

Gorham Times

Volume 24 Number 19 | October 4, 2018
A Not-for-Profit Newspaper Serving Gorham Since 1995

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Town Council Votes Against Referendum for Replacing HVAC at GMS

KATHY CORBETT
Staff Writer

The ways in which the Gorham School District pays for major capital expenditures was the focus of a discussion at the last Town Council meeting resulting in the Council's decision not to authorize a referendum question for the November 6 election. Voters would have been asked to approve borrowing \$2,100,000 to replace the heating, ventilation, and air conditioning system at the Gorham Middle School.

As explained by Norm Justice, the district's director of facilities, the heat pump system installed at GMS in 2002 had a projected life of approximately 19 years and some elements are beginning to fail. The geothermal system which both heats and cools air is nearly twice as energy efficient as the natural gas systems in other schools. In 2010 the district installed a similar, even more efficient system, at Great Falls Elementary School. The proposed project was to upgrade the GMS system and replace the 120 aging heat pumps units over the summer months. If bid in January 2019, the project could be completed in two or three years.

Most councilors agreed that the geothermal HVAC will need to be upgraded with new improved units, but objected to asking voters to approve funding the project with bonds to be paid off over ten years. The bond payments would have been included in the district's yearly budgets. Those voting for the referendum were Councilors Stelk, Hager, and Smith. Councilors Hartwell, Phillips, Shepard, and Benner voted against funding the project through referendum.

In explaining her no vote, Suzi Phillips said, "I believe that voting to send something to referendum is perceived as a recommendation from the Council. I believe it is my responsibility to look out for the taxpayers." She added, "There are other school-based referendums coming in the future and we need to keep a balance in regards to the tax burden."

The Town Council is expecting a referendum request to fund the renovation and expansion of the high school next year. Questions about how to pay for capital improvements have plagued the School Committee

Gorham Football Wins Big in Homecoming Game



The Rams beat Mt. Ararat 47-24 on September 21 to cap off Homecoming Week at Gorham High School. Players and fans celebrated the win with fireworks sponsored by the Gorham Athletic Boosters. For more Homecoming highlights, see page 9. According to Coach Hager, it was the first time Gorham had ever beaten Mt. Ararat and the first time in many years that the team had over 500 yards of offense.



Photo credit Amanda Landry Photography

Gorham Community Invited to USM Homecoming

PATRICK O'SHEA
Contributing Writer

If you or you and your family are looking for something to do the weekend of October 12 - 14 you will find lots of fun and interesting events taking place at the University of Southern Maine right here on the Gorham campus.

The University is inviting Alumni, students, friends and families to campus to attend athletic conference games in women's soccer and field hockey along with Alumni games in softball, women's basketball, women's lacrosse, men's basketball, and men's lacrosse. There will be an old-fashioned band concert on the green in front of Corthell Hall on Saturday afternoon. Bring your lawn chairs.

If you want to be inspired, attend the reception for Mike McGraw, a USM alumnus and Lewiston boys' soccer

coach. He will talk about the book, "One Goal," the story of how he helped bring together Somali refugees and local Lewiston players to become state champions. It is a timely story about overcoming the prejudices that divide us. This event is scheduled at the Alumni Reception Center for Saturday afternoon with the time to be determined.

Sunday afternoon there will be an Octoberfest-a-Fall celebration at Hodgdon Field by the water tower. This will include food trucks, a farmer's market, pumpkin painting, caricatures, a balloon artist and much more.

The one event not taking place in Gorham will feature Chris Matthews from Hardball speaking at noon on October 12 in Hannaford Hall on the Portland campus.

For a full list of the weekend's activities visit: usm.maine.edu/Homecoming or contact David Lewis at: david.lewis@maine.edu or (207) 780-5158

Man Dies in Presumpscot River Accident

SHERI FABER
Staff Writer

At approximately 6:30 a.m. on Sept. 28, the Gorham and Windham Police Departments along with Gorham and Windham Fire Department responded to a vehicle submerged in the Presumpscot River. The vehicle veered off of Mallison Street on the Gorham side of the bridge and came to rest upside down in the river.

Due to the current and instability of the vehicle, the Cumberland County Dive team was activated. The vehicle was determined to be occupied and the operator was deceased at the scene.

Jonathan Patry, 38, had been visiting his parents in Standish. He left their home about 11 p.m. and was driving to his home in Portland.

The vehicle was first reported by an employee of Liberty Bell moving and storage, which rents a converted mill building overlooking the scene. The incident is currently under investigation by the Gorham Police Department with the assistance of the Windham Police Department.

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Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 26 and House District 27 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

What's on the Ballot this November

REP. ANDREW MCLEAN

As the leaves change color and temperatures begin dropping, it feels like fall has finally arrived. The season change reminds me that Election Day is approaching, and there are a number of state and local matters that will be on the ballot this year. The Maine Secretary of State has created a helpful guide to explain what voters will be deciding on.

This fall there will be a citizen initiative, listed as Question 1, on the ballot. It seeks to implement a tax on higher incomes in Maine to fund in-home health care services for elderly and disabled Mainers, as well as to create a government board to administer the funds.

There will also be four bond issues that voters will have the final say on. Listed as Question 2 on the ballot, the first of these bonds aims to invest \$30 million to improve existing wastewater treatment facilities and construct additional infrastructure where it's needed. It would also help homeowners with aging septic or sewer systems.

As House chair of the Transportation Committee, I know firsthand how vital our roads and bridges are and that the Maine Department of Transportation works hard to stretch each dollar as far as possible. Question 3 on the ballot is

a transportation funding bond with matching federal dollars. This funding would go towards projects such as rebuilding our highways, making bridge improvements and updating culverts where municipal roads cross over our streams. My years on the Transportation Committee have taught me how much we rely on a safe, well-maintained transportation system, from driving to work to businesses shipping products to enjoying all that the Maine outdoors has to offer.

Question 4 is an education bond asking voters to support a \$49 million bond for improvements to university campuses and modernizing facilities. Should voters approve this bond, there is at least \$49 million in matching funds to go towards these projects.

Question 5 asks voters if they favor a \$15 million bond for education funding for Maine's community college system. This bond would fund improvements at community college campuses across the state, from laboratory upgrades to making campuses more energy efficient. If the bond passes, Southern Maine Community College would receive \$4.2 million to make repairs, improve energy efficiency and upgrade their information technology system. York County Community College would also receive funding

from this bond, with \$1.7 million earmarked for developing YCCC's Industrial Trades Center in Sanford and upgrading their information technology systems.

In addition to the ballot questions, it is important to know that ranked choice voting will be used in the elections for Congress, which include U.S. Representative and Senate. If you would like more information on ranked choice voting, please visit the Maine Secretary of State's website here: <https://www.maine.gov/sos/cec/elec/upcoming/rcv.html>.

If you aren't sure you'll be able to make it to the polls on November 6, absentee ballots are now available. You can request one in person or by phone with the town office or electronically on the Secretary of State's website.

As always, please feel free to contact me with your questions or if you are having trouble navigating state agencies. It is an honor to continue to serve as your state representative.



Rep. Andrew McLean, D-Gorham, is serving his third term in the Maine House. He is House chair of the Transportation Committee and represents parts of both Gorham and Scarborough. (207) 939-8482, (800) 423-2900, andrew.mclean@legislature.maine.gov.

Letters to the Editor

Letters to the Editor must be fewer than 300 words, signed with a first and last name, typed or e-mailed and include a phone number. The Gorham Times reserves the right not to publish letters that include personal attacks or inflammatory language. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times and are subject to editing.

Dear Editor,

I am writing to support the candidacy of Linda Sanborn for Maine Senate seat District 30 for Gorham, Scarborough and Buxton. I have known Linda and her family for over 30 years and can vouch for her compassion, professionalism and authenticity. As a family doctor in Gorham, she worked with several generations of local families and is highly regarded for her warmth, compassion, patient care, and service to the community. She is a well respected professional health care provider, community leader and board member in local organizations.

Linda served eight years in the Maine House and became a champion

for health care issues. She is highly committed to ensuring access to high quality health care for all Maine citizens. She is not afraid to tackle tough issues and supports the interests of her constituents. Her physician training serves her well as she listens carefully, gathers the facts, explores the context of each issue and bases her decisions on a detailed understanding of the issues rather than conforming to the wishes of special interests.

Linda's most enduring quality is her authenticity. She is not an ambitious politician who gets by with a smile and a handshake but with little in depth understanding of the impact of legislative decisions on everyday people. She doesn't have any higher political ambition and truly cares about her constituents as she cared for her patients. She listens carefully, responds to concerns, tackles difficult issues, and

upholds democratic principles. She is not beholden to big money, outside lobbyists, family business interests, or rigid political ideology - a refreshing contrast to our current environment.

Please join me in supporting Linda Sanborn for District 30.

Bruce Webb

Dear Editor,

I notice in all your issues that under your arrests page you never put names or addresses, but the American Journal does under their Gorham arrest column.

What really bothered me was on page 8 of your Volume 24 #17 September 6th, 2018 issue, your full page was children going back to school, lots of younger ones giving their names and what school they were attending. I guess my issue is you don't put out names of arrested people, but yet you print a whole page of young children with their names.

In the society we live in and the number of Registered Sex Offenders from Gorham and the possible larger amount that just haven't been caught yet I am disgusted by the fact that you gave names and schools. This is what predators read and look for.

Very bad choice.

Charlie Athanasion

Correction:

In the 9/20 issue of the Gorham Times, our article on sprinklers being mandated by the Town Council referenced an incorrect name from Village Builders. The correct name is Dan Grant. It was an editing error and the Gorham Times apologizes for the mistake.

