Courage House: A Year Later

In late June 2019, Courage House welcomed its first resident, a man who was recently released from prison and in recovery for substance abuse disorder. Some Gorham residents had expressed concern over the location of a halfway house in the center of town. But 15 months later, Al Garcia, Courage House program director, said, “We have not been perfect, but we are glad to be able to show people we are good neighbors.”

There are currently 16 men living in the house on School Street and every bed is filled. It is a voluntary program. All applicants are screened with case workers recommending applicants who they believe will benefit from group living. All are required to have counseling. During the past year about 50 men have lived in the house. “Some stay for just a few days,” Garcia said, “because they are not a good fit and move on.” Others stay and become part of the Gorham community.

First Parish Church welcomed the men from the beginning. “Courage House residents are our neighbors,” said the church’s pastor, Christine Dyke, adding, “They live right across the street.” Members deliver welcome baskets to new residents which might not notice all of the significant improvements that have taken place since the spring 2020 semester. The parking lot would still appear full, but total USM student enrollment has actually increased slightly. Full time enrollment was 1,223 as of the first day of classes, although the number of students in Gorham residence halls was down to 728, a number that is below capacity. If a visitor happened to see any students exiting or entering their vehicles, they would be wearing masks, as all persons on the campus are required to do at all times. The only exceptions are for those inside a vehicle or inside their own dorm room.

Some less noticeable but equally important improvements are measures like frequent COVID-19 testing. Approximately 2,000 asymptomatic members of the University of Maine on-campus community are tested every 10 days, which has increased the state-wide level of testing. (Specific percentages for the number of students and staff being tested at USM’s campuses are not yet available.) In addition, the University of Maine is using wastewater testing to monitor possible COVID-19 levels at USM’s Gorham dormitories, as

Three large tents have been placed around the USM campus for students to congregate or socially isolate in a safe manner.

The pandemic altered plans for Maine Maple Sunday in March, but the Maine Maple Producers Association announced that some farms will participate in a rescheduled fall weekend, October 10-11. In Gorham, local farms will participate but the activities and offerings will be limited. Jo’s Sugarhouse (Harrwell Farm) will be open both days from 9 a.m. to 4 p.m. for product sales. There will also be an opportunity to pet the goats on the farm. Curbside pickup is available for those who feel more comfortable shopping from a distance. For the latest details, visit Jo’s Sugarhouse Facebook page.

Parson’s Farm and the Lockman Farm have opted to forgo Maine Maple Sunday this fall. Both have had success selling their maple products locally throughout the spring and summer. Given the restrictions with COVID, they feel more comfortable waiting until next year to hopefully participate as they have in previous years.

The grief within our community is palpable. Rest in peace.

Maine Maple Sunday: Take Two

JOHN ERSEK Staff Writer

Visits to USM’s campuses in Gorham and Portland by the general public are currently not allowed. But if a hypothetical member of the public were to drive through USM’s Gorham campus, one of the first things they would notice would be the three large white tents placed around the campus. There is also one on the Portland campus behind Payson Smith Hall. These tents are intended as places where students can congregate or socially isolate before, during, and after classes, in a safer manner than traditional indoor settings. There are designated places in the tents where students can sit while accessing WiFi, taking part in after-class discussions, or participating in meetings of clubs and other student organizations.

Anyone driving through the campus might not notice all of the significant improvements that have taken place...
Dear Editor,

I, Kyle Bailey, have been a resident of Gorham and a member of the community for the past 10 years. I have had the pleasure of working with Maine Farmland Trust and Maine Organic Farmers and Gardeners Organization (MOFGO) and have learned about the importance of supporting local farmers. I have dedicated my life to helping small farmers and have been a strong advocate for land conservation and economic development in our community.

Sincerely,
Kyle Bailey

Dear Editor,

I was honored to be at O’Reilly’s Cure in Scarborough when Stacy Brenner first announced she would run for State Senate. It was a moment that brought hope and inspiration to the state and its people. As the state continues to grapple with the COVID-19 pandemic, Stacy Brenner has shown time and time again that she is a leader who can help us through these challenging times.

Sincerely,
Jim Boyle
Gorham Lions Club
66 Years of Gorham Pride & Service
KEN ALDRICH
Gorham Lions President

With the recent passing of Vincent Johnson, the last of the Gorham Lions Club charter members has left us, but it has left the Gorham community and the Club a better place and a better organization.

When the charter members of the Gorham Lions Club (including Richard Barden, who passed away in 2019) met to form a local chapter of the world’s largest service organization in 1954, they pledged to meet or exceed the Lion’s motto, “We Serve,” every day and every year.

Early on, the Gorham Lions saw its role as an organization that made a better life for all the residents of Gorham. Helping low and moderate income neighbors get proper eye-sight testing and glasses was an early mission that continues today, 66 years later. When another local club started a drive to establish a community ski slope with a rope tow, just off Water Street, but couldn’t get the task accomplished, the Gorham Lions secured the equipment and groomed the hill to establish the rope tow and ski slope in the late 1950s.

The town of Gorham dedicated Fort Hill Park in 1976, but does anyone remember that the Gorham Lions raised over $50,000 to help the Town buy the property and the high ground on the site of the original Gorham fort?

Between 1987 and 1989, the Gorham Lions took on its biggest challenge by saving the free standing Robie Gymnasium on South Street. After raising $80,000 and providing thousands of hours of labor, the building was brought back to code. In 1995 when Gorham High School was being expanded to include a new auditorium and performing arts facility, not enough money was available to install necessary acoustics and a sound system. Once again, the Gorham Lions came to the rescue to provide the funds to finish the job.

Early in the 2000s, the wife of then current Lions President, Norm Wedge, asked him a simple question: “Why do you see rows of American flags decorating the streets of Buxton and other towns, and not in Gorham?” That question led to a dramatic new service to Gorham, protecting and maintaining 100 Stars and Stripes and poles as they fly with pride from mid-May through the fall.

College scholarships have long been a mission for the Gorham Lions, and as much as $100,000 has been raised and presented to Gorham High School’s most motivated students over the past 66 years. In the last 12 years, the Lions have presented an annual Classic Car Show in July and a Christmas Tree Sale in December to accumulate the funds to continue the GHS scholarships.

The Gorham Lions continue assisting the Gorham Food Pantry meet the nutrition needs of the Greater Gorham community. The Club also works closely with Boy Scout Troop 73 to assist the boys and their leaders accomplish their goals and have proudly supported the youth base ball programs for many years.

Always ready to assist the hand-capped, Gorham Lions Club members built four wheelchair ramps at private residences, and recently restored a battery-operated wheelchair for a disabled Korean War Veteran.

