

Gorham Times

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A Free, Not-for-Profit Newspaper Serving Gorham Since 1995 - Celebrating 30 Years

Welcome Back To School, Gorham Students

Gorham Times Staff



Photo credits:
Amy Castonguay,
Erin Eppler,
Julie Murray, and
Kristal Goff

Town Council and School Committee Candidates

Kathy Corbett, Staff Writer



Photo Credit: Roger Marchand

Town Council and School Committee positions are to be voted on in November

Six candidates are running for three 3-year terms on the Town Council in the Nov. 4 election. They are Kelly Dearborn, Philip Gagnon, Charles Hamblen, Timothy O'Leary, Sam Puiton, and Seven Siegel.

The three candidates running for two 3-year terms on the School Committee are Jeffery Ballard, Mia

Cameron, and Lowansa Tompkins. Paulette Tateishi is the only candidate for the one 1-year term.

The Gorham Times will publish profiles of all local candidates in the Oct. 9 issue. An article on the two Gorham referendum questions and the two State questions will be in the Sept. 25 issue.

Gorham Rams Fall Sports Preview 2025

Katie Brown, Sports Editor



Photo Credit: Eric Tirrell

Volleyball season opener

Fall Teams and players to watch for the Rams 2025 season:

Girls Soccer: Coach Jeanne Zarrilli

Coach Zarrilli is in her 23rd season coaching the Varsity Rams with a decorated career. This year the team has a mix of up-and-coming players along with senior leaders; Sawyer Vonderhaar, Rilyn McInnis, Logan Doughty and Elle

Hanley. McInnis is a playmaker who will continue to rack up a lot of assists with her one-touch strong crosses. Goal scoring players to watch are midfielder Adriana Russo (Jr.) and Freshman newbie Taylor Chadburn, attack. The backfield is solid with a lineup of Jackie Parenteau (Sr.), Elle Hanley (Sr.) and Kara Nygren (Jr.)

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FALL SPORTS PREVIEW
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Fall Resources for Heating Assistance and Back-to-School Immigration Concerns

Rep. Ellie Sato

As we move into the fall season, there have been two issues I have been hearing more about from constituents: winter heating costs and back-to-school safety.

The cost of keeping your home warm during the winter, particularly for those with fixed incomes, can be a major financial burden. While recent actions from the federal government have created funding instability, there are fortunately still resources available to help folks afford to heat their homes.

The Home Energy Assistance Program (HEAP) helps eligible applicants pay for heating fuel. This program is available to homeowners and renters. If there comes a time this winter when you have an extremely low supply of heating fuel, you may qualify for crisis assistance through the Energy Crisis Intervention Program (ECIP) — but don't wait to apply. HEAP is only available until funds run out, and applications opened on Aug. 1.

Those who rely on electricity for heat may also be eligible for help with their electric utility bills through the Low Income Assistance Program (LIAP).

Gorham residents can learn more and apply through the Opportunity Alliance. To get started, give them a call at (207) 553-5900. For more information, visit the income eligibility guidelines page on their website. You can also go directly to MaineHousing's

website to apply online or by phone, and to learn more about each program.

If you need to make energy-related repairs, which can significantly reduce long-term heating costs, MaineHousing also offers two programs that can help: weatherization and central heating improvement (CHIP). The programs provide grants to reduce energy costs by improving home energy efficiency or to repair or replace central heating systems. Some households may also qualify for low-cost energy loans to make repairs or upgrades.

Back-to-school safety is also an issue I've heard about from many people in Gorham, with most schools now back in session from pre-K all the way through to university. This is particularly true for students and families who have come to this country within the last few generations. Recently, federal immigration rules have drastically changed, and are still rapidly changing. It is important that everyone knows and understands their rights — which includes the right to an education.

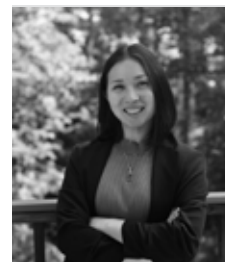
Immigration-related disruptions in what should be a safe environment can have harmful community-wide effects and endanger our students' ability to learn. If you're a teacher, parent or student, I encourage you to visit the "Know Your Rights: Back to School" guide that the ACLU of Maine partnered with other

civil rights advocates to create recently. You can find the guide at: <https://www.aclumaine.org/en/backtoschool>.

The resources cover a variety of issues in public schools, including guidance to protect the rights of immigrant students, access to books and other information, the rights of pregnant students, students with disabilities and LGBTQ+ students, and more.

For other immigration concerns, including legal help, you can reach out to the Immigrant Legal Advocacy Project at (207) 780-1593 or visit their website for more information at: <https://ilapmaine.org/contact-us>.

I encourage you to reach out to me any time with concerns about issues you care about, questions on policy or legislation, ideas on ways to better our community, or even just to introduce yourself. Please do not hesitate to email me at ellie.sato@legislature.maine.gov, or call the House Democratic Office at (207) 287-1430.



Rep. Ellie Sato, D-Gorham, is serving her first term in the Maine House of Representatives and is a member of the

Judiciary Committee.

Letters to the Editor

Letters to the Editor must be fewer than 300 words, signed with a first and last name, typed or e-mailed and include a phone number (not for publication) and hometown. The Gorham Times reserves the right not to publish letters that include personal attacks or inflammatory language. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times as space allows and are subject to editing. Anonymous letters are published at the sole discretion of the Editor.

To the Editor,

On Nov. 7, voters in Gorham will vote on a referendum question whether to establish a publicly-owned utility, governed by an elected board, seven of whom would be publicly elected in state-wide voting. The current power company is Central Maine Power, owned by Avangrid, Inc. based in Orange, CT with assets over \$41 billion, which is in turn owned by Iberdrola, a foreign, multinational utility company based in Spain.

We have seen an avalanche of advertising encouraging a No vote attributed to Maine Energy Progress, a group funded by the Canadian energy company Enmax, the owner of Versant Power. Also campaigning for a No vote is a group calling itself "The Maine Affordable Energy Coalition," funded by Avangrid. Together Avangrid and Enmax have spent over \$34 million in advertising. Pine Tree Power is a state-wide grassroots coalition advocating for a utility that would be owned and run by Mainers.

