

Gorham Times

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What a Light Show

Chris Crawford



Photo credit: Chris Crawford

The Northern Lights are called Aurora Borealis and the Southern lights are Aurora Australis. The Latin word Aurora was first used by Galileo. It is the name of the goddess of dawn. The word Borealis comes from the Latin word boreal which means "northern" or "from the north". The word Australis is Latin for austral, which means "southern."

Mainers had front row seats for yet another spectacular celestial display, when G5 strength solar eruptions (on a scale from 1 to 5) produced the strongest geomagnetic storm in 20 years. Storms of this size can cause disruptions impacting satellite transmissions, communication networks and power grids.

The resulting Aurora Borealis, (Northern Lights) display was caused when at least six gigantic solar flares, called Coronal Mass Ejections (CME's), erupted from a sunspot that is 17 times the diameter of Earth. The National Oceanic Atmospheric Administration described a CME as a billion tons of plasma ejected from the sun traveling at speeds of millions of miles per hour.

When the solar particles reach Earth, they travel along its magnetic field lines, which are centered in an oval ring around Earth's magnetic poles. The solar particles excite nitrogen and oxygen molecules in our atmosphere, which then release photons of light in different shades of red, purple and green.

When a CME reaches Earth, it can produce some of the biggest geomagnetic storms and thus, some of the brightest and most active auroras which extend closer to the equator than usual. This recent Aurora spectacle was of such magnitude, that along with clear skies, it was seen as far south as Florida and Texas, all across the country.

What's On Your Ballot?

Kathy Corbett, Staff Writer

Voters will receive two ballots for the June 11 primary election, one a state primary ballot and the other a local ballot. All registered voters may vote on the school budget and whether or not to authorize \$875,000 for a new Gorham fire truck. The purchase has already been funded through the FY25 budget and will not add to the mill rate. Because it is a purchase over \$500,000, by Charter, voters must approve it.

Registered Democratic, Republican, and Green Independent voters will receive ballots for their party's candidates for federal and state offices. There is only one contested race for state representative: Seven Siegel and Eleanor Sato are running to be the District 109 Democratic candidate in the November election. Jean-Marie Caterina and Bruce Tarbox are in a race to be the Democratic nominee for Cumberland County District 1 Commissioner. All other primary candidates for state offices are running unopposed. No write-in votes for Democrat or Republican candidates will be counted. Only a

write-in vote for a Green Independent candidate for Congress will count.

Voters have until Thursday, May 23 to change their political party, but voters enrolled in a party may only vote in their party's primary. Because this is a semi-open primary election, voters who are not enrolled in a political party may choose to vote in the Republican, Democratic, or Green Independent party's primary.

Voters may come to the Town Clerk's office in the Municipal Building Monday through Thursday to vote absentee until June 6 at 7 p.m. Wards 1-1 and 1-2, polling places for Representative District 109, are at Gorham Middle School and Great Falls Elementary School. Ward 2, polling place for District 108, is at the Shaw Gym. Polls will be open from 7 a.m. to 8 p.m.

Profiles for state and local candidates running in both Republican and Democrat primary elections are on pages 5 and 6, with the exception of Alan Livingston who is running unopposed and chose not to submit a profile.

Town Council Approves School Budget

Kathy Corbett, Staff Writer

At a special meeting on May 14, the Gorham Town Council voted (6-0, Pratt recused) to approve the Gorham School District budget for the 2024-25 fiscal year. For the first time in nine years, the Council passed a budget as proposed by the School Committee with out modification. The \$53,111,427 budget will be on the June 11 ballot for referendum by Gorham voters.

Before the Town Council voted, counselors expressed support for the budget and the process. Virginia Wilder-Cross thanked the School Committee as did Robert Lavoie, who said that he had followed the time-line and process on the SC website. Lou Simms supported the budget although he was concerned about rising costs for both the school district and the town, which he hopes will be addressed by the new Fiscal Sustainability Committee. Seven Siegel thanked the SC for their good budget explanation at the joint workshop. Phillip Gagnon particularly thanked SC member Michelle Littlefield for the data she presented at the workshop. Although TC Chair Suzanne

Phillips supported the budget, she said that she was not happy with the increase and that such increases would not be sustainable over time.

In a resolution adopted after the TC approved the budget, the School Committee voted 7-0 to express strong support for the budget.

The resolution recognized "the dedication, engagement, and collaboration with the Gorham Town Council," and pledged that the SC "will continue active participation in the Financial Sustainability Committee." It stated that the SC "continues to operate with fiscal restraint, even in changing times, and maintains one of the lowest per pupil expenditures of any other school district in Cumberland County."

The resolution concluded with the School Committee urging voters of Gorham to vote in support of the budget on June 11 "so that Gorham Schools can continue to provide high-quality educational services to our community's most precious recourse - our children."

The complete text of the School Committee resolution is available on the Gorham School Department website and Facebook page.

High School Health Survey Results Presented to Town Council

Kelli Deveaux, Staff Writer

At the May 7 meeting of the Gorham Town Council, 2023 data results from the state's Maine Integrated Youth Health Survey (MIYHS) were the subject of a presentation by Gorham resident Brooke Proulx. Proulx, a social worker at Gorham Middle School, presented the results on behalf of Gorham Action Team for Youth (GATY), a community group of diverse stakeholders whose mission is to reduce risks and improve outcomes for the health of youth in Gorham.

The MIYHS is a statewide health survey that has been conducted every two years by the Maine Departments of Education and Health and Human Services since 2009. The survey is informed by national health surveys and is carefully designed and calculated to ensure the integrity of the information gathered. The data from the completely anonymous and voluntary survey that is conducted in grades 5-12 classrooms across the state is used to inform local, state and national community health efforts, including prevention and education.

The survey varies by grade level and may include questions that help determine trends for alcohol, tobacco, marijuana, or vaping use, mental health, bullying, school climate, sexual health and decision making, nutrition and

physical activity, as well as Adverse Childhood Experiences (ACEs) and protective factors or factors for resilience.

The data were presented separately for middle school and high school. Based on responses of the 530 of 800 GHS students who elected to take the survey, the following percentage of high school respondents reported use during the past 30 days of: alcohol 24%; marijuana 17%; illicit use of prescription drugs 5%; cigarettes 4% and vaping devices 12%. Reports of the use of all have gone up since 2021 but have not shown a statistically significant increase.

Known risk factors for use of illicit substances by youth include a low perception of harm or consequence, and ease of access to substances.

71% of GHS students reported that they have "sort of" or "very" easy access to alcohol, which is significantly higher than 2021's reported ease of access at 61%, and higher than the statewide average of 63%. 52% of students report ease of access to marijuana, up from 43% in 2021, but slightly lower than the state's average of 54%.

The percentage of Gorham high school students who perceive "no" or "some" risk of harm related to daily drinking (31%),

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CANDIDATE PROFILES
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inside the Times



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MEMORIAL DAY FLAGS
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Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 109 and House District 110 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact to Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, in its sole discretion.

Reuniting with Unclaimed Property

Rep. Jim Boyle, D-Gorham

Stop for a moment and recall the thrill of discovering money tucked away in the pocket of a seasonal jacket or an old pair of jeans. The joy of reclaiming forgotten or misplaced funds is a universal experience that can bring a sense of hope and excitement. And guess what? The possibility of that excitement is within reach because, just recently, the Maine State Treasurer's Office released its annual list of unclaimed property. Every district in the state is represented on it, offering a potential opportunity for countless Mainers to be reunited with long-forgotten assets. Could you be one of them?

Unclaimed property is money or financial assets considered lost or forgotten and held by the state for safekeeping after a period of inactivity. These lost funds could be from a forgotten bank account, an uncashed check or even the contents of an overlooked safety deposit box. The state acts as custodians of these assets, free of charge, ensuring their safety until the rightful owners come forward to claim them.

Right now, the state is holding over \$347 million in unclaimed property, some of which could be yours. It's easier than you think to find out. Take the first step and visit www.maineunclaimedproperty.gov, a safe and secure database established by the state. It's a reliable way for

residents to investigate whether they have any forgotten assets to claim. No internet access? No problem. During regular business hours, you can call the Treasurer's Office's unclaimed property hotline at 624-7470 for further in-person assistance.

Rest assured; several safeguards are in place to guarantee that whoever is attempting to reunite with their financial assets is staking claim to what is actually theirs. When a claim is made, the state follows a rigorous review process that includes asking for identifying documents. This examination ensures that the property will be distributed to the rightful owner. In some cases, the process can be lengthy, but it's a small hassle for the peace of mind that comes when individuals are reunited with their rightful property.

When it comes to investigating the possibility of unclaimed property, your financial safety is paramount. It is crucial never to pay any amount when reclaiming your property. Those assets, although dormant, are yours, and you will never be charged to be reunited with them. That's why using only state-sanctioned sources is not just a suggestion, it's a necessity. Unfortunately, scammers have been known to exploit this process, tricking unsuspecting Mainers into sharing confidential information, which

sometimes results in identity theft. While some businesses claim to be able to help individuals reunite with missing assets, it is safest to act with caution and only utilize search sites that end with a ".gov."

In the event you encounter a scammer, remember that you have the power to protect yourself and others. Report their fraudulent behavior to the Attorney General's Consumer Protection Division at 1 (800) 436-2131 or to consumer.mediation@maine.gov. Your action could prevent others from falling victim to these scams.

If you have any questions or need assistance in checking for unclaimed property, please feel free to contact me at jim.boyle@legislature.maine.gov or my office, (207) 287-1430. I'm here to help you in this process.



Rep. Jim Boyle, D-Gorham, is serving his second and final term in the Maine House of Representatives after serving two years in the

Maine State Senate. He is a member of the Energy, Utilities and Technology Committee.

Letters to the Editor

Letters to the Editor must be fewer than 300 words, signed with a first and last name, typed or e-mailed and include a phone number and hometown. The Gorham Times reserves the right not to publish letters that include personal attacks or inflammatory language. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times as space allows and are subject to editing.