Unfortunately the Gorham Lions had to put one of its most popular events, the Classic Car Show, on hold until 2021 due to the Club’s inability to ensure the safety of such a large gathering from COVID-19. The Lions will go door-to-door to hand out Klynk bags to raise funds from bottle and can deposits. Every nickel counts, and every opportunity for the Gorham community members to find out more about the Lions and their mission matters as well.

Joining the Lions perpetuates the successes of the past and expands the Club’s community service outreach to solve the problems of the future. For more information about membership or to report a new community need, please contact Lions President Ken Aldrich at 207-929-9182.

USM Takes Protective Measures During COVID
Continued from Page 1

The Gorham Times, celebrating 25 years of community journalism, seeks a new Editor to lead our volunteer staff in “bringing the news to all of Gorham”. This is a great opportunity whether you’re a seasoned journalist or you’re looking to gain valuable experience in the competitive world of journalism.

The Gorham Times provides quality news coverage and feature stories about Gorham’s government, schools, organizations, businesses, and residents.

Along with directing our team of committed volunteers, the Editor writes and proofreads articles, serves as the main liaison to the board of directors, and keeps his or her thumb on the pulse of Gorham affairs.

The right candidate understands and values the goal of creating a forum for fair-minded discussion by airing different viewpoints and maintaining a neutral editorial stance. To learn more and express interest, email gorhamtimes@gmail.com.

Gorham Times
Seeks New Editor
**Little Falls Bible Church**

Photo/Drawing courtesy of Greg Cuffey

Little Falls Bible Church (formerly LF Baptist) sports the belfry previously removed from the Frederick Robie School. The horse stalls can be seen behind the original Little Falls Baptist Church.

**GREG CUFFEY**

Contribution Writer

Gorham is made up of several smaller communities. Little Falls is at the junction of Route 202 and 257. With its eastern border following the Presumpscot River, it is a census-designated place (CDP) in a northeastern corner of Gorham. Prior to 2010, Little Falls was part of the Little Falls-South Windham CDP.

Little Falls was a busy place throughout the years because the “little falls” on the Presumpscot River spawned several water powered businesses like C.A. Brown and Company whose large brick factory was later purchased by the Androscoggin Pulp Co. producing wood-paperboard. Various modes of year-round transportation nearby like the Cumberland Oxford Canal, Portland & Ogilbourn railroad and trolley car running to and from Westbrook contributed to the success of local businesses.

With all the business activity in and around town there was a need for homes for workers, a school and churches. Sunday was traditionally the start of a new week. Baths were taken, clean linen and clothes put on, and men shaved for the week. When you heard the church bell ring for the first time, it was time to head to church rain or shine. Often a family name plate adorned the top of each opening, just like sections of church pews do today. Part of the open horse shelters can be seen behind and to the lower right side of an old church drawing pictured above. Also of note in this same drawing is the lack of a belfry.

The lack of a proper belfry was remedied almost a hundred years later after the church was built. It began with the 1950 closing of the old Frederick Robie School, which is now an event center called Old Robie Schoolhouse At Little Falls. It is located just a few blocks down the street from the church. The historic schoolhouse bell/belfry was originally donated in 1882 by the Honorable Frederick Robie, a former Governor of the State of Maine. Soon after the school closed, the bell/belfry was donated by the town of Gorham and moved to the top of the Little Falls Baptist Church.

On July 11, 1841 a church structure was erected on its present lot where the current parking lot is located. This structure burned in 1864, and in 1866 a new sanctuary was erected. Change came again in 1941 when the structure was moved to the north side of the lot onto a new concrete foundation which included ahabitable basement. Other notable changes are the two front door entrances/window locations and a name change to Little Falls Bible Church.

Greg Cuffey is an avid history detective who lives in Gorham. He is a past president of the Gorham & Newfield Historical Societies and member of the Cumberland Oxford Canal Society. Questions? Contact Greg at sphomaine@hotmail.com

**WE DON’T STOP PLAYING**

**BECAUSE WE GROW OLD.**

**WE GROW OLD BECAUSE WE STOP PLAYING.**

~ GEORGE BERNARD SHAW

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**PT REPORTS**

**Staying Active As We Age**

**MIKE SMITH**

As every health-conscious middle-aged person knows, our bodies can no longer tolerate the kinds of exercises we did so easily when we were younger. Our exercise routines must be changed as we grow older and how we change them makes all the difference. Adding some cross training will allow us to stay fit while being safe and injury free. This is true whether we want to walk three miles a day or hike Mt. Washington, whether we want to run a marathon or simply want to continue to do our chosen kind of work.

When I was 25, I didn’t believe my older patients when they said, “things change,” in regards to their body’s response to exercise. Well, now I’m in my 50s and I know they were right. Responses to exercise don’t necessarily change for the worse, but they sure are different. I preach on a daily basis to patients the importance of adapting their routines, whether for recreation or work or to accomplish daily tasks around the home. My days of heavy weight lifting and intense basketball in my 20s and 30s are gone. More running and less basketball occurred in my 30s and 40s. I finally had to give up competitive basketball at 50 after a minor injury that could have led to something more serious. I still run, but not as much, and have progressed to more body-weight strengthening and flexibility training.

Many of our patients, particularly those between 40 to 80, do not come to PT because of a traumatic injury. They mostly need assistance with a nagging issue that will not go away, that is affecting what they want to do on a daily basis. As we age, we cannot simply assume we can do the same activity we did ten years ago at the same level. One’s body is good at compensating for deficits in the musculoskeletal system, but it cannot compensate forever, and that is when most of us experience discomfort and pain. It comes a time to change what you are doing in terms of exercise and even adjust some habits that affect the body. For most, that might mean learning a series of new exercises along with education on what is occurring in order to alter some habits that may be feeding into the problem. Creatures of habit, many of us have done the same type of exercise for decades or done the same routine at the gym for years. It may be time to change it up and try other forms of exercise like yoga or Pilates or a spin class.

During the COVID-19 pandemic, many folks working at home have developed nagging neck and shoulder issues as they try to acclimate to the new routines. For them, basic posture and ergonomic exercises might be in order. The same applies for the half-marathoner or downhill skier in their 40s who may need to adjust their training to accommodate the changes in their bodies. For others with more chronic conditions such as arthritis, avoid sitting in one place for too long, whether in their neck or back, adapting to different workouts and practicing those exercises can help the body change and improve overall function.

Priorities for folks 60 to 80 may be a little different. They may still want to stay active and keep moving, but many are also concerned about falls and possible injuries. Working on balance and movement, which is different from their everyday movement patterns, is important. It has to be done safely, however, to avoid a significant injury. A series of weekly exercises can be helpful to make outside walking, climbing stairs, or even getting out of the chair more comfortable and safer.