A Pine Tree Power utility would be beholden to, and have the interests of, Mainers, not foreign investors. Why do you suppose Avangrid and Enmax are spending millions of dollars on professionally produced advertising, portraying "Just Reg'lah Mainers" trying to convince us we should vote No? Jeff Christiansen, Gorham

To the Editor,

As a story of interest and a public service, GT readers might benefit from knowing about what is report-

ed to a be a lengthy street closure.

Possibly two months ago now, a section of Buck Street, which crosses a stream with a small bridge with culverts underneath, collapsed. Since that time, the section of Buck Street between Route 114 and Spiller Road has been closed.

Buck Street has been closed a little over a mile from where traffic enters from Route 114, directly across from Ware-Butler Lumber, where the street starts named North Street, but changes to Buck Street less than a mile in. North Street/Buck Street is a significant connector road between Routes 114 and 25. It generally sees a lot of traffic.

The road is also closed entering it from Spiller Road. I was told by Gorham Public Works that due to when appropriations for the road work would be available, the closure could last until July, 2026, or longer. Even though closure signs are posted, several times a day some traffic enters, comes to the washed-out bridge and turns around.

As mentioned, there are Road Closed signs at both the Route 114 and Spiller Road entrances. Attached is a photo of the washed-out bridge entering North St./Buck St. from Rt. 114. If interested, I could provide photos of the closure sign at Rt. 114 entrance. (Photo on page 3)

Jeff Christiansen, Gorham

To the Editor,

The recent Gorham Council's vote to sell close to 100 acres to Amazon seemed to garner a lot of attention, perhaps because apparently a lot of people do not

like Amazon. Additionally, I wonder if it is also because a lot of Gorham residents are concerned about the level of development within the town.

I have recently driven to Boston on two occasions. Traffic and development are overwhelming. I have also recently met medical professionals who have moved to Maine and love living here.

Historically, Gorham was a farming community. I know it is changing but how much change is too much?? I know business development will help control residential real estate taxes but at what price?? My current home is in the Narragansett Game Sanctuary. During the last year I have seen two deer who have been hit by cars. Can we somehow control development within the Sanctuary to help protect the animals who live here? I have spoken to many neighbors and almost everyone values the Sanctuary and the wild animals within it.

What percentage of Gorham residents are comfortable with the rate of development within Gorham in the last 10 to 20 years?? I think that is a question Town decision makers should attempt to get answered because what citizens want matters.

At some point hopefully soon, it will be time to reconsider the Town's comprehensive plan. Rather than plunging ahead with the same level of growth we have recently seen, it may be time to consider changes to slow growth. I think we need to answer the question, what do we want Gorham to look like in a decade or two and what can be done to achieve that look. Surely we do not want to look like Boston!!!

Mike D'Arcangelo, Gorham

Gorham Times

BRINGING THE NEWS TO ALL OF GORHAM
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The Gorham Times is a free volunteer-run community newspaper distributed every other Thursday to more than 100 pick-up sites throughout Gorham.

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EDITORIAL POLICY
The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

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Upcoming Advertising

Deadlines

September 17

October 1

October 15

October 29

School Committee Special Meeting August 27, 2025

Michael Lortie, School News Editor

On Wednesday, Aug. 27, 2025 the Gorham School Committee held a special meeting. Vice Chair Nicole Yeofisher called the meeting to order and all six members were present.

The committee worked on a draft of a referendum question to send to the town council for approval to appear on the November ballot. They do not want to request additional funds from the taxpayers but to reallocate already approved funds to complete a list of site improvements. These already approved funds are savings from the GHS cafeteria and the Narragansett HVAC projects. By reallocating these funds, they hope to replace the GHS track, ADA bathrooms and sprinkler systems at Narragansett School, Village School parking lot and street extension and reinforce the firelane at Great Falls. The referendum question was passed 6-0 and will be sent to the town council for their approval.

The committee voted 6-0 to approve the following personnel:
Shelley Roberts - Speech Pathologist, District Wide;
Katrijn Greco- GHS Math Teacher;
Cody Elliot- GMS Health Teacher

Due to the summer resignation of Chair Sarah Perkins, the committee needed to officially name new leadership to serve until the November reorganization meeting after the election of new committee members. They voted 6-0 to elect Nicole Yeofisher as chair and Michelle Littlefield as vice-chair until November.

The committee reviewed several drafts including the superintendent's 2025-26 goals, the school committee meeting schedule and the MSBA (Maine School Board Association) resolution statements. Heather Perry, superintendent of schools, presented the 2024-2025 State of the Schools report to the committee for their review. This document provides information on the demographics, attendance and achievement scores and metrics for success. It was recommended that the committee review this information.

Finally the School Committee discussed their subcommittee structure for possible changes. They did agree to limit subcommittee meetings in March when they have numerous extra budget meetings.

Dawn Mugford, Appointed Chief Risk Officer at NSB

Lori Arsenault, Managing Editor



Photo Credit: Courtesy of Norway Savings Bank

Dawn Mugford

Norway Savings Bank has announced the appointment of Gorham's Dawn Mugford as senior vice president, chief risk officer.

She succeeds Carolyn Thomas who is transitioning into a new role.

With more than 20 years of expertise in risk management, audit, and quality assurance, Dan Walsh, president and CEO said of Mugford, "In her career, Dawn has been responsible for reporting of all major risk types as well as expanding on risk management infrastructure to help maintain and grow customer confidence. She has proven herself to be an experienced and effective risk professional and a great fit for our achievement and support culture."

Since her arrival in Maine, Mugford has been the co-organizer and event director for the weekly Parkrun event held at Shaw Cherry Hill Farm in Gorham. She is also an active athlete, participating in several Tri-For-A-Cure races, a 70.3 Ironman, the Pan-Mass Challenge, ultramarathons, and successfully hiking Mount Kilimanjaro in Tanzania. She was recently recognized as one of the "Top 50 Women Chief Risk Officers of 2024" by Women We Admire. She has volunteered with a number of organizations. She earned her Bachelor of Business Administration from Wilfrid Laurier University in Canada.