To the Editor:

On May 13, 2024, the Gorham Town Council granted preliminary approval for the extension of White Birch Lane, an extension that would connect the proposed Robie Street subdivision with New Portland Road. Although treated as a separate agenda item, the preliminary approval of the White Birch Lane extension is directly linked to approval of the Robie Street Subdivision contract zone. Council members were told at the meeting's outset that a "no" vote on the extension should be cast then, as the developer would begin investing in the extension design after preliminary approval. Despite a scheduled public hearing, this indicates that the later final vote would be just a formality. While assurances were given that the extension's approval does not equal support for the subdivision contract zone, the developer's financial commitment to the road construction suggests otherwise. In effect, supporting the extension equates to supporting the subdivision contract zone. The developer confirmed that the White Birch Lane extension would manage all construction traffic for the subdivision's first phase, although it was originally slated for the second phase. The intent behind using White Birch Lane as an access route was to evenly distribute traffic with the neighboring areas on South Street during and after construction. Yet, with the Town Council's preliminary approval, the bulk of Phase 1 traffic will use the extension, passing the

active playfields behind Village School, through White Birch Lane, and onto a congested segment of New Portland Road. Based on the extent to which the Robie Street subdivision was discussed relative to the White Birch Lane extension, both these proposal items should be reviewed and voted on together.

Ruth Kelly, Gorham

To the Editor,

I have lived in Gorham my entire life, I've seen this town change and grow so much in the time I've lived here. That's why when I met Ellie Sato in February and was able to hear her thoughts on what Gorham and the State of Maine are facing, I knew exactly who I wanted to see in Augusta representing our village.

Ellie brings a new lens of understanding and perspective on many of the issues we currently face. On the environment, she wants to build on Maine's current conservation efforts, protecting our beautiful state for future generations to enjoy as we have. On the economy, Ellie is committed to ensuring Mainers have options available to them and help Mainers of all ages make ends meet. She is committed to supporting education by increasing the state portion of education funding and expanding access to trade and post-secondary programs. She wants to make healthcare more affordable and accessible for Mainers, which as a young person and as a person with grandparents on a fixed income is very important to me.

Ellie has plenty of relevant experience with how the Legislature oper-

ates as she used to be a Legislative Aide, so she can hit the ground running once we get her to Augusta.

As a youth of the community I ask my fellow voters, young, old, and everyone in between to vote for Ellie Sato on June 11th for Gorham's 109th State House District.

With regards,

Luke Nadeau

To the Editor,

I wholeheartedly endorse Jean-Marie Caterina for District 1 Cumberland County Commissioner.

Jean-Marie has held a variety of jobs in her lifetime that give her insight, perspective, and the knowledge she will need to make good decisions for our community and lead at the county level. She has been a school teacher, social worker, worked in state government, served ten years as a Scarborough town councilor, as well as being an experienced realtor. Jean-Marie knows how the various levels of government work together to care for people and make sure their needs are met. She will, among other priorities, work to improve affordable housing and coordinate mental health services across all levels of government.

I have had the privilege of knowing Jean-Marie for years and know that her heart is in public service. She is honest, serves with integrity, while always mindful of equity. Please join me in voting for Jean-Marie Caterina for County Commissioner on June 11th.

Linda Sanborn

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BRINGING THE NEWS TO ALL OF
GORHAM
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The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

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UPCOMING ADVERTISING DEADLINES

May 29

June 12

May 1, 2024

To the Residents of surrounding communities served by the proposed Turnpike Connector Project: The Gorham Economic Development Corporation ("GEDC") is confirming our support of the Turnpike Connector Project ("TCP").

The TCP directly supports the growth and stability of Gorham's economy by directly connecting surrounding communities, providing much needed infrastructure improvements for existing business to support commerce in every sense, encourages new business to come to Gorham, and is fully funded and maintained by toll revenue.

The TCP will create new jobs during the construction phase and encourage additional future job creation well beyond the opening date.

By connecting communities, existing

establishments will see an increase in patrons, new businesses will emerge, and an increase in hiring will follow, resulting in strong economic gains for Gorham and other connected communities.

While we realize there may be concerns about the TCP and the path it may take, many years of studies have shown that we must have a solution to reduce traffic congestion in the Village and efficiently move the flow of traffic from the surrounding areas to provide for the support, expansion, and retention of businesses in Gorham.

Mark Curtis, Chair
Gorham Economic Development Corporation
Board of Directors

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BUSINESS

M&M Takeout Window Opens at 390 Main Street



Photo credit: Courtesy of 390 Main Street

M & M take out window is open Tuesday through Saturday from 11:30 to 4. Check it out and say "hi" to Sara.

SHOP LOCAL BUY LOCAL

Advertisement for The Sewing Machine Exchange, featuring logos for Pfaff, Husqvarna Viking, and Singer, and listing services like fabric, service, classes, lessons, and sewing supplies.

Sebago Brewing Co. Introduces New Canned Cocktails

Gorham Times Staff



Photo credit: Courtesy of Sebago Brewing Company

Sebago Brewing Company has been operating in Maine for more than 25 years. They are known for making a variety of craft beers. They have recently started producing

cocktails in cans. Revel Coast, part of their Spirited Maine Cocktails, is made with real fruit and water from Sebago Lake. These new drinks have 100 calories with no added sugar and are gluten free.

Sebago's Breweries tested and perfected recipes for more than a year and gathered feedback from customers at their Brew Pubs and Tasting Room. Revel Coast is now available at all Sebago Locations and at Hannaford Supermarkets.

CFCU Ground Breaking

Roger Marchand, Staff Photographer



Photo credit: Courtesy of CFCU

The official groundbreaking for Casco Federal Credit Union's addition to their Main Street Gorham location took place on Tuesday, May 7. The groundbreaking was a celebration of the new addition and the updates to the existing building.

Marti Allen, Casco FCU President/CEO stated that, "This is an exciting year for Casco FCU because along with this addition that will give us space to grow, we are also celebrating our

70th anniversary. This opportunity to expand will allow the credit union to continue to invest in our community." He also stated that, "Our team at Casco FCU is focused on merging 70 years of experience with the needs of our members."

Allen went on to praise the work and cooperation of Great Falls Construction and said that he was thankful for the work of their entire team. Allen further stated that, "Relationships are important to the credit union and to be able to do business with another local business such as Great Falls, makes this event even more special."



Photo credit: Roger Marchand

Advertisement for Village Physical Therapy, featuring a logo with three houses and the text 'Village PHYSICAL THERAPY Feel the Difference Proudly owned and operated by a member of your community 347 Main St. Unit 1 Gorham / 839-9090 / villageptme.com'

Gardening Pleasures: Facts or Folklore?

Linda Treworgy Faatz, Contributing Writer

When I was young, I listened with great interest to my grandfather's gardening advice. Seasoned gardeners of olden days banked on the folklore of weather and planting. Sometimes it was a stretch to believe and sometimes the truth prevailed. One farmer believed that if "You pick the carrot on the first killing frost and hang it up by its greens outside. When the carrot falls it's time for snow."

For farmers, the cycles of the moon were a signpost for planting or harvesting. "Clear moon, frost soon." A meteorologist once told me that rain or snow tends to fall within three days of a new moon with a full 85% accuracy. It is time to tie up your plants when "Sharp horn upon a half-moon promises heavy winds soon."

Do the skies of dawn and dusk forecast the weather? "Red sky in the morning, sailors take warning. Red sky at night, sailor's delight" is a saying that has always made sense to me. Whatever the prediction, we are blessed with the pleasure of a colorful evening sky and a dawn filled with anticipation of the day to come.

The connection between weather and planting cycles is part of the fascinating scientific study of Phenology which looks at the timing and cyclical patterns of events in the natural world, particularly those related to the annual life cycles of plants, animals, and other living things.

Phenology offers a wonderful chance to stimulate a child's interest in the natural world. Stone walls can be an indicator of the weather to come. I was told, "When stones sweat in the afternoon, expect rain." I have plenty of stone walls. The kids and I will have to pay close attention this summer. While they climb on the walls we can also observe if the moss grows best on the North side.

Weather plays a big role in gardening. Weeds pull easiest after a rain. So, in

planning our gardening routine, we can pay attention to the following, "When leaves show their undersides, be very sure that rain betides." Or "When the dew is on the grass, rain will never come to pass" and "When the grass is dry at morning light, look for rain before the night."

An afternoon rainbow is always a treat in the sky, but there is more to a rainbow than just its appearance. If blue is strong the air is said to be clearing. A more prevalent green indicates continued rain. If red is strong, paling all other colors, heavy rain is predicted.

Phenological clues can help your planting schedule. Plant your peas on the 15th of April or when the forsythia and daffodils bloom. Some farmers compete to see who can harvest the first pea crop. The goal was to harvest by the 4th of July to serve as an accompaniment to the traditional salmon and cream sauce.

Taking local conditions into account when lilacs are in full bloom, plant beans, cucumbers and squash.

Tomatoes can be planted when the lily-of-the-valley are in full bloom. Young dandelion greens must be harvested early in spring for the best flavor and nutrition. When cooked, they are thought to be the best "Spring tonic."

Can you really smell the signs of Spring? We shall soon know that truth.



Linda Treworgy Faatz, a passionate gardener for many years, lives in her family home at Friend's Corner and cares for

the extensive Treworgy gardens. She loves to share her home and gardens through craft sales, classes and garden events.

Pet Pondering: The Best Dog Ever

Dr. Linda Mulski, Contributing Writer

In the examination rooms, veterinarians get to observe a wide variety of perfect (and imperfect) dog and owner relationships. What matters most to me is that both the pet and owners are thriving, happy and enjoying their companionship. Taking on the responsibilities of pet ownership should never be done lightly. Careful planning helps avoid disasters and heartbreak.

I am always impressed when a client asks for a consultation before they get their pet. Usually, I start by asking what they see themselves doing with their dog. Serious hiking and trail running in all sorts of weather? Obedience competitions? Hunting for game birds or maybe just shooting with a camera? Will the dog be helping to protect the home and family? Does the owner love to groom a lush, thick coat? Is the main goal a quiet companion and snuggle buddy? The answers to these questions help us to suggest types and specific breeds of dogs. Knowing what traits have been selectively chosen to develop a breed will also guide exercise and safety recommendations. One should never be surprised that a border collie can get serious about herding the kids. Rottweilers do not usually welcome trespassers. Terriers like to be feisty. Some breeds love to be couch potatoes, but an under-exercised high energy dog might destroy the couch rather than sit on it.