The key to aging safely and actively is the recognize an issue before it becomes a major problem. As a general rule, if a nagging problem is not better in about one month, it is time to seek advice on how to solve the problem. The longer you wait, the longer it will take to resolve the injury and get back to doing what you like to do. Adapting our bodies to our lifestyle as we age is a key to continued good health.

Mike Smith is a physical therapist and athletic trainer and owner of Village Physical Therapy on Main Street here in Gorham.

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**Staying Active As We Age**

**MIKE SMITH**

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Candidates for Election - School Committee

Name: James David Brockman
Address: 31 Clearview Dr.
Education: BA Psychology
Wake Forest University, 1999

Personal/Bio: I grew up in Connecticut and have lived and worked all over the country, but Maine is home. I live in Gorham with my wife, twin sons, and two cats. I enjoy gardening, woodworking, mountain biking, and amateur rocketry.

Employment: I am a business analyst for a software firm that specializes in systems that support the healthcare industry.

Political and community experience: My father was the business services manager in the school district where I grew up. I was in middle school. I’ve also volunteered as a wildlife educator and, recently, at several Kids Club sessions with Narragansett Elementary School, teaching kids to build and fly rockets.

Why are you running for School Committee? I am a voracious learner and a proud parent, and I am excited about the opportunity to serve the town. I want to make sure Gorham schools are a supportive and safe environment for all students. I have volunteered as a Gorham Rocket coach and coached Girls on the Run - Heart and Soul in the Lake Region area. My children are just starting school, but I plan to be an active volunteer in the Gorham Schools.

Why are you running for School Committee? We spent the better part of last year planning and building excitement for our oldest to start kindergarten. Our new ‘pandemic reality’ made it very clear that at Village our oldest just started kindergarten at Narragansett School.

Political and community experience: I am new to politics, as this is my first time running for office. I have volunteered as a Gorham Rocket coach and coached Girls on the Run - Heart and Soul in the Lake Region area. My children are just starting school, but I plan to be an active volunteer in the Gorham Schools.

Why are you running for School Committee? Garrin is a growing community poised to answer some large questions in the coming years. A big part of that growth is due to the strong reputation of the school district and the rich sense of community we enjoy here. The past year has stretched us all in ways we couldn’t have anticipated and new challenges and possibilities are emerging for the next several years. I am not running because I think I know the answers to these questions, but instead because I think I can use my professional background to collaborate with all stakeholders to find the best possible solutions.

What do you see as the major issues for our schools and how might they be addressed? Our kids need functional, practical places...
Tips for Fire Safety Week
OCTOBER 4-11, 2020
COURTESY OF GORHAM FIRE DEPT.

The Gorham Fire Department is teaming up with the National Fire Protection Association (NFPA), the official sponsor of Fire Prevention Week for more than 90 years, to promote this year’s Fire Prevention Week campaign, “Serve Up Safety in the Kitchen.” The campaign works to educate everyone about simple but important actions they can take to keep themselves and those around them safe.

According to NFPA, cooking is the leading cause of home fires and home fire injuries in the United States. Almost half (44%) of reported home fires started in the kitchen. Two-thirds (66%) of home cooking fires start with the ignition of food or other cooking materials.

“We know cooking fires can be prevented,” said Lorraine Carli, NFPA’s vice president of outreach and advocacy. “Staying in the kitchen while you are frying, grilling or broiling. If you have to leave, even for a short time, turn off the stove. If you are simmering, baking, roasting or boiling food, check it regularly, remain in the home while food is cooking, and use a timer to remind you that you are cooking. You have to be alert when cooking. You will not be alert if you are sleepy, have taken medicine or drugs, or consumed alcohol that makes you drowsy. Always keep an oven mitt and pan lid nearby when you are cooking. If a small grease fire starts, slide the lid over the pan to smother the flame. Turn off the burner, and leave the pan covered until it is completely cool. Have a “kid-free zone” of at least three feet around the stove and areas where hot food or drink is prepared or carried.

Please visit USFA.FEMA.GOV, CPSC.GOV, NFPA.ORG and/or contact the Gorham Fire Department at 222-1060 for more information.

Clerks Corner
LAURIE NORSFORD
Town Clerk

Happy Fall, everyone! I hope everyone is staying safe and enjoying the beautiful colors of the season! The Clerks’ Office has been busy fulfilling absentee ballot requests. Just a reminder: if you receive more than one application in the mail and have already requested a ballot, please do not send in another request. These applications are not coming from my office or the State. Numerous organizations and parties are sending out absentee ballot applications, resulting in duplicate requests and much extra work for my office. You may request an absentee ballot by calling the Town Clerk’s office or visiting the State Election website. If you have already requested a ballot, we expect to get the ballots in this week and will be sending them out soon after. Absentee voting will be held in the Council Chambers at the Municipal Center starting October 19 through October 30 during regular business hours. Due to social distancing protocol, only six voters will be allowed to cast their ballot at a time. Please practice 6 feet social distancing while waiting in line.

Voter registration is conducted at the Town Clerk’s Office during regular business hours. Please be sure to have photo identification and proof of your residence address when registering to vote. You can register to vote up to and including Election Day in person. If you register by mail, your voter registration card must be received in the Town Clerk’s Office by October 19, 2020 to be eligible to vote in the November election.

Dog registration for 2021 will begin on October 15, 2020. You may register your dog online, or visit the Town Clerk’s office. Please make sure you bring your dog’s current rabies information.

Snowmobile registrations are now available for 2021 as well as hunting licenses. FY21 real estate tax bills went out this week. Look for yours in the mail. The current mil rate is $19.00. Please do not hesitate to call the Town Clerk’s Office at 222-1670 with any questions.

Planning Board Results
SEPT. 14, 2020

Walter Stinson’s proposed self-storage facility at 551 Main Street, which would include construction of new buildings with a total area of 64,575 sq. ft., was discussed and postponed.

Jonathan McDaniel’s proposal to split a single lot into 2 lots at 129 Huston Road was approved.

Design Dwellings, Inc.’s proposal for Natalee Place Condominiums (22 units) was discussed.

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Work Continues on Anti-Racism Policy

GRACE FLYNN
GHS Student Intern

On September 9, the Policy Committee of the Gorham School Committee met to continue work on the draft of a new Anti-Racism Policy for the Gorham School District. This policy is intended to address racism and inequity within the Gorham Schools. The School Committee began discussions on the development of this new policy following consistent student, teacher and community demands for change as a part of the Black Lives Matter (BLM) movement.