Around Town

The Gorham Village Alliance is seeking feedback from the community to craft a vision for the future of Gorham's downtown. To take a quick survey, visit <https://www.surveymonkey.com/r/N5GQKGG>.

Hops & Vine Craft Beer and Wine is now open at 102 Main St.

The next Citizen Police Academy starts on Oct. 10. FMI contact Ted Hatch at thatch@gorham.me.us.

BRINGING THE NEWS TO ALL OF GORHAM
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The Gorham Times is a free volunteer-run community newspaper distributed every other Thursday to more than 100 pick-up sites throughout Gorham.

News gorhamtimes@gmail.com
Sports gtimesports@gmail.com
Features ckck5@maine.rr.com
Of Interest gorhamtimes@gmail.com
Calendar item gorhamtimes@gmail.com
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School News SchoolnewsGT@gmail.com

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Freihofer's/Nissen Bakery Outlet Open for Business



Photo credit Diane Abramson

Bakery Outlet Manager Michele Guilford is joined by co-worker Howard Foss, who has been with the company for over 25 years.

DIANE ABRAMSON
Contributing Writer

There's a new bakery outlet in town. Freihofer's/Nissen Bakery Outlet opened its doors on September 6 at its new location at 587 Main Street, Route 25, next to Beal's Ice Cream. The store was previously located at 1037 Forest Avenue in Portland, but according to Manager, Michele Guilford, the company had been looking for a new location for over eight years. When Guilford saw the "for lease" sign on the property in Gorham, she contacted the landlord the next day.

"I drive through Gorham every day and know that Route 25 is a very busy road and would make a great area for a new store. So many people drive by this location or live near here and do not want to drive in downtown Portland traffic. We have a large parking area, a big bright store, and from our front windows, customers can watch the wildlife grazing in the fields across the street."

Freihofer's/Nissen Bakery Outlet is a subsidiary of Bimbo Bakeries USA, the country's largest bakery company. Bimbo Bakeries is located in Horsham, Pennsylvania and products are delivered to Maine daily. Bakery items that do not sell fast enough, are overstock, or over-orders are

sent to the Bakery Outlet in Gorham. These products are discounted up to 80% and although they have a shorter shelf-life than in the grocery store, they will never be sold with an outdated expiration. At \$.89 for a loaf of bread, customers can try new varieties without spending a lot of money.

The Bakery Outlet offers name brands such as Arnold, JJ Nissen, Freihofer's, Beefsteak, Ballpark, Anzio, and Sara Lee bread and rolls. Products include Thomas English Muffins, Bagels, and Swirl Breads, Boboli pizza crust and Entenmann's pastries. Customers can also pick up discounted items such as Jellies, large Table Talk pies, gravies, soup mixes, cookies, and muffins.

Freihofer's has something for all ages. Guilford fondly remembers visiting an Outlet Store with her grandparents as a child and she would stock up on all the goodies from puff pastry to chocolate donuts. "I was allowed to pick one item to eat on the way home. Now I get to see other grandparents creating memories with their grandchildren in our store. We also see young couples trying to stretch their grocery money and college students stopping in to get a loaf of bread to make sand-

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The Grand Old Woodward Home



Photos courtesy of Ray Staples

The Woodward house was moved from Main Street to the woods at the end of Glenwood Street with a World War II era army tank retriever.

WILMA GOULD JOHNSON
Contributing Writer

Imagine that it is January, 1985, and you are standing on Main Street right about where the Norway Savings Bank is now located. There was much commotion going on early that morning, in spite of temperatures hovering near freezing. Children were bundled in their warm winter garb and adults of all ages were patiently waiting to watch the relocation of the old Woodward home which sat on the corner of Water Street and Main Street, right next to the Gorham Savings Bank.

The house was to travel at a snail's pace approximately one half mile down Water Street, through a field, over Fairy Dell (which sits behind what is now Burger King) and on to the end of Glenwood Street and into the woods.

Thaddeus Irish originally built the house on the foundation of a three story brick home that had been previously owned by his father, which had been destroyed by fire. The stately home was one of Gorham's landmarks with its mansard style roof and beaded clapboards. It was thought to be one of the first homes in the town with electric lighting. A sister house, which stood on the corner on the other side of Water street, had been destroyed in 1965.

Edna Woodward had moved to this house, which came to bear her name, in 1895 at the age of five. When the time came that she was no longer able to afford the house, she relinquished

her home to Gorham Savings Bank with the agreement that she could stay there as long as she liked.

Gorham resident Peter Loveitt reports that he lived there for a short time in the late 70's and can recall a whitewashed water cistern in the basement and a big copper oil wick water heater along with a huge coal bin.

When the Woodward House was sold to Charles Hannaford, Gorham Savings Bank retained one of the two marble fireplaces in the home and used it in the new wing of the bank which was built on the vacated Woodward lot. They also kept the weathervane which was placed in the bank's cupola.

Hannaford, a well-known local plumber, agreed to have the home moved to the end of Glenwood Street. He hired J.G. Merry from Scarborough to move the building. The garage had already been removed from the main house and the movers used a heavy truck to haul that portion of the building to its new location. The main house and ell were moved with a World War II era army tank retriever. The man in charge of directing the hauling vehicle carefully guided the driver during a smooth and steady, five hour "crawling like a caterpillar" drive, to its new destination. Unfortunately, after the move, the home was destroyed by fire before any restoration was completed.

Edna Dickey's book "Fifty Years of Gorham" gives details about this event. Any one with a question or more information may contact Wilma Gould Johnson at iamwilma@comcast.net

Public Notice of Bid

Port Resources located on Gannett Drive in South Portland is accepting bids for the labor and material for interior and exterior renovations to five group homes for people with developmental disabilities in the town of Gorham.

The scope of the work consists of (but is not limited to) three boiler replacements, two indirect fired hot water heater installations, one new roof, window replacements in one home, replacement of exterior siding for one home, carpet replacement for one home, replacement of bathroom flooring in one home, one shower/tub replacement, one new ADA ramp and one slider /door replacement.

Interested bidders may obtain online procurement documents and contracting documents by contacting Port Resources Maintenance Engineer, Tim Bruns via phone at 207-828-0048 or email at tbruns@portresources.org. Sealed bids must be submitted by November 2nd, 2018.

Proof of insurance and bonding is required. This project is funded with Cumberland County Community Development Block Grant funds, federal regulations apply.

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Brain Food: The Connection Between Nutrition and Mental Health

CAROLYN MILLES

On the topic of wellness, we often think about eating healthy foods, being active, and getting enough rest. However, overall health encompasses more than just our physical bodies. Mental health is trending in the primary healthcare setting, and for good reason. The National Alliance on Mental Health estimates that one in five adults experiences mental illness in a given year. According to the Anxiety and Depression Association of America, 18% of the U.S. population suffers from an anxiety disorder, such as generalized anxiety disorder (GAD) or obsessive-compulsive disorder (OCD) and 16 million adults (6.7% of the population) experienced a major depressive episode in the past year.

Experts in the field are focusing on how food affects mood and are finding that our food and mood are connected in many ways. On a molecular level, our neurotransmitters (the “feel good” chemicals in the brain) are affected by the food we eat. Glucose, the building-block of carbohydrate-rich foods like potatoes and grains, is responsible for the production of serotonin in the brain. Serotonin is a well-studied neurotransmitter responsible for balancing mood and anxiety. To keep a steady blood glucose level, it is best to eat whole-grain carbohydrates, like whole wheat bread and pasta, brown rice, and oatmeal.

How else does nutrition affect brain chemistry? Healthy fats have been shown to have significant mental health benefits. In particular, the consumption of polyunsaturated fat sources like flaxseed, fish, and olive oil are beneficial in the prevention and treatment of depression. Other studies have suggested that dietary flavonoids—tiny nutrients in fruits and veggies known for their antioxidant and anti-inflammatory effects—play an important role in learning and

memory. An overall healthy eating pattern, including high levels of fruits, veggies, nuts, legumes, and fish was protective against depression, while a high intake of fast food and processed pastries was associated with increased depression risk.

It’s not only what we eat, but how we eat that affects the way we feel. Intuitive eating practices, such as being mindful at mealtimes, respecting one’s

body, and listening to internal hunger signals, have been shown to positively affect symptoms of depression, anxiety, disordered eating, and poor self-esteem.

Although nutrition is an important component of healthy living,

remember not to let food take up too much of your “mental real estate.” Worrying about what and when to eat is not ideal; instead, listen to your body, and a healthy relationship with eating will begin to blossom.

Registered Dietitian Nutritionists (RDNs) have a special place in the care team when it comes to mental illness. Because food and the brain are connected on both a chemical and psychological level, medical nutrition therapy is a necessary component for maintaining mental health. Apart from depression and anxiety, other mental conditions that benefit from nutrition guidance include addiction/alcoholism, disordered eating, and negative body image.

Keep in mind that our brain and body are connected in many ways that we often don’t realize. Having a whole-body approach to health and wellness honors both our physical and psychological selves while helping us feel our best.



Carolyn Milles, RDN, LD is a third-generation dietitian who believes life is for living, not restricting. She happily serves individuals in their journeys to nourish, move, create balance and be well in the Gorham area.

KEEP IN MIND THAT OUR BRAIN AND BODY ARE CONNECTED IN MANY WAYS THAT WE OFTEN DON’T REALIZE. HAVING A WHOLE-BODY APPROACH TO HEALTH AND WELLNESS HONORS BOTH OUR PHYSICAL AND PSYCHOLOGICAL SELVES WHILE HELPING US FEEL OUR BEST.