We will also discuss what level of training an owner is able and willing to complete. A senior citizen might not have the stamina, fitness and resources to optimally train a large high energy canine. Are they up for housebreaking a puppy? Are there young children that don't understand that one should not grab a bone from a resource guarding pet? Can a nervous

dog cope with the frenetic energy of a client's toddler triplets? Does an exhausted mom really need one more life form to nurture? Will there be time in a busy work schedule to happily meet a dog's needs for companionship and exercise?

There are so many factors to consider as we strive for a fulfilling relationship. Puppy versus trained adult that needs a new home? A rescue that might come with emotional baggage? Does a puppy come from a feral mother, or a breeder's home that nurtured the mother's belief that every human is a gift to dogs? It's like finding the perfect roommate. And we all hope our dogs will age gracefully to at least ten to twelve years of age.

Pure bred dogs can come with so much background knowledge of general health and mental fitness of the line; specific certifications regarding the parents' hips, elbows, hearts and eyes; possible training certifications; even genetic screening for canine hereditary diseases. Many come with health guarantees. Shelter animals can make truly exceptional pets, but some owners have much better luck than others. There can also be breed related diseases to consider, too.



Linda Mulski, VMD, veterinarian, has worked in Maine for the past 33 years. She and her husband, Tom Niedermeyer, VMD, own the Animal Hospital of South Gorham where a wide variety of pet

species are welcome.



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CryptoVerse

by A. Logophile

APGIB CB JTP DEVLIODEFF NEKI JXO PB E VNPA,
 GEHLIBYCI EBM HECOFCEB NIFJIM ONI VJPTO RTPA.
 ANIB ONI VOPTG EBM SIKIT GIIO PB ONI HPXTO,
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 CLUE: N = H

SOLUTION ON PAGE 11

Chicken Veg Bake with Light Cream Sauce

- 1 pkg of Tyson grilled chicken strips (bite size) or your own cooked chicken strips
- 2 cans stems & pieces mushrooms
- 1 pkg chopped celery & onion (or chop 1 bunch of celery & 2 onions)
- 1/2 pkg (large) frozen corn (use whole pack if you want more veggies)
- 1/2 pkg (large) frozen peas (use whole pack if you want more veggies)
- 1 can sliced black olives
- 1 container small mozzarella balls (or cubed mozzarella)
- 1 tsp cumin
- Pepper to taste
- Dash cayenne pepper
- 1 Tbsp poultry seasoning
- 1 jar Bertolli Cacio de Pepe sauce (like Alfredo sauce but this uses water with starch from making pasta to thicken instead of more cream & butter)
- Sprinkle of kale shake over top (or chopped kale)
- Toasted seasoned breadcrumbs
- Grated Parmesan cheese to taste

In large bowl mix all ingredients up to the jar of Bertoli sauce. Grease a large baking dish, spread mixture evenly. Spoon Bertoli sauce evenly over top. Sprinkle kale shake, breadcrumbs and Parmesan cheese. Bake in a preheated 400 degree oven for @35-40 minutes. Serve over pasta (shells or your choice) or rice. Yum!

Questions about the recipes can be e-mailed to Barbara Schneider at btme21@gmail.com



Gorham School's Proposed FY 25 Budget ANNUAL SCHOOL BUDGET REFERENDUM MARK YOUR CALENDAR — DON'T FORGET TO VOTE!

Check out more detailed FY 25 Budget information by going to:
www.gorhamschools.org

Dear Community Members,

The proposed FY 25 budget totals \$53,475,801 and represents a 6.97% increase in expenditures over the final approved FY 24 budget of \$49,990,895. The impact of this budget on the mil rate is an increase of \$0.80 on the mil.

Over the course of the budget development process, the District Leadership Team and the School Committee reduced a little over \$700,000 from items in the FY 24 budget. The School Committee voted unanimously to approve of the proposed budget on April 10. The Town Council then voted unanimously 6-0 (with Councilor Pratt recusing himself) on May 14 to approve the proposed budget with no additional changes.

Our FIVE biggest cost drivers to the proposed budget are:

- Retaining highly qualified educators and Support Staff – Just to maintain existing positions with calculated increases in health insurance (3%) and salary requirements per negotiated labor contracts we needed to increase our overall budget by \$1.5M.
- Increased Operational Costs – These are costs associated with our operations that are higher than last year without adding new positions or to maintain existing operations. These costs totaled over \$950,000. They include things like increased out of district tuition, modular lease costs, and cleaning contracts just to name a few.
- Responding to Changing Needs – These costs are associated with things like adding a Maine Care billing specialist to increase revenues, or putting back in place an alternative education program at GHS. These costs totaled under \$700,000.
- Increased debt service – the principal payment for our last approved bond referendum is hitting this proposed budget for the first time to the tune of \$500,000.00
- Movement from Grants – We have several grants either running out this year or that have been reduced. These are not ARP funds. They are things like Aspire Gorham Grant, our ELO grant, or our Local Entitlement grant. Impact here forced us to move about \$380,000.00 from grants into the local general fund to maintain programs.

On the revenue side of the budget, our state subsidy has gone up by about \$650,000, but this is due mostly to overall increasing costs in special education. Our state funding is not keeping up with increasing costs. Our local additional amount increased by \$1,873,450 as a result. We continue to utilize \$600,000 in undesignated balances to offset taxpayer expense. All told, the proposed budget would increase taxes by \$0.80 on the mil. For a home valued at \$450,000.00 that would be an increase of approximately \$358.00. Please know these are estimates only as the final amounts will not be assessed until later this fall by the Town Council.

Even with these increased costs, we remain the 2nd lowest per pupil costs in all of Cumberland County. The Gorham School Committee believes this proposed budget represents the funds necessary to continue to support the high-quality educational service we strive to provide for our community's most precious resource – its children.

Thank you,
Heather J. Perry, Ph.D.
Superintendent of Schools



So What Do We Get for an Investment with Our Support of the Gorham Public Schools?

- 93.4% graduation rate at GHS, well above the state's average of 86.1%
- 83% of GHS seniors went on to post-secondary last year. Another 10% went directly into the workforce, 1% went into the military and 6% chose a planned gap year.
- During the 2023-2024 School year, 180 students earned over 1,660 college credits issued by USM and our other partners via dual enrollment courses saving families almost \$480,000.00 in tuition costs!
- 250 total colleges and universities are part of our students' "Future Story Wall" at GHS.
- Just over 60% of GHS students participate in extra-curricular activities with 45+ more clubs and activities for high school students as well. Our students are active and engaged!
- Last year's graduating seniors spent over 9,461 hours volunteering in our community! That is an average of 52 hours per student!
- Just over 71 students participated in Extended Learning Opportunities (ELO's) this year with just under 100 community partners. Our students had great experiences ranging from Cybersecurity, to TV Journalism, to Auto Detailing and Aerospace Engineering and lots in between!
- We had 65 students participate in Career and Technical Education (CTE) Programs at our partner schools at Westbrook Regional Vocational Center (WRVC) and Portland Arts and Technology High School (PATHS).
- All of our K-12 students participated in Aspire Gorham Career Oriented programs ranging from Try It Days, Career X events, field experiences, 1:1 career conversations and so much more with the help of over 90 of our local businesses.
- Strong community connections - business roundtable, Aspire Gorham, Senior Internships, Career Days, Amazing Race of Gorham, Collaborations with USM for early college ...and so much more!

We have excellent, caring students in Gorham who LIVE our Code of Conduct and understand the importance of respect, honesty, courage, compassion and responsibility! That's no accident! That's a successful whole-community endeavor!

Thank you for your continued support of our schools!



Primary Candidate Profiles

CANDIDATES FOR COUNTY COMMISSIONER DISTRICT 109

Candidate's Personal Information:

Seven Siegel (D), 238 Main Street
Employment: Gorham Town Councilor, Nonprofit Consultant



Education: Master of Public Policy and MBA in Nonprofit Management from Brandeis University. I am married to the amazing Becky Wartell. Our daughter Vaiva is 7 months old.

How long have you lived in the area?
4 years

What are the major issues facing the legislature and how would you affect the discourse for the benefit of Gorham?

The biggest issue facing the legislature is its impact. Every year, the legislature passes bills and spends millions of dollars to address our state's largest issues, and yet these problems continue to grow. There's a disconnect between how the laws are written and the actual impact they have on local communities.

As a Town Councilor, I understand the specific needs of Gorham, and will make sure that bills take into account the local needs of communities across the state. What works in one part of Maine won't work in another, and we need to pass legislation with that in mind.

Candidate's Personal Information:

Eleanor Sato (D); 14 Dragonfly Lane; former legislative aide; graduated summa cum laude with a BFA in dance



and a minor in political science from Fordham University and the Alvin School. Lives in a multigenerational home with her cat, Pazu. elliesatofor-main@gmail.com

How long have you lived in the area?
I have lived in Gorham for 15 years.

What are the major issues facing the legislature and how would you affect the discourse for the benefit of Gorham?

I think the major issues facing our Legislature are education funding, climate change, and access to health care, including safeguarding our right to abortion. I believe that the best way to move forward on these issues is by listening to fellow Gorham residents to build community-based solutions while also collaborating with legislators on both sides of the aisle to deliver on legislation that meets the needs of Gorham. My unique experiences, ability to listen, dedicated work ethic, and the hours of conversations I've had with Gorham residents are invaluable and enable me to take action the moment I'm elected.

STATE SENATE DISTRICT 30 (D)

Candidate's Personal Information:

Stacy Brenner (D), 388 Broadturn Road, Scarborough
stacybrennermaine-senate@gmail.com
University of Arizona, BS in Agriculture
University of Pennsylvania, BSN & MSN, Nurse-Midwifery
Co-owner and farmer, Broadturn Farm
Senior Advisor, Maine Farmland Trust
www.stacyformainesenate.com



How long have you lived in the area?
I have lived in Scarborough since 2006.

What are the major issues facing the legislature and how would you affect the discourse for the benefit of Gorham?