Tuesday, Sept. 16, Town Council Workshop, 6:30 p.m.;
Planning Board Optional Meeting Date, 7 p.m.
Wednesday, Sept 17
Gorham Economic Development Corporation, (GEDC) Meeting, 8 a.m.
Thursday, Sept. 18
Ordinance Committee Meeting, 6 p.m.
Monday, Sept. 22
Historic Preservation Commission Meeting, 5:30 p.m.
Planning Board Optional Meeting Date, 7 p.m.
Tuesday
Finance Committee Meeting, 6 p.m.
Special Joint Finance Committee Meeting, 6:30 p.m.



LETTUCE BE HEALTHY

Barbara Schneider, Contributing Writer Since 1995

Couscous Sausage Pepper Bake

- 2 to 3 cups cooked couscous
- 1lb turkey sausage cooked and crumbled
- 1 large onion, chopped
- 1 red pepper, chopped
- 1 teaspoon cumin
- 1 teaspoon garlic powder
- Salt & pepper to taste
- 4 tablespoons Mozzarella cheese, shredded
- 4 green peppers, top off and cleaned for stuffing

Combine all ingredients for stuffing green peppers. Stuff peppers firmly with mixture. Top with shredded Mozzarella cheese. Place in baking pan and bake for 35 minutes, until top is golden brown.

Questions about the recipes can be e-mailed to Barbara Schneider at btsme21@gmail.com

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Gardening Pleasure

Linda Treworgy Faatz, Contributing Writer Since 1995

Gardening has certainly changed in the last 30 years. The trees planted 30 years ago now shade the once-sunny garden spot. Most of us gardeners have moved and changed positions of plants we once thought were in the perfect spot. The only way we could remember how it was is to look back at pictures that documented each year. Now apps can mark garden progress. YouTube gives us multiple opinions and solutions. Gardening solutions are at your fingertips on the internet. I still pull books off the shelf for advice.

Even though the passion is still there the aging process has dictated different versions of how we garden. Garden size has been reimagined. Aggressive tilling is now discouraged as it disrupts the ecosystem below the surface which is beneficial to healthy plant growth. Emphasis now is on sustainable practices to preserve our natural resources.

Vessels to collect rain water are being promoted. We have learned that heavily planted gardens eliminate much of the weeding. Planting insect friendly native plants encourages pollination. Beneficial insects are embraced.

Instead of commercial fertilizer, homemade compost is promoted as a healthy growing medium. In the last few years vermiculture (worm compost-

ing) is being used in many gardens. Red worms break down organic waste into nutrient-rich fertilizer. Raised beds now help control soil type and define areas. Ornamental grasses are much used to withstand dry conditions.

As the cost of plants increases many choose to swap with friends. Established perennials divide easily. We have come to realize that container gardening can satisfy our planting needs for almost anything and can be easily accessed from the house.

Thirty years have given us many new perspectives on gardening. Still the longstanding enjoyment will continue to feed our soul and always give us so much to look forward to.

A friend once said to me, "garden as if you will live forever."



Linda Treworgy Faatz, a passionate gardener for many years, lives in her family home at Friend's Corner and

cares for the extensive Treworgy gardens. She loves to share her home and gardens through classes and garden events.

Thirty Years of Living in the Gorham Times

Christiana Crawford, Features Editor (30 year volunteer)

Thirty years is a long time in the life of a town. A lot can change. The population grows, as do the schools and the traffic. Our grocery store seems to shrink, as does the amount of food one can buy with \$100. A 5-pound bag of sugar has shrunk to 4 lbs and a dozen eggs or a package of chicken is now a luxury purchase. It is certain that more big changes are headed our way. The Gorham Times Volunteer Newspaper is one way we learn about issues important to our town.

Over the past 30 years, as the Features Editor for the Gorham Times, it has been my pleasure to work with almost 40 outstanding volunteers who wrote informative articles about their area of expertise for the Living Page. They represented a great variety of topics including, Health, Diet, Exercise, Gorham History, Automotives, Finance, Gardening, Pet Care, Kids/Family Issues and More.

In this issue we want to honor by name, all the writers who have contributed their time and talents over the years, to making the Gorham Times Living Page interesting and informative.

If anyone has been left off this list, or if the dates seem inaccurate, please email Chris Crawford at ckck5@icloud.com.

Living Page Volunteers:

- | | |
|-------------------------------|---------------------|
| Long Timers: 20+ Years | Pete Watt |
| Barb Schneider (30) | Carolyn Milles |
| Linda Faatz (30) | Wilma Johnson |
| Doug Carter (30) | Stan Skofield |
| Stacey Coleman (25) | Jaime Racine |
| Bill Jenks (25) | |
| Angela Verrill | 1-5 Years |
| Mike Smith (20) | Jim Flag |
| Joe Kerwin (20) | Greg Cuffey |
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| Ed Doyle | Jennifer Szafranski |
| | Delvina Miremadi |
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Movement is Life, Strength is the New Longevity Secret

Ryan Hawes, Contributing Writer Since April 2025

When most people think about staying healthy as they age, the focus often turns to diet, cardio or avoiding bad habits. While all of these matter, there is one factor that quietly outpaces the rest in preserving long-term health, independence and vitality. It is strength.

Strength is not just about lifting heavy weights or building big muscles. At its core, it is about keeping the body functioning properly. From getting up off the floor, to carrying groceries, to keeping your balance on uneven or wet sidewalks, strength training builds the resilience that allows us to live life on our terms - no matter your age.

Starting at age 30, adults naturally lose 3 - 8% of their muscle mass each decade. When we reach 60, that decline accelerates. Without intervention, this loss of strength called sarcopenia makes daily activities harder, increases the risk of falls and contributes to chronic conditions like osteoporosis and diabetes.

Many people know that strength training is important. The challenge is staying consistent. Life gets busy, motivation comes and goes and "I'll start tomorrow" quickly turns into months or even years of delay. So this is where your environment matters. While it is possible to exercise at home, most people struggle to stick with it long-term. Your best intentions of keeping a schedule with your basement or garage gym drift away. A gym environment solves this problem by removing distractions, providing access to the proper equipment and most importantly surrounding you with accountabil-

ity and social engagement. Research shows that people who train in a structured environment are more likely to stay consistent and see lasting results.