Fall Reflections

LINDA TREWORGY FAATZ

The pink sky of a cool fall morning painted a colorful background for the majestic copper beech. Planted by the stone wall long ago, it is now appreciated by another generation. Swelling buds of the rhododendron that surround the secret garden will wait through the winter to burst with color next June. Fattened swallowtail caterpillars have stripped the leaves on the orange and yellow blooming asclepia (butterfly weed). That is just what I had planned when I scattered them throughout the garden. The seeds of zinnias and marigolds planted on the windowsill last April are blooming in mixed rainbow colors. They not only serve up perfect nectar for butterflies and hungry insects but also make pleasing bouquets to enjoy and share with others.

This time of year the early morning parade of mama turkey, her grownup friends, and a dozen babies strut up the driveway and through the arbor before marching down the garden path, stopping to eat whatever they can find along the way. The fat woodchuck is apparently getting enough clover to eat in the lawn because he has not touched my garden...yet. I am watching him, though.

The fifty year old apple trees drop blemished fruit too deteriorated for humans to eat but with delicious possibilities for the red squirrel. Back and forth he runs, one apple at a time, depositing them in his winter storage hole under the tea house. Moles are still making holes everywhere looking for worms. Where in the world did all the chipmunks come from? They are the nibblers of my tomatoes and cukes. Each morning I try to beat them to the picking. Is this the pleasure of sharing?

The words to the song from “Charlotte’s Webb” by E. B. White says it so well.
“Life is like a gift they say
Wrapped up for you everyday.
The sky knows when it’s time to snow.
Don’t need to teach a seed to grow.
It’s not that unusual when
everything is beautiful.
It’s just another ordinary
miracle today.”

My sage plant has produced enough foliage to use in the Thanksgiving stuffing and the family’s favorite sage bread for turkey sandwiches. The herb lovage with its distinctive celery taste will add to the stuffing flavor and will also greatly enhance the savory taste of winter vegetable soups.

Zucchini plants always produce enough to make our family’s zucchini relish and tomato zucchini salsa. My family knows me by now, so when I put edible nasturtium leaves and flowers in the salad it does not seem unusual. This summer weather was just right for the pumpkins that I grew for edible flesh and seeds with no hulls that will be great for roasting.

Until the frost takes the last life out of the yard, I will continue to mow the grass higher, spend the cool days cutting down the perennials and reflecting on the joy of being outdoors with all the beauty and peace that it offers.



Linda Treworgy Faatz, a passionate gardener for many years, lives in her family home at Friend’s Corner and cares for the extensive Treworgy gardens. She loves to share her home and gardens through craft sales, classes and garden events.

GHS GRAD NEWS: If you, or your son or daughter is a GHS graduate, we would like to share your achievements in the Gorham Times Of Interest section or in a Where Are They Now feature. Submissions should include the year of GHS graduation and should be no longer than 75 words. Contact Chris Crawford at ckck5@maine.rr.com, Kathy Corbett at ktcorbett@aol.com or Cindy O’Shea at coshea2@maine.rr.com.

ABANDONED VEHICLE

**2008 Subaru Impreza
VIN: JF1GE61668H521944**

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Town Council Candidates



Full Name: Virginia L. Wilder Cross
Address: 11 Bramblewood Lane
Education: B.S. Psychology Worcester State University
Personal:

Married; two sons and two daughters-in-law; five grandsons

Employment: Retired Educator, USM Department of Technology (1995-2018); Former Business Owner, Working Words & Graphics (1985-2008); Public Affairs Director, Maine State Bar Association (1986-1995)

Political and Community Experience: Charter member, President, and First Executive Director of the Gorham Business & Civic Exchange (now Gorham Business Exchange), and the Recipient of its 2006 Business Person of the Year Award; Coordinator of the first and several subsequent annual Gorham Marketplace events at USM; First Publisher of the Gorham Times; Coordinator and Chairperson for New Year Gorham since 2008; Publisher of the Gorham Business Directory; Former Member of the Gorham Rec. Dept. Advisory Committee; Member of the Committee to Review the Town of Gorham Comprehensive Plan; Active Member of First Parish Church U.C.C. Gorham

Growth is a hot topic in Gorham. What do you see as possible solutions for managing growth in our town?

Our growth should be guided by the 2016 Comprehensive Plan. According to figures used for the Comprehensive Plan, more than 90% of residential land is dedicated to single-family dwellings and the remaining is dedicated to condos and apartments. I'd like to consider a ratio of 85:15%, which could be one of the ways to address the problems associated with out-of-control growth.

The arguments for and against this kind of ratio usually have to do with the real estate tax base for the town. Taxes collected for single family homes are usually higher than those on condos; however, condos are usually built with two-four units per dwelling, which actually nets more tax base for the town.

Single family houses usually have school age children, and senior condos and upscale apartments attract families

without kids. The argument is the cost of education for each child outweighs the cost of additional public services for seniors and dense neighborhoods.

Studies have revealed pros and cons of both options, and I have yet to find a study that solidly supports either idea.

Is it time to limit the number of annual building permits allowed, or to raise the price of single-family dwelling permits? Or would it be better to place a moratorium on new single-family homes until the ratio of 85:15 is reached?

It is imperative for all stakeholders to examine all options before making this kind of adjustment, and I support that approach.

What do you see as the other major issues for our community and how might they be addressed?

Last year our town embraced the First Parish Church year-long initiative to make Gorham a Happy, Healthy place to live. I believe we could continue that initiative and extend it by collaborating with the University. It bothers me when I hear about an event at USM that I missed because I didn't know about it. In fact, I believe the best kept secret in town is the countless ways the University could enrich our lives. For instance, our schools could collaborate with USM faculty to provide a regular speaking series about a wide range of topics; the athletic facility provides a chance to improve health and wellness, but I'm not sure many people realize that; the extremely talented faculty and students in the music, drama, and arts degree programs would enrich our lives in other ways. That kind of collaboration has enormous possibilities.

In addition to being happy and healthy, it is equally important for us to be stewards of our environment by understanding why we recycle, what we recycle, and what we could re-use to avoid recycling altogether. Why not establish a celebration for the town if we reach recycling goals?

During this campaign season, I've asked folks what their major issues are and how they could be addressed. Many have told me they love Gorham,



Full Name: Claude Frederick Daigle III
Address: 14 Dyer Road
Education: Abraham Baldwin Agricultural College, Tifton, GA; Associates

Degree in Ag Business, UMass Amherst Turf School.

Personal: Four generations of family has lived in Gorham, both parents graduated from GHS, my wife and I graduated GHS together in '86, two kids graduated from GHS in '15 and '18, both in college

Employment: Operated family farms in Homestead, FL and Gorham until closing. Now own and operate a property services company.

Growth is a hot topic in Gorham. What do you see as possible solutions for managing growth in our town?

There are no simple solutions to managing growth. Growth is a natural occurrence of a prosperous society. People and businesses want to come to this town. I am proud of that, however, we must live within our means. We would be better suited to handle growth if the growth added to the town rather than being viewed as



Full Name: Lee R. Pratt
Address: 16 Elliott Road
Education: Husson College (Now University) 2004, BS Business administration with a concentration in

finance
Personal: I'm a lifelong resident of Gorham. My wife Nicole and I are raising two children who are students in the Gorham School system.

Employment: CFO ODAT Machine Inc. in the Gorham Industrial Park

Political and Community Experience: I am a four year member of the town Planning Board overseeing the town's current building projects, and also the Ordinance Committee overseeing and recommending changes to the Town Council regarding ordinances and land uses. I also enjoy coaching Gorham recreational sports in my free time.

Growth is a hot topic in Gorham. What do you see as possible solutions for managing growth in our town?

There are many ways to "grow smart." We have a well developed comprehensive plan, but some of our zoning and land uses do not coincide

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GORHAM PUBLIC WORKS

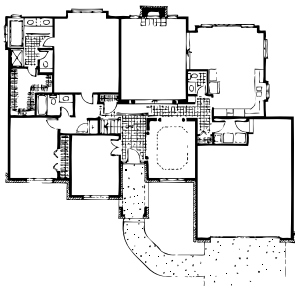
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Wilder Cross CONTINUED FROM PAGE 5

but they worry they won't be able to afford the taxes. As a retired person living on a fixed income, I share that concern, but I don't have all the answers.

How would your perspective or experience benefit the Town Council/School Committee?

Too often we speak when we should be listening, so I believe the best thing I can do as a town counselor is to listen. When I owned my business, I learned how to listen to my customers, to my workers, and to competitors and vendors. My customers taught me about persistence and negotiation. My workers taught me the importance of being fair and supportive. And my competitors and vendors taught me not to be complacent.

As President and Executive Director of the Gorham Business Exchange, I had the opportunity to work with our local companies to build a strong and vibrant business community. This experience allowed me to meet and work with countless wonderful business owners – sole proprietors as well as owners of larger businesses. I have built a strong relationship with our business community and I want to keep an open communication with them.

Finally, I am a firm believer in the value of voluntarism. Gorham volunteers are the best ever, and I have had the opportunity to work with the best of them. As coordinator of New Year Gorham, I had the privilege to not only work with volunteers, but to also collaborate with generous business spon-

sors, Gorham Police and Fire/Safety, the Gorham School Department, as well as the Rec. Department and Public Works Department. How lucky am I!

These experiences have prepared me for the next step – to be a member of your Town Council, and I'd appreciate your vote.

Daigle CONTINUED FROM PAGE 5

a drain. I have ideas and opinions like everyone who cares about the future of Gorham, and I am looking forward to getting involved and knowing all the data that is needed to make sound decisions to move us all forward. I want four more generations of my family to be able to call Gorham home.

What do you see as the other major issues for our community and how might they be addressed?