I've learned, while serving 2 terms in the Senate as chair of the Environment and Natural Resources Committee, agreement is found with compromise and deliberation, aided by prioritizing patient discourse and incremental change. Investing in Maine through education, clean energy initiatives, people and housing make the state livable and attractive. Closely watching the effects of state policy on municipalities that are rapidly growing is crucial to Gorham's ability to plan and implement town wide strategies. I again look forward to the honor of representing Gorham residents.

STATE SENATE DISTRICT 30 (R)

Candidate's Personal Information:

Donald R. Hamill (R)
3 Bay Street
Scarborough
ME 04074
Retired HR Executive and Independent Consultant
BA Colgate
MILR Cornell
hamillformaine@gmail.com



How long have you lived in the area?
Scarborough Resident over 25 years.

What are the major issues facing the legislature and how would you affect the discourse for the benefit of Gorham?

Restoring Fiscal Responsibility and Common Sense. Mainers were known for independence, thrift, and common sense. Today we are one of the highest taxed states in the country, with average income in the bottom half. Education performance has fallen dramatically, along with other key metrics. As a Town Councilor, I have faced difficult challenges of growth and change. This has required incorporating opposing views on difficult issues to reach compromises; and taking a stand. I look forward to contributing my skills and experience to challenges at the State level. As an advocate, mediator, and a voice of reason.

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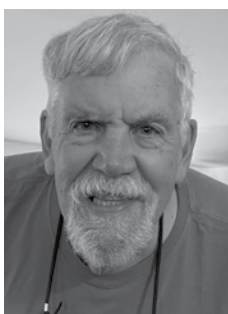
for State Representative District 109

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STATE REP DISTRICT 108 (R)

Candidate's Personal Information:

M. Thad Moody (R),
90 Narragansett Street, Semi Retired. 25 years Cooks Hardware, 29 years with Moody's Collision. Gorham High. Married Roxanne Hanscom, 3 Children, Christopher, Tasha, Heather. 5 Grandchildren. thadmoody@moodyscollision.com



How long have you lived in the area?
Lived in Gorham 65 years

What are the major issues facing the legislature and how would you affect the discourse for the benefit of Gorham?

My opinion, Lack of Transparency in State Government. Ask the questions and dig into the why's we continue to band aid and not dig to solve then fix issues within our State Government run programs. Too many times giving Hand Outs and not Hand Up's. Too many false promises made without finishing before moving on to another promise, Example Internet Service to All Maine Residents. This practice would benefit Gorham, Bigger picture would help our State.

STATE REP DISTRICT 108 (D)

Candidate's Personal Information:

Parnell Terry (D),
9 Lombard St. Gorham, ME. Employed by the Gorham School Department as a Facilities Maintenance Technician
parnellformaine@gmail.com



How long have you lived in the area? 24 years

What are the major issues facing the legislature and how would you affect the discourse for the benefit of Gorham?

Since I am not in the legislature currently I can't answer this question as it is stated. However I can tell you why I am running for the House of Representatives. I am running for the house to give Gorham a voice in Augusta to address issues that affect the town and the state as whole. These issues include, but not exclusively, education, housing, job creation, the environment, property tax rates, child care, to name a few.

CANDIDATES FOR COUNTY COMMISSIONER CUMBERLAND COUNTY

Candidate's Personal Information:

Bruce Tarbox (D)
23 Barnfield Lane Gorham. My wife Wendy, 4 Children, 3 Grandchildren. Employment: Cumberland County Government, Retired. Five years SMVTI and Local 567 Electrical Program, obtained Masters Electrical License. brucetarbox1@gmail.com



What are the major issues facing the County Commission and how would your ideas and experience contribute to finding solutions?

As the previous Cumberland County facilities director, I have over 23 years of experience and knowledge to contribute to solving these major issues. This includes working with all departments, County manager, Commissioners, finance committee, and elected officials. Major Issues are: **HIRING AND RETENTION:** I will provide support with the County's growth and help promote a good work environment. **BUDGET:** Always a challenge with escalating costs. My knowledge of the County's Infrastructure, including Capital spending and Planning will be very helpful with budget requests. **REGIONAL NEEDS:** I will support Cumberland County Regional needs with focus that reaches throughout the County.

Candidate's Personal Information:

Jean-Marie Caterina (D),
311 Gorham Road, Scarborough -University of Maine. MSW - Boston College. Ten years Scarborough Town Councilor. Real Estate Broker. Former teacher and social worker. Former Asst. Commissioner of Labor. jcat4you@gmail.com



What are the major issues facing the County Commission and how would your ideas and experience contribute to finding solutions?

I look forward to working for all the people of Cumberland County. My experience in town and state government as well as my background in social work, teaching and private business have prepared me for this varied and important position. Not only am I familiar with the larger communities in District One, but I have also worked and spent time in each of the smaller communities as well, and I understand how important county government services can be. In particular, I want to focus on expanding the county's efforts in providing mental health services coordination and increasing affordable housing availability.

Fiscal Sustainability Committee Meets

Kelli Deveaux, Staff Writer

On Monday, April 22, Gorham held its inaugural meeting of the newly formed Fiscal Sustainability Committee. The concept and makeup of the committee was developed collaboratively by the Gorham School Committee and Town Council after last summer's budget approval difficulties. The volunteer committee's purpose is "To understand the existing financial landscape for the Town of Gorham and the Gorham School Department, to evaluate the future financial landscape, and to use this knowledge to make recommendations for how to maintain sustainable taxes while continuing to manage the present and future growth of our community over the next 5-10 years."

The committee is composed of an impressive group of school and town leaders, personnel, and community members representing various sectors. The 17-member committee will be guided in their work by Craig Freshley, a seasoned municipal facilitator in Maine, working on behalf of the national organization, Strategic Government Resources.

During the first meeting, the group identified their individual roles, experience, and interest in the work. Superintendent Heather Perry and Town manager Ephrem Paraschak kicked things off with a bit of background before introducing Freshley. Perry acknowledged that the school budget makes up approximately 68% of the overall municipal budget, but they both "share the common goal of figuring out how Gorham is going to continue to grow [with] a balanced and fiscally sound approach."

Paraschak shared his hope that the committee would help create "at minimum a better understanding how we get from point A to point B in our daily operations and then what the future of Gorham looks like."

Led by Freshley, the committee reviewed their purpose, deliverables, and guidelines, and developed a timeline and sequence by which they will tackle the work. Through a brainstorming activity, the creation of an "information needed" wall, and much discussion, the group identified data and background that is needed by the group to better understand the current state of Gorham, and from this determined the agenda for their next meeting, which will be held on Monday, May 20.

During the meeting, the committee will review specific comprehensive plans, growth patterns; demographics to include human, school based, business, and housing types; departments and decision making processes; contract constraints; and the state education funding formula. The hope is that by the fifth meeting this fall, the group will have examined Gorham's current state, national best practices, and be ready to begin creating recommendations to be considered and adopted by the town. (this section will be replaced Monday night)

All meetings will be made transparent to Gorham residents, who are welcome to attend the monthly meetings, watch on GoCat on demand, and all documents from the meetings will be made publicly available on the Town's website. The public is invited to share their respectful and solutions focused comments or suggestions at any point through the yearlong process by emailing fiscalsustainabilitycommittee@gorham.me.us. Emails will be acknowledged but will not be used for answering questions.

In addition, a dynamic document of questions asked by committee members throughout the process will be publicly available on the town's website, along with the corresponding answers.

Planning Board Results, May 6

Sheri Faber, Staff Writer

A proposal to dissolve the Contract Zone on Map 6, Lot 43 and Map 6, Lot 19 owned by Barry King was administratively tabled due to lack of application.

A proposed amendment to the Land Use and Development Code to rezone lots on Preble Street from UR to OR was discussed and sent to the Town Council with a recommendation for adoption. 6 ayes (Walsh absent).

A proposed amendment to the Land Use and Development Code that would allow mobile vending unit exemptions for agritourism events was discussed and moved to hold a public hearing at the next Planning

Board meeting with revisions as recommended by the Planning Board. 6 ayes.

A proposed amendment to the Land Use and Development Code that would remove a one lot private way review and allow back lots with specific performance standards was removed from the agenda as it had been adopted by the Town Council at their April 2024 meeting.

A request for approval to divide a parcel split by a previous landowner with outside lots 1 and 2, zoned UREXP was discussed and moved to grant preliminary approval with conditions of approval to include resolution of nitrate plume analysis requirement was approved. 6 ayes.

A revised Master Plan for the 79 Day Road subdivision to divide a parcel split into four lots by the previous landowner was tabled at the request of the applicant.




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On Sunday, May 19 the Gorham Lions Club placed flags up and down the main streets of Gorham as they have been doing for a number of years. The flags are annually placed on telephone poles by volunteers of the organization just before Memorial Day. Photo credit: Roger Marchand

High School Health Survey

CONTINUED FROM PAGE 1

regular binge drinking (10%), and non-prescribed prescription drug use (9%) is relatively unchanged when examining the data for the past ten years but remains lower than the state's averages.

The MIYHS also tracks environmental risk factors Maine youth face. 14% of Gorham High School students reported that violence or the threat of violence in the home made them want to leave home, even for a short time. 2% report housing instability, while 29% of GHS students reported living with an adult with a drug or alcohol disordered use. 31% of GHS students reported feeling depressed for 2 or more weeks in the past year, and 15% reported that they seriously considered attempting suicide in the last 12 months.

But there is good news in the data. When looking at factors for resilience, it is clear that supportive and engaged adults are playing an important role. Of those who said they felt sad or hopeless, 36% reported seeking help from a trusted adult, 3% indicating that help came from a school staff member. 91% of students agree that their families have clear rules about alcohol and drug use, and 86% of students agree that their family gives them love and support "most of the time" or "always." 84% of students reported that their parents talk with them about what they are doing at school every day or once or twice a week. More than half, 58% of students feel like they matter to people in their community.

