advised to move to a safer location.

Deering Road caller wanted police to find two bikers who were riding in the middle of the road and not moving over for vehicles. Officer searched the area but did not locate them.

Officer talked to the driver of a car on the side of Fort Hill Road with its hazard lights on. Owner had pulled over to make a call.

School St. man had gone for a walk without his walker and needed assistance in getting home. Officer gave him a ride.

Several vehicles were pulled over to the side of Mosher Road with their hazard lights on. They had just finished changing a flat tire and were on their way.

Officer checked on Narragansett St. resident. Phone had been left off the hook.

Dow Road caller reported a feral cat. She was advised to contact Friends of Feral Felines.

Officer advised a School St. caller that he could shoot his paint gun on his property.

Hemlock Drive caller reported unwanted calls. Called advised as to how to block numbers to stop future calls.

Officer was dispatched to calls of pigs and piglets running in the road. Officer was not able to locate pigs.

Parties in verbal argument on Narragansett St. were give a disorderly conduct warning.

Caller reported two pedestrians who were too young to be out at that hour. They were located walking from the store to a girlfriend's house.

### Community Continued FROM PAGE 12

The Gorham Medical Closet located at the Municipal Center, 75 South St., is free and available to Gorham residents in need of portable wheelchairs, hospital beds, shower seats, commodes, walkers, canes and more. FMI, call 839-4579, 839-3630, 839-2484 or 839-3859.

Join a confidential family support group through NAMI Maine for family members, friends and individuals affected by mental illness challenges. The group meets every second and fourth Monday of the month from 6 to 7:30 p.m. at the Massabesic Lions Club, 813 Main St., Waterboro. FMI, Call or text Dan, 298-0664.



# Gorham **Sightings**

Do you know where in Gorham this photo was taken? Join our visual trivia discussion by entering your best guess on our Facebook page at www.facebook.com/gorhamtimes or email us at gorhamtimes@gmail.com. Several readers correctly guessed that the photo in the August 24 edition is the bench outside of TD Banknorth on Main Street.



8:30 am - 12:30 pm

South Street in Gorham http://www.facebook.com/GreaterGorhamFarmersMarket Fresh Produce • Seedlings **Meats • Flowers & Herbs Breads & Pastries Specialty Foods** Fiber Products • Soaps Cheese & Butter • Eggs Maple Syrup • Honey



### CALENDAR

#### THURSDAY, SEPT. 7

- Baby and Me (birth-18 months), 9:30-9:50 a.m., Baxter Memorial Library, 71 South St. FMI, 222-1190.
- Toddler Time (18-36 months), 10-10:30 a.m., Baxter Memorial Library, 71 South St. FMI, 222-1190.

#### SATURDAY, SEPT. 9

- Greater Gorham Farmer's Market, 8:30 a.m.-12 p.m., 71 South Street (Public park adjacent to Baxter Memorial Library).
- North Gorham Chess Club, North Gorham Public Library, 2 Standish Neck Road, Gorham, 10:15- 11:30 a.m. Drop-in sessions open to players of all ages and skill levels. FMI, libng@north-gorham.lib.me.us or 892-2575.
- Chicken Pie Supper, First Parish Church, 1 Church St., 5-6:30 p.m. \$10/adults; \$5/children. FMI, 839-6751.
- Lego Club, Baxter Memorial Library, 71 South St. FMI, 222-1190.

#### TUESDAY, SEPT. 12

• Preschool Story Time (ages 3-5), 9:30-10:15 a.m., Baxter Memorial Library, 71 South St. FMI, 222-1190.

#### **WEDNESDAY, SEPT. 13**

- Gorham Food Pantry Fresh Produce Drop Off, 6-7 p.m., 299 Main St.
- Toddler Time (18-36 months), 10-10:30 a.m., Baxter Memorial Library, 71 South St. FMI, 222-1190.

#### THURSDAY, SEPT. 14

- After School Board Games with Crossroads Games: Games will be provided or bring your favorite. North Gorham Public Library, 2 Standish Neck Road, 3-4:30 p.m. Free. FMI, 892-2575 or libng@north-gorham.lib.me.us.
- Gorham Memorial Post 10879, Veterans of Foreign Wars will meet in the Gorham Fire Department training room, 270 Main St. at 7:00 p.m. All interested veterans are welcome.
- Baby and Me (birth-18 months), 9:30-9:50 a.m., Baxter Memorial Library, 71 South St. FMI, 222-1190.
- Toddler Time (18-36 months), 10-10:30 a.m., Baxter Memorial Library, 71 South St. FMI, 222-1190.