As stated before, we must live within our means. When running a business or a household sometimes you have to hold off on the things you want to get the things you need. I know a town budget is not that simple, but I believe some changes could be made. I am looking forward to working with all the staff and the rest of the Council if the people of Gorham give me this opportunity.

How would your perspective or experience benefit the Town Council/School Committee?

I have had many experiences with business decisions, family decisions, and life decisions, not unlike anyone else. I believe that when faced with a decision

that I look at all sides of the equation, listen to people who have the knowledge on the given topic, and think with my head instead of my heart which is sometimes difficult. I believe it is more important to be effective than to be right. I want to be a part of this Town Council because I think this town is a part of me.

Pratt CONTINUED FROM PAGE 5

with what was established and voted on by the residents of our town. I would also like to consider controlling building permits in town and evaluate (over a period of time) what impact it has on our tax base. Slight increases to acreage per buildable lot is another feasible way to control growth while not making it impossible to build in town.

What do you see as the other major issues for our community and how might they be addressed?

Gorham needs to attract and retain more business. Businesses use minimal town resources, help stabilize tax rates and provide jobs to residents. We have seen a slight increase in business, but more needs to be done to attract new business in town. Making our town more business friendly through tax incentives or the economic development committee assisting with financing is a good way to start increasing business. Also incentivizing and attracting fifty-five plus age group housing will benefit our town immensely with virtually no impact on our infrastructure and zero impact to our school system.

How would your perspective or experience benefit the Town Council/School Committee?

I believe running a business in Gorham and having children in the school system gives me a unique perspective. I know the hardship of running a business when taxes increase because of budgetary increases, yet do not want to see our future generations suffer from a lack of town funding. I also know the zoning and land uses because of my experience on the planning board which I think will be helpful when looking at zoning and code changes.

Meet the Candidates

GoCat will offer Meet the Candidate events as follows:

Tuesday, October 9: Town Council
Tuesday, October 16: State Senate
Monday, October 22: State Representatives

Candidates will have an opportunity to share their positions on issues as well as take part in a moderated Q & A session.

All events will be held in the Municipal Chambers, 75 South St., at 7 p.m. Free and open to the public. FMI: 222-1641.

Please check our next issue for profiles of the School Committee candidates.

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Clerk's Corner

Laurie Nordfors
Town Clerk

I hope everyone had a wonderful warm and sunny summer. Fall has arrived and the days are growing shorter. With fall come cold nights and busy days here at the Town Clerk's office.

Election Day is Tuesday, November 6. This is the Gorham Annual Municipal Election to elect two members to the Town Council and two members to the School Committee. This is also the State General Election to elect the next Governor, United States Senator, Representative to Congress and members of the Maine Legislature, along with a citizen initiative, four bond questions, and a local question regarding Gorham School Department joining the Greater Sebago Education Alliance Regional Service Center.

Absentee voting will be conducted at the Municipal Center on Monday, October 29 – Thursday, November 1 during regular Town Clerk business hours. You may request an absentee ballot to be sent to you by calling the Town Clerk's office or visiting the State Election website at <https://www.maine.gov/sos/cec/elec/voter-info/absent.html>.

Voter registration is conducted at the Town Clerk's Office during regular business hours, Monday–

Wednesday from 8:00 a.m.-4:00 p.m., Thursday from 8:00 a.m.- 6:30 p.m. and Friday from 8:00 a.m.-1:00 p.m. Please be sure to have photo identification and proof of your residence address when registering to vote.

Property tax bills were mailed at the end of September. The mil rate for this year has been set at \$18.20 per every thousand dollars of assessed value, or an increase of \$1.10. Of the \$1.10 increase in the mil rate, Cumberland County comprises \$0.01, Town \$0.09 and School Department \$1.00. The first half tax payment is due on November 15, 2018 and the second half is due on May 15, 2019.

Dog licenses expire every year on December 31. Licenses for 2019 will be available on October 15. Dogs must be licensed each year beginning at age six months. The fee to license your dog is \$6 if they are spayed or neutered and \$11 if they are not. Please license your dog before February 1 to avoid a late fee. A current Maine rabies certificate and certificate of neutering, if applicable, is required when licensing your dog.

Hunting licenses are available in the Town Clerk's Office or you can get to the Inland Fisheries website through the Town Website and purchase them online.

Please do not hesitate to call the Town Clerk's Office at 222-1670 with any questions.

SCHOOL

Renovation Committees Working on Solutions

Chris Record
Assistant Superintendent
of Gorham Schools

The joint Gorham High School (GHS) Renovation & Expansion Committee & Athletic Capital Campaign Committee is currently examining the condition of Gorham's high school facility and athletic fields to determine an approach to addressing Gorham's very real needs.

The committees gained a great deal of insight from the thousand plus people that participated in the spring ThoughtExchange that was sent through email and were thrilled to hear from so many community members, parents, staff members, and students. They are earnestly reviewing all input and deeply appreciate everyone's participation.

The survey asked, "What are the most important things for us to consider as we develop a plan for the renovation/expansion of the GHS building and associated athletic facilities?"

The following themes were highly rated by parents/guardians, staff and community members:

Planning for future growth:

Grow smart. Make it big enough so that a few years from now Gorham is not having the same issues with crowding.

Capacity and classroom space: Enough quality space for all to get an effective education. School is foremost about ensuring everyone is afforded an equal chance at a basic education for being productive members of the community.

Safety and security: Creating a safe and welcoming space. Students need to feel comfortable and safe in order to learn.

Budget: Providing the best facilities for students while considering the financial impact on the town. Concern about increased taxes for those on fixed incomes.

The following themes were highly rated by students:

Parking: Parking is a struggle in Gorham, so it's important to plan that out.

HVAC and bathroom facilities: Students would like AC. When warmer weather comes it starts to get hot in the classrooms and people won't be able to focus.

Design and Layout: Make it a nice and welcoming place because

CONTINUED ON PAGE 8



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Celebrating Unity and Diversity

LYDIA VALENTINE
GHS Student Intern

On the September early release day, Gorham High School (GHS) held a Unity and Diversity Day to open up students to the world and to unite in the face of differences. The Civil Rights Team organized the day, which has been in place for over five years, and included a keynote speaker and sessions for teaching about diversity.

The main focus of the day was to celebrate the differences at GHS and foster unity. Principal Brian Jandreau said that he hopes students will develop “a greater understanding of people who might be different than them, which I hope cultivates compassion and empathy and leads to more kindness and promotes a positive school culture,” said principal Brian Jandreau.

Jandreau would like students to experience diversity and use that understanding and compassion to create a more unified school. This theme of understanding and compassion was seen throughout the day.

Sessions included using voice to promote change in writing, Chinese New Year and dumpling making, Gender and Gender Identity, and yoga. All sessions promoted learning about topics and issues that are not normally brought up in the everyday classroom.

Fatima Batool, a senior at GHS, who ran a presentation called ‘Ask a Muslim’ said, “I have always believed that people fear the unknown. I also believe that knowledge is power. Unity and Diversity Day is an opportunity for me to educate fellow students and teachers on my culture and experiences. I feel that it helps erase negative stigma around many stereotypes or labels and gives us a healthy space to ask any questions without any judgement.”

While sessions were under way, students took turns listening to keynote speaker Shay Stewart-Bouley, also known by her blog name Black Girl In Maine, who spoke to students about diversity issues, specifically race and racism.

Her hour-long presentation was filled with stories and life lessons about how racism was woven into this country and that, in her opinion, it is a societal, not a personal, issue. As in life and with difficult topics of conversation, students had mixed feelings about the presentation.

Some students felt that parts of the talk became too intense and too generalizing about white people, especially for high school students.

Ryan Doughty, a junior at GHS said, “It was the way she was talking that freaked me out, especially about slavery. I didn’t do that.”

Several reflected his view that some parts were aggressive and generalized all whites to being horrible and irresponsible people.

“I felt like I was being reprimanded. I know we have done bad stuff but people were crying because they were upset. She shouldn’t have come across that aggressive,” said Marin Perry, another junior at GHS.

However, according to Jandreau, the majority of the students surveyed afterwards shared the view of Iris Kitchen, a GHS junior. “I loved her and I thought that all of her opinions were relevant and I personally didn’t think that she was intense. She was getting her point across as best as possible.”

Civil Rights Team Advisor Rachael Grady said, “Our keynote speaker is an expert in the field of anti-racism work. She spoke truths that challenged students to consider the reality and legacy of systemic racism beyond the scope of the personal experience. I hope any students struggling to understand institutionalized racism choose



Photo credit Heather Alden

One of the workshops students chose to attend during Unity and Diversity Day was called “Letters of Love-Letters of support for children in ICE Detention.” Students learned about the current laws regarding immigration into the United States and wrote almost 100 letters and cards of support to children who have been separated from their parents upon entering the United States. The letters, written in both English and Spanish, will be sent to the closest ICE detention facility in Boston for distribution.

to learn more on the topic by seeking out some of the resources she suggested or by attending a Civil Rights Team meeting for further discussion.”

Even with the split opinions on the keynote speaker, the day opened up new views and new debating techniques for students. Jandreau knows that it is the job of high school educators to prepare students for the world outside of Gorham High’s walls and this way is the perfect opportunity.

“Our students will travel all over the world, encountering all kinds of people with wide-ranging views, and listening to someone with divergent or intense views for an hour is an important educational experience in and of itself,” said Jandreau.

Grady added, “So much of schooling is scripted curriculum; I hope stu-

dents came away from U&D Day excited to learn more about current issues like racism and to have conversations with people who have had different experiences from their own. While we all have many diverse elements to our life stories, we are all united in our humanity and our need to be safe and valued.”

Renovations CONTINUED FROM PAGE 7

Gorham should want people to feel welcome at GHS.

