For the second s

Volume 29 Number 21 | October 26, 2023 A Free, Not-for-Profit Newspaper Serving Gorham Since 1995

Gorham Middle School Community Celebrates Twenty Years

Gorham Times Staff

Between 100 and 120 people attended a celebration of the twenty year anniversary of Gorham Middle School. Speakers included Jim Hagar (the Gorham Middle School Building Committee Chair at the time of the build), Melanie Doran (a teacher for 20 years), and Principal Quinton Donahue. Commemorative plaques were presented to all the staff members that have been here for the full 20 years. Pictured veteran GMS staff members and building committee members.



Photo credit: GMS Staf



GMS staff members and Middle School Planning and Building Committee members.

Southern Maine Community College recognizes two individuals from Gorham

Gorham Times Staff

Jon Smith, founder and president of Great Falls Construction, has been named 2023's A Light on the Point Alumnus of the Year Award recipient for his accomplishments and commitment to family and community. Jon and other recipients will be recognized at SMCC on November 2.

Heather Perry, superintendent of Gorham Schools, will receive the Outstanding Business Award, given to a business or organization that has supported the College and/or made a significant impact within the business community.

FMI: https://smccME.edu/lotp



Candidates Night

Gorham Times Staff





Community Action Grant

Gorham Times Staff

The Town of Gorham received notification on Oct. 2, that its application for the State of Maine's Community Action Grant, for funding of eligible projects in the State's Climate Action Plan, was awarded in the amount of \$50,000.

The project that the Town will undertake to address effects of climate ity control in an urban environment to minimize impact to development.

Not only will this project upgrade essential municipal infrastructure, but it will also showcase new stormwater treatment technology in a highly visible location. Raising awareness of the potential for improved stormwater treatment systems will aid in promoting additional retrofits in other locations in Gorham. This will also raise awareness of the draft Low Impact Development (LID) ordinance, planned for adoption in July 2024. The Town's application was made possible through the hard work and efforts of Town staff and support by the Greater Portland Council of Governments (GPCOG), who assisted the Town with information gathering and technical support for completing necessary steps to enroll in the State of Maine's Com-Partnership. munity Resilience

Photo credit: Roger Marchand

Baxter Memorial Library held a candidates night on Oct. 18. A large audience heard five-minute speeches from each candidate for School Committee and Town Council and then were able to meet individually with the candidates to get more information about their views.



Photo credit: Roger Marchand



Photo credit: Roger Marchand

change will be to upgrade stormwater infrastructure at the Municipal Center parking lot to improve water quality, maintain building and parking infrastructure to key town services, ensure continued stormwater runoff control during future flooding events, and provide educational opportunities. The project will install a FocalPoint system, which is a high performance modular biofiltration system that fits as a low-impact design standard best management practice. This method utilizes natural systems to remove pollutants and provide water qual-

OCTOBER RAMS RECAP PAGE 8

inside the Times f **O** GOCAM You Tube 2 Augusta 4 Living 4 Municipal 5 School

8 Sports 9 Community 10 Calendar 11 Blotter

NEW BUSINESS IN TOWN PAGE 3 Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 109 and House District 110 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

A Child Care Tax Credit Can Empower Working Parents and Alleviate Workforce Shortages

Rep. Mo Terry, D-Gorham

With the first session of the 131st Legislature behind us, I'm looking back with a deep sense of gratitude and pride in what we were able to accomplish and deliver for the people of Maine. We passed transformational policies that will help more folks make ends meet, foster a sustainable and diverse economy that works for all Mainers and create communities where people can have opportunities to thrive today and for generations to come.

We created a statewide paid family and medical leave program, ensuring that Mainers will no longer have to make the difficult choice between putting food on the table and caring for themselves or a loved one. We established the Dirigo Business Incentive Program, which introduces a worker training tax credit designed to spur businesses to invest more in their employees' skill development and a capital investment tax credit to encourage investment in our rural communities. We also established a \$300 state child tax credit with expanded eligibility so that parents and households with dependents who need it most can access it, helping lift more families out of poverty. Additionally, we doubled salary stipends for child care workers from \$200 to \$400, helping professionals remain in the industry and improving retention.

But our work isn't done. As we approach the upcoming second session of the 131st Legislature beginning in January, I'm looking forward to advocating for policies that support Maine families and businesses. One proposal I am working on would further our efforts from last session to bolster child care accessibility by establishing a new child care tax credit for businesses. This credit would be offered to employers that provide early child care and education services to the children of employees. They could do this by establishing their own licensed child care facility or by subsidizing child care for employees at an existing licensed facility. This is a win for businesses, families and Maine communities more broadly.

Businesses have a vested interest in ensuring their staff can access and afford child care. When companies offer child care benefits, they see increased employee retention, improved productivity and a better workplace environment. Families benefit from increased access to employment opportunities and reliable income, and children benefit from greater socialization and education at an early age. Beyond these positive effects, a policy like this can also help tackle many other entrenched problems facing our state, including the housing crisis and the lack of behavioral health care services, both partially rooted in a shortage of available workers.

Roughly 70 percent of all Maine children under the age of six live in households where their parents work, and likely need access to early care or education programs. For too long, Maine parents have faced lengthy waitlists while being forced to either cut back their working hours or leave the workforce all together. In addition to impacting Maine families' personal budgets, the economic impact of limited child care access is also felt on the state level.

ReadyNation, a national business organization that works to strengthen workforces across sectors, estimates that Maine's lack of child care may be costing the state \$403 million annually. Their recent report found that 22% of Mainers live in a child care "desert," meaning there are more than three children under age five for each available child care slot. It also found that infant care costs on average about \$11,960 per year. That is more expensive than the cost of instate college tuition. For most parents, this is just not doable. But a child care credit will help alleviate this burden by ensuring that parents are able to get to work and that businesses have the staff they need to keep their doors open.

I look forward to working on this proposal in the coming months and welcome your thoughts and feedback on this issue and others as we get back to work in Augusta.