The councilors expressed gratitude for the information and asked insightful ques-

tions. Councilor Gagnon thanked Proulx for the work she does and asked about the impacts due to the legalization of marijuana, to which Proulx explained both the schools' health curriculum on the topic, and the importance of adults properly storing their marijuana in homes to reduce youth access. Councilor Wilder-Cross asked about how students are accessing prescription medication, to which Proulx noted anecdotal examples and the benefits of disposing unused prescriptions in the dropbox at Gorham Police Department, available 24 hours a day. Councilor Siegel noted their alarm at the data related to suicide, noting that 15% of GHS students is 120 youth who are reporting thinking about suicide. Proulx talked about the mental health crisis we are seeing state-wide, and the need for destigmatizing and increasing access to mental health supports.

Siegel asked what the community and Town Council can do to address these issues, noting that supporting youth is not just the schools' responsibility. Proulx asked for more collaboration with the Town Council on the free community information and education opportunities that GATY provides, noting that GATY currently is unfunded. She asked for their help in engaging community members to get involved and to attend community learning events focused on how best to support our youth.

The next issue of the Gorham Times will examine Gorham Middle School MIYHS data.

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Victory for Gorham's Odyssey of the Mind Teams

Danielle Quimby, Gifted and Talented Coordinator



Photo credit: Danielle Quimby

The 6th-grade team placed 1st in the technology problem. Team members: Cirrus Arlet, Keegan Karcanes, Samuel Otis, Evelyn Quinn, Riley Peters, David Marks, & Quinn Cuneo. Coach: Danielle Quimby

On April 27, through their dedication and hard work, Gorham's four Odyssey of the Mind teams earned three first-place trophies and one second-place trophy at the Regional Tournament held at Biddeford Middle School. This remarkable achievement is a testament to their resilience and creativity.

Odyssey of the Mind is an international educational organization that provides creative problem-solving opportunities for students from kindergarten to college. Students work on long-term

and spontaneous problems requiring dramatic presentations, innovative props, structural devices, and verbal solutions. Participants build self-confidence and skills for life through problem-solving, creative thinking, and teamwork. The program's goal is to engage students in their learning. A unique aspect of Odyssey is that no one can provide assistance in the actual solution, including coaches; everything the team brainstorms, designs, creates and builds comes from their imagination and talent.



Photo credit: Danielle Quimby

The 4th-grade team placed 1st in the vehicle problem. Village Elementary School: Eli Bustard, Attean Dahlin, Michael McCarthy, Amelia Pennell, Fiona Damon, Amelia Cote, & Samuel Beaucage Coaches: Danielle Quimby and Michael McCarthy



The two 7th-grade teams placed 1st and 2nd in the classics problem. 1st place team: Jacob Ireland, Jessica Loiselle, Rebecca Lewis, Nolan Hurder, and Carter Bourgoin (who couldn't attend the awards ceremony) Coach: Danielle Quimby
2nd place team: Amelia Winkler, Matilda Arutor, Max Moreno, Cerys McCormack, Gabriel Waterman, Samantha Page, & Brauneck Blanchard Coaches: Danielle Quimby and Bill Moreno



Photo credit: Danielle Quimby

SAIL Students Field Trip

Christine Karcanes M.S.Ed., Ed Tech. Project SAIL



Photos supplied by Christine Karcanes

Mow's Munchies Food Truck- Students in line to taste their Buffalo Bomb

SAIL's 5th-grade math students recently had an enjoyable field trip to Mow's Munchies food truck. During the fall, students shared their business plans with Mow's, which included designing a food truck, developing a business plan, and understanding loans and interest rates. Mow's then challenged the students to develop a new food item using ingredients already available to them. The students created the delicious Buffalo Bomb, which consists of pulled BBQ chicken and cheese nestled inside a golden fried dough ball, served with ranch and Mow's secret sauce. This item will be featured

on the spring menu, and we highly recommend giving it a try as it's quite tasty. Thank you to Mow's Munchies for bringing math alive to these 5th graders.

SAIL (Students Advancing In Learning) is Gorham's Gifted and Talented Program. This programming is designed to respond to the needs of students who excel beyond their age and/or grade level peers, as required by Chapter 104, and is monitored through district assessment data.



Photos supplied by Christine Karcanes

Front Row: LeAnn (Mow's owner), Sophie Watson, Elliot Arturo, Jordy Pigeon, Ben Ho, Taylor Schools, Addie Davis, Peyton Warner
Back Row: Mrs. Karcanes, Connor Hatch, Abel Chase, Reid Peck, Liam Norton, Alex Croteau, Chris Shaw, Jackson Williamson, Orion Prevenzal, Mason LaPlaca, Nora Emler, Ada White, Kate Dargle (Mow's owner)

GHS Chorus Spring Concert

Michael Lortie, School News Editor

On Thursday, May 9, the Gorham High School chorus held their spring concert. It was a fantastic night of choral

music. For twenty-four seniors this was their final high school performance.



Photo credit: Emily Murray

Matthew Murray conducting the chorus performing their spring concert performance.



Photo credit: Laura Burt

The graduating seniors celebrating their final high school choral

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May School Committee Notes

Michael Lortie, School News Editor

The Gorham School Committee held their monthly meeting on May 8, 2024. The meeting was called to order by Stewart McAllister. Sarah Perkins was not present.

Michael Sanborn presented an administrative report on the School Nutrition Program. Sanborn has directed the program since 2008. At that time, the finances were not good and the system had reduced the staff by 33%. Now, the program is in an excellent financial situation and the number of breakfasts and lunches has increased significantly over the past few years. He had high praise for his dedicated and hardworking staff.

The one public comment was from parent and educator Kelli Deveaux who praised and thanked all of the educators in Gorham. "Although this is Teacher Appreciation Week, all employees including bus drivers, educational technicians, nurses, counselors, social workers, administrators and school committee members collaborate to provide outstanding services to Gorham's students and families."

Heather Perry, Superintendent of Schools reported on several issues that will affect the school system in the next few years. Two bills passed the legislature, a minimum pay requirement for support staff which sets the minimum at 115% to 125% percent of the state minimum wage in future years. In addition, the state is moving on a four-year plan to shift child services for three- and four-year-olds from CDS to public schools. Although much work and planning has already occurred, Gorham is aiming to implement a com-

prehensive and well-planned program for year two of the state implementation plan. (2025-2026 school year). The Superintendent also mentioned that the schools testing window is open and students are currently taking the NWEA tests.

Finally, Perry encouraged all citizens to exercise their rights and vote on the school budget referendum on June 11. This is the third step in the budget approval process after the school committee and town council votes.

Several school committee members thanked the educators for their dedication and hard work and highlighted meetings and events that they had attended in the past couple of weeks. In addition there were reports on all of the subcommittee work that has been done in the past month.

As part of the legal process, it was necessary that the school committee vote on any positions that will be eliminated through budget changes. The positions eliminated included a .8 GHS English Teacher, 1 GHS Social Studies Teacher, a .6 GHS Mandarin Teacher, a .2 Elementary Art Teacher and three K-5 Teachers. (6-0). In addition, it is required that teachers who are reduced in force must also be voted. The two teachers impacted are World Languages Teacher, Bei Ju and Art Teacher, Jesse Burton. (6-0)

The committee approved a list of 24 teachers moving from First Year Probationary Status, and another list of 24 teachers moving from Second Year Probationary Status to Continuing Contract status, as required by law. (6-0)

The Committee also approved

GHS Thespian Troupe Induction Ceremony

Josie Tierney-Fife, GHS Director and Teacher



Photo credit: Josie Tierney-Fife

Pictured, a blend of inductees, seniors, and other theater kids attending the ceremony.

On Friday, May 3, Thespian Society Troupe #7533 held their annual induction ceremony. Inducted were twelve new members: Rigel Arlet, Anaiyah Brown, Kira Keniston, Gillian Lachance, Corey Lorfano, Logan Mills, Isabel Phinney, Hailey Racine, Ella Senatore, Isabelle Smith, Noah Williams and Elle Woodman. Also celebrated were 18 graduating

theater students. Senior, Lily Rubin received the Bruce Avery Scholarship, and senior, Emma Smith received the Four Year Award for Excellence in Theater. The Officers of Troupe #7533 include: President: Aera Hyson, Vice President: Lily Rubin, Clerk: Amelia Oлару and Leadership Board: Sofia Andrade, Cecelia Delloso, Zackary Waters.

the hiring of three new teachers for the 2024-2025 school year.

Kim Todd, Grade 4 at Village, Elizabeth Kutzer, GMS Health and Dana Ricker GMS Social Studies Teacher. (6-0)

The committee continued their process of reviewing all school department policies. They approved for a second reading of a number of school department policies: Comprehensive Health and Safety Management Plan (EBCA),

Administration Goals (CA), Employment of Superintendent (CBB), Administration in Policy Absence (CHD), Annual Budget (DB), Truancy (JHB), Students with HIV/ AIDS (JLCCA) and Life Saving Medical Devices (EBCF). (6-0). Finally, they approved a first reading of these four policies: Allergy (JLCE), Management Of Concussions (JJIF), Medical Marijuana in School (JLCDA) and Student Medication. (JLCD) were approved. (6-0)

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GHS Spring Sports '24 Update Part II

Katie Brown, Sports Editor



Photo credit: Tim Spear

Softball team receiving Volleyball Championship rings.

As the regular season begins to wind down, the mpa playoffs are just around the corner.

SOFTBALL: On May 7 the softball team had quite a night. Prior to the start of their game against Kennebunk, the team celebrated with a ring ceremony for their volleyball state class A championship in the fall. The lady Rams went on to defeat the Kennebunk Rams 10-0. Amber Bretton pitched a complete game shutout with nine strikeouts. Repeat hitters were Winnie Dubail, Sawyer Vonderhaar and Kaylie Mack with a triple. The Rams improved their record to 8-3.

BASEBALL: The Baseball team had a big comeback win on Mother's Day weekend against the Cheverus Stags. DH, Izak Stevens RBI single scored

Cooper Whitehead to tie the game up in the 5th 3-3. Jack Karlonas had the eventual game winning homerun over the right field porch in the bottom of the 6th, while Freshman Hunter Finck pitched 7 innings for the win with ten strikeouts. The Rams also scored double digits against the Deering Rams at Hadlock Field on May 14. Casey Skolfield picked up the win.

Senior Caden Smith shared, "we are having a fun season, all the guys are happy to be at practice and together every day improving our game. We are looking forward to games down the stretch, we have faced a lot of Division I college pitchers so far. We are continuing to trust ourselves defensively. It should be a fun run and even better post season."