The joint committees are continuing to meet this school year in order to bring a plan to referendum to address the above needs and others that have come to the surface through Gorham’s careful study.

The Gorham School Committee and Town Council have communicated with each other throughout this process about a target date for referendum. The specific referendum date could still change, however, the current target is November of 2019.

The ThoughtExchange results can be reviewed at: <http://gorham-schools.thoughtexchange.com/card-welcome/welcome-2/>. Stay tuned for the next steps of this process.

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Pam Nicely joins her husband, Keith Nicely of the Bean Group (formerly the Maine Real Estate Network) as a Team Administrator and Buyer's Agent. Look to a future edition of the Gorham Times to read their spotlight story brought to you by the Gorham Business Exchange.

GHS Kicks Off School Year with Homecoming Week

ERIN WENTWORTH
GHS Student Intern

To kick off the 2018-19 school year, Student Council (SC) representatives, Gorham Athletic Boosters, and Gorham high school's athletic department worked hard to prepare for the annual homecoming week.

The week of September 17 included spirit days, a pep rally, homecoming sports games, and the homecoming dance, as well as the school's Unity and Diversity Day (see article on page 8), put on by the Civil Rights team.

The Student Council organized the spirit days, pep rally, and dance, while the Gorham Athletic Boosters and the high school's athletic department hosted the Homecoming games. The goal of the week was to bring spirit to GHS students and get everyone excited about the upcoming school year.

This year, SC decided to hold a door decorating competition for the school advisories to take part in during the week. The top four winners received a donut party, paid for by the SC. The winning advisories were Ms. Greslick's advisory for "Most Creative," Mr. L. Berthiaume's for "School Spirit," Mr. B. Flanders' for "Appearance," and the winner of the overall best door was Ms. Hatch's advisory.

Spirit week continued to be a popular event, with themed days including

Mainer Monday, Team Tuesday, Pajama Day on Wednesday, Decade Day on Thursday, and Class Colors on Friday, to coincide with the pep rally.

The pep rally started with the school song, sung by members of the GHS choirs, then SC president Kyren Bettencourt introduced sport team captains and club leaders. To finish up the event and spirit week, team captains took on a few teachers in a friendly game of dodgeball in front of the entire school.

The homecoming dance, held on September 22, was the final event of the week and had over 400 students in attendance. The theme this year was "Blast from the Past" and SC representatives decorated the school lobby and gym with CDs, balloons, and a black-and-white color scheme.

If the success of the week is any indication of the upcoming months, this will be a great year for GHS students.

All photos Amanda Landry Photography



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GHS Teams are Red Hot Heading Into Playoffs

COMPILED BY DESTINY COOK
Sports Editor

At press time, many GHS fall teams were in great positions heading into the last few weeks of the regular season and looking for strong playoff runs.

Field Hockey: Record 9-2; Ranked 3rd with three games remaining in the regular season.

Seven different players scored at least one goal; Molly Murray, Mercy Dunn and Haley Lowell are the leading scorers. Lydia McCrillis, the starting goal keeper, has 63 saves on the season and four shutouts. Senior night is coming up on October 5 at 4 p.m.

Football: Record 3-2; Ranked 7th with wins against Westbrook (28-0),

Mt. Ararat (47-24) and Messolonski (67-8). With three games left in the season, Gorham hopes to remain in playoff contention. The last home game is October 19 at 6 p.m.

Boys' Soccer: 10-0 Ranked 1st with key victories over previously unbeaten Scarborough (4-0), South Portland (2-0), and defending Regional Champs, Portland (3-1). Andrew Rent is leading the offensive attack and Cooper Lyons is controlling the mid-field while Trevor Gray anchors the defense in goal.

Girls' Soccer: 8-0-1; Ranked 2nd with five games to go. The girls have played very tough this season and look forward to making it far into the playoffs while eyeing the Championship. Sophomore goalie Lily

Courtney has yet to allow a goal this season.

Golf: Varsity Golf finished the season with a record of 5-4-0. They won two matches in a row versus Westbrook and Thornton Academy and finished the season with a win against Windham. The team captured the last spot (on a tie breaker) to qualify for States on October 6. The Rams were led by Tyler Haines who shot an 82 and qualified for individuals on October 13.

Cross Country: With only two regular season meets remaining, the cross country teams are working on preparing for a post-season run. The boys' team currently has a record of five wins and two losses. Some of the runners who are helping the

success of the boys team thus far are Jacob Sladen, Calvin Cummings, Reed Henderson, Josh Lehmann, Andrew Tinkham and Zach Green. The girls' team currently has a record of three wins and four losses. Some of the runners who are helping the success of the girls' team are Kate Tugman, Emily Paruk, Molly Eaton, Carson Battaglia, Stefanie Meacham and Libby Knudsen. The State Championship takes place in Belfast on October 27.

Volleyball: Gorham Varsity and JV Volleyball teams are both 9-0 this season. The varsity team is ranked first in the state and look forward to keeping their momentum going into the post season. Senior night will be celebrated at the next home game on October 4.

Town Council Votes Against Referendum CONTINUED FROM PAGE 1

and the Town Council for years. The Town Council can make reductions to the School Committee's annual district budget, but can not tell the committee what to eliminate.

Both the Town Council and the School Committee believe that, ideally, annual funding levels for capital improvement projects (CIP) should be 2% of the value of the district's assets, or for Gorham, about \$2 million. However, when councilors vote to reduce the proposed budget, School Committee members usually reduce CIP funding rather than cut student

services. The result is either deferred maintenance or requests for additional funds. This year's budget includes \$509,000 for capital improvement projects.

According to Stewart McCallister, vice-chair of the School Committee, "We are going to continue to maintain the current system, replacing the equipment as it fails." He added that "while it is not the most cost effective method, it will have to suffice until we can revisit the project as a whole at a later date, most likely after the high school referendum."

Freihofer's/Nissen Bakery CONTINUED FROM PAGE 3

wiches in their dorm room. We have one Mom who tells us that she puts the money she saves here into their Family Vacation Fund and that allows her family to take a summer vacation every year."

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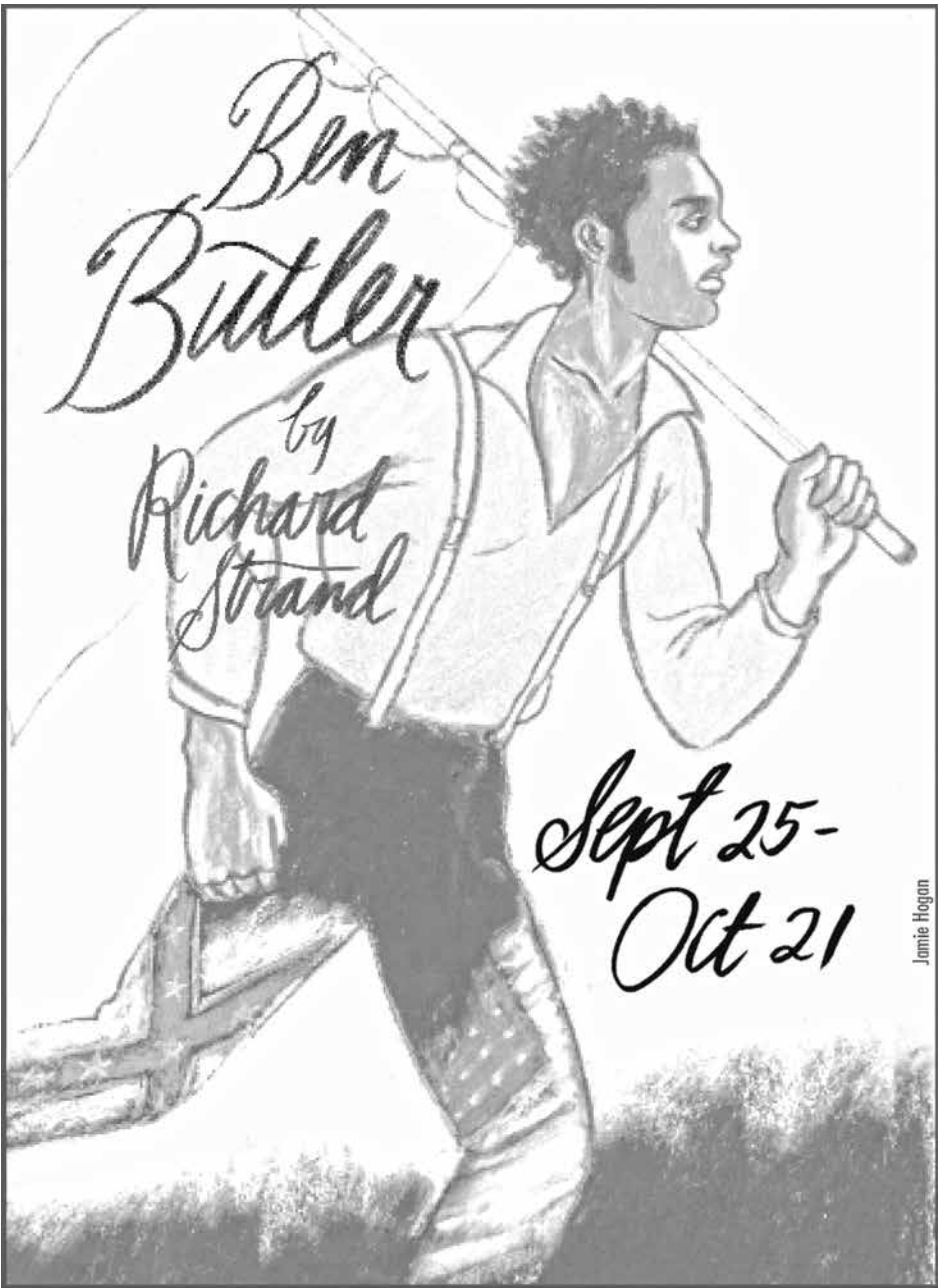
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Sports Etc



Photo courtesy Assumption College

Lucas Roop (GHS '18) earned a spot on the 2018 Assumption College Men's Golf team for the Greyhounds' fall season. Recently, Roop came through with a dynamic performance on the second day of the AIC Invitational to help Assumption jump to third in the event. Roop shot a 3-under 69 on the second day to move up 16 spots and finish tied for third with a 146 overall. Because of that performance, Lucas was NE10 Men's Rookie of the Week.