Rep. Maureen "Mo" Terry, D-Gorham, is serving her fourth term in the Maine House of Representatives. She is the House Majority

Leader, where she serves as head of the Democratic caucus. Outside of her legislative work, Rep. Terry is a chef and small business owner. Contact her at maureen.terry@legislature.maine.gov.

Gorham Times

BRINGING THE NEWS TO ALL OF GORHAM PO Box 401 Gorham, Maine 04038 Phone and Fax: (207) 839-8390 gorhamtimes@gmail.com www.gorhamtimes.com

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EDITORIAL POLICY

The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All sub-

Outdoor Band Concert, a Community Tradition

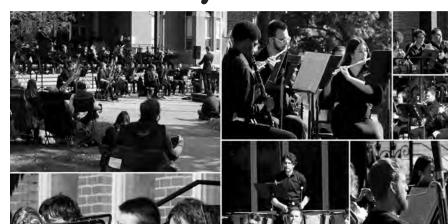






Photo credit: Roger Marchanc

The Osher School of Music at the University of Southern Maine in Gorham gave an outdoor free performance on Oct.15 on the lawn in front of historic Corthell Hall. A large number of community members attended and enjoyed a sunny fall day with the Osher Concert Band, under the direction of Dr. William Kinne that presented a varied program highlighting the brass, woodwind, and percussion instruments and mixing traditional marches and new works.

Letter to the Editor Letters to the Editor must be fewer than 300 words, signed with a first and last name, typed or e-mailed to editor@gorhamtimes.com, and include a phone number and hometown. The Gorham Times reserves the right not to publish letters that include personal attacks or inflammatory language. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times as space allows and are subject to editing.

TOWN OF GORHAM ANNUAL MUNICIPAL ELECTION

Pursuant to MRSA, Title 21A, Sec101, you are hereby notified that the Registrar for the Town of Gorham, Maine will hold the following office hours for the purpose of registering voters and making corrections to the voter list:

Tuesday, Wednesday and Thursday, Oct. 31 through Nov. 2, 7 a.m. - 5 p.m., and Monday, Nov. 6, 7 a.m. - 5 p.m.

Laurie Nordfors Town Clerk missions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

Printing services by Masthead Maine Press, 295 Gannett Drive, South Portland, ME 04106

> UPCOMING ADVERTISING DEADLINES November 1 November 15 November 29 - Winter Break -

Business Profile: Miller's Market | Annual Husky Community

By Patrick and Cindy O'Shea, Staff Writers



Miller's Market opening soon at 29 School Street.

There is a new market coming to town. In early November, Sam Smith plans on opening Miller's Market, located at 29 School Street in the space next to Azul Tequila. The market is named for his two-year-old son, Miller. Smith is a graduate of UNH and has spent his career working in the food business, at sandwich shops, and as a food broker. In September he left his job to pursue his dream of opening his own market.

The market will have sandwiches, a butcher shop, and provisions. For sandwiches he plans to offer specialty sandwiches and expand the menu over time. Initially there will be four hot sandwiches, four cold sandwiches and one vegan offering. The butcher shop will include pork, sausage, steaks, chicken and marinated meats. Eventually he would like to add seafood.

Customers will be able to purchase these items in the quantity they choose. Smith recognizes that people enjoy being able to purchase just what they need, not what might be prepackaged. There will be a to-go cooler with prepared family style dinners. The market will also try to have as many local products as Photo credit: Roger Marchand

possible. Big Sky bread and local produce will be featured when available. Catering services will also be available.

The market will be open seven days a week from 8:am to 8 pm. and will offer a small breakfast menu. Smith knows that it isn't always easy to come inside for pickup, so for convenience, customers can order online and a member of the staff will bring the order to their car. Parking is available in front of the store or in the lot behind the store. There is limited seating inside, and outdoor seating on the porch in front of the market when the weather permits. As a resident of Gorham, Sam Smith looks forward to offering a wellregarded local market that emphasizes quality food and hospitality. For more information check out the market's website at, https://www.millersmarket.me/.

Halloween Party at Robie Park

By Southern Maine Huskies

Who: Grades 5 and under What: Community Halloween Party When: Sunday, Oct. 29, 3:30 - 5:30 p.m. Where: Robie Park, 28 Ball Park Road Cost: Free

Activities: hayrides, hot cider and donuts, games, haunted walk, costume contest, dance contest, and candy.

The University of Southern Maine Department of Athletics, the Student-Athlete Advisory Committee (SAAC) and the Gorham Department of Recreation are excited to once again partner up and host one of the season's most popular community events, the Annual Husky Community Halloween Party, hosted at Gorham's Robie Park.

The annual Halloween party is always a highlight of each academic year, and provides kids (grades 5 and under) from the local

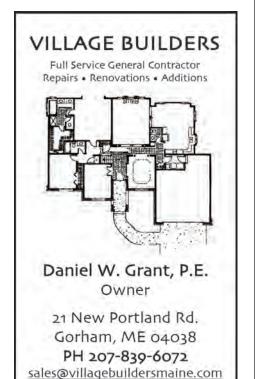
communities a safe and fun environment to participate in a variety of Halloween-related activities.

This free and family-oriented event features hayrides, a haunted walk, costume contests, dance contests, games, food and candy, and fun with University of Southern Maine student-athletes. All 22 University of Southern Maine intercollegiate teams participate in the event and are involved in set-up, break-down, decorating, collecting candy donations and coordinating games and activities.

With the wide variety of events and activities the Husky Community Halloween Party has something for everybody. Dress to impress for the costume contest, enjoy a hayride, brave the haunted walk, or simply come for the candy and games. No matter what is on your agenda, you're sure to enjoy a fun fall afternoon!