Photo credit: Veronica Bretton

The Scoreboard sums up the softball team's celebratory night



Photo credit: Katie Brown

Varsity baseball players supporting the first team on a warm sunny afternoon.

LACROSSE: GLAX gets a 10-6 win over Waynflete; a home game at USM's Hannaford field - the Rams improve to 7-3 on the season, with five consecutive wins. Emerson Homa (9 saves), Ellie Gay, Hannah Bickford, Piper Forgues, Giselle Doucette and Kaitlyn Nichols have collectively been taking care of business on the offensive end. On the same night, the BLAX team also picked up a home win at GHS with a score of 17-9 over the Massabesic Mustangs.

TENNIS: Both the Boys and Girls program records improved to 9-1 with 5-0 wins over Bonny Eagle recently. On the girls side, Singles leaders are

Julia Reed, Radjabova and Thibodeau. Doubles leaders are Hadley Foster/Chamberlain and Chamberlain/Parenteau combinations. On the boys side consistent wins by Derrick Luo, Patrick Downey and TJ Nagel have helped boost the rams 9-1 record. On the doubles side; Logan Wilson/Patrick Downey have been tough to beat as well as Spera/Shvets.

TRACK & FIELD - celebrated senior night and will be preparing for their meets down the stretch in preparation for state championship qualifying.

Good luck to all of the Rams teams and stay tuned for playoff action results.

Quinn Dillon Player of the Year in the YSCC

Katie Brown, Sports Editor



Photo credit: Katie Brown

Quinn Dillon (GHS '23) and Senior Caden Smith pose for a photo together; both athletes were supporting the first team on a nice warm sunny afternoon

Quinn Dillon (GHS '23), first-year infielder for the SMCC Seawolves baseball team was named college player of the year in the YSCC Baseball Conference (Yankee Small College Conference). The Southern Maine Community College baseball team captured its seventh consecutive

YSCC championship. On May 4, prior to the semi-final game, the accolades were announced. Dillon was also selected to the all-conference all-star team. Check out his stats: .415 batting average, .490 OBP, 25 RBI, 30 Runs and 12 Stolen Bases. Congratulations to Quinn, well deserved.

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Special Town Council Meeting, May 13, 2024

Sheri Faber, Staff Writer

A special meeting of the Gorham Town Council was held on May 13, 2024. There were 20 members of the public present. The special Town Council meeting was to consider an extension of White Birch Lane.

Councilor Lavoie, moved and Councilor Siegel seconded that the Town Council provide notice of its intentions to lay out an extension of the town way known as White Birch Lane, to set a meeting to be held for this purpose after final designs have been submitted to the Town, and to order the Town Clerk to post a notice of the meeting signed by the municipal officers at least 7 days in advance in 2 public places in the Town and in the vicinity of White Birch Lane, as required under 23 M.R.S. § 3022. After Council discussion, Chairperson Phillips opened the item up for discussion from the audience.

Sarah Perkins, Bridal Path Way and Chair of the School Committee shared the following comments regarding the proposed plan for White Birch Lane: She suggested that the developers, whose plans will increase foot, bicycle, and vehicle traffic in the area. A draft bond referendum request that will be considered by the Town Council in the coming months includes \$2.9 million for a parking lot expansion, parking overlay and construction of an access road at Village School. The School Committee suggests that the developer be asked to

cover some or all of these costs to ensure ongoing safety for the public.

Susan Robie, Robie Street emailed her comments in favor of the item, noting that they had traded land as a wooded buffer adjacent to Whispering Pines Lane. She quoted her neighbor, Lincoln MacIssacas, who told the Planning Board "we are a village, people have to have a place to live and we need to share the burden, not set neighbor against neighbor".

She added "I believe that a variety of housing near the town center reduces the infrastructure costs such as sewers and roads but expressed her disappointment that no workforce housing was planned and that no significant change in design has been made to address the short cutting. The purpose of the extension of White Birch Lane is to dilute by distribution among as many exits and entrances, as possible, the traffic associated with the development.

David Walsh, Falcon Crest Drive, and member of the Planning Board wondered if there was an alternative to using White Birch Lane for access to this project.

Ruth Kelly, New Portland Road emailed the following comments: "Based on the graphic, the planned extension of White Birch Lane and the long road meant to access the proposed subdivision are laid out in a manner that could pose safety risks to cyclists and pedestrians. The road is likely to become a shortcut for traffic, and its unsafe looking curves will probably not prevent speeding. Given that it is Bike Month, and the town is endeavoring to make Gorham more pedestrian-friendly, this road seems to be at odds with those objectives. My concern extends to the potential hazard posed by heavy construction vehicles and logging trucks maneuvering in and out of White Birch Lane at the New Portland Rd intersection."



Photo credit: Roger Marchand

Grand Jury Indictments, April 8 to May 10, 2024

Sheri Faber, Staff Writer

Glenn Ingalls, 54, of Gorham was indicted for unlawful trafficking in scheduled drugs (fentanyl), unlawful possession of scheduled drugs and violating conditions of release on charges brought by Portland PD.

Robert Johnson, 29, of Denmark was indicted for unlawful possession of scheduled drugs (methamphetamine) on charges brought by Gorham PD.

Derek Marceau, 32, of Westbrook was indicted for two counts of domestic violence assault (prior protection from abuse order) and violating conditions of release on charges brought by Gorham PD.

Casey Perry, 44, of Standish was indicted for reckless conduct with a dangerous weapon, aggravated criminal mischief, driving to endanger and criminal speed on charges brought by Gorham PD.

William Stanley, 44 of Hampden was indicted for domestic violence assault and theft by unauthorized taking on charges brought by Gorham PD.

Dave Tupper, 32, of Westbrook was indicted on charges of reckless conduct with a dangerous weapon, aggravated criminal mischief, driving to endanger and criminal speed on charges brought by Gorham PD.

Nap Time

Chris Crawford, Features Editor

If you enjoy a restful nap, you're in good company. Aristotle, Michelangelo, Einstein, Ford, Churchill, and Michelangelo were all power nappers.

Scientists have studied napping and have collected data and their research is shedding new light on this humble but invigorating activity. Naps can provide physical and psychological benefits that play a role in our mood, alertness, reaction time, cognitive performance and memory. They can even help strengthen the body's immune defenses.

Researchers have also found that not all naps are created equal. Factors such as timing, length and how deeply you sleep during a nap can determine how beneficial a nap can be. Napping too long can have health risks in addition to making sleep difficult that night.

Experts agree that shorter power naps (under 30 minutes) boosts alertness and can improve your health by lowering high blood pressure. According to the National Institute of Health, longer naps, lasting an hour or more, have been linked with obesity, diabetes and increased cardiovascular risks such as high blood pressure.

The Mayo Clinic agrees that napping at the wrong time of day or for too long, is not healthy. Many people get sleepy around 2 p.m., as a result of the body's natural sleep-wake cycle. In general, they recommend that adults nap between 10 to 20 minutes, in the early afternoon. Naps after 3 p.m. can interfere with night time sleep cycles.

For a satisfying nap, choose a quiet, restful location with few distractions. Eye masks and ear plugs can help create

a quiet atmosphere. It's also important to give yourself some time to wake up before resuming activities. To help wake up, go to a brightly lit area, have a small cup of coffee, or cold drink of water, or even splash a little water on your face..

Scientists have categorized several different types of naps. A Recovery or Replacement nap is a period of daytime sleep that's meant to make up for lost nighttime sleep. While naps can't undo all the problems caused by nighttime sleep deprivation, they may lessen the impact of a new baby in the home, or the strain of an athlete's intense training schedule, or help with jet lag recovery.

Coffee Naps are short and preceded by some form of caffeine before napping to alleviate drowsiness when you wake and are ready to go back to work.

Proactive Naps are typically longer than a power nap and can often last several hours. Proactive naps can be especially helpful for shift workers such as nurses or emergency responders, who work overnight or irregular hours.

Appetitive naps are for those like yours truly who nap because it's a nice perk of being retired.

Those brilliant nappers mentioned above may have been practicing a particular type of napping called Hypnagogia which is a transitional state that occurs between wakefulness and the onset of sleep. Its opposite state, hypnopompia, occurs when moving from sleep into wakefulness. Mental phenomena may occur during these "threshold consciousness" phases which are considered to be conducive to creative thinking, like when the solution to a sticky problem suddenly becomes clear. Aristotle extolled the virtues of hypna-

gogic napping as a source for inspiration.

Here's another nap tidbit. Leonardo da Vinci apparently functioned on two hours of sleep a day while painting the Mona Lisa by following a polyphasic

sleep schedule called the Uberman sleep cycle. This involves the questionable practice of taking a 20-minute nap every four hours. Maybe Leo was in a rush to get the work done before the paint dried?

Nap Jokes

If I take a nap, I might turn into a snore loser!

I like to nap on both sides of the bed, that's how I roll!

Napping is like potato chips, you can't have 'just one.'

When life gives you lemons, take a nap.

AARON CHADBOURNE



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GHS "Can We" Project Wraps Up

Kelli Deveaux, Staff Writer



Photo credit: Eliza Kenigsberg

GHS students engaged in personal narrative storytelling and listening exercise.

Gorham High School is wrapping up their three year involvement with the statewide "Can We?" project, with hopes of replicating and broadening the opportunity schoolwide in the coming years.

Developed in 2018 at Waynflete School by Third Thought Initiatives for Civic Engagement and a partnership with Maine Policy Institute, the "Can We?" Project was created as a cross-community response to growing cultural and political divisiveness.

The mission of the "Can We?" Project is to build the capacities of high school aged youth to engage in the most fundamental activity of a self-governing society: productive dialogue across political and other differences. Throughout the project, participants reflect on their own beliefs and the beliefs of others, dialogue across differences on topics that matter to them, develop positive relationships, and work together to address problems that concern them. Data collected since the project launched in 2018 strongly attest to the success of the project in achieving its core goal.