In June, students and community members gathered to protest the deaths of George Floyd and Breonna Taylor, as well as to demand changes that address all forms of racism, both locally and nationally. Then, within the past few months, Gorham High School (GHS) students, alumni and community members came together to form Gorham Anti-Racism Development (G.A.R.D.).

G.A.R.D. is a community-based group with the mission of "creating an environment actively engaged in anti-racism, cultural and bias education as well as to demand changes that address all forms of racism, both locally and nationally."

During its June 10 meeting, the School Committee voted unanimously to publicly condemn the recent acts of racism across the country. At the time, GHS Civil Rights Team students submitted a draft proclamation to Superintendent Heather Perry. The students requested that Perry deliver the draft to the SC to be used as a core document in the development of new Anti-Racist policies for the district.

September’s meeting continued the work for a draft of this new Anti-Racism Policy. In attendance were Assistant Superintendent Chris Record and Policy Committee members Anne Schools, Bill Benson and Jennifer Whitehead. Also present were the Civil Rights Team advisors from across the District and GHS Principal Brian Jandreau, students and alumni.

There was conversation around the implication of the term “justice” and its inclusion in the introduction to the policy. The Committee eventually decided not to include the term but did, per student input, replace “supports the diversity of the district’s student population” with “celebrates the diversity.”

They also discussed forming a sub-committee within the Policy Committee composed mainly of students so that the committee could receive concentrated and accessible feedback. No decisions were made.

The Policy Committee will continue meeting to discuss next steps on the formation of this Anti-Racism Policy, and will continue receiving feedback from students, staff and administration. The most recent meeting occurred September 24.

School Notes

FIRST Robotics Team 172, an after-school activity from Gorham and Falmouth, is part of a cooperative of area teams looking for a new home for their practice field. The Team requires a lockable open space of at least 30 x 70 feet and a minimum 10-foot ceiling, plus heat, light, and almost 24-hour access for a very responsible group of students and mentors. Team 172 is also recruiting for new members from Gorham High School. A FIRST Robotics Team needs everything that a small company needs, and new recruits need no experience. If you have an interest in creative fun with an amazing team, the Team is interested in you. For practice space availability, and questions from potential mentors, contact John Kraljic, Falmouth High School, 781-7429 x5135 or kraljic@falmouthschools.org.

For the latest on Gorham Schools, visit Superintendent Heather Perry’s recent blog post at: https://gorhamsuperintendent.blogspot.com.

Businesses Supporting Schools

In the beginning of August, 64 pounds of produce was harvested from the Gorham Middle School (GMS) garden for the Gorham Food Pantry by a volunteer group from Sevee & Maher Engineers, Inc. of Cumberland. Pictured (left to right) are: Shaun Morrison, Linda Clapp, GMS alternative education teacher Heather Whitaker, Anthony Pats, president Erik Clapp, principal Brian Pierce, and Jason Eisenhuth. The group spent an afternoon in the garden as part of their workplace volunteer program. They weeded every garden bed, harvested, mowed the lawn, cared for the established asparagus beds, spread rock, mounded potatoes, tended to shrubs - you name it, and this group did it. Sevee & Maher planned to send two more groups to help the garden in August and Idexx Laboratories also planned to send a group. When businesses support local schools, powerful things happen.

Maine Made Us Prepared

Since 1995 — A FREE, Biweekly Community Newspaper | October 1, 2020 | gorhamtimes@gmail.com | Gorham Times | 7
Gorham Times is Thriving with Student Interns

ANDREA MORRELL
School News Editor

A huge part of the success of the Gorham Times over the past 25 years has been its focus on the community and students. Without our past and current student interns, we would not be able to deliver all the news, especially school news, to Gorham as completely as we have.

We cannot thank our interns enough for their interest, hard work and dedication to the paper. If you see any of these students around town, please thank them for volunteering their time.

Sadie Fiore is a sophomore at Gorham High School (GHS) and this is her first year as an intern. She loves track and participates in the shot put, high jump, 50-meter dash, and sometimes the 200-meter dash. She wanted to intern to meet new people and improve her writing by helping her look at writing in a new way. She also loves photography.

Grace Flynn is a senior at GHS and this is her first year as an intern. She has been a competitive Irish dancer for the Stillson School of Irish Dance for almost 11 years. She also takes part in multiple community service groups and clubs through GHS, including Key Club, Interact, Yearbook and National Honor Society (NHS). She was interested in becoming an intern because she has always enjoyed writing for school and in her free time.

Grace Johnson is a sophomore at GHS and this is her first year as an intern. She plays volleyball at GHS and plays the clarinet in the high school band. She is interested in being an intern at the paper because she really likes to write, but, more importantly, she wants to hear other people’s stories.

Brad Mercier is a senior at GHS and this is his first year as an intern. A self-named “music geek”, he is involved with the GHS Chamber Singers and Bass Lines and enjoys theater. He was interested in becoming an intern because he loves writing, and though reading may not be his favorite thing, he loves the news. He also loves inspirational stories, which he personally has a couple to share.

Mary Gawlick is a senior at GHS and this is her first year as an intern. She has been a competitive Irish dancer for the Stillson School of Irish Dance for almost 11 years. She also takes part in multiple community service groups and clubs through GHS, including Key Club, Interact, Yearbook and National Honor Society (NHS). She was interested in becoming an intern because she has always enjoyed writing for school and in her free time.

Lydia Mercier is a freshman at GHS and this is her first year as an intern. She is his first year as an official intern, she has written some articles for the paper in the past. She runs cross country and indoor track, but her favorite sport season is lacrosse. She also loves reading and being outside hiking, camping or fishing. She spends a lot of time with her friends and family and goes to the lake often.

Collin Page is a freshman at GHS. While this will be her first year as an official intern, she has written some articles for the paper in the past. She runs cross country and indoor track, but her favorite sport season is lacrosse. She also loves reading and being outside hiking, camping or fishing. She spends a lot of time with her friends and family and goes to the lake often.

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Aliy McLean is a freshman at GHS. While this will be her first year as an official intern, she has written some articles for the paper in the past. She runs cross country and indoor track, but her favorite sport season is lacrosse. She also loves reading and being outside hiking, camping or fishing. She spends a lot of time with her friends and family and goes to the lake often.