REAL ESTATE DONE NICELY	GORHAM TREE FESTIVAL Join us in making this holiday season brighter by participating in this year's 7th Annual Tree Festival
BROKERED BY REALTY	 HERE'S HOW: Pick or Set Up a tree outside your business or home to decorate. Come up with a theme, color scheme, etc. and decorate your tree. Have your tree decorated prior to Gorham Recreation Department's Light Parade on Sunday, Nov. 26 at 4 p.m. Feel free to share your masterpiece to the Gorham 2023 Tree Festival Facebook Group. Send us an email of the location of your tree to be judged.
207.650.2832 Team@KeithNicely.com RealEstateDoneNicely.com	Winners will be announced on or by New Years Eve. Grand Winners will be presented with a Traveling Plaque to hold onto for the year and this year a donation can be made to the winner's choice. For more info please reach out to: gorhamstreefestival@gmail.com





LIVING Hearing Aids May **Reduce Dementia Risk**

Bill Jenks, Contributing Writer

As we age, it's normal for our hearing to gradually become less acute. For some people, the degree of hearing loss isn't enough to affect their ability to communicate normally. But for me, and for many others, significant hearing loss has a real impact on our lives—on the extent to which we can interact meaningfully - with other people, enjoy concerts, theater, watch television, listen to the radio.

It is difficult for folks to admit there's a problem and to agree to using hearing aids. I finally decided to do something about my hearing loss several years ago, got my hearing checked, and agreed to try wearing hearing aids. Although my hearing aids don't restore the kind of hearing I had 20 or 30 years ago, they do make a significant difference in my comfort with daily life.

If my experience isn't enough to encourage hearing aids, perhaps you'll find this more compelling: recent studies have found an association between hearing loss and the development of dementia in older adults. This research also suggests that using hearing aids to treat hearing loss may help slow the development of cognitive problems.

A National Institute of Health-funded research team co-led by Dr. Frank Lin from Johns Hopkins University enrolled nearly 1,000 adults, ages 70 to 84, into a clinical trial. They compared the rate of cognitive decline over a three-year period between people who did and didn't receive hearing aids.

The researchers recruited participants with substantial hearing loss from two different study populations. About 250 healthy older adults came from a longterm study of heart health at four sites in the United States. Another 739 people were newly recruited from the surrounding communities at the same four sites. Participants recruited from the heart-health study had more risk factors for developing dementia, including being older and having faster rates of cognitive decline than those from the general community.

The researchers randomly assigned participants to one of two interventions. About half received hearing aids and instructions in how to use them. The other half were assigned to a health education program focused on promoting healthy aging. Both groups received follow-up visits every six months to reinforce their training.

Before the start of the study, and then annually for three years, all participants took a battery of tests to measure cognitive functioning. The results were published last July in The Lancet.

Those who received the hearing aids reported substantial improvement in communication abilities over the course of the study. Those in the health-education group, as expected, did not experience improvement in hearing and communication.

In the overall analysis of all study participants, the researchers saw little difference in the rate of change in cognitive functioning between people who received the hearing aids and those who didn't.

However, when the analysis focused on participants from the heart-health study, who had a higher risk of dementia, the benefit of the hearing aids was substantial. Those in that group who received hearing aids had an almost 50% reduction in the rate of cognitive decline compared with people in the health-education group who didn't receive hearing aids.

"Age-related hearing loss is very treatable, which makes it an important public health target to reduce risk of cognitive decline and dementia," Lin says.

The researchers are continuing to follow the study participants to see how changes in cognition develop over time. They're also looking at brain scans and data on social engagement to better understand how treating hearing loss may prevent cognitive decline.

The bottom line? Dr. Lin advises, "Until we know more, we recommend for general health and well-being that older adults have their hearing checked regularly and any hearing issues properly addressed."



Bill Jenks owns Home Instead which provides non-medical home care throughout Cumberland County. He is Chairman

of the Board of Directors for the Alzheimer's Association, Maine Chapter.

MUNICIPAL **Planning Board Results Oct. 2**

Sheri Faber, Staff Writer

Vincent Grassi was elected Chairman of the Planning Board and William Benson was elected Vice Chairman. Both were elected unanimously. A proposal to amend the Land Use and Development Code to expand stream protection setbacks to 100 feet and to add additional streams to the Stream Protection Overlay District for protection of Wild Brook Trout as recommended by the Maine Inland Fishery and Wildlife Department was discussed and sent to the Town Council with a recommendation for adoption.

A proposal to amend the Land Use and Development to add a new Pedestrian Overlay District and proposed amendments to the existing ordinance section to include pedestrian/sidewalk standards was discussed and sent to the Planning Board Ordinance Committee for review and recommendations.

A proposed amendment to the Land

Use and Development Code to revise standard for curb cuts on arterials and designated collectors, consistent with the Town's Comprehensive Plan Implementation Board, was approved for submission to the Town's Comprehensive Plan Committee for review and recommendations was approved 6-0.

A request for approval to construct selfstorage buildings, contractor flex buildings, and associated infrastructure was approved 6-0 with conditions of approval.

A request for approval of a contract zone to allow for construction of a residential subdivision with single family, multi-family, mixed use and conservation land was discussed and a motion to send the proposed contract zone to the full Planning Board workshop on October 16, was approved 6-0.

Gary and Megan Jordan's request for approval of a 16-lot, 24-unit subdivision on Waterhouse Lane was discussed.

Town Manager's Report

Sheri Faber, Staff Writer

October is National Community Planning Month. Ask the Planner's Day was held on October 12th. Planning is the process of envisioning, mapping or otherwise conceiving of how a community will look, grow, and define itself. Much of what makes Gorham, Maine a special place has been the result of decades of careful planning. From where you live, to how you commute, to the type of home you live in, planning helps shape the community around us.

The Town has launched a New Capital Expenditure Grant Program aimed at providing a boost to help local businesses and farms grow and expand into new areas of operation with a one-time purchase of a capital item or service.

To learn more visit https://www.gorham-me.org/community-developmentcode-planning-economic developmentdivisions/pages/capital-expenditure.

The Town is currently hiring for multiple positions including Administrative Assistant-Assessing Division, Committees Administrative Assistant-Assessing Division; Economic Development Specialist, Media Specialist Evening Video Production Assistant (per diem), Senior Library Youth Services, Firefighter/Paramedic and Patrol Officer. Visit the Town's Employment Op-

portunities page for more information.