In a 2019 survey of participants in the first two "Can We?" retreats, students reported significant changes on statements related to understanding and respecting other's views, having a better understanding of one's own perspectives, being less rigid in one's beliefs, having confidence in one's ability to communicate along lines of difference, and a belief in one's ability to work effectively with people who have different views. The cohorts worked through daylong offsite experiences that challenged them to engage in self-reflection, perspective taking, deeper inquiry into the issues and perspectives, and creative collaboration.

Gorham's involvement began in Spring 2022 after a group of students who had formed a club, "Operation Breaking Stereotypes," advocated bringing the program to GHS. Through grant support, a staff member was trained to facilitate and lead

the work, and students received three days of intensive training and experiences each year through which they developed the skills to actively listen and engage in thoughtful and respectful discourse and problem solving.

Up to 20 students were invited to participate in the voluntary experience each year, with an effort to ensure the cohort comprised diverse lived experiences, perspectives, and beliefs.

Eliza Kenigsberg, ASPIRE Gorham coordinator, served as the advisor for the Gorham chapter of the program. Kenigsberg noted of the experience, "The result is incredible compassion and empathy for one another, from which they can work together to find solutions to problems." She shared that as an "Educator Since 2009, this is one of the most powerful and profound experiences I have witnessed."

This year, Gorham participants joined 250 of their peers at a statewide event at the Augusta Civic Center to engage in a day of dialogue and learning, flexing their learned "Can We?" skills. Gorham's own Shawn Moody, an early proponent of the Project, was invited as the keynote for the December event. During his address, Moody encouraged the students to be curious, to ask questions. He urged them to take control of their lives, to acknowledge the advice and guidance they are being given, but to own that these are their lifelong decisions to make; they must be empowered, not overpowered in finding their passion and living their dream.

Moody was introduced to the project by its original founders, and praises the program for building the confidence and skills of participants, and for providing young adults with critical lifelong skills of listening, humanizing those who think differently, and seeking common ground that will serve them and their futures.

As the three year collaboration winds down, Kenigsberg is excited to be working with GHS principal Brian Jandreau to design similar opportunities for more students at GHS.

Volunteer Distribution Person

The *Gorham Times* is seeking a distribution person to take over our "Western Route" - 120 papers to 12 businesses, along Ossipee Trail (Route 25).

This is a great opportunity to meet interesting people and learn about community organizations.

Have an interest in Gorham and how the paper operates? We'd love to have you join us for production meetings held every other Monday at 4 p.m. at Gorham Rec.

Contact gorhamtimes@gmail.com for more information.

You're in the Know. *Gorham Times*

MORE COMMUNITY

Register to be in the Memorial Day Parade by Monday, May 27

Courtesy of Gorham Recreation Department

Help demonstrate our community's collective "Thank You" to our local veterans and those that have made the ultimate sacrifice - make the Gorham Recreation Department's annual Memorial Day Parade part of your Memorial Day plans on Monday, May 27.

The parade steps off at 11 a.m. at Village School and ends at Eastern Cemetery on Johnson Road. Gorham churches, community organizations, clubs, neighborhood groups, businesses, school groups, sports clubs and groups, and anyone else wishing to be part of the Memorial Day Parade are invited to register floats or units online. To register or learn more, visit https://gorhamme.myrec.com/info/activities/program_details.aspx?ProgramID=14916.

Additional details and important notes:

- Line up begins at 10am - parade leaves Village School at 11am.
- Lincoln Street will be closed from 10-11am for Parade Line up. If you need to access Village School to drop off parade participants or to participate in the parade, please use an alternative route.
- For safety, no throwing anything from anywhere - thank you

The Annual Memorial Day Parade is organized and hosted by Gorham Recreation. Read more at: <https://www.gorham-me.org/home/news/2024-memorial-day-parade-hosted-gorham-recreation>



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Dear Editor,
I am writing to encourage the community to turn out to Vote YES on the School Budget Referendum this June 11. This year, as my wife began her tenure on the School Committee, I have had the opportunity to learn more about the state of Gorham Schools. I grew up in Gorham, attending elementary school here before moving to Portland. We moved back in 2013, to raise our two children here. Gorham Schools, and the town's investment in them, were a major driver in our choice to live here. Never would I have imagined back then, that I would be sending my children to schools that haven't seen major renovation since before I attended them. Or that the district would continue to fall in the ranks of Per Pupil Spending, consistently coming in second to last in Cumberland County. Fiscal responsibility is critical; none of us want to see our taxes continue to

increase. But part of fiscal responsibility also means providing adequate funding to our schools. Our elected representatives have worked for many months on a collaborative budget, and I appreciate the work of both the School Committee and the Town Council to get to this budget. I fear that a NO vote at this time would have a serious impact on student services, while also adding extra cost by forcing additional referendums. Rather, I would encourage you to continue to find meaningful ways to make change - such as advocating at the state level to update the EPS funding formula (which is significantly lagging behind), or encouraging and supporting the Town in bringing more mixed use initiatives to relieve the burden currently on Gorham homeowners. There are ways we can improve our future, if only we join together rather than continue to be divided. Tristan Littlefield, Gorham

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Dave Thompson, Narragansett School
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GRADUATIONS

AJ Booth, B.A., Interdisciplinary Studies, University of Maine at Farmington, Maine
 Kathleen Corbett, B.S. Secondary Education, University of Maine at Farmington, Maine
 Sarah Juskiewicz, BA, Business Management, Regis College, Weston, Massachusetts

PRESIDENT'S LIST

Kristen Dore, Southern New Hampshire University, Manchester, New Hampshire
 James Chase, Southern New Hampshire University, Manchester, New Hampshire
 Samantha Files, Southern New Hampshire University, Manchester, New Hampshire

DEAN'S LIST

Nathan Cook, Belmont University, Nashville, Tennessee

ACADEMIC OPPORTUNITIES FOR ACHIEVEMENT

Beck Carrier, a member of the class of 2025 majoring in Aerospace Engineering at Worcester Polytechnic Institute (WPI), was a member of a student team that recently completed an intense research project titled Mobilizing Search and Rescue Training for the Bomberos.

Lucien Wallace, a member of the class of 2024 majoring in Environmental and Sustainability Studies and Mechanical Engineering at Worcester Polytechnic Institute (WPI), recently completed a senior thesis that is required of all graduating seniors as part of the university's distinctive project-based educational experience.

OF INTEREST

Presumpscot Regional Land Trust is partnering with the Wild Seed Project to offer a Four Season Walk at Black Brook Preserve in Windham on Thursday, June 6 from 4 p.m. – 5:30 p.m. This is the first of a four-part series which will showcase native plants, how to identify them and also how they change throughout the year. Join Nell Houde, Wild Seed Project Education Director, who will lead this leisurely, slightly over 1 mile walk. The event is free but space is limited. Registration is required at <https://www.prlt.org/events>.

NEIGHBORS HELPING NEIGHBORS

The Gorham Medical Closet located at the Municipal Center, 75 South Street, is free and available to Gorham residents in need of wheelchairs, shower seats, commodes, walkers, canes, crutches and more. Hours are by appointment with a volunteer. Call Gerry Day at (207) 756-2210 or (207) 839-3859 and she will connect you with a volunteer.

The Mission of Hope Clothes Closet is open the first and third Saturday of each month from 9 a.m. to 12 noon at Cressey Road Christian Church on Cressey Road to anyone who needs clothing. The Closet also takes donations of clean clothing, and now has all types and sizes of Spring and Summer clothing. Share a cup of coffee with the staff while you browse.

The Gorham Food Pantry, located at 299-B Main Street (parking lot of St. Anne's Catholic Church) is open every Thursday morning from 10 a.m. to 12 p.m. and is free for any Gorham resident in need. FMI, (207) 222-4351, visit www.gorhamfoodpantry.org or message us on Facebook at Gorham Food Pantry Friends.

PUBLIC SUPPERS, YARD SALES, BAKE SALES

Living Waters Church Haddock Supper Buffet, Saturday, May 25 at 5 p.m. Suggested donation is \$10 adult, \$5 child, \$20 family. Take out containers are available; hand sanitizer is available, face masks are optional.

SUMMER CAMPS

Scuba Vacation Bible Camp will take place June 24 – 28 from 8:30 – 11:30 a.m. at Cressey Road Christian Church, 81 Cressey Road. Open to children ages 4 through finishing 5th grade. Register now and get ready for a splash-tastic time where kids will dive into an underwater adventure and resurface with a richer relationship with God! Register on-line at <https://vbspro.events/p/crccvbs2024>. There is no cost. Donations accepted. FMI: <https://cresseyrdcc.org/> or (207) 839-3111.

SENIOR NOTES

The Lecky Brown Senior Center, on the 3rd floor of First Parish Church, is open and welcomes the public. Join the group on Mondays at 10 a.m. for cribbage/board games. Join the weekly guest speaker program, "the Originals," on Wednesdays at 10 a.m. with a different speaker each week. Upcoming topics include Gorham Schools ESL, Malaga Island, wild Maine Turkeys, Gorham's Civil War Monument, Transatlantic Telegraph Cable, Maps & Genealogical research, Maine Women Photographers, S. African Safari, Carol Bailey String Band, etc. FMI: contact Lisa Becker at Leckybrowncenter@gmail.com.

Senior Meal Site takes place weekly on Wednesdays at 12 p.m., St. Anne's Church, 299 Main St. Social time begins at 11:30 a.m. Suggested donation is \$4. Meal site is closed if school is closed or delayed due to such reasons as weather. For updates on the meal and dates open/ closed, visit <https://gorhamrec.com> or call (207) 222-1635.

LIBRARY NEWS

At the North Gorham Public Library on Saturday, May 25 at 10:30 a.m., children's author Kalee Gwarjanski will read her book, "Miss McDonald Has a Farm," followed by a craft activity for all ages. June 1 is the library's Plant and Book Sale from 9 a.m. – 1 p.m. That will also be the opening of a month-long art show curated by the Lakes Region Senior Center and featuring local painters. More info on Facebook. Library hours are Monday 3 to 6 p.m.; Tuesday 10 a.m. to 1 p.m.; Wednesday 10 a.m. to 1 p.m., and 4 to 7 p.m.; Closed Thursday and Friday; Saturday 10 a.m. to 1 p.m.; closed Sunday. FMI: (207) 892-2575 or (207) 642-2327.