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**Extra-Curricular Activities Adjust to COVID Guidelines**

**AISLYN MCLEAN**  
GHS Student Intern

It’s clear that things are a little different in our community this year. Thankfully, Gorham High School (GHS) is still able to provide a creative outlet for many students through various extra-curricular activities. Similar to previous years, many clubs will still be meeting after school with masks required. Language clubs include: Spanish Club, French Club, Chinese Club, and ASL. Other clubs, such as Student Council, Interact Club, Key Club, Rainbow League, Math Team, and Robotics Club will also be running. The full list of clubs being offered, along with advisors, can be found on the GHS website under the “Clubs and Organizations” tab. For questions about a club or to sign-up, email the club’s advisor.

The fall show will go on despite the coronavirus pandemic. This year’s fall play will be “It’s a Wonderful Life”, by Philip Van Doren Stern. For a small fee, anyone interested will be able to tune in to the live performances on Friday, November 13, and Saturday, November 14 at 7:30 p.m., and again at 2 p.m. on Sunday, November 15.

The shows will take place over Zoom using a special feature where only the cast will be shown. To practice social distancing, each actor will stay situated in his/her own classroom with one tech assistant to help if needed. Backdrops, costumes, and makeup will still come into play, just like any other year.

High school sports have been a hot topic lately, with many “if” and “when” questions now answered. As of September 1, the Maine Principals Association announced that under its new guidelines, golf and cross country are to be played throughout the state. Field hockey and soccer may be played regionally. Football and volleyball are limited to inner-squad play. (See Fall Sports Preview on page 11.)

Activities will continue to be fluid as the status of counties is constantly changing, and ultimately it is up to individual school districts to determine whether or not students can continue to participate in extra-curricular activities as the school year progresses.

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**Narragansett Student Starts Business During Pandemic**

**GRACE JOHNSON**  
GHS Student Intern

Caleb Yaeger, a fourth grader at Narragansett Elementary School, decided to use his extra time during the coronavirus quarantine to start his own business as a way of giving back to his community. He creates artwork and sells it online through his Facebook page and at local events around Gorham, donating most of his earnings to charity.

Yaeger has been interested in art since he was five. He mostly paints with acrylics and sells pieces depicting nature scenes, including trees, beaches, and lighthouses. He has recently started making modern abstract paintings, which he enjoys.

“The one that I make the most that a lot of people like is birch trees,” said Yaeger, “and I really like making those because I know people like them a lot,” he explained.

Each piece Yaeger makes takes between one to three hours, depending on its size and number of layers. Each layer needs time to dry, so the more there are, the longer it takes.

When Yaeger first began a few months ago, he sold mostly to friends and family, as well as neighbors that would come to sales at his house. Since then, his business has grown and he now gets orders through his Facebook page, Caleb’s Creations, from people he has never met.

Yaeger has also sold his work at several craft fairs in town and hands out his business card whenever somebody buys a piece. He has donated some to auction as well. His mother, Michelle Yaeger, thought donating to an auction was a good idea to help spread the word.

Yaeger has donated almost all of the money he has raised to local charities. So far, he has donated $750 to the Gorham Food Pantry and plans to donate to the Animal Refuge League next.

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**JOIN OUR TEAM!**

**WAREHOUSE SELECTORS**  TO WORK AN EARLY AFTERNOON INTO EVENING (MON-FRI) SHIFT BASED ON CUSTOMER NEEDS IN A CLIMATE CONTROLLED ENVIRONMENT. THESE POSITIONS REQUIRE ORDER SELECTION, CONSTRUCTING PRODUCT PALLETS, WRAPPING, AND STAGING OF PRODUCT TO PREPARE SHIPMENTS.

**DRIVERS/HELPERS**  TO WORK A DAY SHIFT SCHEDULE (MON-FRI) FOR CUSTOMER PRODUCT DELIVERIES IN CUMBERLAND AND YORK COUNTIES ON ESTABLISHED ROUTES OPERATING AUTOMATIC AND MANUAL TRANSMISSION COMMERCIAL TRUCKS.

**QUALIFICATIONS INCLUDE:** STRONG ATTENTION TO DETAIL; A SAFETY CONSCIOUS ‘HEADS-UP’ ATTITUDE AT ALL TIMES; ABILITY TO WORK EFFECTIVELY IN A TEAM BASED ENVIRONMENT; ABILITY TO REPEETITIVELY LIFT UP TO 50 LBS; USE OF POWERED PALLET JACKS AND FORKLIFTS; AND ABILITY TO WORK RELIABLY FROM WRITTEN AND VERBAL DIRECTIONS/INSTRUCTIONS. FOR DRIVING POSITIONS, A CLASS A OR B LICENSE, OR WILLINGNESS TO WORK TOWARDS A PERMIT AND CDL LICENSE, IS REQUIRED.

**MUST BE 18+ YEARS OLD; PREVIOUS DRIVING, DELIVERY, WAREHOUSE AND POWERED INDUSTRIAL EQUIPMENT EXPERIENCE ARE A PLUS.**

**NAPPI DISTRIBUTORS OFFERS COMPETITIVE WAGES BASED ON EXPERIENCE AND A VERY COMPREHENSIVE BENEFITS PACKAGE INCLUDING HEALTH, DENTAL, LIFE, WELLNESS, AND A 401K PLAN AFTER COMPLETION OF 90 DAYS.**

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House Number Inspires An Idea During COVID

DESTINY COOK
Sports Editor

The backyard at 42 Village Woods Circle looks a little different these days. Owners Brett and Nicki Hudson splurged on what they called “the COVID distraction project.” With the help of many volunteers, the Hudsons built an incredible whiffle ball field they named “Robinson Field at 42 Village Woods Circle”. This is no ordinary whiffle ball field and the story behind how the idea came to fruition is quite intriguing and the historical value of it is significant.

It is important to note that both Brett and Nicki are avid baseball fans. Nicki, who grew up in Naperville, IL, is a lifelong Cubs fan. This past winter she finally achieved her dream.

CONTINUED ON PAGE 12

SPORTS

Taking on the Season

Photo courtesy of Krista O’Sullivan

The GYSA U14 girls’ team is ready for whatever the season brings with custom-made masks courtesy of Upcycle Maine Furnishings in Gorham donated by a team parent and manager Beth Orlando. According to Coach Tom Forgues, GYSA (Gorham Youth Soccer Association) will look very different this year. The aim is to reduce as many health risks as possible so competitive play can happen. In addition to a health assessment required before stepping on the field, players must remain socially distant while not playing. Masks will need to be worn by all players on the bench, coaches, referees, and spectators. To adhere to State guidelines for gatherings each player can only have one family member in attendance to watch the game. Benches and game balls will be wiped down. Additionally, some game rules have been changed to minimize risk: throw-ins and heading the ball will not be permitted this season. “There has been a massive effort by a lot of adults to get the kids back on the field playing. The kids are definitely appreciative and are taking the changes in stride. They realize a few concessions are necessary and worth the sacrifice. The alternative of not playing at all is well understood for our U14 girls group,” Forgues said.