Accident on Route 202

Gorham Times Staff

On Oct. 14 at about 7 p.m., residents of Queen Street heard a loud crash. They walked onto the road and saw that an SUV had collided with two dark colored horses, which had wandered onto Gray Road, Route 202. Both horses died at the scene according to the Gorham Police Department. The



horses reportedly got out of an enclosure at a nearby home. There are no streetlights in the area and both horses were dark in color. The driver did not see the horses until it was too late for him to turn. He was not hurt but there was considerable damage to his vehicle. No criminal charges are anticipated.



CryptoVerse by A. Logophile

VJSR HUFS TYW CXYDS, UCB Y BXCV HSUC HURTS.

VJSR LOKDJ RXKO SUOBOKHD, VJSR GUFS KM TUTYSD.

U JUOPSR DUCD HKAAPSO OSUPPR UCCXRD,

BOYESC TR BKBSD ULVYCW PYFS PYVVPS TXRD.

CLUE: C = N

Solution on Page 11

#KELSELLS207

FOCUSING ON GREATER PORTLAND TO THE LAKES REGION AND ALL POINTS IN BETWEEN

REALTOR KELLEY'S PUP OF THE MONTH:

MEET TRIXIE! Trixie is an approximately 1.5 year old spayed female. This spunky little gal came to us because she was not doing well with the other animals in the home. Trixie is a super sweet Min Pin mix who loves to snuggle herself into a nice comfy bed. She loves her cuddles but also loves to run around and would enjoy going for long walks or short hikes. She would do well in a home with older, dog savvy children and MUST be the only animal in the home.



To find out more information about Trixie please visit www.harvesthills.org.

prior to closing & 5% of my real estate con generated from this ad will be donated t o Harvest Hills Animal Shelter



Superintendent Announces **Listening Tour**

Michael Lortie (from Superintendent's Blog 10/6/23)

In her Oct. 5 superintendent's Blog, Heather Perry announced dates and times for an upcoming Listening Tour. Perry explained, "As a superintendent of schools, I know that our public schools play a key role in the continued vibrance of our great community. Good public schools have a positive impact on workforce development and the ability to attract and retain business to an area. which in turn supports more jobs and continued economic development."

She continued, "We can work to be as efficient as possible in the provision of our services and seek to understand more fully the conditions within which our community is working to support our schools.

We can also work to help our community better understand what is being asked of today's public schools. We can then use this information collectively as a community to better plan for our future in ways that ensure we are able to remain a vibrant and growing community."

This is the purpose behind the FOUR evening community listening events. Each event will begin with a short informational presentation about our schools and then she will simply make herself available to do exactly what the title of these events suggests the superintendent will sit and listen while community members present, talk and share thoughts and ideas.

There are THREE leading questions to spur conversation among those in attendance, but she is open to wander in whatever direction those present wish to in terms of sharing information with her. She will take copious notes and then collect the information gathered and share the key themes with the School Committe, and with the larger community (including Town Manager and Town Council) for use in future planning. The three leading questions will be: * What are the top TWO things you value most about living in our community? * What are the top TWO challenging things you find about living in our community? * If you had a magic wand and unlimited funds - what ONE thing would you do in our community in order to maintain our vibrancy over the next 3-5 years? is Heather Perry's sincere It hope that folks are interested in participating. Here are the logistics for these FOUR listening meetings.

Dates, Times and Location

- Nov. 13, 2023, Jan. 22, 2024, March 26, 2024, May 20, 2024

- All meetings will begin at 6 p.m. and last no longer than 1 hour.

- Summit Community Church,

Gorham ME. (26 Cressey Road, Gorham ME) - Light munchies, coffee, tea and water will be provided

School Committee Meeting October 11, 2023

Michael Lortie School News Editor



Photo credit: Deanna Etienne, Great Falls Principal Principal Becky Fortier looks on as seven fifth grade students present to the school committee about the benefits of the creative arts program at the school.

The Gorham School Committee convened their monthly meeting on Oct. 11. With six members present, they unanimously approved the minutes of the September meeting.

The first program review item was the Great Falls Allied Arts Program. Principal Becky Fortier introduced her staff members and seven fifth-grade students spoke passionately about the arts program in the elementary schools. One student, Christopher, stated that art class in particular, involves creativity and problem solving. "If I make a mistake, it just becomes part of my project because mistakes are a part of life." All three elementary schools have dynamic programs that motivate and inspire children.

The second program reviewed was the RTI program, which incorporates student support in reading, math and counseling and social work. The discussion was led by Kim Fadrigan, the Curriculum Coordinator for grades K-5, Quinton Donahue, GMS Principal and Brian Jandreau, GHS Principal. Each highlighted the supports in place for students and the data for entry and exit into each of these supports.

Fadrigan outlined the three tier supports for students and the scientifically based programs that are used with students. Donahue detailed the work of their lab teachers and counselors and social workers. Each team of teachers meets every four to six weeks to review student progress and growth. Jandreau outlined the support process and methods for assisting student success with lots of communication among staff and parents, the 9th grade academies where groups of teachers work with

the same students, use of the Ram Lab and the Roosevelt Room, adjusting schedules, and use of their on-line resources and assisted studies.

The third program review was the Reveal Math program which was adopted by K-8 two years ago. Fadrigan highlighted the successes of the program and the continuity of math instruction throughout the grades. Donahue, Jandreau and Melanie Doran, the math support specialist at GMS also relayed their observations.

Superintendent Heather Perry provided an update on the ten-year capital plan for the district. Several of the buildings are aging and will need continued work in the coming years. It is her intent to submit two plans for new buildings as part of the state funding program but even if approved are a long way away.

As part of the superintendent's report, Perry spoke about the NWEA testing that is being conducted at this time and in the spring as part of the state testing program. She also informed the committee that as an unexpected consequence of the state law concerning family leave, the school district will need to budget an additional \$300,000 for next year. She also commented on staffing and mentioned the continued need for substitute teachers and two trainings that they conducted to address the need. Sarah Perkins congratulated Superintendent Perry on receiving an Outstanding Business Award from SMCC.