Bode Meader was recently named to the 2019 Maine BASS State team.

Youth Sports Snapshots



Photo credit Laurie Douglas

Girls U13 are 4-0-1 and will play two more games before the Columbus Day Tournament and playoffs begin. Pictured (left to right) are Hilary Douglas, Kaitlyn Nichols, Claire Boudreau, Amy Morin, Giselle Doucette, Lilliana Noel, Andi Cloutier and Ellie Gay.



Photo credit Becky Curtis

The Gorham Grizzlies get a pep talk from coaches Mike Smith, David Tucker, Jesse Coleman, and Bob Burns.



Photo credit Nadia Doucette

U9 Girls GYSA team



Photo credit Roy Ingalls

Members of the Gorham Cubs football program.



Photo credit Kristina Westbrook

Jr. Grizzlies (l to r) Braden Risbara, Joshua Cenate, and Andre Dube on the field against Noble.



Photo credit Daniel Emerson

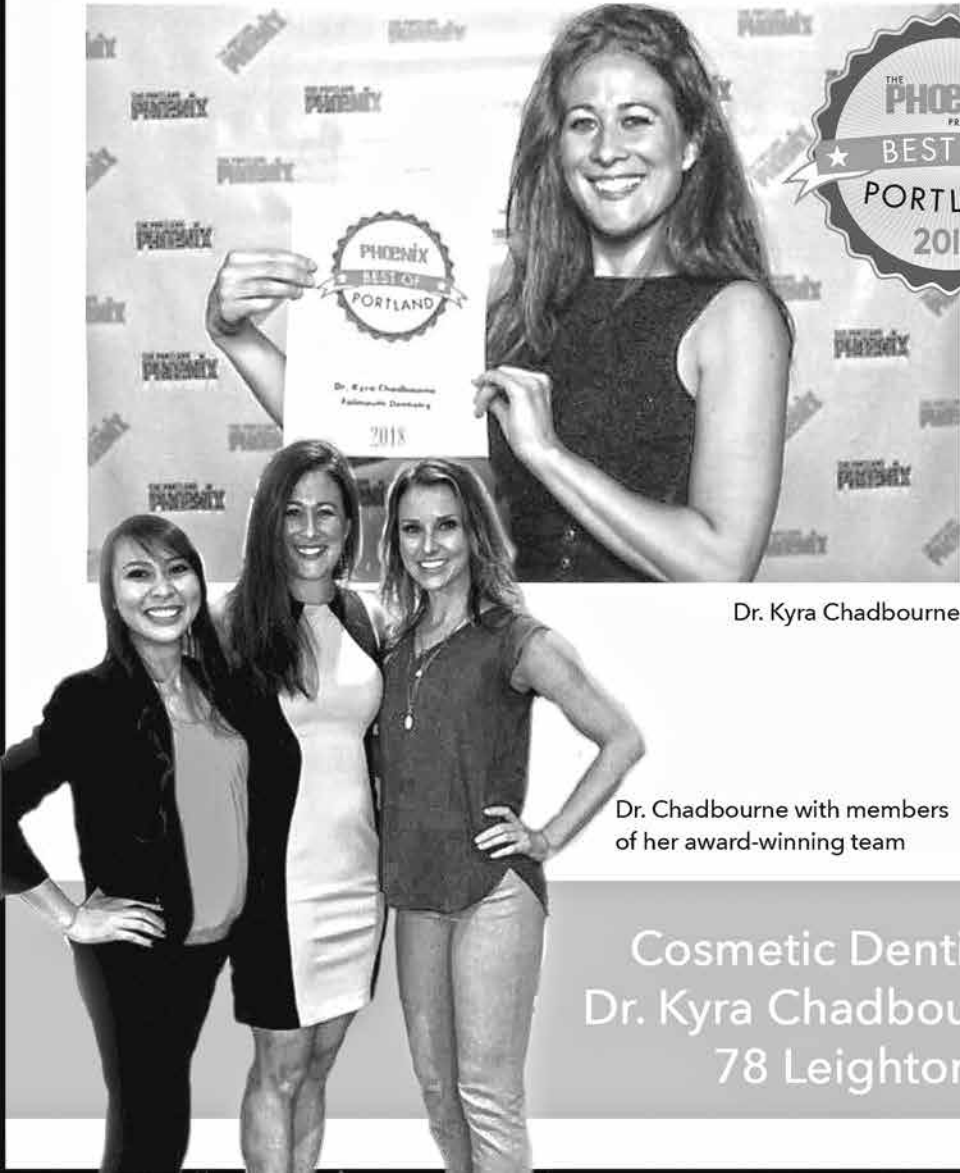
Chris Rumery (Foreground) and Oliver Emerson (Background) of the GYSA U9 boys' team.



Photo credit Tom Forgues

The U12 Girls GYSA Phantoms soccer team started their 2018 season off with an annual training on the beach at Pine Point. Pictured: (FR) Julia Reed, Bailey Hatch, Sarah Rosingana, Vanessa Walker, Aryana Flett, Luciana Orlando, Lily Tukey (BR) Hadley Foster, Kaitlynn Cyr, Evelyn Rush, Violet James, Piper Forgues, Juliet Sargent, and Ellery Herrick.

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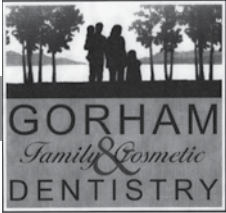
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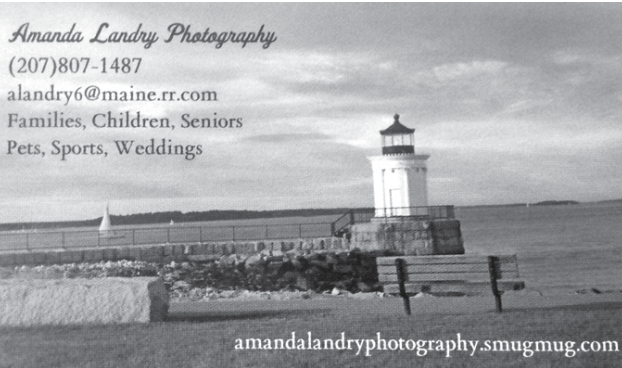


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DEAN’S LIST

Colby Sturgis, Bryant University, Smithfield RI
Brandon Desjardin, Bryant University, Smithfield RI

OF INTEREST

Seth Wing and Jocelyn Davies have announced their engagement. Wing is the son of Michael and Judy Wing of Gorham. He is a graduate of Bryant University and is employed by State Street Bank in Boston. Davies is the daughter of Clinton and Colette Davies of Yarmouth, Maine. She is also a graduate of Bryant University and is employed by Epsilon Marketing in the Greater Boston area. The couple plan an August 2019 wedding in Norway, Maine at Granite Ridge.



Cricket Comforts’ 6th Annual Sew-A-Thon took place on Sept. 21-22 at The Old Robie School in Little Falls. Cricket Comforts is a volunteer community service organization creating pillowcases for children receiving medical care. Volunteers of all ages, many from Gorham, made 495 pillowcases.



Gorham Girls Scouts Taylor Jordan, Izabella “Izzy” Densmore, and Grace Pierce recently earned their Silver Awards, the highest award a Cadette level Girl Scout can earn. All freshmen at GHS, Jordan updated the outdoor classroom at Great Falls School which included building and labeling a Bat House, Butterfly House and Birdhouse, and making signs to identify the different types of trees along the trail of the outdoor classroom. Densmore worked for 50 hours to make and install birdhouses on the Claire Drew hiking trail off Libby Avenue in Gorham and made decorative birdhouses and butterfly houses to place in Robie Park. Pierce put up bat houses at Shaw Park near the boat ramp and beach. Pictured is Jordan and Great Falls School Principal Becky Fortier (above left), Densmore at the Claire Drew Trail (above middle), and Pierce with Cindy Hazelton, Gorham Recreation Director (above right).

Gorham Savings Bank granted 20 wishes in July and August totaling \$20,000 as part of its 150th anniversary Wish Tree program. Thanks to the program, Gorham Cooperative Preschool will celebrate its 50th anniversary with a new outdoor playset, the American Legion Post #197 received a donation for building upgrades, a donation was given to the Gorham Backpack Program for children with food insecurity, and the Gorham Volunteers in Police Service (VIPS) received a donation towards medical supplies.

Under The Covers comes to Sebago Brewing Company, 616 Main St, on Saturday, October 6, from 3-6 p.m. Under the Covers performs everything from Motown songs to 80’s hits to today’s hottest tunes. No cover charge. FMI facebook.com/utcbandportland.

First Parish Church, 1 Church Street, will hold a Chicken Pie Supper on Saturday, October 6, from 5-6:30 p.m. \$10 adults/\$5 children under 12. FMI, 839-6751.

The White Rock Community Clubhouse will hold a Bean Supper on Saturday, October 6, from 4:30-6 p.m. Homemade kidney and pea beans, hot dogs, coleslaw, potato salad, macaroni and cheese, homemade biscuits, as well as homemade pies for dessert. Adults: \$9/Children under 12: \$4. 34 Wilson Rd. FMI, whiterockcommunityclub@gmail.com.