Baxter Memorial Library begins summer programs including Art Hour for Adults, French Language Discussion Group, Spring into Summer Reading, Pride Parenting, Steam Tuesday, Popsicles on the Patio, Baby Parenting, Toddler Parenting, Learn on the Lawn. Find them all at <https://baxterlibrary.org/> Library hours are Monday and Friday, 9 a.m. to 4 p.m., Tuesday, Wednesday, and Thursday, 9 a.m. to 7 p.m., and Saturday, 9 a.m. to 1 p.m. (207) 222-1190.

Send short news and information items that would be
 Of Interest to the whole Gorham community to
 Lori Arsenault, public service coordinator.
loriaam@gmail.com





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 <p>GORHAM \$575,000 - Immaculate and move-in ready Cape style farmhouse ideal for one floor living with additional living space on the second floor. Only 2 miles from Downtown Gorham you'll find this 2120sqft 3bedroom, 2bathroom home plus an oversized 29x36 garage.</p>	 <p>GORHAM \$65,000 - This 1968 Parkwood manufactured home with updated kitchen/dining area, 3 season room, low maintenance replacement windows, newer metal roof, vinyl siding, new storage shed & more. Must see to appreciate. Very well maintained park & close to all points.</p>	 <p>GORHAM \$485,000 - Inside you'll find many of the original features and ornate details that add to the unique charm of this well-loved home. Surely the great room overlooking the expansive backyard with cathedral ceilings, exposed beams and gas parlor stove is the gathering place.</p>	 <p>BUXTON \$165,000 - This 4.59-acre building lot offers 250' of road frontage on a paved public road. You'll love this rural setting yet convenient location. The mature trees allow one to maintain a private building envelope. A soils test and survey have been completed.</p>
 <p>WINDHAM \$134,900 - This 0.44 acre building lot is surveyed with building envelope offering HHE 200 septic design for 2BR, public water at the street, power to property & gravel driveway. Access to Mill Pond across the street with 200' of frontage & sandy beach.</p>	 <p>GORHAM \$620,000 - Gorgeous 1860sqft Ranch on 1.39 acres. Offers one-floor & handicap accessible living with a sunlit 3-bedroom, 2-bath open floor plan. Cathedral ceilings, granite kitchen w/ gas cooktop, hardwood & tile floors w/ radiant heat throughout.</p>	 <p>GORHAM \$799,000 - This remarkable Federal style building is currently configured as a two-unit offering over 5600sqft of living space with plenty of parking and 153 feet of Presumpscot River frontage with its own dock. Gorgeous upscale rental units w/8 huge bedrooms.</p>	 <p>GORHAM \$585,000 - Oversized Cape style home has a roomy 4-bedroom floor plan with lots of natural light. The kitchen with gas range & island is open to the dining room with enough room for any dinner party, the living room is surely a favorite with its exposed beams and wood burning fireplace.</p>

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CALENDAR

Thursday, May 23

Gorham Food Pantry is open from 10 a.m. to Noon.
Baxter Memorial Library, Toddler Discovery Time, 10 a.m.

Saturday, May 25

Baxter Memorial Library, RPG Club, 11 a.m. - 12:30 p.m.
Living Waters Church Haddock Supper Buffet, 5 p.m.

Monday, May 27

Lecky Brown Senior Center, cribbage and board games, 10 a.m.

Tuesday, May 28

Baxter Memorial Library, Art Hour for Adults, 5:30 - 6:30 p.m.

Wednesday, May 29

Lecky Brown Senior Center Guest Speaker South African Safari, 10 a.m.
St. Anne's Church Senior Meal Site, 12 p.m. (social begins at 11:30 a.m.)

Saturday, June 1

North Gorham Public Library
Plant and Book Sale, 9 a.m. - 1 p.m.
Reading by children's author Kalee Gwarianski, 10:30 a.m.

Monday, June 3

Lecky Brown Senior Center, cribbage and board games, 10 a.m.

Tuesday, June 4

Baxter Memorial Library, French Language Discussion Group, 5:30 - 6:30 p.m.

Wednesday, June 5

Lecky Brown Senior Center Guest Speaker The Carol Bailey String Band, 10 a.m.
St. Anne's Church Senior Meal Site, 12 p.m. (social begins at 11:30 a.m.)

Thursday, June 6

Presumpscot Regional Land Trust Four Season Walk, 4 - 5:30 p.m.

Street Hockey Challenge Scheduled

Knights of Columbus councils from Westbrook and Gorham are combining with the Westbrook Community Center to sponsor a street hockey shooting skills competition at the Cornelia Warren SportCourt, 58 Lincoln Street, Westbrook on June 8 starting at noon; a rain date of June 15 has been reserved.

Boys and girls ages 10 through 17 as of the event date are asked to register free in advance using the WCC website (www.WestbrookCommunityCenter.org) or via an entry form available at the Knights' booth during Westbrook Together Days, May 31-June 1 at Riverbank Park in Westbrook.

Entrants may use their own equipment or sticks provided. Rubber-soled shoes/sneakers are recommended. All participants will receive a special logo street hockey ball or ice hockey puck as well as a free lunch (burger or hot dog, chips, drink). This same meal deal



Photo credit: Paul Concannon

will also be available to spectators for \$3.00. Parking and restroom facilities are available free. For more information or help registering contact Paul Concannon, pconcan1@maine.rr.com.

Be aware that a child may not register at the WCC website until a parent opens an account first.

Registrants do NOT have to be residents of either Westbrook or Gorham.

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Village Hearing Care

Audiology Services and Hearing Aids
Shannon Phinney Dowdle, Audiologist

347 Main St., Suite 1A - Gorham, ME 04038
(207) 839-8400 - www.villagehearing.com

the Courtesy of the Gorham Police Department
blotter

School Street caller was scared because her building had briefly lost power and she didn't know if she could use the elevator and she did not own a flashlight. She was advised her building had a generator and recommended she stay in for the night.

Police responded to numerous reports of trees/limbs in the road following the storms on February 28-29. Police removed them from the road.

Caller wanted a patrol unit to check the speed of a dump truck on Wood Road. Officer spoke to a supervisor. No tickets were written.

Dispatch received a call about a citizen dispute on Fort Hill Road. Officer advised the couple that the man had the right to be in the home as long as there was no agreement in place. Officer advised the couple to maintain civil discussion moving forward. Woman thanked Officer for his time.

Caller came to the Police Department to report that a scammer had called him and said he needed to withdraw all his money from his bank accounts as several other accounts had been made in his name. By withdrawing his money, he could keep his accounts safe by sending the money to the Federal Trade Commission via a Bitcoin ATM. The man told the caller he was at the Police Department and would let them talk to an officer. They hung up. No money was transferred. Complainant just wanted the Police to be aware.

Wood Road caller wanted an officer to check the speed of dump trucks operating on Wood Road. Officer spoke to a supervisor. No tickets were written. Following two more complaints of dump trucks speeding on Wood Road, Officer determined that the Public Works Director had given verbal permission to the construction companies so they could operate on Wood Road as long as the outside temperature

was below 32 degrees. Officer called the complainants and explained the situation to them. They thanked Officer who told them they would patrol the area more frequently.

A man came into the Police Department to turn over firearms he no longer wanted. He was advised that the Police Department would take them, but he needed to sign a form relinquishing them to the Police. He agreed to do that and came into the Department to turn them over.

A license, which had been lost at the laundromat, was returned to its owner.

Officersawagraysportsedan, withnofrontplate, doing95mphonthebypasswherethespeedlimit is 55. Officer was not able to locate the vehicle.

Officer checked on a pedestrian walking on South Street at Crestwood Drive. He was walking home to Main Street. Officer dropped him off at the 7-11.

The partner of an Ash Drive caller came home intoxicated. Nothing physical happened but she decided she wanted to leave for the night and she called an Uber. When it arrived, she left for her house.

Person came into the Police Department to drop off items belonging to a man who was living in Baldwin in the hope that Police would deliver the items to him.

Allen Way caller reported a white 4Runner was in his driveway. He went out to tell the driver to get off his property. The driver was a female with long blonde hair and she started yelling at him and then sped off.

A man at the callbox refused to say why he was there and did not want to give a date of birth nor a phone number. Officer arrived a short time later and no one was at the callbox and the caller did not call back.

CryptoVerse Solution by A. Logophile

SUPPORT

THOUSANDS WILL BE THERE TO OFFER

THE COURT,

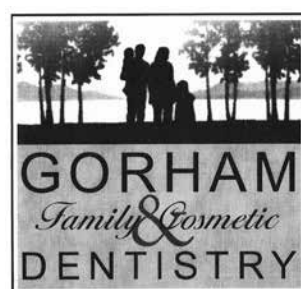
WHEN THE STORM AND FEVER MEET ON

SPORT GROW.

MACKENZIE AND GAITLIN HELPED THE

A SHOW,

WOMEN IN PRO BASKETBALL HAVE PUT ON



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 Gorham, ME 04038
 207.839.3006

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Congratulate Your Senior

Include your congratulatory ad in the **June 20 Graduation Issue** of the *Gorham Times*. Ad deadline is June 12.

BUY THIS SIZE AD FOR YOUR SENIOR!

\$57 BLACK & WHITE OR \$93 COLOR

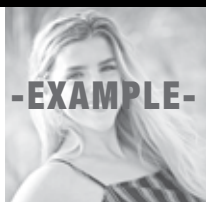
Ads due by 6/12 Graduation Issue 6/20

Prepayment is required.

Cash, checks and credit cards accepted.

**Call or email the *Gorham Times* at
gorhamtimes@gmail.com or 839-8390**

2024 Graduate



*Congratulations Maggy!
 You have worked hard and showed
 such dedication to your education.
 With love and pride today and always,
 Dad and Mom*

Gorham Times Volunteer Opportunity

The Gorham Times is seeking a volunteer to take over our compact, walkable in-town distribution route, delivering 300+ papers to 20+ locations (many in the same buildings). Route is roughly a square bounded by Main Street, Mechanic Street, Railroad Avenue, and Elm Street.

This is a great opportunity to meet interesting people and learn about community organizations.

Contact us for more information.

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• Half Pie 12 oz. \$4.09 Save 50¢

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