Prior to the elections, James Brockman and Nicole Hudson were thanked by Chairperson Perkins for their hard work and dedication to the committee and the school system. In addition, Vice Chair Anne Schools thanked Sarah Perkins for her leadership and efforts. Of the three, only Perkins is running for reelection.

Each committee member reported on their subcommittee work and the schedule for upcoming meetings. Before going into executive session for consideration of the School Committee's self-evaluation, they had a first reading of the Graduation Policy (IKF). The only notable change was reducing the health credit from a full credit to one half credit. Committee members will review the policy and report back in future meetings.

GMS Science Students Participate in Video Documentary

Angela Gospodarek. GMS Seventh Grade Teacher







Photo credit: Angela Gospodarek Sarina and Mia being interviewed about how they are using a modeling program on their iPad.

Students from Mrs. Gospodarek's science classes worked with Inverness Research and Brown Barn Studios who are shooting a short documentary about the scientific practice of modeling as part of the Developing Modeling Orientation in Science project through the Gulf of Maine Research Institute in Portland (GMRI). https://extension.

Photo credit: Angela Gos Dominic S. and Dominic P. dragging for ticks through the knotweed.

umaine.edu/hancock/4h/tick-project/ The video documentary will feature teachers and students in the field and in the classroom collecting and analyzing data from local ecosystems including crabs and ticks. Some ticks were found and the students had a great time using quantitative and qualitative thinking while documenting their learning in the pond area behind GMS."



Craft and Vendor Fair

Shaw Gym (next to Gorham Town Office)

> Nov. 4th 9am - 3pm

Support over 50 local vendors

handmade jewelry - wood gifts - books - Scentsy sports collectibles - ornaments - home decor pet gifts - handsewn items - tupperware - and more

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Pet Perks

Tuition Reimbursement

401K Match





SPORTS October, A Great Month for the Rams

By Katie Brown, Sports Editor



Photo credit: Katie Brown

Boys Varsity Soccer Action v. Scarborough season finale

October is National High School Athletics and Activities Month, so it was fitting that Oct. 6 kicked off homecoming weekend for the Rams. Prior to the GHS football game against Biddeford that night, the sports program took a moment to honor the senior athletes as well as their parents.

As is the custom, for most of the Rams programs, the athletes received a flower from their coach and in turn presented it to their parents. It's a token gesture for the countless hours they transported them to and from practice, for hosting team dinners, and hours of watching games. The Rams went on to get the win with a 19-0 victory. The night ended with a fantastic fireworks display, sponsored by the Gorham Athletic Boosters by generous donations from local businesses (Junction Bowl, On Point Self Storage and LM Appraisals).

October is Breast Cancer Awareness Month and several Rams teams raised funds in an effort to support families fighting breast cancer. The girls volleyball and soccer programs got creative. On Oct. 12, the volleyball team hosted a "Dig Pink" night and got the win over Thornton Academy. The girls soccer team's fundraising efforts included a Patriots ticket raffle for the Monday, Dec.18 game v. the Kansas City Chiefs. The winner was announced at the home game v. Kennebunk. Congratulations to Robb Gossen, the winner of the tickets. The Rams went on to win 6-1; Julia Reed scored 4 goals with Piper Forgues adding a goal and an assist. Friday, Oct. 13 was an especially busy

Friday, Oct. 13 was an especially busy one for the Rams. It was senior night for the girls soccer team. Kudos to the



Soccer and field hockey senior night

junior parents for organizing this special event. Their game went into 2 OT's and settled for a 1-1 tie with Falmouth. Bailey Hatch had a great goal assisted by



Homecoming Fireworks display

Caitlin Nichols. The football team traveled to Portland and won their 2nd in a row, beating Deering 20-0. The field hockey team had big marginal wins and ended their regular season with a record of 13-1. Boys soccer (12-1-1) hosted rival Scarborough on Oct. 17 for their season finale with a great victory 4-1. Jack Luciano and JT Morrell scored the winning goals, while goalkeeper Ethan Homa had another strong game in goal with crucial saves.

The third week of October concludes the regular season games for all the fall teams (excluding football). Most teams will get a "bye" week (with their top 4 seed), automatically advancing to the next round, while opponents will start their play-off bids on Saturday, Oct. 21.

GHS athletic director Tim Spear stated, "our volleyball team is going in as #1, and both field hockey and boys and girls soccer teams should go in as the #2 seed in the MPA playoffs." The crosscountry team will compete in the regionals at Twin Brook in Cumberland. This meet is especially important for senior captain Cruise Labrie who was in a serious go-karting accident last May. He has since worked super hard to come back and compete with the support of his parents/doctors, coaches and teammates.

For more on this story go to @ DaveEidWGME who featured this incredible comeback story.

Good luck to all of the Rams coaches and athletes in the upcoming play-off action. It always begins a new season with thrilling moments and unpredictable results.







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COMMUNITY

OF INTEREST

Gorham residents can now register their dogs for 2024. Current licenses expire on Dec. 31, 2023. A \$25 late fee will be due for any dog licensed after Jan. 31. Find online registration at https://www. gorham-ME.org, or visit the Town Clerk's Office at 75 South Street, Monday-Thursday, 7 a.m. to 5 p.m. Closed Fridays. Bring current rabies certificate with you. FMI: (207) 222-1670.

Hike for adults only at Mill Brook Preserve will be held on Wednesday, Nov. 1 from 10 to 11 a.m. The walk through a hilly and secluded forest valley is Sponsored by Presumpscot Regional Land Trust and will begin at the Mill Brook North Trailhead. The event is free, but space is limited. Registration is required by clicking on Events at https://www.prlt.org

Veterans of Foreign Wars, Gorham Memorial Post 10879 will be meeting on Tues., Nov 14 at 5:30 p.m. in the Fire Department Training Room, 270 Main St. FMI contact the post at vfwpost10879@ amail.com.