Photo courtesy of Krista O’Sullivan
Fall Sports Update and Preview

Destiny Cook
Sports Editor

Fall sports are underway (minus football and volleyball) and, because of COVID-19, athletes have mandated rules to follow in order to play. According to the GHS Athletics website, they should properly register online and have up to date physical information on file with the Athletic Office. The athletes must complete an Athletic COVID-19 Health Screening (through their school email) at least one hour prior to participation in any athletic team activity. This is considered permission to participate each day.

There will be no spectators at any games, another unfortunate COVID-19 restriction. Because of this, GHS Athletic Director Tim Spear said the administration is planning to live stream all events held on the GHS campus, which would include field hockey and soccer (at all levels). Cross country races, which are held at Narragansett, will not be live streamed due to a lack of internet access but will be recorded and shared with anyone who would like to view once edited. Spear said, “We will be streaming our events through the NHIS Network. There is a subscription fee for this service. You can purchase by the month or yearly subscriptions. This is where the MPA (Maine Principal’s Association) has had their state championship contest streamed in the past.”

The sports teams that are able to participate are excited to get to work and are gearing up for their seasons despite a late start. Spear said, “Overall, we have over 300 student-athletes participating in our fall programs. So far, the beginning to the season is going extremely well. Official games began last week.”

Field Hockey - Coach Becky Manson-Rioux

Coach Manson-Rioux shared the girls’ field hockey team ended last season in an exciting and close semifinal game with Massabesic 3-2.

Seniors for the 2020 season are Lydia Gaudreau (Capt.), Molly Murray (Capt.), Kate Downey (Capt.), Julia Edwards, Claire Munkacs, Sophie Gagne, Izzy Kovacs, and Grace Bradshaw who is a part of the JV team.

The key returning players are Gaudreau, Murray, Downey, and sophomore Maeve Donnelly with freshman Hannah Bickford looking to make contributions.

Coach Manson-Rioux said challenging opponents will be Westbrook, Bonny Eagle, Windham, Scarborough, and Cheverus. “This season we look to have lots of speed and a strong passing game making it difficult for opponents to defend us. Our goal is to continue to grow the program and to develop all players to be the best they can be,” she said.

Boys’ Soccer - Coach Nick Viola

Last season ended with a loss in the conference finals to Falmouth. Viola feels every opponent will be challenging to his team this year but he hopes to have his athletes “play a good brand of soccer and have strong performances each game that result in wins.”

While captains are unknown at this time, key returning players and players to watch are Mike Darasz, Grant Nadeau, Garrett Smith, Matt Pinney, Andrew Farr, Currin Bassignbhwaite, and Josiah Irish.

Girls’ Soccer - Coach Jeanne Zarrilli

The girls’ last season ended with a loss in the semi-finals (after double OT and PK’s) to Cheverus. With only six games this season, Coach Zarrilli feels every game they play will be competitive for her team, with Windham, Scarborough and Cheverus being the top challengers.

Captains for the 2020 season are seniors Katie Kutzer, Gracie Forugues, Lauren Foster, Olivia Michaud, and Sydney Fox, along with Delaney Seed who is injured.

Coach Zarrilli said her expectations for this season are to develop her players, establish a new team “identity”, and have fun. As there are no playoffs to prepare for, the team will work on player and team development while still remaining competitive in every game.

Golf – Coach Scott Nevers

Coach Nevers said, “This year is still remaining competitive in every game, which would include field hockey and soccer (at all levels). Cross country races, which are held at Narragansett, will not be live streamed due to a lack of internet access but will be recorded and shared with anyone who would like to view once edited. Spear said, “We will be streaming our events through the NHIS Network. There is a subscription fee for this service. You can purchase by the month or yearly subscriptions. This is where the MPA (Maine Principal’s Association) has had their state championship contest streamed in the past.”

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Golf – Coach Scott Nevers

Coach Nevers said, “This year is Probably one of the most experienced and deepest teams I’ve coached as we have the majority of our team back from last year. We will have a few matches this season as we prepare to make some noise at the State Championships at Natanis GC on October 9.”

Golfers to watch this season are Aidan Enck, Bryce Lambert, Lucas Castles, Sam Farr, Quinn Dillon, and Jacob Graham. Nevers said all have experience playing in varsity matches as well as playing in MSGA Junior Tournaments this summer.

The Junior Varsity team will also be deep, and Nevers shared many of those golfers could jump in at varsity any time. He said Patrick Cyr, Dylan Morrell, Nicole Walker and incoming freshman Taylor Farr have played well early on.

“Lucky for golf, the kids have been able to play since May and we look to finish the HS golf season strong,” Nevers said.

Cross Country - Coach Jason Tanguay

The girls’ cross country team placed third at the Southern Maine Regional Championship and also took third place at the Class A State Championship last season.

Seniors include Mackenna Homa (Capt.), Tatiana Jonk, Tess Libby, Emily Paruk (Capt.), Allie Peterson, and Bailey Wentworth. Key returners are Rachel Cummings, Elisabeth Loranger, Mackenna Homa, Emily Paruk, Allie Peterson, Bailey...

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House Number Inspires An Idea During COVID

A defining feature of their field is the ‘Negro Leagues,’ Hudson said. “Starting with Jackie as a concept, we felt that it was important to have a number that meant something.” Nicki supported his outlandish idea of naming a house number (“42”) with a replica of Jackie Robinson’s retired #42. Certainly with information on his upcoming plans, he said it was a team effort. “Having been born with no artistic or construction skills to speak of, the bulk of the creation unfolded in the United States, it was hard to separate Jackie’s memory from what we have created here, especially with this project, Brett and Nicki felt.”

“The story of the success of this team will be determined by the placement of our five through seven runners. If we can have some new faces step up and be competitive at a top level, then this team could do well. Time will tell,” Tanguay said.

Narragansett Student Starts Business during Pandemic

“The food pantry was a good idea during COVID,” he said. “A lot of people needed food, like the ones who usually don’t eat at school, and they weren’t getting as many drop-offs.”

With the soccer season approaching, Yaeger has decided to take a little break. He plans on making more snow tree pieces this winter and wants to create smaller ones for around $20 that people can buy as gifts. He thinks they can be used in Yankee Swaps (or, as his family affectionately with information on his upcoming plans, he said it was a team effort. “Having been born with no artistic or construction skills to speak of, the bulk of the creation unfolded in the United States, it was hard to separate Jackie’s memory from what we have created here, especially with this project, Brett and Nicki felt.”