The rewards of sticking with strength training extend far beyond the gym walls. The payoff comes in years of an active and enjoyable life. Strength training is the best kept secret affording you independence, metabolic health, joint protection, better balance and cognitive stimulation.

So how do you get started? Keep it simple. Two to three short sessions per week are often enough to see meaningful changes. A structured gym environment makes it easier to show up, progress safely and stay on track. If you are unsure of where and how to begin, speak with your physician or a qualified trainer.

The strongest choice you can make for your future is staying active and finding a place where showing up becomes second nature and strength training becomes a lifelong habit.



Ryan Hawes is the owner of RYZE Personal Training in Gorham. He has spent more than a decade helping local

residents build strength, confidence and lasting health.

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by A. Logophile

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Solution on Page 11

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Gorham's New Business Directory

Kelli Deveaux, Staff Writer

The Economic Development Division of Gorham's Department of Community Development has launched a new tool to help people find and connect with Gorham businesses.

In response to requests from residents, businesses, and community organizations, a dynamic online business directory has been developed, and includes information for over 350 active businesses here in Gorham.

The business directory went live earlier this spring, as a new element to the www.gorhammaine.org website. This was after a year of accumulating and verifying information, which the Economic Development Division staff will continue to routinely update. The directory is located as a radial button at the top of the webpage, and can be sorted alphabetically, by industry or category, and includes a search

by word feature. Many of the businesses' websites are also linked in the directory.

"We envision the directory being used by anyone from Gorham or the surrounding areas who is looking for a specific product or service in Gorham," said Kevin Jensen, Gorham's economic development director. "This is one of the ways to highlight the variety of the over 350 active businesses in our community, while also helping to connect residents to local businesses for what they are specifically looking for."

Jensen also noted that the Gorham community has demonstrated a commitment to shop local and support local businesses as a community, as evidenced by the success of the Gorham Village Alliance's annual "Shop the Village" campaign in December and the annual "Taste Walk" fundraiser held every spring.

Real Estate Transfers, July 2025

Gorham Times Staff

Harding Bridge Road	Kathryn A. Richardson, Co-trustee	Big Ledge, LLC	\$ 1,100,000.00
21 Jackies Way	Woods, John D	Mulcahy, Christian	\$ 855,000.00
129 Quincy Drive	Smith, Lee E	Diekema, Erin	\$ 787,000.00
5 Riverbend Road	Sam Strumph Builders, LLC	David Willis	\$ 775,000.00
22 Lilac Lane	Kelly L. Dufour	Jamie LaLiberte	\$ 750,000.00
38 Solomon Drive	Pao Living Trust	Daniel Rossi	\$ 749,000.00
7 Canterbury Pines Drive	JC Fecteau Family Trust	Jeremiah B. Moody	\$ 745,000.00
31 Running Springs Road	John J. Miller	Terry R. Schutte	\$ 700,000.00
47 Wood Road	Vladimir Korshin	Alyssa A. Ames	\$ 675,000.00
20 Leavitt Drive	Blair, John S.	Philbrook, Danielle	\$ 675,000.00
169 Plummer Road	Jonathan D. Hall	Andrew Closson	\$ 660,000.00
237 Dingley Spring Road	Connections for Kids, FKA Foster Family Connection	Spunwink Services Incorporated	\$ 660,000.00
24 Settlers Way	Estate of Norma Jean Francis	Timothy A. Swinburne	\$ 638,400.00
121 Falcon Crest Drive Unit 2	Cottage Advisors ME, LLC	Brian A. Mauch	\$ 625,000.00
117 Falcon Crest Drive	Cottage Advisors ME, LLC	Louis E. Cavallaro	\$ 625,000.00
33 Old Dynamite Way	David P. Willis	Joshua Thorne	\$ 620,000.00
82 Falcon Crest Drive, Unit 15	Sandra L. Marshall	Dale Amand Perry	\$ 600,000.00
6 Marathon Avenue, Unit 19	Amy L. Pierce	Robert K. Lewis	\$ 560,000.00
169 Falcon Crest Drive, Unit 24	Cottage Advisors ME, LLC	Michelle McCarthy	\$ 559,900.00
53 Gray Road	Teresa M. Wark	Virginia Perkins	\$ 541,000.00
49 Straw Road	Abigail L. Raymond	Mani Clede Judelle ByDeile Gamba	\$ 500,000.00
206 Sebago Lake Road	Robin B. Tremblay	Emmanuel Dimenyimana	\$ 475,000.00
67 Narragansett Street	Davis Development, LLC	Ali, Fatuma Abdalla	\$ 465,000.00
4 Shirley Lane	David J. LeClerc	Deanna White	\$ 455,000.00
1 Tink Drive	Helen Cushman	Gina M. Pizzo Irevocable Trust	\$ 453,100.00
14 Woodside Drive, Unit 3	Alan Woolverton	Michael Underwood	\$ 435,000.00
53 Briarwood Lane	Robert M. Viens Sema	Tyler Richard Cousens	\$ 427,000.00
44 Meadowbrook Drive #4	Marla Marion Reynolds	Elizabeth Kristine McGarvey	\$ 425,000.00
128 Sebago Lake Road	Roy, Stacey L.	JCS 3, LLC	\$ 415,000.00
182 Ossipee Trail	Kathleen A. Jensen	Katie Hudson	\$ 395,000.00
152 Hurricane Road	Susan Hodgson	Mia J. Schaumburg	\$ 380,000.00
104 Wescott Road	Estate of Sharon C. Thompson	William Miller	\$ 325,000.00
47 Tow Path Road	KCRA-Z Properties LLC	Schadow, Jeremy	\$ 300,000.00
9 JDP Dr.	Leigh H. Harlow	William H. Wegener	\$ 275,000.00
347 Main Street Unit 2F	Dennis S. Chadbourne	The Real Estate Group LLC	\$ 150,000.00
154 Mosher Road	Katharine Goodwill-Brown	Andrew Cail	\$ 129,000.00
151 South Street	Capital Heights LLC	Flagship Builders LLC	\$ 125,000.00
Easterly Teminus of BR	J Brown Investments LLC	KV Enterprises LLC	\$ 30,000.00

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Sept. Town Council Meeting

Michael Lortie, Gorham Times Staff

On Sept. 2, 2025, the Gorham Town Council held their monthly meeting. All seven members were present.