The 2023 Husky Community Halloween Party at Robie Park takes place on Sunday, Oct. 29 from 3:30 – 5:30 p.m. Sponsored by the USM Student-Athlete Advisory Committee and Gorham Parks and Recreation for Grades 5 and under. Activities include hayrides, hot cider and donuts, games, haunted walk, costume contest, dance contest and candy. Join Husky Student-Athletes for this free, fun, family event. FMI: https://tinyurl.com/jkztpsx8

7th Citizen's Police Academy is accepting applications until the class is filled. Eight 2.5 hour classes will be held on Wednesdays at the Public Safety Building. Applicants must be 18 years of age or older, reside in Cumberland County (preferably in Gorham), have no prior felony arrests or misdemeanor arrests in the past five years, and agree to a basic background check. To apply, visit https:// www.gorham-me.org/police-department/pages/citizen-police-academy. FMI: Sgt. Ted Hatch, (207) 222-1681, thatch@gorham.me.us.

Gorham Historical Society will hold their annual meeting and open house at 6 p.m. on Monday Nov. 6, and is open to the public. Light refreshments will be offered. The meeting will take place in the reconstructed barn at Cherry Hill Farm on Rt 25. This is the location where the historical society archives are now located.

NEIGHBORS HELPING NEIGHBORS

The Gorham Medical Closet located at the Municipal Center 75 South St is free and available to Gorham residents in need of wheelchairs, shower seats, commodes, walkers, canes, crutches and more. Hours are by appointment with a volunteer. Call Gerry Day at 839-3859

The Gorham Food Pantry, located at 299-B Main St. (parking lot of St. Anne's Catholic Church) is open every Thursday morning from 10 a.m. to 12 p.m. and is free for any Gorham resident in need. FMI, (207) 222-4351, visit www.gorhamfoodpantry.org or message us on Facebook.

The Mission of Hope Clothes Closet is open the first and third Saturday of each month from 9 a.m. to 12 noon at Cressey Road United Methodist Church on Cressey Road to anyone who needs clothing. They have all types and sizes, and many winter coats.

Are you spending Thanksgiving alone? Or unable to fix a Thanksgiving Dinner? The 14th ANNUAL FREE Thanksgiving Dinner will be held on Thursday, Nov. 23, 2023; meals can be delivered if nec-

essary or picked up if possible. The prep work will take place at Mister Bagel, 13 New Portland Road in Gorham. Please call Roxanne at (207) 839-4516 or email at trmoody75.rm@gmail.com and leave a message with name, how many people will be having dinner, address & phone #. If the request is made by email, please put Thanksgiving Dinner in the subject line. While they cannot promise what time your meal will be delivered; it will be Thanksgiving Day in the afternoon; it all depends on how many meals are being served. They will call when they are on their way, and the expectation is that you be home to receive this free meal. Another expectation is if you are Diabetic or have any food allergies you take responsibility for what you eat. Pass this invitation on to others you know that are alone or cannot cook. Patience is appreciated.

SENIOR NOTES

The Gorham/Windham/Westbrook TRIAD group will meet on Wednesday, Nov. 8 at 11 a.m. at the Gorham Police Department on Main Street. The speaker will be Walter Lunt of the Windham Historical Society. Topic: the Cumberland/Oxford Canal. The TRIAD group is always looking for people to join them.

Senior Meal Site takes place weekly on Wednesdays at 12 p.m., St. Anne's Church, 299 Main St. Social time begins at 11:30 a.m. Suggested donation is \$4. Meal site is closed if school is closed or delayed due to such reasons as weather. FMI, visit https://gorhamrec.com or call (207) 222-1635.

The Lecky Brown Senior Center at First Parish Church is open. Gather for Cribbage and board games on Mondays at 10 a.m., all levels welcome. You are missing so much if you aren't joining the weekly guest speaker program, the Originals, on Wednesdays at 10 a.m. A different speaker each week. Recent speakers include Gorham's K9 officer, Tombstone art, Maine Button Society, Ham Radio expert, Friends of the Presumpscot River, and Pinetree Guide Dogs. Upcoming speakers: creating the Gorham Times, Famous 19th century Mainers, American Chestnut Tree restoration, Roadside Motor Courts & Cabins, several Gorham history and Maine Audubon topics. FMI: Lisa Becker at Leckybrowncenter@gmail.com for more information.

PUBLIC SUPPERS

Living Waters Church on Parker Farm Road in Buxton will hold a Haddock Supper Buffet at 5 p.m. on Saturday, Oct. 28. The suggested donation is \$10 adult, \$5 child, \$20 family. Take out options, face masks optional, hand sanitizer available.

First Parish Church hosts their next chicken pie takeout dinner on Sat., Nov. 4, pickup from 4:30 – 6 p.m. Meals can be ordered at https://www.firstparishgorham.org/shop/ or call the office at (207) 839-6751.

White Rock Community Clubhouse will hold a public bean supper at 34 Wilson Road on Saturday. Nov. 4 from 4 – 5:30 p.m. Eat in or take out, no pre-orders. Meal includes baked kidney & pea beans, coleslaw, potato salad, macaroni & cheese, biscuits, hot dogs and dessert. \$10 adults, \$5 under 12. FMI and updates: https://facebook.com/whiterockcommunityclub.

Buxton Center Baptist Church at 938 Long Plains Road (Route 22) will have a Baked Bean Supper on Saturday, Nov. 11 from 4:30 to 5:30 p.m. They will be serving beans, hot dogs, chop suey, coleslaw, rolls, and dessert. Cost is \$10. Take-out is also available. Call (207) 929-3011.

Continued on Page 10



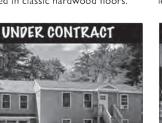


Julie Chandler





GORHAM \$379,000 - The interior is as appealing as the exterior where you will find the kitchen with stainless steel appliances open to the dining room which overlooks the private backyard and a spacious living room. Much of the first level is finished in classic hardwood floors.





GORHAM \$595,000 - You'll love the natural light and open first floor plan with 9' ceilings. Desirable hardwood floors throughout the first floor and primary bedroom suite. Features an open kitchen with island, 36" upper cabinets for extra storage and stainless-steel appliances.