The West Gorham Union Church will hold a Bean Supper on Saturday, October 6, from 5-6 p.m. Ticket sales start at 4 p.m. Adults \$8 and children under 12/\$3. Beans, BBQ hot dogs, clam casserole, chicken pie, mac and cheese, chop souy, coleslaw, salads, jello salads, homemade pies, coffee and punch. 190 Ossipee Trail (Route 25).

The Gorham Lions will be meeting on Tuesday, October 9, at the Old Elmwood School House on South Street (Rte. 114) at 6:30 p.m. New members always welcome. FMI, 929-9182.

Rummage Sale at Cressey Road United Methodist Church on Friday, October 12, from 9 a.m. to 2 p.m. and on Saturday, October 13, from 9 a.m. to 1 p.m. Books, clothes, dishes,

furniture, house plants, toys, jewelry and more. Saturday will feature markdowns and “fill-a-grocery-bag for a dollar” from 11 a.m. to 1 p.m.

Beginners Guided Mountain Bike Ride for beginner mountain bikers on the beautiful Frazier Preserve in Gorham. Saturday, October 13 from 10 a.m.-noon. RSVP required at https://www.prlt.org/event-sign-up-beginners-mountain-bike. Sponsored by PRLT, Greater Portland Chapter of the New England Mountain Bike Association (NEMBA) and the Gorham Rec. Dept.

Cressey Road United Methodist Church will hold a Free Family Fall Festival on Saturday, October 20, from 10 a.m.-3 p.m. at 81 Cressey Rd. Games, music, bouncy house, pony rides, festive treats, ministry expo, hay rides and more. FMI cresseyroadumc@gmail.com or 839-3111.

Cressey Road United Methodist Church will hold a Turkey Dinner on Saturday, October 20, at 5:30 p.m. Proceeds supporting Vacation Bible School 2019. \$8/ adults, \$6 kids 6-12, 5 & under free. 81 Cressey Road. FMI cresseyroadumc@gmail.com or 839-3111.

UCC at North Gorham will hold its last Bean Hole Bean Supper of the year on Saturday, October 20, from 4:30-6 p.m. Serving authentic bean hole beans baked in the ground over-night, hot dogs, coleslaw, potato salads, homemade pies & brown bread. 4 Standish Neck Road Gorham. Come early to see the pit opened.

SENIOR PROGRAMS

Senior Meal Site - St. Anne’s Church, Wednesdays at 12 p.m. Cost is \$4. Volunteers are need to assist in meal prep and clean up. FMI call St Anne’s Church 299 Main St (207) 839-4857.

The Gorham/Westbrook/Windham TRIAD will be holding its monthly meeting on October 12 at 9 a.m. at the Westbrook PD. The topic of discussion will be Safe Driving with Heather Shields of Pathways Rehabilitation Services. Refreshments and social time after the meeting. Free program, everyone is welcome.

Lakes Region Senior Center, located at the Little Falls Activity Center, 40 Acorn St. is open Monday through Friday from 9 a.m. to 1 p.m. Join them daily for coffee, tea, and socializing. Ongoing daily activities include Mahjong on Mondays – beginners welcome. FMI, Diane 892-9529; Tuesday crafts and card games. FMI, Avis 892-0298; The Memoir Writing Group meets the last Wednesday of the month. FMI, David 892-9604; Thursday Table games at 10 a.m. and Friday Art Workshop at 9 a.m. FMI 892-0299.

Lecky Brown Center, located at First Parish Church, 1 Church St., Mondays at 1 p.m. “Remember When?” Historical items from Gorham’s past and remembrances; Tuesdays at 9:30 a.m. Knitting Group; Wednesdays at 10 a.m. The Originals; Thursdays at 2 p.m. Church Street Writers (2nd and 4th Thursdays each month); Fridays at 10 a.m. ARTrageous Seniors and 1:30 p.m. Tai Chi for Seniors. FMI: 839-6751 or firstparishoriginals@gmail.com.

The Lecky Brown Center will be hosting Southern Maine Agency on Aging’s “Living Well for Better Health” starting Tuesday, October 9, from 1-3:30 p.m.. Six sessions. \$10 one-time workshop fee. Preregistration is required. Please call or email Susan Adams for more information. 396-6578 or sadams@smaaa.org.

Lecky Brown Center will present Let’s Talk with Bill Jenks on Thursday, October 11, at 10 a.m. Topic - Attitudes and Fears Surrounding Death.

The Gorham Medical Closet located at the Municipal Center 75 South St is free and available to Gorham residents in need of portable wheelchairs, shower seats, commodes, walkers, canes and more. FMI 839-3859, 329-4976, 632-2178, 839-3494, or 839-3630.

USM NOTES

University of Southern Maine School of Music hosts an Old-Fashioned Outdoor Band Concert on Saturday, October 13, at 1 p.m. on the green in front of Corthell Hall (rain location: Brooks Student Center). BBQ lunch by Sodexo will begin at noon, cash only. Parking is free. FMI loria@maine.edu

Daniel Minter: OTHERED Exhibit will be on display at the University of Southern Maine, Gorham campus Art Gallery, October 4 – December 9. Opening reception Thursday October 4, 6 -8 p.m. Daniel Minter gallery talk at 6:15 p.m. FMI https://usm.maine.edu/gallery/daniel-minter-exhibition-malaga-island-0

Gorham resident, Mary Snell, is the co-curator for IXNOS: an exhibit about migration on Lesvos on display from October 5 – December 14 at the Glickman Library, USM, Portland campus. The exhibit highlights the issues surrounding migration and the international connection between Portland and its official Sister City, Mytilene, Lesvos.

ON-GOING EVENTS

Gorham Cancer Prayer and Support Group meets the first Tuesday of every month at the Cressey Road United Methodist Church, 81 Cressey Rd. from 6-7:30 p.m. This monthly non-denominational event is a prayer and support group for anyone dealing with cancer including patients and caregivers.

The Gorham Food Pantry, located at 299-B Main St (parking lot of St. Anne’s Catholic Church) is open every Thursday morning from 9-11 a.m. and the second and fourth Wednesday of every month from 6-7 p.m. Free for Gorham residents in need. FMI, 222-4351 or visit www.gorhamfoodpantry.org.

CLOSE TO HOME

Art at Marrett – A Celebration of Art, History & Foliage. Saturday, October 6, 10 a.m-4 p.m; Sunday October 7, 10 a.m. – 2 p.m. Marrett House 40 Ossipee Trail East (Route 25) Standish. Come celebrate Maine arts and crafts at the 10th annual event. Admission is free and refreshments will be available for purchase. FMI http://shop.historicnewengland.org/MAR-ART-7525/

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BUXTON \$335,000 - Offering over 2700 sqft of living space with 4BR, 2ba & 2 car garage. Private 5 acre lot located on the Buxton/Gorham line.

SOLD



35 Snowberry Dr \$374,500 - Desirable Wilson Field Subdivision in Gorham! 2588sqft 3BR, 2.5ba home with 2 car garage on 2.04 acres conveniently located on the Westbrook side of Gorham.

SOLD



35 Job Road \$389,500 - Gorgeous custom 3BR cape w/ heated 3 car garage on 3.06ac lot in Standish. Features over 1900sqft of living space plus future unfinished space over garage. Upgraded throughout.

UNDER CONTRACT IN JUST 1 WEEK!



GORHAM \$348,000 - Hassle free single floor living in Gorham Village. This 3 bed 2 bath ranch style home features a cherry kitchen w/ granite, SS appliances & a breakfast nook.

REDUCED PRICING



GORHAM \$366,000 - Now under construction! 3BR, 2.5ba w/ 2car garage in a small 7 lot subdivision. Offers granite kitchen, FP, HW & tile floors, farmer's porch, deck, daylight bsmt & paved drive.

NEW LISTING



BALDWIN \$39,900 - Rural wooded lot offers road frontage on both Saddleback Road and Mountain Road. Ideal for a year round privacy or a weekend retreat!

NEW LISTING



S. PORTLAND \$229,500 - Affordable 3BR, 1 bath home located in a well-established neighborhood. Corner lot and very convenient location just minutes to the interstate & shopping.

UNDER CONTRACT IN JUST 1 WEEK!



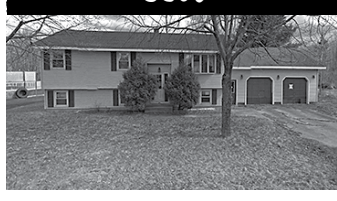
GORHAM \$329,900 - Built in 2012! This gorgeous townhouse style duplex offers 2BR, 1.5ba units w/ full bsmts & rear decks. Located in the heart of Gorham Village on public water, sewer & individual natural gas meters.

SOLD



15 Joanna Dr \$359,900 - Brand New Saco Colonial! Sunlit open concept w/ a white shaker kitchen, granite counters, SS appliances, tile/HW flrs, 1st flr laundry, deck, master BR w/bath & walk-in closets.

SOLD



20 Hilltop Ave \$40,000 - 1979 Lewiston split entry home on .26 acres. Sold as a short sale. It has 3BR/1ba and a 2 car garage with public utilities. Condition of systems is unknown.

REDUCED PRICING



HOLLIS \$329,900 - Just completed! 3BR, 2.5ba 1824sqft w/ daylight walkout bsmt & 24x24 finished garage. HW & tile throughout, granite counters, SS appliances, deck & paved driveway.

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KITTY KLEPTO

White Birch Lane caller reported her cat had been stolen. She had given her cat to some lady to watch and now the lady would not return the cat. Officer advised he could not take a theft report, and that she would have to go to Civil Court to get her cat back.