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We've might they be addressed? skills I practiced in my classroom solve our need for larger, updated one in our community, and problem schools that are inclusive for every- our future: to address inequity and thoughtfulness and the best analysis make decisions with compassion and and not being afraid to ask ques- tion of our school staff. As a parent, I am acutely aware of the issues families are facing. So many families are struggling to manage their own responsibilities and the educational needs of their children. No matter how kids are attending school, families are doing more than ever before. I promise these struggles will not be ignored and will always be weighed in my decisions. When we moved to Gorham, we fell in love with our neighborhood and the growing community around us. I won't pretend to have all the solutions, but I will work tirelessly to advocate for our students, sup- port our staff, and serve a commu- nity that I am so blessed to be part of.

How would your perspective or experience benefit the School Committee? As a parent, I will advoca- te for a school system that is a safe place in which learning may bloss- om. As a resident, I understand that I - like all residents - will have to pay for school expenses when the tax bill comes due. I will do my best to make decisions with compassion and thoughtfulness and the best analysis I can give to the information I have available.

The issues we face existed before COVID-19 and will be there after. Serving on the school committee is one way I can serve and support my community. As an educator and parent, my experiences will allow me to guide our schools through the current moment and plan for our future: to address inequity and accountability, create and maintain schools that are inclusive for every- one in our community, and problem solve our need for larger, updated educational spaces. The compassion, patience, flexibility, and organization skills I practiced in my classroom (and at home) will make me an effective school committee member.

What do you see as the major issues for our schools and how might they be addressed? We've reached a critical point in educa- tion due to COVID-19. The disparity between students who are excel- ling and those who are struggling is growing at an accelerated rate. We must continue to consider the health and safety of our school community, while also providing meaningful and supportive educational services for all students.

Gorham also has an opportunity to listen and amplify the voices of our students of color. The school committee made a commitment to the creation of an anti-racist policy based on the proclamation presented by the GHS Civil Rights team. It is imperative that we continue this work, without discomfort or difficulty deterring the progress we hope to see in the Gorham schools. I want my children to grow up in a community that acknowledges we can always do more, aim higher, and follow through on promises.

Gorham’s growth and the issues related to overcrowding, especially at the high school, continue to require our attention. This summer, our community collaborated to get GHS students back in the building. That happened in a matter of days! I hope we can use those community partner- ships to develop reasonable plans for the high school, while being mindful of affordability in Gorham.

How would your perspec- tive or experience benefit the School Committee? I understand the unique challenges educators face today. School staff are asked to do more with less, which has been highlighted in the last six months. Educators are changing teaching practices on the fly and are doing an amazing job! These changes are the result of a lot of work - over the summer, before stu- dents arrive, and after students leave for the day. As a school committee member, I will work diligently to support the dedication and innova- tion of our school staff.

As a parent, I am acutely aware of the issues families are facing. So many families are struggling to manage their own responsibilities and the educational needs of their children. No matter how kids are attending school, families are doing more than ever before. I promise these struggles will not be ignored and will always be weighed in my decisions.

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I have overseen the renovation and building of several commercial buildings over the years and hope to participate in the sub- group of the School Committee. My work navigating the COVID-19 response for my workplace has provided me with an understand- ing of the human resources, tech- nology and facilities components facing the schools. Building collaborative teams and tackling complex problems are strengths of mine and ones that I hope to use as a member of the Gorham School Board.

focus on how COVID-19 is affecting the schools, and this will likely domi- nate in the short-term. However, we also need to remember there are other issues at hand. We need to continue raising civil rights awareness in all the schools - working with both students and administration to continue the forward momentum. Additionally, the persistent growth of our town contin- ues to impact our school facilities. The School Committee has already spent so much time working toward solutions and this work will continue as the stu- dent population continues to outgrow our facilities.

How would your perspective or experience benefit the School Committee? As an environmental scientist, I have data. My experi- ence is that understanding your data makes for better informed, long- lasting, supported decision-making. I would hope that as a Committee member, I can help support the dis- trict in making sure we have the staff and tools in place to provide each stu- dent with the best education possible. I will use my background in data, as well as my open-mindedness and col- laboration skills to help support the School Committee and ultimately our students.

Looking to retire early? Let’s talk. Would you like to join a dynamic health care team with state-of-the-art equipment and an innovative approach to patient care? We’re looking for a self-motivated, detail-oriented Team Member who can effectively prioritize tasks and work under pressure. Strong communication and organizational skills are essential. If you have experience in a customer service role and are a team player, we would love to hear from you!

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MAKING SENSE OF INVESTING

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COMMUNITY
FOR INTEREST
GHS Graduate Haley Lowell became a new student at Lasell University, Newton, Massachusetts this fall to study Fashion Merchandising and Management.

Gorham Memorial VFW Post 10879 welcomes new members from South Portland Post 832 and any interested veterans to the next monthly meeting at 5:30 p.m. and Oct 13 in the Fire Department Training Room, 270, Main St. Gorham. For more information contact vfwpost10879@gmail.com.

Gorham Memorial Post 10878, Veterans of Foreign Wars is now accepting entries for Patriot’s Pen and Voice of Democracy scholarship competitions. All public, private, and homeschool students in grades 6-12 are eligible. Nominees for Teacher of the Year awards are also being accepted. The deadline for each is Oct 31, 2020. Entries and questions can be directed to vfwpost10878@gmail.com.

FIRST Robotics Team 172 from Gorham and Falmouth is part of a cooperative of area teams looking for a new home for their practice field. It requires a lockable open space of at least 30’ x 10’ and min. 10’ ceiling, plus heat, light and almost 24-hour access for very responsible students and mentors. Team 172, an after-school activity, is also recruiting for new members from Gorham High School. Ideas? Contact John Kraljic, Falmouth High School, 781-7429 x5135, jkraljic@falmouthschools.org.

LIBRARY NEWS
North Gorham Public Library is once again open to the public. Library hours are Mondays, 3 p.m. - 5:30 p.m.; Wednesdays 6 p.m. - 8 p.m.; and Saturdays 10 a.m. - 1 p.m. Home delivery and parking lot pickup is also available.

Baxter Memorial Library hours have returned to normal. Current hours are Mondays and Fridays, 9 a.m. - 4 p.m.; Tuesdays, Wednesdays, Thursdays, 9 a.m. - 7 p.m.; closed on Saturdays and Sundays. Visit the website for more details. baxterlibrary.org. In addition to the usual discovery times for infants, toddlers and preschoolers, the library will pres-
ent Nature Mandala, with Ms. Deb on Facebook presenting a virtual STEAM activity geared toward K-5 learners, and the following week, Mystery Objects in a Bag. Always creative fun from this acclaimed neighborhood library.