NAPLES \$159,500 - Welcome to Chaplin Hill! This elevated 5.03 acre building lot with 148' of road frontage along a paved road offers amazing views of sprawling mountain ranges including theWhite Mountains. Plan your visit to catch some of the best sunsets you'll ever see. You can even catch a glimpse of Long Lake.





GORHAM \$484,000 - Behind the farmer's porch sits the cherry kitchen with a pass through to the open dinning room & living room both with hardwood floors. The 1st floor bedroom with full bath & laundry are ideal for one floor living. Feature's cathedral ceilings, gas fireplace, central air-conditioning and a lovely 4-season room.







Peter Masor

(207) 839-3300 PogoRealty.com **39 Main Street** GORHAM



GORHAM \$514,900 - This home was rebuilt from top to bottom and ready for you to move right in. On two levels you will find over 1900sqft of living space with a full bathroom on each level. The brand-new finishes include granite counters, stainless steel appliances, luxury vinyl plank flooring.



GORHAM \$159,900 - This 2 bedroom 2 bath mobile home offers an applianced kitchen/breakfast bar, dining area and spacious living room with laminate flooring. New deck and storage shed with power. Sunny location in this 55+ community offers an easy commute.Well maintained park.

HOLLIS \$520,000 - Built and loved by the original owners for 49 years! This gambrel style home offers over 2100sqft of living space with an attached 2-car garage plus a detached 24x32 garage with heated workshop. Both garages offer walkup storage above.

SO. PORTLAND \$425,000 - This 3-4 bedroom colonial is tucked away on a dead-end street with two full bathrooms and partially finished basement offers great living space. You'll love all the natural light with hardwood floors throughout, 2nd floor laundry, private rear deck and fenced yard.



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Of Interest Continued FROM PAGE 13

CRAFT FAIRS

Grace Bible Church of Gorham at 74 Deering Road is holding their Annual Craft and Vendor Fair on Saturday, Nov. 4 from 9 a.m. to 1 p.m.

Gorham Art's Annual Craft Fair, Saturday, Nov. 11, 10 a.m. to 5 p.m., 34 School Street. Support local artists and craftsmen. Enjoy art activities and music.

White Rock Friendship Club and the White Rock Grange #380 will host their annual Christmas Craft Fair on Saturday, Nov. 18 from 9 a.m. to 2 p.m. Over 30 crafters offering jewelry, sewn & knitted items, home decor and much more.

LIBRARY NEWS

The North Gorham Public Library Book Club will meet at 11 a.m. on the fourth Monday of every month at 11 a.m. Library hours are Mondays and Thursdays, 3 to 5:30 p.m., Wednesdays, 10 to 11:30 a.m. and 6 to 8 p.m., and Saturdays, 9:30 a.m. to 1 p.m. FMI: https:// north-gorham.lib.me.us/.

Baxter Memorial Library's Oct. 26, 6 p.m. Author Event welcomes local author Philip C. Baker, discussing his novel "Hunger Hill." In addition to the usual children and family events each week, there will be a Halloween Parade through the library and Town Hall on Tuesday, Oct. 31 from 10 – 11 a.m. Wear your costume to the library, listen to a story, then join the parade. All ages welcome. Library hours are Monday and Friday, 9 a.m. to 4 p.m., Tuesday through Thursday, 9 a.m. to 7 p.m., and Saturday 9 a.m. to 1 p.m. FMI: (207) 222-1190.

UNIVERSITY OF SOUTHERN MAINE NOTES

The USM Art Gallery's current exhibit, Embodying Softness/Excavating Delight, opened on Oct. 12 and runs through Saturday, Dec. 9. The Gallery is open Tuesday through Saturday from 11 a.m. to 4:30 p.m. and by appointment. Suggested donation \$2 is requested for exhibition visits. FMI: https:// usm.maine.edu/gallery/, usmartgalleries@maine.edu, or call (207) 780-5008

USM Athletics can be found at https://southernmainehuskies.com for everything from earning a degree to attending summer sports camps and season events.

The USM Department of Theatre will present nine performances of "A Winter's Tale" by William Shakespeare between Friday, Oct. 27 to Sunday, Nov. 5 on the Main Stage at Russell Hall, directed by Tess Van Horn. Tickets range from \$7 to \$18. FMI: https://usm.maine.edu/department-theatre/ or call (207) 780-5555.

The Osher School of Music will present a variety of performances over the next month, including faculty and guest artist performance, as well as the popular student ensemble performances. Watch our calendar, and visit https://usm.maine.edu/osher-school-music/events.

CLASSIFIEDS

SMALL DOG CARE - We offer a safe haven for small dog breeds in our ranch home with a fenced backyard dog safe home with leather furniture. NO crates or gates here. This is just a home away from home. We offer affection, play time and socialization. Fully insured, 16 years of experience. Located in Standish. Pups must be current with vaccinations. Only 4 dogs allowed at a time. Discounts offered for pups staying longer than 10 days. Contact Lorie text or call 207-838-0132 www.petsittinginmaine2.com

Violin Lessons - I am a violin teacher and have just moved to Gorham with hopes to start a new violin program. I have room for a few new students. Please check my website for my credentials: www.playsingplay.com Please email me with questions: jazzaria1@gmail.com

Whole-house cleanout: furniture, kitchen items, books, outdoor decor, Christmas items. Collectibles: spoons, Beanie Babies, Longaberger baskets. Friday and Saturday, Oct. 27 and 28; 9 a.m. to 3 p.m. Rain or Shine. 8 Mitchell Hill Road, Gorham.

Now Hiring

Laborers with CDL

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CALENDAR

Thursday, October 26

Baxter Memorial Library Toddler Discovery Time (18mos-3yrs), 10 a.m.

Sewing Club, 3 – 4:30 p.m.

Author Event, Philip C. Baker, author of "Hunger Hill, a novel, 6 p.m.