Elliott Road caller reported several items had been stolen from her yard during the night.

Officer responded to Patrick Drive for a report of a missing person. While waiting for the canine unit, the missing person walked out of the woods behind the house. He had gone for a hike earlier and gotten lost in the woods. He refused rescue or any other assistance.

Caller advised a male at the corner of New Portland Road and Brackett Rd. appeared to be intoxicated or dehydrated from the heat. Male was located and given a courtesy ride to Cumberland Farms.

Caller reported someone screaming on Preble St. Officer saw two males on a porch who were intoxicated. He told them to go inside.

Day Road caller was concerned about a possible scam while trying to sell an item on line. Advice was given.

Officer did not respond to a call about a peacock in a field as there were more pressing calls needing attention.

Harding Bridge Road caller reported being threatened. Officer contacted the other party and told him not to call or show up at property. He agreed saying he did not want to talk to him. Caller was advised of conversation.

McClellan Road caller reported a truck speeding in the area. Officer called the owner of the truck and he said he would speak to his son about it.

Officer spoke to Burnham Road man about a dead raccoon in his backyard. Officer advised him it was his responsibility to get rid of the carcass since it was on private property. Officer told man to either bag the raccoon and put it out with his trash or drag it into the woods and let nature take its course.

Animal Control Officer went to Clearview Drive for a report of a dog with an electronic collar that is out all day barking at neighbors and people walking by. Dog does not leave the property but barks continuously. Dog was in front yard barking when officer arrived and barked the entire time officer was at the residence. Front door was open and storm door was closed. There was a vehicle in the driveway. Officer left a warning for a barking and unlicensed dog and a copy of the Town's animal ordinance.

Man walking on Main St. near Community Pharmacy told officer that he had been in class at USM and was walking towards Westbrook to meet an Uber driver. He was told to cross the street and walk on the sidewalk.

Officer saw a suspicious vehicle on Dingley Spring Road. It turned onto Buck St. and

driver was found laying down on the front seat. He had an outstanding warrant and a suspended license. Officer took him to Cumberland County Jail and he was charged with being a fugitive from justice and operating after suspension.

Caller reported woman passed out in a vehicle on New Portland Road. When officer arrived, vehicle had left but woman was not the driver.

Officer responded to Mercier Way for a possible disturbance. Told man he was not welcome there and to make arrangements to collect his belongings through a third party. He was take taken to Cumberland County Jail on an outstanding warrant and issued a criminal trespass notice not to return to Mercier Way.

Johnson Road woman wanted to know about son's protection from abuse order. Officer had explained this to son and since son is an adult, officer could not discuss the issues with mother. She was advised son could call with any questions he had.

Officer went to Flaggy Meadow Road for report of a suspicious vehicle. The driver had gone to the intersection of Flaggy Meadow and Cressey Road to pick up a group of boys who were walking and celebrating a recent win at a soccer game. Boys were fully clothed, not wearing boxer briefs as had been reported, but soccer shorts. Boys acknowledged they had been dancing in the street but denied yelling at motorists. They were advised not to be loud in the street as it was after 11 p.m.

Officer checked Lady Slipper Way for a reported suspicious person. Homeowner came out and was embarrassed as she had called her husband and he told her who it probably was and that he had given person permission to be there.

Suspicious person near USM was a woman who was being attacked by horse flies and was upset by this.

Officer responded to a call about a suspicious person near the covered bridge on Hurricane Road. He found a truck parked with a suspended registration. Officer saw a few different boxes containing alcohol in the back seat. People park here and go camp in the woods across the street but property owner has asked that nobody be allowed to camp there. Officer did not find anyone camping. Attempts to contact the owner of the truck were not successful as both his listed numbers had been disconnected.

Officer found a male sleeping in his vehicle at the end of Hutcherson Drive. He advised he was between living situations and needed a place to sleep. He was moved along.

Couple having a verbal altercation on O'Brien Drive were separated and the female agreed to leave on foot.

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CALENDAR

THURSDAY OCTOBER 4

- Baby Discovery Time (birth-18 mos), 9:30-9:50 a.m., Baxter Memorial Library
- Toddler Discovery Time (18-36 mos), 10-10:30 a.m., Baxter Memorial Library

SATURDAY OCTOBER 7

- Greater Gorham Farmers Market, 8:30 a.m.-12:30 p.m. South Street, Gorham

MONDAY OCTOBER 8

- Columbus Day – Library Closed

TUESDAY OCTOBER 9

- Preschool Discovery Time (3-5 yrs) 9:30-10:15 a.m., Baxter Memorial Library
- Town Council Candidate Night, Gorham Municipal Center, 7 p.m.

THURSDAY OCTOBER 11

- Baby Discovery Time (birth-18 mos), 9:30-9:50 a.m., Baxter Memorial Library
- Toddler Discovery Time (18-36 mos), 10-10:30 a.m., Baxter Memorial Library
- Sewing Club (age 7 and up) 2:30-4:30, Baxter Memorial Library

FRIDAY OCTOBER 12

- Rummage Sale 9 a.m.-2 p.m. Cressey Road United Methodist Church

SATURDAY OCTOBER 13

- Greater Gorham Farmers Market, 8:30 a.m.-12:30 p.m. South Street, Gorham
- Rummage Sale 9 a.m.-1 p.m. Cressey Road United Methodist Church
- Lego Club 10 a.m.-12 p.m.

MONDAY OCTOBER 15

- Toddler Discovery Time (18-36 mos), 10-10:30 a.m., Baxter Memorial Library

TUESDAY OCTOBER 16

- Preschool Discovery Time (3-5 yrs) 9:30-10:15 a.m., Baxter Memorial Library
- State Senate Candidate Night, Gorham Municipal Center, 7 p.m.

TOWN OF GORHAM Town Clerk's Office Immediate Opening

The Town of Gorham, Town Clerk's Office is currently accepting applications for the position of Part Time Customer Service Clerk.

This position is responsible for processing vehicle registrations; accepting tax payments; issuing various licenses and certified copies of records; and other responsibilities as assigned by the Town Clerk.

The position is scheduled for 20 hours per week and must be available to cover lunch breaks. Additional hours may be required at certain times of the year, such as election time.

High school diploma, or equivalent, required. A minimum of one year's prior experience in customer service, cash handling, and computer use required. Previous municipal and/or government office experience a plus. Any equivalent combination of education, training, or experience that provides the required knowledge, skills, and abilities may be considered.

For more information, please visit the "Career Opportunities" section of the Town's Website found at www.gorham-me.org. Applications may also be picked up at the Town Manager's Office/Human Resources, 75 South Street, during business hours.

Application deadline: October 9, 2018

The Town of Gorham is an Equal Opportunity Employer.

NEXT GORHAM TIMES DEADLINE: OCT. 10TH

The Last of the Monarchs



Photo credit Chris Crawford

Monarchs are unique for their annual migration from Maine to Mexico, flying in packs. In the fall, monarchs recently born in the north, will migrate in groups up to 3,000 miles to central Mexico, where they will hibernate, huddling by the millions in Oyamel fir trees.

Community Workshop for Window Inserts Returns

LESLIE DUPUIS
Editor

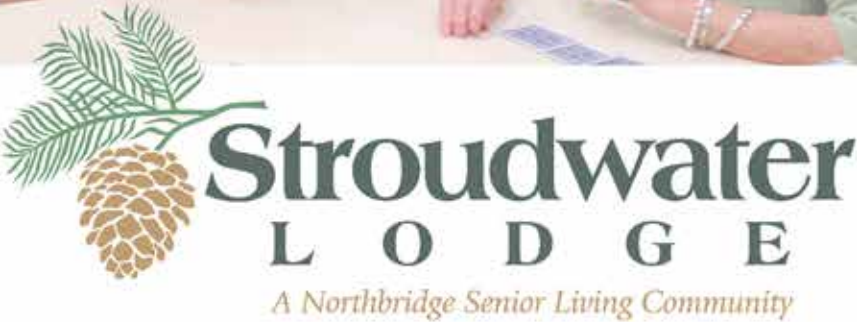
Even though we have been enjoying extended summer-like weather, winter is inevitably approaching. A group of local residents is organizing another community workshop in November to build window inserts through WindowDressers, a Maine-based non-profit organization, which builds custom-fitted window inserts that fit snugly inside the window frame to block drafts, thereby saving money on heating costs.

The deadline for signing up to get insulating window inserts at this year's community workshop is October 8. To make an inquiry about getting inserts for your home, please visit the WindowDressers.org website (<https://windowdressers.org/sign-up-for-inserts/>) or write to local coordinators at buxtongorhamwindowdressers@gmail.com. For folks not using a computer, please call (207) 596-3073 to make an inquiry.

Volunteers will visit homes to measure windows so the frames can be cut and assembled at WindowDressers' home base in Rockland in preparation for the community workshop. It is during this workshop that local residents can volunteer to apply foam-striping and plastic coverings to the pre-assembled frames.

The community workshop last year in Gorham had a significant impact according to local coordinator Miriam Rubin. Volunteers completed 398 inserts for 41 homes, avoiding the annual burning of 3,812 gallons of fuel oil (or equivalent BTUs) for a total savings of \$10,400/year. The total CO2 not released annually is 85,398 pounds. "At an average price of \$2.73/gallon - certain to be a low estimate - over the ten-year life of these inserts, that adds up to a savings of well over \$100,000 in avoided heating costs for our neighbors," she shared.

This year, the workshop is scheduled for November 13-17 at Galilee Baptist Church at 317 Main St in Gorham. Volunteers are needed. To sign up for a volunteer shift, please go to the website <https://signup.com/client/invitation2/secure/2383581/true#/invitation>.



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