Two members of the public spoke regarding concerns about the quarry. They thanked the Council for initiating meetings between the town, members of the neighboring community and the owner of the quarry. They encouraged continued dust and explosion monitoring by the town.

The Council approved the referendum question for the November ballot from the school department to add some additional projects with the already approved funds. (7-0) These projects include the GHS track replacement, sprinkler and ADA bathroom upgrades to Narragansett School and Village School parking overlay and connector construction to Birch Lane and Great Falls School sidewalk and firelane repaving.

The council also approved a referendum question for capital expenditures for road culverts on Buck Street, Hurricane Road, Wilson Road and Wood Road. (7-0) Terry Deering, director of public works, explained that the culverts are actually small bridges and the Buck Street culvert washed out during a storm earlier in the year. The other bridges are also from the 1940's and should be replaced as well.

The Town Council then approved the wardens and ward clerks for the November election. (7-0)

District 1-1: Susan Emerson, warden and Laurel Smith, ward clerk
District 1-2: Rosemond Phinney, warden and Marie Plummer, ward clerk

District 2: Carol Wyman, warden and Martha Towle, ward clerk

Central: Kim Getchell warden and Alida Landry, ward clerk

They also wanted to thank Kathy Corbett for her years of service with elections in Gorham as she moves out of Gorham.

The Council approved (7-0) the qualifying applications from the senior Property Tax Relief Program totaling \$81,350. These applicants met certain residency and income requirements.

The council approved (7-0) and named seven members of the new Affordable Housing committee. Their meeting schedule will be determined by those committee members. The committee approved an amendment to the Land Use and Development Code to reduce and/or eliminate traffic generation requirements for accessory dwelling units on private ways.

The Committee approved the discontinuation of a contract zone at 61 County Road. Other contract zone requests in this area will be voted on in bulk at a later meeting.

For a complete account of the meeting, a copy of the minutes and a recorded video of the meeting may be found on the Gorham Town Council website.

Council Appoints Affordable Housing Committee Members

Kathy Corbett, Staff Writer

At the September regular meeting, the Gorham Town Council appointed seven members to the new Affordable Housing Committee, Jan Parker and Kathryn Morin (1 year terms); Rob Korobkin and Zac Chabot (2 year terms) and Greg McCormack, Dan Nichols, and Christine Dyke (3 year terms). They will set their first meeting time.

The committee is charged with studying "key issues affecting the quantity, availability, and affordability of housing in Gorham." Duties include making recommendations to encourage and support affordable housing for those whose income is at or below the area median income.

The committee will report to the Town Council every six months.

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Gorham Times

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Gorham Knights of Columbus



5k Walk/Run

Saturday, Oct. 11, 9 a.m.
 Shaw Cherry Hill Farm, Gorham

Proceeds support local food pantries:

- Gorham Food Pantry
- Standish Food Pantry
- Buxton Community Cupboard
- Buxton Community Food Co-Op Pantry

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www.stanthonysparish.org/knights-of-columbus

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Volunteer Opportunities Available at the Gorham Times



Football Team photo

Photo Credit: Colleen Heal

and Lauren Chadburn (Fr., player to watch). Other key returners; Junior Anna Nichols and Senior goalie VonderHaar are back after VonderHaar missed time last season due to injury. Lydia Spear (now a sophomore) took over in goal. The team's toughest components continue to be Scarborough, Windham, and Cheverus while Kennebunk and Sanford will be must-see games as well. The team kicked off their home-opener v. Cheverus on Sept. 4 with a big win. Russo scored unassisted and Taylor Chadburn got a great pass off the left wing to Logan Doughty for the 2-1 win over the Stags.

Boys Soccer: Coach Nick Viola
Tyler Olson (Senior midfielder) and Junior Antoine Dube (defense) will lead the way for the Rams this season, along with Senior forward Colby Jordan and Sophomore midfielder Moises Ntango. Coach Viola shared; "We are expecting to be competitive with the other

top programs in Class A south. There were as many as ten teams last season who could have made a deep playoff run. No game will be easy." The Rams began their season with a 7 p.m. home opener v. Westbrook on 9/4. Other "must-see" games for the Rams this season include: @ Portland Thursday (9/16) at 5 p.m., home vs. Falmouth Thursday (9/18) at 6 p.m., @ South Portland Tuesday (9/23) at 6:15 p.m., home vs. Deering Thursday (10/2) at 6 p.m., home vs. Windham on Thursday (10/9) at 6 p.m., home vs. Scarborough on Thursday (10/16) at 7 p.m.

Field Hockey: Rebecca Manson
Coach Manson-Rioux is in her 17th year at the helm for the Varsity team. The three stand-out senior captains this year include: Annabelle Collier Sr. 2026, Reece Leclerc Sr. 2026, Grace Cunningham Sr. 2026. Returning players include; Rose Wandell 2026 Sr., Juniors;

Maia Downing, Eva Wandell, Sydney Quimby, Acadia Sylvia, and Hazel Dolley. According to Coach Manson Gorham field hockey is looking to be a top team in the SMAA again this season. Biddeford, Cheverus and Thornton Academy will be other challenging opponents in the SMAA. The home opener will be v. Biddeford Tuesday Sept. 9 at 4 p.m. Coach Manson is pivotal in connecting with her players and is fantastic, motivating them both on and off the field. They will continue to be a part of and support "near and dear" community causes. Coach added, "We have our annual Mental Health Awareness game vs Windham at 6 p.m. Tuesday, Sept. 23. We'd love to have support as we raise money for the local non-profit organization Community Action 4 Mental Health." The field hockey program's senior night and homecoming game will be Thursday Oct. 16 at 6 p.m.