#### SATURDAY, SEPT. 16

- Greater Gorham Farmer's Market, 8:30 a.m.-12 p.m., 71 South Street (Public park adjacent to Baxter Memorial Library).
- Bean-Hole Bean Supper serving beans baked overnight in the ground, homemade pies and brown bread, hotdogs, coleslaw, potato salad. Serving from 4:30-6 p.m., UCC at North Gorham, 4 Standish Neck Rd.
- A Rosary Rally event will be held with Bishop Deeley and Father Lou Phillips on the lawn of St. Anne Parish at 12 p.m. FMI, 615-0575.
- Guided hike, Tannery Brook Preserve, 10 a.m. Trails are easy to moderate on this 1.5-mile walk. Open to all ages. The event is free but an RSVP is required at https://www.prlt.org/.
- The Gorham Garden Club's annual plant sale will be held from 8:30 a.m. to 12:30 p.m. on the lawn at Baxter Memorial Library, 71 South St.

### SUNDAY, SEPT. 17

- Faith Formation Classes begin for grades K-8 at St. Anne's Church, 299 Main St., from 9:30 to 10:20 a.m. Coffee and donuts will be served after the mass. FMI, or to receive registration information, contact the office at 839-4857.
- Annual Meeting for the Presumpscot Regional Land Trust at Randall Orchards, 1 Randall Road, Standish, 5-6:30 p.m. Come early to pick apples and enjoy the sweeping views of this 500-acre forever conserved farm and forest. Free and open to the public, RSVP is required at https://www.prlt.org/.

### TUESDAY, SEPT. 19

- Gorham House Itsy Bitsy store, 1:30-3:30 p.m., Gorham House lobby, 50 New Portland Rd. FMI. 839-5757.
- Gorham Lions meeting, Old Elmwood School House on South Street (Rte. 114), 6:30 p.m. New members always welcome. FMI, 929-9182.
- Preschool Story Time (ages 3-5), 9:30-10:15 a.m., Baxter Memorial Library, 71 South St. FMI, 222-1190.

#### WEDNESDAY, SEPT. 20

- Early Release, Gorham Schools
- Gorham Food Pantry Fresh Produce Drop Off, 6-7 p.m., 299 Main St.
- Toddler Time (18-36 months), 10-10:30 a.m., Baxter Memorial Library, 71 South St. FMI, 222-1190.

### THURSDAY, SEPT. 21

- Baby and Me (birth-18 months), 9:30-9:50 a.m., Baxter Memorial Library, 71 South St. FMI, 222-1190.
- Toddler Time (18-36 months), 10-10:30 a.m., Baxter Memorial Library, 71 South St. FMI, 222-1190.

# **NEXT GORHAM TIMES AD DEADLINE:** SEPTEMBER 13<sup>TH</sup>

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#### **YARD SALE**

MULTI-FAMILY YARD SALE Sat, Sept. 9, 9am-2pm. Rain date Sun, Sept. 10. Pheasant Knoll Condos, Ridgefield Drive, 1/2 mile from center of town. Follow signs.

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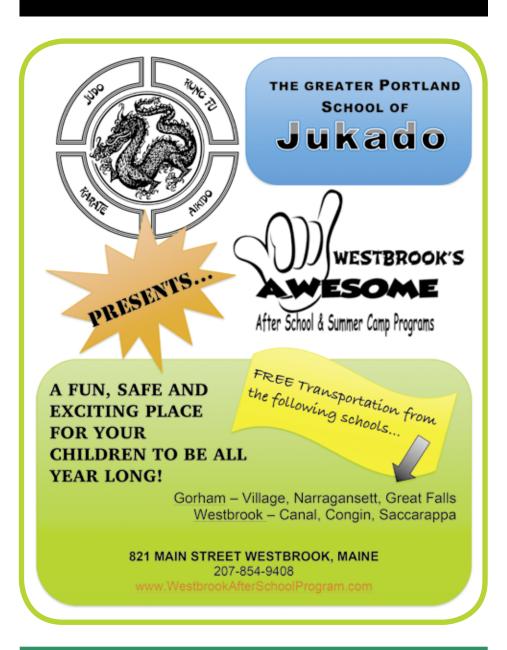




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# TNT Holds Grand Re-Opening



TNT Quickstop officially opened its doors with a formal ribbon cutting ceremony with elected officials, state and town officials, business leaders, family and friends on August 24. Owners Todd and Kari Flannery lost their property to a fire May 2016. Todd Flannery addressed the crowd sharing the story of the fire and the rebuild, as well as thanking the community and those in attendance for their patience and support during the construction. "We had a choice on whether to start over again and the people of Gorham were an important consideration," he said. Town Manager David Cole spoke, thanking the Flannerys for their commitment to the community and continued dedication to operating a business in Gorham. Tom Ellsworth, Gorham Economic Development Director, also shared some words of appreciation, specifically addressing the positive economic impact that TNT Quickstop brings to the Gorham community.

# Small Deed Makes a Big Difference



St., and her cousin Adria Byther, set up a lemonade stand on August 30 to raise money for the Red Cross and help residents of Houston, Texas who were affected by Hurricane Harvey. Bartlett, 10, attends Mast Landing School in Freeport and Byther, 11, goes to Massabesic Middle School. The girls raised \$386.87 directly from their stand but continued raising money. On September 1 they presented a donation of \$1,000 to the American Red Cross.

Abby Bartlett, daughter of Phil Bartlett of South