FOOD PANTRY NEWS
Gorham neighbors have generously shared their garden bounty with the Gorham Food Pantry all summer long, providing clients with fresh additions to their grocery selections during drive-through pantry. Clients have been so appreciative of the locally-grown produce shared with them by their neighbors. If your garden is still producing more than you know what to do with, the Pantry would love your donations. You can drop off at the pantry for the remainder of the summer / fall harvest season any time just prior to our regular pantry hours: Thursdays from 10 a.m. to 12 p.m. (drop off from 9 a.m. to 10 a.m. for distribution) or the second and fourth Monday evenings of each month from 6 p.m. to 7 p.m. (drop off from 5 p.m. to 6 p.m. for distribution that evening). If you have produce to donate and those hours don’t work, please message Gorham Food Pantry Friends on Facebook to arrange a time that works best for you.

In addition to fresh produce, the Pantry welcomes donations of items such as baked beans, kids’ snacks (granola bars, juice boxes, small bags of cookies, etc.), Ensure, as well as men’s and women’s personal care items (shampoo, deodorant, toothpaste, razors).

The Gorham Food Pantry is available to any Gorham resident; you need only visit during pantry hours with proof of residency (a utility bill with your name and your Gorham address on it – not a drivers’ license). The best way to keep up-to-date on Pantry happenings and current needs is to follow them on Facebook (Gorham Food Pantry Friends), and messages via Facebook are responded to quickly.

USM NOTES
The USM School of Music is pressing forward during the pandemic with virtual performances you can attend from home. Find them all at usm.maine.edu/music/events.

Continued on next Page
At the opening faculty concert of the USM School of Music, President Glenn Cummings announced the start of a capital campaign to include funding for a new performing arts center in Portland, providing a state of the arts performance hall and practice space for the School’s outstanding artists.

Detailed information regarding ongoing management of pandemic response at USM is available on a dedicated section of the University website. Healthy Huskies, that is updated regularly. Find answers to frequently asked questions — from new and returning students to faculty and staff to community members — that cover all facets of the institution. Visit usm.maine.edu/healthy-huskies.

USM’s Corporate Partners program is built on a foundation of regular programming that showcases issues of interest to Maine’s business community. USM Employer Relationship Managers work with members to understand specific workforce needs and to collaborate on solutions, providing forums for the exchange of ideas, opportunities to connect with USM faculty, students and staff, and information about academic and professional resources for workforce development. Learn more at usm.maine.edu/corporatepartners.

**BAXTER MEMORIAL LIBRARY**

**SATURDAY, OCTOBER 10**
Baxter Memorial Library, Virtual Professional Development, 12 – 1 p.m. on Facebook.

**TUESDAY, OCTOBER 6**
Baxter Memorial Library, Virtual Preschool Discovery Time, 9:30 – 10 a.m. on Facebook.

**WEDNESDAY, OCTOBER 7**
Baxter Memorial Library, Science Saturday, STEAM activity for K-2 learners. 10 a.m. on Facebook.

**THURSDAY, OCTOBER 8**
Baxter Memorial Library, Virtual Preschool Discovery Time, 9:30 – 10 a.m. on Facebook.

**THURSDAY, OCTOBER 9**
Baxter Memorial Library, Virtual Toddler Discovery Time, 9:30 – 10 a.m. on Facebook.

**FRIDAY, OCTOBER 10**
Baxter Memorial Library, Virtual Preschool Discovery Time, 9:30 – 10 a.m. on Facebook.

**SATURDAY, OCTOBER 11**
Baxter Memorial Library, Virtual Toddler Discovery Time, 9:30 – 10 a.m. on Facebook.

**WEDNESDAY, OCTOBER 14**
Baxter Memorial Library, Virtual Preschool Discovery Time, 9:30 – 10 a.m. on Facebook.

**THURSDAY, OCTOBER 15**
Baxter Memorial Library, Virtual Preschool Discovery Time, 9:30 – 10 a.m. on Facebook.

**New Items**

**Commercial - Office District**
Business - Retail Professional Prime Building Sites

**Zoning Uses Include:**
- Business & Professional Offices
- Out Patient Clinics
- Service Establishments
- Retail Stores
- Personal Services
- Daycare Center
- Health Club/Gym

**WE’VE ADDED NEW ITEMS TO OUR MENU.**
Check out our FACEBOOK page or call 319-4260

**NEW VEGAN MENU & back by popular demand**
FAMILY CASSEROLES for families on a budget.

**REOPENED AUGUST 17TH**
Meals delivered to each client by 6:00 p.m.

*Please note: Order 24 hours ahead.*

**CALENDAR**

**THURSDAY, OCTOBER 1**
Baxter Memorial Library, Virtual Toddler Discovery Time, 9:30 – 9:50 a.m. on Facebook.

**SATURDAY, OCTOBER 3**
USM School of Music, Honors Recital, 8 p.m., usm.maine.edu/events

**SUNDAY, OCTOBER 4**
USM School of Music, Choral Extravaganza, 2 p.m., usm.maine.edu/events

**TUESDAY, OCTOBER 6**
Baxter Memorial Library, Virtual Preschool Discovery Time, 9:30 – 10 a.m. on Facebook.

**WEDNESDAY, OCTOBER 7**
Baxter Memorial Library, Nature Mandala, STEAM activity for K-5 learners. 10 a.m. on Facebook.

**THURSDAY, OCTOBER 8**
Baxter Memorial Library, Virtual Toddler Discovery Time, 9:30 – 9:50 a.m. on Facebook.

**FRIDAY, OCTOBER 9**
USM School of Music Faculty Concert Series: Daniel Sonenberg, 8 p.m, usm.maine.edu/music/events

**TUESDAY, OCTOBER 13**
Baxter Memorial Library, Virtual Preschool Discovery Time, 9:30 – 10 a.m. on Facebook.

**WEDNESDAY, OCTOBER 14**
Baxter Memorial Library, Babies en Plein Air, 9:30 – 9:50 a.m., in person outdoors, (birth-18 mos)

Mystery Objects in a Bag, 10 a.m., a Facebook STEAM activity for K-5 learners.
Market Basket
"More for Your Dollar"

Come Visit Your Newest Store In
Westbrook, Maine

90 Rock Row
I-95 exit 48
Larrabee Road to Main St.

82 Stores to Serve You!

Store Hours: 7 AM - 8 PM Every Day
Senior Hours: 6 AM - 7 AM

Sale Starts Sunday Oct 4th - Saturday Oct 10th
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