Volleyball: Emma Tirrell
Head Coach Emma Tirrell (9th year coaching) has led the Rams to two consecutive State championships in '23 and '24. This year's leaders include: Lauren Dunbar (SR), Addyson Simcock (SR), Emily Fluet (SR), Ava Devinney (SR), Abigail Buckelew (SR), Liana Edwards (JR). State leader player: Liana Edwards (JR, setter/RS hitter) - 2024 Gatorade POY, 240 assists, 105 digs, 35 aces. Coach Tirrell emphasized; "I am not exactly sure what to expect yet, but I always expect my players' best efforts in reaching our goals of succeeding." The strongest opponents this season for the volleyball program will most likely be; Cheverus, Falmouth, Scarborough, and

Biddeford, and "must-see" home games are 10/7 v. Cheverus and 10/14 v. York.

Football: Coach Sam Morrison

Coach Morrison shared, "We have a veteran crew with a good mix of juniors and sophomores, with three returning starters on the offensive line to go with a good group of skill position players. We will be very strong and athletic at each level of the defense." Atticus Whitten LB/WR/K, is a two-time All-Conference player (So. and Jr. seasons) and has over 200 career tackles as an inside linebacker. Whitten impacts the game in all three phases. Coach added, "Whitten is a strong, quick, and smooth athlete who reads opposing offenses very well from the inside linebacker position. Last year

CONTINUED ON PAGE 8



Photo Credit: Jeff Crider

Winnie Moreland for the XC team

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he had 32 catches for 355 yards and 4 touchdowns plus 97 tackles with 8 for loss, two forced fumbles, 1 blocked kick and averaged 32 yards per punt to go with 7 extra points.” Returning starters include: Senior QB/DB #12 Garrett Poulin, already started 14 games at QB for the Rams. Poulin has over 1,800 career yards and 28 touchdowns. Senior OT/DE Lucas Graham is a four-year starter on the offensive line. Senior RB/SS Camden Martell is a three-year starter, and rounding out this starting roster is Junior Ryan Wheeler - OL/DL. Tough opponents this year will be; Falmouth, Kennebunk, Westbrook and Cheverus who all have strong programs with all-conference players on their rosters.

Cross Country: Coach Tanguay
Coach Tanguay is in his 17th year, with Lucy Knowlton in her first year.

This year’s Captains/leaders include; Zoe Dellinger, Senior; Owen Cummings, Junior; Harry Crider, Junior; Kevin Munyaneza (JR.). Coach Tanguay shared; “on the girls side, we return our top four runners in Zoe Dellinger, Winnie Moreland, Abigail McCrillis

and Nara Holland. On the boys side, we return four of our top 5 runners in Owen Cummings, Harvey Crider, Harry Crider and Abe Palme.” Coach Tanguay added: “Both the girls and boys teams return many runners from last year and are hopeful that the work put in during the summer will pay off with more success in the postseason. The girls are looking to qualify as a team for the state championship and the boys have their eyes on fighting for a top position both in our league and potentially the state.” The Southern Maine Classic Invitational will be on Saturday, Sept. 13 from 10 a.m. until noon.

Golf: Coach Patrick Horgan
The golf team kicked off its regular season on Aug. 28 at Cape Arundel with a great start with a 13-0 win v. Kennebunk. Will Provost, a key player who competed in the Class A states last season, won big with a score of 37. The team improves to 3-0 with a win over Windham on September 4. Graham Staples and Charlie Sands both shot a score of 39.

We want to wish all of the sports teams the best of luck.

Fall Season Arts Events at USM

John Ersek, Staff Writer

Despite the recent move of the University of Southern Maine’s Osher School of Music to the new Crewe Center for the Arts on the Portland campus, there are still a number of interesting arts events coming up this fall on the Gorham campus. These include plays, dance performances, an arts exhibit, and a large pre-holiday arts and crafts sale.

As an exception to the university’s plans to host its music events in Portland, there is still one School of Music performance being held in Gorham this fall, the Southern Maine Symphony Orchestra concert, which will be at the Gorham High School Auditorium on the evening of Wednesday, Dec. 7.

On the evening of Sept. 18, the USM Art Gallery hosts the opening evening of its major fall exhibit “20 Walks: Lin Lisberger,” created by local artist Lin Lisberger. A outdoor event entitled “Why We Walk,” (featuring the artist speaking at the nearby Frazier Preserve Trail) is already sold out. The USM Art Gallery Website is: <https://usm.maine.edu/gallery>

From Friday Oct. 24 through Sunday, November 2, the USM Theatre Department will host its major fall play “A Monster Calls”, by Adam Peck & Sally Cookson. This work is described as “a stunning spectacle” about a young boy named Connor. The subject matter deals with bullying, loss, and grief, and “the stories we tell to make sense of the unimaginable”.

On Nov. 14, 15, and 16, the

Department of Theatre will once again present “Too Much Light Makes the Baby Go Blind (30 Plays in 60 Minutes)” by Greg Allen. However, this is not exactly a repeat performance. The event is described as “part theatre, part sporting event; each night is different as the audience picks the plays and cheers on the cast to make it past the finish line before the buzzer sounds.”

On Saturday, Nov. 15 and Sunday, Nov. 16, USM will host the annual Fall Crafts Show at the Costello Sports Complex on the Gorham campus (10 a.m. to 4 p.m. Saturday; 10 a.m. to 3 p.m. Sunday).

USM’s Fall Dance Concert will take place at Russell Hall from Friday, Dec. 5 through Sunday, Dec. 7, directed by Jessie Laurita-Spanglet.

All USM Theatre Department productions take place at Russell Hall in Gorham; the box office can be accessed at:

Box Office: Show Info & Tickets <https://usm.maine.edu/department-theatre/box-office-tickets/>

USM’s music events calendar can be accessed at: Osher School of Music – Calendar of Events

<https://usm.maine.edu/music/events>

These music events include a number of free student recitals, low cost faculty recitals and student ensemble concerts which will now be taking place at the Crewe Center for the Arts on the Portland campus.

Tickets for School of Music performances can be purchased at <https://www.porttix.com>.