Friday, October 27

USM Department of Theatre presents Shakespeare's "A Winter's Tale" opens, 7 p.m., 8 more performances. (207) 780-5151

Osher School of Music FACULTY CONCERT SERIES: Will Kinne, conducting the Stravinsky "Octet for Winds," 7:30 p.m. (207) 780-5555

Saturday, October 28

Living Waters Church Haddock Supper Buffet, Parker Farm Road, 5 p.m.

Sunday, October 29

2023 Husky Community Halloween Party at Robie Park (Family event, Grade 5 and under). 3:30 - 5:30 p.m. https://tinyurl.com/jkztpsx8

Osher School of Music VISITING ARTIST SERIES: Brass Day and Faculty Recital with trombonist, Gabe Rice. 2 - 4 p.m. (207) 780-5555

Tuesday, October 31

Baxter Memorial Library

Halloween Parade, 10 - 11 a.m.

Dogs Dig Reading, call (207) 222-1190 to sign up

Life Church hosts the free Trick or Trunk, with lots of family fun and treats for the kids at Baxter Memorial Library Parking Lot. Park at Gorham High School and walk to the Library. 6 - 7:30 p.m.

Wednesday, November 1

Baxter Memorial Library, Baby Discovery Time (birth-18mos), 9:30 a.m. Hike for Adults at Mill Brook Preserve, 10 - 11 a.m., Register at https://www.prlt.org

Thursday, November 2

Baxter Memorial Library Toddler Discovery Time (18mos-3yrs), 10 a.m. Sewing Club, 3 – 4:30 p.m.

Shape the Future of Robie Park, Public Meeting, Town Council Chamberrs, 6 - 7:30 p.m.

Saturday, November 4

Grace Bible Church Annual Craft and Vendor Fair, 74 Deering Road, 9 a.m. - 1 p.m. Baxter Memorial Library, LEGO Club, All Ages (8 and under need adult supervision) 10 a.m. - 12 p.m.

White Rock Community Clubhouse Public Bean Supper, 34 Wilson Road, 4-5:30 p.m. First Parish Church Chicken Pie Takeout Dinner, 4:30 - 6:30, order ahead online or at (207) 839-6751

Osher School of Music, BOO! A Musical Theatre Studio Recital. 2 p.m.

Monday, November 6

Osher School of Music VISITING ARTIST SERIES: Aaron Larget-Caplan, classical guitar with Robert Lehmann, violin. 7:30 p.m. (207) 780-5555.

Tuesday, November 7 - VOTING DAY

Baxter Memorial Library, Family Discovery Time (ages 2-5), 10 a.m.

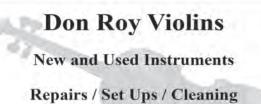
Wednesday, November 8

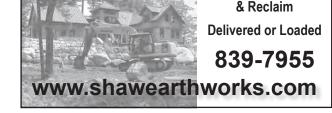
Baxter Memorial Library, Baby Discovery Time (birth-18mos), 9:30 a.m. Gorham/Windham/Westbrook TRIAD meeting, 11 a.m. Gorham Police Department

Send short news and information items that would be Of Interest to the whole Gorham Community to loriaam@gmail.com

BUSINESS DIRECTORY







EARTHWORKS

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Finn Parker Road caller was concerned about a neighbor hitting golf balls into his yard. Caller was advised to speak with the neighbor and he said he would.

Windham PD advised an officer was wanted at South Gorham Crossing for a customer angry about his prescription refill.

Longfellow Road caller had a car on his property and did not want it there. He was upset but eventually calmed down and was okay.

Caller reported a road rage incident. A Kia Sorrento with Florida plates cut him off in Westbrook and nearly sideswiped his car. Man said he had damage to his car from the incident. He did not want to press charges, just wanted police to be aware of the guy who was out there. After a conversation with the officer, he acknowledged his actions might have agitated the situation.

Autumn Brook Way caller wanted to make the police aware of a missing orange

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remote with six buttons lost in the area of Brookwood and North Gorham Road.

State Street caller reported someone walking around their business. Male was sleeping on the second-floor exterior staircase. He was identified and told not to return.

Woman lost her wallet at the TNT gas station after leaving it on the roof of her car. It contained her license and debit/credit cards. She was advised to cancel all cards and that police would call if they located her wallet.

Caller reported two teens walking and screaming for help but the caller did not stop. Officer located teens who were walking home from a friend's house. Officer dropped them off at the home of one of them and spoke with a parent.

Dingley Spring Road caller reported shots fired in the area. Officer did not hear any shots. Neighbors had heard shots way off in the distance near Gorham Sand and Gravel.

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Gorham

Times

CryptoVerse Solution by A. Logophile

THEY MAKE BIG NOISE, AND I DON'T MEAN MAYBE. A HARLEY SANS MUFFLER REALLY ANNOYS, A HARLEY SANS MUFFLER REALLY ANNOYS, STHEY CRUSH YOUR EARDRUMS, THEY WAKE UP BABIES.



Restaurant Hours

Monday - Closed Sun-Thurs: 11 am to 9 pm Fri & Sat: 11 am to 10 pm

ANNOUNCEMENT New Grant Opportunity For Gorham Businesses & Farms

Grow with U

A new matching grant program is now available for Gorham businesses and farms to apply. The deadline is Friday, November 17, 2023.

The Capital Expenditure Matching Grant program provides 50% reimbursement of a capital item, service or site expansion project, up to a maximum award of \$15,000. The program will award grants to businesses in three distinct sectors using a competitive grant application process.

Agriculture Manufacturing & Skilled Trades Retail & Food Services



The Capital Expenditure Matching Grant is aimed at providing a boost to help local businesses and farms grow and expand into new areas of operation with a one-time purchase of a capital item or service. The goal is to help accelerate plans for growth, and create opportunities for expansion, entrepreneurship, and job creation.

QUESTIONS? Contact Kevin Jensen, Economic Development Director to discuss your ideas.

Kevin Jensen Economic Development Director www.gorhammaine.org Email: kjensen@gorham.me.us Phone: (207) 222-1628

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