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OF INTEREST

Gorham Memorial VFW Post 10879 supports local veterans and their families through community service, patriotic programs, and veteran outreach. Post 10879 invites the public to join them at the Portland VFW District 10 in supporting the Hartwell Family Benefit Dinner and Silent Action on Sunday, Sept. 14 from 4-7 p.m. at VFW Post 6859, 687 Forest Avenue, Portland. Tickets are \$20. Regular Post 10879 meetings are held on the second Tuesday of each month at 5:30 p.m. at the Gorham Fire Station. FMI, vfwpost10879@gmail.com, [facebook.com/vfw10879](https://www.facebook.com/vfw10879), or call Quartermaster Jakob Bauder at (207) 607-0370.

University of Maine Cooperative Extension will kick off its Fall Gardening Webinar Series with "Growing Great Garlic" from 6 - 7:15 p.m. on Tuesday, Sept. 16. Led by Peyton Ginakes, vegetable production research associate, the webinar will explore everything home gardeners need to know to grow garlic successfully, from planting and seasonal care to harvesting and long-term storage. The session will also address common garlic-growing challenges and how to manage them. Whether you're new to gardening or a seasoned grower, this webinar offers practical tips for all experience levels. This session is the first of four in UMaine Extension's Fall Gardening Webinar Series. Registration is required; sliding scale fee options are available. Register on the event webpage to attend live or receive the recording link (<https://tinyurl.com/2sa63zpb>). For more information or to request a reasonable accommodation, contact Rebecca Gray at 207.356.1348 or extension.gardening@maine.edu.

Cricket Comforts Fall Pillowcase Dash kicks off on Saturday, Sept. 27 at the Old Robie School from 9 a.m. - 3 p.m. All ages and skills are welcome; children must be accompanied by an adult. The goal this fall is to create 1000 bright cheerful pillowcases (approximately 350 pillowcases each month) in September, October, and November. These will be donated to the Maine Health Barbara Bush Children's Hospital, with additional pillowcases going to other places where children may be in need of comfort and cheer. For more information about this effort, contact CricketComforts@yahoo.com.

Gorham Department of Public Works will be accepting brush on two Saturdays, Oct. 4 and Oct. 18 at 80 Huston Road from 8 a.m. - 3 p.m. Residents only, no commercial drop off. No stumps will be accepted. Leaves and grass clippings are accepted in the designated area throughout the season. Do not leave bags behind.

The Gorham Knights of Columbus Council 10221 is hosting a 5K Walk/Run on Saturday, Oct. 11, at 9 a.m. at Cherry Hill Farm on Rte. 25 in Gorham. Organizers hope to raise \$8,000 to benefit the Gorham Food Pantry, Standish Food Pantry, the Buxton Community Cupboard, and Buxton Food Co-Op. Virtual race options are available. The first 100 registrants will receive a shirt. For more details and to register, visit <https://stanthonysparish.org/knights-of-columbus>.

NEIGHBORS HELPING NEIGHBORS

The Gorham Medical Loan Closet is available to Gorham residents in need of medical equipment temporarily. Wheelchairs, walkers, canes and scooters are just some of the items available. The closet is only open Monday thru Thursday, and only by appointment. Call Gerry Day at (207) 756-2210 or (207) 839-3859.

The Mission of Hope Clothes Closet is open the first and third Saturday of each month from 9 a.m. to noon at Cressey Road Christian Church on Cressey Road to anyone who needs clothing. The Closet also takes donations of clean clothing, and now has all types and sizes of fall clothing. Share a cup of coffee with the staff while you browse.

The Gorham Food Pantry, located at 299-B Main Street (parking lot of St. Anne's Catholic Church) is open every Thursday morning from 10 a.m. to noon and is free for any Gorham resident in need. FMI, (207) 222-4351, visit www.gorhamfoodpantry.org or contact the director at director@gorhamfoodpantry.org

PUBLIC SUPPERS

Buxton Center Baptist Church will hold a Bean Supper on Saturday, Sept. 13 from 4:30 - 5:30 p.m., serving homemade kidney and pea beans, American chop suey, hot dogs, coleslaw and rolls, pies and desserts. Take out orders are also available. Call the church in advance at (207) 929-3011 and leave a message with your phone number and your order.

Living Waters Church will hold a Haddock Supper Buffet on Saturday, Sept. 27 at 5 p.m. Suggested donation is \$10 adult, \$5 child, \$20 family. Parker Farm Road in Buxton. Takeout containers are an available option.

LIBRARY NEWS


The North Gorham Public Library welcomes their new Story Hour leader, Claire Steeves, from Standish. Story Hour is every Wednesday in the library from 10:30 to 11:30, and features a story, craft, movement and singing. It is geared towards toddlers and preschoolers. The Library is open Monday 3 - 6 p.m., Tuesday 10 a.m. - 1 p.m., Wednesday 10 a.m. - 1 p.m. and 3 - 6 p.m., Thursday and Friday closed, Saturday 10 a.m. - 1 p.m., Sunday closed. FMI: (207) 892-2575.

Baxter Memorial Library hours are 9 a.m. - 4 p.m. on Mondays and Fridays, 9 a.m. to 7 p.m. on Tuesdays, Wednesdays, and Thursdays, 9 a.m. to 1 p.m. on Saturdays, and closed on Sundays. FMI: (207) 222-1190.









UNIVERSITY OF SOUTHERN MAINE NEWS

The USM Art Gallery's exhibit "20 Walks: Lin Lisberger" will run from Sept. 18 to Dec. 10. For more information, visit <https://usm.maine.edu/gallery/exhibitions/20-walks-lin-lisberger/>, or contact usmartgalleries@maine.edu, (207) 780-5409.

*Send calendar items, public service announcements and events to
Lori Arsenault, public service coordinator: loriaam@gmail.com*



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<p>RAYMOND \$199,000 Gorgeous 2.58ac lot located off the end of desirable Westview Drive. The rolling landscape, mature forest & babbling brook have a picturesque private setting. The survey, soils tests, wetland mapping, conceptual dwelling locations, underground utility conduits & gravel driveway is roughed in for you. The Village Residential Zone allows for your dream home with an accessory dwelling or ample density for a two-unit.</p>			
 <p>Julie Chandler</p>	 <p>Mike Griffin</p>	 <p>Peter Mason</p>	



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CALENDAR

- Thursday, Sept. 11**
Baxter Memorial Library
Book Group: By Any Other Name, 10:15 a.m.
Friends of Baxter Memorial Library Meeting, 6:15 p.m.
- Saturday, Sept. 13**
Buxton Center Baptist Church, Bean Supper, 4:30 - 5:30 p.m.
- Tuesday, Sept. 16**
University of Maine Cooperative Extension Fall Gardening Webinar Series begins, 6-7:15 p.m., <https://tinyurl.com/2sa63zpb>
Baxter Memorial Library, Preschool and Kindergarten Readiness Storytime, 10 - 11 a.m.
- Wednesday, Sept. 17**
North Gorham Public Library Story Hour (toddlers and pre-schoolers), 10:30 - 11:30 a.m.
Baxter Memorial Library,
Baby Storytime, 9:30 - 10 a.m.
Author Event: Anthony Phillip Blasi
- Thursday, Sept. 18**
Baxter Memorial Library, Toddler Storytime, 10 - 10:30 a.m.
USM Art Gallery's exhibit "20 Walks: Lin Lisberger" opens on the Gorham campus.
- Tuesday, Sept. 23"**
Baxter Memorial Library, Preschool and Kindergarten Readiness Storytime, 10 - 11 a.m.
- Wednesday, Sept. 24**
Baxter Memorial Library, Baby Storytime, 9:30 - 10 a.m.



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blotter

GPD received a report of a suspicious black bin that was dropped off on the side of the street. Officers responded to Clay Road and found the black bin. The bin was full of clothes, toys and trash. Officers alerted Public Works and cleared the scene. There did not appear to be anything of value.

GPD received a call about a possible disturbance in the woods in the area of Woodspell Road. In the woods officers found evidence of individuals camping out. Both parties claimed they were just waking up and there was no altercation. They stated that they were packing up to leave the area.

Individual was trying to back into a driveway when he went off the roadway and got stuck on the lawn at Finn Parker Road. There was no damage to the vehicle but there were tire marks in the lawn. Individuals came to an agreement that he would rake the tire marks out. Officer exchanged information for them. They were all set.

Dispatch received a call regarding a black pickup truck doing donuts and burn outs. It was reported at the intersection of Dingley Springs and Shaws Mill. Officer spoke with an individual and observed a fresh set of tire marks on the road. Officer told him to try and identify a plate if it happens again, and that police would be patrolling Dingley Springs more often.

Officer was called to the laundromat for what was reported as a male watching inappropriate videos in his car with the windows down where people could see. Officer asked him what he was doing here, and he said he just pulled in here to take a break. He was not doing laundry here and did not even live in the area. He told officer he would not do this again, apologized, and agreed to leave. Officer cleared at this time.

Officer spoke with an individual who came into the GPD to report what she believed to be a text message scam involving the

BMV/DMV. Officer informed her that the BMV/DMV never sends out texts, and to report the number as junk and block it.

Caller stated that she had an expired inspection and wanted to see if she would get pulled over. Officer advised that she needed to get it inspected, because she was vulnerable to getting pulled over if someone sees.

Officer dropped off a Havaheart trap to Terry Street and explained the laws and regulations that come with trapping wildlife. The individual stated they understood and will call with any questions or concerns. Officer will follow up in two weeks to retrieve the trap if no longer needed. Individual returned the Havaheart trap via the lobby. Nothing further at this time.

Officer spoke with dog owner to inform her of the barking complaint. She stated she was unaware that her dog barks when she is not at home. Officer also requested she re-license her dog with the town of Gorham because it had lapsed. She stated she would get that done this week. Nothing further at this time.

Property manager stated that a truck was parked in his lot for five days. Officer advised him that since it is a private lot he could have it towed. He stated he would.

Officer made contact with an individual to determine if he was impaired or having issues medically. Officer also checked to make sure individual wasn't texting while driving and confirmed that the operator was attempting to utilize his cup holder for his beverage only. Officer advised him to focus more upon his driving and provided him with a warning.

Officer responded to Maple Drive complainant who reported a bike had been left on the edge of their property near the road. Officer spoke to the individual and logged the bike as found property when he returned to the GPD. The bicycle was stored in the Sally Port.



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Un-Confirmation for Kids At First Parish Church

We believe kids need tools to think critically about God and faith

We will spend the 2025-6 school year exploring different expressions of faith and spiritual practices.

Who: Kids 5th-12th grades
When: September 2025 - June 2026
First Meeting: Sept. 28 5 - 7 p.m. (waffles for dinner included)
Where: 1 Church Street, Gorham
How: Register/Questions: Christine@firstparishgorham.org



There is no expectation of any participant making a public profession of faith or joining First Parish Church.

CryptoVerse Solution by A. Logophile

SUMMER IS OVER, ITS LONG DAYS AND RELAXING.

LESS SUN AND LEISURE SHOULDN'T BE TAXING.

FEELING DEPRESSION? IT NEEDN'T LAST LONG.

MIX UP THE LETTERS AND IT'S "I PRESSED ON".

The Gorham Times acknowledges the lands and waters of the Dawnland, where we live and do our work, as the unceded homelands of ancestral peoples indigenous to these places. We honor them. We acknowledge the difficult truths of our nation's period of colonization as well as the healing work that remains for us to do.

Restaurant Hours

Monday - Closed
Sun-Thurs:
11 am to 9 pm
Fri & Sat:
11 am to 10 pm



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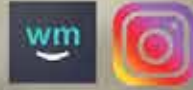
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20 years in Gorham—it's a big deal! What better way to celebrate than by supporting a local nonprofit? **From September 22-26, stop by the branch or vote online for your favorite** local cause. These nonprofits will receive a share of \$2025 based on the votes, so go vote!



- Gorham Food Pantry
- Make It Happen! in Portland
- Seedlings to Sunflowers in Gorham

Scan the code or visit
<https://www.surveymonkey.com/r/Gorham25>
You can also visit our branch to vote.

We're proud to have our roots in Gorham.

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